



Copa Catalana Absoluta 2020 (Fase Preliminar)
BARCELONA, fins 19/10/2019



Prova 201
19/10/2019

Masc., 400m Lliure

1a Divisió
Resultats

Classificació	ANY		Temp		Punts		Copa				
1. PUJOL BELMONTE, Guillem	97	C.N. Mataro	3:48.95		19,00						
<i>1r Parcial 200</i>											
50m:	26.29	26.29	150m:	1:24.08	28.95	250m:	2:22.74	29.97	350m:	3:21.15	29.13
100m:	55.13	28.84	200m:	1:52.77	28.69	300m:	2:52.02	29.28	400m:	3:48.95	27.80
2. SANTIAGO BETANCOR, Raul	97	C.N. Sant Andreu	3:51.01		15,00						
50m:	27.06	27.06	150m:	1:25.08	29.17	250m:	2:23.72	29.26	350m:	3:22.52	29.39
100m:	55.91	28.85	200m:	1:54.46	29.38	300m:	2:53.13	29.41	400m:	3:51.01	28.49
3. CASANOVAS SKOUBO, Joan	97	C.N. Sabadell	3:52.54		14,00						
50m:	26.64	26.64	150m:	1:25.30	29.26	250m:	2:24.25	29.44	350m:	3:23.45	29.46
100m:	56.04	29.40	200m:	1:54.81	29.51	300m:	2:53.99	29.74	400m:	3:52.54	29.09
4. RODRIGUEZ MESA, Marcos	97	C.N. Terrassa	3:53.55		13,00						
50m:	26.85	26.85	150m:	1:25.36	29.67	250m:	2:24.87	29.73	350m:	3:24.72	29.82
100m:	55.69	28.84	200m:	1:55.14	29.78	300m:	2:54.90	30.03	400m:	3:53.55	28.83
5. ARROYO PEREZ, Antonio	94	C.E. Mediterrani	3:56.09		12,00						
50m:	26.71	26.71	150m:	1:25.79	29.88	250m:	2:25.76	30.09	350m:	3:26.35	30.56
100m:	55.91	29.20	200m:	1:55.67	29.88	300m:	2:55.79	30.03	400m:	3:56.09	29.74
6. ESCRITS MAÑOSA, Lluís	01	C.N. Granollers	3:57.13		11,00						
50m:	27.23	27.23	150m:	1:27.06	30.14	250m:	2:27.12	29.47	350m:	3:27.88	30.47
100m:	56.92	29.69	200m:	1:57.65	30.59	300m:	2:57.41	30.29	400m:	3:57.13	29.25
7. HERNANDEZ GARCIA, Alberto	03	C.N. Sant Andreu	3:59.44		10,00						
50m:	27.26	27.26	150m:	1:28.59	31.45	250m:	2:29.65	29.47	350m:	3:29.73	29.93
100m:	57.14	29.88	200m:	2:00.18	31.59	300m:	2:59.80	30.15	400m:	3:59.44	29.71
8. YAGÜES ESCRIBA, Pol	02	C.N. Sabadell	4:04.11		9,00						
50m:	27.54	27.54	150m:	1:28.75	31.20	250m:	2:30.81	30.62	350m:	3:32.84	31.20
100m:	57.55	30.01	200m:	2:00.19	31.44	300m:	3:01.64	30.83	400m:	4:04.11	31.27
9. VENDRELL GARCIA, Jose	03	C.N. Lleida	4:06.24		8,00						
50m:	28.05	28.05	150m:	1:29.69	31.04	250m:	2:32.37	31.33	350m:	3:35.66	31.55
100m:	58.65	30.60	200m:	2:01.04	31.35	300m:	3:04.11	31.74	400m:	4:06.24	30.58
10. FILOSO GARCIA, Alonso	02	C.E. Mediterrani	4:09.12		7,00						
50m:	27.83	27.83	150m:	1:29.68	31.40	250m:	2:32.65	31.51	350m:	3:37.07	32.33
100m:	58.28	30.45	200m:	2:01.14	31.46	300m:	3:04.74	32.09	400m:	4:09.12	32.05
11. COLOMER JIMENEZ, Arnau	03	C.N. Granollers	4:11.83		6,00						
50m:	28.76	28.76	150m:	1:31.44	31.98	250m:	2:36.04	32.28	350m:	3:40.25	32.25
100m:	59.46	30.70	200m:	2:03.76	32.32	300m:	3:08.00	31.96	400m:	4:11.83	31.58
12. NOGUERA TOMAS, Miquel	00	C.N. Lleida	4:13.84		5,00						
50m:	29.07	29.07	150m:	1:31.82	31.48	250m:	2:36.37	31.81	350m:	3:41.70	32.94
100m:	1:00.34	31.27	200m:	2:04.56	32.74	300m:	3:08.76	32.39	400m:	4:13.84	32.14
13. USECHI ELIZARI, Guillermo	02	C.N. Barcelona	4:14.64		4,00						
50m:	28.44	28.44	150m:	1:32.16	32.07	250m:	2:36.61	32.02	350m:	3:42.51	32.86
100m:	1:00.09	31.65	200m:	2:04.59	32.43	300m:	3:09.65	33.04	400m:	4:14.64	32.13
14. FANLO TORREMADE, Pau	04	C.N. Mataro	4:15.10		3,00						
50m:	29.33	29.33	150m:	1:31.66	31.39	250m:	2:36.41	32.58	350m:	3:42.93	33.38
100m:	1:00.27	30.94	200m:	2:03.83	32.17	300m:	3:09.55	33.14	400m:	4:15.10	32.17
15. MUSSONS MARIN, Marti	03	C.N. Terrassa	4:19.64		2,00						
50m:	28.79	28.79	150m:	1:32.57	32.35	250m:	2:39.04	33.61	350m:	3:47.62	34.42
100m:	1:00.22	31.43	200m:	2:05.43	32.86	300m:	3:13.20	34.16	400m:	4:19.64	32.02
16. FERNANDEZ I THOMAS, Marçal	03	C.N. Barcelona	4:20.15		1,00						
50m:	29.38	29.38	150m:	1:35.71	33.34	250m:	2:42.99	34.09	350m:	3:49.54	32.83
100m:	1:02.37	32.99	200m:	2:08.90	33.19	300m:	3:16.71	33.72	400m:	4:20.15	30.61