

Prova 8
27/10/2019

Masc., 400m Lliure

Open
Resultats

RFEN	3:40.52	, RIVERA MIRANDA MARCO	ESTAMBUL (TUR)	10/12/2009
FCN	3:42.87	, NUÑEZ MOLANO JAVIER	PALMA DE MALLORCA	18/12/2005
CCT	3:42.53	, MATHLOUTHI AHMED	MANRESA	06/11/2010

Punts: FINA 2019

Classificació	ANY								Temps	Pts
1. COMA PLANELLA, Roger	00	C.N. Mataro							3:56.01	727
50m: 27.61 27.61	150m: 1:27.20	29.98	250m: 2:26.94	29.58	350m: 3:26.64	30.16	400m: 3:56.01	29.37		
100m: 57.22 29.61	200m: 1:57.36	30.16	300m: 2:56.48	29.54						
2. CURTU FRUTOS, Pau	97	C.N. Terrassa							3:57.57	713
50m: 27.52 27.52	150m: 1:26.96	30.15	250m: 2:27.62	30.00	350m: 3:27.87	30.20	400m: 3:57.57	29.70		
100m: 56.81 29.29	200m: 1:57.62	30.66	300m: 2:57.67	30.05						
3. ESCRITS MAÑOSA, Lluís	01	C.N. Granollers							3:59.08	699
50m: 27.69 27.69	150m: 1:27.49	30.26	250m: 2:28.54	30.67	350m: 3:30.30	30.89	400m: 3:59.08	28.78		
100m: 57.23 29.54	200m: 1:57.87	30.38	300m: 2:59.41	30.87						
4. VILAREGUT DE MINGO, Eric	01	C.N. Mataro							3:59.46	696
50m: 28.30 28.30	150m: 1:29.18	30.81	250m: 2:29.80	30.22	350m: 3:30.57	30.31	400m: 3:59.46	28.89		
100m: 58.37 30.07	200m: 1:59.58	30.40	300m: 3:00.26	30.46						
5. RAMIA VIVES, Guillem	02	C.E. Mediterrani							4:01.74	676
50m: 27.92 27.92	150m: 1:29.83	30.94	250m: 2:31.47	30.41	350m: 3:32.61	30.69	400m: 4:01.74	29.13		
100m: 58.89 30.97	200m: 2:01.06	31.23	300m: 3:01.92	30.45						
6. ROVIRA GUILLEN, Arnau	95	C.N. Minorisa							4:01.79	676
50m: 28.05 28.05	150m: 1:29.23	30.75	250m: 2:30.82	30.83	350m: 3:32.08	30.52	400m: 4:01.79	29.71		
100m: 58.48 30.43	200m: 1:59.99	30.76	300m: 3:01.56	30.74						
7. BARASCUD, Paul	97	Canet 66 Natation							4:01.86	675
50m: 28.39 28.39	150m: 1:28.63	30.31	250m: 2:29.29	30.50	350m: 3:31.51	31.15	400m: 4:01.86	30.35		
100m: 58.32 29.93	200m: 1:58.79	30.16	300m: 3:00.36	31.07						
8. GODOY MARTINEZ, Marcos	99	C.N. Sabadell							4:02.03	674
50m: 28.52 28.52	150m: 1:29.20	30.44	250m: 2:30.64	30.71	350m: 3:32.35	30.80	400m: 4:02.03	29.68		
100m: 58.76 30.24	200m: 1:59.93	30.73	300m: 3:01.55	30.91						
9. DÍEZ RODELLINO, Òscar	02	C.E. Mediterrani							4:04.66	652
50m: 28.47 28.47	150m: 1:30.41	30.89	250m: 2:32.16	30.85	350m: 3:34.05	30.94	400m: 4:04.66	30.61		
100m: 59.52 31.05	200m: 2:01.31	30.90	300m: 3:03.11	30.95						
10. SAMON ROS, Arnau	01	C.E.N. Cabrera De Mar							4:05.40	647
50m: 27.83 27.83	150m: 1:29.43	31.11	250m: 2:31.52	30.68	350m: 3:34.38	31.47	400m: 4:05.40	31.02		
100m: 58.32 30.49	200m: 2:00.84	31.41	300m: 3:02.91	31.39						
11. PONCE VIA, Marc	98	C.N. Sant Andreu							4:06.77	636
50m: 27.81 27.81	150m: 1:28.44	30.75	250m: 2:31.62	31.84	350m: 3:35.45	31.85	400m: 4:06.77	31.32		
100m: 57.69 29.88	200m: 1:59.78	31.34	300m: 3:03.60	31.98						
12. POU FERNANDEZ, Marc	01	C.N. Mataro							4:08.46	623
50m: 28.66 28.66	150m: 1:30.57	31.12	250m: 2:33.63	31.50	350m: 3:37.27	31.94	400m: 4:08.46	31.19		
100m: 59.45 30.79	200m: 2:02.13	31.56	300m: 3:05.33	31.70						
13. VIVAS EGEA, Marc	97	C.N. Sabadell							4:08.65	621
50m: 27.67 27.67	150m: 1:27.38	29.76	250m: 2:29.04	31.23	350m: 3:35.22	33.51	400m: 4:08.65	33.43		
100m: 57.62 29.95	200m: 1:57.81	30.43	300m: 3:01.71	32.67						
14. TEIXELL ANDERBOUHR, Hugo	03	C.N. Granollers							4:11.40	601
50m: 28.98 28.98	150m: 1:32.21	31.62	250m: 2:36.93	32.25	350m: 3:41.58	32.23	400m: 4:11.40	29.82		
100m: 1:00.59 31.61	200m: 2:04.68	32.47	300m: 3:09.35	32.42						
15. CASADO GARRIGUES, Manel	03	C.N. Mataro							4:12.56	593
50m: 28.83 28.83	150m: 1:31.81	31.92	250m: 2:36.26	32.29	350m: 3:41.58	32.61	400m: 4:12.56	30.98		
100m: 59.89 31.06	200m: 2:03.97	32.16	300m: 3:08.97	32.71						
16. CHAVES GUARDIA, David	98	C.N. Mataro							4:14.89	577
50m: 28.25 28.25	150m: 1:30.44	31.01	250m: 2:34.31	32.27	350m: 3:41.32	33.84	400m: 4:14.89	33.57		
100m: 59.43 31.18	200m: 2:02.04	31.60	300m: 3:07.48	33.17						

Prova 8, Masc., 400m Lliure, Open

Classificació	ANY								Temps		Pts	
17.	HOOGSTEDER RIERA, Nick				03	C.N. Banyoles				4:15.90	570	
	50m:	28.40	28.40	150m:	1:32.46	32.49	250m:	2:38.72	33.25	350m:	3:44.49	32.68
	100m:	59.97	31.57	200m:	2:05.47	33.01	300m:	3:11.81	33.09	400m:	4:15.90	31.41
18.	ESCALADA LACRUZ, Jordi				03	C.N. Sant Andreu				4:16.53	566	
	50m:	29.04	29.04	150m:	1:32.10	31.85	250m:	2:38.46	33.31	350m:	3:44.13	32.84
	100m:	1:00.25	31.21	200m:	2:05.15	33.05	300m:	3:11.29	32.83	400m:	4:16.53	32.40
19.	MATARO LLOBET, Albert				99	C.N. Terrassa				4:17.36	560	
	50m:	27.99	27.99	150m:	1:31.67	32.20	250m:	2:38.27	33.36	350m:	3:44.70	33.42
	100m:	59.47	31.48	200m:	2:04.91	33.24	300m:	3:11.28	33.01	400m:	4:17.36	32.66
20.	MONTEIRO VIEGAS, Marc				00	Fed. Andorrana				4:18.96	550	
	50m:	29.39	29.39	150m:	1:33.33	32.17	250m:	2:39.57	33.19	350m:	3:46.93	33.57
	100m:	1:01.16	31.77	200m:	2:06.38	33.05	300m:	3:13.36	33.79	400m:	4:18.96	32.03
21.	ARRIZABALAGA ORTIZ, Aritz				01	C.E. Mediterrani				4:19.18	549	
	50m:	28.27	28.27	150m:	1:31.28	32.08	250m:	2:37.68	33.18	350m:	3:45.67	34.23
	100m:	59.20	30.93	200m:	2:04.50	33.22	300m:	3:11.44	33.76	400m:	4:19.18	33.51
22.	LAGOS PAU, Aitor				95	C.N. L´ Hospitalet				4:24.16	518	
	50m:	29.93	29.93	150m:	1:34.85	32.70	250m:	2:42.36	33.68	350m:	3:50.68	34.44
	100m:	1:02.15	32.22	200m:	2:08.68	33.83	300m:	3:16.24	33.88	400m:	4:24.16	33.48
23.	MUSSONS MARIN, Marti				03	C.N. Terrassa				4:31.77	476	
	50m:	29.15	29.15	150m:	1:34.26	33.16	250m:	2:43.83	35.36	350m:	3:56.42	36.27
	100m:	1:01.10	31.95	200m:	2:08.47	34.21	300m:	3:20.15	36.32	400m:	4:31.77	35.35
BX	ARROYO LOPEZ DEL CASTILLO, Alex				02	C.N. Sant Andreu						