

Prova 4
23/12/2020

Masc., 3000m Lliure

Absolut, Júnior 2 i Júnior 1
Resultats

Rècords i MM Catalanes Open	30:51.29	, Ferran Julià Tous	Granada	14/11/2020
Rècords i MM Catalanes 18	32:00.47	, Eric Vilaregut De Mingo	Terrassa	20/1/2019
Rècords i MM Catalanes 17	31:38.16	, Marcos Gil Corbacho	Sabadell	21/1/2017
Rècords i MM Catalanes 16	32:31.00	, Albert Escrits Mañosa	Banyoles	30/11/2014

Classificació

ANY

Temps

Júnior 1 Fons Indoor

1. REED, Lachlan James		05	C.N. Banyoles		32:09.16	19,00			
50m:	31.52	31.52	800m:	8:35.88	32.06	1550m: 16:38.63	32.41	2300m: 24:42.07	32.72
100m:	1:04.18	32.66	850m:	9:08.39	32.51	1600m: 17:10.45	31.82	2350m: 25:14.28	32.21
150m:	1:36.91	32.73	900m:	9:40.13	31.74	1650m: 17:42.66	32.21	2400m: 25:46.52	32.24
200m:	2:09.40	32.49	950m:	10:12.03	31.90	1700m: 18:15.16	32.50	2450m: 26:18.43	31.91
250m:	2:41.53	32.13	1000m:	10:44.66	32.63	1750m: 18:47.50	32.34	2500m: 26:49.94	31.51
300m:	3:14.04	32.51	1050m:	11:16.68	32.02	1800m: 19:20.10	32.60	2550m: 27:22.43	32.49
350m:	3:46.41	32.37	1100m:	11:48.18	31.50	1850m: 19:52.74	32.64	2600m: 27:54.17	31.74
400m:	4:18.87	32.46	1150m:	12:20.43	32.25	1900m: 20:24.16	31.42	2650m: 28:26.39	32.22
450m:	4:51.02	32.15	1200m:	12:52.85	32.42	1950m: 20:56.38	32.22	2700m: 28:59.42	33.03
500m:	5:23.50	32.48	1250m:	13:25.27	32.42	2000m: 21:29.09	32.71	2750m: 29:31.51	32.09
550m:	5:54.53	31.03	1300m:	13:57.44	32.17	2050m: 22:01.36	32.27	2800m: 30:03.45	31.94
600m:	6:27.21	32.68	1350m:	14:29.61	32.17	2100m: 22:33.52	32.16	2850m: 30:35.89	32.44
650m:	6:59.74	32.53	1400m:	15:01.90	32.29	2150m: 23:05.88	32.36	2900m: 31:08.05	32.16
700m:	7:31.99	32.25	1450m:	15:33.80	31.90	2200m: 23:37.49	31.61	2950m: 31:39.51	31.46
750m:	8:03.82	31.83	1500m:	16:06.22	32.42	2250m: 24:09.35	31.86	3000m: 32:09.16	29.65
2. ORTIZ MARTINEZ, Carlos		04	C.N. Barcelona		32:45.77	16,00			
50m:	31.10	31.10	800m:	8:41.92	32.65	1550m: 16:49.17	33.45	2300m: 25:05.84	33.34
100m:	1:03.87	32.77	850m:	9:14.54	32.62	1600m: 17:22.70	33.53	2350m: 25:38.81	32.97
150m:	1:36.82	32.95	900m:	9:47.12	32.58	1650m: 17:55.40	32.70	2400m: 26:11.86	33.05
200m:	2:09.36	32.54	950m:	10:18.92	31.80	1700m: 18:28.73	33.33	2450m: 26:44.87	33.01
250m:	2:42.53	33.17	1000m:	10:51.69	32.77	1750m: 19:01.86	33.13	2500m: 27:18.24	33.37
300m:	3:15.29	32.76	1050m:	11:24.14	32.45	1800m: 19:34.83	32.97	2550m: 27:51.26	33.02
350m:	3:47.88	32.59	1100m:	11:56.56	32.42	1850m: 20:08.28	33.45	2600m: 28:24.30	33.04
400m:	4:20.85	32.97	1150m:	12:29.26	32.70	1900m: 20:40.95	32.67	2650m: 28:57.79	33.49
450m:	4:53.32	32.47	1200m:	13:01.17	31.91	1950m: 21:13.88	32.93	2700m: 29:31.34	33.55
500m:	5:25.62	32.30	1250m:	13:33.14	31.97	2000m: 21:47.20	33.32	2750m: 30:04.11	32.77
550m:	5:58.79	33.17	1300m:	14:05.69	32.55	2050m: 22:20.44	33.24	2800m: 30:37.86	33.75
600m:	6:31.32	32.53	1350m:	14:37.84	32.15	2100m: 22:53.56	33.12	2850m: 31:11.34	33.48
650m:	7:03.83	32.51	1400m:	15:10.56	32.72	2150m: 23:26.60	33.04	2900m: 31:44.52	33.18
700m:	7:36.24	32.41	1450m:	15:42.91	32.35	2200m: 23:59.51	32.91	2950m: 32:15.77	31.25
750m:	8:09.27	33.03	1500m:	16:15.72	32.81	2250m: 24:32.50	32.99	3000m: 32:45.77	30.00
3. RODRIGUEZ QUINTANA, Marc		05	C.N. Banyoles		32:57.15	14,00			
50m:	32.25	32.25	800m:	8:42.00	32.87	1550m: 16:53.43	33.22	2300m: 25:09.76	33.54
100m:	1:04.31	32.06	850m:	9:14.32	32.32	1600m: 17:26.83	33.40	2350m: 25:43.07	33.31
150m:	1:37.21	32.90	900m:	9:47.04	32.72	1650m: 17:59.93	33.10	2400m: 26:16.56	33.49
200m:	2:09.71	32.50	950m:	10:19.78	32.74	1700m: 18:32.68	32.75	2450m: 26:50.23	33.67
250m:	2:42.43	32.72	1000m:	10:52.43	32.65	1750m: 19:05.00	32.32	2500m: 27:24.18	33.95
300m:	3:15.16	32.73	1050m:	11:24.90	32.47	1800m: 19:38.02	33.02	2550m: 27:58.23	34.05
350m:	3:48.11	32.95	1100m:	11:57.07	32.17	1850m: 20:11.07	33.05	2600m: 28:31.93	33.70
400m:	4:20.81	32.70	1150m:	12:29.90	32.83	1900m: 20:44.15	33.08	2650m: 29:05.69	33.76
450m:	4:53.28	32.47	1200m:	13:02.65	32.75	1950m: 21:17.04	32.89	2700m: 29:39.17	33.48
500m:	5:25.99	32.71	1250m:	13:35.31	32.66	2000m: 21:50.26	33.22	2750m: 30:13.12	33.95
550m:	5:58.96	32.97	1300m:	14:07.91	32.60	2050m: 22:23.55	33.29	2800m: 30:46.40	33.28
600m:	6:31.55	32.59	1350m:	14:41.01	33.10	2100m: 22:56.49	32.94	2850m: 31:19.90	33.50
650m:	7:03.71	32.16	1400m:	15:14.16	33.15	2150m: 23:29.47	32.98	2900m: 31:53.71	33.81
700m:	7:36.14	32.43	1450m:	15:47.25	33.09	2200m: 24:02.62	33.15	2950m: 32:26.07	32.36
750m:	8:09.13	32.99	1500m:	16:20.21	32.96	2250m: 24:36.22	33.60	3000m: 32:57.15	31.08

NQ = Nedadors NO Classificats (tall no superat)

Prova 4, Masc., 3000m Lliure, Júnior 1 Fons Indoor

Classificació	ANY										Temps			
4.	CABEZUELO AREVALO, Albert										04	A.N. Gramenet	32:57.79	13,00
	50m:	30.43	30.43	800m:	8:37.56	32.92	1550m:	16:57.55	33.43	2300m:	25:17.53	33.44		
	100m:	1:01.72	31.29	850m:	9:10.53	32.97	1600m:	17:31.42	33.87	2350m:	25:50.87	33.34		
	150m:	1:33.32	31.60	900m:	9:43.87	33.34	1650m:	18:04.79	33.37	2400m:	26:24.58	33.71		
	200m:	2:05.49	32.17	950m:	10:16.81	32.94	1700m:	18:38.50	33.71	2450m:	26:58.23	33.65		
	250m:	2:37.70	32.21	1000m:	10:50.07	33.26	1750m:	19:11.87	33.37	2500m:	27:31.95	33.72		
	300m:	3:09.98	32.28	1050m:	11:23.14	33.07	1800m:	19:45.44	33.57	2550m:	28:04.89	32.94		
	350m:	3:42.49	32.51	1100m:	11:56.39	33.25	1850m:	20:18.54	33.10	2600m:	28:38.15	33.26		
	400m:	4:15.18	32.69	1150m:	12:29.37	32.98	1900m:	20:51.98	33.44	2650m:	29:11.42	33.27		
	450m:	4:47.55	32.37	1200m:	13:02.86	33.49	1950m:	21:25.19	33.21	2700m:	29:44.27	32.85		
	500m:	5:20.46	32.91	1250m:	13:36.26	33.40	2000m:	21:58.17	32.98	2750m:	30:17.27	33.00		
	550m:	5:53.04	32.58	1300m:	14:09.80	33.54	2050m:	22:31.26	33.09	2800m:	30:50.13	32.86		
	600m:	6:25.92	32.88	1350m:	14:43.29	33.49	2100m:	23:04.17	32.91	2850m:	31:22.56	32.43		
	650m:	6:58.64	32.72	1400m:	15:16.98	33.69	2150m:	23:37.54	33.37	2900m:	31:55.01	32.45		
	700m:	7:31.92	33.28	1450m:	15:50.44	33.46	2200m:	24:11.03	33.49	2950m:	32:27.04	32.03		
	750m:	8:04.64	32.72	1500m:	16:24.12	33.68	2250m:	24:44.09	33.06	3000m:	32:57.79	30.75		
5.	FLORENCIO FERNANDEZ, Ian										05	C.N. Esplugues	33:05.97	12,00
	50m:	31.48	31.48	800m:	8:39.03	32.45	1550m:	16:54.63	33.36	2300m:	25:15.72	33.33		
	100m:	1:03.69	32.21	850m:	9:11.60	32.57	1600m:	17:27.70	33.07	2350m:	25:49.21	33.49		
	150m:	1:35.64	31.95	900m:	9:44.23	32.63	1650m:	18:01.36	33.66	2400m:	26:22.86	33.65		
	200m:	2:08.14	32.50	950m:	10:16.90	32.67	1700m:	18:34.69	33.33	2450m:	26:56.39	33.53		
	250m:	2:40.53	32.39	1000m:	10:50.01	33.11	1750m:	19:08.13	33.44	2500m:	27:30.06	33.67		
	300m:	3:12.93	32.40	1050m:	11:22.69	32.68	1800m:	19:41.91	33.78	2550m:	28:04.02	33.96		
	350m:	3:45.54	32.61	1100m:	11:55.68	32.99	1850m:	20:15.47	33.56	2600m:	28:37.97	33.95		
	400m:	4:18.19	32.65	1150m:	12:28.79	33.11	1900m:	20:49.14	33.67	2650m:	29:11.71	33.74		
	450m:	4:50.70	32.51	1200m:	13:01.68	32.89	1950m:	21:22.14	33.00	2700m:	29:45.72	34.01		
	500m:	5:23.44	32.74	1250m:	13:35.33	33.65	2000m:	21:55.73	33.59	2750m:	30:19.64	33.92		
	550m:	5:56.38	32.94	1300m:	14:08.26	32.93	2050m:	22:28.47	32.74	2800m:	30:53.44	33.80		
	600m:	6:28.37	31.99	1350m:	14:41.19	32.93	2100m:	23:02.37	33.90	2850m:	31:27.14	33.70		
	650m:	7:01.43	33.06	1400m:	15:14.87	33.68	2150m:	23:35.79	33.42	2900m:	32:00.73	33.59		
	700m:	7:34.01	32.58	1450m:	15:47.89	33.02	2200m:	24:09.22	33.43	2950m:	32:33.51	32.78		
	750m:	8:06.58	32.57	1500m:	16:21.27	33.38	2250m:	24:42.39	33.17	3000m:	33:05.97	32.46		
6.	PEREZ PUJOL, Oriol										05	C.N. Terrassa	34:23.33	11,00
	50m:	31.77	31.77	800m:	9:05.70	34.49	1550m:	17:41.75	34.62	2300m:	26:20.94	34.37		
	100m:	1:05.03	33.26	850m:	9:40.27	34.57	1600m:	18:16.18	34.43	2350m:	26:55.60	34.66		
	150m:	1:39.02	33.99	900m:	10:14.97	34.70	1650m:	18:50.60	34.42	2400m:	27:30.31	34.71		
	200m:	2:13.13	34.11	950m:	10:49.35	34.38	1700m:	19:25.51	34.91	2450m:	28:04.78	34.47		
	250m:	2:47.26	34.13	1000m:	11:23.74	34.39	1750m:	20:00.44	34.93	2500m:	28:39.18	34.40		
	300m:	3:21.34	34.08	1050m:	11:58.19	34.45	1800m:	20:35.31	34.87	2550m:	29:13.56	34.38		
	350m:	3:55.74	34.40	1100m:	12:32.32	34.13	1850m:	21:09.74	34.43	2600m:	29:47.86	34.30		
	400m:	4:30.19	34.45	1150m:	13:06.65	34.33	1900m:	21:44.07	34.33	2650m:	30:22.21	34.35		
	450m:	5:04.40	34.21	1200m:	13:40.87	34.22	1950m:	22:18.60	34.53	2700m:	30:56.94	34.73		
	500m:	5:38.82	34.42	1250m:	14:15.11	34.24	2000m:	22:53.38	34.78	2750m:	31:31.64	34.70		
	550m:	6:13.30	34.48	1300m:	14:49.38	34.27	2050m:	23:28.11	34.73	2800m:	32:06.07	34.43		
	600m:	6:47.69	34.39	1350m:	15:23.75	34.37	2100m:	24:02.74	34.63	2850m:	32:40.82	34.75		
	650m:	7:22.03	34.34	1400m:	15:58.37	34.62	2150m:	24:37.37	34.63	2900m:	33:15.99	35.17		
	700m:	7:56.73	34.70	1450m:	16:32.58	34.21	2200m:	25:11.84	34.47	2950m:	33:50.29	34.30		
	750m:	8:31.21	34.48	1500m:	17:07.13	34.55	2250m:	25:46.57	34.73	3000m:	34:23.33	33.04		
7.	MARTÍNEZ MARESMÀ, Pol										04	C.N. Mataró	34:29.63	10,00
	50m:	32.32	32.32	800m:	9:03.19	34.88	1550m:	17:38.60	33.97	2300m:	26:19.81	34.94		
	100m:	1:05.16	32.84	850m:	9:38.02	34.83	1600m:	18:12.93	34.33	2350m:	26:54.13	34.32		
	150m:	1:38.54	33.38	900m:	10:12.66	34.64	1650m:	18:47.15	34.22	2400m:	27:28.93	34.80		
	200m:	2:12.83	34.29	950m:	10:47.15	34.49	1700m:	19:20.77	33.62	2450m:	28:04.19	35.26		
	250m:	2:46.97	34.14	1000m:	11:21.98	34.83	1750m:	19:56.10	35.33	2500m:	28:40.12	35.93		
	300m:	3:21.02	34.05	1050m:	11:56.62	34.64	1800m:	20:30.60	34.50	2550m:	29:15.00	34.88		
	350m:	3:54.73	33.71	1100m:	12:31.08	34.46	1850m:	21:04.92	34.32	2600m:	29:50.13	35.13		
	400m:	4:28.80	34.07	1150m:	13:05.53	34.45	1900m:	21:39.41	34.49	2650m:	30:26.06	35.93		
	450m:	5:03.08	34.28	1200m:	13:39.12	33.59	1950m:	22:14.17	34.76	2700m:	31:01.52	35.46		
	500m:	5:37.25	34.17	1250m:	14:13.69	34.57	2000m:	22:49.45	35.28	2750m:	31:37.35	35.83		
	550m:	6:11.60	34.35	1300m:	14:47.42	33.73	2050m:	23:24.51	35.06	2800m:	32:12.65	35.30		
	600m:	6:45.75	34.15	1350m:	15:21.81	34.39	2100m:	23:59.80	35.29	2850m:	32:47.49	34.84		
	650m:	7:19.21	33.46	1400m:	15:55.93	34.12	2150m:	24:35.03	35.23	2900m:	33:23.12	35.63		
	700m:	7:53.75	34.54	1450m:	16:30.30	34.37	2200m:	25:09.86	34.83	2950m:	33:58.26	35.14		
	750m:	8:28.31	34.56	1500m:	17:04.63	34.33	2250m:	25:44.87	35.01	3000m:	34:29.63	31.37		

NQ = Nedadors NO Classificats (tall no superat)

Prova 4, Masc., 3000m Lliure, Júnior 1 Fons Indoor

Classificació	ANY		Temps	
8. BOTE BONELL, Josep	04	C.N. Terrassa	34:40.03	9,00
50m: 31.10	31.10	800m: 9:02.43	34.53	1550m: 17:43.67
100m: 1:03.22	32.12	850m: 9:36.77	34.34	1600m: 18:19.16
150m: 1:36.59	33.37	900m: 10:11.46	34.69	1650m: 18:54.50
200m: 2:10.34	33.75	950m: 10:46.02	34.56	1700m: 19:29.60
250m: 2:44.33	33.99	1000m: 11:21.10	35.08	1750m: 20:04.60
300m: 3:18.59	34.26	1050m: 11:55.12	34.02	1800m: 20:40.28
350m: 3:52.57	33.98	1100m: 12:29.76	34.64	1850m: 21:15.90
400m: 4:26.98	34.41	1150m: 13:04.33	34.57	1900m: 21:50.88
450m: 5:01.06	34.08	1200m: 13:39.52	35.19	1950m: 22:26.12
500m: 5:35.97	34.91	1250m: 14:13.67	34.15	2000m: 23:00.97
550m: 6:09.95	33.98	1300m: 14:48.43	34.76	2050m: 23:35.48
600m: 6:44.43	34.48	1350m: 15:23.51	35.08	2100m: 24:10.33
650m: 7:18.63	34.20	1400m: 15:58.43	34.92	2150m: 24:45.24
700m: 7:53.29	34.66	1450m: 16:33.34	34.91	2200m: 25:19.94
750m: 8:27.90	34.61	1500m: 17:08.54	35.20	2250m: 25:54.86
				2300m: 26:29.80
				2350m: 27:04.97
				2400m: 27:40.63
				2450m: 28:15.69
				2500m: 28:51.24
				2550m: 29:26.13
				2600m: 30:01.60
				2650m: 30:36.56
				2700m: 31:11.88
				2750m: 31:47.08
				2800m: 32:22.43
				2850m: 32:56.87
				2900m: 33:31.96
				2950m: 34:06.45
				3000m: 34:40.03
9. LLEÓ FERNANDEZ, Sergi	04	C.N. Figueres	35:15.78	8,00
50m: 32.91	32.91	800m: 9:16.30	35.16	1550m: 18:04.31
100m: 1:06.95	34.04	850m: 9:51.08	34.78	1600m: 18:39.89
150m: 1:41.66	34.71	900m: 10:25.96	34.88	1650m: 19:15.09
200m: 2:16.43	34.77	950m: 11:01.35	35.39	1700m: 19:50.57
250m: 2:51.38	34.95	1000m: 11:36.35	35.00	1750m: 20:26.22
300m: 3:26.22	34.84	1050m: 12:11.08	34.73	1800m: 21:01.79
350m: 4:01.49	35.27	1100m: 12:46.23	35.15	1850m: 21:37.43
400m: 4:36.35	34.86	1150m: 13:21.25	35.02	1900m: 22:13.15
450m: 5:11.41	35.06	1200m: 13:56.63	35.38	1950m: 22:48.82
500m: 5:46.36	34.95	1250m: 14:31.95	35.32	2000m: 23:24.50
550m: 6:21.24	34.88	1300m: 15:07.44	35.49	2050m: 24:00.25
600m: 6:56.06	34.82	1350m: 15:42.62	35.18	2100m: 24:35.79
650m: 7:30.99	34.93	1400m: 16:17.54	34.92	2150m: 25:11.21
700m: 8:05.88	34.89	1450m: 16:53.08	35.54	2200m: 25:47.17
750m: 8:41.14	35.26	1500m: 17:28.80	35.72	2250m: 26:22.97
				2300m: 26:58.74
				2350m: 27:34.38
				2400m: 28:10.20
				2450m: 28:46.15
				2500m: 29:22.29
				2550m: 29:58.18
				2600m: 30:34.02
				2650m: 31:09.97
				2700m: 31:46.08
				2750m: 32:21.65
				2800m: 32:57.17
				2850m: 33:32.85
				2900m: 34:08.05
				2950m: 34:42.92
				3000m: 35:15.78
10. BOOKER LARA, Oriol	04	C.N. Premià	35:35.68	7,00
50m: 34.07	34.07	800m: 9:16.06	34.96	1550m: 18:10.12
100m: 1:08.40	34.33	850m: 9:50.93	34.87	1600m: 18:45.28
150m: 1:43.92	35.52	900m: 10:25.86	34.93	1650m: 19:20.71
200m: 2:19.40	35.48	950m: 11:01.16	35.30	1700m: 19:56.01
250m: 2:54.67	35.27	1000m: 11:36.69	35.53	1750m: 20:32.06
300m: 3:29.98	35.31	1050m: 12:11.95	35.26	1800m: 21:07.93
350m: 4:04.99	35.01	1100m: 12:47.78	35.83	1850m: 21:43.81
400m: 4:39.78	34.79	1150m: 13:23.53	35.75	1900m: 22:20.03
450m: 5:14.25	34.47	1200m: 13:59.19	35.66	1950m: 22:56.43
500m: 5:48.65	34.40	1250m: 14:35.17	35.98	2000m: 23:32.82
550m: 6:23.09	34.44	1300m: 15:11.32	36.15	2050m: 24:08.87
600m: 6:57.27	34.18	1350m: 15:46.72	35.40	2100m: 24:45.32
650m: 7:31.61	34.34	1400m: 16:22.64	35.92	2150m: 25:22.50
700m: 8:06.29	34.68	1450m: 16:58.31	35.67	2200m: 25:59.12
750m: 8:41.10	34.81	1500m: 17:34.88	36.57	2250m: 26:36.42
				2300m: 27:13.59
				2350m: 27:50.71
				2400m: 28:27.75
				2450m: 29:04.70
				2500m: 29:41.73
				2550m: 30:17.08
				2600m: 30:52.31
				2650m: 31:27.50
				2700m: 32:02.49
				2750m: 32:37.68
				2800m: 33:13.27
				2850m: 33:49.29
				2900m: 34:25.02
				2950m: 35:00.07
				3000m: 35:35.68
11. BUSTOS FERNANDEZ, Aitor	04	C.N. Igualada	35:48.83	6,00
50m: 33.94	33.94	800m: 9:21.66	35.03	1550m: 18:12.39
100m: 1:08.16	34.22	850m: 9:56.95	35.29	1600m: 18:47.92
150m: 1:43.43	35.27	900m: 10:32.10	35.15	1650m: 19:23.20
200m: 2:18.84	35.41	950m: 11:07.53	35.43	1700m: 19:58.72
250m: 2:54.17	35.33	1000m: 11:42.68	35.15	1750m: 20:34.17
300m: 3:29.49	35.32	1050m: 12:17.53	34.85	1800m: 21:09.92
350m: 4:04.63	35.14	1100m: 12:52.99	35.46	1850m: 21:45.55
400m: 4:39.89	35.26	1150m: 13:28.60	35.61	1900m: 22:21.61
450m: 5:15.24	35.35	1200m: 14:04.11	35.51	1950m: 22:57.83
500m: 5:50.43	35.19	1250m: 14:39.42	35.31	2000m: 23:33.80
550m: 6:25.74	35.31	1300m: 15:14.70	35.28	2050m: 24:09.78
600m: 7:01.06	35.32	1350m: 15:50.33	35.63	2100m: 24:46.05
650m: 7:36.46	35.40	1400m: 16:25.96	35.63	2150m: 25:22.87
700m: 8:11.76	35.30	1450m: 17:01.37	35.41	2200m: 25:59.85
750m: 8:46.63	34.87	1500m: 17:36.89	35.52	2250m: 26:36.46
				2300m: 27:13.19
				2350m: 27:50.04
				2400m: 28:26.43
				2450m: 29:03.12
				2500m: 29:40.01
				2550m: 30:16.83
				2600m: 30:53.83
				2650m: 31:31.02
				2700m: 32:08.24
				2750m: 32:45.28
				2800m: 33:22.56
				2850m: 33:59.47
				2900m: 34:37.03
				2950m: 35:13.34
				3000m: 35:48.83

NQ = Nedadors NO Classificats (tall no superat)

Prova 4, Masc., 3000m Lliure, Júnior 1 Fons Indoor

Classificació	ANY		Temps	
12. RAMOS RUIZ, Toni	05	N.C. Torelló	35:50.20	5,00
50m: 33.31	33.31	800m: 9:35.22	35.87	1550m: 18:38.56
100m: 1:09.10	35.79	850m: 10:10.84	35.62	1600m: 19:15.40
150m: 1:45.35	36.25	900m: 10:47.06	36.22	1650m: 19:52.05
200m: 2:22.24	36.89	950m: 11:22.73	35.67	1700m: 20:28.15
250m: 2:59.27	37.03	1000m: 11:59.06	36.33	1750m: 21:04.65
300m: 3:35.53	36.26	1050m: 12:35.33	36.27	1800m: 21:40.95
350m: 4:12.17	36.64	1100m: 13:12.20	36.87	1850m: 22:17.26
400m: 4:48.71	36.54	1150m: 13:48.71	36.51	1900m: 22:54.12
450m: 5:24.86	36.15	1200m: 14:24.84	36.13	1950m: 23:30.43
500m: 6:00.95	36.09	1250m: 15:01.07	36.23	2000m: 24:07.19
550m: 6:36.80	35.85	1300m: 15:37.32	36.25	2050m: 24:43.40
600m: 7:12.28	35.48	1350m: 16:14.44	37.12	2100m: 25:19.23
650m: 7:48.12	35.84	1400m: 16:50.34	35.90	2150m: 25:55.01
700m: 8:23.40	35.28	1450m: 17:26.58	36.24	2200m: 26:31.30
750m: 8:59.35	35.95	1500m: 18:02.38	35.80	2250m: 27:07.72
				2300m: 27:43.70
				2350m: 28:19.51
				2400m: 28:54.93
				2450m: 29:30.72
				2500m: 30:06.37
				2550m: 30:41.82
				2600m: 31:16.85
				2650m: 31:51.61
				2700m: 32:26.07
				2750m: 33:00.63
				2800m: 33:35.37
				2850m: 34:09.54
				2900m: 34:44.16
				2950m: 35:18.70
				3000m: 35:50.20
13. CRESPO BELTRAN, Xabier	05	C.N. Reus Ploms	36:06.40	4,00
50m: 33.99	33.99	800m: 9:36.04	36.18	1550m: 18:39.19
100m: 1:09.25	35.26	850m: 10:12.03	35.99	1600m: 19:15.25
150m: 1:45.12	35.87	900m: 10:48.28	36.25	1650m: 19:51.42
200m: 2:21.16	36.04	950m: 11:24.32	36.04	1700m: 20:28.22
250m: 2:57.21	36.05	1000m: 12:00.55	36.23	1750m: 21:04.58
300m: 3:33.67	36.46	1050m: 12:36.65	36.10	1800m: 21:40.71
350m: 4:09.85	36.18	1100m: 13:13.00	36.35	1850m: 22:17.39
400m: 4:45.69	35.84	1150m: 13:49.18	36.18	1900m: 22:54.20
450m: 5:22.37	36.68	1200m: 14:25.55	36.37	1950m: 23:30.85
500m: 5:59.10	36.73	1250m: 15:01.62	36.07	2000m: 24:07.75
550m: 6:35.62	36.52	1300m: 15:37.91	36.29	2050m: 24:44.02
600m: 7:11.74	36.12	1350m: 16:14.45	36.54	2100m: 25:19.81
650m: 7:47.73	35.99	1400m: 16:50.64	36.19	2150m: 25:55.91
700m: 8:23.71	35.98	1450m: 17:27.36	36.72	2200m: 26:32.00
750m: 8:59.86	36.15	1500m: 18:03.61	36.25	2250m: 27:08.15
				2300m: 27:44.22
				2350m: 28:20.12
				2400m: 28:56.00
				2450m: 29:31.92
				2500m: 30:07.64
				2550m: 30:43.69
				2600m: 31:19.43
				2650m: 31:54.92
				2700m: 32:31.89
				2750m: 33:07.53
				2800m: 33:43.91
				2850m: 34:19.86
				2900m: 34:56.34
				2950m: 35:31.94
				3000m: 36:06.40
14. GIFREU MATILLÓ, Marc	04	C.N. Olot	36:25.87	3,00
50m: 33.42	33.42	800m: 9:35.12	36.22	1550m: 18:39.41
100m: 1:08.89	35.47	850m: 10:11.03	35.91	1600m: 19:15.80
150m: 1:45.40	36.51	900m: 10:47.45	36.42	1650m: 19:52.14
200m: 2:22.14	36.74	950m: 11:23.29	35.84	1700m: 20:28.80
250m: 2:58.64	36.50	1000m: 11:59.48	36.19	1750m: 21:05.35
300m: 3:34.93	36.29	1050m: 12:35.95	36.47	1800m: 21:41.78
350m: 4:10.86	35.93	1100m: 13:12.67	36.72	1850m: 22:18.24
400m: 4:46.48	35.62	1150m: 13:49.40	36.73	1900m: 22:54.92
450m: 5:22.67	36.19	1200m: 14:25.62	36.22	1950m: 23:31.87
500m: 5:58.84	36.17	1250m: 15:01.64	36.02	2000m: 24:08.60
550m: 6:34.70	35.86	1300m: 15:37.93	36.29	2050m: 24:45.33
600m: 7:10.81	36.11	1350m: 16:14.65	36.72	2100m: 25:22.02
650m: 7:46.83	36.02	1400m: 16:51.02	36.37	2150m: 25:59.25
700m: 8:22.96	36.13	1450m: 17:27.58	36.56	2200m: 26:36.14
750m: 8:58.90	35.94	1500m: 18:03.59	36.01	2250m: 27:13.53
				2300m: 27:50.55
				2350m: 28:27.98
				2400m: 29:05.21
				2450m: 29:42.23
				2500m: 30:18.76
				2550m: 30:55.74
				2600m: 31:32.76
				2650m: 32:09.66
				2700m: 32:46.93
				2750m: 33:24.26
				2800m: 34:01.22
				2850m: 34:38.16
				2900m: 35:14.61
				2950m: 35:50.22
				3000m: 36:25.87
15. ANSÓN BARRIENTOS, Pere	04	C.N. Figueres	36:39.30	2,00
50m: 33.64	33.64	800m: 9:28.13	35.69	1550m: 18:30.41
100m: 1:08.51	34.87	850m: 10:03.95	35.82	1600m: 19:07.23
150m: 1:43.73	35.22	900m: 10:39.47	35.52	1650m: 19:44.18
200m: 2:19.43	35.70	950m: 11:15.34	35.87	1700m: 20:21.22
250m: 2:55.30	35.87	1000m: 11:51.53	36.19	1750m: 20:58.31
300m: 3:31.32	36.02	1050m: 12:27.21	35.68	1800m: 21:35.43
350m: 4:07.62	36.30	1100m: 13:03.18	35.97	1850m: 22:12.88
400m: 4:43.83	36.21	1150m: 13:39.24	36.06	1900m: 22:50.26
450m: 5:20.20	36.37	1200m: 14:15.08	35.84	1950m: 23:27.49
500m: 5:55.17	34.97	1250m: 14:51.65	36.57	2000m: 24:05.06
550m: 6:30.66	35.49	1300m: 15:27.78	36.13	2050m: 24:42.52
600m: 7:05.75	35.09	1350m: 16:04.12	36.34	2100m: 25:20.44
650m: 7:41.39	35.64	1400m: 16:40.05	35.93	2150m: 25:57.83
700m: 8:16.83	35.44	1450m: 17:16.66	36.61	2200m: 26:35.67
750m: 8:52.44	35.61	1500m: 17:53.59	36.93	2250m: 27:13.09
				2300m: 27:50.95
				2350m: 28:28.52
				2400m: 29:06.72
				2450m: 29:44.33
				2500m: 30:22.03
				2550m: 31:00.28
				2600m: 31:38.70
				2650m: 32:16.86
				2700m: 32:55.06
				2750m: 33:33.21
				2800m: 34:11.18
				2850m: 34:48.77
				2900m: 35:26.29
				2950m: 36:03.89
				3000m: 36:39.30

NQ = Nedadors NO Classificats (tall no superat)

Prova 4, Masc., 3000m Lliure, Júnior 1 Fons Indoor

Classificació	ANY		Temps	
16. BLANES FRIGOLA, Aleix	04	C.E. Àgora	37:18.49	1,00
50m: 32.30 32.30	800m: 9:26.78	36.41 1550m: 18:39.68	37.15	2300m: 28:11.01 38.32
100m: 1:05.36 33.06	850m: 10:03.49	36.71 1600m: 19:16.79	37.11	2350m: 28:49.79 38.78
150m: 1:39.67 34.31	900m: 10:40.26	36.77 1650m: 19:54.17	37.38	2400m: 29:28.16 38.37
200m: 2:14.66 34.99	950m: 11:17.40	37.14 1700m: 20:31.86	37.69	2450m: 30:06.36 38.20
250m: 2:49.44 34.78	1000m: 11:54.21	36.81 1750m: 21:09.79	37.93	2500m: 30:45.26 38.90
300m: 3:24.92 35.48	1050m: 12:30.93	36.72 1800m: 21:47.80	38.01	2550m: 31:24.77 39.51
350m: 4:00.09 35.17	1100m: 13:07.75	36.82 1850m: 22:26.02	38.22	2600m: 32:04.22 39.45
400m: 4:35.27 35.18	1150m: 13:44.52	36.77 1900m: 23:04.24	38.22	2650m: 32:43.80 39.58
450m: 5:11.02 35.75	1200m: 14:21.72	37.20 1950m: 23:42.00	37.76	2700m: 33:23.79 39.99
500m: 5:47.31 36.29	1250m: 14:58.56	36.84 2000m: 24:20.40	38.40	2750m: 34:03.61 39.82
550m: 6:23.29 35.98	1300m: 15:35.51	36.95 2050m: 24:58.84	38.44	2800m: 34:42.89 39.28
600m: 7:00.08 36.79	1350m: 16:12.25	36.74 2100m: 25:37.79	38.95	2850m: 35:22.15 39.26
650m: 7:36.33 36.25	1400m: 16:48.12	35.87 2150m: 26:16.52	38.73	2900m: 36:01.91 39.76
700m: 8:13.38 37.05	1450m: 17:25.26	37.14 2200m: 26:55.11	38.59	2950m: 36:40.80 38.89
750m: 8:50.37 36.99	1500m: 18:02.53	37.27 2250m: 27:32.69	37.58	3000m: 37:18.49 37.69
BX FANLO TORREMADE, Pau	04	C.N. Mataró		-
BX TEIXEIRA PEREIRA, Kevin	05	Fed Andorrana		-

Júnior 2 Fons Indoor

1. YAGÜES ESCRIBA, Pol	02	C.N. Sabadell	32:21.34	19,00
50m: 31.18 31.18	800m: 8:32.18	32.39 1550m: 16:35.52	32.42	2300m: 24:43.99 32.92
100m: 1:02.89 31.71	850m: 9:04.51	32.33 1600m: 17:08.05	32.53	2350m: 25:16.57 32.58
150m: 1:34.89 32.00	900m: 9:36.56	32.05 1650m: 17:40.33	32.28	2400m: 25:49.24 32.67
200m: 2:06.98 32.09	950m: 10:08.48	31.92 1700m: 18:12.78	32.45	2450m: 26:22.15 32.91
250m: 2:39.23 32.25	1000m: 10:40.72	32.24 1750m: 18:45.11	32.33	2500m: 26:54.98 32.83
300m: 3:11.25 32.02	1050m: 11:13.26	32.54 1800m: 19:17.51	32.40	2550m: 27:27.38 32.40
350m: 3:43.35 32.10	1100m: 11:45.34	32.08 1850m: 19:49.84	32.33	2600m: 27:59.84 32.46
400m: 4:15.19 31.84	1150m: 12:17.46	32.12 1900m: 20:22.48	32.64	2650m: 28:32.27 32.43
450m: 4:47.37 32.18	1200m: 12:49.46	32.00 1950m: 20:55.00	32.52	2700m: 29:05.12 32.85
500m: 5:19.36 31.99	1250m: 13:21.67	32.21 2000m: 21:27.93	32.93	2750m: 29:38.10 32.98
550m: 5:51.35 31.99	1300m: 13:54.08	32.41 2050m: 22:00.62	32.69	2800m: 30:10.89 32.79
600m: 6:23.60 32.25	1350m: 14:26.23	32.15 2100m: 22:33.24	32.62	2850m: 30:43.57 32.68
650m: 6:55.68 32.08	1400m: 14:58.46	32.23 2150m: 23:06.00	32.76	2900m: 31:16.37 32.80
700m: 7:27.75 32.07	1450m: 15:30.84	32.38 2200m: 23:38.52	32.52	2950m: 31:49.71 33.34
750m: 7:59.79 32.04	1500m: 16:03.10	32.26 2250m: 24:11.07	32.55	3000m: 32:21.34 31.63
2. MORALES CEBEY, Hector	02	C.N. Granollers	33:28.52	16,00
50m: 31.74 31.74	800m: 8:39.36	33.02 1550m: 17:05.47	34.11	2300m: 25:37.45 34.40
100m: 1:03.52 31.78	850m: 9:12.65	33.29 1600m: 17:39.17	33.70	2350m: 26:12.20 34.75
150m: 1:35.66 32.14	900m: 9:46.03	33.38 1650m: 18:13.32	34.15	2400m: 26:46.87 34.67
200m: 2:07.98 32.32	950m: 10:19.77	33.74 1700m: 18:47.62	34.30	2450m: 27:21.42 34.55
250m: 2:40.64 32.66	1000m: 10:53.48	33.71 1750m: 19:21.81	34.19	2500m: 27:55.58 34.16
300m: 3:12.91 32.27	1050m: 11:27.09	33.61 1800m: 19:55.91	34.10	2550m: 28:29.65 34.07
350m: 3:45.25 32.34	1100m: 12:00.81	33.72 1850m: 20:29.96	34.05	2600m: 29:03.46 33.81
400m: 4:17.75 32.50	1150m: 12:34.52	33.71 1900m: 21:04.20	34.24	2650m: 29:37.15 33.69
450m: 4:50.31 32.56	1200m: 13:08.30	33.78 1950m: 21:38.26	34.06	2700m: 30:11.17 34.02
500m: 5:22.68 32.37	1250m: 13:41.98	33.68 2000m: 22:12.21	33.95	2750m: 30:44.57 33.40
550m: 5:55.31 32.63	1300m: 14:15.74	33.76 2050m: 22:46.14	33.93	2800m: 31:17.45 32.88
600m: 6:28.03 32.72	1350m: 14:49.63	33.89 2100m: 23:20.13	33.99	2850m: 31:50.69 33.24
650m: 7:00.77 32.74	1400m: 15:23.58	33.95 2150m: 23:54.14	34.01	2900m: 32:23.99 33.30
700m: 7:33.61 32.84	1450m: 15:57.36	33.78 2200m: 24:28.48	34.34	2950m: 32:56.87 32.88
750m: 8:06.34 32.73	1500m: 16:31.36	34.00 2250m: 25:03.05	34.57	3000m: 33:28.52 31.65
3. LIRES SUELDO, Manuel	02	C.N. Barcelona	34:03.19	14,00
50m: 32.89 32.89	600m: 6:40.38	33.40 1150m: 12:51.32	34.05	1700m: 19:09.32 34.44
100m: 1:06.16 33.27	650m: 7:13.76	33.38 1200m: 13:25.66	34.34	1750m: 19:44.22 34.90
150m: 1:39.01 32.85	700m: 7:47.14	33.38 1250m: 13:59.56	33.90	1800m: 20:18.98 34.76
200m: 2:12.39 33.38	750m: 8:20.90	33.76 1300m: 14:33.78	34.22	1850m: 20:53.53 34.55
250m: 2:46.09 33.70	800m: 8:54.39	33.49 1350m: 15:08.14	34.36	1900m: 21:28.49 34.96
300m: 3:19.55 33.46	850m: 9:28.18	33.79 1400m: 15:42.70	34.56	1950m: 22:03.28 34.79
350m: 3:52.88 33.33	900m: 10:01.90	33.72 1450m: 16:17.37	34.67	2000m: 22:37.97 34.69
400m: 4:26.23 33.35	950m: 10:35.58	33.68 1500m: 16:51.75	34.38	2050m: 23:12.83 34.86
450m: 5:00.01 33.78	1000m: 11:09.62	34.04 1550m: 17:26.52	34.77	2100m: 23:47.76 34.93
500m: 5:33.50 33.49	1050m: 11:43.54	33.92 1600m: 18:00.57	34.05	2150m: 24:23.38 35.62
550m: 6:06.98 33.48	1100m: 12:17.27	33.73 1650m: 18:34.88	34.31	2200m: 24:58.25 34.87

NQ = Nedadors NO Classificats (tall no superat)

Prova 4, Masc., 3000m Lliure, Júnior 2 Fons Indoor

Classificació	ANY				Temps			
2250m: 25:33.06	34.81	2450m: 27:52.82	34.80	2650m: 30:08.55	33.88	2850m: 32:24.39	34.11	
2300m: 26:07.96	34.90	2500m: 28:27.12	34.30	2700m: 30:42.61	34.06	2900m: 32:58.17	33.78	
2350m: 26:42.79	34.83	2550m: 29:01.34	34.22	2750m: 31:16.63	34.02	2950m: 33:32.21	34.04	
2400m: 27:18.02	35.23	2600m: 29:34.67	33.33	2800m: 31:50.28	33.65	3000m: 34:03.19	30.98	
4. YEGRES COTTIN, Andres 02 C.N. Barcelona 34:12.69 13,00								
50m: 31.71	31.71	800m: 8:51.44	33.18	1550m: 17:17.38	33.79	2300m: 26:00.55	35.68	
100m: 1:04.60	32.89	850m: 9:25.23	33.79	1600m: 17:51.66	34.28	2350m: 26:36.18	35.63	
150m: 1:37.85	33.25	900m: 9:58.73	33.50	1650m: 18:25.91	34.25	2400m: 27:11.46	35.28	
200m: 2:11.39	33.54	950m: 10:32.21	33.48	1700m: 19:00.18	34.27	2450m: 27:46.78	35.32	
250m: 2:44.79	33.40	1000m: 11:05.60	33.39	1750m: 19:34.17	33.99	2500m: 28:22.62	35.84	
300m: 3:17.97	33.18	1050m: 11:38.04	32.44	1800m: 20:08.58	34.41	2550m: 28:57.80	35.18	
350m: 3:51.69	33.72	1100m: 12:11.32	33.28	1850m: 20:42.80	34.22	2600m: 29:32.89	35.09	
400m: 4:25.22	33.53	1150m: 12:45.05	33.73	1900m: 21:17.16	34.36	2650m: 30:08.20	35.31	
450m: 4:58.71	33.49	1200m: 13:19.09	34.04	1950m: 21:52.14	34.98	2700m: 30:43.81	35.61	
500m: 5:32.02	33.31	1250m: 13:53.12	34.03	2000m: 22:27.24	35.10	2750m: 31:20.19	36.38	
550m: 6:05.58	33.56	1300m: 14:27.05	33.93	2050m: 23:02.65	35.41	2800m: 31:56.43	36.24	
600m: 6:38.66	33.08	1350m: 15:00.87	33.82	2100m: 23:38.04	35.39	2850m: 32:32.71	36.28	
650m: 7:12.00	33.34	1400m: 15:34.93	34.06	2150m: 24:13.43	35.39	2900m: 33:06.90	34.19	
700m: 7:45.22	33.22	1450m: 16:09.24	34.31	2200m: 24:49.12	35.69	2950m: 33:41.59	34.69	
750m: 8:18.26	33.04	1500m: 16:43.59	34.35	2250m: 25:24.87	35.75	3000m: 34:12.69	31.10	
5. REYES VALENZUELA, Abel 03 C.N. Mataró 34:17.66 12,00								
50m: 31.56	31.56	800m: 8:56.45	33.90	1550m: 17:37.71	34.83	2300m: 26:19.01	34.74	
100m: 1:04.50	32.94	850m: 9:30.71	34.26	1600m: 18:12.28	34.57	2350m: 26:53.56	34.55	
150m: 1:38.37	33.87	900m: 10:05.21	34.50	1650m: 18:47.01	34.73	2400m: 27:28.31	34.75	
200m: 2:11.93	33.56	950m: 10:39.60	34.39	1700m: 19:21.97	34.96	2450m: 28:02.98	34.67	
250m: 2:45.53	33.60	1000m: 11:14.31	34.71	1750m: 19:57.17	35.20	2500m: 28:38.11	35.13	
300m: 3:19.20	33.67	1050m: 11:49.09	34.78	1800m: 20:32.11	34.94	2550m: 29:11.64	33.53	
350m: 3:52.94	33.74	1100m: 12:23.89	34.80	1850m: 21:06.51	34.40	2600m: 29:45.67	34.03	
400m: 4:26.36	33.42	1150m: 12:58.46	34.57	1900m: 21:41.43	34.92	2650m: 30:19.41	33.74	
450m: 4:59.91	33.55	1200m: 13:33.27	34.81	1950m: 22:16.51	35.08	2700m: 30:53.27	33.86	
500m: 5:33.65	33.74	1250m: 14:08.01	34.74	2000m: 22:51.62	35.11	2750m: 31:27.77	34.50	
550m: 6:07.14	33.49	1300m: 14:42.79	34.78	2050m: 23:26.22	34.60	2800m: 32:02.11	34.34	
600m: 6:40.85	33.71	1350m: 15:17.95	35.16	2100m: 24:00.57	34.35	2850m: 32:36.64	34.53	
650m: 7:14.75	33.90	1400m: 15:53.15	35.20	2150m: 24:34.74	34.17	2900m: 33:11.01	34.37	
700m: 7:48.83	34.08	1450m: 16:27.96	34.81	2200m: 25:09.50	34.76	2950m: 33:44.43	33.42	
750m: 8:22.55	33.72	1500m: 17:02.88	34.92	2250m: 25:44.27	34.77	3000m: 34:17.66	33.23	
6. HOOGSTEDER RIERA, Nick 03 C.N. Banyoles 34:41.67 11,00								
50m: 33.70	33.70	800m: 9:08.17	34.44	1550m: 17:48.46	34.57	2300m: 26:33.19	35.11	
100m: 1:07.34	33.64	850m: 9:42.30	34.13	1600m: 18:23.34	34.88	2350m: 27:08.17	34.98	
150m: 1:41.24	33.90	900m: 10:16.80	34.50	1650m: 18:58.18	34.84	2400m: 27:43.08	34.91	
200m: 2:15.47	34.23	950m: 10:51.16	34.36	1700m: 19:33.18	35.00	2450m: 28:18.26	35.18	
250m: 2:49.73	34.26	1000m: 11:25.57	34.41	1750m: 20:08.14	34.96	2500m: 28:53.02	34.76	
300m: 3:24.47	34.74	1050m: 12:00.29	34.72	1800m: 20:43.03	34.89	2550m: 29:28.14	35.12	
350m: 3:58.86	34.39	1100m: 12:35.06	34.77	1850m: 21:18.29	35.26	2600m: 30:03.22	35.08	
400m: 4:33.27	34.41	1150m: 13:09.65	34.59	1900m: 21:53.24	34.95	2650m: 30:38.38	35.16	
450m: 5:07.74	34.47	1200m: 13:44.67	35.02	1950m: 22:28.42	35.18	2700m: 31:13.75	35.37	
500m: 5:41.77	34.03	1250m: 14:19.83	35.16	2000m: 23:03.41	34.99	2750m: 31:48.70	34.95	
550m: 6:16.00	34.23	1300m: 14:54.61	34.78	2050m: 23:38.41	35.00	2800m: 32:23.65	34.95	
600m: 6:50.56	34.56	1350m: 15:29.22	34.61	2100m: 24:13.32	34.91	2850m: 32:58.46	34.81	
650m: 7:25.17	34.61	1400m: 16:04.05	34.83	2150m: 24:48.41	35.09	2900m: 33:33.09	34.63	
700m: 7:59.57	34.40	1450m: 16:38.99	34.94	2200m: 25:23.41	35.00	2950m: 34:07.61	34.52	
750m: 8:33.73	34.16	1500m: 17:13.89	34.90	2250m: 25:58.08	34.67	3000m: 34:41.67	34.06	
7. COLOMER JIMENEZ, Arnau 03 C.N. Granollers 34:46.97 10,00								
50m: 31.47	31.47	650m: 7:04.66	34.39	1250m: 14:05.47	34.01	1850m: 21:22.94	36.61	
100m: 1:03.16	31.69	700m: 7:39.10	34.44	1300m: 14:41.34	35.87	1900m: 21:59.81	36.87	
150m: 1:35.32	32.16	750m: 8:13.93	34.83	1350m: 15:18.26	36.92	1950m: 22:35.60	35.79	
200m: 2:07.50	32.18	800m: 8:49.33	35.40	1400m: 15:54.68	36.42	2000m: 23:11.54	35.94	
250m: 2:39.59	32.09	850m: 9:23.40	34.07	1450m: 16:30.97	36.29	2050m: 23:46.60	35.06	
300m: 3:12.44	32.85	900m: 9:58.55	35.15	1500m: 17:07.56	36.59	2100m: 24:22.26	35.66	
350m: 3:45.00	32.56	950m: 10:33.63	35.08	1550m: 17:43.88	36.32	2150m: 24:57.13	34.87	
400m: 4:17.66	32.66	1000m: 11:09.14	35.51	1600m: 18:19.85	35.97	2200m: 25:32.07	34.94	
450m: 4:50.36	32.70	1050m: 11:44.76	35.62	1650m: 18:56.21	36.36	2250m: 26:06.68	34.61	
500m: 5:23.15	32.79	1100m: 12:20.20	35.44	1700m: 19:33.10	36.89	2300m: 26:41.21	34.53	
550m: 5:56.54	33.39	1150m: 12:55.82	35.62	1750m: 20:09.89	36.79	2350m: 27:16.33	35.12	
600m: 6:30.27	33.73	1200m: 13:31.46	35.64	1800m: 20:46.33	36.44	2400m: 27:51.65	35.32	

NQ = Nedadors NO Classificats (tall no superat)

Prova 4, Masc., 3000m Lliure, Júnior 2 Fons Indoor

Classificació	ANY				Temps						
2450m:	28:27.65	36.00	2600m:	30:13.57	35.12	2750m:	31:58.52	35.07	2900m:	33:40.60	33.91
2500m:	29:03.06	35.41	2650m:	30:48.70	35.13	2800m:	32:33.49	34.97	2950m:	34:14.42	33.82
2550m:	29:38.45	35.39	2700m:	31:23.45	34.75	2850m:	33:06.69	33.20	3000m:	34:46.97	32.55
8. GOMEZ MARTINEZ, Sergi	03 C.N. Premià				35:10.31 9,00						
50m:	33.61	33.61	800m:	9:20.46	34.70	1550m:	17:59.89	34.53	2300m:	26:52.14	34.95
100m:	1:08.29	34.68	850m:	9:55.16	34.70	1600m:	18:34.38	34.49	2350m:	27:27.83	35.69
150m:	1:43.62	35.33	900m:	10:29.71	34.55	1650m:	19:09.61	35.23	2400m:	28:03.78	35.95
200m:	2:19.16	35.54	950m:	11:04.63	34.92	1700m:	19:44.43	34.82	2450m:	28:39.44	35.66
250m:	2:54.47	35.31	1000m:	11:38.59	33.96	1750m:	20:19.68	35.25	2500m:	29:15.59	36.15
300m:	3:29.86	35.39	1050m:	12:13.20	34.61	1800m:	20:54.55	34.87	2550m:	29:51.18	35.59
350m:	4:05.09	35.23	1100m:	12:47.91	34.71	1850m:	21:29.87	35.32	2600m:	30:26.98	35.80
400m:	4:40.16	35.07	1150m:	13:22.77	34.86	1900m:	22:04.94	35.07	2650m:	31:02.79	35.81
450m:	5:15.29	35.13	1200m:	13:57.62	34.85	1950m:	22:40.15	35.21	2700m:	31:38.22	35.43
500m:	5:50.36	35.07	1250m:	14:32.04	34.42	2000m:	23:15.47	35.32	2750m:	32:13.45	35.23
550m:	6:25.54	35.18	1300m:	15:06.79	34.75	2050m:	23:51.19	35.72	2800m:	32:48.64	35.19
600m:	7:00.61	35.07	1350m:	15:41.52	34.73	2100m:	24:26.42	35.23	2850m:	33:24.19	35.55
650m:	7:36.00	35.39	1400m:	16:16.05	34.53	2150m:	25:01.93	35.51	2900m:	33:59.13	34.94
700m:	8:10.85	34.85	1450m:	16:50.62	34.57	2200m:	25:37.40	35.47	2950m:	34:36.27	37.14
750m:	8:45.76	34.91	1500m:	17:25.36	34.74	2250m:	26:17.19	39.79	3000m:	35:10.31	34.04
9. CASADO GARRIGUES, Manel	03 C.N. Mataró				35:51.13 8,00						
50m:	32.29	32.29	800m:	9:12.66	35.99	1550m:	18:20.40	36.98	2300m:	27:24.70	35.63
100m:	1:05.81	33.52	850m:	9:49.00	36.34	1600m:	18:56.98	36.58	2350m:	28:00.93	36.23
150m:	1:40.13	34.32	900m:	10:25.40	36.40	1650m:	19:33.50	36.52	2400m:	28:37.32	36.39
200m:	2:14.34	34.21	950m:	11:01.59	36.19	1700m:	20:09.86	36.36	2450m:	29:13.84	36.52
250m:	2:48.69	34.35	1000m:	11:37.63	36.04	1750m:	20:45.96	36.10	2500m:	29:50.62	36.78
300m:	3:23.07	34.38	1050m:	12:13.80	36.17	1800m:	21:22.85	36.89	2550m:	30:27.42	36.80
350m:	3:57.51	34.44	1100m:	12:50.15	36.35	1850m:	21:59.08	36.23	2600m:	31:03.98	36.56
400m:	4:31.98	34.47	1150m:	13:26.71	36.56	1900m:	22:35.47	36.39	2650m:	31:40.74	36.76
450m:	5:06.14	34.16	1200m:	14:03.56	36.85	1950m:	23:12.14	36.67	2700m:	32:17.31	36.57
500m:	5:40.90	34.76	1250m:	14:40.19	36.63	2000m:	23:48.53	36.39	2750m:	32:53.31	36.00
550m:	6:15.69	34.79	1300m:	15:16.99	36.80	2050m:	24:25.11	36.58	2800m:	33:29.49	36.18
600m:	6:50.44	34.75	1350m:	15:53.83	36.84	2100m:	25:01.40	36.29	2850m:	34:05.79	36.30
650m:	7:25.61	35.17	1400m:	16:30.39	36.56	2150m:	25:37.61	36.21	2900m:	34:41.63	35.84
700m:	8:01.06	35.45	1450m:	17:06.73	36.34	2200m:	26:13.30	35.69	2950m:	35:17.10	35.47
750m:	8:36.67	35.61	1500m:	17:43.42	36.69	2250m:	26:49.07	35.77	3000m:	35:51.13	34.03
10. FILOSO GARCIA, Alonso	02 C.E. Mediterrani				36:03.39 7,00						
50m:	32.26	32.26	800m:	9:05.74	35.92	1550m:	18:11.12	36.23	2300m:	27:24.87	37.25
100m:	1:05.31	33.05	850m:	9:42.05	36.31	1600m:	18:47.12	36.00	2350m:	28:02.25	37.38
150m:	1:38.81	33.50	900m:	10:17.81	35.76	1650m:	19:23.73	36.61	2400m:	28:39.49	37.24
200m:	2:12.35	33.54	950m:	10:53.58	35.77	1700m:	20:00.43	36.70	2450m:	29:16.75	37.26
250m:	2:46.09	33.74	1000m:	11:29.65	36.07	1750m:	20:36.81	36.38	2500m:	29:53.84	37.09
300m:	3:19.60	33.51	1050m:	12:06.06	36.41	1800m:	21:13.52	36.71	2550m:	30:30.80	36.96
350m:	3:53.18	33.58	1100m:	12:42.36	36.30	1850m:	21:49.84	36.32	2600m:	31:07.86	37.06
400m:	4:26.63	33.45	1150m:	13:18.65	36.29	1900m:	22:27.12	37.28	2650m:	31:45.24	37.38
450m:	5:00.30	33.67	1200m:	13:55.07	36.42	1950m:	23:04.57	37.45	2700m:	32:22.13	36.89
500m:	5:34.32	34.02	1250m:	14:31.81	36.74	2000m:	23:41.56	36.99	2750m:	32:59.28	37.15
550m:	6:08.96	34.64	1300m:	15:08.17	36.36	2050m:	24:18.46	36.90	2800m:	33:36.48	37.20
600m:	6:43.90	34.94	1350m:	15:44.50	36.33	2100m:	24:55.11	36.65	2850m:	34:13.97	37.49
650m:	7:19.00	35.10	1400m:	16:21.53	37.03	2150m:	25:32.74	37.63	2900m:	34:50.95	36.98
700m:	7:54.52	35.52	1450m:	16:58.22	36.69	2200m:	26:10.30	37.56	2950m:	35:27.39	36.44
750m:	8:29.82	35.30	1500m:	17:34.89	36.67	2250m:	26:47.62	37.32	3000m:	36:03.39	36.00
11. SALVATELLA ESTANY, Pau	03 C.N. Banyoles				36:12.82 6,00						
50m:	33.76	33.76	700m:	8:13.72	35.91	1350m:	16:01.50	36.41	2000m:	23:57.61	37.03
100m:	1:08.66	34.90	750m:	8:49.48	35.76	1400m:	16:38.21	36.71	2050m:	24:34.01	36.40
150m:	1:43.60	34.94	800m:	9:25.39	35.91	1450m:	17:14.74	36.53	2100m:	25:10.31	36.30
200m:	2:18.45	34.85	850m:	10:01.03	35.64	1500m:	17:51.16	36.42	2150m:	25:47.12	36.81
250m:	2:53.55	35.10	900m:	10:37.12	36.09	1550m:	18:27.83	36.67	2200m:	26:23.95	36.83
300m:	3:29.01	35.46	950m:	11:12.92	35.80	1600m:	19:04.26	36.43	2250m:	27:00.58	36.63
350m:	4:04.43	35.42	1000m:	11:48.98	36.06	1650m:	19:40.81	36.55	2300m:	27:37.56	36.98
400m:	4:39.93	35.50	1050m:	12:24.58	35.60	1700m:	20:17.11	36.30	2350m:	28:14.50	36.94
450m:	5:15.54	35.61	1100m:	13:00.68	36.10	1750m:	20:53.59	36.48	2400m:	28:51.31	36.81
500m:	5:50.98	35.44	1150m:	13:36.34	35.66	1800m:	21:30.04	36.45	2450m:	29:28.41	37.10
550m:	6:26.43	35.45	1200m:	14:12.47	36.13	1850m:	22:07.05	37.01	2500m:	30:05.65	37.24
600m:	7:02.30	35.87	1250m:	14:48.64	36.17	1900m:	22:43.63	36.58	2550m:	30:42.41	36.76
650m:	7:37.81	35.51	1300m:	15:25.09	36.45	1950m:	23:20.58	36.95	2600m:	31:19.44	37.03

NQ = Nedadors NO Classificats (tall no superat)

Prova 4, Masc., 3000m Lliure, Júnior 2 Fons Indoor

Classificació	ANY		Temps								
2650m:	31:56.66	37.22	2750m:	33:10.43	36.95	2850m:	34:23.97	36.64	2950m:	35:37.48	36.57
2700m:	32:33.48	36.82	2800m:	33:47.33	36.90	2900m:	35:00.91	36.94	3000m:	36:12.82	35.34
12.	GALVEZ FRAILE, Joel		03	G.E.N. Roses		36:55.07		5,00			
50m:	33.63	33.63	800m:	9:30.77	36.37	1550m:	18:43.24	37.98	2300m:	28:09.54	37.87
100m:	1:07.85	34.22	850m:	10:07.23	36.46	1600m:	19:21.87	38.63	2350m:	28:47.56	38.02
150m:	1:42.45	34.60	900m:	10:43.45	36.22	1650m:	19:58.97	37.10	2400m:	29:25.46	37.90
200m:	2:17.61	35.16	950m:	11:19.98	36.53	1700m:	20:38.43	39.46	2450m:	30:03.04	37.58
250m:	2:52.74	35.13	1000m:	11:56.64	36.66	1750m:	21:15.55	37.12	2500m:	30:40.85	37.81
300m:	3:28.41	35.67	1050m:	12:33.36	36.72	1800m:	21:52.88	37.33	2550m:	31:18.29	37.44
350m:	4:04.31	35.90	1100m:	13:10.12	36.76	1850m:	22:30.34	37.46	2600m:	31:55.53	37.24
400m:	4:40.49	36.18	1150m:	13:47.03	36.91	1900m:	23:07.94	37.60	2650m:	32:32.96	37.43
450m:	5:16.72	36.23	1200m:	14:24.00	36.97	1950m:	23:45.63	37.69	2700m:	33:10.22	37.26
500m:	5:52.82	36.10	1250m:	15:00.64	36.64	2000m:	24:23.38	37.75	2750m:	33:48.23	38.01
550m:	6:29.21	36.39	1300m:	15:37.23	36.59	2050m:	25:00.66	37.28	2800m:	34:26.04	37.81
600m:	7:05.42	36.21	1350m:	16:14.28	37.05	2100m:	25:38.18	37.52	2850m:	35:03.65	37.61
650m:	7:41.94	36.52	1400m:	16:51.13	36.85	2150m:	26:16.10	37.92	2900m:	35:41.15	37.50
700m:	8:18.28	36.34	1450m:	17:28.18	37.05	2200m:	26:53.86	37.76	2950m:	36:18.45	37.30
750m:	8:54.40	36.12	1500m:	18:05.26	37.08	2250m:	27:31.67	37.81	3000m:	36:55.07	36.62
13.	AVELLANEDA RODRIGUEZ, Adrian		02	C.N. Cornellà		37:32.29		4,00			
50m:	34.31	34.31	800m:	9:33.59	36.00	1550m:	18:48.77	37.84	2300m:	28:29.34	38.02
100m:	1:09.30	34.99	850m:	10:10.41	36.82	1600m:	19:26.87	38.10	2350m:	29:08.83	39.49
150m:	1:45.33	36.03	900m:	10:46.38	35.97	1650m:	20:05.03	38.16	2400m:	29:48.53	39.70
200m:	2:21.50	36.17	950m:	11:22.41	36.03	1700m:	20:43.88	38.85	2450m:	30:26.76	38.23
250m:	2:58.22	36.72	1000m:	11:58.79	36.38	1750m:	21:23.48	39.60	2500m:	31:06.09	39.33
300m:	3:34.04	35.82	1050m:	12:36.32	37.53	1800m:	22:01.45	37.97	2550m:	31:44.70	38.61
350m:	4:10.25	36.21	1100m:	13:12.83	36.51	1850m:	22:40.93	39.48	2600m:	32:23.06	38.36
400m:	4:44.84	34.59	1150m:	13:49.45	36.62	1900m:	23:20.36	39.43	2650m:	33:01.72	38.66
450m:	5:20.35	35.51	1200m:	14:25.97	36.52	1950m:	23:59.33	38.97	2700m:	33:40.12	38.40
500m:	5:56.47	36.12	1250m:	15:03.01	37.04	2000m:	24:36.92	37.59	2750m:	34:18.88	38.76
550m:	6:32.73	36.26	1300m:	15:39.25	36.24	2050m:	25:15.48	38.56	2800m:	34:57.93	39.05
600m:	7:09.13	36.40	1350m:	16:16.76	37.51	2100m:	25:55.38	39.90	2850m:	35:36.76	38.83
650m:	7:44.81	35.68	1400m:	16:54.94	38.18	2150m:	26:34.27	38.89	2900m:	36:15.57	38.81
700m:	8:20.94	36.13	1450m:	17:32.80	37.86	2200m:	27:13.14	38.87	2950m:	36:54.59	39.02
750m:	8:57.59	36.65	1500m:	18:10.93	38.13	2250m:	27:51.32	38.18	3000m:	37:32.29	37.70
14.	MUÑOZ MORENO, Egoitz		03	C.N. Barcelona		37:58.27		3,00			
50m:	32.39	32.39	800m:	9:46.78	38.12	1550m:	19:17.86	35.27	2300m:	28:59.57	38.83
100m:	1:06.98	34.59	850m:	10:24.69	37.91	1600m:	19:55.73	37.87	2350m:	29:37.98	38.41
150m:	1:43.19	36.21	900m:	11:02.80	38.11	1650m:	20:34.38	38.65	2400m:	30:17.00	39.02
200m:	2:18.95	35.76	950m:	11:40.71	37.91	1700m:	21:13.28	38.90	2450m:	30:55.99	38.99
250m:	2:55.61	36.66	1000m:	12:19.43	38.72	1750m:	21:52.26	38.98	2500m:	31:34.72	38.73
300m:	3:32.12	36.51	1050m:	12:57.75	38.32	1800m:	22:31.01	38.75	2550m:	32:13.38	38.66
350m:	4:09.06	36.94	1100m:	13:35.62	37.87	1850m:	23:10.12	39.11	2600m:	32:52.65	39.27
400m:	4:45.99	36.93	1150m:	14:14.14	38.52	1900m:	23:49.15	39.03	2650m:	33:31.82	39.17
450m:	5:23.28	37.29	1200m:	14:52.24	38.10	1950m:	24:28.83	39.68	2700m:	34:10.73	38.91
500m:	6:00.87	37.59	1250m:	15:30.50	38.26	2000m:	25:08.16	39.33	2750m:	34:49.43	38.70
550m:	6:37.88	37.01	1300m:	16:08.56	38.06	2050m:	25:46.01	37.85	2800m:	35:28.16	38.73
600m:	7:15.34	37.46	1350m:	16:47.13	38.57	2100m:	26:24.10	38.09	2850m:	36:06.66	38.50
650m:	7:53.04	37.70	1400m:	17:25.74	38.61	2150m:	27:03.13	39.03	2900m:	36:44.34	37.68
700m:	8:30.54	37.50	1450m:	18:04.51	38.77	2200m:	27:41.82	38.69	2950m:	37:21.23	36.89
750m:	9:08.66	38.12	1500m:	18:42.59	38.08	2250m:	28:20.74	38.92	3000m:	37:58.27	37.04
BX	SALLENT ARRANZ, Eric		03	C.N. Barcelona							
BX	FERNANDEZ I THOMAS, Marçal		03	C.N. Barcelona							
BX	COSTABELLA MORENO, Agustí		03	C.N. Barcelona							

Absolut Fons Indoor

NQ = Nedadors NO Classificats (tall no superat)

Prova 4, Masc., 3000m Lliure, Absolut Fons Indoor

Classificació	ANY										Temps		
1. PUJOL BELMONTE, Guillem	97 C.N. Mataró										31:35.21	19,00	
50m:	28.90	28.90	800m:	8:12.25	31.57	1550m:	16:06.91	31.87	2300m:	24:07.38	32.21		
100m:	58.83	29.93	850m:	8:43.43	31.18	1600m:	16:38.83	31.92	2350m:	24:39.53	32.15		
150m:	1:29.41	30.58	900m:	9:14.90	31.47	1650m:	17:10.81	31.98	2400m:	25:11.91	32.38		
200m:	2:00.43	31.02	950m:	9:46.83	31.93	1700m:	17:43.08	32.27	2450m:	25:43.97	32.06		
250m:	2:30.64	30.21	1000m:	10:18.36	31.53	1750m:	18:14.99	31.91	2500m:	26:16.50	32.53		
300m:	3:01.32	30.68	1050m:	10:50.37	32.01	1800m:	18:47.02	32.03	2550m:	26:48.72	32.22		
350m:	3:32.14	30.82	1100m:	11:21.67	31.30	1850m:	19:19.23	32.21	2600m:	27:20.86	32.14		
400m:	4:02.51	30.37	1150m:	11:53.40	31.73	1900m:	19:51.35	32.12	2650m:	27:52.77	31.91		
450m:	4:33.81	31.30	1200m:	12:24.95	31.55	1950m:	20:23.53	32.18	2700m:	28:24.71	31.94		
500m:	5:04.87	31.06	1250m:	12:56.48	31.53	2000m:	20:55.58	32.05	2750m:	28:56.91	32.20		
550m:	5:35.45	30.58	1300m:	13:28.06	31.58	2050m:	21:27.53	31.95	2800m:	29:29.14	32.23		
600m:	6:07.04	31.59	1350m:	13:59.61	31.55	2100m:	21:59.40	31.87	2850m:	30:01.37	32.23		
650m:	6:38.05	31.01	1400m:	14:31.51	31.90	2150m:	22:31.45	32.05	2900m:	30:33.86	32.49		
700m:	7:09.43	31.38	1450m:	15:03.25	31.74	2200m:	23:03.45	32.00	2950m:	31:06.01	32.15		
750m:	7:40.68	31.25	1500m:	15:35.04	31.79	2250m:	23:35.17	31.72	3000m:	31:35.21	29.20		
2. COMA PLANELLA, Roger	00 C.N. Mataró										32:05.11	16,00	
50m:	30.85	30.85	800m:	8:28.71	31.68	1550m:	16:25.64	31.85	2300m:	24:30.37	32.49		
100m:	1:02.08	31.23	850m:	9:00.63	31.92	1600m:	16:57.54	31.90	2350m:	25:02.78	32.41		
150m:	1:34.01	31.93	900m:	9:32.42	31.79	1650m:	17:29.45	31.91	2400m:	25:35.46	32.68		
200m:	2:05.99	31.98	950m:	10:04.23	31.81	1700m:	18:01.50	32.05	2450m:	26:08.25	32.79		
250m:	2:38.01	32.02	1000m:	10:35.82	31.59	1750m:	18:33.69	32.19	2500m:	26:40.95	32.70		
300m:	3:09.89	31.88	1050m:	11:07.15	31.33	1800m:	19:06.20	32.51	2550m:	27:13.62	32.67		
350m:	3:41.89	32.00	1100m:	11:38.50	31.35	1850m:	19:38.54	32.34	2600m:	27:46.29	32.67		
400m:	4:13.74	31.85	1150m:	12:10.40	31.90	1900m:	20:10.89	32.35	2650m:	28:18.94	32.65		
450m:	4:45.89	32.15	1200m:	12:42.56	32.16	1950m:	20:43.24	32.35	2700m:	28:51.31	32.37		
500m:	5:17.83	31.94	1250m:	13:14.34	31.78	2000m:	21:15.60	32.36	2750m:	29:23.78	32.47		
550m:	5:49.56	31.73	1300m:	13:46.39	32.05	2050m:	21:48.06	32.46	2800m:	29:56.30	32.52		
600m:	6:21.51	31.95	1350m:	14:17.93	31.54	2100m:	22:20.67	32.61	2850m:	30:29.10	32.80		
650m:	6:53.30	31.79	1400m:	14:50.14	32.21	2150m:	22:52.97	32.30	2900m:	31:01.93	32.83		
700m:	7:25.16	31.86	1450m:	15:21.82	31.68	2200m:	23:25.39	32.42	2950m:	31:34.22	32.29		
750m:	7:57.03	31.87	1500m:	15:53.79	31.97	2250m:	23:57.88	32.49	3000m:	32:05.11	30.89		
3. GIL TARAZONA, Pol	96 C.N. Barcelona										32:12.22	14,00	
50m:	30.45	30.45	800m:	8:30.55	32.19	1550m:	16:35.17	32.22	2300m:	24:41.90	32.72		
100m:	1:02.07	31.62	850m:	9:02.67	32.12	1600m:	17:07.57	32.40	2350m:	25:14.56	32.66		
150m:	1:33.92	31.85	900m:	9:34.64	31.97	1650m:	17:39.91	32.34	2400m:	25:47.36	32.80		
200m:	2:05.71	31.79	950m:	10:07.09	32.45	1700m:	18:12.14	32.23	2450m:	26:19.96	32.60		
250m:	2:37.80	32.09	1000m:	10:39.60	32.51	1750m:	18:44.28	32.14	2500m:	26:52.78	32.82		
300m:	3:09.96	32.16	1050m:	11:11.80	32.20	1800m:	19:16.49	32.21	2550m:	27:24.71	31.93		
350m:	3:41.83	31.87	1100m:	11:44.16	32.36	1850m:	19:48.44	31.95	2600m:	27:56.40	31.69		
400m:	4:13.98	32.15	1150m:	12:16.65	32.49	1900m:	20:20.69	32.25	2650m:	28:28.85	32.45		
450m:	4:46.00	32.02	1200m:	12:48.93	32.28	1950m:	20:53.26	32.57	2700m:	29:00.72	31.87		
500m:	5:18.17	32.17	1250m:	13:21.34	32.41	2000m:	21:25.93	32.67	2750m:	29:32.81	32.09		
550m:	5:49.97	31.80	1300m:	13:53.66	32.32	2050m:	21:58.09	32.16	2800m:	30:05.05	32.24		
600m:	6:22.26	32.29	1350m:	14:25.86	32.20	2100m:	22:30.65	32.56	2850m:	30:37.51	32.46		
650m:	6:54.32	32.06	1400m:	14:58.31	32.45	2150m:	23:03.42	32.77	2900m:	31:10.39	32.88		
700m:	7:26.37	32.05	1450m:	15:30.61	32.30	2200m:	23:36.37	32.95	2950m:	31:42.04	31.65		
750m:	7:58.36	31.99	1500m:	16:02.95	32.34	2250m:	24:09.18	32.81	3000m:	32:12.22	30.18		
4. HONRUBIA CERDA, Arnau	99 C.N. Mataró										33:10.98	13,00	
50m:	31.23	31.23	800m:	8:40.70	32.96	1550m:	16:58.78	33.17	2300m:	25:23.48	32.59		
100m:	1:02.70	31.47	850m:	9:13.50	32.80	1600m:	17:32.13	33.35	2350m:	25:56.97	33.49		
150m:	1:34.31	31.61	900m:	9:46.21	32.71	1650m:	18:05.79	33.66	2400m:	26:30.69	33.72		
200m:	2:06.33	32.02	950m:	10:19.35	33.14	1700m:	18:39.40	33.61	2450m:	27:04.21	33.52		
250m:	2:38.70	32.37	1000m:	10:52.54	33.19	1750m:	19:12.88	33.48	2500m:	27:37.94	33.73		
300m:	3:10.88	32.18	1050m:	11:25.83	33.29	1800m:	19:46.90	34.02	2550m:	28:11.69	33.75		
350m:	3:43.28	32.40	1100m:	11:59.08	33.25	1850m:	20:20.63	33.73	2600m:	28:45.51	33.82		
400m:	4:16.11	32.83	1150m:	12:32.22	33.14	1900m:	20:54.15	33.52	2650m:	29:19.09	33.58		
450m:	4:49.00	32.89	1200m:	13:05.34	33.12	1950m:	21:27.92	33.77	2700m:	29:53.14	34.05		
500m:	5:21.90	32.90	1250m:	13:38.36	33.02	2000m:	22:01.28	33.36	2750m:	30:26.78	33.64		
550m:	5:55.22	33.32	1300m:	14:11.63	33.27	2050m:	22:34.91	33.63	2800m:	30:59.95	33.17		
600m:	6:28.50	33.28	1350m:	14:45.15	33.52	2100m:	23:09.00	34.09	2850m:	31:32.81	32.86		
650m:	7:01.40	32.90	1400m:	15:18.79	33.64	2150m:	23:43.15	34.15	2900m:	32:05.75	32.94		
700m:	7:34.73	33.33	1450m:	15:52.44	33.65	2200m:	24:16.76	33.61	2950m:	32:38.51	32.76		
750m:	8:07.74	33.01	1500m:	16:25.61	33.17	2250m:	24:50.89	34.13	3000m:	33:10.98	32.47		

NQ = Nedadors NO Classificats (tall no superat)

Prova 4, Masc., 3000m Lliure, Absolut Fons Indoor

Classificació	ANY		Temps				
5. VILAREGUT DE MINGO, Eric	01	C.N. Barcelona	33:32.61	12,00			
50m: 30.98	30.98	800m: 8:43.03	33.44	1550m: 17:08.95	33.99	2300m: 25:37.33	34.05
100m: 1:03.09	32.11	850m: 9:16.76	33.73	1600m: 17:42.61	33.66	2350m: 26:11.71	34.38
150m: 1:35.68	32.59	900m: 9:50.38	33.62	1650m: 18:16.60	33.99	2400m: 26:46.10	34.39
200m: 2:08.05	32.37	950m: 10:24.31	33.93	1700m: 18:50.57	33.97	2450m: 27:20.70	34.60
250m: 2:40.93	32.88	1000m: 10:57.92	33.61	1750m: 19:24.06	33.49	2500m: 27:55.28	34.58
300m: 3:13.35	32.42	1050m: 11:31.81	33.89	1800m: 19:57.83	33.77	2550m: 28:29.93	34.65
350m: 3:45.83	32.48	1100m: 12:05.61	33.80	1850m: 20:31.87	34.04	2600m: 29:03.88	33.95
400m: 4:18.44	32.61	1150m: 12:39.86	34.25	1900m: 21:05.83	33.96	2650m: 29:37.66	33.78
450m: 4:51.15	32.71	1200m: 13:13.12	33.26	1950m: 21:40.03	34.20	2700m: 30:11.55	33.89
500m: 5:24.35	33.20	1250m: 13:46.70	33.58	2000m: 22:14.48	34.45	2750m: 30:45.15	33.60
550m: 5:57.61	33.26	1300m: 14:20.78	34.08	2050m: 22:48.13	33.65	2800m: 31:19.12	33.97
600m: 6:30.77	33.16	1350m: 14:54.66	33.88	2100m: 23:21.33	33.20	2850m: 31:53.07	33.95
650m: 7:03.77	33.00	1400m: 15:28.61	33.95	2150m: 23:54.97	33.64	2900m: 32:27.66	34.59
700m: 7:36.49	32.72	1450m: 16:01.71	33.10	2200m: 24:29.37	34.40	2950m: 33:00.07	32.41
750m: 8:09.59	33.10	1500m: 16:34.96	33.25	2250m: 25:03.28	33.91	3000m: 33:32.61	32.54
6. GIRALT PIDEMONT, Jan	96	C.N. Mataró	34:09.69	11,00			
50m: 32.36	32.36	800m: 9:06.64	34.25	1550m: 17:40.14	34.18	2300m: 26:15.29	33.80
100m: 1:06.12	33.76	850m: 9:41.31	34.67	1600m: 18:14.08	33.94	2350m: 26:49.45	34.16
150m: 1:40.56	34.44	900m: 10:16.08	34.77	1650m: 18:48.71	34.63	2400m: 27:23.32	33.87
200m: 2:14.49	33.93	950m: 10:50.44	34.36	1700m: 19:23.45	34.74	2450m: 27:57.39	34.07
250m: 2:48.56	34.07	1000m: 11:24.57	34.13	1750m: 19:58.23	34.78	2500m: 28:31.73	34.34
300m: 3:22.64	34.08	1050m: 11:58.80	34.23	1800m: 20:32.84	34.61	2550m: 29:05.84	34.11
350m: 3:57.18	34.54	1100m: 12:32.89	34.09	1850m: 21:07.22	34.38	2600m: 29:39.66	33.82
400m: 4:31.62	34.44	1150m: 13:07.08	34.19	1900m: 21:41.47	34.25	2650m: 30:13.89	34.23
450m: 5:05.79	34.17	1200m: 13:41.08	34.00	1950m: 22:16.02	34.55	2700m: 30:48.38	34.49
500m: 5:40.25	34.46	1250m: 14:15.53	34.45	2000m: 22:50.59	34.57	2750m: 31:22.61	34.23
550m: 6:14.84	34.59	1300m: 14:47.99	32.46	2050m: 23:24.85	34.26	2800m: 31:56.80	34.19
600m: 6:49.28	34.44	1350m: 15:22.50	34.51	2100m: 23:59.46	34.61	2850m: 32:31.17	34.37
650m: 7:23.67	34.39	1400m: 15:57.08	34.58	2150m: 24:33.64	34.18	2900m: 33:05.39	34.22
700m: 7:58.04	34.37	1450m: 16:31.60	34.52	2200m: 25:07.59	33.95	2950m: 33:38.95	33.56
750m: 8:32.39	34.35	1500m: 17:05.96	34.36	2250m: 25:41.49	33.90	3000m: 34:09.69	30.74
7. ROURA CLEMENTE, Gerard	01	GEIEG	35:03.93	10,00			
50m: 32.49	32.49	800m: 9:06.71	34.77	1550m: 17:54.34	35.73	2300m: 26:48.08	35.31
100m: 1:05.25	32.76	850m: 9:41.34	34.63	1600m: 18:29.77	35.43	2350m: 27:24.07	35.99
150m: 1:38.67	33.42	900m: 10:16.22	34.88	1650m: 19:05.78	36.01	2400m: 27:59.67	35.60
200m: 2:13.02	34.35	950m: 10:51.38	35.16	1700m: 19:40.87	35.09	2450m: 28:34.86	35.19
250m: 2:47.07	34.05	1000m: 11:26.56	35.18	1750m: 20:16.50	35.63	2500m: 29:10.90	36.04
300m: 3:21.22	34.15	1050m: 12:01.75	35.19	1800m: 20:52.18	35.68	2550m: 29:46.07	35.17
350m: 3:55.57	34.35	1100m: 12:36.67	34.92	1850m: 21:27.84	35.66	2600m: 30:21.66	35.59
400m: 4:30.11	34.54	1150m: 13:11.13	34.46	1900m: 22:03.57	35.73	2650m: 30:57.19	35.53
450m: 5:04.62	34.51	1200m: 13:46.48	35.35	1950m: 22:39.06	35.49	2700m: 31:32.39	35.20
500m: 5:39.43	34.81	1250m: 14:21.48	35.00	2000m: 23:14.92	35.86	2750m: 32:07.93	35.54
550m: 6:14.03	34.60	1300m: 14:57.22	35.74	2050m: 23:50.83	35.91	2800m: 32:43.33	35.40
600m: 6:48.43	34.40	1350m: 15:32.28	35.06	2100m: 24:26.39	35.56	2850m: 33:18.93	35.60
650m: 7:22.56	34.13	1400m: 16:07.85	35.57	2150m: 25:01.98	35.59	2900m: 33:54.62	35.69
700m: 7:57.34	34.78	1450m: 16:43.48	35.63	2200m: 25:37.43	35.45	2950m: 34:29.84	35.22
750m: 8:31.94	34.60	1500m: 17:18.61	35.13	2250m: 26:12.77	35.34	3000m: 35:03.93	34.09
8. LAGOS PAU, Aitor	95	C.N. L'hospitalet	35:47.77	9,00			
50m: 33.15	33.15	800m: 9:16.46	35.65	1550m: 18:14.50	36.06	2300m: 27:20.45	36.85
100m: 1:07.11	33.96	850m: 9:51.94	35.48	1600m: 18:50.58	36.08	2350m: 27:56.97	36.52
150m: 1:41.74	34.63	900m: 10:27.44	35.50	1650m: 19:26.74	36.16	2400m: 28:34.02	37.05
200m: 2:16.24	34.50	950m: 11:03.45	36.01	1700m: 20:02.86	36.12	2450m: 29:10.54	36.52
250m: 2:50.84	34.60	1000m: 11:39.24	35.79	1750m: 20:38.76	35.90	2500m: 29:47.05	36.51
300m: 3:25.84	35.00	1050m: 12:15.16	35.92	1800m: 21:15.74	36.98	2550m: 30:23.52	36.47
350m: 4:00.68	34.84	1100m: 12:50.83	35.67	1850m: 21:51.99	36.25	2600m: 30:59.50	35.98
400m: 4:35.64	34.96	1150m: 13:26.73	35.90	1900m: 22:28.81	36.82	2650m: 31:35.63	36.13
450m: 5:10.73	35.09	1200m: 14:02.16	35.43	1950m: 23:05.18	36.37	2700m: 32:11.80	36.17
500m: 5:45.71	34.98	1250m: 14:38.67	36.51	2000m: 23:41.29	36.11	2750m: 32:48.37	36.57
550m: 6:20.37	34.66	1300m: 15:14.49	35.82	2050m: 24:17.45	36.16	2800m: 33:24.55	36.18
600m: 6:55.19	34.82	1350m: 15:50.38	35.89	2100m: 24:54.15	36.70	2850m: 34:00.66	36.11
650m: 7:30.21	35.02	1400m: 16:25.87	35.49	2150m: 25:30.61	36.46	2900m: 34:36.93	36.27
700m: 8:05.25	35.04	1450m: 17:02.30	36.43	2200m: 26:07.31	36.70	2950m: 35:13.04	36.11
750m: 8:40.81	35.56	1500m: 17:38.44	36.14	2250m: 26:43.60	36.29	3000m: 35:47.77	34.73

NQ = Nedadors NO Classificats (tall no superat)

Prova 4, Masc., 3000m Lliure, Absolut Fons Indoor

Classificació	ANY		Temps			
9.	MATAS VELASCO, Guillem		96	C.N. Granollers	36:01.09	8,00
	50m: 33.05	33.05	800m: 9:29.51	35.78	1550m: 18:30.89	35.90
	100m: 1:07.30	34.25	850m: 10:05.31	35.80	1600m: 19:06.85	35.96
	150m: 1:42.53	35.23	900m: 10:41.39	36.08	1650m: 19:42.89	36.04
	200m: 2:17.82	35.29	950m: 11:17.33	35.94	1700m: 20:18.92	36.03
	250m: 2:53.00	35.18	1000m: 11:53.37	36.04	1750m: 20:55.18	36.26
	300m: 3:28.81	35.81	1050m: 12:29.19	35.82	1800m: 21:31.52	36.34
	350m: 4:04.67	35.86	1100m: 13:05.24	36.05	1850m: 22:08.18	36.66
	400m: 4:40.54	35.87	1150m: 13:41.49	36.25	1900m: 22:44.49	36.31
	450m: 5:16.93	36.39	1200m: 14:17.24	35.75	1950m: 23:20.64	36.15
	500m: 5:52.91	35.98	1250m: 14:53.37	36.13	2000m: 23:57.01	36.37
	550m: 6:29.17	36.26	1300m: 15:29.44	36.07	2050m: 24:33.30	36.29
	600m: 7:05.49	36.32	1350m: 16:05.91	36.47	2100m: 25:09.62	36.32
	650m: 7:41.56	36.07	1400m: 16:42.37	36.46	2150m: 25:46.19	36.57
	700m: 8:17.70	36.14	1450m: 17:18.76	36.39	2200m: 26:22.89	36.70
	750m: 8:53.73	36.03	1500m: 17:54.99	36.23	2250m: 26:59.27	36.38
					2300m: 27:35.87	36.60
					2350m: 28:12.54	36.67
					2400m: 28:48.82	36.28
					2450m: 29:25.76	36.94
					2500m: 30:01.88	36.12
					2550m: 30:37.55	35.67
					2600m: 31:13.68	36.13
					2650m: 31:50.17	36.49
					2700m: 32:26.52	36.35
					2750m: 33:02.84	36.32
					2800m: 33:38.94	36.10
					2850m: 34:15.00	36.06
					2900m: 34:50.90	35.90
					2950m: 35:26.75	35.85
					3000m: 36:01.09	34.34
BX	FERRI MARTINEZ, Marc		01	C.N. Barcelona	-	-
BX	MONTEIRO VIEGAS, Marc		00	Fed Andorrana	-	-

Absolut, Júnior 2 i Júnior 1

1.	PUJOL BELMONTE, Guillem		97	C.N. Mataró	31:35.21	19,00
	50m: 28.90	28.90	800m: 8:12.25	31.57	1550m: 16:06.91	31.87
	100m: 58.83	29.93	850m: 8:43.43	31.18	1600m: 16:38.83	31.92
	150m: 1:29.41	30.58	900m: 9:14.90	31.47	1650m: 17:10.81	31.98
	200m: 2:00.43	31.02	950m: 9:46.83	31.93	1700m: 17:43.08	32.27
	250m: 2:30.64	30.21	1000m: 10:18.36	31.53	1750m: 18:14.99	31.91
	300m: 3:01.32	30.68	1050m: 10:50.37	32.01	1800m: 18:47.02	32.03
	350m: 3:32.14	30.82	1100m: 11:21.67	31.30	1850m: 19:19.23	32.21
	400m: 4:02.51	30.37	1150m: 11:53.40	31.73	1900m: 19:51.35	32.12
	450m: 4:33.81	31.30	1200m: 12:24.95	31.55	1950m: 20:23.53	32.18
	500m: 5:04.87	31.06	1250m: 12:56.48	31.53	2000m: 20:55.58	32.05
	550m: 5:35.45	30.58	1300m: 13:28.06	31.58	2050m: 21:27.53	31.95
	600m: 6:07.04	31.59	1350m: 13:59.61	31.55	2100m: 21:59.40	31.87
	650m: 6:38.05	31.01	1400m: 14:31.51	31.90	2150m: 22:31.45	32.05
	700m: 7:09.43	31.38	1450m: 15:03.25	31.74	2200m: 23:03.45	32.00
	750m: 7:40.68	31.25	1500m: 15:35.04	31.79	2250m: 23:35.17	31.72
					2300m: 24:07.38	32.21
					2350m: 24:39.53	32.15
					2400m: 25:11.91	32.38
					2450m: 25:43.97	32.06
					2500m: 26:16.50	32.53
					2550m: 26:48.72	32.22
					2600m: 27:20.86	32.14
					2650m: 27:52.77	31.91
					2700m: 28:24.71	31.94
					2750m: 28:56.91	32.20
					2800m: 29:29.14	32.23
					2850m: 30:01.37	32.23
					2900m: 30:33.86	32.49
					2950m: 31:06.01	32.15
					3000m: 31:35.21	29.20
2.	COMA PLANELLA, Roger		00	C.N. Mataró	32:05.11	16,00
	50m: 30.85	30.85	800m: 8:28.71	31.68	1550m: 16:25.64	31.85
	100m: 1:02.08	31.23	850m: 9:00.63	31.92	1600m: 16:57.54	31.90
	150m: 1:34.01	31.93	900m: 9:32.42	31.79	1650m: 17:29.45	31.91
	200m: 2:05.99	31.98	950m: 10:04.23	31.81	1700m: 18:01.50	32.05
	250m: 2:38.01	32.02	1000m: 10:35.82	31.59	1750m: 18:33.69	32.19
	300m: 3:09.89	31.88	1050m: 11:07.15	31.33	1800m: 19:06.20	32.51
	350m: 3:41.89	32.00	1100m: 11:38.50	31.35	1850m: 19:38.54	32.34
	400m: 4:13.74	31.85	1150m: 12:10.40	31.90	1900m: 20:10.89	32.35
	450m: 4:45.89	32.15	1200m: 12:42.56	32.16	1950m: 20:43.24	32.35
	500m: 5:17.83	31.94	1250m: 13:14.34	31.78	2000m: 21:15.60	32.36
	550m: 5:49.56	31.73	1300m: 13:46.39	32.05	2050m: 21:48.06	32.46
	600m: 6:21.51	31.95	1350m: 14:17.93	31.54	2100m: 22:20.67	32.61
	650m: 6:53.30	31.79	1400m: 14:50.14	32.21	2150m: 22:52.97	32.30
	700m: 7:25.16	31.86	1450m: 15:21.82	31.68	2200m: 23:25.39	32.42
	750m: 7:57.03	31.87	1500m: 15:53.79	31.97	2250m: 23:57.88	32.49
					2300m: 24:30.37	32.49
					2350m: 25:02.78	32.41
					2400m: 25:35.46	32.68
					2450m: 26:08.25	32.79
					2500m: 26:40.95	32.70
					2550m: 27:13.62	32.67
					2600m: 27:46.29	32.67
					2650m: 28:18.94	32.65
					2700m: 28:51.31	32.37
					2750m: 29:23.78	32.47
					2800m: 29:56.30	32.52
					2850m: 30:29.10	32.80
					2900m: 31:01.93	32.83
					2950m: 31:34.22	32.29
					3000m: 32:05.11	30.89
3.	REED, Lachlan James		05	C.N. Banyoles	32:09.16	19,00
	50m: 31.52	31.52	600m: 6:27.21	32.68	1150m: 12:20.43	32.25
	100m: 1:04.18	32.66	650m: 6:59.74	32.53	1200m: 12:52.85	32.42
	150m: 1:36.91	32.73	700m: 7:31.99	32.25	1250m: 13:25.27	32.42
	200m: 2:09.40	32.49	750m: 8:03.82	31.83	1300m: 13:57.44	32.17
	250m: 2:41.53	32.13	800m: 8:35.88	32.06	1350m: 14:29.61	32.17
	300m: 3:14.04	32.51	850m: 9:08.39	32.51	1400m: 15:01.90	32.29
	350m: 3:46.41	32.37	900m: 9:40.13	31.74	1450m: 15:33.80	31.90
	400m: 4:18.87	32.46	950m: 10:12.03	31.90	1500m: 16:06.22	32.42
	450m: 4:51.02	32.15	1000m: 10:44.66	32.63	1550m: 16:38.63	32.41
	500m: 5:23.50	32.48	1050m: 11:16.68	32.02	1600m: 17:10.45	31.82
	550m: 5:54.53	31.03	1100m: 11:48.18	31.50	1650m: 17:42.66	32.21
					1700m: 18:15.16	32.50
					1750m: 18:47.50	32.34
					1800m: 19:20.10	32.60
					1850m: 19:52.74	32.64
					1900m: 20:24.16	31.42
					1950m: 20:56.38	32.22
					2000m: 21:29.09	32.71
					2050m: 22:01.36	32.27
					2100m: 22:33.52	32.16
					2150m: 23:05.88	32.36
					2200m: 23:37.49	31.61

NQ = Nedadors NO Classificats (tall no superat)

Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY				Temps						
2250m:	24:09.35	31.86	2450m:	26:18.43	31.91	2650m:	28:26.39	32.22	2850m:	30:35.89	32.44
2300m:	24:42.07	32.72	2500m:	26:49.94	31.51	2700m:	28:59.42	33.03	2900m:	31:08.05	32.16
2350m:	25:14.28	32.21	2550m:	27:22.43	32.49	2750m:	29:31.51	32.09	2950m:	31:39.51	31.46
2400m:	25:46.52	32.24	2600m:	27:54.17	31.74	2800m:	30:03.45	31.94	3000m:	32:09.16	29.65
4. GIL TARAZONA, Pol	96				C.N. Barcelona	32:12.22				14,00	
50m:	30.45	30.45	800m:	8:30.55	32.19	1550m:	16:35.17	32.22	2300m:	24:41.90	32.72
100m:	1:02.07	31.62	850m:	9:02.67	32.12	1600m:	17:07.57	32.40	2350m:	25:14.56	32.66
150m:	1:33.92	31.85	900m:	9:34.64	31.97	1650m:	17:39.91	32.34	2400m:	25:47.36	32.80
200m:	2:05.71	31.79	950m:	10:07.09	32.45	1700m:	18:12.14	32.23	2450m:	26:19.96	32.60
250m:	2:37.80	32.09	1000m:	10:39.60	32.51	1750m:	18:44.28	32.14	2500m:	26:52.78	32.82
300m:	3:09.96	32.16	1050m:	11:11.80	32.20	1800m:	19:16.49	32.21	2550m:	27:24.71	31.93
350m:	3:41.83	31.87	1100m:	11:44.16	32.36	1850m:	19:48.44	31.95	2600m:	27:56.40	31.69
400m:	4:13.98	32.15	1150m:	12:16.65	32.49	1900m:	20:20.69	32.25	2650m:	28:28.85	32.45
450m:	4:46.00	32.02	1200m:	12:48.93	32.28	1950m:	20:53.26	32.57	2700m:	29:00.72	31.87
500m:	5:18.17	32.17	1250m:	13:21.34	32.41	2000m:	21:25.93	32.67	2750m:	29:32.81	32.09
550m:	5:49.97	31.80	1300m:	13:53.66	32.32	2050m:	21:58.09	32.16	2800m:	30:05.05	32.24
600m:	6:22.26	32.29	1350m:	14:25.86	32.20	2100m:	22:30.65	32.56	2850m:	30:37.51	32.46
650m:	6:54.32	32.06	1400m:	14:58.31	32.45	2150m:	23:03.42	32.77	2900m:	31:10.39	32.88
700m:	7:26.37	32.05	1450m:	15:30.61	32.30	2200m:	23:36.37	32.95	2950m:	31:42.04	31.65
750m:	7:58.36	31.99	1500m:	16:02.95	32.34	2250m:	24:09.18	32.81	3000m:	32:12.22	30.18
5. YAGÜES ESCRIBA, Pol	02				C.N. Sabadell	32:21.34				19,00	
50m:	31.18	31.18	800m:	8:32.18	32.39	1550m:	16:35.52	32.42	2300m:	24:43.99	32.92
100m:	1:02.89	31.71	850m:	9:04.51	32.33	1600m:	17:08.05	32.53	2350m:	25:16.57	32.58
150m:	1:34.89	32.00	900m:	9:36.56	32.05	1650m:	17:40.33	32.28	2400m:	25:49.24	32.67
200m:	2:06.98	32.09	950m:	10:08.48	31.92	1700m:	18:12.78	32.45	2450m:	26:22.15	32.91
250m:	2:39.23	32.25	1000m:	10:40.72	32.24	1750m:	18:45.11	32.33	2500m:	26:54.98	32.83
300m:	3:11.25	32.02	1050m:	11:13.26	32.54	1800m:	19:17.51	32.40	2550m:	27:27.38	32.40
350m:	3:43.35	32.10	1100m:	11:45.34	32.08	1850m:	19:49.84	32.33	2600m:	27:59.84	32.46
400m:	4:15.19	31.84	1150m:	12:17.46	32.12	1900m:	20:22.48	32.64	2650m:	28:32.27	32.43
450m:	4:47.37	32.18	1200m:	12:49.46	32.00	1950m:	20:55.00	32.52	2700m:	29:05.12	32.85
500m:	5:19.36	31.99	1250m:	13:21.67	32.21	2000m:	21:27.93	32.93	2750m:	29:38.10	32.98
550m:	5:51.35	31.99	1300m:	13:54.08	32.41	2050m:	22:00.62	32.69	2800m:	30:10.89	32.79
600m:	6:23.60	32.25	1350m:	14:26.23	32.15	2100m:	22:33.24	32.62	2850m:	30:43.57	32.68
650m:	6:55.68	32.08	1400m:	14:58.46	32.23	2150m:	23:06.00	32.76	2900m:	31:16.37	32.80
700m:	7:27.75	32.07	1450m:	15:30.84	32.38	2200m:	23:38.52	32.52	2950m:	31:49.71	33.34
750m:	7:59.79	32.04	1500m:	16:03.10	32.26	2250m:	24:11.07	32.55	3000m:	32:21.34	31.63
6. ORTIZ MARTINEZ, Carlos	04				C.N. Barcelona	32:45.77				16,00	
50m:	31.10	31.10	800m:	8:41.92	32.65	1550m:	16:49.17	33.45	2300m:	25:05.84	33.34
100m:	1:03.87	32.77	850m:	9:14.54	32.62	1600m:	17:22.70	33.53	2350m:	25:38.81	32.97
150m:	1:36.82	32.95	900m:	9:47.12	32.58	1650m:	17:55.40	32.70	2400m:	26:11.86	33.05
200m:	2:09.36	32.54	950m:	10:18.92	31.80	1700m:	18:28.73	33.33	2450m:	26:44.87	33.01
250m:	2:42.53	33.17	1000m:	10:51.69	32.77	1750m:	19:01.86	33.13	2500m:	27:18.24	33.37
300m:	3:15.29	32.76	1050m:	11:24.14	32.45	1800m:	19:34.83	32.97	2550m:	27:51.26	33.02
350m:	3:47.88	32.59	1100m:	11:56.56	32.42	1850m:	20:08.28	33.45	2600m:	28:24.30	33.04
400m:	4:20.85	32.97	1150m:	12:29.26	32.70	1900m:	20:40.95	32.67	2650m:	28:57.79	33.49
450m:	4:53.32	32.47	1200m:	13:01.17	31.91	1950m:	21:13.88	32.93	2700m:	29:31.34	33.55
500m:	5:25.62	32.30	1250m:	13:33.14	31.97	2000m:	21:47.20	33.32	2750m:	30:04.11	32.77
550m:	5:58.79	33.17	1300m:	14:05.69	32.55	2050m:	22:20.44	33.24	2800m:	30:37.86	33.75
600m:	6:31.32	32.53	1350m:	14:37.84	32.15	2100m:	22:53.56	33.12	2850m:	31:11.34	33.48
650m:	7:03.83	32.51	1400m:	15:10.56	32.72	2150m:	23:26.60	33.04	2900m:	31:44.52	33.18
700m:	7:36.24	32.41	1450m:	15:42.91	32.35	2200m:	23:59.51	32.91	2950m:	32:15.77	31.25
750m:	8:09.27	33.03	1500m:	16:15.72	32.81	2250m:	24:32.50	32.99	3000m:	32:45.77	30.00
7. RODRIGUEZ QUINTANA, Marc	05				C.N. Banyoles	32:57.15				14,00	
50m:	32.25	32.25	650m:	7:03.71	32.16	1250m:	13:35.31	32.66	1850m:	20:11.07	33.05
100m:	1:04.31	32.06	700m:	7:36.14	32.43	1300m:	14:07.91	32.60	1900m:	20:44.15	33.08
150m:	1:37.21	32.90	750m:	8:09.13	32.99	1350m:	14:41.01	33.10	1950m:	21:17.04	32.89
200m:	2:09.71	32.50	800m:	8:42.00	32.87	1400m:	15:14.16	33.15	2000m:	21:50.26	33.22
250m:	2:42.43	32.72	850m:	9:14.32	32.32	1450m:	15:47.25	33.09	2050m:	22:23.55	33.29
300m:	3:15.16	32.73	900m:	9:47.04	32.72	1500m:	16:20.21	32.96	2100m:	22:56.49	32.94
350m:	3:48.11	32.95	950m:	10:19.78	32.74	1550m:	16:53.43	33.22	2150m:	23:29.47	32.98
400m:	4:20.81	32.70	1000m:	10:52.43	32.65	1600m:	17:26.83	33.40	2200m:	24:02.62	33.15
450m:	4:53.28	32.47	1050m:	11:24.90	32.47	1650m:	17:59.93	33.10	2250m:	24:36.22	33.60
500m:	5:25.99	32.71	1100m:	11:57.07	32.17	1700m:	18:32.68	32.75	2300m:	25:09.76	33.54
550m:	5:58.96	32.97	1150m:	12:29.90	32.83	1750m:	19:05.00	32.32	2350m:	25:43.07	33.31
600m:	6:31.55	32.59	1200m:	13:02.65	32.75	1800m:	19:38.02	33.02	2400m:	26:16.56	33.49

NQ = Nedadors NO Classificats (tall no superat)

Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY				Temps						
2450m:	26:50.23	33.67	2600m:	28:31.93	33.70	2750m:	30:13.12	33.95	2900m:	31:53.71	33.81
2500m:	27:24.18	33.95	2650m:	29:05.69	33.76	2800m:	30:46.40	33.28	2950m:	32:26.07	32.36
2550m:	27:58.23	34.05	2700m:	29:39.17	33.48	2850m:	31:19.90	33.50	3000m:	32:57.15	31.08
8.	CABEZUELO AREVALO, Albert				04	A.N. Gramenet		32:57.79	13,00		
50m:	30.43	30.43	800m:	8:37.56	32.92	1550m:	16:57.55	33.43	2300m:	25:17.53	33.44
100m:	1:01.72	31.29	850m:	9:10.53	32.97	1600m:	17:31.42	33.87	2350m:	25:50.87	33.34
150m:	1:33.32	31.60	900m:	9:43.87	33.34	1650m:	18:04.79	33.37	2400m:	26:24.58	33.71
200m:	2:05.49	32.17	950m:	10:16.81	32.94	1700m:	18:38.50	33.71	2450m:	26:58.23	33.65
250m:	2:37.70	32.21	1000m:	10:50.07	33.26	1750m:	19:11.87	33.37	2500m:	27:31.95	33.72
300m:	3:09.98	32.28	1050m:	11:23.14	33.07	1800m:	19:45.44	33.57	2550m:	28:04.89	32.94
350m:	3:42.49	32.51	1100m:	11:56.39	33.25	1850m:	20:18.54	33.10	2600m:	28:38.15	33.26
400m:	4:15.18	32.69	1150m:	12:29.37	32.98	1900m:	20:51.98	33.44	2650m:	29:11.42	33.27
450m:	4:47.55	32.37	1200m:	13:02.86	33.49	1950m:	21:25.19	33.21	2700m:	29:44.27	32.85
500m:	5:20.46	32.91	1250m:	13:36.26	33.40	2000m:	21:58.17	32.98	2750m:	30:17.27	33.00
550m:	5:53.04	32.58	1300m:	14:09.80	33.54	2050m:	22:31.26	33.09	2800m:	30:50.13	32.86
600m:	6:25.92	32.88	1350m:	14:43.29	33.49	2100m:	23:04.17	32.91	2850m:	31:22.56	32.43
650m:	6:58.64	32.72	1400m:	15:16.98	33.69	2150m:	23:37.54	33.37	2900m:	31:55.01	32.45
700m:	7:31.92	33.28	1450m:	15:50.44	33.46	2200m:	24:11.03	33.49	2950m:	32:27.04	32.03
750m:	8:04.64	32.72	1500m:	16:24.12	33.68	2250m:	24:44.09	33.06	3000m:	32:57.79	30.75
9.	FLORENCIO FERNANDEZ, Ian				05	C.N. Esplugues		33:05.97	12,00		
50m:	31.48	31.48	800m:	8:39.03	32.45	1550m:	16:54.63	33.36	2300m:	25:15.72	33.33
100m:	1:03.69	32.21	850m:	9:11.60	32.57	1600m:	17:27.70	33.07	2350m:	25:49.21	33.49
150m:	1:35.64	31.95	900m:	9:44.23	32.63	1650m:	18:01.36	33.66	2400m:	26:22.86	33.65
200m:	2:08.14	32.50	950m:	10:16.90	32.67	1700m:	18:34.69	33.33	2450m:	26:56.39	33.53
250m:	2:40.53	32.39	1000m:	10:50.01	33.11	1750m:	19:08.13	33.44	2500m:	27:30.06	33.67
300m:	3:12.93	32.40	1050m:	11:22.69	32.68	1800m:	19:41.91	33.78	2550m:	28:04.02	33.96
350m:	3:45.54	32.61	1100m:	11:55.68	32.99	1850m:	20:15.47	33.56	2600m:	28:37.97	33.95
400m:	4:18.19	32.65	1150m:	12:28.79	33.11	1900m:	20:49.14	33.67	2650m:	29:11.71	33.74
450m:	4:50.70	32.51	1200m:	13:01.68	32.89	1950m:	21:22.14	33.00	2700m:	29:45.72	34.01
500m:	5:23.44	32.74	1250m:	13:35.33	33.65	2000m:	21:55.73	33.59	2750m:	30:19.64	33.92
550m:	5:56.38	32.94	1300m:	14:08.26	32.93	2050m:	22:28.47	32.74	2800m:	30:53.44	33.80
600m:	6:28.37	31.99	1350m:	14:41.19	32.93	2100m:	23:02.37	33.90	2850m:	31:27.14	33.70
650m:	7:01.43	33.06	1400m:	15:14.87	33.68	2150m:	23:35.79	33.42	2900m:	32:00.73	33.59
700m:	7:34.01	32.58	1450m:	15:47.89	33.02	2200m:	24:09.22	33.43	2950m:	32:33.51	32.78
750m:	8:06.58	32.57	1500m:	16:21.27	33.38	2250m:	24:42.39	33.17	3000m:	33:05.97	32.46
10.	HONRUBIA CERDA, Arnau				99	C.N. Mataró		33:10.98	13,00		
50m:	31.23	31.23	800m:	8:40.70	32.96	1550m:	16:58.78	33.17	2300m:	25:23.48	32.59
100m:	1:02.70	31.47	850m:	9:13.50	32.80	1600m:	17:32.13	33.35	2350m:	25:56.97	33.49
150m:	1:34.31	31.61	900m:	9:46.21	32.71	1650m:	18:05.79	33.66	2400m:	26:30.69	33.72
200m:	2:06.33	32.02	950m:	10:19.35	33.14	1700m:	18:39.40	33.61	2450m:	27:04.21	33.52
250m:	2:38.70	32.37	1000m:	10:52.54	33.19	1750m:	19:12.88	33.48	2500m:	27:37.94	33.73
300m:	3:10.88	32.18	1050m:	11:25.83	33.29	1800m:	19:46.90	34.02	2550m:	28:11.69	33.75
350m:	3:43.28	32.40	1100m:	11:59.08	33.25	1850m:	20:20.63	33.73	2600m:	28:45.51	33.82
400m:	4:16.11	32.83	1150m:	12:32.22	33.14	1900m:	20:54.15	33.52	2650m:	29:19.09	33.58
450m:	4:49.00	32.89	1200m:	13:05.34	33.12	1950m:	21:27.92	33.77	2700m:	29:53.14	34.05
500m:	5:21.90	32.90	1250m:	13:38.36	33.02	2000m:	22:01.28	33.36	2750m:	30:26.78	33.64
550m:	5:55.22	33.32	1300m:	14:11.63	33.27	2050m:	22:34.91	33.63	2800m:	30:59.95	33.17
600m:	6:28.50	33.28	1350m:	14:45.15	33.52	2100m:	23:09.00	34.09	2850m:	31:32.81	32.86
650m:	7:01.40	32.90	1400m:	15:18.79	33.64	2150m:	23:43.15	34.15	2900m:	32:05.75	32.94
700m:	7:34.73	33.33	1450m:	15:52.44	33.65	2200m:	24:16.76	33.61	2950m:	32:38.51	32.76
750m:	8:07.74	33.01	1500m:	16:25.61	33.17	2250m:	24:50.89	34.13	3000m:	33:10.98	32.47
11.	MORALES CEBEY, Hector				02	C.N. Granollers		33:28.52	16,00		
50m:	31.74	31.74	700m:	7:33.61	32.84	1350m:	14:49.63	33.89	2000m:	22:12.21	33.95
100m:	1:03.52	31.78	750m:	8:06.34	32.73	1400m:	15:23.58	33.95	2050m:	22:46.14	33.93
150m:	1:35.66	32.14	800m:	8:39.36	33.02	1450m:	15:57.36	33.78	2100m:	23:20.13	33.99
200m:	2:07.98	32.32	850m:	9:12.65	33.29	1500m:	16:31.36	34.00	2150m:	23:54.14	34.01
250m:	2:40.64	32.66	900m:	9:46.03	33.38	1550m:	17:05.47	34.11	2200m:	24:28.48	34.34
300m:	3:12.91	32.27	950m:	10:19.77	33.74	1600m:	17:39.17	33.70	2250m:	25:03.05	34.57
350m:	3:45.25	32.34	1000m:	10:53.48	33.71	1650m:	18:13.32	34.15	2300m:	25:37.45	34.40
400m:	4:17.75	32.50	1050m:	11:27.09	33.61	1700m:	18:47.62	34.30	2350m:	26:12.20	34.75
450m:	4:50.31	32.56	1100m:	12:00.81	33.72	1750m:	19:21.81	34.19	2400m:	26:46.87	34.67
500m:	5:22.68	32.37	1150m:	12:34.52	33.71	1800m:	19:55.91	34.10	2450m:	27:21.42	34.55
550m:	5:55.31	32.63	1200m:	13:08.30	33.78	1850m:	20:29.96	34.05	2500m:	27:55.58	34.16
600m:	6:28.03	32.72	1250m:	13:41.98	33.68	1900m:	21:04.20	34.24	2550m:	28:29.65	34.07
650m:	7:00.77	32.74	1300m:	14:15.74	33.76	1950m:	21:38.26	34.06	2600m:	29:03.46	33.81

NQ = Nedadors NO Classificats (tall no superat)

Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY				Temps						
	2650m: 29:37.15	33.69	2750m: 30:44.57	33.40	2850m: 31:50.69	33.24	2950m: 32:56.87	32.88			
	2700m: 30:11.17	34.02	2800m: 31:17.45	32.88	2900m: 32:23.99	33.30	3000m: 33:28.52	31.65			
12. VILAREGUT DE MINGO, Eric	01	C.N. Barcelona	33:32.61	12,00							
50m:	30.98	30.98	800m:	8:43.03	33.44	1550m:	17:08.95	33.99	2300m:	25:37.33	34.05
100m:	1:03.09	32.11	850m:	9:16.76	33.73	1600m:	17:42.61	33.66	2350m:	26:11.71	34.38
150m:	1:35.68	32.59	900m:	9:50.38	33.62	1650m:	18:16.60	33.99	2400m:	26:46.10	34.39
200m:	2:08.05	32.37	950m:	10:24.31	33.93	1700m:	18:50.57	33.97	2450m:	27:20.70	34.60
250m:	2:40.93	32.88	1000m:	10:57.92	33.61	1750m:	19:24.06	33.49	2500m:	27:55.28	34.58
300m:	3:13.35	32.42	1050m:	11:31.81	33.89	1800m:	19:57.83	33.77	2550m:	28:29.93	34.65
350m:	3:45.83	32.48	1100m:	12:05.61	33.80	1850m:	20:31.87	34.04	2600m:	29:03.88	33.95
400m:	4:18.44	32.61	1150m:	12:39.86	34.25	1900m:	21:05.83	33.96	2650m:	29:37.66	33.78
450m:	4:51.15	32.71	1200m:	13:13.12	33.26	1950m:	21:40.03	34.20	2700m:	30:11.55	33.89
500m:	5:24.35	33.20	1250m:	13:46.70	33.58	2000m:	22:14.48	34.45	2750m:	30:45.15	33.60
550m:	5:57.61	33.26	1300m:	14:20.78	34.08	2050m:	22:48.13	33.65	2800m:	31:19.12	33.97
600m:	6:30.77	33.16	1350m:	14:54.66	33.88	2100m:	23:21.33	33.20	2850m:	31:53.07	33.95
650m:	7:03.77	33.00	1400m:	15:28.61	33.95	2150m:	23:54.97	33.64	2900m:	32:27.66	34.59
700m:	7:36.49	32.72	1450m:	16:01.71	33.10	2200m:	24:29.37	34.40	2950m:	33:00.07	32.41
750m:	8:09.59	33.10	1500m:	16:34.96	33.25	2250m:	25:03.28	33.91	3000m:	33:32.61	32.54
13. LIRES SUELDO, Manuel	02	C.N. Barcelona	34:03.19	14,00							
50m:	32.89	32.89	800m:	8:54.39	33.49	1550m:	17:26.52	34.77	2300m:	26:07.96	34.90
100m:	1:06.16	33.27	850m:	9:28.18	33.79	1600m:	18:00.57	34.05	2350m:	26:42.79	34.83
150m:	1:39.01	32.85	900m:	10:01.90	33.72	1650m:	18:34.88	34.31	2400m:	27:18.02	35.23
200m:	2:12.39	33.38	950m:	10:35.58	33.68	1700m:	19:09.32	34.44	2450m:	27:52.82	34.80
250m:	2:46.09	33.70	1000m:	11:09.62	34.04	1750m:	19:44.22	34.90	2500m:	28:27.12	34.30
300m:	3:19.55	33.46	1050m:	11:43.54	33.92	1800m:	20:18.98	34.76	2550m:	29:01.34	34.22
350m:	3:52.88	33.33	1100m:	12:17.27	33.73	1850m:	20:53.53	34.55	2600m:	29:34.67	33.33
400m:	4:26.23	33.35	1150m:	12:51.32	34.05	1900m:	21:28.49	34.96	2650m:	30:08.55	33.88
450m:	5:00.01	33.78	1200m:	13:25.66	34.34	1950m:	22:03.28	34.79	2700m:	30:42.61	34.06
500m:	5:33.50	33.49	1250m:	13:59.56	33.90	2000m:	22:37.97	34.69	2750m:	31:16.63	34.02
550m:	6:06.98	33.48	1300m:	14:33.78	34.22	2050m:	23:12.83	34.86	2800m:	31:50.28	33.65
600m:	6:40.38	33.40	1350m:	15:08.14	34.36	2100m:	23:47.76	34.93	2850m:	32:24.39	34.11
650m:	7:13.76	33.38	1400m:	15:42.70	34.56	2150m:	24:23.38	35.62	2900m:	32:58.17	33.78
700m:	7:47.14	33.38	1450m:	16:17.37	34.67	2200m:	24:58.25	34.87	2950m:	33:32.21	34.04
750m:	8:20.90	33.76	1500m:	16:51.75	34.38	2250m:	25:33.06	34.81	3000m:	34:03.19	30.98
14. GIRALT PIDEMONT, Jan	96	C.N. Mataró	34:09.69	11,00							
50m:	32.36	32.36	800m:	9:06.64	34.25	1550m:	17:40.14	34.18	2300m:	26:15.29	33.80
100m:	1:06.12	33.76	850m:	9:41.31	34.67	1600m:	18:14.08	33.94	2350m:	26:49.45	34.16
150m:	1:40.56	34.44	900m:	10:16.08	34.77	1650m:	18:48.71	34.63	2400m:	27:23.32	33.87
200m:	2:14.49	33.93	950m:	10:50.44	34.36	1700m:	19:23.45	34.74	2450m:	27:57.39	34.07
250m:	2:48.56	34.07	1000m:	11:24.57	34.13	1750m:	19:58.23	34.78	2500m:	28:31.73	34.34
300m:	3:22.64	34.08	1050m:	11:58.80	34.23	1800m:	20:32.84	34.61	2550m:	29:05.84	34.11
350m:	3:57.18	34.54	1100m:	12:32.89	34.09	1850m:	21:07.22	34.38	2600m:	29:39.66	33.82
400m:	4:31.62	34.44	1150m:	13:07.08	34.19	1900m:	21:41.47	34.25	2650m:	30:13.89	34.23
450m:	5:05.79	34.17	1200m:	13:41.08	34.00	1950m:	22:16.02	34.55	2700m:	30:48.38	34.49
500m:	5:40.25	34.46	1250m:	14:15.53	34.45	2000m:	22:50.59	34.57	2750m:	31:22.61	34.23
550m:	6:14.84	34.59	1300m:	14:47.99	32.46	2050m:	23:24.85	34.26	2800m:	31:56.80	34.19
600m:	6:49.28	34.44	1350m:	15:22.50	34.51	2100m:	23:59.46	34.61	2850m:	32:31.17	34.37
650m:	7:23.67	34.39	1400m:	15:57.08	34.58	2150m:	24:33.64	34.18	2900m:	33:05.39	34.22
700m:	7:58.04	34.37	1450m:	16:31.60	34.52	2200m:	25:07.59	33.95	2950m:	33:38.95	33.56
750m:	8:32.39	34.35	1500m:	17:05.96	34.36	2250m:	25:41.49	33.90	3000m:	34:09.69	30.74
15. YEGRES COTTIN, Andres	02	C.N. Barcelona	34:12.69	13,00							
50m:	31.71	31.71	750m:	8:18.26	33.04	1450m:	16:09.24	34.31	2150m:	24:13.43	35.39
100m:	1:04.60	32.89	800m:	8:51.44	33.18	1500m:	16:43.59	34.35	2200m:	24:49.12	35.69
150m:	1:37.85	33.25	850m:	9:25.23	33.79	1550m:	17:17.38	33.79	2250m:	25:24.87	35.75
200m:	2:11.39	33.54	900m:	9:58.73	33.50	1600m:	17:51.66	34.28	2300m:	26:00.55	35.68
250m:	2:44.79	33.40	950m:	10:32.21	33.48	1650m:	18:25.91	34.25	2350m:	26:36.18	35.63
300m:	3:17.97	33.18	1000m:	11:05.60	33.39	1700m:	19:00.18	34.27	2400m:	27:11.46	35.28
350m:	3:51.69	33.72	1050m:	11:38.04	32.44	1750m:	19:34.17	33.99	2450m:	27:46.78	35.32
400m:	4:25.22	33.53	1100m:	12:11.32	33.28	1800m:	20:08.58	34.41	2500m:	28:22.62	35.84
450m:	4:58.71	33.49	1150m:	12:45.05	33.73	1850m:	20:42.80	34.22	2550m:	28:57.80	35.18
500m:	5:32.02	33.31	1200m:	13:19.09	34.04	1900m:	21:17.16	34.36	2600m:	29:32.89	35.09
550m:	6:05.58	33.56	1250m:	13:53.12	34.03	1950m:	21:52.14	34.98	2650m:	30:08.20	35.31
600m:	6:38.66	33.08	1300m:	14:27.05	33.93	2000m:	22:27.24	35.10	2700m:	30:43.81	35.61
650m:	7:12.00	33.34	1350m:	15:00.87	33.82	2050m:	23:02.65	35.41	2750m:	31:20.19	36.38
700m:	7:45.22	33.22	1400m:	15:34.93	34.06	2100m:	23:38.04	35.39	2800m:	31:56.43	36.24

NQ = Nedadors NO Classificats (tall no superat)

Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY				Temps						
	2850m: 32:32.71	36.28	2900m: 33:06.90	34.19	2950m: 33:41.59	34.69	3000m: 34:12.69	31.10			
16. REYES VALENZUELA, Abel	03	C.N. Mataró					34:17.66	12,00			
50m:	31.56	31.56	800m:	8:56.45	33.90	1550m:	17:37.71	34.83	2300m:	26:19.01	34.74
100m:	1:04.50	32.94	850m:	9:30.71	34.26	1600m:	18:12.28	34.57	2350m:	26:53.56	34.55
150m:	1:38.37	33.87	900m:	10:05.21	34.50	1650m:	18:47.01	34.73	2400m:	27:28.31	34.75
200m:	2:11.93	33.56	950m:	10:39.60	34.39	1700m:	19:21.97	34.96	2450m:	28:02.98	34.67
250m:	2:45.53	33.60	1000m:	11:14.31	34.71	1750m:	19:57.17	35.20	2500m:	28:38.11	35.13
300m:	3:19.20	33.67	1050m:	11:49.09	34.78	1800m:	20:32.11	34.94	2550m:	29:11.64	33.53
350m:	3:52.94	33.74	1100m:	12:23.89	34.80	1850m:	21:06.51	34.40	2600m:	29:45.67	34.03
400m:	4:26.36	33.42	1150m:	12:58.46	34.57	1900m:	21:41.43	34.92	2650m:	30:19.41	33.74
450m:	4:59.91	33.55	1200m:	13:33.27	34.81	1950m:	22:16.51	35.08	2700m:	30:53.27	33.86
500m:	5:33.65	33.74	1250m:	14:08.01	34.74	2000m:	22:51.62	35.11	2750m:	31:27.77	34.50
550m:	6:07.14	33.49	1300m:	14:42.79	34.78	2050m:	23:26.22	34.60	2800m:	32:02.11	34.34
600m:	6:40.85	33.71	1350m:	15:17.95	35.16	2100m:	24:00.57	34.35	2850m:	32:36.64	34.53
650m:	7:14.75	33.90	1400m:	15:53.15	35.20	2150m:	24:34.74	34.17	2900m:	33:11.01	34.37
700m:	7:48.83	34.08	1450m:	16:27.96	34.81	2200m:	25:09.50	34.76	2950m:	33:44.43	33.42
750m:	8:22.55	33.72	1500m:	17:02.88	34.92	2250m:	25:44.27	34.77	3000m:	34:17.66	33.23
17. PEREZ PUJOL, Oriol	05	C.N. Terrassa					34:23.33	11,00			
50m:	31.77	31.77	800m:	9:05.70	34.49	1550m:	17:41.75	34.62	2300m:	26:20.94	34.37
100m:	1:05.03	33.26	850m:	9:40.27	34.57	1600m:	18:16.18	34.43	2350m:	26:55.60	34.66
150m:	1:39.02	33.99	900m:	10:14.97	34.70	1650m:	18:50.60	34.42	2400m:	27:30.31	34.71
200m:	2:13.13	34.11	950m:	10:49.35	34.38	1700m:	19:25.51	34.91	2450m:	28:04.78	34.47
250m:	2:47.26	34.13	1000m:	11:23.74	34.39	1750m:	20:00.44	34.93	2500m:	28:39.18	34.40
300m:	3:21.34	34.08	1050m:	11:58.19	34.45	1800m:	20:35.31	34.87	2550m:	29:13.56	34.38
350m:	3:55.74	34.40	1100m:	12:32.32	34.13	1850m:	21:09.74	34.43	2600m:	29:47.86	34.30
400m:	4:30.19	34.45	1150m:	13:06.65	34.33	1900m:	21:44.07	34.33	2650m:	30:22.21	34.35
450m:	5:04.40	34.21	1200m:	13:40.87	34.22	1950m:	22:18.60	34.53	2700m:	30:56.94	34.73
500m:	5:38.82	34.42	1250m:	14:15.11	34.24	2000m:	22:53.38	34.78	2750m:	31:31.64	34.70
550m:	6:13.30	34.48	1300m:	14:49.38	34.27	2050m:	23:28.11	34.73	2800m:	32:06.07	34.43
600m:	6:47.69	34.39	1350m:	15:23.75	34.37	2100m:	24:02.74	34.63	2850m:	32:40.82	34.75
650m:	7:22.03	34.34	1400m:	15:58.37	34.62	2150m:	24:37.37	34.63	2900m:	33:15.99	35.17
700m:	7:56.73	34.70	1450m:	16:32.58	34.21	2200m:	25:11.84	34.47	2950m:	33:50.29	34.30
750m:	8:31.21	34.48	1500m:	17:07.13	34.55	2250m:	25:46.57	34.73	3000m:	34:23.33	33.04
18. MARTÍNEZ MARESMÀ, Pol	04	C.N. Mataró					34:29.63	10,00			
50m:	32.32	32.32	800m:	9:03.19	34.88	1550m:	17:38.60	33.97	2300m:	26:19.81	34.94
100m:	1:05.16	32.84	850m:	9:38.02	34.83	1600m:	18:12.93	34.33	2350m:	26:54.13	34.32
150m:	1:38.54	33.38	900m:	10:12.66	34.64	1650m:	18:47.15	34.22	2400m:	27:28.93	34.80
200m:	2:12.83	34.29	950m:	10:47.15	34.49	1700m:	19:20.77	33.62	2450m:	28:04.19	35.26
250m:	2:46.97	34.14	1000m:	11:21.98	34.83	1750m:	19:56.10	35.33	2500m:	28:40.12	35.93
300m:	3:21.02	34.05	1050m:	11:56.62	34.64	1800m:	20:30.60	34.50	2550m:	29:15.00	34.88
350m:	3:54.73	33.71	1100m:	12:31.08	34.46	1850m:	21:04.92	34.32	2600m:	29:50.13	35.13
400m:	4:28.80	34.07	1150m:	13:05.53	34.45	1900m:	21:39.41	34.49	2650m:	30:26.06	35.93
450m:	5:03.08	34.28	1200m:	13:39.12	33.59	1950m:	22:14.17	34.76	2700m:	31:01.52	35.46
500m:	5:37.25	34.17	1250m:	14:13.69	34.57	2000m:	22:49.45	35.28	2750m:	31:37.35	35.83
550m:	6:11.60	34.35	1300m:	14:47.42	33.73	2050m:	23:24.51	35.06	2800m:	32:12.65	35.30
600m:	6:45.75	34.15	1350m:	15:21.81	34.39	2100m:	23:59.80	35.29	2850m:	32:47.49	34.84
650m:	7:19.21	33.46	1400m:	15:55.93	34.12	2150m:	24:35.03	35.23	2900m:	33:23.12	35.63
700m:	7:53.75	34.54	1450m:	16:30.30	34.37	2200m:	25:09.86	34.83	2950m:	33:58.26	35.14
750m:	8:28.31	34.56	1500m:	17:04.63	34.33	2250m:	25:44.87	35.01	3000m:	34:29.63	31.37
19. BOTE BONELL, Josep	04	C.N. Terrassa					34:40.03	9,00			
50m:	31.10	31.10	800m:	9:02.43	34.53	1550m:	17:43.67	35.13	2300m:	26:29.80	34.94
100m:	1:03.22	32.12	850m:	9:36.77	34.34	1600m:	18:19.16	35.49	2350m:	27:04.97	35.17
150m:	1:36.59	33.37	900m:	10:11.46	34.69	1650m:	18:54.50	35.34	2400m:	27:40.63	35.66
200m:	2:10.34	33.75	950m:	10:46.02	34.56	1700m:	19:29.60	35.10	2450m:	28:15.69	35.06
250m:	2:44.33	33.99	1000m:	11:21.10	35.08	1750m:	20:04.60	35.00	2500m:	28:51.24	35.55
300m:	3:18.59	34.26	1050m:	11:55.12	34.02	1800m:	20:40.28	35.68	2550m:	29:26.13	34.89
350m:	3:52.57	33.98	1100m:	12:29.76	34.64	1850m:	21:15.90	35.62	2600m:	30:01.60	35.47
400m:	4:26.98	34.41	1150m:	13:04.33	34.57	1900m:	21:50.88	34.98	2650m:	30:36.56	34.96
450m:	5:01.06	34.08	1200m:	13:39.52	35.19	1950m:	22:26.12	35.24	2700m:	31:11.88	35.32
500m:	5:35.97	34.91	1250m:	14:13.67	34.15	2000m:	23:00.97	34.85	2750m:	31:47.08	35.20
550m:	6:09.95	33.98	1300m:	14:48.43	34.76	2050m:	23:35.48	34.51	2800m:	32:22.43	35.35
600m:	6:44.43	34.48	1350m:	15:23.51	35.08	2100m:	24:10.33	34.85	2850m:	32:56.87	34.44
650m:	7:18.63	34.20	1400m:	15:58.43	34.92	2150m:	24:45.24	34.91	2900m:	33:31.96	35.09
700m:	7:53.29	34.66	1450m:	16:33.34	34.91	2200m:	25:19.94	34.70	2950m:	34:06.45	34.49
750m:	8:27.90	34.61	1500m:	17:08.54	35.20	2250m:	25:54.86	34.92	3000m:	34:40.03	33.58

NQ = Nedadors NO Classificats (tall no superat)

Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY		Temps					
20.	HOOGSTEDER RIERA, Nick		03	C.N. Banyoles	34:41.67	11,00		
	50m: 33.70	33.70	800m: 9:08.17	34.44	1550m: 17:48.46	34.57	2300m: 26:33.19	35.11
	100m: 1:07.34	33.64	850m: 9:42.30	34.13	1600m: 18:23.34	34.88	2350m: 27:08.17	34.98
	150m: 1:41.24	33.90	900m: 10:16.80	34.50	1650m: 18:58.18	34.84	2400m: 27:43.08	34.91
	200m: 2:15.47	34.23	950m: 10:51.16	34.36	1700m: 19:33.18	35.00	2450m: 28:18.26	35.18
	250m: 2:49.73	34.26	1000m: 11:25.57	34.41	1750m: 20:08.14	34.96	2500m: 28:53.02	34.76
	300m: 3:24.47	34.74	1050m: 12:00.29	34.72	1800m: 20:43.03	34.89	2550m: 29:28.14	35.12
	350m: 3:58.86	34.39	1100m: 12:35.06	34.77	1850m: 21:18.29	35.26	2600m: 30:03.22	35.08
	400m: 4:33.27	34.41	1150m: 13:09.65	34.59	1900m: 21:53.24	34.95	2650m: 30:38.38	35.16
	450m: 5:07.74	34.47	1200m: 13:44.67	35.02	1950m: 22:28.42	35.18	2700m: 31:13.75	35.37
	500m: 5:41.77	34.03	1250m: 14:19.83	35.16	2000m: 23:03.41	34.99	2750m: 31:48.70	34.95
	550m: 6:16.00	34.23	1300m: 14:54.61	34.78	2050m: 23:38.41	35.00	2800m: 32:23.65	34.95
	600m: 6:50.56	34.56	1350m: 15:29.22	34.61	2100m: 24:13.32	34.91	2850m: 32:58.46	34.81
	650m: 7:25.17	34.61	1400m: 16:04.05	34.83	2150m: 24:48.41	35.09	2900m: 33:33.09	34.63
	700m: 7:59.57	34.40	1450m: 16:38.99	34.94	2200m: 25:23.41	35.00	2950m: 34:07.61	34.52
	750m: 8:33.73	34.16	1500m: 17:13.89	34.90	2250m: 25:58.08	34.67	3000m: 34:41.67	34.06
21.	COLOMER JIMENEZ, Arnau		03	C.N. Granollers	34:46.97	10,00		
	50m: 31.47	31.47	800m: 8:49.33	35.40	1550m: 17:43.88	36.32	2300m: 26:41.21	34.53
	100m: 1:03.16	31.69	850m: 9:23.40	34.07	1600m: 18:19.85	35.97	2350m: 27:16.33	35.12
	150m: 1:35.32	32.16	900m: 9:58.55	35.15	1650m: 18:56.21	36.36	2400m: 27:51.65	35.32
	200m: 2:07.50	32.18	950m: 10:33.63	35.08	1700m: 19:33.10	36.89	2450m: 28:27.65	36.00
	250m: 2:39.59	32.09	1000m: 11:09.14	35.51	1750m: 20:09.89	36.79	2500m: 29:03.06	35.41
	300m: 3:12.44	32.85	1050m: 11:44.76	35.62	1800m: 20:46.33	36.44	2550m: 29:38.45	35.39
	350m: 3:45.00	32.56	1100m: 12:20.20	35.44	1850m: 21:22.94	36.61	2600m: 30:13.57	35.12
	400m: 4:17.66	32.66	1150m: 12:55.82	35.62	1900m: 21:59.81	36.87	2650m: 30:48.70	35.13
	450m: 4:50.36	32.70	1200m: 13:31.46	35.64	1950m: 22:35.60	35.79	2700m: 31:23.45	34.75
	500m: 5:23.15	32.79	1250m: 14:05.47	34.01	2000m: 23:11.54	35.94	2750m: 31:58.52	35.07
	550m: 5:56.54	33.39	1300m: 14:41.34	35.87	2050m: 23:46.60	35.06	2800m: 32:33.49	34.97
	600m: 6:30.27	33.73	1350m: 15:18.26	36.92	2100m: 24:22.26	35.66	2850m: 33:06.69	33.20
	650m: 7:04.66	34.39	1400m: 15:54.68	36.42	2150m: 24:57.13	34.87	2900m: 33:40.60	33.91
	700m: 7:39.10	34.44	1450m: 16:30.97	36.29	2200m: 25:32.07	34.94	2950m: 34:14.42	33.82
	750m: 8:13.93	34.83	1500m: 17:07.56	36.59	2250m: 26:06.68	34.61	3000m: 34:46.97	32.55
22.	ROURA CLEMENTE, Gerard		01	GEIEG	35:03.93	10,00		
	50m: 32.49	32.49	800m: 9:06.71	34.77	1550m: 17:54.34	35.73	2300m: 26:48.08	35.31
	100m: 1:05.25	32.76	850m: 9:41.34	34.63	1600m: 18:29.77	35.43	2350m: 27:24.07	35.99
	150m: 1:38.67	33.42	900m: 10:16.22	34.88	1650m: 19:05.78	36.01	2400m: 27:59.67	35.60
	200m: 2:13.02	34.35	950m: 10:51.38	35.16	1700m: 19:40.87	35.09	2450m: 28:34.86	35.19
	250m: 2:47.07	34.05	1000m: 11:26.56	35.18	1750m: 20:16.50	35.63	2500m: 29:10.90	36.04
	300m: 3:21.22	34.15	1050m: 12:01.75	35.19	1800m: 20:52.18	35.68	2550m: 29:46.07	35.17
	350m: 3:55.57	34.35	1100m: 12:36.67	34.92	1850m: 21:27.84	35.66	2600m: 30:21.66	35.59
	400m: 4:30.11	34.54	1150m: 13:11.13	34.46	1900m: 22:03.57	35.73	2650m: 30:57.19	35.53
	450m: 5:04.62	34.51	1200m: 13:46.48	35.35	1950m: 22:39.06	35.49	2700m: 31:32.39	35.20
	500m: 5:39.43	34.81	1250m: 14:21.48	35.00	2000m: 23:14.92	35.86	2750m: 32:07.93	35.54
	550m: 6:14.03	34.60	1300m: 14:57.22	35.74	2050m: 23:50.83	35.91	2800m: 32:43.33	35.40
	600m: 6:48.43	34.40	1350m: 15:32.28	35.06	2100m: 24:26.39	35.56	2850m: 33:18.93	35.60
	650m: 7:22.56	34.13	1400m: 16:07.85	35.57	2150m: 25:01.98	35.59	2900m: 33:54.62	35.69
	700m: 7:57.34	34.78	1450m: 16:43.48	35.63	2200m: 25:37.43	35.45	2950m: 34:29.84	35.22
	750m: 8:31.94	34.60	1500m: 17:18.61	35.13	2250m: 26:12.77	35.34	3000m: 35:03.93	34.09
23.	GOMEZ MARTINEZ, Sergi		03	C.N. Premià	35:10.31	9,00		
	50m: 33.61	33.61	800m: 9:20.46	34.70	1550m: 17:59.89	34.53	2300m: 26:52.14	34.95
	100m: 1:08.29	34.68	850m: 9:55.16	34.70	1600m: 18:34.38	34.49	2350m: 27:27.83	35.69
	150m: 1:43.62	35.33	900m: 10:29.71	34.55	1650m: 19:09.61	35.23	2400m: 28:03.78	35.95
	200m: 2:19.16	35.54	950m: 11:04.63	34.92	1700m: 19:44.43	34.82	2450m: 28:39.44	35.66
	250m: 2:54.47	35.31	1000m: 11:38.59	33.96	1750m: 20:19.68	35.25	2500m: 29:15.59	36.15
	300m: 3:29.86	35.39	1050m: 12:13.20	34.61	1800m: 20:54.55	34.87	2550m: 29:51.18	35.59
	350m: 4:05.09	35.23	1100m: 12:47.91	34.71	1850m: 21:29.87	35.32	2600m: 30:26.98	35.80
	400m: 4:40.16	35.07	1150m: 13:22.77	34.86	1900m: 22:04.94	35.07	2650m: 31:02.79	35.81
	450m: 5:15.29	35.13	1200m: 13:57.62	34.85	1950m: 22:40.15	35.21	2700m: 31:38.22	35.43
	500m: 5:50.36	35.07	1250m: 14:32.04	34.42	2000m: 23:15.47	35.32	2750m: 32:13.45	35.23
	550m: 6:25.54	35.18	1300m: 15:06.79	34.75	2050m: 23:51.19	35.72	2800m: 32:48.64	35.19
	600m: 7:00.61	35.07	1350m: 15:41.52	34.73	2100m: 24:26.42	35.23	2850m: 33:24.19	35.55
	650m: 7:36.00	35.39	1400m: 16:16.05	34.53	2150m: 25:01.93	35.51	2900m: 33:59.13	34.94
	700m: 8:10.85	34.85	1450m: 16:50.62	34.57	2200m: 25:37.40	35.47	2950m: 34:36.27	37.14
	750m: 8:45.76	34.91	1500m: 17:25.36	34.74	2250m: 26:17.19	39.79	3000m: 35:10.31	34.04

NQ = Nedadors NO Classificats (tall no superat)

Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY		Temps	
24. LLEÓ FERNANDEZ, Sergi	04	C.N. Figueres	35:15.78	8,00
50m: 32.91 32.91	800m: 9:16.30 35.16	1550m: 18:04.31 35.51	2300m: 26:58.74 35.77	
100m: 1:06.95 34.04	850m: 9:51.08 34.78	1600m: 18:39.89 35.58	2350m: 27:34.38 35.64	
150m: 1:41.66 34.71	900m: 10:25.96 34.88	1650m: 19:15.09 35.20	2400m: 28:10.20 35.82	
200m: 2:16.43 34.77	950m: 11:01.35 35.39	1700m: 19:50.57 35.48	2450m: 28:46.15 35.95	
250m: 2:51.38 34.95	1000m: 11:36.35 35.00	1750m: 20:26.22 35.65	2500m: 29:22.29 36.14	
300m: 3:26.22 34.84	1050m: 12:11.08 34.73	1800m: 21:01.79 35.57	2550m: 29:58.18 35.89	
350m: 4:01.49 35.27	1100m: 12:46.23 35.15	1850m: 21:37.43 35.64	2600m: 30:34.02 35.84	
400m: 4:36.35 34.86	1150m: 13:21.25 35.02	1900m: 22:13.15 35.72	2650m: 31:09.97 35.95	
450m: 5:11.41 35.06	1200m: 13:56.63 35.38	1950m: 22:48.82 35.67	2700m: 31:46.08 36.11	
500m: 5:46.36 34.95	1250m: 14:31.95 35.32	2000m: 23:24.50 35.68	2750m: 32:21.65 35.57	
550m: 6:21.24 34.88	1300m: 15:07.44 35.49	2050m: 24:00.25 35.75	2800m: 32:57.17 35.52	
600m: 6:56.06 34.82	1350m: 15:42.62 35.18	2100m: 24:35.79 35.54	2850m: 33:32.85 35.68	
650m: 7:30.99 34.93	1400m: 16:17.54 34.92	2150m: 25:11.21 35.42	2900m: 34:08.05 35.20	
700m: 8:05.88 34.89	1450m: 16:53.08 35.54	2200m: 25:47.17 35.96	2950m: 34:42.92 34.87	
750m: 8:41.14 35.26	1500m: 17:28.80 35.72	2250m: 26:22.97 35.80	3000m: 35:15.78 32.86	
25. BOOKER LARA, Oriol	04	C.N. Premià	35:35.68	7,00
50m: 34.07 34.07	800m: 9:16.06 34.96	1550m: 18:10.12 35.24	2300m: 27:13.59 37.17	
100m: 1:08.40 34.33	850m: 9:50.93 34.87	1600m: 18:45.28 35.16	2350m: 27:50.71 37.12	
150m: 1:43.92 35.52	900m: 10:25.86 34.93	1650m: 19:20.71 35.43	2400m: 28:27.75 37.04	
200m: 2:19.40 35.48	950m: 11:01.16 35.30	1700m: 19:56.01 35.30	2450m: 29:04.70 36.95	
250m: 2:54.67 35.27	1000m: 11:36.69 35.53	1750m: 20:32.06 36.05	2500m: 29:41.73 37.03	
300m: 3:29.98 35.31	1050m: 12:11.95 35.26	1800m: 21:07.93 35.87	2550m: 30:17.08 35.35	
350m: 4:04.99 35.01	1100m: 12:47.78 35.83	1850m: 21:43.81 35.88	2600m: 30:52.31 35.23	
400m: 4:39.78 34.79	1150m: 13:23.53 35.75	1900m: 22:20.03 36.22	2650m: 31:27.50 35.19	
450m: 5:14.25 34.47	1200m: 13:59.19 35.66	1950m: 22:56.43 36.40	2700m: 32:02.49 34.99	
500m: 5:48.65 34.40	1250m: 14:35.17 35.98	2000m: 23:32.82 36.39	2750m: 32:37.68 35.19	
550m: 6:23.09 34.44	1300m: 15:11.32 36.15	2050m: 24:08.87 36.05	2800m: 33:13.27 35.59	
600m: 6:57.27 34.18	1350m: 15:46.72 35.40	2100m: 24:45.32 36.45	2850m: 33:49.29 36.02	
650m: 7:31.61 34.34	1400m: 16:22.64 35.92	2150m: 25:22.50 37.18	2900m: 34:25.02 35.73	
700m: 8:06.29 34.68	1450m: 16:58.31 35.67	2200m: 25:59.12 36.62	2950m: 35:00.07 35.05	
750m: 8:41.10 34.81	1500m: 17:34.88 36.57	2250m: 26:36.42 37.30	3000m: 35:35.68 35.61	
26. LAGOS PAU, Aitor	95	C.N. L'hospitalet	35:47.77	9,00
50m: 33.15 33.15	800m: 9:16.46 35.65	1550m: 18:14.50 36.06	2300m: 27:20.45 36.85	
100m: 1:07.11 33.96	850m: 9:51.94 35.48	1600m: 18:50.58 36.08	2350m: 27:56.97 36.52	
150m: 1:41.74 34.63	900m: 10:27.44 35.50	1650m: 19:26.74 36.16	2400m: 28:34.02 37.05	
200m: 2:16.24 34.50	950m: 11:03.45 36.01	1700m: 20:02.86 36.12	2450m: 29:10.54 36.52	
250m: 2:50.84 34.60	1000m: 11:39.24 35.79	1750m: 20:38.76 35.90	2500m: 29:47.05 36.51	
300m: 3:25.84 35.00	1050m: 12:15.16 35.92	1800m: 21:15.74 36.98	2550m: 30:23.52 36.47	
350m: 4:00.68 34.84	1100m: 12:50.83 35.67	1850m: 21:51.99 36.25	2600m: 30:59.50 35.98	
400m: 4:35.64 34.96	1150m: 13:26.73 35.90	1900m: 22:28.81 36.82	2650m: 31:35.63 36.13	
450m: 5:10.73 35.09	1200m: 14:02.16 35.43	1950m: 23:05.18 36.37	2700m: 32:11.80 36.17	
500m: 5:45.71 34.98	1250m: 14:38.67 36.51	2000m: 23:41.29 36.11	2750m: 32:48.37 36.57	
550m: 6:20.37 34.66	1300m: 15:14.49 35.82	2050m: 24:17.45 36.16	2800m: 33:24.55 36.18	
600m: 6:55.19 34.82	1350m: 15:50.38 35.89	2100m: 24:54.15 36.70	2850m: 34:00.66 36.11	
650m: 7:30.21 35.02	1400m: 16:25.87 35.49	2150m: 25:30.61 36.46	2900m: 34:36.93 36.27	
700m: 8:05.25 35.04	1450m: 17:02.30 36.43	2200m: 26:07.31 36.70	2950m: 35:13.04 36.11	
750m: 8:40.81 35.56	1500m: 17:38.44 36.14	2250m: 26:43.60 36.29	3000m: 35:47.77 34.73	
27. BUSTOS FERNANDEZ, Aitor	04	C.N. Igualada	35:48.83	6,00
50m: 33.94 33.94	800m: 9:21.66 35.03	1550m: 18:12.39 35.50	2300m: 27:13.19 36.73	
100m: 1:08.16 34.22	850m: 9:56.95 35.29	1600m: 18:47.92 35.53	2350m: 27:50.04 36.85	
150m: 1:43.43 35.27	900m: 10:32.10 35.15	1650m: 19:23.20 35.28	2400m: 28:26.43 36.39	
200m: 2:18.84 35.41	950m: 11:07.53 35.43	1700m: 19:58.72 35.52	2450m: 29:03.12 36.69	
250m: 2:54.17 35.33	1000m: 11:42.68 35.15	1750m: 20:34.17 35.45	2500m: 29:40.01 36.89	
300m: 3:29.49 35.32	1050m: 12:17.53 34.85	1800m: 21:09.92 35.75	2550m: 30:16.83 36.82	
350m: 4:04.63 35.14	1100m: 12:52.99 35.46	1850m: 21:45.55 35.63	2600m: 30:53.83 37.00	
400m: 4:39.89 35.26	1150m: 13:28.60 35.61	1900m: 22:21.61 36.06	2650m: 31:31.02 37.19	
450m: 5:15.24 35.35	1200m: 14:04.11 35.51	1950m: 22:57.83 36.22	2700m: 32:08.24 37.22	
500m: 5:50.43 35.19	1250m: 14:39.42 35.31	2000m: 23:33.80 35.97	2750m: 32:45.28 37.04	
550m: 6:25.74 35.31	1300m: 15:14.70 35.28	2050m: 24:09.78 35.98	2800m: 33:22.56 37.28	
600m: 7:01.06 35.32	1350m: 15:50.33 35.63	2100m: 24:46.05 36.27	2850m: 33:59.47 36.91	
650m: 7:36.46 35.40	1400m: 16:25.96 35.63	2150m: 25:22.87 36.82	2900m: 34:37.03 37.56	
700m: 8:11.76 35.30	1450m: 17:01.37 35.41	2200m: 25:59.85 36.98	2950m: 35:13.34 36.31	
750m: 8:46.63 34.87	1500m: 17:36.89 35.52	2250m: 26:36.46 36.61	3000m: 35:48.83 35.49	

NQ = Nedadors NO Classificats (tall no superat)

Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY				Temps						
28. RAMOS RUIZ, Toni	05				N.C. Torelló				35:50.20	5,00	
50m:	33.31	33.31	800m:	9:35.22	35.87	1550m:	18:38.56	36.18	2300m:	27:43.70	35.98
100m:	1:09.10	35.79	850m:	10:10.84	35.62	1600m:	19:15.40	36.84	2350m:	28:19.51	35.81
150m:	1:45.35	36.25	900m:	10:47.06	36.22	1650m:	19:52.05	36.65	2400m:	28:54.93	35.42
200m:	2:22.24	36.89	950m:	11:22.73	35.67	1700m:	20:28.15	36.10	2450m:	29:30.72	35.79
250m:	2:59.27	37.03	1000m:	11:59.06	36.33	1750m:	21:04.65	36.50	2500m:	30:06.37	35.65
300m:	3:35.53	36.26	1050m:	12:35.33	36.27	1800m:	21:40.95	36.30	2550m:	30:41.82	35.45
350m:	4:12.17	36.64	1100m:	13:12.20	36.87	1850m:	22:17.26	36.31	2600m:	31:16.85	35.03
400m:	4:48.71	36.54	1150m:	13:48.71	36.51	1900m:	22:54.12	36.86	2650m:	31:51.61	34.76
450m:	5:24.86	36.15	1200m:	14:24.84	36.13	1950m:	23:30.43	36.31	2700m:	32:26.07	34.46
500m:	6:00.95	36.09	1250m:	15:01.07	36.23	2000m:	24:07.19	36.76	2750m:	33:00.63	34.56
550m:	6:36.80	35.85	1300m:	15:37.32	36.25	2050m:	24:43.40	36.21	2800m:	33:35.37	34.74
600m:	7:12.28	35.48	1350m:	16:14.44	37.12	2100m:	25:19.23	35.83	2850m:	34:09.54	34.17
650m:	7:48.12	35.84	1400m:	16:50.34	35.90	2150m:	25:55.01	35.78	2900m:	34:44.16	34.62
700m:	8:23.40	35.28	1450m:	17:26.58	36.24	2200m:	26:31.30	36.29	2950m:	35:18.70	34.54
750m:	8:59.35	35.95	1500m:	18:02.38	35.80	2250m:	27:07.72	36.42	3000m:	35:50.20	31.50
29. CASADO GARRIGUES, Manel	03				C.N. Mataró				35:51.13	8,00	
50m:	32.29	32.29	800m:	9:12.66	35.99	1550m:	18:20.40	36.98	2300m:	27:24.70	35.63
100m:	1:05.81	33.52	850m:	9:49.00	36.34	1600m:	18:56.98	36.58	2350m:	28:00.93	36.23
150m:	1:40.13	34.32	900m:	10:25.40	36.40	1650m:	19:33.50	36.52	2400m:	28:37.32	36.39
200m:	2:14.34	34.21	950m:	11:01.59	36.19	1700m:	20:09.86	36.36	2450m:	29:13.84	36.52
250m:	2:48.69	34.35	1000m:	11:37.63	36.04	1750m:	20:45.96	36.10	2500m:	29:50.62	36.78
300m:	3:23.07	34.38	1050m:	12:13.80	36.17	1800m:	21:22.85	36.89	2550m:	30:27.42	36.80
350m:	3:57.51	34.44	1100m:	12:50.15	36.35	1850m:	21:59.08	36.23	2600m:	31:03.98	36.56
400m:	4:31.98	34.47	1150m:	13:26.71	36.56	1900m:	22:35.47	36.39	2650m:	31:40.74	36.76
450m:	5:06.14	34.16	1200m:	14:03.56	36.85	1950m:	23:12.14	36.67	2700m:	32:17.31	36.57
500m:	5:40.90	34.76	1250m:	14:40.19	36.63	2000m:	23:48.53	36.39	2750m:	32:53.31	36.00
550m:	6:15.69	34.79	1300m:	15:16.99	36.80	2050m:	24:25.11	36.58	2800m:	33:29.49	36.18
600m:	6:50.44	34.75	1350m:	15:53.83	36.84	2100m:	25:01.40	36.29	2850m:	34:05.79	36.30
650m:	7:25.61	35.17	1400m:	16:30.39	36.56	2150m:	25:37.61	36.21	2900m:	34:41.63	35.84
700m:	8:01.06	35.45	1450m:	17:06.73	36.34	2200m:	26:13.30	35.69	2950m:	35:17.10	35.47
750m:	8:36.67	35.61	1500m:	17:43.42	36.69	2250m:	26:49.07	35.77	3000m:	35:51.13	34.03
30. MATAS VELASCO, Guillem	96				C.N. Granollers				36:01.09	8,00	
50m:	33.05	33.05	800m:	9:29.51	35.78	1550m:	18:30.89	35.90	2300m:	27:35.87	36.60
100m:	1:07.30	34.25	850m:	10:05.31	35.80	1600m:	19:06.85	35.96	2350m:	28:12.54	36.67
150m:	1:42.53	35.23	900m:	10:41.39	36.08	1650m:	19:42.89	36.04	2400m:	28:48.82	36.28
200m:	2:17.82	35.29	950m:	11:17.33	35.94	1700m:	20:18.92	36.03	2450m:	29:25.76	36.94
250m:	2:53.00	35.18	1000m:	11:53.37	36.04	1750m:	20:55.18	36.26	2500m:	30:01.88	36.12
300m:	3:28.81	35.81	1050m:	12:29.19	35.82	1800m:	21:31.52	36.34	2550m:	30:37.55	35.67
350m:	4:04.67	35.86	1100m:	13:05.24	36.05	1850m:	22:08.18	36.66	2600m:	31:13.68	36.13
400m:	4:40.54	35.87	1150m:	13:41.49	36.25	1900m:	22:44.49	36.31	2650m:	31:50.17	36.49
450m:	5:16.93	36.39	1200m:	14:17.24	35.75	1950m:	23:20.64	36.15	2700m:	32:26.52	36.35
500m:	5:52.91	35.98	1250m:	14:53.37	36.13	2000m:	23:57.01	36.37	2750m:	33:02.84	36.32
550m:	6:29.17	36.26	1300m:	15:29.44	36.07	2050m:	24:33.30	36.29	2800m:	33:38.94	36.10
600m:	7:05.49	36.32	1350m:	16:05.91	36.47	2100m:	25:09.62	36.32	2850m:	34:15.00	36.06
650m:	7:41.56	36.07	1400m:	16:42.37	36.46	2150m:	25:46.19	36.57	2900m:	34:50.90	35.90
700m:	8:17.70	36.14	1450m:	17:18.76	36.39	2200m:	26:22.89	36.70	2950m:	35:26.75	35.85
750m:	8:53.73	36.03	1500m:	17:54.99	36.23	2250m:	26:59.27	36.38	3000m:	36:01.09	34.34
31. FILOSO GARCIA, Alonso	02				C.E. Mediterrani				36:03.39	7,00	
50m:	32.26	32.26	800m:	9:05.74	35.92	1550m:	18:11.12	36.23	2300m:	27:24.87	37.25
100m:	1:05.31	33.05	850m:	9:42.05	36.31	1600m:	18:47.12	36.00	2350m:	28:02.25	37.38
150m:	1:38.81	33.50	900m:	10:17.81	35.76	1650m:	19:23.73	36.61	2400m:	28:39.49	37.24
200m:	2:12.35	33.54	950m:	10:53.58	35.77	1700m:	20:00.43	36.70	2450m:	29:16.75	37.26
250m:	2:46.09	33.74	1000m:	11:29.65	36.07	1750m:	20:36.81	36.38	2500m:	29:53.84	37.09
300m:	3:19.60	33.51	1050m:	12:06.06	36.41	1800m:	21:13.52	36.71	2550m:	30:30.80	36.96
350m:	3:53.18	33.58	1100m:	12:42.36	36.30	1850m:	21:49.84	36.32	2600m:	31:07.86	37.06
400m:	4:26.63	33.45	1150m:	13:18.65	36.29	1900m:	22:27.12	37.28	2650m:	31:45.24	37.38
450m:	5:00.30	33.67	1200m:	13:55.07	36.42	1950m:	23:04.57	37.45	2700m:	32:22.13	36.89
500m:	5:34.32	34.02	1250m:	14:31.81	36.74	2000m:	23:41.56	36.99	2750m:	32:59.28	37.15
550m:	6:08.96	34.64	1300m:	15:08.17	36.36	2050m:	24:18.46	36.90	2800m:	33:36.48	37.20
600m:	6:43.90	34.94	1350m:	15:44.50	36.33	2100m:	24:55.11	36.65	2850m:	34:13.97	37.49
650m:	7:19.00	35.10	1400m:	16:21.53	37.03	2150m:	25:32.74	37.63	2900m:	34:50.95	36.98
700m:	7:54.52	35.52	1450m:	16:58.22	36.69	2200m:	26:10.30	37.56	2950m:	35:27.39	36.44
750m:	8:29.82	35.30	1500m:	17:34.89	36.67	2250m:	26:47.62	37.32	3000m:	36:03.39	36.00

NQ = Nedadors NO Classificats (tall no superat)

Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY										Temps	
32. CRESPO BELTRAN, Xabier	05 C.N. Reus Ploms										36:06.40	4,00
50m:	33.99	33.99	800m:	9:36.04	36.18	1550m:	18:39.19	35.58	2300m:	27:44.22	36.07	
100m:	1:09.25	35.26	850m:	10:12.03	35.99	1600m:	19:15.25	36.06	2350m:	28:20.12	35.90	
150m:	1:45.12	35.87	900m:	10:48.28	36.25	1650m:	19:51.42	36.17	2400m:	28:56.00	35.88	
200m:	2:21.16	36.04	950m:	11:24.32	36.04	1700m:	20:28.22	36.80	2450m:	29:31.92	35.92	
250m:	2:57.21	36.05	1000m:	12:00.55	36.23	1750m:	21:04.58	36.36	2500m:	30:07.64	35.72	
300m:	3:33.67	36.46	1050m:	12:36.65	36.10	1800m:	21:40.71	36.13	2550m:	30:43.69	36.05	
350m:	4:09.85	36.18	1100m:	13:13.00	36.35	1850m:	22:17.39	36.68	2600m:	31:19.43	35.74	
400m:	4:45.69	35.84	1150m:	13:49.18	36.18	1900m:	22:54.20	36.81	2650m:	31:54.92	35.49	
450m:	5:22.37	36.68	1200m:	14:25.55	36.37	1950m:	23:30.85	36.65	2700m:	32:31.89	36.97	
500m:	5:59.10	36.73	1250m:	15:01.62	36.07	2000m:	24:07.75	36.90	2750m:	33:07.53	35.64	
550m:	6:35.62	36.52	1300m:	15:37.91	36.29	2050m:	24:44.02	36.27	2800m:	33:43.91	36.38	
600m:	7:11.74	36.12	1350m:	16:14.45	36.54	2100m:	25:19.81	35.79	2850m:	34:19.86	35.95	
650m:	7:47.73	35.99	1400m:	16:50.64	36.19	2150m:	25:55.91	36.10	2900m:	34:56.34	36.48	
700m:	8:23.71	35.98	1450m:	17:27.36	36.72	2200m:	26:32.00	36.09	2950m:	35:31.94	35.60	
750m:	8:59.86	36.15	1500m:	18:03.61	36.25	2250m:	27:08.15	36.15	3000m:	36:06.40	34.46	
33. SALVATELLA ESTANY, Pau	03 C.N. Banyoles										36:12.82	6,00
50m:	33.76	33.76	800m:	9:25.39	35.91	1550m:	18:27.83	36.67	2300m:	27:37.56	36.98	
100m:	1:08.66	34.90	850m:	10:01.03	35.64	1600m:	19:04.26	36.43	2350m:	28:14.50	36.94	
150m:	1:43.60	34.94	900m:	10:37.12	36.09	1650m:	19:40.81	36.55	2400m:	28:51.31	36.81	
200m:	2:18.45	34.85	950m:	11:12.92	35.80	1700m:	20:17.11	36.30	2450m:	29:28.41	37.10	
250m:	2:53.55	35.10	1000m:	11:48.98	36.06	1750m:	20:53.59	36.48	2500m:	30:05.65	37.24	
300m:	3:29.01	35.46	1050m:	12:24.58	35.60	1800m:	21:30.04	36.45	2550m:	30:42.41	36.76	
350m:	4:04.43	35.42	1100m:	13:00.68	36.10	1850m:	22:07.05	37.01	2600m:	31:19.44	37.03	
400m:	4:39.93	35.50	1150m:	13:36.34	35.66	1900m:	22:43.63	36.58	2650m:	31:56.66	37.22	
450m:	5:15.54	35.61	1200m:	14:12.47	36.13	1950m:	23:20.58	36.95	2700m:	32:33.48	36.82	
500m:	5:50.98	35.44	1250m:	14:48.64	36.17	2000m:	23:57.61	37.03	2750m:	33:10.43	36.95	
550m:	6:26.43	35.45	1300m:	15:25.09	36.45	2050m:	24:34.01	36.40	2800m:	33:47.33	36.90	
600m:	7:02.30	35.87	1350m:	16:01.50	36.41	2100m:	25:10.31	36.30	2850m:	34:23.97	36.64	
650m:	7:37.81	35.51	1400m:	16:38.21	36.71	2150m:	25:47.12	36.81	2900m:	35:00.91	36.94	
700m:	8:13.72	35.91	1450m:	17:14.74	36.53	2200m:	26:23.95	36.83	2950m:	35:37.48	36.57	
750m:	8:49.48	35.76	1500m:	17:51.16	36.42	2250m:	27:00.58	36.63	3000m:	36:12.82	35.34	
34. GIFREU MATILLÓ, Marc	04 C.N. Olot										36:25.87	3,00
50m:	33.42	33.42	800m:	9:35.12	36.22	1550m:	18:39.41	35.82	2300m:	27:50.55	37.02	
100m:	1:08.89	35.47	850m:	10:11.03	35.91	1600m:	19:15.80	36.39	2350m:	28:27.98	37.43	
150m:	1:45.40	36.51	900m:	10:47.45	36.42	1650m:	19:52.14	36.34	2400m:	29:05.21	37.23	
200m:	2:22.14	36.74	950m:	11:23.29	35.84	1700m:	20:28.80	36.66	2450m:	29:42.23	37.02	
250m:	2:58.64	36.50	1000m:	11:59.48	36.19	1750m:	21:05.35	36.55	2500m:	30:18.76	36.53	
300m:	3:34.93	36.29	1050m:	12:35.95	36.47	1800m:	21:41.78	36.43	2550m:	30:55.74	36.98	
350m:	4:10.86	35.93	1100m:	13:12.67	36.72	1850m:	22:18.24	36.46	2600m:	31:32.76	37.02	
400m:	4:46.48	35.62	1150m:	13:49.40	36.73	1900m:	22:54.92	36.68	2650m:	32:09.66	36.90	
450m:	5:22.67	36.19	1200m:	14:25.62	36.22	1950m:	23:31.87	36.95	2700m:	32:46.93	37.27	
500m:	5:58.84	36.17	1250m:	15:01.64	36.02	2000m:	24:08.60	36.73	2750m:	33:24.26	37.33	
550m:	6:34.70	35.86	1300m:	15:37.93	36.29	2050m:	24:45.33	36.73	2800m:	34:01.22	36.96	
600m:	7:10.81	36.11	1350m:	16:14.65	36.72	2100m:	25:22.02	36.69	2850m:	34:38.16	36.94	
650m:	7:46.83	36.02	1400m:	16:51.02	36.37	2150m:	25:59.25	37.23	2900m:	35:14.61	36.45	
700m:	8:22.96	36.13	1450m:	17:27.58	36.56	2200m:	26:36.14	36.89	2950m:	35:50.22	35.61	
750m:	8:58.90	35.94	1500m:	18:03.59	36.01	2250m:	27:13.53	37.39	3000m:	36:25.87	35.65	
35. ANSÓN BARRIENTOS, Pere	04 C.N. Figueres										36:39.30	2,00
50m:	33.64	33.64	800m:	9:28.13	35.69	1550m:	18:30.41	36.82	2300m:	27:50.95	37.86	
100m:	1:08.51	34.87	850m:	10:03.95	35.82	1600m:	19:07.23	36.82	2350m:	28:28.52	37.57	
150m:	1:43.73	35.22	900m:	10:39.47	35.52	1650m:	19:44.18	36.95	2400m:	29:06.72	38.20	
200m:	2:19.43	35.70	950m:	11:15.34	35.87	1700m:	20:21.22	37.04	2450m:	29:44.33	37.61	
250m:	2:55.30	35.87	1000m:	11:51.53	36.19	1750m:	20:58.31	37.09	2500m:	30:22.03	37.70	
300m:	3:31.32	36.02	1050m:	12:27.21	35.68	1800m:	21:35.43	37.12	2550m:	31:00.28	38.25	
350m:	4:07.62	36.30	1100m:	13:03.18	35.97	1850m:	22:12.88	37.45	2600m:	31:38.70	38.42	
400m:	4:43.83	36.21	1150m:	13:39.24	36.06	1900m:	22:50.26	37.38	2650m:	32:16.86	38.16	
450m:	5:20.20	36.37	1200m:	14:15.08	35.84	1950m:	23:27.49	37.23	2700m:	32:55.06	38.20	
500m:	5:55.17	34.97	1250m:	14:51.65	36.57	2000m:	24:05.06	37.57	2750m:	33:33.21	38.15	
550m:	6:30.66	35.49	1300m:	15:27.78	36.13	2050m:	24:42.52	37.46	2800m:	34:11.18	37.97	
600m:	7:05.75	35.09	1350m:	16:04.12	36.34	2100m:	25:20.44	37.92	2850m:	34:48.77	37.59	
650m:	7:41.39	35.64	1400m:	16:40.05	35.93	2150m:	25:57.83	37.39	2900m:	35:26.29	37.52	
700m:	8:16.83	35.44	1450m:	17:16.66	36.61	2200m:	26:35.67	37.84	2950m:	36:03.89	37.60	
750m:	8:52.44	35.61	1500m:	17:53.59	36.93	2250m:	27:13.09	37.42	3000m:	36:39.30	35.41	

NQ = Nedadors NO Classificats (tall no superat)

Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY		Temps	
36. GALVEZ FRAILE, Joel	03	G.E.N. Roses	36:55.07	5,00
50m: 33.63	33.63	800m: 9:30.77	36.37	1550m: 18:43.24
100m: 1:07.85	34.22	850m: 10:07.23	36.46	1600m: 19:21.87
150m: 1:42.45	34.60	900m: 10:43.45	36.22	1650m: 19:58.97
200m: 2:17.61	35.16	950m: 11:19.98	36.53	1700m: 20:38.43
250m: 2:52.74	35.13	1000m: 11:56.64	36.66	1750m: 21:15.55
300m: 3:28.41	35.67	1050m: 12:33.36	36.72	1800m: 21:52.88
350m: 4:04.31	35.90	1100m: 13:10.12	36.76	1850m: 22:30.34
400m: 4:40.49	36.18	1150m: 13:47.03	36.91	1900m: 23:07.94
450m: 5:16.72	36.23	1200m: 14:24.00	36.97	1950m: 23:45.63
500m: 5:52.82	36.10	1250m: 15:00.64	36.64	2000m: 24:23.38
550m: 6:29.21	36.39	1300m: 15:37.23	36.59	2050m: 25:00.66
600m: 7:05.42	36.21	1350m: 16:14.28	37.05	2100m: 25:38.18
650m: 7:41.94	36.52	1400m: 16:51.13	36.85	2150m: 26:16.10
700m: 8:18.28	36.34	1450m: 17:28.18	37.05	2200m: 26:53.86
750m: 8:54.40	36.12	1500m: 18:05.26	37.08	2250m: 27:31.67
				2300m: 28:09.54
				2350m: 28:47.56
				2400m: 29:25.46
				2450m: 30:03.04
				2500m: 30:40.85
				2550m: 31:18.29
				2600m: 31:55.53
				2650m: 32:32.96
				2700m: 33:10.22
				2750m: 33:48.23
				2800m: 34:26.04
				2850m: 35:03.65
				2900m: 35:41.15
				2950m: 36:18.45
				3000m: 36:55.07
37. BLANES FRIGOLA, Aleix	04	C.E. Àgora	37:18.49	1,00
50m: 32.30	32.30	800m: 9:26.78	36.41	1550m: 18:39.68
100m: 1:05.36	33.06	850m: 10:03.49	36.71	1600m: 19:16.79
150m: 1:39.67	34.31	900m: 10:40.26	36.77	1650m: 19:54.17
200m: 2:14.66	34.99	950m: 11:17.40	37.14	1700m: 20:31.86
250m: 2:49.44	34.78	1000m: 11:54.21	36.81	1750m: 21:09.79
300m: 3:24.92	35.48	1050m: 12:30.93	36.72	1800m: 21:47.80
350m: 4:00.09	35.17	1100m: 13:07.75	36.82	1850m: 22:26.02
400m: 4:35.27	35.18	1150m: 13:44.52	36.77	1900m: 23:04.24
450m: 5:11.02	35.75	1200m: 14:21.72	37.20	1950m: 23:42.00
500m: 5:47.31	36.29	1250m: 14:58.56	36.84	2000m: 24:20.40
550m: 6:23.29	35.98	1300m: 15:35.51	36.95	2050m: 24:58.84
600m: 7:00.08	36.79	1350m: 16:12.25	36.74	2100m: 25:37.79
650m: 7:36.33	36.25	1400m: 16:48.12	35.87	2150m: 26:16.52
700m: 8:13.38	37.05	1450m: 17:25.26	37.14	2200m: 26:55.11
750m: 8:50.37	36.99	1500m: 18:02.53	37.27	2250m: 27:32.69
				2300m: 28:11.01
				2350m: 28:49.79
				2400m: 29:28.16
				2450m: 30:06.36
				2500m: 30:45.26
				2550m: 31:24.77
				2600m: 32:04.22
				2650m: 32:43.80
				2700m: 33:23.79
				2750m: 34:03.61
				2800m: 34:42.89
				2850m: 35:22.15
				2900m: 36:01.91
				2950m: 36:40.80
				3000m: 37:18.49
38. AVELLANEDA RODRIGUEZ, Adrian	02	C.N. Cornellà	37:32.29	4,00
50m: 34.31	34.31	800m: 9:33.59	36.00	1550m: 18:48.77
100m: 1:09.30	34.99	850m: 10:10.41	36.82	1600m: 19:26.87
150m: 1:45.33	36.03	900m: 10:46.38	35.97	1650m: 20:05.03
200m: 2:21.50	36.17	950m: 11:22.41	36.03	1700m: 20:43.88
250m: 2:58.22	36.72	1000m: 11:58.79	36.38	1750m: 21:23.48
300m: 3:34.04	35.82	1050m: 12:36.32	37.53	1800m: 22:01.45
350m: 4:10.25	36.21	1100m: 13:12.83	36.51	1850m: 22:40.93
400m: 4:44.84	34.59	1150m: 13:49.45	36.62	1900m: 23:20.36
450m: 5:20.35	35.51	1200m: 14:25.97	36.52	1950m: 23:59.33
500m: 5:56.47	36.12	1250m: 15:03.01	37.04	2000m: 24:36.92
550m: 6:32.73	36.26	1300m: 15:39.25	36.24	2050m: 25:15.48
600m: 7:09.13	36.40	1350m: 16:16.76	37.51	2100m: 25:55.38
650m: 7:44.81	35.68	1400m: 16:54.94	38.18	2150m: 26:34.27
700m: 8:20.94	36.13	1450m: 17:32.80	37.86	2200m: 27:13.14
750m: 8:57.59	36.65	1500m: 18:10.93	38.13	2250m: 27:51.32
				2300m: 28:29.34
				2350m: 29:08.83
				2400m: 29:48.53
				2450m: 30:26.76
				2500m: 31:06.09
				2550m: 31:44.70
				2600m: 32:23.06
				2650m: 33:01.72
				2700m: 33:40.12
				2750m: 34:18.88
				2800m: 34:57.93
				2850m: 35:36.76
				2900m: 36:15.57
				2950m: 36:54.59
				3000m: 37:32.29
39. MUÑOZ MORENO, Egoitz	03	C.N. Barcelona	37:58.27	3,00
50m: 32.39	32.39	800m: 9:46.78	38.12	1550m: 19:17.86
100m: 1:06.98	34.59	850m: 10:24.69	37.91	1600m: 19:55.73
150m: 1:43.19	36.21	900m: 11:02.80	38.11	1650m: 20:34.38
200m: 2:18.95	35.76	950m: 11:40.71	37.91	1700m: 21:13.28
250m: 2:55.61	36.66	1000m: 12:19.43	38.72	1750m: 21:52.26
300m: 3:32.12	36.51	1050m: 12:57.75	38.32	1800m: 22:31.01
350m: 4:09.06	36.94	1100m: 13:35.62	37.87	1850m: 23:10.12
400m: 4:45.99	36.93	1150m: 14:14.14	38.52	1900m: 23:49.15
450m: 5:23.28	37.29	1200m: 14:52.24	38.10	1950m: 24:28.83
500m: 6:00.87	37.59	1250m: 15:30.50	38.26	2000m: 25:08.16
550m: 6:37.88	37.01	1300m: 16:08.56	38.06	2050m: 25:46.01
600m: 7:15.34	37.46	1350m: 16:47.13	38.57	2100m: 26:24.10
650m: 7:53.04	37.70	1400m: 17:25.74	38.61	2150m: 27:03.13
700m: 8:30.54	37.50	1450m: 18:04.51	38.77	2200m: 27:41.82
750m: 9:08.66	38.12	1500m: 18:42.59	38.08	2250m: 28:20.74
				2300m: 28:59.57
				2350m: 29:37.98
				2400m: 30:17.00
				2450m: 30:55.99
				2500m: 31:34.72
				2550m: 32:13.38
				2600m: 32:52.65
				2650m: 33:31.82
				2700m: 34:10.73
				2750m: 34:49.43
				2800m: 35:28.16
				2850m: 36:06.66
				2900m: 36:44.34
				2950m: 37:21.23
				3000m: 37:58.27

NQ = Nedadors NO Classificats (tall no superat)



Campionat Catalunya Fons Indoor 2020-2021
OLOT, 23/12/2020



Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY		Temps
BX SALLEN ARRANZ, Eric	03	C.N. Barcelona	-
BX FERNANDEZ I THOMAS, Marçal	03	C.N. Barcelona	-
BX COSTABELLA MORENO, Agustí	03	C.N. Barcelona	-
BX FERRI MARTINEZ, Marc	01	C.N. Barcelona	-
BX FANLO TORREMADE, Pau	04	C.N. Mataró	-
BX MONTEIRO VIEGAS, Marc	00	Fed Andorrana	-
BX TEIXEIRA PEREIRA, Kevin	05	Fed Andorrana	-

NQ = Nedadors NO Classificats (tall no superat)

Sponsor



Sponsor Institucional



Generalitat
de Catalunya



esportcat

Certificacions

