



Copa Catalana Absoluta 2020 (Fase Preliminar)  
BARCELONA, fins 19/10/2019



Prova 301  
19/10/2019

Fem., 400m Lliure

1a Divisió  
Resultats

Classificació	ANY		TempPunts Copa											
1. JUSTE SANCHEZ, Paula <i>1a Parcial 200</i>	03	C.N. Lleida	<b>4:12.80</b> 19,00											
50m: 29.18 29.18	150m: 1:31.74	31.45	250m: 2:35.71	32.43	350m: 3:40.80	32.47	100m: 1:00.29	31.11	200m: 2:03.28	31.54	300m: 3:08.33	32.62	400m: 4:12.80	32.00
2. OLIVAN MERCADER, Aina	02	C.N. Sabadell	<b>4:12.91</b> 15,00											
50m: 29.04 29.04	150m: 1:32.35	31.89	250m: 2:36.53	32.16	350m: 3:41.09	32.29	100m: 1:00.46	31.42	200m: 2:04.37	32.02	300m: 3:08.80	32.27	400m: 4:12.91	31.82
3. PUJADAS RUSIÑOL, Julia	01	C.N. Sant Andreu	<b>4:16.11</b> 14,00											
50m: 28.53 28.53	150m: 1:31.74	31.90	250m: 2:36.37	32.75	350m: 3:42.89	33.30	100m: 59.84	31.31	200m: 2:03.62	31.88	300m: 3:09.59	33.22	400m: 4:16.11	33.22
4. LOPEZ SANCHEZ-MIGALLON, Aida	02	C.N. Terrassa	<b>4:18.46</b> 13,00											
50m: 29.61 29.61	150m: 1:33.88	32.39	250m: 2:39.76	32.95	350m: 3:45.97	33.19	100m: 1:01.49	31.88	200m: 2:06.81	32.93	300m: 3:12.78	33.02	400m: 4:18.46	32.49
5. MORILLO LOPEZ, Esther	01	C.E. Mediterrani	<b>4:18.65</b> 12,00											
50m: 29.22 29.22	150m: 1:32.81	32.17	250m: 2:38.88	33.26	350m: 3:45.88	33.64	100m: 1:00.64	31.42	200m: 2:05.62	32.81	300m: 3:12.24	33.36	400m: 4:18.65	32.77
6. MARTI BALLESTER, Marilo	98	C.N. Mataro	<b>4:20.99</b> 11,00											
50m: 30.18 30.18	150m: 1:35.25	32.88	250m: 2:41.62	32.70	350m: 3:48.56	33.53	100m: 1:02.37	32.19	200m: 2:08.92	33.67	300m: 3:15.03	33.41	400m: 4:20.99	32.43
7. CASTRO ATALAYA, Marina	99	C.N. Barcelona	<b>4:24.23</b> 10,00											
50m: 30.37 30.37	150m: 1:35.63	32.92	250m: 2:42.77	33.92	350m: 3:50.80	34.09	100m: 1:02.71	32.34	200m: 2:08.85	33.22	300m: 3:16.71	33.94	400m: 4:24.23	33.43
8. GALO NOGUEIRA, Estel Xuan	04	C.N. Granollers	<b>4:27.83</b> 9,00											
50m: 31.69 31.69	150m: 1:38.90	33.81	250m: 2:47.24	33.93	350m: 3:55.71	34.29	100m: 1:05.09	33.40	200m: 2:13.31	34.41	300m: 3:21.42	34.18	400m: 4:27.83	32.12
9. BELLET CUENCA, Claudia	05	C.N. Lleida	<b>4:31.59</b> 8,00											
50m: 30.30 30.30	150m: 1:37.71	34.01	250m: 2:46.64	34.65	350m: 3:56.61	34.68	100m: 1:03.70	33.40	200m: 2:11.99	34.28	300m: 3:21.93	35.29	400m: 4:31.59	34.98
10. GONZALEZ ORTIZ, Paula	03	C.N. Sabadell	<b>4:32.82</b> 7,00											
50m: 30.78 30.78	150m: 1:39.84	34.64	250m: 2:48.84	34.87	350m: 3:58.72	35.15	100m: 1:05.20	34.42	200m: 2:13.97	34.13	300m: 3:23.57	34.73	400m: 4:32.82	34.10
11. DE LA CRUZ GARCIA, Lorea	04	C.N. Sant Andreu	<b>4:33.01</b> 6,00											
50m: 30.79 30.79	150m: 1:39.11	34.56	250m: 2:48.88	34.82	350m: 3:59.35	35.20	100m: 1:04.55	33.76	200m: 2:14.06	34.95	300m: 3:24.15	35.27	400m: 4:33.01	33.66
12. GARRETA YUSTE, Judit	04	C.N. Mataro	<b>4:33.89</b> 5,00											
50m: 31.83 31.83	150m: 1:40.66	34.73	250m: 2:50.59	34.98	350m: 4:00.65	35.17	100m: 1:05.93	34.10	200m: 2:15.61	34.95	300m: 3:25.48	34.89	400m: 4:33.89	33.24
13. MORALES GIL, Luisa Mar	94	C.N. Granollers	<b>4:33.96</b> 4,00											
50m: 31.46 31.46	150m: 1:40.93	35.12	250m: 2:50.92	34.68	350m: 4:01.45	35.39	100m: 1:05.81	34.35	200m: 2:16.24	35.31	300m: 3:26.06	35.14	400m: 4:33.96	32.51
14. USECHI ELIZARI, Marta	02	C.N. Barcelona	<b>4:45.73</b> 3,00											
50m: 31.24 31.24	150m: 1:41.91	36.09	250m: 2:55.32	36.86	350m: 4:09.42	37.07	100m: 1:05.82	34.58	200m: 2:18.46	36.55	300m: 3:32.35	37.03	400m: 4:45.73	36.31
15. PONCELAS CALABUIG, Ainhoa	04	C.E. Mediterrani	<b>4:49.41</b> 2,00											
50m: 31.45 31.45	150m: 1:42.02	36.04	250m: 2:56.21	37.47	350m: 4:12.00	37.91	100m: 1:05.98	34.53	200m: 2:18.74	36.72	300m: 3:34.09	37.88	400m: 4:49.41	37.41
16. QUINTANA LOPEZ, Ivet	03	C.N. Terrassa	<b>4:51.28</b> 1,00											
50m: 32.92 32.92	150m: 1:44.41	36.09	250m: 2:58.47	37.35	350m: 4:14.06	37.73	100m: 1:08.32	35.40	200m: 2:21.12	36.71	300m: 3:36.33	37.86	400m: 4:51.28	37.22