

Event 27 **400m Medley** **1971 and older**
12/6/2021 **Results**

CR	5:04.05	RABAT, PIERRE	MILLAU	BARCELONA-CNSA	19/5/2013
CR	5:15.47	DANKWARDT-LILLIESTROM, FANN00051		SABADELL-CNS	16/7/2016

Points: Taula Catalana 2021

Rank	YB	Time	Punts CAT
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50+, Men

1.	GARCIA MOYANO, Oscar	71 C.N. Tres Cantos	5:32.32	635
	50m: 36.16 36.16	150m: 2:00.95 43.56	250m: 3:30.71 48.65	350m: 4:57.22 38.87
	100m: 1:17.39 41.23	200m: 2:42.06 41.11	300m: 4:18.35 47.64	400m: 5:32.32 35.10
2.	PEREZ-PORTABELLA LOPEZ, Antoni	69 Cv Platja Llarga Tarragona	6:18.04	431
	50m: 44.18 44.18	150m: 2:23.36 52.26	250m: 4:07.09 53.14	350m: 5:38.83 40.80
	100m: 1:31.10 46.92	200m: 3:13.95 50.59	300m: 4:58.03 50.94	400m: 6:18.04 39.21
3.	DE LA VEGA GIMENEZ, Rafael	69 C.D. Jerez Natacion Master	6:23.32	414
	50m: 40.85 40.85	150m: 2:21.94 52.36	250m: 4:06.62 55.15	350m: 5:43.21 41.38
	100m: 1:29.58 48.73	200m: 3:11.47 49.53	300m: 5:01.83 55.21	400m: 6:23.32 40.11
4.	RIBON CALABIA, Enrique	68 Aquamasters	7:01.52	311
	50m: 55.95 55.95	150m: 2:50.95 55.86	250m: 4:41.12 54.26	350m: 6:21.96 45.90
	100m: 1:55.09 59.14	200m: 3:46.86 55.91	300m: 5:36.06 54.94	400m: 7:01.52 39.56
5.	JOFRE RUIZ, Ramon	67 C.N. Lleida	7:03.12	308
	50m: 48.41 48.41	150m: 2:41.18 57.47	250m: 4:32.37 56.20	350m: 6:20.32 50.67
	100m: 1:43.71 55.30	200m: 3:36.17 54.99	300m: 5:29.65 57.28	400m: 7:03.12 42.80

55+, Men

1.	CARALT RIERA, Miquel	65 Aquamasters	5:53.47	623
	<i>Rècord Catalunya</i>			
	50m: 35.89 35.89	150m: 2:05.98 48.53	250m: 3:44.65 51.38	350m: 5:15.60 39.69
	100m: 1:17.45 41.56	200m: 2:53.27 47.29	300m: 4:35.91 51.26	400m: 5:53.47 37.87

DNS NAVARRO AGUIRRE, Juan Carlos 65 GEIEG

60+, Men

1.	CISNEROS HERRILLO, Jorge	61 C.N. Catalunya	6:49.67	426
	50m: 46.06 46.06	150m: 2:35.05 54.17	250m: 4:22.89 55.78	350m: 6:05.64 45.91
	100m: 1:40.88 54.82	200m: 3:27.11 52.06	300m: 5:19.73 56.84	400m: 6:49.67 44.03

70+, Men

1.	PROUS GRAU, Fernando	50 C.N. Reus Ploms	7:26.36	515
	<i>Rècord Catalunya</i>			
	50m: 46.60 46.60	150m: 2:39.64 58.73	250m: 4:40.29 1:03.04	350m: 6:36.70 54.30
	100m: 1:40.91 54.31	200m: 3:37.25 57.61	300m: 5:42.40 1:02.11	400m: 7:26.36 49.66

55+, Women

1.	PAGES SEGURA, Silvia	66 C.N. Terrassa	6:13.29	644
	<i>Rècord Espanya</i>			
	50m: 39.82 39.82	150m: 2:17.20 50.94	250m: 3:56.27 49.84	350m: 5:31.16 43.64
	100m: 1:26.26 46.44	200m: 3:06.43 49.23	300m: 4:47.52 51.25	400m: 6:13.29 42.13

PISCINA 50m

CRONOMETRATGE AUTOMÀTIC

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Event 27, 400m Medley

70+, Women

1.	CASTILLO MIQUEL, Roser	51	C.N. Palamos					9:50.62	345			
	<i>Rècord Espanya</i>											
	50m:	1:04.97	1:04.97	150m:	3:40.91	1:19.37	250m:	6:23.00	1:23.79	350m:	8:49.45	1:03.80
	100m:	2:21.54	1:16.57	200m:	4:59.21	1:18.30	300m:	7:45.65	1:22.65	400m:	9:50.62	1:01.17