

Organitza  
CLUB NATACIÓ  
SANT ANDREU



100 Federació  
Catalana  
de Natació

Patrocinen

VERI

CATALONIA  
HOTELS & RESORTS

Col·laboren



Generalitat  
de Catalunya

Diputació  
Barcelona

esportcat

# 42è TICB

Trofeu Internacional  
Ciutat de Barcelona

## GUIDE

5 i 6  
de JUNY  
2021



# NATACIÓ

TROFEU INTERNACIONAL

[cnsantandreu.com](http://cnsantandreu.com)  
[barcelona.cat/esports](http://barcelona.cat/esports)

Ajuntament de  
Barcelona





# WELCOME TO BARCELONA

Club Natació Sant Andreu and the Federació Catalana de Natació are the organizing committee of the 42nd International Ciutat de Barcelona Swimming Meet to be held on June 5th and 6th, 2021. This competition is included in the Mare Nostrum Tour with Canet in Roussillon (France) and Monaco.

Meet included in the FINA competition 2021: Olympic Games (Tokyo).

The meet will be held at the Pere Serrat swimming pool at the Club Natació Sant Andreu facilities:  
C/ Dublín, 10: <https://goo.gl/maps/wydhNxqfSjt689up8>



## SANITARY GUIDE

The Mare Nostrum Tour Sanitary Guide sets out the framework of medical, sanitary and hygienic countermeasures imposed by national governments of Monaco, France and Spain.

Venue staff and all those involved in the events are crucial to our success. Therefore, the organization of Mare Nostrum expects all parties to adhere to the hygienic best practices both in the controlled event environments and in their personal daily lives. All precautions set out in this document must be strictly accepted by all those involved.

The Sanitary Guideline is subject to legal provisions and other orders issued by the competent local authorities in the various countries.

This means creating a protected and contained environment for athletes and technical staff. The aim is to minimize the number of contacts between different groups.

## UPON ENTRY IN THE COUNTRY

Information to travel to Spain:

<https://www.spth.gob.es/>

<https://www.catalunya.com/info/covid>

<https://travelsafe.spain.info/en/>

Participants will be subject to border control.

The use of **protecting masks** for all participants is mandatory at any time.

Participants will **collect and carry their own luggages**.

The staff of organization will meet participants however **keeping social distance**.

Participants will be informed concerning accessing the bus and transportation to the Hotel.

Participants will be informed concerning the transport Hotel - Swimmingpool – Hotel.

## AT THE OFFICIAL HOTEL

### HOTEL CATALONIA ATENAS

Avenida Meridiana, 151 - 08026 BARCELONA TEL: + 34 93 232 20 11

Sanitary Guide: <https://www.cataloniahotels.com/en/measures-safe-and-clean>

## DURING THE STAY IN THE COUNTRIES

**Essential trips only:** hotel and swimming pool.

On the transport to wear protective mask and to keep social distancing is mandatory.

## DEPARTURE OF TEAMS

The organization will provide PCR test for the teams that need to leave the country. Complete information here:

<https://forms.gle/HK3nEpF8m5bqdgwR8>

## EVENT TEAM

Federació Catalana de Natació:

**Eugeni Ballarín:** Sports Manager

**Xavi Cenzano:** Meet Entry Secretary [natacio@natacio.cat](mailto:natacio@natacio.cat)

Club Natació Sant Andreu:

**Juan Diego Martínez** (General Manager)

**Adolf Ayza** (Team Manager) [ciutatdebarcelona@cnsantandreu.com](mailto:ciutatdebarcelona@cnsantandreu.com)

**Helena Pérez** (protocol and transport manager) [helena.perez@cnsantandreu.com](mailto:helena.perez@cnsantandreu.com)

**Laura Baldoví** (press officer) [laura.baldovi@cnsantandreu.com](mailto:laura.baldovi@cnsantandreu.com)

**Evangelos Papoutsidakis** (medical services)



## FACILITY CAPACITY

- Tier: 344 seats (fixed stand)  
412 seats (extra tier)
- TOTAL: 756 seats (fixed + extra).  
Seating distribution.

By [COVID regulations](#), the capacity of the facility is limited to 50% of the locations. Therefore, the maximum capacity will be 378 seats.

- Locations will be considered under the following measures:
  - a. Crowds at the entrances will be avoided, facilitating the established circulation and distance measures.
  - b. Social distancing



## INSTALLATION ACCESS



C/ Dublin, 10 - 08030 - Barcelona

## ACCREDITATION CENTER

There will be a Meeting Accreditation Center (CAM), which will be located before the pool's access.

To access to the facility on competition days is mandatory to fill out a self-responsibility form. Once filled in, an access QR will arrive at the indicated email.

This form will be active from 00:00 hours on Wednesday, June 2, 2021 until Friday, June 4, 2021. Participants must complete the attached form to access the facility on the two days of competition. It will be mandatory to follow of all the protocols established to be allowed to access to the facility.

- Access to the facility will be prevented to:
  - a . People with symptoms related to COVID-19.
  - b . People whose temperature exceeds 37.5° C.
- The facility access will have:
  - a . Digital thermometers for measuring external temperature.
  - b . Hand hydroalcoholic solution bottles.
  - c . Provision of masks to facilitate them in case of need.

## TRAINING AND COMPETITION VENUES

Training and Competition Venues are exclusively used for the Championships during the period thereof.

Only Participants with an access authorization may enter the Training and Competition Venues, while adhering of the Protocol.

No handshakes, hugs or any other form of close contact is allowed.

The training Venues of Teams is scheduled; all Competitors of the previous Team must leave the Training Location before another Team could enter.

This form is used to book pre-workouts from the 3rd at afternoon and the 4th morning and afternoon:

<https://forms.gle/y1EB4z9xDLXAM4X77>

## THE SWIMMING POOL

Competitors must follow the “enter, train, leave” rule;

- The area around the pool shall be disinfected according to the sanitary protocol.
- Zone of participants to a competition. The Venue is divided in 2 zones.
- Competitors are exempt from wearing a face mask when competing and at the training in the pool.

## TRAINING

The major issue with swim training is the application of acceptable physical distancing. In general, it has been calculated to accommodate 15 swimmers in a lane of a 50m pool. Therefore, at the warm up and competition pools teams will proceed as follows.

- Alternate start ends for each lane.
  - a . Lane 1 start this end
  - b . Lane 2 start far end
- Min 5 sec gap between swimmers to ensure minimal physical separation
- Maximum of 120 persons in the 50m pool (excluding staff and trainers)

Therefore, training groups will be organised taking into consideration the above principles.

- Coaches shall wear facemasks and respect physical distancing with other people when in the same area.



## WARM-UP POOL

All the athletes/teams shall respect the physical distancing with the other athletes/federations.

During the warm-up, a maximum of 15 athletes per lane is established.

An organized rotation based on the timing of the competition will be implemented.

If a delegation has a massage table, it must be used only by their athletes and not any athlete outside of this delegation. It must be cleaned after each massage.

## CALL ROOM

A specific protocol will be implemented before entering the competition area for the competitions.

The different call-rooms are set up in order to respect all the physical distancing. Swimmers shall wear their mask at all times.

In the Call Room (for series-tests) the athletes will receive a plastic bag for individual use where they can store their clothing and sports shoes used prior to the competition (it is recommended to use the essentials).

Athletes must access the "call room" between 10-12 minutes before the estimated start of each of the series.

All swimsuit controls will be visually executed while maintaining social distance. Once presented and passed through the Exit Arch, athletes will be able to take off the mask. Once they have competed, they must collect said bag from the place where they had previously deposited it (clothing bucket next to the athlete's chair) and they may go to the Recovery Chamber.



## DURING COMPETITION

The presentations of the finals A and B can be individual.

### Baskets

The volunteers will give each participant a plastic bag to place their clothes and shoes in the basket. The baskets will be arranged next to the chairs for swimmers.

### Water buckets

There will be no water buckets available for swimmers at the starting blocks.

### Judges

Separate tables to maintain physical distancing protocols will be provided at the official room. The officials on the pool deck will **always wear mask**.

### Coaches

Coaches shall not be allowed on the pool deck during the competition.

### Recovery chamber

It will be located behind the referees.

It can be used by athletes once their test is over.

Athletes will be able to use it for the recovery of their respiratory rhythm before accessing the area assigned to their team.

### Team Leaders Meeting

By COVID protocol the team meeting is canceled.

Technical information will be sent to all team leaders well in advance for their information.



## RESULTS

Results will be published both on the website of the MARE NOSTRUM SWIMMING

<http://marenostrumswimming.com/articles-2/2-58-42th-gran-premi-ciutat-de-barcelona-2021/>

<http://competicions.natacio.cat/2021/TICB2021/>

## AWARD CEREMONIES

Award ceremonies shall respect the physical distancing of 1.5 meters. Athletes must wear a mask.

No hand shaking or hugs are permitted between any medallist.

Medals are presented on a plate. The athlete must put the medal around his/her neck by himself/ herself.

Athletes shall stay on their individual podium until the ceremony is over.

**Legal note:** According to the Spanish Tax Department, Club Natació Sant Andreu, is responsible for filing taxes for all money awards. This tax obligation will be paid by our organization and will be depending on the country of origin of every swimmer.

Enclosed is a form that there will need to be completed by your Federation or Club participating prior to the competition. Completion of the form will be mandatory before the competition begins.

<https://form.jotform.com/211374108793053>

Documents to include with the form:

- [Passport copy](#)
- [Tax Residence Certificate.](#)

Once you have finished this process, you will receive a confirmation message that you will have to bring to collect the money awards for individual events.

**PRESS**

The number of media to be credited will be determined based on the available spaces and to ensure the recommended social distance.

No press accreditation will be delivered without prior request within the established deadlines (72 hours prior to the start of the competition).

All technical equipment for interviewing must be disinfected with sprayers.

In the areas for photographers that are delimited by the organization of the competition, a distance of 1.5 m must be maintained between the photographers and all available positions must be previously marked.

A person in charge of the organization will be determined to control the movements of the accredited media during the celebration of the competition.

In the MIXED ZONE (if arranged), the media representatives must maintain a distance of 1.5 m with the athletes at all times. Marks will be placed on the ground to guide professionals.

