



XVI TROFEU C.N. SABADELL - VIII MEMORIAL PAULUS WILDEBOER
SABADELL, 19 - 20/3/2022



Event 29
20/03/2022 - 18:10

Men, 400m Medley

Open
Results

RC	4:16.98	NUÑEZ MOLANO JAVIER	PALMA MALLORCA	04/04/2008
CCT	4:19.02	BOGGIATTO, ALESSIO	SABADELL	14/02/2009

Points: FINA 2021

Rank	YB		Time								Pts		
1.	CASTEJON RAMIREZ, Alex		98	C.N. Sabadell								4:23.61	791
	50m:	28.80	28.80	150m:	1:36.87	35.25	250m:	2:47.54	37.02	350m:	3:54.46	31.10	
	100m:	1:01.62	32.82	200m:	2:10.52	33.65	300m:	3:23.36	35.82	400m:	4:23.61	29.15	
2.	CHOUCHAR, Ramzy		97	Cercle des Nageurs d'Antibes								4:29.38	741
	50m:	27.86	27.86	150m:	1:35.92	35.98	250m:	2:48.93	37.27	350m:	3:58.40	31.94	
	100m:	59.94	32.08	200m:	2:11.66	35.74	300m:	3:26.46	37.53	400m:	4:29.38	30.98	
3.	BONAL HERNANDEZ, Mikel		02	Federacio Natacio Comunitat Valenciana								4:33.14	711
	50m:	28.19	28.19	150m:	1:36.13	35.46	250m:	2:51.29	39.37	350m:	4:02.28	31.85	
	100m:	1:00.67	32.48	200m:	2:11.92	35.79	300m:	3:30.43	39.14	400m:	4:33.14	30.86	
4.	ORTIZ MARTINEZ, Carlos		04	C.N. Barcelona								4:37.47	678
	50m:	28.28	28.28	150m:	1:37.70	35.60	250m:	2:52.65	40.45	350m:	4:06.61	32.79	
	100m:	1:02.10	33.82	200m:	2:12.20	34.50	300m:	3:33.82	41.17	400m:	4:37.47	30.86	
5.	MONCHO GONZALEZ, Pau		03	Federacio Natacio Comunitat Valenciana								4:38.81	668
	50m:	29.28	29.28	150m:	1:39.01	35.89	250m:	2:53.69	39.31	350m:	4:06.96	32.18	
	100m:	1:03.12	33.84	200m:	2:14.38	35.37	300m:	3:34.78	41.09	400m:	4:38.81	31.85	
6.	ARRUABARRENA MAYOR, Ander		99	C.N. Sant Andreu								4:41.96	646
	50m:	28.81	28.81	150m:	1:37.92	35.24	250m:	2:54.74	41.55	350m:	4:09.98	32.51	
	100m:	1:02.68	33.87	200m:	2:13.19	35.27	300m:	3:37.47	42.73	400m:	4:41.96	31.98	
7.	CABEZUELO AREVALO, Albert		04	C.N. Sabadell								4:43.46	636
	50m:	30.22	30.22	150m:	1:41.10	37.33	250m:	2:57.59	41.00	350m:	4:11.99	33.48	
	100m:	1:03.77	33.55	200m:	2:16.59	35.49	300m:	3:38.51	40.92	400m:	4:43.46	31.47	
8.	DUVET, Alexis		05	Aqua Climbs Millau Grands Causses								4:46.59	615
	50m:	31.43	31.43	150m:	1:45.02	37.72	250m:	3:02.62	41.52	350m:	4:16.94	32.44	
	100m:	1:07.30	35.87	200m:	2:21.10	36.08	300m:	3:44.50	41.88	400m:	4:46.59	29.65	
9.	PEROSANZ LOPEZ, Guillermo		01	C.N. Sabadell								4:46.85	614
	50m:	28.60	28.60	150m:	1:39.74	38.27	250m:	3:02.21	45.30	350m:	4:17.76	30.97	
	100m:	1:01.47	32.87	200m:	2:16.91	37.17	300m:	3:46.79	44.58	400m:	4:46.85	29.09	
10.	GIJON ESPIGARES, Javier		99	C.E. Mediterrani								4:49.77	595
	50m:	29.00	29.00	150m:	1:40.89	37.90	250m:	2:57.92	41.01	350m:	4:15.27	34.77	
	100m:	1:02.99	33.99	200m:	2:16.91	36.02	300m:	3:40.50	42.58	400m:	4:49.77	34.50	
11.	BOTE BONELL, Josep		04	C.N. Terrassa								4:53.32	574
	50m:	31.05	31.05	150m:	1:42.58	35.92	250m:	3:02.53	43.22	350m:	4:19.98	34.21	
	100m:	1:06.66	35.61	200m:	2:19.31	36.73	300m:	3:45.77	43.24	400m:	4:53.32	33.34	
12.	CORTES VILARDELL, Pau		05	C.N. Caldes								4:56.02	558
	50m:	30.10	30.10	150m:	1:44.06	39.24	250m:	3:06.21	43.53	350m:	4:23.72	33.95	
	100m:	1:04.82	34.72	200m:	2:22.68	38.62	300m:	3:49.77	43.56	400m:	4:56.02	32.30	
13.	BLANES FRIGOLA, Aleix		04	C.E. Agora								4:59.61	539
	50m:	30.65	30.65	150m:	1:46.13	40.30	250m:	3:08.54	43.45	350m:	4:27.82	34.86	
	100m:	1:05.83	35.18	200m:	2:25.09	38.96	300m:	3:52.96	44.42	400m:	4:59.61	31.79	
14.	MORALES MONTES, Xavier		03	C.E. Mediterrani								4:59.83	537
	50m:	31.48	31.48	150m:	1:47.00	40.59	250m:	3:08.99	43.16	350m:	4:27.91	34.23	
	100m:	1:06.41	34.93	200m:	2:25.83	38.83	300m:	3:53.68	44.69	400m:	4:59.83	31.92	
15.	GRANERO PEREZ, Abel		05	C.N. Granollers								5:00.37	534
	50m:	30.78	30.78	150m:	1:47.38	40.95	250m:	3:10.64	43.38	350m:	4:28.85	34.10	
	100m:	1:06.43	35.65	200m:	2:27.26	39.88	300m:	3:54.75	44.11	400m:	5:00.37	31.52	
16.	SPARANO CAPDEVILA, Lautaro Nehue		06	C.N. Tarraco								5:04.65	512
	50m:	30.71	30.71	150m:	1:47.69	41.14	250m:	3:11.88	43.25	350m:	4:32.04	35.73	
	100m:	1:06.55	35.84	200m:	2:28.63	40.94	300m:	3:56.31	44.43	400m:	5:04.65	32.61	



Event 29, Men, 400m Medley, Open

Rank		YB								Time	Pts
17.	DEL CASTILLO MASICH, Guillem	06	C.N. Tarraco							5:04.72	512
	50m: 31.01 31.01	150m: 1:48.79	40.61	250m: 3:11.73	43.38	350m: 4:30.64	35.25				
	100m: 1:08.18 37.17	200m: 2:28.35	39.56	300m: 3:55.39	43.66	400m: 5:04.72	34.08				
DNS	SAXOD, Andrea	04	Speedo Swim Squads								
WDR	MORALES CEBEY, Hector	02	C.N. Granollers								
WDR	POU FERNANDEZ, Marc	01	C.N. Mataro								
WDR	CORONA EDO, Marc	07	C.N. Sabadell								
WDR	ESCRITS MANOSA, Albert	98	C.N. Sant Andreu								