



Prova 40
19/01/2020

Masc., 1500m Lliure

Open
Resultats

RC	15:04.64	, ARROYO PEREZ ANTONIO	PONTEVEDRA	08/04/2017
CCT	15:21.27	JOLY, DAMIEN	SABADELL	07/03/2015
CR	15:19.67	, ARROYO PEREZ ANTONIO	CCOPEN	20/12/2015

Classificació

ANY

Temps

Rank	Name	Age	Club	Time	Other	
1.	ESCRITS MAÑOSA, Albert	98	CN Sant Andreu	15:24.26	-	
	50m: 28.05	28.05	450m: 4:32.38	30.97	850m: 8:39.75	31.28
	100m: 57.90	29.85	500m: 5:03.26	30.88	900m: 9:11.00	31.25
	150m: 1:28.09	30.19	550m: 5:33.86	30.60	950m: 9:42.39	31.39
	200m: 1:58.48	30.39	600m: 6:04.50	30.64	1000m: 10:13.92	31.53
	250m: 2:29.08	30.60	650m: 6:35.15	30.65	1050m: 10:44.95	31.03
	300m: 2:59.65	30.57	700m: 7:06.05	30.90	1100m: 11:16.12	31.17
	350m: 3:30.45	30.80	750m: 7:37.20	31.15	1150m: 11:47.24	31.12
	400m: 4:01.41	30.96	800m: 8:08.47	31.27	1200m: 12:18.55	31.31
2.	JULIA TOUS, Ferran	00	CE Mediterrani	15:44.67	-	
	50m: 28.46	28.46	450m: 4:40.28	32.14	850m: 8:53.74	31.83
	100m: 58.94	30.48	500m: 5:11.87	31.59	900m: 9:25.53	31.79
	150m: 1:30.26	31.32	550m: 5:43.61	31.74	950m: 9:57.61	32.08
	200m: 2:01.41	31.15	600m: 6:15.01	31.40	1000m: 10:29.42	31.81
	250m: 2:33.23	31.82	650m: 6:47.03	32.02	1050m: 11:01.51	32.09
	300m: 3:04.67	31.44	700m: 7:18.60	31.57	1100m: 11:33.20	31.69
	350m: 3:36.61	31.94	750m: 7:50.52	31.92	1150m: 12:05.10	31.90
	400m: 4:08.14	31.53	800m: 8:21.91	31.39	1200m: 12:36.47	31.37
3.	MARTINEZ MURCIA, Alberto	98	CN Marina-Cartagena "Ancora"	15:47.90	-	
	50m: 29.14	29.14	450m: 4:42.33	31.79	850m: 8:56.61	31.73
	100m: 1:00.63	31.49	500m: 5:14.10	31.77	900m: 9:28.64	32.03
	150m: 1:32.16	31.53	550m: 5:45.93	31.83	950m: 10:00.40	31.76
	200m: 2:03.86	31.70	600m: 6:17.66	31.73	1000m: 10:32.03	31.63
	250m: 2:35.41	31.55	650m: 6:49.51	31.85	1050m: 11:03.94	31.91
	300m: 3:07.21	31.80	700m: 7:21.08	31.57	1100m: 11:35.54	31.60
	350m: 3:38.81	31.60	750m: 7:53.05	31.97	1150m: 12:07.71	32.17
	400m: 4:10.54	31.73	800m: 8:24.88	31.83	1200m: 12:39.70	31.99
4.	COMA PLANELLA, Roger	00	CN Mataró	16:01.46	-	
	50m: 28.69	28.69	450m: 4:43.47	32.27	850m: 9:02.41	32.43
	100m: 59.52	30.83	500m: 5:15.65	32.18	900m: 9:34.61	32.20
	150m: 1:31.19	31.67	550m: 5:48.05	32.40	950m: 10:06.87	32.26
	200m: 2:02.80	31.61	600m: 6:20.45	32.40	1000m: 10:38.94	32.07
	250m: 2:34.88	32.08	650m: 6:52.91	32.46	1050m: 11:11.15	32.21
	300m: 3:06.80	31.92	700m: 7:25.22	32.31	1100m: 11:43.35	32.20
	350m: 3:39.03	32.23	750m: 7:57.65	32.43	1150m: 12:15.59	32.24
	400m: 4:11.20	32.17	800m: 8:29.98	32.33	1200m: 12:47.82	32.23
5.	SANTIAGO BETANCOR, Raul	97	CN Sant Andreu	16:10.07	-	
	50m: 30.16	30.16	500m: 5:22.79	32.84	900m: 9:44.40	32.81
	100m: 1:01.59	31.43	550m: 5:55.34	32.55	950m: 10:17.48	33.08
	150m: 1:34.35	32.76	600m: 6:27.83	32.49	1000m: 10:49.93	32.45
	200m: 2:06.83	32.48	650m: 7:00.69	32.86	1050m: 11:22.50	32.57
	300m: 3:11.95	1:05.12	700m: 7:33.17	32.48	1100m: 11:55.04	32.54
	350m: 3:44.64	32.69	750m: 8:06.11	32.94	1150m: 12:27.70	32.66
	400m: 4:17.13	32.49	800m: 8:38.61	32.50	1200m: 12:59.91	32.21
	450m: 4:49.95	32.82	850m: 9:11.59	32.98	1250m: 13:32.20	32.29
6.	GIL TARAZONA, Pol	96	Ucam CN Fuensanta	16:12.63	-	
	50m: 29.87	29.87	450m: 4:46.58	32.13	850m: 9:04.34	32.12
	100m: 1:01.74	31.87	500m: 5:18.98	32.40	900m: 9:37.29	32.95
	150m: 1:33.54	31.80	550m: 5:51.04	32.06	950m: 10:10.13	32.84
	200m: 2:05.72	32.18	600m: 6:23.10	32.06	1000m: 10:43.49	33.36
	250m: 2:37.67	31.95	650m: 6:55.15	32.05	1050m: 11:16.52	33.03
	300m: 3:10.17	32.50	700m: 7:27.76	32.61	1100m: 11:49.87	33.35
	350m: 3:42.03	31.86	750m: 7:59.66	31.90	1150m: 12:23.07	33.20
	400m: 4:14.45	32.42	800m: 8:32.22	32.56	1200m: 12:56.18	33.11

NQ = Nedadors NO Classificats (tall no superat)

Prova 40, Masc., 1500m Lliure, Open

Classificació	ANY		Temps	
7. HONRUBIA CERDA, Arnau	99	CN Sabadell	16:17.84	-
50m: 29.71 29.71	450m: 4:49.03 32.94	850m: 9:11.06 32.93	1250m: 13:34.48 33.16	
100m: 1:01.43 31.72	500m: 5:21.89 32.86	900m: 9:43.97 32.91	1300m: 14:07.58 33.10	
150m: 1:33.60 32.17	550m: 5:54.60 32.71	950m: 10:16.95 32.98	1350m: 14:40.35 32.77	
200m: 2:06.07 32.47	600m: 6:27.27 32.67	1000m: 10:50.05 33.10	1400m: 15:13.34 32.99	
250m: 2:38.49 32.42	650m: 7:00.03 32.76	1050m: 11:23.04 32.99	1450m: 15:45.99 32.65	
300m: 3:10.73 32.24	700m: 7:32.84 32.81	1100m: 11:55.79 32.75	1500m: 16:17.84 31.85	
350m: 3:43.22 32.49	750m: 8:05.41 32.57	1150m: 12:28.43 32.64		
400m: 4:16.09 32.87	800m: 8:38.13 32.72	1200m: 13:01.32 32.89		
8. ESCRITS MAÑOSA, Lluís	01	CN Granollers	16:18.00	-
50m: 28.84 28.84	450m: 4:42.95 32.08	850m: 9:02.89 33.05	1250m: 13:30.73 34.07	
100m: 59.53 30.69	500m: 5:15.10 32.15	900m: 9:35.48 32.59	1300m: 14:04.27 33.54	
150m: 1:31.06 31.53	550m: 5:47.40 32.30	950m: 10:08.81 33.33	1350m: 14:38.07 33.80	
200m: 2:02.80 31.74	600m: 6:19.46 32.06	1000m: 10:41.95 33.14	1400m: 15:11.83 33.76	
250m: 2:34.80 32.00	650m: 6:51.92 32.46	1050m: 11:15.60 33.65	1450m: 15:45.42 33.59	
300m: 3:06.70 31.90	700m: 7:24.38 32.46	1100m: 11:49.11 33.51	1500m: 16:18.00 32.58	
350m: 3:38.73 32.03	750m: 7:57.03 32.65	1150m: 12:23.00 33.89		
400m: 4:10.87 32.14	800m: 8:29.84 32.81	1200m: 12:56.66 33.66		
9. VILAREGUT DE MINGO, Eric	01	CN Mataró	16:28.26	-
50m: 29.47 29.47	450m: 4:50.71 32.84	850m: 9:15.63 33.39	1250m: 13:42.39 33.52	
100m: 1:01.42 31.95	500m: 5:23.88 33.17	900m: 9:49.20 33.57	1300m: 14:16.00 33.61	
150m: 1:33.79 32.37	550m: 5:56.85 32.97	950m: 10:22.29 33.09	1350m: 14:49.53 33.53	
200m: 2:06.37 32.58	600m: 6:30.00 33.15	1000m: 10:55.53 33.24	1400m: 15:22.69 33.16	
250m: 2:39.21 32.84	650m: 7:02.83 32.83	1050m: 11:28.84 33.31	1450m: 15:55.71 33.02	
300m: 3:12.14 32.93	700m: 7:35.91 33.08	1100m: 12:02.07 33.23	1500m: 16:28.26 32.55	
350m: 3:44.94 32.80	750m: 8:08.87 32.96	1150m: 12:35.37 33.30		
400m: 4:17.87 32.93	800m: 8:42.24 33.37	1200m: 13:08.87 33.50		
10. GODOY MARTINEZ, Marcos	99	CN Sabadell	17:00.32	-
50m: 30.17 30.17	450m: 4:58.38 33.72	850m: 9:33.63 34.70	1250m: 14:09.44 34.30	
100m: 1:02.91 32.74	500m: 5:32.83 34.45	900m: 10:08.05 34.42	1300m: 14:44.08 34.64	
150m: 1:35.81 32.90	550m: 6:06.94 34.11	950m: 10:42.49 34.44	1350m: 15:18.46 34.38	
200m: 2:09.35 33.54	600m: 6:41.29 34.35	1000m: 11:17.21 34.72	1400m: 15:53.13 34.67	
250m: 2:42.91 33.56	650m: 7:15.53 34.24	1050m: 11:51.48 34.27	1450m: 16:27.12 33.99	
300m: 3:16.71 33.80	700m: 7:49.81 34.28	1100m: 12:26.00 34.52	1500m: 17:00.32 33.20	
350m: 3:50.78 34.07	750m: 8:24.42 34.61	1150m: 13:00.61 34.61		
400m: 4:24.66 33.88	800m: 8:58.93 34.51	1200m: 13:35.14 34.53		
11. TOBAL TUBAU, Igor	03	CN Igualada	17:04.54	-
50m: 30.09 30.09	450m: 5:02.35 35.03	850m: 9:37.79 34.30	1250m: 14:14.19 34.60	
100m: 1:02.43 32.34	500m: 5:36.91 34.56	900m: 10:12.08 34.29	1300m: 14:48.58 34.39	
150m: 1:35.62 33.19	550m: 6:11.36 34.45	950m: 10:46.13 34.05	1350m: 15:23.22 34.64	
200m: 2:09.30 33.68	600m: 6:46.14 34.78	1000m: 11:20.61 34.48	1400m: 15:57.48 34.26	
250m: 2:43.51 34.21	650m: 7:20.65 34.51	1050m: 11:55.23 34.62	1450m: 16:31.49 34.01	
300m: 3:17.95 34.44	700m: 7:54.99 34.34	1100m: 12:30.13 34.90	1500m: 17:04.54 33.05	
350m: 3:52.47 34.52	750m: 8:28.89 33.90	1150m: 13:04.88 34.75		
400m: 4:27.32 34.85	800m: 9:03.49 34.60	1200m: 13:39.59 34.71		
12. POU FERNANDEZ, Marc	01	CN Mataró	17:11.28	-
50m: 30.60 30.60	450m: 5:05.22 34.36	850m: 9:39.12 34.05	1250m: 14:17.04 34.84	
100m: 1:04.24 33.64	500m: 5:39.42 34.20	900m: 10:13.39 34.27	1300m: 14:52.13 35.09	
150m: 1:38.47 34.23	550m: 6:14.11 34.69	950m: 10:47.77 34.38	1350m: 15:27.41 35.28	
200m: 2:12.87 34.40	600m: 6:48.39 34.28	1000m: 11:22.49 34.72	1400m: 16:02.58 35.17	
250m: 2:47.52 34.65	650m: 7:22.75 34.36	1050m: 11:57.15 34.66	1450m: 16:37.36 34.78	
300m: 3:22.02 34.50	700m: 7:56.94 34.19	1100m: 12:32.21 35.06	1500m: 17:11.28 33.92	
350m: 3:56.60 34.58	750m: 8:30.94 34.00	1150m: 13:07.31 35.10		
400m: 4:30.86 34.26	800m: 9:05.07 34.13	1200m: 13:42.20 34.89		
13. LIRES SUELDO, Manuel	02	CN Barcelona	17:14.73	-
50m: 31.13 31.13	450m: 5:05.62 34.23	850m: 9:42.83 34.87	1250m: 14:25.29 35.25	
100m: 1:04.37 33.24	500m: 5:39.98 34.36	900m: 10:18.33 35.50	1300m: 15:00.33 35.04	
150m: 1:38.81 34.44	550m: 6:14.61 34.63	950m: 10:53.59 35.26	1350m: 15:35.49 35.16	
200m: 2:12.87 34.06	600m: 6:48.93 34.32	1000m: 11:27.94 34.35	1400m: 16:10.76 35.27	
250m: 2:47.62 34.75	650m: 7:23.64 34.71	1050m: 12:03.73 35.79	1450m: 16:42.82 32.06	
300m: 3:22.26 34.64	700m: 7:57.98 34.34	1100m: 12:39.26 35.53	1500m: 17:14.73 31.91	
350m: 3:57.06 34.80	750m: 8:32.67 34.69	1150m: 13:15.03 35.77		
400m: 4:31.39 34.33	800m: 9:07.96 35.29	1200m: 13:50.04 35.01		

NQ = Nedadors NO Classificats (tall no superat)

Prova 40, Masc., 1500m Lliure, Open

Classificació	ANY		Temps	
14. REYES VALENZUELA, Abel	03	CN Mataró	17:18.46	-
50m: 30.72 30.72	450m: 5:06.89 34.99	850m: 9:45.12 35.02	1250m: 14:25.21 35.20	
100m: 1:04.49 33.77	500m: 5:41.38 34.49	900m: 10:19.96 34.84	1300m: 15:00.20 34.99	
150m: 1:38.92 34.43	550m: 6:16.42 35.04	950m: 10:55.16 35.20	1350m: 15:35.13 34.93	
200m: 2:13.23 34.31	600m: 6:51.16 34.74	1000m: 11:29.76 34.60	1400m: 16:10.31 35.18	
250m: 2:48.13 34.90	650m: 7:25.96 34.80	1050m: 12:05.13 35.37	1450m: 16:45.14 34.83	
300m: 3:22.63 34.50	700m: 8:00.56 34.60	1100m: 12:39.98 34.85	1500m: 17:18.46 33.32	
350m: 3:57.52 34.89	750m: 8:35.36 34.80	1150m: 13:15.16 35.18		
400m: 4:31.90 34.38	800m: 9:10.10 34.74	1200m: 13:50.01 34.85		
15. USECHI ELIZARI, Guillermo	02	CN Barcelona	17:22.40	-
50m: 30.64 30.64	450m: 5:11.44 36.24	850m: 9:54.91 34.83	1250m: 14:36.42 35.40	
100m: 1:04.81 34.17	500m: 5:47.33 35.89	900m: 10:29.80 34.89	1300m: 15:11.13 34.71	
150m: 1:39.16 34.35	550m: 6:23.13 35.80	950m: 11:05.04 35.24	1350m: 15:44.87 33.74	
200m: 2:14.00 34.84	600m: 6:58.93 35.80	1000m: 11:40.27 35.23	1400m: 16:18.78 33.91	
250m: 2:48.93 34.93	650m: 7:34.81 35.88	1050m: 12:15.46 35.19	1450m: 16:51.16 32.38	
300m: 3:24.08 35.15	700m: 8:09.76 34.95	1100m: 12:50.80 35.34	1500m: 17:22.40 31.24	
350m: 3:59.64 35.56	750m: 8:44.55 34.79	1150m: 13:26.26 35.46		
400m: 4:35.20 35.56	800m: 9:20.08 35.53	1200m: 14:01.02 34.76		
16. ARMENGOL TRIVES, Genis	02	CN Barcelona	17:25.33	-
50m: 31.55 31.55	450m: 5:11.36 35.29	850m: 9:51.19 34.97	1250m: 14:32.12 35.40	
100m: 1:06.03 34.48	500m: 5:46.33 34.97	900m: 10:26.22 35.03	1300m: 15:07.58 35.46	
150m: 1:40.95 34.92	550m: 6:21.40 35.07	950m: 11:00.91 34.69	1350m: 15:42.05 34.47	
200m: 2:15.67 34.72	600m: 6:56.56 35.16	1000m: 11:36.21 35.30	1400m: 16:16.93 34.88	
250m: 2:50.79 35.12	650m: 7:31.46 34.90	1050m: 12:11.29 35.08	1450m: 16:51.02 34.09	
300m: 3:25.77 34.98	700m: 8:06.60 35.14	1100m: 12:46.64 35.35	1500m: 17:25.33 34.31	
350m: 4:00.92 35.15	750m: 8:41.15 34.55	1150m: 13:21.54 34.90		
400m: 4:36.07 35.15	800m: 9:16.22 35.07	1200m: 13:56.72 35.18		
17. RODELAS FARRE, Eric	03	CN Terrassa	17:38.81	-
50m: 30.36 30.36	450m: 5:10.58 35.30	850m: 9:55.37 35.09	1250m: 14:41.01 35.59	
100m: 1:04.60 34.24	500m: 5:46.42 35.84	900m: 10:31.25 35.88	1300m: 15:17.05 36.04	
150m: 1:39.14 34.54	550m: 6:21.61 35.19	950m: 11:06.61 35.36	1350m: 15:52.68 35.63	
200m: 2:14.45 35.31	600m: 6:57.38 35.77	1000m: 11:42.26 35.65	1400m: 16:28.44 35.76	
250m: 2:49.68 35.23	650m: 7:33.05 35.67	1050m: 12:17.89 35.63	1450m: 17:03.74 35.30	
300m: 3:24.54 34.86	700m: 8:08.93 35.88	1100m: 12:54.00 36.11	1500m: 17:38.81 35.07	
350m: 3:59.64 35.10	750m: 8:44.18 35.25	1150m: 13:29.51 35.51		
400m: 4:35.28 35.64	800m: 9:20.28 36.10	1200m: 14:05.42 35.91		
18. BOSCH MONJE, David	01	CN Terrassa	17:58.74	-
50m: 31.51 31.51	450m: 5:11.92 35.68	850m: 10:03.06 36.71	1250m: 14:58.35 36.95	
100m: 1:05.47 33.96	500m: 5:47.94 36.02	900m: 10:39.74 36.68	1300m: 15:35.30 36.95	
150m: 1:40.33 34.86	550m: 6:23.83 35.89	950m: 11:16.66 36.92	1350m: 16:12.15 36.85	
200m: 2:15.04 34.71	600m: 7:00.01 36.18	1000m: 11:53.58 36.92	1400m: 16:48.88 36.73	
250m: 2:50.08 35.04	650m: 7:36.79 36.78	1050m: 12:30.30 36.72	1450m: 17:24.06 35.18	
300m: 3:25.25 35.17	700m: 8:13.06 36.27	1100m: 13:07.43 37.13	1500m: 17:58.74 34.68	
350m: 4:00.78 35.53	750m: 8:49.83 36.77	1150m: 13:44.41 36.98		
400m: 4:36.24 35.46	800m: 9:26.35 36.52	1200m: 14:21.40 36.99		
19. GRANERO PÉREZ, Jordi	02	CN Granollers	18:33.37	-
50m: 31.99 31.99	450m: 5:25.08 36.99	850m: 10:22.36 36.65	1250m: 15:24.46 37.65	
100m: 1:07.97 35.98	500m: 6:02.53 37.45	900m: 10:59.86 37.50	1300m: 16:02.56 38.10	
150m: 1:44.25 36.28	550m: 6:39.68 37.15	950m: 11:37.67 37.81	1350m: 16:40.61 38.05	
200m: 2:21.05 36.80	600m: 7:16.83 37.15	1000m: 12:15.66 37.99	1400m: 17:18.96 38.35	
250m: 2:57.55 36.50	650m: 7:53.50 36.67	1050m: 12:53.21 37.55	1450m: 17:56.52 37.56	
300m: 3:34.19 36.64	700m: 8:31.06 37.56	1100m: 13:30.97 37.76	1500m: 18:33.37 36.85	
350m: 4:10.72 36.53	750m: 9:07.89 36.83	1150m: 14:08.58 37.61		
400m: 4:48.09 37.37	800m: 9:45.71 37.82	1200m: 14:46.81 38.23		
DNS HOOGSTEDER RIERA, Nick	03	CN Banyoles		-

NQ = Nedadors NO Classificats (tall no superat)