

1 - Divendres, 2 Desembre de 2022

2/12/2022

Prova 1 Fem., 2000m Lliure Infantil Fons Indoor
2/12/2022 - 9:00 Resultats

MMC Open 21:20.85 , Mireia Belmonte Garcia Sevilla 11/1/2014
MMC 14 23:27.97 , Paula Juste Sanchez Sabadell 21/1/2017

Classificació	ANY												Temps			
1.	LLORACH FUSTES, Martina												08	C.N. Igualada	23:38.05	19,00
	50m:	34.05	400m:	34.97	750m:	35.34	1100m:	35.84	1450m:	36.15	1800m:	35.69				
	100m:	34.59	450m:	35.16	800m:	35.08	1150m:	35.86	1500m:	35.98	1850m:	35.92				
	150m:	35.10	500m:	35.16	850m:	35.30	1200m:	36.02	1550m:	35.81	1900m:	36.08				
	200m:	35.02	550m:	34.86	900m:	35.47	1250m:	35.91	1600m:	35.88	1950m:	35.38				
	250m:	35.23	600m:	35.02	950m:	35.48	1300m:	35.84	1650m:	35.73	2000m:	34.87				
	300m:	35.04	650m:	34.81	1000m:	35.60	1350m:	36.28	1700m:	35.96						
	350m:	35.23	700m:	34.90	1050m:	35.44	1400m:	35.98	1750m:	36.02						
2.	ESPINOSA ALVAREZ, Aroa												08	C.N. Terrassa	24:02.07	16,00
	50m:	34.64	400m:	36.28	750m:	35.90	1100m:	36.41	1450m:	36.26	1800m:	36.01				
	100m:	35.45	450m:	36.02	800m:	35.88	1150m:	36.47	1500m:	36.31	1850m:	36.33				
	150m:	35.16	500m:	36.29	850m:	36.24	1200m:	36.13	1550m:	36.84	1900m:	36.11				
	200m:	35.93	550m:	35.81	900m:	36.44	1250m:	36.57	1600m:	36.56	1950m:	35.60				
	250m:	35.91	600m:	35.77	950m:	36.20	1300m:	36.50	1650m:	36.65	2000m:	33.50				
	300m:	35.93	650m:	36.15	1000m:	36.41	1350m:	36.45	1700m:	36.49						
	350m:	35.78	700m:	35.83	1050m:	36.20	1400m:	36.50	1750m:	36.16						
3.	ROSELL DIEZ, Ona												09	C.N. Tarraco	24:02.19	14,00
	50m:	32.42	400m:	36.03	750m:	36.50	1100m:	36.18	1450m:	35.28	1800m:	35.91				
	100m:	34.79	450m:	36.42	800m:	36.49	1150m:	36.37	1500m:	36.38	1850m:	36.69				
	150m:	35.80	500m:	36.76	850m:	36.09	1200m:	36.17	1550m:	37.13	1900m:	36.24				
	200m:	35.34	550m:	36.38	900m:	36.59	1250m:	37.04	1600m:	36.60	1950m:	35.42				
	250m:	35.45	600m:	35.96	950m:	36.04	1300m:	36.43	1650m:	36.88	2000m:	33.84				
	300m:	35.53	650m:	36.49	1000m:	36.21	1350m:	36.61	1700m:	36.04						
	350m:	35.71	700m:	36.86	1050m:	36.39	1400m:	36.87	1750m:	35.86						
4.	CANUT BATLLES, Carlota												08	C.N. Barcelona	24:44.31	13,00
	50m:	35.18	400m:	36.61	750m:	36.65	1100m:	37.35	1450m:	38.03	1800m:	37.50				
	100m:	36.59	450m:	36.72	800m:	37.33	1150m:	37.53	1500m:	38.11	1850m:	37.51				
	150m:	36.12	500m:	36.47	850m:	37.30	1200m:	37.43	1550m:	37.28	1900m:	37.42				
	200m:	36.68	550m:	36.78	900m:	37.35	1250m:	37.49	1600m:	37.49	1950m:	37.81				
	250m:	36.92	600m:	36.91	950m:	37.39	1300m:	37.61	1650m:	37.47	2000m:	36.16				
	300m:	36.72	650m:	36.59	1000m:	36.98	1350m:	37.52	1700m:	37.48						
	350m:	36.91	700m:	36.81	1050m:	36.99	1400m:	37.90	1750m:	37.22						
5.	BRAVO GARCIA, Daniela												08	C.N. Sabadell	24:47.82	12,00
	50m:	35.05	400m:	36.52	750m:	37.24	1100m:	37.50	1450m:	38.04	1800m:	38.06				
	100m:	35.89	450m:	36.47	800m:	37.66	1150m:	37.46	1500m:	37.42	1850m:	37.64				
	150m:	36.48	500m:	36.37	850m:	37.50	1200m:	37.58	1550m:	37.65	1900m:	37.03				
	200m:	36.43	550m:	36.91	900m:	37.59	1250m:	38.04	1600m:	37.95	1950m:	36.66				
	250m:	36.66	600m:	37.13	950m:	37.90	1300m:	37.85	1650m:	37.60	2000m:	35.54				
	300m:	36.31	650m:	37.43	1000m:	37.57	1350m:	37.87	1700m:	37.79						
	350m:	36.45	700m:	37.81	1050m:	37.38	1400m:	37.84	1750m:	37.55						
6.	GRESELY SALETA, Victoria												09	C.N. Mataró	24:58.85	11,00
	50m:	35.94	400m:	37.06	750m:	37.79	1100m:	37.58	1450m:	37.77	1800m:	38.38				
	100m:	36.49	450m:	37.26	800m:	37.29	1150m:	37.61	1500m:	37.94	1850m:	37.38				
	150m:	36.85	500m:	37.45	850m:	37.51	1200m:	37.42	1550m:	37.74	1900m:	38.29				
	200m:	36.88	550m:	37.35	900m:	37.63	1250m:	37.81	1600m:	38.05	1950m:	37.24				
	250m:	37.37	600m:	37.49	950m:	37.69	1300m:	37.19	1650m:	37.79	2000m:	36.33				
	300m:	36.98	650m:	37.43	1000m:	38.04	1350m:	37.44	1700m:	38.38						
	350m:	37.38	700m:	37.65	1050m:	37.32	1400m:	37.42	1750m:	38.24						

Piscina 50m / Cronometratge Semi-automàtic

Prova 1, Fem., 2000m Lliure, Infantil Fons Indoor

Classificació	ANY										Temps		
7. AMOR HERNANDEZ, Avril	08 C.E. Mediterrani										25:06.60	10,00	
50m:	34.88	400m:	37.75	750m:	37.77	1100m:	36.99	1450m:	37.91	1800m:	38.20		
100m:	36.35	450m:	37.66	800m:	37.61	1150m:	38.80	1500m:	38.23	1850m:	37.75		
150m:	36.45	500m:	37.10	850m:	37.65	1200m:	37.82	1550m:	38.28	1900m:	37.41		
200m:	36.82	550m:	37.28	900m:	37.92	1250m:	38.42	1600m:	38.40	1950m:	37.72		
250m:	37.16	600m:	37.71	950m:	37.82	1300m:	37.85	1650m:	38.18	2000m:	38.15		
300m:	37.18	650m:	37.45	1000m:	37.03	1350m:	39.09	1700m:	38.19				
350m:	37.10	700m:	37.29	1050m:	38.23	1400m:	38.94	1750m:	38.06				
8. SABATÉ GONZÁLEZ, Lucía	09 C.N. Sant Andreu										25:06.82	9,00	
50m:	34.76	400m:	36.98	750m:	37.08	1100m:	37.27	1450m:	39.16	1800m:	38.60		
100m:	35.88	450m:	37.43	800m:	36.82	1150m:	37.95	1500m:	39.25	1850m:	39.09		
150m:	36.53	500m:	37.26	850m:	37.03	1200m:	37.85	1550m:	38.88	1900m:	38.77		
200m:	36.65	550m:	37.29	900m:	37.05	1250m:	37.94	1600m:	38.73	1950m:	38.22		
250m:	37.04	600m:	36.58	950m:	37.35	1300m:	38.40	1650m:	39.34	2000m:	37.21		
300m:	36.90	650m:	37.08	1000m:	37.68	1350m:	38.53	1700m:	38.61				
350m:	37.34	700m:	36.90	1050m:	37.00	1400m:	39.18	1750m:	39.21				
9. DELGADO GARCIA, Marta	09 C.N. Mataró										25:14.40	8,00	
50m:	34.83	400m:	37.67	750m:	37.99	1100m:	38.09	1450m:	38.55	1800m:	38.21		
100m:	36.45	450m:	37.84	800m:	37.83	1150m:	38.31	1500m:	38.59	1850m:	37.74		
150m:	37.47	500m:	38.14	850m:	37.99	1200m:	38.25	1550m:	38.08	1900m:	36.61		
200m:	37.54	550m:	38.03	900m:	37.47	1250m:	38.22	1600m:	38.47	1950m:	37.23		
250m:	37.31	600m:	38.05	950m:	38.23	1300m:	38.36	1650m:	38.70	2000m:	36.16		
300m:	37.36	650m:	38.19	1000m:	37.97	1350m:	38.99	1700m:	38.65				
350m:	37.55	700m:	38.39	1050m:	37.69	1400m:	38.55	1750m:	38.65				
10. SUÑÉ PALACIOS, Auria	08 C.N. Navàs										25:19.65	7,00	
50m:	35.52	400m:	37.43	750m:	37.90	1100m:	38.17	1450m:	38.53	1800m:	38.20		
100m:	36.58	450m:	38.00	800m:	38.25	1150m:	38.23	1500m:	38.75	1850m:	38.05		
150m:	37.34	500m:	37.80	850m:	38.38	1200m:	38.16	1550m:	38.72	1900m:	37.97		
200m:	37.41	550m:	37.76	900m:	38.03	1250m:	38.74	1600m:	39.32	1950m:	37.20		
250m:	37.39	600m:	38.01	950m:	38.12	1300m:	38.64	1650m:	38.19	2000m:	37.00		
300m:	37.21	650m:	38.27	1000m:	38.70	1350m:	38.68	1700m:	38.52				
350m:	37.62	700m:	38.27	1050m:	37.35	1400m:	38.69	1750m:	38.55				
11. GIFREU MATILLÓ, Núria	08 C.N. Olot										25:24.96	6,00	
50m:	35.52	400m:	38.05	750m:	37.90	1100m:	38.15	1450m:	38.89	1800m:	38.60		
100m:	36.27	450m:	38.03	800m:	38.39	1150m:	38.39	1500m:	38.35	1850m:	38.95		
150m:	37.30	500m:	37.91	850m:	38.39	1200m:	38.71	1550m:	38.24	1900m:	38.55		
200m:	37.72	550m:	37.94	900m:	38.45	1250m:	38.56	1600m:	39.04	1950m:	38.31		
250m:	37.75	600m:	38.00	950m:	38.61	1300m:	38.52	1650m:	38.26	2000m:	35.55		
300m:	38.04	650m:	37.83	1000m:	38.85	1350m:	38.84	1700m:	38.62				
350m:	38.03	700m:	37.85	1050m:	38.26	1400m:	38.78	1750m:	38.56				
12. PARDILLOS FERNANDEZ, Marta	09 C.N. Tarraco										25:25.44	5,00	
50m:	35.10	400m:	38.24	750m:	38.17	1100m:	38.33	1450m:	38.32	1800m:	38.39		
100m:	36.63	450m:	38.52	800m:	38.06	1150m:	38.38	1500m:	38.56	1850m:	38.52		
150m:	37.50	500m:	37.55	850m:	38.33	1200m:	38.51	1550m:	38.66	1900m:	38.51		
200m:	38.19	550m:	38.38	900m:	38.03	1250m:	38.35	1600m:	38.63	1950m:	38.21		
250m:	38.19	600m:	38.29	950m:	38.14	1300m:	38.15	1650m:	38.25	2000m:	37.57		
300m:	38.15	650m:	38.03	1000m:	38.25	1350m:	38.42	1700m:	38.37				
350m:	38.01	700m:	38.17	1050m:	38.19	1400m:	38.24	1750m:	38.95				
13. DEL RIO DECABO, Carlota	09 C.N. Granollers										25:47.03	4,00	
50m:	37.17	400m:	37.90	750m:	38.42	1100m:	39.71	1450m:	39.25	1800m:	40.22		
100m:	36.59	450m:	37.95	800m:	38.58	1150m:	39.65	1500m:	39.06	1850m:	39.15		
150m:	37.33	500m:	38.37	850m:	38.30	1200m:	39.23	1550m:	39.19	1900m:	39.06		
200m:	37.69	550m:	37.98	900m:	38.72	1250m:	39.09	1600m:	39.42	1950m:	38.09		
250m:	38.00	600m:	37.86	950m:	38.99	1300m:	39.47	1650m:	40.04	2000m:	35.80		
300m:	37.73	650m:	38.36	1000m:	39.33	1350m:	39.57	1700m:	40.76				
350m:	38.02	700m:	38.75	1050m:	39.57	1400m:	38.89	1750m:	39.77				

Piscina 50m / Cronometratge Semi-automàtic

Prova 1, Fem., 2000m Lliure, Infantil Fons Indoor

Classificació	ANY										Temps	
14.	MUÑOZ GONZALEZ, Sofia										26:04.30	3,00
	50m:	36.55	400m:	39.49	750m:	38.41	1100m:	39.20	1450m:	40.28	1800m:	39.97
	100m:	38.37	450m:	38.53	800m:	38.77	1150m:	38.79	1500m:	40.02	1850m:	39.41
	150m:	39.65	500m:	39.47	850m:	38.24	1200m:	39.22	1550m:	39.46	1900m:	39.28
	200m:	39.60	550m:	38.55	900m:	38.62	1250m:	39.71	1600m:	38.92	1950m:	38.96
	250m:	40.14	600m:	39.24	950m:	38.13	1300m:	38.97	1650m:	39.39	2000m:	38.12
	300m:	39.62	650m:	39.47	1000m:	39.03	1350m:	39.47	1700m:	39.25		
	350m:	39.37	700m:	39.24	1050m:	38.79	1400m:	39.25	1750m:	39.35		
15.	PADILLA GARCÍA, Martina										26:19.24	2,00
	50m:	35.78	400m:	38.62	750m:	38.87	1100m:	39.60	1450m:	40.79	1800m:	41.08
	100m:	36.86	450m:	39.30	800m:	39.49	1150m:	39.74	1500m:	40.81	1850m:	40.84
	150m:	37.77	500m:	38.94	850m:	39.34	1200m:	40.26	1550m:	40.33	1900m:	40.66
	200m:	37.59	550m:	39.14	900m:	39.55	1250m:	39.94	1600m:	40.52	1950m:	41.32
	250m:	37.92	600m:	38.32	950m:	39.71	1300m:	40.36	1650m:	40.46	2000m:	39.52
	300m:	38.23	650m:	38.87	1000m:	39.87	1350m:	39.13	1700m:	40.74		
	350m:	38.89	700m:	39.13	1050m:	40.30	1400m:	39.98	1750m:	40.67		
16.	DE MIGUEL GOMEZ, Ona										26:39.92	1,00
	50m:	37.80	400m:	40.47	750m:	39.76	1100m:	38.86	1450m:	41.20	1800m:	41.76
	100m:	38.62	450m:	40.31	800m:	40.36	1150m:	39.43	1500m:	40.48	1850m:	40.23
	150m:	39.73	500m:	39.66	850m:	40.09	1200m:	38.65	1550m:	41.12	1900m:	40.33
	200m:	39.96	550m:	40.29	900m:	40.08	1250m:	38.18	1600m:	40.85	1950m:	41.36
	250m:	40.10	600m:	40.81	950m:	41.27	1300m:	39.18	1650m:	41.41	2000m:	39.33
	300m:	39.98	650m:	39.83	1000m:	38.63	1350m:	38.40	1700m:	41.43		
	350m:	39.51	700m:	40.71	1050m:	38.64	1400m:	39.87	1750m:	41.24		
17.	PERERA PIQUÉ, Maria										27:00.94	-
	50m:	36.58	400m:	40.35	750m:	39.98	1100m:	41.42	1450m:	41.44	1800m:	41.67
	100m:	38.29	450m:	40.23	800m:	40.01	1150m:	41.00	1500m:	40.96	1850m:	40.69
	150m:	39.77	500m:	40.77	850m:	40.62	1200m:	40.45	1550m:	41.07	1900m:	40.82
	200m:	40.67	550m:	40.30	900m:	41.10	1250m:	40.92	1600m:	41.24	1950m:	40.72
	250m:	40.27	600m:	40.24	950m:	40.59	1300m:	41.26	1650m:	40.87	2000m:	39.06
	300m:	40.19	650m:	40.01	1000m:	41.03	1350m:	40.85	1700m:	41.24		
	350m:	40.53	700m:	40.52	1050m:	40.66	1400m:	41.13	1750m:	41.42		
18.	BOOKER LARA, Mireia										28:24.29	-
	50m:	37.62	400m:	40.23	750m:	40.33	1100m:	43.14	1450m:	45.00	1800m:	45.48
	100m:	38.19	450m:	39.64	800m:	41.46	1150m:	43.43	1500m:	45.50	1850m:	44.81
	150m:	39.79	500m:	41.34	850m:	41.73	1200m:	43.60	1550m:	46.68	1900m:	45.67
	200m:	39.76	550m:	40.06	900m:	42.01	1250m:	45.39	1600m:	46.31	1950m:	44.83
	250m:	39.41	600m:	40.47	950m:	41.39	1300m:	44.80	1650m:	45.27	2000m:	42.55
	300m:	39.36	650m:	41.24	1000m:	41.05	1350m:	44.65	1700m:	46.88		
	350m:	41.20	700m:	40.11	1050m:	42.70	1400m:	45.72	1750m:	45.49		
DNS	VEGAS COROMINAS, Anna											-
BX	BUDI MOSQUERA, Emma											-
BX	BENITO CASTELLÓ, Mar											-

Prova 2
2/12/2022 - 9:00

Masc., 2000m Lliure

Infantil Fons Indoor
Resultats

MMC Open	20:29.33	, Ferran Julià Tous	Granada	14/11/2020
MMC 14	21:53.25	, Ferran Julia Tous	Banyoles	30/11/2014

Classificació

ANY

Temps

Rank	Name	Age	Club	Time
1.	CARRASCO CADENS, Jordi	08	C.E. Inef Lleida	22:44.57 19,00
	50m: 32.80	400m: 34.30	750m: 34.68	1100m: 34.21
	100m: 33.26	450m: 34.27	800m: 34.32	1150m: 34.02
	150m: 34.42	500m: 34.47	850m: 34.24	1200m: 34.40
	200m: 34.38	550m: 34.28	900m: 34.32	1250m: 34.58
	250m: 34.34	600m: 34.55	950m: 34.41	1300m: 34.31
	300m: 33.92	650m: 34.52	1000m: 34.20	1350m: 34.33
	350m: 34.07	700m: 34.33	1050m: 34.07	1400m: 34.09
			1100m: 34.21	1450m: 34.22
			1150m: 34.02	1500m: 34.20
			1200m: 34.40	1550m: 33.90
			1250m: 34.58	1600m: 34.08
			1300m: 34.31	1650m: 33.99
			1350m: 34.33	1700m: 34.09
			1400m: 34.09	1750m: 34.09
			1450m: 34.22	1800m: 34.43
			1500m: 34.20	1850m: 34.17
			1550m: 33.90	1900m: 34.31
			1600m: 34.08	1950m: 33.37
			1650m: 33.99	2000m: 31.63
2.	MATEO ARTACHO, Alan	09	GEIEG	23:23.26 16,00
	50m: 33.47	400m: 34.97	750m: 35.17	1100m: 35.59
	100m: 34.22	450m: 35.27	800m: 35.18	1150m: 35.49
	150m: 34.76	500m: 35.73	850m: 35.42	1200m: 35.62
	200m: 35.04	550m: 34.97	900m: 35.25	1250m: 35.56
	250m: 34.44	600m: 35.57	950m: 35.57	1300m: 34.94
	300m: 34.66	650m: 35.19	1000m: 35.19	1350m: 35.76
	350m: 35.00	700m: 34.99	1050m: 35.47	1400m: 35.91
			1100m: 35.59	1450m: 35.27
			1150m: 35.49	1500m: 35.85
			1200m: 35.62	1550m: 36.16
			1250m: 35.56	1600m: 35.57
			1300m: 34.94	1650m: 35.03
			1350m: 35.76	1700m: 35.31
			1400m: 35.91	1750m: 34.75
			1450m: 35.27	1800m: 35.07
			1500m: 35.85	1850m: 35.46
			1550m: 36.16	1900m: 33.16
			1600m: 35.57	1950m: 33.12
			1650m: 35.03	2000m: 34.11
3.	JUAREZ LIANAS, Siro	09	C.N. Sabadell	23:46.09 14,00
	50m: 34.14	400m: 35.41	750m: 36.05	1100m: 36.11
	100m: 34.14	450m: 35.06	800m: 36.41	1150m: 36.06
	150m: 35.68	500m: 35.34	850m: 36.17	1200m: 35.65
	200m: 34.95	550m: 35.38	900m: 36.30	1250m: 36.57
	250m: 35.14	600m: 35.64	950m: 36.16	1300m: 36.16
	300m: 35.35	650m: 35.97	1000m: 36.02	1350m: 35.58
	350m: 34.98	700m: 36.22	1050m: 36.52	1400m: 36.23
			1100m: 36.11	1450m: 35.21
			1150m: 36.06	1500m: 34.62
			1200m: 35.65	1550m: 36.08
			1250m: 36.57	1600m: 35.75
			1300m: 36.16	1650m: 35.67
			1350m: 35.58	1700m: 35.35
			1400m: 36.23	1750m: 36.37
			1450m: 35.21	1800m: 36.31
			1500m: 34.62	1850m: 36.00
			1550m: 36.08	1900m: 36.52
			1600m: 35.75	1950m: 36.12
			1650m: 35.67	2000m: 32.70
4.	NEVADO RUIZ, Hugo	08	C.N. Sabadell	23:47.53 13,00
	50m: 33.04	400m: 35.17	750m: 35.33	1100m: 36.59
	100m: 34.65	450m: 35.08	800m: 35.91	1150m: 35.97
	150m: 35.28	500m: 35.16	850m: 35.92	1200m: 36.04
	200m: 35.33	550m: 35.12	900m: 36.04	1250m: 36.24
	250m: 35.18	600m: 35.09	950m: 36.06	1300m: 36.59
	300m: 35.32	650m: 35.21	1000m: 35.90	1350m: 36.57
	350m: 34.68	700m: 35.70	1050m: 35.99	1400m: 36.33
			1100m: 36.59	1450m: 36.44
			1150m: 35.97	1500m: 36.17
			1200m: 36.04	1550m: 36.86
			1250m: 36.24	1600m: 36.31
			1300m: 36.59	1650m: 35.68
			1350m: 36.57	1700m: 36.74
			1400m: 36.33	1750m: 37.05
			1450m: 36.44	1800m: 36.02
			1500m: 36.17	1850m: 37.03
			1550m: 36.86	1900m: 35.86
			1600m: 36.31	1950m: 35.87
			1650m: 35.68	2000m: 32.01
5.	ORDOÑEZ VALDES, Sergi	08	C.N. Caldes	23:56.85 12,00
	50m: 34.82	400m: 36.06	750m: 36.38	1100m: 35.78
	100m: 35.59	450m: 36.25	800m: 35.80	1150m: 36.12
	150m: 35.09	500m: 36.08	850m: 36.00	1200m: 35.94
	200m: 35.47	550m: 35.88	900m: 36.27	1250m: 36.50
	250m: 35.97	600m: 35.86	950m: 36.22	1300m: 35.94
	300m: 35.93	650m: 36.10	1000m: 35.40	1350m: 35.92
	350m: 35.94	700m: 35.77	1050m: 36.04	1400m: 36.33
			1100m: 35.78	1450m: 36.45
			1150m: 36.12	1500m: 36.82
			1200m: 35.94	1550m: 36.06
			1250m: 36.50	1600m: 36.18
			1300m: 35.94	1650m: 36.23
			1350m: 35.92	1700m: 36.78
			1400m: 36.33	1750m: 35.80
			1450m: 36.45	1800m: 36.59
			1500m: 36.82	1850m: 35.79
			1550m: 36.06	1900m: 35.46
			1600m: 36.18	1950m: 35.76
			1650m: 36.23	2000m: 33.48
6.	OLIVEIRA LARA, Aran	09	C.N. Caldes	24:33.48 11,00
	50m: 35.82	400m: 36.87	750m: 36.63	1100m: 36.91
	100m: 36.28	450m: 37.33	800m: 36.58	1150m: 36.37
	150m: 36.92	500m: 36.89	850m: 36.71	1200m: 36.77
	200m: 37.13	550m: 37.12	900m: 36.70	1250m: 36.46
	250m: 36.70	600m: 37.01	950m: 37.05	1300m: 36.53
	300m: 37.19	650m: 36.87	1000m: 37.44	1350m: 36.76
	350m: 37.14	700m: 37.05	1050m: 37.08	1400m: 36.93
			1100m: 36.91	1450m: 37.07
			1150m: 36.37	1500m: 36.98
			1200m: 36.77	1550m: 37.10
			1250m: 36.46	1600m: 36.77
			1300m: 36.53	1650m: 36.76
			1350m: 36.76	1700m: 36.83
			1400m: 36.93	1750m: 36.48
			1450m: 37.07	1800m: 37.08
			1500m: 36.98	1850m: 37.22
			1550m: 37.10	1900m: 37.58
			1600m: 36.77	1950m: 36.99
			1650m: 36.76	2000m: 35.38
7.	GOMBAU CARRASCO, Pau	08	C.N. Sabadell	24:37.16 10,00
	50m: 34.80	400m: 37.18	750m: 36.76	1100m: 36.55
	100m: 36.85	450m: 37.29	800m: 36.98	1150m: 36.93
	150m: 37.16	500m: 37.52	850m: 37.64	1200m: 37.04
	200m: 37.17	550m: 36.96	900m: 36.49	1250m: 36.62
	250m: 37.47	600m: 37.03	950m: 36.74	1300m: 37.46
	300m: 36.90	650m: 37.57	1000m: 37.72	1350m: 36.67
	350m: 37.38	700m: 37.20	1050m: 36.06	1400m: 36.27
			1100m: 36.55	1450m: 37.04
			1150m: 36.93	1500m: 36.95
			1200m: 37.04	1550m: 37.70
			1250m: 36.62	1600m: 37.42
			1300m: 37.46	1650m: 37.60
			1350m: 36.67	1700m: 36.72
			1400m: 36.27	1750m: 37.18
			1450m: 37.04	1800m: 36.92
			1500m: 36.95	1850m: 36.76
			1550m: 37.70	1900m: 37.20
			1600m: 37.42	1950m: 36.38
			1650m: 37.60	2000m: 34.88

Piscina 50m / Cronometratge Semi-automàtic

Prova 2, Masc., 2000m Lliure, Infantil Fons Indoor

Classificació	ANY										Temps			
8.	PALOMINO CAPDEVILA, Guillem										08	C.N. Mataró	24:37.56	9,00
	50m:	34.28	400m:	36.99	750m:	36.78	1100m:	37.26	1450m:	37.49	1800m:	37.71		
	100m:	35.49	450m:	36.77	800m:	36.36	1150m:	36.79	1500m:	37.82	1850m:	37.27		
	150m:	36.24	500m:	36.01	850m:	36.92	1200m:	37.04	1550m:	38.26	1900m:	37.08		
	200m:	36.14	550m:	36.61	900m:	36.76	1250m:	37.72	1600m:	38.01	1950m:	37.41		
	250m:	36.21	600m:	36.76	950m:	36.94	1300m:	37.11	1650m:	38.02	2000m:	35.22		
	300m:	36.54	650m:	36.69	1000m:	37.36	1350m:	37.71	1700m:	38.02				
	350m:	36.71	700m:	37.16	1050m:	37.01	1400m:	37.49	1750m:	37.40				
9.	MARTIN ESCUDERO, Aleix										08	C.N. Caldes	24:52.98	8,00
	50m:	34.74	400m:	37.33	750m:	37.28	1100m:	37.15	1450m:	37.57	1800m:	38.42		
	100m:	35.98	450m:	37.41	800m:	37.42	1150m:	37.34	1500m:	38.00	1850m:	38.09		
	150m:	36.64	500m:	37.15	850m:	36.72	1200m:	37.12	1550m:	37.82	1900m:	38.02		
	200m:	36.64	550m:	37.04	900m:	37.45	1250m:	37.54	1600m:	38.33	1950m:	38.44		
	250m:	36.70	600m:	36.88	950m:	37.18	1300m:	37.77	1650m:	38.29	2000m:	37.02		
	300m:	36.72	650m:	37.07	1000m:	37.18	1350m:	37.40	1700m:	38.10				
	350m:	36.60	700m:	36.85	1050m:	37.13	1400m:	37.49	1750m:	38.96				
10.	RODRIGO LÓPEZ, Guillem										08	C.N. Mataró	24:55.63	7,00
	50m:	35.26	400m:	37.53	750m:	37.06	1100m:	38.52	1450m:	37.53	1800m:	37.29		
	100m:	36.54	450m:	37.53	800m:	37.94	1150m:	37.80	1500m:	37.73	1850m:	37.12		
	150m:	38.04	500m:	37.59	850m:	37.87	1200m:	37.26	1550m:	37.52	1900m:	37.01		
	200m:	37.54	550m:	37.66	900m:	37.11	1250m:	37.08	1600m:	37.78	1950m:	35.62		
	250m:	37.00	600m:	38.25	950m:	37.22	1300m:	38.18	1650m:	37.57	2000m:	35.15		
	300m:	37.33	650m:	37.66	1000m:	38.30	1350m:	37.08	1700m:	37.52				
	350m:	37.66	700m:	37.75	1050m:	37.42	1400m:	38.77	1750m:	36.84				
11.	BOGDANAS, Christian										08	C.N. Mataró	24:57.54	6,00
	50m:	34.74	400m:	37.48	750m:	37.14	1100m:	37.98	1450m:	38.43	1800m:	37.61		
	100m:	35.71	450m:	37.49	800m:	37.42	1150m:	38.47	1500m:	38.54	1850m:	37.15		
	150m:	36.37	500m:	37.52	850m:	37.46	1200m:	37.99	1550m:	37.70	1900m:	37.07		
	200m:	37.18	550m:	37.62	900m:	37.48	1250m:	38.23	1600m:	37.26	1950m:	37.09		
	250m:	36.94	600m:	37.37	950m:	37.68	1300m:	38.71	1650m:	37.84	2000m:	35.34		
	300m:	37.16	650m:	37.58	1000m:	37.67	1350m:	37.99	1700m:	37.45				
	350m:	37.53	700m:	37.70	1050m:	37.82	1400m:	38.07	1750m:	37.56				
12.	OLIVER SAGUÉ, Aniol										08	G.E.N. Roses	25:02.30	5,00
	50m:	34.72	400m:	37.52	750m:	37.73	1100m:	37.12	1450m:	38.10	1800m:	37.71		
	100m:	36.59	450m:	37.70	800m:	37.70	1150m:	38.38	1500m:	38.25	1850m:	37.64		
	150m:	36.50	500m:	37.05	850m:	37.67	1200m:	38.20	1550m:	38.26	1900m:	37.56		
	200m:	36.83	550m:	37.51	900m:	37.76	1250m:	38.32	1600m:	38.15	1950m:	37.53		
	250m:	37.35	600m:	37.40	950m:	37.95	1300m:	37.72	1650m:	38.13	2000m:	34.42		
	300m:	37.16	650m:	37.57	1000m:	37.22	1350m:	39.01	1700m:	38.50				
	350m:	37.21	700m:	37.41	1050m:	38.15	1400m:	38.71	1750m:	37.89				
13.	MIRAPEIX CAPARRÓS, Joel										09	C.N. Barcelona	25:02.73	4,00
	50m:	34.54	400m:	37.34	750m:	37.15	1100m:	37.73	1450m:	37.94	1800m:	38.89		
	100m:	36.38	450m:	35.04	800m:	37.09	1150m:	38.30	1500m:	38.64	1850m:	37.68		
	150m:	36.99	500m:	35.81	850m:	37.48	1200m:	37.84	1550m:	39.08	1900m:	38.06		
	200m:	37.40	550m:	37.61	900m:	37.55	1250m:	38.24	1600m:	38.78	1950m:	37.74		
	250m:	37.23	600m:	37.65	950m:	38.28	1300m:	37.87	1650m:	39.31	2000m:	35.15		
	300m:	37.52	650m:	37.17	1000m:	37.88	1350m:	38.25	1700m:	38.63				
	350m:	37.11	700m:	37.49	1050m:	36.90	1400m:	38.35	1750m:	38.64				
14.	MONTPEAT SOLÀ, Arnau										09	C.E.N. Balaguer	25:21.37	3,00
	50m:	34.97	400m:	37.92	750m:	38.21	1100m:	38.24	1450m:	38.70	1800m:	38.42		
	100m:	36.13	450m:	37.98	800m:	38.58	1150m:	38.19	1500m:	38.83	1850m:	38.48		
	150m:	37.08	500m:	37.86	850m:	38.49	1200m:	38.52	1550m:	38.37	1900m:	38.58		
	200m:	37.51	550m:	37.81	900m:	38.31	1250m:	38.18	1600m:	39.06	1950m:	33.10		
	250m:	37.98	600m:	38.40	950m:	38.56	1300m:	39.00	1650m:	38.42	2000m:	38.41		
	300m:	37.77	650m:	38.08	1000m:	38.80	1350m:	38.58	1700m:	38.37				
	350m:	37.74	700m:	38.50	1050m:	38.39	1400m:	38.86	1750m:	37.99				

Piscina 50m / Cronometratge Semi-automàtic

Prova 2, Masc., 2000m Lliure, Infantil Fons Indoor

Classificació	ANY										Temps	
15. MARTÍN MUÑOZ, Aitor	09 C.N. Badia										25:32.28	2,00
50m:	34.90	400m:	38.02	750m:	38.50	1100m:	38.48	1450m:	38.65	1800m:	39.33	
100m:	35.81	450m:	37.93	800m:	39.08	1150m:	38.26	1500m:	39.83	1850m:	38.53	
150m:	37.71	500m:	38.48	850m:	38.95	1200m:	38.77	1550m:	38.86	1900m:	38.67	
200m:	37.05	550m:	38.95	900m:	39.23	1250m:	38.61	1600m:	38.65	1950m:	37.54	
250m:	37.68	600m:	38.16	950m:	38.22	1300m:	39.15	1650m:	38.78	2000m:	35.03	
300m:	37.91	650m:	38.59	1000m:	38.31	1350m:	38.98	1700m:	39.09			
350m:	37.80	700m:	38.77	1050m:	37.95	1400m:	39.47	1750m:	39.60			
16. MARTINEZ CONTRERAS, Joel	08 G.E.N. Roses										26:31.71	1,00
50m:	38.08	400m:	40.37	750m:	40.94	1100m:	39.57	1450m:	40.74	1800m:	38.78	
100m:	38.31	450m:	40.23	800m:	39.75	1150m:	40.61	1500m:	39.82	1850m:	39.85	
150m:	39.17	500m:	40.95	850m:	39.79	1200m:	39.55	1550m:	39.41	1900m:	38.94	
200m:	39.59	550m:	39.59	900m:	41.43	1250m:	40.24	1600m:	40.31	1950m:	37.75	
250m:	39.33	600m:	40.68	950m:	40.09	1300m:	39.89	1650m:	40.86	2000m:	34.77	
300m:	39.60	650m:	40.65	1000m:	40.63	1350m:	39.61	1700m:	39.97			
350m:	41.07	700m:	40.43	1050m:	40.16	1400m:	40.72	1750m:	39.48			
17. MURRAY HERNÁNDEZ, Liam	08 C.N. Cerdanyola										26:31.96	-
50m:	37.75	400m:	40.08	750m:	39.85	1100m:	40.04	1450m:	40.10	1800m:	39.52	
100m:	38.79	450m:	40.21	800m:	40.00	1150m:	39.88	1500m:	40.56	1850m:	39.90	
150m:	38.94	500m:	40.31	850m:	40.46	1200m:	40.38	1550m:	39.96	1900m:	39.39	
200m:	39.93	550m:	40.08	900m:	40.52	1250m:	40.14	1600m:	40.57	1950m:	38.75	
250m:	39.84	600m:	39.91	950m:	40.21	1300m:	39.46	1650m:	40.10	2000m:	36.38	
300m:	39.44	650m:	40.17	1000m:	40.32	1350m:	40.02	1700m:	39.98			
350m:	40.12	700m:	39.69	1050m:	40.48	1400m:	40.11	1750m:	39.62			
18. SANCHEZ GIBELLO, Aitor	08 C.N. Terrassa										26:36.49	-
50m:	36.85	400m:	40.07	750m:	39.50	1100m:	40.15	1450m:	40.31	1800m:	39.06	
100m:	37.97	450m:	40.27	800m:	40.19	1150m:	40.18	1500m:	41.09	1850m:	39.42	
150m:	38.74	500m:	39.52	850m:	39.65	1200m:	40.16	1550m:	41.61	1900m:	39.24	
200m:	39.83	550m:	39.52	900m:	40.00	1250m:	39.47	1600m:	40.89	1950m:	40.28	
250m:	40.09	600m:	40.08	950m:	40.05	1300m:	39.78	1650m:	41.97	2000m:	36.86	
300m:	39.76	650m:	39.63	1000m:	40.51	1350m:	40.02	1700m:	41.45			
350m:	39.71	700m:	39.83	1050m:	40.08	1400m:	41.27	1750m:	41.43			
19. BOSCH RIBA, Oriol	08 C.N. Terrassa										27:12.79	-
50m:	37.22	400m:	39.97	750m:	39.46	1100m:	41.50	1450m:	42.24	1800m:	41.67	
100m:	39.33	450m:	40.48	800m:	40.72	1150m:	40.69	1500m:	42.38	1850m:	41.67	
150m:	39.55	500m:	40.76	850m:	40.35	1200m:	41.55	1550m:	42.07	1900m:	39.32	
200m:	39.84	550m:	40.02	900m:	41.32	1250m:	41.22	1600m:	42.48	1950m:	41.84	
250m:	39.87	600m:	39.70	950m:	41.30	1300m:	41.10	1650m:	42.33	2000m:	37.70	
300m:	40.23	650m:	40.35	1000m:	40.84	1350m:	41.94	1700m:	43.87			
350m:	40.70	700m:	40.65	1050m:	40.74	1400m:	41.35	1750m:	42.47			
BX GHIA ROIG, Ferran	08 C.N. Mataró											-

Prova 3
2/12/2022 - 10:07

Fem., 3000m Lliure

Absolut, Júnior 2 i Júnior 1

Resultats

MMC Open	31:58.86	, Mireia Belmonte Garcia	Sevilla	11/1/2014
MMC 17	33:11.46	, Claudia Dasca Romeu	Sabadell	22/1/2011
MMC 16	34:13.78	, Laura Rodriguez Cao	Banyoles	30/11/2014
MMC 15	35:19.63	, Lucia Gonzalez Nuez	00064 SABADELL	3/12/2021

Classificació

ANY

Temps

Júnior 1 Fons Indoor

1. MARTINEZ DE SALINAS PEÑA, Clara		07	E.M. El Olivar		34:37.21		-				
50m:	32.36	550m:	34.29	1050m:	34.93	1550m:	34.91	2050m:	35.00	2550m:	34.97
100m:	33.09	600m:	34.09	1100m:	34.80	1600m:	34.79	2100m:	34.70	2600m:	35.03
150m:	33.74	650m:	34.08	1150m:	34.88	1650m:	34.96	2150m:	35.16	2650m:	34.88
200m:	33.94	700m:	34.01	1200m:	34.50	1700m:	34.96	2200m:	35.34	2700m:	35.17
250m:	33.84	750m:	34.13	1250m:	34.80	1750m:	35.33	2250m:	35.05	2750m:	35.20
300m:	33.84	800m:	34.18	1300m:	34.74	1800m:	35.01	2300m:	35.01	2800m:	35.50
350m:	34.10	850m:	34.13	1350m:	35.03	1850m:	35.01	2350m:	34.82	2850m:	34.87
400m:	33.87	900m:	34.53	1400m:	35.08	1900m:	34.80	2400m:	35.10	2900m:	35.18
450m:	33.98	950m:	34.56	1450m:	34.98	1950m:	34.76	2450m:	34.88	2950m:	34.83
500m:	34.51	1000m:	34.62	1500m:	35.10	2000m:	35.05	2500m:	35.04	3000m:	33.06
2. COLL MARTI, Júlia		07	C.N. Olot		35:43.38		19,00				
50m:	32.62	550m:	36.03	1050m:	35.88	1550m:	36.25	2050m:	35.56	2550m:	35.28
100m:	34.71	600m:	35.86	1100m:	36.19	1600m:	36.20	2100m:	35.64	2600m:	34.98
150m:	35.86	650m:	35.78	1150m:	36.11	1650m:	35.90	2150m:	36.15	2650m:	35.64
200m:	35.34	700m:	35.75	1200m:	35.66	1700m:	36.52	2200m:	36.21	2700m:	35.58
250m:	35.60	750m:	35.69	1250m:	35.92	1750m:	36.36	2250m:	36.01	2750m:	35.60
300m:	35.83	800m:	35.79	1300m:	36.31	1800m:	35.32	2300m:	35.99	2800m:	35.52
350m:	35.74	850m:	35.85	1350m:	36.29	1850m:	35.79	2350m:	36.00	2850m:	35.65
400m:	35.58	900m:	36.05	1400m:	35.75	1900m:	36.10	2400m:	35.95	2900m:	35.46
450m:	35.66	950m:	35.78	1450m:	36.45	1950m:	35.96	2450m:	35.34	2950m:	35.15
500m:	35.38	1000m:	36.13	1500m:	36.03	2000m:	35.89	2500m:	35.62	3000m:	34.14
3. OLIVEIRA LARA, Carolina		07	C.N. Caldes		35:46.75		16,00				
50m:	33.51	550m:	35.46	1050m:	35.95	1550m:	36.24	2050m:	36.23	2550m:	36.33
100m:	34.46	600m:	35.56	1100m:	35.55	1600m:	36.01	2100m:	35.99	2600m:	36.14
150m:	35.11	650m:	35.53	1150m:	35.65	1650m:	35.90	2150m:	35.69	2650m:	36.24
200m:	35.30	700m:	35.66	1200m:	35.93	1700m:	36.53	2200m:	36.47	2700m:	36.19
250m:	35.26	750m:	35.82	1250m:	35.98	1750m:	36.13	2250m:	35.91	2750m:	36.14
300m:	35.34	800m:	35.25	1300m:	36.07	1800m:	36.03	2300m:	36.50	2800m:	35.56
350m:	35.17	850m:	35.56	1350m:	36.07	1850m:	35.89	2350m:	35.97	2850m:	35.30
400m:	35.28	900m:	35.25	1400m:	36.38	1900m:	36.26	2400m:	36.31	2900m:	34.86
450m:	35.51	950m:	35.65	1450m:	36.04	1950m:	36.10	2450m:	36.11	2950m:	37.13
500m:	35.38	1000m:	35.66	1500m:	36.40	2000m:	36.22	2500m:	35.95	3000m:	34.68
4. VARET CANO, Audrey		06	C.N. L'Hospitalet		35:56.76		14,00				
50m:	33.71	550m:	35.36	1050m:	36.03	1550m:	35.64	2050m:	36.18	2550m:	37.61
100m:	34.33	600m:	35.33	1100m:	35.79	1600m:	35.67	2100m:	36.34	2600m:	37.44
150m:	34.97	650m:	35.38	1150m:	35.86	1650m:	35.90	2150m:	36.09	2650m:	35.84
200m:	35.32	700m:	35.21	1200m:	35.85	1700m:	36.00	2200m:	36.65	2700m:	36.61
250m:	35.04	750m:	35.63	1250m:	35.99	1750m:	36.44	2250m:	36.84	2750m:	36.31
300m:	35.10	800m:	35.03	1300m:	36.52	1800m:	36.42	2300m:	36.29	2800m:	36.23
350m:	35.20	850m:	35.73	1350m:	36.29	1850m:	36.25	2350m:	37.20	2850m:	35.99
400m:	35.04	900m:	35.70	1400m:	36.61	1900m:	36.04	2400m:	37.88	2900m:	36.01
450m:	35.35	950m:	35.77	1450m:	35.81	1950m:	36.57	2450m:	37.53	2950m:	35.54
500m:	35.17	1000m:	36.23	1500m:	35.57	2000m:	36.62	2500m:	37.16	3000m:	34.55

Piscina 50m / Cronometratge Semi-automàtic

Prova 3, Fem., 3000m Lliure, Júnior 1 Fons Indoor

Classificació	ANY										Temps			
5.	HUERTAS FERRE, Maria										07	C.N. Tarraco	36:17.83	13,00
	50m:	33.16	550m:	35.83	1050m:	36.27	1550m:	36.53	2050m:	37.13	2550m:	37.07		
	100m:	34.70	600m:	36.02	1100m:	36.16	1600m:	36.58	2100m:	36.71	2600m:	36.83		
	150m:	35.10	650m:	36.16	1150m:	36.94	1650m:	36.79	2150m:	37.11	2650m:	36.30		
	200m:	35.59	700m:	35.97	1200m:	36.40	1700m:	37.10	2200m:	37.11	2700m:	36.45		
	250m:	35.62	750m:	35.90	1250m:	36.12	1750m:	37.05	2250m:	37.07	2750m:	36.68		
	300m:	35.62	800m:	35.93	1300m:	36.20	1800m:	36.77	2300m:	36.76	2800m:	36.38		
	350m:	35.41	850m:	36.13	1350m:	36.59	1850m:	37.16	2350m:	36.94	2850m:	36.46		
	400m:	35.91	900m:	36.00	1400m:	36.40	1900m:	37.05	2400m:	37.27	2900m:	36.04		
	450m:	35.82	950m:	35.99	1450m:	36.66	1950m:	37.11	2450m:	36.70	2950m:	35.04		
	500m:	35.81	1000m:	36.21	1500m:	36.77	2000m:	37.20	2500m:	37.28	3000m:	33.77		
6.	GABRIEL GOMEZ, Clara										06	C.N. Sabadell	37:00.57	12,00
	50m:	35.00	550m:	36.63	1050m:	37.51	1550m:	37.77	2050m:	37.52	2550m:	36.78		
	100m:	35.87	600m:	36.85	1100m:	37.29	1600m:	37.53	2100m:	37.48	2600m:	37.17		
	150m:	36.30	650m:	36.55	1150m:	37.37	1650m:	37.45	2150m:	37.72	2650m:	37.10		
	200m:	35.97	700m:	36.09	1200m:	37.55	1700m:	37.38	2200m:	37.35	2700m:	37.72		
	250m:	36.02	750m:	36.58	1250m:	37.24	1750m:	37.25	2250m:	37.63	2750m:	37.49		
	300m:	36.38	800m:	36.28	1300m:	37.47	1800m:	37.32	2300m:	37.48	2800m:	37.45		
	350m:	36.12	850m:	36.54	1350m:	37.08	1850m:	37.13	2350m:	37.32	2850m:	37.58		
	400m:	36.18	900m:	36.73	1400m:	37.36	1900m:	37.14	2400m:	37.34	2900m:	37.44		
	450m:	36.39	950m:	36.91	1450m:	37.23	1950m:	37.32	2450m:	37.18	2950m:	37.22		
	500m:	36.55	1000m:	37.06	1500m:	37.81	2000m:	37.10	2500m:	36.83	3000m:	36.47		
7.	FERNANDEZ ROSELLO, Noa										06	C.N. Sabadell	37:05.23	11,00
	50m:	35.10	550m:	36.68	1050m:	36.93	1550m:	37.41	2050m:	37.60	2550m:	37.53		
	100m:	36.24	600m:	37.01	1100m:	36.86	1600m:	37.53	2100m:	37.12	2600m:	37.67		
	150m:	36.36	650m:	37.33	1150m:	36.73	1650m:	36.55	2150m:	37.41	2650m:	37.18		
	200m:	36.86	700m:	36.41	1200m:	37.49	1700m:	37.08	2200m:	37.52	2700m:	37.02		
	250m:	36.87	750m:	37.13	1250m:	37.16	1750m:	37.07	2250m:	37.71	2750m:	36.96		
	300m:	36.72	800m:	36.85	1300m:	36.95	1800m:	37.01	2300m:	37.70	2800m:	37.27		
	350m:	36.84	850m:	36.91	1350m:	37.15	1850m:	37.10	2350m:	37.86	2850m:	36.94		
	400m:	36.82	900m:	36.85	1400m:	37.37	1900m:	37.12	2400m:	38.45	2900m:	36.86		
	450m:	36.80	950m:	36.68	1450m:	37.78	1950m:	37.18	2450m:	37.73	2950m:	36.92		
	500m:	36.79	1000m:	36.94	1500m:	37.32	2000m:	37.04	2500m:	38.29	3000m:	36.47		
8.	RODRÍGUEZ SANTAULARIA, Jéssica										06	C.N. Barcelona	37:18.57	10,00
	50m:	34.92	550m:	36.91	1050m:	37.10	1550m:	37.49	2050m:	37.92	2550m:	38.29		
	100m:	35.83	600m:	36.82	1100m:	37.02	1600m:	37.07	2100m:	37.86	2600m:	38.42		
	150m:	36.10	650m:	36.96	1150m:	37.38	1650m:	37.22	2150m:	38.13	2650m:	38.42		
	200m:	36.06	700m:	36.97	1200m:	37.21	1700m:	37.43	2200m:	38.21	2700m:	37.92		
	250m:	36.15	750m:	37.02	1250m:	37.11	1750m:	37.55	2250m:	38.07	2750m:	37.77		
	300m:	36.32	800m:	37.08	1300m:	36.90	1800m:	37.54	2300m:	38.28	2800m:	37.50		
	350m:	36.70	850m:	37.14	1350m:	36.69	1850m:	38.08	2350m:	38.29	2850m:	38.12		
	400m:	36.75	900m:	37.22	1400m:	37.13	1900m:	37.91	2400m:	38.67	2900m:	37.32		
	450m:	36.66	950m:	36.82	1450m:	37.09	1950m:	37.84	2450m:	38.50	2950m:	36.98		
	500m:	36.76	1000m:	36.71	1500m:	37.20	2000m:	37.84	2500m:	38.35	3000m:	36.85		
9.	VILLAR MARINA, Ona										07	C.N. Esplugues	37:42.79	9,00
	50m:	35.15	550m:	36.44	1050m:	37.21	1550m:	38.20	2050m:	38.24	2550m:	39.16		
	100m:	35.53	600m:	36.53	1100m:	37.50	1600m:	38.11	2100m:	38.47	2600m:	39.10		
	150m:	35.61	650m:	36.24	1150m:	37.59	1650m:	38.01	2150m:	38.76	2650m:	39.09		
	200m:	36.07	700m:	36.59	1200m:	37.95	1700m:	38.34	2200m:	38.80	2700m:	38.39		
	250m:	36.41	750m:	37.16	1250m:	37.84	1750m:	38.95	2250m:	39.34	2750m:	38.54		
	300m:	36.08	800m:	37.07	1300m:	38.09	1800m:	38.91	2300m:	38.82	2800m:	37.87		
	350m:	36.42	850m:	36.85	1350m:	38.20	1850m:	38.03	2350m:	39.31	2850m:	37.54		
	400m:	36.21	900m:	37.00	1400m:	38.30	1900m:	38.48	2400m:	38.72	2900m:	38.26		
	450m:	36.32	950m:	37.43	1450m:	38.22	1950m:	38.75	2450m:	39.32	2950m:	37.01		
	500m:	36.70	1000m:	37.02	1500m:	38.46	2000m:	38.61	2500m:	39.11	3000m:	36.36		

Prova 3, Fem., 3000m Lliure, Júnior 1 Fons Indoor

Classificació	ANY										Temps			
10.	VALLS PLAZA, Ariadna										06	C.N. Sant Andreu	37:43.35	8,00
	50m:	34.68	550m:	37.05	1050m:	37.46	1550m:	38.33	2050m:	37.72	2550m:	38.18		
	100m:	36.15	600m:	37.07	1100m:	37.74	1600m:	37.97	2100m:	37.80	2600m:	38.36		
	150m:	36.40	650m:	37.11	1150m:	38.03	1650m:	38.39	2150m:	37.76	2650m:	38.61		
	200m:	36.67	700m:	37.05	1200m:	38.23	1700m:	38.57	2200m:	38.71	2700m:	38.53		
	250m:	36.52	750m:	37.62	1250m:	37.72	1750m:	38.11	2250m:	37.90	2750m:	38.26		
	300m:	36.56	800m:	37.49	1300m:	37.97	1800m:	38.02	2300m:	37.96	2800m:	37.97		
	350m:	36.59	850m:	37.94	1350m:	38.63	1850m:	38.62	2350m:	38.29	2850m:	37.75		
	400m:	36.59	900m:	38.04	1400m:	38.22	1900m:	37.82	2400m:	38.40	2900m:	37.81		
	450m:	36.68	950m:	38.10	1450m:	38.30	1950m:	37.95	2450m:	38.45	2950m:	37.86		
	500m:	37.01	1000m:	38.01	1500m:	38.60	2000m:	37.72	2500m:	38.45	3000m:	36.85		
11.	PRUNES ARNAU, Jana										07	C.N. Mataró	39:26.41	7,00
	50m:	36.43	550m:	38.99	1050m:	39.44	1550m:	39.83	2050m:	40.06	2550m:	40.14		
	100m:	37.53	600m:	39.44	1100m:	38.90	1600m:	39.74	2100m:	39.83	2600m:	40.15		
	150m:	38.75	650m:	39.47	1150m:	39.38	1650m:	39.55	2150m:	40.22	2650m:	39.16		
	200m:	38.73	700m:	38.78	1200m:	39.56	1700m:	39.45	2200m:	40.34	2700m:	39.85		
	250m:	38.87	750m:	39.14	1250m:	39.62	1750m:	39.54	2250m:	40.64	2750m:	39.24		
	300m:	39.07	800m:	39.26	1300m:	39.66	1800m:	39.56	2300m:	40.28	2800m:	39.84		
	350m:	38.66	850m:	39.26	1350m:	39.50	1850m:	39.79	2350m:	40.08	2850m:	40.10		
	400m:	39.32	900m:	39.05	1400m:	39.07	1900m:	39.97	2400m:	40.12	2900m:	39.75		
	450m:	39.21	950m:	39.43	1450m:	39.59	1950m:	39.82	2450m:	40.36	2950m:	39.93		
	500m:	38.85	1000m:	38.95	1500m:	40.09	2000m:	39.85	2500m:	40.47	3000m:	36.75		
12.	BUSQUETS DOMÈNECH, Mar										07	C.N. Olot	39:30.90	6,00
	50m:	36.37	550m:	38.69	1050m:	40.11	1550m:	40.24	2050m:	39.50	2550m:	39.62		
	100m:	37.81	600m:	38.85	1100m:	40.19	1600m:	40.09	2100m:	39.41	2600m:	40.17		
	150m:	38.26	650m:	39.55	1150m:	39.93	1650m:	40.18	2150m:	40.51	2650m:	39.16		
	200m:	38.48	700m:	39.44	1200m:	40.24	1700m:	40.21	2200m:	39.45	2700m:	39.27		
	250m:	38.63	750m:	39.41	1250m:	39.67	1750m:	40.28	2250m:	40.08	2750m:	39.16		
	300m:	38.71	800m:	39.24	1300m:	40.21	1800m:	40.28	2300m:	39.61	2800m:	38.86		
	350m:	38.68	850m:	39.97	1350m:	40.25	1850m:	39.63	2350m:	40.08	2850m:	38.81		
	400m:	38.52	900m:	40.01	1400m:	40.00	1900m:	40.47	2400m:	40.81	2900m:	39.54		
	450m:	38.53	950m:	39.73	1450m:	40.14	1950m:	39.70	2450m:	40.48	2950m:	37.88		
	500m:	38.34	1000m:	40.25	1500m:	40.38	2000m:	40.42	2500m:	40.56	3000m:	37.85		
13.	HERRERA CASTILLON, Alba										07	C.N. Premià	39:37.58	5,00
	50m:	35.79	550m:	38.98	1050m:	39.91	1550m:	39.91	2050m:	40.27	2550m:	40.35		
	100m:	37.44	600m:	38.86	1100m:	39.64	1600m:	40.10	2100m:	39.72	2600m:	40.95		
	150m:	38.21	650m:	38.97	1150m:	39.65	1650m:	40.33	2150m:	40.49	2650m:	40.41		
	200m:	38.56	700m:	38.91	1200m:	39.42	1700m:	40.79	2200m:	40.81	2700m:	40.16		
	250m:	37.90	750m:	39.06	1250m:	39.84	1750m:	40.16	2250m:	40.97	2750m:	39.61		
	300m:	38.23	800m:	39.32	1300m:	39.60	1800m:	40.18	2300m:	40.49	2800m:	39.90		
	350m:	38.26	850m:	39.38	1350m:	40.03	1850m:	40.39	2350m:	40.42	2850m:	39.41		
	400m:	38.60	900m:	39.37	1400m:	39.93	1900m:	40.58	2400m:	40.89	2900m:	39.30		
	450m:	38.42	950m:	39.48	1450m:	40.18	1950m:	40.30	2450m:	40.74	2950m:	39.46		
	500m:	38.77	1000m:	39.63	1500m:	40.63	2000m:	40.57	2500m:	40.76	3000m:	38.19		
14.	MARZO LOREN, Aina										06	C.N. Atl Barceloneta	40:03.83	4,00
	50m:	36.56	550m:	40.57	1050m:	40.30	1550m:	40.29	2050m:	40.69	2550m:	40.61		
	100m:	38.06	600m:	39.88	1100m:	40.43	1600m:	40.40	2100m:	39.93	2600m:	40.68		
	150m:	38.30	650m:	40.14	1150m:	39.92	1650m:	40.18	2150m:	39.44	2650m:	40.78		
	200m:	38.28	700m:	40.04	1200m:	40.81	1700m:	40.51	2200m:	39.71	2700m:	40.57		
	250m:	38.54	750m:	40.43	1250m:	40.60	1750m:	40.27	2250m:	39.54	2750m:	40.54		
	300m:	38.44	800m:	40.80	1300m:	40.90	1800m:	40.55	2300m:	39.92	2800m:	40.06		
	350m:	38.39	850m:	40.42	1350m:	40.77	1850m:	40.87	2350m:	40.82	2850m:	39.54		
	400m:	38.52	900m:	40.86	1400m:	40.23	1900m:	41.16	2400m:	41.52	2900m:	39.49		
	450m:	39.23	950m:	40.57	1450m:	40.63	1950m:	41.00	2450m:	41.10	2950m:	39.06		
	500m:	40.33	1000m:	40.44	1500m:	40.63	2000m:	40.81	2500m:	41.10	3000m:	38.67		

Prova 3, Fem., 3000m Lliure, Júnior 1 Fons Indoor

Classificació	ANY										Temps			
15.	MONTERO MARTINEZ, Rebeca										06	C.N. L'Hospitalet	41:11.83	3,00
	50m:	38.33	550m:	41.66	1050m:	41.65	1550m:	42.24	2050m:	40.93	2550m:	41.89		
	100m:	40.04	600m:	41.26	1100m:	41.29	1600m:	41.75	2100m:	41.49	2600m:	41.65		
	150m:	40.74	650m:	40.60	1150m:	41.11	1650m:	41.97	2150m:	41.48	2650m:	40.25		
	200m:	40.89	700m:	40.75	1200m:	41.45	1700m:	41.79	2200m:	41.33	2700m:	41.37		
	250m:	40.89	750m:	41.46	1250m:	41.53	1750m:	41.31	2250m:	41.76	2750m:	41.56		
	300m:	40.52	800m:	40.88	1300m:	41.91	1800m:	41.38	2300m:	42.02	2800m:	41.29		
	350m:	41.01	850m:	41.33	1350m:	41.67	1850m:	41.31	2350m:	42.17	2850m:	41.14		
	400m:	41.11	900m:	41.43	1400m:	41.47	1900m:	40.85	2400m:	41.84	2900m:	41.73		
	450m:	41.17	950m:	39.78	1450m:	40.83	1950m:	41.34	2450m:	41.92	2950m:	40.12		
	500m:	41.28	1000m:	40.96	1500m:	41.64	2000m:	41.24	2500m:	41.55	3000m:	38.52		
16.	NET GOMEZ, Laia										06	C.N. L'Hospitalet	41:32.06	2,00
	50m:	38.88	550m:	41.99	1050m:	41.35	1550m:	41.47	2050m:	41.37	2550m:	41.55		
	100m:	40.19	600m:	41.78	1100m:	41.77	1600m:	41.06	2100m:	41.70	2600m:	41.56		
	150m:	40.92	650m:	41.61	1150m:	41.40	1650m:	41.47	2150m:	41.43	2650m:	41.67		
	200m:	41.39	700m:	41.54	1200m:	41.53	1700m:	41.67	2200m:	41.53	2700m:	41.67		
	250m:	42.14	750m:	41.94	1250m:	41.37	1750m:	41.47	2250m:	41.51	2750m:	41.64		
	300m:	41.98	800m:	41.98	1300m:	41.62	1800m:	41.32	2300m:	41.47	2800m:	41.83		
	350m:	41.70	850m:	41.94	1350m:	41.90	1850m:	41.03	2350m:	42.30	2850m:	41.77		
	400m:	41.36	900m:	41.39	1400m:	41.86	1900m:	41.56	2400m:	41.89	2900m:	41.42		
	450m:	41.86	950m:	41.74	1450m:	41.22	1950m:	41.33	2450m:	42.42	2950m:	41.19		
	500m:	41.92	1000m:	41.87	1500m:	41.15	2000m:	41.40	2500m:	41.97	3000m:	41.10		
17.	RODERO TRIGUERO, Miriam										07	C.N. Cerdanyola	41:45.56	1,00
	50m:	37.19	550m:	41.99	1050m:	42.60	1550m:	42.29	2050m:	43.01	2550m:	41.47		
	100m:	38.47	600m:	41.57	1100m:	41.92	1600m:	41.49	2100m:	41.48	2600m:	41.24		
	150m:	39.85	650m:	42.28	1150m:	42.19	1650m:	42.16	2150m:	41.55	2650m:	42.30		
	200m:	40.57	700m:	42.07	1200m:	42.32	1700m:	43.22	2200m:	41.96	2700m:	41.93		
	250m:	40.34	750m:	41.88	1250m:	42.64	1750m:	42.59	2250m:	42.33	2750m:	41.56		
	300m:	41.18	800m:	42.79	1300m:	42.36	1800m:	42.42	2300m:	41.96	2800m:	42.12		
	350m:	41.27	850m:	42.13	1350m:	42.57	1850m:	42.72	2350m:	42.23	2850m:	41.69		
	400m:	40.61	900m:	42.25	1400m:	42.71	1900m:	41.58	2400m:	42.33	2900m:	41.72		
	450m:	41.60	950m:	42.64	1450m:	42.54	1950m:	42.52	2450m:	43.13	2950m:	39.88		
	500m:	41.07	1000m:	42.48	1500m:	41.37	2000m:	42.98	2500m:	42.74	3000m:	37.51		
18.	VENDRELL GARCIA, Maria										07	C.N. Lleida	41:47.35	-
	50m:	37.10	550m:	41.50	1050m:	42.77	1550m:	41.88	2050m:	42.97	2550m:	41.84		
	100m:	38.84	600m:	41.35	1100m:	43.13	1600m:	41.14	2100m:	42.14	2600m:	41.84		
	150m:	39.84	650m:	41.29	1150m:	42.49	1650m:	42.02	2150m:	41.61	2650m:	41.61		
	200m:	40.65	700m:	41.60	1200m:	41.99	1700m:	42.98	2200m:	42.11	2700m:	42.64		
	250m:	40.87	750m:	42.08	1250m:	42.62	1750m:	42.44	2250m:	42.57	2750m:	41.49		
	300m:	41.00	800m:	42.05	1300m:	42.46	1800m:	42.22	2300m:	41.77	2800m:	42.63		
	350m:	40.82	850m:	42.42	1350m:	42.97	1850m:	42.85	2350m:	42.38	2850m:	41.40		
	400m:	40.81	900m:	42.69	1400m:	42.02	1900m:	43.32	2400m:	42.12	2900m:	41.77		
	450m:	40.81	950m:	42.61	1450m:	41.79	1950m:	42.38	2450m:	42.86	2950m:	40.71		
	500m:	41.67	1000m:	42.77	1500m:	41.12	2000m:	43.81	2500m:	41.46	3000m:	38.26		

Júnior 2 Fons Indoor

1.	RIUS PELLEJA, Abril										04	C.N. Tarraco	36:00.86	19,00
	50m:	33.89	550m:	35.70	1050m:	36.50	1550m:	35.92	2050m:	35.65	2550m:	36.50		
	100m:	35.07	600m:	35.74	1100m:	36.21	1600m:	36.55	2100m:	35.61	2600m:	36.39		
	150m:	34.79	650m:	35.56	1150m:	36.37	1650m:	36.85	2150m:	36.12	2650m:	36.49		
	200m:	35.16	700m:	35.74	1200m:	36.17	1700m:	36.52	2200m:	35.75	2700m:	35.80		
	250m:	35.20	750m:	35.91	1250m:	36.39	1750m:	36.54	2250m:	36.45	2750m:	36.20		
	300m:	35.59	800m:	35.86	1300m:	36.23	1800m:	36.44	2300m:	36.72	2800m:	35.99		
	350m:	35.33	850m:	36.03	1350m:	36.61	1850m:	37.10	2350m:	36.57	2850m:	35.68		
	400m:	35.55	900m:	35.67	1400m:	36.19	1900m:	36.50	2400m:	36.28	2900m:	35.81		
	450m:	35.20	950m:	36.11	1450m:	36.49	1950m:	36.42	2450m:	37.08	2950m:	35.55		
	500m:	35.63	1000m:	36.11	1500m:	36.78	2000m:	36.85	2500m:	36.12	3000m:	34.63		

Piscina 50m / Cronometratge Semi-automàtic

Prova 3, Fem., 3000m Lliure, Júnior 2 Fons Indoor

Classificació	ANY										Temps			
2.	MORERA PUJOLAR, Júlia										05	C.N. Olot	36:40.11	16,00
	50m:	33.64	550m:	36.18	1050m:	36.60	1550m:	36.46	2050m:	36.36	2550m:	37.17		
	100m:	35.37	600m:	36.33	1100m:	36.71	1600m:	37.83	2100m:	36.50	2600m:	38.60		
	150m:	35.81	650m:	36.44	1150m:	36.55	1650m:	36.91	2150m:	37.41	2650m:	36.99		
	200m:	36.20	700m:	36.52	1200m:	36.77	1700m:	36.89	2200m:	36.62	2700m:	36.81		
	250m:	35.78	750m:	36.36	1250m:	36.13	1750m:	36.75	2250m:	37.52	2750m:	37.18		
	300m:	36.19	800m:	36.35	1300m:	36.46	1800m:	37.29	2300m:	38.17	2800m:	37.28		
	350m:	36.34	850m:	36.45	1350m:	36.67	1850m:	37.07	2350m:	37.36	2850m:	36.97		
	400m:	36.29	900m:	36.54	1400m:	37.37	1900m:	37.60	2400m:	36.15	2900m:	37.13		
	450m:	35.99	950m:	36.26	1450m:	37.54	1950m:	36.88	2450m:	36.73	2950m:	36.47		
	500m:	35.93	1000m:	36.34	1500m:	36.63	2000m:	38.14	2500m:	36.97	3000m:	35.16		
3.	ROCA FORTUNY, Marina										05	C.N. Cervera	36:51.75	14,00
	50m:	34.82	550m:	36.85	1050m:	36.76	1550m:	36.86	2050m:	36.93	2550m:	36.90		
	100m:	36.30	600m:	36.70	1100m:	36.64	1600m:	36.83	2100m:	37.40	2600m:	37.00		
	150m:	36.17	650m:	36.75	1150m:	36.51	1650m:	37.15	2150m:	37.54	2650m:	36.96		
	200m:	36.65	700m:	36.96	1200m:	36.46	1700m:	37.22	2200m:	37.19	2700m:	36.66		
	250m:	36.11	750m:	36.32	1250m:	36.57	1750m:	37.66	2250m:	37.49	2750m:	37.00		
	300m:	36.62	800m:	37.13	1300m:	36.72	1800m:	37.60	2300m:	36.77	2800m:	37.06		
	350m:	36.68	850m:	36.49	1350m:	36.57	1850m:	37.43	2350m:	36.94	2850m:	37.46		
	400m:	36.75	900m:	36.68	1400m:	36.86	1900m:	37.26	2400m:	37.04	2900m:	37.67		
	450m:	36.61	950m:	36.93	1450m:	37.46	1950m:	37.22	2450m:	36.68	2950m:	37.34		
	500m:	36.63	1000m:	36.91	1500m:	36.83	2000m:	36.62	2500m:	36.70	3000m:	36.73		
4.	MARGUÍ SOLÀ, Núria										05	C.N. Olot	37:05.01	13,00
	50m:	34.51	550m:	35.89	1050m:	37.20	1550m:	37.29	2050m:	37.37	2550m:	38.30		
	100m:	35.80	600m:	36.11	1100m:	37.06	1600m:	37.60	2100m:	37.65	2600m:	38.61		
	150m:	36.28	650m:	36.49	1150m:	37.64	1650m:	37.50	2150m:	37.43	2650m:	37.88		
	200m:	35.67	700m:	36.39	1200m:	37.32	1700m:	37.17	2200m:	37.89	2700m:	38.28		
	250m:	35.91	750m:	36.48	1250m:	37.29	1750m:	37.59	2250m:	37.58	2750m:	38.05		
	300m:	35.72	800m:	36.89	1300m:	37.34	1800m:	37.49	2300m:	38.19	2800m:	38.05		
	350m:	35.33	850m:	36.65	1350m:	37.49	1850m:	37.18	2350m:	37.85	2850m:	38.15		
	400m:	35.62	900m:	36.90	1400m:	37.52	1900m:	37.34	2400m:	37.92	2900m:	37.36		
	450m:	35.91	950m:	36.80	1450m:	37.17	1950m:	37.34	2450m:	38.19	2950m:	36.86		
	500m:	35.97	1000m:	37.19	1500m:	37.48	2000m:	37.81	2500m:	37.36	3000m:	35.71		
5.	DEL RIO SANTAMARIA, Jana										05	C.N. Mataró	37:22.27	12,00
	50m:	34.99	550m:	37.03	1050m:	37.27	1550m:	37.82	2050m:	38.12	2550m:	37.32		
	100m:	36.04	600m:	36.94	1100m:	37.43	1600m:	37.60	2100m:	37.44	2600m:	37.31		
	150m:	36.52	650m:	37.22	1150m:	37.84	1650m:	37.94	2150m:	37.64	2650m:	37.18		
	200m:	36.78	700m:	37.16	1200m:	37.40	1700m:	38.06	2200m:	37.86	2700m:	37.12		
	250m:	36.75	750m:	37.03	1250m:	37.88	1750m:	38.10	2250m:	37.74	2750m:	37.03		
	300m:	36.75	800m:	37.21	1300m:	37.57	1800m:	37.80	2300m:	37.69	2800m:	37.21		
	350m:	37.09	850m:	37.37	1350m:	37.53	1850m:	37.76	2350m:	37.24	2850m:	37.23		
	400m:	36.89	900m:	37.12	1400m:	37.68	1900m:	38.18	2400m:	37.65	2900m:	37.04		
	450m:	36.94	950m:	37.39	1450m:	38.14	1950m:	38.24	2450m:	37.59	2950m:	37.09		
	500m:	36.97	1000m:	37.39	1500m:	37.73	2000m:	38.42	2500m:	37.79	3000m:	37.01		
6.	TORRUBIANO GONZALEZ, Aina										04	C.E.N. Balaguer	37:59.19	11,00
	50m:	34.69	550m:	37.12	1050m:	38.02	1550m:	38.47	2050m:	39.04	2550m:	38.95		
	100m:	36.30	600m:	37.29	1100m:	38.20	1600m:	38.60	2100m:	38.41	2600m:	38.62		
	150m:	36.65	650m:	37.31	1150m:	38.33	1650m:	37.95	2150m:	38.38	2650m:	38.97		
	200m:	36.50	700m:	37.45	1200m:	38.08	1700m:	38.34	2200m:	38.40	2700m:	38.89		
	250m:	36.82	750m:	37.97	1250m:	38.16	1750m:	38.48	2250m:	38.65	2750m:	38.97		
	300m:	37.24	800m:	36.92	1300m:	38.36	1800m:	38.66	2300m:	38.98	2800m:	38.61		
	350m:	37.20	850m:	37.46	1350m:	38.28	1850m:	38.49	2350m:	38.95	2850m:	38.43		
	400m:	36.79	900m:	37.65	1400m:	38.08	1900m:	38.69	2400m:	38.97	2900m:	39.27		
	450m:	37.25	950m:	37.77	1450m:	37.90	1950m:	38.19	2450m:	38.41	2950m:	38.49		
	500m:	37.26	1000m:	38.39	1500m:	37.90	2000m:	38.49	2500m:	38.51	3000m:	35.59		

Prova 3, Fem., 3000m Lliure, Júnior 2 Fons Indoor

Classificació	ANY										Temps			
7.	SURROCA RIOL, Gemma										05	C.N. Olot	39:08.14	10,00
	50m:	34.97	550m:	38.46	1050m:	39.29	1550m:	39.34	2050m:	39.10	2550m:	38.95		
	100m:	37.17	600m:	38.75	1100m:	40.29	1600m:	40.54	2100m:	39.43	2600m:	39.42		
	150m:	37.57	650m:	38.35	1150m:	39.13	1650m:	40.52	2150m:	40.92	2650m:	39.33		
	200m:	37.80	700m:	38.54	1200m:	39.02	1700m:	39.45	2200m:	39.31	2700m:	39.73		
	250m:	37.93	750m:	38.65	1250m:	38.96	1750m:	39.37	2250m:	39.99	2750m:	40.17		
	300m:	37.92	800m:	38.99	1300m:	39.60	1800m:	39.69	2300m:	39.96	2800m:	39.72		
	350m:	38.10	850m:	38.56	1350m:	38.52	1850m:	40.69	2350m:	39.54	2850m:	39.31		
	400m:	38.50	900m:	39.09	1400m:	39.24	1900m:	40.50	2400m:	39.95	2900m:	38.56		
	450m:	37.93	950m:	40.34	1450m:	39.58	1950m:	40.24	2450m:	39.67	2950m:	38.50		
	500m:	38.56	1000m:	39.02	1500m:	39.27	2000m:	40.39	2500m:	39.74	3000m:	38.01		
8.	SANCHEZ BARBERO, Irene										05	C.N. Atl Barceloneta	39:11.44	9,00
	50m:	35.80	550m:	38.71	1050m:	39.66	1550m:	39.98	2050m:	39.35	2550m:	40.02		
	100m:	37.37	600m:	38.87	1100m:	38.89	1600m:	40.07	2100m:	39.34	2600m:	39.85		
	150m:	38.24	650m:	38.66	1150m:	39.31	1650m:	39.95	2150m:	39.83	2650m:	39.52		
	200m:	38.54	700m:	38.77	1200m:	39.09	1700m:	39.66	2200m:	39.71	2700m:	39.44		
	250m:	38.59	750m:	38.93	1250m:	39.50	1750m:	39.47	2250m:	39.45	2750m:	39.45		
	300m:	38.44	800m:	38.58	1300m:	39.87	1800m:	39.76	2300m:	39.15	2800m:	39.59		
	350m:	38.85	850m:	39.00	1350m:	39.25	1850m:	39.39	2350m:	39.50	2850m:	39.68		
	400m:	38.57	900m:	38.97	1400m:	39.26	1900m:	39.64	2400m:	39.71	2900m:	39.58		
	450m:	38.54	950m:	39.10	1450m:	39.05	1950m:	39.13	2450m:	40.16	2950m:	38.22		
	500m:	38.96	1000m:	39.54	1500m:	40.18	2000m:	40.03	2500m:	39.47	3000m:	38.25		
BX	PINADELL SUÑER, Carla										05	C.N. Barcelona	-	-

Absolut Fons Indoor

1.	GIRALT PIDEMONT, Claudia										01	C.N. L'Hospitalet	34:31.75	19,00
	50m:	32.07	550m:	34.49	1050m:	34.51	1550m:	34.88	2050m:	34.99	2550m:	34.88		
	100m:	32.32	600m:	34.62	1100m:	34.55	1600m:	34.65	2100m:	35.38	2600m:	34.68		
	150m:	33.18	650m:	34.55	1150m:	34.64	1650m:	34.92	2150m:	35.41	2650m:	35.18		
	200m:	33.44	700m:	34.54	1200m:	34.86	1700m:	35.36	2200m:	35.34	2700m:	34.70		
	250m:	33.91	750m:	34.69	1250m:	34.62	1750m:	35.13	2250m:	35.22	2750m:	35.00		
	300m:	34.02	800m:	34.60	1300m:	34.81	1800m:	35.00	2300m:	34.99	2800m:	34.86		
	350m:	34.15	850m:	34.42	1350m:	34.86	1850m:	34.91	2350m:	34.56	2850m:	34.23		
	400m:	34.35	900m:	34.52	1400m:	35.13	1900m:	34.63	2400m:	35.02	2900m:	34.60		
	450m:	34.22	950m:	34.14	1450m:	34.86	1950m:	34.37	2450m:	34.66	2950m:	34.54		
	500m:	34.32	1000m:	34.31	1500m:	34.82	2000m:	34.41	2500m:	34.77	3000m:	31.96		
2.	RODRIGUEZ SANTAULARIA, Laura										02	C.N. Barcelona	36:18.09	16,00
	50m:	33.03	550m:	35.52	1050m:	35.99	1550m:	36.18	2050m:	36.09	2550m:	37.77		
	100m:	34.93	600m:	35.85	1100m:	36.46	1600m:	36.34	2100m:	36.13	2600m:	37.31		
	150m:	35.02	650m:	35.73	1150m:	36.47	1650m:	36.79	2150m:	36.53	2650m:	37.55		
	200m:	35.04	700m:	36.10	1200m:	36.12	1700m:	36.62	2200m:	37.06	2700m:	37.53		
	250m:	35.42	750m:	36.00	1250m:	36.38	1750m:	36.41	2250m:	36.98	2750m:	37.01		
	300m:	35.15	800m:	36.16	1300m:	36.39	1800m:	36.81	2300m:	36.85	2800m:	37.45		
	350m:	35.19	850m:	35.94	1350m:	36.66	1850m:	36.79	2350m:	36.98	2850m:	37.41		
	400m:	35.76	900m:	35.93	1400m:	36.22	1900m:	36.83	2400m:	37.59	2900m:	37.03		
	450m:	35.42	950m:	36.13	1450m:	36.60	1950m:	36.50	2450m:	37.81	2950m:	35.63		
	500m:	35.50	1000m:	36.17	1500m:	36.64	2000m:	36.65	2500m:	37.80	3000m:	33.74		
3.	MAESTRO LORENZO, Alba										02	C.N. L'Hospitalet	36:50.63	14,00
	50m:	34.76	550m:	36.65	1050m:	36.53	1550m:	37.07	2050m:	37.21	2550m:	37.37		
	100m:	35.77	600m:	36.59	1100m:	36.45	1600m:	37.38	2100m:	37.21	2600m:	37.57		
	150m:	36.04	650m:	36.23	1150m:	36.62	1650m:	37.35	2150m:	37.28	2650m:	37.53		
	200m:	36.36	700m:	36.22	1200m:	36.43	1700m:	37.08	2200m:	37.31	2700m:	37.98		
	250m:	36.18	750m:	36.44	1250m:	36.59	1750m:	37.21	2250m:	37.45	2750m:	37.58		
	300m:	36.26	800m:	36.32	1300m:	36.67	1800m:	37.17	2300m:	37.58	2800m:	37.30		
	350m:	36.42	850m:	36.20	1350m:	36.81	1850m:	37.32	2350m:	37.61	2850m:	37.80		
	400m:	36.32	900m:	36.44	1400m:	36.73	1900m:	37.43	2400m:	37.81	2900m:	37.19		
	450m:	36.06	950m:	36.40	1450m:	36.88	1950m:	37.51	2450m:	37.51	2950m:	36.66		
	500m:	36.56	1000m:	36.44	1500m:	36.94	2000m:	37.18	2500m:	37.59	3000m:	35.08		

Piscina 50m / Cronometratge Semi-automàtic

Prova 3, Fem., 3000m Lliure, Absolut Fons Indoor

Classificació	ANY										Temps	
4.	ORTIZ MARTINEZ, Ainhoa										37:22.48	13,00
	50m:	35.09	550m:	37.35	1050m:	37.17	1550m:	37.95	2050m:	36.11	2550m:	38.03
	100m:	35.87	600m:	37.18	1100m:	36.62	1600m:	37.06	2100m:	37.54	2600m:	38.04
	150m:	36.21	650m:	37.49	1150m:	37.22	1650m:	37.50	2150m:	38.71	2650m:	38.61
	200m:	36.75	700m:	37.56	1200m:	37.03	1700m:	37.22	2200m:	38.32	2700m:	38.73
	250m:	36.79	750m:	37.25	1250m:	37.36	1750m:	37.47	2250m:	38.54	2750m:	38.27
	300m:	37.37	800m:	36.67	1300m:	37.90	1800m:	37.30	2300m:	37.79	2800m:	37.82
	350m:	36.91	850m:	37.22	1350m:	37.70	1850m:	37.35	2350m:	37.85	2850m:	38.12
	400m:	36.90	900m:	37.32	1400m:	37.35	1900m:	37.51	2400m:	38.06	2900m:	37.29
	450m:	37.59	950m:	36.74	1450m:	38.00	1950m:	37.60	2450m:	37.75	2950m:	36.74
	500m:	36.81	1000m:	36.57	1500m:	38.15	2000m:	37.66	2500m:	38.11	3000m:	35.29

BX MARTI BALLESTER, Marilo 98 C.N. Mataró -

Absolut, Júnior 2 i Júnior 1

1.	GIRALT PIDEMONT, Claudia										34:31.75	19,00
	50m:	32.07	550m:	34.49	1050m:	34.51	1550m:	34.88	2050m:	34.99	2550m:	34.88
	100m:	32.32	600m:	34.62	1100m:	34.55	1600m:	34.65	2100m:	35.38	2600m:	34.68
	150m:	33.18	650m:	34.55	1150m:	34.64	1650m:	34.92	2150m:	35.41	2650m:	35.18
	200m:	33.44	700m:	34.54	1200m:	34.86	1700m:	35.36	2200m:	35.34	2700m:	34.70
	250m:	33.91	750m:	34.69	1250m:	34.62	1750m:	35.13	2250m:	35.22	2750m:	35.00
	300m:	34.02	800m:	34.60	1300m:	34.81	1800m:	35.00	2300m:	34.99	2800m:	34.86
	350m:	34.15	850m:	34.42	1350m:	34.86	1850m:	34.91	2350m:	34.56	2850m:	34.23
	400m:	34.35	900m:	34.52	1400m:	35.13	1900m:	34.63	2400m:	35.02	2900m:	34.60
	450m:	34.22	950m:	34.14	1450m:	34.86	1950m:	34.37	2450m:	34.66	2950m:	34.54
	500m:	34.32	1000m:	34.31	1500m:	34.82	2000m:	34.41	2500m:	34.77	3000m:	31.96

2.	MARTINEZ DE SALINAS PEÑA, Clara										34:37.21	-
	50m:	32.36	550m:	34.29	1050m:	34.93	1550m:	34.91	2050m:	35.00	2550m:	34.97
	100m:	33.09	600m:	34.09	1100m:	34.80	1600m:	34.79	2100m:	34.70	2600m:	35.03
	150m:	33.74	650m:	34.08	1150m:	34.88	1650m:	34.96	2150m:	35.16	2650m:	34.88
	200m:	33.94	700m:	34.01	1200m:	34.50	1700m:	34.96	2200m:	35.34	2700m:	35.17
	250m:	33.84	750m:	34.13	1250m:	34.80	1750m:	35.33	2250m:	35.05	2750m:	35.20
	300m:	33.84	800m:	34.18	1300m:	34.74	1800m:	35.01	2300m:	35.12	2800m:	35.50
	350m:	34.10	850m:	34.13	1350m:	35.03	1850m:	35.01	2350m:	34.82	2850m:	34.87
	400m:	33.87	900m:	34.53	1400m:	35.08	1900m:	34.80	2400m:	35.10	2900m:	35.18
	450m:	33.98	950m:	34.56	1450m:	34.98	1950m:	34.76	2450m:	34.88	2950m:	34.83
	500m:	34.51	1000m:	34.62	1500m:	35.10	2000m:	35.05	2500m:	35.04	3000m:	33.06

3.	COLL MARTI, Júlia										35:43.38	19,00
	50m:	32.62	550m:	36.03	1050m:	35.88	1550m:	36.25	2050m:	35.56	2550m:	35.28
	100m:	34.71	600m:	35.86	1100m:	36.19	1600m:	36.20	2100m:	35.64	2600m:	34.98
	150m:	35.86	650m:	35.78	1150m:	36.11	1650m:	35.90	2150m:	36.15	2650m:	35.64
	200m:	35.34	700m:	35.75	1200m:	35.66	1700m:	36.52	2200m:	36.21	2700m:	35.58
	250m:	35.60	750m:	35.69	1250m:	35.92	1750m:	36.36	2250m:	36.01	2750m:	35.60
	300m:	35.83	800m:	35.79	1300m:	36.31	1800m:	35.32	2300m:	35.99	2800m:	35.52
	350m:	35.74	850m:	35.85	1350m:	36.29	1850m:	35.79	2350m:	36.00	2850m:	35.65
	400m:	35.58	900m:	36.05	1400m:	35.75	1900m:	36.10	2400m:	35.95	2900m:	35.46
	450m:	35.66	950m:	35.78	1450m:	36.45	1950m:	35.96	2450m:	35.34	2950m:	35.15
	500m:	35.38	1000m:	36.13	1500m:	36.03	2000m:	35.89	2500m:	35.62	3000m:	34.14

4.	OLIVEIRA LARA, Carolina										35:46.75	16,00
	50m:	33.51	550m:	35.46	1050m:	35.95	1550m:	36.24	2050m:	36.23	2550m:	36.33
	100m:	34.46	600m:	35.56	1100m:	35.55	1600m:	36.01	2100m:	35.99	2600m:	36.14
	150m:	35.11	650m:	35.53	1150m:	35.65	1650m:	35.90	2150m:	35.69	2650m:	36.24
	200m:	35.30	700m:	35.66	1200m:	35.93	1700m:	36.53	2200m:	36.47	2700m:	36.19
	250m:	35.26	750m:	35.82	1250m:	35.98	1750m:	36.13	2250m:	35.91	2750m:	36.14
	300m:	35.34	800m:	35.25	1300m:	36.07	1800m:	36.03	2300m:	36.50	2800m:	35.56
	350m:	35.17	850m:	35.56	1350m:	36.07	1850m:	35.89	2350m:	35.97	2850m:	35.30
	400m:	35.28	900m:	35.25	1400m:	36.38	1900m:	36.26	2400m:	36.31	2900m:	34.86
	450m:	35.51	950m:	35.65	1450m:	36.04	1950m:	36.10	2450m:	36.11	2950m:	37.13
	500m:	35.38	1000m:	35.66	1500m:	36.40	2000m:	36.22	2500m:	35.95	3000m:	34.68

Piscina 50m / Cronometratge Semi-automàtic

Prova 3, Fem., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY										Temps			
5.	VARET CANO, Audrey										06	C.N. L'Hospitalet	35:56.76	14,00
	50m:	33.71	550m:	35.36	1050m:	36.03	1550m:	35.64	2050m:	36.18	2550m:	37.61		
	100m:	34.33	600m:	35.33	1100m:	35.79	1600m:	35.67	2100m:	36.34	2600m:	37.44		
	150m:	34.97	650m:	35.38	1150m:	35.86	1650m:	35.90	2150m:	36.09	2650m:	35.84		
	200m:	35.32	700m:	35.21	1200m:	35.85	1700m:	36.00	2200m:	36.65	2700m:	36.61		
	250m:	35.04	750m:	35.63	1250m:	35.99	1750m:	36.44	2250m:	36.84	2750m:	36.31		
	300m:	35.10	800m:	35.03	1300m:	36.52	1800m:	36.42	2300m:	36.29	2800m:	36.23		
	350m:	35.20	850m:	35.73	1350m:	36.29	1850m:	36.25	2350m:	37.20	2850m:	35.99		
	400m:	35.04	900m:	35.70	1400m:	36.61	1900m:	36.04	2400m:	37.88	2900m:	36.01		
	450m:	35.35	950m:	35.77	1450m:	35.81	1950m:	36.57	2450m:	37.53	2950m:	35.54		
	500m:	35.17	1000m:	36.23	1500m:	35.57	2000m:	36.62	2500m:	37.16	3000m:	34.55		
6.	RIUS PELLEJA, Abril										04	C.N. Tarraco	36:00.86	19,00
	50m:	33.89	550m:	35.70	1050m:	36.50	1550m:	35.92	2050m:	35.65	2550m:	36.50		
	100m:	35.07	600m:	35.74	1100m:	36.21	1600m:	36.55	2100m:	35.61	2600m:	36.39		
	150m:	34.79	650m:	35.56	1150m:	36.37	1650m:	36.85	2150m:	36.12	2650m:	36.49		
	200m:	35.16	700m:	35.74	1200m:	36.17	1700m:	36.52	2200m:	35.75	2700m:	35.80		
	250m:	35.20	750m:	35.91	1250m:	36.39	1750m:	36.54	2250m:	36.45	2750m:	36.20		
	300m:	35.59	800m:	35.86	1300m:	36.23	1800m:	36.44	2300m:	36.72	2800m:	35.99		
	350m:	35.33	850m:	36.03	1350m:	36.61	1850m:	37.10	2350m:	36.57	2850m:	35.68		
	400m:	35.55	900m:	35.67	1400m:	36.19	1900m:	36.50	2400m:	36.28	2900m:	35.81		
	450m:	35.20	950m:	36.11	1450m:	36.49	1950m:	36.42	2450m:	37.08	2950m:	35.55		
	500m:	35.63	1000m:	36.11	1500m:	36.78	2000m:	36.85	2500m:	36.12	3000m:	34.63		
7.	HUERTAS FERRE, Maria										07	C.N. Tarraco	36:17.83	13,00
	50m:	33.16	550m:	35.83	1050m:	36.27	1550m:	36.53	2050m:	37.13	2550m:	37.07		
	100m:	34.70	600m:	36.02	1100m:	36.16	1600m:	36.58	2100m:	36.71	2600m:	36.83		
	150m:	35.10	650m:	36.16	1150m:	36.94	1650m:	36.79	2150m:	37.11	2650m:	36.30		
	200m:	35.59	700m:	35.97	1200m:	36.40	1700m:	37.10	2200m:	37.11	2700m:	36.45		
	250m:	35.62	750m:	35.90	1250m:	36.12	1750m:	37.05	2250m:	37.07	2750m:	36.68		
	300m:	35.62	800m:	35.93	1300m:	36.20	1800m:	36.77	2300m:	36.76	2800m:	36.38		
	350m:	35.41	850m:	36.13	1350m:	36.59	1850m:	37.16	2350m:	36.94	2850m:	36.46		
	400m:	35.91	900m:	36.00	1400m:	36.40	1900m:	37.05	2400m:	37.27	2900m:	36.04		
	450m:	35.82	950m:	35.99	1450m:	36.66	1950m:	37.11	2450m:	36.70	2950m:	35.04		
	500m:	35.81	1000m:	36.21	1500m:	36.77	2000m:	37.20	2500m:	37.28	3000m:	33.77		
8.	RODRIGUEZ SANTAULARIA, Laura										02	C.N. Barcelona	36:18.09	16,00
	50m:	33.03	550m:	35.52	1050m:	35.99	1550m:	36.18	2050m:	36.09	2550m:	37.77		
	100m:	34.93	600m:	35.85	1100m:	36.46	1600m:	36.34	2100m:	36.13	2600m:	37.31		
	150m:	35.02	650m:	35.73	1150m:	36.47	1650m:	36.79	2150m:	36.53	2650m:	37.55		
	200m:	35.04	700m:	36.10	1200m:	36.12	1700m:	36.62	2200m:	37.06	2700m:	37.53		
	250m:	35.42	750m:	36.00	1250m:	36.38	1750m:	36.41	2250m:	36.98	2750m:	37.01		
	300m:	35.15	800m:	36.16	1300m:	36.39	1800m:	36.81	2300m:	36.85	2800m:	37.45		
	350m:	35.19	850m:	35.94	1350m:	36.66	1850m:	36.79	2350m:	36.98	2850m:	37.41		
	400m:	35.76	900m:	35.93	1400m:	36.22	1900m:	36.83	2400m:	37.59	2900m:	37.03		
	450m:	35.42	950m:	36.13	1450m:	36.60	1950m:	36.50	2450m:	37.81	2950m:	35.63		
	500m:	35.50	1000m:	36.17	1500m:	36.64	2000m:	36.65	2500m:	37.80	3000m:	33.74		
9.	MORERA PUJOLAR, Júlia										05	C.N. Olot	36:40.11	16,00
	50m:	33.64	550m:	36.18	1050m:	36.60	1550m:	36.46	2050m:	36.36	2550m:	37.17		
	100m:	35.37	600m:	36.33	1100m:	36.71	1600m:	37.83	2100m:	36.50	2600m:	38.60		
	150m:	35.81	650m:	36.44	1150m:	36.55	1650m:	36.91	2150m:	37.41	2650m:	36.99		
	200m:	36.20	700m:	36.52	1200m:	36.77	1700m:	36.89	2200m:	36.62	2700m:	36.81		
	250m:	35.78	750m:	36.36	1250m:	36.13	1750m:	36.75	2250m:	37.52	2750m:	37.18		
	300m:	36.19	800m:	36.35	1300m:	36.46	1800m:	37.29	2300m:	38.17	2800m:	37.28		
	350m:	36.34	850m:	36.45	1350m:	36.67	1850m:	37.07	2350m:	37.36	2850m:	36.97		
	400m:	36.29	900m:	36.54	1400m:	37.37	1900m:	37.60	2400m:	36.15	2900m:	37.13		
	450m:	35.99	950m:	36.26	1450m:	37.54	1950m:	36.88	2450m:	36.73	2950m:	36.47		
	500m:	35.93	1000m:	36.34	1500m:	36.63	2000m:	38.14	2500m:	36.97	3000m:	35.16		

Prova 3, Fem., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY										Temps			
10.	MAESTRO LORENZO, Alba										02	C.N. L'Hospitalet	36:50.63	14,00
	50m:	34.76	550m:	36.65	1050m:	36.53	1550m:	37.07	2050m:	37.21	2550m:	37.37		
	100m:	35.77	600m:	36.59	1100m:	36.45	1600m:	37.38	2100m:	37.21	2600m:	37.57		
	150m:	36.04	650m:	36.23	1150m:	36.62	1650m:	37.35	2150m:	37.28	2650m:	37.53		
	200m:	36.36	700m:	36.22	1200m:	36.43	1700m:	37.08	2200m:	37.31	2700m:	37.98		
	250m:	36.18	750m:	36.44	1250m:	36.59	1750m:	37.21	2250m:	37.45	2750m:	37.58		
	300m:	36.26	800m:	36.32	1300m:	36.67	1800m:	37.17	2300m:	37.58	2800m:	37.30		
	350m:	36.42	850m:	36.20	1350m:	36.81	1850m:	37.32	2350m:	37.61	2850m:	37.80		
	400m:	36.32	900m:	36.44	1400m:	36.73	1900m:	37.43	2400m:	37.81	2900m:	37.19		
	450m:	36.06	950m:	36.40	1450m:	36.88	1950m:	37.51	2450m:	37.51	2950m:	36.66		
	500m:	36.56	1000m:	36.44	1500m:	36.94	2000m:	37.18	2500m:	37.59	3000m:	35.08		
11.	ROCA FORTUNY, Marina										05	C.N. Cervera	36:51.75	14,00
	50m:	34.82	550m:	36.85	1050m:	36.76	1550m:	36.86	2050m:	36.93	2550m:	36.90		
	100m:	36.30	600m:	36.70	1100m:	36.64	1600m:	36.83	2100m:	37.40	2600m:	37.00		
	150m:	36.17	650m:	36.75	1150m:	36.51	1650m:	37.15	2150m:	37.54	2650m:	36.96		
	200m:	36.65	700m:	36.96	1200m:	36.46	1700m:	37.22	2200m:	37.19	2700m:	36.66		
	250m:	36.11	750m:	36.32	1250m:	36.57	1750m:	37.66	2250m:	37.49	2750m:	37.00		
	300m:	36.62	800m:	37.13	1300m:	36.72	1800m:	37.60	2300m:	36.77	2800m:	37.06		
	350m:	36.68	850m:	36.49	1350m:	36.57	1850m:	37.43	2350m:	36.94	2850m:	37.46		
	400m:	36.75	900m:	36.68	1400m:	36.86	1900m:	37.26	2400m:	37.04	2900m:	37.67		
	450m:	36.61	950m:	36.93	1450m:	37.46	1950m:	37.22	2450m:	36.68	2950m:	37.34		
	500m:	36.63	1000m:	36.91	1500m:	36.83	2000m:	36.62	2500m:	36.70	3000m:	36.73		
12.	GABRIEL GOMEZ, Clara										06	C.N. Sabadell	37:00.57	12,00
	50m:	35.00	550m:	36.63	1050m:	37.51	1550m:	37.77	2050m:	37.52	2550m:	36.78		
	100m:	35.87	600m:	36.85	1100m:	37.29	1600m:	37.53	2100m:	37.48	2600m:	37.17		
	150m:	36.30	650m:	36.55	1150m:	37.37	1650m:	37.45	2150m:	37.72	2650m:	37.10		
	200m:	35.97	700m:	36.09	1200m:	37.55	1700m:	37.38	2200m:	37.35	2700m:	37.72		
	250m:	36.02	750m:	36.58	1250m:	37.24	1750m:	37.25	2250m:	37.63	2750m:	37.49		
	300m:	36.38	800m:	36.28	1300m:	37.47	1800m:	37.32	2300m:	37.48	2800m:	37.45		
	350m:	36.12	850m:	36.54	1350m:	37.08	1850m:	37.13	2350m:	37.32	2850m:	37.58		
	400m:	36.18	900m:	36.73	1400m:	37.36	1900m:	37.14	2400m:	37.34	2900m:	37.44		
	450m:	36.39	950m:	36.91	1450m:	37.23	1950m:	37.32	2450m:	37.18	2950m:	37.22		
	500m:	36.55	1000m:	37.06	1500m:	37.81	2000m:	37.10	2500m:	36.83	3000m:	36.47		
13.	MARGUÍ SOLÀ, Núria										05	C.N. Olot	37:05.01	13,00
	50m:	34.51	550m:	35.89	1050m:	37.20	1550m:	37.29	2050m:	37.37	2550m:	38.30		
	100m:	35.80	600m:	36.11	1100m:	37.06	1600m:	37.60	2100m:	37.65	2600m:	38.61		
	150m:	36.28	650m:	36.49	1150m:	37.64	1650m:	37.50	2150m:	37.43	2650m:	37.88		
	200m:	35.67	700m:	36.39	1200m:	37.32	1700m:	37.17	2200m:	37.89	2700m:	38.28		
	250m:	35.91	750m:	36.48	1250m:	37.29	1750m:	37.59	2250m:	37.58	2750m:	38.05		
	300m:	35.72	800m:	36.89	1300m:	37.34	1800m:	37.49	2300m:	38.19	2800m:	38.05		
	350m:	35.33	850m:	36.65	1350m:	37.49	1850m:	37.18	2350m:	37.85	2850m:	38.15		
	400m:	35.62	900m:	36.90	1400m:	37.52	1900m:	37.34	2400m:	37.92	2900m:	37.36		
	450m:	35.91	950m:	36.80	1450m:	37.17	1950m:	37.34	2450m:	38.19	2950m:	36.86		
	500m:	35.97	1000m:	37.19	1500m:	37.48	2000m:	37.81	2500m:	37.36	3000m:	35.71		
14.	FERNANDEZ ROSELLO, Noa										06	C.N. Sabadell	37:05.23	11,00
	50m:	35.10	550m:	36.68	1050m:	36.93	1550m:	37.41	2050m:	37.60	2550m:	37.53		
	100m:	36.24	600m:	37.01	1100m:	36.86	1600m:	37.53	2100m:	37.12	2600m:	37.67		
	150m:	36.36	650m:	37.33	1150m:	36.73	1650m:	36.55	2150m:	37.41	2650m:	37.18		
	200m:	36.86	700m:	36.41	1200m:	37.49	1700m:	37.08	2200m:	37.52	2700m:	37.02		
	250m:	36.87	750m:	37.13	1250m:	37.16	1750m:	37.07	2250m:	37.71	2750m:	36.96		
	300m:	36.72	800m:	36.85	1300m:	36.95	1800m:	37.01	2300m:	37.70	2800m:	37.27		
	350m:	36.84	850m:	36.91	1350m:	37.15	1850m:	37.10	2350m:	37.86	2850m:	36.94		
	400m:	36.82	900m:	36.85	1400m:	37.37	1900m:	37.12	2400m:	38.45	2900m:	36.86		
	450m:	36.80	950m:	36.68	1450m:	37.78	1950m:	37.18	2450m:	37.73	2950m:	36.92		
	500m:	36.79	1000m:	36.94	1500m:	37.32	2000m:	37.04	2500m:	38.29	3000m:	36.47		

Prova 3, Fem., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY										Temps	
15.	RODRÍGUEZ SANTAULARIA, Jéssica 06 C.N. Barcelona										37:18.57	10,00
	50m:	34.92	550m:	36.91	1050m:	37.10	1550m:	37.49	2050m:	37.92	2550m:	38.29
	100m:	35.83	600m:	36.82	1100m:	37.02	1600m:	37.07	2100m:	37.86	2600m:	38.42
	150m:	36.10	650m:	36.96	1150m:	37.38	1650m:	37.22	2150m:	38.13	2650m:	38.42
	200m:	36.06	700m:	36.97	1200m:	37.21	1700m:	37.43	2200m:	38.21	2700m:	37.92
	250m:	36.15	750m:	37.02	1250m:	37.11	1750m:	37.55	2250m:	38.07	2750m:	37.77
	300m:	36.32	800m:	37.08	1300m:	36.90	1800m:	37.54	2300m:	38.28	2800m:	37.50
	350m:	36.70	850m:	37.14	1350m:	36.69	1850m:	38.08	2350m:	38.29	2850m:	38.12
	400m:	36.75	900m:	37.22	1400m:	37.13	1900m:	37.91	2400m:	38.67	2900m:	37.32
	450m:	36.66	950m:	36.82	1450m:	37.09	1950m:	37.84	2450m:	38.50	2950m:	36.98
	500m:	36.76	1000m:	36.71	1500m:	37.20	2000m:	37.84	2500m:	38.35	3000m:	36.85
16.	DEL RIO SANTAMARIA, Jana 05 C.N. Mataró										37:22.27	12,00
	50m:	34.99	550m:	37.03	1050m:	37.27	1550m:	37.82	2050m:	38.12	2550m:	37.32
	100m:	36.04	600m:	36.94	1100m:	37.43	1600m:	37.60	2100m:	37.44	2600m:	37.31
	150m:	36.52	650m:	37.22	1150m:	37.84	1650m:	37.94	2150m:	37.64	2650m:	37.18
	200m:	36.78	700m:	37.16	1200m:	37.40	1700m:	38.06	2200m:	37.86	2700m:	37.12
	250m:	36.75	750m:	37.03	1250m:	37.88	1750m:	38.10	2250m:	37.74	2750m:	37.03
	300m:	36.75	800m:	37.21	1300m:	37.57	1800m:	37.80	2300m:	37.69	2800m:	37.21
	350m:	37.09	850m:	37.37	1350m:	37.53	1850m:	37.76	2350m:	37.24	2850m:	37.23
	400m:	36.89	900m:	37.12	1400m:	37.68	1900m:	38.18	2400m:	37.65	2900m:	37.04
	450m:	36.94	950m:	37.39	1450m:	38.14	1950m:	38.24	2450m:	37.59	2950m:	37.09
	500m:	36.97	1000m:	37.39	1500m:	37.73	2000m:	38.42	2500m:	37.79	3000m:	37.01
17.	ORTIZ MARTINEZ, Ainhoa 03 C.N. L'Hospitalet										37:22.48	13,00
	50m:	35.09	550m:	37.35	1050m:	37.17	1550m:	37.95	2050m:	36.11	2550m:	38.03
	100m:	35.87	600m:	37.18	1100m:	36.62	1600m:	37.06	2100m:	37.54	2600m:	38.04
	150m:	36.21	650m:	37.49	1150m:	37.22	1650m:	37.50	2150m:	38.71	2650m:	38.61
	200m:	36.75	700m:	37.56	1200m:	37.03	1700m:	37.22	2200m:	38.32	2700m:	38.73
	250m:	36.79	750m:	37.25	1250m:	37.36	1750m:	37.47	2250m:	38.54	2750m:	38.27
	300m:	37.37	800m:	36.67	1300m:	37.90	1800m:	37.30	2300m:	37.79	2800m:	37.82
	350m:	36.91	850m:	37.22	1350m:	37.70	1850m:	37.35	2350m:	37.85	2850m:	38.12
	400m:	36.90	900m:	37.32	1400m:	37.35	1900m:	37.51	2400m:	38.06	2900m:	37.29
	450m:	37.59	950m:	36.74	1450m:	38.00	1950m:	37.60	2450m:	37.75	2950m:	36.74
	500m:	36.81	1000m:	36.57	1500m:	38.15	2000m:	37.66	2500m:	38.11	3000m:	35.29
18.	VILLAR MARINA, Ona 07 C.N. Esplugues										37:42.79	9,00
	50m:	35.15	550m:	36.44	1050m:	37.21	1550m:	38.20	2050m:	38.24	2550m:	39.16
	100m:	35.53	600m:	36.53	1100m:	37.50	1600m:	38.11	2100m:	38.47	2600m:	39.10
	150m:	35.61	650m:	36.24	1150m:	37.59	1650m:	38.01	2150m:	38.76	2650m:	39.09
	200m:	36.07	700m:	36.59	1200m:	37.95	1700m:	38.34	2200m:	38.80	2700m:	38.39
	250m:	36.41	750m:	37.16	1250m:	37.84	1750m:	38.95	2250m:	39.34	2750m:	38.54
	300m:	36.08	800m:	37.07	1300m:	38.09	1800m:	38.91	2300m:	38.82	2800m:	37.87
	350m:	36.42	850m:	36.85	1350m:	38.20	1850m:	38.03	2350m:	39.31	2850m:	37.54
	400m:	36.21	900m:	37.00	1400m:	38.30	1900m:	38.48	2400m:	38.72	2900m:	38.26
	450m:	36.32	950m:	37.43	1450m:	38.22	1950m:	38.75	2450m:	39.32	2950m:	37.01
	500m:	36.70	1000m:	37.02	1500m:	38.46	2000m:	38.61	2500m:	39.11	3000m:	36.36
19.	VALLS PLAZA, Ariadna 06 C.N. Sant Andreu										37:43.35	8,00
	50m:	34.68	550m:	37.05	1050m:	37.46	1550m:	38.33	2050m:	37.72	2550m:	38.18
	100m:	36.15	600m:	37.07	1100m:	37.74	1600m:	37.97	2100m:	37.80	2600m:	38.36
	150m:	36.40	650m:	37.11	1150m:	38.03	1650m:	38.39	2150m:	37.76	2650m:	38.61
	200m:	36.67	700m:	37.05	1200m:	38.23	1700m:	38.57	2200m:	38.71	2700m:	38.53
	250m:	36.52	750m:	37.62	1250m:	37.72	1750m:	38.11	2250m:	37.90	2750m:	38.26
	300m:	36.56	800m:	37.49	1300m:	37.97	1800m:	38.02	2300m:	37.96	2800m:	37.97
	350m:	36.59	850m:	37.94	1350m:	38.63	1850m:	38.62	2350m:	38.29	2850m:	37.75
	400m:	36.59	900m:	38.04	1400m:	38.22	1900m:	37.82	2400m:	38.40	2900m:	37.81
	450m:	36.68	950m:	38.10	1450m:	38.30	1950m:	37.95	2450m:	38.45	2950m:	37.86
	500m:	37.01	1000m:	38.01	1500m:	38.60	2000m:	37.72	2500m:	38.45	3000m:	36.85

Prova 3, Fem., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY										Temps			
20.	TORRUBIANO GONZALEZ, Aina										04	C.E.N. Balaguer	37:59.19	11,00
	50m:	34.69	550m:	37.12	1050m:	38.02	1550m:	38.47	2050m:	39.04	2550m:	38.95		
	100m:	36.30	600m:	37.29	1100m:	38.20	1600m:	38.60	2100m:	38.41	2600m:	38.62		
	150m:	36.65	650m:	37.31	1150m:	38.33	1650m:	37.95	2150m:	38.38	2650m:	38.97		
	200m:	36.50	700m:	37.45	1200m:	38.08	1700m:	38.34	2200m:	38.40	2700m:	38.89		
	250m:	36.82	750m:	37.97	1250m:	38.16	1750m:	38.48	2250m:	38.65	2750m:	38.97		
	300m:	37.24	800m:	36.92	1300m:	38.36	1800m:	38.66	2300m:	38.98	2800m:	38.61		
	350m:	37.20	850m:	37.46	1350m:	38.28	1850m:	38.49	2350m:	38.95	2850m:	38.43		
	400m:	36.79	900m:	37.65	1400m:	38.08	1900m:	38.69	2400m:	38.97	2900m:	39.27		
	450m:	37.25	950m:	37.77	1450m:	37.90	1950m:	38.19	2450m:	38.41	2950m:	38.49		
	500m:	37.26	1000m:	38.39	1500m:	37.90	2000m:	38.49	2500m:	38.51	3000m:	35.59		
21.	SURROCA RIOL, Gemma										05	C.N. Olot	39:08.14	10,00
	50m:	34.97	550m:	38.46	1050m:	39.29	1550m:	39.34	2050m:	39.10	2550m:	38.95		
	100m:	37.17	600m:	38.75	1100m:	40.29	1600m:	40.54	2100m:	39.43	2600m:	39.42		
	150m:	37.57	650m:	38.35	1150m:	39.13	1650m:	40.52	2150m:	40.92	2650m:	39.33		
	200m:	37.80	700m:	38.54	1200m:	39.02	1700m:	39.45	2200m:	39.31	2700m:	39.73		
	250m:	37.93	750m:	38.65	1250m:	38.96	1750m:	39.37	2250m:	39.99	2750m:	40.17		
	300m:	37.92	800m:	38.99	1300m:	39.60	1800m:	39.69	2300m:	39.96	2800m:	39.72		
	350m:	38.10	850m:	38.56	1350m:	38.52	1850m:	40.69	2350m:	39.54	2850m:	39.31		
	400m:	38.50	900m:	39.09	1400m:	39.24	1900m:	40.50	2400m:	39.95	2900m:	38.56		
	450m:	37.93	950m:	40.34	1450m:	39.58	1950m:	40.24	2450m:	39.67	2950m:	38.50		
	500m:	38.56	1000m:	39.02	1500m:	39.27	2000m:	40.39	2500m:	39.74	3000m:	38.01		
22.	SANCHEZ BARBERO, Irene										05	C.N. Atl Barceloneta	39:11.44	9,00
	50m:	35.80	550m:	38.71	1050m:	39.66	1550m:	39.98	2050m:	39.35	2550m:	40.02		
	100m:	37.37	600m:	38.87	1100m:	38.89	1600m:	40.07	2100m:	39.34	2600m:	39.85		
	150m:	38.24	650m:	38.66	1150m:	39.31	1650m:	39.95	2150m:	39.83	2650m:	39.52		
	200m:	38.54	700m:	38.77	1200m:	39.09	1700m:	39.66	2200m:	39.71	2700m:	39.44		
	250m:	38.59	750m:	38.93	1250m:	39.50	1750m:	39.47	2250m:	39.45	2750m:	39.45		
	300m:	38.44	800m:	38.58	1300m:	39.87	1800m:	39.76	2300m:	39.15	2800m:	39.59		
	350m:	38.85	850m:	39.00	1350m:	39.25	1850m:	39.39	2350m:	39.50	2850m:	39.68		
	400m:	38.57	900m:	38.97	1400m:	39.26	1900m:	39.64	2400m:	39.71	2900m:	39.58		
	450m:	38.54	950m:	39.10	1450m:	39.05	1950m:	39.13	2450m:	40.16	2950m:	38.22		
	500m:	38.96	1000m:	39.54	1500m:	40.18	2000m:	40.03	2500m:	39.47	3000m:	38.25		
23.	PRUNES ARNAU, Jana										07	C.N. Mataró	39:26.41	7,00
	50m:	36.43	550m:	38.99	1050m:	39.44	1550m:	39.83	2050m:	40.06	2550m:	40.14		
	100m:	37.53	600m:	39.44	1100m:	38.90	1600m:	39.74	2100m:	39.83	2600m:	40.15		
	150m:	38.75	650m:	39.47	1150m:	39.38	1650m:	39.55	2150m:	40.22	2650m:	39.16		
	200m:	38.73	700m:	38.78	1200m:	39.56	1700m:	39.45	2200m:	40.34	2700m:	39.85		
	250m:	38.87	750m:	39.14	1250m:	39.62	1750m:	39.54	2250m:	40.64	2750m:	39.24		
	300m:	39.07	800m:	39.26	1300m:	39.66	1800m:	39.56	2300m:	40.28	2800m:	39.84		
	350m:	38.66	850m:	39.26	1350m:	39.50	1850m:	39.79	2350m:	40.08	2850m:	40.10		
	400m:	39.32	900m:	39.05	1400m:	39.07	1900m:	39.97	2400m:	40.12	2900m:	39.75		
	450m:	39.21	950m:	39.43	1450m:	39.59	1950m:	39.82	2450m:	40.36	2950m:	39.93		
	500m:	38.85	1000m:	38.95	1500m:	40.09	2000m:	39.85	2500m:	40.47	3000m:	36.75		
24.	BUSQUETS DOMÈNECH, Mar										07	C.N. Olot	39:30.90	6,00
	50m:	36.37	550m:	38.69	1050m:	40.11	1550m:	40.24	2050m:	39.50	2550m:	39.62		
	100m:	37.81	600m:	38.85	1100m:	40.19	1600m:	40.09	2100m:	39.41	2600m:	40.17		
	150m:	38.26	650m:	39.55	1150m:	39.93	1650m:	40.18	2150m:	40.51	2650m:	39.16		
	200m:	38.48	700m:	39.44	1200m:	40.24	1700m:	40.21	2200m:	39.45	2700m:	39.27		
	250m:	38.63	750m:	39.41	1250m:	39.67	1750m:	40.28	2250m:	40.08	2750m:	39.16		
	300m:	38.71	800m:	39.24	1300m:	40.21	1800m:	40.28	2300m:	39.61	2800m:	38.86		
	350m:	38.68	850m:	39.97	1350m:	40.25	1850m:	39.63	2350m:	40.08	2850m:	38.81		
	400m:	38.52	900m:	40.01	1400m:	40.00	1900m:	40.47	2400m:	40.81	2900m:	39.54		
	450m:	38.53	950m:	39.73	1450m:	40.14	1950m:	39.70	2450m:	40.48	2950m:	37.88		
	500m:	38.34	1000m:	40.25	1500m:	40.38	2000m:	40.42	2500m:	40.56	3000m:	37.85		

Prova 3, Fem., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY										Temps			
25.	HERRERA CASTILLON, Alba										07	C.N. Premià	39:37.58	5,00
	50m:	35.79	550m:	38.98	1050m:	39.91	1550m:	39.91	2050m:	40.27	2550m:	40.35		
	100m:	37.44	600m:	38.86	1100m:	39.64	1600m:	40.10	2100m:	39.72	2600m:	40.95		
	150m:	38.21	650m:	38.97	1150m:	39.65	1650m:	40.33	2150m:	40.49	2650m:	40.41		
	200m:	38.56	700m:	38.91	1200m:	39.42	1700m:	40.79	2200m:	40.81	2700m:	40.16		
	250m:	37.90	750m:	39.06	1250m:	39.84	1750m:	40.16	2250m:	40.97	2750m:	39.61		
	300m:	38.23	800m:	39.32	1300m:	39.60	1800m:	40.18	2300m:	40.49	2800m:	39.90		
	350m:	38.26	850m:	39.38	1350m:	40.03	1850m:	40.39	2350m:	40.42	2850m:	39.41		
	400m:	38.60	900m:	39.37	1400m:	39.93	1900m:	40.58	2400m:	40.89	2900m:	39.30		
	450m:	38.42	950m:	39.48	1450m:	40.18	1950m:	40.30	2450m:	40.74	2950m:	39.46		
	500m:	38.77	1000m:	39.63	1500m:	40.63	2000m:	40.57	2500m:	40.76	3000m:	38.19		
26.	MARZO LOREN, Aina										06	C.N. Atl Barceloneta	40:03.83	4,00
	50m:	36.56	550m:	40.57	1050m:	40.30	1550m:	40.29	2050m:	40.69	2550m:	40.61		
	100m:	38.06	600m:	39.88	1100m:	40.43	1600m:	40.40	2100m:	39.93	2600m:	40.68		
	150m:	38.30	650m:	40.14	1150m:	39.92	1650m:	40.18	2150m:	39.44	2650m:	40.78		
	200m:	38.28	700m:	40.04	1200m:	40.81	1700m:	40.51	2200m:	39.71	2700m:	40.57		
	250m:	38.54	750m:	40.43	1250m:	40.60	1750m:	40.27	2250m:	39.54	2750m:	40.54		
	300m:	38.44	800m:	40.80	1300m:	40.90	1800m:	40.55	2300m:	39.92	2800m:	40.06		
	350m:	38.39	850m:	40.42	1350m:	40.77	1850m:	40.87	2350m:	40.82	2850m:	39.54		
	400m:	38.52	900m:	40.86	1400m:	40.23	1900m:	41.16	2400m:	41.52	2900m:	39.49		
	450m:	39.23	950m:	40.57	1450m:	40.63	1950m:	41.00	2450m:	41.10	2950m:	39.06		
	500m:	40.33	1000m:	40.44	1500m:	40.63	2000m:	40.81	2500m:	41.10	3000m:	38.67		
27.	MONTERO MARTINEZ, Rebeca										06	C.N. L'Hospitalet	41:11.83	3,00
	50m:	38.33	550m:	41.66	1050m:	41.65	1550m:	42.24	2050m:	40.93	2550m:	41.89		
	100m:	40.04	600m:	41.26	1100m:	41.29	1600m:	41.75	2100m:	41.49	2600m:	41.65		
	150m:	40.74	650m:	40.60	1150m:	41.11	1650m:	41.97	2150m:	41.48	2650m:	40.25		
	200m:	40.89	700m:	40.75	1200m:	41.45	1700m:	41.79	2200m:	41.33	2700m:	41.37		
	250m:	40.89	750m:	41.46	1250m:	41.53	1750m:	41.31	2250m:	41.76	2750m:	41.56		
	300m:	40.52	800m:	40.88	1300m:	41.91	1800m:	41.38	2300m:	42.02	2800m:	41.29		
	350m:	41.01	850m:	41.33	1350m:	41.67	1850m:	41.31	2350m:	42.17	2850m:	41.14		
	400m:	41.11	900m:	41.43	1400m:	41.47	1900m:	40.85	2400m:	41.84	2900m:	41.73		
	450m:	41.17	950m:	39.78	1450m:	40.83	1950m:	41.34	2450m:	41.92	2950m:	40.12		
	500m:	41.28	1000m:	40.96	1500m:	41.64	2000m:	41.24	2500m:	41.55	3000m:	38.52		
28.	NET GOMEZ, Laia										06	C.N. L'Hospitalet	41:32.06	2,00
	50m:	38.88	550m:	41.99	1050m:	41.35	1550m:	41.47	2050m:	41.37	2550m:	41.55		
	100m:	40.19	600m:	41.78	1100m:	41.77	1600m:	41.06	2100m:	41.70	2600m:	41.56		
	150m:	40.92	650m:	41.61	1150m:	41.40	1650m:	41.47	2150m:	41.43	2650m:	41.67		
	200m:	41.39	700m:	41.54	1200m:	41.53	1700m:	41.67	2200m:	41.53	2700m:	41.67		
	250m:	42.14	750m:	41.94	1250m:	41.37	1750m:	41.47	2250m:	41.51	2750m:	41.64		
	300m:	41.98	800m:	41.98	1300m:	41.62	1800m:	41.32	2300m:	41.47	2800m:	41.83		
	350m:	41.70	850m:	41.94	1350m:	41.90	1850m:	41.03	2350m:	42.30	2850m:	41.77		
	400m:	41.36	900m:	41.39	1400m:	41.86	1900m:	41.56	2400m:	41.89	2900m:	41.42		
	450m:	41.86	950m:	41.74	1450m:	41.22	1950m:	41.33	2450m:	42.42	2950m:	41.19		
	500m:	41.92	1000m:	41.87	1500m:	41.15	2000m:	41.40	2500m:	41.97	3000m:	41.10		
29.	RODERO TRIGUERO, Miriam										07	C.N. Cerdanyola	41:45.56	1,00
	50m:	37.19	550m:	41.99	1050m:	42.60	1550m:	42.29	2050m:	43.01	2550m:	41.47		
	100m:	38.47	600m:	41.57	1100m:	41.92	1600m:	41.49	2100m:	41.48	2600m:	41.24		
	150m:	39.85	650m:	42.28	1150m:	42.19	1650m:	42.16	2150m:	41.55	2650m:	42.30		
	200m:	40.57	700m:	42.07	1200m:	42.32	1700m:	43.22	2200m:	41.96	2700m:	41.93		
	250m:	40.34	750m:	41.88	1250m:	42.64	1750m:	42.59	2250m:	42.33	2750m:	41.56		
	300m:	41.18	800m:	42.79	1300m:	42.36	1800m:	42.42	2300m:	41.96	2800m:	42.12		
	350m:	41.27	850m:	42.13	1350m:	42.57	1850m:	42.72	2350m:	42.23	2850m:	41.69		
	400m:	40.61	900m:	42.25	1400m:	42.71	1900m:	41.58	2400m:	42.33	2900m:	41.72		
	450m:	41.60	950m:	42.64	1450m:	42.54	1950m:	42.52	2450m:	43.13	2950m:	39.88		
	500m:	41.07	1000m:	42.48	1500m:	41.37	2000m:	42.98	2500m:	42.74	3000m:	37.51		



Prova 3, Fem., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY										Temps		
30.	VENDRELL GARCIA, Maria										41:47.35	-	
	50m:	37.10	550m:	41.50	1050m:	42.77	1550m:	41.88	2050m:	42.97	2550m:	41.84	
	100m:	38.84	600m:	41.35	1100m:	43.13	1600m:	41.14	2100m:	42.14	2600m:	41.84	
	150m:	39.84	650m:	41.29	1150m:	42.49	1650m:	42.02	2150m:	41.61	2650m:	41.61	
	200m:	40.65	700m:	41.60	1200m:	41.99	1700m:	42.98	2200m:	42.11	2700m:	42.64	
	250m:	40.87	750m:	42.08	1250m:	42.62	1750m:	42.44	2250m:	42.57	2750m:	41.49	
	300m:	41.00	800m:	42.05	1300m:	42.46	1800m:	42.22	2300m:	41.77	2800m:	42.63	
	350m:	40.82	850m:	42.42	1350m:	42.97	1850m:	42.85	2350m:	42.38	2850m:	41.40	
	400m:	40.81	900m:	42.69	1400m:	42.02	1900m:	43.32	2400m:	42.12	2900m:	41.77	
	450m:	40.81	950m:	42.61	1450m:	41.79	1950m:	42.38	2450m:	42.86	2950m:	40.71	
	500m:	41.67	1000m:	42.77	1500m:	41.12	2000m:	43.81	2500m:	41.46	3000m:	38.26	
BX	PINADELL SUÑER, Carla										05	C.N. Barcelona	-
BX	MARTI BALLESTER, Marilo										98	C.N. Mataró	-

Prova 4
2/12/2022 - 10:07

Masc., 3000m Lliure

Absolut, Júnior 2 i Júnior 1
Resultats

MMC Open	30:44.55	, Guillem Pujol Belmonte	00106	SABADELL	3/12/2021
MMC 18	32:00.47	, Eric Vilaregut De Mingo		Terrassa	20/1/2019
MMC 17	31:38.16	, Marcos Gil Corbacho		Sabadell	21/1/2017
MMC 16	32:31.00	, Albert Escrits Mañosa		Banyoles	30/11/2014

Classificació

ANY

Temps

Júnior 1 Fons Indoor

1. NEVADO RUIZ, Pablo		06	C.N. Sabadell	33:07.02	19,00
50m:	32.18	550m:	33.01	1050m:	33.77
100m:	33.44	600m:	32.79	1100m:	33.43
150m:	33.54	650m:	33.09	1150m:	33.47
200m:	33.36	700m:	33.52	1200m:	33.13
250m:	33.24	750m:	33.13	1250m:	32.88
300m:	33.27	800m:	33.19	1300m:	33.53
350m:	33.18	850m:	33.62	1350m:	33.11
400m:	33.44	900m:	33.69	1400m:	33.14
450m:	33.27	950m:	33.60	1450m:	33.44
500m:	33.17	1000m:	33.31	1500m:	32.97
				1550m:	33.28
				1600m:	33.78
				1650m:	33.17
				1700m:	33.02
				1750m:	33.35
				1800m:	33.67
				1850m:	33.47
				1900m:	33.91
				1950m:	33.38
				2000m:	33.76
				2050m:	33.04
				2100m:	33.45
				2150m:	33.94
				2200m:	33.51
				2250m:	33.14
				2300m:	33.21
				2350m:	32.53
				2400m:	33.47
				2450m:	33.53
				2500m:	33.60
				2550m:	32.86
				2600m:	31.93
				2650m:	32.92
				2700m:	32.73
				2750m:	32.69
				2800m:	32.02
				2850m:	32.34
				2900m:	32.12
				2950m:	31.75
				3000m:	29.54
2. JIMÉNEZ RÍSQUEZ, Alex		06	C.N. Caldes	33:14.05	16,00
50m:	32.09	550m:	32.77	1050m:	32.66
100m:	32.39	600m:	33.10	1100m:	32.87
150m:	32.86	650m:	33.17	1150m:	32.93
200m:	33.35	700m:	33.05	1200m:	33.28
250m:	33.60	750m:	33.11	1250m:	33.12
300m:	32.69	800m:	32.80	1300m:	33.09
350m:	32.26	850m:	32.59	1350m:	32.81
400m:	32.68	900m:	32.67	1400m:	33.02
450m:	32.92	950m:	32.53	1450m:	32.98
500m:	32.84	1000m:	32.81	1500m:	33.10
				1550m:	33.14
				1600m:	33.24
				1650m:	33.03
				1700m:	32.98
				1750m:	33.59
				1800m:	33.49
				1850m:	33.39
				1900m:	33.37
				1950m:	33.23
				2000m:	33.65
				2050m:	33.39
				2100m:	33.50
				2150m:	34.02
				2200m:	33.79
				2250m:	33.76
				2300m:	33.52
				2350m:	33.80
				2400m:	33.83
				2450m:	34.04
				2500m:	33.82
				2550m:	33.86
				2600m:	33.89
				2650m:	33.64
				2700m:	33.78
				2750m:	33.96
				2800m:	33.80
				2850m:	33.94
				2900m:	34.07
				2950m:	33.67
				3000m:	32.72
3. CASALS MAS, Èric		06	C.N. Vic-Etb	34:03.59	14,00
50m:	31.35	550m:	33.78	1050m:	34.01
100m:	32.61	600m:	32.87	1100m:	33.58
150m:	33.16	650m:	32.92	1150m:	34.52
200m:	33.29	700m:	33.73	1200m:	34.27
250m:	33.43	750m:	33.78	1250m:	34.48
300m:	33.33	800m:	33.82	1300m:	34.54
350m:	33.01	850m:	33.77	1350m:	34.64
400m:	33.18	900m:	33.56	1400m:	34.56
450m:	33.53	950m:	33.68	1450m:	34.45
500m:	33.25	1000m:	33.97	1500m:	34.63
				1550m:	34.69
				1600m:	34.41
				1650m:	34.50
				1700m:	34.78
				1750m:	34.37
				1800m:	34.07
				1850m:	34.14
				1900m:	34.06
				1950m:	34.67
				2000m:	34.43
				2050m:	34.19
				2100m:	34.25
				2150m:	34.30
				2200m:	34.81
				2250m:	34.24
				2300m:	34.44
				2350m:	34.52
				2400m:	34.83
				2450m:	34.67
				2500m:	34.87
				2550m:	35.01
				2600m:	34.44
				2650m:	34.71
				2700m:	34.84
				2750m:	34.49
				2800m:	34.71
				2850m:	35.07
				2900m:	34.42
				2950m:	35.03
				3000m:	31.93
4. TOSQUELLA VILARDOSA, Eudald		06	C.N. Cervera	34:38.85	13,00
50m:	34.10	550m:	34.93	1050m:	34.97
100m:	34.03	600m:	34.82	1100m:	35.45
150m:	34.55	650m:	34.60	1150m:	35.25
200m:	34.49	700m:	34.61	1200m:	34.98
250m:	34.80	750m:	34.87	1250m:	34.94
300m:	34.10	800m:	34.64	1300m:	35.58
350m:	36.03	850m:	34.82	1350m:	35.31
400m:	34.97	900m:	34.79	1400m:	34.95
450m:	35.47	950m:	34.95	1450m:	33.94
500m:	35.73	1000m:	34.98	1500m:	34.76
				1550m:	34.83
				1600m:	34.45
				1650m:	34.16
				1700m:	34.30
				1750m:	34.37
				1800m:	34.71
				1850m:	34.84
				1900m:	35.00
				1950m:	34.12
				2000m:	34.08
				2050m:	34.58
				2100m:	34.76
				2150m:	34.55
				2200m:	34.87
				2250m:	34.34
				2300m:	34.70
				2350m:	34.64
				2400m:	34.89
				2450m:	34.84
				2500m:	34.74
				2550m:	34.65
				2600m:	34.49
				2650m:	34.44
				2700m:	34.34
				2750m:	34.38
				2800m:	34.27
				2850m:	34.12
				2900m:	32.61
				2950m:	32.14
				3000m:	35.23

Piscina 50m / Cronometratge Semi-automàtic

Prova 4, Masc., 3000m Lliure, Júnior 1 Fons Indoor

Classificació	ANY										Temps	
5. CORONA EDO, Marc	07 C.N. Sabadell										34:42.93	12,00
50m:	31.38	550m:	34.67	1050m:	34.98	1550m:	34.36	2050m:	34.91	2550m:	34.83	
100m:	33.35	600m:	34.98	1100m:	34.94	1600m:	34.91	2100m:	34.76	2600m:	35.14	
150m:	33.74	650m:	35.41	1150m:	35.48	1650m:	34.81	2150m:	34.93	2650m:	35.08	
200m:	33.92	700m:	35.15	1200m:	35.05	1700m:	33.84	2200m:	34.16	2700m:	35.42	
250m:	34.32	750m:	34.96	1250m:	34.58	1750m:	34.65	2250m:	35.13	2750m:	35.21	
300m:	34.46	800m:	35.08	1300m:	35.27	1800m:	34.43	2300m:	35.02	2800m:	34.64	
350m:	34.58	850m:	35.42	1350m:	35.08	1850m:	34.63	2350m:	35.01	2850m:	34.71	
400m:	34.79	900m:	34.81	1400m:	34.48	1900m:	34.86	2400m:	34.69	2900m:	34.91	
450m:	34.72	950m:	34.85	1450m:	34.59	1950m:	34.81	2450m:	34.96	2950m:	34.59	
500m:	34.76	1000m:	34.91	1500m:	35.47	2000m:	35.00	2500m:	34.69	3000m:	33.66	
6. ARJO DELGADO, Sergi	06 C.N. Lleida										35:01.58	11,00
50m:	33.49	550m:	34.69	1050m:	34.80	1550m:	35.09	2050m:	35.33	2550m:	35.60	
100m:	34.42	600m:	35.07	1100m:	34.58	1600m:	35.30	2100m:	35.63	2600m:	35.63	
150m:	34.68	650m:	34.97	1150m:	34.86	1650m:	35.64	2150m:	35.49	2650m:	35.53	
200m:	35.04	700m:	34.68	1200m:	34.61	1700m:	35.58	2200m:	35.27	2700m:	35.60	
250m:	34.55	750m:	34.84	1250m:	34.99	1750m:	35.47	2250m:	35.12	2750m:	35.88	
300m:	34.65	800m:	34.92	1300m:	34.87	1800m:	35.32	2300m:	35.42	2800m:	35.76	
350m:	34.59	850m:	34.84	1350m:	34.67	1850m:	35.55	2350m:	34.98	2850m:	35.76	
400m:	34.68	900m:	34.52	1400m:	34.98	1900m:	35.71	2400m:	35.39	2900m:	34.99	
450m:	34.94	950m:	34.95	1450m:	34.85	1950m:	35.19	2450m:	34.96	2950m:	34.91	
500m:	34.86	1000m:	34.55	1500m:	34.36	2000m:	35.46	2500m:	35.51	3000m:	33.01	
7. MICHANS BURGUÉS, Àlex	07 C.N. Lleida										35:15.21	10,00
50m:	34.08	550m:	35.17	1050m:	34.20	1550m:	35.16	2050m:	35.58	2550m:	36.11	
100m:	34.54	600m:	34.81	1100m:	35.13	1600m:	35.18	2100m:	35.41	2600m:	35.43	
150m:	34.92	650m:	34.68	1150m:	35.43	1650m:	35.00	2150m:	35.78	2650m:	35.44	
200m:	35.06	700m:	35.04	1200m:	35.30	1700m:	35.46	2200m:	36.09	2700m:	35.88	
250m:	35.70	750m:	34.73	1250m:	35.20	1750m:	35.04	2250m:	35.67	2750m:	35.87	
300m:	35.22	800m:	34.70	1300m:	35.09	1800m:	35.62	2300m:	35.43	2800m:	36.15	
350m:	35.03	850m:	34.86	1350m:	35.51	1850m:	35.11	2350m:	35.43	2850m:	36.04	
400m:	34.60	900m:	35.04	1400m:	35.11	1900m:	35.57	2400m:	35.07	2900m:	35.03	
450m:	35.16	950m:	34.77	1450m:	35.30	1950m:	35.77	2450m:	34.99	2950m:	35.41	
500m:	35.27	1000m:	35.18	1500m:	35.55	2000m:	35.23	2500m:	36.10	3000m:	34.78	
8. NAVARRO GALAN, Marc	07 C.N. Viladecans										35:37.29	9,00
50m:	32.63	550m:	35.61	1050m:	35.80	1550m:	36.04	2050m:	36.00	2550m:	35.81	
100m:	33.90	600m:	35.49	1100m:	35.90	1600m:	35.79	2100m:	35.82	2600m:	35.79	
150m:	34.86	650m:	35.75	1150m:	36.08	1650m:	35.52	2150m:	35.75	2650m:	35.98	
200m:	35.11	700m:	36.09	1200m:	35.57	1700m:	36.21	2200m:	36.06	2700m:	35.91	
250m:	35.13	750m:	35.81	1250m:	35.65	1750m:	35.76	2250m:	36.47	2750m:	37.05	
300m:	34.93	800m:	35.96	1300m:	35.67	1800m:	35.85	2300m:	36.46	2800m:	35.83	
350m:	35.22	850m:	35.77	1350m:	35.90	1850m:	35.73	2350m:	35.93	2850m:	35.49	
400m:	35.46	900m:	35.65	1400m:	35.44	1900m:	35.99	2400m:	36.67	2900m:	34.86	
450m:	35.43	950m:	35.84	1450m:	35.52	1950m:	36.39	2450m:	35.95	2950m:	34.58	
500m:	35.52	1000m:	35.87	1500m:	35.61	2000m:	36.02	2500m:	36.19	3000m:	32.22	
9. VILASECA MARTIN, Jan	07 C.N. Terrassa										35:37.30	8,00
50m:	32.12	550m:	34.93	1050m:	35.47	1550m:	35.76	2050m:	36.37	2550m:	36.00	
100m:	34.05	600m:	34.78	1100m:	35.06	1600m:	35.69	2100m:	36.84	2600m:	36.77	
150m:	34.19	650m:	34.65	1150m:	35.32	1650m:	35.69	2150m:	36.30	2650m:	37.03	
200m:	34.85	700m:	35.28	1200m:	35.73	1700m:	35.83	2200m:	36.50	2700m:	36.94	
250m:	34.83	750m:	34.31	1250m:	35.12	1750m:	35.89	2250m:	36.16	2750m:	36.56	
300m:	34.98	800m:	35.99	1300m:	35.24	1800m:	36.10	2300m:	36.16	2800m:	37.12	
350m:	34.82	850m:	35.30	1350m:	34.93	1850m:	36.22	2350m:	36.20	2850m:	36.45	
400m:	35.75	900m:	35.04	1400m:	35.19	1900m:	36.30	2400m:	37.25	2900m:	35.81	
450m:	35.87	950m:	35.27	1450m:	35.34	1950m:	36.61	2450m:	35.88	2950m:	36.11	
500m:	34.62	1000m:	35.32	1500m:	35.38	2000m:	36.54	2500m:	36.49	3000m:	34.00	

Prova 4, Masc., 3000m Lliure, Júnior 1 Fons Indoor

Classificació	ANY										Temps			
10.	ROCA BORRAS, Joan										06	C.N. Salou	35:37.72	7,00
	50m:	33.02	550m:	35.69	1050m:	35.68	1550m:	36.18	2050m:	36.11	2550m:	36.06		
	100m:	33.97	600m:	35.51	1100m:	35.53	1600m:	35.92	2100m:	36.52	2600m:	35.82		
	150m:	34.47	650m:	35.92	1150m:	35.40	1650m:	36.13	2150m:	36.15	2650m:	35.86		
	200m:	35.22	700m:	35.66	1200m:	35.38	1700m:	36.06	2200m:	35.14	2700m:	36.20		
	250m:	35.60	750m:	35.13	1250m:	35.76	1750m:	36.28	2250m:	35.76	2750m:	36.26		
	300m:	35.45	800m:	35.89	1300m:	36.09	1800m:	36.17	2300m:	36.54	2800m:	36.12		
	350m:	35.63	850m:	35.82	1350m:	35.96	1850m:	35.89	2350m:	36.22	2850m:	35.05		
	400m:	35.79	900m:	35.85	1400m:	35.89	1900m:	36.10	2400m:	36.26	2900m:	34.65		
	450m:	35.44	950m:	35.81	1450m:	35.96	1950m:	36.07	2450m:	35.95	2950m:	34.29		
	500m:	35.61	1000m:	35.41	1500m:	35.95	2000m:	36.04	2500m:	36.29	3000m:	31.14		
11.	DEL CASTILLO MASICH, Guillem										06	C.N. Tarraco	35:38.20	6,00
	50m:	33.69	550m:	35.47	1050m:	35.63	1550m:	36.03	2050m:	36.23	2550m:	35.90		
	100m:	34.01	600m:	35.83	1100m:	35.70	1600m:	35.94	2100m:	36.42	2600m:	35.85		
	150m:	34.51	650m:	35.54	1150m:	35.66	1650m:	35.99	2150m:	36.30	2650m:	35.94		
	200m:	34.95	700m:	35.47	1200m:	35.40	1700m:	36.21	2200m:	36.00	2700m:	36.29		
	250m:	35.39	750m:	35.40	1250m:	35.70	1750m:	36.07	2250m:	35.79	2750m:	36.34		
	300m:	35.38	800m:	36.03	1300m:	35.91	1800m:	36.24	2300m:	36.09	2800m:	35.99		
	350m:	35.57	850m:	35.63	1350m:	35.91	1850m:	35.93	2350m:	36.20	2850m:	34.64		
	400m:	35.76	900m:	35.87	1400m:	35.94	1900m:	36.03	2400m:	36.10	2900m:	34.36		
	450m:	35.47	950m:	35.60	1450m:	35.97	1950m:	36.09	2450m:	35.95	2950m:	34.12		
	500m:	35.51	1000m:	35.59	1500m:	36.01	2000m:	36.04	2500m:	35.95	3000m:	32.67		
12.	DE LA CRUZ GARCIA, Didac										07	C.N. Sant Andreu	35:50.78	5,00
	50m:	33.47	550m:	36.33	1050m:	35.55	1550m:	35.25	2050m:	36.37	2550m:	35.35		
	100m:	35.34	600m:	35.03	1100m:	35.67	1600m:	35.72	2100m:	36.67	2600m:	36.19		
	150m:	35.89	650m:	35.27	1150m:	35.15	1650m:	36.47	2150m:	36.90	2650m:	34.89		
	200m:	35.30	700m:	35.34	1200m:	35.72	1700m:	36.32	2200m:	36.30	2700m:	36.12		
	250m:	35.16	750m:	35.57	1250m:	36.40	1750m:	36.26	2250m:	37.09	2750m:	36.06		
	300m:	35.49	800m:	35.87	1300m:	36.46	1800m:	35.84	2300m:	37.89	2800m:	35.86		
	350m:	36.14	850m:	35.27	1350m:	36.22	1850m:	37.43	2350m:	36.29	2850m:	35.30		
	400m:	36.03	900m:	35.66	1400m:	36.82	1900m:	35.63	2400m:	37.08	2900m:	36.23		
	450m:	35.03	950m:	35.58	1450m:	35.70	1950m:	35.88	2450m:	36.14	2950m:	33.79		
	500m:	35.75	1000m:	36.12	1500m:	35.59	2000m:	36.60	2500m:	36.95	3000m:	32.99		
13.	ARRUGA MORENO, Alvaro										06	C.N. Igualada	36:15.90	4,00
	50m:	34.70	550m:	36.18	1050m:	36.20	1550m:	36.63	2050m:	36.77	2550m:	36.55		
	100m:	35.27	600m:	36.07	1100m:	36.03	1600m:	36.81	2100m:	36.57	2600m:	36.39		
	150m:	35.67	650m:	35.86	1150m:	36.57	1650m:	36.66	2150m:	36.86	2650m:	35.90		
	200m:	36.35	700m:	36.28	1200m:	36.56	1700m:	36.59	2200m:	36.65	2700m:	36.02		
	250m:	35.95	750m:	35.89	1250m:	37.03	1750m:	36.56	2250m:	36.49	2750m:	36.14		
	300m:	36.28	800m:	36.28	1300m:	36.48	1800m:	36.58	2300m:	36.83	2800m:	36.13		
	350m:	36.19	850m:	35.85	1350m:	36.64	1850m:	37.21	2350m:	36.63	2850m:	35.86		
	400m:	35.69	900m:	36.23	1400m:	36.37	1900m:	36.79	2400m:	36.60	2900m:	35.94		
	450m:	35.67	950m:	35.89	1450m:	36.58	1950m:	37.11	2450m:	36.94	2950m:	35.52		
	500m:	35.46	1000m:	36.51	1500m:	36.61	2000m:	36.73	2500m:	36.50	3000m:	33.60		
14.	ALVAREZ GARCIA, Joel										06	C.N. Premià	36:24.31	-
	50m:	35.12	550m:	36.14	1050m:	36.28	1550m:	36.61	2050m:	36.94	2550m:	36.59		
	100m:	35.12	600m:	35.85	1100m:	36.35	1600m:	36.60	2100m:	36.39	2600m:	36.75		
	150m:	35.95	650m:	36.00	1150m:	35.88	1650m:	36.60	2150m:	36.82	2650m:	37.16		
	200m:	36.04	700m:	36.04	1200m:	36.85	1700m:	36.82	2200m:	36.95	2700m:	36.62		
	250m:	36.02	750m:	36.13	1250m:	36.58	1750m:	36.52	2250m:	36.56	2750m:	36.90		
	300m:	36.21	800m:	35.93	1300m:	36.86	1800m:	36.75	2300m:	36.69	2800m:	36.82		
	350m:	35.83	850m:	35.71	1350m:	36.85	1850m:	37.03	2350m:	36.70	2850m:	36.50		
	400m:	36.01	900m:	36.31	1400m:	36.49	1900m:	36.83	2400m:	36.78	2900m:	36.54		
	450m:	35.63	950m:	36.24	1450m:	36.47	1950m:	36.96	2450m:	36.74	2950m:	36.43		
	500m:	35.44	1000m:	36.41	1500m:	36.71	2000m:	36.86	2500m:	37.12	3000m:	35.28		

Prova 4, Masc., 3000m Lliure, Júnior 1 Fons Indoor

Classificació	ANY										Temps			
15.	GABERNET MARTÍN, Biel										07	C.N. Tàrraga	36:31.85	3,00
	50m:	34.52	550m:	35.42	1050m:	36.08	1550m:	37.70	2050m:	36.61	2550m:	36.96		
	100m:	35.40	600m:	35.07	1100m:	35.69	1600m:	37.44	2100m:	35.76	2600m:	37.26		
	150m:	35.44	650m:	35.03	1150m:	36.72	1650m:	37.51	2150m:	36.37	2650m:	36.91		
	200m:	35.22	700m:	35.38	1200m:	35.99	1700m:	37.09	2200m:	36.91	2700m:	37.19		
	250m:	35.68	750m:	35.76	1250m:	36.62	1750m:	37.25	2250m:	37.38	2750m:	38.03		
	300m:	35.77	800m:	36.06	1300m:	37.02	1800m:	38.07	2300m:	36.88	2800m:	37.88		
	350m:	36.05	850m:	35.49	1350m:	36.67	1850m:	37.09	2350m:	37.66	2850m:	37.62		
	400m:	35.68	900m:	35.68	1400m:	37.14	1900m:	37.20	2400m:	37.23	2900m:	37.41		
	450m:	35.40	950m:	35.44	1450m:	37.08	1950m:	37.13	2450m:	38.16	2950m:	36.62		
	500m:	35.20	1000m:	36.10	1500m:	37.24	2000m:	37.51	2500m:	37.30	3000m:	35.68		
16.	SANCHEZ GIBELLO, Nil										06	C.N. Terrassa	36:38.16	2,00
	50m:	33.62	550m:	36.57	1050m:	37.32	1550m:	37.10	2050m:	36.85	2550m:	36.76		
	100m:	35.39	600m:	35.82	1100m:	36.83	1600m:	37.53	2100m:	36.76	2600m:	36.81		
	150m:	35.28	650m:	36.01	1150m:	37.05	1650m:	37.19	2150m:	36.76	2650m:	36.99		
	200m:	34.80	700m:	36.47	1200m:	36.87	1700m:	37.45	2200m:	36.85	2700m:	36.52		
	250m:	35.38	750m:	36.49	1250m:	37.34	1750m:	37.29	2250m:	36.75	2750m:	37.15		
	300m:	35.81	800m:	36.86	1300m:	37.68	1800m:	37.08	2300m:	37.60	2800m:	36.96		
	350m:	36.02	850m:	36.75	1350m:	37.09	1850m:	36.95	2350m:	37.17	2850m:	36.92		
	400m:	35.77	900m:	37.01	1400m:	37.30	1900m:	36.91	2400m:	37.67	2900m:	36.31		
	450m:	35.68	950m:	36.26	1450m:	36.87	1950m:	36.09	2450m:	37.32	2950m:	37.43		
	500m:	35.86	1000m:	36.79	1500m:	37.05	2000m:	37.08	2500m:	37.07	3000m:	34.80		
17.	CHECA HORNERO, Aleix										06	C.N. L'Hospitalet	36:41.78	1,00
	50m:	34.28	550m:	35.97	1050m:	36.68	1550m:	36.67	2050m:	37.66	2550m:	37.22		
	100m:	34.34	600m:	36.22	1100m:	36.64	1600m:	37.07	2100m:	37.37	2600m:	37.62		
	150m:	35.76	650m:	36.00	1150m:	36.50	1650m:	36.91	2150m:	37.14	2650m:	37.58		
	200m:	36.12	700m:	36.73	1200m:	36.69	1700m:	36.99	2200m:	37.90	2700m:	37.08		
	250m:	35.81	750m:	36.47	1250m:	36.58	1750m:	37.13	2250m:	37.43	2750m:	38.04		
	300m:	35.23	800m:	36.33	1300m:	36.41	1800m:	37.29	2300m:	36.45	2800m:	37.38		
	350m:	35.48	850m:	36.53	1350m:	35.70	1850m:	36.89	2350m:	37.23	2850m:	37.44		
	400m:	36.00	900m:	36.69	1400m:	37.30	1900m:	37.83	2400m:	37.21	2900m:	37.06		
	450m:	36.00	950m:	35.97	1450m:	37.47	1950m:	37.12	2450m:	36.98	2950m:	36.83		
	500m:	35.77	1000m:	36.78	1500m:	37.08	2000m:	36.76	2500m:	37.31	3000m:	36.66		
18.	MARTIN SANCHEZ, Dylan										06	C.N. Salou	36:53.58	-
	50m:	33.86	550m:	36.08	1050m:	36.53	1550m:	36.96	2050m:	38.19	2550m:	37.89		
	100m:	34.47	600m:	36.35	1100m:	36.77	1600m:	37.08	2100m:	37.45	2600m:	37.69		
	150m:	35.43	650m:	36.38	1150m:	36.76	1650m:	37.22	2150m:	37.91	2650m:	37.50		
	200m:	35.34	700m:	36.85	1200m:	36.33	1700m:	36.63	2200m:	37.83	2700m:	37.93		
	250m:	35.81	750m:	36.38	1250m:	36.80	1750m:	37.54	2250m:	38.37	2750m:	37.60		
	300m:	35.48	800m:	36.58	1300m:	36.66	1800m:	37.49	2300m:	37.79	2800m:	37.87		
	350m:	36.19	850m:	36.63	1350m:	36.69	1850m:	37.61	2350m:	38.31	2850m:	37.64		
	400m:	35.75	900m:	36.52	1400m:	37.00	1900m:	37.57	2400m:	37.74	2900m:	37.25		
	450m:	36.07	950m:	36.15	1450m:	36.55	1950m:	36.95	2450m:	38.22	2950m:	37.40		
	500m:	35.91	1000m:	36.26	1500m:	36.99	2000m:	37.71	2500m:	37.80	3000m:	36.87		
19.	SISCART MUNTANÉ, Oleguer										06	C.N. Barcelona	38:42.72	-
	50m:	34.42	550m:	38.30	1050m:	38.38	1550m:	39.49	2050m:	39.41	2550m:	39.40		
	100m:	35.65	600m:	38.51	1100m:	39.19	1600m:	38.59	2100m:	37.93	2600m:	38.84		
	150m:	36.68	650m:	38.61	1150m:	38.90	1650m:	39.64	2150m:	39.81	2650m:	39.45		
	200m:	37.08	700m:	38.53	1200m:	39.31	1700m:	38.79	2200m:	38.55	2700m:	38.35		
	250m:	37.42	750m:	38.53	1250m:	38.58	1750m:	39.80	2250m:	40.01	2750m:	40.32		
	300m:	37.57	800m:	38.42	1300m:	38.88	1800m:	38.76	2300m:	38.48	2800m:	38.44		
	350m:	37.98	850m:	38.55	1350m:	38.70	1850m:	40.12	2350m:	40.74	2850m:	38.99		
	400m:	37.92	900m:	38.49	1400m:	39.64	1900m:	39.04	2400m:	38.44	2900m:	37.96		
	450m:	38.09	950m:	38.87	1450m:	39.63	1950m:	40.58	2450m:	40.72	2950m:	38.52		
	500m:	38.00	1000m:	38.79	1500m:	39.30	2000m:	39.41	2500m:	38.63	3000m:	38.59		
BX	TEIXIDÓ JOVÉ, Aleix										06	C.E. Inef Lleida	-	-
BX	ARROYO LOPEZ DEL CASTILLO, Izan										07	C.N. Sant Andreu	-	-

Piscina 50m / Cronometratge Semi-automàtic

Prova 4, Masc., 3000m Lliure

Júnior 2 Fons Indoor

1. **ORTIZ MARTINEZ, Carlos** 04 C.E. Mediterrani **31:39.66** 19,00
Millor Marca Catalana

50m:	29.88	550m:	31.68	1050m:	31.55	1550m:	32.19	2050m:	32.24	2550m:	32.09
100m:	30.39	600m:	31.52	1100m:	31.80	1600m:	31.56	2100m:	31.79	2600m:	31.89
150m:	30.91	650m:	31.37	1150m:	31.76	1650m:	31.64	2150m:	32.39	2650m:	31.59
200m:	31.02	700m:	31.54	1200m:	31.34	1700m:	31.92	2200m:	31.56	2700m:	32.01
250m:	31.19	750m:	31.73	1250m:	31.90	1750m:	31.51	2250m:	32.01	2750m:	31.51
300m:	31.02	800m:	31.44	1300m:	31.65	1800m:	31.93	2300m:	31.94	2800m:	31.81
350m:	31.01	850m:	31.61	1350m:	31.90	1850m:	31.90	2350m:	32.22	2850m:	32.04
400m:	31.25	900m:	31.85	1400m:	31.90	1900m:	31.90	2400m:	32.21	2900m:	31.56
450m:	31.53	950m:	31.99	1450m:	31.85	1950m:	32.11	2450m:	31.98	2950m:	31.34
500m:	31.47	1000m:	31.99	1500m:	32.05	2000m:	32.19	2500m:	32.08	3000m:	30.46

2. **SANCHEZ GONZALEZ, Marcos** 04 C.N. Sabadell **32:19.69** 16,00

50m:	32.69	550m:	32.73	1050m:	32.34	1550m:	31.92	2050m:	32.52	2550m:	32.29
100m:	33.24	600m:	32.58	1100m:	32.36	1600m:	31.68	2100m:	32.38	2600m:	32.05
150m:	32.93	650m:	32.46	1150m:	32.20	1650m:	31.75	2150m:	32.42	2650m:	32.28
200m:	33.11	700m:	32.37	1200m:	32.29	1700m:	32.04	2200m:	32.33	2700m:	32.17
250m:	32.60	750m:	32.46	1250m:	32.32	1750m:	32.24	2250m:	32.29	2750m:	32.24
300m:	32.76	800m:	32.52	1300m:	32.08	1800m:	32.22	2300m:	32.53	2800m:	32.26
350m:	32.74	850m:	32.42	1350m:	32.47	1850m:	32.21	2350m:	32.43	2850m:	32.04
400m:	32.66	900m:	32.41	1400m:	32.18	1900m:	32.49	2400m:	32.48	2900m:	31.76
450m:	32.83	950m:	32.26	1450m:	32.18	1950m:	32.45	2450m:	32.47	2950m:	31.40
500m:	32.81	1000m:	32.19	1500m:	32.19	2000m:	32.30	2500m:	32.36	3000m:	30.31

3. **CABEZUELO AREVALO, Albert** 04 C.N. Sabadell **33:01.06** 14,00

50m:	31.80	550m:	32.72	1050m:	32.20	1550m:	32.99	2050m:	33.71	2550m:	33.78
100m:	33.64	600m:	32.65	1100m:	32.15	1600m:	32.71	2100m:	33.78	2600m:	34.19
150m:	33.65	650m:	32.57	1150m:	32.14	1650m:	32.65	2150m:	33.76	2650m:	34.42
200m:	33.28	700m:	32.56	1200m:	32.29	1700m:	32.78	2200m:	33.45	2700m:	34.14
250m:	32.65	750m:	32.46	1250m:	32.92	1750m:	32.58	2250m:	33.32	2750m:	34.10
300m:	33.16	800m:	32.63	1300m:	32.27	1800m:	32.99	2300m:	32.79	2800m:	34.34
350m:	33.39	850m:	32.31	1350m:	32.68	1850m:	33.12	2350m:	32.77	2850m:	33.93
400m:	33.43	900m:	32.22	1400m:	32.68	1900m:	33.25	2400m:	33.67	2900m:	33.21
450m:	32.91	950m:	32.39	1450m:	32.73	1950m:	33.19	2450m:	33.65	2950m:	32.83
500m:	32.70	1000m:	32.66	1500m:	32.95	2000m:	33.41	2500m:	33.28	3000m:	31.48

4. **MARTÍNEZ MARESMÀ, Pol** 04 C.N. Mataró **33:35.98** 13,00

50m:	30.91	550m:	32.83	1050m:	33.38	1550m:	33.48	2050m:	34.49	2550m:	34.69
100m:	31.54	600m:	32.45	1100m:	33.60	1600m:	33.57	2100m:	34.51	2600m:	33.79
150m:	32.19	650m:	32.88	1150m:	33.21	1650m:	33.52	2150m:	34.34	2650m:	34.42
200m:	32.20	700m:	33.27	1200m:	33.44	1700m:	33.87	2200m:	34.26	2700m:	34.64
250m:	32.34	750m:	33.10	1250m:	33.44	1750m:	33.58	2250m:	33.91	2750m:	35.25
300m:	32.76	800m:	32.89	1300m:	33.75	1800m:	34.21	2300m:	34.21	2800m:	34.87
350m:	32.92	850m:	33.00	1350m:	33.62	1850m:	34.97	2350m:	34.52	2850m:	35.17
400m:	32.88	900m:	33.43	1400m:	33.44	1900m:	35.32	2400m:	34.66	2900m:	33.56
450m:	32.97	950m:	33.25	1450m:	33.71	1950m:	33.75	2450m:	34.53	2950m:	33.57
500m:	33.19	1000m:	33.46	1500m:	33.91	2000m:	33.69	2500m:	34.65	3000m:	32.02

5. **BLANES FRIGOLA, Aleix** 04 C.E. Àgora **34:09.67** 12,00

50m:	31.75	550m:	33.51	1050m:	34.21	1550m:	34.60	2050m:	35.19	2550m:	35.14
100m:	32.38	600m:	33.55	1100m:	34.12	1600m:	34.35	2100m:	34.77	2600m:	35.02
150m:	32.73	650m:	33.60	1150m:	33.54	1650m:	34.37	2150m:	35.26	2650m:	35.02
200m:	32.81	700m:	33.88	1200m:	34.37	1700m:	34.43	2200m:	35.29	2700m:	34.72
250m:	32.80	750m:	33.57	1250m:	33.67	1750m:	34.14	2250m:	35.39	2750m:	34.73
300m:	33.24	800m:	33.80	1300m:	33.90	1800m:	34.56	2300m:	35.32	2800m:	35.09
350m:	33.25	850m:	34.01	1350m:	33.95	1850m:	34.25	2350m:	35.02	2850m:	35.18
400m:	33.10	900m:	33.79	1400m:	33.88	1900m:	34.64	2400m:	35.11	2900m:	35.15
450m:	33.34	950m:	33.79	1450m:	34.08	1950m:	34.40	2450m:	35.37	2950m:	34.76
500m:	33.76	1000m:	34.14	1500m:	34.38	2000m:	34.77	2500m:	35.13	3000m:	31.60

Prova 4, Masc., 3000m Lliure, Júnior 2 Fons Indoor

Classificació	ANY										Temps			
6.	FIORI PORTA, Marc										05	C.N. Mataró	35:14.87	11,00
	50m:	33.55	550m:	35.13	1050m:	35.30	1550m:	35.01	2050m:	35.36	2550m:	35.11		
	100m:	34.41	600m:	35.20	1100m:	35.33	1600m:	35.61	2100m:	34.83	2600m:	35.52		
	150m:	34.74	650m:	35.78	1150m:	35.17	1650m:	35.51	2150m:	35.62	2650m:	35.48		
	200m:	34.87	700m:	34.87	1200m:	35.20	1700m:	35.35	2200m:	35.33	2700m:	35.71		
	250m:	35.10	750m:	35.20	1250m:	35.27	1750m:	35.72	2250m:	35.19	2750m:	35.49		
	300m:	35.12	800m:	35.20	1300m:	35.49	1800m:	35.39	2300m:	34.92	2800m:	35.45		
	350m:	35.01	850m:	35.19	1350m:	35.56	1850m:	35.27	2350m:	35.41	2850m:	35.44		
	400m:	35.04	900m:	35.44	1400m:	35.58	1900m:	35.60	2400m:	35.44	2900m:	35.15		
	450m:	35.51	950m:	35.58	1450m:	35.77	1950m:	35.40	2450m:	35.60	2950m:	34.69		
	500m:	35.47	1000m:	35.20	1500m:	35.49	2000m:	35.49	2500m:	34.98	3000m:	34.03		
7.	RIERA GARCIA, Pablo										04	C.E.N. Cabrera De Mar	35:16.21	10,00
	50m:	31.72	550m:	34.40	1050m:	34.71	1550m:	35.47	2050m:	35.72	2550m:	36.00		
	100m:	32.99	600m:	34.39	1100m:	34.99	1600m:	35.91	2100m:	35.76	2600m:	36.12		
	150m:	33.76	650m:	34.29	1150m:	35.11	1650m:	35.69	2150m:	36.20	2650m:	36.56		
	200m:	33.85	700m:	34.53	1200m:	35.39	1700m:	35.78	2200m:	36.05	2700m:	36.09		
	250m:	33.88	750m:	34.90	1250m:	35.20	1750m:	36.18	2250m:	35.19	2750m:	36.14		
	300m:	34.14	800m:	34.87	1300m:	35.59	1800m:	35.85	2300m:	35.72	2800m:	36.56		
	350m:	34.01	850m:	35.00	1350m:	35.71	1850m:	35.93	2350m:	35.57	2850m:	36.38		
	400m:	34.19	900m:	34.75	1400m:	35.52	1900m:	36.42	2400m:	36.00	2900m:	35.96		
	450m:	34.31	950m:	34.87	1450m:	35.80	1950m:	35.49	2450m:	35.92	2950m:	35.74		
	500m:	34.58	1000m:	35.29	1500m:	35.91	2000m:	36.10	2500m:	36.11	3000m:	34.95		
8.	SERNA IZQUIERDO, Arnau										05	C.N. Mataró	35:34.40	9,00
	50m:	33.47	550m:	34.85	1050m:	36.00	1550m:	35.70	2050m:	35.79	2550m:	36.37		
	100m:	34.36	600m:	34.85	1100m:	35.28	1600m:	35.44	2100m:	36.03	2600m:	36.22		
	150m:	34.61	650m:	34.90	1150m:	35.52	1650m:	35.79	2150m:	36.81	2650m:	36.86		
	200m:	34.81	700m:	35.33	1200m:	35.63	1700m:	35.81	2200m:	36.81	2700m:	36.64		
	250m:	34.47	750m:	35.03	1250m:	35.60	1750m:	35.71	2250m:	35.95	2750m:	35.43		
	300m:	34.56	800m:	35.58	1300m:	35.69	1800m:	35.88	2300m:	36.26	2800m:	36.43		
	350m:	34.53	850m:	35.32	1350m:	35.63	1850m:	36.02	2350m:	36.24	2850m:	36.40		
	400m:	34.90	900m:	35.31	1400m:	35.55	1900m:	35.74	2400m:	36.39	2900m:	36.00		
	450m:	34.69	950m:	35.19	1450m:	35.40	1950m:	36.16	2450m:	36.73	2950m:	36.13		
	500m:	35.03	1000m:	35.26	1500m:	35.92	2000m:	36.27	2500m:	36.01	3000m:	33.11		
9.	LAPLAZA SANTOS, Carles										05	C.N. Barcelona	37:27.76	8,00
	50m:	34.64	550m:	36.68	1050m:	36.49	1550m:	37.18	2050m:	37.99	2550m:	38.57		
	100m:	36.13	600m:	36.76	1100m:	36.91	1600m:	37.07	2100m:	38.22	2600m:	38.73		
	150m:	36.46	650m:	36.97	1150m:	36.90	1650m:	36.88	2150m:	38.33	2650m:	39.28		
	200m:	36.63	700m:	36.21	1200m:	37.12	1700m:	37.24	2200m:	38.50	2700m:	38.63		
	250m:	36.83	750m:	36.66	1250m:	37.36	1750m:	37.36	2250m:	38.74	2750m:	38.99		
	300m:	37.37	800m:	36.80	1300m:	37.10	1800m:	37.33	2300m:	38.27	2800m:	38.68		
	350m:	37.15	850m:	36.75	1350m:	37.31	1850m:	37.98	2350m:	39.14	2850m:	38.62		
	400m:	37.38	900m:	36.86	1400m:	37.03	1900m:	37.22	2400m:	38.38	2900m:	38.04		
	450m:	37.47	950m:	36.80	1450m:	37.67	1950m:	37.92	2450m:	38.50	2950m:	37.97		
	500m:	37.28	1000m:	37.32	1500m:	36.44	2000m:	37.88	2500m:	39.25	3000m:	35.39		
BX	REED, Lachlan James										05	C.N. Sabadell	-	-

Absolut Fons Indoor

1.	PUJOL BELMONTE, Guillem										97	C.N. Mataró	31:12.78	19,00
	50m:	28.65	550m:	30.90	1050m:	31.22	1550m:	31.40	2050m:	31.38	2550m:	31.17		
	100m:	29.64	600m:	31.34	1100m:	31.29	1600m:	31.47	2100m:	31.78	2600m:	31.96		
	150m:	30.36	650m:	31.04	1150m:	31.35	1650m:	31.25	2150m:	31.62	2650m:	31.63		
	200m:	30.80	700m:	31.10	1200m:	31.20	1700m:	31.42	2200m:	31.21	2700m:	31.91		
	250m:	30.85	750m:	31.20	1250m:	31.21	1750m:	31.79	2250m:	31.61	2750m:	31.59		
	300m:	30.68	800m:	30.97	1300m:	31.36	1800m:	31.40	2300m:	31.64	2800m:	31.57		
	350m:	30.70	850m:	31.22	1350m:	31.32	1850m:	31.24	2350m:	31.92	2850m:	31.76		
	400m:	30.99	900m:	31.29	1400m:	31.30	1900m:	31.47	2400m:	31.60	2900m:	31.01		
	450m:	30.91	950m:	31.38	1450m:	31.52	1950m:	31.46	2450m:	31.63	2950m:	30.66		
	500m:	31.00	1000m:	31.46	1500m:	31.46	2000m:	31.50	2500m:	31.90	3000m:	29.12		

Piscina 50m / Cronometratge Semi-automàtic

Prova 4, Masc., 3000m Lliure, Absolut Fons Indoor

Classificació	ANY										Temps		
2. JULIA TOUS, Ferran	00 C.N. Sabadell										31:30.12	16,00	
50m:	29.70	550m:	31.08	1050m:	31.63	1550m:	32.03	2050m:	31.24	2550m:	31.42		
100m:	31.05	600m:	31.32	1100m:	31.46	1600m:	31.37	2100m:	31.50	2600m:	31.52		
150m:	32.04	650m:	31.44	1150m:	31.82	1650m:	31.21	2150m:	31.35	2650m:	31.93		
200m:	31.95	700m:	31.07	1200m:	31.68	1700m:	31.40	2200m:	31.69	2700m:	31.68		
250m:	32.02	750m:	31.06	1250m:	31.97	1750m:	31.73	2250m:	31.68	2750m:	31.53		
300m:	32.21	800m:	31.08	1300m:	32.07	1800m:	31.46	2300m:	31.69	2800m:	31.69		
350m:	31.83	850m:	31.08	1350m:	32.12	1850m:	31.31	2350m:	31.68	2850m:	31.35		
400m:	31.74	900m:	31.20	1400m:	31.61	1900m:	31.36	2400m:	31.62	2900m:	31.39		
450m:	31.89	950m:	31.33	1450m:	31.84	1950m:	31.31	2450m:	31.55	2950m:	31.40		
500m:	32.04	1000m:	31.34	1500m:	31.98	2000m:	31.25	2500m:	31.67	3000m:	29.46		
3. SANTIAGO BETANCOR, Raul	97 C.N. Sant Andreu										31:37.71	14,00	
50m:	30.33	550m:	31.21	1050m:	31.77	1550m:	31.21	2050m:	32.17	2550m:	31.64		
100m:	30.85	600m:	31.21	1100m:	32.26	1600m:	31.04	2100m:	32.58	2600m:	31.61		
150m:	31.31	650m:	31.41	1150m:	32.05	1650m:	31.27	2150m:	32.45	2650m:	31.62		
200m:	31.29	700m:	31.33	1200m:	32.03	1700m:	31.27	2200m:	32.17	2700m:	31.22		
250m:	31.11	750m:	31.50	1250m:	32.20	1750m:	31.27	2250m:	32.33	2750m:	31.29		
300m:	31.12	800m:	31.83	1300m:	32.21	1800m:	31.08	2300m:	32.50	2800m:	31.15		
350m:	31.14	850m:	31.56	1350m:	31.82	1850m:	31.73	2350m:	32.27	2850m:	31.42		
400m:	31.03	900m:	31.91	1400m:	32.03	1900m:	32.30	2400m:	32.10	2900m:	31.57		
450m:	31.07	950m:	32.12	1450m:	32.12	1950m:	32.33	2450m:	31.78	2950m:	31.59		
500m:	30.98	1000m:	31.61	1500m:	32.16	2000m:	32.22	2500m:	31.84	3000m:	30.12		
4. BELIG, Xavier	97 C.N. Barcelona										32:45.06	13,00	
50m:	33.15	550m:	32.76	1050m:	32.26	1550m:	32.72	2050m:	32.90	2550m:	32.52		
100m:	32.66	600m:	32.70	1100m:	32.33	1600m:	32.72	2100m:	33.06	2600m:	32.62		
150m:	33.26	650m:	32.86	1150m:	32.56	1650m:	32.82	2150m:	32.79	2650m:	32.74		
200m:	33.33	700m:	32.81	1200m:	32.66	1700m:	32.55	2200m:	32.73	2700m:	33.04		
250m:	33.20	750m:	32.84	1250m:	32.41	1750m:	32.56	2250m:	33.33	2750m:	32.87		
300m:	32.98	800m:	32.55	1300m:	32.39	1800m:	32.88	2300m:	32.85	2800m:	33.54		
350m:	32.91	850m:	32.57	1350m:	32.67	1850m:	32.85	2350m:	33.61	2850m:	32.70		
400m:	32.71	900m:	32.42	1400m:	32.56	1900m:	32.70	2400m:	32.77	2900m:	32.52		
450m:	32.69	950m:	32.55	1450m:	32.78	1950m:	32.90	2450m:	33.07	2950m:	32.48		
500m:	32.71	1000m:	32.32	1500m:	32.69	2000m:	32.73	2500m:	32.81	3000m:	31.39		
5. PEREZ MAÑAS, Adrian	03 C.E. Mediterrani										32:51.32	12,00	
50m:	31.45	550m:	31.55	1050m:	33.29	1550m:	33.23	2050m:	33.47	2550m:	32.93		
100m:	30.62	600m:	31.60	1100m:	33.00	1600m:	33.64	2100m:	34.43	2600m:	32.87		
150m:	31.49	650m:	31.99	1150m:	33.02	1650m:	33.43	2150m:	33.43	2650m:	32.74		
200m:	31.52	700m:	32.62	1200m:	32.91	1700m:	33.50	2200m:	33.58	2700m:	32.72		
250m:	31.76	750m:	32.54	1250m:	33.00	1750m:	34.15	2250m:	33.56	2750m:	32.92		
300m:	31.52	800m:	32.28	1300m:	32.92	1800m:	33.46	2300m:	33.95	2800m:	34.75		
350m:	31.88	850m:	32.81	1350m:	32.85	1850m:	33.44	2350m:	32.75	2850m:	33.59		
400m:	31.68	900m:	32.85	1400m:	33.01	1900m:	33.61	2400m:	32.60	2900m:	33.56		
450m:	32.10	950m:	33.24	1450m:	32.79	1950m:	33.10	2450m:	32.56	2950m:	33.48		
500m:	32.01	1000m:	33.15	1500m:	33.97	2000m:	33.33	2500m:	32.71	3000m:	32.41		
6. ELIES VAZQUEZ, Pau	03 C.N. Atl Barceloneta										33:12.15	11,00	
50m:	32.50	550m:	33.29	1050m:	32.81	1550m:	32.57	2050m:	33.33	2550m:	33.22		
100m:	33.50	600m:	33.52	1100m:	33.00	1600m:	32.75	2100m:	33.63	2600m:	33.56		
150m:	33.23	650m:	33.13	1150m:	32.85	1650m:	32.94	2150m:	33.50	2650m:	33.38		
200m:	33.32	700m:	33.17	1200m:	33.04	1700m:	32.71	2200m:	33.84	2700m:	33.44		
250m:	33.74	750m:	32.78	1250m:	32.88	1750m:	33.05	2250m:	33.38	2750m:	33.36		
300m:	33.40	800m:	33.07	1300m:	32.82	1800m:	33.36	2300m:	33.47	2800m:	33.75		
350m:	33.16	850m:	33.00	1350m:	32.82	1850m:	33.01	2350m:	33.56	2850m:	33.97		
400m:	33.42	900m:	33.24	1400m:	33.03	1900m:	33.44	2400m:	33.34	2900m:	33.95		
450m:	33.24	950m:	33.01	1450m:	32.60	1950m:	33.66	2450m:	33.71	2950m:	33.49		
500m:	33.24	1000m:	33.00	1500m:	32.58	2000m:	33.44	2500m:	33.64	3000m:	31.31		

Prova 4, Masc., 3000m Lliure, Absolut Fons Indoor

Classificació	ANY										Temps			
7.	IBAÑEZ PINA, Nil										03	C.N. Atl Barceloneta	33:51.82	10,00
	50m:	31.57	550m:	33.93	1050m:	33.49	1550m:	34.18	2050m:	34.42	2550m:	33.97		
	100m:	32.61	600m:	33.42	1100m:	33.66	1600m:	34.16	2100m:	34.26	2600m:	34.28		
	150m:	33.39	650m:	33.49	1150m:	33.61	1650m:	34.09	2150m:	34.55	2650m:	34.19		
	200m:	33.26	700m:	33.73	1200m:	33.44	1700m:	34.11	2200m:	34.36	2700m:	34.24		
	250m:	33.92	750m:	33.63	1250m:	33.70	1750m:	33.88	2250m:	34.59	2750m:	34.14		
	300m:	33.28	800m:	33.79	1300m:	33.81	1800m:	34.43	2300m:	34.76	2800m:	34.19		
	350m:	33.36	850m:	33.72	1350m:	34.08	1850m:	33.78	2350m:	34.37	2850m:	33.84		
	400m:	33.60	900m:	33.64	1400m:	33.99	1900m:	34.42	2400m:	34.25	2900m:	33.74		
	450m:	33.81	950m:	33.49	1450m:	34.09	1950m:	34.14	2450m:	34.47	2950m:	33.77		
	500m:	33.65	1000m:	33.81	1500m:	34.03	2000m:	34.67	2500m:	34.36	3000m:	32.21		
8.	VENDRELL GARCIA, Jose										03	C.N. Lleida	33:52.68	9,00
	50m:	31.18	550m:	33.29	1050m:	33.31	1550m:	34.38	2050m:	34.55	2550m:	34.50		
	100m:	32.06	600m:	33.01	1100m:	33.34	1600m:	33.87	2100m:	34.55	2600m:	34.72		
	150m:	32.29	650m:	33.10	1150m:	34.22	1650m:	33.74	2150m:	34.96	2650m:	35.25		
	200m:	32.99	700m:	33.11	1200m:	33.61	1700m:	34.57	2200m:	34.73	2700m:	35.08		
	250m:	32.92	750m:	33.22	1250m:	33.51	1750m:	34.22	2250m:	35.46	2750m:	34.89		
	300m:	32.82	800m:	33.09	1300m:	33.87	1800m:	34.49	2300m:	34.99	2800m:	35.24		
	350m:	32.92	850m:	33.09	1350m:	33.55	1850m:	34.17	2350m:	34.60	2850m:	35.09		
	400m:	32.78	900m:	32.90	1400m:	33.46	1900m:	34.47	2400m:	34.74	2900m:	35.09		
	450m:	32.92	950m:	33.48	1450m:	33.65	1950m:	34.31	2450m:	34.74	2950m:	34.76		
	500m:	33.10	1000m:	33.13	1500m:	33.59	2000m:	34.35	2500m:	35.01	3000m:	33.65		
9.	SANCHEZ HURTADO, Alex										00	C.N. L'Hospitalet	34:00.64	8,00
	50m:	31.20	550m:	33.26	1050m:	33.73	1550m:	34.39	2050m:	33.67	2550m:	35.23		
	100m:	32.05	600m:	33.54	1100m:	33.80	1600m:	34.72	2100m:	34.56	2600m:	34.98		
	150m:	32.77	650m:	33.50	1150m:	34.10	1650m:	34.75	2150m:	34.29	2650m:	35.00		
	200m:	33.15	700m:	33.94	1200m:	33.95	1700m:	34.47	2200m:	34.45	2700m:	34.67		
	250m:	33.03	750m:	33.54	1250m:	33.94	1750m:	34.06	2250m:	35.67	2750m:	34.45		
	300m:	33.42	800m:	33.70	1300m:	34.21	1800m:	34.58	2300m:	34.43	2800m:	34.15		
	350m:	33.23	850m:	33.69	1350m:	34.30	1850m:	34.46	2350m:	34.21	2850m:	34.63		
	400m:	33.53	900m:	33.41	1400m:	34.21	1900m:	34.07	2400m:	34.34	2900m:	34.97		
	450m:	33.37	950m:	33.77	1450m:	34.35	1950m:	34.06	2450m:	35.38	2950m:	34.76		
	500m:	33.78	1000m:	33.48	1500m:	34.65	2000m:	33.41	2500m:	34.43	3000m:	32.80		
10.	YEGRES COTTIN, Andres										02	C.N. Barcelona	34:01.96	7,00
	50m:	32.76	550m:	33.18	1050m:	33.28	1550m:	34.02	2050m:	34.13	2550m:	35.39		
	100m:	33.13	600m:	33.28	1100m:	33.13	1600m:	34.11	2100m:	34.85	2600m:	35.41		
	150m:	33.57	650m:	32.81	1150m:	33.19	1650m:	34.43	2150m:	34.91	2650m:	35.75		
	200m:	33.35	700m:	33.06	1200m:	33.00	1700m:	34.23	2200m:	34.80	2700m:	35.50		
	250m:	33.54	750m:	32.82	1250m:	33.25	1750m:	34.53	2250m:	35.44	2750m:	35.40		
	300m:	33.35	800m:	32.96	1300m:	33.46	1800m:	34.92	2300m:	35.31	2800m:	35.23		
	350m:	33.36	850m:	33.35	1350m:	33.20	1850m:	34.61	2350m:	35.15	2850m:	34.39		
	400m:	33.53	900m:	33.06	1400m:	33.38	1900m:	34.88	2400m:	34.94	2900m:	34.68		
	450m:	33.16	950m:	33.50	1450m:	33.32	1950m:	34.52	2450m:	35.35	2950m:	34.50		
	500m:	33.37	1000m:	33.13	1500m:	33.82	2000m:	34.67	2500m:	35.46	3000m:	33.15		
11.	CHAVES GUARDIA, David										98	C.N. Mataró	34:04.84	6,00
	50m:	31.66	550m:	34.94	1050m:	33.07	1550m:	34.47	2050m:	34.22	2550m:	34.46		
	100m:	32.42	600m:	34.47	1100m:	33.71	1600m:	34.68	2100m:	34.50	2600m:	34.45		
	150m:	32.58	650m:	34.01	1150m:	34.40	1650m:	34.64	2150m:	34.34	2650m:	34.41		
	200m:	33.15	700m:	33.80	1200m:	34.18	1700m:	34.35	2200m:	34.60	2700m:	34.21		
	250m:	33.22	750m:	34.00	1250m:	33.96	1750m:	33.99	2250m:	34.44	2750m:	33.82		
	300m:	33.92	800m:	34.56	1300m:	33.99	1800m:	34.50	2300m:	34.30	2800m:	33.86		
	350m:	34.12	850m:	34.11	1350m:	34.11	1850m:	34.40	2350m:	34.55	2850m:	33.96		
	400m:	34.34	900m:	34.10	1400m:	34.18	1900m:	34.34	2400m:	34.66	2900m:	34.03		
	450m:	34.05	950m:	33.93	1450m:	34.40	1950m:	34.36	2450m:	34.60	2950m:	33.74		
	500m:	34.48	1000m:	34.00	1500m:	34.58	2000m:	34.59	2500m:	34.45	3000m:	32.48		

Prova 4, Masc., 3000m Lliure, Absolut Fons Indoor

Classificació	ANY										Temps	
12. REYES VALENZUELA, Abel	03 C.N. Mataró										34:25.57	5,00
50m:	31.78	550m:	33.83	1050m:	34.07	1550m:	34.76	2050m:	34.72	2550m:	34.99	
100m:	33.09	600m:	34.20	1100m:	34.16	1600m:	34.33	2100m:	35.01	2600m:	35.07	
150m:	33.90	650m:	34.06	1150m:	34.40	1650m:	34.42	2150m:	34.94	2650m:	35.16	
200m:	34.19	700m:	34.08	1200m:	34.30	1700m:	34.75	2200m:	34.88	2700m:	35.33	
250m:	34.19	750m:	34.18	1250m:	34.58	1750m:	34.77	2250m:	35.15	2750m:	34.82	
300m:	34.10	800m:	33.89	1300m:	34.26	1800m:	34.71	2300m:	34.69	2800m:	35.18	
350m:	33.83	850m:	34.06	1350m:	34.47	1850m:	34.98	2350m:	34.97	2850m:	34.98	
400m:	34.05	900m:	33.84	1400m:	34.31	1900m:	34.74	2400m:	34.89	2900m:	34.94	
450m:	33.96	950m:	33.93	1450m:	34.45	1950m:	34.96	2450m:	34.85	2950m:	35.02	
500m:	33.90	1000m:	34.00	1500m:	34.48	2000m:	34.60	2500m:	35.00	3000m:	33.42	
13. LIRES SUELDO, Manuel	02 C.N. Barcelona										34:26.42	4,00
50m:	31.42	550m:	33.75	1050m:	33.87	1550m:	34.46	2050m:	34.98	2550m:	35.11	
100m:	32.80	600m:	33.86	1100m:	34.00	1600m:	34.03	2100m:	35.83	2600m:	34.78	
150m:	33.28	650m:	33.59	1150m:	34.75	1650m:	34.82	2150m:	34.58	2650m:	35.15	
200m:	33.64	700m:	33.75	1200m:	34.61	1700m:	35.24	2200m:	35.42	2700m:	35.19	
250m:	33.55	750m:	33.91	1250m:	34.52	1750m:	35.45	2250m:	34.92	2750m:	33.79	
300m:	33.63	800m:	33.78	1300m:	34.60	1800m:	34.73	2300m:	35.53	2800m:	34.59	
350m:	33.84	850m:	33.86	1350m:	34.26	1850m:	34.70	2350m:	36.00	2850m:	35.35	
400m:	33.39	900m:	34.12	1400m:	34.46	1900m:	35.49	2400m:	35.24	2900m:	34.32	
450m:	33.56	950m:	34.12	1450m:	34.66	1950m:	35.39	2450m:	34.78	2950m:	34.82	
500m:	34.03	1000m:	34.81	1500m:	35.09	2000m:	35.42	2500m:	34.59	3000m:	34.21	
14. ROURA CLEMENTE, Gerard	01 GEiEG										34:53.65	3,00
50m:	32.05	550m:	34.51	1050m:	34.70	1550m:	35.00	2050m:	35.52	2550m:	35.40	
100m:	33.16	600m:	34.78	1100m:	34.99	1600m:	34.92	2100m:	35.26	2600m:	35.47	
150m:	33.65	650m:	34.83	1150m:	34.59	1650m:	35.04	2150m:	35.55	2650m:	35.67	
200m:	33.52	700m:	34.69	1200m:	35.18	1700m:	35.36	2200m:	35.40	2700m:	35.12	
250m:	33.64	750m:	34.51	1250m:	34.94	1750m:	35.22	2250m:	35.13	2750m:	35.22	
300m:	34.18	800m:	34.89	1300m:	35.32	1800m:	34.99	2300m:	35.78	2800m:	35.81	
350m:	34.05	850m:	34.72	1350m:	34.90	1850m:	35.25	2350m:	35.59	2850m:	35.18	
400m:	34.46	900m:	34.80	1400m:	35.10	1900m:	35.49	2400m:	35.66	2900m:	35.31	
450m:	34.61	950m:	35.07	1450m:	35.11	1950m:	35.55	2450m:	35.28	2950m:	34.17	
500m:	34.55	1000m:	34.90	1500m:	35.15	2000m:	35.56	2500m:	35.52	3000m:	33.68	
15. MATAS VELASCO, Guillermo	96 C.N. Mataró										35:40.74	2,00
50m:	34.03	550m:	35.72	1050m:	35.41	1550m:	36.33	2050m:	36.13	2550m:	36.23	
100m:	33.29	600m:	35.54	1100m:	35.52	1600m:	36.07	2100m:	36.37	2600m:	35.75	
150m:	34.10	650m:	35.69	1150m:	35.29	1650m:	36.08	2150m:	35.85	2650m:	35.98	
200m:	35.25	700m:	35.48	1200m:	35.55	1700m:	35.91	2200m:	35.04	2700m:	36.27	
250m:	35.92	750m:	35.48	1250m:	36.01	1750m:	36.12	2250m:	36.12	2750m:	36.18	
300m:	35.38	800m:	35.72	1300m:	35.87	1800m:	36.14	2300m:	36.38	2800m:	36.19	
350m:	35.54	850m:	35.90	1350m:	35.97	1850m:	36.43	2350m:	36.29	2850m:	35.63	
400m:	35.68	900m:	35.77	1400m:	35.96	1900m:	35.74	2400m:	36.11	2900m:	34.83	
450m:	35.70	950m:	35.59	1450m:	35.74	1950m:	35.92	2450m:	35.88	2950m:	34.47	
500m:	35.40	1000m:	35.56	1500m:	36.11	2000m:	36.11	2500m:	36.49	3000m:	33.53	
16. REMESAR AGUILAR, Nemo Antonio	83 C.N. Atl Barceloneta										35:49.26	1,00
50m:	33.48	550m:	35.43	1050m:	35.15	1550m:	37.80	2050m:	36.65	2550m:	36.02	
100m:	33.74	600m:	35.03	1100m:	34.72	1600m:	38.11	2100m:	36.57	2600m:	36.69	
150m:	34.10	650m:	35.34	1150m:	35.07	1650m:	37.87	2150m:	36.32	2650m:	36.30	
200m:	34.34	700m:	35.24	1200m:	35.59	1700m:	37.19	2200m:	35.99	2700m:	36.81	
250m:	34.78	750m:	34.86	1250m:	35.26	1750m:	37.59	2250m:	36.36	2750m:	35.89	
300m:	34.69	800m:	34.92	1300m:	35.84	1800m:	37.57	2300m:	36.28	2800m:	36.41	
350m:	34.64	850m:	35.21	1350m:	35.41	1850m:	36.67	2350m:	36.17	2850m:	36.67	
400m:	35.80	900m:	34.96	1400m:	35.46	1900m:	37.03	2400m:	36.56	2900m:	36.11	
450m:	35.26	950m:	34.99	1450m:	35.25	1950m:	36.62	2450m:	36.17	2950m:	35.42	
500m:	35.36	1000m:	35.65	1500m:	35.36	2000m:	36.41	2500m:	36.32	3000m:	35.76	

Prova 4, Masc., 3000m Lliure, Absolut Fons Indoor

Classificació	ANY										Temps		
17. LAGOS PAU, Aitor	95 C.N. L'Hospitalet										35:53.62		-
50m:	32.85	550m:	35.38	1050m:	36.40	1550m:	36.44	2050m:	36.13	2550m:	37.45		
100m:	33.64	600m:	34.89	1100m:	35.76	1600m:	36.29	2100m:	36.30	2600m:	37.28		
150m:	33.78	650m:	35.29	1150m:	35.54	1650m:	36.40	2150m:	37.11	2650m:	37.03		
200m:	34.19	700m:	34.86	1200m:	35.80	1700m:	36.33	2200m:	36.72	2700m:	37.32		
250m:	34.41	750m:	35.31	1250m:	36.02	1750m:	36.53	2250m:	36.85	2750m:	37.09		
300m:	34.33	800m:	35.10	1300m:	36.14	1800m:	36.52	2300m:	36.84	2800m:	36.58		
350m:	34.61	850m:	35.92	1350m:	36.38	1850m:	36.52	2350m:	37.08	2850m:	36.27		
400m:	34.49	900m:	36.03	1400m:	36.03	1900m:	36.21	2400m:	36.44	2900m:	36.21		
450m:	34.78	950m:	35.23	1450m:	35.62	1950m:	36.48	2450m:	37.39	2950m:	36.14		
500m:	34.90	1000m:	35.94	1500m:	35.95	2000m:	36.54	2500m:	36.73	3000m:	34.83		
18. MOLINI IBAÑEZ, Arnau	02 C.N. Barcelona										37:11.17		-
50m:	35.18	550m:	38.16	1050m:	39.38	1550m:	37.84	2050m:	37.63	2550m:	37.57		
100m:	35.94	600m:	37.79	1100m:	37.73	1600m:	36.87	2100m:	36.72	2600m:	38.07		
150m:	36.16	650m:	38.13	1150m:	37.54	1650m:	37.12	2150m:	37.02	2650m:	38.06		
200m:	36.34	700m:	37.46	1200m:	35.44	1700m:	37.53	2200m:	37.90	2700m:	38.11		
250m:	36.85	750m:	37.52	1250m:	37.06	1750m:	36.82	2250m:	37.92	2750m:	37.45		
300m:	36.94	800m:	37.27	1300m:	38.22	1800m:	37.04	2300m:	38.95	2800m:	37.14		
350m:	36.89	850m:	35.80	1350m:	37.43	1850m:	36.72	2350m:	36.12	2850m:	36.58		
400m:	35.05	900m:	37.30	1400m:	37.73	1900m:	37.62	2400m:	36.16	2900m:	37.05		
450m:	38.00	950m:	37.99	1450m:	37.60	1950m:	38.58	2450m:	38.80	2950m:	37.60		
500m:	35.61	1000m:	34.89	1500m:	38.15	2000m:	38.46	2500m:	38.49	3000m:	31.68		

Absolut, Júnior 2 i Júnior 1

1. PUJOL BELMONTE, Guillem	97 C.N. Mataró										31:12.78		19,00
50m:	28.65	550m:	30.90	1050m:	31.22	1550m:	31.40	2050m:	31.38	2550m:	31.17		
100m:	29.64	600m:	31.34	1100m:	31.29	1600m:	31.47	2100m:	31.78	2600m:	31.96		
150m:	30.36	650m:	31.04	1150m:	31.35	1650m:	31.25	2150m:	31.62	2650m:	31.63		
200m:	30.80	700m:	31.10	1200m:	31.20	1700m:	31.42	2200m:	31.21	2700m:	31.91		
250m:	30.85	750m:	31.20	1250m:	31.21	1750m:	31.79	2250m:	31.61	2750m:	31.59		
300m:	30.68	800m:	30.97	1300m:	31.36	1800m:	31.40	2300m:	31.64	2800m:	31.57		
350m:	30.70	850m:	31.22	1350m:	31.32	1850m:	31.24	2350m:	31.92	2850m:	31.76		
400m:	30.99	900m:	31.29	1400m:	31.30	1900m:	31.47	2400m:	31.60	2900m:	31.01		
450m:	30.91	950m:	31.38	1450m:	31.52	1950m:	31.46	2450m:	31.63	2950m:	30.66		
500m:	31.00	1000m:	31.46	1500m:	31.46	2000m:	31.50	2500m:	31.90	3000m:	29.12		
2. JULIA TOUS, Ferran	00 C.N. Sabadell										31:30.12		16,00
50m:	29.70	550m:	31.08	1050m:	31.63	1550m:	32.03	2050m:	31.24	2550m:	31.42		
100m:	31.05	600m:	31.32	1100m:	31.46	1600m:	31.37	2100m:	31.50	2600m:	31.52		
150m:	32.04	650m:	31.44	1150m:	31.82	1650m:	31.21	2150m:	31.35	2650m:	31.93		
200m:	31.95	700m:	31.07	1200m:	31.68	1700m:	31.40	2200m:	31.69	2700m:	31.68		
250m:	32.02	750m:	31.06	1250m:	31.97	1750m:	31.73	2250m:	31.68	2750m:	31.53		
300m:	32.21	800m:	31.08	1300m:	32.07	1800m:	31.46	2300m:	31.69	2800m:	31.69		
350m:	31.83	850m:	31.08	1350m:	32.12	1850m:	31.31	2350m:	31.68	2850m:	31.35		
400m:	31.74	900m:	31.20	1400m:	31.61	1900m:	31.36	2400m:	31.62	2900m:	31.39		
450m:	31.89	950m:	31.33	1450m:	31.84	1950m:	31.31	2450m:	31.55	2950m:	31.40		
500m:	32.04	1000m:	31.34	1500m:	31.98	2000m:	31.25	2500m:	31.67	3000m:	29.46		
3. SANTIAGO BETANCOR, Raul	97 C.N. Sant Andreu										31:37.71		14,00
50m:	30.33	550m:	31.21	1050m:	31.77	1550m:	31.21	2050m:	32.17	2550m:	31.64		
100m:	30.85	600m:	31.21	1100m:	32.26	1600m:	31.04	2100m:	32.58	2600m:	31.61		
150m:	31.31	650m:	31.41	1150m:	32.05	1650m:	31.27	2150m:	32.45	2650m:	31.62		
200m:	31.29	700m:	31.33	1200m:	32.03	1700m:	31.27	2200m:	32.17	2700m:	31.22		
250m:	31.11	750m:	31.50	1250m:	32.20	1750m:	31.27	2250m:	32.33	2750m:	31.29		
300m:	31.12	800m:	31.83	1300m:	32.21	1800m:	31.08	2300m:	32.50	2800m:	31.15		
350m:	31.14	850m:	31.56	1350m:	31.82	1850m:	31.73	2350m:	32.27	2850m:	31.42		
400m:	31.03	900m:	31.91	1400m:	32.03	1900m:	32.30	2400m:	32.10	2900m:	31.57		
450m:	31.07	950m:	32.12	1450m:	32.12	1950m:	32.33	2450m:	31.78	2950m:	31.59		
500m:	30.98	1000m:	31.61	1500m:	32.16	2000m:	32.22	2500m:	31.84	3000m:	30.12		

Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY										Temps	
4. ORTIZ MARTINEZ, Carlos	04 C.E. Mediterrani										31:39.66	19,00
<i>Millor Marca Catalana</i>												
50m:	29.88	550m:	31.68	1050m:	31.55	1550m:	32.19	2050m:	32.24	2550m:	32.09	
100m:	30.39	600m:	31.52	1100m:	31.80	1600m:	31.56	2100m:	31.79	2600m:	31.89	
150m:	30.91	650m:	31.37	1150m:	31.76	1650m:	31.64	2150m:	32.39	2650m:	31.59	
200m:	31.02	700m:	31.54	1200m:	31.34	1700m:	31.92	2200m:	31.56	2700m:	32.01	
250m:	31.19	750m:	31.73	1250m:	31.90	1750m:	31.51	2250m:	32.01	2750m:	31.51	
300m:	31.02	800m:	31.44	1300m:	31.65	1800m:	31.93	2300m:	31.94	2800m:	31.81	
350m:	31.01	850m:	31.61	1350m:	31.90	1850m:	31.90	2350m:	32.22	2850m:	32.04	
400m:	31.25	900m:	31.85	1400m:	31.90	1900m:	31.90	2400m:	32.21	2900m:	31.56	
450m:	31.53	950m:	31.99	1450m:	31.85	1950m:	32.11	2450m:	31.98	2950m:	31.34	
500m:	31.47	1000m:	31.99	1500m:	32.05	2000m:	32.19	2500m:	32.08	3000m:	30.46	
5. SANCHEZ GONZALEZ, Marcos	04 C.N. Sabadell										32:19.69	16,00
50m:	32.69	550m:	32.73	1050m:	32.34	1550m:	31.92	2050m:	32.52	2550m:	32.29	
100m:	33.24	600m:	32.58	1100m:	32.36	1600m:	31.68	2100m:	32.38	2600m:	32.05	
150m:	32.93	650m:	32.46	1150m:	32.20	1650m:	31.75	2150m:	32.42	2650m:	32.28	
200m:	33.11	700m:	32.37	1200m:	32.29	1700m:	32.04	2200m:	32.33	2700m:	32.17	
250m:	32.60	750m:	32.46	1250m:	32.32	1750m:	32.24	2250m:	32.29	2750m:	32.24	
300m:	32.76	800m:	32.52	1300m:	32.08	1800m:	32.22	2300m:	32.53	2800m:	32.26	
350m:	32.74	850m:	32.42	1350m:	32.47	1850m:	32.21	2350m:	32.43	2850m:	32.04	
400m:	32.66	900m:	32.41	1400m:	32.18	1900m:	32.49	2400m:	32.48	2900m:	31.76	
450m:	32.83	950m:	32.26	1450m:	32.18	1950m:	32.45	2450m:	32.47	2950m:	31.40	
500m:	32.81	1000m:	32.19	1500m:	32.19	2000m:	32.30	2500m:	32.36	3000m:	30.31	
6. BELIG, Xavier	97 C.N. Barcelona										32:45.06	13,00
50m:	33.15	550m:	32.76	1050m:	32.26	1550m:	32.72	2050m:	32.90	2550m:	32.52	
100m:	32.66	600m:	32.70	1100m:	32.33	1600m:	32.72	2100m:	33.06	2600m:	32.62	
150m:	33.26	650m:	32.86	1150m:	32.56	1650m:	32.82	2150m:	32.79	2650m:	32.74	
200m:	33.33	700m:	32.81	1200m:	32.66	1700m:	32.55	2200m:	32.73	2700m:	33.04	
250m:	33.20	750m:	32.84	1250m:	32.41	1750m:	32.56	2250m:	33.33	2750m:	32.87	
300m:	32.98	800m:	32.55	1300m:	32.39	1800m:	32.88	2300m:	32.85	2800m:	33.54	
350m:	32.91	850m:	32.57	1350m:	32.67	1850m:	32.85	2350m:	33.61	2850m:	32.70	
400m:	32.71	900m:	32.42	1400m:	32.56	1900m:	32.70	2400m:	32.77	2900m:	32.52	
450m:	32.69	950m:	32.55	1450m:	32.78	1950m:	32.90	2450m:	33.07	2950m:	32.48	
500m:	32.71	1000m:	32.32	1500m:	32.69	2000m:	32.73	2500m:	32.81	3000m:	31.39	
7. PEREZ MAÑAS, Adrian	03 C.E. Mediterrani										32:51.32	12,00
50m:	31.45	550m:	31.55	1050m:	33.29	1550m:	33.23	2050m:	33.47	2550m:	32.93	
100m:	30.62	600m:	31.60	1100m:	33.00	1600m:	33.64	2100m:	34.43	2600m:	32.87	
150m:	31.49	650m:	31.99	1150m:	33.02	1650m:	33.43	2150m:	33.43	2650m:	32.74	
200m:	31.52	700m:	32.62	1200m:	32.91	1700m:	33.50	2200m:	33.58	2700m:	32.72	
250m:	31.76	750m:	32.54	1250m:	33.00	1750m:	34.15	2250m:	33.56	2750m:	32.92	
300m:	31.52	800m:	32.28	1300m:	32.92	1800m:	33.46	2300m:	33.95	2800m:	34.75	
350m:	31.88	850m:	32.81	1350m:	32.85	1850m:	33.44	2350m:	32.75	2850m:	33.59	
400m:	31.68	900m:	32.85	1400m:	33.01	1900m:	33.61	2400m:	32.60	2900m:	33.56	
450m:	32.10	950m:	33.24	1450m:	32.79	1950m:	33.10	2450m:	32.56	2950m:	33.48	
500m:	32.01	1000m:	33.15	1500m:	33.97	2000m:	33.33	2500m:	32.71	3000m:	32.41	
8. CABEZUELO AREVALO, Albert	04 C.N. Sabadell										33:01.06	14,00
50m:	31.80	550m:	32.72	1050m:	32.20	1550m:	32.99	2050m:	33.71	2550m:	33.78	
100m:	33.64	600m:	32.65	1100m:	32.15	1600m:	32.71	2100m:	33.78	2600m:	34.19	
150m:	33.65	650m:	32.57	1150m:	32.14	1650m:	32.65	2150m:	33.76	2650m:	34.42	
200m:	33.28	700m:	32.56	1200m:	32.29	1700m:	32.78	2200m:	33.45	2700m:	34.14	
250m:	32.65	750m:	32.46	1250m:	32.92	1750m:	32.58	2250m:	33.32	2750m:	34.10	
300m:	33.16	800m:	32.63	1300m:	32.27	1800m:	32.99	2300m:	32.79	2800m:	34.34	
350m:	33.39	850m:	32.31	1350m:	32.68	1850m:	33.12	2350m:	32.77	2850m:	33.93	
400m:	33.43	900m:	32.22	1400m:	32.68	1900m:	33.25	2400m:	33.67	2900m:	33.21	
450m:	32.91	950m:	32.39	1450m:	32.73	1950m:	33.19	2450m:	33.65	2950m:	32.83	
500m:	32.70	1000m:	32.66	1500m:	32.95	2000m:	33.41	2500m:	33.28	3000m:	31.48	

Piscina 50m / Cronometratge Semi-automàtic

Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY										Temps	
9. NEVADO RUIZ, Pablo	06 C.N. Sabadell										33:07.02	19,00
50m:	32.18	550m:	33.01	1050m:	33.77	1550m:	33.28	2050m:	33.04	2550m:	32.86	
100m:	33.44	600m:	32.79	1100m:	33.43	1600m:	33.78	2100m:	33.45	2600m:	31.93	
150m:	33.54	650m:	33.09	1150m:	33.47	1650m:	33.17	2150m:	33.94	2650m:	32.92	
200m:	33.36	700m:	33.52	1200m:	33.13	1700m:	33.02	2200m:	33.51	2700m:	32.73	
250m:	33.24	750m:	33.13	1250m:	32.88	1750m:	33.35	2250m:	33.14	2750m:	32.69	
300m:	33.27	800m:	33.19	1300m:	33.53	1800m:	33.67	2300m:	33.21	2800m:	32.02	
350m:	33.18	850m:	33.62	1350m:	33.11	1850m:	33.47	2350m:	32.53	2850m:	32.34	
400m:	33.44	900m:	33.69	1400m:	33.14	1900m:	33.91	2400m:	33.47	2900m:	32.12	
450m:	33.27	950m:	33.60	1450m:	33.44	1950m:	33.38	2450m:	33.53	2950m:	31.75	
500m:	33.17	1000m:	33.31	1500m:	32.97	2000m:	33.76	2500m:	33.60	3000m:	29.54	
10. ELIES VAZQUEZ, Pau	03 C.N. Atl Barceloneta										33:12.15	11,00
50m:	32.50	550m:	33.29	1050m:	32.81	1550m:	32.57	2050m:	33.33	2550m:	33.22	
100m:	33.50	600m:	33.52	1100m:	33.00	1600m:	32.75	2100m:	33.63	2600m:	33.56	
150m:	33.23	650m:	33.13	1150m:	32.85	1650m:	32.94	2150m:	33.50	2650m:	33.38	
200m:	33.32	700m:	33.17	1200m:	33.04	1700m:	32.71	2200m:	33.84	2700m:	33.44	
250m:	33.74	750m:	32.78	1250m:	32.88	1750m:	33.05	2250m:	33.38	2750m:	33.36	
300m:	33.40	800m:	33.07	1300m:	32.82	1800m:	33.36	2300m:	33.47	2800m:	33.75	
350m:	33.16	850m:	33.00	1350m:	32.82	1850m:	33.01	2350m:	33.56	2850m:	33.97	
400m:	33.42	900m:	33.24	1400m:	33.03	1900m:	33.44	2400m:	33.34	2900m:	33.95	
450m:	33.24	950m:	33.01	1450m:	32.60	1950m:	33.66	2450m:	33.71	2950m:	33.49	
500m:	33.24	1000m:	33.00	1500m:	32.58	2000m:	33.44	2500m:	33.64	3000m:	31.31	
11. JIMÉNEZ RÍSQUEZ, Alex	06 C.N. Caldes										33:14.05	16,00
50m:	32.09	550m:	32.77	1050m:	32.66	1550m:	33.14	2050m:	33.39	2550m:	33.86	
100m:	32.39	600m:	33.10	1100m:	32.87	1600m:	33.24	2100m:	33.50	2600m:	33.89	
150m:	32.86	650m:	33.17	1150m:	32.93	1650m:	33.03	2150m:	34.02	2650m:	33.64	
200m:	33.35	700m:	33.05	1200m:	33.28	1700m:	32.98	2200m:	33.79	2700m:	33.78	
250m:	33.60	750m:	33.11	1250m:	33.12	1750m:	33.59	2250m:	33.76	2750m:	33.96	
300m:	32.69	800m:	32.80	1300m:	33.09	1800m:	33.49	2300m:	33.52	2800m:	33.80	
350m:	32.26	850m:	32.59	1350m:	32.81	1850m:	33.39	2350m:	33.80	2850m:	33.94	
400m:	32.68	900m:	32.67	1400m:	33.02	1900m:	33.37	2400m:	33.83	2900m:	34.07	
450m:	32.92	950m:	32.53	1450m:	32.98	1950m:	33.23	2450m:	34.04	2950m:	33.67	
500m:	32.84	1000m:	32.81	1500m:	33.10	2000m:	33.65	2500m:	33.82	3000m:	32.72	
12. MARTÍNEZ MARESMÀ, Pol	04 C.N. Mataró										33:35.98	13,00
50m:	30.91	550m:	32.83	1050m:	33.38	1550m:	33.48	2050m:	34.49	2550m:	34.69	
100m:	31.54	600m:	32.45	1100m:	33.60	1600m:	33.57	2100m:	34.51	2600m:	33.79	
150m:	32.19	650m:	32.88	1150m:	33.21	1650m:	33.52	2150m:	34.34	2650m:	34.42	
200m:	32.20	700m:	33.27	1200m:	33.44	1700m:	33.87	2200m:	34.26	2700m:	34.64	
250m:	32.34	750m:	33.10	1250m:	33.44	1750m:	33.58	2250m:	33.91	2750m:	35.25	
300m:	32.76	800m:	32.89	1300m:	33.75	1800m:	34.21	2300m:	34.21	2800m:	34.87	
350m:	32.92	850m:	33.00	1350m:	33.62	1850m:	34.97	2350m:	34.52	2850m:	35.17	
400m:	32.88	900m:	33.43	1400m:	33.44	1900m:	35.32	2400m:	34.66	2900m:	33.56	
450m:	32.97	950m:	33.25	1450m:	33.71	1950m:	33.75	2450m:	34.53	2950m:	33.57	
500m:	33.19	1000m:	33.46	1500m:	33.91	2000m:	33.69	2500m:	34.65	3000m:	32.02	
13. IBAÑEZ PINA, Nil	03 C.N. Atl Barceloneta										33:51.82	10,00
50m:	31.57	550m:	33.93	1050m:	33.49	1550m:	34.18	2050m:	34.42	2550m:	33.97	
100m:	32.61	600m:	33.42	1100m:	33.66	1600m:	34.16	2100m:	34.26	2600m:	34.28	
150m:	33.39	650m:	33.49	1150m:	33.61	1650m:	34.09	2150m:	34.55	2650m:	34.19	
200m:	33.26	700m:	33.73	1200m:	33.44	1700m:	34.11	2200m:	34.36	2700m:	34.24	
250m:	33.92	750m:	33.63	1250m:	33.70	1750m:	33.88	2250m:	34.59	2750m:	34.14	
300m:	33.28	800m:	33.79	1300m:	33.81	1800m:	34.43	2300m:	34.76	2800m:	34.19	
350m:	33.36	850m:	33.72	1350m:	34.08	1850m:	33.78	2350m:	34.37	2850m:	33.84	
400m:	33.60	900m:	33.64	1400m:	33.99	1900m:	34.42	2400m:	34.25	2900m:	33.74	
450m:	33.81	950m:	33.49	1450m:	34.09	1950m:	34.14	2450m:	34.47	2950m:	33.77	
500m:	33.65	1000m:	33.81	1500m:	34.03	2000m:	34.67	2500m:	34.36	3000m:	32.21	

Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY										Temps			
14.	VENDRELL GARCIA, Jose										03	C.N. Lleida	33:52.68	9,00
	50m:	31.18	550m:	33.29	1050m:	33.31	1550m:	34.38	2050m:	34.55	2550m:	34.50		
	100m:	32.06	600m:	33.01	1100m:	33.34	1600m:	33.87	2100m:	34.55	2600m:	34.72		
	150m:	32.29	650m:	33.10	1150m:	34.22	1650m:	33.74	2150m:	34.96	2650m:	35.25		
	200m:	32.99	700m:	33.11	1200m:	33.61	1700m:	34.57	2200m:	34.73	2700m:	35.08		
	250m:	32.92	750m:	33.22	1250m:	33.51	1750m:	34.22	2250m:	35.46	2750m:	34.89		
	300m:	32.82	800m:	33.09	1300m:	33.87	1800m:	34.49	2300m:	34.99	2800m:	35.24		
	350m:	32.92	850m:	33.09	1350m:	33.55	1850m:	34.17	2350m:	34.60	2850m:	35.09		
	400m:	32.78	900m:	32.90	1400m:	33.46	1900m:	34.47	2400m:	34.74	2900m:	35.09		
	450m:	32.92	950m:	33.48	1450m:	33.65	1950m:	34.31	2450m:	34.74	2950m:	34.76		
	500m:	33.10	1000m:	33.13	1500m:	33.59	2000m:	34.35	2500m:	35.01	3000m:	33.65		
15.	SANCHEZ HURTADO, Alex										00	C.N. L'Hospitalet	34:00.64	8,00
	50m:	31.20	550m:	33.26	1050m:	33.73	1550m:	34.39	2050m:	33.67	2550m:	35.23		
	100m:	32.05	600m:	33.54	1100m:	33.80	1600m:	34.72	2100m:	34.56	2600m:	34.98		
	150m:	32.77	650m:	33.50	1150m:	34.10	1650m:	34.75	2150m:	34.29	2650m:	35.00		
	200m:	33.15	700m:	33.94	1200m:	33.95	1700m:	34.47	2200m:	34.45	2700m:	34.67		
	250m:	33.03	750m:	33.54	1250m:	33.94	1750m:	34.06	2250m:	35.67	2750m:	34.45		
	300m:	33.42	800m:	33.70	1300m:	34.21	1800m:	34.58	2300m:	34.43	2800m:	34.15		
	350m:	33.23	850m:	33.69	1350m:	34.30	1850m:	34.46	2350m:	34.21	2850m:	34.63		
	400m:	33.53	900m:	33.41	1400m:	34.21	1900m:	34.07	2400m:	34.34	2900m:	34.97		
	450m:	33.37	950m:	33.77	1450m:	34.35	1950m:	34.06	2450m:	35.38	2950m:	34.76		
	500m:	33.78	1000m:	33.48	1500m:	34.65	2000m:	33.41	2500m:	34.43	3000m:	32.80		
16.	YEGRES COTTIN, Andres										02	C.N. Barcelona	34:01.96	7,00
	50m:	32.76	550m:	33.18	1050m:	33.28	1550m:	34.02	2050m:	34.13	2550m:	35.39		
	100m:	33.13	600m:	33.28	1100m:	33.13	1600m:	34.11	2100m:	34.85	2600m:	35.41		
	150m:	33.57	650m:	32.81	1150m:	33.19	1650m:	34.43	2150m:	34.91	2650m:	35.75		
	200m:	33.35	700m:	33.06	1200m:	33.00	1700m:	34.23	2200m:	34.80	2700m:	35.50		
	250m:	33.54	750m:	32.82	1250m:	33.25	1750m:	34.53	2250m:	35.44	2750m:	35.40		
	300m:	33.35	800m:	32.96	1300m:	33.46	1800m:	34.92	2300m:	35.31	2800m:	35.23		
	350m:	33.36	850m:	33.35	1350m:	33.20	1850m:	34.61	2350m:	35.15	2850m:	34.39		
	400m:	33.53	900m:	33.06	1400m:	33.38	1900m:	34.88	2400m:	34.94	2900m:	34.68		
	450m:	33.16	950m:	33.50	1450m:	33.32	1950m:	34.52	2450m:	35.35	2950m:	34.50		
	500m:	33.37	1000m:	33.13	1500m:	33.82	2000m:	34.67	2500m:	35.46	3000m:	33.15		
17.	CASALS MAS, Èric										06	C.N. Vic-Etb	34:03.59	14,00
	50m:	31.35	550m:	33.78	1050m:	34.01	1550m:	34.69	2050m:	34.19	2550m:	35.01		
	100m:	32.61	600m:	32.87	1100m:	33.58	1600m:	34.41	2100m:	34.25	2600m:	34.44		
	150m:	33.16	650m:	32.92	1150m:	34.52	1650m:	34.50	2150m:	34.30	2650m:	34.71		
	200m:	33.29	700m:	33.73	1200m:	34.27	1700m:	34.78	2200m:	34.81	2700m:	34.84		
	250m:	33.43	750m:	33.78	1250m:	34.48	1750m:	34.37	2250m:	34.24	2750m:	34.49		
	300m:	33.33	800m:	33.82	1300m:	34.54	1800m:	34.07	2300m:	34.44	2800m:	34.71		
	350m:	33.01	850m:	33.77	1350m:	34.64	1850m:	34.14	2350m:	34.52	2850m:	35.07		
	400m:	33.18	900m:	33.56	1400m:	34.56	1900m:	34.06	2400m:	34.83	2900m:	34.42		
	450m:	33.53	950m:	33.68	1450m:	34.45	1950m:	34.67	2450m:	34.67	2950m:	35.03		
	500m:	33.25	1000m:	33.97	1500m:	34.63	2000m:	34.43	2500m:	34.87	3000m:	31.93		
18.	CHAVES GUARDIA, David										98	C.N. Mataró	34:04.84	6,00
	50m:	31.66	550m:	34.94	1050m:	33.07	1550m:	34.47	2050m:	34.22	2550m:	34.46		
	100m:	32.42	600m:	34.47	1100m:	33.71	1600m:	34.68	2100m:	34.50	2600m:	34.45		
	150m:	32.58	650m:	34.01	1150m:	34.40	1650m:	34.64	2150m:	34.34	2650m:	34.41		
	200m:	33.15	700m:	33.80	1200m:	34.18	1700m:	34.35	2200m:	34.60	2700m:	34.21		
	250m:	33.22	750m:	34.00	1250m:	33.96	1750m:	33.99	2250m:	34.44	2750m:	33.82		
	300m:	33.92	800m:	34.56	1300m:	33.99	1800m:	34.50	2300m:	34.30	2800m:	33.86		
	350m:	34.12	850m:	34.11	1350m:	34.11	1850m:	34.40	2350m:	34.55	2850m:	33.96		
	400m:	34.34	900m:	34.10	1400m:	34.18	1900m:	34.34	2400m:	34.66	2900m:	34.03		
	450m:	34.05	950m:	33.93	1450m:	34.40	1950m:	34.36	2450m:	34.60	2950m:	33.74		
	500m:	34.48	1000m:	34.00	1500m:	34.58	2000m:	34.59	2500m:	34.45	3000m:	32.48		

Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY										Temps			
19.	BLANES FRIGOLA, Aleix										04	C.E. Àgora	34:09.67	12,00
	50m:	31.75	550m:	33.51	1050m:	34.21	1550m:	34.60	2050m:	35.19	2550m:	35.14		
	100m:	32.38	600m:	33.55	1100m:	34.12	1600m:	34.35	2100m:	34.77	2600m:	35.02		
	150m:	32.73	650m:	33.60	1150m:	33.54	1650m:	34.37	2150m:	35.26	2650m:	35.02		
	200m:	32.81	700m:	33.88	1200m:	34.37	1700m:	34.43	2200m:	35.29	2700m:	34.72		
	250m:	32.80	750m:	33.57	1250m:	33.67	1750m:	34.14	2250m:	35.39	2750m:	34.73		
	300m:	33.24	800m:	33.80	1300m:	33.90	1800m:	34.56	2300m:	35.32	2800m:	35.09		
	350m:	33.25	850m:	34.01	1350m:	33.95	1850m:	34.25	2350m:	35.02	2850m:	35.18		
	400m:	33.10	900m:	33.79	1400m:	33.88	1900m:	34.64	2400m:	35.11	2900m:	35.15		
	450m:	33.34	950m:	33.79	1450m:	34.08	1950m:	34.40	2450m:	35.37	2950m:	34.76		
	500m:	33.76	1000m:	34.14	1500m:	34.38	2000m:	34.77	2500m:	35.13	3000m:	31.60		
20.	REYES VALENZUELA, Abel										03	C.N. Mataró	34:25.57	5,00
	50m:	31.78	550m:	33.83	1050m:	34.07	1550m:	34.76	2050m:	34.72	2550m:	34.99		
	100m:	33.09	600m:	34.20	1100m:	34.16	1600m:	34.33	2100m:	35.01	2600m:	35.07		
	150m:	33.90	650m:	34.06	1150m:	34.40	1650m:	34.42	2150m:	34.94	2650m:	35.16		
	200m:	34.19	700m:	34.08	1200m:	34.30	1700m:	34.75	2200m:	34.88	2700m:	35.33		
	250m:	34.19	750m:	34.18	1250m:	34.58	1750m:	34.77	2250m:	35.15	2750m:	34.82		
	300m:	34.10	800m:	33.89	1300m:	34.26	1800m:	34.71	2300m:	34.69	2800m:	35.18		
	350m:	33.83	850m:	34.06	1350m:	34.47	1850m:	34.98	2350m:	34.97	2850m:	34.98		
	400m:	34.05	900m:	33.84	1400m:	34.31	1900m:	34.74	2400m:	34.89	2900m:	34.94		
	450m:	33.96	950m:	33.93	1450m:	34.45	1950m:	34.96	2450m:	34.85	2950m:	35.02		
	500m:	33.90	1000m:	34.00	1500m:	34.48	2000m:	34.60	2500m:	35.00	3000m:	33.42		
21.	LIRES SUELDO, Manuel										02	C.N. Barcelona	34:26.42	4,00
	50m:	31.42	550m:	33.75	1050m:	33.87	1550m:	34.46	2050m:	34.98	2550m:	35.11		
	100m:	32.80	600m:	33.86	1100m:	34.00	1600m:	34.03	2100m:	35.83	2600m:	34.78		
	150m:	33.28	650m:	33.59	1150m:	34.75	1650m:	34.82	2150m:	34.58	2650m:	35.15		
	200m:	33.64	700m:	33.75	1200m:	34.61	1700m:	35.24	2200m:	35.42	2700m:	35.19		
	250m:	33.55	750m:	33.91	1250m:	34.52	1750m:	35.45	2250m:	34.92	2750m:	33.79		
	300m:	33.63	800m:	33.78	1300m:	34.60	1800m:	34.73	2300m:	35.53	2800m:	34.59		
	350m:	33.84	850m:	33.86	1350m:	34.26	1850m:	34.70	2350m:	36.00	2850m:	35.35		
	400m:	33.39	900m:	34.12	1400m:	34.46	1900m:	35.49	2400m:	35.24	2900m:	34.32		
	450m:	33.56	950m:	34.12	1450m:	34.66	1950m:	35.39	2450m:	34.78	2950m:	34.82		
	500m:	34.03	1000m:	34.81	1500m:	35.09	2000m:	35.42	2500m:	34.59	3000m:	34.21		
22.	TOSQUELLA VILARDOSA, Eudald										06	C.N. Cervera	34:38.85	13,00
	50m:	34.10	550m:	34.93	1050m:	34.97	1550m:	34.83	2050m:	34.58	2550m:	34.65		
	100m:	34.03	600m:	34.82	1100m:	35.45	1600m:	34.45	2100m:	34.76	2600m:	34.49		
	150m:	34.55	650m:	34.60	1150m:	35.25	1650m:	34.16	2150m:	34.55	2650m:	34.44		
	200m:	34.49	700m:	34.61	1200m:	34.98	1700m:	34.30	2200m:	34.87	2700m:	34.34		
	250m:	34.80	750m:	34.87	1250m:	34.94	1750m:	34.37	2250m:	34.34	2750m:	34.38		
	300m:	34.10	800m:	34.64	1300m:	35.58	1800m:	34.71	2300m:	34.70	2800m:	34.27		
	350m:	36.03	850m:	34.82	1350m:	35.31	1850m:	34.84	2350m:	34.64	2850m:	34.12		
	400m:	34.97	900m:	34.79	1400m:	34.95	1900m:	35.00	2400m:	34.89	2900m:	32.61		
	450m:	35.47	950m:	34.95	1450m:	33.94	1950m:	34.12	2450m:	34.84	2950m:	32.14		
	500m:	35.73	1000m:	34.98	1500m:	34.76	2000m:	34.08	2500m:	34.74	3000m:	35.23		
23.	CORONA EDO, Marc										07	C.N. Sabadell	34:42.93	12,00
	50m:	31.38	550m:	34.67	1050m:	34.98	1550m:	34.36	2050m:	34.91	2550m:	34.83		
	100m:	33.35	600m:	34.98	1100m:	34.94	1600m:	34.91	2100m:	34.76	2600m:	35.14		
	150m:	33.74	650m:	35.41	1150m:	35.48	1650m:	34.81	2150m:	34.93	2650m:	35.08		
	200m:	33.92	700m:	35.15	1200m:	35.05	1700m:	33.84	2200m:	34.16	2700m:	35.42		
	250m:	34.32	750m:	34.96	1250m:	34.58	1750m:	34.65	2250m:	35.13	2750m:	35.21		
	300m:	34.46	800m:	35.08	1300m:	35.27	1800m:	34.43	2300m:	35.02	2800m:	34.64		
	350m:	34.58	850m:	35.42	1350m:	35.08	1850m:	34.63	2350m:	35.01	2850m:	34.71		
	400m:	34.79	900m:	34.81	1400m:	34.48	1900m:	34.86	2400m:	34.69	2900m:	34.91		
	450m:	34.72	950m:	34.85	1450m:	34.59	1950m:	34.81	2450m:	34.96	2950m:	34.59		
	500m:	34.76	1000m:	34.91	1500m:	35.47	2000m:	35.00	2500m:	34.69	3000m:	33.66		

Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY										Temps	
24. ROURA CLEMENTE, Gerard	01 GEIEG										34:53.65	3,00
50m:	32.05	550m:	34.51	1050m:	34.70	1550m:	35.00	2050m:	35.52	2550m:	35.40	
100m:	33.16	600m:	34.78	1100m:	34.99	1600m:	34.92	2100m:	35.26	2600m:	35.47	
150m:	33.65	650m:	34.83	1150m:	34.59	1650m:	35.04	2150m:	35.55	2650m:	35.67	
200m:	33.52	700m:	34.69	1200m:	35.18	1700m:	35.36	2200m:	35.40	2700m:	35.12	
250m:	33.64	750m:	34.51	1250m:	34.94	1750m:	35.22	2250m:	35.13	2750m:	35.22	
300m:	34.18	800m:	34.89	1300m:	35.32	1800m:	34.99	2300m:	35.78	2800m:	35.81	
350m:	34.05	850m:	34.72	1350m:	34.90	1850m:	35.25	2350m:	35.59	2850m:	35.18	
400m:	34.46	900m:	34.80	1400m:	35.10	1900m:	35.49	2400m:	35.66	2900m:	35.31	
450m:	34.61	950m:	35.07	1450m:	35.11	1950m:	35.55	2450m:	35.28	2950m:	34.17	
500m:	34.55	1000m:	34.90	1500m:	35.15	2000m:	35.56	2500m:	35.52	3000m:	33.68	
25. ARJO DELGADO, Sergi	06 C.N. Lleida										35:01.58	11,00
50m:	33.49	550m:	34.69	1050m:	34.80	1550m:	35.09	2050m:	35.33	2550m:	35.60	
100m:	34.42	600m:	35.07	1100m:	34.58	1600m:	35.30	2100m:	35.63	2600m:	35.63	
150m:	34.68	650m:	34.97	1150m:	34.86	1650m:	35.64	2150m:	35.49	2650m:	35.53	
200m:	35.04	700m:	34.68	1200m:	34.61	1700m:	35.58	2200m:	35.27	2700m:	35.60	
250m:	34.55	750m:	34.84	1250m:	34.99	1750m:	35.47	2250m:	35.12	2750m:	35.88	
300m:	34.65	800m:	34.92	1300m:	34.87	1800m:	35.32	2300m:	35.42	2800m:	35.76	
350m:	34.59	850m:	34.84	1350m:	34.67	1850m:	35.55	2350m:	34.98	2850m:	35.76	
400m:	34.68	900m:	34.52	1400m:	34.98	1900m:	35.71	2400m:	35.39	2900m:	34.99	
450m:	34.94	950m:	34.95	1450m:	34.85	1950m:	35.19	2450m:	34.96	2950m:	34.91	
500m:	34.86	1000m:	34.55	1500m:	34.36	2000m:	35.46	2500m:	35.51	3000m:	33.01	
26. FIORI PORTA, Marc	05 C.N. Mataró										35:14.87	11,00
50m:	33.55	550m:	35.13	1050m:	35.30	1550m:	35.01	2050m:	35.36	2550m:	35.11	
100m:	34.41	600m:	35.20	1100m:	35.33	1600m:	35.61	2100m:	34.83	2600m:	35.52	
150m:	34.74	650m:	35.78	1150m:	35.17	1650m:	35.51	2150m:	35.62	2650m:	35.48	
200m:	34.87	700m:	34.87	1200m:	35.20	1700m:	35.35	2200m:	35.33	2700m:	35.71	
250m:	35.10	750m:	35.20	1250m:	35.27	1750m:	35.72	2250m:	35.19	2750m:	35.49	
300m:	35.12	800m:	35.20	1300m:	35.49	1800m:	35.39	2300m:	34.92	2800m:	35.45	
350m:	35.01	850m:	35.19	1350m:	35.56	1850m:	35.27	2350m:	35.41	2850m:	35.44	
400m:	35.04	900m:	35.44	1400m:	35.58	1900m:	35.60	2400m:	35.44	2900m:	35.15	
450m:	35.51	950m:	35.58	1450m:	35.77	1950m:	35.40	2450m:	35.60	2950m:	34.69	
500m:	35.47	1000m:	35.20	1500m:	35.49	2000m:	35.49	2500m:	34.98	3000m:	34.03	
27. MICHANS BURGUÉS, Àlex	07 C.N. Lleida										35:15.21	10,00
50m:	34.08	550m:	35.17	1050m:	34.20	1550m:	35.16	2050m:	35.58	2550m:	36.11	
100m:	34.54	600m:	34.81	1100m:	35.13	1600m:	35.18	2100m:	35.41	2600m:	35.43	
150m:	34.92	650m:	34.68	1150m:	35.43	1650m:	35.00	2150m:	35.78	2650m:	35.44	
200m:	35.06	700m:	35.04	1200m:	35.30	1700m:	35.46	2200m:	36.09	2700m:	35.88	
250m:	35.70	750m:	34.73	1250m:	35.20	1750m:	35.04	2250m:	35.67	2750m:	35.87	
300m:	35.22	800m:	34.70	1300m:	35.09	1800m:	35.62	2300m:	35.43	2800m:	36.15	
350m:	35.03	850m:	34.86	1350m:	35.51	1850m:	35.11	2350m:	35.43	2850m:	36.04	
400m:	34.60	900m:	35.04	1400m:	35.11	1900m:	35.57	2400m:	35.07	2900m:	35.03	
450m:	35.16	950m:	34.77	1450m:	35.30	1950m:	35.77	2450m:	34.99	2950m:	35.41	
500m:	35.27	1000m:	35.18	1500m:	35.55	2000m:	35.23	2500m:	36.10	3000m:	34.78	
28. RIERA GARCIA, Pablo	04 C.E.N. Cabrera De Mar										35:16.21	10,00
50m:	31.72	550m:	34.40	1050m:	34.71	1550m:	35.47	2050m:	35.72	2550m:	36.00	
100m:	32.99	600m:	34.39	1100m:	34.99	1600m:	35.91	2100m:	35.76	2600m:	36.12	
150m:	33.76	650m:	34.29	1150m:	35.11	1650m:	35.69	2150m:	36.20	2650m:	36.56	
200m:	33.85	700m:	34.53	1200m:	35.39	1700m:	35.78	2200m:	36.05	2700m:	36.09	
250m:	33.88	750m:	34.90	1250m:	35.20	1750m:	36.18	2250m:	35.19	2750m:	36.14	
300m:	34.14	800m:	34.87	1300m:	35.59	1800m:	35.85	2300m:	35.72	2800m:	36.56	
350m:	34.01	850m:	35.00	1350m:	35.71	1850m:	35.93	2350m:	35.57	2850m:	36.38	
400m:	34.19	900m:	34.75	1400m:	35.52	1900m:	36.42	2400m:	36.00	2900m:	35.96	
450m:	34.31	950m:	34.87	1450m:	35.80	1950m:	35.49	2450m:	35.92	2950m:	35.74	
500m:	34.58	1000m:	35.29	1500m:	35.91	2000m:	36.10	2500m:	36.11	3000m:	34.95	

Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY										Temps	
29. SERNA IZQUIERDO, Arnau	05 C.N. Mataró										35:34.40	9,00
50m:	33.47	550m:	34.85	1050m:	36.00	1550m:	35.70	2050m:	35.79	2550m:	36.37	
100m:	34.36	600m:	34.85	1100m:	35.28	1600m:	35.44	2100m:	36.03	2600m:	36.22	
150m:	34.61	650m:	34.90	1150m:	35.52	1650m:	35.79	2150m:	36.81	2650m:	36.86	
200m:	34.81	700m:	35.33	1200m:	35.63	1700m:	35.81	2200m:	36.81	2700m:	36.64	
250m:	34.47	750m:	35.03	1250m:	35.60	1750m:	35.71	2250m:	35.95	2750m:	35.43	
300m:	34.56	800m:	35.58	1300m:	35.69	1800m:	35.88	2300m:	36.26	2800m:	36.43	
350m:	34.53	850m:	35.32	1350m:	35.63	1850m:	36.02	2350m:	36.24	2850m:	36.40	
400m:	34.90	900m:	35.31	1400m:	35.55	1900m:	35.74	2400m:	36.39	2900m:	36.00	
450m:	34.69	950m:	35.19	1450m:	35.40	1950m:	36.16	2450m:	36.73	2950m:	36.13	
500m:	35.03	1000m:	35.26	1500m:	35.92	2000m:	36.27	2500m:	36.01	3000m:	33.11	
30. NAVARRO GALAN, Marc	07 C.N. Viladecans										35:37.29	9,00
50m:	32.63	550m:	35.61	1050m:	35.80	1550m:	36.04	2050m:	36.00	2550m:	35.81	
100m:	33.90	600m:	35.49	1100m:	35.90	1600m:	35.79	2100m:	35.82	2600m:	35.79	
150m:	34.86	650m:	35.75	1150m:	36.08	1650m:	35.52	2150m:	35.75	2650m:	35.98	
200m:	35.11	700m:	36.09	1200m:	35.57	1700m:	36.21	2200m:	36.06	2700m:	35.91	
250m:	35.13	750m:	35.81	1250m:	35.65	1750m:	35.76	2250m:	36.47	2750m:	37.05	
300m:	34.93	800m:	35.96	1300m:	35.67	1800m:	35.85	2300m:	36.46	2800m:	35.83	
350m:	35.22	850m:	35.77	1350m:	35.90	1850m:	35.73	2350m:	35.93	2850m:	35.49	
400m:	35.46	900m:	35.65	1400m:	35.44	1900m:	35.99	2400m:	36.67	2900m:	34.86	
450m:	35.43	950m:	35.84	1450m:	35.52	1950m:	36.39	2450m:	35.95	2950m:	34.58	
500m:	35.52	1000m:	35.87	1500m:	35.61	2000m:	36.02	2500m:	36.19	3000m:	32.22	
31. VILASECA MARTIN, Jan	07 C.N. Terrassa										35:37.30	8,00
50m:	32.12	550m:	34.93	1050m:	35.47	1550m:	35.76	2050m:	36.37	2550m:	36.00	
100m:	34.05	600m:	34.78	1100m:	35.06	1600m:	35.69	2100m:	36.84	2600m:	36.77	
150m:	34.19	650m:	34.65	1150m:	35.32	1650m:	35.69	2150m:	36.30	2650m:	37.03	
200m:	34.85	700m:	35.28	1200m:	35.73	1700m:	35.83	2200m:	36.50	2700m:	36.94	
250m:	34.83	750m:	34.31	1250m:	35.12	1750m:	35.89	2250m:	36.16	2750m:	36.56	
300m:	34.98	800m:	35.99	1300m:	35.24	1800m:	36.10	2300m:	36.16	2800m:	37.12	
350m:	34.82	850m:	35.30	1350m:	34.93	1850m:	36.22	2350m:	36.20	2850m:	36.45	
400m:	35.75	900m:	35.04	1400m:	35.19	1900m:	36.30	2400m:	37.25	2900m:	35.81	
450m:	35.87	950m:	35.27	1450m:	35.34	1950m:	36.61	2450m:	35.88	2950m:	36.11	
500m:	34.62	1000m:	35.32	1500m:	35.38	2000m:	36.54	2500m:	36.49	3000m:	34.00	
32. ROCA BORRAS, Joan	06 C.N. Salou										35:37.72	7,00
50m:	33.02	550m:	35.69	1050m:	35.68	1550m:	36.18	2050m:	36.11	2550m:	36.06	
100m:	33.97	600m:	35.51	1100m:	35.53	1600m:	35.92	2100m:	36.52	2600m:	35.82	
150m:	34.47	650m:	35.92	1150m:	35.40	1650m:	36.13	2150m:	36.15	2650m:	35.86	
200m:	35.22	700m:	35.66	1200m:	35.38	1700m:	36.06	2200m:	35.14	2700m:	36.20	
250m:	35.60	750m:	35.13	1250m:	35.76	1750m:	36.28	2250m:	35.76	2750m:	36.26	
300m:	35.45	800m:	35.89	1300m:	36.09	1800m:	36.17	2300m:	36.54	2800m:	36.12	
350m:	35.63	850m:	35.82	1350m:	35.96	1850m:	35.89	2350m:	36.22	2850m:	35.05	
400m:	35.79	900m:	35.85	1400m:	35.89	1900m:	36.10	2400m:	36.26	2900m:	34.65	
450m:	35.44	950m:	35.81	1450m:	35.96	1950m:	36.07	2450m:	35.95	2950m:	34.29	
500m:	35.61	1000m:	35.41	1500m:	35.95	2000m:	36.04	2500m:	36.29	3000m:	31.14	
33. DEL CASTILLO MASICH, Guillem	06 C.N. Tarraco										35:38.20	6,00
50m:	33.69	550m:	35.47	1050m:	35.63	1550m:	36.03	2050m:	36.23	2550m:	35.90	
100m:	34.01	600m:	35.83	1100m:	35.70	1600m:	35.94	2100m:	36.42	2600m:	35.85	
150m:	34.51	650m:	35.54	1150m:	35.66	1650m:	35.99	2150m:	36.30	2650m:	35.94	
200m:	34.95	700m:	35.47	1200m:	35.40	1700m:	36.21	2200m:	36.00	2700m:	36.29	
250m:	35.39	750m:	35.40	1250m:	35.70	1750m:	36.07	2250m:	35.79	2750m:	36.34	
300m:	35.38	800m:	36.03	1300m:	35.91	1800m:	36.24	2300m:	36.09	2800m:	35.99	
350m:	35.57	850m:	35.63	1350m:	35.91	1850m:	35.93	2350m:	36.20	2850m:	34.64	
400m:	35.76	900m:	35.87	1400m:	35.94	1900m:	36.03	2400m:	36.10	2900m:	34.36	
450m:	35.47	950m:	35.60	1450m:	35.97	1950m:	36.09	2450m:	35.95	2950m:	34.12	
500m:	35.51	1000m:	35.59	1500m:	36.01	2000m:	36.04	2500m:	35.95	3000m:	32.67	

Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY										Temps	
34. MATAS VELASCO, Guillermo	96 C.N. Mataró										35:40.74	2,00
50m:	34.03	550m:	35.72	1050m:	35.41	1550m:	36.33	2050m:	36.13	2550m:	36.23	
100m:	33.29	600m:	35.54	1100m:	35.52	1600m:	36.07	2100m:	36.37	2600m:	35.75	
150m:	34.10	650m:	35.69	1150m:	35.29	1650m:	36.08	2150m:	35.85	2650m:	35.98	
200m:	35.25	700m:	35.48	1200m:	35.55	1700m:	35.91	2200m:	35.04	2700m:	36.27	
250m:	35.92	750m:	35.48	1250m:	36.01	1750m:	36.12	2250m:	36.12	2750m:	36.18	
300m:	35.38	800m:	35.72	1300m:	35.87	1800m:	36.14	2300m:	36.38	2800m:	36.19	
350m:	35.54	850m:	35.90	1350m:	35.97	1850m:	36.43	2350m:	36.29	2850m:	35.63	
400m:	35.68	900m:	35.77	1400m:	35.96	1900m:	35.74	2400m:	36.11	2900m:	34.83	
450m:	35.70	950m:	35.59	1450m:	35.74	1950m:	35.92	2450m:	35.88	2950m:	34.47	
500m:	35.40	1000m:	35.56	1500m:	36.11	2000m:	36.11	2500m:	36.49	3000m:	33.53	
35. REMESAR AGUILAR, Nemo Antonio	83 C.N. Atl Barceloneta										35:49.26	1,00
50m:	33.48	550m:	35.43	1050m:	35.15	1550m:	37.80	2050m:	36.65	2550m:	36.02	
100m:	33.74	600m:	35.03	1100m:	34.72	1600m:	38.11	2100m:	36.57	2600m:	36.69	
150m:	34.10	650m:	35.34	1150m:	35.07	1650m:	37.87	2150m:	36.32	2650m:	36.30	
200m:	34.34	700m:	35.24	1200m:	35.59	1700m:	37.19	2200m:	35.99	2700m:	36.81	
250m:	34.78	750m:	34.86	1250m:	35.26	1750m:	37.59	2250m:	36.36	2750m:	35.89	
300m:	34.69	800m:	34.92	1300m:	35.84	1800m:	37.57	2300m:	36.28	2800m:	36.41	
350m:	34.64	850m:	35.21	1350m:	35.41	1850m:	36.67	2350m:	36.17	2850m:	36.67	
400m:	35.80	900m:	34.96	1400m:	35.46	1900m:	37.03	2400m:	36.56	2900m:	36.11	
450m:	35.26	950m:	34.99	1450m:	35.25	1950m:	36.62	2450m:	36.17	2950m:	35.42	
500m:	35.36	1000m:	35.65	1500m:	35.36	2000m:	36.41	2500m:	36.32	3000m:	35.76	
36. DE LA CRUZ GARCIA, Didac	07 C.N. Sant Andreu										35:50.78	5,00
50m:	33.47	550m:	36.33	1050m:	35.55	1550m:	35.25	2050m:	36.37	2550m:	35.35	
100m:	35.34	600m:	35.03	1100m:	35.67	1600m:	35.72	2100m:	36.67	2600m:	36.19	
150m:	35.89	650m:	35.27	1150m:	35.15	1650m:	36.47	2150m:	36.90	2650m:	34.89	
200m:	35.30	700m:	35.34	1200m:	35.72	1700m:	36.32	2200m:	36.30	2700m:	36.12	
250m:	35.16	750m:	35.57	1250m:	36.40	1750m:	36.26	2250m:	37.09	2750m:	36.06	
300m:	35.49	800m:	35.87	1300m:	36.46	1800m:	35.84	2300m:	37.89	2800m:	35.86	
350m:	36.14	850m:	35.27	1350m:	36.22	1850m:	37.43	2350m:	36.29	2850m:	35.30	
400m:	36.03	900m:	35.66	1400m:	36.82	1900m:	35.63	2400m:	37.08	2900m:	36.23	
450m:	35.03	950m:	35.58	1450m:	35.70	1950m:	35.88	2450m:	36.14	2950m:	33.79	
500m:	35.75	1000m:	36.12	1500m:	35.59	2000m:	36.60	2500m:	36.95	3000m:	32.99	
37. LAGOS PAU, Aitor	95 C.N. L'Hospitalet										35:53.62	-
50m:	32.85	550m:	35.38	1050m:	36.40	1550m:	36.44	2050m:	36.13	2550m:	37.45	
100m:	33.64	600m:	34.89	1100m:	35.76	1600m:	36.29	2100m:	36.30	2600m:	37.28	
150m:	33.78	650m:	35.29	1150m:	35.54	1650m:	36.40	2150m:	37.11	2650m:	37.03	
200m:	34.19	700m:	34.86	1200m:	35.80	1700m:	36.33	2200m:	36.72	2700m:	37.32	
250m:	34.41	750m:	35.31	1250m:	36.02	1750m:	36.53	2250m:	36.85	2750m:	37.09	
300m:	34.33	800m:	35.10	1300m:	36.14	1800m:	36.52	2300m:	36.84	2800m:	36.58	
350m:	34.61	850m:	35.92	1350m:	36.38	1850m:	36.52	2350m:	37.08	2850m:	36.27	
400m:	34.49	900m:	36.03	1400m:	36.03	1900m:	36.21	2400m:	36.44	2900m:	36.21	
450m:	34.78	950m:	35.23	1450m:	35.62	1950m:	36.48	2450m:	37.39	2950m:	36.14	
500m:	34.90	1000m:	35.94	1500m:	35.95	2000m:	36.54	2500m:	36.73	3000m:	34.83	
38. ARRUGA MORENO, Alvaro	06 C.N. Igualada										36:15.90	4,00
50m:	34.70	550m:	36.18	1050m:	36.20	1550m:	36.63	2050m:	36.77	2550m:	36.55	
100m:	35.27	600m:	36.07	1100m:	36.03	1600m:	36.81	2100m:	36.57	2600m:	36.39	
150m:	35.67	650m:	35.86	1150m:	36.57	1650m:	36.66	2150m:	36.86	2650m:	35.90	
200m:	36.35	700m:	36.28	1200m:	36.56	1700m:	36.59	2200m:	36.65	2700m:	36.02	
250m:	35.95	750m:	35.89	1250m:	37.03	1750m:	36.56	2250m:	36.49	2750m:	36.14	
300m:	36.28	800m:	36.28	1300m:	36.48	1800m:	36.58	2300m:	36.83	2800m:	36.13	
350m:	36.19	850m:	35.85	1350m:	36.64	1850m:	37.21	2350m:	36.63	2850m:	35.86	
400m:	35.69	900m:	36.23	1400m:	36.37	1900m:	36.79	2400m:	36.60	2900m:	35.94	
450m:	35.67	950m:	35.89	1450m:	36.58	1950m:	37.11	2450m:	36.94	2950m:	35.52	
500m:	35.46	1000m:	36.51	1500m:	36.61	2000m:	36.73	2500m:	36.50	3000m:	33.60	

Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY										Temps		
39. ALVAREZ GARCIA, Joel	06 C.N. Premià										36:24.31		-
50m:	35.12	550m:	36.14	1050m:	36.28	1550m:	36.61	2050m:	36.94	2550m:	36.59		
100m:	35.12	600m:	35.85	1100m:	36.35	1600m:	36.60	2100m:	36.39	2600m:	36.75		
150m:	35.95	650m:	36.00	1150m:	35.88	1650m:	36.60	2150m:	36.82	2650m:	37.16		
200m:	36.04	700m:	36.04	1200m:	36.85	1700m:	36.82	2200m:	36.95	2700m:	36.62		
250m:	36.02	750m:	36.13	1250m:	36.58	1750m:	36.52	2250m:	36.56	2750m:	36.90		
300m:	36.21	800m:	35.93	1300m:	36.86	1800m:	36.75	2300m:	36.69	2800m:	36.82		
350m:	35.83	850m:	35.71	1350m:	36.85	1850m:	37.03	2350m:	36.70	2850m:	36.50		
400m:	36.01	900m:	36.31	1400m:	36.49	1900m:	36.83	2400m:	36.78	2900m:	36.54		
450m:	35.63	950m:	36.24	1450m:	36.47	1950m:	36.96	2450m:	36.74	2950m:	36.43		
500m:	35.44	1000m:	36.41	1500m:	36.71	2000m:	36.86	2500m:	37.12	3000m:	35.28		
40. GABERNET MARTÍN, Biel	07 C.N. Tàrraga										36:31.85		3,00
50m:	34.52	550m:	35.42	1050m:	36.08	1550m:	37.70	2050m:	36.61	2550m:	36.96		
100m:	35.40	600m:	35.07	1100m:	35.69	1600m:	37.44	2100m:	35.76	2600m:	37.26		
150m:	35.44	650m:	35.03	1150m:	36.72	1650m:	37.51	2150m:	36.37	2650m:	36.91		
200m:	35.22	700m:	35.38	1200m:	35.99	1700m:	37.09	2200m:	36.91	2700m:	37.19		
250m:	35.68	750m:	35.76	1250m:	36.62	1750m:	37.25	2250m:	37.38	2750m:	38.03		
300m:	35.77	800m:	36.06	1300m:	37.02	1800m:	38.07	2300m:	36.88	2800m:	37.88		
350m:	36.05	850m:	35.49	1350m:	36.67	1850m:	37.09	2350m:	37.66	2850m:	37.62		
400m:	35.68	900m:	35.68	1400m:	37.14	1900m:	37.20	2400m:	37.23	2900m:	37.41		
450m:	35.40	950m:	35.44	1450m:	37.08	1950m:	37.13	2450m:	38.16	2950m:	36.62		
500m:	35.20	1000m:	36.10	1500m:	37.24	2000m:	37.51	2500m:	37.30	3000m:	35.68		
41. SANCHEZ GIBELLO, Nil	06 C.N. Terrassa										36:38.16		2,00
50m:	33.62	550m:	36.57	1050m:	37.32	1550m:	37.10	2050m:	36.85	2550m:	36.76		
100m:	35.39	600m:	35.82	1100m:	36.83	1600m:	37.53	2100m:	36.76	2600m:	36.81		
150m:	35.28	650m:	36.01	1150m:	37.05	1650m:	37.19	2150m:	36.76	2650m:	36.99		
200m:	34.80	700m:	36.47	1200m:	36.87	1700m:	37.45	2200m:	36.85	2700m:	36.52		
250m:	35.38	750m:	36.49	1250m:	37.34	1750m:	37.29	2250m:	36.75	2750m:	37.15		
300m:	35.81	800m:	36.86	1300m:	37.68	1800m:	37.08	2300m:	37.60	2800m:	36.96		
350m:	36.02	850m:	36.75	1350m:	37.09	1850m:	36.95	2350m:	37.17	2850m:	36.92		
400m:	35.77	900m:	37.01	1400m:	37.30	1900m:	36.91	2400m:	37.67	2900m:	36.31		
450m:	35.68	950m:	36.26	1450m:	36.87	1950m:	36.09	2450m:	37.32	2950m:	37.43		
500m:	35.86	1000m:	36.79	1500m:	37.05	2000m:	37.08	2500m:	37.07	3000m:	34.80		
42. CHECA HORNERO, Aleix	06 C.N. L'Hospitalet										36:41.78		1,00
50m:	34.28	550m:	35.97	1050m:	36.68	1550m:	36.67	2050m:	37.66	2550m:	37.22		
100m:	34.34	600m:	36.22	1100m:	36.64	1600m:	37.07	2100m:	37.37	2600m:	37.62		
150m:	35.76	650m:	36.00	1150m:	36.50	1650m:	36.91	2150m:	37.14	2650m:	37.58		
200m:	36.12	700m:	36.73	1200m:	36.69	1700m:	36.99	2200m:	37.90	2700m:	37.08		
250m:	35.81	750m:	36.47	1250m:	36.58	1750m:	37.13	2250m:	37.43	2750m:	38.04		
300m:	35.23	800m:	36.33	1300m:	36.41	1800m:	37.29	2300m:	36.45	2800m:	37.38		
350m:	35.48	850m:	36.53	1350m:	35.70	1850m:	36.89	2350m:	37.23	2850m:	37.44		
400m:	36.00	900m:	36.69	1400m:	37.30	1900m:	37.83	2400m:	37.21	2900m:	37.06		
450m:	36.00	950m:	35.97	1450m:	37.47	1950m:	37.12	2450m:	36.98	2950m:	36.83		
500m:	35.77	1000m:	36.78	1500m:	37.08	2000m:	36.76	2500m:	37.31	3000m:	36.66		
43. MARTIN SANCHEZ, Dylan	06 C.N. Salou										36:53.58		-
50m:	33.86	550m:	36.08	1050m:	36.53	1550m:	36.96	2050m:	38.19	2550m:	37.89		
100m:	34.47	600m:	36.35	1100m:	36.77	1600m:	37.08	2100m:	37.45	2600m:	37.69		
150m:	35.43	650m:	36.38	1150m:	36.76	1650m:	37.22	2150m:	37.91	2650m:	37.50		
200m:	35.34	700m:	36.85	1200m:	36.33	1700m:	36.63	2200m:	37.83	2700m:	37.93		
250m:	35.81	750m:	36.38	1250m:	36.80	1750m:	37.54	2250m:	38.37	2750m:	37.60		
300m:	35.48	800m:	36.58	1300m:	36.66	1800m:	37.49	2300m:	37.79	2800m:	37.87		
350m:	36.19	850m:	36.63	1350m:	36.69	1850m:	37.61	2350m:	38.31	2850m:	37.64		
400m:	35.75	900m:	36.52	1400m:	37.00	1900m:	37.57	2400m:	37.74	2900m:	37.25		
450m:	36.07	950m:	36.15	1450m:	36.55	1950m:	36.95	2450m:	38.22	2950m:	37.40		
500m:	35.91	1000m:	36.26	1500m:	36.99	2000m:	37.71	2500m:	37.80	3000m:	36.87		

Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY										Temps			
44.	MOLINI IBAÑEZ, Arnau										02	C.N. Barcelona	37:11.17	-
	50m:	35.18	550m:	38.16	1050m:	39.38	1550m:	37.84	2050m:	37.63	2550m:	37.57		
	100m:	35.94	600m:	37.79	1100m:	37.73	1600m:	36.87	2100m:	36.72	2600m:	38.07		
	150m:	36.16	650m:	38.13	1150m:	37.54	1650m:	37.12	2150m:	37.02	2650m:	38.06		
	200m:	36.34	700m:	37.46	1200m:	35.44	1700m:	37.53	2200m:	37.90	2700m:	38.11		
	250m:	36.85	750m:	37.52	1250m:	37.06	1750m:	36.82	2250m:	37.92	2750m:	37.45		
	300m:	36.94	800m:	37.27	1300m:	38.22	1800m:	37.04	2300m:	38.95	2800m:	37.14		
	350m:	36.89	850m:	35.80	1350m:	37.43	1850m:	36.72	2350m:	36.12	2850m:	36.58		
	400m:	35.05	900m:	37.30	1400m:	37.73	1900m:	37.62	2400m:	36.16	2900m:	37.05		
	450m:	38.00	950m:	37.99	1450m:	37.60	1950m:	38.58	2450m:	38.80	2950m:	37.60		
	500m:	35.61	1000m:	34.89	1500m:	38.15	2000m:	38.46	2500m:	38.49	3000m:	31.68		
45.	LAPLAZA SANTOS, Carles										05	C.N. Barcelona	37:27.76	8,00
	50m:	34.64	550m:	36.68	1050m:	36.49	1550m:	37.18	2050m:	37.99	2550m:	38.57		
	100m:	36.13	600m:	36.76	1100m:	36.91	1600m:	37.07	2100m:	38.22	2600m:	38.73		
	150m:	36.46	650m:	36.97	1150m:	36.90	1650m:	36.88	2150m:	38.33	2650m:	39.28		
	200m:	36.63	700m:	36.21	1200m:	37.12	1700m:	37.24	2200m:	38.50	2700m:	38.63		
	250m:	36.83	750m:	36.66	1250m:	37.36	1750m:	37.36	2250m:	38.74	2750m:	38.99		
	300m:	37.37	800m:	36.80	1300m:	37.10	1800m:	37.33	2300m:	38.27	2800m:	38.68		
	350m:	37.15	850m:	36.75	1350m:	37.31	1850m:	37.98	2350m:	39.14	2850m:	38.62		
	400m:	37.38	900m:	36.86	1400m:	37.03	1900m:	37.22	2400m:	38.38	2900m:	38.04		
	450m:	37.47	950m:	36.80	1450m:	37.67	1950m:	37.92	2450m:	38.50	2950m:	37.97		
	500m:	37.28	1000m:	37.32	1500m:	36.44	2000m:	37.88	2500m:	39.25	3000m:	35.39		
46.	SISCART MUNTANÉ, Oleguer										06	C.N. Barcelona	38:42.72	-
	50m:	34.42	550m:	38.30	1050m:	38.38	1550m:	39.49	2050m:	39.41	2550m:	39.40		
	100m:	35.65	600m:	38.51	1100m:	39.19	1600m:	38.59	2100m:	37.93	2600m:	38.84		
	150m:	36.68	650m:	38.61	1150m:	38.90	1650m:	39.64	2150m:	39.81	2650m:	39.45		
	200m:	37.08	700m:	38.53	1200m:	39.31	1700m:	38.79	2200m:	38.55	2700m:	38.35		
	250m:	37.42	750m:	38.53	1250m:	38.58	1750m:	39.80	2250m:	40.01	2750m:	40.32		
	300m:	37.57	800m:	38.42	1300m:	38.88	1800m:	38.76	2300m:	38.48	2800m:	38.44		
	350m:	37.98	850m:	38.55	1350m:	38.70	1850m:	40.12	2350m:	40.74	2850m:	38.99		
	400m:	37.92	900m:	38.49	1400m:	39.64	1900m:	39.04	2400m:	38.44	2900m:	37.96		
	450m:	38.09	950m:	38.87	1450m:	39.63	1950m:	40.58	2450m:	40.72	2950m:	38.52		
	500m:	38.00	1000m:	38.79	1500m:	39.30	2000m:	39.41	2500m:	38.63	3000m:	38.59		
BX	TEIXIDÓ JOVÉ, Aleix										06	C.E. Inef Lleida	-	
BX	REED, Lachlan James										05	C.N. Sabadell	-	
BX	ARROYO LOPEZ DEL CASTILLO, Izan										07	C.N. Sant Andreu	-	