



TECHNICAL PROTOCOL

MARE NOSTRUM - BARCELONA

SCHEDULE:

Preliminary Sessions: http://competicions.natacio.cat/2022/TICB2022/am_schedule.pdf

(Definitive schedule for preliminaries will be published on 24th of may)

Final Sessions: http://competicions.natacio.cat/2022/TICB2022/pm_schedule.pdf

MORNING SESSION:

The pool will open at 6:30 am. Access to the facility through [Dublin street No. 10](#). In the access point you must present the accreditation.

WEDNESDAY “MORNING SESSION”

- Warm-up will be from 6:30 to 08:15 h

THURSDAY “MORNING SESSION”

- Warm-up will be from 6:30 to 08:15 h

The Warm-up will finish 15 minutes prior to starting the meet

During the warm up, please be careful with materials used as they can be dangerous for the other participants.

The 20 meter pool will be available for warm up.

And there are a 25 meter pool for warm up too. The organization will reserve 4 lanes for the warm up championship from 10:00 to 12:30.

Address 25 pool: CEM Sant Andreu, Carrer de Santa Coloma, 25, 08030 Barcelona

<https://bit.ly/39aZlJo>

Swimmers must to show accreditation to access to the 25 warm up pool.

Col·laboradors:





7' walking

THE MORNING SESSION (Preliminaries) will start at 08:30 a.m.

FINALS SESSION:

The pool will open at 3:00 p m

A Finals:

- Access to athletes participating from 3:00 p.m.
- Warm-up will be from 3:00 p.m. to 4:45 p.m.

A finals will start at 5:00 pm

B Finals:

B finals will start at 7:00 pm

Col·laboradors:

Technical Communication

Due to the high number of entries received in the Barcelona City Trophy and in order to be able to accept the majority participation of the entry swimmers, we inform to participants that the competition will be divided into 2 parts.

1. 1st Part: Athletes classified according to the number of heats established by the general rules of the “Barcelona City International Trophy”.
2. 2nd Part: The rest of the swimmers who have not qualified into the number of previous heats. They will be marked into the startlist as Exhibition.

Athletes marked as *Exhibition* will participate and their results will be valid, but they won't be able to classify for the Finals neither for the trophies.

Those swimmers who appear as **No Qualify**, will be the unqualified in either of the two parts of the competition.

Provisional timing for morning sessions until we get the startlist on Tuesday the 24th.

	Wednesday 25/05/2022	Thursday 26/05/2022
First part:	8:30 – 12:48	8:30 – 12:52
Second part:	12:55 – 14:02	13:00 – 13:59

- * Second part: swimmers out of ranking

The 800 freestyle event will be time trail.

The 400 events will be preliminary and Final A.

The other events will be preliminary and Final A & B

The fast heat of 800 freestyle, both male and female swimmers, will be swim in the afternoon session with the A finals. The Slow Heat will swim in the morning at the beginning of the session.

Col·laboradors:



SCRATCHES:

After the publication of the heats (start lists) Competition scratches (eliminary or final) will be sent using this form.

<https://form.jotform.com/211332322417341>

In the eliminary session athletes have up to 60 'before the start of the session.

The scratches for the Finals must be communicated no later than 15 'after the end of morning's session in order to fill the places with the reserve swimmers.

On the [results web](#) there is a section where the scratches will be posted for yours final control.



Final composition follow-up (with scratches)

HEATS:

THERE WON'T BE DELIVERED ON PAPER START LIST AND FINAL SERIES, ALL THE INFORMATION WILL BE ON THE WEB

FINALS:

In the B final, there will be three stand-by swimmers. Once the competition is finished (morning), we will post the results on the Mare Nostrum web, so you may check to see if your swimmer is included to swim the B final.

If there is a scratch in the A final, we will contact the club or team to fill out the A final.

The results will be published on the official website of the competition.

Results will be <http://competicions.natacio.cat/2022/TICB2022/>

There will be 3 reserves swimmers for B Finals

Col·laboradors:





CALL-ROOM:

It is located beside the stairs where you enter the pool.

The athletes will receive a plastic bag for individual use where they can store their clothing and sports shoes used prior to the competition (it is recommended to use the essentials).

For either eliminatories or finals, the athletes must access the Call room between 10-12 minutes before the estimated start of each of the events.

In the morning session, swimmers must remain in the pool before the next heat starts with the exception of the backstroke events.

50m events will take place on the opposite side of the pool from the rest of the events. But athletes must go to the Call room.

Swimmers must leave the pool area using the stairs located on each side of the pool.

SWIMSUIT CONTROL:

Only FINA approved suits will be allowed. <https://www.fina.org/swimming/approved-swimwear>

MEDICAL SERVICE:

Medical services will be available each morning from 8:00 am to 2:30 pm and in the afternoon from 4:00 pm to 8:00 pm.

If any swimmer needs to get an antidoping test, you must request it from the competition manager. You will be responsible for the cost.

PHYSIO ZONE

A massage/therapy zone will be provided in the solarium.

BIOMECHANICS ZONE

There will be an area provided to film the meet from the stands at the 25m mark.

MEDAL CEREMONY:

During A finals, there will be a medal ceremony after every four events.

Col·laboradors:





To expedite the meet, swimmers that are among the first three places must wait next to the call room (inside the pool area) in order to receive their awards, after they finish their event.

There will be live TV transmission of the events, so waits and pauses will not be allowed.

EVENTS AWARDS

The money awards will be collected in the offices next to the call-room, located in the hall area.

We have informed to all of the countries and participating teams that to be able to collect the money awards, it is mandatory to provide us with the requested documents (tax form completed and passport copy).

<https://form.jotform.com/211374108793053>

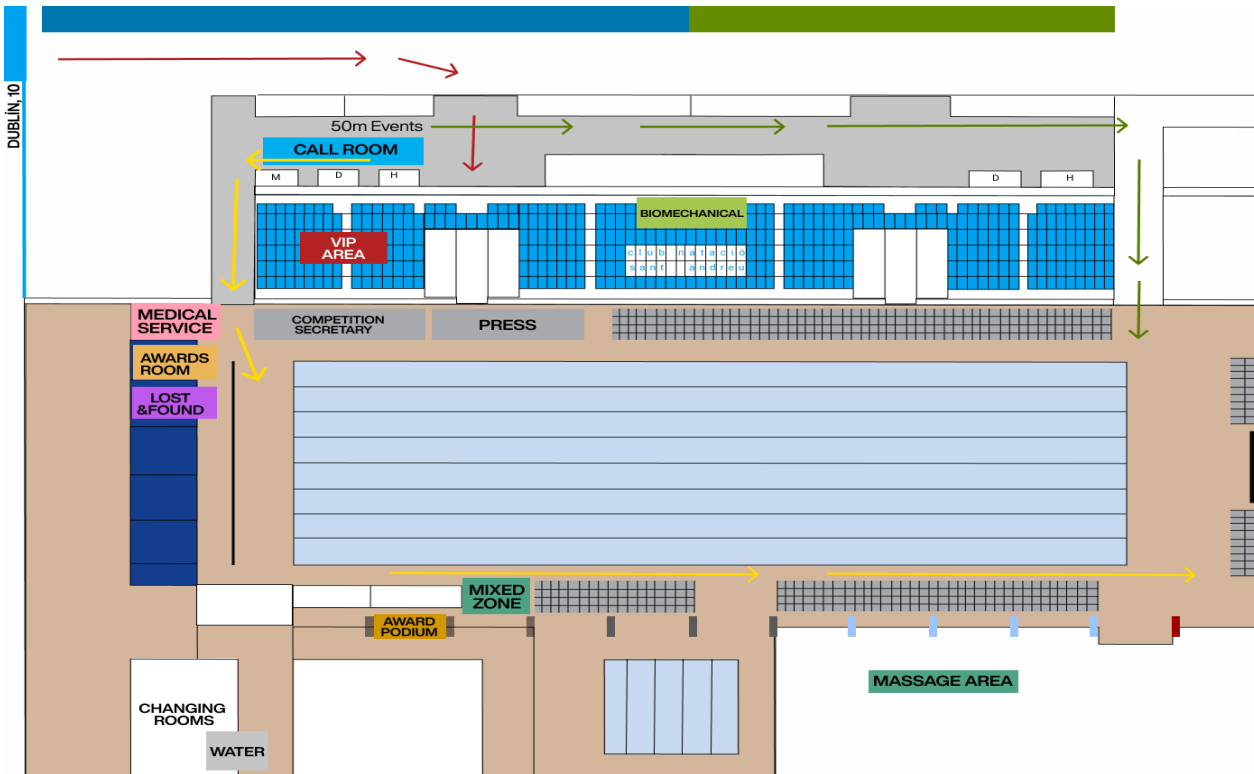
Without the documents, we will not be able to give the money awards during the competition. In this case, we will make a bank transfer, as soon as the requested documents are received by the organization.

AWARDS AND CLOSING CEREMONY:

Swimmers who make records for the Ciutat de Barcelona, Mare Nostrum, European Record or World Record are obliged to collect the prizes at the end of the competition on Thursday (around 8:30 p.m.). A special award is also given to the best FINA Male best and the best FINA Female best.

Col·laboradors:





Col·laboradors:

