

Prova 28
05/02/2023

Masc., 400m Lliure

Open
Resultats Prelim

RE	3:48.96	, DURAN NAVIA MIGUEL	SABADELL	22/03/2016
RC	3:51.05	, GOICOECHEA CASANUEVA VICTOR	LAS PALMAS G.C.	09/08/2013
CR	3:52.67	DURAN NAVIA, Miguel	TERRASSA	17/01/2020

Punts: FINA 2023

Classificació	ANY		Temps		CCO	Pts	KZNB Points				
1. SANTIAGO BETANCOR, Raul	97	C.N. Sant Andreu	4:01.62	-	755						
50m:	28.34	28.34	150m:	1:28.93	30.44	250m:	2:30.39	30.63	350m:	3:31.88	30.69
100m:	58.49	30.15	200m:	1:59.76	30.83	300m:	3:01.19	30.80	400m:	4:01.62	29.74
2. ESCRITS MAÑOSA, Albert	98	C.N. Sant Andreu	4:01.94	-	752						
50m:	27.90	27.90	150m:	1:28.33	30.55	250m:	2:29.78	30.72	350m:	3:31.66	31.05
100m:	57.78	29.88	200m:	1:59.06	30.73	300m:	3:00.61	30.83	400m:	4:01.94	30.28
3. JULIA TOUS, Ferran	00	C.N. Sabadell	4:07.04	-	706						
50m:	28.59	28.59	150m:	1:31.63	31.73	250m:	2:35.40	31.83	350m:	3:36.63	30.48
100m:	59.90	31.31	200m:	2:03.57	31.94	300m:	3:06.15	30.75	400m:	4:07.04	30.41
4. DURAN NAVIA, Miguel	95	C.N. Terrassa	4:08.03	-	698						
50m:	28.85	28.85	150m:	1:32.22	31.88	250m:	2:35.94	31.84	350m:	3:37.47	29.83
100m:	1:00.34	31.49	200m:	2:04.10	31.88	300m:	3:07.64	31.70	400m:	4:08.03	30.56
5. SIRE FIGUERAS, Ferran	01	C.N. Terrassa	4:08.94	-	690						
50m:	28.61	28.61	150m:	1:31.17	31.27	250m:	2:34.64	32.01	350m:	3:38.74	32.03
100m:	59.90	31.29	200m:	2:02.63	31.46	300m:	3:06.71	32.07	400m:	4:08.94	30.20
6. SANCHEZ GONZALEZ, Marcos	04	C.N. Sabadell	4:09.04	-	690						
50m:	28.52	28.52	150m:	1:32.05	32.11	250m:	2:35.30	31.74	350m:	3:38.43	31.63
100m:	59.94	31.42	200m:	2:03.56	31.51	300m:	3:06.80	31.50	400m:	4:09.04	30.61
7. ESCRITS MAÑOSA, Lluís	01	C.N. Sant Andreu	4:09.19	-	688						
50m:	29.04	29.04	150m:	1:32.57	32.05	250m:	2:35.79	31.29	350m:	3:39.07	31.61
100m:	1:00.52	31.48	200m:	2:04.50	31.93	300m:	3:07.46	31.67	400m:	4:09.19	30.12
8. TEIXEIRA PEREIRA, Kevin	05	Fed Andorrana	4:10.00	-	682						
50m:	29.18	29.18	150m:	1:32.87	31.83	250m:	2:36.15	31.33	350m:	3:39.40	31.58
100m:	1:01.04	31.86	200m:	2:04.82	31.95	300m:	3:07.82	31.67	400m:	4:10.00	30.60
9. TEIXIDÓ JOVÉ, Aleix	06	C.E. Inef Lleida	4:14.81	-	644						
50m:	28.73	28.73	150m:	1:33.26	32.91	250m:	2:37.87	32.52	350m:	3:43.42	32.77
100m:	1:00.35	31.62	200m:	2:05.35	32.09	300m:	3:10.65	32.78	400m:	4:14.81	31.39
10. TOLEDO PANIAGUA, Oliver	07	A. Master Baleares	4:15.16	-	641						
50m:	28.65	28.65	150m:	1:33.17	32.80	250m:	2:38.43	32.48	350m:	3:44.14	32.70
100m:	1:00.37	31.72	200m:	2:05.95	32.78	300m:	3:11.44	33.01	400m:	4:15.16	31.02
11. CASALS MAS, Èric	06	C.N. Vic-Etb	4:15.61	23,00	638						
50m:	30.06	30.06	150m:	1:35.13	33.00	250m:	2:41.18	33.19	350m:	3:45.64	31.81
100m:	1:02.13	32.07	200m:	2:07.99	32.86	300m:	3:13.83	32.65	400m:	4:15.61	29.97
12. VENDRELL GARCIA, Jose	03	C.N. Lleida	4:15.74	22,00	637						
50m:	28.45	28.45	150m:	1:31.63	31.98	250m:	2:37.28	32.81	350m:	3:43.68	33.20
100m:	59.65	31.20	200m:	2:04.47	32.84	300m:	3:10.48	33.20	400m:	4:15.74	32.06
13. MOLINI IBAÑEZ, Arnau	02	C.N. Barcelona	4:15.93	21,00	635						
50m:	28.48	28.48	150m:	1:32.58	32.38	250m:	2:38.40	32.81	350m:	3:44.31	32.86
100m:	1:00.20	31.72	200m:	2:05.59	33.01	300m:	3:11.45	33.05	400m:	4:15.93	31.62
14. SABATER ESPINOSA, Jorge	06	C.N. La Salle-Palma	4:16.22	-	633						
50m:	29.02	29.02	150m:	1:32.98	32.21	250m:	2:37.01	31.74	350m:	3:43.27	33.44
100m:	1:00.77	31.75	200m:	2:05.27	32.29	300m:	3:09.83	32.82	400m:	4:16.22	32.95
15. ROURA CLEMENTE, Gerard	01	GEiEG	4:16.46	20,00	631						
50m:	28.87	28.87	150m:	1:33.19	32.78	250m:	2:38.62	32.74	350m:	3:44.77	33.27
100m:	1:00.41	31.54	200m:	2:05.88	32.69	300m:	3:11.50	32.88	400m:	4:16.46	31.69
16. BLANES FRIGOLA, Aleix	04	C.E. Àgora	4:17.22	19,00	626						
50m:	29.45	29.45	150m:	1:33.34	32.45	250m:	2:38.92	32.93	350m:	3:45.22	33.19
100m:	1:00.89	31.44	200m:	2:05.99	32.65	300m:	3:12.03	33.11	400m:	4:17.22	32.00

Prova 28, Masc., 400m Lliure, Prelim, Open

Classificació	ANY	Temps	CCO	Pts	KZNB Points
17. YEGRES COTTIN, Andres	02 C.N. Barcelona	4:17.99	18,00	620	
50m: 28.57 28.57	150m: 1:32.49 32.44	250m: 2:38.04 32.72	350m: 3:44.55 33.53		
100m: 1:00.05 31.48	200m: 2:05.32 32.83	300m: 3:11.02 32.98	400m: 4:17.99 33.44		
18. KRAMSKOY, Mark	06 C.E. Mediterrani	4:18.50	17,00	617	
50m: 28.90 28.90	150m: 1:33.27 32.63	250m: 2:38.09 32.21	350m: 3:45.89 33.93		
100m: 1:00.64 31.74	200m: 2:05.88 32.61	300m: 3:11.96 33.87	400m: 4:18.50 32.61		
19. IBAÑEZ PINA, Nil	03 C.N. Atl Barceloneta	4:20.68	16,00	601	
50m: 29.03 29.03	150m: 1:34.76 33.39	250m: 2:42.48 33.72	350m: 3:49.26 33.00		
100m: 1:01.37 32.34	200m: 2:08.76 34.00	300m: 3:16.26 33.78	400m: 4:20.68 31.42		
20. FERNANDEZ SIMO, Eric	05 C.N. Granollers	4:20.76	15,00	601	
50m: 29.87 29.87	150m: 1:35.17 33.13	250m: 2:41.79 32.95	350m: 3:48.84 33.24		
100m: 1:02.04 32.17	200m: 2:08.84 33.67	300m: 3:15.60 33.81	400m: 4:20.76 31.92		
21. MONTEIRO VIEGAS, Marc	00 Fed Andorrana	4:20.79	14,00	600	
50m: 29.88 29.88	150m: 1:35.16 32.90	250m: 2:41.79 33.38	350m: 3:48.77 33.39		
100m: 1:02.26 32.38	200m: 2:08.41 33.25	300m: 3:15.38 33.59	400m: 4:20.79 32.02		
22. GALLEN SABATER, Albert	05 C.E. Mediterrani	4:21.64	13,00	595	
50m: 29.41 29.41	150m: 1:34.48 32.80	250m: 2:40.99 33.30	350m: 3:49.04 34.04		
100m: 1:01.68 32.27	200m: 2:07.69 33.21	300m: 3:15.00 34.01	400m: 4:21.64 32.60		
23. ASCANIO SAIZ, Ciro	06 Cn.Palma De Mallorca	4:21.99	-	592	
50m: 30.11 30.11	150m: 1:35.74 33.42	250m: 2:43.02 33.57	350m: 3:49.81 33.18		
100m: 1:02.32 32.21	200m: 2:09.45 33.71	300m: 3:16.63 33.61	400m: 4:21.99 32.18		
24. RIERA GARCIA, Pablo	04 C.E.N. Cabrera De Mar	4:23.71	12,00	581	
50m: 29.77 29.77	150m: 1:35.79 33.57	250m: 2:43.02 33.82	350m: 3:50.58 33.79		
100m: 1:02.22 32.45	200m: 2:09.20 33.41	300m: 3:16.79 33.77	400m: 4:23.71 33.13		
25. VILLAREJO MARTIN, Eloi	05 C.N. Reus Ploms	4:24.00	11,00	579	
50m: 28.76 28.76	150m: 1:34.83 33.78	250m: 2:42.81 33.94	350m: 3:50.47 33.98		
100m: 1:01.05 32.29	200m: 2:08.87 34.04	300m: 3:16.49 33.68	400m: 4:24.00 33.53		
26. REYES VALENZUELA, Abel	03 C.N. Mataró	4:24.35	10,00	576	
50m: 29.48 29.48	150m: 1:34.95 33.13	250m: 2:42.63 33.92	350m: 3:51.01 33.97		
100m: 1:01.82 32.34	200m: 2:08.71 33.76	300m: 3:17.04 34.41	400m: 4:24.35 33.34		
27. ARJO DELGADO, Sergi	06 C.N. Lleida	4:24.81	9,00	573	
50m: 30.73 30.73	150m: 1:37.22 33.37	250m: 2:44.58 33.34	350m: 3:51.91 33.42		
100m: 1:03.85 33.12	200m: 2:11.24 34.02	300m: 3:18.49 33.91	400m: 4:24.81 32.90		
28. GABRIEL PARERAS, Pau Victor	05 C.N. Sant Andreu	4:24.95	-	573	
50m: 29.83 29.83	150m: 1:36.25 33.78	250m: 2:44.75 34.67	350m: 3:52.74 34.25		
100m: 1:02.47 32.64	200m: 2:10.08 33.83	300m: 3:18.49 33.74	400m: 4:24.95 32.21		
29. FANLO TORREMADE, Pau	04 C.N. Mataró	4:24.96	8,00	572	
50m: 29.50 29.50	150m: 1:35.94 33.76	250m: 2:44.47 34.60	350m: 3:53.36 34.20		
100m: 1:02.18 32.68	200m: 2:09.87 33.93	300m: 3:19.16 34.69	400m: 4:24.96 31.60		
30. DEL RIO DECABO, Joel	07 C.N. Granollers	4:25.77	7,00	567	
50m: 30.60 30.60	150m: 1:37.66 33.67	250m: 2:45.05 33.48	350m: 3:53.24 34.22		
100m: 1:03.99 33.39	200m: 2:11.57 33.91	300m: 3:19.02 33.97	400m: 4:25.77 32.53		
31. SEGURA MATEOS, Eduard	05 C.N. Granollers	4:26.00	6,00	566	
50m: 30.34 30.34	150m: 1:37.37 33.68	250m: 2:45.29 33.96	350m: 3:54.30 34.45		
100m: 1:03.69 33.35	200m: 2:11.33 33.96	300m: 3:19.85 34.56	400m: 4:26.00 31.70		
32. MUSSONS MARIN, Marti	03 C.N. Terrassa	4:26.09	5,00	565	
50m: 28.99 28.99	150m: 1:35.63 33.79	250m: 2:43.92 34.42	350m: 3:52.58 33.58		
100m: 1:01.84 32.85	200m: 2:09.50 33.87	300m: 3:19.00 35.08	400m: 4:26.09 33.51		
33. RODRÍGUEZ SOLANS, Guifré	05 C.E. Inef Lleida	4:27.25	4,00	558	
50m: 29.73 29.73	150m: 1:36.27 33.91	250m: 2:44.98 34.64	350m: 3:54.07 34.39		
100m: 1:02.36 32.63	200m: 2:10.34 34.07	300m: 3:19.68 34.70	400m: 4:27.25 33.18		

Prova 28, Masc., 400m Lliure, Prelim, Open

Classificació	ANY	Temps	CCO	Pts	KZNB Points
34. SERNA IZQUIERDO, Arnau	05 C.N. Mataró	4:28.25	3,00	552	
50m: 29.83 29.83	150m: 1:35.69 33.46	250m: 2:44.83 34.70	350m: 3:54.83	35.24	
100m: 1:02.23 32.40	200m: 2:10.13 34.44	300m: 3:19.59 34.76	400m: 4:28.25	33.42	
35. SANCHEZ GIBELLO, Nil	06 C.N. Terrassa	4:28.47	-	550	
50m: 28.79 28.79	150m: 1:35.24 33.89	250m: 2:44.01 34.63	350m: 3:55.04	36.05	
100m: 1:01.35 32.56	200m: 2:09.38 34.14	300m: 3:18.99 34.98	400m: 4:28.47	33.43	
36. ARRUGA MORENO, Alvaro	06 C.N. Igualada	4:28.53	2,00	550	
50m: 30.09 30.09	150m: 1:38.00 34.33	250m: 2:47.23 34.59	350m: 3:56.56	34.42	
100m: 1:03.67 33.58	200m: 2:12.64 34.64	300m: 3:22.14 34.91	400m: 4:28.53	31.97	
37. DEL CASTILLO MASICH, Guillem	06 C.N. Tarraco	4:29.14	1,00	546	
50m: 30.07 30.07	150m: 1:37.04 33.82	250m: 2:45.93 34.49	350m: 3:55.35	34.38	
100m: 1:03.22 33.15	200m: 2:11.44 34.40	300m: 3:20.97 35.04	400m: 4:29.14	33.79	
38. BOTE BONELL, Josep	04 C.N. Terrassa	4:29.55	-	544	
50m: 29.82 29.82	150m: 1:36.04 33.62	250m: 2:44.88 34.51	350m: 3:54.66	35.25	
100m: 1:02.42 32.60	200m: 2:10.37 34.33	300m: 3:19.41 34.53	400m: 4:29.55	34.89	
39. ROCA BORRAS, Joan	06 C.N. Salou	4:31.30	-	533	
50m: 30.18 30.18	150m: 1:37.79 34.62	250m: 2:47.00 34.60	350m: 3:56.40	36.74	
100m: 1:03.17 32.99	200m: 2:12.40 34.61	300m: 3:19.66 32.66	400m: 4:31.30	34.90	
40. BUSTOS FERNANDEZ, Aitor	04 C.N. Igualada	4:32.49	-	526	
50m: 30.86 30.86	150m: 1:38.59 34.06	250m: 2:47.88 34.61	350m: 3:58.03	34.95	
100m: 1:04.53 33.67	200m: 2:13.27 34.68	300m: 3:23.08 35.20	400m: 4:32.49	34.46	
41. ESTEBAN AGUILERA, Raul	03 C.N. Cornellà	4:34.29	-	516	
50m: 30.32 30.32	150m: 1:38.31 34.30	250m: 2:48.75 35.18	350m: 4:00.09	35.54	
100m: 1:04.01 33.69	200m: 2:13.57 35.26	300m: 3:24.55 35.80	400m: 4:34.29	34.20	
42. TORRES BOSCH, Roger	99 C.N. Cornellà	4:34.43	-	515	
50m: 29.86 29.86	150m: 1:36.75 34.23	250m: 2:47.28 35.27	350m: 3:59.18	36.33	
100m: 1:02.52 32.66	200m: 2:12.01 35.26	300m: 3:22.85 35.57	400m: 4:34.43	35.25	
BX DE CELIS MONTALBÁN, Sergio	00 C.N. Sabadell		-		
BX SALVATELLA ESTANY, Pau	03 C.N. Barcelona		-		
BX MICHANS BURGUÉS, Àlex	07 C.N. Lleida		-		
BX CUEN SIBILA, Biel	07 Fed Andorrana		-		
BX RAMOS RUIZ, Toni	05 Torelló C.A.N.		-		