



43 TROFEU ALEJANDRO LOPEZ
BARCELONA, 12 - 13/2/2022



Prova 5
12/02/2022 - 17:36

Masc., 400m Estils

Open
Resultats

RC	4:16.98	, NUÑEZ MOLANO JAVIER	PALMA MALLORCA	04/04/2008
CCT	4:19.02	BOGGIATTO, ALESSIO	SABADELL	14/02/2009

Punts: FINA 2021

Classificació	ANY		Temps		Pts
1. PONS RAMON, Joan Lluís	96	C.N. Sant Andreu	4:23.75	790	
50m: 27.97 27.97	150m: 1:33.68 34.04	250m: 2:44.22 36.89	350m: 3:52.90 31.30		
100m: 59.64 31.67	200m: 2:07.33 33.65	300m: 3:21.60 37.38	400m: 4:23.75 30.85		
2. CHOUCAR, Ramzy	97	Cercle des Nageurs d'Antibes	4:31.97	720	
50m: 28.56 28.56	150m: 1:38.11 36.86	250m: 2:51.54 37.78	350m: 4:01.52 32.36		
100m: 1:01.25 32.69	200m: 2:13.76 35.65	300m: 3:29.16 37.62	400m: 4:31.97 30.45		
3. ALLANDE GONZALEZ, Jofre	98	C.N. Sabadell	4:32.53	716	
50m: 29.07 29.07	150m: 1:38.90 36.98	250m: 2:52.46 37.34	350m: 4:02.18 31.53		
100m: 1:01.92 32.85	200m: 2:15.12 36.22	300m: 3:30.65 38.19	400m: 4:32.53 30.35		
4. MORALES CEBEY, Hector	02	C.N. Granollers	4:36.56	685	
50m: 29.00 29.00	150m: 1:38.95 36.80	250m: 2:54.23 39.62	350m: 4:06.17 31.58		
100m: 1:02.15 33.15	200m: 2:14.61 35.66	300m: 3:34.59 40.36	400m: 4:36.56 30.39		
5. POU FERNANDEZ, Marc	01	C.N. Mataró	4:37.63	677	
50m: 29.26 29.26	150m: 1:40.19 37.13	250m: 2:55.63 38.59	350m: 4:07.06 32.05		
100m: 1:03.06 33.80	200m: 2:17.04 36.85	300m: 3:35.01 39.38	400m: 4:37.63 30.57		
6. GIJON ESPIGARES, Javier	99	C.E. Mediterrani	4:48.43	604	
50m: 28.74 28.74	150m: 1:39.24 37.87	250m: 2:56.45 41.02	350m: 4:14.64 35.55		
100m: 1:01.37 32.63	200m: 2:15.43 36.19	300m: 3:39.09 42.64	400m: 4:48.43 33.79		
7. PEREZ PUJOL, Oriol	05	C.N. Terrassa	4:54.20	569	
50m: 29.89 29.89	150m: 1:40.78 35.98	250m: 3:01.63 44.10	350m: 4:20.59 34.58		
100m: 1:04.80 34.91	200m: 2:17.53 36.75	300m: 3:46.01 44.38	400m: 4:54.20 33.61		
8. LANDA NEIRA, Gaizka	05	Getxo Igeriketa Bolue K.E.	4:58.52	544	
50m: 30.12 30.12	150m: 1:46.81 40.72	250m: 3:09.45 43.89	350m: 4:27.37 33.20		
100m: 1:06.09 35.97	200m: 2:25.56 38.75	300m: 3:54.17 44.72	400m: 4:58.52 31.15		
9. GRANERO PÉREZ, Abel	05	C.N. Granollers	4:58.54	544	
50m: 30.60 30.60	150m: 1:46.35 40.65	250m: 3:07.45 42.52	350m: 4:25.69 34.46		
100m: 1:05.70 35.10	200m: 2:24.93 38.58	300m: 3:51.23 43.78	400m: 4:58.54 32.85		
10. CARÓS ITÚRBIDE, Marc	03	C.E. Mediterrani	4:59.31	540	
50m: 30.27 30.27	150m: 1:45.19 39.71	250m: 3:04.81 42.27	350m: 4:24.29 37.12		
100m: 1:05.48 35.21	200m: 2:22.54 37.35	300m: 3:47.17 42.36	400m: 4:59.31 35.02		
11. CORTES VILARDELL, Pau	05	C.N. Caldes	5:00.28	535	
50m: 30.46 30.46	150m: 1:44.41 38.98	250m: 3:08.17 44.85	350m: 4:27.18 34.09		
100m: 1:05.43 34.97	200m: 2:23.32 38.91	300m: 3:53.09 44.92	400m: 5:00.28 33.10		
12. MORALES MONTES, Xavier	03	C.E. Mediterrani	5:03.23	519	
50m: 31.30 31.30	150m: 1:47.40 40.60	250m: 3:10.14 43.92	350m: 4:30.19 34.73		
100m: 1:06.80 35.50	200m: 2:26.22 38.82	300m: 3:55.46 45.32	400m: 5:03.23 33.04		
13. SPARANO CAPDEVILA, Lautaro Nehue06		C.N. Tarraco	5:13.53	470	
50m: 31.11 31.11	150m: 1:49.31 42.40	250m: 3:14.81 44.11	350m: 4:36.46 36.95		
100m: 1:06.91 35.80	200m: 2:30.70 41.39	300m: 3:59.51 44.70	400m: 5:13.53 37.07		
14. RUIZ JIMENEZ, Joan	05	C.N. Terrassa	5:15.08	463	
50m: 29.47 29.47	150m: 1:44.56 39.75	250m: 3:13.34 48.12	350m: 4:38.91 37.20		
100m: 1:04.81 35.34	200m: 2:25.22 40.66	300m: 4:01.71 48.37	400m: 5:15.08 36.17		
DSQ MORA LOPEZ, Pol	06	N.C. Torelló			
<i>DSI - DESQ SORTIDA IRREGULAR</i>					
BX FORNER RUIZ, Héctor	03	C.N. Badalona			

