

Prova 13
 26/11/2022

Masc., 400m Estils

 Fase Territorial Copa 2a Divisió
 Resultats

RE	4:05.09	, CABELLO FORNS ALAN	ESTAMBUL (TUR)	11/12/2009
RC	4:05.09	, CABELLO FORNS ALAN	ESTAMBUL (TUR)	11/12/2009

Punts: FINA 2022

Classificació	ANY		Temps		Pts
1. POU FERNANDEZ, Marc	01	C.N. Mataró	4:26.65	682	
50m: 29.03 29.03	150m: 1:35.11	33.93 250m: 2:46.50	37.66 350m: 3:56.23	31.37	
100m: 1:01.18 32.15	200m: 2:08.84	33.73 300m: 3:24.86	38.36 400m: 4:26.65	30.42	
2. PARRA ESTRADÉ, Arnau	07	C.N. Atl Barceloneta	4:30.24	655	
50m: 29.31 29.31	150m: 1:37.69	36.05 250m: 2:50.72	38.42 350m: 4:00.71	30.65	
100m: 1:01.64 32.33	200m: 2:12.30	34.61 300m: 3:30.06	39.34 400m: 4:30.24	29.53	
3. ELIES VAZQUEZ, Pau	03	C.N. Atl Barceloneta	4:33.12	635	
50m: 28.77 28.77	150m: 1:37.41	35.50 250m: 2:52.83	40.69 350m: 4:04.12	30.44	
100m: 1:01.91 33.14	200m: 2:12.14	34.73 300m: 3:33.68	40.85 400m: 4:33.12	29.00	
4. CHAVES GUARDIA, David	98	C.N. Mataró	4:40.90	584	
50m: 29.21 29.21	150m: 1:38.36	35.71 250m: 2:54.45	40.80 350m: 4:08.71	32.83	
100m: 1:02.65 33.44	200m: 2:13.65	35.29 300m: 3:35.88	41.43 400m: 4:40.90	32.19	
5. BUSTOS FERNANDEZ, Aitor	04	C.N. Igualada	4:47.89	542	
50m: 31.17 31.17	150m: 1:44.80	38.77 250m: 3:03.58	41.06 350m: 4:17.60	32.64	
100m: 1:06.03 34.86	200m: 2:22.52	37.72 300m: 3:44.96	41.38 400m: 4:47.89	30.29	
6. MARTINEZ FARGUES, Pol	04	C.E. Inef Lleida	4:48.33	540	
50m: 30.79 30.79	150m: 1:43.25	36.76 250m: 3:02.50	42.98 350m: 4:18.53	31.68	
100m: 1:06.49 35.70	200m: 2:19.52	36.27 300m: 3:46.85	44.35 400m: 4:48.33	29.80	
7. ESTEBAN BAQUERO, Bernat	01	C.N. Igualada	4:48.51	539	
50m: 29.64 29.64	150m: 1:41.82	38.51 250m: 3:00.72	41.33 350m: 4:15.76	33.88	
100m: 1:03.31 33.67	200m: 2:19.39	37.57 300m: 3:41.88	41.16 400m: 4:48.51	32.75	
8. CARRASCO CADENS, Jordi	08	C.E. Inef Lleida	4:52.37	518	
50m: 33.32 33.32	150m: 1:49.22	38.52 250m: 3:06.79	39.97 350m: 4:21.63	33.89	
100m: 1:10.70 37.38	200m: 2:26.82	37.60 300m: 3:47.74	40.95 400m: 4:52.37	30.74	
9. ZARAGOZA CARBALLIDO, Marc	00	C.N. Cornellà	4:57.78	490	
50m: 29.17 29.17	150m: 1:41.76	37.99 250m: 3:02.48	44.04 350m: 4:23.75	36.16	
100m: 1:03.77 34.60	200m: 2:18.44	36.68 300m: 3:47.59	45.11 400m: 4:57.78	34.03	
10. COLL GARCIA, Guillem	06	C.N. Cornellà	5:04.92	456	
50m: 31.87 31.87	150m: 1:49.24	39.76 250m: 3:11.03	43.48 350m: 4:30.77	35.85	
100m: 1:09.48 37.61	200m: 2:27.55	38.31 300m: 3:54.92	43.89 400m: 5:04.92	34.15	
BX LIRES SUELDO, Manuel	02	C.N. Barcelona			
EXH SANCHEZ HURTADO, Alex	00	C.N. L'Hospitalet	4:35.71	617	
50m: 28.27 28.27	150m: 1:36.66	35.48 250m: 2:51.74	39.59 350m: 4:04.41	32.01	
100m: 1:01.18 32.91	200m: 2:12.15	35.49 300m: 3:32.40	40.66 400m: 4:35.71	31.30	
EXH MICHANS BURGUÉS, Àlex	07	C.N. Lleida	4:43.45	568	
50m: 29.98 29.98	150m: 1:42.54	38.00 250m: 2:58.28	38.90 350m: 4:10.92	33.92	
100m: 1:04.54 34.56	200m: 2:19.38	36.84 300m: 3:37.00	38.72 400m: 4:43.45	32.53	
EXH LAGOS PAU, Aitor	95	C.N. L'Hospitalet	4:50.56	527	
50m: 29.77 29.77	150m: 1:41.03	37.53 250m: 2:59.46	41.86 350m: 4:17.62	34.63	
100m: 1:03.50 33.73	200m: 2:17.60	36.57 300m: 3:42.99	43.53 400m: 4:50.56	32.94	
EXH ARJO DELGADO, Sergi	06	C.N. Lleida	4:50.91	525	
50m: 29.90 29.90	150m: 1:43.93	38.70 250m: 3:01.56	39.90 350m: 4:18.00	34.91	
100m: 1:05.23 35.33	200m: 2:21.66	37.73 300m: 3:43.09	41.53 400m: 4:50.91	32.91	
EXH PIQUERES FOLCH, Joaquim	99	C.N. Badalona	4:52.34	518	
50m: 31.63 31.63	150m: 1:45.39	38.09 250m: 3:04.82	42.24 350m: 4:20.07	33.88	
100m: 1:07.30 35.67	200m: 2:22.58	37.19 300m: 3:46.19	41.37 400m: 4:52.34	32.27	
EXH ORDOÑEZ VALDES, Sergi	08	C.N. Caldes	4:55.90	499	
50m: 34.05 34.05	150m: 1:49.18	37.45 250m: 3:06.95	40.11 350m: 4:22.77	34.88	
100m: 1:11.73 37.68	200m: 2:26.84	37.66 300m: 3:47.89	40.94 400m: 4:55.90	33.13	

Sponsor principal

Sponsors institucionals

Acreditacions



Prova 13, Masc., 400m Estils

Classificació			ANY					Temps	Pts			
EXH FORNER RUIZ, Héctor			03	C.N. Badalona				4:58.17	488			
	50m:	31.28	31.28	150m:	1:46.70	38.83	250m:	3:06.03	41.50	350m:	4:24.29	35.41
	100m:	1:07.87	36.59	200m:	2:24.53	37.83	300m:	3:48.88	42.85	400m:	4:58.17	33.88
EXH LOB-LEVYT SILES, Jordi			88	C.N. Santa Perpètua				5:10.35	433			
	50m:	31.45	31.45	150m:	1:47.36	40.56	250m:	3:13.58	46.66	350m:	4:37.00	36.62
	100m:	1:06.80	35.35	200m:	2:26.92	39.56	300m:	4:00.38	46.80	400m:	5:10.35	33.35
EXH LINARES MARQUES, Alejandro			08	C.N. Viladecans				5:10.87	430			
	50m:	32.31	32.31	150m:	1:52.37	40.88	250m:	3:18.27	46.15	350m:	4:39.15	34.96
	100m:	1:11.49	39.18	200m:	2:32.12	39.75	300m:	4:04.19	45.92	400m:	5:10.87	31.72
EXH MLADENOV TSVETANOV, Alexander			08	C.N. Vilafranca				5:19.08	398			
	50m:	33.58	33.58	150m:	1:55.23	42.65	250m:	3:22.87	47.12	350m:	4:43.82	33.82
	100m:	1:12.58	39.00	200m:	2:35.75	40.52	300m:	4:10.00	47.13	400m:	5:19.08	35.26
EXH FORCADA ROSCO, Adria			07	C.N. Vilafranca				5:23.93	380			
	50m:	33.70	33.70	150m:	1:55.77	43.40	250m:	3:22.85	44.53	350m:	4:47.11	39.56
	100m:	1:12.37	38.67	200m:	2:38.32	42.55	300m:	4:07.55	44.70	400m:	5:23.93	36.82
EXH NOMDEDEU LOPEZ, Joan			07	C.N. Santa Perpètua				5:33.24	349			
	50m:	34.48	34.48	150m:	2:00.55	43.03	250m:	3:31.16	49.27	350m:	4:57.79	36.91
	100m:	1:17.52	43.04	200m:	2:41.89	41.34	300m:	4:20.88	49.72	400m:	5:33.24	35.45
EXH BARCELO RUIZ, Ian			08	C.N. Viladecans				5:34.85	344			
	50m:	35.79	35.79	150m:	2:02.40	44.41	250m:	3:33.32	47.62	350m:	4:59.68	37.32
	100m:	1:17.99	42.20	200m:	2:45.70	43.30	300m:	4:22.36	49.04	400m:	5:34.85	35.17