



Copa Catalana Absoluta 2020 (Fase Preliminar)
BARCELONA, fins 19/10/2019



Prova 203
19/10/2019

Masc., 400m Lliure

3a Divisió
Resultats

Classificació	ANY		TempPunts Copa											
1. ROVIRA GUILLEN, Arnau <i>1r Parcial 200</i>	95	C.N. Minorisa	4:05.04 19,00											
50m: 28.25 28.25	150m: 1:29.57	30.77	250m: 2:31.81	31.17	350m: 3:34.47	31.47	100m: 58.80	30.55	200m: 2:00.64	31.07	300m: 3:03.00	31.19	400m: 4:05.04	30.57
2. RIBES ESCUDÉ, Èrik	02	C.N. Minorisa	4:13.31 15,00											
50m: 28.05 28.05	150m: 1:30.52	31.47	250m: 2:34.76	32.21	350m: 3:40.54	32.88	100m: 59.05	31.00	200m: 2:02.55	32.03	300m: 3:07.66	32.90	400m: 4:13.31	32.77
3. SUMOY BERGADÀ, Pau	03	C.N. Tarraco	4:17.85 14,00											
50m: 28.01 28.01	150m: 1:31.76	32.41	250m: 2:37.85	33.17	350m: 3:44.64	33.51	100m: 59.35	31.34	200m: 2:04.68	32.92	300m: 3:11.13	33.28	400m: 4:17.85	33.21
4. VERDEJO EDO, Alex	02	C.N. Sant Boi	4:18.17 13,00											
50m: 29.89 29.89	150m: 1:35.03	32.90	250m: 2:41.25	32.99	350m: 3:49.21	34.05	100m: 1:02.13	32.24	200m: 2:08.26	33.23	300m: 3:15.16	33.91	400m: 4:18.17	28.96
5. PASTOR VALLE, Ivan	03	C.N. Vallirana	4:18.82 12,00											
50m: 28.58 28.58	150m: 1:33.24	32.79	250m: 2:39.49	33.14	350m: 3:45.93	33.26	100m: 1:00.45	31.87	200m: 2:06.35	33.11	300m: 3:12.67	33.18	400m: 4:18.82	32.89
6. GOMEZ MARTINEZ, Sergi	03	C.N. Premia	4:19.24 11,00											
50m: 29.31 29.31	150m: 1:33.46	32.87	250m: 2:40.06	33.40	350m: 3:47.17	33.45	100m: 1:00.59	31.28	200m: 2:06.66	33.20	300m: 3:13.72	33.66	400m: 4:19.24	32.07
7. SAN GREGORIO GISPERT, Pol	01	C.N. Tarraco	4:29.49 10,00											
50m: 30.14 30.14	150m: 1:38.23	34.19	250m: 2:47.03	34.19	350m: 3:55.59	34.25	100m: 1:04.04	33.90	200m: 2:12.84	34.61	300m: 3:21.34	34.31	400m: 4:29.49	33.90
8. ANDREU GASCON, Pau Xiao	04	C.N. Cornellà	4:30.51 9,00											
50m: 28.93 28.93	150m: 1:33.71	33.26	250m: 2:43.19	34.98	350m: 3:55.03	36.24	100m: 1:00.45	31.52	200m: 2:08.21	34.50	300m: 3:18.79	35.60	400m: 4:30.51	35.48
9. ROLDAN GOMEZ, Antonio	84	C.N. Premia	4:32.54 8,00											
50m: 30.68 30.68	150m: 1:38.51	33.92	250m: 2:47.91	34.60	350m: 3:57.72	35.09	100m: 1:04.59	33.91	200m: 2:13.31	34.80	300m: 3:22.63	34.72	400m: 4:32.54	34.82
10. MARCET CRUZ, Joel	05	C.N. Tarrega	4:35.98 7,00											
50m: 31.23 31.23	150m: 1:39.83	34.66	250m: 2:50.27	35.35	350m: 4:01.25	35.61	100m: 1:05.17	33.94	200m: 2:14.92	35.09	300m: 3:25.64	35.37	400m: 4:35.98	34.73
11. MUÑOZ BECERRA, Pau	04	C.N. Caldes	4:47.22 6,00											
50m: 32.13 32.13	150m: 1:44.73	36.90	250m: 2:58.14	36.75	350m: 4:11.85	36.66	100m: 1:07.83	35.70	200m: 2:21.39	36.66	300m: 3:35.19	37.05	400m: 4:47.22	35.37
12. ZAMORA GUISSADO, Marcos	98	C.N. Vallirana	4:51.21 5,00											
50m: 31.55 31.55	150m: 1:43.35	36.99	250m: 2:57.57	37.60	350m: 4:14.25	38.32	100m: 1:06.36	34.81	200m: 2:19.97	36.62	300m: 3:35.93	38.36	400m: 4:51.21	36.96
13. LANA GOMEZ, Marc	05	C.N. Sant Boi	4:52.06 4,00											
50m: 33.18 33.18	150m: 1:45.98	36.94	250m: 3:00.94	37.68	350m: 4:15.70	37.36	100m: 1:09.04	35.86	200m: 2:23.26	37.28	300m: 3:38.34	37.40	400m: 4:52.06	36.36
14. ESCOBAR ROMERO, Agustí	00	C.N. Cornellà	4:52.23 3,00											
50m: 31.28 31.28	150m: 1:41.59	36.01	250m: 2:55.85	37.46	350m: 4:14.24	39.53	100m: 1:05.58	34.30	200m: 2:18.39	36.80	300m: 3:34.71	38.86	400m: 4:52.23	37.99
15. RAMON REMESAL, Marc	04	C.N. Tarrega	5:07.25 2,00											
50m: 29.88 29.88	150m: 1:41.28	37.30	250m: 3:02.46	40.87	350m: 4:26.60	42.37	100m: 1:03.98	34.10	200m: 2:21.59	40.31	300m: 3:44.23	41.77	400m: 5:07.25	40.65

