

Prova 14  
14/01/2022

Masc., 400m Lliure

Open  
Resultats Final

Rècord Catalunya	3:51.05	, GOICOECHEA CASANUEVA VICTOR	LAS PALMAS G.C.	09/08/2013
Circuit Català de Trofeus	3:51.86	DURAN NAVIA, Miguel	ESP BARCELONA	15/02/2020
Rècords Campionat Catalunya OPEN	3:52.67	DURAN NAVIA, Miguel	ESP TERRASSA	17/01/2020

Punts: FINA 2021

Classificació	ANY		Temps		FINA Puntuació	
1. SIRE FIGUERAS, Ferran	01	C.N. Terrassa	<b>3:57.04</b>	800	35,00	
50m: 27.73 27.73	150m: 1:27.96	30.29	250m: 2:28.21	30.20	350m: 3:27.82	29.14
100m: 57.67 29.94	200m: 1:58.01	30.05	300m: 2:58.68	30.47	400m: 3:57.04	29.22
2. PUJOL BELMONTE, Guillem	97	C.N. Mataró	<b>3:58.03</b>	790	33,00	
50m: 28.32 28.32	150m: 1:28.82	30.39	250m: 2:29.66	30.41	350m: 3:30.14	29.95
100m: 58.43 30.11	200m: 1:59.25	30.43	300m: 3:00.19	30.53	400m: 3:58.03	27.89
3. ESCRITS MAÑOSA, Albert	98	C.N. Sant Andreu	<b>3:58.19</b>	788	31,00	
50m: 27.41 27.41	150m: 1:27.16	30.04	250m: 2:27.89	30.55	350m: 3:29.26	30.50
100m: 57.12 29.71	200m: 1:57.34	30.18	300m: 2:58.76	30.87	400m: 3:58.19	28.93
4. HERNANDEZ GARCIA, Alberto	03	C.N. Sant Andreu	<b>4:04.27</b>	731	29,00	
50m: 27.96 27.96	150m: 1:29.10	30.88	250m: 2:30.75	30.82	350m: 3:33.70	31.66
100m: 58.22 30.26	200m: 1:59.93	30.83	300m: 3:02.04	31.29	400m: 4:04.27	30.57
5. MORALES CEBEY, Hector	02	C.N. Granollers	<b>4:06.10</b>	715	28,00	
50m: 28.42 28.42	150m: 1:31.29	31.62	250m: 2:34.24	31.56	350m: 3:36.41	31.04
100m: 59.67 31.25	200m: 2:02.68	31.39	300m: 3:05.37	31.13	400m: 4:06.10	29.69
6. GIL TARAZONA, Pol	96	C.N. Barcelona	<b>4:07.58</b>	702	27,00	
50m: 29.31 29.31	150m: 1:31.90	31.47	250m: 2:34.68	31.48	350m: 3:37.64	31.59
100m: 1:00.43 31.12	200m: 2:03.20	31.30	300m: 3:06.05	31.37	400m: 4:07.58	29.94
7. RUANO CERDÁ, Pedro	03	C.N. Sant Andreu	<b>4:12.07</b>	665	26,00	
50m: 29.10 29.10	150m: 1:33.98	32.83	250m: 2:37.94	31.43	350m: 3:40.58	31.99
100m: 1:01.15 32.05	200m: 2:06.51	32.53	300m: 3:08.59	30.65	400m: 4:12.07	31.49
8. ROSELL DÍEZ, Martí	07	C.N. Tarraco	<b>4:12.81</b>	659	25,00	
50m: 29.21 29.21	150m: 1:32.42	31.85	250m: 2:36.52	32.22	350m: 3:41.09	32.27
100m: 1:00.57 31.36	200m: 2:04.30	31.88	300m: 3:08.82	32.30	400m: 4:12.81	31.72
9. CASTEJON RAMIREZ, Alex	98	C.N. Sabadell	<b>4:13.10</b>	657	24,00	
50m: 28.35 28.35	150m: 1:30.79	31.34	250m: 2:34.98	32.20	350m: 3:40.77	33.17
100m: 59.45 31.10	200m: 2:02.78	31.99	300m: 3:07.60	32.62	400m: 4:13.10	32.33
DNS DURAN NAVIA, Miguel	95	C.N. Terrassa				23,00