

Prova 1  
23/12/2020

Fem., 2000m Lliure

Infantil Fons Indoor  
Resultats

FCN Open	21:20.85	Mireia Belmonte Garcia	Sevilla	11/1/2014
FCN 14	23:27.97	Paula Juste Sanchez	Sabadell	21/1/2017

Classificació	ANY		Temps	
<b>1. FERNANDEZ GONZALEZ, Aina</b>	<b>06</b>	<b>C.N. Banyoles</b>	<b>24:04.34</b>	<b>19,00</b>
50m:	34.22	34.22	550m:	6:24.32
100m:	1:08.94	34.72	600m:	6:59.90
150m:	1:43.56	34.62	650m:	7:35.86
200m:	2:18.68	35.12	700m:	8:11.59
250m:	2:53.64	34.96	750m:	8:47.71
300m:	3:28.30	34.66	800m:	9:24.43
350m:	4:02.84	34.54	850m:	10:00.97
400m:	4:38.08	35.24	900m:	10:37.01
450m:	5:13.67	35.59	950m:	11:13.64
500m:	5:49.11	35.44	1000m:	11:50.44
			35.21	1050m:
			35.58	1100m:
			35.96	1150m:
			35.73	1200m:
			36.12	1250m:
			36.72	1300m:
			36.54	1350m:
			36.04	1400m:
			36.63	1450m:
			36.80	1500m:
				36.30
				36.69
				36.59
				34.68
				34.99
				36.93
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Prova 1, Fem., 2000m Lliure, Infantil Fons Indoor

Classificació	ANY										Temps																																																																																																													
<b>6.</b>	<b>GUERRERO RODRIGUEZ, Gisela</b>										<b>06</b>	<b>C.N. Terrassa</b>	<b>25:00.26</b>	<b>11,00</b>																																																																																																										
	50m:	34.69	34.69	550m:	6:44.69	37.07	1050m:	12:58.68	37.80	1550m:	19:20.17	38.40	100m:	1:10.67	35.98	600m:	7:21.60	36.91	1100m:	13:36.48	37.80	1600m:	19:57.88	37.71	150m:	1:47.55	36.88	650m:	7:58.52	36.92	1150m:	14:14.36	37.88	1650m:	20:36.00	38.12	200m:	2:24.40	36.85	700m:	8:35.82	37.30	1200m:	14:52.31	37.95	1700m:	21:14.34	38.34	250m:	3:01.75	37.35	750m:	9:12.85	37.03	1250m:	15:30.64	38.33	1750m:	21:52.77	38.43	300m:	3:38.63	36.88	800m:	9:50.08	37.23	1300m:	16:09.04	38.40	1800m:	22:31.28	38.51	350m:	4:16.04	37.41	850m:	10:27.68	37.60	1350m:	16:47.16	38.12	1850m:	23:08.94	37.66	400m:	4:53.17	37.13	900m:	11:05.34	37.66	1400m:	17:25.59	38.43	1900m:	23:46.29	37.35	450m:	5:30.28	37.11	950m:	11:43.50	38.16	1450m:	18:03.95	38.36	1950m:	24:23.72	37.43	500m:	6:07.62	37.34	1000m:	12:20.88	37.38	1500m:	18:41.77	37.82	2000m:	25:00.26	36.54
<b>7.</b>	<b>CASELLAS I PUNSET, Laia</b>										<b>06</b>	<b>C.N. Figueres</b>	<b>25:09.61</b>	<b>10,00</b>																																																																																																										
	50m:	34.83	34.83	550m:	6:45.31	37.82	1050m:	13:01.87	37.45	1550m:	19:23.51	37.95	100m:	1:10.40	35.57	600m:	7:22.34	37.03	1100m:	13:39.89	38.02	1600m:	20:01.75	38.24	150m:	1:46.88	36.48	650m:	8:00.01	37.67	1150m:	14:17.59	37.70	1650m:	20:40.42	38.67	200m:	2:23.49	36.61	700m:	8:37.82	37.81	1200m:	14:55.38	37.79	1700m:	21:19.05	38.63	250m:	3:00.32	36.83	750m:	9:15.46	37.64	1250m:	15:33.31	37.93	1750m:	21:57.28	38.23	300m:	3:37.72	37.40	800m:	9:52.99	37.53	1300m:	16:11.59	38.28	1800m:	22:36.03	38.75	350m:	4:14.82	37.10	850m:	10:30.27	37.28	1350m:	16:49.02	37.43	1850m:	23:15.00	38.97	400m:	4:52.28	37.46	900m:	11:08.10	37.83	1400m:	17:28.07	39.05	1900m:	23:53.82	38.82	450m:	5:30.07	37.79	950m:	11:45.73	37.63	1450m:	18:06.49	38.42	1950m:	24:31.89	38.07	500m:	6:07.49	37.42	1000m:	12:24.42	38.69	1500m:	18:45.56	39.07	2000m:	25:09.61	37.72
<b>8.</b>	<b>MUÑOZ BECERRA, Claudia</b>										<b>07</b>	<b>C.N. Caldes</b>	<b>25:12.59</b>	<b>9,00</b>																																																																																																										
	50m:	35.42	35.42	550m:	6:49.47	38.08	1050m:	13:11.10	38.97	1550m:	19:33.70	38.76	100m:	1:11.58	36.16	600m:	7:27.45	37.98	1100m:	13:48.83	37.73	1600m:	20:11.97	38.27	150m:	1:48.27	36.69	650m:	8:05.16	37.71	1150m:	14:26.52	37.69	1650m:	20:50.72	38.75	200m:	2:25.67	37.40	700m:	8:43.00	37.84	1200m:	15:04.02	37.50	1700m:	21:29.18	38.46	250m:	3:02.82	37.15	750m:	9:21.03	38.03	1250m:	15:42.82	38.80	1750m:	22:07.49	38.31	300m:	3:39.58	36.76	800m:	9:59.14	38.11	1300m:	16:22.00	39.18	1800m:	22:45.49	38.00	350m:	4:17.18	37.60	850m:	10:36.96	37.82	1350m:	17:00.31	38.31	1850m:	23:23.04	37.55	400m:	4:55.24	38.06	900m:	11:15.45	38.49	1400m:	17:38.35	38.04	1900m:	24:01.05	38.01	450m:	5:33.15	37.91	950m:	11:53.69	38.24	1450m:	18:16.96	38.61	1950m:	24:37.53	36.48	500m:	6:11.39	38.24	1000m:	12:32.13	38.44	1500m:	18:54.94	37.98	2000m:	25:12.59	35.06
<b>9.</b>	<b>ULACIA HOMET, Sara</b>										<b>07</b>	<b>C.N. Sabadell</b>	<b>25:20.49</b>	<b>8,00</b>																																																																																																										
	50m:	36.57	36.57	550m:	6:57.01	38.34	1050m:	13:14.41	37.86	1550m:	19:35.53	38.56	100m:	1:14.03	37.46	600m:	7:35.00	37.99	1100m:	13:52.57	38.16	1600m:	20:13.87	38.34	150m:	1:51.87	37.84	650m:	8:12.55	37.55	1150m:	14:30.14	37.57	1650m:	20:52.95	39.08	200m:	2:30.24	38.37	700m:	8:49.62	37.07	1200m:	15:08.25	38.11	1700m:	21:31.61	38.66	250m:	3:08.24	38.00	750m:	9:27.59	37.97	1250m:	15:46.00	37.75	1750m:	22:10.08	38.47	300m:	3:46.62	38.38	800m:	10:05.47	37.88	1300m:	16:23.80	37.80	1800m:	22:48.34	38.26	350m:	4:24.83	38.21	850m:	10:43.18	37.71	1350m:	17:01.81	38.01	1850m:	23:27.07	38.73	400m:	5:02.81	37.98	900m:	11:20.62	37.44	1400m:	17:40.33	38.52	1900m:	24:05.61	38.54	450m:	5:40.77	37.96	950m:	11:58.52	37.90	1450m:	18:18.48	38.15	1950m:	24:43.13	37.52	500m:	6:18.67	37.90	1000m:	12:36.55	38.03	1500m:	18:56.97	38.49	2000m:	25:20.49	37.36
<b>10.</b>	<b>MEJIA GALLEGU, Alexandra Cristina</b>										<b>06</b>	<b>C.N. Tarraco</b>	<b>25:27.74</b>	<b>7,00</b>																																																																																																										
	50m:	34.87	34.87	550m:	6:44.96	37.41	1050m:	13:08.68	39.05	1550m:	19:42.80	39.58	100m:	1:10.79	35.92	600m:	7:22.21	37.25	1100m:	13:47.49	38.81	1600m:	20:20.68	37.88	150m:	1:47.24	36.45	650m:	7:59.75	37.54	1150m:	14:26.70	39.21	1650m:	20:58.44	37.76	200m:	2:24.07	36.83	700m:	8:37.66	37.91	1200m:	15:05.73	39.03	1700m:	21:37.26	38.82	250m:	3:01.22	37.15	750m:	9:15.98	38.32	1250m:	15:44.08	38.35	1750m:	22:15.56	38.30	300m:	3:38.26	37.04	800m:	9:54.36	38.38	1300m:	16:23.54	39.46	1800m:	22:53.79	38.23	350m:	4:15.50	37.24	850m:	10:33.62	39.26	1350m:	17:03.71	40.17	1850m:	23:32.96	39.17	400m:	4:52.58	37.08	900m:	11:12.36	38.74	1400m:	17:42.35	38.64	1900m:	24:11.77	38.81	450m:	5:30.18	37.60	950m:	11:50.91	38.55	1450m:	18:23.07	40.72	1950m:	24:50.31	38.54	500m:	6:07.55	37.37	1000m:	12:29.63	38.72	1500m:	19:03.22	40.15	2000m:	25:27.74	37.43

NQ = Nedadors NO Classificats (tall no superat)

Prova 1, Fem., 2000m Lliure, Infantil Fons Indoor

Classificació			ANY					Temps			
11.	RIZO ROVIRA, Mireia		06	C.N. Terrassa				<b>25:37.55</b>	6,00		
	50m:	35.31 35.31	550m:	6:52.59	38.96	1050m:	13:20.98	38.89	1550m:	19:52.27	38.30
	100m:	1:12.12 36.81	600m:	7:31.37	38.78	1100m:	14:00.64	39.66	1600m:	20:32.02	39.75
	150m:	1:49.35 37.23	650m:	8:09.97	38.60	1150m:	14:39.28	38.64	1650m:	21:12.13	40.11
	200m:	2:26.83 37.48	700m:	8:49.39	39.42	1200m:	15:18.76	39.48	1700m:	21:52.32	40.19
	250m:	3:04.27 37.44	750m:	9:28.51	39.12	1250m:	15:57.80	39.04	1750m:	22:31.31	38.99
	300m:	3:41.93 37.66	800m:	10:06.92	38.41	1300m:	16:36.55	38.75	1800m:	23:10.20	38.89
	350m:	4:19.55 37.62	850m:	10:44.99	38.07	1350m:	17:16.21	39.66	1850m:	23:47.79	37.59
	400m:	4:57.81 38.26	900m:	11:23.89	38.90	1400m:	17:55.36	39.15	1900m:	24:25.81	38.02
	450m:	5:35.63 37.82	950m:	12:02.49	38.60	1450m:	18:34.94	39.58	1950m:	25:03.16	37.35
	500m:	6:13.63 38.00	1000m:	12:42.09	39.60	1500m:	19:13.97	39.03	2000m:	25:37.55	34.39
12.	GABRIEL GOMEZ, Clara		06	C.N. Sabadell				<b>25:38.17</b>	5,00		
	50m:	35.67 35.67	550m:	6:52.22	38.47	1050m:	13:15.32	38.27	1550m:	19:46.70	38.73
	100m:	1:12.11 36.44	600m:	7:30.54	38.32	1100m:	13:53.93	38.61	1600m:	20:25.73	39.03
	150m:	1:48.91 36.80	650m:	8:08.84	38.30	1150m:	14:32.85	38.92	1650m:	21:04.99	39.26
	200m:	2:26.56 37.65	700m:	8:46.98	38.14	1200m:	15:11.24	38.39	1700m:	21:44.83	39.84
	250m:	3:03.92 37.36	750m:	9:25.16	38.18	1250m:	15:50.51	39.27	1750m:	22:24.44	39.61
	300m:	3:41.76 37.84	800m:	10:03.53	38.37	1300m:	16:30.20	39.69	1800m:	23:03.50	39.06
	350m:	4:19.72 37.96	850m:	10:41.76	38.23	1350m:	17:09.57	39.37	1850m:	23:42.59	39.09
	400m:	4:57.64 37.92	900m:	11:20.13	38.37	1400m:	17:48.88	39.31	1900m:	24:22.06	39.47
	450m:	5:35.84 38.20	950m:	11:58.73	38.60	1450m:	18:28.37	39.49	1950m:	25:01.26	39.20
	500m:	6:13.75 37.91	1000m:	12:37.05	38.32	1500m:	19:07.97	39.60	2000m:	25:38.17	36.91
13.	VARET CANO, Audrey		06	C.N. Mataró				<b>25:41.10</b>	4,00		
	50m:	34.45 34.45	550m:	6:48.21	38.10	1050m:	13:19.11	39.32	1550m:	19:53.59	38.70
	100m:	1:10.82 36.37	600m:	7:27.19	38.98	1100m:	13:58.51	39.40	1600m:	20:32.32	38.73
	150m:	1:47.80 36.98	650m:	8:05.98	38.79	1150m:	14:37.67	39.16	1650m:	21:11.42	39.10
	200m:	2:25.15 37.35	700m:	8:44.83	38.85	1200m:	15:17.25	39.58	1700m:	21:50.85	39.43
	250m:	3:02.55 37.40	750m:	9:23.63	38.80	1250m:	15:57.00	39.75	1750m:	22:29.53	38.68
	300m:	3:39.42 36.87	800m:	10:02.56	38.93	1300m:	16:36.08	39.08	1800m:	23:08.53	39.00
	350m:	4:16.85 37.43	850m:	10:42.47	39.91	1350m:	17:15.18	39.10	1850m:	23:47.27	38.74
	400m:	4:54.48 37.63	900m:	11:21.07	38.60	1400m:	17:54.85	39.67	1900m:	24:26.10	38.83
	450m:	5:32.24 37.76	950m:	12:00.20	39.13	1450m:	18:34.99	40.14	1950m:	25:04.00	37.90
	500m:	6:10.11 37.87	1000m:	12:39.79	39.59	1500m:	19:14.89	39.90	2000m:	25:41.10	37.10
14.	RODRÍGUEZ SANTAULARIA, Jéssica		06	C.N. Igualada				<b>25:59.99</b>	3,00		
	50m:	35.56 35.56	550m:	6:54.34	38.24	1050m:	13:21.62	39.40	1550m:	20:00.25	40.18
	100m:	1:11.97 36.41	600m:	7:32.85	38.51	1100m:	14:00.93	39.31	1600m:	20:40.49	40.24
	150m:	1:49.27 37.30	650m:	8:11.64	38.79	1150m:	14:40.81	39.88	1650m:	21:20.66	40.17
	200m:	2:26.79 37.52	700m:	8:50.22	38.58	1200m:	15:20.56	39.75	1700m:	22:01.43	40.77
	250m:	3:04.45 37.66	750m:	9:28.40	38.18	1250m:	16:00.32	39.76	1750m:	22:41.38	39.95
	300m:	3:42.37 37.92	800m:	10:06.78	38.38	1300m:	16:40.19	39.87	1800m:	23:21.67	40.29
	350m:	4:20.87 38.50	850m:	10:45.52	38.74	1350m:	17:19.77	39.58	1850m:	24:01.74	40.07
	400m:	4:59.13 38.26	900m:	11:24.20	38.68	1400m:	17:59.60	39.83	1900m:	24:41.41	39.67
	450m:	5:37.60 38.47	950m:	12:03.16	38.96	1450m:	18:39.65	40.05	1950m:	25:21.20	39.79
	500m:	6:16.10 38.50	1000m:	12:42.22	39.06	1500m:	19:20.07	40.42	2000m:	25:59.99	38.79
15.	MOSQUERA SORIANO, Martina		06	C.N. Granollers				<b>26:55.66</b>	2,00		
	50m:	37.56 37.56	550m:	7:11.29	39.68	1050m:	13:53.60	40.77	1550m:	20:46.89	40.64
	100m:	1:15.34 37.78	600m:	7:50.95	39.66	1100m:	14:34.88	41.28	1600m:	21:28.15	41.26
	150m:	1:53.70 38.36	650m:	8:31.02	40.07	1150m:	15:16.13	41.25	1650m:	22:09.35	41.20
	200m:	2:32.51 38.81	700m:	9:11.32	40.30	1200m:	15:57.14	41.01	1700m:	22:50.69	41.34
	250m:	3:11.95 39.44	750m:	9:51.64	40.32	1250m:	16:38.36	41.22	1750m:	23:31.95	41.26
	300m:	3:51.63 39.68	800m:	10:32.03	40.39	1300m:	17:19.99	41.63	1800m:	24:13.42	41.47
	350m:	4:31.41 39.78	850m:	11:11.79	39.76	1350m:	18:01.41	41.42	1850m:	24:54.43	41.01
	400m:	5:11.53 40.12	900m:	11:52.24	40.45	1400m:	18:42.92	41.51	1900m:	25:34.93	40.50
	450m:	5:51.58 40.05	950m:	12:32.46	40.22	1450m:	19:24.66	41.74	1950m:	26:15.37	40.44
	500m:	6:31.61 40.03	1000m:	13:12.83	40.37	1500m:	20:06.25	41.59	2000m:	26:55.66	40.29

NQ = Nedadors NO Classificats (tall no superat)

Prova 1, Fem., 2000m Lliure, Infantil Fons Indoor

Classificació	ANY										Temps		
16.	ESTRAGUÉ BERNE, Abril										<b>28:53.10</b>	1,00	
	50m:	37.95	37.95	550m:	7:30.69	42.33	1050m:	14:40.54	44.81	1550m:	22:07.28	45.70	
	100m:	1:17.84	39.89	600m:	8:13.26	42.57	1100m:	15:23.33	42.79	1600m:	22:53.38	46.10	
	150m:	1:58.58	40.74	650m:	8:55.80	42.54	1150m:	16:07.96	44.63	1650m:	23:38.53	45.15	
	200m:	2:39.37	40.79	700m:	9:37.14	41.34	1200m:	16:53.13	45.17	1700m:	24:23.77	45.24	
	250m:	3:20.51	41.14	750m:	10:19.70	42.56	1250m:	17:36.90	43.77	1750m:	25:10.19	46.42	
	300m:	4:01.48	40.97	800m:	11:01.68	41.98	1300m:	18:22.47	45.57	1800m:	25:54.97	44.78	
	350m:	4:43.15	41.67	850m:	11:44.63	42.95	1350m:	19:06.69	44.22	1850m:	26:40.11	45.14	
	400m:	5:24.79	41.64	900m:	12:28.62	43.99	1400m:	19:51.42	44.73	1900m:	27:25.11	45.00	
	450m:	6:06.60	41.81	950m:	13:12.65	44.03	1450m:	20:36.38	44.96	1950m:	28:09.02	43.91	
	500m:	6:48.36	41.76	1000m:	13:55.73	43.08	1500m:	21:21.58	45.20	2000m:	28:53.10	44.08	
BX	VALLS PLAZA, Ariadna										06	C.N. Sant Andreu	-
BX	GONZALEZ NUEZ, Lucia										06	C.N. Tarraco	-

NQ = Nedadors NO Classificats (tall no superat)

Prova 2  
23/12/2020

Masc., 2000m Lliure

Infantil Fons Indoor  
Resultats

FCN Open	20:29.33	, Ferran Julià Tous	Granada	14/11/2020
FCN 14	21:53.25	, Ferran Julia Tous	Banyoles	30/11/2014

Classificació

ANY

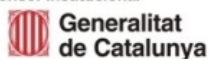
Temps

<b>1. NEVADO RUIZ, Pablo</b>	<b>06</b>	<b>C.N. Sabadell</b>	<b>22:35.65</b>	<b>19,00</b>
50m: 32.71 32.71	550m: 6:17.62 33.86	1050m: 11:57.12 34.20	1550m: 17:37.13 33.45	
100m: 1:06.18 33.47	600m: 6:51.18 33.56	1100m: 12:31.33 34.21	1600m: 18:10.24 33.11	
150m: 1:40.49 34.31	650m: 7:25.20 34.02	1150m: 13:05.58 34.25	1650m: 18:43.34 33.10	
200m: 2:15.11 34.62	700m: 7:58.96 33.76	1200m: 13:39.80 34.22	1700m: 19:16.52 33.18	
250m: 2:49.89 34.78	750m: 8:32.56 33.60	1250m: 14:14.31 34.51	1750m: 19:49.88 33.36	
300m: 3:24.96 35.07	800m: 9:06.43 33.87	1300m: 14:48.75 34.44	1800m: 20:23.59 33.71	
350m: 3:59.77 34.81	850m: 9:40.36 33.93	1350m: 15:22.60 33.85	1850m: 20:57.01 33.42	
400m: 4:34.76 34.99	900m: 10:14.56 34.20	1400m: 15:56.62 34.02	1900m: 21:30.61 33.60	
450m: 5:09.77 35.01	950m: 10:48.67 34.11	1450m: 16:30.29 33.67	1950m: 22:04.40 33.79	
500m: 5:43.76 33.99	1000m: 11:22.92 34.25	1500m: 17:03.68 33.39	2000m: 22:35.65 31.25	
<b>2. JIMÉNEZ RÍSQUEZ, Alex</b>	<b>06</b>	<b>C.N. Caldes</b>	<b>22:45.87</b>	<b>16,00</b>
50m: 34.03 34.03	550m: 6:17.05 33.66	1050m: 11:57.73 34.23	1550m: 17:38.56 33.80	
100m: 1:07.93 33.90	600m: 6:50.93 33.88	1100m: 12:31.83 34.10	1600m: 18:12.77 34.21	
150m: 1:42.33 34.40	650m: 7:25.03 34.10	1150m: 13:05.93 34.10	1650m: 18:46.51 33.74	
200m: 2:16.46 34.13	700m: 7:58.81 33.78	1200m: 13:39.99 34.06	1700m: 19:20.70 34.19	
250m: 2:50.80 34.34	750m: 8:32.53 33.72	1250m: 14:14.59 34.60	1750m: 19:55.14 34.44	
300m: 3:25.28 34.48	800m: 9:06.73 34.20	1300m: 14:48.69 34.10	1800m: 20:29.50 34.36	
350m: 4:00.05 34.77	850m: 9:40.79 34.06	1350m: 15:22.60 33.91	1850m: 21:03.90 34.40	
400m: 4:34.89 34.84	900m: 10:14.98 34.19	1400m: 15:56.98 34.38	1900m: 21:38.58 34.68	
450m: 5:09.70 34.81	950m: 10:49.34 34.36	1450m: 16:30.98 34.00	1950m: 22:13.03 34.45	
500m: 5:43.39 33.69	1000m: 11:23.50 34.16	1500m: 17:04.76 33.78	2000m: 22:45.87 32.84	
<b>3. FITCH ASENSIO, Crosby</b>	<b>06</b>	<b>C.N. Figueres</b>	<b>23:34.63</b>	<b>14,00</b>
50m: 33.57 33.57	550m: 6:17.90 34.85	1050m: 12:10.15 35.22	1550m: 18:05.44 35.83	
100m: 1:06.70 33.13	600m: 6:52.98 35.08	1100m: 12:45.49 35.34	1600m: 18:40.43 34.99	
150m: 1:40.93 34.23	650m: 7:28.12 35.14	1150m: 13:20.93 35.44	1650m: 19:16.51 36.08	
200m: 2:15.12 34.19	700m: 8:02.99 34.87	1200m: 13:56.47 35.54	1700m: 19:52.42 35.91	
250m: 2:49.96 34.84	750m: 8:37.97 34.98	1250m: 14:31.38 34.91	1750m: 20:28.30 35.88	
300m: 3:24.45 34.49	800m: 9:13.48 35.51	1300m: 15:06.94 35.56	1800m: 21:10.12 41.82	
350m: 3:59.33 34.88	850m: 9:48.68 35.20	1350m: 15:42.60 35.66	1850m: 21:45.75 35.63	
400m: 4:33.89 34.56	900m: 10:24.24 35.56	1400m: 16:18.07 35.47	1900m: 22:24.12 38.37	
450m: 5:08.60 34.71	950m: 10:59.98 35.74	1450m: 16:53.50 35.43	1950m: 23:00.53 36.41	
500m: 5:43.05 34.45	1000m: 11:34.93 34.95	1500m: 17:29.61 36.11	2000m: 23:34.63 34.10	
<b>4. TEIXIDÓ JOVÉ, Aleix</b>	<b>06</b>	<b>C.E. Inef Lleida</b>	<b>23:40.28</b>	<b>13,00</b>
50m: 34.16 34.16	550m: 6:22.58 35.51	1050m: 12:18.95 35.87	1550m: 18:18.22 36.50	
100m: 1:08.08 33.92	600m: 6:57.76 35.18	1100m: 12:54.50 35.55	1600m: 18:54.36 36.14	
150m: 1:42.75 34.67	650m: 7:33.14 35.38	1150m: 13:30.34 35.84	1650m: 19:30.66 36.30	
200m: 2:17.73 34.98	700m: 8:08.78 35.64	1200m: 14:05.39 35.05	1700m: 20:06.59 35.93	
250m: 2:52.55 34.82	750m: 8:44.68 35.90	1250m: 14:41.16 35.77	1750m: 20:42.93 36.34	
300m: 3:27.38 34.83	800m: 9:20.44 35.76	1300m: 15:16.99 35.83	1800m: 21:18.98 36.05	
350m: 4:02.73 35.35	850m: 9:55.96 35.52	1350m: 15:52.89 35.90	1850m: 21:55.44 36.46	
400m: 4:37.37 34.64	900m: 10:31.53 35.57	1400m: 16:28.89 36.00	1900m: 22:31.76 36.32	
450m: 5:11.86 34.49	950m: 11:07.34 35.81	1450m: 17:05.18 36.29	1950m: 23:07.31 35.55	
500m: 5:47.07 35.21	1000m: 11:43.08 35.74	1500m: 17:41.72 36.54	2000m: 23:40.28 32.97	
<b>5. PIRIZ PEÑAS, Carlos</b>	<b>06</b>	<b>C.N. Sabadell</b>	<b>23:53.86</b>	<b>12,00</b>
50m: 33.08 33.08	550m: 6:23.32 35.45	1050m: 12:21.42 35.59	1550m: 18:25.81 36.83	
100m: 1:07.42 34.34	600m: 6:58.95 35.63	1100m: 12:57.42 36.00	1600m: 19:02.58 36.77	
150m: 1:42.79 35.37	650m: 7:34.04 35.09	1150m: 13:33.71 36.29	1650m: 19:39.50 36.92	
200m: 2:17.64 34.85	700m: 8:09.91 35.87	1200m: 14:09.53 35.82	1700m: 20:16.68 37.18	
250m: 2:52.41 34.77	750m: 8:45.84 35.93	1250m: 14:45.82 36.29	1750m: 20:53.32 36.64	
300m: 3:27.38 34.97	800m: 9:22.06 36.22	1300m: 15:22.76 36.94	1800m: 21:30.52 37.20	
350m: 4:02.39 35.01	850m: 9:57.94 35.88	1350m: 15:59.44 36.68	1850m: 22:07.96 37.44	
400m: 4:36.76 34.37	900m: 10:33.98 36.04	1400m: 16:36.11 36.67	1900m: 22:44.03 36.07	
450m: 5:12.23 35.47	950m: 11:09.86 35.88	1450m: 17:12.36 36.25	1950m: 23:19.94 35.91	
500m: 5:47.87 35.64	1000m: 11:45.83 35.97	1500m: 17:48.98 36.62	2000m: 23:53.86 33.92	

NQ = Nedadors NO Classificats (tall no superat)

Sponsor

Sponsor Institucional



Certificacions



Prova 2, Masc., 2000m Lliure, Infantil Fons Indoor

Classificació			ANY					Temps	
6.	PIFARRÉ PLANES, Arnau		06	C.E.N. Balaguer				<b>23:59.35</b>	11,00
	50m:	32.15 32.15	550m:	6:20.56 35.31	1050m:	12:23.18 36.91	1550m:	18:31.49 36.57	
	100m:	1:05.71 33.56	600m:	6:56.24 35.68	1100m:	13:00.07 36.89	1600m:	19:08.48 36.99	
	150m:	1:39.94 34.23	650m:	7:32.06 35.82	1150m:	13:37.03 36.96	1650m:	19:44.97 36.49	
	200m:	2:14.79 34.85	700m:	8:07.90 35.84	1200m:	14:13.57 36.54	1700m:	20:21.98 37.01	
	250m:	2:49.86 35.07	750m:	8:44.05 36.15	1250m:	14:50.41 36.84	1750m:	20:58.87 36.89	
	300m:	3:24.77 34.91	800m:	9:20.36 36.31	1300m:	15:27.19 36.78	1800m:	21:35.79 36.92	
	350m:	3:59.79 35.02	850m:	9:56.66 36.30	1350m:	16:04.28 37.09	1850m:	22:12.29 36.50	
	400m:	4:34.91 35.12	900m:	10:33.28 36.62	1400m:	16:41.25 36.97	1900m:	22:48.41 36.12	
	450m:	5:10.14 35.23	950m:	11:09.98 36.70	1450m:	17:18.36 37.11	1950m:	23:24.97 36.56	
	500m:	5:45.25 35.11	1000m:	11:46.27 36.29	1500m:	17:54.92 36.56	2000m:	23:59.35 34.38	
7.	LOPEZ GARCIA, Joel		06	C.N. Sabadell				<b>24:22.39</b>	10,00
	50m:	34.08 34.08	550m:	6:34.05 37.15	1050m:	12:41.12 36.87	1550m:	18:51.13 37.33	
	100m:	1:08.68 34.60	600m:	7:11.22 37.17	1100m:	13:17.73 36.61	1600m:	19:28.64 37.51	
	150m:	1:44.26 35.58	650m:	7:47.31 36.09	1150m:	13:54.35 36.62	1650m:	20:05.62 36.98	
	200m:	2:20.03 35.77	700m:	8:24.56 37.25	1200m:	14:30.97 36.62	1700m:	20:41.74 36.12	
	250m:	2:56.24 36.21	750m:	9:00.86 36.30	1250m:	15:07.76 36.79	1750m:	21:18.19 36.45	
	300m:	3:31.87 35.63	800m:	9:37.52 36.66	1300m:	15:45.01 37.25	1800m:	21:54.37 36.18	
	350m:	4:08.42 36.55	850m:	10:14.23 36.71	1350m:	16:22.52 37.51	1850m:	22:31.67 37.30	
	400m:	4:44.52 36.10	900m:	10:50.93 36.70	1400m:	16:59.25 36.73	1900m:	23:08.35 36.68	
	450m:	5:21.44 36.92	950m:	11:27.73 36.80	1450m:	17:36.80 37.55	1950m:	23:45.51 37.16	
	500m:	5:56.90 35.46	1000m:	12:04.25 36.52	1500m:	18:13.80 37.00	2000m:	24:22.39 36.88	
8.	KRAMSKOY, Mark		06	C.N. Sitges				<b>24:35.06</b>	9,00
	50m:	34.63 34.63	550m:	6:29.48 36.20	1050m:	12:39.64 37.74	1550m:	18:54.00 38.03	
	100m:	1:09.21 34.58	600m:	7:05.71 36.23	1100m:	13:16.84 37.20	1600m:	19:32.04 38.04	
	150m:	1:44.09 34.88	650m:	7:42.41 36.70	1150m:	13:54.42 37.58	1650m:	20:09.81 37.77	
	200m:	2:18.54 34.45	700m:	8:19.00 36.59	1200m:	14:31.82 37.40	1700m:	20:48.33 38.52	
	250m:	2:53.41 34.87	750m:	8:56.09 37.09	1250m:	15:09.11 37.29	1750m:	21:26.76 38.43	
	300m:	3:28.76 35.35	800m:	9:33.09 37.00	1300m:	15:46.62 37.51	1800m:	22:04.58 37.82	
	350m:	4:04.70 35.94	850m:	10:09.90 36.81	1350m:	16:23.25 36.63	1850m:	22:42.87 38.29	
	400m:	4:40.56 35.86	900m:	10:47.19 37.29	1400m:	17:00.70 37.45	1900m:	23:21.21 38.34	
	450m:	5:16.85 36.29	950m:	11:24.62 37.43	1450m:	17:38.32 37.62	1950m:	23:58.80 37.59	
	500m:	5:53.28 36.43	1000m:	12:01.90 37.28	1500m:	18:15.97 37.65	2000m:	24:35.06 36.26	
9.	RIERA CANELADA, Eloi		07	C.N. Banyoles				<b>24:57.37</b>	8,00
	50m:	35.71 35.71	550m:	6:47.57 37.12	1050m:	13:03.02 37.60	1550m:	19:19.38 37.88	
	100m:	1:12.02 36.31	600m:	7:24.52 36.95	1100m:	13:40.52 37.50	1600m:	19:57.64 38.26	
	150m:	1:48.81 36.79	650m:	8:01.59 37.07	1150m:	14:18.27 37.75	1650m:	20:35.06 37.42	
	200m:	2:26.26 37.45	700m:	8:39.02 37.43	1200m:	14:55.94 37.67	1700m:	21:12.88 37.82	
	250m:	3:03.74 37.48	750m:	9:16.14 37.12	1250m:	15:33.61 37.67	1750m:	21:50.67 37.79	
	300m:	3:41.20 37.46	800m:	9:53.74 37.60	1300m:	16:11.20 37.59	1800m:	22:28.58 37.91	
	350m:	4:18.43 37.23	850m:	10:31.53 37.79	1350m:	16:48.72 37.52	1850m:	23:06.10 37.52	
	400m:	4:55.47 37.04	900m:	11:09.14 37.61	1400m:	17:26.08 37.36	1900m:	23:43.45 37.35	
	450m:	5:33.01 37.54	950m:	11:47.47 38.33	1450m:	18:03.80 37.72	1950m:	24:20.35 36.90	
	500m:	6:10.45 37.44	1000m:	12:25.42 37.95	1500m:	18:41.50 37.70	2000m:	24:57.37 37.02	
10.	FERNANDEZ RODRIGO, Isak		07	C.N. Calella				<b>25:13.02</b>	7,00
	50m:	36.35 36.35	550m:	7:02.43 38.22	1050m:	13:23.40 38.08	1550m:	19:40.73 37.33	
	100m:	1:14.53 38.18	600m:	7:40.34 37.91	1100m:	14:01.03 37.63	1600m:	20:18.33 37.60	
	150m:	1:53.48 38.95	650m:	8:18.49 38.15	1150m:	14:39.19 38.16	1650m:	20:55.48 37.15	
	200m:	2:32.10 38.62	700m:	8:56.29 37.80	1200m:	15:16.93 37.74	1700m:	21:33.05 37.57	
	250m:	3:10.95 38.85	750m:	9:34.33 38.04	1250m:	15:55.28 38.35	1750m:	22:10.72 37.67	
	300m:	3:49.44 38.49	800m:	10:12.50 38.17	1300m:	16:33.12 37.84	1800m:	22:48.05 37.33	
	350m:	4:28.50 39.06	850m:	10:50.54 38.04	1350m:	17:10.54 37.42	1850m:	23:25.12 37.07	
	400m:	5:07.11 38.61	900m:	11:28.61 38.07	1400m:	17:48.41 37.87	1900m:	24:02.37 37.25	
	450m:	5:45.57 38.46	950m:	12:06.94 38.33	1450m:	18:25.94 37.53	1950m:	24:39.22 36.85	
	500m:	6:24.21 38.64	1000m:	12:45.32 38.38	1500m:	19:03.40 37.46	2000m:	25:13.02 33.80	

NQ = Nedadors NO Classificats (tall no superat)



Prova 2, Masc., 2000m Lliure, Infantil Fons Indoor

Classificació			ANY			Temps					
11.	MORA LOPEZ, Pol		06	N.C. Torelló		<b>25:13.68</b> 6,00					
	50m:	35.19 35.19	550m:	6:46.17 37.04	1050m:	13:04.79 38.10	1550m:	19:29.22 38.27			
	100m:	1:10.77 35.58	600m:	7:23.78 37.61	1100m:	13:42.86 38.07	1600m:	20:07.90 38.68			
	150m:	1:47.39 36.62	650m:	8:01.36 37.58	1150m:	14:21.22 38.36	1650m:	20:46.78 38.88			
	200m:	2:24.57 37.18	700m:	8:39.11 37.75	1200m:	14:59.60 38.38	1700m:	21:25.18 38.40			
	250m:	3:01.96 37.39	750m:	9:16.71 37.60	1250m:	15:38.04 38.44	1750m:	22:02.67 37.49			
	300m:	3:39.20 37.24	800m:	9:54.29 37.58	1300m:	16:16.78 38.74	1800m:	22:41.12 38.45			
	350m:	4:16.54 37.34	850m:	10:32.40 38.11	1350m:	16:55.07 38.29	1850m:	23:19.86 38.74			
	400m:	4:54.17 37.63	900m:	11:10.22 37.82	1400m:	17:33.81 38.74	1900m:	23:58.32 38.46			
	450m:	5:31.61 37.44	950m:	11:48.34 38.12	1450m:	18:12.45 38.64	1950m:	24:36.21 37.89			
	500m:	6:09.13 37.52	1000m:	12:26.69 38.35	1500m:	18:50.95 38.50	2000m:	25:13.68 37.47			
12.	MARTI TORRALBA, Marc		06	C.N. Caldes		<b>25:14.83</b> 5,00					
	50m:	35.34 35.34	550m:	6:52.18 38.63	1050m:	13:14.88 38.14	1550m:	19:35.65 38.03			
	100m:	1:11.81 36.47	600m:	7:30.50 38.32	1100m:	13:53.72 38.84	1600m:	20:13.28 37.63			
	150m:	1:48.74 36.93	650m:	8:08.77 38.27	1150m:	14:32.47 38.75	1650m:	20:51.64 38.36			
	200m:	2:26.35 37.61	700m:	8:46.87 38.10	1200m:	15:09.69 37.22	1700m:	21:29.71 38.07			
	250m:	3:03.77 37.42	750m:	9:25.04 38.17	1250m:	15:47.32 37.63	1750m:	22:07.77 38.06			
	300m:	3:41.54 37.77	800m:	10:03.31 38.27	1300m:	16:25.48 38.16	1800m:	22:45.62 37.85			
	350m:	4:19.48 37.94	850m:	10:41.23 37.92	1350m:	17:03.41 37.93	1850m:	23:23.57 37.95			
	400m:	4:57.56 38.08	900m:	11:19.95 38.72	1400m:	17:40.95 37.54	1900m:	24:01.29 37.72			
	450m:	5:35.76 38.20	950m:	11:58.43 38.48	1450m:	18:18.83 37.88	1950m:	24:38.75 37.46			
	500m:	6:13.55 37.79	1000m:	12:36.74 38.31	1500m:	18:57.62 38.79	2000m:	25:14.83 36.08			
13.	TOSQUELLA VILARDOSA, Eudald		06	C.N. Tàrraga		<b>25:41.99</b> 4,00					
	50m:	35.93 35.93	550m:	6:49.93 37.47	1050m:	13:14.88 39.27	1550m:	19:48.56 39.34			
	100m:	1:12.46 36.53	600m:	7:28.42 38.49	1100m:	13:54.36 39.48	1600m:	20:28.56 40.00			
	150m:	1:49.58 37.12	650m:	8:06.18 37.76	1150m:	14:33.05 38.69	1650m:	21:09.52 40.96			
	200m:	2:27.14 37.56	700m:	8:44.48 38.30	1200m:	15:12.17 39.12	1700m:	21:48.13 38.61			
	250m:	3:04.18 37.04	750m:	9:22.45 37.97	1250m:	15:51.74 39.57	1750m:	22:28.68 40.55			
	300m:	3:42.04 37.86	800m:	10:00.64 38.19	1300m:	16:31.16 39.42	1800m:	23:09.61 40.93			
	350m:	4:19.75 37.71	850m:	10:40.05 39.41	1350m:	17:10.29 39.13	1850m:	23:49.44 39.83			
	400m:	4:57.18 37.43	900m:	11:18.94 38.89	1400m:	17:49.43 39.14	1900m:	24:27.45 38.01			
	450m:	5:34.66 37.48	950m:	11:58.08 39.14	1450m:	18:29.42 39.99	1950m:	25:05.93 38.48			
	500m:	6:12.46 37.80	1000m:	12:35.61 37.53	1500m:	19:09.22 39.80	2000m:	25:41.99 36.06			
14.	RUBIEJO MORENO, Kilian		07	N.C. Torelló		<b>26:01.17</b> 3,00					
	50m:	35.15 35.15	550m:	6:49.58 38.42	1050m:	13:22.20 39.64	1550m:	20:02.12 39.81			
	100m:	1:10.64 35.49	600m:	7:27.49 37.91	1100m:	14:01.66 39.46	1600m:	20:42.37 40.25			
	150m:	1:46.81 36.17	650m:	8:05.78 38.29	1150m:	14:42.08 40.42	1650m:	21:22.87 40.50			
	200m:	2:24.14 37.33	700m:	8:44.25 38.47	1200m:	15:22.08 40.00	1700m:	22:03.47 40.60			
	250m:	3:01.80 37.66	750m:	9:23.55 39.30	1250m:	16:02.51 40.43	1750m:	22:44.24 40.77			
	300m:	3:39.23 37.43	800m:	10:03.16 39.61	1300m:	16:42.15 39.64	1800m:	23:25.09 40.85			
	350m:	4:16.75 37.52	850m:	10:43.10 39.94	1350m:	17:22.27 40.12	1850m:	24:05.69 40.60			
	400m:	4:54.97 38.22	900m:	11:23.55 40.45	1400m:	18:02.52 40.25	1900m:	24:45.35 39.66			
	450m:	5:33.11 38.14	950m:	12:03.03 39.48	1450m:	18:42.64 40.12	1950m:	25:24.34 38.99			
	500m:	6:11.16 38.05	1000m:	12:42.56 39.53	1500m:	19:22.31 39.67	2000m:	26:01.17 36.83			
15.	SISCART MUNTANÉ, Oleguer		06	C.N. Barcelona		<b>26:41.37</b> 2,00					
	50m:	34.99 34.99	550m:	6:59.56 39.11	1050m:	13:44.18 40.78	1550m:	20:35.08 41.06			
	100m:	1:11.22 36.23	600m:	7:39.40 39.84	1100m:	14:25.97 41.79	1600m:	21:16.21 41.13			
	150m:	1:48.57 37.35	650m:	8:19.20 39.80	1150m:	15:06.17 40.20	1650m:	21:56.93 40.72			
	200m:	2:25.95 37.38	700m:	8:58.85 39.65	1200m:	15:47.03 40.86	1700m:	22:37.36 40.43			
	250m:	3:04.11 38.16	750m:	9:38.94 40.09	1250m:	16:28.01 40.98	1750m:	23:19.05 41.69			
	300m:	3:42.98 38.87	800m:	10:19.97 41.03	1300m:	17:09.16 41.15	1800m:	24:01.08 42.03			
	350m:	4:21.74 38.76	850m:	11:00.53 40.56	1350m:	17:49.72 40.56	1850m:	24:41.42 40.34			
	400m:	5:01.30 39.56	900m:	11:41.53 41.00	1400m:	18:31.03 41.31	1900m:	25:21.81 40.39			
	450m:	5:40.87 39.57	950m:	12:22.04 40.51	1450m:	19:12.21 41.18	1950m:	26:01.76 39.95			
	500m:	6:20.45 39.58	1000m:	13:03.40 41.36	1500m:	19:54.02 41.81	2000m:	26:41.37 39.61			

NQ = Nedadors NO Classificats (tall no superat)



Prova 2, Masc., 2000m Lliure, Infantil Fons Indoor

Classificació	ANY										Temps		
16.	CHECA HORNERO, Aleix										<b>26:42.97</b>	1,00	
	50m:	35.66	35.66	550m:	7:14.01	40.38	1050m:	13:54.70	40.40	1550m:	20:37.53	41.44	
	100m:	1:13.72	38.06	600m:	7:53.68	39.67	1100m:	14:34.22	39.52	1600m:	21:18.24	40.71	
	150m:	1:53.60	39.88	650m:	8:32.55	38.87	1150m:	15:14.98	40.76	1650m:	21:59.63	41.39	
	200m:	2:32.30	38.70	700m:	9:12.12	39.57	1200m:	15:54.39	39.41	1700m:	22:40.36	40.73	
	250m:	3:12.15	39.85	750m:	9:52.22	40.10	1250m:	16:36.03	41.64	1750m:	23:21.97	41.61	
	300m:	3:51.48	39.33	800m:	10:32.99	40.77	1300m:	17:16.28	40.25	1800m:	24:03.11	41.14	
	350m:	4:31.96	40.48	850m:	11:13.12	40.13	1350m:	17:56.20	39.92	1850m:	24:44.75	41.64	
	400m:	5:11.77	39.81	900m:	11:53.19	40.07	1400m:	18:33.77	37.57	1900m:	25:25.74	40.99	
	450m:	5:53.04	41.27	950m:	12:33.69	40.50	1450m:	19:14.40	40.63	1950m:	26:05.37	39.63	
	500m:	6:33.63	40.59	1000m:	13:14.30	40.61	1500m:	19:56.09	41.69	2000m:	26:42.97	37.60	
BX	POTTIER IBAÑEZ, Victor										06	C.N. Catalunya	-

NQ = Nedadors NO Classificats (tall no superat)

Sponsor



Sponsor Institucional



Generalitat de Catalunya



esportcat

Certificacions





Prova 3  
 23/12/2020

Fem., 3000m Lliure

Absolut, Júnior 2 i Júnior 1  
 Resultats

Rècords i MM Catalanes Open	31:58.86	, Mireia Belmonte Garcia	Sevilla	11/1/2014
Rècords i MM Catalanes 17	33:11.46	, Claudia Dasca Romeu	Sabadell	22/1/2011
Rècords i MM Catalanes 16	34:13.78	, Laura Rodriguez Cao	Banyoles	30/11/2014
Rècords i MM Catalanes 15	36:06.76	, Ariadna Escribano Triviño	Cordoba	16/1/2016

Classificació

ANY

Temps

Júnior 1 Fons Indoor

1. GALO NOGUEIRA, Estel Xuan		04	C.N. Granollers		<b>35:19.25</b>	19,00					
50m:	33.43	33.43	800m:	9:17.76	35.37	1550m:	18:13.82	35.16	2300m:	27:05.11	36.11
100m:	1:07.42	33.99	850m:	9:53.06	35.30	1600m:	18:48.77	34.95	2350m:	27:40.86	35.75
150m:	1:41.93	34.51	900m:	10:28.74	35.68	1650m:	19:23.54	34.77	2400m:	28:16.73	35.87
200m:	2:16.70	34.77	950m:	11:04.30	35.56	1700m:	19:58.65	35.11	2450m:	28:52.77	36.04
250m:	2:51.43	34.73	1000m:	11:40.18	35.88	1750m:	20:34.13	35.48	2500m:	29:29.18	36.41
300m:	3:26.15	34.72	1050m:	12:15.79	35.61	1800m:	21:09.49	35.36	2550m:	30:04.97	35.79
350m:	4:01.17	35.02	1100m:	12:51.69	35.90	1850m:	21:44.84	35.35	2600m:	30:40.58	35.61
400m:	4:36.03	34.86	1150m:	13:27.23	35.54	1900m:	22:20.42	35.58	2650m:	31:16.49	35.91
450m:	5:10.96	34.93	1200m:	14:02.97	35.74	1950m:	22:55.69	35.27	2700m:	31:52.51	36.02
500m:	5:46.01	35.05	1250m:	14:38.76	35.79	2000m:	23:31.29	35.60	2750m:	32:28.26	35.75
550m:	6:20.93	34.92	1300m:	15:14.83	36.07	2050m:	24:06.43	35.14	2800m:	33:03.68	35.42
600m:	6:56.19	35.26	1350m:	15:50.54	35.71	2100m:	24:41.77	35.34	2850m:	33:38.27	34.59
650m:	7:31.42	35.23	1400m:	16:26.46	35.92	2150m:	25:17.33	35.56	2900m:	34:13.54	35.27
700m:	8:06.91	35.49	1450m:	17:02.38	35.92	2200m:	25:53.20	35.87	2950m:	34:47.98	34.44
750m:	8:42.39	35.48	1500m:	17:38.66	36.28	2250m:	26:29.00	35.80	3000m:	35:19.25	31.27
2. CARRASCO CADENS, Emma		05	C.E. Inef Lleida		<b>35:51.14</b>	16,00					
<i>Millor Marca Catalana</i>											
50m:	33.93	33.93	800m:	9:24.63	35.19	1550m:	18:18.45	35.42	2300m:	27:20.51	36.17
100m:	1:09.52	35.59	850m:	10:00.16	35.53	1600m:	18:54.38	35.93	2350m:	27:57.31	36.80
150m:	1:45.41	35.89	900m:	10:35.55	35.39	1650m:	19:29.98	35.60	2400m:	28:34.30	36.99
200m:	2:20.92	35.51	950m:	11:11.36	35.81	1700m:	20:05.82	35.84	2450m:	29:10.30	36.00
250m:	2:56.38	35.46	1000m:	11:46.52	35.16	1750m:	20:41.41	35.59	2500m:	29:47.43	37.13
300m:	3:32.05	35.67	1050m:	12:21.54	35.02	1800m:	21:17.35	35.94	2550m:	30:23.66	36.23
350m:	4:07.28	35.23	1100m:	12:57.22	35.68	1850m:	21:53.60	36.25	2600m:	31:00.27	36.61
400m:	4:42.48	35.20	1150m:	13:32.35	35.13	1900m:	22:29.53	35.93	2650m:	31:36.88	36.61
450m:	5:17.98	35.50	1200m:	14:07.81	35.46	1950m:	23:06.07	36.54	2700m:	32:13.68	36.80
500m:	5:52.89	34.91	1250m:	14:43.16	35.35	2000m:	23:42.00	35.93	2750m:	32:50.44	36.76
550m:	6:28.31	35.42	1300m:	15:18.33	35.17	2050m:	24:18.23	36.23	2800m:	33:27.77	37.33
600m:	7:03.21	34.90	1350m:	15:54.74	36.41	2100m:	24:54.60	36.37	2850m:	34:04.43	36.66
650m:	7:38.21	35.00	1400m:	16:31.09	36.35	2150m:	25:31.13	36.53	2900m:	34:41.07	36.64
700m:	8:14.19	35.98	1450m:	17:06.88	35.79	2200m:	26:07.80	36.67	2950m:	35:17.46	36.39
750m:	8:49.44	35.25	1500m:	17:43.03	36.15	2250m:	26:44.34	36.54	3000m:	35:51.14	33.68
3. VILARDEBÓ PLA, Núria		04	C.N. Calella		<b>36:15.07</b>	14,00					
50m:	33.13	33.13	800m:	9:22.14	35.94	1550m:	18:29.37	36.62	2300m:	27:44.81	36.90
100m:	1:07.40	34.27	850m:	9:58.38	36.24	1600m:	19:06.04	36.67	2350m:	28:21.77	36.96
150m:	1:42.16	34.76	900m:	10:34.58	36.20	1650m:	19:42.84	36.80	2400m:	28:58.91	37.14
200m:	2:17.36	35.20	950m:	11:10.96	36.38	1700m:	20:20.22	37.38	2450m:	29:36.19	37.28
250m:	2:52.40	35.04	1000m:	11:47.25	36.29	1750m:	20:57.48	37.26	2500m:	30:13.23	37.04
300m:	3:27.66	35.26	1050m:	12:23.70	36.45	1800m:	21:34.75	37.27	2550m:	30:50.09	36.86
350m:	4:02.80	35.14	1100m:	13:00.00	36.30	1850m:	22:11.97	37.22	2600m:	31:27.39	37.30
400m:	4:37.91	35.11	1150m:	13:36.35	36.35	1900m:	22:49.18	37.21	2650m:	32:04.21	36.82
450m:	5:12.83	34.92	1200m:	14:13.02	36.67	1950m:	23:26.31	37.13	2700m:	32:41.24	37.03
500m:	5:48.15	35.32	1250m:	14:49.54	36.52	2000m:	24:03.52	37.21	2750m:	33:17.82	36.58
550m:	6:23.74	35.59	1300m:	15:26.25	36.71	2050m:	24:40.38	36.86	2800m:	33:53.26	35.44
600m:	6:59.20	35.46	1350m:	16:02.87	36.62	2100m:	25:17.38	37.00	2850m:	34:28.81	35.55
650m:	7:34.73	35.53	1400m:	16:39.41	36.54	2150m:	25:54.26	36.88	2900m:	35:04.54	35.73
700m:	8:10.47	35.74	1450m:	17:16.13	36.72	2200m:	26:31.05	36.79	2950m:	35:40.25	35.71
750m:	8:46.20	35.73	1500m:	17:52.75	36.62	2250m:	27:07.91	36.86	3000m:	36:15.07	34.82

NQ = Nedadors NO Classificats (tall no superat)

Prova 3, Fem., 3000m Lliure, Júnior 1 Fons Indoor

Classificació	ANY		Temps	
<b>4. PALACIOS GALLARDO, Rut</b>	<b>05</b>	<b>C.N. Atl Barceloneta</b>	<b>36:54.49</b>	<b>13,00</b>
50m: 34.19 34.19	800m: 9:28.45	36.36 1550m: 18:42.90	37.15 2300m: 28:05.34	37.80
100m: 1:08.70 34.51	850m: 10:04.69	36.24 1600m: 19:20.51	37.61 2350m: 28:43.10	37.76
150m: 1:43.82 35.12	900m: 10:41.15	36.46 1650m: 19:57.80	37.29 2400m: 29:21.47	38.37
200m: 2:19.01 35.19	950m: 11:17.87	36.72 1700m: 20:35.08	37.28 2450m: 29:59.46	37.99
250m: 2:54.35 35.34	1000m: 11:54.75	36.88 1750m: 21:12.33	37.25 2500m: 30:37.72	38.26
300m: 3:29.96 35.61	1050m: 12:31.84	37.09 1800m: 21:49.70	37.37 2550m: 31:15.74	38.02
350m: 4:05.69 35.73	1100m: 13:08.64	36.80 1850m: 22:27.43	37.73 2600m: 31:53.75	38.01
400m: 4:41.54 35.85	1150m: 13:45.58	36.94 1900m: 23:05.12	37.69 2650m: 32:31.73	37.98
450m: 5:16.94 35.40	1200m: 14:22.54	36.96 1950m: 23:42.72	37.60 2700m: 33:09.69	37.96
500m: 5:52.49 35.55	1250m: 14:59.82	37.28 2000m: 24:20.01	37.29 2750m: 33:47.43	37.74
550m: 6:28.20 35.71	1300m: 15:37.08	37.26 2050m: 24:57.27	37.26 2800m: 34:24.92	37.49
600m: 7:03.98 35.78	1350m: 16:14.24	37.16 2100m: 25:34.66	37.39 2850m: 35:02.43	37.51
650m: 7:39.79 35.81	1400m: 16:51.41	37.17 2150m: 26:12.11	37.45 2900m: 35:39.92	37.49
700m: 8:15.69 35.90	1450m: 17:28.62	37.21 2200m: 26:49.80	37.69 2950m: 36:17.33	37.41
750m: 8:52.09 36.40	1500m: 18:05.75	37.13 2250m: 27:27.54	37.74 3000m: 36:54.49	37.16
<b>5. MORERA PUJOLAR, Júlia</b>	<b>05</b>	<b>C.N. Olot</b>	<b>37:16.64</b>	<b>12,00</b>
50m: 35.38 35.38	800m: 9:52.27	37.37 1550m: 19:10.50	37.53 2300m: 28:33.11	37.23
100m: 1:12.00 36.62	850m: 10:29.28	37.01 1600m: 19:47.87	37.37 2350m: 29:10.90	37.79
150m: 1:49.25 37.25	900m: 11:06.02	36.74 1650m: 20:25.29	37.42 2400m: 29:48.89	37.99
200m: 2:26.55 37.30	950m: 11:43.01	36.99 1700m: 21:02.58	37.29 2450m: 30:26.56	37.67
250m: 3:03.50 36.95	1000m: 12:19.75	36.74 1750m: 21:40.02	37.44 2500m: 31:04.45	37.89
300m: 3:40.39 36.89	1050m: 12:56.72	36.97 1800m: 22:17.44	37.42 2550m: 31:42.15	37.70
350m: 4:17.63 37.24	1100m: 13:33.69	36.97 1850m: 22:55.12	37.68 2600m: 32:20.16	38.01
400m: 4:54.40 36.77	1150m: 14:11.01	37.32 1900m: 23:33.30	38.18 2650m: 32:58.14	37.98
450m: 5:31.43 37.03	1200m: 14:48.43	37.42 1950m: 24:10.67	37.37 2700m: 33:35.86	37.72
500m: 6:08.43 37.00	1250m: 15:25.66	37.23 2000m: 24:48.05	37.38 2750m: 34:13.98	38.12
550m: 6:45.79 37.36	1300m: 16:03.31	37.65 2050m: 25:25.86	37.81 2800m: 34:51.48	37.50
600m: 7:23.18 37.39	1350m: 16:40.25	36.94 2100m: 26:03.45	37.59 2850m: 35:28.38	36.90
650m: 8:00.65 37.47	1400m: 17:17.51	37.26 2150m: 26:41.13	37.68 2900m: 36:05.18	36.80
700m: 8:37.86 37.21	1450m: 17:55.11	37.60 2200m: 27:18.47	37.34 2950m: 36:41.67	36.49
750m: 9:14.90 37.04	1500m: 18:32.97	37.86 2250m: 27:55.88	37.41 3000m: 37:16.64	34.97
<b>6. RIUS PELLEJA, Abril</b>	<b>04</b>	<b>C.N. Tarraco</b>	<b>37:32.11</b>	<b>11,00</b>
50m: 33.40 33.40	800m: 9:46.93	37.82 1550m: 19:11.89	36.98 2300m: 28:41.00	37.76
100m: 1:08.20 34.80	850m: 10:24.64	37.71 1600m: 19:49.31	37.42 2350m: 29:19.74	38.74
150m: 1:43.59 35.39	900m: 11:01.90	37.26 1650m: 20:26.27	36.96 2400m: 29:58.42	38.68
200m: 2:19.59 36.00	950m: 11:39.37	37.47 1700m: 21:02.98	36.71 2450m: 30:37.31	38.89
250m: 2:55.56 35.97	1000m: 12:16.84	37.47 1750m: 21:40.17	37.19 2500m: 31:16.39	39.08
300m: 3:32.46 36.90	1050m: 12:54.31	37.47 1800m: 22:17.50	37.33 2550m: 31:54.61	38.22
350m: 4:10.14 37.68	1100m: 13:31.70	37.39 1850m: 22:55.97	38.47 2600m: 32:32.81	38.20
400m: 4:47.31 37.17	1150m: 14:09.65	37.95 1900m: 23:33.99	38.02 2650m: 33:10.79	37.98
450m: 5:24.71 37.40	1200m: 14:46.97	37.32 1950m: 24:12.76	38.77 2700m: 33:48.42	37.63
500m: 6:01.83 37.12	1250m: 15:24.86	37.89 2000m: 24:50.83	38.07 2750m: 34:26.39	37.97
550m: 6:38.93 37.10	1300m: 16:02.72	37.86 2050m: 25:29.08	38.25 2800m: 35:03.94	37.55
600m: 7:15.94 37.01	1350m: 16:41.07	38.35 2100m: 26:07.26	38.18 2850m: 35:41.04	37.10
650m: 7:53.67 37.73	1400m: 17:19.30	38.23 2150m: 26:46.03	38.77 2900m: 36:18.22	37.18
700m: 8:31.35 37.68	1450m: 17:57.58	38.28 2200m: 27:24.55	38.52 2950m: 36:55.52	37.30
750m: 9:09.11 37.76	1500m: 18:34.91	37.33 2250m: 28:03.24	38.69 3000m: 37:32.11	36.59
<b>7. VALERIO SAIS, Queralt</b>	<b>04</b>	<b>C.N. Banyoles</b>	<b>37:35.55</b>	<b>10,00</b>
50m: 33.72 33.72	800m: 9:39.53	37.05 1550m: 19:01.43	37.39 2300m: 28:32.42	38.41
100m: 1:08.58 34.86	850m: 10:17.33	37.80 1600m: 19:38.54	37.11 2350m: 29:10.49	38.07
150m: 1:43.60 35.02	900m: 10:54.68	37.35 1650m: 20:16.01	37.47 2400m: 29:48.65	38.16
200m: 2:18.56 34.96	950m: 11:31.89	37.21 1700m: 20:54.11	38.10 2450m: 30:27.38	38.73
250m: 2:54.42 35.86	1000m: 12:09.40	37.51 1750m: 21:31.83	37.72 2500m: 31:06.70	39.32
300m: 3:29.90 35.48	1050m: 12:46.82	37.42 1800m: 22:10.08	38.25 2550m: 31:45.75	39.05
350m: 4:06.08 36.18	1100m: 13:24.27	37.45 1850m: 22:48.24	38.16 2600m: 32:25.38	39.63
400m: 4:42.20 36.12	1150m: 14:02.62	38.35 1900m: 23:26.23	37.99 2650m: 33:04.90	39.52
450m: 5:18.70 36.50	1200m: 14:40.00	37.38 1950m: 24:04.38	38.15 2700m: 33:44.09	39.19
500m: 5:55.73 37.03	1250m: 15:17.34	37.34 2000m: 24:42.24	37.86 2750m: 34:22.60	38.51
550m: 6:32.68 36.95	1300m: 15:54.38	37.04 2050m: 25:20.46	38.22 2800m: 35:00.75	38.15
600m: 7:10.12 37.44	1350m: 16:32.01	37.63 2100m: 25:59.09	38.63 2850m: 35:38.96	38.21
650m: 7:47.97 37.85	1400m: 17:09.47	37.46 2150m: 26:36.85	37.76 2900m: 36:17.68	38.72
700m: 8:25.52 37.55	1450m: 17:46.78	37.31 2200m: 27:15.47	38.62 2950m: 36:56.42	38.74
750m: 9:02.48 36.96	1500m: 18:24.04	37.26 2250m: 27:54.01	38.54 3000m: 37:35.55	39.13

NQ = Nedadors NO Classificats (tall no superat)

Prova 3, Fem., 3000m Lliure, Júnior 1 Fons Indoor

Classificació	ANY		Temps	
<b>8. GARRETA YUSTE, Judit</b>	<b>04</b>	<b>C.N. Mataró</b>	<b>37:37.79</b>	<b>9,00</b>
50m: 34.66	34.66	800m: 9:48.16	37.26	1550m: 19:11.68
100m: 1:10.94	36.28	850m: 10:25.16	37.00	1600m: 19:49.80
150m: 1:47.34	36.40	900m: 11:02.52	37.36	1650m: 20:28.15
200m: 2:24.07	36.73	950m: 11:40.01	37.49	1700m: 21:06.66
250m: 3:00.59	36.52	1000m: 12:17.63	37.62	1750m: 21:44.76
300m: 3:37.39	36.80	1050m: 12:54.26	36.63	1800m: 22:22.97
350m: 4:13.85	36.46	1100m: 13:31.65	37.39	1850m: 23:01.16
400m: 4:50.94	37.09	1150m: 14:09.09	37.44	1900m: 23:39.93
450m: 5:27.68	36.74	1200m: 14:46.46	37.37	1950m: 24:18.27
500m: 6:04.52	36.84	1250m: 15:24.49	38.03	2000m: 24:56.73
550m: 6:41.61	37.09	1300m: 16:01.92	37.43	2050m: 25:35.91
600m: 7:19.11	37.50	1350m: 16:39.80	37.88	2100m: 26:14.52
650m: 7:56.23	37.12	1400m: 17:17.38	37.58	2150m: 26:52.37
700m: 8:33.51	37.28	1450m: 17:55.57	38.19	2200m: 27:30.95
750m: 9:10.90	37.39	1500m: 18:33.22	37.65	2250m: 28:08.01
				2300m: 28:44.78
				2350m: 29:22.17
				2400m: 30:00.16
				2450m: 30:38.12
				2500m: 31:16.00
				2550m: 31:53.44
				2600m: 32:31.59
				2650m: 33:10.07
				2700m: 33:48.44
				2750m: 34:27.06
				2800m: 35:05.34
				2850m: 35:42.79
				2900m: 36:21.08
				2950m: 36:58.84
				3000m: 37:37.79
<b>9. GONZALEZ TENORIO, Nadia</b>	<b>05</b>	<b>C.N. Sabadell</b>	<b>37:53.43</b>	<b>8,00</b>
50m: 35.39	35.39	800m: 10:00.99	37.99	1550m: 19:27.37
100m: 1:12.82	37.43	850m: 10:39.24	38.25	1600m: 20:05.25
150m: 1:50.03	37.21	900m: 11:17.29	38.05	1650m: 20:43.53
200m: 2:27.45	37.42	950m: 11:55.80	38.51	1700m: 21:21.63
250m: 3:05.02	37.57	1000m: 12:34.08	38.28	1750m: 21:59.98
300m: 3:43.03	38.01	1050m: 13:11.70	37.62	1800m: 22:38.09
350m: 4:21.26	38.23	1100m: 13:48.16	36.46	1850m: 23:16.28
400m: 4:58.65	37.39	1150m: 14:25.70	37.54	1900m: 23:53.79
450m: 5:36.52	37.87	1200m: 15:03.40	37.70	1950m: 24:32.08
500m: 6:15.14	38.62	1250m: 15:40.86	37.46	2000m: 25:09.76
550m: 6:53.35	38.21	1300m: 16:18.18	37.32	2050m: 25:47.99
600m: 7:30.92	37.57	1350m: 16:56.09	37.91	2100m: 26:25.74
650m: 8:08.15	37.23	1400m: 17:34.39	38.30	2150m: 27:03.82
700m: 8:45.52	37.37	1450m: 18:12.81	38.42	2200m: 27:42.60
750m: 9:23.00	37.48	1500m: 18:50.64	37.83	2250m: 28:20.84
				2300m: 28:59.68
				2350m: 29:37.99
				2400m: 30:16.18
				2450m: 30:55.30
				2500m: 31:34.20
				2550m: 32:12.05
				2600m: 32:50.02
				2650m: 33:28.23
				2700m: 34:07.17
				2750m: 34:45.39
				2800m: 35:24.20
				2850m: 36:02.07
				2900m: 36:39.43
				2950m: 37:17.62
				3000m: 37:53.43
<b>10. CASTILLO MORENILLA, Lidia</b>	<b>04</b>	<b>C.N. Caldes</b>	<b>37:58.68</b>	<b>7,00</b>
50m: 34.92	34.92	800m: 9:55.32	37.64	1550m: 19:25.71
100m: 1:11.45	36.53	850m: 10:33.11	37.79	1600m: 20:03.93
150m: 1:48.61	37.16	900m: 11:11.19	38.08	1650m: 20:42.22
200m: 2:25.76	37.15	950m: 11:48.81	37.62	1700m: 21:20.43
250m: 3:02.87	37.11	1000m: 12:26.36	37.55	1750m: 21:58.63
300m: 3:40.27	37.40	1050m: 13:04.24	37.88	1800m: 22:37.13
350m: 4:17.85	37.58	1100m: 13:41.80	37.56	1850m: 23:15.07
400m: 4:55.67	37.82	1150m: 14:19.90	38.10	1900m: 23:53.39
450m: 5:32.89	37.22	1200m: 14:57.99	38.09	1950m: 24:31.99
500m: 6:10.66	37.77	1250m: 15:36.16	38.17	2000m: 25:10.77
550m: 6:48.17	37.51	1300m: 16:14.12	37.96	2050m: 25:48.83
600m: 7:25.24	37.07	1350m: 16:52.50	38.38	2100m: 26:27.31
650m: 8:02.81	37.57	1400m: 17:30.76	38.26	2150m: 27:06.40
700m: 8:40.16	37.35	1450m: 18:08.97	38.21	2200m: 27:45.16
750m: 9:17.68	37.52	1500m: 18:47.82	38.85	2250m: 28:24.16
				2300m: 29:02.68
				2350m: 29:41.71
				2400m: 30:20.51
				2450m: 30:59.92
				2500m: 31:38.83
				2550m: 32:16.69
				2600m: 32:54.97
				2650m: 33:33.45
				2700m: 34:11.75
				2750m: 34:50.14
				2800m: 35:27.91
				2850m: 36:05.83
				2900m: 36:43.65
				2950m: 37:21.65
				3000m: 37:58.68
<b>11. LORENZO BARTOLI, Jana</b>	<b>04</b>	<b>C.N. Barcelona</b>	<b>38:24.32</b>	<b>6,00</b>
50m: 34.28	34.28	800m: 9:49.01	38.11	1550m: 19:24.61
100m: 1:09.86	35.58	850m: 10:27.72	38.71	1600m: 20:03.24
150m: 1:46.69	36.83	900m: 11:06.24	38.52	1650m: 20:41.57
200m: 2:23.83	37.14	950m: 11:44.87	38.63	1700m: 21:20.28
250m: 3:00.58	36.75	1000m: 12:23.83	38.96	1750m: 21:59.00
300m: 3:37.40	36.82	1050m: 13:02.70	38.87	1800m: 22:38.55
350m: 4:14.28	36.88	1100m: 13:41.84	39.14	1850m: 23:17.16
400m: 4:51.38	37.10	1150m: 14:21.19	39.35	1900m: 23:56.47
450m: 5:28.00	36.62	1200m: 14:58.59	37.40	1950m: 24:35.72
500m: 6:04.81	36.81	1250m: 15:35.66	37.07	2000m: 25:15.68
550m: 6:41.84	37.03	1300m: 16:12.84	37.18	2050m: 25:53.91
600m: 7:18.94	37.10	1350m: 16:50.85	38.01	2100m: 26:33.48
650m: 7:55.53	36.59	1400m: 17:29.42	38.57	2150m: 27:12.92
700m: 8:33.04	37.51	1450m: 18:07.99	38.57	2200m: 27:52.93
750m: 9:10.90	37.86	1500m: 18:46.35	38.36	2250m: 28:32.34
				2300m: 29:12.68
				2350m: 29:53.32
				2400m: 30:33.21
				2450m: 31:12.89
				2500m: 31:52.87
				2550m: 32:32.32
				2600m: 33:11.87
				2650m: 33:52.15
				2700m: 34:32.64
				2750m: 35:12.73
				2800m: 35:52.54
				2850m: 36:31.77
				2900m: 37:10.87
				2950m: 37:48.05
				3000m: 38:24.32

NQ = Nedadors NO Classificats (tall no superat)

Prova 3, Fem., 3000m Lliure, Júnior 1 Fons Indoor

Classificació	ANY										Temps			
<b>12.</b>	<b>GRAU LOPEZ DE LA OSA, Paula</b>										<b>04</b>	<b>C.N. L'hospitalet</b>	<b>38:25.20</b>	<b>5,00</b>
	50m:	34.24	34.24	800m:	10:01.07	39.12	1550m:	19:40.03	38.10	2300m:	29:25.62	39.21		
	100m:	1:10.18	35.94	850m:	10:39.22	38.15	1600m:	20:17.95	37.92	2350m:	30:04.32	38.70		
	150m:	1:47.06	36.88	900m:	11:18.52	39.30	1650m:	20:56.98	39.03	2400m:	30:43.50	39.18		
	200m:	2:23.73	36.67	950m:	11:55.92	37.40	1700m:	21:36.08	39.10	2450m:	31:22.93	39.43		
	250m:	3:00.40	36.67	1000m:	12:34.58	38.66	1750m:	22:15.50	39.42	2500m:	32:02.14	39.21		
	300m:	3:38.45	38.05	1050m:	13:13.10	38.52	1800m:	22:53.92	38.42	2550m:	32:41.35	39.21		
	350m:	4:16.06	37.61	1100m:	13:51.94	38.84	1850m:	23:33.55	39.63	2600m:	33:19.82	38.47		
	400m:	4:54.52	38.46	1150m:	14:30.54	38.60	1900m:	24:12.42	38.87	2650m:	33:59.02	39.20		
	450m:	5:32.67	38.15	1200m:	15:09.86	39.32	1950m:	24:51.23	38.81	2700m:	34:37.85	38.83		
	500m:	6:10.60	37.93	1250m:	15:49.28	39.42	2000m:	25:30.48	39.25	2750m:	35:16.49	38.64		
	550m:	6:48.89	38.29	1300m:	16:28.97	39.69	2050m:	26:09.37	38.89	2800m:	35:54.73	38.24		
	600m:	7:27.28	38.39	1350m:	17:08.48	39.51	2100m:	26:48.32	38.95	2850m:	36:33.24	38.51		
	650m:	8:05.37	38.09	1400m:	17:46.26	37.78	2150m:	27:28.03	39.71	2900m:	37:11.36	38.12		
	700m:	8:43.57	38.20	1450m:	18:24.23	37.97	2200m:	28:06.91	38.88	2950m:	37:48.69	37.33		
	750m:	9:21.95	38.38	1500m:	19:01.93	37.70	2250m:	28:46.41	39.50	3000m:	38:25.20	36.51		
<b>13.</b>	<b>USECHI ELIZARI, Marta</b>										<b>04</b>	<b>C.N. Barcelona</b>	<b>39:08.73</b>	<b>4,00</b>
	50m:	35.28	35.28	800m:	10:10.81	39.37	1550m:	20:04.49	39.93	2300m:	29:58.66	38.88		
	100m:	1:12.12	36.84	850m:	10:49.91	39.10	1600m:	20:44.21	39.72	2350m:	30:38.17	39.51		
	150m:	1:49.47	37.35	900m:	11:29.26	39.35	1650m:	21:23.69	39.48	2400m:	31:17.48	39.31		
	200m:	2:27.35	37.88	950m:	12:08.18	38.92	1700m:	22:02.98	39.29	2450m:	31:57.29	39.81		
	250m:	3:05.90	38.55	1000m:	12:47.73	39.55	1750m:	22:42.45	39.47	2500m:	32:36.53	39.24		
	300m:	3:44.30	38.40	1050m:	13:26.86	39.13	1800m:	23:22.09	39.64	2550m:	33:15.77	39.24		
	350m:	4:22.44	38.14	1100m:	14:05.85	38.99	1850m:	24:01.62	39.53	2600m:	33:55.16	39.39		
	400m:	5:00.52	38.08	1150m:	14:45.02	39.17	1900m:	24:41.44	39.82	2650m:	34:34.74	39.58		
	450m:	5:39.05	38.53	1200m:	15:24.15	39.13	1950m:	25:21.25	39.81	2700m:	35:14.31	39.57		
	500m:	6:17.45	38.40	1250m:	16:03.78	39.63	2000m:	26:01.24	39.99	2750m:	35:53.63	39.32		
	550m:	6:55.94	38.49	1300m:	16:44.01	40.23	2050m:	26:41.11	39.87	2800m:	36:33.19	39.56		
	600m:	7:34.66	38.72	1350m:	17:23.75	39.74	2100m:	27:20.90	39.79	2850m:	37:12.01	38.82		
	650m:	8:13.27	38.61	1400m:	18:04.04	40.29	2150m:	28:00.80	39.90	2900m:	37:51.10	39.09		
	700m:	8:52.35	39.08	1450m:	18:44.09	40.05	2200m:	28:40.60	39.80	2950m:	38:30.13	39.03		
	750m:	9:31.44	39.09	1500m:	19:24.56	40.47	2250m:	29:19.78	39.18	3000m:	39:08.73	38.60		
<b>14.</b>	<b>MARGUÍ SOLÀ, Núria</b>										<b>05</b>	<b>C.N. Olot</b>	<b>39:33.43</b>	<b>3,00</b>
	50m:	36.31	36.31	800m:	10:17.92	39.57	1550m:	20:15.16	38.87	2300m:	30:14.02	40.76		
	100m:	1:13.89	37.58	850m:	10:57.65	39.73	1600m:	20:54.49	39.33	2350m:	30:53.17	39.15		
	150m:	1:51.84	37.95	900m:	11:37.47	39.82	1650m:	21:34.03	39.54	2400m:	31:33.91	40.74		
	200m:	2:30.38	38.54	950m:	12:16.88	39.41	1700m:	22:14.53	40.50	2450m:	32:14.95	41.04		
	250m:	3:09.08	38.70	1000m:	12:56.58	39.70	1750m:	22:54.69	40.16	2500m:	32:55.71	40.76		
	300m:	3:47.93	38.85	1050m:	13:36.75	40.17	1800m:	23:34.68	39.99	2550m:	33:36.82	41.11		
	350m:	4:26.47	38.54	1100m:	14:17.03	40.28	1850m:	24:14.54	39.86	2600m:	34:17.27	40.45		
	400m:	5:05.46	38.99	1150m:	14:56.82	39.79	1900m:	24:54.98	40.44	2650m:	34:57.59	40.32		
	450m:	5:44.90	39.44	1200m:	15:36.63	39.81	1950m:	25:35.17	40.19	2700m:	35:37.90	40.31		
	500m:	6:24.00	39.10	1250m:	16:16.38	39.75	2000m:	26:13.73	38.56	2750m:	36:18.02	40.12		
	550m:	7:02.20	38.20	1300m:	16:55.81	39.43	2050m:	26:53.04	39.31	2800m:	36:58.45	40.43		
	600m:	7:40.73	38.53	1350m:	17:35.87	40.06	2100m:	27:33.34	40.30	2850m:	37:38.11	39.66		
	650m:	8:19.58	38.85	1400m:	18:16.14	40.27	2150m:	28:12.92	39.58	2900m:	38:17.46	39.35		
	700m:	8:58.88	39.30	1450m:	18:56.65	40.51	2200m:	28:53.15	40.23	2950m:	38:56.02	38.56		
	750m:	9:38.35	39.47	1500m:	19:36.29	39.64	2250m:	29:33.26	40.11	3000m:	39:33.43	37.41		
<b>15.</b>	<b>SURROCA RIOL, Gemma</b>										<b>05</b>	<b>C.N. Olot</b>	<b>39:34.17</b>	<b>2,00</b>
	50m:	36.69	36.69	800m:	10:27.06	39.57	1550m:	20:21.74	39.85	2300m:	30:19.16	40.21		
	100m:	1:15.44	38.75	850m:	11:06.33	39.27	1600m:	21:01.53	39.79	2350m:	30:58.99	39.83		
	150m:	1:54.52	39.08	900m:	11:45.72	39.39	1650m:	21:41.56	40.03	2400m:	31:39.03	40.04		
	200m:	2:33.76	39.24	950m:	12:25.49	39.77	1700m:	22:21.39	39.83	2450m:	32:19.08	40.05		
	250m:	3:12.63	38.87	1000m:	13:04.45	38.96	1750m:	23:01.07	39.68	2500m:	32:59.36	40.28		
	300m:	3:52.06	39.43	1050m:	13:43.81	39.36	1800m:	23:40.91	39.84	2550m:	33:39.74	40.38		
	350m:	4:31.52	39.46	1100m:	14:23.28	39.47	1850m:	24:20.42	39.51	2600m:	34:19.88	40.14		
	400m:	5:10.78	39.26	1150m:	15:02.91	39.63	1900m:	25:00.43	40.01	2650m:	34:59.55	39.67		
	450m:	5:50.21	39.43	1200m:	15:42.88	39.97	1950m:	25:40.32	39.89	2700m:	35:39.85	40.30		
	500m:	6:29.91	39.70	1250m:	16:22.68	39.80	2000m:	26:20.19	39.87	2750m:	36:19.75	39.90		
	550m:	7:09.18	39.27	1300m:	17:02.62	39.94	2050m:	27:00.07	39.88	2800m:	36:59.51	39.76		
	600m:	7:48.84	39.66	1350m:	17:42.13	39.51	2100m:	27:39.75	39.68	2850m:	37:39.36	39.85		
	650m:	8:28.29	39.45	1400m:	18:22.21	40.08	2150m:	28:19.71	39.96	2900m:	38:19.02	39.66		
	700m:	9:07.83	39.54	1450m:	19:02.03	39.82	2200m:	28:59.29	39.58	2950m:	38:57.35	38.33		
	750m:	9:47.49	39.66	1500m:	19:41.89	39.86	2250m:	29:38.95	39.66	3000m:	39:34.17	36.82		

NQ = Nedadors NO Classificats (tall no superat)

Prova 3, Fem., 3000m Lliure, Júnior 1 Fons Indoor

Classificació	ANY		Temps	
16.	PAVILLARD SALVADOR, Paula	04	N.C. Torelló	<b>39:35.79</b> 1,00
	50m: 36.95 36.95	800m: 10:26.56	39.28 1550m: 20:21.73	39.84 2300m: 30:19.85 39.90
	100m: 1:15.50 38.55	850m: 11:06.16	39.60 1600m: 21:01.80	40.07 2350m: 30:59.31 39.46
	150m: 1:54.39 38.89	900m: 11:45.54	39.38 1650m: 21:41.68	39.88 2400m: 31:39.51 40.20
	200m: 2:33.70 39.31	950m: 12:24.93	39.39 1700m: 22:21.68	40.00 2450m: 32:19.89 40.38
	250m: 3:12.73 39.03	1000m: 13:04.51	39.58 1750m: 23:01.43	39.75 2500m: 33:00.22 40.33
	300m: 3:51.92 39.19	1050m: 13:44.16	39.65 1800m: 23:40.99	39.56 2550m: 33:40.85 40.63
	350m: 4:31.42 39.50	1100m: 14:23.65	39.49 1850m: 24:20.84	39.85 2600m: 34:21.10 40.25
	400m: 5:10.79 39.37	1150m: 15:03.12	39.47 1900m: 25:00.70	39.86 2650m: 35:01.50 40.40
	450m: 5:50.35 39.56	1200m: 15:43.09	39.97 1950m: 25:40.88	40.18 2700m: 35:41.46 39.96
	500m: 6:29.96 39.61	1250m: 16:22.83	39.74 2000m: 26:21.24	40.36 2750m: 36:21.13 39.67
	550m: 7:09.40 39.44	1300m: 17:02.56	39.73 2050m: 27:00.84	39.60 2800m: 37:01.23 40.10
	600m: 7:48.69 39.29	1350m: 17:42.34	39.78 2100m: 27:40.93	40.09 2850m: 37:40.71 39.48
	650m: 8:28.35 39.66	1400m: 18:21.96	39.62 2150m: 28:20.81	39.88 2900m: 38:19.41 38.70
	700m: 9:07.86 39.51	1450m: 19:02.13	40.17 2200m: 29:00.56	39.75 2950m: 38:58.25 38.84
	750m: 9:47.28 39.42	1500m: 19:41.89	39.76 2250m: 29:39.95	39.39 3000m: 39:35.79 37.54

BX PERAIRA CRIADO, Carla 05 C.N. Sabadell -

Júnior 2 Fons Indoor

1.	RODRIGUEZ SANTAULARIA, Laura	02	C.N. Barcelona	<b>34:44.80</b> 19,00
	50m: 33.58 33.58	800m: 9:08.45	34.66 1550m: 17:50.59	35.06 2300m: 26:34.78 34.95
	100m: 1:07.39 33.81	850m: 9:42.87	34.42 1600m: 18:25.78	35.19 2350m: 27:10.03 35.25
	150m: 1:41.34 33.95	900m: 10:17.84	34.97 1650m: 19:00.41	34.63 2400m: 27:45.06 35.03
	200m: 2:15.31 33.97	950m: 10:52.33	34.49 1700m: 19:35.03	34.62 2450m: 28:20.06 35.00
	250m: 2:49.54 34.23	1000m: 11:26.89	34.56 1750m: 20:10.01	34.98 2500m: 28:55.21 35.15
	300m: 3:23.90 34.36	1050m: 12:01.38	34.49 1800m: 20:45.23	35.22 2550m: 29:30.49 35.28
	350m: 3:58.48 34.58	1100m: 12:36.00	34.62 1850m: 21:20.22	34.99 2600m: 30:05.50 35.01
	400m: 4:33.16 34.68	1150m: 13:10.74	34.74 1900m: 21:55.53	35.31 2650m: 30:40.35 34.85
	450m: 5:07.57 34.41	1200m: 13:45.60	34.86 1950m: 22:30.66	35.13 2700m: 31:15.69 35.34
	500m: 5:41.89 34.32	1250m: 14:20.55	34.95 2000m: 23:05.55	34.89 2750m: 31:51.12 35.43
	550m: 6:15.99 34.10	1300m: 14:55.38	34.83 2050m: 23:39.96	34.41 2800m: 32:26.49 35.37
	600m: 6:50.27 34.28	1350m: 15:30.54	35.16 2100m: 24:14.71	34.75 2850m: 33:01.56 35.07
	650m: 7:24.62 34.35	1400m: 16:05.44	34.90 2150m: 24:49.77	35.06 2900m: 33:36.56 35.00
	700m: 7:59.31 34.69	1450m: 16:40.66	35.22 2200m: 25:24.84	35.07 2950m: 34:11.34 34.78
	750m: 8:33.79 34.48	1500m: 17:15.53	34.87 2250m: 25:59.83	34.99 3000m: 34:44.80 33.46
2.	CAMPABADAL AMEZCUA, Ainhoa	03	C.N. Caldes	<b>35:19.80</b> 16,00
	50m: 33.43 33.43	800m: 9:14.64	34.67 1550m: 18:03.74	35.94 2300m: 27:01.48 35.95
	100m: 1:07.95 34.52	850m: 9:49.03	34.39 1600m: 18:39.66	35.92 2350m: 27:37.38 35.90
	150m: 1:42.87 34.92	900m: 10:23.85	34.82 1650m: 19:15.34	35.68 2400m: 28:13.59 36.21
	200m: 2:17.51 34.64	950m: 10:58.70	34.85 1700m: 19:50.95	35.61 2450m: 28:50.02 36.43
	250m: 2:52.26 34.75	1000m: 11:33.62	34.92 1750m: 20:26.89	35.94 2500m: 29:26.48 36.46
	300m: 3:27.32 35.06	1050m: 12:08.52	34.90 1800m: 21:02.78	35.89 2550m: 30:02.63 36.15
	350m: 4:02.30 34.98	1100m: 12:43.56	35.04 1850m: 21:38.94	36.16 2600m: 30:38.80 36.17
	400m: 4:36.90 34.60	1150m: 13:19.08	35.52 1900m: 22:15.10	36.16 2650m: 31:15.02 36.22
	450m: 5:11.72 34.82	1200m: 13:54.49	35.41 1950m: 22:51.48	36.38 2700m: 31:51.09 36.07
	500m: 5:46.53 34.81	1250m: 14:29.64	35.15 2000m: 23:27.67	36.19 2750m: 32:26.61 35.52
	550m: 6:21.33 34.80	1300m: 15:04.97	35.33 2050m: 24:03.38	35.71 2800m: 33:02.34 35.73
	600m: 6:56.06 34.73	1350m: 15:40.63	35.66 2100m: 24:39.05	35.67 2850m: 33:37.54 35.20
	650m: 7:30.93 34.87	1400m: 16:16.12	35.49 2150m: 25:15.00	35.95 2900m: 34:12.64 35.10
	700m: 8:05.49 34.56	1450m: 16:51.83	35.71 2200m: 25:50.12	35.12 2950m: 34:46.91 34.27
	750m: 8:39.97 34.48	1500m: 17:27.80	35.97 2250m: 26:25.53	35.41 3000m: 35:19.80 32.89
3.	BLAYA CORRONS, Janna	03	C.N. Terrassa	<b>36:23.42</b> 14,00
	50m: 33.63 33.63	650m: 7:36.61	35.90 1250m: 14:55.72	37.03 1850m: 22:16.25 36.78
	100m: 1:07.98 34.35	700m: 8:12.73	36.12 1300m: 15:32.35	36.63 1900m: 22:52.95 36.70
	150m: 1:42.17 34.19	750m: 8:49.11	36.38 1350m: 16:09.29	36.94 1950m: 23:29.92 36.97
	200m: 2:16.82 34.65	800m: 9:25.09	35.98 1400m: 16:45.91	36.62 2000m: 24:07.27 37.35
	250m: 2:51.41 34.59	850m: 10:01.59	36.50 1450m: 17:22.27	36.36 2050m: 24:44.54 37.27
	300m: 3:26.29 34.88	900m: 10:38.39	36.80 1500m: 17:58.37	36.10 2100m: 25:21.39 36.85
	350m: 4:01.40 35.11	950m: 11:14.90	36.51 1550m: 18:34.85	36.48 2150m: 25:58.16 36.77
	400m: 4:36.94 35.54	1000m: 11:51.53	36.63 1600m: 19:11.94	37.09 2200m: 26:35.10 36.94
	450m: 5:12.52 35.58	1050m: 12:28.01	36.48 1650m: 19:49.06	37.12 2250m: 27:11.99 36.89
	500m: 5:48.62 36.10	1100m: 13:04.85	36.84 1700m: 20:26.32	37.26 2300m: 27:49.11 37.12
	550m: 6:24.87 36.25	1150m: 13:41.59	36.74 1750m: 21:02.72	36.40 2350m: 28:26.03 36.92
	600m: 7:00.71 35.84	1200m: 14:18.69	37.10 1800m: 21:39.47	36.75 2400m: 29:03.64 37.61

NQ = Nedadors NO Classificats (tall no superat)



Prova 3, Fem., 3000m Lliure, Júnior 2 Fons Indoor

Classificació	ANY										Temps			
	2450m: 29:41.12	37.48	2600m: 31:30.94	36.61	2750m: 33:21.28	36.61	2900m: 35:11.52	36.93						
	2500m: 30:18.20	37.08	2650m: 32:07.72	36.78	2800m: 33:57.88	36.60	2950m: 35:47.88	36.36						
	2550m: 30:54.33	36.13	2700m: 32:44.67	36.95	2850m: 34:34.59	36.71	3000m: 36:23.42	35.54						
<b>4.</b>	<b>SANCHO ZARAGOZA, Marina</b>										<b>03</b>	<b>C.N. Mataró</b>	<b>38:34.69</b>	<b>13,00</b>
	50m: 35.32	35.32	800m: 10:05.85	38.37	1550m: 19:44.56	38.76	2300m: 29:28.74	38.90						
	100m: 1:12.44	37.12	850m: 10:44.59	38.74	1600m: 20:23.17	38.61	2350m: 30:08.05	39.31						
	150m: 1:50.31	37.87	900m: 11:23.13	38.54	1650m: 21:01.92	38.75	2400m: 30:47.19	39.14						
	200m: 2:28.22	37.91	950m: 12:01.58	38.45	1700m: 21:40.65	38.73	2450m: 31:26.35	39.16						
	250m: 3:06.10	37.88	1000m: 12:40.33	38.75	1750m: 22:19.82	39.17	2500m: 32:05.66	39.31						
	300m: 3:44.13	38.03	1050m: 13:18.41	38.08	1800m: 22:59.04	39.22	2550m: 32:44.68	39.02						
	350m: 4:22.22	38.09	1100m: 13:56.65	38.24	1850m: 23:37.63	38.59	2600m: 33:23.80	39.12						
	400m: 5:00.44	38.22	1150m: 14:34.89	38.24	1900m: 24:16.49	38.86	2650m: 34:02.71	38.91						
	450m: 5:38.47	38.03	1200m: 15:13.55	38.66	1950m: 24:55.34	38.85	2700m: 34:42.24	39.53						
	500m: 6:16.64	38.17	1250m: 15:51.88	38.33	2000m: 25:34.32	38.98	2750m: 35:20.71	38.47						
	550m: 6:54.49	37.85	1300m: 16:30.61	38.73	2050m: 26:13.43	39.11	2800m: 35:59.98	39.27						
	600m: 7:32.43	37.94	1350m: 17:09.61	39.00	2100m: 26:52.55	39.12	2850m: 36:39.16	39.18						
	650m: 8:10.67	38.24	1400m: 17:48.40	38.79	2150m: 27:31.87	39.32	2900m: 37:18.46	39.30						
	700m: 8:49.12	38.45	1450m: 18:26.94	38.54	2200m: 28:10.92	39.05	2950m: 37:57.36	38.90						
	750m: 9:27.48	38.36	1500m: 19:05.80	38.86	2250m: 28:49.84	38.92	3000m: 38:34.69	37.33						
<b>5.</b>	<b>MONELLS RABASSA, Júlia</b>										<b>03</b>	<b>C.N. Olot</b>	<b>39:18.53</b>	<b>12,00</b>
	50m: 35.01	35.01	800m: 10:06.43	39.36	1550m: 20:00.99	39.65	2300m: 30:00.42	40.60						
	100m: 1:11.26	36.25	850m: 10:45.97	39.54	1600m: 20:40.38	39.39	2350m: 30:40.29	39.87						
	150m: 1:48.30	37.04	900m: 11:25.65	39.68	1650m: 21:20.39	40.01	2400m: 31:20.75	40.46						
	200m: 2:25.58	37.28	950m: 12:05.39	39.74	1700m: 22:00.48	40.09	2450m: 32:01.02	40.27						
	250m: 3:02.89	37.31	1000m: 12:44.96	39.57	1750m: 22:39.89	39.41	2500m: 32:41.37	40.35						
	300m: 3:40.45	37.56	1050m: 13:24.24	39.28	1800m: 23:19.63	39.74	2550m: 33:21.64	40.27						
	350m: 4:18.11	37.66	1100m: 14:03.96	39.72	1850m: 23:59.62	39.99	2600m: 34:01.41	39.77						
	400m: 4:56.35	38.24	1150m: 14:43.87	39.91	1900m: 24:39.59	39.97	2650m: 34:41.40	39.99						
	450m: 5:34.70	38.35	1200m: 15:23.63	39.76	1950m: 25:19.84	40.25	2700m: 35:21.59	40.19						
	500m: 6:12.89	38.19	1250m: 16:03.17	39.54	2000m: 26:00.21	40.37	2750m: 36:02.00	40.41						
	550m: 6:51.01	38.12	1300m: 16:42.50	39.33	2050m: 26:39.82	39.61	2800m: 36:41.44	39.44						
	600m: 7:29.84	38.83	1350m: 17:22.51	40.01	2100m: 27:19.83	40.01	2850m: 37:21.41	39.97						
	650m: 8:09.03	39.19	1400m: 18:02.22	39.71	2150m: 27:59.98	40.15	2900m: 38:00.80	39.39						
	700m: 8:48.43	39.40	1450m: 18:41.97	39.75	2200m: 28:40.56	40.58	2950m: 38:39.94	39.14						
	750m: 9:27.07	38.64	1500m: 19:21.34	39.37	2250m: 29:19.82	39.26	3000m: 39:18.53	38.59						
<b>6.</b>	<b>MAESTRO LORENZO, Alba</b>										<b>02</b>	<b>C.E. Mediterrani</b>	<b>39:30.33</b>	<b>11,00</b>
	50m: 37.10	37.10	800m: 10:28.28	39.58	1550m: 20:19.99	39.39	2300m: 30:17.22	40.13						
	100m: 1:15.70	38.60	850m: 11:08.03	39.75	1600m: 20:59.63	39.64	2350m: 30:57.19	39.97						
	150m: 1:54.67	38.97	900m: 11:47.27	39.24	1650m: 21:39.41	39.78	2400m: 31:36.82	39.63						
	200m: 2:33.89	39.22	950m: 12:26.62	39.35	1700m: 22:19.39	39.98	2450m: 32:16.80	39.98						
	250m: 3:13.43	39.54	1000m: 13:06.33	39.71	1750m: 22:59.17	39.78	2500m: 32:56.28	39.48						
	300m: 3:53.31	39.88	1050m: 13:45.59	39.26	1800m: 23:39.03	39.86	2550m: 33:35.72	39.44						
	350m: 4:33.06	39.75	1100m: 14:24.72	39.13	1850m: 24:18.71	39.68	2600m: 34:15.21	39.49						
	400m: 5:12.50	39.44	1150m: 15:03.97	39.25	1900m: 24:58.47	39.76	2650m: 34:54.58	39.37						
	450m: 5:51.89	39.39	1200m: 15:43.44	39.47	1950m: 25:38.45	39.98	2700m: 35:34.10	39.52						
	500m: 6:31.14	39.25	1250m: 16:22.69	39.25	2000m: 26:18.43	39.98	2750m: 36:13.38	39.28						
	550m: 7:10.85	39.71	1300m: 17:02.08	39.39	2050m: 26:58.28	39.85	2800m: 36:53.40	40.02						
	600m: 7:50.34	39.49	1350m: 17:41.71	39.63	2100m: 27:37.98	39.70	2850m: 37:33.30	39.90						
	650m: 8:29.89	39.55	1400m: 18:21.68	39.97	2150m: 28:17.61	39.63	2900m: 38:12.53	39.23						
	700m: 9:09.36	39.47	1450m: 19:01.17	39.49	2200m: 28:57.53	39.92	2950m: 38:51.69	39.16						
	750m: 9:48.70	39.34	1500m: 19:40.60	39.43	2250m: 29:37.09	39.56	3000m: 39:30.33	38.64						
<b>7.</b>	<b>GARCIA BLANCO, Alba</b>										<b>02</b>	<b>C.N. Granollers</b>	<b>39:35.43</b>	<b>10,00</b>
	50m: 37.39	37.39	700m: 8:55.99	38.44	1350m: 17:31.88	40.86	2000m: 26:23.87	40.67						
	100m: 1:15.63	38.24	750m: 9:34.48	38.49	1400m: 18:12.60	40.72	2050m: 27:04.16	40.29						
	150m: 1:53.55	37.92	800m: 10:13.28	38.80	1450m: 18:53.22	40.62	2100m: 27:44.00	39.84						
	200m: 2:31.57	38.02	850m: 10:52.83	39.55	1500m: 19:34.54	41.32	2150m: 28:23.68	39.68						
	250m: 3:09.77	38.20	900m: 11:31.99	39.16	1550m: 20:15.39	40.85	2200m: 29:03.51	39.83						
	300m: 3:47.63	37.86	950m: 12:11.15	39.16	1600m: 20:54.99	39.60	2250m: 29:42.04	38.53						
	350m: 4:25.70	38.07	1000m: 12:50.79	39.64	1650m: 21:36.26	41.27	2300m: 30:21.21	39.17						
	400m: 5:03.86	38.16	1050m: 13:30.14	39.35	1700m: 22:17.42	41.16	2350m: 31:00.38	39.17						
	450m: 5:42.75	38.89	1100m: 14:09.51	39.37	1750m: 22:58.78	41.36	2400m: 31:39.97	39.59						
	500m: 6:21.56	38.81	1150m: 14:49.16	39.65	1800m: 23:39.70	40.92	2450m: 32:19.96	39.99						
	550m: 7:00.24	38.68	1200m: 15:29.84	40.68	1850m: 24:20.45	40.75	2500m: 32:59.49	39.53						
	600m: 7:38.94	38.70	1250m: 16:10.39	40.55	1900m: 25:02.00	41.55	2550m: 33:39.13	39.64						
	650m: 8:17.55	38.61	1300m: 16:51.02	40.63	1950m: 25:43.20	41.20	2600m: 34:19.00	39.87						

NQ = Nedadors NO Classificats (tall no superat)



Prova 3, Fem., 3000m Lliure, Júnior 2 Fons Indoor

Classificació	ANY				Temps				
	2650m: 34:59.43	40.43	2750m: 36:20.44	40.00	2850m: 37:38.69	39.02	2950m: 38:56.13	39.00	
	2700m: 35:40.44	41.01	2800m: 36:59.67	39.23	2900m: 38:17.13	38.44	3000m: 39:35.43	39.30	
<b>8.</b>	<b>DE RONNE O'CONNOR, Emma</b>			<b>03</b>	<b>C.N. Sitges</b>			<b>41:47.15</b>	<b>9,00</b>
	50m: 37.49	37.49	800m: 10:44.78	41.46	1550m: 21:12.46	41.95	2300m: 31:55.46	43.41	
	100m: 1:16.29	38.80	850m: 11:25.74	40.96	1600m: 21:54.80	42.34	2350m: 32:38.93	43.47	
	150m: 1:55.65	39.36	900m: 12:07.27	41.53	1650m: 22:37.39	42.59	2400m: 33:23.02	44.09	
	200m: 2:35.75	40.10	950m: 12:48.66	41.39	1700m: 23:19.80	42.41	2450m: 34:06.59	43.57	
	250m: 3:15.34	39.59	1000m: 13:30.47	41.81	1750m: 24:02.35	42.55	2500m: 34:50.37	43.78	
	300m: 3:56.64	41.30	1050m: 14:11.84	41.37	1800m: 24:46.07	43.72	2550m: 35:31.81	41.44	
	350m: 4:37.13	40.49	1100m: 14:53.34	41.50	1850m: 25:28.61	42.54	2600m: 36:13.43	41.62	
	400m: 5:17.82	40.69	1150m: 15:34.84	41.50	1900m: 26:11.69	43.08	2650m: 36:56.17	42.74	
	450m: 5:58.46	40.64	1200m: 16:17.12	42.28	1950m: 26:54.30	42.61	2700m: 37:38.11	41.94	
	500m: 6:39.10	40.64	1250m: 16:59.21	42.09	2000m: 27:37.53	43.23	2750m: 38:20.05	41.94	
	550m: 7:19.42	40.32	1300m: 17:41.14	41.93	2050m: 28:19.72	42.19	2800m: 39:02.14	42.09	
	600m: 8:00.32	40.90	1350m: 18:23.46	42.32	2100m: 29:02.47	42.75	2850m: 39:43.75	41.61	
	650m: 8:41.51	41.19	1400m: 19:05.15	41.69	2150m: 29:45.88	43.41	2900m: 40:25.23	41.48	
	700m: 9:22.52	41.01	1450m: 19:48.01	42.86	2200m: 30:29.22	43.34	2950m: 41:06.62	41.39	
	750m: 10:03.32	40.80	1500m: 20:30.51	42.50	2250m: 31:12.05	42.83	3000m: 41:47.15	40.53	
<b>9.</b>	<b>VIZCAINO GOMEZ, Noa</b>			<b>02</b>	<b>C.N. Martorell</b>			<b>43:00.71</b>	<b>8,00</b>
	50m: 38.56	38.56	800m: 11:20.56	42.48	1550m: 22:04.88	42.57	2300m: 32:58.02	43.73	
	100m: 1:19.33	40.77	850m: 12:03.49	42.93	1600m: 22:48.12	43.24	2350m: 33:41.58	43.56	
	150m: 2:01.79	42.46	900m: 12:46.53	43.04	1650m: 23:31.07	42.95	2400m: 34:25.87	44.29	
	200m: 2:44.37	42.58	950m: 13:29.58	43.05	1700m: 24:14.99	43.92	2450m: 35:09.66	43.79	
	250m: 3:27.26	42.89	1000m: 14:12.63	43.05	1750m: 24:58.72	43.73	2500m: 35:53.22	43.56	
	300m: 4:10.04	42.78	1050m: 14:55.06	42.43	1800m: 25:42.17	43.45	2550m: 36:36.97	43.75	
	350m: 4:53.21	43.17	1100m: 15:38.22	43.16	1850m: 26:25.98	43.81	2600m: 37:19.87	42.90	
	400m: 5:36.34	43.13	1150m: 16:21.54	43.32	1900m: 27:09.59	43.61	2650m: 38:03.07	43.20	
	450m: 6:19.14	42.80	1200m: 17:04.37	42.83	1950m: 27:52.68	43.09	2700m: 38:46.24	43.17	
	500m: 7:03.11	43.97	1250m: 17:47.50	43.13	2000m: 28:35.97	43.29	2750m: 39:28.91	42.67	
	550m: 7:45.99	42.88	1300m: 18:30.10	42.60	2050m: 29:19.45	43.48	2800m: 40:11.53	42.62	
	600m: 8:28.81	42.82	1350m: 19:12.93	42.83	2100m: 30:03.29	43.84	2850m: 40:54.19	42.66	
	650m: 9:11.62	42.81	1400m: 19:56.01	43.08	2150m: 30:46.83	43.54	2900m: 41:36.80	42.61	
	700m: 9:54.90	43.28	1450m: 20:39.06	43.05	2200m: 31:30.51	43.68	2950m: 42:19.28	42.48	
	750m: 10:38.08	43.18	1500m: 21:22.31	43.25	2250m: 32:14.29	43.78	3000m: 43:00.71	41.43	
DNS	VILÀ SEGUÉS, Carla			03	C.N. Tàrraga			-	
BX	RUBIO GORDILLO, Laia			02	N.C. Torelló			-	

Absolut Fons Indoor

<b>1.</b>	<b>MARTI BALLESTER, Marilo</b>			<b>98</b>	<b>C.N. Mataró</b>			<b>34:37.31</b>	<b>19,00</b>
	50m: 32.27	32.27	800m: 9:05.78	34.67	1550m: 17:45.49	34.29	2300m: 26:32.81	35.05	
	100m: 1:05.66	33.39	850m: 9:40.56	34.78	1600m: 18:20.09	34.60	2350m: 27:07.69	34.88	
	150m: 1:39.11	33.45	900m: 10:15.64	35.08	1650m: 18:54.83	34.74	2400m: 27:42.72	35.03	
	200m: 2:12.71	33.60	950m: 10:49.97	34.33	1700m: 19:30.21	35.38	2450m: 28:17.98	35.26	
	250m: 2:46.62	33.91	1000m: 11:24.40	34.43	1750m: 20:05.47	35.26	2500m: 28:52.78	34.80	
	300m: 3:20.67	34.05	1050m: 11:58.52	34.12	1800m: 20:40.71	35.24	2550m: 29:27.04	34.26	
	350m: 3:55.09	34.42	1100m: 12:32.81	34.29	1850m: 21:16.04	35.33	2600m: 30:01.62	34.58	
	400m: 4:29.20	34.11	1150m: 13:07.20	34.39	1900m: 21:51.43	35.39	2650m: 30:36.12	34.50	
	450m: 5:03.88	34.68	1200m: 13:41.75	34.55	1950m: 22:26.89	35.46	2700m: 31:11.02	34.90	
	500m: 5:38.21	34.33	1250m: 14:16.85	35.10	2000m: 23:02.21	35.32	2750m: 31:45.38	34.36	
	550m: 6:12.81	34.60	1300m: 14:51.76	34.91	2050m: 23:36.82	34.61	2800m: 32:19.65	34.27	
	600m: 6:47.54	34.73	1350m: 15:26.72	34.96	2100m: 24:11.39	34.57	2850m: 32:54.00	34.35	
	650m: 7:22.25	34.71	1400m: 16:01.91	35.19	2150m: 24:47.22	35.83	2900m: 33:28.94	34.94	
	700m: 7:56.70	34.45	1450m: 16:36.17	34.26	2200m: 25:22.46	35.24	2950m: 34:03.75	34.81	
	750m: 8:31.11	34.41	1500m: 17:11.20	35.03	2250m: 25:57.76	35.30	3000m: 34:37.31	33.56	

NQ = Nedadors NO Classificats (tall no superat)

Prova 3, Fem., 3000m Lliure, Absolut Fons Indoor

Classificació	ANY										Temps																																																																																																																																																																									
<b>2.</b>	<b>GIRALT PIDEMONT, Claudia</b>										<b>01</b>	<b>C.N. Sant Andreu</b>		<b>35:20.38</b>	<b>16,00</b>																																																																																																																																																																					
	50m:	32.46	32.46	800m:	9:06.58	34.84	1550m:	17:58.13	35.88	2300m:	26:59.17	36.15	100m:	1:05.71	33.25	850m:	9:41.34	34.76	1600m:	18:33.98	35.85	2350m:	27:35.43	36.26	150m:	1:39.30	33.59	900m:	10:16.57	35.23	1650m:	19:09.97	35.99	2400m:	28:11.92	36.49	200m:	2:12.74	33.44	950m:	10:51.68	35.11	1700m:	19:46.12	36.15	2450m:	28:48.15	36.23	250m:	2:46.80	34.06	1000m:	11:27.11	35.43	1750m:	20:22.31	36.19	2500m:	29:24.37	36.22	300m:	3:21.12	34.32	1050m:	12:02.69	35.58	1800m:	20:58.04	35.73	2550m:	30:00.57	36.20	350m:	3:55.62	34.50	1100m:	12:37.99	35.30	1850m:	21:34.17	36.13	2600m:	30:36.71	36.14	400m:	4:30.08	34.46	1150m:	13:13.60	35.61	1900m:	22:10.28	36.11	2650m:	31:12.61	35.90	450m:	5:04.46	34.38	1200m:	13:49.50	35.90	1950m:	22:46.38	36.10	2700m:	31:48.40	35.79	500m:	5:39.11	34.65	1250m:	14:24.84	35.34	2000m:	23:22.62	36.24	2750m:	32:24.42	36.02	550m:	6:13.45	34.34	1300m:	15:00.37	35.53	2050m:	23:58.46	35.84	2800m:	33:00.29	35.87	600m:	6:48.05	34.60	1350m:	15:35.74	35.37	2100m:	24:34.43	35.97	2850m:	33:35.81	35.52	650m:	7:22.48	34.43	1400m:	16:11.00	35.26	2150m:	25:10.59	36.16	2900m:	34:11.34	35.53	700m:	7:56.87	34.39	1450m:	16:46.64	35.64	2200m:	25:46.66	36.07	2950m:	34:46.67	35.33	750m:	8:31.74	34.87	1500m:	17:22.25	35.61	2250m:	26:23.02	36.36	3000m:	35:20.38	33.71
<b>3.</b>	<b>CHAPARRO CANELA, Palmira</b>										<b>96</b>	<b>C.N. Granollers</b>		<b>36:06.18</b>	<b>14,00</b>																																																																																																																																																																					
	50m:	33.87	33.87	800m:	9:23.97	36.06	1550m:	18:30.40	36.86	2300m:	27:36.87	36.30	100m:	1:08.00	34.13	850m:	9:59.96	35.99	1600m:	19:06.98	36.58	2350m:	28:13.58	36.71	150m:	1:42.92	34.92	900m:	10:36.48	36.52	1650m:	19:43.42	36.44	2400m:	28:49.88	36.30	200m:	2:17.84	34.92	950m:	11:12.67	36.19	1700m:	20:19.66	36.24	2450m:	29:26.50	36.62	250m:	2:53.02	35.18	1000m:	11:48.93	36.26	1750m:	20:56.36	36.70	2500m:	30:03.17	36.67	300m:	3:28.42	35.40	1050m:	12:25.43	36.50	1800m:	21:32.37	36.01	2550m:	30:39.81	36.64	350m:	4:03.87	35.45	1100m:	13:01.83	36.40	1850m:	22:08.62	36.25	2600m:	31:16.73	36.92	400m:	4:39.14	35.27	1150m:	13:37.85	36.02	1900m:	22:45.28	36.66	2650m:	31:53.66	36.93	450m:	5:13.85	34.71	1200m:	14:14.57	36.72	1950m:	23:21.77	36.49	2700m:	32:30.06	36.40	500m:	5:49.23	35.38	1250m:	14:51.29	36.72	2000m:	23:58.23	36.46	2750m:	33:06.41	36.35	550m:	6:24.73	35.50	1300m:	15:27.34	36.05	2050m:	24:34.57	36.34	2800m:	33:42.95	36.54	600m:	7:00.31	35.58	1350m:	16:04.09	36.75	2100m:	25:10.81	36.24	2850m:	34:19.08	36.13	650m:	7:36.37	36.06	1400m:	16:40.42	36.33	2150m:	25:47.55	36.74	2900m:	34:55.33	36.25	700m:	8:11.92	35.55	1450m:	17:16.85	36.43	2200m:	26:24.24	36.69	2950m:	35:31.07	35.74	750m:	8:47.91	35.99	1500m:	17:53.54	36.69	2250m:	27:00.57	36.33	3000m:	36:06.18	35.11
<b>4.</b>	<b>VERA VALLS, Nuria</b>										<b>99</b>	<b>C.N. Granollers</b>		<b>36:42.41</b>	<b>13,00</b>																																																																																																																																																																					
	50m:	36.21	36.21	800m:	9:45.74	36.85	1550m:	18:55.24	36.74	2300m:	28:09.41	36.90	100m:	1:12.79	36.58	850m:	10:22.40	36.66	1600m:	19:31.90	36.66	2350m:	28:46.60	37.19	150m:	1:49.41	36.62	900m:	10:59.03	36.63	1650m:	20:08.69	36.79	2400m:	29:24.11	37.51	200m:	2:26.24	36.83	950m:	11:35.79	36.76	1700m:	20:45.89	37.20	2450m:	30:01.13	37.02	250m:	3:02.36	36.12	1000m:	12:12.75	36.96	1750m:	21:22.99	37.10	2500m:	30:38.04	36.91	300m:	3:38.62	36.26	1050m:	12:49.04	36.29	1800m:	21:59.95	36.96	2550m:	31:14.51	36.47	350m:	4:15.14	36.52	1100m:	13:25.18	36.14	1850m:	22:36.64	36.69	2600m:	31:51.14	36.63	400m:	4:51.62	36.48	1150m:	14:01.98	36.80	1900m:	23:13.64	37.00	2650m:	32:27.67	36.53	450m:	5:28.42	36.80	1200m:	14:38.80	36.82	1950m:	23:50.85	37.21	2700m:	33:04.98	37.31	500m:	6:05.36	36.94	1250m:	15:15.36	36.56	2000m:	24:27.97	37.12	2750m:	33:41.43	36.45	550m:	6:42.13	36.77	1300m:	15:51.96	36.60	2050m:	25:04.52	36.55	2800m:	34:18.72	37.29	600m:	7:18.63	36.50	1350m:	16:28.54	36.58	2100m:	25:41.55	37.03	2850m:	34:55.67	36.95	650m:	7:55.55	36.92	1400m:	17:05.27	36.73	2150m:	26:18.66	37.11	2900m:	35:31.85	36.18	700m:	8:31.96	36.41	1450m:	17:41.75	36.48	2200m:	26:55.39	36.73	2950m:	36:07.32	35.47	750m:	9:08.89	36.93	1500m:	18:18.50	36.75	2250m:	27:32.51	37.12	3000m:	36:42.41	35.09
<b>5.</b>	<b>AULINAS PRAT, Clara</b>										<b>01</b>	<b>C.N. Olot</b>		<b>37:46.33</b>	<b>12,00</b>																																																																																																																																																																					
	50m:	35.58	35.58	800m:	9:59.82	37.77	1550m:	19:25.73	38.07	2300m:	28:57.58	38.32	100m:	1:12.43	36.85	850m:	10:37.27	37.45	1600m:	20:03.87	38.14	2350m:	29:35.78	38.20	150m:	1:50.35	37.92	900m:	11:14.45	37.18	1650m:	20:41.97	38.10	2400m:	30:13.98	38.20	200m:	2:27.42	37.07	950m:	11:51.93	37.48	1700m:	21:19.88	37.91	2450m:	30:51.83	37.85	250m:	3:04.85	37.43	1000m:	12:29.77	37.84	1750m:	21:57.93	38.05	2500m:	31:30.07	38.24	300m:	3:42.51	37.66	1050m:	13:07.29	37.52	1800m:	22:35.77	37.84	2550m:	32:08.12	38.05	350m:	4:20.64	38.13	1100m:	13:45.05	37.76	1850m:	23:14.17	38.40	2600m:	32:46.44	38.32	400m:	4:58.27	37.63	1150m:	14:22.37	37.32	1900m:	23:52.02	37.85	2650m:	33:24.81	38.37	450m:	5:36.17	37.90	1200m:	14:59.84	37.47	1950m:	24:29.86	37.84	2700m:	34:02.95	38.14	500m:	6:14.25	38.08	1250m:	15:37.26	37.42	2000m:	25:08.21	38.35	2750m:	34:40.45	37.50	550m:	6:51.95	37.70	1300m:	16:14.69	37.43	2050m:	25:46.68	38.47	2800m:	35:18.23	37.78	600m:	7:29.83	37.88	1350m:	16:52.72	38.03	2100m:	26:24.64	37.96	2850m:	35:55.60	37.37	650m:	8:07.65	37.82	1400m:	17:31.09	38.37	2150m:	27:02.72	38.08	2900m:	36:33.28	37.68	700m:	8:44.90	37.25	1450m:	18:09.47	38.38	2200m:	27:40.96	38.24	2950m:	37:10.28	37.00	750m:	9:22.05	37.15	1500m:	18:47.66	38.19	2250m:	28:19.26	38.30	3000m:	37:46.33	36.05

NQ = Nedadors NO Classificats (tall no superat)

Prova 3, Fem., 3000m Lliure, Absolut Fons Indoor

Classificació	ANY		Temps	
<b>6. BENAVENTE LOPEZ, Ainhoa</b>	<b>98</b>	<b>N.C. Torelló</b>	<b>40:18.89</b>	<b>11,00</b>
50m: 36.82 36.82	800m: 10:31.37 39.39	1550m: 20:33.85 40.41	2300m: 30:46.24 41.37	
100m: 1:14.96 38.14	850m: 11:11.19 39.82	1600m: 21:14.61 40.76	2350m: 31:27.72 41.48	
150m: 1:53.58 38.62	900m: 11:50.79 39.60	1650m: 21:55.39 40.78	2400m: 32:09.18 41.46	
200m: 2:33.23 39.65	950m: 12:30.87 40.08	1700m: 22:35.99 40.60	2450m: 32:51.03 41.85	
250m: 3:13.00 39.77	1000m: 13:10.92 40.05	1750m: 23:16.13 40.14	2500m: 33:32.10 41.07	
300m: 3:53.40 40.40	1050m: 13:50.66 39.74	1800m: 23:56.84 40.71	2550m: 34:12.99 40.89	
350m: 4:33.13 39.73	1100m: 14:30.49 39.83	1850m: 24:38.07 41.23	2600m: 34:54.00 41.01	
400m: 5:12.65 39.52	1150m: 15:11.14 40.65	1900m: 25:18.72 40.65	2650m: 35:35.35 41.35	
450m: 5:52.44 39.79	1200m: 15:51.67 40.53	1950m: 25:59.36 40.64	2700m: 36:16.74 41.39	
500m: 6:32.61 40.17	1250m: 16:31.48 39.81	2000m: 26:40.42 41.06	2750m: 36:57.20 40.46	
550m: 7:12.52 39.91	1300m: 17:11.64 40.16	2050m: 27:21.64 41.22	2800m: 37:37.72 40.52	
600m: 7:52.02 39.50	1350m: 17:51.72 40.08	2100m: 28:02.39 40.75	2850m: 38:18.57 40.85	
650m: 8:31.84 39.82	1400m: 18:32.18 40.46	2150m: 28:42.63 40.24	2900m: 38:58.86 40.29	
700m: 9:11.86 40.02	1450m: 19:12.57 40.39	2200m: 29:23.69 41.06	2950m: 39:39.13 40.27	
750m: 9:51.98 40.12	1500m: 19:53.44 40.87	2250m: 30:04.87 41.18	3000m: 40:18.89 39.76	
<b>7. MARSOL SISCART, Noemí</b>	<b>01</b>	<b>C.N. Tàrraga</b>	<b>42:37.87</b>	<b>10,00</b>
50m: 38.43 38.43	800m: 11:06.92 42.42	1550m: 21:48.83 43.26	2300m: 32:38.23 43.45	
100m: 1:17.92 39.49	850m: 11:49.41 42.49	1600m: 22:31.88 43.05	2350m: 33:21.49 43.26	
150m: 1:58.96 41.04	900m: 12:32.15 42.74	1650m: 23:14.50 42.62	2400m: 34:04.82 43.33	
200m: 2:40.02 41.06	950m: 13:14.19 42.04	1700m: 23:57.97 43.47	2450m: 34:47.47 42.65	
250m: 3:21.62 41.60	1000m: 13:56.85 42.66	1750m: 24:40.99 43.02	2500m: 35:30.55 43.08	
300m: 4:03.23 41.61	1050m: 14:39.81 42.96	1800m: 25:24.27 43.28	2550m: 36:13.29 42.74	
350m: 4:45.21 41.98	1100m: 15:22.37 42.56	1850m: 26:07.44 43.17	2600m: 36:56.50 43.21	
400m: 5:27.79 42.58	1150m: 16:05.27 42.90	1900m: 26:50.57 43.13	2650m: 37:39.04 42.54	
450m: 6:10.21 42.42	1200m: 16:48.44 43.17	1950m: 27:34.16 43.59	2700m: 38:21.91 42.87	
500m: 6:52.71 42.50	1250m: 17:31.29 42.85	2000m: 28:17.69 43.53	2750m: 39:04.59 42.68	
550m: 7:35.05 42.34	1300m: 18:14.10 42.81	2050m: 29:00.88 43.19	2800m: 39:47.35 42.76	
600m: 8:17.50 42.45	1350m: 18:56.61 42.51	2100m: 29:44.10 43.22	2850m: 40:29.92 42.57	
650m: 8:59.81 42.31	1400m: 19:39.95 43.34	2150m: 30:27.64 43.54	2900m: 41:13.06 43.14	
700m: 9:42.17 42.36	1450m: 20:22.68 42.73	2200m: 31:10.97 43.33	2950m: 41:55.87 42.81	
750m: 10:24.50 42.33	1500m: 21:05.57 42.89	2250m: 31:54.78 43.81	3000m: 42:37.87 42.00	
<b>BX BERTRAN IZQUIERDO, Aida</b>	<b>96</b>	<b>C.N. Barcelona</b>	-	-

Absolut, Júnior 2 i Júnior 1

<b>1. MARTI BALLESTER, Marilo</b>	<b>98</b>	<b>C.N. Mataró</b>	<b>34:37.31</b>	<b>19,00</b>
50m: 32.27 32.27	800m: 9:05.78 34.67	1550m: 17:45.49 34.29	2300m: 26:32.81 35.05	
100m: 1:05.66 33.39	850m: 9:40.56 34.78	1600m: 18:20.09 34.60	2350m: 27:07.69 34.88	
150m: 1:39.11 33.45	900m: 10:15.64 35.08	1650m: 18:54.83 34.74	2400m: 27:42.72 35.03	
200m: 2:12.71 33.60	950m: 10:49.97 34.33	1700m: 19:30.21 35.38	2450m: 28:17.98 35.26	
250m: 2:46.62 33.91	1000m: 11:24.40 34.43	1750m: 20:05.47 35.26	2500m: 28:52.78 34.80	
300m: 3:20.67 34.05	1050m: 11:58.52 34.12	1800m: 20:40.71 35.24	2550m: 29:27.04 34.26	
350m: 3:55.09 34.42	1100m: 12:32.81 34.29	1850m: 21:16.04 35.33	2600m: 30:01.62 34.58	
400m: 4:29.20 34.11	1150m: 13:07.20 34.39	1900m: 21:51.43 35.39	2650m: 30:36.12 34.50	
450m: 5:03.88 34.68	1200m: 13:41.75 34.55	1950m: 22:26.89 35.46	2700m: 31:11.02 34.90	
500m: 5:38.21 34.33	1250m: 14:16.85 35.10	2000m: 23:02.21 35.32	2750m: 31:45.38 34.36	
550m: 6:12.81 34.60	1300m: 14:51.76 34.91	2050m: 23:36.82 34.61	2800m: 32:19.65 34.27	
600m: 6:47.54 34.73	1350m: 15:26.72 34.96	2100m: 24:11.39 34.57	2850m: 32:54.00 34.35	
650m: 7:22.25 34.71	1400m: 16:01.91 35.19	2150m: 24:47.22 35.83	2900m: 33:28.94 34.94	
700m: 7:56.70 34.45	1450m: 16:36.17 34.26	2200m: 25:22.46 35.24	2950m: 34:03.75 34.81	
750m: 8:31.11 34.41	1500m: 17:11.20 35.03	2250m: 25:57.76 35.30	3000m: 34:37.31 33.56	
<b>2. RODRIGUEZ SANTAULARIA, Laura</b>	<b>02</b>	<b>C.N. Barcelona</b>	<b>34:44.80</b>	<b>19,00</b>
50m: 33.58 33.58	650m: 7:24.62 34.35	1250m: 14:20.55 34.95	1850m: 21:20.22 34.99	
100m: 1:07.39 33.81	700m: 7:59.31 34.69	1300m: 14:55.38 34.83	1900m: 21:55.53 35.31	
150m: 1:41.34 33.95	750m: 8:33.79 34.48	1350m: 15:30.54 35.16	1950m: 22:30.66 35.13	
200m: 2:15.31 33.97	800m: 9:08.45 34.66	1400m: 16:05.44 34.90	2000m: 23:05.55 34.89	
250m: 2:49.54 34.23	850m: 9:42.87 34.42	1450m: 16:40.66 35.22	2050m: 23:39.96 34.41	
300m: 3:23.90 34.36	900m: 10:17.84 34.97	1500m: 17:15.53 34.87	2100m: 24:14.71 34.75	
350m: 3:58.48 34.58	950m: 10:52.33 34.49	1550m: 17:50.59 35.06	2150m: 24:49.77 35.06	
400m: 4:33.16 34.68	1000m: 11:26.89 34.56	1600m: 18:25.78 35.19	2200m: 25:24.84 35.07	
450m: 5:07.57 34.41	1050m: 12:01.38 34.49	1650m: 19:00.41 34.63	2250m: 25:59.83 34.99	
500m: 5:41.89 34.32	1100m: 12:36.00 34.62	1700m: 19:35.03 34.62	2300m: 26:34.78 34.95	
550m: 6:15.99 34.10	1150m: 13:10.74 34.74	1750m: 20:10.01 34.98	2350m: 27:10.03 35.25	
600m: 6:50.27 34.28	1200m: 13:45.60 34.86	1800m: 20:45.23 35.22	2400m: 27:45.06 35.03	

NQ = Nedadors NO Classificats (tall no superat)

Prova 3, Fem., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY								Temps	
	2450m: 28:20.06	35.00	2600m: 30:05.50	35.01	2750m: 31:51.12	35.43	2900m: 33:36.56	35.00		
	2500m: 28:55.21	35.15	2650m: 30:40.35	34.85	2800m: 32:26.49	35.37	2950m: 34:11.34	34.78		
	2550m: 29:30.49	35.28	2700m: 31:15.69	35.34	2850m: 33:01.56	35.07	3000m: 34:44.80	33.46		
<b>3.</b>	<b>GALO NOGUEIRA, Estel Xuan 04</b>				<b>C.N. Granollers</b>				<b>35:19.25</b>	<b>19,00</b>
	50m: 33.43	33.43	800m: 9:17.76	35.37	1550m: 18:13.82	35.16	2300m: 27:05.11	36.11		
	100m: 1:07.42	33.99	850m: 9:53.06	35.30	1600m: 18:48.77	34.95	2350m: 27:40.86	35.75		
	150m: 1:41.93	34.51	900m: 10:28.74	35.68	1650m: 19:23.54	34.77	2400m: 28:16.73	35.87		
	200m: 2:16.70	34.77	950m: 11:04.30	35.56	1700m: 19:58.65	35.11	2450m: 28:52.77	36.04		
	250m: 2:51.43	34.73	1000m: 11:40.18	35.88	1750m: 20:34.13	35.48	2500m: 29:29.18	36.41		
	300m: 3:26.15	34.72	1050m: 12:15.79	35.61	1800m: 21:09.49	35.36	2550m: 30:04.97	35.79		
	350m: 4:01.17	35.02	1100m: 12:51.69	35.90	1850m: 21:44.84	35.35	2600m: 30:40.58	35.61		
	400m: 4:36.03	34.86	1150m: 13:27.23	35.54	1900m: 22:20.42	35.58	2650m: 31:16.49	35.91		
	450m: 5:10.96	34.93	1200m: 14:02.97	35.74	1950m: 22:55.69	35.27	2700m: 31:52.51	36.02		
	500m: 5:46.01	35.05	1250m: 14:38.76	35.79	2000m: 23:31.29	35.60	2750m: 32:28.26	35.75		
	550m: 6:20.93	34.92	1300m: 15:14.83	36.07	2050m: 24:06.43	35.14	2800m: 33:03.68	35.42		
	600m: 6:56.19	35.26	1350m: 15:50.54	35.71	2100m: 24:41.77	35.34	2850m: 33:38.27	34.59		
	650m: 7:31.42	35.23	1400m: 16:26.46	35.92	2150m: 25:17.33	35.56	2900m: 34:13.54	35.27		
	700m: 8:06.91	35.49	1450m: 17:02.38	35.92	2200m: 25:53.20	35.87	2950m: 34:47.98	34.44		
	750m: 8:42.39	35.48	1500m: 17:38.66	36.28	2250m: 26:29.00	35.80	3000m: 35:19.25	31.27		
<b>4.</b>	<b>CAMPABADAL AMEZCUA, Ainhoa 03</b>				<b>C.N. Caldes</b>				<b>35:19.80</b>	<b>16,00</b>
	50m: 33.43	33.43	800m: 9:14.64	34.67	1550m: 18:03.74	35.94	2300m: 27:01.48	35.95		
	100m: 1:07.95	34.52	850m: 9:49.03	34.39	1600m: 18:39.66	35.92	2350m: 27:37.38	35.90		
	150m: 1:42.87	34.92	900m: 10:23.85	34.82	1650m: 19:15.34	35.68	2400m: 28:13.59	36.21		
	200m: 2:17.51	34.64	950m: 10:58.70	34.85	1700m: 19:50.95	35.61	2450m: 28:50.02	36.43		
	250m: 2:52.26	34.75	1000m: 11:33.62	34.92	1750m: 20:26.89	35.94	2500m: 29:26.48	36.46		
	300m: 3:27.32	35.06	1050m: 12:08.52	34.90	1800m: 21:02.78	35.89	2550m: 30:02.63	36.15		
	350m: 4:02.30	34.98	1100m: 12:43.56	35.04	1850m: 21:38.94	36.16	2600m: 30:38.80	36.17		
	400m: 4:36.90	34.60	1150m: 13:19.08	35.52	1900m: 22:15.10	36.16	2650m: 31:15.02	36.22		
	450m: 5:11.72	34.82	1200m: 13:54.49	35.41	1950m: 22:51.48	36.38	2700m: 31:51.09	36.07		
	500m: 5:46.53	34.81	1250m: 14:29.64	35.15	2000m: 23:27.67	36.19	2750m: 32:26.61	35.52		
	550m: 6:21.33	34.80	1300m: 15:04.97	35.33	2050m: 24:03.38	35.71	2800m: 33:02.34	35.73		
	600m: 6:56.06	34.73	1350m: 15:40.63	35.66	2100m: 24:39.05	35.67	2850m: 33:37.54	35.20		
	650m: 7:30.93	34.87	1400m: 16:16.12	35.49	2150m: 25:15.00	35.95	2900m: 34:12.64	35.10		
	700m: 8:05.49	34.56	1450m: 16:51.83	35.71	2200m: 25:50.12	35.12	2950m: 34:46.91	34.27		
	750m: 8:39.97	34.48	1500m: 17:27.80	35.97	2250m: 26:25.53	35.41	3000m: 35:19.80	32.89		
<b>5.</b>	<b>GIRALT PIDEMONT, Claudia 01</b>				<b>C.N. Sant Andreu</b>				<b>35:20.38</b>	<b>16,00</b>
	50m: 32.46	32.46	800m: 9:06.58	34.84	1550m: 17:58.13	35.88	2300m: 26:59.17	36.15		
	100m: 1:05.71	33.25	850m: 9:41.34	34.76	1600m: 18:33.98	35.85	2350m: 27:35.43	36.26		
	150m: 1:39.30	33.59	900m: 10:16.57	35.23	1650m: 19:09.97	35.99	2400m: 28:11.92	36.49		
	200m: 2:12.74	33.44	950m: 10:51.68	35.11	1700m: 19:46.12	36.15	2450m: 28:48.15	36.23		
	250m: 2:46.80	34.06	1000m: 11:27.11	35.43	1750m: 20:22.31	36.19	2500m: 29:24.37	36.22		
	300m: 3:21.12	34.32	1050m: 12:02.69	35.58	1800m: 20:58.04	35.73	2550m: 30:00.57	36.20		
	350m: 3:55.62	34.50	1100m: 12:37.99	35.30	1850m: 21:34.17	36.13	2600m: 30:36.71	36.14		
	400m: 4:30.08	34.46	1150m: 13:13.60	35.61	1900m: 22:10.28	36.11	2650m: 31:12.61	35.90		
	450m: 5:04.46	34.38	1200m: 13:49.50	35.90	1950m: 22:46.38	36.10	2700m: 31:48.40	35.79		
	500m: 5:39.11	34.65	1250m: 14:24.84	35.34	2000m: 23:22.62	36.24	2750m: 32:24.42	36.02		
	550m: 6:13.45	34.34	1300m: 15:00.37	35.53	2050m: 23:58.46	35.84	2800m: 33:00.29	35.87		
	600m: 6:48.05	34.60	1350m: 15:35.74	35.37	2100m: 24:34.43	35.97	2850m: 33:35.81	35.52		
	650m: 7:22.48	34.43	1400m: 16:11.00	35.26	2150m: 25:10.59	36.16	2900m: 34:11.34	35.53		
	700m: 7:56.87	34.39	1450m: 16:46.64	35.64	2200m: 25:46.66	36.07	2950m: 34:46.67	35.33		
	750m: 8:31.74	34.87	1500m: 17:22.25	35.61	2250m: 26:23.02	36.36	3000m: 35:20.38	33.71		
<b>6.</b>	<b>CARRASCO CADENS, Emma 05</b>				<b>C.E. Inef Lleida</b>				<b>35:51.14</b>	<b>16,00</b>
	<i>Millor Marca Catalana</i>									
	50m: 33.93	33.93	600m: 7:03.21	34.90	1150m: 13:32.35	35.13	1700m: 20:05.82	35.84		
	100m: 1:09.52	35.59	650m: 7:38.21	35.00	1200m: 14:07.81	35.46	1750m: 20:41.41	35.59		
	150m: 1:45.41	35.89	700m: 8:14.19	35.98	1250m: 14:43.16	35.35	1800m: 21:17.35	35.94		
	200m: 2:20.92	35.51	750m: 8:49.44	35.25	1300m: 15:18.33	35.17	1850m: 21:53.60	36.25		
	250m: 2:56.38	35.46	800m: 9:24.63	35.19	1350m: 15:54.74	36.41	1900m: 22:29.53	35.93		
	300m: 3:32.05	35.67	850m: 10:00.16	35.53	1400m: 16:31.09	36.35	1950m: 23:06.07	36.54		
	350m: 4:07.28	35.23	900m: 10:35.55	35.39	1450m: 17:06.88	35.79	2000m: 23:42.00	35.93		
	400m: 4:42.48	35.20	950m: 11:11.36	35.81	1500m: 17:43.03	36.15	2050m: 24:18.23	36.23		
	450m: 5:17.98	35.50	1000m: 11:46.52	35.16	1550m: 18:18.45	35.42	2100m: 24:54.60	36.37		
	500m: 5:52.89	34.91	1050m: 12:21.54	35.02	1600m: 18:54.38	35.93	2150m: 25:31.13	36.53		
	550m: 6:28.31	35.42	1100m: 12:57.22	35.68	1650m: 19:29.98	35.60	2200m: 26:07.80	36.67		

NQ = Nedadors NO Classificats (tall no superat)

Prova 3, Fem., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY				Temps			
2250m: 26:44.34	36.54	2450m: 29:10.30	36.00	2650m: 31:36.88	36.61	2850m: 34:04.43	36.66	
2300m: 27:20.51	36.17	2500m: 29:47.43	37.13	2700m: 32:13.68	36.80	2900m: 34:41.07	36.64	
2350m: 27:57.31	36.80	2550m: 30:23.66	36.23	2750m: 32:50.44	36.76	2950m: 35:17.46	36.39	
2400m: 28:34.30	36.99	2600m: 31:00.27	36.61	2800m: 33:27.77	37.33	3000m: 35:51.14	33.68	
<b>7. CHAPARRO CANELA, Palmira</b>	<b>96</b>	<b>C.N. Granollers</b>		<b>36:06.18</b>		<b>14,00</b>		
50m: 33.87	33.87	800m: 9:23.97	36.06	1550m: 18:30.40	36.86	2300m: 27:36.87	36.30	
100m: 1:08.00	34.13	850m: 9:59.96	35.99	1600m: 19:06.98	36.58	2350m: 28:13.58	36.71	
150m: 1:42.92	34.92	900m: 10:36.48	36.52	1650m: 19:43.42	36.44	2400m: 28:49.88	36.30	
200m: 2:17.84	34.92	950m: 11:12.67	36.19	1700m: 20:19.66	36.24	2450m: 29:26.50	36.62	
250m: 2:53.02	35.18	1000m: 11:48.93	36.26	1750m: 20:56.36	36.70	2500m: 30:03.17	36.67	
300m: 3:28.42	35.40	1050m: 12:25.43	36.50	1800m: 21:32.37	36.01	2550m: 30:39.81	36.64	
350m: 4:03.87	35.45	1100m: 13:01.83	36.40	1850m: 22:08.62	36.25	2600m: 31:16.73	36.92	
400m: 4:39.14	35.27	1150m: 13:37.85	36.02	1900m: 22:45.28	36.66	2650m: 31:53.66	36.93	
450m: 5:13.85	34.71	1200m: 14:14.57	36.72	1950m: 23:21.77	36.49	2700m: 32:30.06	36.40	
500m: 5:49.23	35.38	1250m: 14:51.29	36.72	2000m: 23:58.23	36.46	2750m: 33:06.41	36.35	
550m: 6:24.73	35.50	1300m: 15:27.34	36.05	2050m: 24:34.57	36.34	2800m: 33:42.95	36.54	
600m: 7:00.31	35.58	1350m: 16:04.09	36.75	2100m: 25:10.81	36.24	2850m: 34:19.08	36.13	
650m: 7:36.37	36.06	1400m: 16:40.42	36.33	2150m: 25:47.55	36.74	2900m: 34:55.33	36.25	
700m: 8:11.92	35.55	1450m: 17:16.85	36.43	2200m: 26:24.24	36.69	2950m: 35:31.07	35.74	
750m: 8:47.91	35.99	1500m: 17:53.54	36.69	2250m: 27:00.57	36.33	3000m: 36:06.18	35.11	
<b>8. VILARDEBÓ PLA, Núria</b>	<b>04</b>	<b>C.N. Calella</b>		<b>36:15.07</b>		<b>14,00</b>		
50m: 33.13	33.13	800m: 9:22.14	35.94	1550m: 18:29.37	36.62	2300m: 27:44.81	36.90	
100m: 1:07.40	34.27	850m: 9:58.38	36.24	1600m: 19:06.04	36.67	2350m: 28:21.77	36.96	
150m: 1:42.16	34.76	900m: 10:34.58	36.20	1650m: 19:42.84	36.80	2400m: 28:58.91	37.14	
200m: 2:17.36	35.20	950m: 11:10.96	36.38	1700m: 20:20.22	37.38	2450m: 29:36.19	37.28	
250m: 2:52.40	35.04	1000m: 11:47.25	36.29	1750m: 20:57.48	37.26	2500m: 30:13.23	37.04	
300m: 3:27.66	35.26	1050m: 12:23.70	36.45	1800m: 21:34.75	37.27	2550m: 30:50.09	36.86	
350m: 4:02.80	35.14	1100m: 13:00.00	36.30	1850m: 22:11.97	37.22	2600m: 31:27.39	37.30	
400m: 4:37.91	35.11	1150m: 13:36.35	36.35	1900m: 22:49.18	37.21	2650m: 32:04.21	36.82	
450m: 5:12.83	34.92	1200m: 14:13.02	36.67	1950m: 23:26.31	37.13	2700m: 32:41.24	37.03	
500m: 5:48.15	35.32	1250m: 14:49.54	36.52	2000m: 24:03.52	37.21	2750m: 33:17.82	36.58	
550m: 6:23.74	35.59	1300m: 15:26.25	36.71	2050m: 24:40.38	36.86	2800m: 33:53.26	35.44	
600m: 6:59.20	35.46	1350m: 16:02.87	36.62	2100m: 25:17.38	37.00	2850m: 34:28.81	35.55	
650m: 7:34.73	35.53	1400m: 16:39.41	36.54	2150m: 25:54.26	36.88	2900m: 35:04.54	35.73	
700m: 8:10.47	35.74	1450m: 17:16.13	36.72	2200m: 26:31.05	36.79	2950m: 35:40.25	35.71	
750m: 8:46.20	35.73	1500m: 17:52.75	36.62	2250m: 27:07.91	36.86	3000m: 36:15.07	34.82	
<b>9. BLAYA CORRONS, Janna</b>	<b>03</b>	<b>C.N. Terrassa</b>		<b>36:23.42</b>		<b>14,00</b>		
50m: 33.63	33.63	800m: 9:25.09	35.98	1550m: 18:34.85	36.48	2300m: 27:49.11	37.12	
100m: 1:07.98	34.35	850m: 10:01.59	36.50	1600m: 19:11.94	37.09	2350m: 28:26.03	36.92	
150m: 1:42.17	34.19	900m: 10:38.39	36.80	1650m: 19:49.06	37.12	2400m: 29:03.64	37.61	
200m: 2:16.82	34.65	950m: 11:14.90	36.51	1700m: 20:26.32	37.26	2450m: 29:41.12	37.48	
250m: 2:51.41	34.59	1000m: 11:51.53	36.63	1750m: 21:02.72	36.40	2500m: 30:18.20	37.08	
300m: 3:26.29	34.88	1050m: 12:28.01	36.48	1800m: 21:39.47	36.75	2550m: 30:54.33	36.13	
350m: 4:01.40	35.11	1100m: 13:04.85	36.84	1850m: 22:16.25	36.78	2600m: 31:30.94	36.61	
400m: 4:36.94	35.54	1150m: 13:41.59	36.74	1900m: 22:52.95	36.70	2650m: 32:07.72	36.78	
450m: 5:12.52	35.58	1200m: 14:18.69	37.10	1950m: 23:29.92	36.97	2700m: 32:44.67	36.95	
500m: 5:48.62	36.10	1250m: 14:55.72	37.03	2000m: 24:07.27	37.35	2750m: 33:21.28	36.61	
550m: 6:24.87	36.25	1300m: 15:32.35	36.63	2050m: 24:44.54	37.27	2800m: 33:57.88	36.60	
600m: 7:00.71	35.84	1350m: 16:09.29	36.94	2100m: 25:21.39	36.85	2850m: 34:34.59	36.71	
650m: 7:36.61	35.90	1400m: 16:45.91	36.62	2150m: 25:58.16	36.77	2900m: 35:11.52	36.93	
700m: 8:12.73	36.12	1450m: 17:22.27	36.36	2200m: 26:35.10	36.94	2950m: 35:47.88	36.36	
750m: 8:49.11	36.38	1500m: 17:58.37	36.10	2250m: 27:11.99	36.89	3000m: 36:23.42	35.54	
<b>10. VERA VALLS, Nuria</b>	<b>99</b>	<b>C.N. Granollers</b>		<b>36:42.41</b>		<b>13,00</b>		
50m: 36.21	36.21	650m: 7:55.55	36.92	1250m: 15:15.36	36.56	1850m: 22:36.64	36.69	
100m: 1:12.79	36.58	700m: 8:31.96	36.41	1300m: 15:51.96	36.60	1900m: 23:13.64	37.00	
150m: 1:49.41	36.62	750m: 9:08.89	36.93	1350m: 16:28.54	36.58	1950m: 23:50.85	37.21	
200m: 2:26.24	36.83	800m: 9:45.74	36.85	1400m: 17:05.27	36.73	2000m: 24:27.97	37.12	
250m: 3:02.36	36.12	850m: 10:22.40	36.66	1450m: 17:41.75	36.48	2050m: 25:04.52	36.55	
300m: 3:38.62	36.26	900m: 10:59.03	36.63	1500m: 18:18.50	36.75	2100m: 25:41.55	37.03	
350m: 4:15.14	36.52	950m: 11:35.79	36.76	1550m: 18:55.24	36.74	2150m: 26:18.66	37.11	
400m: 4:51.62	36.48	1000m: 12:12.75	36.96	1600m: 19:31.90	36.66	2200m: 26:55.39	36.73	
450m: 5:28.42	36.80	1050m: 12:49.04	36.29	1650m: 20:08.69	36.79	2250m: 27:32.51	37.12	
500m: 6:05.36	36.94	1100m: 13:25.18	36.14	1700m: 20:45.89	37.20	2300m: 28:09.41	36.90	
550m: 6:42.13	36.77	1150m: 14:01.98	36.80	1750m: 21:22.99	37.10	2350m: 28:46.60	37.19	
600m: 7:18.63	36.50	1200m: 14:38.80	36.82	1800m: 21:59.95	36.96	2400m: 29:24.11	37.51	

NQ = Nedadors NO Classificats (tall no superat)



Prova 3, Fem., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY				Temps						
2450m:	30:01.13	37.02	2600m:	31:51.14	36.63	2750m:	33:41.43	36.45	2900m:	35:31.85	36.18
2500m:	30:38.04	36.91	2650m:	32:27.67	36.53	2800m:	34:18.72	37.29	2950m:	36:07.32	35.47
2550m:	31:14.51	36.47	2700m:	33:04.98	37.31	2850m:	34:55.67	36.95	3000m:	36:42.41	35.09
<b>11. PALACIOS GALLARDO, Rut</b>			<b>05</b>			<b>C.N. Atl Barceloneta</b>			<b>36:54.49</b>	<b>13,00</b>	
50m:	34.19	34.19	800m:	9:28.45	36.36	1550m:	18:42.90	37.15	2300m:	28:05.34	37.80
100m:	1:08.70	34.51	850m:	10:04.69	36.24	1600m:	19:20.51	37.61	2350m:	28:43.10	37.76
150m:	1:43.82	35.12	900m:	10:41.15	36.46	1650m:	19:57.80	37.29	2400m:	29:21.47	38.37
200m:	2:19.01	35.19	950m:	11:17.87	36.72	1700m:	20:35.08	37.28	2450m:	29:59.46	37.99
250m:	2:54.35	35.34	1000m:	11:54.75	36.88	1750m:	21:12.33	37.25	2500m:	30:37.72	38.26
300m:	3:29.96	35.61	1050m:	12:31.84	37.09	1800m:	21:49.70	37.37	2550m:	31:15.74	38.02
350m:	4:05.69	35.73	1100m:	13:08.64	36.80	1850m:	22:27.43	37.73	2600m:	31:53.75	38.01
400m:	4:41.54	35.85	1150m:	13:45.58	36.94	1900m:	23:05.12	37.69	2650m:	32:31.73	37.98
450m:	5:16.94	35.40	1200m:	14:22.54	36.96	1950m:	23:42.72	37.60	2700m:	33:09.69	37.96
500m:	5:52.49	35.55	1250m:	14:59.82	37.28	2000m:	24:20.01	37.29	2750m:	33:47.43	37.74
550m:	6:28.20	35.71	1300m:	15:37.08	37.26	2050m:	24:57.27	37.26	2800m:	34:24.92	37.49
600m:	7:03.98	35.78	1350m:	16:14.24	37.16	2100m:	25:34.66	37.39	2850m:	35:02.43	37.51
650m:	7:39.79	35.81	1400m:	16:51.41	37.17	2150m:	26:12.11	37.45	2900m:	35:39.92	37.49
700m:	8:15.69	35.90	1450m:	17:28.62	37.21	2200m:	26:49.80	37.69	2950m:	36:17.33	37.41
750m:	8:52.09	36.40	1500m:	18:05.75	37.13	2250m:	27:27.54	37.74	3000m:	36:54.49	37.16
<b>12. MORERA PUJOLAR, Júlia</b>			<b>05</b>			<b>C.N. Olot</b>			<b>37:16.64</b>	<b>12,00</b>	
50m:	35.38	35.38	800m:	9:52.27	37.37	1550m:	19:10.50	37.53	2300m:	28:33.11	37.23
100m:	1:12.00	36.62	850m:	10:29.28	37.01	1600m:	19:47.87	37.37	2350m:	29:10.90	37.79
150m:	1:49.25	37.25	900m:	11:06.02	36.74	1650m:	20:25.29	37.42	2400m:	29:48.89	37.99
200m:	2:26.55	37.30	950m:	11:43.01	36.99	1700m:	21:02.58	37.29	2450m:	30:26.56	37.67
250m:	3:03.50	36.95	1000m:	12:19.75	36.74	1750m:	21:40.02	37.44	2500m:	31:04.45	37.89
300m:	3:40.39	36.89	1050m:	12:56.72	36.97	1800m:	22:17.44	37.42	2550m:	31:42.15	37.70
350m:	4:17.63	37.24	1100m:	13:33.69	36.97	1850m:	22:55.12	37.68	2600m:	32:20.16	38.01
400m:	4:54.40	36.77	1150m:	14:11.01	37.32	1900m:	23:33.30	38.18	2650m:	32:58.14	37.98
450m:	5:31.43	37.03	1200m:	14:48.43	37.42	1950m:	24:10.67	37.37	2700m:	33:35.86	37.72
500m:	6:08.43	37.00	1250m:	15:25.66	37.23	2000m:	24:48.05	37.38	2750m:	34:13.98	38.12
550m:	6:45.79	37.36	1300m:	16:03.31	37.65	2050m:	25:25.86	37.81	2800m:	34:51.48	37.50
600m:	7:23.18	37.39	1350m:	16:40.25	36.94	2100m:	26:03.45	37.59	2850m:	35:28.38	36.90
650m:	8:00.65	37.47	1400m:	17:17.51	37.26	2150m:	26:41.13	37.68	2900m:	36:05.18	36.80
700m:	8:37.86	37.21	1450m:	17:55.11	37.60	2200m:	27:18.47	37.34	2950m:	36:41.67	36.49
750m:	9:14.90	37.04	1500m:	18:32.97	37.86	2250m:	27:55.88	37.41	3000m:	37:16.64	34.97
<b>13. RIUS PELLEJA, Abril</b>			<b>04</b>			<b>C.N. Tarraco</b>			<b>37:32.11</b>	<b>11,00</b>	
50m:	33.40	33.40	800m:	9:46.93	37.82	1550m:	19:11.89	36.98	2300m:	28:41.00	37.76
100m:	1:08.20	34.80	850m:	10:24.64	37.71	1600m:	19:49.31	37.42	2350m:	29:19.74	38.74
150m:	1:43.59	35.39	900m:	11:01.90	37.26	1650m:	20:26.27	36.96	2400m:	29:58.42	38.68
200m:	2:19.59	36.00	950m:	11:39.37	37.47	1700m:	21:02.98	36.71	2450m:	30:37.31	38.89
250m:	2:55.56	35.97	1000m:	12:16.84	37.47	1750m:	21:40.17	37.19	2500m:	31:16.39	39.08
300m:	3:32.46	36.90	1050m:	12:54.31	37.47	1800m:	22:17.50	37.33	2550m:	31:54.61	38.22
350m:	4:10.14	37.68	1100m:	13:31.70	37.39	1850m:	22:55.97	38.47	2600m:	32:32.81	38.20
400m:	4:47.31	37.17	1150m:	14:09.65	37.95	1900m:	23:33.99	38.02	2650m:	33:10.79	37.98
450m:	5:24.71	37.40	1200m:	14:46.97	37.32	1950m:	24:12.76	38.77	2700m:	33:48.42	37.63
500m:	6:01.83	37.12	1250m:	15:24.86	37.89	2000m:	24:50.83	38.07	2750m:	34:26.39	37.97
550m:	6:38.93	37.10	1300m:	16:02.72	37.86	2050m:	25:29.08	38.25	2800m:	35:03.94	37.55
600m:	7:15.94	37.01	1350m:	16:41.07	38.35	2100m:	26:07.26	38.18	2850m:	35:41.04	37.10
650m:	7:53.67	37.73	1400m:	17:19.30	38.23	2150m:	26:46.03	38.77	2900m:	36:18.22	37.18
700m:	8:31.35	37.68	1450m:	17:57.58	38.28	2200m:	27:24.55	38.52	2950m:	36:55.52	37.30
750m:	9:09.11	37.76	1500m:	18:34.91	37.33	2250m:	28:03.24	38.69	3000m:	37:32.11	36.59
<b>14. VALERIO SAIS, Queralt</b>			<b>04</b>			<b>C.N. Banyoles</b>			<b>37:35.55</b>	<b>10,00</b>	
50m:	33.72	33.72	700m:	8:25.52	37.55	1350m:	16:32.01	37.63	2000m:	24:42.24	37.86
100m:	1:08.58	34.86	750m:	9:02.48	36.96	1400m:	17:09.47	37.46	2050m:	25:20.46	38.22
150m:	1:43.60	35.02	800m:	9:39.53	37.05	1450m:	17:46.78	37.31	2100m:	25:59.09	38.63
200m:	2:18.56	34.96	850m:	10:17.33	37.80	1500m:	18:24.04	37.26	2150m:	26:36.85	37.76
250m:	2:54.42	35.86	900m:	10:54.68	37.35	1550m:	19:01.43	37.39	2200m:	27:15.47	38.62
300m:	3:29.90	35.48	950m:	11:31.89	37.21	1600m:	19:38.54	37.11	2250m:	27:54.01	38.54
350m:	4:06.08	36.18	1000m:	12:09.40	37.51	1650m:	20:16.01	37.47	2300m:	28:32.42	38.41
400m:	4:42.20	36.12	1050m:	12:46.82	37.42	1700m:	20:54.11	38.10	2350m:	29:10.49	38.07
450m:	5:18.70	36.50	1100m:	13:24.27	37.45	1750m:	21:31.83	37.72	2400m:	29:48.65	38.16
500m:	5:55.73	37.03	1150m:	14:02.62	38.35	1800m:	22:10.08	38.25	2450m:	30:27.38	38.73
550m:	6:32.68	36.95	1200m:	14:40.00	37.38	1850m:	22:48.24	38.16	2500m:	31:06.70	39.32
600m:	7:10.12	37.44	1250m:	15:17.34	37.34	1900m:	23:26.23	37.99	2550m:	31:45.75	39.05
650m:	7:47.97	37.85	1300m:	15:54.38	37.04	1950m:	24:04.38	38.15	2600m:	32:25.38	39.63

NQ = Nedadors NO Classificats (tall no superat)



Prova 3, Fem., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY				Temps						
	2650m: 33:04.90	39.52	2750m: 34:22.60	38.51	2850m: 35:38.96	38.21	2950m: 36:56.42	38.74			
	2700m: 33:44.09	39.19	2800m: 35:00.75	38.15	2900m: 36:17.68	38.72	3000m: 37:35.55	39.13			
<b>15. GARRETA YUSTE, Judit</b>	<b>04 C.N. Mataró</b>				<b>37:37.79 9,00</b>						
50m:	34.66	34.66	800m:	9:48.16	37.26	1550m:	19:11.68	38.46	2300m:	28:44.78	36.77
100m:	1:10.94	36.28	850m:	10:25.16	37.00	1600m:	19:49.80	38.12	2350m:	29:22.17	37.39
150m:	1:47.34	36.40	900m:	11:02.52	37.36	1650m:	20:28.15	38.35	2400m:	30:00.16	37.99
200m:	2:24.07	36.73	950m:	11:40.01	37.49	1700m:	21:06.66	38.51	2450m:	30:38.12	37.96
250m:	3:00.59	36.52	1000m:	12:17.63	37.62	1750m:	21:44.76	38.10	2500m:	31:16.00	37.88
300m:	3:37.39	36.80	1050m:	12:54.26	36.63	1800m:	22:22.97	38.21	2550m:	31:53.44	37.44
350m:	4:13.85	36.46	1100m:	13:31.65	37.39	1850m:	23:01.16	38.19	2600m:	32:31.59	38.15
400m:	4:50.94	37.09	1150m:	14:09.09	37.44	1900m:	23:39.93	38.77	2650m:	33:10.07	38.48
450m:	5:27.68	36.74	1200m:	14:46.46	37.37	1950m:	24:18.27	38.34	2700m:	33:48.44	38.37
500m:	6:04.52	36.84	1250m:	15:24.49	38.03	2000m:	24:56.73	38.46	2750m:	34:27.06	38.62
550m:	6:41.61	37.09	1300m:	16:01.92	37.43	2050m:	25:35.91	39.18	2800m:	35:05.34	38.28
600m:	7:19.11	37.50	1350m:	16:39.80	37.88	2100m:	26:14.52	38.61	2850m:	35:42.79	37.45
650m:	7:56.23	37.12	1400m:	17:17.38	37.58	2150m:	26:52.37	37.85	2900m:	36:21.08	38.29
700m:	8:33.51	37.28	1450m:	17:55.57	38.19	2200m:	27:30.95	38.58	2950m:	36:58.84	37.76
750m:	9:10.90	37.39	1500m:	18:33.22	37.65	2250m:	28:08.01	37.06	3000m:	37:37.79	38.95
<b>16. AULINAS PRAT, Clara</b>	<b>01 C.N. Olot</b>				<b>37:46.33 12,00</b>						
50m:	35.58	35.58	800m:	9:59.82	37.77	1550m:	19:25.73	38.07	2300m:	28:57.58	38.32
100m:	1:12.43	36.85	850m:	10:37.27	37.45	1600m:	20:03.87	38.14	2350m:	29:35.78	38.20
150m:	1:50.35	37.92	900m:	11:14.45	37.18	1650m:	20:41.97	38.10	2400m:	30:13.98	38.20
200m:	2:27.42	37.07	950m:	11:51.93	37.48	1700m:	21:19.88	37.91	2450m:	30:51.83	37.85
250m:	3:04.85	37.43	1000m:	12:29.77	37.84	1750m:	21:57.93	38.05	2500m:	31:30.07	38.24
300m:	3:42.51	37.66	1050m:	13:07.29	37.52	1800m:	22:35.77	37.84	2550m:	32:08.12	38.05
350m:	4:20.64	38.13	1100m:	13:45.05	37.76	1850m:	23:14.17	38.40	2600m:	32:46.44	38.32
400m:	4:58.27	37.63	1150m:	14:22.37	37.32	1900m:	23:52.02	37.85	2650m:	33:24.81	38.37
450m:	5:36.17	37.90	1200m:	14:59.84	37.47	1950m:	24:29.86	37.84	2700m:	34:02.95	38.14
500m:	6:14.25	38.08	1250m:	15:37.26	37.42	2000m:	25:08.21	38.35	2750m:	34:40.45	37.50
550m:	6:51.95	37.70	1300m:	16:14.69	37.43	2050m:	25:46.68	38.47	2800m:	35:18.23	37.78
600m:	7:29.83	37.88	1350m:	16:52.72	38.03	2100m:	26:24.64	37.96	2850m:	35:55.60	37.37
650m:	8:07.65	37.82	1400m:	17:31.09	38.37	2150m:	27:02.72	38.08	2900m:	36:33.28	37.68
700m:	8:44.90	37.25	1450m:	18:09.47	38.38	2200m:	27:40.96	38.24	2950m:	37:10.28	37.00
750m:	9:22.05	37.15	1500m:	18:47.66	38.19	2250m:	28:19.26	38.30	3000m:	37:46.33	36.05
<b>17. GONZALEZ TENORIO, Nadia</b>	<b>05 C.N. Sabadell</b>				<b>37:53.43 8,00</b>						
50m:	35.39	35.39	800m:	10:00.99	37.99	1550m:	19:27.37	36.73	2300m:	28:59.68	38.84
100m:	1:12.82	37.43	850m:	10:39.24	38.25	1600m:	20:05.25	37.88	2350m:	29:37.99	38.31
150m:	1:50.03	37.21	900m:	11:17.29	38.05	1650m:	20:43.53	38.28	2400m:	30:16.18	38.19
200m:	2:27.45	37.42	950m:	11:55.80	38.51	1700m:	21:21.63	38.10	2450m:	30:55.30	39.12
250m:	3:05.02	37.57	1000m:	12:34.08	38.28	1750m:	21:59.98	38.35	2500m:	31:34.20	38.90
300m:	3:43.03	38.01	1050m:	13:11.70	37.62	1800m:	22:38.09	38.11	2550m:	32:12.05	37.85
350m:	4:21.26	38.23	1100m:	13:48.16	36.46	1850m:	23:16.28	38.19	2600m:	32:50.02	37.97
400m:	4:58.65	37.39	1150m:	14:25.70	37.54	1900m:	23:53.79	37.51	2650m:	33:28.23	38.21
450m:	5:36.52	37.87	1200m:	15:03.40	37.70	1950m:	24:32.08	38.29	2700m:	34:07.17	38.94
500m:	6:15.14	38.62	1250m:	15:40.86	37.46	2000m:	25:09.76	37.68	2750m:	34:45.39	38.22
550m:	6:53.35	38.21	1300m:	16:18.18	37.32	2050m:	25:47.99	38.23	2800m:	35:24.20	38.81
600m:	7:30.92	37.57	1350m:	16:56.09	37.91	2100m:	26:25.74	37.75	2850m:	36:02.07	37.87
650m:	8:08.15	37.23	1400m:	17:34.39	38.30	2150m:	27:03.82	38.08	2900m:	36:39.43	37.36
700m:	8:45.52	37.37	1450m:	18:12.81	38.42	2200m:	27:42.60	38.78	2950m:	37:17.62	38.19
750m:	9:23.00	37.48	1500m:	18:50.64	37.83	2250m:	28:20.84	38.24	3000m:	37:53.43	35.81
<b>18. CASTILLO MORENILLA, Lidia</b>	<b>04 C.N. Caldes</b>				<b>37:58.68 7,00</b>						
50m:	34.92	34.92	750m:	9:17.68	37.52	1450m:	18:08.97	38.21	2150m:	27:06.40	39.09
100m:	1:11.45	36.53	800m:	9:55.32	37.64	1500m:	18:47.82	38.85	2200m:	27:45.16	38.76
150m:	1:48.61	37.16	850m:	10:33.11	37.79	1550m:	19:25.71	37.89	2250m:	28:24.16	39.00
200m:	2:25.76	37.15	900m:	11:11.19	38.08	1600m:	20:03.93	38.22	2300m:	29:02.68	38.52
250m:	3:02.87	37.11	950m:	11:48.81	37.62	1650m:	20:42.22	38.29	2350m:	29:41.71	39.03
300m:	3:40.27	37.40	1000m:	12:26.36	37.55	1700m:	21:20.43	38.21	2400m:	30:20.51	38.80
350m:	4:17.85	37.58	1050m:	13:04.24	37.88	1750m:	21:58.63	38.20	2450m:	30:59.92	39.41
400m:	4:55.67	37.82	1100m:	13:41.80	37.56	1800m:	22:37.13	38.50	2500m:	31:38.83	38.91
450m:	5:32.89	37.22	1150m:	14:19.90	38.10	1850m:	23:15.07	37.94	2550m:	32:16.69	37.86
500m:	6:10.66	37.77	1200m:	14:57.99	38.09	1900m:	23:53.39	38.32	2600m:	32:54.97	38.28
550m:	6:48.17	37.51	1250m:	15:36.16	38.17	1950m:	24:31.99	38.60	2650m:	33:33.45	38.48
600m:	7:25.24	37.07	1300m:	16:14.12	37.96	2000m:	25:10.77	38.78	2700m:	34:11.75	38.30
650m:	8:02.81	37.57	1350m:	16:52.50	38.38	2050m:	25:48.83	38.06	2750m:	34:50.14	38.39
700m:	8:40.16	37.35	1400m:	17:30.76	38.26	2100m:	26:27.31	38.48	2800m:	35:27.91	37.77

NQ = Nedadors NO Classificats (tall no superat)

Prova 3, Fem., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY				Temps			
	2850m: 36:05.83	37.92	2900m: 36:43.65	37.82	2950m: 37:21.65	38.00	3000m: 37:58.68	37.03
<b>19.</b>	<b>LORENZO BARTOLI, Jana</b>	<b>04</b>	<b>C.N. Barcelona</b>				<b>38:24.32</b>	<b>6,00</b>
	50m: 34.28	34.28	800m: 9:49.01	38.11	1550m: 19:24.61	38.26	2300m: 29:12.68	40.34
	100m: 1:09.86	35.58	850m: 10:27.72	38.71	1600m: 20:03.24	38.63	2350m: 29:53.32	40.64
	150m: 1:46.69	36.83	900m: 11:06.24	38.52	1650m: 20:41.57	38.33	2400m: 30:33.21	39.89
	200m: 2:23.83	37.14	950m: 11:44.87	38.63	1700m: 21:20.28	38.71	2450m: 31:12.89	39.68
	250m: 3:00.58	36.75	1000m: 12:23.83	38.96	1750m: 21:59.00	38.72	2500m: 31:52.87	39.98
	300m: 3:37.40	36.82	1050m: 13:02.70	38.87	1800m: 22:38.55	39.55	2550m: 32:32.32	39.45
	350m: 4:14.28	36.88	1100m: 13:41.84	39.14	1850m: 23:17.16	38.61	2600m: 33:11.87	39.55
	400m: 4:51.38	37.10	1150m: 14:21.19	39.35	1900m: 23:56.47	39.31	2650m: 33:52.15	40.28
	450m: 5:28.00	36.62	1200m: 14:58.59	37.40	1950m: 24:35.72	39.25	2700m: 34:32.64	40.49
	500m: 6:04.81	36.81	1250m: 15:35.66	37.07	2000m: 25:15.68	39.96	2750m: 35:12.73	40.09
	550m: 6:41.84	37.03	1300m: 16:12.84	37.18	2050m: 25:53.91	38.23	2800m: 35:52.54	39.81
	600m: 7:18.94	37.10	1350m: 16:50.85	38.01	2100m: 26:33.48	39.57	2850m: 36:31.77	39.23
	650m: 7:55.53	36.59	1400m: 17:29.42	38.57	2150m: 27:12.92	39.44	2900m: 37:10.87	39.10
	700m: 8:33.04	37.51	1450m: 18:07.99	38.57	2200m: 27:52.93	40.01	2950m: 37:48.05	37.18
	750m: 9:10.90	37.86	1500m: 18:46.35	38.36	2250m: 28:32.34	39.41	3000m: 38:24.32	36.27
<b>20.</b>	<b>GRAU LOPEZ DE LA OSA, Paula</b>	<b>04</b>	<b>C.N. L'hospitalet</b>				<b>38:25.20</b>	<b>5,00</b>
	50m: 34.24	34.24	800m: 10:01.07	39.12	1550m: 19:40.03	38.10	2300m: 29:25.62	39.21
	100m: 1:10.18	35.94	850m: 10:39.22	38.15	1600m: 20:17.95	37.92	2350m: 30:04.32	38.70
	150m: 1:47.06	36.88	900m: 11:18.52	39.30	1650m: 20:56.98	39.03	2400m: 30:43.50	39.18
	200m: 2:23.73	36.67	950m: 11:55.92	37.40	1700m: 21:36.08	39.10	2450m: 31:22.93	39.43
	250m: 3:00.40	36.67	1000m: 12:34.58	38.66	1750m: 22:15.50	39.42	2500m: 32:02.14	39.21
	300m: 3:38.45	38.05	1050m: 13:13.10	38.52	1800m: 22:53.92	38.42	2550m: 32:41.35	39.21
	350m: 4:16.06	37.61	1100m: 13:51.94	38.84	1850m: 23:33.55	39.63	2600m: 33:19.82	38.47
	400m: 4:54.52	38.46	1150m: 14:30.54	38.60	1900m: 24:12.42	38.87	2650m: 33:59.02	39.20
	450m: 5:32.67	38.15	1200m: 15:09.86	39.32	1950m: 24:51.23	38.81	2700m: 34:37.85	38.83
	500m: 6:10.60	37.93	1250m: 15:49.28	39.42	2000m: 25:30.48	39.25	2750m: 35:16.49	38.64
	550m: 6:48.89	38.29	1300m: 16:28.97	39.69	2050m: 26:09.37	38.89	2800m: 35:54.73	38.24
	600m: 7:27.28	38.39	1350m: 17:08.48	39.51	2100m: 26:48.32	38.95	2850m: 36:33.24	38.51
	650m: 8:05.37	38.09	1400m: 17:46.26	37.78	2150m: 27:28.03	39.71	2900m: 37:11.36	38.12
	700m: 8:43.57	38.20	1450m: 18:24.23	37.97	2200m: 28:06.91	38.88	2950m: 37:48.69	37.33
	750m: 9:21.95	38.38	1500m: 19:01.93	37.70	2250m: 28:46.41	39.50	3000m: 38:25.20	36.51
<b>21.</b>	<b>SANCHO ZARAGOZA, Marina</b>	<b>03</b>	<b>C.N. Mataró</b>				<b>38:34.69</b>	<b>13,00</b>
	50m: 35.32	35.32	800m: 10:05.85	38.37	1550m: 19:44.56	38.76	2300m: 29:28.74	38.90
	100m: 1:12.44	37.12	850m: 10:44.59	38.74	1600m: 20:23.17	38.61	2350m: 30:08.05	39.31
	150m: 1:50.31	37.87	900m: 11:23.13	38.54	1650m: 21:01.92	38.75	2400m: 30:47.19	39.14
	200m: 2:28.22	37.91	950m: 12:01.58	38.45	1700m: 21:40.65	38.73	2450m: 31:26.35	39.16
	250m: 3:06.10	37.88	1000m: 12:40.33	38.75	1750m: 22:19.82	39.17	2500m: 32:05.66	39.31
	300m: 3:44.13	38.03	1050m: 13:18.41	38.08	1800m: 22:59.04	39.22	2550m: 32:44.68	39.02
	350m: 4:22.22	38.09	1100m: 13:56.65	38.24	1850m: 23:37.63	38.59	2600m: 33:23.80	39.12
	400m: 5:00.44	38.22	1150m: 14:34.89	38.24	1900m: 24:16.49	38.86	2650m: 34:02.71	38.91
	450m: 5:38.47	38.03	1200m: 15:13.55	38.66	1950m: 24:55.34	38.85	2700m: 34:42.24	39.53
	500m: 6:16.64	38.17	1250m: 15:51.88	38.33	2000m: 25:34.32	38.98	2750m: 35:20.71	38.47
	550m: 6:54.49	37.85	1300m: 16:30.61	38.73	2050m: 26:13.43	39.11	2800m: 35:59.98	39.27
	600m: 7:32.43	37.94	1350m: 17:09.61	39.00	2100m: 26:52.55	39.12	2850m: 36:39.16	39.18
	650m: 8:10.67	38.24	1400m: 17:48.40	38.79	2150m: 27:31.87	39.32	2900m: 37:18.46	39.30
	700m: 8:49.12	38.45	1450m: 18:26.94	38.54	2200m: 28:10.92	39.05	2950m: 37:57.36	38.90
	750m: 9:27.48	38.36	1500m: 19:05.80	38.86	2250m: 28:49.84	38.92	3000m: 38:34.69	37.33
<b>22.</b>	<b>USECHI ELIZARI, Marta</b>	<b>04</b>	<b>C.N. Barcelona</b>				<b>39:08.73</b>	<b>4,00</b>
	50m: 35.28	35.28	800m: 10:10.81	39.37	1550m: 20:04.49	39.93	2300m: 29:58.66	38.88
	100m: 1:12.12	36.84	850m: 10:49.91	39.10	1600m: 20:44.21	39.72	2350m: 30:38.17	39.51
	150m: 1:49.47	37.35	900m: 11:29.26	39.35	1650m: 21:23.69	39.48	2400m: 31:17.48	39.31
	200m: 2:27.35	37.88	950m: 12:08.18	38.92	1700m: 22:02.98	39.29	2450m: 31:57.29	39.81
	250m: 3:05.90	38.55	1000m: 12:47.73	39.55	1750m: 22:42.45	39.47	2500m: 32:36.53	39.24
	300m: 3:44.30	38.40	1050m: 13:26.86	39.13	1800m: 23:22.09	39.64	2550m: 33:15.77	39.24
	350m: 4:22.44	38.14	1100m: 14:05.85	38.99	1850m: 24:01.62	39.53	2600m: 33:55.16	39.39
	400m: 5:00.52	38.08	1150m: 14:45.02	39.17	1900m: 24:41.44	39.82	2650m: 34:34.74	39.58
	450m: 5:39.05	38.53	1200m: 15:24.15	39.13	1950m: 25:21.25	39.81	2700m: 35:14.31	39.57
	500m: 6:17.45	38.40	1250m: 16:03.78	39.63	2000m: 26:01.24	39.99	2750m: 35:53.63	39.32
	550m: 6:55.94	38.49	1300m: 16:44.01	40.23	2050m: 26:41.11	39.87	2800m: 36:33.19	39.56
	600m: 7:34.66	38.72	1350m: 17:23.75	39.74	2100m: 27:20.90	39.79	2850m: 37:12.01	38.82
	650m: 8:13.27	38.61	1400m: 18:04.04	40.29	2150m: 28:00.80	39.90	2900m: 37:51.10	39.09
	700m: 8:52.35	39.08	1450m: 18:44.09	40.05	2200m: 28:40.60	39.80	2950m: 38:30.13	39.03
	750m: 9:31.44	39.09	1500m: 19:24.56	40.47	2250m: 29:19.78	39.18	3000m: 39:08.73	38.60

NQ = Nedadors NO Classificats (tall no superat)

Prova 3, Fem., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY		Temps	
23. MONELLS RABASSA, Júlia	03	C.N. Olot	<b>39:18.53</b>	12,00
50m: 35.01 35.01	800m: 10:06.43	39.36	1550m: 20:00.99	39.65
100m: 1:11.26 36.25	850m: 10:45.97	39.54	1600m: 20:40.38	39.39
150m: 1:48.30 37.04	900m: 11:25.65	39.68	1650m: 21:20.39	40.01
200m: 2:25.58 37.28	950m: 12:05.39	39.74	1700m: 22:00.48	40.09
250m: 3:02.89 37.31	1000m: 12:44.96	39.57	1750m: 22:39.89	39.41
300m: 3:40.45 37.56	1050m: 13:24.24	39.28	1800m: 23:19.63	39.74
350m: 4:18.11 37.66	1100m: 14:03.96	39.72	1850m: 23:59.62	39.99
400m: 4:56.35 38.24	1150m: 14:43.87	39.91	1900m: 24:39.59	39.97
450m: 5:34.70 38.35	1200m: 15:23.63	39.76	1950m: 25:19.84	40.25
500m: 6:12.89 38.19	1250m: 16:03.17	39.54	2000m: 26:00.21	40.37
550m: 6:51.01 38.12	1300m: 16:42.50	39.33	2050m: 26:39.82	39.61
600m: 7:29.84 38.83	1350m: 17:22.51	40.01	2100m: 27:19.83	40.01
650m: 8:09.03 39.19	1400m: 18:02.22	39.71	2150m: 27:59.98	40.15
700m: 8:48.43 39.40	1450m: 18:41.97	39.75	2200m: 28:40.56	40.58
750m: 9:27.07 38.64	1500m: 19:21.34	39.37	2250m: 29:19.82	39.26
			2300m: 30:00.42	40.60
			2350m: 30:40.29	39.87
			2400m: 31:20.75	40.46
			2450m: 32:01.02	40.27
			2500m: 32:41.37	40.35
			2550m: 33:21.64	40.27
			2600m: 34:01.41	39.77
			2650m: 34:41.40	39.99
			2700m: 35:21.59	40.19
			2750m: 36:02.00	40.41
			2800m: 36:41.44	39.44
			2850m: 37:21.41	39.97
			2900m: 38:00.80	39.39
			2950m: 38:39.94	39.14
			3000m: 39:18.53	38.59
24. MAESTRO LORENZO, Alba	02	C.E. Mediterrani	<b>39:30.33</b>	11,00
50m: 37.10 37.10	800m: 10:28.28	39.58	1550m: 20:19.99	39.39
100m: 1:15.70 38.60	850m: 11:08.03	39.75	1600m: 20:59.63	39.64
150m: 1:54.67 38.97	900m: 11:47.27	39.24	1650m: 21:39.41	39.78
200m: 2:33.89 39.22	950m: 12:26.62	39.35	1700m: 22:19.39	39.98
250m: 3:13.43 39.54	1000m: 13:06.33	39.71	1750m: 22:59.17	39.78
300m: 3:53.31 39.88	1050m: 13:45.59	39.26	1800m: 23:39.03	39.86
350m: 4:33.06 39.75	1100m: 14:24.72	39.13	1850m: 24:18.71	39.68
400m: 5:12.50 39.44	1150m: 15:03.97	39.25	1900m: 24:58.47	39.76
450m: 5:51.89 39.39	1200m: 15:43.44	39.47	1950m: 25:38.45	39.98
500m: 6:31.14 39.25	1250m: 16:22.69	39.25	2000m: 26:18.43	39.98
550m: 7:10.85 39.71	1300m: 17:02.08	39.39	2050m: 26:58.28	39.85
600m: 7:50.34 39.49	1350m: 17:41.71	39.63	2100m: 27:37.98	39.70
650m: 8:29.89 39.55	1400m: 18:21.68	39.97	2150m: 28:17.61	39.63
700m: 9:09.36 39.47	1450m: 19:01.17	39.49	2200m: 28:57.53	39.92
750m: 9:48.70 39.34	1500m: 19:40.60	39.43	2250m: 29:37.09	39.56
			2300m: 30:17.22	40.13
			2350m: 30:57.19	39.97
			2400m: 31:36.82	39.63
			2450m: 32:16.80	39.98
			2500m: 32:56.28	39.48
			2550m: 33:35.72	39.44
			2600m: 34:15.21	39.49
			2650m: 34:54.58	39.37
			2700m: 35:34.10	39.52
			2750m: 36:13.38	39.28
			2800m: 36:53.40	40.02
			2850m: 37:33.30	39.90
			2900m: 38:12.53	39.23
			2950m: 38:51.69	39.16
			3000m: 39:30.33	38.64
25. MARGUÍ SOLÀ, Núria	05	C.N. Olot	<b>39:33.43</b>	3,00
50m: 36.31 36.31	800m: 10:17.92	39.57	1550m: 20:15.16	38.87
100m: 1:13.89 37.58	850m: 10:57.65	39.73	1600m: 20:54.49	39.33
150m: 1:51.84 37.95	900m: 11:37.47	39.82	1650m: 21:34.03	39.54
200m: 2:30.38 38.54	950m: 12:16.88	39.41	1700m: 22:14.53	40.50
250m: 3:09.08 38.70	1000m: 12:56.58	39.70	1750m: 22:54.69	40.16
300m: 3:47.93 38.85	1050m: 13:36.75	40.17	1800m: 23:34.68	39.99
350m: 4:26.47 38.54	1100m: 14:17.03	40.28	1850m: 24:14.54	39.86
400m: 5:05.46 38.99	1150m: 14:56.82	39.79	1900m: 24:54.98	40.44
450m: 5:44.90 39.44	1200m: 15:36.63	39.81	1950m: 25:35.17	40.19
500m: 6:24.00 39.10	1250m: 16:16.38	39.75	2000m: 26:13.73	38.56
550m: 7:02.20 38.20	1300m: 16:55.81	39.43	2050m: 26:53.04	39.31
600m: 7:40.73 38.53	1350m: 17:35.87	40.06	2100m: 27:33.34	40.30
650m: 8:19.58 38.85	1400m: 18:16.14	40.27	2150m: 28:12.92	39.58
700m: 8:58.88 39.30	1450m: 18:56.65	40.51	2200m: 28:53.15	40.23
750m: 9:38.35 39.47	1500m: 19:36.29	39.64	2250m: 29:33.26	40.11
			2300m: 30:14.02	40.76
			2350m: 30:53.17	39.15
			2400m: 31:33.91	40.74
			2450m: 32:14.95	41.04
			2500m: 32:55.71	40.76
			2550m: 33:36.82	41.11
			2600m: 34:17.27	40.45
			2650m: 34:57.59	40.32
			2700m: 35:37.90	40.31
			2750m: 36:18.02	40.12
			2800m: 36:58.45	40.43
			2850m: 37:38.11	39.66
			2900m: 38:17.46	39.35
			2950m: 38:56.02	38.56
			3000m: 39:33.43	37.41
26. SURROCA RIOL, Gemma	05	C.N. Olot	<b>39:34.17</b>	2,00
50m: 36.69 36.69	800m: 10:27.06	39.57	1550m: 20:21.74	39.85
100m: 1:15.44 38.75	850m: 11:06.33	39.27	1600m: 21:01.53	39.79
150m: 1:54.52 39.08	900m: 11:45.72	39.39	1650m: 21:41.56	40.03
200m: 2:33.76 39.24	950m: 12:25.49	39.77	1700m: 22:21.39	39.83
250m: 3:12.63 38.87	1000m: 13:04.45	38.96	1750m: 23:01.07	39.68
300m: 3:52.06 39.43	1050m: 13:43.81	39.36	1800m: 23:40.91	39.84
350m: 4:31.52 39.46	1100m: 14:23.28	39.47	1850m: 24:20.42	39.51
400m: 5:10.78 39.26	1150m: 15:02.91	39.63	1900m: 25:00.43	40.01
450m: 5:50.21 39.43	1200m: 15:42.88	39.97	1950m: 25:40.32	39.89
500m: 6:29.91 39.70	1250m: 16:22.68	39.80	2000m: 26:20.19	39.87
550m: 7:09.18 39.27	1300m: 17:02.62	39.94	2050m: 27:00.07	39.88
600m: 7:48.84 39.66	1350m: 17:42.13	39.51	2100m: 27:39.75	39.68
650m: 8:28.29 39.45	1400m: 18:22.21	40.08	2150m: 28:19.71	39.96
700m: 9:07.83 39.54	1450m: 19:02.03	39.82	2200m: 28:59.29	39.58
750m: 9:47.49 39.66	1500m: 19:41.89	39.86	2250m: 29:38.95	39.66
			2300m: 30:19.16	40.21
			2350m: 30:58.99	39.83
			2400m: 31:39.03	40.04
			2450m: 32:19.08	40.05
			2500m: 32:59.36	40.28
			2550m: 33:39.74	40.38
			2600m: 34:19.88	40.14
			2650m: 34:59.55	39.67
			2700m: 35:39.85	40.30
			2750m: 36:19.75	39.90
			2800m: 36:59.51	39.76
			2850m: 37:39.36	39.85
			2900m: 38:19.02	39.66
			2950m: 38:57.35	38.33
			3000m: 39:34.17	36.82

NQ = Nedadors NO Classificats (tall no superat)

Prova 3, Fem., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY		Temps	
<b>27. GARCIA BLANCO, Alba</b>	<b>02</b>	<b>C.N. Granollers</b>	<b>39:35.43</b>	<b>10,00</b>
50m: 37.39	37.39	800m: 10:13.28	38.80	1550m: 20:15.39
100m: 1:15.63	38.24	850m: 10:52.83	39.55	1600m: 20:54.99
150m: 1:53.55	37.92	900m: 11:31.99	39.16	1650m: 21:36.26
200m: 2:31.57	38.02	950m: 12:11.15	39.16	1700m: 22:17.42
250m: 3:09.77	38.20	1000m: 12:50.79	39.64	1750m: 22:58.78
300m: 3:47.63	37.86	1050m: 13:30.14	39.35	1800m: 23:39.70
350m: 4:25.70	38.07	1100m: 14:09.51	39.37	1850m: 24:20.45
400m: 5:03.86	38.16	1150m: 14:49.16	39.65	1900m: 25:02.00
450m: 5:42.75	38.89	1200m: 15:29.84	40.68	1950m: 25:43.20
500m: 6:21.56	38.81	1250m: 16:10.39	40.55	2000m: 26:23.87
550m: 7:00.24	38.68	1300m: 16:51.02	40.63	2050m: 27:04.16
600m: 7:38.94	38.70	1350m: 17:31.88	40.86	2100m: 27:44.00
650m: 8:17.55	38.61	1400m: 18:12.60	40.72	2150m: 28:23.68
700m: 8:55.99	38.44	1450m: 18:53.22	40.62	2200m: 29:03.51
750m: 9:34.48	38.49	1500m: 19:34.54	41.32	2250m: 29:42.04
				2300m: 30:21.21
				2350m: 31:00.38
				2400m: 31:39.97
				2450m: 32:19.96
				2500m: 32:59.49
				2550m: 33:39.13
				2600m: 34:19.00
				2650m: 34:59.43
				2700m: 35:40.44
				2750m: 36:20.44
				2800m: 36:59.67
				2850m: 37:38.69
				2900m: 38:17.13
				2950m: 38:56.13
				3000m: 39:35.43
<b>28. PAVILLARD SALVADOR, Paula</b>	<b>04</b>	<b>N.C. Torelló</b>	<b>39:35.79</b>	<b>1,00</b>
50m: 36.95	36.95	800m: 10:26.56	39.28	1550m: 20:21.73
100m: 1:15.50	38.55	850m: 11:06.16	39.60	1600m: 21:01.80
150m: 1:54.39	38.89	900m: 11:45.54	39.38	1650m: 21:41.68
200m: 2:33.70	39.31	950m: 12:24.93	39.39	1700m: 22:21.68
250m: 3:12.73	39.03	1000m: 13:04.51	39.58	1750m: 23:01.43
300m: 3:51.92	39.19	1050m: 13:44.16	39.65	1800m: 23:40.99
350m: 4:31.42	39.50	1100m: 14:23.65	39.49	1850m: 24:20.84
400m: 5:10.79	39.37	1150m: 15:03.12	39.47	1900m: 25:00.70
450m: 5:50.35	39.56	1200m: 15:43.09	39.97	1950m: 25:40.88
500m: 6:29.96	39.61	1250m: 16:22.83	39.74	2000m: 26:21.24
550m: 7:09.40	39.44	1300m: 17:02.56	39.73	2050m: 27:00.84
600m: 7:48.69	39.29	1350m: 17:42.34	39.78	2100m: 27:40.93
650m: 8:28.35	39.66	1400m: 18:21.96	39.62	2150m: 28:20.81
700m: 9:07.86	39.51	1450m: 19:02.13	40.17	2200m: 29:00.56
750m: 9:47.28	39.42	1500m: 19:41.89	39.76	2250m: 29:39.95
				2300m: 30:19.85
				2350m: 30:59.31
				2400m: 31:39.51
				2450m: 32:19.89
				2500m: 33:00.22
				2550m: 33:40.85
				2600m: 34:21.10
				2650m: 35:01.50
				2700m: 35:41.46
				2750m: 36:21.13
				2800m: 37:01.23
				2850m: 37:40.71
				2900m: 38:19.41
				2950m: 38:58.25
				3000m: 39:35.79
<b>29. BENAVENTE LOPEZ, Ainhoa</b>	<b>98</b>	<b>N.C. Torelló</b>	<b>40:18.89</b>	<b>11,00</b>
50m: 36.82	36.82	800m: 10:31.37	39.39	1550m: 20:33.85
100m: 1:14.96	38.14	850m: 11:11.19	39.82	1600m: 21:14.61
150m: 1:53.58	38.62	900m: 11:50.79	39.60	1650m: 21:55.39
200m: 2:33.23	39.65	950m: 12:30.87	40.08	1700m: 22:35.99
250m: 3:13.00	39.77	1000m: 13:10.92	40.05	1750m: 23:16.13
300m: 3:53.40	40.40	1050m: 13:50.66	39.74	1800m: 23:56.84
350m: 4:33.13	39.73	1100m: 14:30.49	39.83	1850m: 24:38.07
400m: 5:12.65	39.52	1150m: 15:11.14	40.65	1900m: 25:18.72
450m: 5:52.44	39.79	1200m: 15:51.67	40.53	1950m: 25:59.36
500m: 6:32.61	40.17	1250m: 16:31.48	39.81	2000m: 26:40.42
550m: 7:12.52	39.91	1300m: 17:11.64	40.16	2050m: 27:21.64
600m: 7:52.02	39.50	1350m: 17:51.72	40.08	2100m: 28:02.39
650m: 8:31.84	39.82	1400m: 18:32.18	40.46	2150m: 28:42.63
700m: 9:11.86	40.02	1450m: 19:12.57	40.39	2200m: 29:23.69
750m: 9:51.98	40.12	1500m: 19:53.44	40.87	2250m: 30:04.87
				2300m: 30:46.24
				2350m: 31:27.72
				2400m: 32:09.18
				2450m: 32:51.03
				2500m: 33:32.10
				2550m: 34:12.99
				2600m: 34:54.00
				2650m: 35:35.35
				2700m: 36:16.74
				2750m: 36:57.20
				2800m: 37:37.72
				2850m: 38:18.57
				2900m: 38:58.86
				2950m: 39:39.13
				3000m: 40:18.89
<b>30. DE RONNE O'CONNOR, Emma</b>	<b>03</b>	<b>C.N. Sitges</b>	<b>41:47.15</b>	<b>9,00</b>
50m: 37.49	37.49	800m: 10:44.78	41.46	1550m: 21:12.46
100m: 1:16.29	38.80	850m: 11:25.74	40.96	1600m: 21:54.80
150m: 1:55.65	39.36	900m: 12:07.27	41.53	1650m: 22:37.39
200m: 2:35.75	40.10	950m: 12:48.66	41.39	1700m: 23:19.80
250m: 3:15.34	39.59	1000m: 13:30.47	41.81	1750m: 24:02.35
300m: 3:56.64	41.30	1050m: 14:11.84	41.37	1800m: 24:46.07
350m: 4:37.13	40.49	1100m: 14:53.34	41.50	1850m: 25:28.61
400m: 5:17.82	40.69	1150m: 15:34.84	41.50	1900m: 26:11.69
450m: 5:58.46	40.64	1200m: 16:17.12	42.28	1950m: 26:54.30
500m: 6:39.10	40.64	1250m: 16:59.21	42.09	2000m: 27:37.53
550m: 7:19.42	40.32	1300m: 17:41.14	41.93	2050m: 28:19.72
600m: 8:00.32	40.90	1350m: 18:23.46	42.32	2100m: 29:02.47
650m: 8:41.51	41.19	1400m: 19:05.15	41.69	2150m: 29:45.88
700m: 9:22.52	41.01	1450m: 19:48.01	42.86	2200m: 30:29.22
750m: 10:03.32	40.80	1500m: 20:30.51	42.50	2250m: 31:12.05
				2300m: 31:55.46
				2350m: 32:38.93
				2400m: 33:23.02
				2450m: 34:06.59
				2500m: 34:50.37
				2550m: 35:31.81
				2600m: 36:13.43
				2650m: 36:56.17
				2700m: 37:38.11
				2750m: 38:20.05
				2800m: 39:02.14
				2850m: 39:43.75
				2900m: 40:25.23
				2950m: 41:06.62
				3000m: 41:47.15

NQ = Nedadors NO Classificats (tall no superat)

Prova 3, Fem., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY		Temps	
31.	MARSOL SISCART, Noemí	01	C.N. Tàrraga	<b>42:37.87</b> 10,00
	50m: 38.43 38.43	800m: 11:06.92 42.42	1550m: 21:48.83 43.26	2300m: 32:38.23 43.45
	100m: 1:17.92 39.49	850m: 11:49.41 42.49	1600m: 22:31.88 43.05	2350m: 33:21.49 43.26
	150m: 1:58.96 41.04	900m: 12:32.15 42.74	1650m: 23:14.50 42.62	2400m: 34:04.82 43.33
	200m: 2:40.02 41.06	950m: 13:14.19 42.04	1700m: 23:57.97 43.47	2450m: 34:47.47 42.65
	250m: 3:21.62 41.60	1000m: 13:56.85 42.66	1750m: 24:40.99 43.02	2500m: 35:30.55 43.08
	300m: 4:03.23 41.61	1050m: 14:39.81 42.96	1800m: 25:24.27 43.28	2550m: 36:13.29 42.74
	350m: 4:45.21 41.98	1100m: 15:22.37 42.56	1850m: 26:07.44 43.17	2600m: 36:56.50 43.21
	400m: 5:27.79 42.58	1150m: 16:05.27 42.90	1900m: 26:50.57 43.13	2650m: 37:39.04 42.54
	450m: 6:10.21 42.42	1200m: 16:48.44 43.17	1950m: 27:34.16 43.59	2700m: 38:21.91 42.87
	500m: 6:52.71 42.50	1250m: 17:31.29 42.85	2000m: 28:17.69 43.53	2750m: 39:04.59 42.68
	550m: 7:35.05 42.34	1300m: 18:14.10 42.81	2050m: 29:00.88 43.19	2800m: 39:47.35 42.76
	600m: 8:17.50 42.45	1350m: 18:56.61 42.51	2100m: 29:44.10 43.22	2850m: 40:29.92 42.57
	650m: 8:59.81 42.31	1400m: 19:39.95 43.34	2150m: 30:27.64 43.54	2900m: 41:13.06 43.14
	700m: 9:42.17 42.36	1450m: 20:22.68 42.73	2200m: 31:10.97 43.33	2950m: 41:55.87 42.81
	750m: 10:24.50 42.33	1500m: 21:05.57 42.89	2250m: 31:54.78 43.81	3000m: 42:37.87 42.00
32.	VIZCAINO GOMEZ, Noa	02	C.N. Martorell	<b>43:00.71</b> 8,00
	50m: 38.56 38.56	800m: 11:20.56 42.48	1550m: 22:04.88 42.57	2300m: 32:58.02 43.73
	100m: 1:19.33 40.77	850m: 12:03.49 42.93	1600m: 22:48.12 43.24	2350m: 33:41.58 43.56
	150m: 2:01.79 42.46	900m: 12:46.53 43.04	1650m: 23:31.07 42.95	2400m: 34:25.87 44.29
	200m: 2:44.37 42.58	950m: 13:29.58 43.05	1700m: 24:14.99 43.92	2450m: 35:09.66 43.79
	250m: 3:27.26 42.89	1000m: 14:12.63 43.05	1750m: 24:58.72 43.73	2500m: 35:53.22 43.56
	300m: 4:10.04 42.78	1050m: 14:55.06 42.43	1800m: 25:42.17 43.45	2550m: 36:36.97 43.75
	350m: 4:53.21 43.17	1100m: 15:38.22 43.16	1850m: 26:25.98 43.81	2600m: 37:19.87 42.90
	400m: 5:36.34 43.13	1150m: 16:21.54 43.32	1900m: 27:09.59 43.61	2650m: 38:03.07 43.20
	450m: 6:19.14 42.80	1200m: 17:04.37 42.83	1950m: 27:52.68 43.09	2700m: 38:46.24 43.17
	500m: 7:03.11 43.97	1250m: 17:47.50 43.13	2000m: 28:35.97 43.29	2750m: 39:28.91 42.67
	550m: 7:45.99 42.88	1300m: 18:30.10 42.60	2050m: 29:19.45 43.48	2800m: 40:11.53 42.62
	600m: 8:28.81 42.82	1350m: 19:12.93 42.83	2100m: 30:03.29 43.84	2850m: 40:54.19 42.66
	650m: 9:11.62 42.81	1400m: 19:56.01 43.08	2150m: 30:46.83 43.54	2900m: 41:36.80 42.61
	700m: 9:54.90 43.28	1450m: 20:39.06 43.05	2200m: 31:30.51 43.68	2950m: 42:19.28 42.48
	750m: 10:38.08 43.18	1500m: 21:22.31 43.25	2250m: 32:14.29 43.78	3000m: 43:00.71 41.43
DNS	VILÀ SEGUÉS, Carla	03	C.N. Tàrraga	-
BX	BERTRAN IZQUIERDO, Aida	96	C.N. Barcelona	-
BX	PERAIRA CRIADO, Carla	05	C.N. Sabadell	-
BX	RUBIO GORDILLO, Laia	02	N.C. Torelló	-

NQ = Nedadors NO Classificats (tall no superat)



Prova 4  
23/12/2020

Masc., 3000m Lliure

Absolut, Júnior 2 i Júnior 1  
Resultats

Rècords i MM Catalanes Open	30:51.29	, Ferran Julià Tous	Granada	14/11/2020
Rècords i MM Catalanes 18	32:00.47	, Eric Vilaregut De Mingo	Terrassa	20/1/2019
Rècords i MM Catalanes 17	31:38.16	, Marcos Gil Corbacho	Sabadell	21/1/2017
Rècords i MM Catalanes 16	32:31.00	, Albert Escrits Mañosa	Banyoles	30/11/2014

Classificació

ANY

Temps

Júnior 1 Fons Indoor

1. REED, Lachlan James		05	C.N. Banyoles		<b>32:09.16</b>	19,00					
50m:	31.52	31.52	800m:	8:35.88	32.06	1550m:	16:38.63	32.41	2300m:	24:42.07	32.72
100m:	1:04.18	32.66	850m:	9:08.39	32.51	1600m:	17:10.45	31.82	2350m:	25:14.28	32.21
150m:	1:36.91	32.73	900m:	9:40.13	31.74	1650m:	17:42.66	32.21	2400m:	25:46.52	32.24
200m:	2:09.40	32.49	950m:	10:12.03	31.90	1700m:	18:15.16	32.50	2450m:	26:18.43	31.91
250m:	2:41.53	32.13	1000m:	10:44.66	32.63	1750m:	18:47.50	32.34	2500m:	26:49.94	31.51
300m:	3:14.04	32.51	1050m:	11:16.68	32.02	1800m:	19:20.10	32.60	2550m:	27:22.43	32.49
350m:	3:46.41	32.37	1100m:	11:48.18	31.50	1850m:	19:52.74	32.64	2600m:	27:54.17	31.74
400m:	4:18.87	32.46	1150m:	12:20.43	32.25	1900m:	20:24.16	31.42	2650m:	28:26.39	32.22
450m:	4:51.02	32.15	1200m:	12:52.85	32.42	1950m:	20:56.38	32.22	2700m:	28:59.42	33.03
500m:	5:23.50	32.48	1250m:	13:25.27	32.42	2000m:	21:29.09	32.71	2750m:	29:31.51	32.09
550m:	5:54.53	31.03	1300m:	13:57.44	32.17	2050m:	22:01.36	32.27	2800m:	30:03.45	31.94
600m:	6:27.21	32.68	1350m:	14:29.61	32.17	2100m:	22:33.52	32.16	2850m:	30:35.89	32.44
650m:	6:59.74	32.53	1400m:	15:01.90	32.29	2150m:	23:05.88	32.36	2900m:	31:08.05	32.16
700m:	7:31.99	32.25	1450m:	15:33.80	31.90	2200m:	23:37.49	31.61	2950m:	31:39.51	31.46
750m:	8:03.82	31.83	1500m:	16:06.22	32.42	2250m:	24:09.35	31.86	3000m:	32:09.16	29.65
2. ORTIZ MARTINEZ, Carlos		04	C.N. Barcelona		<b>32:45.77</b>	16,00					
50m:	31.10	31.10	800m:	8:41.92	32.65	1550m:	16:49.17	33.45	2300m:	25:05.84	33.34
100m:	1:03.87	32.77	850m:	9:14.54	32.62	1600m:	17:22.70	33.53	2350m:	25:38.81	32.97
150m:	1:36.82	32.95	900m:	9:47.12	32.58	1650m:	17:55.40	32.70	2400m:	26:11.86	33.05
200m:	2:09.36	32.54	950m:	10:18.92	31.80	1700m:	18:28.73	33.33	2450m:	26:44.87	33.01
250m:	2:42.53	33.17	1000m:	10:51.69	32.77	1750m:	19:01.86	33.13	2500m:	27:18.24	33.37
300m:	3:15.29	32.76	1050m:	11:24.14	32.45	1800m:	19:34.83	32.97	2550m:	27:51.26	33.02
350m:	3:47.88	32.59	1100m:	11:56.56	32.42	1850m:	20:08.28	33.45	2600m:	28:24.30	33.04
400m:	4:20.85	32.97	1150m:	12:29.26	32.70	1900m:	20:40.95	32.67	2650m:	28:57.79	33.49
450m:	4:53.32	32.47	1200m:	13:01.17	31.91	1950m:	21:13.88	32.93	2700m:	29:31.34	33.55
500m:	5:25.62	32.30	1250m:	13:33.14	31.97	2000m:	21:47.20	33.32	2750m:	30:04.11	32.77
550m:	5:58.79	33.17	1300m:	14:05.69	32.55	2050m:	22:20.44	33.24	2800m:	30:37.86	33.75
600m:	6:31.32	32.53	1350m:	14:37.84	32.15	2100m:	22:53.56	33.12	2850m:	31:11.34	33.48
650m:	7:03.83	32.51	1400m:	15:10.56	32.72	2150m:	23:26.60	33.04	2900m:	31:44.52	33.18
700m:	7:36.24	32.41	1450m:	15:42.91	32.35	2200m:	23:59.51	32.91	2950m:	32:15.77	31.25
750m:	8:09.27	33.03	1500m:	16:15.72	32.81	2250m:	24:32.50	32.99	3000m:	32:45.77	30.00
3. RODRIGUEZ QUINTANA, Marc		05	C.N. Banyoles		<b>32:57.15</b>	14,00					
50m:	32.25	32.25	800m:	8:42.00	32.87	1550m:	16:53.43	33.22	2300m:	25:09.76	33.54
100m:	1:04.31	32.06	850m:	9:14.32	32.32	1600m:	17:26.83	33.40	2350m:	25:43.07	33.31
150m:	1:37.21	32.90	900m:	9:47.04	32.72	1650m:	17:59.93	33.10	2400m:	26:16.56	33.49
200m:	2:09.71	32.50	950m:	10:19.78	32.74	1700m:	18:32.68	32.75	2450m:	26:50.23	33.67
250m:	2:42.43	32.72	1000m:	10:52.43	32.65	1750m:	19:05.00	32.32	2500m:	27:24.18	33.95
300m:	3:15.16	32.73	1050m:	11:24.90	32.47	1800m:	19:38.02	33.02	2550m:	27:58.23	34.05
350m:	3:48.11	32.95	1100m:	11:57.07	32.17	1850m:	20:11.07	33.05	2600m:	28:31.93	33.70
400m:	4:20.81	32.70	1150m:	12:29.90	32.83	1900m:	20:44.15	33.08	2650m:	29:05.69	33.76
450m:	4:53.28	32.47	1200m:	13:02.65	32.75	1950m:	21:17.04	32.89	2700m:	29:39.17	33.48
500m:	5:25.99	32.71	1250m:	13:35.31	32.66	2000m:	21:50.26	33.22	2750m:	30:13.12	33.95
550m:	5:58.96	32.97	1300m:	14:07.91	32.60	2050m:	22:23.55	33.29	2800m:	30:46.40	33.28
600m:	6:31.55	32.59	1350m:	14:41.01	33.10	2100m:	22:56.49	32.94	2850m:	31:19.90	33.50
650m:	7:03.71	32.16	1400m:	15:14.16	33.15	2150m:	23:29.47	32.98	2900m:	31:53.71	33.81
700m:	7:36.14	32.43	1450m:	15:47.25	33.09	2200m:	24:02.62	33.15	2950m:	32:26.07	32.36
750m:	8:09.13	32.99	1500m:	16:20.21	32.96	2250m:	24:36.22	33.60	3000m:	32:57.15	31.08

NQ = Nedadors NO Classificats (tall no superat)



Prova 4, Masc., 3000m Lliure, Júnior 1 Fons Indoor

Classificació	ANY										Temps			
<b>4.</b>	<b>CABEZUELO AREVALO, Albert</b>										<b>04</b>	<b>A.N. Gramenet</b>	<b>32:57.79</b>	<b>13,00</b>
	50m:	30.43	30.43	800m:	8:37.56	32.92	1550m:	16:57.55	33.43	2300m:	25:17.53	33.44		
	100m:	1:01.72	31.29	850m:	9:10.53	32.97	1600m:	17:31.42	33.87	2350m:	25:50.87	33.34		
	150m:	1:33.32	31.60	900m:	9:43.87	33.34	1650m:	18:04.79	33.37	2400m:	26:24.58	33.71		
	200m:	2:05.49	32.17	950m:	10:16.81	32.94	1700m:	18:38.50	33.71	2450m:	26:58.23	33.65		
	250m:	2:37.70	32.21	1000m:	10:50.07	33.26	1750m:	19:11.87	33.37	2500m:	27:31.95	33.72		
	300m:	3:09.98	32.28	1050m:	11:23.14	33.07	1800m:	19:45.44	33.57	2550m:	28:04.89	32.94		
	350m:	3:42.49	32.51	1100m:	11:56.39	33.25	1850m:	20:18.54	33.10	2600m:	28:38.15	33.26		
	400m:	4:15.18	32.69	1150m:	12:29.37	32.98	1900m:	20:51.98	33.44	2650m:	29:11.42	33.27		
	450m:	4:47.55	32.37	1200m:	13:02.86	33.49	1950m:	21:25.19	33.21	2700m:	29:44.27	32.85		
	500m:	5:20.46	32.91	1250m:	13:36.26	33.40	2000m:	21:58.17	32.98	2750m:	30:17.27	33.00		
	550m:	5:53.04	32.58	1300m:	14:09.80	33.54	2050m:	22:31.26	33.09	2800m:	30:50.13	32.86		
	600m:	6:25.92	32.88	1350m:	14:43.29	33.49	2100m:	23:04.17	32.91	2850m:	31:22.56	32.43		
	650m:	6:58.64	32.72	1400m:	15:16.98	33.69	2150m:	23:37.54	33.37	2900m:	31:55.01	32.45		
	700m:	7:31.92	33.28	1450m:	15:50.44	33.46	2200m:	24:11.03	33.49	2950m:	32:27.04	32.03		
	750m:	8:04.64	32.72	1500m:	16:24.12	33.68	2250m:	24:44.09	33.06	3000m:	32:57.79	30.75		
<b>5.</b>	<b>FLORENCIO FERNANDEZ, Ian</b>										<b>05</b>	<b>C.N. Esplugues</b>	<b>33:05.97</b>	<b>12,00</b>
	50m:	31.48	31.48	800m:	8:39.03	32.45	1550m:	16:54.63	33.36	2300m:	25:15.72	33.33		
	100m:	1:03.69	32.21	850m:	9:11.60	32.57	1600m:	17:27.70	33.07	2350m:	25:49.21	33.49		
	150m:	1:35.64	31.95	900m:	9:44.23	32.63	1650m:	18:01.36	33.66	2400m:	26:22.86	33.65		
	200m:	2:08.14	32.50	950m:	10:16.90	32.67	1700m:	18:34.69	33.33	2450m:	26:56.39	33.53		
	250m:	2:40.53	32.39	1000m:	10:50.01	33.11	1750m:	19:08.13	33.44	2500m:	27:30.06	33.67		
	300m:	3:12.93	32.40	1050m:	11:22.69	32.68	1800m:	19:41.91	33.78	2550m:	28:04.02	33.96		
	350m:	3:45.54	32.61	1100m:	11:55.68	32.99	1850m:	20:15.47	33.56	2600m:	28:37.97	33.95		
	400m:	4:18.19	32.65	1150m:	12:28.79	33.11	1900m:	20:49.14	33.67	2650m:	29:11.71	33.74		
	450m:	4:50.70	32.51	1200m:	13:01.68	32.89	1950m:	21:22.14	33.00	2700m:	29:45.72	34.01		
	500m:	5:23.44	32.74	1250m:	13:35.33	33.65	2000m:	21:55.73	33.59	2750m:	30:19.64	33.92		
	550m:	5:56.38	32.94	1300m:	14:08.26	32.93	2050m:	22:28.47	32.74	2800m:	30:53.44	33.80		
	600m:	6:28.37	31.99	1350m:	14:41.19	32.93	2100m:	23:02.37	33.90	2850m:	31:27.14	33.70		
	650m:	7:01.43	33.06	1400m:	15:14.87	33.68	2150m:	23:35.79	33.42	2900m:	32:00.73	33.59		
	700m:	7:34.01	32.58	1450m:	15:47.89	33.02	2200m:	24:09.22	33.43	2950m:	32:33.51	32.78		
	750m:	8:06.58	32.57	1500m:	16:21.27	33.38	2250m:	24:42.39	33.17	3000m:	33:05.97	32.46		
<b>6.</b>	<b>PEREZ PUJOL, Oriol</b>										<b>05</b>	<b>C.N. Terrassa</b>	<b>34:23.33</b>	<b>11,00</b>
	50m:	31.77	31.77	800m:	9:05.70	34.49	1550m:	17:41.75	34.62	2300m:	26:20.94	34.37		
	100m:	1:05.03	33.26	850m:	9:40.27	34.57	1600m:	18:16.18	34.43	2350m:	26:55.60	34.66		
	150m:	1:39.02	33.99	900m:	10:14.97	34.70	1650m:	18:50.60	34.42	2400m:	27:30.31	34.71		
	200m:	2:13.13	34.11	950m:	10:49.35	34.38	1700m:	19:25.51	34.91	2450m:	28:04.78	34.47		
	250m:	2:47.26	34.13	1000m:	11:23.74	34.39	1750m:	20:00.44	34.93	2500m:	28:39.18	34.40		
	300m:	3:21.34	34.08	1050m:	11:58.19	34.45	1800m:	20:35.31	34.87	2550m:	29:13.56	34.38		
	350m:	3:55.74	34.40	1100m:	12:32.32	34.13	1850m:	21:09.74	34.43	2600m:	29:47.86	34.30		
	400m:	4:30.19	34.45	1150m:	13:06.65	34.33	1900m:	21:44.07	34.33	2650m:	30:22.21	34.35		
	450m:	5:04.40	34.21	1200m:	13:40.87	34.22	1950m:	22:18.60	34.53	2700m:	30:56.94	34.73		
	500m:	5:38.82	34.42	1250m:	14:15.11	34.24	2000m:	22:53.38	34.78	2750m:	31:31.64	34.70		
	550m:	6:13.30	34.48	1300m:	14:49.38	34.27	2050m:	23:28.11	34.73	2800m:	32:06.07	34.43		
	600m:	6:47.69	34.39	1350m:	15:23.75	34.37	2100m:	24:02.74	34.63	2850m:	32:40.82	34.75		
	650m:	7:22.03	34.34	1400m:	15:58.37	34.62	2150m:	24:37.37	34.63	2900m:	33:15.99	35.17		
	700m:	7:56.73	34.70	1450m:	16:32.58	34.21	2200m:	25:11.84	34.47	2950m:	33:50.29	34.30		
	750m:	8:31.21	34.48	1500m:	17:07.13	34.55	2250m:	25:46.57	34.73	3000m:	34:23.33	33.04		
<b>7.</b>	<b>MARTÍNEZ MARESMÀ, Pol</b>										<b>04</b>	<b>C.N. Mataró</b>	<b>34:29.63</b>	<b>10,00</b>
	50m:	32.32	32.32	800m:	9:03.19	34.88	1550m:	17:38.60	33.97	2300m:	26:19.81	34.94		
	100m:	1:05.16	32.84	850m:	9:38.02	34.83	1600m:	18:12.93	34.33	2350m:	26:54.13	34.32		
	150m:	1:38.54	33.38	900m:	10:12.66	34.64	1650m:	18:47.15	34.22	2400m:	27:28.93	34.80		
	200m:	2:12.83	34.29	950m:	10:47.15	34.49	1700m:	19:20.77	33.62	2450m:	28:04.19	35.26		
	250m:	2:46.97	34.14	1000m:	11:21.98	34.83	1750m:	19:56.10	35.33	2500m:	28:40.12	35.93		
	300m:	3:21.02	34.05	1050m:	11:56.62	34.64	1800m:	20:30.60	34.50	2550m:	29:15.00	34.88		
	350m:	3:54.73	33.71	1100m:	12:31.08	34.46	1850m:	21:04.92	34.32	2600m:	29:50.13	35.13		
	400m:	4:28.80	34.07	1150m:	13:05.53	34.45	1900m:	21:39.41	34.49	2650m:	30:26.06	35.93		
	450m:	5:03.08	34.28	1200m:	13:39.12	33.59	1950m:	22:14.17	34.76	2700m:	31:01.52	35.46		
	500m:	5:37.25	34.17	1250m:	14:13.69	34.57	2000m:	22:49.45	35.28	2750m:	31:37.35	35.83		
	550m:	6:11.60	34.35	1300m:	14:47.42	33.73	2050m:	23:24.51	35.06	2800m:	32:12.65	35.30		
	600m:	6:45.75	34.15	1350m:	15:21.81	34.39	2100m:	23:59.80	35.29	2850m:	32:47.49	34.84		
	650m:	7:19.21	33.46	1400m:	15:55.93	34.12	2150m:	24:35.03	35.23	2900m:	33:23.12	35.63		
	700m:	7:53.75	34.54	1450m:	16:30.30	34.37	2200m:	25:09.86	34.83	2950m:	33:58.26	35.14		
	750m:	8:28.31	34.56	1500m:	17:04.63	34.33	2250m:	25:44.87	35.01	3000m:	34:29.63	31.37		

NQ = Nedadors NO Classificats (tall no superat)

Prova 4, Masc., 3000m Lliure, Júnior 1 Fons Indoor

Classificació	ANY		Temps	
<b>8. BOTE BONELL, Josep</b>	<b>04</b>	<b>C.N. Terrassa</b>	<b>34:40.03</b>	<b>9,00</b>
50m: 31.10	31.10	800m: 9:02.43	34.53	1550m: 17:43.67
100m: 1:03.22	32.12	850m: 9:36.77	34.34	1600m: 18:19.16
150m: 1:36.59	33.37	900m: 10:11.46	34.69	1650m: 18:54.50
200m: 2:10.34	33.75	950m: 10:46.02	34.56	1700m: 19:29.60
250m: 2:44.33	33.99	1000m: 11:21.10	35.08	1750m: 20:04.60
300m: 3:18.59	34.26	1050m: 11:55.12	34.02	1800m: 20:40.28
350m: 3:52.57	33.98	1100m: 12:29.76	34.64	1850m: 21:15.90
400m: 4:26.98	34.41	1150m: 13:04.33	34.57	1900m: 21:50.88
450m: 5:01.06	34.08	1200m: 13:39.52	35.19	1950m: 22:26.12
500m: 5:35.97	34.91	1250m: 14:13.67	34.15	2000m: 23:00.97
550m: 6:09.95	33.98	1300m: 14:48.43	34.76	2050m: 23:35.48
600m: 6:44.43	34.48	1350m: 15:23.51	35.08	2100m: 24:10.33
650m: 7:18.63	34.20	1400m: 15:58.43	34.92	2150m: 24:45.24
700m: 7:53.29	34.66	1450m: 16:33.34	34.91	2200m: 25:19.94
750m: 8:27.90	34.61	1500m: 17:08.54	35.20	2250m: 25:54.86
				2300m: 26:29.80
				2350m: 27:04.97
				2400m: 27:40.63
				2450m: 28:15.69
				2500m: 28:51.24
				2550m: 29:26.13
				2600m: 30:01.60
				2650m: 30:36.56
				2700m: 31:11.88
				2750m: 31:47.08
				2800m: 32:22.43
				2850m: 32:56.87
				2900m: 33:31.96
				2950m: 34:06.45
				3000m: 34:40.03
<b>9. LLEÓ FERNANDEZ, Sergi</b>	<b>04</b>	<b>C.N. Figueres</b>	<b>35:15.78</b>	<b>8,00</b>
50m: 32.91	32.91	800m: 9:16.30	35.16	1550m: 18:04.31
100m: 1:06.95	34.04	850m: 9:51.08	34.78	1600m: 18:39.89
150m: 1:41.66	34.71	900m: 10:25.96	34.88	1650m: 19:15.09
200m: 2:16.43	34.77	950m: 11:01.35	35.39	1700m: 19:50.57
250m: 2:51.38	34.95	1000m: 11:36.35	35.00	1750m: 20:26.22
300m: 3:26.22	34.84	1050m: 12:11.08	34.73	1800m: 21:01.79
350m: 4:01.49	35.27	1100m: 12:46.23	35.15	1850m: 21:37.43
400m: 4:36.35	34.86	1150m: 13:21.25	35.02	1900m: 22:13.15
450m: 5:11.41	35.06	1200m: 13:56.63	35.38	1950m: 22:48.82
500m: 5:46.36	34.95	1250m: 14:31.95	35.32	2000m: 23:24.50
550m: 6:21.24	34.88	1300m: 15:07.44	35.49	2050m: 24:00.25
600m: 6:56.06	34.82	1350m: 15:42.62	35.18	2100m: 24:35.79
650m: 7:30.99	34.93	1400m: 16:17.54	34.92	2150m: 25:11.21
700m: 8:05.88	34.89	1450m: 16:53.08	35.54	2200m: 25:47.17
750m: 8:41.14	35.26	1500m: 17:28.80	35.72	2250m: 26:22.97
				2300m: 26:58.74
				2350m: 27:34.38
				2400m: 28:10.20
				2450m: 28:46.15
				2500m: 29:22.29
				2550m: 29:58.18
				2600m: 30:34.02
				2650m: 31:09.97
				2700m: 31:46.08
				2750m: 32:21.65
				2800m: 32:57.17
				2850m: 33:32.85
				2900m: 34:08.05
				2950m: 34:42.92
				3000m: 35:15.78
<b>10. BOOKER LARA, Oriol</b>	<b>04</b>	<b>C.N. Premià</b>	<b>35:35.68</b>	<b>7,00</b>
50m: 34.07	34.07	800m: 9:16.06	34.96	1550m: 18:10.12
100m: 1:08.40	34.33	850m: 9:50.93	34.87	1600m: 18:45.28
150m: 1:43.92	35.52	900m: 10:25.86	34.93	1650m: 19:20.71
200m: 2:19.40	35.48	950m: 11:01.16	35.30	1700m: 19:56.01
250m: 2:54.67	35.27	1000m: 11:36.69	35.53	1750m: 20:32.06
300m: 3:29.98	35.31	1050m: 12:11.95	35.26	1800m: 21:07.93
350m: 4:04.99	35.01	1100m: 12:47.78	35.83	1850m: 21:43.81
400m: 4:39.78	34.79	1150m: 13:23.53	35.75	1900m: 22:20.03
450m: 5:14.25	34.47	1200m: 13:59.19	35.66	1950m: 22:56.43
500m: 5:48.65	34.40	1250m: 14:35.17	35.98	2000m: 23:32.82
550m: 6:23.09	34.44	1300m: 15:11.32	36.15	2050m: 24:08.87
600m: 6:57.27	34.18	1350m: 15:46.72	35.40	2100m: 24:45.32
650m: 7:31.61	34.34	1400m: 16:22.64	35.92	2150m: 25:22.50
700m: 8:06.29	34.68	1450m: 16:58.31	35.67	2200m: 25:59.12
750m: 8:41.10	34.81	1500m: 17:34.88	36.57	2250m: 26:36.42
				2300m: 27:13.59
				2350m: 27:50.71
				2400m: 28:27.75
				2450m: 29:04.70
				2500m: 29:41.73
				2550m: 30:17.08
				2600m: 30:52.31
				2650m: 31:27.50
				2700m: 32:02.49
				2750m: 32:37.68
				2800m: 33:13.27
				2850m: 33:49.29
				2900m: 34:25.02
				2950m: 35:00.07
				3000m: 35:35.68
<b>11. BUSTOS FERNANDEZ, Aitor</b>	<b>04</b>	<b>C.N. Igualada</b>	<b>35:48.83</b>	<b>6,00</b>
50m: 33.94	33.94	800m: 9:21.66	35.03	1550m: 18:12.39
100m: 1:08.16	34.22	850m: 9:56.95	35.29	1600m: 18:47.92
150m: 1:43.43	35.27	900m: 10:32.10	35.15	1650m: 19:23.20
200m: 2:18.84	35.41	950m: 11:07.53	35.43	1700m: 19:58.72
250m: 2:54.17	35.33	1000m: 11:42.68	35.15	1750m: 20:34.17
300m: 3:29.49	35.32	1050m: 12:17.53	34.85	1800m: 21:09.92
350m: 4:04.63	35.14	1100m: 12:52.99	35.46	1850m: 21:45.55
400m: 4:39.89	35.26	1150m: 13:28.60	35.61	1900m: 22:21.61
450m: 5:15.24	35.35	1200m: 14:04.11	35.51	1950m: 22:57.83
500m: 5:50.43	35.19	1250m: 14:39.42	35.31	2000m: 23:33.80
550m: 6:25.74	35.31	1300m: 15:14.70	35.28	2050m: 24:09.78
600m: 7:01.06	35.32	1350m: 15:50.33	35.63	2100m: 24:46.05
650m: 7:36.46	35.40	1400m: 16:25.96	35.63	2150m: 25:22.87
700m: 8:11.76	35.30	1450m: 17:01.37	35.41	2200m: 25:59.85
750m: 8:46.63	34.87	1500m: 17:36.89	35.52	2250m: 26:36.46
				2300m: 27:13.19
				2350m: 27:50.04
				2400m: 28:26.43
				2450m: 29:03.12
				2500m: 29:40.01
				2550m: 30:16.83
				2600m: 30:53.83
				2650m: 31:31.02
				2700m: 32:08.24
				2750m: 32:45.28
				2800m: 33:22.56
				2850m: 33:59.47
				2900m: 34:37.03
				2950m: 35:13.34
				3000m: 35:48.83

NQ = Nedadors NO Classificats (tall no superat)

Prova 4, Masc., 3000m Lliure, Júnior 1 Fons Indoor

Classificació	ANY				Temps						
<b>12. RAMOS RUIZ, Toni</b>	<b>05</b>				<b>N.C. Torelló</b>				<b>35:50.20</b>	<b>5,00</b>	
50m:	33.31	33.31	800m:	9:35.22	35.87	1550m:	18:38.56	36.18	2300m:	27:43.70	35.98
100m:	1:09.10	35.79	850m:	10:10.84	35.62	1600m:	19:15.40	36.84	2350m:	28:19.51	35.81
150m:	1:45.35	36.25	900m:	10:47.06	36.22	1650m:	19:52.05	36.65	2400m:	28:54.93	35.42
200m:	2:22.24	36.89	950m:	11:22.73	35.67	1700m:	20:28.15	36.10	2450m:	29:30.72	35.79
250m:	2:59.27	37.03	1000m:	11:59.06	36.33	1750m:	21:04.65	36.50	2500m:	30:06.37	35.65
300m:	3:35.53	36.26	1050m:	12:35.33	36.27	1800m:	21:40.95	36.30	2550m:	30:41.82	35.45
350m:	4:12.17	36.64	1100m:	13:12.20	36.87	1850m:	22:17.26	36.31	2600m:	31:16.85	35.03
400m:	4:48.71	36.54	1150m:	13:48.71	36.51	1900m:	22:54.12	36.86	2650m:	31:51.61	34.76
450m:	5:24.86	36.15	1200m:	14:24.84	36.13	1950m:	23:30.43	36.31	2700m:	32:26.07	34.46
500m:	6:00.95	36.09	1250m:	15:01.07	36.23	2000m:	24:07.19	36.76	2750m:	33:00.63	34.56
550m:	6:36.80	35.85	1300m:	15:37.32	36.25	2050m:	24:43.40	36.21	2800m:	33:35.37	34.74
600m:	7:12.28	35.48	1350m:	16:14.44	37.12	2100m:	25:19.23	35.83	2850m:	34:09.54	34.17
650m:	7:48.12	35.84	1400m:	16:50.34	35.90	2150m:	25:55.01	35.78	2900m:	34:44.16	34.62
700m:	8:23.40	35.28	1450m:	17:26.58	36.24	2200m:	26:31.30	36.29	2950m:	35:18.70	34.54
750m:	8:59.35	35.95	1500m:	18:02.38	35.80	2250m:	27:07.72	36.42	3000m:	35:50.20	31.50
<b>13. CRESPO BELTRAN, Xabier</b>	<b>05</b>				<b>C.N. Reus Ploms</b>				<b>36:06.40</b>	<b>4,00</b>	
50m:	33.99	33.99	800m:	9:36.04	36.18	1550m:	18:39.19	35.58	2300m:	27:44.22	36.07
100m:	1:09.25	35.26	850m:	10:12.03	35.99	1600m:	19:15.25	36.06	2350m:	28:20.12	35.90
150m:	1:45.12	35.87	900m:	10:48.28	36.25	1650m:	19:51.42	36.17	2400m:	28:56.00	35.88
200m:	2:21.16	36.04	950m:	11:24.32	36.04	1700m:	20:28.22	36.80	2450m:	29:31.92	35.92
250m:	2:57.21	36.05	1000m:	12:00.55	36.23	1750m:	21:04.58	36.36	2500m:	30:07.64	35.72
300m:	3:33.67	36.46	1050m:	12:36.65	36.10	1800m:	21:40.71	36.13	2550m:	30:43.69	36.05
350m:	4:09.85	36.18	1100m:	13:13.00	36.35	1850m:	22:17.39	36.68	2600m:	31:19.43	35.74
400m:	4:45.69	35.84	1150m:	13:49.18	36.18	1900m:	22:54.20	36.81	2650m:	31:54.92	35.49
450m:	5:22.37	36.68	1200m:	14:25.55	36.37	1950m:	23:30.85	36.65	2700m:	32:31.89	36.97
500m:	5:59.10	36.73	1250m:	15:01.62	36.07	2000m:	24:07.75	36.90	2750m:	33:07.53	35.64
550m:	6:35.62	36.52	1300m:	15:37.91	36.29	2050m:	24:44.02	36.27	2800m:	33:43.91	36.38
600m:	7:11.74	36.12	1350m:	16:14.45	36.54	2100m:	25:19.81	35.79	2850m:	34:19.86	35.95
650m:	7:47.73	35.99	1400m:	16:50.64	36.19	2150m:	25:55.91	36.10	2900m:	34:56.34	36.48
700m:	8:23.71	35.98	1450m:	17:27.36	36.72	2200m:	26:32.00	36.09	2950m:	35:31.94	35.60
750m:	8:59.86	36.15	1500m:	18:03.61	36.25	2250m:	27:08.15	36.15	3000m:	36:06.40	34.46
<b>14. GIFREU MATILLÓ, Marc</b>	<b>04</b>				<b>C.N. Olot</b>				<b>36:25.87</b>	<b>3,00</b>	
50m:	33.42	33.42	800m:	9:35.12	36.22	1550m:	18:39.41	35.82	2300m:	27:50.55	37.02
100m:	1:08.89	35.47	850m:	10:11.03	35.91	1600m:	19:15.80	36.39	2350m:	28:27.98	37.43
150m:	1:45.40	36.51	900m:	10:47.45	36.42	1650m:	19:52.14	36.34	2400m:	29:05.21	37.23
200m:	2:22.14	36.74	950m:	11:23.29	35.84	1700m:	20:28.80	36.66	2450m:	29:42.23	37.02
250m:	2:58.64	36.50	1000m:	11:59.48	36.19	1750m:	21:05.35	36.55	2500m:	30:18.76	36.53
300m:	3:34.93	36.29	1050m:	12:35.95	36.47	1800m:	21:41.78	36.43	2550m:	30:55.74	36.98
350m:	4:10.86	35.93	1100m:	13:12.67	36.72	1850m:	22:18.24	36.46	2600m:	31:32.76	37.02
400m:	4:46.48	35.62	1150m:	13:49.40	36.73	1900m:	22:54.92	36.68	2650m:	32:09.66	36.90
450m:	5:22.67	36.19	1200m:	14:25.62	36.22	1950m:	23:31.87	36.95	2700m:	32:46.93	37.27
500m:	5:58.84	36.17	1250m:	15:01.64	36.02	2000m:	24:08.60	36.73	2750m:	33:24.26	37.33
550m:	6:34.70	35.86	1300m:	15:37.93	36.29	2050m:	24:45.33	36.73	2800m:	34:01.22	36.96
600m:	7:10.81	36.11	1350m:	16:14.65	36.72	2100m:	25:22.02	36.69	2850m:	34:38.16	36.94
650m:	7:46.83	36.02	1400m:	16:51.02	36.37	2150m:	25:59.25	37.23	2900m:	35:14.61	36.45
700m:	8:22.96	36.13	1450m:	17:27.58	36.56	2200m:	26:36.14	36.89	2950m:	35:50.22	35.61
750m:	8:58.90	35.94	1500m:	18:03.59	36.01	2250m:	27:13.53	37.39	3000m:	36:25.87	35.65
<b>15. ANSÓN BARRIENTOS, Pere</b>	<b>04</b>				<b>C.N. Figueres</b>				<b>36:39.30</b>	<b>2,00</b>	
50m:	33.64	33.64	800m:	9:28.13	35.69	1550m:	18:30.41	36.82	2300m:	27:50.95	37.86
100m:	1:08.51	34.87	850m:	10:03.95	35.82	1600m:	19:07.23	36.82	2350m:	28:28.52	37.57
150m:	1:43.73	35.22	900m:	10:39.47	35.52	1650m:	19:44.18	36.95	2400m:	29:06.72	38.20
200m:	2:19.43	35.70	950m:	11:15.34	35.87	1700m:	20:21.22	37.04	2450m:	29:44.33	37.61
250m:	2:55.30	35.87	1000m:	11:51.53	36.19	1750m:	20:58.31	37.09	2500m:	30:22.03	37.70
300m:	3:31.32	36.02	1050m:	12:27.21	35.68	1800m:	21:35.43	37.12	2550m:	31:00.28	38.25
350m:	4:07.62	36.30	1100m:	13:03.18	35.97	1850m:	22:12.88	37.45	2600m:	31:38.70	38.42
400m:	4:43.83	36.21	1150m:	13:39.24	36.06	1900m:	22:50.26	37.38	2650m:	32:16.86	38.16
450m:	5:20.20	36.37	1200m:	14:15.08	35.84	1950m:	23:27.49	37.23	2700m:	32:55.06	38.20
500m:	5:55.17	34.97	1250m:	14:51.65	36.57	2000m:	24:05.06	37.57	2750m:	33:33.21	38.15
550m:	6:30.66	35.49	1300m:	15:27.78	36.13	2050m:	24:42.52	37.46	2800m:	34:11.18	37.97
600m:	7:05.75	35.09	1350m:	16:04.12	36.34	2100m:	25:20.44	37.92	2850m:	34:48.77	37.59
650m:	7:41.39	35.64	1400m:	16:40.05	35.93	2150m:	25:57.83	37.39	2900m:	35:26.29	37.52
700m:	8:16.83	35.44	1450m:	17:16.66	36.61	2200m:	26:35.67	37.84	2950m:	36:03.89	37.60
750m:	8:52.44	35.61	1500m:	17:53.59	36.93	2250m:	27:13.09	37.42	3000m:	36:39.30	35.41

NQ = Nedadors NO Classificats (tall no superat)

Prova 4, Masc., 3000m Lliure, Júnior 1 Fons Indoor

Classificació	ANY		Temps					
16.	BLANES FRIGOLA, Aleix	04	C.E. Àgora	<b>37:18.49</b>	1,00			
	50m: 32.30	32.30	800m: 9:26.78	36.41	1550m: 18:39.68	37.15	2300m: 28:11.01	38.32
	100m: 1:05.36	33.06	850m: 10:03.49	36.71	1600m: 19:16.79	37.11	2350m: 28:49.79	38.78
	150m: 1:39.67	34.31	900m: 10:40.26	36.77	1650m: 19:54.17	37.38	2400m: 29:28.16	38.37
	200m: 2:14.66	34.99	950m: 11:17.40	37.14	1700m: 20:31.86	37.69	2450m: 30:06.36	38.20
	250m: 2:49.44	34.78	1000m: 11:54.21	36.81	1750m: 21:09.79	37.93	2500m: 30:45.26	38.90
	300m: 3:24.92	35.48	1050m: 12:30.93	36.72	1800m: 21:47.80	38.01	2550m: 31:24.77	39.51
	350m: 4:00.09	35.17	1100m: 13:07.75	36.82	1850m: 22:26.02	38.22	2600m: 32:04.22	39.45
	400m: 4:35.27	35.18	1150m: 13:44.52	36.77	1900m: 23:04.24	38.22	2650m: 32:43.80	39.58
	450m: 5:11.02	35.75	1200m: 14:21.72	37.20	1950m: 23:42.00	37.76	2700m: 33:23.79	39.99
	500m: 5:47.31	36.29	1250m: 14:58.56	36.84	2000m: 24:20.40	38.40	2750m: 34:03.61	39.82
	550m: 6:23.29	35.98	1300m: 15:35.51	36.95	2050m: 24:58.84	38.44	2800m: 34:42.89	39.28
	600m: 7:00.08	36.79	1350m: 16:12.25	36.74	2100m: 25:37.79	38.95	2850m: 35:22.15	39.26
	650m: 7:36.33	36.25	1400m: 16:48.12	35.87	2150m: 26:16.52	38.73	2900m: 36:01.91	39.76
	700m: 8:13.38	37.05	1450m: 17:25.26	37.14	2200m: 26:55.11	38.59	2950m: 36:40.80	38.89
	750m: 8:50.37	36.99	1500m: 18:02.53	37.27	2250m: 27:32.69	37.58	3000m: 37:18.49	37.69
BX	FANLO TORREMADE, Pau	04	C.N. Mataró	-				
BX	TEIXEIRA PEREIRA, Kevin	05	Fed Andorrana	-				

Júnior 2 Fons Indoor

1.	YAGÜES ESCRIBA, Pol	02	C.N. Sabadell	<b>32:21.34</b>	19,00			
	50m: 31.18	31.18	800m: 8:32.18	32.39	1550m: 16:35.52	32.42	2300m: 24:43.99	32.92
	100m: 1:02.89	31.71	850m: 9:04.51	32.33	1600m: 17:08.05	32.53	2350m: 25:16.57	32.58
	150m: 1:34.89	32.00	900m: 9:36.56	32.05	1650m: 17:40.33	32.28	2400m: 25:49.24	32.67
	200m: 2:06.98	32.09	950m: 10:08.48	31.92	1700m: 18:12.78	32.45	2450m: 26:22.15	32.91
	250m: 2:39.23	32.25	1000m: 10:40.72	32.24	1750m: 18:45.11	32.33	2500m: 26:54.98	32.83
	300m: 3:11.25	32.02	1050m: 11:13.26	32.54	1800m: 19:17.51	32.40	2550m: 27:27.38	32.40
	350m: 3:43.35	32.10	1100m: 11:45.34	32.08	1850m: 19:49.84	32.33	2600m: 27:59.84	32.46
	400m: 4:15.19	31.84	1150m: 12:17.46	32.12	1900m: 20:22.48	32.64	2650m: 28:32.27	32.43
	450m: 4:47.37	32.18	1200m: 12:49.46	32.00	1950m: 20:55.00	32.52	2700m: 29:05.12	32.85
	500m: 5:19.36	31.99	1250m: 13:21.67	32.21	2000m: 21:27.93	32.93	2750m: 29:38.10	32.98
	550m: 5:51.35	31.99	1300m: 13:54.08	32.41	2050m: 22:00.62	32.69	2800m: 30:10.89	32.79
	600m: 6:23.60	32.25	1350m: 14:26.23	32.15	2100m: 22:33.24	32.62	2850m: 30:43.57	32.68
	650m: 6:55.68	32.08	1400m: 14:58.46	32.23	2150m: 23:06.00	32.76	2900m: 31:16.37	32.80
	700m: 7:27.75	32.07	1450m: 15:30.84	32.38	2200m: 23:38.52	32.52	2950m: 31:49.71	33.34
	750m: 7:59.79	32.04	1500m: 16:03.10	32.26	2250m: 24:11.07	32.55	3000m: 32:21.34	31.63
2.	MORALES CEBEY, Hector	02	C.N. Granollers	<b>33:28.52</b>	16,00			
	50m: 31.74	31.74	800m: 8:39.36	33.02	1550m: 17:05.47	34.11	2300m: 25:37.45	34.40
	100m: 1:03.52	31.78	850m: 9:12.65	33.29	1600m: 17:39.17	33.70	2350m: 26:12.20	34.75
	150m: 1:35.66	32.14	900m: 9:46.03	33.38	1650m: 18:13.32	34.15	2400m: 26:46.87	34.67
	200m: 2:07.98	32.32	950m: 10:19.77	33.74	1700m: 18:47.62	34.30	2450m: 27:21.42	34.55
	250m: 2:40.64	32.66	1000m: 10:53.48	33.71	1750m: 19:21.81	34.19	2500m: 27:55.58	34.16
	300m: 3:12.91	32.27	1050m: 11:27.09	33.61	1800m: 19:55.91	34.10	2550m: 28:29.65	34.07
	350m: 3:45.25	32.34	1100m: 12:00.81	33.72	1850m: 20:29.96	34.05	2600m: 29:03.46	33.81
	400m: 4:17.75	32.50	1150m: 12:34.52	33.71	1900m: 21:04.20	34.24	2650m: 29:37.15	33.69
	450m: 4:50.31	32.56	1200m: 13:08.30	33.78	1950m: 21:38.26	34.06	2700m: 30:11.17	34.02
	500m: 5:22.68	32.37	1250m: 13:41.98	33.68	2000m: 22:12.21	33.95	2750m: 30:44.57	33.40
	550m: 5:55.31	32.63	1300m: 14:15.74	33.76	2050m: 22:46.14	33.93	2800m: 31:17.45	32.88
	600m: 6:28.03	32.72	1350m: 14:49.63	33.89	2100m: 23:20.13	33.99	2850m: 31:50.69	33.24
	650m: 7:00.77	32.74	1400m: 15:23.58	33.95	2150m: 23:54.14	34.01	2900m: 32:23.99	33.30
	700m: 7:33.61	32.84	1450m: 15:57.36	33.78	2200m: 24:28.48	34.34	2950m: 32:56.87	32.88
	750m: 8:06.34	32.73	1500m: 16:31.36	34.00	2250m: 25:03.05	34.57	3000m: 33:28.52	31.65
3.	LIRES SUELDO, Manuel	02	C.N. Barcelona	<b>34:03.19</b>	14,00			
	50m: 32.89	32.89	600m: 6:40.38	33.40	1150m: 12:51.32	34.05	1700m: 19:09.32	34.44
	100m: 1:06.16	33.27	650m: 7:13.76	33.38	1200m: 13:25.66	34.34	1750m: 19:44.22	34.90
	150m: 1:39.01	32.85	700m: 7:47.14	33.38	1250m: 13:59.56	33.90	1800m: 20:18.98	34.76
	200m: 2:12.39	33.38	750m: 8:20.90	33.76	1300m: 14:33.78	34.22	1850m: 20:53.53	34.55
	250m: 2:46.09	33.70	800m: 8:54.39	33.49	1350m: 15:08.14	34.36	1900m: 21:28.49	34.96
	300m: 3:19.55	33.46	850m: 9:28.18	33.79	1400m: 15:42.70	34.56	1950m: 22:03.28	34.79
	350m: 3:52.88	33.33	900m: 10:01.90	33.72	1450m: 16:17.37	34.67	2000m: 22:37.97	34.69
	400m: 4:26.23	33.35	950m: 10:35.58	33.68	1500m: 16:51.75	34.38	2050m: 23:12.83	34.86
	450m: 5:00.01	33.78	1000m: 11:09.62	34.04	1550m: 17:26.52	34.77	2100m: 23:47.76	34.93
	500m: 5:33.50	33.49	1050m: 11:43.54	33.92	1600m: 18:00.57	34.05	2150m: 24:23.38	35.62
	550m: 6:06.98	33.48	1100m: 12:17.27	33.73	1650m: 18:34.88	34.31	2200m: 24:58.25	34.87

NQ = Nedadors NO Classificats (tall no superat)

Prova 4, Masc., 3000m Lliure, Júnior 2 Fons Indoor

Classificació	ANY								Temps			
	2250m: 25:33.06	34.81	2450m: 27:52.82	34.80	2650m: 30:08.55	33.88	2850m: 32:24.39	34.11				
	2300m: 26:07.96	34.90	2500m: 28:27.12	34.30	2700m: 30:42.61	34.06	2900m: 32:58.17	33.78				
	2350m: 26:42.79	34.83	2550m: 29:01.34	34.22	2750m: 31:16.63	34.02	2950m: 33:32.21	34.04				
	2400m: 27:18.02	35.23	2600m: 29:34.67	33.33	2800m: 31:50.28	33.65	3000m: 34:03.19	30.98				
<b>4.</b>	<b>YEGRES COTTIN, Andres</b>								<b>02</b>	<b>C.N. Barcelona</b>	<b>34:12.69</b>	<b>13,00</b>
	50m: 31.71	31.71	800m: 8:51.44	33.18	1550m: 17:17.38	33.79	2300m: 26:00.55	35.68				
	100m: 1:04.60	32.89	850m: 9:25.23	33.79	1600m: 17:51.66	34.28	2350m: 26:36.18	35.63				
	150m: 1:37.85	33.25	900m: 9:58.73	33.50	1650m: 18:25.91	34.25	2400m: 27:11.46	35.28				
	200m: 2:11.39	33.54	950m: 10:32.21	33.48	1700m: 19:00.18	34.27	2450m: 27:46.78	35.32				
	250m: 2:44.79	33.40	1000m: 11:05.60	33.39	1750m: 19:34.17	33.99	2500m: 28:22.62	35.84				
	300m: 3:17.97	33.18	1050m: 11:38.04	32.44	1800m: 20:08.58	34.41	2550m: 28:57.80	35.18				
	350m: 3:51.69	33.72	1100m: 12:11.32	33.28	1850m: 20:42.80	34.22	2600m: 29:32.89	35.09				
	400m: 4:25.22	33.53	1150m: 12:45.05	33.73	1900m: 21:17.16	34.36	2650m: 30:08.20	35.31				
	450m: 4:58.71	33.49	1200m: 13:19.09	34.04	1950m: 21:52.14	34.98	2700m: 30:43.81	35.61				
	500m: 5:32.02	33.31	1250m: 13:53.12	34.03	2000m: 22:27.24	35.10	2750m: 31:20.19	36.38				
	550m: 6:05.58	33.56	1300m: 14:27.05	33.93	2050m: 23:02.65	35.41	2800m: 31:56.43	36.24				
	600m: 6:38.66	33.08	1350m: 15:00.87	33.82	2100m: 23:38.04	35.39	2850m: 32:32.71	36.28				
	650m: 7:12.00	33.34	1400m: 15:34.93	34.06	2150m: 24:13.43	35.39	2900m: 33:06.90	34.19				
	700m: 7:45.22	33.22	1450m: 16:09.24	34.31	2200m: 24:49.12	35.69	2950m: 33:41.59	34.69				
	750m: 8:18.26	33.04	1500m: 16:43.59	34.35	2250m: 25:24.87	35.75	3000m: 34:12.69	31.10				
<b>5.</b>	<b>REYES VALENZUELA, Abel</b>								<b>03</b>	<b>C.N. Mataró</b>	<b>34:17.66</b>	<b>12,00</b>
	50m: 31.56	31.56	800m: 8:56.45	33.90	1550m: 17:37.71	34.83	2300m: 26:19.01	34.74				
	100m: 1:04.50	32.94	850m: 9:30.71	34.26	1600m: 18:12.28	34.57	2350m: 26:53.56	34.55				
	150m: 1:38.37	33.87	900m: 10:05.21	34.50	1650m: 18:47.01	34.73	2400m: 27:28.31	34.75				
	200m: 2:11.93	33.56	950m: 10:39.60	34.39	1700m: 19:21.97	34.96	2450m: 28:02.98	34.67				
	250m: 2:45.53	33.60	1000m: 11:14.31	34.71	1750m: 19:57.17	35.20	2500m: 28:38.11	35.13				
	300m: 3:19.20	33.67	1050m: 11:49.09	34.78	1800m: 20:32.11	34.94	2550m: 29:11.64	33.53				
	350m: 3:52.94	33.74	1100m: 12:23.89	34.80	1850m: 21:06.51	34.40	2600m: 29:45.67	34.03				
	400m: 4:26.36	33.42	1150m: 12:58.46	34.57	1900m: 21:41.43	34.92	2650m: 30:19.41	33.74				
	450m: 4:59.91	33.55	1200m: 13:33.27	34.81	1950m: 22:16.51	35.08	2700m: 30:53.27	33.86				
	500m: 5:33.65	33.74	1250m: 14:08.01	34.74	2000m: 22:51.62	35.11	2750m: 31:27.77	34.50				
	550m: 6:07.14	33.49	1300m: 14:42.79	34.78	2050m: 23:26.22	34.60	2800m: 32:02.11	34.34				
	600m: 6:40.85	33.71	1350m: 15:17.95	35.16	2100m: 24:00.57	34.35	2850m: 32:36.64	34.53				
	650m: 7:14.75	33.90	1400m: 15:53.15	35.20	2150m: 24:34.74	34.17	2900m: 33:11.01	34.37				
	700m: 7:48.83	34.08	1450m: 16:27.96	34.81	2200m: 25:09.50	34.76	2950m: 33:44.43	33.42				
	750m: 8:22.55	33.72	1500m: 17:02.88	34.92	2250m: 25:44.27	34.77	3000m: 34:17.66	33.23				
<b>6.</b>	<b>HOOGSTEDER RIERA, Nick</b>								<b>03</b>	<b>C.N. Banyoles</b>	<b>34:41.67</b>	<b>11,00</b>
	50m: 33.70	33.70	800m: 9:08.17	34.44	1550m: 17:48.46	34.57	2300m: 26:33.19	35.11				
	100m: 1:07.34	33.64	850m: 9:42.30	34.13	1600m: 18:23.34	34.88	2350m: 27:08.17	34.98				
	150m: 1:41.24	33.90	900m: 10:16.80	34.50	1650m: 18:58.18	34.84	2400m: 27:43.08	34.91				
	200m: 2:15.47	34.23	950m: 10:51.16	34.36	1700m: 19:33.18	35.00	2450m: 28:18.26	35.18				
	250m: 2:49.73	34.26	1000m: 11:25.57	34.41	1750m: 20:08.14	34.96	2500m: 28:53.02	34.76				
	300m: 3:24.47	34.74	1050m: 12:00.29	34.72	1800m: 20:43.03	34.89	2550m: 29:28.14	35.12				
	350m: 3:58.86	34.39	1100m: 12:35.06	34.77	1850m: 21:18.29	35.26	2600m: 30:03.22	35.08				
	400m: 4:33.27	34.41	1150m: 13:09.65	34.59	1900m: 21:53.24	34.95	2650m: 30:38.38	35.16				
	450m: 5:07.74	34.47	1200m: 13:44.67	35.02	1950m: 22:28.42	35.18	2700m: 31:13.75	35.37				
	500m: 5:41.77	34.03	1250m: 14:19.83	35.16	2000m: 23:03.41	34.99	2750m: 31:48.70	34.95				
	550m: 6:16.00	34.23	1300m: 14:54.61	34.78	2050m: 23:38.41	35.00	2800m: 32:23.65	34.95				
	600m: 6:50.56	34.56	1350m: 15:29.22	34.61	2100m: 24:13.32	34.91	2850m: 32:58.46	34.81				
	650m: 7:25.17	34.61	1400m: 16:04.05	34.83	2150m: 24:48.41	35.09	2900m: 33:33.09	34.63				
	700m: 7:59.57	34.40	1450m: 16:38.99	34.94	2200m: 25:23.41	35.00	2950m: 34:07.61	34.52				
	750m: 8:33.73	34.16	1500m: 17:13.89	34.90	2250m: 25:58.08	34.67	3000m: 34:41.67	34.06				
<b>7.</b>	<b>COLOMER JIMENEZ, Arnau</b>								<b>03</b>	<b>C.N. Granollers</b>	<b>34:46.97</b>	<b>10,00</b>
	50m: 31.47	31.47	650m: 7:04.66	34.39	1250m: 14:05.47	34.01	1850m: 21:22.94	36.61				
	100m: 1:03.16	31.69	700m: 7:39.10	34.44	1300m: 14:41.34	35.87	1900m: 21:59.81	36.87				
	150m: 1:35.32	32.16	750m: 8:13.93	34.83	1350m: 15:18.26	36.92	1950m: 22:35.60	35.79				
	200m: 2:07.50	32.18	800m: 8:49.33	35.40	1400m: 15:54.68	36.42	2000m: 23:11.54	35.94				
	250m: 2:39.59	32.09	850m: 9:23.40	34.07	1450m: 16:30.97	36.29	2050m: 23:46.60	35.06				
	300m: 3:12.44	32.85	900m: 9:58.55	35.15	1500m: 17:07.56	36.59	2100m: 24:22.26	35.66				
	350m: 3:45.00	32.56	950m: 10:33.63	35.08	1550m: 17:43.88	36.32	2150m: 24:57.13	34.87				
	400m: 4:17.66	32.66	1000m: 11:09.14	35.51	1600m: 18:19.85	35.97	2200m: 25:32.07	34.94				
	450m: 4:50.36	32.70	1050m: 11:44.76	35.62	1650m: 18:56.21	36.36	2250m: 26:06.68	34.61				
	500m: 5:23.15	32.79	1100m: 12:20.20	35.44	1700m: 19:33.10	36.89	2300m: 26:41.21	34.53				
	550m: 5:56.54	33.39	1150m: 12:55.82	35.62	1750m: 20:09.89	36.79	2350m: 27:16.33	35.12				
	600m: 6:30.27	33.73	1200m: 13:31.46	35.64	1800m: 20:46.33	36.44	2400m: 27:51.65	35.32				

NQ = Nedadors NO Classificats (tall no superat)



Prova 4, Masc., 3000m Lliure, Júnior 2 Fons Indoor

Classificació	ANY				Temps						
2450m:	28:27.65	36.00	2600m:	30:13.57	35.12	2750m:	31:58.52	35.07	2900m:	33:40.60	33.91
2500m:	29:03.06	35.41	2650m:	30:48.70	35.13	2800m:	32:33.49	34.97	2950m:	34:14.42	33.82
2550m:	29:38.45	35.39	2700m:	31:23.45	34.75	2850m:	33:06.69	33.20	3000m:	34:46.97	32.55
<b>8. GOMEZ MARTINEZ, Sergi</b>	<b>03 C.N. Premià</b>				<b>35:10.31 9,00</b>						
50m:	33.61	33.61	800m:	9:20.46	34.70	1550m:	17:59.89	34.53	2300m:	26:52.14	34.95
100m:	1:08.29	34.68	850m:	9:55.16	34.70	1600m:	18:34.38	34.49	2350m:	27:27.83	35.69
150m:	1:43.62	35.33	900m:	10:29.71	34.55	1650m:	19:09.61	35.23	2400m:	28:03.78	35.95
200m:	2:19.16	35.54	950m:	11:04.63	34.92	1700m:	19:44.43	34.82	2450m:	28:39.44	35.66
250m:	2:54.47	35.31	1000m:	11:38.59	33.96	1750m:	20:19.68	35.25	2500m:	29:15.59	36.15
300m:	3:29.86	35.39	1050m:	12:13.20	34.61	1800m:	20:54.55	34.87	2550m:	29:51.18	35.59
350m:	4:05.09	35.23	1100m:	12:47.91	34.71	1850m:	21:29.87	35.32	2600m:	30:26.98	35.80
400m:	4:40.16	35.07	1150m:	13:22.77	34.86	1900m:	22:04.94	35.07	2650m:	31:02.79	35.81
450m:	5:15.29	35.13	1200m:	13:57.62	34.85	1950m:	22:40.15	35.21	2700m:	31:38.22	35.43
500m:	5:50.36	35.07	1250m:	14:32.04	34.42	2000m:	23:15.47	35.32	2750m:	32:13.45	35.23
550m:	6:25.54	35.18	1300m:	15:06.79	34.75	2050m:	23:51.19	35.72	2800m:	32:48.64	35.19
600m:	7:00.61	35.07	1350m:	15:41.52	34.73	2100m:	24:26.42	35.23	2850m:	33:24.19	35.55
650m:	7:36.00	35.39	1400m:	16:16.05	34.53	2150m:	25:01.93	35.51	2900m:	33:59.13	34.94
700m:	8:10.85	34.85	1450m:	16:50.62	34.57	2200m:	25:37.40	35.47	2950m:	34:36.27	37.14
750m:	8:45.76	34.91	1500m:	17:25.36	34.74	2250m:	26:17.19	39.79	3000m:	35:10.31	34.04
<b>9. CASADO GARRIGUES, Manel</b>	<b>03 C.N. Mataró</b>				<b>35:51.13 8,00</b>						
50m:	32.29	32.29	800m:	9:12.66	35.99	1550m:	18:20.40	36.98	2300m:	27:24.70	35.63
100m:	1:05.81	33.52	850m:	9:49.00	36.34	1600m:	18:56.98	36.58	2350m:	28:00.93	36.23
150m:	1:40.13	34.32	900m:	10:25.40	36.40	1650m:	19:33.50	36.52	2400m:	28:37.32	36.39
200m:	2:14.34	34.21	950m:	11:01.59	36.19	1700m:	20:09.86	36.36	2450m:	29:13.84	36.52
250m:	2:48.69	34.35	1000m:	11:37.63	36.04	1750m:	20:45.96	36.10	2500m:	29:50.62	36.78
300m:	3:23.07	34.38	1050m:	12:13.80	36.17	1800m:	21:22.85	36.89	2550m:	30:27.42	36.80
350m:	3:57.51	34.44	1100m:	12:50.15	36.35	1850m:	21:59.08	36.23	2600m:	31:03.98	36.56
400m:	4:31.98	34.47	1150m:	13:26.71	36.56	1900m:	22:35.47	36.39	2650m:	31:40.74	36.76
450m:	5:06.14	34.16	1200m:	14:03.56	36.85	1950m:	23:12.14	36.67	2700m:	32:17.31	36.57
500m:	5:40.90	34.76	1250m:	14:40.19	36.63	2000m:	23:48.53	36.39	2750m:	32:53.31	36.00
550m:	6:15.69	34.79	1300m:	15:16.99	36.80	2050m:	24:25.11	36.58	2800m:	33:29.49	36.18
600m:	6:50.44	34.75	1350m:	15:53.83	36.84	2100m:	25:01.40	36.29	2850m:	34:05.79	36.30
650m:	7:25.61	35.17	1400m:	16:30.39	36.56	2150m:	25:37.61	36.21	2900m:	34:41.63	35.84
700m:	8:01.06	35.45	1450m:	17:06.73	36.34	2200m:	26:13.30	35.69	2950m:	35:17.10	35.47
750m:	8:36.67	35.61	1500m:	17:43.42	36.69	2250m:	26:49.07	35.77	3000m:	35:51.13	34.03
<b>10. FILOSO GARCIA, Alonso</b>	<b>02 C.E. Mediterrani</b>				<b>36:03.39 7,00</b>						
50m:	32.26	32.26	800m:	9:05.74	35.92	1550m:	18:11.12	36.23	2300m:	27:24.87	37.25
100m:	1:05.31	33.05	850m:	9:42.05	36.31	1600m:	18:47.12	36.00	2350m:	28:02.25	37.38
150m:	1:38.81	33.50	900m:	10:17.81	35.76	1650m:	19:23.73	36.61	2400m:	28:39.49	37.24
200m:	2:12.35	33.54	950m:	10:53.58	35.77	1700m:	20:00.43	36.70	2450m:	29:16.75	37.26
250m:	2:46.09	33.74	1000m:	11:29.65	36.07	1750m:	20:36.81	36.38	2500m:	29:53.84	37.09
300m:	3:19.60	33.51	1050m:	12:06.06	36.41	1800m:	21:13.52	36.71	2550m:	30:30.80	36.96
350m:	3:53.18	33.58	1100m:	12:42.36	36.30	1850m:	21:49.84	36.32	2600m:	31:07.86	37.06
400m:	4:26.63	33.45	1150m:	13:18.65	36.29	1900m:	22:27.12	37.28	2650m:	31:45.24	37.38
450m:	5:00.30	33.67	1200m:	13:55.07	36.42	1950m:	23:04.57	37.45	2700m:	32:22.13	36.89
500m:	5:34.32	34.02	1250m:	14:31.81	36.74	2000m:	23:41.56	36.99	2750m:	32:59.28	37.15
550m:	6:08.96	34.64	1300m:	15:08.17	36.36	2050m:	24:18.46	36.90	2800m:	33:36.48	37.20
600m:	6:43.90	34.94	1350m:	15:44.50	36.33	2100m:	24:55.11	36.65	2850m:	34:13.97	37.49
650m:	7:19.00	35.10	1400m:	16:21.53	37.03	2150m:	25:32.74	37.63	2900m:	34:50.95	36.98
700m:	7:54.52	35.52	1450m:	16:58.22	36.69	2200m:	26:10.30	37.56	2950m:	35:27.39	36.44
750m:	8:29.82	35.30	1500m:	17:34.89	36.67	2250m:	26:47.62	37.32	3000m:	36:03.39	36.00
<b>11. SALVATELLA ESTANY, Pau</b>	<b>03 C.N. Banyoles</b>				<b>36:12.82 6,00</b>						
50m:	33.76	33.76	700m:	8:13.72	35.91	1350m:	16:01.50	36.41	2000m:	23:57.61	37.03
100m:	1:08.66	34.90	750m:	8:49.48	35.76	1400m:	16:38.21	36.71	2050m:	24:34.01	36.40
150m:	1:43.60	34.94	800m:	9:25.39	35.91	1450m:	17:14.74	36.53	2100m:	25:10.31	36.30
200m:	2:18.45	34.85	850m:	10:01.03	35.64	1500m:	17:51.16	36.42	2150m:	25:47.12	36.81
250m:	2:53.55	35.10	900m:	10:37.12	36.09	1550m:	18:27.83	36.67	2200m:	26:23.95	36.83
300m:	3:29.01	35.46	950m:	11:12.92	35.80	1600m:	19:04.26	36.43	2250m:	27:00.58	36.63
350m:	4:04.43	35.42	1000m:	11:48.98	36.06	1650m:	19:40.81	36.55	2300m:	27:37.56	36.98
400m:	4:39.93	35.50	1050m:	12:24.58	35.60	1700m:	20:17.11	36.30	2350m:	28:14.50	36.94
450m:	5:15.54	35.61	1100m:	13:00.68	36.10	1750m:	20:53.59	36.48	2400m:	28:51.31	36.81
500m:	5:50.98	35.44	1150m:	13:36.34	35.66	1800m:	21:30.04	36.45	2450m:	29:28.41	37.10
550m:	6:26.43	35.45	1200m:	14:12.47	36.13	1850m:	22:07.05	37.01	2500m:	30:05.65	37.24
600m:	7:02.30	35.87	1250m:	14:48.64	36.17	1900m:	22:43.63	36.58	2550m:	30:42.41	36.76
650m:	7:37.81	35.51	1300m:	15:25.09	36.45	1950m:	23:20.58	36.95	2600m:	31:19.44	37.03

NQ = Nedadors NO Classificats (tall no superat)



Prova 4, Masc., 3000m Lliure, Júnior 2 Fons Indoor

Classificació	ANY		Temps								
2650m:	31:56.66	37.22	2750m:	33:10.43	36.95	2850m:	34:23.97	36.64	2950m:	35:37.48	36.57
2700m:	32:33.48	36.82	2800m:	33:47.33	36.90	2900m:	35:00.91	36.94	3000m:	36:12.82	35.34
<b>12.</b>	<b>GALVEZ FRAILE, Joel</b>		<b>03</b>	<b>G.E.N. Roses</b>		<b>36:55.07</b>		<b>5,00</b>			
50m:	33.63	33.63	800m:	9:30.77	36.37	1550m:	18:43.24	37.98	2300m:	28:09.54	37.87
100m:	1:07.85	34.22	850m:	10:07.23	36.46	1600m:	19:21.87	38.63	2350m:	28:47.56	38.02
150m:	1:42.45	34.60	900m:	10:43.45	36.22	1650m:	19:58.97	37.10	2400m:	29:25.46	37.90
200m:	2:17.61	35.16	950m:	11:19.98	36.53	1700m:	20:38.43	39.46	2450m:	30:03.04	37.58
250m:	2:52.74	35.13	1000m:	11:56.64	36.66	1750m:	21:15.55	37.12	2500m:	30:40.85	37.81
300m:	3:28.41	35.67	1050m:	12:33.36	36.72	1800m:	21:52.88	37.33	2550m:	31:18.29	37.44
350m:	4:04.31	35.90	1100m:	13:10.12	36.76	1850m:	22:30.34	37.46	2600m:	31:55.53	37.24
400m:	4:40.49	36.18	1150m:	13:47.03	36.91	1900m:	23:07.94	37.60	2650m:	32:32.96	37.43
450m:	5:16.72	36.23	1200m:	14:24.00	36.97	1950m:	23:45.63	37.69	2700m:	33:10.22	37.26
500m:	5:52.82	36.10	1250m:	15:00.64	36.64	2000m:	24:23.38	37.75	2750m:	33:48.23	38.01
550m:	6:29.21	36.39	1300m:	15:37.23	36.59	2050m:	25:00.66	37.28	2800m:	34:26.04	37.81
600m:	7:05.42	36.21	1350m:	16:14.28	37.05	2100m:	25:38.18	37.52	2850m:	35:03.65	37.61
650m:	7:41.94	36.52	1400m:	16:51.13	36.85	2150m:	26:16.10	37.92	2900m:	35:41.15	37.50
700m:	8:18.28	36.34	1450m:	17:28.18	37.05	2200m:	26:53.86	37.76	2950m:	36:18.45	37.30
750m:	8:54.40	36.12	1500m:	18:05.26	37.08	2250m:	27:31.67	37.81	3000m:	36:55.07	36.62
<b>13.</b>	<b>AVELLANEDA RODRIGUEZ, Adrian</b>		<b>02</b>	<b>C.N. Cornellà</b>		<b>37:32.29</b>		<b>4,00</b>			
50m:	34.31	34.31	800m:	9:33.59	36.00	1550m:	18:48.77	37.84	2300m:	28:29.34	38.02
100m:	1:09.30	34.99	850m:	10:10.41	36.82	1600m:	19:26.87	38.10	2350m:	29:08.83	39.49
150m:	1:45.33	36.03	900m:	10:46.38	35.97	1650m:	20:05.03	38.16	2400m:	29:48.53	39.70
200m:	2:21.50	36.17	950m:	11:22.41	36.03	1700m:	20:43.88	38.85	2450m:	30:26.76	38.23
250m:	2:58.22	36.72	1000m:	11:58.79	36.38	1750m:	21:23.48	39.60	2500m:	31:06.09	39.33
300m:	3:34.04	35.82	1050m:	12:36.32	37.53	1800m:	22:01.45	37.97	2550m:	31:44.70	38.61
350m:	4:10.25	36.21	1100m:	13:12.83	36.51	1850m:	22:40.93	39.48	2600m:	32:23.06	38.36
400m:	4:44.84	34.59	1150m:	13:49.45	36.62	1900m:	23:20.36	39.43	2650m:	33:01.72	38.66
450m:	5:20.35	35.51	1200m:	14:25.97	36.52	1950m:	23:59.33	38.97	2700m:	33:40.12	38.40
500m:	5:56.47	36.12	1250m:	15:03.01	37.04	2000m:	24:36.92	37.59	2750m:	34:18.88	38.76
550m:	6:32.73	36.26	1300m:	15:39.25	36.24	2050m:	25:15.48	38.56	2800m:	34:57.93	39.05
600m:	7:09.13	36.40	1350m:	16:16.76	37.51	2100m:	25:55.38	39.90	2850m:	35:36.76	38.83
650m:	7:44.81	35.68	1400m:	16:54.94	38.18	2150m:	26:34.27	38.89	2900m:	36:15.57	38.81
700m:	8:20.94	36.13	1450m:	17:32.80	37.86	2200m:	27:13.14	38.87	2950m:	36:54.59	39.02
750m:	8:57.59	36.65	1500m:	18:10.93	38.13	2250m:	27:51.32	38.18	3000m:	37:32.29	37.70
<b>14.</b>	<b>MUÑOZ MORENO, Egoitz</b>		<b>03</b>	<b>C.N. Barcelona</b>		<b>37:58.27</b>		<b>3,00</b>			
50m:	32.39	32.39	800m:	9:46.78	38.12	1550m:	19:17.86	35.27	2300m:	28:59.57	38.83
100m:	1:06.98	34.59	850m:	10:24.69	37.91	1600m:	19:55.73	37.87	2350m:	29:37.98	38.41
150m:	1:43.19	36.21	900m:	11:02.80	38.11	1650m:	20:34.38	38.65	2400m:	30:17.00	39.02
200m:	2:18.95	35.76	950m:	11:40.71	37.91	1700m:	21:13.28	38.90	2450m:	30:55.99	38.99
250m:	2:55.61	36.66	1000m:	12:19.43	38.72	1750m:	21:52.26	38.98	2500m:	31:34.72	38.73
300m:	3:32.12	36.51	1050m:	12:57.75	38.32	1800m:	22:31.01	38.75	2550m:	32:13.38	38.66
350m:	4:09.06	36.94	1100m:	13:35.62	37.87	1850m:	23:10.12	39.11	2600m:	32:52.65	39.27
400m:	4:45.99	36.93	1150m:	14:14.14	38.52	1900m:	23:49.15	39.03	2650m:	33:31.82	39.17
450m:	5:23.28	37.29	1200m:	14:52.24	38.10	1950m:	24:28.83	39.68	2700m:	34:10.73	38.91
500m:	6:00.87	37.59	1250m:	15:30.50	38.26	2000m:	25:08.16	39.33	2750m:	34:49.43	38.70
550m:	6:37.88	37.01	1300m:	16:08.56	38.06	2050m:	25:46.01	37.85	2800m:	35:28.16	38.73
600m:	7:15.34	37.46	1350m:	16:47.13	38.57	2100m:	26:24.10	38.09	2850m:	36:06.66	38.50
650m:	7:53.04	37.70	1400m:	17:25.74	38.61	2150m:	27:03.13	39.03	2900m:	36:44.34	37.68
700m:	8:30.54	37.50	1450m:	18:04.51	38.77	2200m:	27:41.82	38.69	2950m:	37:21.23	36.89
750m:	9:08.66	38.12	1500m:	18:42.59	38.08	2250m:	28:20.74	38.92	3000m:	37:58.27	37.04
<b>BX</b>	<b>SALLENT ARRANZ, Eric</b>		<b>03</b>	<b>C.N. Barcelona</b>							
<b>BX</b>	<b>FERNANDEZ I THOMAS, Marçal</b>		<b>03</b>	<b>C.N. Barcelona</b>							
<b>BX</b>	<b>COSTABELLA MORENO, Agustí</b>		<b>03</b>	<b>C.N. Barcelona</b>							

Absolut Fons Indoor

NQ = Nedadors NO Classificats (tall no superat)

Prova 4, Masc., 3000m Lliure, Absolut Fons Indoor

Classificació	ANY		Temps				
<b>1. PUJOL BELMONTE, Guillem</b>	<b>97</b>	<b>C.N. Mataró</b>	<b>31:35.21</b>	<b>19,00</b>			
50m: 28.90	28.90	800m: 8:12.25	31.57	1550m: 16:06.91	31.87	2300m: 24:07.38	32.21
100m: 58.83	29.93	850m: 8:43.43	31.18	1600m: 16:38.83	31.92	2350m: 24:39.53	32.15
150m: 1:29.41	30.58	900m: 9:14.90	31.47	1650m: 17:10.81	31.98	2400m: 25:11.91	32.38
200m: 2:00.43	31.02	950m: 9:46.83	31.93	1700m: 17:43.08	32.27	2450m: 25:43.97	32.06
250m: 2:30.64	30.21	1000m: 10:18.36	31.53	1750m: 18:14.99	31.91	2500m: 26:16.50	32.53
300m: 3:01.32	30.68	1050m: 10:50.37	32.01	1800m: 18:47.02	32.03	2550m: 26:48.72	32.22
350m: 3:32.14	30.82	1100m: 11:21.67	31.30	1850m: 19:19.23	32.21	2600m: 27:20.86	32.14
400m: 4:02.51	30.37	1150m: 11:53.40	31.73	1900m: 19:51.35	32.12	2650m: 27:52.77	31.91
450m: 4:33.81	31.30	1200m: 12:24.95	31.55	1950m: 20:23.53	32.18	2700m: 28:24.71	31.94
500m: 5:04.87	31.06	1250m: 12:56.48	31.53	2000m: 20:55.58	32.05	2750m: 28:56.91	32.20
550m: 5:35.45	30.58	1300m: 13:28.06	31.58	2050m: 21:27.53	31.95	2800m: 29:29.14	32.23
600m: 6:07.04	31.59	1350m: 13:59.61	31.55	2100m: 21:59.40	31.87	2850m: 30:01.37	32.23
650m: 6:38.05	31.01	1400m: 14:31.51	31.90	2150m: 22:31.45	32.05	2900m: 30:33.86	32.49
700m: 7:09.43	31.38	1450m: 15:03.25	31.74	2200m: 23:03.45	32.00	2950m: 31:06.01	32.15
750m: 7:40.68	31.25	1500m: 15:35.04	31.79	2250m: 23:35.17	31.72	3000m: 31:35.21	29.20
<b>2. COMA PLANELLA, Roger</b>	<b>00</b>	<b>C.N. Mataró</b>	<b>32:05.11</b>	<b>16,00</b>			
50m: 30.85	30.85	800m: 8:28.71	31.68	1550m: 16:25.64	31.85	2300m: 24:30.37	32.49
100m: 1:02.08	31.23	850m: 9:00.63	31.92	1600m: 16:57.54	31.90	2350m: 25:02.78	32.41
150m: 1:34.01	31.93	900m: 9:32.42	31.79	1650m: 17:29.45	31.91	2400m: 25:35.46	32.68
200m: 2:05.99	31.98	950m: 10:04.23	31.81	1700m: 18:01.50	32.05	2450m: 26:08.25	32.79
250m: 2:38.01	32.02	1000m: 10:35.82	31.59	1750m: 18:33.69	32.19	2500m: 26:40.95	32.70
300m: 3:09.89	31.88	1050m: 11:07.15	31.33	1800m: 19:06.20	32.51	2550m: 27:13.62	32.67
350m: 3:41.89	32.00	1100m: 11:38.50	31.35	1850m: 19:38.54	32.34	2600m: 27:46.29	32.67
400m: 4:13.74	31.85	1150m: 12:10.40	31.90	1900m: 20:10.89	32.35	2650m: 28:18.94	32.65
450m: 4:45.89	32.15	1200m: 12:42.56	32.16	1950m: 20:43.24	32.35	2700m: 28:51.31	32.37
500m: 5:17.83	31.94	1250m: 13:14.34	31.78	2000m: 21:15.60	32.36	2750m: 29:23.78	32.47
550m: 5:49.56	31.73	1300m: 13:46.39	32.05	2050m: 21:48.06	32.46	2800m: 29:56.30	32.52
600m: 6:21.51	31.95	1350m: 14:17.93	31.54	2100m: 22:20.67	32.61	2850m: 30:29.10	32.80
650m: 6:53.30	31.79	1400m: 14:50.14	32.21	2150m: 22:52.97	32.30	2900m: 31:01.93	32.83
700m: 7:25.16	31.86	1450m: 15:21.82	31.68	2200m: 23:25.39	32.42	2950m: 31:34.22	32.29
750m: 7:57.03	31.87	1500m: 15:53.79	31.97	2250m: 23:57.88	32.49	3000m: 32:05.11	30.89
<b>3. GIL TARAZONA, Pol</b>	<b>96</b>	<b>C.N. Barcelona</b>	<b>32:12.22</b>	<b>14,00</b>			
50m: 30.45	30.45	800m: 8:30.55	32.19	1550m: 16:35.17	32.22	2300m: 24:41.90	32.72
100m: 1:02.07	31.62	850m: 9:02.67	32.12	1600m: 17:07.57	32.40	2350m: 25:14.56	32.66
150m: 1:33.92	31.85	900m: 9:34.64	31.97	1650m: 17:39.91	32.34	2400m: 25:47.36	32.80
200m: 2:05.71	31.79	950m: 10:07.09	32.45	1700m: 18:12.14	32.23	2450m: 26:19.96	32.60
250m: 2:37.80	32.09	1000m: 10:39.60	32.51	1750m: 18:44.28	32.14	2500m: 26:52.78	32.82
300m: 3:09.96	32.16	1050m: 11:11.80	32.20	1800m: 19:16.49	32.21	2550m: 27:24.71	31.93
350m: 3:41.83	31.87	1100m: 11:44.16	32.36	1850m: 19:48.44	31.95	2600m: 27:56.40	31.69
400m: 4:13.98	32.15	1150m: 12:16.65	32.49	1900m: 20:20.69	32.25	2650m: 28:28.85	32.45
450m: 4:46.00	32.02	1200m: 12:48.93	32.28	1950m: 20:53.26	32.57	2700m: 29:00.72	31.87
500m: 5:18.17	32.17	1250m: 13:21.34	32.41	2000m: 21:25.93	32.67	2750m: 29:32.81	32.09
550m: 5:49.97	31.80	1300m: 13:53.66	32.32	2050m: 21:58.09	32.16	2800m: 30:05.05	32.24
600m: 6:22.26	32.29	1350m: 14:25.86	32.20	2100m: 22:30.65	32.56	2850m: 30:37.51	32.46
650m: 6:54.32	32.06	1400m: 14:58.31	32.45	2150m: 23:03.42	32.77	2900m: 31:10.39	32.88
700m: 7:26.37	32.05	1450m: 15:30.61	32.30	2200m: 23:36.37	32.95	2950m: 31:42.04	31.65
750m: 7:58.36	31.99	1500m: 16:02.95	32.34	2250m: 24:09.18	32.81	3000m: 32:12.22	30.18
<b>4. HONRUBIA CERDA, Arnau</b>	<b>99</b>	<b>C.N. Mataró</b>	<b>33:10.98</b>	<b>13,00</b>			
50m: 31.23	31.23	800m: 8:40.70	32.96	1550m: 16:58.78	33.17	2300m: 25:23.48	32.59
100m: 1:02.70	31.47	850m: 9:13.50	32.80	1600m: 17:32.13	33.35	2350m: 25:56.97	33.49
150m: 1:34.31	31.61	900m: 9:46.21	32.71	1650m: 18:05.79	33.66	2400m: 26:30.69	33.72
200m: 2:06.33	32.02	950m: 10:19.35	33.14	1700m: 18:39.40	33.61	2450m: 27:04.21	33.52
250m: 2:38.70	32.37	1000m: 10:52.54	33.19	1750m: 19:12.88	33.48	2500m: 27:37.94	33.73
300m: 3:10.88	32.18	1050m: 11:25.83	33.29	1800m: 19:46.90	34.02	2550m: 28:11.69	33.75
350m: 3:43.28	32.40	1100m: 11:59.08	33.25	1850m: 20:20.63	33.73	2600m: 28:45.51	33.82
400m: 4:16.11	32.83	1150m: 12:32.22	33.14	1900m: 20:54.15	33.52	2650m: 29:19.09	33.58
450m: 4:49.00	32.89	1200m: 13:05.34	33.12	1950m: 21:27.92	33.77	2700m: 29:53.14	34.05
500m: 5:21.90	32.90	1250m: 13:38.36	33.02	2000m: 22:01.28	33.36	2750m: 30:26.78	33.64
550m: 5:55.22	33.32	1300m: 14:11.63	33.27	2050m: 22:34.91	33.63	2800m: 30:59.95	33.17
600m: 6:28.50	33.28	1350m: 14:45.15	33.52	2100m: 23:09.00	34.09	2850m: 31:32.81	32.86
650m: 7:01.40	32.90	1400m: 15:18.79	33.64	2150m: 23:43.15	34.15	2900m: 32:05.75	32.94
700m: 7:34.73	33.33	1450m: 15:52.44	33.65	2200m: 24:16.76	33.61	2950m: 32:38.51	32.76
750m: 8:07.74	33.01	1500m: 16:25.61	33.17	2250m: 24:50.89	34.13	3000m: 33:10.98	32.47

NQ = Nedadors NO Classificats (tall no superat)

Prova 4, Masc., 3000m Lliure, Absolut Fons Indoor

Classificació	ANY		Temps	
<b>5. VILAREGUT DE MINGO, Eric</b>	<b>01</b>	<b>C.N. Barcelona</b>	<b>33:32.61</b>	<b>12,00</b>
50m: 30.98	30.98	800m: 8:43.03	33.44	1550m: 17:08.95
100m: 1:03.09	32.11	850m: 9:16.76	33.73	1600m: 17:42.61
150m: 1:35.68	32.59	900m: 9:50.38	33.62	1650m: 18:16.60
200m: 2:08.05	32.37	950m: 10:24.31	33.93	1700m: 18:50.57
250m: 2:40.93	32.88	1000m: 10:57.92	33.61	1750m: 19:24.06
300m: 3:13.35	32.42	1050m: 11:31.81	33.89	1800m: 19:57.83
350m: 3:45.83	32.48	1100m: 12:05.61	33.80	1850m: 20:31.87
400m: 4:18.44	32.61	1150m: 12:39.86	34.25	1900m: 21:05.83
450m: 4:51.15	32.71	1200m: 13:13.12	33.26	1950m: 21:40.03
500m: 5:24.35	33.20	1250m: 13:46.70	33.58	2000m: 22:14.48
550m: 5:57.61	33.26	1300m: 14:20.78	34.08	2050m: 22:48.13
600m: 6:30.77	33.16	1350m: 14:54.66	33.88	2100m: 23:21.33
650m: 7:03.77	33.00	1400m: 15:28.61	33.95	2150m: 23:54.97
700m: 7:36.49	32.72	1450m: 16:01.71	33.10	2200m: 24:29.37
750m: 8:09.59	33.10	1500m: 16:34.96	33.25	2250m: 25:03.28
				2300m: 25:37.33
				2350m: 26:11.71
				2400m: 26:46.10
				2450m: 27:20.70
				2500m: 27:55.28
				2550m: 28:29.93
				2600m: 29:03.88
				2650m: 29:37.66
				2700m: 30:11.55
				2750m: 30:45.15
				2800m: 31:19.12
				2850m: 31:53.07
				2900m: 32:27.66
				2950m: 33:00.07
				3000m: 33:32.61
<b>6. GIRALT PIDEMONT, Jan</b>	<b>96</b>	<b>C.N. Mataró</b>	<b>34:09.69</b>	<b>11,00</b>
50m: 32.36	32.36	800m: 9:06.64	34.25	1550m: 17:40.14
100m: 1:06.12	33.76	850m: 9:41.31	34.67	1600m: 18:14.08
150m: 1:40.56	34.44	900m: 10:16.08	34.77	1650m: 18:48.71
200m: 2:14.49	33.93	950m: 10:50.44	34.36	1700m: 19:23.45
250m: 2:48.56	34.07	1000m: 11:24.57	34.13	1750m: 19:58.23
300m: 3:22.64	34.08	1050m: 11:58.80	34.23	1800m: 20:32.84
350m: 3:57.18	34.54	1100m: 12:32.89	34.09	1850m: 21:07.22
400m: 4:31.62	34.44	1150m: 13:07.08	34.19	1900m: 21:41.47
450m: 5:05.79	34.17	1200m: 13:41.08	34.00	1950m: 22:16.02
500m: 5:40.25	34.46	1250m: 14:15.53	34.45	2000m: 22:50.59
550m: 6:14.84	34.59	1300m: 14:47.99	32.46	2050m: 23:24.85
600m: 6:49.28	34.44	1350m: 15:22.50	34.51	2100m: 23:59.46
650m: 7:23.67	34.39	1400m: 15:57.08	34.58	2150m: 24:33.64
700m: 7:58.04	34.37	1450m: 16:31.60	34.52	2200m: 25:07.59
750m: 8:32.39	34.35	1500m: 17:05.96	34.36	2250m: 25:41.49
				2300m: 26:15.29
				2350m: 26:49.45
				2400m: 27:23.32
				2450m: 27:57.39
				2500m: 28:31.73
				2550m: 29:05.84
				2600m: 29:39.66
				2650m: 30:13.89
				2700m: 30:48.38
				2750m: 31:22.61
				2800m: 31:56.80
				2850m: 32:31.17
				2900m: 33:05.39
				2950m: 33:38.95
				3000m: 34:09.69
<b>7. ROURA CLEMENTE, Gerard</b>	<b>01</b>	<b>GEIEG</b>	<b>35:03.93</b>	<b>10,00</b>
50m: 32.49	32.49	800m: 9:06.71	34.77	1550m: 17:54.34
100m: 1:05.25	32.76	850m: 9:41.34	34.63	1600m: 18:29.77
150m: 1:38.67	33.42	900m: 10:16.22	34.88	1650m: 19:05.78
200m: 2:13.02	34.35	950m: 10:51.38	35.16	1700m: 19:40.87
250m: 2:47.07	34.05	1000m: 11:26.56	35.18	1750m: 20:16.50
300m: 3:21.22	34.15	1050m: 12:01.75	35.19	1800m: 20:52.18
350m: 3:55.57	34.35	1100m: 12:36.67	34.92	1850m: 21:27.84
400m: 4:30.11	34.54	1150m: 13:11.13	34.46	1900m: 22:03.57
450m: 5:04.62	34.51	1200m: 13:46.48	35.35	1950m: 22:39.06
500m: 5:39.43	34.81	1250m: 14:21.48	35.00	2000m: 23:14.92
550m: 6:14.03	34.60	1300m: 14:57.22	35.74	2050m: 23:50.83
600m: 6:48.43	34.40	1350m: 15:32.28	35.06	2100m: 24:26.39
650m: 7:22.56	34.13	1400m: 16:07.85	35.57	2150m: 25:01.98
700m: 7:57.34	34.78	1450m: 16:43.48	35.63	2200m: 25:37.43
750m: 8:31.94	34.60	1500m: 17:18.61	35.13	2250m: 26:12.77
				2300m: 26:48.08
				2350m: 27:24.07
				2400m: 27:59.67
				2450m: 28:34.86
				2500m: 29:10.90
				2550m: 29:46.07
				2600m: 30:21.66
				2650m: 30:57.19
				2700m: 31:32.39
				2750m: 32:07.93
				2800m: 32:43.33
				2850m: 33:18.93
				2900m: 33:54.62
				2950m: 34:29.84
				3000m: 35:03.93
<b>8. LAGOS PAU, Aitor</b>	<b>95</b>	<b>C.N. L'hospitalet</b>	<b>35:47.77</b>	<b>9,00</b>
50m: 33.15	33.15	800m: 9:16.46	35.65	1550m: 18:14.50
100m: 1:07.11	33.96	850m: 9:51.94	35.48	1600m: 18:50.58
150m: 1:41.74	34.63	900m: 10:27.44	35.50	1650m: 19:26.74
200m: 2:16.24	34.50	950m: 11:03.45	36.01	1700m: 20:02.86
250m: 2:50.84	34.60	1000m: 11:39.24	35.79	1750m: 20:38.76
300m: 3:25.84	35.00	1050m: 12:15.16	35.92	1800m: 21:15.74
350m: 4:00.68	34.84	1100m: 12:50.83	35.67	1850m: 21:51.99
400m: 4:35.64	34.96	1150m: 13:26.73	35.90	1900m: 22:28.81
450m: 5:10.73	35.09	1200m: 14:02.16	35.43	1950m: 23:05.18
500m: 5:45.71	34.98	1250m: 14:38.67	36.51	2000m: 23:41.29
550m: 6:20.37	34.66	1300m: 15:14.49	35.82	2050m: 24:17.45
600m: 6:55.19	34.82	1350m: 15:50.38	35.89	2100m: 24:54.15
650m: 7:30.21	35.02	1400m: 16:25.87	35.49	2150m: 25:30.61
700m: 8:05.25	35.04	1450m: 17:02.30	36.43	2200m: 26:07.31
750m: 8:40.81	35.56	1500m: 17:38.44	36.14	2250m: 26:43.60
				2300m: 27:20.45
				2350m: 27:56.97
				2400m: 28:34.02
				2450m: 29:10.54
				2500m: 29:47.05
				2550m: 30:23.52
				2600m: 30:59.50
				2650m: 31:35.63
				2700m: 32:11.80
				2750m: 32:48.37
				2800m: 33:24.55
				2850m: 34:00.66
				2900m: 34:36.93
				2950m: 35:13.04
				3000m: 35:47.77

NQ = Nedadors NO Classificats (tall no superat)

Prova 4, Masc., 3000m Lliure, Absolut Fons Indoor

Classificació	ANY		Temps					
9.	MATAS VELASCO, Guillem		96	C.N. Granollers	<b>36:01.09</b>	8,00		
	50m: 33.05	33.05	800m: 9:29.51	35.78	1550m: 18:30.89	35.90	2300m: 27:35.87	36.60
	100m: 1:07.30	34.25	850m: 10:05.31	35.80	1600m: 19:06.85	35.96	2350m: 28:12.54	36.67
	150m: 1:42.53	35.23	900m: 10:41.39	36.08	1650m: 19:42.89	36.04	2400m: 28:48.82	36.28
	200m: 2:17.82	35.29	950m: 11:17.33	35.94	1700m: 20:18.92	36.03	2450m: 29:25.76	36.94
	250m: 2:53.00	35.18	1000m: 11:53.37	36.04	1750m: 20:55.18	36.26	2500m: 30:01.88	36.12
	300m: 3:28.81	35.81	1050m: 12:29.19	35.82	1800m: 21:31.52	36.34	2550m: 30:37.55	35.67
	350m: 4:04.67	35.86	1100m: 13:05.24	36.05	1850m: 22:08.18	36.66	2600m: 31:13.68	36.13
	400m: 4:40.54	35.87	1150m: 13:41.49	36.25	1900m: 22:44.49	36.31	2650m: 31:50.17	36.49
	450m: 5:16.93	36.39	1200m: 14:17.24	35.75	1950m: 23:20.64	36.15	2700m: 32:26.52	36.35
	500m: 5:52.91	35.98	1250m: 14:53.37	36.13	2000m: 23:57.01	36.37	2750m: 33:02.84	36.32
	550m: 6:29.17	36.26	1300m: 15:29.44	36.07	2050m: 24:33.30	36.29	2800m: 33:38.94	36.10
	600m: 7:05.49	36.32	1350m: 16:05.91	36.47	2100m: 25:09.62	36.32	2850m: 34:15.00	36.06
	650m: 7:41.56	36.07	1400m: 16:42.37	36.46	2150m: 25:46.19	36.57	2900m: 34:50.90	35.90
	700m: 8:17.70	36.14	1450m: 17:18.76	36.39	2200m: 26:22.89	36.70	2950m: 35:26.75	35.85
	750m: 8:53.73	36.03	1500m: 17:54.99	36.23	2250m: 26:59.27	36.38	3000m: 36:01.09	34.34
BX	FERRI MARTINEZ, Marc		01	C.N. Barcelona	-	-	-	-
BX	MONTEIRO VIEGAS, Marc		00	Fed Andorrana	-	-	-	-

Absolut, Júnior 2 i Júnior 1

1.	PUJOL BELMONTE, Guillem		97	C.N. Mataró	<b>31:35.21</b>	19,00		
	50m: 28.90	28.90	800m: 8:12.25	31.57	1550m: 16:06.91	31.87	2300m: 24:07.38	32.21
	100m: 58.83	29.93	850m: 8:43.43	31.18	1600m: 16:38.83	31.92	2350m: 24:39.53	32.15
	150m: 1:29.41	30.58	900m: 9:14.90	31.47	1650m: 17:10.81	31.98	2400m: 25:11.91	32.38
	200m: 2:00.43	31.02	950m: 9:46.83	31.93	1700m: 17:43.08	32.27	2450m: 25:43.97	32.06
	250m: 2:30.64	30.21	1000m: 10:18.36	31.53	1750m: 18:14.99	31.91	2500m: 26:16.50	32.53
	300m: 3:01.32	30.68	1050m: 10:50.37	32.01	1800m: 18:47.02	32.03	2550m: 26:48.72	32.22
	350m: 3:32.14	30.82	1100m: 11:21.67	31.30	1850m: 19:19.23	32.21	2600m: 27:20.86	32.14
	400m: 4:02.51	30.37	1150m: 11:53.40	31.73	1900m: 19:51.35	32.12	2650m: 27:52.77	31.91
	450m: 4:33.81	31.30	1200m: 12:24.95	31.55	1950m: 20:23.53	32.18	2700m: 28:24.71	31.94
	500m: 5:04.87	31.06	1250m: 12:56.48	31.53	2000m: 20:55.58	32.05	2750m: 28:56.91	32.20
	550m: 5:35.45	30.58	1300m: 13:28.06	31.58	2050m: 21:27.53	31.95	2800m: 29:29.14	32.23
	600m: 6:07.04	31.59	1350m: 13:59.61	31.55	2100m: 21:59.40	31.87	2850m: 30:01.37	32.23
	650m: 6:38.05	31.01	1400m: 14:31.51	31.90	2150m: 22:31.45	32.05	2900m: 30:33.86	32.49
	700m: 7:09.43	31.38	1450m: 15:03.25	31.74	2200m: 23:03.45	32.00	2950m: 31:06.01	32.15
	750m: 7:40.68	31.25	1500m: 15:35.04	31.79	2250m: 23:35.17	31.72	3000m: 31:35.21	29.20
2.	COMA PLANELLA, Roger		00	C.N. Mataró	<b>32:05.11</b>	16,00		
	50m: 30.85	30.85	800m: 8:28.71	31.68	1550m: 16:25.64	31.85	2300m: 24:30.37	32.49
	100m: 1:02.08	31.23	850m: 9:00.63	31.92	1600m: 16:57.54	31.90	2350m: 25:02.78	32.41
	150m: 1:34.01	31.93	900m: 9:32.42	31.79	1650m: 17:29.45	31.91	2400m: 25:35.46	32.68
	200m: 2:05.99	31.98	950m: 10:04.23	31.81	1700m: 18:01.50	32.05	2450m: 26:08.25	32.79
	250m: 2:38.01	32.02	1000m: 10:35.82	31.59	1750m: 18:33.69	32.19	2500m: 26:40.95	32.70
	300m: 3:09.89	31.88	1050m: 11:07.15	31.33	1800m: 19:06.20	32.51	2550m: 27:13.62	32.67
	350m: 3:41.89	32.00	1100m: 11:38.50	31.35	1850m: 19:38.54	32.34	2600m: 27:46.29	32.67
	400m: 4:13.74	31.85	1150m: 12:10.40	31.90	1900m: 20:10.89	32.35	2650m: 28:18.94	32.65
	450m: 4:45.89	32.15	1200m: 12:42.56	32.16	1950m: 20:43.24	32.35	2700m: 28:51.31	32.37
	500m: 5:17.83	31.94	1250m: 13:14.34	31.78	2000m: 21:15.60	32.36	2750m: 29:23.78	32.47
	550m: 5:49.56	31.73	1300m: 13:46.39	32.05	2050m: 21:48.06	32.46	2800m: 29:56.30	32.52
	600m: 6:21.51	31.95	1350m: 14:17.93	31.54	2100m: 22:20.67	32.61	2850m: 30:29.10	32.80
	650m: 6:53.30	31.79	1400m: 14:50.14	32.21	2150m: 22:52.97	32.30	2900m: 31:01.93	32.83
	700m: 7:25.16	31.86	1450m: 15:21.82	31.68	2200m: 23:25.39	32.42	2950m: 31:34.22	32.29
	750m: 7:57.03	31.87	1500m: 15:53.79	31.97	2250m: 23:57.88	32.49	3000m: 32:05.11	30.89
3.	REED, Lachlan James		05	C.N. Banyoles	<b>32:09.16</b>	19,00		
	50m: 31.52	31.52	600m: 6:27.21	32.68	1150m: 12:20.43	32.25	1700m: 18:15.16	32.50
	100m: 1:04.18	32.66	650m: 6:59.74	32.53	1200m: 12:52.85	32.42	1750m: 18:47.50	32.34
	150m: 1:36.91	32.73	700m: 7:31.99	32.25	1250m: 13:25.27	32.42	1800m: 19:20.10	32.60
	200m: 2:09.40	32.49	750m: 8:03.82	31.83	1300m: 13:57.44	32.17	1850m: 19:52.74	32.64
	250m: 2:41.53	32.13	800m: 8:35.88	32.06	1350m: 14:29.61	32.17	1900m: 20:24.16	31.42
	300m: 3:14.04	32.51	850m: 9:08.39	32.51	1400m: 15:01.90	32.29	1950m: 20:56.38	32.22
	350m: 3:46.41	32.37	900m: 9:40.13	31.74	1450m: 15:33.80	31.90	2000m: 21:29.09	32.71
	400m: 4:18.87	32.46	950m: 10:12.03	31.90	1500m: 16:06.22	32.42	2050m: 22:01.36	32.27
	450m: 4:51.02	32.15	1000m: 10:44.66	32.63	1550m: 16:38.63	32.41	2100m: 22:33.52	32.16
	500m: 5:23.50	32.48	1050m: 11:16.68	32.02	1600m: 17:10.45	31.82	2150m: 23:05.88	32.36
	550m: 5:54.53	31.03	1100m: 11:48.18	31.50	1650m: 17:42.66	32.21	2200m: 23:37.49	31.61

NQ = Nedadors NO Classificats (tall no superat)

Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY				Temps						
2250m:	24:09.35	31.86	2450m:	26:18.43	31.91	2650m:	28:26.39	32.22	2850m:	30:35.89	32.44
2300m:	24:42.07	32.72	2500m:	26:49.94	31.51	2700m:	28:59.42	33.03	2900m:	31:08.05	32.16
2350m:	25:14.28	32.21	2550m:	27:22.43	32.49	2750m:	29:31.51	32.09	2950m:	31:39.51	31.46
2400m:	25:46.52	32.24	2600m:	27:54.17	31.74	2800m:	30:03.45	31.94	3000m:	32:09.16	29.65
<b>4. GIL TARAZONA, Pol</b>	<b>96</b>				<b>C.N. Barcelona</b>				<b>32:12.22</b>		<b>14,00</b>
50m:	30.45	30.45	800m:	8:30.55	32.19	1550m:	16:35.17	32.22	2300m:	24:41.90	32.72
100m:	1:02.07	31.62	850m:	9:02.67	32.12	1600m:	17:07.57	32.40	2350m:	25:14.56	32.66
150m:	1:33.92	31.85	900m:	9:34.64	31.97	1650m:	17:39.91	32.34	2400m:	25:47.36	32.80
200m:	2:05.71	31.79	950m:	10:07.09	32.45	1700m:	18:12.14	32.23	2450m:	26:19.96	32.60
250m:	2:37.80	32.09	1000m:	10:39.60	32.51	1750m:	18:44.28	32.14	2500m:	26:52.78	32.82
300m:	3:09.96	32.16	1050m:	11:11.80	32.20	1800m:	19:16.49	32.21	2550m:	27:24.71	31.93
350m:	3:41.83	31.87	1100m:	11:44.16	32.36	1850m:	19:48.44	31.95	2600m:	27:56.40	31.69
400m:	4:13.98	32.15	1150m:	12:16.65	32.49	1900m:	20:20.69	32.25	2650m:	28:28.85	32.45
450m:	4:46.00	32.02	1200m:	12:48.93	32.28	1950m:	20:53.26	32.57	2700m:	29:00.72	31.87
500m:	5:18.17	32.17	1250m:	13:21.34	32.41	2000m:	21:25.93	32.67	2750m:	29:32.81	32.09
550m:	5:49.97	31.80	1300m:	13:53.66	32.32	2050m:	21:58.09	32.16	2800m:	30:05.05	32.24
600m:	6:22.26	32.29	1350m:	14:25.86	32.20	2100m:	22:30.65	32.56	2850m:	30:37.51	32.46
650m:	6:54.32	32.06	1400m:	14:58.31	32.45	2150m:	23:03.42	32.77	2900m:	31:10.39	32.88
700m:	7:26.37	32.05	1450m:	15:30.61	32.30	2200m:	23:36.37	32.95	2950m:	31:42.04	31.65
750m:	7:58.36	31.99	1500m:	16:02.95	32.34	2250m:	24:09.18	32.81	3000m:	32:12.22	30.18
<b>5. YAGÜES ESCRIBA, Pol</b>	<b>02</b>				<b>C.N. Sabadell</b>				<b>32:21.34</b>		<b>19,00</b>
50m:	31.18	31.18	800m:	8:32.18	32.39	1550m:	16:35.52	32.42	2300m:	24:43.99	32.92
100m:	1:02.89	31.71	850m:	9:04.51	32.33	1600m:	17:08.05	32.53	2350m:	25:16.57	32.58
150m:	1:34.89	32.00	900m:	9:36.56	32.05	1650m:	17:40.33	32.28	2400m:	25:49.24	32.67
200m:	2:06.98	32.09	950m:	10:08.48	31.92	1700m:	18:12.78	32.45	2450m:	26:22.15	32.91
250m:	2:39.23	32.25	1000m:	10:40.72	32.24	1750m:	18:45.11	32.33	2500m:	26:54.98	32.83
300m:	3:11.25	32.02	1050m:	11:13.26	32.54	1800m:	19:17.51	32.40	2550m:	27:27.38	32.40
350m:	3:43.35	32.10	1100m:	11:45.34	32.08	1850m:	19:49.84	32.33	2600m:	27:59.84	32.46
400m:	4:15.19	31.84	1150m:	12:17.46	32.12	1900m:	20:22.48	32.64	2650m:	28:32.27	32.43
450m:	4:47.37	32.18	1200m:	12:49.46	32.00	1950m:	20:55.00	32.52	2700m:	29:05.12	32.85
500m:	5:19.36	31.99	1250m:	13:21.67	32.21	2000m:	21:27.93	32.93	2750m:	29:38.10	32.98
550m:	5:51.35	31.99	1300m:	13:54.08	32.41	2050m:	22:00.62	32.69	2800m:	30:10.89	32.79
600m:	6:23.60	32.25	1350m:	14:26.23	32.15	2100m:	22:33.24	32.62	2850m:	30:43.57	32.68
650m:	6:55.68	32.08	1400m:	14:58.46	32.23	2150m:	23:06.00	32.76	2900m:	31:16.37	32.80
700m:	7:27.75	32.07	1450m:	15:30.84	32.38	2200m:	23:38.52	32.52	2950m:	31:49.71	33.34
750m:	7:59.79	32.04	1500m:	16:03.10	32.26	2250m:	24:11.07	32.55	3000m:	32:21.34	31.63
<b>6. ORTIZ MARTINEZ, Carlos</b>	<b>04</b>				<b>C.N. Barcelona</b>				<b>32:45.77</b>		<b>16,00</b>
50m:	31.10	31.10	800m:	8:41.92	32.65	1550m:	16:49.17	33.45	2300m:	25:05.84	33.34
100m:	1:03.87	32.77	850m:	9:14.54	32.62	1600m:	17:22.70	33.53	2350m:	25:38.81	32.97
150m:	1:36.82	32.95	900m:	9:47.12	32.58	1650m:	17:55.40	32.70	2400m:	26:11.86	33.05
200m:	2:09.36	32.54	950m:	10:18.92	31.80	1700m:	18:28.73	33.33	2450m:	26:44.87	33.01
250m:	2:42.53	33.17	1000m:	10:51.69	32.77	1750m:	19:01.86	33.13	2500m:	27:18.24	33.37
300m:	3:15.29	32.76	1050m:	11:24.14	32.45	1800m:	19:34.83	32.97	2550m:	27:51.26	33.02
350m:	3:47.88	32.59	1100m:	11:56.56	32.42	1850m:	20:08.28	33.45	2600m:	28:24.30	33.04
400m:	4:20.85	32.97	1150m:	12:29.26	32.70	1900m:	20:40.95	32.67	2650m:	28:57.79	33.49
450m:	4:53.32	32.47	1200m:	13:01.17	31.91	1950m:	21:13.88	32.93	2700m:	29:31.34	33.55
500m:	5:25.62	32.30	1250m:	13:33.14	31.97	2000m:	21:47.20	33.32	2750m:	30:04.11	32.77
550m:	5:58.79	33.17	1300m:	14:05.69	32.55	2050m:	22:20.44	33.24	2800m:	30:37.86	33.75
600m:	6:31.32	32.53	1350m:	14:37.84	32.15	2100m:	22:53.56	33.12	2850m:	31:11.34	33.48
650m:	7:03.83	32.51	1400m:	15:10.56	32.72	2150m:	23:26.60	33.04	2900m:	31:44.52	33.18
700m:	7:36.24	32.41	1450m:	15:42.91	32.35	2200m:	23:59.51	32.91	2950m:	32:15.77	31.25
750m:	8:09.27	33.03	1500m:	16:15.72	32.81	2250m:	24:32.50	32.99	3000m:	32:45.77	30.00
<b>7. RODRIGUEZ QUINTANA, Marc</b>	<b>05</b>				<b>C.N. Banyoles</b>				<b>32:57.15</b>		<b>14,00</b>
50m:	32.25	32.25	650m:	7:03.71	32.16	1250m:	13:35.31	32.66	1850m:	20:11.07	33.05
100m:	1:04.31	32.06	700m:	7:36.14	32.43	1300m:	14:07.91	32.60	1900m:	20:44.15	33.08
150m:	1:37.21	32.90	750m:	8:09.13	32.99	1350m:	14:41.01	33.10	1950m:	21:17.04	32.89
200m:	2:09.71	32.50	800m:	8:42.00	32.87	1400m:	15:14.16	33.15	2000m:	21:50.26	33.22
250m:	2:42.43	32.72	850m:	9:14.32	32.32	1450m:	15:47.25	33.09	2050m:	22:23.55	33.29
300m:	3:15.16	32.73	900m:	9:47.04	32.72	1500m:	16:20.21	32.96	2100m:	22:56.49	32.94
350m:	3:48.11	32.95	950m:	10:19.78	32.74	1550m:	16:53.43	33.22	2150m:	23:29.47	32.98
400m:	4:20.81	32.70	1000m:	10:52.43	32.65	1600m:	17:26.83	33.40	2200m:	24:02.62	33.15
450m:	4:53.28	32.47	1050m:	11:24.90	32.47	1650m:	17:59.93	33.10	2250m:	24:36.22	33.60
500m:	5:25.99	32.71	1100m:	11:57.07	32.17	1700m:	18:32.68	32.75	2300m:	25:09.76	33.54
550m:	5:58.96	32.97	1150m:	12:29.90	32.83	1750m:	19:05.00	32.32	2350m:	25:43.07	33.31
600m:	6:31.55	32.59	1200m:	13:02.65	32.75	1800m:	19:38.02	33.02	2400m:	26:16.56	33.49

NQ = Nedadors NO Classificats (tall no superat)



Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY				Temps				
	2450m: 26:50.23	33.67	2600m: 28:31.93	33.70	2750m: 30:13.12	33.95	2900m: 31:53.71	33.81	
	2500m: 27:24.18	33.95	2650m: 29:05.69	33.76	2800m: 30:46.40	33.28	2950m: 32:26.07	32.36	
	2550m: 27:58.23	34.05	2700m: 29:39.17	33.48	2850m: 31:19.90	33.50	3000m: 32:57.15	31.08	
<b>8.</b>	<b>CABEZUELO AREVALO, Albert</b>			<b>04</b>	<b>A.N. Gramenet</b>			<b>32:57.79</b>	<b>13,00</b>
	50m: 30.43	30.43	800m: 8:37.56	32.92	1550m: 16:57.55	33.43	2300m: 25:17.53	33.44	
	100m: 1:01.72	31.29	850m: 9:10.53	32.97	1600m: 17:31.42	33.87	2350m: 25:50.87	33.34	
	150m: 1:33.32	31.60	900m: 9:43.87	33.34	1650m: 18:04.79	33.37	2400m: 26:24.58	33.71	
	200m: 2:05.49	32.17	950m: 10:16.81	32.94	1700m: 18:38.50	33.71	2450m: 26:58.23	33.65	
	250m: 2:37.70	32.21	1000m: 10:50.07	33.26	1750m: 19:11.87	33.37	2500m: 27:31.95	33.72	
	300m: 3:09.98	32.28	1050m: 11:23.14	33.07	1800m: 19:45.44	33.57	2550m: 28:04.89	32.94	
	350m: 3:42.49	32.51	1100m: 11:56.39	33.25	1850m: 20:18.54	33.10	2600m: 28:38.15	33.26	
	400m: 4:15.18	32.69	1150m: 12:29.37	32.98	1900m: 20:51.98	33.44	2650m: 29:11.42	33.27	
	450m: 4:47.55	32.37	1200m: 13:02.86	33.49	1950m: 21:25.19	33.21	2700m: 29:44.27	32.85	
	500m: 5:20.46	32.91	1250m: 13:36.26	33.40	2000m: 21:58.17	32.98	2750m: 30:17.27	33.00	
	550m: 5:53.04	32.58	1300m: 14:09.80	33.54	2050m: 22:31.26	33.09	2800m: 30:50.13	32.86	
	600m: 6:25.92	32.88	1350m: 14:43.29	33.49	2100m: 23:04.17	32.91	2850m: 31:22.56	32.43	
	650m: 6:58.64	32.72	1400m: 15:16.98	33.69	2150m: 23:37.54	33.37	2900m: 31:55.01	32.45	
	700m: 7:31.92	33.28	1450m: 15:50.44	33.46	2200m: 24:11.03	33.49	2950m: 32:27.04	32.03	
	750m: 8:04.64	32.72	1500m: 16:24.12	33.68	2250m: 24:44.09	33.06	3000m: 32:57.79	30.75	
<b>9.</b>	<b>FLORENCIO FERNANDEZ, Ian</b>			<b>05</b>	<b>C.N. Esplugues</b>			<b>33:05.97</b>	<b>12,00</b>
	50m: 31.48	31.48	800m: 8:39.03	32.45	1550m: 16:54.63	33.36	2300m: 25:15.72	33.33	
	100m: 1:03.69	32.21	850m: 9:11.60	32.57	1600m: 17:27.70	33.07	2350m: 25:49.21	33.49	
	150m: 1:35.64	31.95	900m: 9:44.23	32.63	1650m: 18:01.36	33.66	2400m: 26:22.86	33.65	
	200m: 2:08.14	32.50	950m: 10:16.90	32.67	1700m: 18:34.69	33.33	2450m: 26:56.39	33.53	
	250m: 2:40.53	32.39	1000m: 10:50.01	33.11	1750m: 19:08.13	33.44	2500m: 27:30.06	33.67	
	300m: 3:12.93	32.40	1050m: 11:22.69	32.68	1800m: 19:41.91	33.78	2550m: 28:04.02	33.96	
	350m: 3:45.54	32.61	1100m: 11:55.68	32.99	1850m: 20:15.47	33.56	2600m: 28:37.97	33.95	
	400m: 4:18.19	32.65	1150m: 12:28.79	33.11	1900m: 20:49.14	33.67	2650m: 29:11.71	33.74	
	450m: 4:50.70	32.51	1200m: 13:01.68	32.89	1950m: 21:22.14	33.00	2700m: 29:45.72	34.01	
	500m: 5:23.44	32.74	1250m: 13:35.33	33.65	2000m: 21:55.73	33.59	2750m: 30:19.64	33.92	
	550m: 5:56.38	32.94	1300m: 14:08.26	32.93	2050m: 22:28.47	32.74	2800m: 30:53.44	33.80	
	600m: 6:28.37	31.99	1350m: 14:41.19	32.93	2100m: 23:02.37	33.90	2850m: 31:27.14	33.70	
	650m: 7:01.43	33.06	1400m: 15:14.87	33.68	2150m: 23:35.79	33.42	2900m: 32:00.73	33.59	
	700m: 7:34.01	32.58	1450m: 15:47.89	33.02	2200m: 24:09.22	33.43	2950m: 32:33.51	32.78	
	750m: 8:06.58	32.57	1500m: 16:21.27	33.38	2250m: 24:42.39	33.17	3000m: 33:05.97	32.46	
<b>10.</b>	<b>HONRUBIA CERDA, Arnau</b>			<b>99</b>	<b>C.N. Mataró</b>			<b>33:10.98</b>	<b>13,00</b>
	50m: 31.23	31.23	800m: 8:40.70	32.96	1550m: 16:58.78	33.17	2300m: 25:23.48	32.59	
	100m: 1:02.70	31.47	850m: 9:13.50	32.80	1600m: 17:32.13	33.35	2350m: 25:56.97	33.49	
	150m: 1:34.31	31.61	900m: 9:46.21	32.71	1650m: 18:05.79	33.66	2400m: 26:30.69	33.72	
	200m: 2:06.33	32.02	950m: 10:19.35	33.14	1700m: 18:39.40	33.61	2450m: 27:04.21	33.52	
	250m: 2:38.70	32.37	1000m: 10:52.54	33.19	1750m: 19:12.88	33.48	2500m: 27:37.94	33.73	
	300m: 3:10.88	32.18	1050m: 11:25.83	33.29	1800m: 19:46.90	34.02	2550m: 28:11.69	33.75	
	350m: 3:43.28	32.40	1100m: 11:59.08	33.25	1850m: 20:20.63	33.73	2600m: 28:45.51	33.82	
	400m: 4:16.11	32.83	1150m: 12:32.22	33.14	1900m: 20:54.15	33.52	2650m: 29:19.09	33.58	
	450m: 4:49.00	32.89	1200m: 13:05.34	33.12	1950m: 21:27.92	33.77	2700m: 29:53.14	34.05	
	500m: 5:21.90	32.90	1250m: 13:38.36	33.02	2000m: 22:01.28	33.36	2750m: 30:26.78	33.64	
	550m: 5:55.22	33.32	1300m: 14:11.63	33.27	2050m: 22:34.91	33.63	2800m: 30:59.95	33.17	
	600m: 6:28.50	33.28	1350m: 14:45.15	33.52	2100m: 23:09.00	34.09	2850m: 31:32.81	32.86	
	650m: 7:01.40	32.90	1400m: 15:18.79	33.64	2150m: 23:43.15	34.15	2900m: 32:05.75	32.94	
	700m: 7:34.73	33.33	1450m: 15:52.44	33.65	2200m: 24:16.76	33.61	2950m: 32:38.51	32.76	
	750m: 8:07.74	33.01	1500m: 16:25.61	33.17	2250m: 24:50.89	34.13	3000m: 33:10.98	32.47	
<b>11.</b>	<b>MORALES CEBEY, Hector</b>			<b>02</b>	<b>C.N. Granollers</b>			<b>33:28.52</b>	<b>16,00</b>
	50m: 31.74	31.74	700m: 7:33.61	32.84	1350m: 14:49.63	33.89	2000m: 22:12.21	33.95	
	100m: 1:03.52	31.78	750m: 8:06.34	32.73	1400m: 15:23.58	33.95	2050m: 22:46.14	33.93	
	150m: 1:35.66	32.14	800m: 8:39.36	33.02	1450m: 15:57.36	33.78	2100m: 23:20.13	33.99	
	200m: 2:07.98	32.32	850m: 9:12.65	33.29	1500m: 16:31.36	34.00	2150m: 23:54.14	34.01	
	250m: 2:40.64	32.66	900m: 9:46.03	33.38	1550m: 17:05.47	34.11	2200m: 24:28.48	34.34	
	300m: 3:12.91	32.27	950m: 10:19.77	33.74	1600m: 17:39.17	33.70	2250m: 25:03.05	34.57	
	350m: 3:45.25	32.34	1000m: 10:53.48	33.71	1650m: 18:13.32	34.15	2300m: 25:37.45	34.40	
	400m: 4:17.75	32.50	1050m: 11:27.09	33.61	1700m: 18:47.62	34.30	2350m: 26:12.20	34.75	
	450m: 4:50.31	32.56	1100m: 12:00.81	33.72	1750m: 19:21.81	34.19	2400m: 26:46.87	34.67	
	500m: 5:22.68	32.37	1150m: 12:34.52	33.71	1800m: 19:55.91	34.10	2450m: 27:21.42	34.55	
	550m: 5:55.31	32.63	1200m: 13:08.30	33.78	1850m: 20:29.96	34.05	2500m: 27:55.58	34.16	
	600m: 6:28.03	32.72	1250m: 13:41.98	33.68	1900m: 21:04.20	34.24	2550m: 28:29.65	34.07	
	650m: 7:00.77	32.74	1300m: 14:15.74	33.76	1950m: 21:38.26	34.06	2600m: 29:03.46	33.81	

NQ = Nedadors NO Classificats (tall no superat)

Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY				Temps						
	2650m: 29:37.15	33.69	2750m: 30:44.57	33.40	2850m: 31:50.69	33.24	2950m: 32:56.87	32.88			
	2700m: 30:11.17	34.02	2800m: 31:17.45	32.88	2900m: 32:23.99	33.30	3000m: 33:28.52	31.65			
<b>12. VILAREGUT DE MINGO, Eric</b>	<b>01 C.N. Barcelona</b>				<b>33:32.61 12,00</b>						
50m:	30.98	30.98	800m:	8:43.03	33.44	1550m:	17:08.95	33.99	2300m:	25:37.33	34.05
100m:	1:03.09	32.11	850m:	9:16.76	33.73	1600m:	17:42.61	33.66	2350m:	26:11.71	34.38
150m:	1:35.68	32.59	900m:	9:50.38	33.62	1650m:	18:16.60	33.99	2400m:	26:46.10	34.39
200m:	2:08.05	32.37	950m:	10:24.31	33.93	1700m:	18:50.57	33.97	2450m:	27:20.70	34.60
250m:	2:40.93	32.88	1000m:	10:57.92	33.61	1750m:	19:24.06	33.49	2500m:	27:55.28	34.58
300m:	3:13.35	32.42	1050m:	11:31.81	33.89	1800m:	19:57.83	33.77	2550m:	28:29.93	34.65
350m:	3:45.83	32.48	1100m:	12:05.61	33.80	1850m:	20:31.87	34.04	2600m:	29:03.88	33.95
400m:	4:18.44	32.61	1150m:	12:39.86	34.25	1900m:	21:05.83	33.96	2650m:	29:37.66	33.78
450m:	4:51.15	32.71	1200m:	13:13.12	33.26	1950m:	21:40.03	34.20	2700m:	30:11.55	33.89
500m:	5:24.35	33.20	1250m:	13:46.70	33.58	2000m:	22:14.48	34.45	2750m:	30:45.15	33.60
550m:	5:57.61	33.26	1300m:	14:20.78	34.08	2050m:	22:48.13	33.65	2800m:	31:19.12	33.97
600m:	6:30.77	33.16	1350m:	14:54.66	33.88	2100m:	23:21.33	33.20	2850m:	31:53.07	33.95
650m:	7:03.77	33.00	1400m:	15:28.61	33.95	2150m:	23:54.97	33.64	2900m:	32:27.66	34.59
700m:	7:36.49	32.72	1450m:	16:01.71	33.10	2200m:	24:29.37	34.40	2950m:	33:00.07	32.41
750m:	8:09.59	33.10	1500m:	16:34.96	33.25	2250m:	25:03.28	33.91	3000m:	33:32.61	32.54
<b>13. LIRES SUELDO, Manuel</b>	<b>02 C.N. Barcelona</b>				<b>34:03.19 14,00</b>						
50m:	32.89	32.89	800m:	8:54.39	33.49	1550m:	17:26.52	34.77	2300m:	26:07.96	34.90
100m:	1:06.16	33.27	850m:	9:28.18	33.79	1600m:	18:00.57	34.05	2350m:	26:42.79	34.83
150m:	1:39.01	32.85	900m:	10:01.90	33.72	1650m:	18:34.88	34.31	2400m:	27:18.02	35.23
200m:	2:12.39	33.38	950m:	10:35.58	33.68	1700m:	19:09.32	34.44	2450m:	27:52.82	34.80
250m:	2:46.09	33.70	1000m:	11:09.62	34.04	1750m:	19:44.22	34.90	2500m:	28:27.12	34.30
300m:	3:19.55	33.46	1050m:	11:43.54	33.92	1800m:	20:18.98	34.76	2550m:	29:01.34	34.22
350m:	3:52.88	33.33	1100m:	12:17.27	33.73	1850m:	20:53.53	34.55	2600m:	29:34.67	33.33
400m:	4:26.23	33.35	1150m:	12:51.32	34.05	1900m:	21:28.49	34.96	2650m:	30:08.55	33.88
450m:	5:00.01	33.78	1200m:	13:25.66	34.34	1950m:	22:03.28	34.79	2700m:	30:42.61	34.06
500m:	5:33.50	33.49	1250m:	13:59.56	33.90	2000m:	22:37.97	34.69	2750m:	31:16.63	34.02
550m:	6:06.98	33.48	1300m:	14:33.78	34.22	2050m:	23:12.83	34.86	2800m:	31:50.28	33.65
600m:	6:40.38	33.40	1350m:	15:08.14	34.36	2100m:	23:47.76	34.93	2850m:	32:24.39	34.11
650m:	7:13.76	33.38	1400m:	15:42.70	34.56	2150m:	24:23.38	35.62	2900m:	32:58.17	33.78
700m:	7:47.14	33.38	1450m:	16:17.37	34.67	2200m:	24:58.25	34.87	2950m:	33:32.21	34.04
750m:	8:20.90	33.76	1500m:	16:51.75	34.38	2250m:	25:33.06	34.81	3000m:	34:03.19	30.98
<b>14. GIRALT PIDEMONT, Jan</b>	<b>96 C.N. Mataró</b>				<b>34:09.69 11,00</b>						
50m:	32.36	32.36	800m:	9:06.64	34.25	1550m:	17:40.14	34.18	2300m:	26:15.29	33.80
100m:	1:06.12	33.76	850m:	9:41.31	34.67	1600m:	18:14.08	33.94	2350m:	26:49.45	34.16
150m:	1:40.56	34.44	900m:	10:16.08	34.77	1650m:	18:48.71	34.63	2400m:	27:23.32	33.87
200m:	2:14.49	33.93	950m:	10:50.44	34.36	1700m:	19:23.45	34.74	2450m:	27:57.39	34.07
250m:	2:48.56	34.07	1000m:	11:24.57	34.13	1750m:	19:58.23	34.78	2500m:	28:31.73	34.34
300m:	3:22.64	34.08	1050m:	11:58.80	34.23	1800m:	20:32.84	34.61	2550m:	29:05.84	34.11
350m:	3:57.18	34.54	1100m:	12:32.89	34.09	1850m:	21:07.22	34.38	2600m:	29:39.66	33.82
400m:	4:31.62	34.44	1150m:	13:07.08	34.19	1900m:	21:41.47	34.25	2650m:	30:13.89	34.23
450m:	5:05.79	34.17	1200m:	13:41.08	34.00	1950m:	22:16.02	34.55	2700m:	30:48.38	34.49
500m:	5:40.25	34.46	1250m:	14:15.53	34.45	2000m:	22:50.59	34.57	2750m:	31:22.61	34.23
550m:	6:14.84	34.59	1300m:	14:47.99	32.46	2050m:	23:24.85	34.26	2800m:	31:56.80	34.19
600m:	6:49.28	34.44	1350m:	15:22.50	34.51	2100m:	23:59.46	34.61	2850m:	32:31.17	34.37
650m:	7:23.67	34.39	1400m:	15:57.08	34.58	2150m:	24:33.64	34.18	2900m:	33:05.39	34.22
700m:	7:58.04	34.37	1450m:	16:31.60	34.52	2200m:	25:07.59	33.95	2950m:	33:38.95	33.56
750m:	8:32.39	34.35	1500m:	17:05.96	34.36	2250m:	25:41.49	33.90	3000m:	34:09.69	30.74
<b>15. YEGRES COTTIN, Andres</b>	<b>02 C.N. Barcelona</b>				<b>34:12.69 13,00</b>						
50m:	31.71	31.71	750m:	8:18.26	33.04	1450m:	16:09.24	34.31	2150m:	24:13.43	35.39
100m:	1:04.60	32.89	800m:	8:51.44	33.18	1500m:	16:43.59	34.35	2200m:	24:49.12	35.69
150m:	1:37.85	33.25	850m:	9:25.23	33.79	1550m:	17:17.38	33.79	2250m:	25:24.87	35.75
200m:	2:11.39	33.54	900m:	9:58.73	33.50	1600m:	17:51.66	34.28	2300m:	26:00.55	35.68
250m:	2:44.79	33.40	950m:	10:32.21	33.48	1650m:	18:25.91	34.25	2350m:	26:36.18	35.63
300m:	3:17.97	33.18	1000m:	11:05.60	33.39	1700m:	19:00.18	34.27	2400m:	27:11.46	35.28
350m:	3:51.69	33.72	1050m:	11:38.04	32.44	1750m:	19:34.17	33.99	2450m:	27:46.78	35.32
400m:	4:25.22	33.53	1100m:	12:11.32	33.28	1800m:	20:08.58	34.41	2500m:	28:22.62	35.84
450m:	4:58.71	33.49	1150m:	12:45.05	33.73	1850m:	20:42.80	34.22	2550m:	28:57.80	35.18
500m:	5:32.02	33.31	1200m:	13:19.09	34.04	1900m:	21:17.16	34.36	2600m:	29:32.89	35.09
550m:	6:05.58	33.56	1250m:	13:53.12	34.03	1950m:	21:52.14	34.98	2650m:	30:08.20	35.31
600m:	6:38.66	33.08	1300m:	14:27.05	33.93	2000m:	22:27.24	35.10	2700m:	30:43.81	35.61
650m:	7:12.00	33.34	1350m:	15:00.87	33.82	2050m:	23:02.65	35.41	2750m:	31:20.19	36.38
700m:	7:45.22	33.22	1400m:	15:34.93	34.06	2100m:	23:38.04	35.39	2800m:	31:56.43	36.24

NQ = Nedadors NO Classificats (tall no superat)

Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY										Temps			
	2850m:	32:32.71	36.28	2900m:	33:06.90	34.19	2950m:	33:41.59	34.69	3000m:	34:12.69	31.10		
<b>16.</b>	<b>REYES VALENZUELA, Abel</b>										<b>03</b>	<b>C.N. Mataró</b>	<b>34:17.66</b>	<b>12,00</b>
	50m:	31.56	31.56	800m:	8:56.45	33.90	1550m:	17:37.71	34.83	2300m:	26:19.01	34.74		
	100m:	1:04.50	32.94	850m:	9:30.71	34.26	1600m:	18:12.28	34.57	2350m:	26:53.56	34.55		
	150m:	1:38.37	33.87	900m:	10:05.21	34.50	1650m:	18:47.01	34.73	2400m:	27:28.31	34.75		
	200m:	2:11.93	33.56	950m:	10:39.60	34.39	1700m:	19:21.97	34.96	2450m:	28:02.98	34.67		
	250m:	2:45.53	33.60	1000m:	11:14.31	34.71	1750m:	19:57.17	35.20	2500m:	28:38.11	35.13		
	300m:	3:19.20	33.67	1050m:	11:49.09	34.78	1800m:	20:32.11	34.94	2550m:	29:11.64	33.53		
	350m:	3:52.94	33.74	1100m:	12:23.89	34.80	1850m:	21:06.51	34.40	2600m:	29:45.67	34.03		
	400m:	4:26.36	33.42	1150m:	12:58.46	34.57	1900m:	21:41.43	34.92	2650m:	30:19.41	33.74		
	450m:	4:59.91	33.55	1200m:	13:33.27	34.81	1950m:	22:16.51	35.08	2700m:	30:53.27	33.86		
	500m:	5:33.65	33.74	1250m:	14:08.01	34.74	2000m:	22:51.62	35.11	2750m:	31:27.77	34.50		
	550m:	6:07.14	33.49	1300m:	14:42.79	34.78	2050m:	23:26.22	34.60	2800m:	32:02.11	34.34		
	600m:	6:40.85	33.71	1350m:	15:17.95	35.16	2100m:	24:00.57	34.35	2850m:	32:36.64	34.53		
	650m:	7:14.75	33.90	1400m:	15:53.15	35.20	2150m:	24:34.74	34.17	2900m:	33:11.01	34.37		
	700m:	7:48.83	34.08	1450m:	16:27.96	34.81	2200m:	25:09.50	34.76	2950m:	33:44.43	33.42		
	750m:	8:22.55	33.72	1500m:	17:02.88	34.92	2250m:	25:44.27	34.77	3000m:	34:17.66	33.23		
<b>17.</b>	<b>PEREZ PUJOL, Oriol</b>										<b>05</b>	<b>C.N. Terrassa</b>	<b>34:23.33</b>	<b>11,00</b>
	50m:	31.77	31.77	800m:	9:05.70	34.49	1550m:	17:41.75	34.62	2300m:	26:20.94	34.37		
	100m:	1:05.03	33.26	850m:	9:40.27	34.57	1600m:	18:16.18	34.43	2350m:	26:55.60	34.66		
	150m:	1:39.02	33.99	900m:	10:14.97	34.70	1650m:	18:50.60	34.42	2400m:	27:30.31	34.71		
	200m:	2:13.13	34.11	950m:	10:49.35	34.38	1700m:	19:25.51	34.91	2450m:	28:04.78	34.47		
	250m:	2:47.26	34.13	1000m:	11:23.74	34.39	1750m:	20:00.44	34.93	2500m:	28:39.18	34.40		
	300m:	3:21.34	34.08	1050m:	11:58.19	34.45	1800m:	20:35.31	34.87	2550m:	29:13.56	34.38		
	350m:	3:55.74	34.40	1100m:	12:32.32	34.13	1850m:	21:09.74	34.43	2600m:	29:47.86	34.30		
	400m:	4:30.19	34.45	1150m:	13:06.65	34.33	1900m:	21:44.07	34.33	2650m:	30:22.21	34.35		
	450m:	5:04.40	34.21	1200m:	13:40.87	34.22	1950m:	22:18.60	34.53	2700m:	30:56.94	34.73		
	500m:	5:38.82	34.42	1250m:	14:15.11	34.24	2000m:	22:53.38	34.78	2750m:	31:31.64	34.70		
	550m:	6:13.30	34.48	1300m:	14:49.38	34.27	2050m:	23:28.11	34.73	2800m:	32:06.07	34.43		
	600m:	6:47.69	34.39	1350m:	15:23.75	34.37	2100m:	24:02.74	34.63	2850m:	32:40.82	34.75		
	650m:	7:22.03	34.34	1400m:	15:58.37	34.62	2150m:	24:37.37	34.63	2900m:	33:15.99	35.17		
	700m:	7:56.73	34.70	1450m:	16:32.58	34.21	2200m:	25:11.84	34.47	2950m:	33:50.29	34.30		
	750m:	8:31.21	34.48	1500m:	17:07.13	34.55	2250m:	25:46.57	34.73	3000m:	34:23.33	33.04		
<b>18.</b>	<b>MARTÍNEZ MARESMÀ, Pol</b>										<b>04</b>	<b>C.N. Mataró</b>	<b>34:29.63</b>	<b>10,00</b>
	50m:	32.32	32.32	800m:	9:03.19	34.88	1550m:	17:38.60	33.97	2300m:	26:19.81	34.94		
	100m:	1:05.16	32.84	850m:	9:38.02	34.83	1600m:	18:12.93	34.33	2350m:	26:54.13	34.32		
	150m:	1:38.54	33.38	900m:	10:12.66	34.64	1650m:	18:47.15	34.22	2400m:	27:28.93	34.80		
	200m:	2:12.83	34.29	950m:	10:47.15	34.49	1700m:	19:20.77	33.62	2450m:	28:04.19	35.26		
	250m:	2:46.97	34.14	1000m:	11:21.98	34.83	1750m:	19:56.10	35.33	2500m:	28:40.12	35.93		
	300m:	3:21.02	34.05	1050m:	11:56.62	34.64	1800m:	20:30.60	34.50	2550m:	29:15.00	34.88		
	350m:	3:54.73	33.71	1100m:	12:31.08	34.46	1850m:	21:04.92	34.32	2600m:	29:50.13	35.13		
	400m:	4:28.80	34.07	1150m:	13:05.53	34.45	1900m:	21:39.41	34.49	2650m:	30:26.06	35.93		
	450m:	5:03.08	34.28	1200m:	13:39.12	33.59	1950m:	22:14.17	34.76	2700m:	31:01.52	35.46		
	500m:	5:37.25	34.17	1250m:	14:13.69	34.57	2000m:	22:49.45	35.28	2750m:	31:37.35	35.83		
	550m:	6:11.60	34.35	1300m:	14:47.42	33.73	2050m:	23:24.51	35.06	2800m:	32:12.65	35.30		
	600m:	6:45.75	34.15	1350m:	15:21.81	34.39	2100m:	23:59.80	35.29	2850m:	32:47.49	34.84		
	650m:	7:19.21	33.46	1400m:	15:55.93	34.12	2150m:	24:35.03	35.23	2900m:	33:23.12	35.63		
	700m:	7:53.75	34.54	1450m:	16:30.30	34.37	2200m:	25:09.86	34.83	2950m:	33:58.26	35.14		
	750m:	8:28.31	34.56	1500m:	17:04.63	34.33	2250m:	25:44.87	35.01	3000m:	34:29.63	31.37		
<b>19.</b>	<b>BOTE BONELL, Josep</b>										<b>04</b>	<b>C.N. Terrassa</b>	<b>34:40.03</b>	<b>9,00</b>
	50m:	31.10	31.10	800m:	9:02.43	34.53	1550m:	17:43.67	35.13	2300m:	26:29.80	34.94		
	100m:	1:03.22	32.12	850m:	9:36.77	34.34	1600m:	18:19.16	35.49	2350m:	27:04.97	35.17		
	150m:	1:36.59	33.37	900m:	10:11.46	34.69	1650m:	18:54.50	35.34	2400m:	27:40.63	35.66		
	200m:	2:10.34	33.75	950m:	10:46.02	34.56	1700m:	19:29.60	35.10	2450m:	28:15.69	35.06		
	250m:	2:44.33	33.99	1000m:	11:21.10	35.08	1750m:	20:04.60	35.00	2500m:	28:51.24	35.55		
	300m:	3:18.59	34.26	1050m:	11:55.12	34.02	1800m:	20:40.28	35.68	2550m:	29:26.13	34.89		
	350m:	3:52.57	33.98	1100m:	12:29.76	34.64	1850m:	21:15.90	35.62	2600m:	30:01.60	35.47		
	400m:	4:26.98	34.41	1150m:	13:04.33	34.57	1900m:	21:50.88	34.98	2650m:	30:36.56	34.96		
	450m:	5:01.06	34.08	1200m:	13:39.52	35.19	1950m:	22:26.12	35.24	2700m:	31:11.88	35.32		
	500m:	5:35.97	34.91	1250m:	14:13.67	34.15	2000m:	23:00.97	34.85	2750m:	31:47.08	35.20		
	550m:	6:09.95	33.98	1300m:	14:48.43	34.76	2050m:	23:35.48	34.51	2800m:	32:22.43	35.35		
	600m:	6:44.43	34.48	1350m:	15:23.51	35.08	2100m:	24:10.33	34.85	2850m:	32:56.87	34.44		
	650m:	7:18.63	34.20	1400m:	15:58.43	34.92	2150m:	24:45.24	34.91	2900m:	33:31.96	35.09		
	700m:	7:53.29	34.66	1450m:	16:33.34	34.91	2200m:	25:19.94	34.70	2950m:	34:06.45	34.49		
	750m:	8:27.90	34.61	1500m:	17:08.54	35.20	2250m:	25:54.86	34.92	3000m:	34:40.03	33.58		

NQ = Nedadors NO Classificats (tall no superat)

Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY				Temps					
<b>20.</b>	<b>HOOGSTEDER RIERA, Nick</b>				<b>03</b>	<b>C.N. Banyoles</b>			<b>34:41.67</b>	<b>11,00</b>
	50m: 33.70	33.70	800m: 9:08.17	34.44	1550m: 17:48.46	34.57	2300m: 26:33.19	35.11		
	100m: 1:07.34	33.64	850m: 9:42.30	34.13	1600m: 18:23.34	34.88	2350m: 27:08.17	34.98		
	150m: 1:41.24	33.90	900m: 10:16.80	34.50	1650m: 18:58.18	34.84	2400m: 27:43.08	34.91		
	200m: 2:15.47	34.23	950m: 10:51.16	34.36	1700m: 19:33.18	35.00	2450m: 28:18.26	35.18		
	250m: 2:49.73	34.26	1000m: 11:25.57	34.41	1750m: 20:08.14	34.96	2500m: 28:53.02	34.76		
	300m: 3:24.47	34.74	1050m: 12:00.29	34.72	1800m: 20:43.03	34.89	2550m: 29:28.14	35.12		
	350m: 3:58.86	34.39	1100m: 12:35.06	34.77	1850m: 21:18.29	35.26	2600m: 30:03.22	35.08		
	400m: 4:33.27	34.41	1150m: 13:09.65	34.59	1900m: 21:53.24	34.95	2650m: 30:38.38	35.16		
	450m: 5:07.74	34.47	1200m: 13:44.67	35.02	1950m: 22:28.42	35.18	2700m: 31:13.75	35.37		
	500m: 5:41.77	34.03	1250m: 14:19.83	35.16	2000m: 23:03.41	34.99	2750m: 31:48.70	34.95		
	550m: 6:16.00	34.23	1300m: 14:54.61	34.78	2050m: 23:38.41	35.00	2800m: 32:23.65	34.95		
	600m: 6:50.56	34.56	1350m: 15:29.22	34.61	2100m: 24:13.32	34.91	2850m: 32:58.46	34.81		
	650m: 7:25.17	34.61	1400m: 16:04.05	34.83	2150m: 24:48.41	35.09	2900m: 33:33.09	34.63		
	700m: 7:59.57	34.40	1450m: 16:38.99	34.94	2200m: 25:23.41	35.00	2950m: 34:07.61	34.52		
	750m: 8:33.73	34.16	1500m: 17:13.89	34.90	2250m: 25:58.08	34.67	3000m: 34:41.67	34.06		
<b>21.</b>	<b>COLOMER JIMENEZ, Arnau</b>				<b>03</b>	<b>C.N. Granollers</b>			<b>34:46.97</b>	<b>10,00</b>
	50m: 31.47	31.47	800m: 8:49.33	35.40	1550m: 17:43.88	36.32	2300m: 26:41.21	34.53		
	100m: 1:03.16	31.69	850m: 9:23.40	34.07	1600m: 18:19.85	35.97	2350m: 27:16.33	35.12		
	150m: 1:35.32	32.16	900m: 9:58.55	35.15	1650m: 18:56.21	36.36	2400m: 27:51.65	35.32		
	200m: 2:07.50	32.18	950m: 10:33.63	35.08	1700m: 19:33.10	36.89	2450m: 28:27.65	36.00		
	250m: 2:39.59	32.09	1000m: 11:09.14	35.51	1750m: 20:09.89	36.79	2500m: 29:03.06	35.41		
	300m: 3:12.44	32.85	1050m: 11:44.76	35.62	1800m: 20:46.33	36.44	2550m: 29:38.45	35.39		
	350m: 3:45.00	32.56	1100m: 12:20.20	35.44	1850m: 21:22.94	36.61	2600m: 30:13.57	35.12		
	400m: 4:17.66	32.66	1150m: 12:55.82	35.62	1900m: 21:59.81	36.87	2650m: 30:48.70	35.13		
	450m: 4:50.36	32.70	1200m: 13:31.46	35.64	1950m: 22:35.60	35.79	2700m: 31:23.45	34.75		
	500m: 5:23.15	32.79	1250m: 14:05.47	34.01	2000m: 23:11.54	35.94	2750m: 31:58.52	35.07		
	550m: 5:56.54	33.39	1300m: 14:41.34	35.87	2050m: 23:46.60	35.06	2800m: 32:33.49	34.97		
	600m: 6:30.27	33.73	1350m: 15:18.26	36.92	2100m: 24:22.26	35.66	2850m: 33:06.69	33.20		
	650m: 7:04.66	34.39	1400m: 15:54.68	36.42	2150m: 24:57.13	34.87	2900m: 33:40.60	33.91		
	700m: 7:39.10	34.44	1450m: 16:30.97	36.29	2200m: 25:32.07	34.94	2950m: 34:14.42	33.82		
	750m: 8:13.93	34.83	1500m: 17:07.56	36.59	2250m: 26:06.68	34.61	3000m: 34:46.97	32.55		
<b>22.</b>	<b>ROURA CLEMENTE, Gerard</b>				<b>01</b>	<b>GEIEG</b>			<b>35:03.93</b>	<b>10,00</b>
	50m: 32.49	32.49	800m: 9:06.71	34.77	1550m: 17:54.34	35.73	2300m: 26:48.08	35.31		
	100m: 1:05.25	32.76	850m: 9:41.34	34.63	1600m: 18:29.77	35.43	2350m: 27:24.07	35.99		
	150m: 1:38.67	33.42	900m: 10:16.22	34.88	1650m: 19:05.78	36.01	2400m: 27:59.67	35.60		
	200m: 2:13.02	34.35	950m: 10:51.38	35.16	1700m: 19:40.87	35.09	2450m: 28:34.86	35.19		
	250m: 2:47.07	34.05	1000m: 11:26.56	35.18	1750m: 20:16.50	35.63	2500m: 29:10.90	36.04		
	300m: 3:21.22	34.15	1050m: 12:01.75	35.19	1800m: 20:52.18	35.68	2550m: 29:46.07	35.17		
	350m: 3:55.57	34.35	1100m: 12:36.67	34.92	1850m: 21:27.84	35.66	2600m: 30:21.66	35.59		
	400m: 4:30.11	34.54	1150m: 13:11.13	34.46	1900m: 22:03.57	35.73	2650m: 30:57.19	35.53		
	450m: 5:04.62	34.51	1200m: 13:46.48	35.35	1950m: 22:39.06	35.49	2700m: 31:32.39	35.20		
	500m: 5:39.43	34.81	1250m: 14:21.48	35.00	2000m: 23:14.92	35.86	2750m: 32:07.93	35.54		
	550m: 6:14.03	34.60	1300m: 14:57.22	35.74	2050m: 23:50.83	35.91	2800m: 32:43.33	35.40		
	600m: 6:48.43	34.40	1350m: 15:32.28	35.06	2100m: 24:26.39	35.56	2850m: 33:18.93	35.60		
	650m: 7:22.56	34.13	1400m: 16:07.85	35.57	2150m: 25:01.98	35.59	2900m: 33:54.62	35.69		
	700m: 7:57.34	34.78	1450m: 16:43.48	35.63	2200m: 25:37.43	35.45	2950m: 34:29.84	35.22		
	750m: 8:31.94	34.60	1500m: 17:18.61	35.13	2250m: 26:12.77	35.34	3000m: 35:03.93	34.09		
<b>23.</b>	<b>GOMEZ MARTINEZ, Sergi</b>				<b>03</b>	<b>C.N. Premià</b>			<b>35:10.31</b>	<b>9,00</b>
	50m: 33.61	33.61	800m: 9:20.46	34.70	1550m: 17:59.89	34.53	2300m: 26:52.14	34.95		
	100m: 1:08.29	34.68	850m: 9:55.16	34.70	1600m: 18:34.38	34.49	2350m: 27:27.83	35.69		
	150m: 1:43.62	35.33	900m: 10:29.71	34.55	1650m: 19:09.61	35.23	2400m: 28:03.78	35.95		
	200m: 2:19.16	35.54	950m: 11:04.63	34.92	1700m: 19:44.43	34.82	2450m: 28:39.44	35.66		
	250m: 2:54.47	35.31	1000m: 11:38.59	33.96	1750m: 20:19.68	35.25	2500m: 29:15.59	36.15		
	300m: 3:29.86	35.39	1050m: 12:13.20	34.61	1800m: 20:54.55	34.87	2550m: 29:51.18	35.59		
	350m: 4:05.09	35.23	1100m: 12:47.91	34.71	1850m: 21:29.87	35.32	2600m: 30:26.98	35.80		
	400m: 4:40.16	35.07	1150m: 13:22.77	34.86	1900m: 22:04.94	35.07	2650m: 31:02.79	35.81		
	450m: 5:15.29	35.13	1200m: 13:57.62	34.85	1950m: 22:40.15	35.21	2700m: 31:38.22	35.43		
	500m: 5:50.36	35.07	1250m: 14:32.04	34.42	2000m: 23:15.47	35.32	2750m: 32:13.45	35.23		
	550m: 6:25.54	35.18	1300m: 15:06.79	34.75	2050m: 23:51.19	35.72	2800m: 32:48.64	35.19		
	600m: 7:00.61	35.07	1350m: 15:41.52	34.73	2100m: 24:26.42	35.23	2850m: 33:24.19	35.55		
	650m: 7:36.00	35.39	1400m: 16:16.05	34.53	2150m: 25:01.93	35.51	2900m: 33:59.13	34.94		
	700m: 8:10.85	34.85	1450m: 16:50.62	34.57	2200m: 25:37.40	35.47	2950m: 34:36.27	37.14		
	750m: 8:45.76	34.91	1500m: 17:25.36	34.74	2250m: 26:17.19	39.79	3000m: 35:10.31	34.04		

NQ = Nedadors NO Classificats (tall no superat)

Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY		Temps	
<b>24. LLEÓ FERNANDEZ, Sergi</b>	<b>04</b>	<b>C.N. Figueres</b>	<b>35:15.78</b>	<b>8,00</b>
50m: 32.91 32.91	800m: 9:16.30 35.16	1550m: 18:04.31 35.51	2300m: 26:58.74 35.77	
100m: 1:06.95 34.04	850m: 9:51.08 34.78	1600m: 18:39.89 35.58	2350m: 27:34.38 35.64	
150m: 1:41.66 34.71	900m: 10:25.96 34.88	1650m: 19:15.09 35.20	2400m: 28:10.20 35.82	
200m: 2:16.43 34.77	950m: 11:01.35 35.39	1700m: 19:50.57 35.48	2450m: 28:46.15 35.95	
250m: 2:51.38 34.95	1000m: 11:36.35 35.00	1750m: 20:26.22 35.65	2500m: 29:22.29 36.14	
300m: 3:26.22 34.84	1050m: 12:11.08 34.73	1800m: 21:01.79 35.57	2550m: 29:58.18 35.89	
350m: 4:01.49 35.27	1100m: 12:46.23 35.15	1850m: 21:37.43 35.64	2600m: 30:34.02 35.84	
400m: 4:36.35 34.86	1150m: 13:21.25 35.02	1900m: 22:13.15 35.72	2650m: 31:09.97 35.95	
450m: 5:11.41 35.06	1200m: 13:56.63 35.38	1950m: 22:48.82 35.67	2700m: 31:46.08 36.11	
500m: 5:46.36 34.95	1250m: 14:31.95 35.32	2000m: 23:24.50 35.68	2750m: 32:21.65 35.57	
550m: 6:21.24 34.88	1300m: 15:07.44 35.49	2050m: 24:00.25 35.75	2800m: 32:57.17 35.52	
600m: 6:56.06 34.82	1350m: 15:42.62 35.18	2100m: 24:35.79 35.54	2850m: 33:32.85 35.68	
650m: 7:30.99 34.93	1400m: 16:17.54 34.92	2150m: 25:11.21 35.42	2900m: 34:08.05 35.20	
700m: 8:05.88 34.89	1450m: 16:53.08 35.54	2200m: 25:47.17 35.96	2950m: 34:42.92 34.87	
750m: 8:41.14 35.26	1500m: 17:28.80 35.72	2250m: 26:22.97 35.80	3000m: 35:15.78 32.86	
<b>25. BOOKER LARA, Oriol</b>	<b>04</b>	<b>C.N. Premià</b>	<b>35:35.68</b>	<b>7,00</b>
50m: 34.07 34.07	800m: 9:16.06 34.96	1550m: 18:10.12 35.24	2300m: 27:13.59 37.17	
100m: 1:08.40 34.33	850m: 9:50.93 34.87	1600m: 18:45.28 35.16	2350m: 27:50.71 37.12	
150m: 1:43.92 35.52	900m: 10:25.86 34.93	1650m: 19:20.71 35.43	2400m: 28:27.75 37.04	
200m: 2:19.40 35.48	950m: 11:01.16 35.30	1700m: 19:56.01 35.30	2450m: 29:04.70 36.95	
250m: 2:54.67 35.27	1000m: 11:36.69 35.53	1750m: 20:32.06 36.05	2500m: 29:41.73 37.03	
300m: 3:29.98 35.31	1050m: 12:11.95 35.26	1800m: 21:07.93 35.87	2550m: 30:17.08 35.35	
350m: 4:04.99 35.01	1100m: 12:47.78 35.83	1850m: 21:43.81 35.88	2600m: 30:52.31 35.23	
400m: 4:39.78 34.79	1150m: 13:23.53 35.75	1900m: 22:20.03 36.22	2650m: 31:27.50 35.19	
450m: 5:14.25 34.47	1200m: 13:59.19 35.66	1950m: 22:56.43 36.40	2700m: 32:02.49 34.99	
500m: 5:48.65 34.40	1250m: 14:35.17 35.98	2000m: 23:32.82 36.39	2750m: 32:37.68 35.19	
550m: 6:23.09 34.44	1300m: 15:11.32 36.15	2050m: 24:08.87 36.05	2800m: 33:13.27 35.59	
600m: 6:57.27 34.18	1350m: 15:46.72 35.40	2100m: 24:45.32 36.45	2850m: 33:49.29 36.02	
650m: 7:31.61 34.34	1400m: 16:22.64 35.92	2150m: 25:22.50 37.18	2900m: 34:25.02 35.73	
700m: 8:06.29 34.68	1450m: 16:58.31 35.67	2200m: 25:59.12 36.62	2950m: 35:00.07 35.05	
750m: 8:41.10 34.81	1500m: 17:34.88 36.57	2250m: 26:36.42 37.30	3000m: 35:35.68 35.61	
<b>26. LAGOS PAU, Aitor</b>	<b>95</b>	<b>C.N. L'hospitalet</b>	<b>35:47.77</b>	<b>9,00</b>
50m: 33.15 33.15	800m: 9:16.46 35.65	1550m: 18:14.50 36.06	2300m: 27:20.45 36.85	
100m: 1:07.11 33.96	850m: 9:51.94 35.48	1600m: 18:50.58 36.08	2350m: 27:56.97 36.52	
150m: 1:41.74 34.63	900m: 10:27.44 35.50	1650m: 19:26.74 36.16	2400m: 28:34.02 37.05	
200m: 2:16.24 34.50	950m: 11:03.45 36.01	1700m: 20:02.86 36.12	2450m: 29:10.54 36.52	
250m: 2:50.84 34.60	1000m: 11:39.24 35.79	1750m: 20:38.76 35.90	2500m: 29:47.05 36.51	
300m: 3:25.84 35.00	1050m: 12:15.16 35.92	1800m: 21:15.74 36.98	2550m: 30:23.52 36.47	
350m: 4:00.68 34.84	1100m: 12:50.83 35.67	1850m: 21:51.99 36.25	2600m: 30:59.50 35.98	
400m: 4:35.64 34.96	1150m: 13:26.73 35.90	1900m: 22:28.81 36.82	2650m: 31:35.63 36.13	
450m: 5:10.73 35.09	1200m: 14:02.16 35.43	1950m: 23:05.18 36.37	2700m: 32:11.80 36.17	
500m: 5:45.71 34.98	1250m: 14:38.67 36.51	2000m: 23:41.29 36.11	2750m: 32:48.37 36.57	
550m: 6:20.37 34.66	1300m: 15:14.49 35.82	2050m: 24:17.45 36.16	2800m: 33:24.55 36.18	
600m: 6:55.19 34.82	1350m: 15:50.38 35.89	2100m: 24:54.15 36.70	2850m: 34:00.66 36.11	
650m: 7:30.21 35.02	1400m: 16:25.87 35.49	2150m: 25:30.61 36.46	2900m: 34:36.93 36.27	
700m: 8:05.25 35.04	1450m: 17:02.30 36.43	2200m: 26:07.31 36.70	2950m: 35:13.04 36.11	
750m: 8:40.81 35.56	1500m: 17:38.44 36.14	2250m: 26:43.60 36.29	3000m: 35:47.77 34.73	
<b>27. BUSTOS FERNANDEZ, Aitor</b>	<b>04</b>	<b>C.N. Igualada</b>	<b>35:48.83</b>	<b>6,00</b>
50m: 33.94 33.94	800m: 9:21.66 35.03	1550m: 18:12.39 35.50	2300m: 27:13.19 36.73	
100m: 1:08.16 34.22	850m: 9:56.95 35.29	1600m: 18:47.92 35.53	2350m: 27:50.04 36.85	
150m: 1:43.43 35.27	900m: 10:32.10 35.15	1650m: 19:23.20 35.28	2400m: 28:26.43 36.39	
200m: 2:18.84 35.41	950m: 11:07.53 35.43	1700m: 19:58.72 35.52	2450m: 29:03.12 36.69	
250m: 2:54.17 35.33	1000m: 11:42.68 35.15	1750m: 20:34.17 35.45	2500m: 29:40.01 36.89	
300m: 3:29.49 35.32	1050m: 12:17.53 34.85	1800m: 21:09.92 35.75	2550m: 30:16.83 36.82	
350m: 4:04.63 35.14	1100m: 12:52.99 35.46	1850m: 21:45.55 35.63	2600m: 30:53.83 37.00	
400m: 4:39.89 35.26	1150m: 13:28.60 35.61	1900m: 22:21.61 36.06	2650m: 31:31.02 37.19	
450m: 5:15.24 35.35	1200m: 14:04.11 35.51	1950m: 22:57.83 36.22	2700m: 32:08.24 37.22	
500m: 5:50.43 35.19	1250m: 14:39.42 35.31	2000m: 23:33.80 35.97	2750m: 32:45.28 37.04	
550m: 6:25.74 35.31	1300m: 15:14.70 35.28	2050m: 24:09.78 35.98	2800m: 33:22.56 37.28	
600m: 7:01.06 35.32	1350m: 15:50.33 35.63	2100m: 24:46.05 36.27	2850m: 33:59.47 36.91	
650m: 7:36.46 35.40	1400m: 16:25.96 35.63	2150m: 25:22.87 36.82	2900m: 34:37.03 37.56	
700m: 8:11.76 35.30	1450m: 17:01.37 35.41	2200m: 25:59.85 36.98	2950m: 35:13.34 36.31	
750m: 8:46.63 34.87	1500m: 17:36.89 35.52	2250m: 26:36.46 36.61	3000m: 35:48.83 35.49	

NQ = Nedadors NO Classificats (tall no superat)



Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY				Temps					
<b>28. RAMOS RUIZ, Toni</b>	<b>05</b>				<b>N.C. Torelló</b>				<b>35:50.20</b>	<b>5,00</b>
50m: 33.31	33.31	800m: 9:35.22	35.87	1550m: 18:38.56	36.18	2300m: 27:43.70	35.98			
100m: 1:09.10	35.79	850m: 10:10.84	35.62	1600m: 19:15.40	36.84	2350m: 28:19.51	35.81			
150m: 1:45.35	36.25	900m: 10:47.06	36.22	1650m: 19:52.05	36.65	2400m: 28:54.93	35.42			
200m: 2:22.24	36.89	950m: 11:22.73	35.67	1700m: 20:28.15	36.10	2450m: 29:30.72	35.79			
250m: 2:59.27	37.03	1000m: 11:59.06	36.33	1750m: 21:04.65	36.50	2500m: 30:06.37	35.65			
300m: 3:35.53	36.26	1050m: 12:35.33	36.27	1800m: 21:40.95	36.30	2550m: 30:41.82	35.45			
350m: 4:12.17	36.64	1100m: 13:12.20	36.87	1850m: 22:17.26	36.31	2600m: 31:16.85	35.03			
400m: 4:48.71	36.54	1150m: 13:48.71	36.51	1900m: 22:54.12	36.86	2650m: 31:51.61	34.76			
450m: 5:24.86	36.15	1200m: 14:24.84	36.13	1950m: 23:30.43	36.31	2700m: 32:26.07	34.46			
500m: 6:00.95	36.09	1250m: 15:01.07	36.23	2000m: 24:07.19	36.76	2750m: 33:00.63	34.56			
550m: 6:36.80	35.85	1300m: 15:37.32	36.25	2050m: 24:43.40	36.21	2800m: 33:35.37	34.74			
600m: 7:12.28	35.48	1350m: 16:14.44	37.12	2100m: 25:19.23	35.83	2850m: 34:09.54	34.17			
650m: 7:48.12	35.84	1400m: 16:50.34	35.90	2150m: 25:55.01	35.78	2900m: 34:44.16	34.62			
700m: 8:23.40	35.28	1450m: 17:26.58	36.24	2200m: 26:31.30	36.29	2950m: 35:18.70	34.54			
750m: 8:59.35	35.95	1500m: 18:02.38	35.80	2250m: 27:07.72	36.42	3000m: 35:50.20	31.50			
<b>29. CASADO GARRIGUES, Manel</b>	<b>03</b>				<b>C.N. Mataró</b>				<b>35:51.13</b>	<b>8,00</b>
50m: 32.29	32.29	800m: 9:12.66	35.99	1550m: 18:20.40	36.98	2300m: 27:24.70	35.63			
100m: 1:05.81	33.52	850m: 9:49.00	36.34	1600m: 18:56.98	36.58	2350m: 28:00.93	36.23			
150m: 1:40.13	34.32	900m: 10:25.40	36.40	1650m: 19:33.50	36.52	2400m: 28:37.32	36.39			
200m: 2:14.34	34.21	950m: 11:01.59	36.19	1700m: 20:09.86	36.36	2450m: 29:13.84	36.52			
250m: 2:48.69	34.35	1000m: 11:37.63	36.04	1750m: 20:45.96	36.10	2500m: 29:50.62	36.78			
300m: 3:23.07	34.38	1050m: 12:13.80	36.17	1800m: 21:22.85	36.89	2550m: 30:27.42	36.80			
350m: 3:57.51	34.44	1100m: 12:50.15	36.35	1850m: 21:59.08	36.23	2600m: 31:03.98	36.56			
400m: 4:31.98	34.47	1150m: 13:26.71	36.56	1900m: 22:35.47	36.39	2650m: 31:40.74	36.76			
450m: 5:06.14	34.16	1200m: 14:03.56	36.85	1950m: 23:12.14	36.67	2700m: 32:17.31	36.57			
500m: 5:40.90	34.76	1250m: 14:40.19	36.63	2000m: 23:48.53	36.39	2750m: 32:53.31	36.00			
550m: 6:15.69	34.79	1300m: 15:16.99	36.80	2050m: 24:25.11	36.58	2800m: 33:29.49	36.18			
600m: 6:50.44	34.75	1350m: 15:53.83	36.84	2100m: 25:01.40	36.29	2850m: 34:05.79	36.30			
650m: 7:25.61	35.17	1400m: 16:30.39	36.56	2150m: 25:37.61	36.21	2900m: 34:41.63	35.84			
700m: 8:01.06	35.45	1450m: 17:06.73	36.34	2200m: 26:13.30	35.69	2950m: 35:17.10	35.47			
750m: 8:36.67	35.61	1500m: 17:43.42	36.69	2250m: 26:49.07	35.77	3000m: 35:51.13	34.03			
<b>30. MATAS VELASCO, Guillem</b>	<b>96</b>				<b>C.N. Granollers</b>				<b>36:01.09</b>	<b>8,00</b>
50m: 33.05	33.05	800m: 9:29.51	35.78	1550m: 18:30.89	35.90	2300m: 27:35.87	36.60			
100m: 1:07.30	34.25	850m: 10:05.31	35.80	1600m: 19:06.85	35.96	2350m: 28:12.54	36.67			
150m: 1:42.53	35.23	900m: 10:41.39	36.08	1650m: 19:42.89	36.04	2400m: 28:48.82	36.28			
200m: 2:17.82	35.29	950m: 11:17.33	35.94	1700m: 20:18.92	36.03	2450m: 29:25.76	36.94			
250m: 2:53.00	35.18	1000m: 11:53.37	36.04	1750m: 20:55.18	36.26	2500m: 30:01.88	36.12			
300m: 3:28.81	35.81	1050m: 12:29.19	35.82	1800m: 21:31.52	36.34	2550m: 30:37.55	35.67			
350m: 4:04.67	35.86	1100m: 13:05.24	36.05	1850m: 22:08.18	36.66	2600m: 31:13.68	36.13			
400m: 4:40.54	35.87	1150m: 13:41.49	36.25	1900m: 22:44.49	36.31	2650m: 31:50.17	36.49			
450m: 5:16.93	36.39	1200m: 14:17.24	35.75	1950m: 23:20.64	36.15	2700m: 32:26.52	36.35			
500m: 5:52.91	35.98	1250m: 14:53.37	36.13	2000m: 23:57.01	36.37	2750m: 33:02.84	36.32			
550m: 6:29.17	36.26	1300m: 15:29.44	36.07	2050m: 24:33.30	36.29	2800m: 33:38.94	36.10			
600m: 7:05.49	36.32	1350m: 16:05.91	36.47	2100m: 25:09.62	36.32	2850m: 34:15.00	36.06			
650m: 7:41.56	36.07	1400m: 16:42.37	36.46	2150m: 25:46.19	36.57	2900m: 34:50.90	35.90			
700m: 8:17.70	36.14	1450m: 17:18.76	36.39	2200m: 26:22.89	36.70	2950m: 35:26.75	35.85			
750m: 8:53.73	36.03	1500m: 17:54.99	36.23	2250m: 26:59.27	36.38	3000m: 36:01.09	34.34			
<b>31. FILOSO GARCIA, Alonso</b>	<b>02</b>				<b>C.E. Mediterrani</b>				<b>36:03.39</b>	<b>7,00</b>
50m: 32.26	32.26	800m: 9:05.74	35.92	1550m: 18:11.12	36.23	2300m: 27:24.87	37.25			
100m: 1:05.31	33.05	850m: 9:42.05	36.31	1600m: 18:47.12	36.00	2350m: 28:02.25	37.38			
150m: 1:38.81	33.50	900m: 10:17.81	35.76	1650m: 19:23.73	36.61	2400m: 28:39.49	37.24			
200m: 2:12.35	33.54	950m: 10:53.58	35.77	1700m: 20:00.43	36.70	2450m: 29:16.75	37.26			
250m: 2:46.09	33.74	1000m: 11:29.65	36.07	1750m: 20:36.81	36.38	2500m: 29:53.84	37.09			
300m: 3:19.60	33.51	1050m: 12:06.06	36.41	1800m: 21:13.52	36.71	2550m: 30:30.80	36.96			
350m: 3:53.18	33.58	1100m: 12:42.36	36.30	1850m: 21:49.84	36.32	2600m: 31:07.86	37.06			
400m: 4:26.63	33.45	1150m: 13:18.65	36.29	1900m: 22:27.12	37.28	2650m: 31:45.24	37.38			
450m: 5:00.30	33.67	1200m: 13:55.07	36.42	1950m: 23:04.57	37.45	2700m: 32:22.13	36.89			
500m: 5:34.32	34.02	1250m: 14:31.81	36.74	2000m: 23:41.56	36.99	2750m: 32:59.28	37.15			
550m: 6:08.96	34.64	1300m: 15:08.17	36.36	2050m: 24:18.46	36.90	2800m: 33:36.48	37.20			
600m: 6:43.90	34.94	1350m: 15:44.50	36.33	2100m: 24:55.11	36.65	2850m: 34:13.97	37.49			
650m: 7:19.00	35.10	1400m: 16:21.53	37.03	2150m: 25:32.74	37.63	2900m: 34:50.95	36.98			
700m: 7:54.52	35.52	1450m: 16:58.22	36.69	2200m: 26:10.30	37.56	2950m: 35:27.39	36.44			
750m: 8:29.82	35.30	1500m: 17:34.89	36.67	2250m: 26:47.62	37.32	3000m: 36:03.39	36.00			

NQ = Nedadors NO Classificats (tall no superat)

Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY										Temps	
<b>32. CRESPO BELTRAN, Xabier</b>	<b>05 C.N. Reus Ploms</b>										<b>36:06.40</b>	<b>4,00</b>
50m: 33.99	33.99	800m: 9:36.04	36.18	1550m: 18:39.19	35.58	2300m: 27:44.22	36.07					
100m: 1:09.25	35.26	850m: 10:12.03	35.99	1600m: 19:15.25	36.06	2350m: 28:20.12	35.90					
150m: 1:45.12	35.87	900m: 10:48.28	36.25	1650m: 19:51.42	36.17	2400m: 28:56.00	35.88					
200m: 2:21.16	36.04	950m: 11:24.32	36.04	1700m: 20:28.22	36.80	2450m: 29:31.92	35.92					
250m: 2:57.21	36.05	1000m: 12:00.55	36.23	1750m: 21:04.58	36.36	2500m: 30:07.64	35.72					
300m: 3:33.67	36.46	1050m: 12:36.65	36.10	1800m: 21:40.71	36.13	2550m: 30:43.69	36.05					
350m: 4:09.85	36.18	1100m: 13:13.00	36.35	1850m: 22:17.39	36.68	2600m: 31:19.43	35.74					
400m: 4:45.69	35.84	1150m: 13:49.18	36.18	1900m: 22:54.20	36.81	2650m: 31:54.92	35.49					
450m: 5:22.37	36.68	1200m: 14:25.55	36.37	1950m: 23:30.85	36.65	2700m: 32:31.89	36.97					
500m: 5:59.10	36.73	1250m: 15:01.62	36.07	2000m: 24:07.75	36.90	2750m: 33:07.53	35.64					
550m: 6:35.62	36.52	1300m: 15:37.91	36.29	2050m: 24:44.02	36.27	2800m: 33:43.91	36.38					
600m: 7:11.74	36.12	1350m: 16:14.45	36.54	2100m: 25:19.81	35.79	2850m: 34:19.86	35.95					
650m: 7:47.73	35.99	1400m: 16:50.64	36.19	2150m: 25:55.91	36.10	2900m: 34:56.34	36.48					
700m: 8:23.71	35.98	1450m: 17:27.36	36.72	2200m: 26:32.00	36.09	2950m: 35:31.94	35.60					
750m: 8:59.86	36.15	1500m: 18:03.61	36.25	2250m: 27:08.15	36.15	3000m: 36:06.40	34.46					
<b>33. SALVATELLA ESTANY, Pau</b>	<b>03 C.N. Banyoles</b>										<b>36:12.82</b>	<b>6,00</b>
50m: 33.76	33.76	800m: 9:25.39	35.91	1550m: 18:27.83	36.67	2300m: 27:37.56	36.98					
100m: 1:08.66	34.90	850m: 10:01.03	35.64	1600m: 19:04.26	36.43	2350m: 28:14.50	36.94					
150m: 1:43.60	34.94	900m: 10:37.12	36.09	1650m: 19:40.81	36.55	2400m: 28:51.31	36.81					
200m: 2:18.45	34.85	950m: 11:12.92	35.80	1700m: 20:17.11	36.30	2450m: 29:28.41	37.10					
250m: 2:53.55	35.10	1000m: 11:48.98	36.06	1750m: 20:53.59	36.48	2500m: 30:05.65	37.24					
300m: 3:29.01	35.46	1050m: 12:24.58	35.60	1800m: 21:30.04	36.45	2550m: 30:42.41	36.76					
350m: 4:04.43	35.42	1100m: 13:00.68	36.10	1850m: 22:07.05	37.01	2600m: 31:19.44	37.03					
400m: 4:39.93	35.50	1150m: 13:36.34	35.66	1900m: 22:43.63	36.58	2650m: 31:56.66	37.22					
450m: 5:15.54	35.61	1200m: 14:12.47	36.13	1950m: 23:20.58	36.95	2700m: 32:33.48	36.82					
500m: 5:50.98	35.44	1250m: 14:48.64	36.17	2000m: 23:57.61	37.03	2750m: 33:10.43	36.95					
550m: 6:26.43	35.45	1300m: 15:25.09	36.45	2050m: 24:34.01	36.40	2800m: 33:47.33	36.90					
600m: 7:02.30	35.87	1350m: 16:01.50	36.41	2100m: 25:10.31	36.30	2850m: 34:23.97	36.64					
650m: 7:37.81	35.51	1400m: 16:38.21	36.71	2150m: 25:47.12	36.81	2900m: 35:00.91	36.94					
700m: 8:13.72	35.91	1450m: 17:14.74	36.53	2200m: 26:23.95	36.83	2950m: 35:37.48	36.57					
750m: 8:49.48	35.76	1500m: 17:51.16	36.42	2250m: 27:00.58	36.63	3000m: 36:12.82	35.34					
<b>34. GIFREU MATILLÓ, Marc</b>	<b>04 C.N. Olot</b>										<b>36:25.87</b>	<b>3,00</b>
50m: 33.42	33.42	800m: 9:35.12	36.22	1550m: 18:39.41	35.82	2300m: 27:50.55	37.02					
100m: 1:08.89	35.47	850m: 10:11.03	35.91	1600m: 19:15.80	36.39	2350m: 28:27.98	37.43					
150m: 1:45.40	36.51	900m: 10:47.45	36.42	1650m: 19:52.14	36.34	2400m: 29:05.21	37.23					
200m: 2:22.14	36.74	950m: 11:23.29	35.84	1700m: 20:28.80	36.66	2450m: 29:42.23	37.02					
250m: 2:58.64	36.50	1000m: 11:59.48	36.19	1750m: 21:05.35	36.55	2500m: 30:18.76	36.53					
300m: 3:34.93	36.29	1050m: 12:35.95	36.47	1800m: 21:41.78	36.43	2550m: 30:55.74	36.98					
350m: 4:10.86	35.93	1100m: 13:12.67	36.72	1850m: 22:18.24	36.46	2600m: 31:32.76	37.02					
400m: 4:46.48	35.62	1150m: 13:49.40	36.73	1900m: 22:54.92	36.68	2650m: 32:09.66	36.90					
450m: 5:22.67	36.19	1200m: 14:25.62	36.22	1950m: 23:31.87	36.95	2700m: 32:46.93	37.27					
500m: 5:58.84	36.17	1250m: 15:01.64	36.02	2000m: 24:08.60	36.73	2750m: 33:24.26	37.33					
550m: 6:34.70	35.86	1300m: 15:37.93	36.29	2050m: 24:45.33	36.73	2800m: 34:01.22	36.96					
600m: 7:10.81	36.11	1350m: 16:14.65	36.72	2100m: 25:22.02	36.69	2850m: 34:38.16	36.94					
650m: 7:46.83	36.02	1400m: 16:51.02	36.37	2150m: 25:59.25	37.23	2900m: 35:14.61	36.45					
700m: 8:22.96	36.13	1450m: 17:27.58	36.56	2200m: 26:36.14	36.89	2950m: 35:50.22	35.61					
750m: 8:58.90	35.94	1500m: 18:03.59	36.01	2250m: 27:13.53	37.39	3000m: 36:25.87	35.65					
<b>35. ANSÓN BARRIENTOS, Pere</b>	<b>04 C.N. Figueres</b>										<b>36:39.30</b>	<b>2,00</b>
50m: 33.64	33.64	800m: 9:28.13	35.69	1550m: 18:30.41	36.82	2300m: 27:50.95	37.86					
100m: 1:08.51	34.87	850m: 10:03.95	35.82	1600m: 19:07.23	36.82	2350m: 28:28.52	37.57					
150m: 1:43.73	35.22	900m: 10:39.47	35.52	1650m: 19:44.18	36.95	2400m: 29:06.72	38.20					
200m: 2:19.43	35.70	950m: 11:15.34	35.87	1700m: 20:21.22	37.04	2450m: 29:44.33	37.61					
250m: 2:55.30	35.87	1000m: 11:51.53	36.19	1750m: 20:58.31	37.09	2500m: 30:22.03	37.70					
300m: 3:31.32	36.02	1050m: 12:27.21	35.68	1800m: 21:35.43	37.12	2550m: 31:00.28	38.25					
350m: 4:07.62	36.30	1100m: 13:03.18	35.97	1850m: 22:12.88	37.45	2600m: 31:38.70	38.42					
400m: 4:43.83	36.21	1150m: 13:39.24	36.06	1900m: 22:50.26	37.38	2650m: 32:16.86	38.16					
450m: 5:20.20	36.37	1200m: 14:15.08	35.84	1950m: 23:27.49	37.23	2700m: 32:55.06	38.20					
500m: 5:55.17	34.97	1250m: 14:51.65	36.57	2000m: 24:05.06	37.57	2750m: 33:33.21	38.15					
550m: 6:30.66	35.49	1300m: 15:27.78	36.13	2050m: 24:42.52	37.46	2800m: 34:11.18	37.97					
600m: 7:05.75	35.09	1350m: 16:04.12	36.34	2100m: 25:20.44	37.92	2850m: 34:48.77	37.59					
650m: 7:41.39	35.64	1400m: 16:40.05	35.93	2150m: 25:57.83	37.39	2900m: 35:26.29	37.52					
700m: 8:16.83	35.44	1450m: 17:16.66	36.61	2200m: 26:35.67	37.84	2950m: 36:03.89	37.60					
750m: 8:52.44	35.61	1500m: 17:53.59	36.93	2250m: 27:13.09	37.42	3000m: 36:39.30	35.41					

NQ = Nedadors NO Classificats (tall no superat)

Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY			Temps							
<b>36. GALVEZ FRAILE, Joel</b>	<b>03</b>			<b>G.E.N. Roses</b>			<b>36:55.07</b>		<b>5,00</b>		
50m:	33.63	33.63	800m:	9:30.77	36.37	1550m:	18:43.24	37.98	2300m:	28:09.54	37.87
100m:	1:07.85	34.22	850m:	10:07.23	36.46	1600m:	19:21.87	38.63	2350m:	28:47.56	38.02
150m:	1:42.45	34.60	900m:	10:43.45	36.22	1650m:	19:58.97	37.10	2400m:	29:25.46	37.90
200m:	2:17.61	35.16	950m:	11:19.98	36.53	1700m:	20:38.43	39.46	2450m:	30:03.04	37.58
250m:	2:52.74	35.13	1000m:	11:56.64	36.66	1750m:	21:15.55	37.12	2500m:	30:40.85	37.81
300m:	3:28.41	35.67	1050m:	12:33.36	36.72	1800m:	21:52.88	37.33	2550m:	31:18.29	37.44
350m:	4:04.31	35.90	1100m:	13:10.12	36.76	1850m:	22:30.34	37.46	2600m:	31:55.53	37.24
400m:	4:40.49	36.18	1150m:	13:47.03	36.91	1900m:	23:07.94	37.60	2650m:	32:32.96	37.43
450m:	5:16.72	36.23	1200m:	14:24.00	36.97	1950m:	23:45.63	37.69	2700m:	33:10.22	37.26
500m:	5:52.82	36.10	1250m:	15:00.64	36.64	2000m:	24:23.38	37.75	2750m:	33:48.23	38.01
550m:	6:29.21	36.39	1300m:	15:37.23	36.59	2050m:	25:00.66	37.28	2800m:	34:26.04	37.81
600m:	7:05.42	36.21	1350m:	16:14.28	37.05	2100m:	25:38.18	37.52	2850m:	35:03.65	37.61
650m:	7:41.94	36.52	1400m:	16:51.13	36.85	2150m:	26:16.10	37.92	2900m:	35:41.15	37.50
700m:	8:18.28	36.34	1450m:	17:28.18	37.05	2200m:	26:53.86	37.76	2950m:	36:18.45	37.30
750m:	8:54.40	36.12	1500m:	18:05.26	37.08	2250m:	27:31.67	37.81	3000m:	36:55.07	36.62
<b>37. BLANES FRIGOLA, Aleix</b>	<b>04</b>			<b>C.E. Àgora</b>			<b>37:18.49</b>		<b>1,00</b>		
50m:	32.30	32.30	800m:	9:26.78	36.41	1550m:	18:39.68	37.15	2300m:	28:11.01	38.32
100m:	1:05.36	33.06	850m:	10:03.49	36.71	1600m:	19:16.79	37.11	2350m:	28:49.79	38.78
150m:	1:39.67	34.31	900m:	10:40.26	36.77	1650m:	19:54.17	37.38	2400m:	29:28.16	38.37
200m:	2:14.66	34.99	950m:	11:17.40	37.14	1700m:	20:31.86	37.69	2450m:	30:06.36	38.20
250m:	2:49.44	34.78	1000m:	11:54.21	36.81	1750m:	21:09.79	37.93	2500m:	30:45.26	38.90
300m:	3:24.92	35.48	1050m:	12:30.93	36.72	1800m:	21:47.80	38.01	2550m:	31:24.77	39.51
350m:	4:00.09	35.17	1100m:	13:07.75	36.82	1850m:	22:26.02	38.22	2600m:	32:04.22	39.45
400m:	4:35.27	35.18	1150m:	13:44.52	36.77	1900m:	23:04.24	38.22	2650m:	32:43.80	39.58
450m:	5:11.02	35.75	1200m:	14:21.72	37.20	1950m:	23:42.00	37.76	2700m:	33:23.79	39.99
500m:	5:47.31	36.29	1250m:	14:58.56	36.84	2000m:	24:20.40	38.40	2750m:	34:03.61	39.82
550m:	6:23.29	35.98	1300m:	15:35.51	36.95	2050m:	24:58.84	38.44	2800m:	34:42.89	39.28
600m:	7:00.08	36.79	1350m:	16:12.25	36.74	2100m:	25:37.79	38.95	2850m:	35:22.15	39.26
650m:	7:36.33	36.25	1400m:	16:48.12	35.87	2150m:	26:16.52	38.73	2900m:	36:01.91	39.76
700m:	8:13.38	37.05	1450m:	17:25.26	37.14	2200m:	26:55.11	38.59	2950m:	36:40.80	38.89
750m:	8:50.37	36.99	1500m:	18:02.53	37.27	2250m:	27:32.69	37.58	3000m:	37:18.49	37.69
<b>38. AVELLANEDA RODRIGUEZ, Adrian</b>	<b>02</b>			<b>C.N. Cornellà</b>			<b>37:32.29</b>		<b>4,00</b>		
50m:	34.31	34.31	800m:	9:33.59	36.00	1550m:	18:48.77	37.84	2300m:	28:29.34	38.02
100m:	1:09.30	34.99	850m:	10:10.41	36.82	1600m:	19:26.87	38.10	2350m:	29:08.83	39.49
150m:	1:45.33	36.03	900m:	10:46.38	35.97	1650m:	20:05.03	38.16	2400m:	29:48.53	39.70
200m:	2:21.50	36.17	950m:	11:22.41	36.03	1700m:	20:43.88	38.85	2450m:	30:26.76	38.23
250m:	2:58.22	36.72	1000m:	11:58.79	36.38	1750m:	21:23.48	39.60	2500m:	31:06.09	39.33
300m:	3:34.04	35.82	1050m:	12:36.32	37.53	1800m:	22:01.45	37.97	2550m:	31:44.70	38.61
350m:	4:10.25	36.21	1100m:	13:12.83	36.51	1850m:	22:40.93	39.48	2600m:	32:23.06	38.36
400m:	4:44.84	34.59	1150m:	13:49.45	36.62	1900m:	23:20.36	39.43	2650m:	33:01.72	38.66
450m:	5:20.35	35.51	1200m:	14:25.97	36.52	1950m:	23:59.33	38.97	2700m:	33:40.12	38.40
500m:	5:56.47	36.12	1250m:	15:03.01	37.04	2000m:	24:36.92	37.59	2750m:	34:18.88	38.76
550m:	6:32.73	36.26	1300m:	15:39.25	36.24	2050m:	25:15.48	38.56	2800m:	34:57.93	39.05
600m:	7:09.13	36.40	1350m:	16:16.76	37.51	2100m:	25:55.38	39.90	2850m:	35:36.76	38.83
650m:	7:44.81	35.68	1400m:	16:54.94	38.18	2150m:	26:34.27	38.89	2900m:	36:15.57	38.81
700m:	8:20.94	36.13	1450m:	17:32.80	37.86	2200m:	27:13.14	38.87	2950m:	36:54.59	39.02
750m:	8:57.59	36.65	1500m:	18:10.93	38.13	2250m:	27:51.32	38.18	3000m:	37:32.29	37.70
<b>39. MUÑOZ MORENO, Egoitz</b>	<b>03</b>			<b>C.N. Barcelona</b>			<b>37:58.27</b>		<b>3,00</b>		
50m:	32.39	32.39	800m:	9:46.78	38.12	1550m:	19:17.86	35.27	2300m:	28:59.57	38.83
100m:	1:06.98	34.59	850m:	10:24.69	37.91	1600m:	19:55.73	37.87	2350m:	29:37.98	38.41
150m:	1:43.19	36.21	900m:	11:02.80	38.11	1650m:	20:34.38	38.65	2400m:	30:17.00	39.02
200m:	2:18.95	35.76	950m:	11:40.71	37.91	1700m:	21:13.28	38.90	2450m:	30:55.99	38.99
250m:	2:55.61	36.66	1000m:	12:19.43	38.72	1750m:	21:52.26	38.98	2500m:	31:34.72	38.73
300m:	3:32.12	36.51	1050m:	12:57.75	38.32	1800m:	22:31.01	38.75	2550m:	32:13.38	38.66
350m:	4:09.06	36.94	1100m:	13:35.62	37.87	1850m:	23:10.12	39.11	2600m:	32:52.65	39.27
400m:	4:45.99	36.93	1150m:	14:14.14	38.52	1900m:	23:49.15	39.03	2650m:	33:31.82	39.17
450m:	5:23.28	37.29	1200m:	14:52.24	38.10	1950m:	24:28.83	39.68	2700m:	34:10.73	38.91
500m:	6:00.87	37.59	1250m:	15:30.50	38.26	2000m:	25:08.16	39.33	2750m:	34:49.43	38.70
550m:	6:37.88	37.01	1300m:	16:08.56	38.06	2050m:	25:46.01	37.85	2800m:	35:28.16	38.73
600m:	7:15.34	37.46	1350m:	16:47.13	38.57	2100m:	26:24.10	38.09	2850m:	36:06.66	38.50
650m:	7:53.04	37.70	1400m:	17:25.74	38.61	2150m:	27:03.13	39.03	2900m:	36:44.34	37.68
700m:	8:30.54	37.50	1450m:	18:04.51	38.77	2200m:	27:41.82	38.69	2950m:	37:21.23	36.89
750m:	9:08.66	38.12	1500m:	18:42.59	38.08	2250m:	28:20.74	38.92	3000m:	37:58.27	37.04

NQ = Nedadors NO Classificats (tall no superat)



Campionat Catalunya Fons Indoor 2020-2021  
OLOT, 23/12/2020



Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY		Temps
BX SALLEN ARRANZ, Eric	03	C.N. Barcelona	-
BX FERNANDEZ I THOMAS, Marçal	03	C.N. Barcelona	-
BX COSTABELLA MORENO, Agustí	03	C.N. Barcelona	-
BX FERRI MARTINEZ, Marc	01	C.N. Barcelona	-
BX FANLO TORREMADE, Pau	04	C.N. Mataró	-
BX MONTEIRO VIEGAS, Marc	00	Fed Andorrana	-
BX TEIXEIRA PEREIRA, Kevin	05	Fed Andorrana	-

NQ = Nedadors NO Classificats (tall no superat)

Sponsor



Sponsor Institucional



Generalitat  
de Catalunya



esportcat

Certificacions

