

Prova 4
24/10/2021

Masc., 400m Estils

Copa Catalana Absoluta Masculí
Resultats

Rècord Catalunya 4:05.09 , CABELLO FORNS ALAN ESTAMBUL (TUR) 11/12/2009

Classificació	ANY		Temps								
1. ARROYO PEREZ, Antonio	94	C.N. Atl Barceloneta	4:33.72 11,00								
<i>MParcial Pp + 1 MParcial Esq + 1 MParcial Ll + 1 </i>											
50m:	27.72	27.72	150m:	1:34.34	35.54	250m:	2:50.17	40.98	350m:	4:03.46	31.87
100m:	58.80	31.08	200m:	2:09.19	34.85	300m:	3:31.59	41.42	400m:	4:33.72	30.26
2. SANCHEZ HURTADO, Alex	00	C.N. L'hospitalet	4:34.04 8,00								
<i>MParcial Br + 1 </i>											
50m:	27.72	27.72	150m:	1:35.07	36.13	250m:	2:50.34	39.76	350m:	4:02.91	32.20
100m:	58.94	31.22	200m:	2:10.58	35.51	300m:	3:30.71	40.37	400m:	4:34.04	31.13
3. FERNANDEZ RODRIGO, Isak	07	C.N. Calella	4:59.45 6,00								
50m:	30.81	30.81	150m:	1:45.40	38.87	250m:	3:07.16	44.44	350m:	4:26.06	34.55
100m:	1:06.53	35.72	200m:	2:22.72	37.32	300m:	3:51.51	44.35	400m:	4:59.45	33.39
4. DEL CASTILLO MASICH, Guillem	06	C.N. Tarraco	5:00.52 5,00								
50m:	30.94	30.94	150m:	1:46.05	38.53	250m:	3:05.98	42.23	350m:	4:25.01	35.45
100m:	1:07.52	36.58	200m:	2:23.75	37.70	300m:	3:49.56	43.58	400m:	5:00.52	35.51
5. RIBAS GARCIA, Oriol	06	C.N. Sant Feliu	5:04.16 4,00								
50m:	30.50	30.50	150m:	1:45.18	39.56	250m:	3:07.40	43.29	350m:	4:28.47	36.83
100m:	1:05.62	35.12	200m:	2:24.11	38.93	300m:	3:51.64	44.24	400m:	5:04.16	35.69
6. ANDREU GASCON, Pau Xiao	04	C.N. Cornellà	5:04.56 3,00								
50m:	29.76	29.76	150m:	1:44.35	38.73	250m:	3:06.69	43.75	350m:	4:28.00	35.52
100m:	1:05.62	35.86	200m:	2:22.94	38.59	300m:	3:52.48	45.79	400m:	5:04.56	36.56
7. ESTELA JORDA, Marti	07	C.N. Banyoles	5:19.64 2,00								
50m:	34.20	34.20	150m:	1:56.92	41.29	250m:	3:21.59	43.92	350m:	4:45.14	36.61
100m:	1:15.63	41.43	200m:	2:37.67	40.75	300m:	4:08.53	46.94	400m:	5:19.64	34.50