



I CAMP CATALUNYA "OPEN" MÀSTERS NATACIÓ HIVERN-P25  
BARCELONA, 12 - 13/1/2019



Event 33  
13/01/2019

400m Medley

YOB 1915 - 1999  
Results

Rècord Campionat	59:59.59	X, X	00000	13/01/2019
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Points: Taula Catalana 2018

Rank			YB					Time	Pts
<b>20+, Men</b>									
1.	TORRES SERRANO, Sergio		96	C.N. Aquamasters				<b>5:11.81</b>	431
	50m:	31.02	31.02	150m:	1:49.21	42.71	250m:	3:14.87	43.48
	100m:	1:06.50	35.48	200m:	2:31.39	42.18	300m:	3:59.80	44.93
							350m:	4:36.69	36.89
							400m:	5:11.81	35.12
<b>30+, Men</b>									
1.	CABANILLAS QUINTANILLA, Rafael		87	Marnaton				<b>4:57.45</b>	665
	<i>Rècord Campionat</i>								
	50m:	32.03	32.03	150m:	1:49.18	40.88	250m:	3:09.76	42.14
	100m:	1:08.30	36.27	200m:	2:27.62	38.44	300m:	3:52.33	42.57
							350m:	4:25.91	33.58
							400m:	4:57.45	31.54
<b>35+, Men</b>									
1.	HERRERA MARTINEZ, Francisco Jose		82	C.N. Vilanova				<b>5:29.90</b>	515
	50m:	32.49	32.49	150m:	1:56.35	46.97	250m:	3:28.29	45.99
	100m:	1:09.38	36.89	200m:	2:42.30	45.95	300m:	4:14.93	46.64
							350m:	4:53.58	38.65
							400m:	5:29.90	36.32
<b>40+, Men</b>									
1.	PUENTES JURADO, Cristian		76	Marnaton				<b>5:32.13</b>	541
	50m:	32.94	32.94	150m:	1:57.24	46.65	250m:	3:29.93	46.41
	100m:	1:10.59	37.65	200m:	2:43.52	46.28	300m:	4:16.63	46.70
							350m:	4:55.38	38.75
							400m:	5:32.13	36.75
DNS	DE LA VEGA GIMENEZ, Joan		77	C.D. Jerez Natacion Master					
<b>45+, Men</b>									
1.	RODRIGUEZ PAVON, David		73	G.E. I.E.G.				<b>5:18.67</b>	617
	50m:	33.90	33.90	150m:	1:56.75	44.00	250m:	3:23.87	44.47
	100m:	1:12.75	38.85	200m:	2:39.40	42.65	300m:	4:06.75	42.88
							350m:	4:43.75	37.00
							400m:	5:18.67	34.92
2.	LACUNZA, Etor		74	Swimfaster Salt, Club Natacio				<b>6:04.49</b>	413
	50m:	37.25	37.25	150m:	2:08.86	49.02	250m:	3:48.48	52.75
	100m:	1:19.84	42.59	200m:	2:55.73	46.87	300m:	4:40.45	51.97
							350m:	5:23.56	43.11
							400m:	6:04.49	40.93
3.	MOJICA PEREZ, Juan Carlos		72	C.N. Catalunya				<b>6:27.14</b>	344
	50m:	39.67	39.67	150m:	2:17.78	51.11	250m:	4:03.38	55.04
	100m:	1:26.67	47.00	200m:	3:08.34	50.56	300m:	4:57.99	54.61
							350m:	5:42.35	44.36
							400m:	6:27.14	44.79
<b>50+, Men</b>									
1.	MARTI BOU, Jordi		69	C.N. Terrassa				<b>5:54.69</b>	520
	50m:	37.92	37.92	150m:	2:10.20	47.82	250m:	3:47.38	48.91
	100m:	1:22.38	44.46	200m:	2:58.47	48.27	300m:	4:35.12	47.74
							350m:	5:15.56	40.44
							400m:	5:54.69	39.13
2.	SAGNIER GUIMON, Guillermo		65	Marnaton				<b>6:41.52</b>	358
	<i>Rècord Campionat</i>								
	50m:	44.89	44.89	150m:	2:29.61	52.04	250m:	4:20.12	57.61
	100m:	1:37.57	52.68	200m:	3:22.51	52.90	300m:	5:18.66	58.54
							350m:	6:01.84	43.18
							400m:	6:41.52	39.68
3.	JOFRE RUIZ, Ramon		67	C.N. Lleida				<b>6:41.62</b>	358
	50m:	44.15	44.15	150m:	2:28.98	53.34	250m:	4:16.50	55.51
	100m:	1:35.64	51.49	200m:	3:20.99	52.01	300m:	5:11.43	54.93
							350m:	5:58.67	47.24
							400m:	6:41.62	42.95
4.	ANGUERA CAMOS, Ignacio		68	Manyanet C.N.				<b>6:58.72</b>	316
	50m:	40.27	40.27	150m:	2:26.76	57.85	250m:	4:19.21	56.48
	100m:	1:28.91	48.64	200m:	3:22.73	55.97	300m:	5:18.29	59.08
							350m:	6:09.25	50.96
							400m:	6:58.72	49.47



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55+, Men

1.	TRENS ESCUDERO, Enric	63	C.N. Sabadell	<b>6:05.53</b>	510
	<i>Rècord Campionat</i>				
	50m: 40.00 40.00	150m: 2:16.69 49.78	250m: 3:55.64 50.24	350m: 5:27.22 40.93	
	100m: 1:26.91 46.91	200m: 3:05.40 48.71	300m: 4:46.29 50.65	400m: 6:05.53 38.31	
2.	CISNEROS HERRILLO, Jordi	61	C.N. Catalunya	<b>6:36.46</b>	399
	50m: 46.39 46.39	150m: 2:30.69 51.94	250m: 4:14.34 53.62	350m: 5:53.32 44.04	
	100m: 1:38.75 52.36	200m: 3:20.72 50.03	300m: 5:09.28 54.94	400m: 6:36.46 43.14	
3.	CORRAL SOLIS, Ignacio	62	C.N. Terrassa	<b>8:21.87</b>	197
	50m: 47.12 47.12	150m: 3:03.22 1:12.28	250m: 5:23.35 1:08.97	350m: 7:27.84 55.81	
	100m: 1:50.94 1:03.82	200m: 4:14.38 1:11.16	300m: 6:32.03 1:08.68	400m: 8:21.87 54.03	

65+, Men

1.	CAMARA SERRANO, Juan Ma	54	Fundacion Claror	<b>7:05.34</b>	488
	<i>Rècord Catalunya</i>				
	50m: 49.42 49.42	150m: 2:40.55 54.54	250m: 4:18.27 45.25	350m: 6:22.76 46.69	
	100m: 1:46.01 56.59	200m: 3:33.02 52.47	300m: 5:36.07 1:17.80	400m: 7:05.34 42.58	

25+, Women

1.	OLIVERAS AMENEYROS, Arlet	92	C.N. Rubi	<b>5:35.09</b>	615
	<i>Rècord Campionat</i>				
	50m: 35.21 35.21	150m: 1:58.56 43.92	250m: 3:29.37 48.27	350m: 4:57.32 39.09	
	100m: 1:14.64 39.43	200m: 2:41.10 42.54	300m: 4:18.23 48.86	400m: 5:35.09 37.77	
2.	JURADO RUIZ, Maria	92	C.N. Prat Llobregat	<b>5:56.77</b>	510
	50m: 35.99 35.99	150m: 2:05.44 45.88	250m: 3:40.31 50.21	350m: 5:15.12 42.51	
	100m: 1:19.56 43.57	200m: 2:50.10 44.66	300m: 4:32.61 52.30	400m: 5:56.77 41.65	
3.	NICOLAU ARTES, Marina	92	C.N. Martorell	<b>6:06.78</b>	469
	50m: 38.00 38.00	150m: 2:06.70 46.05	250m: 3:45.49 53.33	350m: 5:25.45 44.98	
	100m: 1:20.65 42.65	200m: 2:52.16 45.46	300m: 4:40.47 54.98	400m: 6:06.78 41.33	

35+, Women

1.	GARCIA DIVIU, Nuria	84	C.N. Sabadell	<b>5:45.18</b>	611
	50m: 36.88 36.88	150m: 2:04.32 46.13	250m: 3:36.49 47.46	350m: 5:05.87 40.62	
	100m: 1:18.19 41.31	200m: 2:49.03 44.71	300m: 4:25.25 48.76	400m: 5:45.18 39.31	
2.	MARTINEZ LEON, Sabina	84	C.N. Aquamasters	<b>5:45.36</b>	610
	50m: 36.05 36.05	150m: 2:03.75 47.69	250m: 3:40.36 50.47	350m: 5:10.32 39.57	
	100m: 1:16.06 40.01	200m: 2:49.89 46.14	300m: 4:30.75 50.39	400m: 5:45.36 35.04	
3.	POCULL VINETS, Natalia	82	C.N. Caldes	<b>6:20.73</b>	455
	50m: 39.24 39.24	150m: 2:12.76 47.79	250m: 3:53.75 54.24	350m: 5:36.47 45.66	
	100m: 1:24.97 45.73	200m: 2:59.51 46.75	300m: 4:50.81 57.06	400m: 6:20.73 44.26	
4.	ARROYO GODOY, Ines	81	C.N. Caceres Los Delfines	<b>6:22.91</b>	447
	<i>Rècord Campionat</i>				
	50m: 41.60 41.60	150m: 2:21.13 51.50	250m: 4:03.98 53.64	350m: 5:41.98 43.31	
	100m: 1:29.63 48.03	200m: 3:10.34 49.21	300m: 4:58.67 54.69	400m: 6:22.91 40.93	

40+, Women

1.	JUDD, Maya Drell	77	C.N. Aquamasters	<b>5:44.20</b>	668
	50m: 35.78 35.78	150m: 2:01.91 44.95	250m: 3:34.67 49.58	350m: 5:05.33 40.58	
	100m: 1:16.96 41.18	200m: 2:45.09 43.18	300m: 4:24.75 50.08	400m: 5:44.20 38.87	



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50+, Women

1.	PAGES SEGURA, Silvia	66	C.N. Terrassa	<b>6:08.44</b>	601				
	50m: 39.82	39.82	150m: 2:14.95	48.87	250m: 3:51.72	49.41	350m: 5:25.47	43.55	
	100m: 1:26.08	46.26	200m: 3:02.31	47.36	300m: 4:41.92	50.20	400m: 6:08.44	42.97	
2.	PORT CASAMITJANA, Adriana	67	C.N. Sabadell	<b>6:42.66</b>	461				
	<i>Rècord Campionat</i>								
	50m: 44.49	44.49	150m: 2:29.68	52.88	250m: 4:14.97	54.40	350m: 5:57.68	46.55	
	100m: 1:36.80	52.31	200m: 3:20.57	50.89	300m: 5:11.13	56.16	400m: 6:42.66	44.98	