



IV Campionat Catalunya Natació "Open" Màsters d'Hivern - P25
SABADELL, 8 - 9/1/2022



Prova 25
09/01/2022 - 10:16

400m Lliure

2002 i majors
Resultats

CR	4:09.06	GALLARDO FLORES, Alberto	ESP	Manresa	17/04/2021
CR	4:40.53	TORRAS PIEDEHIERRO, Judith	ESP	BARCELONA	13/01/2019

Punts: Taula Catalana 2021

Classificació ANY Temps Punts CAT

35+, Masc.

1.	CABANILLAS QUINTANILLA, Rafael	87	Marnaton	4:10.42	856
	50m: 28.98 28.98 150m: 1:31.02 31.20 250m: 2:34.07 31.72 350m: 3:38.58 32.51				
	100m: 59.82 30.84 200m: 2:02.35 31.33 300m: 3:06.07 32.00 400m: 4:10.42 31.84				
2.	NAVARRO GUILLÉN, Javier	87	Aquamàsters	4:24.01	730
	50m: 30.91 30.91 150m: 1:35.30 32.63 250m: 2:42.71 33.96 350m: 3:51.09 33.87				
	100m: 1:02.67 31.76 200m: 2:08.75 33.45 300m: 3:17.22 34.51 400m: 4:24.01 32.92				
3.	RODRIGUEZ RAMOS, Cristian	86	C.N. L'hospitalet	4:28.81	692
	50m: 28.59 28.59 150m: 1:31.58 31.82 250m: 2:40.30 35.72 350m: 3:55.48 37.72				
	100m: 59.76 31.17 200m: 2:04.58 33.00 300m: 3:17.76 37.46 400m: 4:28.81 33.33				
4.	ROLDAN GOMEZ, Antonio	84	C.N. Premià	4:32.42	665
	50m: 30.94 30.94 150m: 1:38.19 33.76 250m: 2:47.30 34.79 350m: 3:57.60 35.28				
	100m: 1:04.43 33.49 200m: 2:12.51 34.32 300m: 3:22.32 35.02 400m: 4:32.42 34.82				
5.	ROSELL POBLET, Josep M ^a	83	C.N. Tarraco	4:38.70	621
	50m: 31.82 31.82 150m: 1:41.62 35.19 250m: 2:52.45 35.37 350m: 4:04.25 35.71				
	100m: 1:06.43 34.61 200m: 2:17.08 35.46 300m: 3:28.54 36.09 400m: 4:38.70 34.45				
6.	FARO MOLINA, Victor	85	C.N. Terrassa	4:55.53	521
	50m: 32.64 32.64 150m: 1:44.01 35.78 250m: 2:58.13 37.46 350m: 4:16.53 39.25				
	100m: 1:08.23 35.59 200m: 2:20.67 36.66 300m: 3:37.28 39.15 400m: 4:55.53 39.00				

40+, Masc.

1.	CALLE MARTINEZ, Richard	81	C.N. L'hospitalet	4:34.92	671
	50m: 31.87 31.87 150m: 1:41.09 34.05 250m: 2:49.70 34.31 350m: 4:00.32 35.59				
	100m: 1:07.04 35.17 200m: 2:15.39 34.30 300m: 3:24.73 35.03 400m: 4:34.92 34.60				
2.	GOMEZ GARCES, Raul	78	Cv Platja Llarga Tarragona	4:43.29	613
	50m: 31.67 31.67 150m: 1:40.59 34.67 250m: 2:51.41 35.72 350m: 4:02.60 34.98				
	100m: 1:05.92 34.25 200m: 2:15.69 35.10 300m: 3:27.62 36.21 400m: 4:43.29 40.69				
3.	TORRES GARCIA, Jorge	79	C.N. Tarraco	5:03.17	500
	50m: 33.28 33.28 150m: 1:47.25 37.44 250m: 3:04.44 39.19 350m: 4:23.44 39.59				
	100m: 1:09.81 36.53 200m: 2:25.25 38.00 300m: 3:43.85 39.41 400m: 5:03.17 39.73				
DNS	BOVE SOLANES, Albert	78	C.N. Tarraco		
BX	VAQUERO VAZQUEZ, Fernando	79	Cambrils C.N.		

45+, Masc.

1.	RODRIGUEZ PAVON, David	73	GEiEG	4:36.97	676
	50m: 32.11 32.11 150m: 1:42.19 35.05 250m: 2:52.23 35.09 350m: 4:01.94 34.86				
	100m: 1:07.14 35.03 200m: 2:17.14 34.95 300m: 3:27.08 34.85 400m: 4:36.97 35.03				
2.	DURAN RIQUELME, Modesto	75	C.D. Jerez Natacion Master	4:39.52	658
	50m: 32.30 32.30 150m: 1:41.92 34.64 250m: 2:51.46 34.98 350m: 4:03.77 36.45				
	100m: 1:07.28 34.98 200m: 2:16.48 34.56 300m: 3:27.32 35.86 400m: 4:39.52 35.75				
3.	GLEIZES, Sylvain	74	F.P. Claror	4:42.37	638
	50m: 30.85 30.85 150m: 1:39.95 35.35 250m: 2:53.77 37.11 350m: 4:07.84 36.98				
	100m: 1:04.60 33.75 200m: 2:16.66 36.71 300m: 3:30.86 37.09 400m: 4:42.37 34.53				
4.	SAVESCU, George	75	C.D. Jerez Natacion Master	4:42.38	638
	50m: 31.59 31.59 150m: 1:41.92 35.78 250m: 2:54.83 36.64 350m: 4:08.63 36.85				
	100m: 1:06.14 34.55 200m: 2:18.19 36.27 300m: 3:31.78 36.95 400m: 4:42.38 33.75				

Piscina 25mts i cronometratge automàtic

Sponsor principal

Sponsors institucionals

Acreditacions

09/01/2022 15:39 - Pàgina 1





Prova 25, Masc., 400m Lliure, 45+

Classificació	ANY								Temps	Punts CAT	
5. SOLSONA OSET, Alex	73 C.N. Sabadell								4:47.51	604	
50m:	33.05	33.05	150m:	1:44.19	35.93	250m:	2:56.90	36.49	350m:	4:10.37	37.01
100m:	1:08.26	35.21	200m:	2:20.41	36.22	300m:	3:33.36	36.46	400m:	4:47.51	37.14
6. ORTEGA FERRE, Diego	76 Cv Platja Llarga Tarragona								4:48.48	598	
50m:	32.60	32.60	150m:	1:44.44	36.41	250m:	2:57.28	36.51	350m:	4:11.99	37.77
100m:	1:08.03	35.43	200m:	2:20.77	36.33	300m:	3:34.22	36.94	400m:	4:48.48	36.49
7. TORIBIO ECHEGOYEN, Alberto	77 Cee Sant Gervasi								4:58.77	539	
50m:	32.45	32.45	150m:	1:45.43	37.03	250m:	3:01.39	38.48	350m:	4:20.09	39.71
100m:	1:08.40	35.95	200m:	2:22.91	37.48	300m:	3:40.38	38.99	400m:	4:58.77	38.68

50+, Masc.

1. PIJUAN ORO, Lluís	72 C.E.N. Balaguer								4:29.68	745	
50m:	29.55	29.55	150m:	1:35.39	33.26	250m:	2:44.29	34.62	350m:	3:54.65	35.43
100m:	1:02.13	32.58	200m:	2:09.67	34.28	300m:	3:19.22	34.93	400m:	4:29.68	35.03
2. MORENO CALDERON, Antonio	71 C.N. Reus Ploms								4:51.81	588	
50m:	33.21	33.21	150m:	1:46.25	36.76	250m:	3:00.70	37.33	350m:	4:15.09	37.20
100m:	1:09.49	36.28	200m:	2:23.37	37.12	300m:	3:37.89	37.19	400m:	4:51.81	36.72
3. NAGL, Norbert	68 SC Hakoah Wien								5:00.60	538	
50m:	35.59	35.59	150m:	1:50.32	37.47	250m:	3:05.85	37.83	350m:	4:22.10	38.15
100m:	1:12.85	37.26	200m:	2:28.02	37.70	300m:	3:43.95	38.10	400m:	5:00.60	38.50
4. CARRIERE JORDANA, Xesco	69 Marnaton								5:04.61	517	
50m:	32.90	32.90	150m:	1:46.70	38.09	250m:	3:05.81	39.67	350m:	4:25.67	39.68
100m:	1:08.61	35.71	200m:	2:26.14	39.44	300m:	3:45.99	40.18	400m:	5:04.61	38.94

BX SOLE PUERTOLAS, Oscar 71 Aquamàsters

55+, Masc.

1. LATORRE SEGARRA, Francesc	66 Aquamàsters								5:16.43	530	
50m:	35.02	35.02	150m:	1:53.53	39.68	250m:	3:13.09	39.82	350m:	4:35.54	41.65
100m:	1:13.85	38.83	200m:	2:33.27	39.74	300m:	3:53.89	40.80	400m:	5:16.43	40.89
2. CAMPS RUSSINES, David	67 Marnaton								5:17.16	526	
50m:	33.94	33.94	150m:	1:51.60	39.53	250m:	3:12.35	40.58	350m:	4:36.46	41.23
100m:	1:12.07	38.13	200m:	2:31.77	40.17	300m:	3:55.23	42.88	400m:	5:17.16	40.70

60+, Masc.

1. MORCILLO ESPUNY, Joan Francesc	61 C.N. Badalona								5:08.03	673	
50m:	35.72	35.72	150m:	1:53.39	39.56	250m:	3:11.90	39.12	350m:	4:30.77	39.64
100m:	1:13.83	38.11	200m:	2:32.78	39.39	300m:	3:51.13	39.23	400m:	5:08.03	37.26
2. GOMEZ VELEZ, Rafael	62 C.N. Salou								5:08.85	668	
50m:	35.04	35.04	150m:	1:52.89	39.39	250m:	3:11.80	39.30	350m:	4:30.08	39.04
100m:	1:13.50	38.46	200m:	2:32.50	39.61	300m:	3:51.04	39.24	400m:	5:08.85	38.77

DNS CASTELLO AUQUE, Antoni 58 C.N. Reus Ploms

75+, Masc.

1. FARRE GANDUXE, Josep	46 C.N. Sant Andreu								6:27.54	538	
50m:	44.62	44.62	150m:	2:26.79	51.28	250m:	4:06.61	49.39	350m:	5:41.94	47.37
100m:	1:35.51	50.89	200m:	3:17.22	50.43	300m:	4:54.57	47.96	400m:	6:27.54	45.60



Prova 25, 400m Lliure

80+, Masc.

1. HENDRIK DE BRUIJN, Frederik	38 Aquamàsters	6:39.64	612
50m: 47.75 47.75	150m: 2:28.71 50.82	250m: 4:10.42 51.01	350m: 5:52.03 50.78
100m: 1:37.89 50.14	200m: 3:19.41 50.70	300m: 5:01.25 50.83	400m: 6:39.64 47.61

25+, Fem.

1. BERTRAN IZQUIERDO, Aida	96 C.E. Mediterrani	4:39.58	765
<i>Rècord Campionat</i>			
50m: 32.20 32.20	150m: 1:41.92 35.01	250m: 2:52.89 35.38	350m: 4:04.45 35.92
100m: 1:06.91 34.71	200m: 2:17.51 35.59	300m: 3:28.53 35.64	400m: 4:39.58 35.13
2. ARROYO GARCIA, Sonia	93 Aquamàsters	4:55.33	649
50m: 33.53 33.53	150m: 1:47.69 37.52	250m: 3:03.11 37.86	350m: 4:18.50 37.69
100m: 1:10.17 36.64	200m: 2:25.25 37.56	300m: 3:40.81 37.70	400m: 4:55.33 36.83

30+, Fem.

1. TARDAGUILA FERNANDEZ, Itziar	89 Swim Camp Getxo Cd	4:39.65	754
<i>Rècord Espanya</i>			
50m: 31.60 31.60	150m: 1:41.65 35.47	250m: 2:53.49 35.93	350m: 4:05.33 36.17
100m: 1:06.18 34.58	200m: 2:17.56 35.91	300m: 3:29.16 35.67	400m: 4:39.65 34.32
2. CARRERAS RODRIGUEZ, Alejandra	89 C.N. Parets	5:46.38	397
50m: 37.88 37.88	150m: 2:02.62 43.32	250m: 3:32.10 45.14	350m: 5:02.38 45.50
100m: 1:19.30 41.42	200m: 2:46.96 44.34	300m: 4:16.88 44.78	400m: 5:46.38 44.00
3. MARTÍNEZ SALCEDO, Nerea	89 C.N. Santa Perpètua	6:09.88	326
50m: 40.97 40.97	150m: 2:14.38 47.67	250m: 3:50.82 48.53	350m: 5:26.63 47.60
100m: 1:26.71 45.74	200m: 3:02.29 47.91	300m: 4:39.03 48.21	400m: 6:09.88 43.25

35+, Fem.

1. SANTIAGO DIAZ, Cristina	83 C.N. Sabadell	5:33.00	490
50m: 37.68 37.68	150m: 2:01.21 42.23	250m: 3:26.76 42.97	350m: 4:52.59 42.79
100m: 1:18.98 41.30	200m: 2:43.79 42.58	300m: 4:09.80 43.04	400m: 5:33.00 40.41
2. FERNANDEZ RAFEGAS, Olga	84 C.N. Caldes	5:45.04	441
50m: 38.57 38.57	150m: 2:04.04 43.92	250m: 3:33.69 44.90	350m: 5:03.03 44.74
100m: 1:20.12 41.55	200m: 2:48.79 44.75	300m: 4:18.29 44.60	400m: 5:45.04 42.01

40+, Fem.

1. POCULL VIÑETS, Natalia	82 C.N. Caldes	5:27.62	510
50m: 37.52 37.52	150m: 1:58.42 40.91	250m: 3:20.77 41.26	350m: 4:45.37 42.52
100m: 1:17.51 39.99	200m: 2:39.51 41.09	300m: 4:02.85 42.08	400m: 5:27.62 42.25
2. PATAKI, Ruth	78 SC Hakoah Wien	5:27.84	509
50m: 37.36 37.36	150m: 1:58.86 41.40	250m: 3:23.16 42.05	350m: 4:47.27 41.71
100m: 1:17.46 40.10	200m: 2:41.11 42.25	300m: 4:05.56 42.40	400m: 5:27.84 40.57
3. FERRAN CARMONA, Eva	79 C.N. Lleida	6:30.53	301
50m: 43.65 43.65	150m: 2:21.73 50.34	250m: 4:03.48 50.46	350m: 5:44.26 50.03
100m: 1:31.39 47.74	200m: 3:13.02 51.29	300m: 4:54.23 50.75	400m: 6:30.53 46.27

DNS VENTOSA TORRENS, Sandra	78 Radikal Swim
BX AGUILERA REVIDIEGO, Vanesa	80 Aquamàsters



Prova 25, 400m Lliure

45+, Fem.

1.	DELGADO COSTALES, Veronica Karer76	Cambrils C.N.	5:54.75	416
	50m: 40.53 40.53	150m: 2:08.59 44.83	250m: 3:38.96 45.05	350m: 5:11.13 46.24
	100m: 1:23.76 43.23	200m: 2:53.91 45.32	300m: 4:24.89 45.93	400m: 5:54.75 43.62
2.	PAYÀ RINCON, Laura	77 C.N. Sabadell	6:00.66	396
	50m: 39.19 39.19	150m: 2:07.66 45.05	250m: 3:39.84 46.76	350m: 5:13.74 46.87
	100m: 1:22.61 43.42	200m: 2:53.08 45.42	300m: 4:26.87 47.03	400m: 6:00.66 46.92
3.	PERA MENDEZ, Yolanda	73 C.N. Parets	6:35.52	300
	50m: 45.07 45.07	150m: 2:23.34 49.70	250m: 4:04.59 50.55	350m: 5:46.56 51.17
	100m: 1:33.64 48.57	200m: 3:14.04 50.70	300m: 4:55.39 50.80	400m: 6:35.52 48.96

50+, Fem.

1.	CAMPILLO VALLMAJÓ, Núria	69 Piri, Aece Vilassar De Mar	6:09.92	410
	50m: 41.96 41.96	150m: 2:13.79 46.56	250m: 3:49.02 47.47	350m: 5:24.53 47.55
	100m: 1:27.23 45.27	200m: 3:01.55 47.76	300m: 4:36.98 47.96	400m: 6:09.92 45.39
2.	DEL POZO MARRUGAT, Maria Helena 72	C.N. Sabadell	6:26.25	360
	50m: 43.34 43.34	150m: 2:19.99 48.93	250m: 3:58.76 49.34	350m: 5:37.82 49.06
	100m: 1:31.06 47.72	200m: 3:09.42 49.43	300m: 4:48.76 50.00	400m: 6:26.25 48.43
3.	CARVAJAL DIAZ, Veronica	70 C.N. Badalona	6:32.08	344
	50m: 44.77 44.77	150m: 2:23.16 50.59	250m: 4:04.10 50.78	350m: 5:45.34 50.73
	100m: 1:32.57 47.80	200m: 3:13.32 50.16	300m: 4:54.61 50.51	400m: 6:32.08 46.74
4.	MAILLO LARA, Ascensio	69 C.N. Terrassa	7:04.38	272
	50m: 48.34 48.34	150m: 2:33.57 53.24	250m: 4:21.88 54.44	350m: 6:11.47 54.89
	100m: 1:40.33 51.99	200m: 3:27.44 53.87	300m: 5:16.58 54.70	400m: 7:04.38 52.91
5.	ALVAREZ PINO, Olga	69 C.N. Terrassa	7:06.20	268
	50m: 43.78 43.78	150m: 2:27.48 53.43	250m: 4:17.53 55.41	350m: 6:10.54 56.25
	100m: 1:34.05 50.27	200m: 3:22.12 54.64	300m: 5:14.29 56.76	400m: 7:06.20 55.66

BX	VALLESPI SUÑE, Cristina	69 Aquamàsters
BX	FONT FORTUNY, M ^a Victoria	72 Aquamàsters

55+, Fem.

1.	RAVÉS OLIVÉ, Maria Del Mar	67 C.N. Tarraco	5:20.24	650
	<i>Rècord Catalunya</i>			
	50m: 36.40 36.40	150m: 1:56.86 40.33	250m: 3:18.85 41.12	350m: 4:41.11 41.26
	100m: 1:16.53 40.13	200m: 2:37.73 40.87	300m: 3:59.85 41.00	400m: 5:20.24 39.13
2.	PAGES SEGURA, Susana	66 C.N. Terrassa	5:22.68	635
	50m: 37.11 37.11	150m: 1:57.51 40.42	250m: 3:19.07 40.83	350m: 4:41.51 41.18
	100m: 1:17.09 39.98	200m: 2:38.24 40.73	300m: 4:00.33 41.26	400m: 5:22.68 41.17
3.	GARCÍA GUIRADO, María Victoria	64 Cv Platja Llarga Tarragona	5:49.03	502
	50m: 39.80 39.80	150m: 2:07.13 44.30	250m: 3:36.11 44.39	350m: 5:05.53 44.89
	100m: 1:22.83 43.03	200m: 2:51.72 44.59	300m: 4:20.64 44.53	400m: 5:49.03 43.50
4.	ALFONSO BLANES, M ^a Del Carmen	67 Cn.Palma De Mallorca	5:51.57	491
	50m: 38.82 38.82	150m: 2:06.19 44.26	250m: 3:37.11 45.31	350m: 5:07.90 45.47
	100m: 1:21.93 43.11	200m: 2:51.80 45.61	300m: 4:22.43 45.32	400m: 5:51.57 43.67

60+, Fem.

1.	GUILLEN MUÑOZ, M ^a Ramona	59 Cn.Palma De Mallorca	5:23.50	745
	50m: 36.83 36.83	150m: 1:58.35 41.23	250m: 3:20.65 40.99	350m: 4:43.36 41.52
	100m: 1:17.12 40.29	200m: 2:39.66 41.31	300m: 4:01.84 41.19	400m: 5:23.50 40.14



Prova 25, Fem., 400m Lliure, 60+

Classificació	ANY								Temps	Punts CAT		
2.	GIBERT PERRAMON, Rosa Maria 60 Club Nagi								6:48.92	369		
	50m:	46.52	46.52	150m:	2:29.86	52.26	250m:	4:15.37	53.03	350m:	6:00.16	52.44
	100m:	1:37.60	51.08	200m:	3:22.34	52.48	300m:	5:07.72	52.35	400m:	6:48.92	48.76

65+, Fem.

1.	LLIVINA CARBONELL, Maria Rosa 54 Aquamàsters								7:13.98	337		
	50m:	50.00	50.00	150m:	2:38.71	55.07	250m:	4:29.63	55.39	350m:	6:19.86	55.17
	100m:	1:43.64	53.64	200m:	3:34.24	55.53	300m:	5:24.69	55.06	400m:	7:13.98	54.12
2.	ARANIBAR DE VARGAS, Melva 55 C.N. Swimfaster Salt								7:44.91	274		
	50m:	52.20	52.20	150m:	2:47.60	59.42	250m:	4:47.19	59.77	350m:	6:47.21	59.68
	100m:	1:48.18	55.98	200m:	3:47.42	59.82	300m:	5:47.53	1:00.34	400m:	7:44.91	57.70