



QUARTS DE FINAL COPA CATALANA ABSOLUTA
CE MEDITERRANI, 26/4/2019



Prova 1203
26/04/2019

Masc., 400m Lliure
GRUP 3

GRUP 3 - Copa Catalana Absoluta
Resultats

RC	3:51.05	, GOICOECHEA CASANUEVA VICT(00061	LAS PALMAS G.C.	09/08/2013
CCT	3:52.78	NOERGAARD, Alexander	Sabadell	09/03/2019

Classificació	ANY		Temps											
1. DE CELIS MONTALBAN, Sergio	00	C.N. Sabadell	4:08.93 1											
50m: 29.82 29.82	150m: 1:34.06	32.25	250m: 2:37.13	30.54	350m: 3:40.11	31.17	100m: 1:01.81	31.99	200m: 2:06.59	32.53	300m: 3:08.94	31.81	400m: 4:08.93	28.82
2. ESCRITS MAÑOSA, Lluís	01	C.N. Granollers	4:11.03 2											
50m: 29.72 29.72	150m: 1:32.95	31.62	250m: 2:36.38	31.48	350m: 3:39.90	31.32	100m: 1:01.33	31.61	200m: 2:04.90	31.95	300m: 3:08.58	32.20	400m: 4:11.03	31.13
3. POU FERNANDEZ, Marc	01	C.N. Calella	4:20.75 3											
50m: 29.39 29.39	150m: 1:34.36	32.88	250m: 2:41.30	33.54	350m: 3:48.74	33.50	100m: 1:01.48	32.09	200m: 2:07.76	33.40	300m: 3:15.24	33.94	400m: 4:20.75	32.01
4. VENDRELL GARCIA, Jose	03	C.N. Lleida	4:20.82 4											
50m: 29.63 29.63	150m: 1:35.23	33.25	250m: 2:42.68	33.50	350m: 3:49.64	33.18	100m: 1:01.98	32.35	200m: 2:09.18	33.95	300m: 3:16.46	33.78	400m: 4:20.82	31.18
5. RUIZ DE CAÑAS, Alvaro	02	C.N. Olot	4:26.79 5											
50m: 29.91 29.91	150m: 1:35.57	33.54	250m: 2:43.80	34.29	350m: 3:53.05	34.46	100m: 1:02.03	32.12	200m: 2:09.51	33.94	300m: 3:18.59	34.79	400m: 4:26.79	33.74
6. MOLINI IBAÑEZ, Arnau	02	C.N. Badalona	4:35.52 6											
50m: 30.46 30.46	150m: 1:38.36	34.37	250m: 2:49.16	35.34	350m: 4:02.03	36.54	100m: 1:03.99	33.53	200m: 2:13.82	35.46	300m: 3:25.49	36.33	400m: 4:35.52	33.49
7. PASTOR VALLE, Ivan	03	C.N. Vallirana	4:36.07 7											
50m: 30.91 30.91	150m: 1:39.41	34.85	250m: 2:50.44	35.48	350m: 4:01.57	35.44	100m: 1:04.56	33.65	200m: 2:14.96	35.55	300m: 3:26.13	35.69	400m: 4:36.07	34.50
8. VILA BENJUMEA, Sergio	02	C.N. Piera 2012	5:04.23 8											
50m: 33.44 33.44	150m: 1:48.57	38.04	250m: 3:06.23	38.98	350m: 4:25.34	39.44	100m: 1:10.53	37.09	200m: 2:27.25	38.68	300m: 3:45.90	39.67	400m: 5:04.23	38.89