

**Prova 29
12/3/2023**
Masc., 400m Estils
**Open
Resultats**

RC	4:16.98	NUÑEZ MOLANO JAVIER	PALMA MALLORCA	4/4/2008
CCT	4:19.02	BOGGIATTO, ALESSIO	SABADELL	14/2/2009

Punts: FINA 2023

Classificació	ANY		Temps		Pts
1. CASTEJON RAMIREZ, Alex	98	C.N. Sabadell	4:27.85	754	
50m: 28.77 28.77	150m: 1:36.33	35.23 250m: 2:48.48	38.20	350m: 3:57.68	32.01
100m: 1:01.10 32.33	200m: 2:10.28	33.95 300m: 3:25.67	37.19	400m: 4:27.85	30.17
2. ORTIZ MARTINEZ, Carlos	04	C.E. Mediterrani	4:37.11	681	
50m: 28.93 28.93	150m: 1:37.28	35.47 250m: 2:52.69	40.24	350m: 4:04.73	31.99
100m: 1:01.81 32.88	200m: 2:12.45	35.17 300m: 3:32.74	40.05	400m: 4:37.11	32.38
3. ZEMANSKY, Noah	06	SVS-Schwimmen	4:38.16	673	
50m: 29.20 29.20	150m: 1:40.07	36.43 250m: 2:54.93	39.02	350m: 4:06.92	32.58
100m: 1:03.64 34.44	200m: 2:15.91	35.84 300m: 3:34.34	39.41	400m: 4:38.16	31.24
4. ELIES VAZQUEZ, Pau	03	C.N. Atl Barceloneta	4:47.16	612	
50m: 28.10 28.10	150m: 1:39.05	37.14 250m: 2:58.45	43.06	350m: 4:15.36	32.78
100m: 1:01.91 33.81	200m: 2:15.39	36.34 300m: 3:42.58	44.13	400m: 4:47.16	31.80
5. SANCHEZ GONZALEZ, Marcos	04	C.N. Sabadell	4:47.97	607	
50m: 29.64 29.64	150m: 1:42.23	38.29 250m: 3:01.81	42.76	350m: 4:17.56	32.34
100m: 1:03.94 34.30	200m: 2:19.05	36.82 300m: 3:45.22	43.41	400m: 4:47.97	30.41
6. MORALES CEBEY, Hector	02	C.N. Granollers	4:48.13	606	
50m: 29.69 29.69	150m: 1:39.48	36.11 250m: 2:57.69	42.08	350m: 4:15.37	34.75
100m: 1:03.37 33.68	200m: 2:15.61	36.13 300m: 3:40.62	42.93	400m: 4:48.13	32.76
7. SERNA IZQUIERDO, Arnau	05	C.N. Mataró	4:49.92	594	
50m: 29.84 29.84	150m: 1:44.48	39.33 250m: 3:03.41	39.79	350m: 4:17.54	33.38
100m: 1:05.15 35.31	200m: 2:23.62	39.14 300m: 3:44.16	40.75	400m: 4:49.92	32.38
8. FERNANDEZ SIMO, Eric	05	C.N. Granollers	4:51.46	585	
50m: 30.74 30.74	150m: 1:43.51	37.20 250m: 3:03.19	42.30	350m: 4:18.84	33.54
100m: 1:06.31 35.57	200m: 2:20.89	37.38 300m: 3:45.30	42.11	400m: 4:51.46	32.62
9. CASALS MAS, Èric	06	C.N. Vic-Etb	4:56.24	557	
50m: 31.03 31.03	150m: 1:48.09	41.15 250m: 3:10.03	41.04	350m: 4:26.21	31.98
100m: 1:06.94 35.91	200m: 2:28.99	40.90 300m: 3:54.23	44.20	400m: 4:56.24	30.03
10. FARRÉ CORTADA, Joel	08	C.E.N. Balaguer	5:04.40	514	
50m: 30.37 30.37	150m: 1:45.96	38.68 250m: 3:09.94	45.21	350m: 4:30.75	35.47
100m: 1:07.28 36.91	200m: 2:24.73	38.77 300m: 3:55.28	45.34	400m: 5:04.40	33.65
11. MOLINA BERMUDEZ, Pau	06	C.N. Terrassa	5:07.30	499	
50m: 31.04 31.04	150m: 1:46.72	40.20 250m: 3:10.56	44.16	350m: 4:31.51	36.35
100m: 1:06.52 35.48	200m: 2:26.40	39.68 300m: 3:55.16	44.60	400m: 5:07.30	35.79
12. SISCART MUNTANÉ, Oleguer	06	C.N. Barcelona	5:08.09	495	
50m: 30.27 30.27	150m: 1:47.81	41.61 250m: 3:13.29	45.36	350m: 4:33.61	35.18
100m: 1:06.20 35.93	200m: 2:27.93	40.12 300m: 3:58.43	45.14	400m: 5:08.09	34.48
13. ESPUCHE LLORENS, Pol	06	C.N. Olot	5:10.74	483	
50m: 31.53 31.53	150m: 1:48.49	40.59 250m: 3:14.88	46.58	350m: 4:37.04	35.09
100m: 1:07.90 36.37	200m: 2:28.30	39.81 300m: 4:01.95	47.07	400m: 5:10.74	33.70
14. BOTE BONELL, Josep	04	C.N. Terrassa	5:12.51	475	
50m: 30.29 30.29	150m: 1:46.96	40.67 250m: 3:12.38	46.13	350m: 4:36.12	37.13
100m: 1:06.29 36.00	200m: 2:26.25	39.29 300m: 3:58.99	46.61	400m: 5:12.51	36.39
15. PASTOR VALLE, Ivan	03	C.N. Vallirana	5:16.65	456	
50m: 31.60 31.60	150m: 1:50.60	40.34 250m: 3:15.06	45.03	350m: 4:39.70	37.56
100m: 1:10.26 38.66	200m: 2:30.03	39.43 300m: 4:02.14	47.08	400m: 5:16.65	36.95

Piscina 50m i Cronometratge Automàtic