

**Event 28
19/01/2019**
Men, 400m Freestyle
**Open
Results Prelim**

RECORD DE ESPAÑA	3:48.96	, DURAN NAVIA MIGUEL	SABADELL	
Circuit Català de Trofeus	3:52.92	JOLY, DAMIEN	SABADELL	23/03/2014
Rècord Catalunya	3:51.05	, GOICOECHEA CASANUEVA VICTOR	LAS PALMAS G.C.	09/08/2013

Rank			YB					Time		
1.	DURAN NAVIA, Miguel		95	C.N. Terrassa				3:57.49		- Q
	50m:	27.41 27.41	150m:	1:26.09	29.38	250m:	2:26.57	30.45	350m:	3:27.85 30.69
	100m:	56.71 29.30	200m:	1:56.12	30.03	300m:	2:57.16	30.59	400m:	3:57.49 29.64
2.	ESCRITS MANOSA, Albert		98	C.N. Sant Andreu				3:58.85		- Q
	50m:	27.74 27.74	150m:	1:28.62	30.63	250m:	2:29.56	30.40	350m:	3:30.24 30.17
	100m:	57.99 30.25	200m:	1:59.16	30.54	300m:	3:00.07	30.51	400m:	3:58.85 28.61
3.	SOLOVEYCHIK, BAR		00	Israel Swimming Association				4:01.82		- Q
	50m:	27.91 27.91	150m:	1:28.75	30.54	250m:	2:30.19	30.54	350m:	3:31.74 30.71
	100m:	58.21 30.30	200m:	1:59.65	30.90	300m:	3:01.03	30.84	400m:	4:01.82 30.08
4.	JULIA TOUS, Ferran		00	C.E. Mediterrani				4:02.77		- Q
	50m:	28.48 28.48	150m:	1:30.47	31.26	250m:	2:32.66	30.41	350m:	3:33.57 30.23
	100m:	59.21 30.73	200m:	2:02.25	31.78	300m:	3:03.34	30.68	400m:	4:02.77 29.20
5.	DE CELIS MONTALBAN, Sergio		00	C.N. Sabadell				4:03.85		- Q
	50m:	28.55 28.55	150m:	1:29.63	30.78	250m:	2:32.65	31.92	350m:	3:34.08 30.67
	100m:	58.85 30.30	200m:	2:00.73	31.10	300m:	3:03.41	30.76	400m:	4:03.85 29.77
6.	ROSIN, YONATAN SHARON		00	Israel Swimming Association				4:06.12		- Q
	50m:	28.82 28.82	150m:	1:30.81	31.04	250m:	2:33.42	31.23	350m:	3:35.93 31.21
	100m:	59.77 30.95	200m:	2:02.19	31.38	300m:	3:04.72	31.30	400m:	4:06.12 30.19
7.	HONRUBIA CERDA, Arnau		99	C.N. Sabadell				4:08.68		- Q
	50m:	28.49 28.49	150m:	1:29.82	30.85	250m:	2:32.16	31.29	350m:	3:37.12 32.79
	100m:	58.97 30.48	200m:	2:00.87	31.05	300m:	3:04.33	32.17	400m:	4:08.68 31.56
8.	LAGES BRION, Alexandre		01	C.N. Galaico				4:08.95		- Q
	50m:	28.21 28.21	150m:	1:30.87	31.31	250m:	2:34.86	32.40	350m:	3:39.38 32.05
	100m:	59.56 31.35	200m:	2:02.46	31.59	300m:	3:07.33	32.47	400m:	4:08.95 29.57
9.	ESCRITS MANOSA, Lluís		01	C.N. Granollers				4:09.82		- Q
	50m:	29.37 29.37	150m:	1:33.58	32.34	250m:	2:36.10	30.96	350m:	3:39.46 31.52
	100m:	1:01.24 31.87	200m:	2:05.14	31.56	300m:	3:07.94	31.84	400m:	4:09.82 30.36
10.	GODOY MARTINEZ, Marcos		99	C.N. Sabadell				4:11.08		- Q
	50m:	29.26 29.26	150m:	1:33.17	32.18	250m:	2:36.73	31.21	350m:	3:40.04 31.53
	100m:	1:00.99 31.73	200m:	2:05.52	32.35	300m:	3:08.51	31.78	400m:	4:11.08 31.04
11.	GUERRERO RAMOS, Atlas		95	C.N. Sant Andreu				4:11.61		24,00
	50m:	28.26 28.26	150m:	1:31.11	31.70	250m:	2:36.31	32.97	350m:	3:42.88 33.11
	100m:	59.41 31.15	200m:	2:03.34	32.23	300m:	3:09.77	33.46	400m:	4:11.61 28.73
12.	PONCE VIA, Marc		98	C.N. Sant Andreu				4:11.75		-
	50m:	29.47 29.47	150m:	1:32.77	31.79	250m:	2:37.11	32.28	350m:	3:42.02 32.46
	100m:	1:00.98 31.51	200m:	2:04.83	32.06	300m:	3:09.56	32.45	400m:	4:11.75 29.73
13.	MOLLA YANES, Mario		02	C.N. Catalunya				4:12.34		23,00
	50m:	28.71 28.71	150m:	1:32.39	31.98	250m:	2:37.12	32.44	350m:	3:41.06 32.21
	100m:	1:00.41 31.70	200m:	2:04.68	32.29	300m:	3:08.85	31.73	400m:	4:12.34 31.28
14.	VIVAS EGEA, Marc		97	C.N. Sabadell				4:12.58		-
	50m:	28.48 28.48	150m:	1:30.88	31.49	250m:	2:35.01	31.96	350m:	3:40.60 32.88
	100m:	59.39 30.91	200m:	2:03.05	32.17	300m:	3:07.72	32.71	400m:	4:12.58 31.98
15.	RODRIGUEZ CAO, Albert		01	C.N. Sabadell				4:14.71		-
	50m:	29.50 29.50	150m:	1:33.43	32.22	250m:	2:38.30	32.48	350m:	3:43.55 32.48
	100m:	1:01.21 31.71	200m:	2:05.82	32.39	300m:	3:11.07	32.77	400m:	4:14.71 31.16
16.	YAGUEES ESCRIBA, Pol		02	C.N. Sabadell				4:14.79		-
	50m:	29.11 29.11	150m:	1:32.94	32.14	250m:	2:38.06	32.95	350m:	3:42.72 31.95
	100m:	1:00.80 31.69	200m:	2:05.11	32.17	300m:	3:10.77	32.71	400m:	4:14.79 32.07

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Rank					YB					Time		
17.	PASTOR ROBLES, Roger				02	C.N. Sabadell				4:15.45 -		
	50m:	29.26	29.26	150m:	1:33.67	32.33	250m:	2:39.03	32.41	350m:	3:44.20	32.38
	100m:	1:01.34	32.08	200m:	2:06.62	32.95	300m:	3:11.82	32.79	400m:	4:15.45	31.25
18.	LAZARO ORTEGA, Guillem				00	C.N. Terrassa				4:16.60 22,00		
	50m:	29.53	29.53	150m:	1:34.42	32.80	250m:	2:40.10	32.50	350m:	3:45.14	32.65
	100m:	1:01.62	32.09	200m:	2:07.60	33.18	300m:	3:12.49	32.39	400m:	4:16.60	31.46
19.	ALLANDE GONZALEZ, Jofre				98	C.N. Sabadell				4:16.71 -		
	50m:	30.30	30.30	150m:	1:34.71	32.22	250m:	2:40.01	32.88	400m:	4:16.71	1:04.02
	100m:	1:02.49	32.19	200m:	2:07.13	32.42	300m:	3:12.69	32.68			
20.	CHAVES GUARDIA, David				98	Torrot C.N. Mataro				4:17.21 21,00		
	50m:	29.39	29.39	150m:	1:34.37	32.64	250m:	2:40.22	32.80	350m:	3:45.82	32.43
	100m:	1:01.73	32.34	200m:	2:07.42	33.05	300m:	3:13.39	33.17	400m:	4:17.21	31.39
21.	CABEZUELO AREVALO, Albert				04	C.N. Parets				4:18.04 20,00		
	50m:	29.63	29.63	150m:	1:34.35	32.62	250m:	2:39.28	32.05	400m:	4:18.04	1:05.94
	100m:	1:01.73	32.10	200m:	2:07.23	32.88	300m:	3:12.10	32.82			
22.	MORALES CEBEY, Hector				02	C.N. Granollers				4:18.87 19,00		
	50m:	29.39	29.39	150m:	1:34.71	32.82	250m:	2:39.43	32.43	350m:	3:46.04	33.77
	100m:	1:01.89	32.50	200m:	2:07.00	32.29	300m:	3:12.27	32.84	400m:	4:18.87	32.83
23.	TRAVIS, Cameron				04	University of Aberdeen Perform				4:19.39 -		
	50m:	27.59	27.59	150m:	1:32.64	33.40	250m:	2:39.93	33.78	350m:	3:47.73	33.55
	100m:	59.24	31.65	200m:	2:06.15	33.51	300m:	3:14.18	34.25	400m:	4:19.39	31.66
24.	MONTEIRO VIEGAS, Marc				00	Fed. Andorrana				4:20.35 18,00		
	50m:	29.31	29.31	150m:	1:34.14	32.66	250m:	2:41.06	33.46	350m:	3:47.89	33.50
	100m:	1:01.48	32.17	200m:	2:07.60	33.46	300m:	3:14.39	33.33	400m:	4:20.35	32.46
25.	NOGUERA TOMAS, Miquel				00	C.N. Lleida				4:21.09 17,00		
	50m:	29.42	29.42	150m:	1:33.95	32.66	250m:	2:39.81	32.88	350m:	3:47.62	33.99
	100m:	1:01.29	31.87	200m:	2:06.93	32.98	300m:	3:13.63	33.82	400m:	4:21.09	33.47
26.	COSTAS LOPES, Matheus				02	C.E. Mediterrani				4:21.27 16,00		
	50m:	29.75	29.75	150m:	1:34.55	32.99	250m:	2:41.02	33.18	350m:	3:49.05	33.18
	100m:	1:01.56	31.81	200m:	2:07.84	33.29	300m:	3:15.87	34.85	400m:	4:21.27	32.22
27.	LAGOS PAU, Aitor				95	C.N. L' Hospitalet				4:21.50 15,00		
	50m:	29.96	29.96	150m:	1:34.93	32.72	250m:	2:40.68	32.93	350m:	3:48.45	34.15
	100m:	1:02.21	32.25	200m:	2:07.75	32.82	300m:	3:14.30	33.62	400m:	4:21.50	33.05
28.	TOSSONE BRUNO, Ramiro				00	C.N. Sabadell				4:21.99 -		
	50m:	29.22	29.22	150m:	1:34.43	33.24	250m:	2:41.14	32.98	350m:	3:48.65	33.79
	100m:	1:01.19	31.97	200m:	2:08.16	33.73	300m:	3:14.86	33.72	400m:	4:21.99	33.34
29.	LIRES SUELDO, Manuel				02	C.N. Barcelona				4:23.75 14,00		
	50m:	30.49	30.49	150m:	1:35.99	32.91	250m:	2:43.13	33.58	350m:	3:50.63	33.71
	100m:	1:03.08	32.59	200m:	2:09.55	33.56	300m:	3:16.92	33.79	400m:	4:23.75	33.12
30.	ESTEBAN BAQUERO, Bernat				01	C.N. Cervera				4:24.20 13,00		
	50m:	30.00	30.00	150m:	1:35.67	33.22	250m:	2:42.47	33.16	350m:	3:50.05	33.63
	100m:	1:02.45	32.45	200m:	2:09.31	33.64	300m:	3:16.42	33.95	400m:	4:24.20	34.15
31.	DE PABLO SANCHEZ, Victor				01	C.N. Terrassa				4:25.59 12,00		
	50m:	30.29	30.29	150m:	1:38.58	34.48	250m:	2:47.01	33.96	350m:	3:53.95	33.04
	100m:	1:04.10	33.81	200m:	2:13.05	34.47	300m:	3:20.91	33.90	400m:	4:25.59	31.64
32.	BOSCH MONJE, David				01	C.N. Terrassa				4:27.45 -		
	50m:	30.73	30.73	150m:	1:37.36	33.68	250m:	2:45.68	34.47	350m:	3:54.28	34.34
	100m:	1:03.68	32.95	200m:	2:11.21	33.85	300m:	3:19.94	34.26	400m:	4:27.45	33.17
33.	ENRIQUE BARROSO, Albert				02	Torrot C.N. Mataro				4:29.77 11,00		
	50m:	30.45	30.45	150m:	1:37.22	33.31	250m:	2:45.75	34.46	350m:	3:56.13	35.35
	100m:	1:03.91	33.46	200m:	2:11.29	34.07	300m:	3:20.78	35.03	400m:	4:29.77	33.64
34.	PEREZ COTS, Aitor				99	C.N. Sant Andreu				4:29.96 -		
	50m:	29.17	29.17	150m:	1:35.59	33.24	250m:	2:42.26	33.68	350m:	3:53.39	36.41
	100m:	1:02.35	33.18	200m:	2:08.58	32.99	300m:	3:16.98	34.72	400m:	4:29.96	36.57

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Rank					YB					Time	
35.	MIRANDA DE LA FLOR, Joel				02	Torrot C.N. Mataro				4:30.14	10,00
	50m: 30.38	30.38	150m: 1:37.14	33.82	250m: 2:47.21	35.09	350m: 3:58.14	35.29			
	100m: 1:03.32	32.94	200m: 2:12.12	34.98	300m: 3:22.85	35.64	400m: 4:30.14	32.00			
36.	HERNANDEZ GARCIA, Andres				01	C.N. Sant Andreu				4:30.24	-
	50m: 30.50	30.50	150m: 1:38.42	34.27	250m: 2:48.39	35.03	350m: 3:58.49	34.88			
	100m: 1:04.15	33.65	200m: 2:13.36	34.94	300m: 3:23.61	35.22	400m: 4:30.24	31.75			
37.	MASJUAN ROCA, Guillem				00	C.N. Barcelona				4:30.81	9,00
	50m: 29.73	29.73	150m: 1:36.66	33.85	250m: 2:46.47	34.83	350m: 3:56.24	34.63			
	100m: 1:02.81	33.08	200m: 2:11.64	34.98	300m: 3:21.61	35.14	400m: 4:30.81	34.57			
38.	TEODORO MASRIERA, Guillem				99	Torrot C.N. Mataro				4:31.22	-
	50m: 29.65	29.65	150m: 1:36.55	34.16	250m: 2:47.22	35.87	350m: 3:58.56	35.63			
	100m: 1:02.39	32.74	200m: 2:11.35	34.80	300m: 3:22.93	35.71	400m: 4:31.22	32.66			
39.	MOLINI IBANEZ, Arnau				02	C.N. Badalona				4:32.64	8,00
	50m: 30.11	30.11	150m: 1:36.62	33.61	250m: 2:45.74	34.71	350m: 3:56.67	35.12			
	100m: 1:03.01	32.90	200m: 2:11.03	34.41	300m: 3:21.55	35.81	400m: 4:32.64	35.97			
DSQ	HOOGSTEDER RIERA, Nick				03	C.N. Banyoles					-
	<i>DSI - DESQ SORTIDA IRREGULAR</i>										
DNS	RAMIA VIVES, Guillem				02	C.E. Mediterrani					-
DNS	ARROYO PEREZ, Antonio				94	C.E. Mediterrani					-
DNS	SANCHEZ HURTADO, Alex				00	C.N. L' Hospitalet					-
DNS	ROVIRA GUILLEN, Arnau				95	C.N. Sant Andreu					-
DNS	RAMOS FERNANDEZ, Alex				99	C.N. Sant Andreu					-
DNS	BLANES FRIGOLA, Aleix				04	Club Esportiu Agora Masia Bach					-
DNS	PENEDES FRADERA, Marti				96	Torrot C.N. Mataro					-
DNS	MARTINEZ MURCIA, Alberto				98	Club Natacion Marina-Cartagena					-
DNS	GIL TARAZONA, Pol				96	UCAM Fuensanta					-
DNS	SANTIAGO BETANCOR, Raul				97	C.N. Metropole					-