

Prova 22
 08/07/2023

Masc., 400m Estils

 Open
 Resultats

Rècord Catalunya	4:16.98	, NUÑEZ MOLANO JAVIER	PALMA MALLORCA	04/04/2008
Millor Marca Catalana 18AM	4:21.26	, CASANOVAS SKOUBO JOAN	MALAGA	29/03/2015
Millor Marca Catalana 17AM	4:23.90	, CASANOVAS SKOUBO JOAN	PONTEVEDRA	28/02/2014
Millor Marca Catalana 17AM	4:23.90	, CASANOVAS SKOUBO JOAN	PALMA DE MALLORCA	11/04/2014
Circuit Català de Trofeus	4:19.02	BOGGIATTO, ALESSIO	SABADELL	14/02/2009

Punts: FINA 2023

Classificació	ANY		Temps		Pts
1. SANTIAGO BETANCOR, Raul	97	C.N. Sant Andreu	4:26.66	764	
50m: 28.67 28.67	150m: 1:36.77 36.00	250m: 2:48.72 37.82	350m: 3:57.65 30.72		
100m: 1:00.77 32.10	200m: 2:10.90 34.13	300m: 3:26.93 38.21	400m: 4:26.66 29.01		
2. MIRA ALBALADEJO, Diego	01	C.N. Sabadell	4:32.55	716	
50m: 29.39 29.39	150m: 1:36.41 33.91	250m: 2:49.33 40.23	350m: 4:01.18 31.77		
100m: 1:02.50 33.11	200m: 2:09.10 32.69	300m: 3:29.41 40.08	400m: 4:32.55 31.37		
3. POU FERNANDEZ, Marc	01	C.N. Mataró	4:33.33	709	
50m: 29.28 29.28	150m: 1:39.29 36.40	250m: 2:53.25 38.21	350m: 4:03.43 31.48		
100m: 1:02.89 33.61	200m: 2:15.04 35.75	300m: 3:31.95 38.70	400m: 4:33.33 29.90		
4. ALLANDE GONZALEZ, Jofre	98	C.N. Sabadell	4:34.23	703	
50m: 28.93 28.93	150m: 1:37.18 35.80	250m: 2:51.17 38.03	350m: 4:02.64 32.60		
100m: 1:01.38 32.45	200m: 2:13.14 35.96	300m: 3:30.04 38.87	400m: 4:34.23 31.59		
5. TEIXEIRA PEREIRA, Kevin	05	Fed Andorrana	4:36.77	683	
50m: 29.06 29.06	150m: 1:40.12 37.54	250m: 2:55.92 39.17	350m: 4:07.15 32.26		
100m: 1:02.58 33.52	200m: 2:16.75 36.63	300m: 3:34.89 38.97	400m: 4:36.77 29.62		
6. REED, Lachlan James	05	C.N. Sabadell	4:36.83	683	
50m: 29.57 29.57	150m: 1:42.38 37.92	250m: 2:56.45 36.67	350m: 4:07.15 32.94		
100m: 1:04.46 34.89	200m: 2:19.78 37.40	300m: 3:34.21 37.76	400m: 4:36.83 29.68		
7. CABEZUELO AREVALO, Albert	04	C.N. Sabadell	4:39.44	664	
50m: 29.10 29.10	150m: 1:39.48 37.31	250m: 2:57.07 40.84	350m: 4:09.05 31.16		
100m: 1:02.17 33.07	200m: 2:16.23 36.75	300m: 3:37.89 40.82	400m: 4:39.44 30.39		
8. GIL TARAZONA, Pol	96	C.N. Barcelona	4:40.78	654	
50m: 30.16 30.16	150m: 1:40.28 36.00	250m: 2:55.53 39.55	350m: 4:09.58 34.07		
100m: 1:04.28 34.12	200m: 2:15.98 35.70	300m: 3:35.51 39.98	400m: 4:40.78 31.20		
9. TOSQUELLA VILARDOSA, Eudald	06	C.N. Cervera	4:41.77	648	
50m: 29.30 29.30	150m: 1:41.93 38.33	250m: 2:57.59 37.17	350m: 4:09.84 33.33		
100m: 1:03.60 34.30	200m: 2:20.42 38.49	300m: 3:36.51 38.92	400m: 4:41.77 31.93		
10. MORA LOPEZ, Pol	06	Torelló C.A.N.	4:44.14	632	
50m: 29.03 29.03	150m: 1:40.06 37.65	250m: 2:57.92 41.15	350m: 4:13.11 32.18		
100m: 1:02.41 33.38	200m: 2:16.77 36.71	300m: 3:40.93 43.01	400m: 4:44.14 31.03		
11. PONCE VIA, Alex	06	C.E. Mediterrani	4:45.18	625	
50m: 28.94 28.94	150m: 1:42.66 38.58	250m: 2:59.72 40.06	350m: 4:13.26 34.04		
100m: 1:04.08 35.14	200m: 2:19.66 37.00	300m: 3:39.22 39.50	400m: 4:45.18 31.92		
12. MELLADO RODRIGUEZ, David	04	C.N. Sant Andreu	4:45.85	620	
50m: 28.61 28.61	150m: 1:40.74 39.60	250m: 2:59.07 39.62	350m: 4:14.05 34.06		
100m: 1:01.14 32.53	200m: 2:19.45 38.71	300m: 3:39.99 40.92	400m: 4:45.85 31.80		
13. SERNA IZQUIERDO, Arnau	05	C.N. Mataró	4:45.95	620	
50m: 29.77 29.77	150m: 1:43.79 39.35	250m: 3:02.16 39.85	350m: 4:15.14 32.44		
100m: 1:04.44 34.67	200m: 2:22.31 38.52	300m: 3:42.70 40.54	400m: 4:45.95 30.81		
14. TEIXIDÓ JOVÉ, Aleix	06	C.E. Inef Lleida	4:46.31	617	
50m: 29.43 29.43	150m: 1:42.14 38.63	250m: 3:00.90 40.56	350m: 4:15.38 33.25		
100m: 1:03.51 34.08	200m: 2:20.34 38.20	300m: 3:42.13 41.23	400m: 4:46.31 30.93		
15. FERNANDEZ SIMO, Eric	05	C.N. Granollers	4:47.92	607	
50m: 30.38 30.38	150m: 1:44.54 39.58	250m: 3:03.95 41.00	350m: 4:16.94 32.17		
100m: 1:04.96 34.58	200m: 2:22.95 38.41	300m: 3:44.77 40.82	400m: 4:47.92 30.98		
16. ARJO DELGADO, Sergi	06	C.N. Lleida	4:48.36	604	
50m: 29.47 29.47	150m: 1:42.93 38.75	250m: 3:01.30 39.84	350m: 4:15.64 33.25		
100m: 1:04.18 34.71	200m: 2:21.46 38.53	300m: 3:42.39 41.09	400m: 4:48.36 32.72		

Prova 22, Masc., 400m Estils, Open

Classificació	ANY		Temps		Pts
17. HAND, Matthew	05	National Center Ulster	4:49.22	599	
50m: 29.57 29.57	150m: 1:43.61 39.95	250m: 3:01.72 39.32	350m: 4:15.79 34.37		
100m: 1:03.66 34.09	200m: 2:22.40 38.79	300m: 3:41.42 39.70	400m: 4:49.22 33.43		
18. RUIZ JIMENEZ, Joan	05	C.N. Terrassa	4:49.52	597	
50m: 28.82 28.82	150m: 1:41.55 38.96	250m: 3:02.36 43.24	350m: 4:18.73 33.75		
100m: 1:02.59 33.77	200m: 2:19.12 37.57	300m: 3:44.98 42.62	400m: 4:49.52 30.79		
19. ELIES VAZQUEZ, Pau	03	C.N. Atl Barceloneta	4:50.04	594	
50m: 30.11 30.11	150m: 1:42.84 37.80	250m: 3:02.48 42.96	350m: 4:18.63 33.14		
100m: 1:05.04 34.93	200m: 2:19.52 36.68	300m: 3:45.49 43.01	400m: 4:50.04 31.41		
20. PEREZ PUJOL, Oriol	05	C.N. Terrassa	4:50.86	589	
50m: 30.55 30.55	150m: 1:44.05 38.09	250m: 3:03.29 41.95	350m: 4:19.61 33.09		
100m: 1:05.96 35.41	200m: 2:21.34 37.29	300m: 3:46.52 43.23	400m: 4:50.86 31.25		
21. ARMENGOL TRIVES, Genis	02	C.N. Terrassa	4:51.10	587	
50m: 31.39 31.39	150m: 1:46.49 40.19	250m: 3:03.77 39.09	350m: 4:17.76 34.59		
100m: 1:06.30 34.91	200m: 2:24.68 38.19	300m: 3:43.17 39.40	400m: 4:51.10 33.34		
22. PEREZ PUJOL, Guillem	04	C.N. Terrassa	4:51.23	586	
50m: 29.25 29.25	150m: 1:41.42 38.72	250m: 3:01.90 42.39	350m: 4:19.16 34.28		
100m: 1:02.70 33.45	200m: 2:19.51 38.09	300m: 3:44.88 42.98	400m: 4:51.23 32.07		
23. VENDRELL GARCIA, Jose	03	C.N. Lleida	4:51.29	586	
50m: 28.38 28.38	150m: 1:42.21 40.61	250m: 3:04.63 42.85	350m: 4:20.11 31.55		
100m: 1:01.60 33.22	200m: 2:21.78 39.57	300m: 3:48.56 43.93	400m: 4:51.29 31.18		
24. DEL CASTILLO MASICH, Guillem	06	C.N. Tarraco	4:51.88	583	
50m: 30.43 30.43	150m: 1:44.59 39.24	250m: 3:03.32 40.59	350m: 4:18.89 33.46		
100m: 1:05.35 34.92	200m: 2:22.73 38.14	300m: 3:45.43 42.11	400m: 4:51.88 32.99		
25. CHAVES GUARDIA, David	98	C.N. Mataró	4:52.98	576	
50m: 30.20 30.20	150m: 1:43.35 38.53	250m: 3:03.13 41.90	350m: 4:20.07 33.88		
100m: 1:04.82 34.62	200m: 2:21.23 37.88	300m: 3:46.19 43.06	400m: 4:52.98 32.91		
26. MONTEIRO VIEGAS, Marc	00	Fed Andorrana	4:53.03	576	
50m: 29.88 29.88	150m: 1:43.85 39.15	250m: 3:04.60 42.59	350m: 4:21.33 33.80		
100m: 1:04.70 34.82	200m: 2:22.01 38.16	300m: 3:47.53 42.93	400m: 4:53.03 31.70		
27. MATSUYAMA PASTOR, Akira	95	C.N. Premià	4:55.02	564	
50m: 31.00 31.00	150m: 1:44.78 38.31	250m: 3:03.64 41.48	350m: 4:19.94 34.34		
100m: 1:06.47 35.47	200m: 2:22.16 37.38	300m: 3:45.60 41.96	400m: 4:55.02 35.08		
28. BLANES FRIGOLA, Aleix	04	C.E. Àgora	4:57.11	552	
50m: 30.19 30.19	150m: 1:44.74 39.96	250m: 3:06.28 43.73	350m: 4:23.49 33.58		
100m: 1:04.78 34.59	200m: 2:22.55 37.81	300m: 3:49.91 43.63	400m: 4:57.11 33.62		
29. MOLINA BERMUDEZ, Pau	06	C.N. Terrassa	5:02.60	523	
50m: 30.12 30.12	150m: 1:46.02 40.31	250m: 3:07.94 42.83	350m: 4:27.58 36.28		
100m: 1:05.71 35.59	200m: 2:25.11 39.09	300m: 3:51.30 43.36	400m: 5:02.60 35.02		
30. BURILLO BENITEZ, Eloy	99	C.N. Cerdanyola	5:04.23	514	
50m: 31.99 31.99	150m: 1:48.66 39.50	250m: 3:12.96 45.50	350m: 4:32.52 33.51		
100m: 1:09.16 37.17	200m: 2:27.46 38.80	300m: 3:59.01 46.05	400m: 5:04.23 31.71		
31. FERRI BLANC, Oriol	05	C.N. Tortosa	5:04.35	514	
50m: 31.77 31.77	150m: 1:49.73 40.64	250m: 3:12.70 43.09	350m: 4:31.19 36.83		
100m: 1:09.09 37.32	200m: 2:29.61 39.88	300m: 3:54.36 41.66	400m: 5:04.35 33.16		
32. PENEDES FRADERA, Marti	96	C.N. Mataró	5:05.72	507	
50m: 30.67 30.67	150m: 1:46.86 40.89	250m: 3:08.16 41.55	350m: 4:28.71 38.40		
100m: 1:05.97 35.30	200m: 2:26.61 39.75	300m: 3:50.31 42.15	400m: 5:05.72 37.01		
33. OBIS PAREDES, Victor	06	C.N. Sant Andreu	5:06.28	504	
50m: 29.10 29.10	150m: 1:46.21 42.50	250m: 3:11.93 44.90	350m: 4:31.19 36.78		
100m: 1:03.71 34.61	200m: 2:27.03 40.82	300m: 3:54.41 42.48	400m: 5:06.28 35.09		
34. ESPUCHE LLORENS, Pol	06	C.N. Olot	5:10.45	484	
50m: 31.15 31.15	150m: 1:48.01 41.06	250m: 3:15.19 46.88	350m: 4:36.00 34.47		
100m: 1:06.95 35.80	200m: 2:28.31 40.30	300m: 4:01.53 46.34	400m: 5:10.45 34.45		

Prova 22, Masc., 400m Estils, Open

Classificació	ANY								Temps	Pts				
35. ESCOBAR FORGAS, Gabriel	06	C.N. Esplugues								5:10.68	483			
50m: 31.13 31.13	150m: 1:50.37	42.60	250m: 3:17.46	45.03	350m: 4:36.89	35.27	100m: 1:07.77	36.64	200m: 2:32.43	42.06	300m: 4:01.62	44.16	400m: 5:10.68	33.79
36. BACHS PUBILL, Pau	06	C.N. Barcelona								5:11.84	478			
50m: 30.35 30.35	150m: 1:50.21	44.14	250m: 3:16.46	45.46	350m: 4:37.18	35.36	100m: 1:06.07	35.72	200m: 2:31.00	40.79	300m: 4:01.82	45.36	400m: 5:11.84	34.66
37. LAPLAZA SANTOS, Carles	05	C.N. Barcelona								5:12.99	472			
50m: 31.55 31.55	150m: 1:50.90	41.54	250m: 3:16.95	47.30	350m: 4:40.22	34.88	100m: 1:09.36	37.81	200m: 2:29.65	38.75	300m: 4:05.34	48.39	400m: 5:12.99	32.77
38. SISCART MUNTANÉ, Oleguer	06	C.N. Barcelona								5:18.23	449			
50m: 31.60 31.60	150m: 1:52.40	44.38	250m: 3:20.82	46.38	350m: 4:43.91	36.36	100m: 1:08.02	36.42	200m: 2:34.44	42.04	300m: 4:07.55	46.73	400m: 5:18.23	34.32
DSQ GRANERO PÉREZ, Abel	05	C.N. Granollers												
DSQ PEDRERA VILLAR, Alex	05	C.N. L'Hospitalet												
BX ESCRITS MAÑOSA, Lluís	01	C.N. Sant Andreu												