

**Event 29  
12/3/2023**
**Men, 400m Medley**
**Open  
Results**

RC	4:16.98	NUÑEZ MOLANO JAVIER	PALMA MALLORCA	4/4/2008
CCT	4:19.02	BOGGIATTO, ALESSIO	SABADELL	14/2/2009

Points: FINA 2023

Rank	YB		Time							Pts		
1.	CASTEJON RAMIREZ, Alex		98	C.N. Sabadell							<b>4:27.85</b>	754
	50m:	28.77	28.77	150m:	1:36.33	35.23	250m:	2:48.48	38.20	350m:	3:57.68	32.01
	100m:	1:01.10	32.33	200m:	2:10.28	33.95	300m:	3:25.67	37.19	400m:	4:27.85	30.17
2.	ORTIZ MARTINEZ, Carlos		04	C.E. Mediterrani							<b>4:37.11</b>	681
	50m:	28.93	28.93	150m:	1:37.28	35.47	250m:	2:52.69	40.24	350m:	4:04.73	31.99
	100m:	1:01.81	32.88	200m:	2:12.45	35.17	300m:	3:32.74	40.05	400m:	4:37.11	32.38
3.	ZEMANSKY, Noah		06	SVS-Schwimmen							<b>4:38.16</b>	673
	50m:	29.20	29.20	150m:	1:40.07	36.43	250m:	2:54.93	39.02	350m:	4:06.92	32.58
	100m:	1:03.64	34.44	200m:	2:15.91	35.84	300m:	3:34.34	39.41	400m:	4:38.16	31.24
4.	ELIES VAZQUEZ, Pau		03	C.N. Atl Barceloneta							<b>4:47.16</b>	612
	50m:	28.10	28.10	150m:	1:39.05	37.14	250m:	2:58.45	43.06	350m:	4:15.36	32.78
	100m:	1:01.91	33.81	200m:	2:15.39	36.34	300m:	3:42.58	44.13	400m:	4:47.16	31.80
5.	SANCHEZ GONZALEZ, Marcos		04	C.N. Sabadell							<b>4:47.97</b>	607
	50m:	29.64	29.64	150m:	1:42.23	38.29	250m:	3:01.81	42.76	350m:	4:17.56	32.34
	100m:	1:03.94	34.30	200m:	2:19.05	36.82	300m:	3:45.22	43.41	400m:	4:47.97	30.41
6.	MORALES CEBEY, Hector		02	C.N. Granollers							<b>4:48.13</b>	606
	50m:	29.69	29.69	150m:	1:39.48	36.11	250m:	2:57.69	42.08	350m:	4:15.37	34.75
	100m:	1:03.37	33.68	200m:	2:15.61	36.13	300m:	3:40.62	42.93	400m:	4:48.13	32.76
7.	SERNA IZQUIERDO, Arnau		05	C.N. Mataro							<b>4:49.92</b>	594
	50m:	29.84	29.84	150m:	1:44.48	39.33	250m:	3:03.41	39.79	350m:	4:17.54	33.38
	100m:	1:05.15	35.31	200m:	2:23.62	39.14	300m:	3:44.16	40.75	400m:	4:49.92	32.38
8.	FERNANDEZ SIMO, Eric		05	C.N. Granollers							<b>4:51.46</b>	585
	50m:	30.74	30.74	150m:	1:43.51	37.20	250m:	3:03.19	42.30	350m:	4:18.84	33.54
	100m:	1:06.31	35.57	200m:	2:20.89	37.38	300m:	3:45.30	42.11	400m:	4:51.46	32.62
9.	CASALS MAS, Eric		06	C.N. Vic-Etb							<b>4:56.24</b>	557
	50m:	31.03	31.03	150m:	1:48.09	41.15	250m:	3:10.03	41.04	350m:	4:26.21	31.98
	100m:	1:06.94	35.91	200m:	2:28.99	40.90	300m:	3:54.23	44.20	400m:	4:56.24	30.03
10.	FARRE CORTADA, Joel		08	C.E.N. Balaguer							<b>5:04.40</b>	514
	50m:	30.37	30.37	150m:	1:45.96	38.68	250m:	3:09.94	45.21	350m:	4:30.75	35.47
	100m:	1:07.28	36.91	200m:	2:24.73	38.77	300m:	3:55.28	45.34	400m:	5:04.40	33.65
11.	MOLINA BERMUDEZ, Pau		06	C.N. Terrassa							<b>5:07.30</b>	499
	50m:	31.04	31.04	150m:	1:46.72	40.20	250m:	3:10.56	44.16	350m:	4:31.51	36.35
	100m:	1:06.52	35.48	200m:	2:26.40	39.68	300m:	3:55.16	44.60	400m:	5:07.30	35.79
12.	SISCART MUNTANE, Oleguer		06	C.N. Barcelona							<b>5:08.09</b>	495
	50m:	30.27	30.27	150m:	1:47.81	41.61	250m:	3:13.29	45.36	350m:	4:33.61	35.18
	100m:	1:06.20	35.93	200m:	2:27.93	40.12	300m:	3:58.43	45.14	400m:	5:08.09	34.48
13.	ESPUCHE LLORENS, Pol		06	C.N. Olot							<b>5:10.74</b>	483
	50m:	31.53	31.53	150m:	1:48.49	40.59	250m:	3:14.88	46.58	350m:	4:37.04	35.09
	100m:	1:07.90	36.37	200m:	2:28.30	39.81	300m:	4:01.95	47.07	400m:	5:10.74	33.70
14.	BOTE BONELL, Josep		04	C.N. Terrassa							<b>5:12.51</b>	475
	50m:	30.29	30.29	150m:	1:46.96	40.67	250m:	3:12.38	46.13	350m:	4:36.12	37.13
	100m:	1:06.29	36.00	200m:	2:26.25	39.29	300m:	3:58.99	46.61	400m:	5:12.51	36.39
15.	PASTOR VALLE, Ivan		03	C.N. Vallirana							<b>5:16.65</b>	456
	50m:	31.60	31.60	150m:	1:50.60	40.34	250m:	3:15.06	45.03	350m:	4:39.70	37.56
	100m:	1:10.26	38.66	200m:	2:30.03	39.43	300m:	4:02.14	47.08	400m:	5:16.65	36.95

Piscina 50m i Cronometratge Automàtic