

Prova 37
 29/01/2023

Fem., 400m Lliure

 12 anys femeni
 Resultats

MMN	4:30.13	, PAULA JUSTE SANCHEZ	LLEIDA	30/05/2015
MMC	4:30.13	, JUSTE SANCHEZ PAULA	LLEIDA	30/05/2015

Punts:

Classificació	ANY		TempeFCN2019	
1. MARCOS RIVERO, Rita	11	C.N. Sant Feliu	5:01.41	
50m: 33.49 33.49	150m: 1:49.12 38.06	250m: 3:06.34 38.25	350m: 4:24.39 38.58	
100m: 1:11.06 37.57	200m: 2:28.09 38.97	300m: 3:45.81 39.47	400m: 5:01.41 37.02	
2. PEREZ VAQUERO, Ana	11	C.N. Viladecans	5:06.01	
50m: 33.90 33.90	150m: 1:51.13 39.31	250m: 3:10.30 39.74	350m: 4:28.10 38.73	
100m: 1:11.82 37.92	200m: 2:30.56 39.43	300m: 3:49.37 39.07	400m: 5:06.01 37.91	
3. ABARCA BOVÉ, Maria	11	C.N. Catalunya	5:11.07	
50m: 34.84 34.84	150m: 1:53.04 40.02	250m: 3:12.70 39.73	350m: 4:32.69 39.45	
100m: 1:13.02 38.18	200m: 2:32.97 39.93	300m: 3:53.24 40.54	400m: 5:11.07 38.38	
4. VIDAL SADURNI, Martina	11	C.N. Molins De Rei	5:13.04	
50m: 35.89 35.89	150m: 1:55.15 39.82	250m: 3:15.66 40.23	350m: 4:35.59 39.79	
100m: 1:15.33 39.44	200m: 2:35.43 40.28	300m: 3:55.80 40.14	400m: 5:13.04 37.45	
5. PUJOL DOMENECH, Maria	11	C.N. Lleida	5:13.21	
50m: 34.54 34.54	150m: 1:52.55 39.33	250m: 3:12.77 39.98	350m: 4:34.51 40.41	
100m: 1:13.22 38.68	200m: 2:32.79 40.24	300m: 3:54.10 41.33	400m: 5:13.21 38.70	
6. RODRIGUEZ LAZARO, Adriana	11	C.N. Terrassa	5:13.64	
50m: 34.85 34.85	150m: 1:53.66 39.79	250m: 3:14.24 40.19	350m: 4:35.13 40.60	
100m: 1:13.87 39.02	200m: 2:34.05 40.39	300m: 3:54.53 40.29	400m: 5:13.64 38.51	
7. ALSINA PASTOR, Naia	11	G.E.N. Roses	5:14.31	
50m: 35.78 35.78	150m: 1:54.91 39.81	250m: 3:15.47 39.77	350m: 4:35.80 40.62	
100m: 1:15.10 39.32	200m: 2:35.70 40.79	300m: 3:55.18 39.71	400m: 5:14.31 38.51	
8. MORERA PUJOLAR, Clara	11	C.N. Olot	5:18.81	
50m: 35.88 35.88	150m: 1:56.18 40.61	250m: 3:18.46 41.13	350m: 4:40.01 40.42	
100m: 1:15.57 39.69	200m: 2:37.33 41.15	300m: 3:59.59 41.13	400m: 5:18.81 38.80	
9. CANALS I PARAROLS, Maria	11	GEIEG	5:19.87	
50m: 35.68 35.68	150m: 1:56.21 41.02	250m: 3:18.87 41.24	350m: 4:41.25 40.38	
100m: 1:15.19 39.51	200m: 2:37.63 41.42	300m: 4:00.87 42.00	400m: 5:19.87 38.62	
10. PUPKEVICH BARANOUSKAYA, Nina	11	C.N. Badalona	5:21.04	
50m: 36.04 36.04	150m: 1:56.30 41.08	250m: 3:19.42 41.35	350m: 4:42.89 41.04	
100m: 1:15.22 39.18	200m: 2:38.07 41.77	300m: 4:01.85 42.43	400m: 5:21.04 38.15	
11. BRATENKOVA, Nikol	11	C.N. Sant Andreu	5:21.82	
50m: 34.97 34.97	150m: 1:54.82 40.70	250m: 3:17.12 40.93	350m: 4:41.01 41.64	
100m: 1:14.12 39.15	200m: 2:36.19 41.37	300m: 3:59.37 42.25	400m: 5:21.82 40.81	
12. PATIÑO SÀNCHEZ, Valeria	11	C.N. Mataró	5:22.61	
50m: 33.87 33.87	150m: 1:54.91 41.28	250m: 3:19.38 42.30	350m: 4:42.55 41.10	
100m: 1:13.63 39.76	200m: 2:37.08 42.17	300m: 4:01.45 42.07	400m: 5:22.61 40.06	
13. SEIJAS URBANEJA, Nicole Sophia	11	C.N. Sant Feliu	5:23.43	
50m: 35.97 35.97	150m: 1:57.87 41.29	250m: 3:20.82 41.72	350m: 4:42.24 39.51	
100m: 1:16.58 40.61	200m: 2:39.10 41.23	300m: 4:02.73 41.91	400m: 5:23.43 41.19	
14. MURILLO MARTINEZ, Julia	11	C.D. Sek Catalunya	5:23.60	
50m: 35.10 35.10	150m: 1:56.14 41.45	250m: 3:19.51 42.55	350m: 4:44.18 42.36	
100m: 1:14.69 39.59	200m: 2:36.96 40.82	300m: 4:01.82 42.31	400m: 5:23.60 39.42	
15. SALGADO MENDEZ, Tanit	11	C.N. Granollers	5:24.55	
50m: 36.07 36.07	150m: 1:57.87 41.07	250m: 3:21.31 41.76	350m: 4:45.00 42.00	
100m: 1:16.80 40.73	200m: 2:39.55 41.68	300m: 4:03.00 41.69	400m: 5:24.55 39.55	
16. CAPITAN GONZALEZ, Irene	11	C.N. Sitges	5:24.76	
50m: 35.25 35.25	150m: 1:55.73 41.23	250m: 3:19.58 42.16	350m: 4:42.96 41.85	
100m: 1:14.50 39.25	200m: 2:37.42 41.69	300m: 4:01.11 41.53	400m: 5:24.76 41.80	

Prova 37, Fem., 400m Lliure, 12 anys femeni

Classificació	ANY		TempeFCN2019	
17. LERIN GRACIA, Andrea	11	C.N. Granollers	5:24.89	
50m: 36.80 36.80	150m: 1:59.24	41.87 250m: 3:23.85	42.40 350m: 4:46.67	41.02
100m: 1:17.37 40.57	200m: 2:41.45	42.21 300m: 4:05.65	41.80 400m: 5:24.89	38.22
18. LLAVERIA ALMUDEVER, Queralt	11	Cambrils C.N.	5:25.24	
50m: 34.99 34.99	150m: 1:56.32	41.63 250m: 3:20.98	42.47 350m: 4:45.82	42.27
100m: 1:14.69 39.70	200m: 2:38.51	42.19 300m: 4:03.55	42.57 400m: 5:25.24	39.42
19. COJAN, Sabina Maria	11	C.E. Àgora	5:25.75	
50m: 37.48 37.48	150m: 2:01.02	42.80 250m: 3:24.93	41.36 350m: 4:48.03	40.86
100m: 1:18.22 40.74	200m: 2:43.57	42.55 300m: 4:07.17	42.24 400m: 5:25.75	37.72
20. PÉREZ GIL, Daniela	11	GEIEG	5:26.34	
50m: 36.78 36.78	150m: 1:58.35	41.75 250m: 3:23.27	42.56 350m: 4:46.60	41.35
100m: 1:16.60 39.82	200m: 2:40.71	42.36 300m: 4:05.25	41.98 400m: 5:26.34	39.74
21. MADRID BORRAS, Lucia	11	C.N. Salou	5:27.47	
50m: 34.43 34.43	150m: 1:54.39	41.07 250m: 3:20.47	43.24 350m: 4:47.36	43.24
100m: 1:13.32 38.89	200m: 2:37.23	42.84 300m: 4:04.12	43.65 400m: 5:27.47	40.11
22. TORRES ESCALERA, Paula	11	C.N. Premià	5:27.66	
50m: 36.92 36.92	150m: 2:00.85	42.76 250m: 3:26.82	42.66 350m: 4:49.05	40.45
100m: 1:18.09 41.17	200m: 2:44.16	43.31 300m: 4:08.60	41.78 400m: 5:27.66	38.61
23. MEDRANO LOPEZ, Chloe	11	C.N. Sabadell	5:28.49	
50m: 35.83 35.83	150m: 1:58.21	42.33 250m: 3:23.27	42.21 350m: 4:48.31	42.49
100m: 1:15.88 40.05	200m: 2:41.06	42.85 300m: 4:05.82	42.55 400m: 5:28.49	40.18
24. PISANO, Mia	11	C.N. Sant Andreu	5:29.10	
50m: 35.71 35.71	150m: 1:59.38	41.95 250m: 3:23.42	42.15 350m: 4:48.02	41.84
100m: 1:17.43 41.72	200m: 2:41.27	41.89 300m: 4:06.18	42.76 400m: 5:29.10	41.08
25. CUEN SIBILA, Isona	11	Fed Andorrana	5:29.18	
50m: 35.81 35.81	150m: 2:00.24	41.75 250m: 3:25.52	42.51 350m: 4:49.99	40.86
100m: 1:18.49 42.68	200m: 2:43.01	42.77 300m: 4:09.13	43.61 400m: 5:29.18	39.19
26. SÁNCHEZ BALAGUE, Laia	11	C.N. Amposta	5:29.39	
50m: 36.86 36.86	150m: 2:00.28	42.15 250m: 3:26.23	42.90 350m: 4:50.43	41.73
100m: 1:18.13 41.27	200m: 2:43.33	43.05 300m: 4:08.70	42.47 400m: 5:29.39	38.96
27. MUDARRA SANCHEZ, Carla	11	U.E. D'Horta	5:29.44	
50m: 37.58 37.58	150m: 1:59.80	40.56 250m: 3:25.48	43.52 350m: 4:50.44	42.44
100m: 1:19.24 41.66	200m: 2:41.96	42.16 300m: 4:08.00	42.52 400m: 5:29.44	39.00
28. CELORIO SANCHEZ, Emma	11	C.N. Mataró	5:30.28	
50m: 36.07 36.07	150m: 1:58.96	41.98 250m: 3:23.98	43.24 350m: 4:49.90	42.82
100m: 1:16.98 40.91	200m: 2:40.74	41.78 300m: 4:07.08	43.10 400m: 5:30.28	40.38
29. RUIZ GOMEZ, Aroa	11	C.N. Sant Andreu	5:30.32	
50m: 37.22 37.22	150m: 2:00.57	42.39 250m: 3:26.02	42.84 350m: 4:50.17	41.55
100m: 1:18.18 40.96	200m: 2:43.18	42.61 300m: 4:08.62	42.60 400m: 5:30.32	40.15
30. GERMÀ CARRETERO, Aina	11	C.N. Sant Andreu	5:30.55	
50m: 37.32 37.32	150m: 1:58.37	41.31 250m: 3:23.00	42.53 350m: 4:48.42	42.69
100m: 1:17.06 39.74	200m: 2:40.47	42.10 300m: 4:05.73	42.73 400m: 5:30.55	42.13
31. SANMARTÍN FORTUNY, Berta	11	C.E.N. Balaguer	5:30.57	
50m: 38.02 38.02	150m: 2:01.24	41.72 250m: 3:26.37	42.23 350m: 4:51.19	43.08
100m: 1:19.52 41.50	200m: 2:44.14	42.90 300m: 4:08.11	41.74 400m: 5:30.57	39.38
32. ARTIGAS TURRA, Vinyet	11	G.E.N. Roses	5:30.84	
50m: 38.06 38.06	150m: 2:03.58	43.06 250m: 3:28.00	42.15 350m: 4:51.92	41.68
100m: 1:20.52 42.46	200m: 2:45.85	42.27 300m: 4:10.24	42.24 400m: 5:30.84	38.92
33. ASECIO GÁMEZ, Lucia Fabiana	11	C.E. Mediterrani	5:31.74	
50m: 37.24 37.24	150m: 2:01.05	42.07 250m: 3:27.13	43.47 350m: 4:51.86	41.62
100m: 1:18.98 41.74	200m: 2:43.66	42.61 300m: 4:10.24	43.11 400m: 5:31.74	39.88
34. SERRA SOSA, Gala	11	C.N. Calella	5:32.54	
50m: 39.28 39.28	150m: 2:05.96	43.60 250m: 3:31.79	42.61 350m: 4:55.73	41.69
100m: 1:22.36 43.08	200m: 2:49.18	43.22 300m: 4:14.04	42.25 400m: 5:32.54	36.81

Sponsor principal

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Acreditacions



Prova 37, Fem., 400m Lliure, 12 anys femeni

Classificació	ANY		TempeFCN2019											
35. OLIVARES YAÑEZ, Judith	11	U.E. D'Horta	5:33.36											
50m: 37.98 37.98	150m: 2:00.44	41.84	250m: 3:26.51	42.97	350m: 4:52.52	42.57	100m: 1:18.60	40.62	200m: 2:43.54	43.10	300m: 4:09.95	43.44	400m: 5:33.36	40.84
36. PINEDA PARERA, Paula	11	U.E. D'Horta	5:33.91											
50m: 36.79 36.79	150m: 2:00.67	42.93	250m: 3:25.89	42.52	350m: 4:53.09	43.19	100m: 1:17.74	40.95	200m: 2:43.37	42.70	300m: 4:09.90	44.01	400m: 5:33.91	40.82
37. ORIOL RODRIGUEZ-ZUÑIGA, Lara	11	C.N. Barcelona	5:34.03											
50m: 35.97 35.97	150m: 2:01.61	43.40	250m: 3:28.06	43.75	350m: 4:54.36	43.21	100m: 1:18.21	42.24	200m: 2:44.31	42.70	300m: 4:11.15	43.09	400m: 5:34.03	39.67
38. SOLA CALLEJA, Irene	11	C.N. Prat Llobregat	5:34.04											
50m: 39.38 39.38	150m: 2:03.14	42.20	250m: 3:28.93	42.50	350m: 4:53.51	41.23	100m: 1:20.94	41.56	200m: 2:46.43	43.29	300m: 4:12.28	43.35	400m: 5:34.04	40.53
39. GAMEZ URBANO, Karleth Victoria	11	C.E. Mediterrani	5:34.23											
50m: 35.27 35.27	150m: 1:57.80	42.10	250m: 3:24.14	43.26	350m: 4:52.63	44.40	100m: 1:15.70	40.43	200m: 2:40.88	43.08	300m: 4:08.23	44.09	400m: 5:34.23	41.60
40. REED, Kingston Marie	11	C.N. Banyoles	5:36.95											
50m: 36.70 36.70	150m: 2:02.48	44.13	250m: 3:29.67	42.88	350m: 4:56.46	43.32	100m: 1:18.35	41.65	200m: 2:46.79	44.31	300m: 4:13.14	43.47	400m: 5:36.95	40.49
41. NEBOT ABELLAN, Isabel	11	C.N. Calella	5:38.01											
50m: 38.66 38.66	150m: 2:05.65	43.70	250m: 3:32.85	42.80	350m: 4:58.43	42.83	100m: 1:21.95	43.29	200m: 2:50.05	44.40	300m: 4:15.60	42.75	400m: 5:38.01	39.58
42. ROMAN FERNANDEZ, Arlet	11	C.E. Àgora	5:38.10											
50m: 37.37 37.37	150m: 2:02.60	42.75	250m: 3:29.37	42.62	350m: 4:56.26	43.28	100m: 1:19.85	42.48	200m: 2:46.75	44.15	300m: 4:12.98	43.61	400m: 5:38.10	41.84
43. SANZ SERRA, Ona	11	C.E. Mediterrani	5:38.67											
50m: 37.43 37.43	150m: 2:03.05	43.36	250m: 3:30.46	43.53	350m: 4:58.46	44.18	100m: 1:19.69	42.26	200m: 2:46.93	43.88	300m: 4:14.28	43.82	400m: 5:38.67	40.21
44. GIL CERDÀ, Sofía	11	C.N. Mataró	5:39.01											
50m: 36.92 36.92	150m: 2:01.26	42.13	250m: 3:28.97	43.43	350m: 4:56.33	44.92	100m: 1:19.13	42.21	200m: 2:45.54	44.28	300m: 4:11.41	42.44	400m: 5:39.01	42.68
45. MORENO HERNANDEZ, Irati	11	Fed Andorrana	5:39.53											
50m: 36.54 36.54	150m: 1:59.42	42.53	250m: 3:27.06	44.31	350m: 4:56.86	44.48	100m: 1:16.89	40.35	200m: 2:42.75	43.33	300m: 4:12.38	45.32	400m: 5:39.53	42.67
46. ROMERO COMADRAN, Laia	11	C.N. Sabadell	5:39.77											
50m: 38.02 38.02	150m: 2:03.43	42.93	250m: 3:31.30	43.92	350m: 4:58.45	43.52	100m: 1:20.50	42.48	200m: 2:47.38	43.95	300m: 4:14.93	43.63	400m: 5:39.77	41.32
47. MARTINEZ TRULLS, Carlota	11	C.N. Castellet	5:39.96											
50m: 38.65 38.65	150m: 2:04.65	43.98	250m: 3:31.89	43.52	350m: 4:58.23	42.54	100m: 1:20.67	42.02	200m: 2:48.37	43.72	300m: 4:15.69	43.80	400m: 5:39.96	41.73
48. FERNANDEZ BAUTISTA, Mar	11	C.N. Vallirana	5:40.81											
50m: 37.12 37.12	150m: 2:03.31	43.76	250m: 3:31.24	44.73	350m: 4:58.87	43.80	100m: 1:19.55	42.43	200m: 2:46.51	43.20	300m: 4:15.07	43.83	400m: 5:40.81	41.94
49. PEINADO REVILLA, Francisca	11	C.N. Vila-Seca	5:40.92											
50m: 37.55 37.55	150m: 2:01.55	42.69	250m: 3:29.35	44.07	350m: 4:58.24	44.86	100m: 1:18.86	41.31	200m: 2:45.28	43.73	300m: 4:13.38	44.03	400m: 5:40.92	42.68
50. GUTIERREZ MARTINEZ, Paula	11	C.N. Sabadell	5:40.95											
50m: 37.35 37.35	150m: 2:02.41	42.72	250m: 3:30.49	43.66	350m: 4:58.44	43.78	100m: 1:19.69	42.34	200m: 2:46.83	44.42	300m: 4:14.66	44.17	400m: 5:40.95	42.51
51. OSUNA PARRA, Daniela	11	C.N. Terrassa	5:42.02											
50m: 37.99 37.99	150m: 2:04.18	43.65	250m: 3:32.15	43.94	350m: 5:00.37	44.17	100m: 1:20.53	42.54	200m: 2:48.21	44.03	300m: 4:16.20	44.05	400m: 5:42.02	41.65
52. DALMAU GUERCIO, Lucia	11	C.N. Terrassa	5:42.18											
50m: 40.55 40.55	150m: 2:08.77	44.76	250m: 3:36.91	44.28	350m: 5:02.61	43.01	100m: 1:24.01	43.46	200m: 2:52.63	43.86	300m: 4:19.60	42.69	400m: 5:42.18	39.57

Sponsor principal

Sponsors institucionals

Acreditacions

Prova 37, Fem., 400m Lliure, 12 anys femeni

Classificació	ANY		TempeFCN2019								
53. MORENO SERRANO, Ona	11	C.N. Mataró	5:42.30								
50m:	37.79	37.79	150m:	2:04.56	44.04	250m:	3:33.54	44.48	350m:	5:00.49	43.10
100m:	1:20.52	42.73	200m:	2:49.06	44.50	300m:	4:17.39	43.85	400m:	5:42.30	41.81
54. CAMESASCA BALET, Chiara	11	C.E. Mediterrani	5:43.05								
50m:	37.17	37.17	150m:	2:04.35	44.08	250m:	3:33.28	45.11	350m:	5:01.35	43.87
100m:	1:20.27	43.10	200m:	2:48.17	43.82	300m:	4:17.48	44.20	400m:	5:43.05	41.70
55. IBAÑEZ DELGADO, Isona	11	C.N. Sant Sadurní	5:43.31								
50m:	38.49	38.49	150m:	2:03.61	43.53	250m:	3:31.84	44.27	350m:	4:59.13	43.12
100m:	1:20.08	41.59	200m:	2:47.57	43.96	300m:	4:16.01	44.17	400m:	5:43.31	44.18
56. AMELA PANOSA, Arlet	11	C.N. Cervera	5:43.99								
50m:	39.80	39.80	150m:	2:04.72	42.90	250m:	3:31.99	43.56	350m:	5:00.75	44.03
100m:	1:21.82	42.02	200m:	2:48.43	43.71	300m:	4:16.72	44.73	400m:	5:43.99	43.24
57. ROGER ESTEVE, Ingrid	11	GEIEG	5:44.28								
50m:	39.66	39.66	150m:	2:05.96	43.11	250m:	3:35.58	44.77	350m:	5:02.12	42.92
100m:	1:22.85	43.19	200m:	2:50.81	44.85	300m:	4:19.20	43.62	400m:	5:44.28	42.16
58. MESTRES MOLPECERES, Aran	11	C.N. Premià	5:44.40								
50m:	37.11	37.11	150m:	2:04.03	44.36	250m:	3:33.07	44.53	350m:	5:02.59	45.51
100m:	1:19.67	42.56	200m:	2:48.54	44.51	300m:	4:17.08	44.01	400m:	5:44.40	41.81
59. CUESTA PATON, aurora	11	C.N. Rubí	5:44.91								
50m:	38.26	38.26	150m:	2:06.37	44.44	250m:	3:35.11	45.61	350m:	5:05.85	45.67
100m:	1:21.93	43.67	200m:	2:49.50	43.13	300m:	4:20.18	45.07	400m:	5:44.91	39.06
60. ROJANO PÉREZ, Emma	11	C.N. Lleida	5:44.92								
50m:	37.83	37.83	150m:	2:05.23	44.45	250m:	3:33.64	44.28	350m:	5:03.07	44.75
100m:	1:20.78	42.95	200m:	2:49.36	44.13	300m:	4:18.32	44.68	400m:	5:44.92	41.85
61. CASELLAS ALCANTARA, Berta	11	C.N. Banyoles	5:45.69								
50m:	39.24	39.24	150m:	2:09.32	45.44	250m:	3:37.38	43.02	350m:	5:05.24	44.30
100m:	1:23.88	44.64	200m:	2:54.36	45.04	300m:	4:20.94	43.56	400m:	5:45.69	40.45
62. BRAVO CORTES, Clàudia	11	C.E.N. Balaguer	5:45.88								
50m:	36.89	36.89	150m:	2:02.62	43.73	250m:	3:32.06	44.93	350m:	5:03.39	45.52
100m:	1:18.89	42.00	200m:	2:47.13	44.51	300m:	4:17.87	45.81	400m:	5:45.88	42.49
63. CORREA HORNOS, Aide	11	C.N. Badia	5:46.94								
50m:	39.13	39.13	150m:	2:07.37	44.29	250m:	3:36.88	45.27	350m:	5:07.59	45.69
100m:	1:23.08	43.95	200m:	2:51.61	44.24	300m:	4:21.90	45.02	400m:	5:46.94	39.35
64. PEREZ PEREIRA, Iria	11	C.E. Mediterrani	5:47.33								
50m:	38.61	38.61	150m:	2:04.99	44.01	250m:	3:33.52	44.22	350m:	5:03.30	45.12
100m:	1:20.98	42.37	200m:	2:49.30	44.31	300m:	4:18.18	44.66	400m:	5:47.33	44.03
65. LAYA LLORT, Arlet	11	Fed Andorrana	5:47.41								
50m:	38.63	38.63	150m:	2:06.60	44.64	250m:	3:36.80	45.51	350m:	5:08.00	45.77
100m:	1:21.96	43.33	200m:	2:51.29	44.69	300m:	4:22.23	45.43	400m:	5:47.41	39.41
66. GONZALEZ GARCIA, Emilia	11	C.N. Terrassa	5:47.54								
50m:	39.33	39.33	150m:	2:07.32	44.14	250m:	3:37.03	45.05	350m:	5:06.01	44.46
100m:	1:23.18	43.85	200m:	2:51.98	44.66	300m:	4:21.55	44.52	400m:	5:47.54	41.53
67. DOMINGO BOUSO, Suhaila	11	C.N. Sant Feliu	5:48.08								
50m:	38.61	38.61	150m:	2:06.66	46.57	250m:	3:36.01	44.32	350m:	5:06.51	44.14
100m:	1:20.09	41.48	200m:	2:51.69	45.03	300m:	4:22.37	46.36	400m:	5:48.08	41.57
68. TCHERNEV SOLÉ, Angèlica	11	C.N. Sitges	5:49.50								
50m:	38.86	38.86	150m:	2:07.83	45.46	250m:	3:37.61	45.30	350m:	5:08.02	44.98
100m:	1:22.37	43.51	200m:	2:52.31	44.48	300m:	4:23.04	45.43	400m:	5:49.50	41.48
69. MORENO CLEMENTE, Mara	11	C.N. Sabadell	5:49.66								
50m:	38.89	38.89	150m:	2:07.18	44.55	250m:	3:36.49	44.65	350m:	5:06.48	44.83
100m:	1:22.63	43.74	200m:	2:51.84	44.66	300m:	4:21.65	45.16	400m:	5:49.66	43.18
70. PUJAZON PEREZ, Ana	11	C.N. Calella	5:50.52								
50m:	40.28	40.28	150m:	2:09.28	44.66	250m:	3:40.03	45.52	350m:	5:10.12	45.27
100m:	1:24.62	44.34	200m:	2:54.51	45.23	300m:	4:24.85	44.82	400m:	5:50.52	40.40

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Classificació	ANY				TempeFCN2019			
71. TIMOFTE LAO, Mar	11	C.N. Terrassa	5:50.89					
50m: 40.03 40.03	150m: 2:08.66	45.07	250m: 3:38.81	45.15	350m: 5:08.38	44.65		
100m: 1:23.59 43.56	200m: 2:53.66	45.00	300m: 4:23.73	44.92	400m: 5:50.89	42.51		
72. BERNARDEZ BAGES, Brenda	11	C.N. Calella	5:51.35					
50m: 37.60 37.60	150m: 2:06.42	45.04	250m: 3:37.32	45.35	350m: 5:07.31	44.79		
100m: 1:21.38 43.78	200m: 2:51.97	45.55	300m: 4:22.52	45.20	400m: 5:51.35	44.04		
73. LOPEZ BECERRA, Laia	11	C.N. Granollers	5:51.74					
50m: 39.69 39.69	150m: 2:08.56	45.08	250m: 3:38.67	44.80	350m: 5:08.85	44.74		
100m: 1:23.48 43.79	200m: 2:53.87	45.31	300m: 4:24.11	45.44	400m: 5:51.74	42.89		
74. DE ASSIS HASSAMO, Maria Rita	11	C.N. Sant Andreu	5:51.85					
50m: 38.55 38.55	150m: 2:06.16	43.89	250m: 3:36.45	44.79	350m: 5:05.48	44.47		
100m: 1:22.27 43.72	200m: 2:51.66	45.50	300m: 4:21.01	44.56	400m: 5:51.85	46.37		
75. DELGADO RODRIGUEZ, paula	11	C.N. Rubí	5:52.28					
50m: 39.31 39.31	150m: 2:07.24	45.28	250m: 3:39.76	46.37	350m: 5:11.45	45.74		
100m: 1:21.96 42.65	200m: 2:53.39	46.15	300m: 4:25.71	45.95	400m: 5:52.28	40.83		
76. VENTURA GÜELL, Mar	11	C.N. Banyoles	5:52.51					
50m: 39.19 39.19	150m: 2:06.81	44.67	250m: 3:37.88	45.68	350m: 5:09.15	45.31		
100m: 1:22.14 42.95	200m: 2:52.20	45.39	300m: 4:23.84	45.96	400m: 5:52.51	43.36		
77. PARAMO BERTRAN, Rita	11	GEIEG	5:52.98					
50m: 40.70 40.70	150m: 2:08.87	44.44	250m: 3:38.51	45.04	350m: 5:09.16	45.20		
100m: 1:24.43 43.73	200m: 2:53.47	44.60	300m: 4:23.96	45.45	400m: 5:52.98	43.82		
78. EREZA I PUSHIMA, Marfil	11	C.N. Banyoles	5:53.19					
50m: 38.10 38.10	150m: 2:07.55	45.51	250m: 3:37.94	44.50	350m: 5:08.32	45.49		
100m: 1:22.04 43.94	200m: 2:53.44	45.89	300m: 4:22.83	44.89	400m: 5:53.19	44.87		
79. PIJUAN MARTINEZ, Berta	11	C.E.N. Balaguer	5:53.33					
50m: 40.08 40.08	150m: 2:10.79	45.26	250m: 3:40.82	44.40	350m: 5:11.28	45.10		
100m: 1:25.53 45.45	200m: 2:56.42	45.63	300m: 4:26.18	45.36	400m: 5:53.33	42.05		
80. LECHA DE DIEGO, Berta	11	C.N. Atl Barceloneta	5:53.47					
50m: 39.40 39.40	150m: 2:09.27	45.72	250m: 3:38.00	44.78	350m: 5:08.82	45.14		
100m: 1:23.55 44.15	200m: 2:53.22	43.95	300m: 4:23.68	45.68	400m: 5:53.47	44.65		
81. FERRARESI BALDOMA, Laura	11	C.E. Mediterrani	5:54.75					
50m: 38.43 38.43	150m: 2:07.66	45.21	250m: 3:38.43	45.09	350m: 5:10.01	45.88		
100m: 1:22.45 44.02	200m: 2:53.34	45.68	300m: 4:24.13	45.70	400m: 5:54.75	44.74		
82. SERRA RIBAS, Lia	11	G.E.N. Roses	5:55.44					
50m: 42.09 42.09	150m: 2:11.78	45.28	250m: 3:42.21	44.50	350m: 5:13.23	45.13		
100m: 1:26.50 44.41	200m: 2:57.71	45.93	300m: 4:28.10	45.89	400m: 5:55.44	42.21		
83. GONZALEZ ANILLO, Judith	11	C.N. Rubí	5:56.87					
50m: 43.41 43.41	150m: 2:16.01	46.71	250m: 3:47.70	46.21	350m: 5:17.85	44.33		
100m: 1:29.30 45.89	200m: 3:01.49	45.48	300m: 4:33.52	45.82	400m: 5:56.87	39.02		
84. DIAZ SEGURA, Arlet	11	C.N. Lleida	5:56.98					
50m: 38.12 38.12	150m: 2:06.25	45.32	250m: 3:37.73	46.00	350m: 5:10.96	46.49		
100m: 1:20.93 42.81	200m: 2:51.73	45.48	300m: 4:24.47	46.74	400m: 5:56.98	46.02		
85. MATKOVSKA, Daria	11	C.N. Atl Barceloneta	5:57.11					
50m: 38.13 38.13	150m: 2:07.13	46.12	250m: 3:39.57	45.67	350m: 5:13.68	46.71		
100m: 1:21.01 42.88	200m: 2:53.90	46.77	300m: 4:26.97	47.40	400m: 5:57.11	43.43		
86. HERNANDEZ MARTIN, Valentina	11	C.N. Granollers	5:57.59					
50m: 40.45 40.45	150m: 2:11.17	45.70	250m: 3:41.83	45.57	350m: 5:13.21	45.30		
100m: 1:25.47 45.02	200m: 2:56.26	45.09	300m: 4:27.91	46.08	400m: 5:57.59	44.38		
87. BALLESTER BURREL, Cloe	11	C.N. Terrassa	5:57.84					
50m: 41.45 41.45	150m: 2:12.62	45.45	250m: 3:43.51	46.01	350m: 5:14.79	45.66		
100m: 1:27.17 45.72	200m: 2:57.50	44.88	300m: 4:29.13	45.62	400m: 5:57.84	43.05		
88. DE CLASCA CASADEVALL, Ona	11	C.N. Calella	5:59.24					
50m: 41.76 41.76	150m: 2:15.87	46.92	250m: 3:49.06	45.56	350m: 5:18.55	44.34		
100m: 1:28.95 47.19	200m: 3:03.50	47.63	300m: 4:34.21	45.15	400m: 5:59.24	40.69		

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Prova 37, Fem., 400m Lliure, 12 anys femeni

Classificació	ANY		TempeFCN2019											
89. TOMÁS MARTÍN, Erin-Kate	11	C.N. Terrassa	5:59.59											
50m: 42.54 42.54	150m: 2:14.78	46.80	250m: 3:47.65	46.30	350m: 5:17.53	44.05	100m: 1:27.98	45.44	200m: 3:01.35	46.57	300m: 4:33.48	45.83	400m: 5:59.59	42.06
90. ABAD LANGREO, Marta	11	C.N. Montjuic	6:00.63											
50m: 36.82 36.82	150m: 2:09.82	46.91	250m: 3:43.51	46.42	350m: 5:17.51	46.19	100m: 1:22.91	46.09	200m: 2:57.09	47.27	300m: 4:31.32	47.81	400m: 6:00.63	43.12
91. REDON CORELLA, Carla	11	C.N. Terrassa	6:01.03											
50m: 37.94 37.94	150m: 2:12.12	48.19	250m: 3:46.09	46.71	350m: 5:19.97	46.41	100m: 1:23.93	45.99	200m: 2:59.38	47.26	300m: 4:33.56	47.47	400m: 6:01.03	41.06
92. LUNGOCIU, Maya Iliaria	11	C.E.N. Balaguer	6:01.07											
50m: 38.50 38.50	150m: 2:08.57	45.80	250m: 3:41.14	46.40	350m: 5:14.26	46.12	100m: 1:22.77	44.27	200m: 2:54.74	46.17	300m: 4:28.14	47.00	400m: 6:01.07	46.81
93. SOLANA FUERTES, Alejandra	11	C.N. Barcelona	6:02.61											
50m: 40.63 40.63	150m: 2:12.91	46.75	250m: 3:46.41	46.63	350m: 5:18.99	45.99	100m: 1:26.16	45.53	200m: 2:59.78	46.87	300m: 4:33.00	46.59	400m: 6:02.61	43.62
94. MORCILLO GARCIA, Alba	11	C.N. Atl Barceloneta	6:03.00											
50m: 38.05 38.05	150m: 2:08.00	44.84	250m: 3:40.28	46.37	350m: 5:15.04	47.05	100m: 1:23.16	45.11	200m: 2:53.91	45.91	300m: 4:27.99	47.71	400m: 6:03.00	47.96
95. BUXÓ JOAN, Ada	11	C.N. Olot	6:03.12											
50m: 39.31 39.31	150m: 2:09.44	46.01	250m: 3:43.25	46.57	350m: 5:17.21	46.73	100m: 1:23.43	44.12	200m: 2:56.68	47.24	300m: 4:30.48	47.23	400m: 6:03.12	45.91
96. LATORRE LOPEZ, Naia	11	C.N. Rubí	6:03.84											
50m: 39.77 39.77	150m: 2:13.12	47.58	250m: 3:46.19	46.04	350m: 5:18.68	46.73	100m: 1:25.54	45.77	200m: 3:00.15	47.03	300m: 4:31.95	45.76	400m: 6:03.84	45.16
97. JIMENEZ BRIZUELA, Lucia	11	C.N. Caldes	6:04.43											
50m: 40.81 40.81	150m: 2:12.65	46.90	250m: 3:47.03	47.73	350m: 5:20.74	46.46	100m: 1:25.75	44.94	200m: 2:59.30	46.65	300m: 4:34.28	47.25	400m: 6:04.43	43.69
98. EXPÓSITO BALÉS, Elsa	11	C.N. Olot	6:04.56											
50m: 39.94 39.94	150m: 2:10.84	45.92	250m: 3:44.99	47.44	350m: 5:19.10	46.22	100m: 1:24.92	44.98	200m: 2:57.55	46.71	300m: 4:32.88	47.89	400m: 6:04.56	45.46
99. SANCHEZ SITJA, Liane	11	C.N. Sitges	6:05.43											
50m: 40.38 40.38	150m: 2:10.81	45.72	250m: 3:45.12	47.72	350m: 5:20.40	47.75	100m: 1:25.09	44.71	200m: 2:57.40	46.59	300m: 4:32.65	47.53	400m: 6:05.43	45.03
100. MARIN AGUSTÍ, Arlet	11	C.E. Mediterrani	6:05.83											
50m: 37.93 37.93	150m: 2:08.63	46.61	250m: 3:44.55	48.40	350m: 5:20.42	47.81	100m: 1:22.02	44.09	200m: 2:56.15	47.52	300m: 4:32.61	48.06	400m: 6:05.83	45.41
101. GODOY BARBECHO, Aroa	11	C.N. Lleida	6:06.09											
50m: 37.95 37.95	150m: 2:08.61	46.94	250m: 3:45.07	49.48	350m: 5:20.85	47.79	100m: 1:21.67	43.72	200m: 2:55.59	46.98	300m: 4:33.06	47.99	400m: 6:06.09	45.24
102. LEÓN GIMÉNEZ, Nira	11	C.N. Sant Andreu	6:06.24											
50m: 40.27 40.27	150m: 2:12.55	46.69	250m: 3:47.15	47.09	350m: 5:20.50	45.63	100m: 1:25.86	45.59	200m: 3:00.06	47.51	300m: 4:34.87	47.72	400m: 6:06.24	45.74
103. ROVIRA RIBERA, Ona	11	C.N. Castellet	6:07.09											
50m: 39.74 39.74	150m: 2:13.04	46.81	250m: 3:47.64	47.30	350m: 5:22.58	47.30	100m: 1:26.23	46.49	200m: 3:00.34	47.30	300m: 4:35.28	47.64	400m: 6:07.09	44.51
104. RAHAVAYA, Ulyana	11	C.N. Sant Feliu	6:15.27											
50m: 39.77 39.77	150m: 2:14.71	49.04	250m: 3:53.03	49.14	350m: 5:31.41	48.48	100m: 1:25.67	45.90	200m: 3:03.89	49.18	300m: 4:42.93	49.90	400m: 6:15.27	43.86
105. ARMENGOL LLOPART, Berta	11	C.N. Granollers	6:15.55											
50m: 42.78 42.78	150m: 2:17.74	48.04	250m: 3:55.08	48.49	350m: 5:30.33	47.33	100m: 1:29.70	46.92	200m: 3:06.59	48.85	300m: 4:43.00	47.92	400m: 6:15.55	45.22
106. COBO GARCIA, Abril	11	C.N. Terrassa	6:16.67											
50m: 40.92 40.92	150m: 2:13.64	47.11	250m: 3:50.96	49.01	350m: 5:28.71	48.57	100m: 1:26.53	45.61	200m: 3:01.95	48.31	300m: 4:40.14	49.18	400m: 6:16.67	47.96

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Classificació	ANY						TempeFCN2019	
107.	PUIGDELLIVOL MARTINEZ, Alicia	11	C.N. Manresa				6:18.28	
	50m: 40.92 40.92	150m: 2:15.87	48.98	250m: 3:53.10	48.37	350m: 5:32.14	49.92	
	100m: 1:26.89 45.97	200m: 3:04.73	48.86	300m: 4:42.22	49.12	400m: 6:18.28	46.14	
108.	VALDEZ FLORES, Emma	11	C.N. Sant Boi				6:18.56	
	50m: 41.47 41.47	150m: 2:16.40	48.05	250m: 3:53.56	49.20	350m: 5:32.00	49.53	
	100m: 1:28.35 46.88	200m: 3:04.36	47.96	300m: 4:42.47	48.91	400m: 6:18.56	46.56	
	CARRILLO PEREZ, Marina	11	C.N. Viladecans				6:18.56	
	50m: 39.00 39.00	150m: 2:12.80	48.19	250m: 3:51.17	50.33	350m: 5:30.92	49.15	
	100m: 1:24.61 45.61	200m: 3:00.84	48.04	300m: 4:41.77	50.60	400m: 6:18.56	47.64	
110.	TEIXIDO PASSARRIUS, Maria	11	C.N. Rubí				6:18.77	
	50m: 41.61 41.61	150m: 2:14.97	47.06	250m: 3:53.46	49.65	350m: 5:33.63	50.30	
	100m: 1:27.91 46.30	200m: 3:03.81	48.84	300m: 4:43.33	49.87	400m: 6:18.77	45.14	
111.	GONZALEZ CARMONA, Paula	11	C.N. Rubí				6:19.64	
	50m: 41.78 41.78	150m: 2:17.30	48.72	250m: 3:55.40	49.06	350m: 5:35.78	50.04	
	100m: 1:28.58 46.80	200m: 3:06.34	49.04	300m: 4:45.74	50.34	400m: 6:19.64	43.86	
112.	GOMEZ CAMARERO, Maria	11	C.N. Granollers				6:19.89	
	50m: 42.93 42.93	150m: 2:19.22	48.62	250m: 3:56.73	49.20	350m: 5:32.85	47.32	
	100m: 1:30.60 47.67	200m: 3:07.53	48.31	300m: 4:45.53	48.80	400m: 6:19.89	47.04	
113.	MARTINEZ MILLA, Xènia	11	C.N. Castellet				6:20.86	
	50m: 40.30 40.30	150m: 2:14.85	48.36	250m: 3:52.52	49.49	350m: 5:32.44	49.93	
	100m: 1:26.49 46.19	200m: 3:03.03	48.18	300m: 4:42.51	49.99	400m: 6:20.86	48.42	
114.	GUTIERREZ HINOJOSA, martina	11	C.N. Rubí				6:21.02	
	50m: 44.58 44.58	150m: 2:19.69	48.08	250m: 3:57.19	49.13	350m: 5:34.78	48.54	
	100m: 1:31.61 47.03	200m: 3:08.06	48.37	300m: 4:46.24	49.05	400m: 6:21.02	46.24	
115.	CARNE LOPEZ, Isona	11	C.N. Igualada				6:30.13	
	50m: 43.16 43.16	150m: 2:22.94	50.28	250m: 4:01.96	49.77	350m: 5:42.05	49.73	
	100m: 1:32.66 49.50	200m: 3:12.19	49.25	300m: 4:52.32	50.36	400m: 6:30.13	48.08	
116.	ROBLES PEREZ, Paula	11	C.N. Premià				6:30.51	
	50m: 41.49 41.49	150m: 2:18.87	50.10	250m: 4:00.33	50.82	350m: 5:42.23	50.28	
	100m: 1:28.77 47.28	200m: 3:09.51	50.64	300m: 4:51.95	51.62	400m: 6:30.51	48.28	
117.	GOMEZ BARRAGAN, Natalia	11	C.N. Terrassa				6:32.03	
	50m: 40.26 40.26	150m: 2:18.47	50.44	250m: 4:02.18	51.63	350m: 5:44.52	50.77	
	100m: 1:28.03 47.77	200m: 3:10.55	52.08	300m: 4:53.75	51.57	400m: 6:32.03	47.51	
118.	VAZQUEZ AZDAOU, Sara	11	C.N. Badalona				6:32.86	
	50m: 42.63 42.63	150m: 2:21.01	49.85	250m: 4:02.34	51.02	350m: 5:43.03	50.58	
	100m: 1:31.16 48.53	200m: 3:11.32	50.31	300m: 4:52.45	50.11	400m: 6:32.86	49.83	
119.	TJELL, Isabel	11	C.E. Mediterrani				6:48.21	
	50m: 43.16 43.16	150m: 2:28.42	53.63	250m: 4:13.55	52.25	350m: 6:00.01	52.65	
	100m: 1:34.79 51.63	200m: 3:21.30	52.88	300m: 5:07.36	53.81	400m: 6:48.21	48.20	
DSQ	CARNERO GARCIA, Vega	11	C.E. Mediterrani					