



I CAMP CATALUNYA "OPEN" MÀSTERS NATACIÓ HIVERN-P25
BARCELONA, 12 - 13/1/2019



Prova 25
13/01/2019

400m Lliure

YOB 1915 - 1999
Resultats

Rècord Campionat	4:13.72	CABANILLAS QUINTANILLA, Rafea	ESP	BARCELONA	12/01/2019
Rècord Campionat	4:56.65	GOMEZ ALBAREDA, Mireia	ESP	BARCELONA	12/01/2019

Punts: Taula Catalana 2018

Classificació	ANY	Temps	Pts
20+, Masc.			
1. GRAU PLANA, Miquel	97	Swimfaster Salt, Club Natació	4:44.34 416
50m: 31.22 31.22 150m: 1:38.65 34.00 250m: 2:51.53 37.33 350m: 4:08.31 37.95			
100m: 1:04.65 33.43 200m: 2:14.20 35.55 300m: 3:30.36 38.83 400m: 4:44.34 36.03			
2. FERNANDEZ PUEYO, Didac	98	C.N. Terrassa	5:01.01 351
50m: 34.66 34.66 150m: 1:50.91 38.54 250m: 3:08.30 38.92 350m: 4:25.29 38.29			
100m: 1:12.37 37.71 200m: 2:29.38 38.47 300m: 3:47.00 38.70 400m: 5:01.01 35.72			
3. MARTÍNEZ AGUILERA, Albert	97	C.N. Sabadell	7:04.02 125
50m: 48.41 48.41 150m: 2:35.75 54.70 250m: 4:25.38 54.35 350m: 6:13.01 53.47			
100m: 1:41.05 52.64 200m: 3:31.03 55.28 300m: 5:19.54 54.16 400m: 7:04.02 51.01			
DNS MATAS VELASCO, Guillermo	96	C.N. Aquamasters	
25+, Masc.			
1. SANTACANA LAGUNA, Joan	91	C.N. Sitges	5:00.09 472
50m: 32.38 32.38 150m: 1:46.51 37.38 250m: 3:03.17 38.34 350m: 4:21.72 39.25			
100m: 1:09.13 36.75 200m: 2:24.83 38.32 300m: 3:42.47 39.30 400m: 5:00.09 38.37			
2. PUJOL LEON, Jaume	93	G.E.Nautics De Roses	5:10.61 425
50m: 34.84 34.84 150m: 1:51.57 39.11 250m: 3:12.68 40.81 350m: 4:32.71 39.74			
100m: 1:12.46 37.62 200m: 2:31.87 40.30 300m: 3:52.97 40.29 400m: 5:10.61 37.90			
3. BLANCAFORT JORQUERA, Miquel	90	C.E. Mediterrani	5:31.63 350
50m: 35.33 35.33 150m: 1:57.90 41.79 250m: 3:23.77 42.76 350m: 4:48.84 42.95			
100m: 1:16.11 40.78 200m: 2:41.01 43.11 300m: 4:05.89 42.12 400m: 5:31.63 42.79			
4. BUJALANCE LUNA, Carlos	93	C.N. Vilanova	5:45.18 310
50m: 37.14 37.14 150m: 2:00.98 42.78 250m: 3:29.82 44.85 350m: 5:00.49 45.57			
100m: 1:18.20 41.06 200m: 2:44.97 43.99 300m: 4:14.92 45.10 400m: 5:45.18 44.69			
30+, Masc.			
1. CABANILLAS QUINTANILLA, Rafael	87	Marnaton	4:09.62 803
<i>Rècord Campionat</i>			
50m: 28.96 28.96 150m: 1:32.12 31.64 250m: 2:35.55 31.74 350m: 3:38.73 31.54			
100m: 1:00.48 31.52 200m: 2:03.81 31.69 300m: 3:07.19 31.64 400m: 4:09.62 30.89			
2. RODRIGUEZ RAMOS, Cristian	86	C.N. L' Hospitalet	4:34.52 603
50m: 30.97 30.97 150m: 1:40.56 35.04 250m: 2:50.05 34.52 350m: 4:00.41 35.70			
100m: 1:05.52 34.55 200m: 2:15.53 34.97 300m: 3:24.71 34.66 400m: 4:34.52 34.11			
DNS GOMEZ FUSTEROS, Daniel	88	C.N. Prat Llobregat	
35+, Masc.			
1. REMESAR AGUILAR, Nemo Antonio	83	C.N. Athletic-Barceloneta	4:28.13 697
50m: 30.77 30.77 150m: 1:36.89 33.21 250m: 2:45.15 34.34 350m: 3:53.83 34.35			
100m: 1:03.68 32.91 200m: 2:10.81 33.92 300m: 3:19.48 34.33 400m: 4:28.13 34.30			
2. TORRES GONZALEZ, Guillem	83	C.N. Sitges	4:30.31 681
50m: 30.89 30.89 150m: 1:37.93 33.76 250m: 2:46.14 34.07 350m: 3:55.79 35.00			
100m: 1:04.17 33.28 200m: 2:12.07 34.14 300m: 3:20.79 34.65 400m: 4:30.31 34.52			
3. HERRERA MARTINEZ, Francisco Jose	82	C.N. Vilanova	4:35.52 643
50m: 31.24 31.24 150m: 1:39.40 34.38 250m: 2:49.79 35.25 350m: 4:01.13 35.74			
100m: 1:05.02 33.78 200m: 2:14.54 35.14 300m: 3:25.39 35.60 400m: 4:35.52 34.39			



I CAMP CATALUNYA "OPEN" MÀSTERS NATACIÓ HIVERN-P25
BARCELONA, 12 - 13/1/2019



Prova 25, Masc., 400m Lliure, 35+

Classificació	ANY		Temps							Pts
4. GUILLEN MARTINEZ, Mario	82	C.N. Terrassa	4:44.60							583
	50m: 32.93	32.93	150m: 1:44.55	36.14	250m: 2:56.70	36.19	350m: 4:09.21	36.31		
	100m: 1:08.41	35.48	200m: 2:20.51	35.96	300m: 3:32.90	36.20	400m: 4:44.60	35.39		
5. ROMERO FRANQUET, Raül	80	C.N. Caldes	5:02.59							485
	50m: 34.92	34.92	150m: 1:52.08	38.95	250m: 3:08.90	38.01	350m: 4:25.55	38.32		
	100m: 1:13.13	38.21	200m: 2:30.89	38.81	300m: 3:47.23	38.33	400m: 5:02.59	37.04		
6. BOZZO BALBASTRE, Oriol	82	Marnaton	5:37.07							351
	50m: 38.58	38.58	150m: 2:03.10	42.97	250m: 3:31.18	44.16	350m: 4:57.81	42.63		
	100m: 1:20.13	41.55	200m: 2:47.02	43.92	300m: 4:15.18	44.00	400m: 5:37.07	39.26		
7. MARSÀ VISAY, Didac	83	Marnaton	6:28.64							229
	50m: 43.92	43.92	150m: 2:21.82	49.38	250m: 4:00.16	49.44	350m: 5:40.09	48.88		
	100m: 1:32.44	48.52	200m: 3:10.72	48.90	300m: 4:51.21	51.05	400m: 6:28.64	48.55		

40+, Masc.

1. GOMEZ GARCES, Raul	78	C.N. Tarraco	4:36.62							659
	50m: 31.91	31.91	150m: 1:41.04	34.94	250m: 2:51.23	35.02	350m: 4:02.31	35.61		
	100m: 1:06.10	34.19	200m: 2:16.21	35.17	300m: 3:26.70	35.47	400m: 4:36.62	34.31		
2. SAVESCU, George	75	C.N. Vilanova	4:41.62							624
	50m: 31.80	31.80	150m: 1:42.86	35.68	250m: 2:54.91	36.36	350m: 4:07.36	36.21		
	100m: 1:07.18	35.38	200m: 2:18.55	35.69	300m: 3:31.15	36.24	400m: 4:41.62	34.26		
3. TORRES GARCIA, Jorge	79	C.N. Tarraco	4:57.45							530
	50m: 34.49	34.49	150m: 1:50.45	38.27	250m: 3:06.08	37.30	350m: 4:20.73	37.52		
	100m: 1:12.18	37.69	200m: 2:28.78	38.33	300m: 3:43.21	37.13	400m: 4:57.45	36.72		
4. SULLA DULANTO, David	78	C.N. Catalunya	5:13.14							454
	50m: 35.88	35.88	150m: 1:53.99	39.43	250m: 3:13.65	39.63	350m: 4:34.18	40.10		
	100m: 1:14.56	38.68	200m: 2:34.02	40.03	300m: 3:54.08	40.43	400m: 5:13.14	38.96		
5. VARGAS ARANIBAR, Marcelo	78	C.N. L' Hospitalet	5:17.86							434
	50m: 34.84	34.84	150m: 1:53.44	40.12	250m: 3:15.57	41.08	350m: 4:37.74	41.20		
	100m: 1:13.32	38.48	200m: 2:34.49	41.05	300m: 3:56.54	40.97	400m: 5:17.86	40.12		
6. FLORES GONZALEZ, Alejandro	78	C.N. Barcelona	5:29.47							390
	50m: 35.86	35.86	150m: 1:56.44	40.85	250m: 3:21.57	43.14	350m: 4:48.17	43.32		
	100m: 1:15.59	39.73	200m: 2:38.43	41.99	300m: 4:04.85	43.28	400m: 5:29.47	41.30		
7. RIBA MASSANA, Sergi	79	C.N. Sitges	5:40.12							354
	50m: 37.65	37.65	150m: 2:00.88	42.45	250m: 3:28.07	44.19	350m: 4:57.32	44.86		
	100m: 1:18.43	40.78	200m: 2:43.88	43.00	300m: 4:12.46	44.39	400m: 5:40.12	42.80		
8. ROSA DIEGO, Daniel	75	U.E. Horta	5:44.70							340
	50m: 38.50	38.50	150m: 2:05.31	44.46	250m: 3:34.89	44.62	350m: 5:02.90	44.06		
	100m: 1:20.85	42.35	200m: 2:50.27	44.96	300m: 4:18.84	43.95	400m: 5:44.70	41.80		
9. FUENTES DE LOS SANTOS, Carlos	78	Marnaton	6:11.13							273
	50m: 40.96	40.96	150m: 2:10.26	45.58	250m: 3:44.62	47.84	350m: 5:22.38	48.85		
	100m: 1:24.68	43.72	200m: 2:56.78	46.52	300m: 4:33.53	48.91	400m: 6:11.13	48.75		

BX CAPO COSIALLS, Ivan 75 C.N. Sitges

45+, Masc.

1. GLEIZES, Sylvain	74	Fundacion Claror	4:41.02							647
	50m: 32.08	32.08	150m: 1:42.15	35.50	250m: 2:54.80	36.33	350m: 4:06.40	35.72		
	100m: 1:06.65	34.57	200m: 2:18.47	36.32	300m: 3:30.68	35.88	400m: 4:41.02	34.62		
2. ALMEDA GUERRERO, Alejandro	74	C.E. Mediterrani	4:45.11							620
	50m: 31.70	31.70	150m: 1:42.01	35.63	250m: 2:54.47	36.16	350m: 4:08.77	37.31		
	100m: 1:06.38	34.68	200m: 2:18.31	36.30	300m: 3:31.46	36.99	400m: 4:45.11	36.34		
3. SOLSONA OSET, Alex	73	C.N. Sabadell	4:51.39							581
	50m: 33.05	33.05	150m: 1:44.69	36.38	250m: 2:59.14	37.36	350m: 4:14.24	37.41		
	100m: 1:08.31	35.26	200m: 2:21.78	37.09	300m: 3:36.83	37.69	400m: 4:51.39	37.15		



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Prova 25, Masc., 400m Lliure, 45+

Classificació	ANY		Temps				Pts
4. OCAMPO GISBERT, David	73	C.N. Master Madrid	4:59.45	535			
50m: 34.59 34.59	150m: 1:49.52	38.14	250m: 3:06.50	38.33	350m: 4:23.38	38.19	
100m: 1:11.38 36.79	200m: 2:28.17	38.65	300m: 3:45.19	38.69	400m: 4:59.45	36.07	
5. OLIVARES CORREAS, Jose Ignacio	71	C.N. Cerdanyola	5:07.84	492			
50m: 35.56 35.56	150m: 1:52.29	38.85	250m: 3:11.27	39.51	350m: 4:29.98	39.23	
100m: 1:13.44 37.88	200m: 2:31.76	39.47	300m: 3:50.75	39.48	400m: 5:07.84	37.86	
6. YBARRA PISTARELLI, Sebastian	74	C.N. Rubi	5:08.18	491			
50m: 35.10 35.10	150m: 1:52.17	38.75	250m: 3:11.05	39.90	350m: 4:30.47	39.63	
100m: 1:13.42 38.32	200m: 2:31.15	38.98	300m: 3:50.84	39.79	400m: 5:08.18	37.71	
7. GARCIA COLOME, David	74	C.N. L' Hospitalet	5:16.79	452			
50m: 36.60 36.60	150m: 1:58.06	41.08	250m: 3:20.22	40.55	350m: 4:37.97	39.12	
100m: 1:16.98 40.38	200m: 2:39.67	41.61	300m: 3:58.85	38.63	400m: 5:16.79	38.82	
8. ESTERUELAS ALVAREZ, Manuel	72	Cambrils C.N.	5:18.17	446			
50m: 35.71 35.71	150m: 1:53.65	40.10	250m: 3:15.99	41.07	350m: 4:39.55	41.76	
100m: 1:13.55 37.84	200m: 2:34.92	41.27	300m: 3:57.79	41.80	400m: 5:18.17	38.62	
9. MARTIN TORONDEU, Albert	74	C.N. Caldes	5:19.25	442			
50m: 36.45 36.45	150m: 1:56.97	40.86	250m: 3:18.50	40.68	350m: 4:40.20	40.91	
100m: 1:16.11 39.66	200m: 2:37.82	40.85	300m: 3:59.29	40.79	400m: 5:19.25	39.05	
10. MARTINEZ ESPADA, Jose	72	C.N. Salou	5:19.53	440			
50m: 34.87 34.87	150m: 1:54.11	40.45	250m: 3:16.95	41.68	350m: 4:40.17	41.53	
100m: 1:13.66 38.79	200m: 2:35.27	41.16	300m: 3:58.64	41.69	400m: 5:19.53	39.36	
11. FERNANDEZ CATALAN, David	70	C.N. Caldes	5:32.45	391			
50m: 36.72 36.72	150m: 2:00.47	42.82	250m: 3:25.87	42.85	350m: 4:50.25	42.41	
100m: 1:17.65 40.93	200m: 2:43.02	42.55	300m: 4:07.84	41.97	400m: 5:32.45	42.20	
12. HERNÁNDEZ DELGADO, Juan	73	C.N. Esplugues	5:50.31	334			
50m: 39.12 39.12	150m: 2:05.49	44.11	250m: 3:38.25	46.33	350m: 5:06.26	42.60	
100m: 1:21.38 42.26	200m: 2:51.92	46.43	300m: 4:23.66	45.41	400m: 5:50.31	44.05	
13. FERRER PUJOL, Jaume	71	C.E.N. Cabrera De Mar	6:26.65	249			
50m: 41.38 41.38	150m: 2:14.46	47.78	250m: 3:54.51	51.40	350m: 5:34.65	48.80	
100m: 1:26.68 45.30	200m: 3:03.11	48.65	300m: 4:45.85	51.34	400m: 6:26.65	52.00	
14. COLOM JAÉN, Artur	71	C.N. Sant Andreu	6:37.50	229			
50m: 40.21 40.21	150m: 2:19.58	50.52	250m: 4:04.57	52.29	350m: 5:47.84	51.71	
100m: 1:29.06 48.85	200m: 3:12.28	52.70	300m: 4:56.13	51.56	400m: 6:37.50	49.66	
15. JEREZ TRAMUNT, Juli	73	C.N. Caldes	7:15.32	174			
50m: 47.19 47.19	150m: 2:34.92	54.69	250m: 4:27.89	57.01	350m: 6:21.25	56.51	
100m: 1:40.23 53.04	200m: 3:30.88	55.96	300m: 5:24.74	56.85	400m: 7:15.32	54.07	
BX BURGUEÑO BARROSO, Jordi	70	C.N. Sant Adria					
BX ARTIGAU PUIG, Robert	72	Marnaton					
BX RODRIGUEZ ROSELLO, Victor	73	Swimfaster Salt, Club Natació					

50+, Masc.

1. ADELL LLOSAS, Joan Carles	68	Cambrils C.N.	4:53.92	601			
50m: 33.26 33.26	150m: 1:46.27	37.09	250m: 3:01.77	37.86	350m: 4:17.17	37.58	
100m: 1:09.18 35.92	200m: 2:23.91	37.64	300m: 3:39.59	37.82	400m: 4:53.92	36.75	
2. PEREZ-PORTABELLA LOPEZ, Antoni	69	C.N. Tarraco	4:56.87	583			
50m: 33.38 33.38	150m: 1:45.54	36.98	250m: 3:00.78	38.31	350m: 4:18.64	39.28	
100m: 1:08.56 35.18	200m: 2:22.47	36.93	300m: 3:39.36	38.58	400m: 4:56.87	38.23	
3. SAGNIER GUIMON, Guillermo	65	Marnaton	5:27.53	434			
50m: 36.71 36.71	150m: 1:58.64	41.39	250m: 3:22.96	42.19	350m: 4:48.29	42.58	
100m: 1:17.25 40.54	200m: 2:40.77	42.13	300m: 4:05.71	42.75	400m: 5:27.53	39.24	
4. ROSELL MANICH, Oriol	68	C.N. Terrassa	5:45.58	370			
50m: 39.10 39.10	150m: 2:04.34	43.19	250m: 3:32.48	44.47	350m: 5:02.26	45.42	
100m: 1:21.15 42.05	200m: 2:48.01	43.67	300m: 4:16.84	44.36	400m: 5:45.58	43.32	



I CAMP CATALUNYA "OPEN" MÀSTERS NATACIÓ HIVERN-P25
BARCELONA, 12 - 13/1/2019



Prova 25, Masc., 400m Lliure, 50+

Classificació	ANY	Temps	Pts
5. RIBON CALABIA, Enrique	68	C.N. Aquamasters	5:55.38 340
50m: 42.13 42.13 150m: 2:11.98 44.92 250m: 3:41.73 45.06 350m: 5:11.89 44.94			
100m: 1:27.06 44.93 200m: 2:56.67 44.69 300m: 4:26.95 45.22 400m: 5:55.38 43.49			
6. CALERO HERNANDEZ, Juan Carles	65	C.N. L' Hospitalet	6:10.22 301
50m: 42.55 42.55 150m: 2:14.20 46.47 250m: 3:48.94 47.33 350m: 5:24.81 47.61			
100m: 1:27.73 45.18 200m: 3:01.61 47.41 300m: 4:37.20 48.26 400m: 6:10.22 45.41			
DNS GARCIA CABAS, Fernando	69	C.N. Aquamasters	

55+, Masc.

1. MORCILLO ESPUNY, Joan Francesc	61	C.N. Badalona	5:00.73 617
50m: 34.81 34.81 150m: 1:50.94 37.97 250m: 3:08.18 38.57 350m: 4:24.39 37.87			
100m: 1:12.97 38.16 200m: 2:29.61 38.67 300m: 3:46.52 38.34 400m: 5:00.73 36.34			
2. GOMEZ VELEZ, Rafael	62	C.N. L' Hospitalet	5:02.20 608
50m: 34.90 34.90 150m: 1:51.44 38.43 250m: 3:08.66 38.02 350m: 4:24.53 37.88			
100m: 1:13.01 38.11 200m: 2:30.64 39.20 300m: 3:46.65 37.99 400m: 5:02.20 37.67			
3. MATARIN HERNANDEZ, Manuel	63	C.N. Terrassa	8:10.60 142
50m: 51.82 51.82 150m: 2:48.42 1:00.42 250m: 4:55.81 1:03.58 350m: 7:09.47 1:04.92			
100m: 1:48.00 56.18 200m: 3:52.23 1:03.81 300m: 6:04.55 1:08.74 400m: 8:10.60 1:01.13			

60+, Masc.

1. HERNANDEZ QUINTILLA, Oscar	58	Marnaton	5:27.10 597
50m: 36.89 36.89 150m: 1:58.89 41.11 250m: 3:23.47 42.56 350m: 4:48.85 42.29			
100m: 1:17.78 40.89 200m: 2:40.91 42.02 300m: 4:06.56 43.09 400m: 5:27.10 38.25			
2. SERRA MAJEM, Josep Maria	58	Marnaton	6:22.16 374
50m: 41.79 41.79 150m: 2:16.54 47.78 250m: 3:55.15 50.44 350m: 5:35.26 50.71			
100m: 1:28.76 46.97 200m: 3:04.71 48.17 300m: 4:44.55 49.40 400m: 6:22.16 46.90			
3. BAGO LOPEZ, Pedro	56	U.E. Horta	6:43.41 318
50m: 45.93 45.93 150m: 2:29.00 52.05 250m: 4:12.99 51.84 350m: 5:55.14 50.24			
100m: 1:36.95 51.02 200m: 3:21.15 52.15 300m: 5:04.90 51.91 400m: 6:43.41 48.27			
4. HERRERA GRANADOS, Joan	59	C.N. Terrassa	7:30.55 228
50m: 49.10 49.10 150m: 2:38.86 56.10 250m: 4:35.05 58.99 350m: 6:32.64 58.15			
100m: 1:42.76 53.66 200m: 3:36.06 57.20 300m: 5:34.49 59.44 400m: 7:30.55 57.91			
5. GONZALEZ PRIETO, Evaristo	58	C.N. Terrassa	8:28.02 159
50m: 54.89 54.89 150m: 3:01.17 1:04.84 250m: 5:11.90 1:05.95 350m: 7:24.74 1:05.58			
100m: 1:56.33 1:01.44 200m: 4:05.95 1:04.78 300m: 6:19.16 1:07.26 400m: 8:28.02 1:03.28			
DNS GAGO QUERO, Jose Ramon	56	Fundacion Claror	

65+, Masc.

1. BALLESTA LACOSTA, Francisco Javier	54	C.N. Catalunya	6:40.61 363
50m: 44.18 44.18 150m: 2:25.99 53.18 250m: 4:08.51 52.27 350m: 5:54.41 52.42			
100m: 1:32.81 48.63 200m: 3:16.24 50.25 300m: 5:01.99 53.48 400m: 6:40.61 46.20			
2. SANTAMARIA MORALES, Enrique	50	Marnaton	6:43.00 357
50m: 46.32 46.32 150m: 2:28.01 51.46 250m: 4:10.99 51.47 350m: 5:53.85 51.46			
100m: 1:36.55 50.23 200m: 3:19.52 51.51 300m: 5:02.39 51.40 400m: 6:43.00 49.15			

BX CANOVAS RUIZ, Victor 52 C.N. Athletic-Barceloneta

70+, Masc.

1. FARRE GANDUXE, Josep	46	C.N. Sant Andreu	6:14.75 542
50m: 43.19 43.19 150m: 2:20.27 48.85 250m: 3:56.05 47.26 350m: 5:29.65 46.58			
100m: 1:31.42 48.23 200m: 3:08.79 48.52 300m: 4:43.07 47.02 400m: 6:14.75 45.10			
2. JOU ROIG, Josep	46	C.N. Sabadell	6:57.49 392
50m: 46.47 46.47 150m: 2:33.71 55.21 250m: 4:22.99 54.22 350m: 6:08.47 52.32			
100m: 1:38.50 52.03 200m: 3:28.77 55.06 300m: 5:16.15 53.16 400m: 6:57.49 49.02			



I CAMP CATALUNYA "OPEN" MÀSTERS NATACIÓ HIVERN-P25
BARCELONA, 12 - 13/1/2019



Prova 25, Masc., 400m Lliure, 70+

Classificació	ANY								Temps	Pts		
3.	DIEZ CABALLERO, Glicerio 48 C.N. L' Hospitalet								7:37.78	297		
	50m:	50.14	50.14	150m:	2:44.54	58.78	250m:	4:42.90	59.64	350m:	6:40.52	58.24
	100m:	1:45.76	55.62	200m:	3:43.26	58.72	300m:	5:42.28	59.38	400m:	7:37.78	57.26

85+, Masc.

1.	COTS SOLDEVILA, Jaume 33 C.N. Minorisa								10:15.27	304		
	50m:	1:11.20	1:11.20	150m:	3:50.77	1:19.55	250m:	6:28.35	1:18.84	350m:	9:03.22	1:17.04
	100m:	2:31.22	1:20.02	200m:	5:09.51	1:18.74	300m:	7:46.18	1:17.83	400m:	10:15.27	1:12.05

BX CAPELL SEGURA, Joan 31 C.N. Sabadell

20+, Fem.

1.	TORRAS PIEDEHIERRO, Judith 98 C.N. Aquamasters								4:40.53	584		
	<i>Rècord Campionat</i>											
	50m:	31.65	31.65	150m:	1:41.10	35.27	250m:	2:53.28	36.26	350m:	4:05.67	35.96
	100m:	1:05.83	34.18	200m:	2:17.02	35.92	300m:	3:29.71	36.43	400m:	4:40.53	34.86
2.	CRESPO CONDE, Carmen 95 Marnaton								4:54.74	504		
	50m:	32.46	32.46	150m:	1:45.23	37.08	250m:	3:00.76	37.53	350m:	4:17.57	38.23
	100m:	1:08.15	35.69	200m:	2:23.23	38.00	300m:	3:39.34	38.58	400m:	4:54.74	37.17
3.	SANCHEZ CODORNIU, Meritxell 96 C.N. Vilafranca								5:32.34	351		
	50m:	37.15	37.15	150m:	1:59.65	41.76	250m:	3:24.27	42.51	350m:	4:50.07	43.35
	100m:	1:17.89	40.74	200m:	2:41.76	42.11	300m:	4:06.72	42.45	400m:	5:32.34	42.27

25+, Fem.

1.	CIURO BOIXADERA, Nuria 93 C.N. Sabadell								4:53.92	659		
	50m:	33.64	33.64	150m:	1:45.35	36.31	250m:	3:00.02	37.69	350m:	4:15.94	38.05
	100m:	1:09.04	35.40	200m:	2:22.33	36.98	300m:	3:37.89	37.87	400m:	4:53.92	37.98
2.	RAMISA VALLES, Marina 92 U.E. Horta								6:08.37	335		
	50m:	42.06	42.06	150m:	2:15.66	47.78	250m:	3:51.25	47.48	350m:	5:24.30	46.07
	100m:	1:27.88	45.82	200m:	3:03.77	48.11	300m:	4:38.23	46.98	400m:	6:08.37	44.07
3.	ROMERA GUARDIOLA, Sara 90 C.N. Aquamasters								6:22.12	300		
	50m:	42.48	42.48	150m:	2:18.28	49.08	250m:	3:56.21	48.74	350m:	5:34.26	48.89
	100m:	1:29.20	46.72	200m:	3:07.47	49.19	300m:	4:45.37	49.16	400m:	6:22.12	47.86

30+, Fem.

1.	RAMIREZ MOLINO, Jennifer 88 C.N. Sitges								5:32.87	450		
	50m:	36.34	36.34	150m:	1:57.51	41.55	250m:	3:23.87	43.00	350m:	4:50.74	43.73
	100m:	1:15.96	39.62	200m:	2:40.87	43.36	300m:	4:07.01	43.14	400m:	5:32.87	42.13

35+, Fem.

1.	GOMEZ ALBAREDA, Mireia 80 C.N. Sabadell								4:49.06	749		
	50m:	33.40	33.40	150m:	1:46.02	36.70	250m:	2:59.81	36.86	350m:	4:13.17	36.14
	100m:	1:09.32	35.92	200m:	2:22.95	36.93	300m:	3:37.03	37.22	400m:	4:49.06	35.89
2.	FERNANDEZ RAFEGAS, Olga 84 C.N. Caldes								5:44.30	443		
	50m:	38.87	38.87	150m:	2:04.69	43.57	250m:	3:33.16	44.22	350m:	5:02.44	44.37
	100m:	1:21.12	42.25	200m:	2:48.94	44.25	300m:	4:18.07	44.91	400m:	5:44.30	41.86
3.	ARROYO GODOY, Ines 81 C.N. Caceres Los Delfines								5:46.55	435		
	50m:	36.85	36.85	150m:	1:58.69	42.33	250m:	3:26.91	44.50	350m:	5:00.42	46.68
	100m:	1:16.36	39.51	200m:	2:42.41	43.72	300m:	4:13.74	46.83	400m:	5:46.55	46.13



I CAMP CATALUNYA "OPEN" MÀSTERS NATACIÓ HIVERN-P25
BARCELONA, 12 - 13/1/2019



Prova 25, 400m Lliure

40+, Fem.

1.	MARZO GOMEZ, Maria Angeles	76	C.N. Sitges	5:12.80	586
	50m: 36.59 36.59 150m: 1:56.59 40.12 250m: 3:16.87 39.87 350m: 4:35.30 39.00				
	100m: 1:16.47 39.88 200m: 2:37.00 40.41 300m: 3:56.30 39.43 400m: 5:12.80 37.50				
2.	VELASCO NAVARRO, Vanesa	78	C.N.Salou	5:41.72	449
	50m: 36.66 36.66 150m: 1:59.49 42.12 250m: 3:27.47 44.56 350m: 4:57.11 44.67				
	100m: 1:17.37 40.71 200m: 2:42.91 43.42 300m: 4:12.44 44.97 400m: 5:41.72 44.61				
3.	ROMERO AZNAR, Gemma	75	C.N. L' Hospitalet	5:54.69	402
	50m: 41.04 41.04 150m: 2:10.03 44.78 250m: 3:40.14 45.17 350m: 5:10.85 45.10				
	100m: 1:25.25 44.21 200m: 2:54.97 44.94 300m: 4:25.75 45.61 400m: 5:54.69 43.84				
4.	MARTINEZ ALBARRILLA, Maria Elena	76	C.N. Sant Andreu	7:39.48	185
	50m: 50.28 50.28 150m: 2:41.87 56.87 250m: 4:41.90 1:00.22 350m: 6:41.74 59.81				
	100m: 1:45.00 54.72 200m: 3:41.68 59.81 300m: 5:41.93 1:00.03 400m: 7:39.48 57.74				

45+, Fem.

1.	TAPIA ROMAN, Eva	74	C.N. Catalunya	5:35.33	495
	50m: 37.10 37.10 150m: 2:00.18 42.46 250m: 3:25.80 42.82 350m: 4:52.19 43.15				
	100m: 1:17.72 40.62 200m: 2:42.98 42.80 300m: 4:09.04 43.24 400m: 5:35.33 43.14				
2.	FONT FORTUNY, M ^a Victoria	72	Cambrils C.N.	5:38.07	483
	50m: 37.60 37.60 150m: 2:01.41 42.59 250m: 3:28.80 43.86 350m: 4:55.79 43.40				
	100m: 1:18.82 41.22 200m: 2:44.94 43.53 300m: 4:12.39 43.59 400m: 5:38.07 42.28				
3.	BARRIS ROCA, Susana	71	Swimfaster Salt, Club Natació	6:15.15	354
	50m: 42.46 42.46 150m: 2:17.26 48.20 250m: 3:53.95 48.36 350m: 5:29.32 47.42				
	100m: 1:29.06 46.60 200m: 3:05.59 48.33 300m: 4:41.90 47.95 400m: 6:15.15 45.83				
4.	DEL POZO MARRUGAT, Maria Helena	72	C.N. Sabadell	6:31.17	312
	50m: 44.94 44.94 150m: 2:23.00 49.74 250m: 4:03.54 50.32 350m: 5:44.01 50.23				
	100m: 1:33.26 48.32 200m: 3:13.22 50.22 300m: 4:53.78 50.24 400m: 6:31.17 47.16				
5.	HERNANDEZ LOPEZ, Maite	73	C.N. Caldes	6:57.30	257
	50m: 42.55 42.55 150m: 2:26.23 53.34 250m: 4:15.63 54.36 350m: 6:06.24 55.18				
	100m: 1:32.89 50.34 200m: 3:21.27 55.04 300m: 5:11.06 55.43 400m: 6:57.30 51.06				

DNS IBAÑEZ, Maria Jose 74 G.E. I E.G.

50+, Fem.

1.	VALLESPI SUÑE, Cristina	69	Cambrils C.N.	5:22.29	620
	50m: 35.71 35.71 150m: 1:55.52 40.65 250m: 3:18.95 41.71 350m: 4:42.49 41.56				
	100m: 1:14.87 39.16 200m: 2:37.24 41.72 300m: 4:00.93 41.98 400m: 5:22.29 39.80				
2.	SANTOS BLANCH, M ^a Jesus	69	C.N. Terrassa	5:57.05	456
	50m: 39.95 39.95 150m: 2:08.80 45.10 250m: 3:39.63 45.49 350m: 5:11.47 46.30				
	100m: 1:23.70 43.75 200m: 2:54.14 45.34 300m: 4:25.17 45.54 400m: 5:57.05 45.58				
3.	ALVAREZ PINO, Olga	69	C.N. Terrassa	6:18.38	383
	50m: 42.27 42.27 150m: 2:17.59 48.36 250m: 3:55.34 48.88 350m: 5:32.81 47.95				
	100m: 1:29.23 46.96 200m: 3:06.46 48.87 300m: 4:44.86 49.52 400m: 6:18.38 45.57				
4.	CAMPILLO VALLMAJÓ, Núria	69	C.E.N. Cabrera De Mar	6:34.30	339
	50m: 41.18 41.18 150m: 2:21.19 51.98 250m: 4:03.96 51.83 350m: 5:46.94 51.10				
	100m: 1:29.21 48.03 200m: 3:12.13 50.94 300m: 4:55.84 51.88 400m: 6:34.30 47.36				
5.	MAILLO LARA, Ascensio	69	C.N. Terrassa	7:06.40	268
	50m: 47.73 47.73 150m: 2:34.30 54.14 250m: 4:23.86 55.16 350m: 6:13.61 54.73				
	100m: 1:40.16 52.43 200m: 3:28.70 54.40 300m: 5:18.88 55.02 400m: 7:06.40 52.79				

55+, Fem.

1.	AMBROSINI, Cristina	63	Marnaton	6:04.89	439
	50m: 41.58 41.58 150m: 2:11.98 45.79 250m: 3:45.45 46.82 350m: 5:19.31 46.87				
	100m: 1:26.19 44.61 200m: 2:58.63 46.65 300m: 4:32.44 46.99 400m: 6:04.89 45.58				



I CAMP CATALUNYA "OPEN" MÀSTERS NATACIÓ HIVERN-P25
BARCELONA, 12 - 13/1/2019



Prova 25, Fem., 400m Lliure, 55+

Classificació	ANY								Temps	Pts	
2. DUÑO AMBRÓS, Rosó	61 Marnaton								6:48.05	314	
50m:	43.97	43.97	150m:	2:25.11	51.59	250m:	4:10.73	53.05	350m:	5:55.88	52.94
100m:	1:33.52	49.55	200m:	3:17.68	52.57	300m:	5:02.94	52.21	400m:	6:48.05	52.17

60+, Fem.

1. JOVER SAGALES, Maria	59 Marnaton								6:13.32	485	
<i>Rècord Catalunya</i>											
50m:	41.83	41.83	150m:	2:15.81	47.53	250m:	3:50.69	47.09	350m:	5:28.07	48.57
100m:	1:28.28	46.45	200m:	3:03.60	47.79	300m:	4:39.50	48.81	400m:	6:13.32	45.25
2. ARANIBAR DE VARGAS, Melva	55 C.N. L' Hospitalet								7:37.44	263	
50m:	51.57	51.57	150m:	2:45.01	57.90	250m:	4:41.07	57.94	350m:	6:39.86	59.21
100m:	1:47.11	55.54	200m:	3:43.13	58.12	300m:	5:40.65	59.58	400m:	7:37.44	57.58
3. BRIA FLAMARIQUE, Susana	59 C.N. Prat Llobregat								7:53.57	237	
50m:	53.76	53.76	150m:	2:52.58	1:00.40	250m:	4:54.71	1:00.98	350m:	6:55.47	1:00.71
100m:	1:52.18	58.42	200m:	3:53.73	1:01.15	300m:	5:54.76	1:00.05	400m:	7:53.57	58.10
4. PERALES CASTAÑO, Mercè	55 C.N. Sabadell								10:44.71	94	
50m:	1:12.60	1:12.60	150m:	3:56.86	1:23.20	250m:	6:41.77	1:22.02	350m:	9:24.42	1:21.22
100m:	2:33.66	1:21.06	200m:	5:19.75	1:22.89	300m:	8:03.20	1:21.43	400m:	10:44.71	1:20.29

65+, Fem.

1. LLIVINA CARBONELL, Maria Rosa	54 C.N. Aquamasters								7:35.81	305	
50m:	52.38	52.38	150m:	2:45.62	57.20	250m:	4:42.74	58.39	350m:	6:38.64	57.49
100m:	1:48.42	56.04	200m:	3:44.35	58.73	300m:	5:41.15	58.41	400m:	7:35.81	57.17