

38th Catalan Open Masters Swimming Championships

8th Manel Domenech Bonet Memorial

Club Esportiu Mediterrani, 3rd and 4th June 2023

Technical instructions

General information and Forms

Timing, Heats, Results and Classifications:

<https://www.natacio.cat/xxxviii-ct-cat-open-masters-memorial-manel-domenechfcn-ce-mediterrani/>

Forms to fill in until 60' before the competition starts

Changes and Withdraws Form:

<https://eu.jotform.com/build/222862121029347>

Relays teams composition Form:

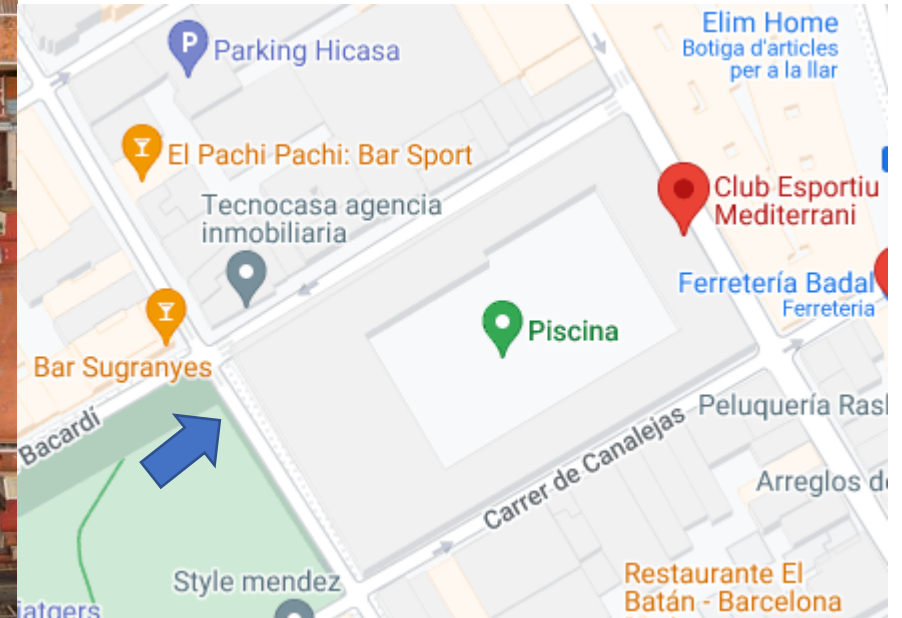
<https://eu.jotform.com/build/202752271563049>

Technical instructions

Access to venue

Address:

Club Esportiu Mediterrani – Josep Vallès venue
Entry Carrer Begur - Barcelona



Access for coaches and swimmers will be by Plaça Olivereta entry.
Access for public will be for the main entry of the club from 8:45 AM

Technical instructions

Access to venue

Access:

Access for **swimmers** will be by Plaça Olivereta entry. The hour for entry will be established at the competitions timing. Their location will be the left stand and the chairs beside the pool.

Swimmers will be able to use the general dress rooms of the venue.

Exit of the venue will be for the main entry.

Access for **public** will be for the main entry of the club (carrer Begur).

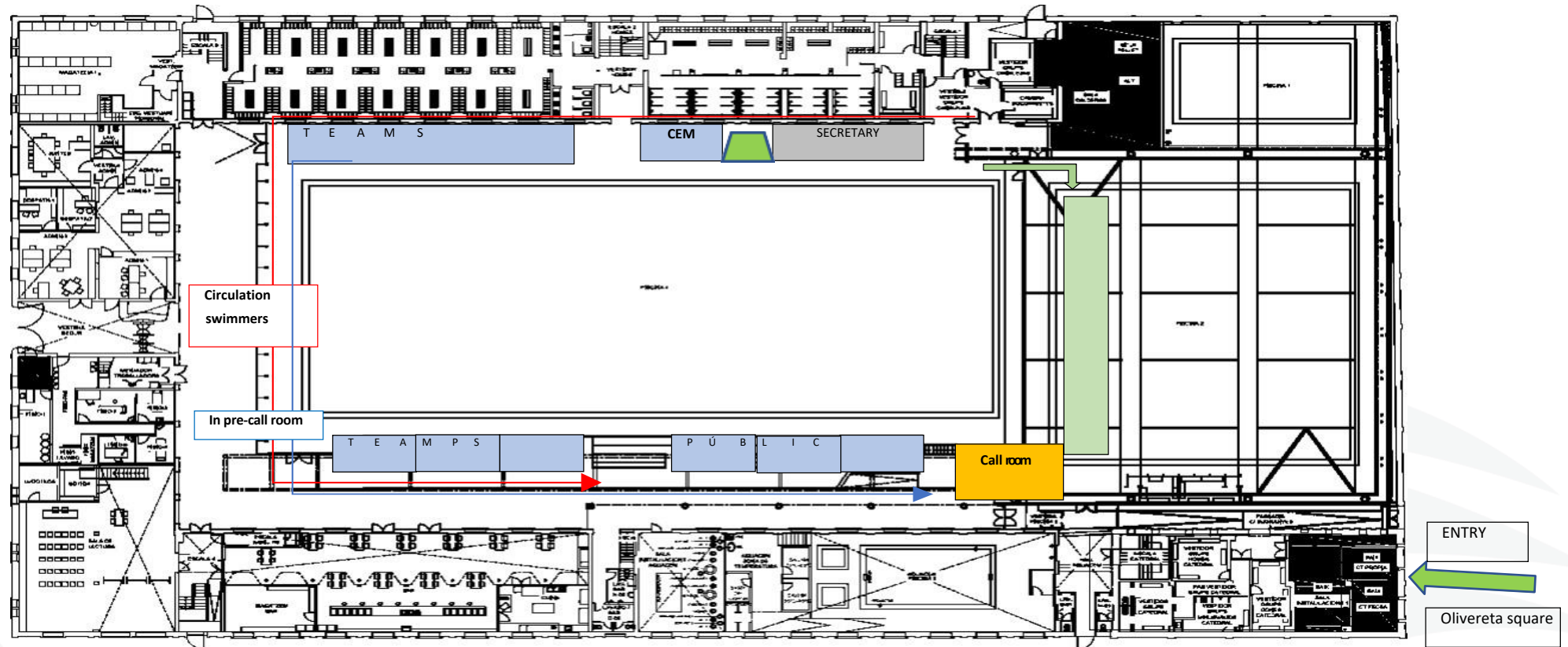
Public will be able to get into the venue 30 minutes before the competition starts and their location will be at the right stand.

We kindly ask you to get only to places exclusively marked for the competition for a good coexistence with the operation of the rest of the venue.

Technical instructions

Access to venue

Circulations



Technical instructions

Warm up

Organization:

The competition pool with time established into the timing.

Availability of the annex 25m pool (warm up and recovery during competition)

Saturday Morning – 2 lanes

Saturday Afternoon – 2 lanes

Sunday Morning – 2 lanes

Sunday Afternoon – 2 lanes

It is not allow any training material except pull-buoy and kick board at the competition pool.

The last 20' of the warm up (at the competition pool):

Lanes 1 and 8 will be only for sprints and for blocs of event speed.

There won't be the backstroke starts devices for the competition.

Technical instructions

Competition

Accreditation

Swimmers must show the National Identification Document or similar at the access of the pre-calling room, for the individual and relay events.

Pre-calling and calling room

Swimmers must stay at the pre-calling room approximate 4 heats before the start of their heat.
It will be behind the stand, beside lane 8.

50m events and 4x50m relay events

The start of the 50m events and 4x50m relay events will be at the same side that the rest of the events.
Pre-calling and calling room will be the same of the rest of the events.

Get out of the pool

During all the competition swimmers must avoid to get out of the pool above electronic timekeeping plates, they will leave the pool by the side stairs once the next heat has started and they will pick up their belongings.

Technical instructions

Competition

Starts list and Results:

We won't give starts list neither results in paper.
This information will be published at the Competition web site.

Awards:

Awarding of medals. Swimmers must show National Identification Document or similar.

Trophies award to older male and female swimmer, 9th Federation Trophy award, master Catalan Table and Clubs awards will be done according to the timing.

Swimmers must go to the awarding ceremony properly equipped.

Swimsuits allowed:

It will be regulated according to FINA and RFEN rules.
You can find the actual list of allow swimsuits at the following link:

<https://www.fina.org/swimming/approved-swimwear>

Technical instructions

Competition

Competition Committee:

The competition committee will be empowered to resolve possible incidents may occur at the competition and it will be composed by:

Competition's Director

1 Member of Catalan Swimming Federation

The main referee of the Competition

1 Representative of the organizing Club

1 Representative chosen by draw from the participating Clubs at the competition.

Technical instructions

Rules

NON-COMPLIANCE WITH THE RULES:

All non-compliance with the regulations or technical instructions and irregularities that can be detected in the behaviour of the participating teams will be communicated to the Competition Committee so that it can study the possible measures to be taken.