

Prova 30
 28/01/2023

Masc., 400m Lliure

 13 anys masculí
 Resultats

MMN	4:09.26	JULIA TOUS FERRAN	CERVERA	19/10/2013
MMC	4:09.26	JULIA TOUS FERRAN	CERVERA	19/10/2013

Punts:

Classificació

ANY

TempeFCN2019

1.	VELA OBIOLS, Roc	10	C.N. Tarraco	4:20.37
	50m: 28.83 28.83	150m: 1:33.78	33.02 250m: 2:39.81	31.93 350m: 3:47.16 32.90
	100m: 1:00.76 31.93	200m: 2:07.88	34.10 300m: 3:14.26	34.45 400m: 4:20.37 33.21
2.	PARRA CALVO, Alex	10	C.N. Vilafranca	4:47.00
	50m: 31.86 31.86	150m: 1:44.62	36.77 250m: 2:58.64	36.84 350m: 4:12.48 36.50
	100m: 1:07.85 35.99	200m: 2:21.80	37.18 300m: 3:35.98	37.34 400m: 4:47.00 34.52
3.	NOSÀS HERNANDO, Martí	10	C.E.N. Balaguer	4:48.92
	50m: 31.70 31.70	150m: 1:43.01	36.20 250m: 2:57.12	37.05 350m: 4:11.86 37.59
	100m: 1:06.81 35.11	200m: 2:20.07	37.06 300m: 3:34.27	37.15 400m: 4:48.92 37.06
4.	RASHID DIAZ, Ayan	10	C.N. L'Hospitalet	4:49.00
	50m: 32.88 32.88	150m: 1:45.03	36.64 250m: 2:58.97	36.99 350m: 4:13.12 37.01
	100m: 1:08.39 35.51	200m: 2:21.98	36.95 300m: 3:36.11	37.14 400m: 4:49.00 35.88
5.	SALINAS GIMÉNEZ, Neo	10	C.N. Reus Ploms	4:51.81
	50m: 31.93 31.93	150m: 1:43.54	36.46 250m: 2:59.24	38.43 350m: 4:15.56 37.99
	100m: 1:07.08 35.15	200m: 2:20.81	37.27 300m: 3:37.57	38.33 400m: 4:51.81 36.25
6.	VILARDEBÓ PLA, Jordi	10	C.E. Mediterrani	4:52.01
	50m: 30.92 30.92	150m: 1:44.17	37.49 250m: 2:59.08	37.85 350m: 4:15.21 38.17
	100m: 1:06.68 35.76	200m: 2:21.23	37.06 300m: 3:37.04	37.96 400m: 4:52.01 36.80
7.	PEINADO MARZO, Joel	10	C.N. Molins De Rei	4:54.05
	50m: 33.33 33.33	150m: 1:46.10	37.02 250m: 3:01.70	38.02 350m: 4:17.53 37.36
	100m: 1:09.08 35.75	200m: 2:23.68	37.58 300m: 3:40.17	38.47 400m: 4:54.05 36.52
8.	PONT SANS, Arnau	10	C.N. Banyoles	4:57.97
	50m: 33.05 33.05	150m: 1:48.92	38.40 250m: 3:05.54	37.93 350m: 4:22.16 38.15
	100m: 1:10.52 37.47	200m: 2:27.61	38.69 300m: 3:44.01	38.47 400m: 4:57.97 35.81
9.	GARCIA NARES, Joan Manel	10	C.N. Caldes	4:58.13
	50m: 34.42 34.42	150m: 1:49.97	38.17 250m: 3:06.65	38.37 350m: 4:22.96 38.12
	100m: 1:11.80 37.38	200m: 2:28.28	38.31 300m: 3:44.84	38.19 400m: 4:58.13 35.17
10.	RIVIERE NAVARRO, Alejandro	10	C.N. Esplugues	4:58.49
	50m: 32.93 32.93	150m: 1:48.46	38.70 250m: 3:06.86	39.64 350m: 4:24.13 38.44
	100m: 1:09.76 36.83	200m: 2:27.22	38.76 300m: 3:45.69	38.83 400m: 4:58.49 34.36
11.	TAPIAS MARTINEZ, Alejandro	10	C.N. Cerdanyola	5:00.03
	50m: 34.17 34.17	150m: 1:49.92	38.31 250m: 3:06.58	38.22 350m: 4:22.98 38.11
	100m: 1:11.61 37.44	200m: 2:28.36	38.44 300m: 3:44.87	38.29 400m: 5:00.03 37.05
12.	PADILLA MORAL, Arnau	10	C.N. Esplugues	5:00.43
	50m: 33.64 33.64	150m: 1:49.16	38.48 250m: 3:06.99	39.09 350m: 4:24.55 38.70
	100m: 1:10.68 37.04	200m: 2:27.90	38.74 300m: 3:45.85	38.86 400m: 5:00.43 35.88
13.	MARTINEZ FARGUES, Jan	10	C.E. Inef Lleida	5:00.49
	50m: 33.59 33.59	150m: 1:49.09	38.11 250m: 3:06.22	38.42 350m: 4:23.75 38.22
	100m: 1:10.98 37.39	200m: 2:27.80	38.71 300m: 3:45.53	39.31 400m: 5:00.49 36.74
14.	GOMEZ BORRERO, Pau	10	C.N. L'Hospitalet	5:01.37
	50m: 33.58 33.58	150m: 1:50.74	39.03 250m: 3:08.84	39.21 350m: 4:25.06 37.45
	100m: 1:11.71 38.13	200m: 2:29.63	38.89 300m: 3:47.61	38.77 400m: 5:01.37 36.31
15.	MARTIN HUERTAS, Roger	10	C.N. Tàrraga	5:01.47
	50m: 33.78 33.78	150m: 1:51.74	39.73 250m: 3:08.41	38.54 350m: 4:25.70 38.04
	100m: 1:12.01 38.23	200m: 2:29.87	38.13 300m: 3:47.66	39.25 400m: 5:01.47 35.77
16.	SORIANO MUÑOZ, Marc	10	C.N. Sabadell	5:01.68
	50m: 33.27 33.27	150m: 1:49.03	38.63 250m: 3:06.82	39.03 350m: 4:24.56 38.72
	100m: 1:10.40 37.13	200m: 2:27.79	38.76 300m: 3:45.84	39.02 400m: 5:01.68 37.12

Prova 30, Masc., 400m Lliure, 13 anys masculí

Classificació	ANY								TempeFCN2019				
17.	CALERO SANCHEZ, Diego				10	C.N. Sabadell				5:01.91			
	50m:	34.26	34.26	150m:	1:50.89	38.43	250m:	3:07.55	38.38	350m:	4:24.98	38.58	
	100m:	1:12.46	38.20	200m:	2:29.17	38.28	300m:	3:46.40	38.85	400m:	5:01.91	36.93	
18.	GIL GRANDE, Oriol				10	C.N. Sabadell				5:03.09			
	50m:	33.55	33.55	150m:	1:49.65	38.76	250m:	3:08.14	39.21	350m:	4:26.16	39.01	
	100m:	1:10.89	37.34	200m:	2:28.93	39.28	300m:	3:47.15	39.01	400m:	5:03.09	36.93	
19.	CASAS MORENO, Joan				10	C.N. Sant Andreu				5:05.43			
	50m:	33.97	33.97	150m:	1:51.11	39.27	250m:	3:09.66	39.10	350m:	4:27.48	39.08	
	100m:	1:11.84	37.87	200m:	2:30.56	39.45	300m:	3:48.40	38.74	400m:	5:05.43	37.95	
20.	LÓPEZ BOTÉ, Jordi				10	C.N. Lleida				5:07.34			
	50m:	33.00	33.00	150m:	1:50.23	39.20	250m:	3:09.44	39.62	350m:	4:28.85	39.52	
	100m:	1:11.03	38.03	200m:	2:29.82	39.59	300m:	3:49.33	39.89	400m:	5:07.34	38.49	
21.	LOPEZ ABRAHAM, Eliot				10	Fed Andorrana				5:07.53			
	50m:	33.30	33.30	150m:	1:50.98	39.68	250m:	3:10.73	39.78	350m:	4:30.80	40.06	
	100m:	1:11.30	38.00	200m:	2:30.95	39.97	300m:	3:50.74	40.01	400m:	5:07.53	36.73	
22.	DORADO TOMAS, Pablo				10	C.N. L'Hospitalet				5:07.56			
	50m:	34.55	34.55	150m:	1:51.25	38.80	250m:	3:09.92	39.46	350m:	4:29.21	39.59	
	100m:	1:12.45	37.90	200m:	2:30.46	39.21	300m:	3:49.62	39.70	400m:	5:07.56	38.35	
23.	MARTIN MUINELO, Yeray				10	C.N. Sant Feliu				5:07.88			
	50m:	33.42	33.42	150m:	1:49.15	38.54	250m:	3:09.00	39.86	350m:	4:30.01	40.38	
	100m:	1:10.61	37.19	200m:	2:29.14	39.99	300m:	3:49.63	40.63	400m:	5:07.88	37.87	
24.	MONTRAVETA JO, Marc				10	Fed Andorrana				5:07.91			
	50m:	33.81	33.81	150m:	1:51.33	39.16	250m:	3:11.32	40.01	350m:	4:30.44	39.24	
	100m:	1:12.17	38.36	200m:	2:31.31	39.98	300m:	3:51.20	39.88	400m:	5:07.91	37.47	
25.	COLL GÜELL, Arnau				10	C.N. Banyoles				5:08.78			
	50m:	34.18	34.18	150m:	1:51.69	39.30	250m:	3:11.61	40.04	350m:	4:31.77	40.10	
	100m:	1:12.39	38.21	200m:	2:31.57	39.88	300m:	3:51.67	40.06	400m:	5:08.78	37.01	
26.	FEITO ARSO, Pol				10	C.N. Sant Andreu				5:09.31			
	50m:	34.47	34.47	150m:	1:51.50	38.99	250m:	3:11.06	39.69	350m:	4:31.12	40.07	
	100m:	1:12.51	38.04	200m:	2:31.37	39.87	300m:	3:51.05	39.99	400m:	5:09.31	38.19	
27.	CARRERAS CABRE, Marc				10	C.N. Mataró				5:09.36			
	50m:	34.68	34.68	150m:	1:51.95	39.03	250m:	3:12.14	39.63	350m:	4:32.15	39.97	
	100m:	1:12.92	38.24	200m:	2:32.51	40.56	300m:	3:52.18	40.04	400m:	5:09.36	37.21	
28.	LUJANO PÉREZ, Alan				10	C.N. Lleida				5:09.42			
	50m:	35.45	35.45	150m:	1:54.40	39.61	250m:	3:13.98	40.11	350m:	4:32.15	39.04	
	100m:	1:14.79	39.34	200m:	2:33.87	39.47	300m:	3:53.11	39.13	400m:	5:09.42	37.27	
29.	PASCUAL FUENTES, Alejandro				10	C.N. Prat Llobregat				5:10.35			
	50m:	35.58	35.58	150m:	1:52.95	38.78	250m:	3:12.73	39.97	350m:	4:32.39	39.61	
	100m:	1:14.17	38.59	200m:	2:32.76	39.81	300m:	3:52.78	40.05	400m:	5:10.35	37.96	
30.	HOEK LE GUENEDAL, Tom				10	C.N. Sitges				5:10.36			
	50m:	34.23	34.23	150m:	1:52.13	39.85	250m:	3:13.27	41.09	350m:	4:34.89	40.98	
	100m:	1:12.28	38.05	200m:	2:32.18	40.05	300m:	3:53.91	40.64	400m:	5:10.36	35.47	
31.	DEL AMO RIOS, Mateo				10	C.N. Banyoles				5:10.50			
	50m:	35.11	35.11	150m:	1:52.00	39.10	250m:	3:11.08	39.83	350m:	4:31.66	40.50	
	100m:	1:12.90	37.79	200m:	2:31.25	39.25	300m:	3:51.16	40.08	400m:	5:10.50	38.84	
32.	GHARBOUI RIVAS, samir				10	C.N. Rubí				5:10.87			
	50m:	34.98	34.98	150m:	1:55.18	40.15	250m:	3:15.89	40.35	350m:	4:35.79	39.04	
	100m:	1:15.03	40.05	200m:	2:35.54	40.36	300m:	3:56.75	40.86	400m:	5:10.87	35.08	
	CEREZO CAVERO, Max				10	C.N. Rubí				5:10.87			
	50m:	37.24	37.24	150m:	1:54.36	38.61	250m:	3:13.04	39.41	350m:	4:32.82	39.79	
	100m:	1:15.75	38.51	200m:	2:33.63	39.27	300m:	3:53.03	39.99	400m:	5:10.87	38.05	
34.	GANDIA RODRIGUEZ, Eric				10	C.N. Parets				5:11.63			
	50m:	34.05	34.05	150m:	1:53.24	40.35	250m:	3:14.37	40.56	350m:	4:33.33	39.43	
	100m:	1:12.89	38.84	200m:	2:33.81	40.57	300m:	3:53.90	39.53	400m:	5:11.63	38.30	

Sponsor principal

sponsors institucionals

Acreditacions

Prova 30, Masc., 400m Lliure, 13 anys masculí

Classificació	ANY								TempeFCN2019				
35.	PRADAS PEIRON, Gerard				10	U.E. D'Horta				5:11.80			
	50m:	34.38	34.38	150m:	1:53.09	40.03	250m:	3:13.53	40.17	350m:	4:33.74	39.81	
	100m:	1:13.06	38.68	200m:	2:33.36	40.27	300m:	3:53.93	40.40	400m:	5:11.80	38.06	
36.	MARQUES GUINOVART, Gerard				10	C.E. Mediterrani				5:12.19			
	50m:	34.60	34.60	150m:	1:54.40	40.64	250m:	3:13.99	39.73	350m:	4:33.62	39.40	
	100m:	1:13.76	39.16	200m:	2:34.26	39.86	300m:	3:54.22	40.23	400m:	5:12.19	38.57	
37.	BERNAL URRUTIA, Bruno				10	C.E. Mediterrani				5:12.31			
	50m:	34.93	34.93	150m:	1:52.67	39.46	250m:	3:13.62	40.81	350m:	4:34.00	39.77	
	100m:	1:13.21	38.28	200m:	2:32.81	40.14	300m:	3:54.23	40.61	400m:	5:12.31	38.31	
38.	PEDREROL SARDAÑA, Arnau				10	C.N. Molins De Rei				5:13.57			
	50m:	35.35	35.35	150m:	1:53.13	39.80	250m:	3:13.30	40.52	350m:	4:34.71	40.88	
	100m:	1:13.33	37.98	200m:	2:32.78	39.65	300m:	3:53.83	40.53	400m:	5:13.57	38.86	
39.	BORI CRUZ, Álvaro				10	C.N. Barcelona				5:13.58			
	50m:	35.19	35.19	150m:	1:54.59	40.06	250m:	3:15.44	40.25	350m:	4:35.54	40.31	
	100m:	1:14.53	39.34	200m:	2:35.19	40.60	300m:	3:55.23	39.79	400m:	5:13.58	38.04	
40.	ARÉVALO, Sergi Antonio				10	C.N. Esplugues				5:14.94			
	50m:	35.52	35.52	150m:	1:54.83	40.29	250m:	3:14.93	40.13	350m:	4:36.13	41.01	
	100m:	1:14.54	39.02	200m:	2:34.80	39.97	300m:	3:55.12	40.19	400m:	5:14.94	38.81	
41.	LOBO MARTINEZ, Victor				10	C.N. Terrassa				5:15.32			
	50m:	35.27	35.27	150m:	1:55.34	40.08	250m:	3:16.86	41.13	350m:	4:38.08	40.60	
	100m:	1:15.26	39.99	200m:	2:35.73	40.39	300m:	3:57.48	40.62	400m:	5:15.32	37.24	
42.	XENA INFANTES, Èric				10	C.E.N. Cabrera De Mar				5:16.15			
	50m:	33.88	33.88	150m:	1:50.54	39.17	250m:	3:10.73	40.19	350m:	4:35.59	43.13	
	100m:	1:11.37	37.49	200m:	2:30.54	40.00	300m:	3:52.46	41.73	400m:	5:16.15	40.56	
43.	RODRIGUEZ DE OLIVEIRA, Daniel				10	C.N. L'Hospitalet				5:16.54			
	50m:	35.13	35.13	150m:	1:54.43	40.31	250m:	3:16.58	41.42	350m:	4:38.03	40.33	
	100m:	1:14.12	38.99	200m:	2:35.16	40.73	300m:	3:57.70	41.12	400m:	5:16.54	38.51	
44.	CABALLE AMEN, Biel				10	C.N. Premià				5:16.90			
	50m:	35.76	35.76	150m:	1:55.44	40.51	250m:	3:18.49	42.04	350m:	4:39.83	40.21	
	100m:	1:14.93	39.17	200m:	2:36.45	41.01	300m:	3:59.62	41.13	400m:	5:16.90	37.07	
45.	DE HARO MONTES, Bruno				10	C.N. Rubí				5:17.59			
	50m:	37.09	37.09	150m:	1:57.21	40.23	250m:	3:19.23	41.46	350m:	4:40.31	39.98	
	100m:	1:16.98	39.89	200m:	2:37.77	40.56	300m:	4:00.33	41.10	400m:	5:17.59	37.28	
46.	REBOLLO ATIENZA, Oliver				10	C.N. Badalona				5:17.73			
	50m:	34.88	34.88	150m:	1:53.73	39.91	250m:	3:16.02	41.63	350m:	4:40.24	42.48	
	100m:	1:13.82	38.94	200m:	2:34.39	40.66	300m:	3:57.76	41.74	400m:	5:17.73	37.49	
47.	PINA MANZANARES, Pere				10	C.N. Rubí				5:17.96			
	50m:	36.67	36.67	150m:	1:57.15	40.58	250m:	3:19.47	41.38	350m:	4:40.06	39.78	
	100m:	1:16.57	39.90	200m:	2:38.09	40.94	300m:	4:00.28	40.81	400m:	5:17.96	37.90	
48.	MARTÍ TORRALBA, David				10	C.N. Caldes				5:18.81			
	50m:	36.15	36.15	150m:	1:56.13	40.10	250m:	3:17.94	40.48	350m:	4:39.68	40.96	
	100m:	1:16.03	39.88	200m:	2:37.46	41.33	300m:	3:58.72	40.78	400m:	5:18.81	39.13	
49.	SILVA ULLASTRES, Lluç				10	C.N. Banyoles				5:18.90			
	50m:	34.99	34.99	150m:	1:57.16	41.48	250m:	3:19.31	41.47	350m:	4:42.27	40.96	
	100m:	1:15.68	40.69	200m:	2:37.84	40.68	300m:	4:01.31	42.00	400m:	5:18.90	36.63	
50.	BONACHELA HOMS, Hugo				10	C.N. Granollers				5:19.24			
	50m:	35.37	35.37	150m:	1:55.91	40.94	250m:	3:17.95	40.94	350m:	4:40.52	41.10	
	100m:	1:14.97	39.60	200m:	2:37.01	41.10	300m:	3:59.42	41.47	400m:	5:19.24	38.72	
51.	NOVA ROCA, Alex				10	C.N. Sitges				5:19.33			
	50m:	34.36	34.36	150m:	1:56.12	41.41	250m:	3:19.02	41.71	350m:	4:41.06	40.94	
	100m:	1:14.71	40.35	200m:	2:37.31	41.19	300m:	4:00.12	41.10	400m:	5:19.33	38.27	
52.	RUIZ JIMENEZ, Xavier				10	C.N. Terrassa				5:19.53			
	50m:	35.96	35.96	150m:	1:57.15	40.23	250m:	3:17.92	40.40	350m:	4:40.65	41.61	
	100m:	1:16.92	40.96	200m:	2:37.52	40.37	300m:	3:59.04	41.12	400m:	5:19.53	38.88	

Sponsor principal

Sponsors institucionals

Acreditacions

Prova 30, Masc., 400m Lliure, 13 anys masculí

Classificació	ANY				TempeFCN2019			
53.	CARRASCO DE LA FUENTE, Eric	10	C.N. Sabadell		5:20.44			
	50m: 34.85 34.85	150m: 1:55.94	40.85	250m: 3:17.41	39.88	350m: 4:40.84	40.91	
	100m: 1:15.09 40.24	200m: 2:37.53	41.59	300m: 3:59.93	42.52	400m: 5:20.44	39.60	
54.	GÓMEZ ORTÍZ, Aitor	10	C.N. Vilafranca		5:22.12			
	50m: 35.33 35.33	150m: 1:58.46	42.30	250m: 3:21.25	40.90	350m: 4:43.30	40.65	
	100m: 1:16.16 40.83	200m: 2:40.35	41.89	300m: 4:02.65	41.40	400m: 5:22.12	38.82	
55.	CARALTÓ PASCUET, Ferran	10	C.N. Barcelona		5:22.17			
	50m: 36.13 36.13	150m: 1:58.27	41.15	250m: 3:22.66	42.43	350m: 4:45.45	40.86	
	100m: 1:17.12 40.99	200m: 2:40.23	41.96	300m: 4:04.59	41.93	400m: 5:22.17	36.72	
56.	FARNELL GONZÁLEZ, Yago	10	C.N. Lleida		5:22.26			
	50m: 35.56 35.56	150m: 1:56.66	41.56	250m: 3:20.14	42.17	350m: 4:42.91	41.32	
	100m: 1:15.10 39.54	200m: 2:37.97	41.31	300m: 4:01.59	41.45	400m: 5:22.26	39.35	
57.	TORRES GASCA, Unai	10	C.N. Tarraco		5:22.50			
	50m: 36.73 36.73	150m: 1:59.60	41.56	250m: 3:22.17	41.20	350m: 4:44.67	41.57	
	100m: 1:18.04 41.31	200m: 2:40.97	41.37	300m: 4:03.10	40.93	400m: 5:22.50	37.83	
58.	COLLELL CREUS, Martí	10	C.N. Vic-Etb		5:22.60			
	50m: 35.10 35.10	150m: 1:54.83	40.63	250m: 3:18.09	41.95	350m: 4:43.30	42.31	
	100m: 1:14.20 39.10	200m: 2:36.14	41.31	300m: 4:00.99	42.90	400m: 5:22.60	39.30	
59.	LOPEZ RAMENTOL, Izar	10	C.N. Calella		5:23.10			
	50m: 36.20 36.20	150m: 1:57.86	41.86	250m: 3:21.19	40.88	350m: 4:43.61	41.14	
	100m: 1:16.00 39.80	200m: 2:40.31	42.45	300m: 4:02.47	41.28	400m: 5:23.10	39.49	
60.	GARCIA MARTIN, Eric	10	A.N. Gramenet		5:24.61			
	50m: 35.32 35.32	150m: 1:56.98	42.00	250m: 3:20.95	41.68	350m: 4:44.34	42.00	
	100m: 1:14.98 39.66	200m: 2:39.27	42.29	300m: 4:02.34	41.39	400m: 5:24.61	40.27	
61.	VICENTE OLIVEROS, Eric	10	C.N. Granollers		5:25.84			
	50m: 39.14 39.14	150m: 2:02.49	41.50	250m: 3:25.37	41.58	350m: 4:47.53	40.96	
	100m: 1:20.99 41.85	200m: 2:43.79	41.30	300m: 4:06.57	41.20	400m: 5:25.84	38.31	
62.	RODELAS FARRE, Biel	10	C.N. Terrassa		5:26.58			
	50m: 36.27 36.27	150m: 1:59.36	42.63	250m: 3:22.40	42.15	350m: 4:45.70	41.32	
	100m: 1:16.73 40.46	200m: 2:40.25	40.89	300m: 4:04.38	41.98	400m: 5:26.58	40.88	
63.	PARDILLOS PEREZ, Marcos	10	Cv Platja Llarga Tarragona		5:26.79			
	50m: 35.16 35.16	150m: 1:58.79	42.59	250m: 3:23.92	41.52	350m: 4:47.35	41.08	
	100m: 1:16.20 41.04	200m: 2:42.40	43.61	300m: 4:06.27	42.35	400m: 5:26.79	39.44	
64.	CHEN, Ivan	10	N. Joan Pelegrí		5:27.83			
	50m: 36.86 36.86	150m: 2:00.13	41.74	250m: 3:24.91	41.63	350m: 4:49.77	41.94	
	100m: 1:18.39 41.53	200m: 2:43.28	43.15	300m: 4:07.83	42.92	400m: 5:27.83	38.06	
65.	HERNANDO ORITGOSA, Joan	10	C.N. Olot		5:28.20			
	50m: 36.80 36.80	150m: 1:59.07	41.29	250m: 3:23.34	42.10	350m: 4:48.16	42.91	
	100m: 1:17.78 40.98	200m: 2:41.24	42.17	300m: 4:05.25	41.91	400m: 5:28.20	40.04	
66.	DONADEU MASSAGUER, Jordi	10	C.N. Calella		5:28.26			
	50m: 36.33 36.33	150m: 1:58.87	41.86	250m: 3:24.54	42.40	350m: 4:49.35	41.90	
	100m: 1:17.01 40.68	200m: 2:42.14	43.27	300m: 4:07.45	42.91	400m: 5:28.26	38.91	
67.	VENTURÓS TORREBADELLA, Gil	10	C.E. Berga Resort		5:28.60			
	50m: 36.16 36.16	150m: 1:57.62	41.10	250m: 3:22.04	42.32	350m: 4:49.23	43.69	
	100m: 1:16.52 40.36	200m: 2:39.72	42.10	300m: 4:05.54	43.50	400m: 5:28.60	39.37	
68.	FERNANDEZ FAJARDO, Adrian	10	C.N. Cornellà		5:29.13			
	50m: 36.34 36.34	150m: 1:58.33	41.49	250m: 3:22.82	42.52	350m: 4:48.41	42.57	
	100m: 1:16.84 40.50	200m: 2:40.30	41.97	300m: 4:05.84	43.02	400m: 5:29.13	40.72	
69.	MARCO CULLELL, Sergi	10	C.N. Banyoles		5:29.27			
	50m: 36.68 36.68	150m: 1:57.49	40.93	250m: 3:21.71	41.76	350m: 4:48.15	43.00	
	100m: 1:16.56 39.88	200m: 2:39.95	42.46	300m: 4:05.15	43.44	400m: 5:29.27	41.12	
70.	ELCACHO BIOSCA, Albert	10	C.N. Lleida		5:30.40			
	50m: 36.74 36.74	150m: 2:00.02	42.03	250m: 3:24.20	41.88	350m: 4:50.12	42.39	
	100m: 1:17.99 41.25	200m: 2:42.32	42.30	300m: 4:07.73	43.53	400m: 5:30.40	40.28	

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Classificació	ANY								TempsFCN2019	
71. PAREJA LOPEZ, Diego	10 C.N. Reus Ploms								5:30.64	
50m: 37.29 37.29	150m: 1:59.90	41.64	250m: 3:23.41	42.24	350m: 4:48.88	42.69	100m: 1:18.26 40.97	200m: 2:41.17	41.27	400m: 5:30.64 41.76
72. MONTOTO PAPIO, Ramon	10 Fed Andorrana								5:30.69	
50m: 37.22 37.22	150m: 2:00.50	42.57	250m: 3:24.26	42.60	350m: 4:50.25	42.64	100m: 1:17.93 40.71	200m: 2:41.66	41.16	400m: 5:30.69 40.44
73. PICA ROIG, Roc	10 C.N. Mataró								5:33.08	
50m: 36.33 36.33	150m: 1:59.98	42.41	250m: 3:26.09	42.66	350m: 4:52.54	42.76	100m: 1:17.57 41.24	200m: 2:43.43	43.45	400m: 5:33.08 40.54
74. PUIGGERMANAL OLIVA, Marco	10 C.N. Vallirana								5:33.37	
50m: 37.34 37.34	150m: 2:00.51	41.92	250m: 3:25.60	42.14	350m: 4:51.41	43.18	100m: 1:18.59 41.25	200m: 2:43.46	42.95	400m: 5:33.37 41.96
75. GANGONELLS BARROSO, Gerard	10 C.N. Sabadell								5:33.70	
50m: 38.81 38.81	150m: 2:03.59	43.25	250m: 3:29.75	45.11	350m: 4:51.66	37.97	100m: 1:20.34 41.53	200m: 2:44.64	41.05	400m: 5:33.70 42.04
76. ORTEGA CASTRO, Iker	10 C.N. Terrassa								5:33.85	
50m: 37.11 37.11	150m: 2:02.44	43.21	250m: 3:28.46	42.91	350m: 4:54.44	43.09	100m: 1:19.23 42.12	200m: 2:45.55	43.11	400m: 5:33.85 39.41
77. GUMA JUNYENT, Arnau	10 C.N. Igualada								5:33.88	
50m: 38.34 38.34	150m: 2:03.55	42.83	250m: 3:29.09	42.86	350m: 4:53.77	41.48	100m: 1:20.72 42.38	200m: 2:46.23	42.68	400m: 5:33.88 40.11
78. CARDONA CODINA, Arnau	10 C.N. Centelles								5:33.89	
50m: 35.15 35.15	150m: 1:56.28	41.81	250m: 3:23.45	44.47	350m: 4:51.65	44.22	100m: 1:14.47 39.32	200m: 2:38.98	42.70	400m: 5:33.89 42.24
79. FERNANDEZ PALLAROLS, Biel	10 C.N. Badia								5:34.03	
50m: 36.62 36.62	150m: 2:00.15	42.31	250m: 3:26.87	43.00	350m: 4:53.19	42.72	100m: 1:17.84 41.22	200m: 2:43.87	43.72	400m: 5:34.03 40.84
80. CHICO VILLENA, Biel	10 C.N. Sitges								5:34.79	
50m: 37.85 37.85	150m: 2:01.76	43.36	250m: 3:28.15	43.12	350m: 4:53.64	42.91	100m: 1:18.40 40.55	200m: 2:45.03	43.27	400m: 5:34.79 41.15
81. TOUS DIEZ, Pau	10 C.N. Sabadell								5:34.92	
50m: 38.46 38.46	150m: 2:03.08	42.02	250m: 3:29.70	43.16	350m: 4:54.99	42.28	100m: 1:21.06 42.60	200m: 2:46.54	43.46	400m: 5:34.92 39.93
82. PRUNES ARNAU, Jordi	10 C.N. Mataró								5:35.08	
50m: 35.56 35.56	150m: 1:57.50	41.55	250m: 3:24.50	43.41	350m: 4:53.05	43.84	100m: 1:15.95 40.39	200m: 2:41.09	43.59	400m: 5:35.08 42.03
83. DIAZ VILA, Bru	10 C.N. Banyoles								5:35.26	
50m: 36.35 36.35	150m: 2:00.65	42.89	250m: 3:27.31	42.87	350m: 4:54.01	42.90	100m: 1:17.76 41.41	200m: 2:44.44	43.79	400m: 5:35.26 41.25
84. HERRADOR PEREZ, Eric	10 C.N. Terrassa								5:35.90	
50m: 36.95 36.95	150m: 2:01.14	42.33	250m: 3:25.88	41.58	350m: 4:52.10	42.89	100m: 1:18.81 41.86	200m: 2:44.30	43.16	400m: 5:35.90 43.80
85. MORCILLO GARCIA, Pol	10 C.N. Atl Barceloneta								5:36.34	
50m: 36.30 36.30	150m: 2:00.53	42.72	250m: 3:26.22	43.23	350m: 4:53.67	43.81	100m: 1:17.81 41.51	200m: 2:42.99	42.46	400m: 5:36.34 42.67
86. PAHISA ROMAN, Arnald	10 C.N. Sabadell								5:36.97	
50m: 36.25 36.25	150m: 2:00.56	42.59	250m: 3:27.48	43.72	350m: 4:55.56	43.99	100m: 1:17.97 41.72	200m: 2:43.76	43.20	400m: 5:36.97 41.41
87. COMPANY VALLADOLID, Francesc	10 C.N. Prat Llobregat								5:37.02	
50m: 37.21 37.21	150m: 2:00.49	42.34	250m: 3:26.93	44.11	350m: 4:55.08	44.32	100m: 1:18.15 40.94	200m: 2:42.82	42.33	400m: 5:37.02 41.94
88. DA CRUZ SALMENTO, Nicolas	10 C.N. Viladecans								5:37.86	
50m: 34.83 34.83	150m: 1:56.62	41.96	250m: 3:25.33	45.05	350m: 4:55.47	44.97	100m: 1:14.66 39.83	200m: 2:40.28	43.66	400m: 5:37.86 42.39

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Classificació	ANY				TempeFCN2019			
89. MOSQUERA PALENCIA, Eric	10	C.N. Esplugues		5:38.26				
50m: 38.58 38.58	150m: 2:04.36	43.37	250m: 3:32.09	43.58	350m: 4:58.96	43.51		
100m: 1:20.99 42.41	200m: 2:48.51	44.15	300m: 4:15.45	43.36	400m: 5:38.26	39.30		
90. ALBERICH GARCIA, Ruben	10	C.N. Molins De Rei		5:39.02				
50m: 37.79 37.79	150m: 2:01.55	42.46	250m: 3:28.96	44.18	350m: 4:57.79	44.37		
100m: 1:19.09 41.30	200m: 2:44.78	43.23	300m: 4:13.42	44.46	400m: 5:39.02	41.23		
91. BELTRAN ROJAS, Eduard	10	C.N. Mataró		5:39.36				
50m: 36.22 36.22	150m: 2:00.17	42.72	250m: 3:28.18	44.23	350m: 4:57.34	44.43		
100m: 1:17.45 41.23	200m: 2:43.95	43.78	300m: 4:12.91	44.73	400m: 5:39.36	42.02		
92. JOAN I PELLEJÀ, Damià	10	C.N. Tarraco		5:40.34				
50m: 37.15 37.15	150m: 2:08.36	46.17	250m: 3:36.00	45.15	350m: 5:01.34	41.96		
100m: 1:22.19 45.04	200m: 2:50.85	42.49	300m: 4:19.38	43.38	400m: 5:40.34	39.00		
93. VAQUERO BAENA, Eric M.	10	U.E. D'Horta		5:40.87				
50m: 37.95 37.95	150m: 2:02.16	42.96	250m: 3:29.52	43.38	350m: 4:58.50	44.63		
100m: 1:19.20 41.25	200m: 2:46.14	43.98	300m: 4:13.87	44.35	400m: 5:40.87	42.37		
94. NARVAEZ VIGO, Logan Steve	10	C.N. Montjuic		5:40.97				
50m: 38.09 38.09	150m: 2:04.09	43.24	250m: 3:30.84	43.80	350m: 4:58.93	42.86		
100m: 1:20.85 42.76	200m: 2:47.04	42.95	300m: 4:16.07	45.23	400m: 5:40.97	42.04		
95. PEREZ ROMERO, Roger	10	C.N. Sant Feliu		5:40.98				
50m: 38.74 38.74	150m: 2:04.23	43.10	250m: 3:31.83	43.94	350m: 4:58.92	42.78		
100m: 1:21.13 42.39	200m: 2:47.89	43.66	300m: 4:16.14	44.31	400m: 5:40.98	42.06		
96. BATALLA JULIÀ, Jordi	10	Fed Andorrana		5:41.53				
50m: 37.87 37.87	150m: 2:06.14	44.65	250m: 3:34.44	44.45	350m: 5:01.05	43.10		
100m: 1:21.49 43.62	200m: 2:49.99	43.85	300m: 4:17.95	43.51	400m: 5:41.53	40.48		
97. ROIG MUÑOZ, Roger	10	C.N. Calella		5:41.58				
50m: 39.14 39.14	150m: 2:07.33	43.71	250m: 3:35.15	43.30	350m: 5:01.75	42.66		
100m: 1:23.62 44.48	200m: 2:51.85	44.52	300m: 4:19.09	43.94	400m: 5:41.58	39.83		
98. ROIGE FABREGAT, miquel	10	C.N. Vila-Seca		5:41.96				
50m: 37.42 37.42	150m: 2:01.34	42.92	250m: 3:28.79	44.16	350m: 4:56.10	42.74		
100m: 1:18.42 41.00	200m: 2:44.63	43.29	300m: 4:13.36	44.57	400m: 5:41.96	45.86		
99. OVIEDO AGUILERA, Asier	10	C.N. Rubí		5:42.04				
50m: 38.27 38.27	150m: 2:03.01	42.44	250m: 3:30.02	43.92	350m: 4:59.57	45.30		
100m: 1:20.57 42.30	200m: 2:46.10	43.09	300m: 4:14.27	44.25	400m: 5:42.04	42.47		
100. ALLED DEL ARCO, Nil	10	C.N. Molins De Rei		5:42.22				
50m: 39.31 39.31	150m: 2:04.93	43.22	250m: 3:32.80	43.58	350m: 5:01.38	44.15		
100m: 1:21.71 42.40	200m: 2:49.22	44.29	300m: 4:17.23	44.43	400m: 5:42.22	40.84		
101. PEINADO SENDRA, Alex	10	C.N. El Vendrell		5:42.72				
50m: 37.70 37.70	150m: 2:01.27	42.07	250m: 3:28.02	43.52	350m: 4:53.68	41.46		
100m: 1:19.20 41.50	200m: 2:44.50	43.23	300m: 4:12.22	44.20	400m: 5:42.72	49.04		
102. PROENZA ROS, Roger	10	C.N. Badia		5:43.37				
50m: 36.87 36.87	150m: 2:00.75	42.51	250m: 3:28.78	44.86	350m: 4:58.27	44.23		
100m: 1:18.24 41.37	200m: 2:43.92	43.17	300m: 4:14.04	45.26	400m: 5:43.37	45.10		
103. LLORACH FUSTES, Guillem	10	C.N. Igualada		5:43.97				
50m: 38.06 38.06	150m: 2:04.83	44.26	250m: 3:33.61	44.60	350m: 5:01.88	44.04		
100m: 1:20.57 42.51	200m: 2:49.01	44.18	300m: 4:17.84	44.23	400m: 5:43.97	42.09		
104. RUIZ RABAL, Kilian	10	C.N. Sant Sadurní		5:44.30				
50m: 36.95 36.95	150m: 2:04.86	44.58	250m: 3:32.98	44.46	350m: 5:03.27	45.42		
100m: 1:20.28 43.33	200m: 2:48.52	43.66	300m: 4:17.85	44.87	400m: 5:44.30	41.03		
105. ASTUDILLO SANTAMARIA, Marcos	10	C.N. Premià		5:45.41				
50m: 37.93 37.93	150m: 2:04.31	43.87	250m: 3:33.53	44.54	350m: 5:02.30	44.60		
100m: 1:20.44 42.51	200m: 2:48.99	44.68	300m: 4:17.70	44.17	400m: 5:45.41	43.11		
106. DURO MOLINA, Alvaro	10	C.N. Tarraco		5:46.46				
50m: 37.24 37.24	150m: 2:05.43	44.35	250m: 3:33.62	44.14	350m: 5:02.82	44.18		
100m: 1:21.08 43.84	200m: 2:49.48	44.05	300m: 4:18.64	45.02	400m: 5:46.46	43.64		

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Classificació					ANY					TempeFCN2019		
107.	CASTRO LUNA, Didac				10	C.N. Martorell				5:46.84		
	50m:	39.00	39.00	150m:	2:05.92	44.23	250m:	3:36.11	45.03	350m:	5:04.84	44.53
	100m:	1:21.69	42.69	200m:	2:51.08	45.16	300m:	4:20.31	44.20	400m:	5:46.84	42.00
108.	VILA PORRAS, Ricard				10	C.N. Mataró				5:47.24		
	50m:	37.24	37.24	150m:	2:02.06	43.39	250m:	3:32.05	44.91	350m:	5:04.43	45.95
	100m:	1:18.67	41.43	200m:	2:47.14	45.08	300m:	4:18.48	46.43	400m:	5:47.24	42.81
109.	CID SAENZ DE TEJADA, Carlos				10	C.N. Sabadell				5:48.44		
	50m:	39.33	39.33	150m:	2:06.69	44.16	250m:	3:37.39	45.63	350m:	5:05.67	43.77
	100m:	1:22.53	43.20	200m:	2:51.76	45.07	300m:	4:21.90	44.51	400m:	5:48.44	42.77
110.	ARJÒ DELGADO, Arnau				10	C.N. Lleida				5:50.39		
	50m:	38.54	38.54	150m:	2:06.90	45.18	250m:	3:37.58	45.60	350m:	5:07.64	44.84
	100m:	1:21.72	43.18	200m:	2:51.98	45.08	300m:	4:22.80	45.22	400m:	5:50.39	42.75
111.	GAYA RODRIGUEZ, Alex				10	C.N. Terrassa				5:50.50		
	50m:	37.42	37.42	150m:	2:06.77	44.79	250m:	3:36.59	45.92	350m:	5:07.49	44.67
	100m:	1:21.98	44.56	200m:	2:50.67	43.90	300m:	4:22.82	46.23	400m:	5:50.50	43.01
112.	BATLLE PAVON, Gerard				10	C.N. Atl Barceloneta				5:52.17		
	50m:	36.75	36.75	150m:	2:05.23	45.47	250m:	3:37.00	45.93	350m:	5:09.20	46.59
	100m:	1:19.76	43.01	200m:	2:51.07	45.84	300m:	4:22.61	45.61	400m:	5:52.17	42.97
113.	GIL MENDEZ, Carlos				10	C.N. Sant Andreu				5:54.04		
	50m:	38.51	38.51	150m:	2:06.52	45.42	250m:	3:37.04	45.52	350m:	5:09.20	46.55
	100m:	1:21.10	42.59	200m:	2:51.52	45.00	300m:	4:22.65	45.61	400m:	5:54.04	44.84
114.	BUITRAGO RAMIREZ, Alejandro				10	C.E. Mediterrani				5:55.02		
	50m:	37.29	37.29	150m:	2:04.61	44.12	250m:	3:35.60	46.00	350m:	5:08.45	46.53
	100m:	1:20.49	43.20	200m:	2:49.60	44.99	300m:	4:21.92	46.32	400m:	5:55.02	46.57
115.	COROMINAS ESCORSELL, Xavier				10	C.N. Castellet				5:56.92		
	50m:	38.43	38.43	150m:	2:05.60	44.32	250m:	3:38.03	46.36	350m:	5:11.10	46.30
	100m:	1:21.28	42.85	200m:	2:51.67	46.07	300m:	4:24.80	46.77	400m:	5:56.92	45.82
116.	CALDAS BUSTOS, Xavier				10	C.N. Mataró				6:03.11		
	50m:	39.73	39.73	150m:	2:09.67	45.33	250m:	3:42.48	46.73	350m:	5:17.03	47.45
	100m:	1:24.34	44.61	200m:	2:55.75	46.08	300m:	4:29.58	47.10	400m:	6:03.11	46.08
DSQ	AGUDELO RAMOS, Mauricio				10	C.N. Martorell						
DSQ	BELLVER FERNANDEZ, Jacob				10	C.N. Sabadell						
DSQ	ROCHA LÓPEZ, Nacho				10	C.N. Santa Perpètua						
BX	HUND FERRANDIZ, Evan Paul				10	C.N. Barcelona						