

Event 8
27/10/2019

Men, 400m Freestyle

Open
Results

RFEN	3:40.52	, RIVERA MIRANDA MARCO	ESTAMBUL (TUR)	10/12/2009
FCN	3:42.87	, NUÑEZ MOLANO JAVIER	PALMA DE MALLORCA	18/12/2005
CCT	3:42.53	, MATHLOUTHI AHMED	MANRESA	06/11/2010

Points: FINA 2019

Rank			YB							Time	Pts
1.	COMA PLANELLA, Roger		00	C.N. Mataro						3:56.01	727
	50m:	27.61 27.61	150m:	1:27.20	29.98	250m:	2:26.94	29.58	350m:	3:26.64	30.16
	100m:	57.22 29.61	200m:	1:57.36	30.16	300m:	2:56.48	29.54	400m:	3:56.01	29.37
2.	CURTU FRUTOS, Pau		97	C.N. Terrassa						3:57.57	713
	50m:	27.52 27.52	150m:	1:26.96	30.15	250m:	2:27.62	30.00	350m:	3:27.87	30.20
	100m:	56.81 29.29	200m:	1:57.62	30.66	300m:	2:57.67	30.05	400m:	3:57.57	29.70
3.	ESCRITS MANOSA, Lluís		01	C.N. Granollers						3:59.08	699
	50m:	27.69 27.69	150m:	1:27.49	30.26	250m:	2:28.54	30.67	350m:	3:30.30	30.89
	100m:	57.23 29.54	200m:	1:57.87	30.38	300m:	2:59.41	30.87	400m:	3:59.08	28.78
4.	VILAREGUT DE MINGO, Eric		01	C.N. Mataro						3:59.46	696
	50m:	28.30 28.30	150m:	1:29.18	30.81	250m:	2:29.80	30.22	350m:	3:30.57	30.31
	100m:	58.37 30.07	200m:	1:59.58	30.40	300m:	3:00.26	30.46	400m:	3:59.46	28.89
5.	RAMIA VIVES, Guillem		02	C.E. Mediterrani						4:01.74	676
	50m:	27.92 27.92	150m:	1:29.83	30.94	250m:	2:31.47	30.41	350m:	3:32.61	30.69
	100m:	58.89 30.97	200m:	2:01.06	31.23	300m:	3:01.92	30.45	400m:	4:01.74	29.13
6.	ROVIRA GUILLEN, Arnau		95	C.N. Minorisa						4:01.79	676
	50m:	28.05 28.05	150m:	1:29.23	30.75	250m:	2:30.82	30.83	350m:	3:32.08	30.52
	100m:	58.48 30.43	200m:	1:59.99	30.76	300m:	3:01.56	30.74	400m:	4:01.79	29.71
7.	BARASCUD, Paul		97	Canet 66 Natation						4:01.86	675
	50m:	28.39 28.39	150m:	1:28.63	30.31	250m:	2:29.29	30.50	350m:	3:31.51	31.15
	100m:	58.32 29.93	200m:	1:58.79	30.16	300m:	3:00.36	31.07	400m:	4:01.86	30.35
8.	GODOY MARTINEZ, Marcos		99	C.N. Sabadell						4:02.03	674
	50m:	28.52 28.52	150m:	1:29.20	30.44	250m:	2:30.64	30.71	350m:	3:32.35	30.80
	100m:	58.76 30.24	200m:	1:59.93	30.73	300m:	3:01.55	30.91	400m:	4:02.03	29.68
9.	DIEZ RODELLINO, Oscar		02	C.E. Mediterrani						4:04.66	652
	50m:	28.47 28.47	150m:	1:30.41	30.89	250m:	2:32.16	30.85	350m:	3:34.05	30.94
	100m:	59.52 31.05	200m:	2:01.31	30.90	300m:	3:03.11	30.95	400m:	4:04.66	30.61
10.	SAMON ROS, Arnau		01	C.E.N. Cabrera De Mar						4:05.40	647
	50m:	27.83 27.83	150m:	1:29.43	31.11	250m:	2:31.52	30.68	350m:	3:34.38	31.47
	100m:	58.32 30.49	200m:	2:00.84	31.41	300m:	3:02.91	31.39	400m:	4:05.40	31.02
11.	PONCE VIA, Marc		98	C.N. Sant Andreu						4:06.77	636
	50m:	27.81 27.81	150m:	1:28.44	30.75	250m:	2:31.62	31.84	350m:	3:35.45	31.85
	100m:	57.69 29.88	200m:	1:59.78	31.34	300m:	3:03.60	31.98	400m:	4:06.77	31.32
12.	POU FERNANDEZ, Marc		01	C.N. Mataro						4:08.46	623
	50m:	28.66 28.66	150m:	1:30.57	31.12	250m:	2:33.63	31.50	350m:	3:37.27	31.94
	100m:	59.45 30.79	200m:	2:02.13	31.56	300m:	3:05.33	31.70	400m:	4:08.46	31.19
13.	VIVAS EGEA, Marc		97	C.N. Sabadell						4:08.65	621
	50m:	27.67 27.67	150m:	1:27.38	29.76	250m:	2:29.04	31.23	350m:	3:35.22	33.51
	100m:	57.62 29.95	200m:	1:57.81	30.43	300m:	3:01.71	32.67	400m:	4:08.65	33.43
14.	TEIXELL ANDERBOUHR, Hugo		03	C.N. Granollers						4:11.40	601
	50m:	28.98 28.98	150m:	1:32.21	31.62	250m:	2:36.93	32.25	350m:	3:41.58	32.23
	100m:	1:00.59 31.61	200m:	2:04.68	32.47	300m:	3:09.35	32.42	400m:	4:11.40	29.82
15.	CASADO GARRIGUES, Manel		03	C.N. Mataro						4:12.56	593
	50m:	28.83 28.83	150m:	1:31.81	31.92	250m:	2:36.26	32.29	350m:	3:41.58	32.61
	100m:	59.89 31.06	200m:	2:03.97	32.16	300m:	3:08.97	32.71	400m:	4:12.56	30.98
16.	CHAVES GUARDIA, David		98	C.N. Mataro						4:14.89	577
	50m:	28.25 28.25	150m:	1:30.44	31.01	250m:	2:34.31	32.27	350m:	3:41.32	33.84
	100m:	59.43 31.18	200m:	2:02.04	31.60	300m:	3:07.48	33.17	400m:	4:14.89	33.57

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Rank			YB					Time	Pts		
17.	HOOGSTEDER RIERA, Nick		03	C.N. Banyoles				4:15.90	570		
	50m:	28.40 28.40	150m:	1:32.46	32.49	250m:	2:38.72	33.25	350m:	3:44.49	32.68
	100m:	59.97 31.57	200m:	2:05.47	33.01	300m:	3:11.81	33.09	400m:	4:15.90	31.41
18.	ESCALADA LACRUZ, Jordi		03	C.N. Sant Andreu				4:16.53	566		
	50m:	29.04 29.04	150m:	1:32.10	31.85	250m:	2:38.46	33.31	350m:	3:44.13	32.84
	100m:	1:00.25 31.21	200m:	2:05.15	33.05	300m:	3:11.29	32.83	400m:	4:16.53	32.40
19.	MATARO LLOBET, Albert		99	C.N. Terrassa				4:17.36	560		
	50m:	27.99 27.99	150m:	1:31.67	32.20	250m:	2:38.27	33.36	350m:	3:44.70	33.42
	100m:	59.47 31.48	200m:	2:04.91	33.24	300m:	3:11.28	33.01	400m:	4:17.36	32.66
20.	MONTEIRO VIEGAS, Marc		00	Fed. Andorrana				4:18.96	550		
	50m:	29.39 29.39	150m:	1:33.33	32.17	250m:	2:39.57	33.19	350m:	3:46.93	33.57
	100m:	1:01.16 31.77	200m:	2:06.38	33.05	300m:	3:13.36	33.79	400m:	4:18.96	32.03
21.	ARRIZABALAGA ORTIZ, Aritz		01	C.E. Mediterrani				4:19.18	549		
	50m:	28.27 28.27	150m:	1:31.28	32.08	250m:	2:37.68	33.18	350m:	3:45.67	34.23
	100m:	59.20 30.93	200m:	2:04.50	33.22	300m:	3:11.44	33.76	400m:	4:19.18	33.51
22.	LAGOS PAU, Aitor		95	C.N. L' Hospitalet				4:24.16	518		
	50m:	29.93 29.93	150m:	1:34.85	32.70	250m:	2:42.36	33.68	350m:	3:50.68	34.44
	100m:	1:02.15 32.22	200m:	2:08.68	33.83	300m:	3:16.24	33.88	400m:	4:24.16	33.48
23.	MUSSONS MARIN, Marti		03	C.N. Terrassa				4:31.77	476		
	50m:	29.15 29.15	150m:	1:34.26	33.16	250m:	2:43.83	35.36	350m:	3:56.42	36.27
	100m:	1:01.10 31.95	200m:	2:08.47	34.21	300m:	3:20.15	36.32	400m:	4:31.77	35.35
WDR	ARROYO LOPEZ DEL CASTILLO, Alex02			C.N. Sant Andreu							