



Event 6
20/11/2022 - 10:21

Men, 400m Medley

Open
Results

RC	4:05.09	, CABELLO FORNS ALAN	ISTAMBUL (TUR)	11/12/2009
CCT	4:10.96	, CABELLO FORNS ALAN	L'HOSPITALET	30/10/2009

Points: FINA 2022

Rank			YB							Time	Pts	
1.	MIRA ALBALADEJO, Diego		01	C.N. Sabadell						4:21.70	722	
	50m:	28.12	28.12	150m:	1:32.28	31.68	250m:	2:42.31	38.44	350m:	3:51.92	31.26
	100m:	1:00.60	32.48	200m:	2:03.87	31.59	300m:	3:20.66	38.35	400m:	4:21.70	29.78
2.	CASANOVAS SKOUBO, Joan		97	C.N. Sabadell						4:21.80	721	
	50m:	27.45	27.45	150m:	1:34.13	34.47	250m:	2:45.97	37.23	350m:	3:53.41	30.12
	100m:	59.66	32.21	200m:	2:08.74	34.61	300m:	3:23.29	37.32	400m:	4:21.80	28.39
3.	POU FERNANDEZ, Marc		01	C.N. Mataro						4:26.14	686	
	50m:	28.71	28.71	150m:	1:34.95	34.07	250m:	2:46.09	37.13	350m:	3:55.60	31.28
	100m:	1:00.88	32.17	200m:	2:08.96	34.01	300m:	3:24.32	38.23	400m:	4:26.14	30.54
4.	ALLANDE GONZALEZ, Jofre		98	C.N. Sabadell						4:28.21	671	
	50m:	29.82	29.82	150m:	1:38.67	35.34	250m:	2:49.54	36.44	350m:	3:58.06	31.68
	100m:	1:03.33	33.51	200m:	2:13.10	34.43	300m:	3:26.38	36.84	400m:	4:28.21	30.15
5.	GIJON ESPIGARES, Javier		99	C.E. Mediterrani						4:32.80	637	
	50m:	28.30	28.30	150m:	1:35.13	34.86	250m:	2:47.22	39.11	350m:	4:00.43	33.96
	100m:	1:00.27	31.97	200m:	2:08.11	32.98	300m:	3:26.47	39.25	400m:	4:32.80	32.37
6.	SANCHEZ HURTADO, Alex		00	C.N. L'Hospitalet						4:35.45	619	
	50m:	28.54	28.54	150m:	1:38.23	36.42	250m:	2:53.55	39.66	350m:	4:04.78	31.04
	100m:	1:01.81	33.27	200m:	2:13.89	35.66	300m:	3:33.74	40.19	400m:	4:35.45	30.67
7.	VENDRELL GARCIA, Jose		03	C.N. Lleida						4:38.77	597	
	50m:	28.32	28.32	150m:	1:37.83	36.87	250m:	2:55.37	41.58	350m:	4:08.39	31.72
	100m:	1:00.96	32.64	200m:	2:13.79	35.96	300m:	3:36.67	41.30	400m:	4:38.77	30.38
8.	MORA LOPEZ, Pol		06	N.C. Torello						4:41.68	579	
	50m:	30.10	30.10	150m:	1:39.98	36.10	250m:	2:56.40	41.48	350m:	4:10.53	32.00
	100m:	1:03.88	33.78	200m:	2:14.92	34.94	300m:	3:38.53	42.13	400m:	4:41.68	31.15
9.	ARJO DELGADO, Sergi		06	C.N. Lleida						4:47.18	546	
	50m:	29.80	29.80	150m:	1:42.80	38.19	250m:	3:00.27	39.92	350m:	4:15.44	33.75
	100m:	1:04.61	34.81	200m:	2:20.35	37.55	300m:	3:41.69	41.42	400m:	4:47.18	31.74
10.	MICHANS BURGUES, Alex		07	C.N. Lleida						4:47.33	545	
	50m:	31.03	31.03	150m:	1:45.97	38.26	250m:	3:03.24	39.66	350m:	4:15.92	33.20
	100m:	1:07.71	36.68	200m:	2:23.58	37.61	300m:	3:42.72	39.48	400m:	4:47.33	31.41
11.	FERNANDEZ SIMO, Eric		05	C.N. Granollers						4:47.89	542	
	50m:	30.18	30.18	150m:	1:43.43	38.05	250m:	3:01.46	41.49	350m:	4:16.68	33.76
	100m:	1:05.38	35.20	200m:	2:19.97	36.54	300m:	3:42.92	41.46	400m:	4:47.89	31.21
12.	CAROS ITURBIDE, Marc		03	C.E. Mediterrani						4:48.59	538	
	50m:	29.01	29.01	150m:	1:40.10	37.48	250m:	2:57.00	40.91	350m:	4:14.70	36.14
	100m:	1:02.62	33.61	200m:	2:16.09	35.99	300m:	3:38.56	41.56	400m:	4:48.59	33.89
13.	BOTE BONELL, Josep		04	C.N. Terrassa						4:51.00	525	
	50m:	31.06	31.06	150m:	1:42.50	36.71	250m:	3:00.50	42.06	350m:	4:18.20	34.67
	100m:	1:05.79	34.73	200m:	2:18.44	35.94	300m:	3:43.53	43.03	400m:	4:51.00	32.80
14.	VILLAREJO MARTIN, Eloi		05	C.N. Reus Ploms						4:55.37	502	
	50m:	29.81	29.81	150m:	1:42.32	38.09	250m:	3:01.88	41.98	350m:	4:20.23	35.22
	100m:	1:04.23	34.42	200m:	2:19.90	37.58	300m:	3:45.01	43.13	400m:	4:55.37	35.14
15.	MORENO CORTES, Aitor		01	C.N. Reus Ploms						4:59.41	482	
	50m:	30.57	30.57	150m:	1:44.15	38.03	250m:	3:04.96	42.81	350m:	4:24.62	35.42
	100m:	1:06.12	35.55	200m:	2:22.15	38.00	300m:	3:49.20	44.24	400m:	4:59.41	34.79

Piscina 25mts i cronometratge automàtic





Event 6, Men, 400m Medley, Open

Rank		YB		Time	Pts
WDR	CARRASCO CADENS, Jordi	08	C.E. Inef Lleida		

ORGANITZADORS:



SPONSOR OFICIAL:



SPONSOR INSTITUCIONAL:

