

Event 1 Women, 400m Freestyle 1971 and older
12/6/2021 - 9:15 Results

CR 4:46.33 VELEZ, ANNE MILLAU BARCELONA-CNSA 21/5/2011

Points: Taula Catalana 2021

Rank YB Time Punts CAT

50+

1.	CARVAJAL DIAZ, Veronica	70	C.N. Badalona	6:42.62	339
	50m: 43.60 43.60	150m: 2:23.83 50.51	250m: 4:08.01 52.27	350m: 5:53.68 53.03	
	100m: 1:33.32 49.72	200m: 3:15.74 51.91	300m: 5:00.65 52.64	400m: 6:42.62 48.94	
2.	MAILLO LARA, Ascensio	69	C.N. Terrassa	6:59.91	299
	50m: 48.97 48.97	150m: 2:34.13 52.90	250m: 4:20.63 53.48	350m: 6:08.22 52.73	
	100m: 1:41.23 52.26	200m: 3:27.15 53.02	300m: 5:15.49 54.86	400m: 6:59.91 51.69	

55+

1.	MARTIN MONTAGUT, Ma Isabel	66	C.N. Prat Llobregat	7:35.35	241
	100m: 1:52.73 1:52.73	200m: 3:46.15 1:53.42	300m: 5:40.01 1:53.86	400m: 7:35.35 1:55.34	

60+

1.	BALBUENA ESPARZA, Loli	59	C.N. Sabadell	5:40.51	683
	50m: 38.15 38.15	150m: 2:03.50 42.81	250m: 3:30.52 43.65	350m: 4:57.40 43.35	
	100m: 1:20.69 42.54	200m: 2:46.87 43.37	300m: 4:14.05 43.53	400m: 5:40.51 43.11	
2.	PACHECO CUTILLAS, Mireia	61	F.P. Claror	6:12.14	523
	100m: 1:27.24 1:27.24	200m: 3:01.99 47.48	300m: 4:37.59 47.63	400m: 6:12.14 46.76	
	150m: 2:14.51 47.27	250m: 3:49.96 47.97	350m: 5:25.38 47.79		
3.	GIBERT PERRAMON, Rosa Maria	60	Club Nagi	6:44.70	407
	100m: 1:35.86 1:35.86	200m: 3:19.51 1:43.65	300m: 5:04.40 1:44.89	400m: 6:44.70 1:40.30	
4.	PUIGDUETA PANACH, Merce	61	C.N. Caldes	7:17.07	323
	50m: 48.50 48.50	150m: 2:39.57 56.17	250m: 4:31.05 55.88	350m: 6:23.19 56.00	
	100m: 1:43.40 54.90	200m: 3:35.17 55.60	300m: 5:27.19 56.14	400m: 7:17.07 53.88	
5.	BRIA FLAMARIQUE, Susana	59	C.N. Prat Llobregat	8:29.26	204
	50m: 56.42 56.42	150m: 3:00.96 1:03.36	250m: 5:08.91 1:04.57	350m: 7:21.15 1:07.05	
	100m: 1:57.60 1:01.18	200m: 4:04.34 1:03.38	300m: 6:14.10 1:05.19	400m: 8:29.26 1:08.11	

65+

1.	ARANIBAR DE VARGAS, Melva	55	C.N. Prat Llobregat	7:46.54	301
	50m: 54.04 54.04	150m: 2:51.14 58.67	250m: 4:49.82 59.87	350m: 6:50.13 1:00.31	
	100m: 1:52.47 58.43	200m: 3:49.95 58.81	300m: 5:49.82 1:00.00	400m: 7:46.54 56.41	

DNS LLIVINA CARBONELL, Maria Rosa 54 Aquamasters

70+

1.	MOLAS CANALS, Ma Dolors	51	C.N. Sabadell	8:19.70	275
	50m: 55.62 55.62	150m: 3:01.59 1:05.49	250m: 5:15.63 1:05.81	350m: 7:20.71 1:01.65	
	100m: 1:56.10 1:00.48	200m: 4:09.82 1:08.23	300m: 6:19.06 1:03.43	400m: 8:19.70 58.99	