

Prova 24
 4/6/2023 - 9:57

Masc., 400m Estils

 2003 i majors
 Resultats

CR 4:50.22 DIAZ MERCADO, Zigor ESP BARCELONA - CEM 13/6/2021

Punts: FINA Master 2023

Classificació ANY Temps Punts CAT

25+

 1. TORRES SERRANO, Sergio 96 Cee Sant Gervasi **5:41.02** 496
 50m: 32.66 32.66 150m: 1:56.76 46.38 250m: 3:32.90 49.61 350m: 5:02.86 39.15
 100m: 1:10.38 37.72 200m: 2:43.29 46.53 300m: 4:23.71 50.81 400m: 5:41.02 38.16

30+

 1. GARRIDO GARCIA, Ivan 91 C.N. Parets **6:52.08** 253
 50m: 41.68 41.68 150m: 2:24.18 54.03 250m: 4:15.70 59.14 350m:
 100m: 1:30.15 48.47 200m: 3:16.56 52.38 300m: 5:17.72 1:02.02 400m: 6:52.08

35+

 1. CABANILLAS QUINTANILLA, Rafael 87 Marnaton **5:12.54** 693
 50m: 32.22 32.22 150m: 1:54.76 44.90 250m: 3:21.12 44.48 350m: 4:39.70 34.78
 100m: 1:09.86 37.64 200m: 2:36.64 41.88 300m: 4:04.92 43.80 400m: 5:12.54 32.84

40+

 1. VALLES SALGADO, Alberto 80 C.N. Tarraco **5:59.11** 489
 50m: 35.25 35.25 150m: 2:05.85 48.41 250m: 3:42.20 50.11 350m: 5:16.72 44.39
 100m: 1:17.44 42.19 200m: 2:52.09 46.24 300m: 4:32.33 50.13 400m: 5:59.11 42.39

45+

 1. SANTAÑES MOLINA, Jordi 74 Fed Andorrana **7:31.83** 247
 50m: 47.97 47.97 150m: 2:39.91 56.17 250m: 4:38.28 1:03.10 350m: 6:35.56 54.69
 100m: 1:43.74 55.77 200m: 3:35.18 55.27 300m: 5:40.87 1:02.59 400m: 7:31.83 56.27

BX TALAVERA GUADAYOL, Jordi 76 C.N. Terrassa

50+

 1. PEREZ-PORTABELLA LOPEZ, Antoni 69 Cv Platja Llarga Tarragona **6:19.36** 426
 50m: 40.42 40.42 150m: 2:21.10 50.80 250m: 4:04.42 54.14 350m: 5:38.36 40.52
 100m: 1:30.30 49.88 200m: 3:10.28 49.18 300m: 4:57.84 53.42 400m: 6:19.36 41.00

 2. MOJICA PEREZ, Juan Carlos 72 C.N. Catalunya **6:43.64** 354
 50m: 41.09 41.09 150m: 2:24.42 52.69 250m: 4:13.69 57.18 350m: 5:57.45 46.06
 100m: 1:31.73 50.64 200m: 3:16.51 52.09 300m: 5:11.39 57.70 400m: 6:43.64 46.19

55+

 1. RIBON CALABIA, Enrique 68 Aquamàsters **7:03.08** 347
 50m: 54.00 54.00 150m: 2:45.60 55.38 250m: 4:34.59 54.99 350m: 6:17.12 48.55
 100m: 1:50.22 56.22 200m: 3:39.60 54.00 300m: 5:28.57 53.98 400m: 7:03.08 45.96

 2. MASIP CASADO, Joan Manel 68 C.N. Sabadell **7:33.16** 283
 50m: 49.96 49.96 150m: 2:51.15 1:00.71 250m: 4:48.97 59.99 350m: 6:44.50 52.75
 100m: 1:50.44 1:00.48 200m: 3:48.98 57.83 300m: 5:51.75 1:02.78 400m: 7:33.16 48.66

Piscina 50mts i cronometratge automàtic

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Sponsor principal

Sponsors institucionals

Acreditacions





Prova 24, Masc., 400m Estils

60+

1. TRENS ESCUDERO, Enric	63 C.N. Sabadell	6:39.97	457
50m: 43.27 43.27	150m: 2:30.31 56.01	250m: 4:18.13 54.44	350m: 5:57.42 45.21
100m: 1:34.30 51.03	200m: 3:23.69 53.38	300m: 5:12.21 54.08	400m: 6:39.97 42.55
2. GARRIDO CASADO, Antonio	62 Club Nagi	8:53.55	192
50m: 1:01.80 1:01.80	150m: 3:25.66 1:13.83	250m: 4:50.33 10.54	350m: 5:55.22
100m: 2:11.83 1:10.03	200m: 4:39.79 1:14.13	300m: 7:10.48 2:20.15	400m: 8:53.55 2:58.33

65+

1. CASTELLO AUQUE, Antoni	58 C.N. Reus Ploms	6:50.98	443
50m: 44.26 44.26	150m: 2:32.08 55.55	250m: 4:26.79 58.54	350m: 6:08.45 43.62
100m: 1:36.53 52.27	200m: 3:28.25 56.17	300m: 5:24.83 58.04	400m: 6:50.98 42.53

70+

1. PROUS GRAU, Fernando	50 C.N. Reus Ploms	7:35.38	477
50m: 45.99 45.99	150m: 2:40.36 59.22	250m: 4:43.44 1:05.30	350m: 6:42.04 53.02
100m: 1:41.14 55.15	200m: 3:38.14 57.78	300m: 5:49.02 1:05.58	400m: 7:35.38 53.34

Piscina 50mts i cronometratge automàtic