

Prova 21
 08/07/2023

Fem., 400m Estils

 Open
 Resultats

Rècord Catalunya	4:31.21	, BELMONTE GARCIA MIREIA	BARCELONA	04/08/2013
Millor Marca Catalana 17AF	4:40.15	, ZAMORANO SANZ AFRICA	SINGAPUR	25/08/2015
Millor Marca Catalana 16AF	4:41.79	, PAULA JUSTE SANCHEZ	BUDAPEST (HUN)	20/08/2019
Circuit Català de Trofeus	4:37.36	BELMONTE GARCIA, MIREIA	SABADELL	04/03/2012

Punts: FINA 2023

Classificació	ANY								Temps	Pts	
1. GONZALEZ NUEZ, Lucia	06	C.N. Sabadell						5:04.94	666		
50m:	31.91	31.91	150m:	1:48.04	39.99	250m:	3:09.81	42.62	350m:	4:30.16	35.68
100m:	1:08.05	36.14	200m:	2:27.19	39.15	300m:	3:54.48	44.67	400m:	5:04.94	34.78
2. GIRALT PIDEMONT, Claudia	01	C.N. L'Hospitalet						5:10.50	631		
50m:	32.10	32.10	150m:	1:50.22	41.87	250m:	3:14.51	43.81	350m:	4:35.64	36.60
100m:	1:08.35	36.25	200m:	2:30.70	40.48	300m:	3:59.04	44.53	400m:	5:10.50	34.86
3. HUERTAS FERRE, Maria	07	C.N. Tarraco						5:13.41	613		
50m:	30.81	30.81	150m:	1:47.69	41.64	250m:	3:14.80	46.83	350m:	4:38.40	35.66
100m:	1:06.05	35.24	200m:	2:27.97	40.28	300m:	4:02.74	47.94	400m:	5:13.41	35.01
4. GRAU MARTIN, Carla	07	C.N. Cervera						5:14.57	607		
50m:	32.01	32.01	150m:	1:48.65	39.10	250m:	3:13.82	45.79	350m:	4:38.36	36.91
100m:	1:09.55	37.54	200m:	2:28.03	39.38	300m:	4:01.45	47.63	400m:	5:14.57	36.21
5. PAVILLARD SALVADOR, Paula	04	Torelló C.A.N.						5:19.61	578		
50m:	33.00	33.00	150m:	1:52.21	40.27	250m:	3:17.34	46.21	350m:	4:41.89	38.31
100m:	1:11.94	38.94	200m:	2:31.13	38.92	300m:	4:03.58	46.24	400m:	5:19.61	37.72
6. ORTI FERNANDEZ, Ona	07	C.N. Tarraco						5:19.73	578		
50m:	33.59	33.59	150m:	1:54.73	42.30	250m:	3:22.40	46.79	350m:	4:45.32	36.09
100m:	1:12.43	38.84	200m:	2:35.61	40.88	300m:	4:09.23	46.83	400m:	5:19.73	34.41
7. MONCLÚS MARSAL, Júlia	06	C.N. Terrassa						5:19.85	577		
50m:	33.00	33.00	150m:	1:55.19	44.68	250m:	3:23.17	45.48	350m:	4:45.74	36.63
100m:	1:10.51	37.51	200m:	2:37.69	42.50	300m:	4:09.11	45.94	400m:	5:19.85	34.11
8. MARGUÍ SOLÀ, Núria	05	C.N. Olot						5:20.93	571		
50m:	33.71	33.71	150m:	1:54.07	42.08	250m:	3:21.48	46.80	350m:	4:46.25	37.05
100m:	1:11.99	38.28	200m:	2:34.68	40.61	300m:	4:09.20	47.72	400m:	5:20.93	34.68
9. SOJO SERRAT, Rocío	07	C.E. Mediterrani						5:21.06	571		
50m:	33.52	33.52	150m:	1:54.62	42.78	250m:	3:21.69	46.23	350m:	4:45.73	37.04
100m:	1:11.84	38.32	200m:	2:35.46	40.84	300m:	4:08.69	47.00	400m:	5:21.06	35.33
10. CABESTANY CORBELLA, Maria	07	C.N. Cervera						5:25.69	547		
50m:	33.42	33.42	150m:	1:55.59	42.61	250m:	3:23.55	46.25	350m:	4:48.51	38.44
100m:	1:12.98	39.56	200m:	2:37.30	41.71	300m:	4:10.07	46.52	400m:	5:25.69	37.18
11. MORENO CORTES, Tania	06	C.N. Reus Ploms						5:25.80	546		
50m:	33.36	33.36	150m:	1:55.85	42.65	250m:	3:23.82	46.37	350m:	4:49.38	38.32
100m:	1:13.20	39.84	200m:	2:37.45	41.60	300m:	4:11.06	47.24	400m:	5:25.80	36.42
12. RIUS PELLEJÀ, Agnès	06	C.N. Tarraco						5:26.12	544		
50m:	33.31	33.31	150m:	1:57.73	44.38	250m:	3:28.08	49.75	350m:	4:51.97	34.93
100m:	1:13.35	40.04	200m:	2:38.33	40.60	300m:	4:17.04	48.96	400m:	5:26.12	34.15
13. CAMPOY MORA, Gemma	06	C.N. Igualada						5:26.17	544		
50m:	33.98	33.98	150m:	1:56.80	42.99	250m:	3:24.68	47.07	350m:	4:50.52	38.48
100m:	1:13.81	39.83	200m:	2:37.61	40.81	300m:	4:12.04	47.36	400m:	5:26.17	35.65
14. VALLS PLAZA, Ariadna	06	C.N. Sant Andreu						5:27.06	540		
50m:	33.79	33.79	150m:	1:58.32	46.14	250m:	3:29.28	47.36	350m:	4:52.65	36.51
100m:	1:12.18	38.39	200m:	2:41.92	43.60	300m:	4:16.14	46.86	400m:	5:27.06	34.41
15. YERIMYAN KHOSROVYAN, Charlotte	06	C.N. L'Hospitalet						5:31.52	518		
50m:	34.02	34.02	150m:	2:00.95	45.89	250m:	3:31.60	45.34	350m:	4:55.72	37.95
100m:	1:15.06	41.04	200m:	2:46.26	45.31	300m:	4:17.77	46.17	400m:	5:31.52	35.80
16. PUIG GONZALEZ, Meritxell	06	C.N. Terrassa						5:31.77	517		
50m:	34.98	34.98	150m:	2:01.35	44.95	250m:	3:30.09	45.29	350m:	4:54.58	38.22
100m:	1:16.40	41.42	200m:	2:44.80	43.45	300m:	4:16.36	46.27	400m:	5:31.77	37.19

Prova 21, Fem., 400m Estils, Open

Classificació	ANY								Temps	Pts
17.	MOSQUERA SORIANO, Martina	06	C.N. Granollers						5:33.28	510
	50m: 34.55	34.55	150m: 1:57.48	44.83	250m: 3:29.74	47.78	350m: 4:56.04	38.05		
	100m: 1:12.65	38.10	200m: 2:41.96	44.48	300m: 4:17.99	48.25	400m: 5:33.28	37.24		
18.	RODRÍGUEZ SANTAULARIA, Jéssica	06	C.N. Barcelona						5:40.24	479
	50m: 35.33	35.33	150m: 2:01.92	45.89	250m: 3:34.45	48.63	350m: 5:03.31	38.86		
	100m: 1:16.03	40.70	200m: 2:45.82	43.90	300m: 4:24.45	50.00	400m: 5:40.24	36.93		
19.	VELERT BOLOS, Irene	07	C.N. Atl Barceloneta						5:40.52	478
	50m: 35.81	35.81	150m: 2:04.29	45.24	250m: 3:33.80	45.69	350m: 5:01.75	39.69		
	100m: 1:19.05	43.24	200m: 2:48.11	43.82	300m: 4:22.06	48.26	400m: 5:40.52	38.77		
20.	CASANOVAS SALVATELLA, Olga	01	C.N. Lleida						5:40.62	478
	50m: 34.58	34.58	150m: 2:00.35	45.24	250m: 3:32.53	48.45	350m: 5:01.43	39.12		
	100m: 1:15.11	40.53	200m: 2:44.08	43.73	300m: 4:22.31	49.78	400m: 5:40.62	39.19		
21.	CABESTANY CORBELLA, Carla	07	C.N. Cervera						5:40.82	477
	50m: 36.11	36.11	150m: 2:08.53	46.90	250m: 3:37.33	43.90	350m: 5:02.71	38.87		
	100m: 1:21.63	45.52	200m: 2:53.43	44.90	300m: 4:23.84	46.51	400m: 5:40.82	38.11		
22.	SANCHEZ VALLESPÍ, Maria	07	C.N. Manresa						5:41.56	474
	50m: 35.30	35.30	150m: 2:03.10	45.16	250m: 3:35.38	47.95	350m: 5:03.50	39.45		
	100m: 1:17.94	42.64	200m: 2:47.43	44.33	300m: 4:24.05	48.67	400m: 5:41.56	38.06		
23.	MARTÍNEZ ORDÓÑEZ, Berta	07	C.N. Granollers						5:46.74	453
	50m: 37.58	37.58	150m: 2:08.62	46.59	250m: 3:40.58	46.85	350m: 5:08.45	40.09		
	100m: 1:22.03	44.45	200m: 2:53.73	45.11	300m: 4:28.36	47.78	400m: 5:46.74	38.29		
24.	TOSQUELLA VILARDOSA, Blau	10	C.N. Cervera						5:51.06	436
	50m: 35.28	35.28	150m: 2:04.67	47.09	250m: 3:39.71	48.54	350m: 5:09.95	40.86		
	100m: 1:17.58	42.30	200m: 2:51.17	46.50	300m: 4:29.09	49.38	400m: 5:51.06	41.11		
25.	CARRANZA ARROYO, Lucia	07	C.N. Vilafranca						5:54.49	424
	50m: 36.15	36.15	150m: 2:09.86	50.38	250m: 3:46.40	49.20	350m: 5:15.07	40.27		
	100m: 1:19.48	43.33	200m: 2:57.20	47.34	300m: 4:34.80	48.40	400m: 5:54.49	39.42		
26.	CASADO GARCIA, Laura	07	C.N. Esplugues						5:56.88	415
	50m: 38.85	38.85	150m: 2:11.53	46.66	250m: 3:47.31	50.20	350m: 5:17.59	39.69		
	100m: 1:24.87	46.02	200m: 2:57.11	45.58	300m: 4:37.90	50.59	400m: 5:56.88	39.29		
BX	BARBERA CABELLO, Martina	07	GEIEG							