Prova 1303 — Fem., 400m Lliure — GRUP 3 - Copa Catalana Absoluta
26/04/2019 — GRUP 3 — Resultats

RC	4:03.84	, BELMONTE GARCIA MIREIA	00298	PALMA DE MALLORCA	13/04/2014
CCT	4:06.94	BALMY, CORALIE	DAUP	SABADELL	22/03/2014

Classificació — ANY — Temps

1. JUSTE SANCHEZ, Paula — 03 — C.N. Lleida — **4:23.80** — 1

50m:	30.86	30.86	150m:	1:36.83	32.95	250m:	2:43.01	33.03	350m:	3:50.79	34.09
100m:	1:03.88	33.02	200m:	2:09.98	33.15	300m:	3:16.70	33.69	400m:	4:23.80	33.01

2. OLIVAN MERCADER, Aina — 02 — C.N. Sabadell — **4:33.41** — 2

50m:	31.00	31.00	150m:	1:38.05	33.79	250m:	2:48.04	35.34	350m:	3:58.76	35.25
100m:	1:04.26	33.26	200m:	2:12.70	34.65	300m:	3:23.51	35.47	400m:	4:33.41	34.65

3. RUIZ BARRAGÁN, Lucía — 03 — C.N. Vallirana — **4:35.34** — 3

50m:	31.20	31.20	150m:	1:41.72	35.42	250m:	2:51.55	34.55	350m:	4:01.27	34.67
100m:	1:06.30	35.10	200m:	2:17.00	35.28	300m:	3:26.60	35.05	400m:	4:35.34	34.07

4. VILARDEBÓ PLA, Núria — 04 — C.N. Calella — **4:36.58** — 4

50m:	31.80	31.80	150m:	1:41.07	35.05	250m:	2:51.73	35.47	350m:	4:02.72	35.55
100m:	1:06.02	34.22	200m:	2:16.26	35.19	300m:	3:27.17	35.44	400m:	4:36.58	33.86

5. BONET SOTO, Ariadna — 99 — C.N. Granollers — **4:42.80** — 5

50m:	32.65	32.65	150m:	1:43.78	35.91	250m:	2:55.76	36.15	350m:	4:07.79	35.79
100m:	1:07.87	35.22	200m:	2:19.61	35.83	300m:	3:32.00	36.24	400m:	4:42.80	35.01

6. AULINAS PRAT, Clara — 01 — C.N. Olot — **4:43.85** — 6

50m:	32.41	32.41	150m:	1:43.58	35.87	250m:	2:55.87	36.46	350m:	4:08.66	36.18
100m:	1:07.71	35.30	200m:	2:19.41	35.83	300m:	3:32.48	36.61	400m:	4:43.85	35.19

7. FERNANDEZ ORTIZ, Marta — 03 — C.N. Badalona — **5:11.62** — 7

50m:	32.78	32.78	150m:	1:47.24	38.05	250m:	3:08.95	41.54	350m:	4:31.49	41.14
100m:	1:09.19	36.41	200m:	2:27.41	40.17	300m:	3:50.35	41.40	400m:	5:11.62	40.13

8. BENITEZ BLANES, Marta — 00 — C.N Piera 2012 — **5:14.53** — 8

50m:	34.00	34.00	150m:	1:52.22	40.13	250m:	3:14.90	41.86	350m:	4:36.66	40.49
100m:	1:12.09	38.09	200m:	2:33.04	40.82	300m:	3:56.17	41.27	400m:	5:14.53	37.87