

Prova 28
24/10/2021

Masc., 400m Lliure

Copa Catalana Absoluta Masculí
Resultats

Rècord Catalunya 3:42.87 , NUÑEZ MOLANO JAVIER PALMA DE MALLORCA 18/12/2005

Classificació	ANY		Temps								
1. ARROYO PEREZ, Antonio <i>1r Parcial 200L + 3</i>	94	C.N. Atl Barceloneta	4:05.54 11,00								
50m:	27.43	27.43	150m:	1:27.93	30.59	250m:	2:31.94	32.28	350m:	3:34.78	30.53
100m:	57.34	29.91	200m:	1:59.66	31.73	300m:	3:04.25	32.31	400m:	4:05.54	30.76
2. ROSELL DÍEZ, Martí	07	C.N. Tarraco	4:08.03 7,00								
50m:	28.01	28.01	150m:	1:29.82	31.14	250m:	2:33.45	32.12	350m:	3:36.80	31.42
100m:	58.68	30.67	200m:	2:01.33	31.51	300m:	3:05.38	31.93	400m:	4:08.03	31.23
3. CABANILLAS QUINTANILLA, Rafael	87	C.N. Sant Feliu	4:08.89 6,00								
50m:	29.24	29.24	150m:	1:32.02	31.64	250m:	2:35.72	31.93	350m:	3:38.76	31.51
100m:	1:00.38	31.14	200m:	2:03.79	31.77	300m:	3:07.25	31.53	400m:	4:08.89	30.13
4. LAGOS PAU, Aitor	95	C.N. L'hospitalet	4:12.71 5,00								
50m:	28.99	28.99	150m:	1:31.36	31.39	250m:	2:34.76	31.65	350m:	3:40.39	33.12
100m:	59.97	30.98	200m:	2:03.11	31.75	300m:	3:07.27	32.51	400m:	4:12.71	32.32
5. BRUNET AMARGANT, Pol	03	C.N. Calella	4:25.22 4,00								
50m:	28.58	28.58	150m:	1:35.28	34.07	250m:	2:43.17	33.99	350m:	3:51.93	34.55
100m:	1:01.21	32.63	200m:	2:09.18	33.90	300m:	3:17.38	34.21	400m:	4:25.22	33.29
6. ESTEBAN AGUILERA, Raul	03	C.N. Cornellà	4:28.21 3,00								
50m:	29.75	29.75	150m:	1:36.15	33.81	250m:	2:44.85	34.47	350m:	3:54.54	34.93
100m:	1:02.34	32.59	200m:	2:10.38	34.23	300m:	3:19.61	34.76	400m:	4:28.21	33.67
7. RIERA CANELADA, Eloi	07	C.N. Banyoles	4:36.18 2,00								
50m:	30.05	30.05	150m:	1:37.47	34.43	250m:	2:48.61	35.47	350m:	4:00.77	35.94
100m:	1:03.04	32.99	200m:	2:13.14	35.67	300m:	3:24.83	36.22	400m:	4:36.18	35.41