

Prova 61
18/04/2021 - 17:43

400m Estils

YOB 1917 - 1971
Resultats

CR	4:57.45	CABANILLAS QUINTANILLA, Rafea	ESP	BARCELONA	13/01/2019
CR	5:31.10	GARCIA DIVIU, Nuria	ESP	SABADELL	12/01/2020

Punts: Taula Catalana 2021

Classificació ANY Temps Punts CAT

50+, Masc.

1.	PEREZ-PORTABELLA LOPEZ, Antoni	69	Cv Platja Llarga Tarragona	6:03.38	407			
	50m: 42.57	42.57	150m: 2:17.83	48.78	250m: 3:56.96	51.25	350m: 5:25.71	39.12
	100m: 1:29.05	46.48	200m: 3:05.71	47.88	300m: 4:46.59	49.63	400m: 6:03.38	37.67
2.	CINALLI, Carlos	70	C.N. Sant Adrià	6:18.39	361			
	50m: 38.86	38.86	150m: 2:13.70	50.65	250m: 3:59.64	55.25	350m: 5:37.39	44.17
	100m: 1:23.05	44.19	200m: 3:04.39	50.69	300m: 4:53.22	53.58	400m: 6:18.39	41.00
3.	JOFRE RUIZ, Ramon	67	C.N. Lleida	6:39.18	307			
	50m: 41.78	41.78	150m: 2:27.94	53.88	250m: 4:16.97	55.26	350m: 5:56.25	45.33
	100m: 1:34.06	52.28	200m: 3:21.71	53.77	300m: 5:10.92	53.95	400m: 6:39.18	42.93
4.	RIBON CALABIA, Enrique	68	Aquamàsters	6:49.19	285			
	50m: 53.06	53.06	150m: 2:42.53	53.54	250m: 4:25.87	51.55	350m: 6:04.07	46.28
	100m: 1:48.99	55.93	200m: 3:34.32	51.79	300m: 5:17.79	51.92	400m: 6:49.19	45.12

55+, Masc.

DNS BALCELLS PRAT, Josep 62 C.N. Olot

60+, Masc.

1.	CISNEROS HERRILLO, Jorge	61	C.N. Catalunya	6:39.17	444			
	50m: 46.14	46.14	150m: 2:31.53	52.25	250m: 4:17.12	54.53	350m: 5:57.52	45.39
	100m: 1:39.28	53.14	200m: 3:22.59	51.06	300m: 5:12.13	55.01	400m: 6:39.17	41.65

55+, Fem.

1.	PAGES SEGURA, Silvia	66	C.N. Terrassa	6:01.87	664			
	<i>Rècord Catalunya</i>							
	50m: 39.87	39.87	150m: 2:13.75	48.50	250m: 3:49.09	48.70	350m: 5:21.54	42.26
	100m: 1:25.25	45.38	200m: 3:00.39	46.64	300m: 4:39.28	50.19	400m: 6:01.87	40.33