

Prova 3
 18/11/2023

Fem., 3000m Lliure

 Absolut, Júnior 2 i Júnior 1
 Resultats

MMC Open	31:58.86	, Mireia Belmonte Garcia	Sevilla	11/1/2014
MMC 17	33:11.46	, Claudia Dasca Romeu	Sabadell	22/1/2011
MMC 16	34:13.78	, Laura Rodriguez Cao	Banyoles	30/11/2014
MMC 15	35:19.63	, Lucia Gonzalez Nuez	SABADELL	3/12/2021

Classificació

ANY

Temps

Júnior 1 Fons Indoor

1. COLL MARTI, Júlia		07	C.N. Olot		34:53.37	19,00					
50m:	32.96	32.96	800m:	9:14.98	35.72	1550m:	18:00.44	35.19	2300m:	26:45.89	35.11
100m:	1:06.44	33.48	850m:	9:50.31	35.33	1600m:	18:35.61	35.17	2350m:	27:21.01	35.12
150m:	1:40.99	34.55	900m:	10:24.89	34.58	1650m:	19:10.84	35.23	2400m:	27:56.10	35.09
200m:	2:15.66	34.67	950m:	10:59.32	34.43	1700m:	19:45.37	34.53	2450m:	28:31.03	34.93
250m:	2:50.25	34.59	1000m:	11:34.28	34.96	1750m:	20:20.17	34.80	2500m:	29:06.85	35.82
300m:	3:25.01	34.76	1050m:	12:09.62	35.34	1800m:	20:55.34	35.17	2550m:	29:42.39	35.54
350m:	3:59.65	34.64	1100m:	12:44.83	35.21	1850m:	21:30.74	35.40	2600m:	30:17.99	35.60
400m:	4:34.23	34.58	1150m:	13:19.93	35.10	1900m:	22:05.28	34.54	2650m:	30:53.33	35.34
450m:	5:09.33	35.10	1200m:	13:55.22	35.29	1950m:	22:39.32	34.04	2700m:	31:28.00	34.67
500m:	5:44.57	35.24	1250m:	14:30.22	35.00	2000m:	23:14.43	35.11	2750m:	32:03.32	35.32
550m:	6:19.52	34.95	1300m:	15:05.24	35.02	2050m:	23:49.26	34.83	2800m:	32:38.47	35.15
600m:	6:54.56	35.04	1350m:	15:39.95	34.71	2100m:	24:24.64	35.38	2850m:	33:13.30	34.83
650m:	7:29.33	34.77	1400m:	16:15.38	35.43	2150m:	25:00.17	35.53	2900m:	33:47.24	33.94
700m:	8:04.28	34.95	1450m:	16:50.58	35.20	2200m:	25:35.41	35.24	2950m:	34:21.33	34.09
750m:	8:39.26	34.98	1500m:	17:25.25	34.67	2250m:	26:10.78	35.37	3000m:	34:53.37	32.04
2. LLORACH FUSTES, Martina		08	C.N. Igualada		35:31.41	16,00					
50m:	33.60	33.60	800m:	9:16.15	34.28	1550m:	18:06.87	35.73	2300m:	27:09.52	36.09
100m:	1:08.32	34.72	850m:	9:50.59	34.44	1600m:	18:43.29	36.42	2350m:	27:46.29	36.77
150m:	1:43.04	34.72	900m:	10:25.36	34.77	1650m:	19:19.41	36.12	2400m:	28:22.44	36.15
200m:	2:17.68	34.64	950m:	10:59.91	34.55	1700m:	19:55.76	36.35	2450m:	28:58.88	36.44
250m:	2:52.31	34.63	1000m:	11:34.98	35.07	1750m:	20:31.68	35.92	2500m:	29:35.73	36.85
300m:	3:27.30	34.99	1050m:	12:09.94	34.96	1800m:	21:07.91	36.23	2550m:	30:11.33	35.60
350m:	4:02.12	34.82	1100m:	12:45.00	35.06	1850m:	21:43.68	35.77	2600m:	30:47.05	35.72
400m:	4:37.10	34.98	1150m:	13:20.50	35.50	1900m:	22:20.87	37.19	2650m:	31:23.08	36.03
450m:	5:11.91	34.81	1200m:	13:56.05	35.55	1950m:	22:56.77	35.90	2700m:	31:59.10	36.02
500m:	5:46.75	34.84	1250m:	14:31.83	35.78	2000m:	23:33.09	36.32	2750m:	32:34.85	35.75
550m:	6:21.83	35.08	1300m:	15:07.98	36.15	2050m:	24:08.89	35.80	2800m:	33:10.71	35.86
600m:	6:56.87	35.04	1350m:	15:43.41	35.43	2100m:	24:45.29	36.40	2850m:	33:46.46	35.75
650m:	7:32.05	35.18	1400m:	16:19.14	35.73	2150m:	25:21.09	35.80	2900m:	34:22.04	35.58
700m:	8:07.17	35.12	1450m:	16:55.09	35.95	2200m:	25:56.89	35.80	2950m:	34:57.40	35.36
750m:	8:41.87	34.70	1500m:	17:31.14	36.05	2250m:	26:33.43	36.54	3000m:	35:31.41	34.01
3. OLIVEIRA LARA, Carolina		07	C.N. Sabadell		35:33.77	14,00					
50m:	33.28	33.28	800m:	9:25.27	35.35	1550m:	18:20.83	35.29	2300m:	27:20.01	35.62
100m:	1:07.94	34.66	850m:	10:00.56	35.29	1600m:	18:56.59	35.76	2350m:	27:56.12	36.11
150m:	1:43.34	35.40	900m:	10:36.30	35.74	1650m:	19:32.75	36.16	2400m:	28:31.85	35.73
200m:	2:19.11	35.77	950m:	11:12.06	35.76	1700m:	20:08.66	35.91	2450m:	29:07.55	35.70
250m:	2:54.60	35.49	1000m:	11:47.71	35.65	1750m:	20:44.58	35.92	2500m:	29:43.53	35.98
300m:	3:30.15	35.55	1050m:	12:23.08	35.37	1800m:	21:20.56	35.98	2550m:	30:19.24	35.71
350m:	4:05.92	35.77	1100m:	12:58.89	35.81	1850m:	21:56.88	36.32	2600m:	30:54.71	35.47
400m:	4:41.84	35.92	1150m:	13:34.99	36.10	1900m:	22:32.92	36.04	2650m:	31:30.20	35.49
450m:	5:17.32	35.48	1200m:	14:10.83	35.84	1950m:	23:09.45	36.53	2700m:	32:06.30	36.10
500m:	5:53.07	35.75	1250m:	14:46.69	35.86	2000m:	23:45.60	36.15	2750m:	32:41.71	35.41
550m:	6:28.52	35.45	1300m:	15:22.42	35.73	2050m:	24:21.46	35.86	2800m:	33:17.28	35.57
600m:	7:04.32	35.80	1350m:	15:58.26	35.84	2100m:	24:57.19	35.73	2850m:	33:51.69	34.41
650m:	7:39.39	35.07	1400m:	16:33.95	35.69	2150m:	25:32.98	35.79	2900m:	34:26.22	34.53
700m:	8:14.55	35.16	1450m:	17:09.84	35.89	2200m:	26:08.59	35.61	2950m:	35:00.47	34.25
750m:	8:49.92	35.37	1500m:	17:45.54	35.70	2250m:	26:44.39	35.80	3000m:	35:33.77	33.30

Prova 3, Fem., 3000m Lliure, Júnior 1 Fons Indoor

Classificació	ANY		Temps	
4. HUERTAS FERRE, Maria	07	C.N. Tarraco	36:00.53	13,00
50m: 33.29 33.29	800m: 9:24.31	36.04 1550m: 18:28.13	36.49 2300m: 27:37.12	36.31
100m: 1:07.95 34.66	850m: 10:00.52	36.21 1600m: 19:04.65	36.52 2350m: 28:13.84	36.72
150m: 1:43.22 35.27	900m: 10:36.02	35.50 1650m: 19:40.97	36.32 2400m: 28:49.99	36.15
200m: 2:18.34 35.12	950m: 11:11.41	35.39 1700m: 20:17.37	36.40 2450m: 29:26.29	36.30
250m: 2:53.69 35.35	1000m: 11:47.53	36.12 1750m: 20:54.14	36.77 2500m: 30:02.37	36.08
300m: 3:28.97 35.28	1050m: 12:23.01	35.48 1800m: 21:30.55	36.41 2550m: 30:38.77	36.40
350m: 4:03.19 34.22	1100m: 12:59.49	36.48 1850m: 22:07.55	37.00 2600m: 31:15.40	36.63
400m: 4:38.20 35.01	1150m: 13:36.17	36.68 1900m: 22:44.27	36.72 2650m: 31:51.98	36.58
450m: 5:13.72 35.52	1200m: 14:12.52	36.35 1950m: 23:21.32	37.05 2700m: 32:28.65	36.67
500m: 5:49.60 35.88	1250m: 14:48.79	36.27 2000m: 23:57.82	36.50 2750m: 33:04.75	36.10
550m: 6:25.17 35.57	1300m: 15:25.52	36.73 2050m: 24:34.41	36.59 2800m: 33:40.74	35.99
600m: 7:00.77 35.60	1350m: 16:01.68	36.16 2100m: 25:11.11	36.70 2850m: 34:16.88	36.14
650m: 7:37.00 36.23	1400m: 16:38.16	36.48 2150m: 25:47.75	36.64 2900m: 34:52.72	35.84
700m: 8:12.40 35.40	1450m: 17:14.85	36.69 2200m: 26:24.37	36.62 2950m: 35:26.69	33.97
750m: 8:48.27 35.87	1500m: 17:51.64	36.79 2250m: 27:00.81	36.44 3000m: 36:00.53	33.84
5. SUÑÉ PALACIOS, Auria	08	C.N. Navàs	37:38.46	12,00
50m: 32.97 32.97	800m: 9:34.01	37.00 1550m: 19:02.26	38.01 2300m: 28:45.11	39.54
100m: 1:08.19 35.22	850m: 10:11.31	37.30 1600m: 19:40.91	38.65 2350m: 29:24.41	39.30
150m: 1:43.61 35.42	900m: 10:48.91	37.60 1650m: 20:19.17	38.26 2400m: 30:03.07	38.66
200m: 2:18.91 35.30	950m: 11:26.55	37.64 1700m: 20:58.69	39.52 2450m: 30:41.84	38.77
250m: 2:54.44 35.53	1000m: 12:04.27	37.72 1750m: 21:37.34	38.65 2500m: 31:20.61	38.77
300m: 3:30.17 35.73	1050m: 12:41.67	37.40 1800m: 22:16.27	38.93 2550m: 31:59.20	38.59
350m: 4:05.65 35.48	1100m: 13:19.32	37.65 1850m: 22:55.00	38.73 2600m: 32:37.63	38.43
400m: 4:41.74 36.09	1150m: 13:56.76	37.44 1900m: 23:33.69	38.69 2650m: 33:16.43	38.80
450m: 5:17.27 35.53	1200m: 14:34.64	37.88 1950m: 24:12.56	38.87 2700m: 33:54.36	37.93
500m: 5:53.29 36.02	1250m: 15:12.38	37.74 2000m: 24:51.66	39.10 2750m: 34:32.25	37.89
550m: 6:29.75 36.46	1300m: 15:50.90	38.52 2050m: 25:30.47	38.81 2800m: 35:09.81	37.56
600m: 7:06.58 36.83	1350m: 16:28.96	38.06 2100m: 26:08.66	38.19 2850m: 35:47.57	37.76
650m: 7:43.42 36.84	1400m: 17:07.37	38.41 2150m: 26:47.61	38.95 2900m: 36:24.61	37.04
700m: 8:20.22 36.80	1450m: 17:45.82	38.45 2200m: 27:26.42	38.81 2950m: 37:02.40	37.79
750m: 8:57.01 36.79	1500m: 18:24.25	38.43 2250m: 28:05.57	39.15 3000m: 37:38.46	36.06
6. GIFREU MATILLÓ, Núria	08	C.N. Olot	37:40.47	11,00
50m: 34.68 34.68	800m: 9:54.20	37.41 1550m: 19:22.29	38.25 2300m: 28:55.63	38.01
100m: 1:10.90 36.22	850m: 10:31.81	37.61 1600m: 20:00.33	38.04 2350m: 29:33.59	37.96
150m: 1:47.69 36.79	900m: 11:09.57	37.76 1650m: 20:38.59	38.26 2400m: 30:11.42	37.83
200m: 2:24.80 37.11	950m: 11:47.21	37.64 1700m: 21:16.86	38.27 2450m: 30:49.25	37.83
250m: 3:01.93 37.13	1000m: 12:25.07	37.86 1750m: 21:55.10	38.24 2500m: 31:27.18	37.93
300m: 3:38.95 37.02	1050m: 13:02.72	37.65 1800m: 22:33.29	38.19 2550m: 32:04.90	37.72
350m: 4:16.31 37.36	1100m: 13:40.35	37.63 1850m: 23:11.88	38.59 2600m: 32:42.80	37.90
400m: 4:53.53 37.22	1150m: 14:17.98	37.63 1900m: 23:50.08	38.20 2650m: 33:20.66	37.86
450m: 5:30.68 37.15	1200m: 14:55.63	37.65 1950m: 24:27.98	37.90 2700m: 33:58.76	38.10
500m: 6:08.01 37.33	1250m: 15:33.65	38.02 2000m: 25:06.31	38.33 2750m: 34:36.63	37.87
550m: 6:45.51 37.50	1300m: 16:11.53	37.88 2050m: 25:44.30	37.99 2800m: 35:14.07	37.44
600m: 7:23.28 37.77	1350m: 16:49.35	37.82 2100m: 26:22.71	38.41 2850m: 35:51.21	37.14
650m: 8:01.12 37.84	1400m: 17:27.58	38.23 2150m: 27:00.61	37.90 2900m: 36:28.32	37.11
700m: 8:38.90 37.78	1450m: 18:05.77	38.19 2200m: 27:39.31	38.70 2950m: 37:04.75	36.43
750m: 9:16.79 37.89	1500m: 18:44.04	38.27 2250m: 28:17.62	38.31 3000m: 37:40.47	35.72
7. BUSQUETS DOMÈNECH, Mar	07	C.N. Olot	37:52.43	10,00
50m: 34.97 34.97	750m: 9:16.81	37.81 1450m: 18:12.66	38.55 2150m: 27:03.86	37.31
100m: 1:10.83 35.86	800m: 9:55.15	38.34 1500m: 18:51.48	38.82 2200m: 27:42.21	38.35
150m: 1:47.61 36.78	850m: 10:32.98	37.83 1550m: 19:29.55	38.07 2250m: 28:20.35	38.14
200m: 2:24.09 36.48	900m: 11:10.97	37.99 1600m: 20:06.16	36.61 2300m: 28:58.96	38.61
250m: 3:01.27 37.18	950m: 11:48.92	37.95 1650m: 20:44.58	38.42 2350m: 29:37.87	38.91
300m: 3:38.59 37.32	1000m: 12:26.93	38.01 1700m: 21:22.65	38.07 2400m: 30:16.52	38.65
350m: 4:16.57 37.98	1050m: 13:05.54	38.61 1750m: 22:00.57	37.92 2450m: 30:55.60	39.08
400m: 4:54.65 38.08	1100m: 13:43.76	38.22 1800m: 22:38.48	37.91 2500m: 31:34.49	38.89
450m: 5:32.21 37.56	1150m: 14:22.56	38.80 1850m: 23:15.90	37.42 2550m: 32:13.88	39.39
500m: 6:10.19 37.98	1200m: 15:00.91	38.35 1900m: 23:53.02	37.12 2600m: 32:52.42	38.54
550m: 6:46.99 36.80	1250m: 15:39.24	38.33 1950m: 24:31.51	38.49 2650m: 33:30.62	38.20
600m: 7:24.53 37.54	1300m: 16:17.43	38.19 2000m: 25:09.82	38.31 2700m: 34:08.32	37.70
650m: 8:01.65 37.12	1350m: 16:55.37	37.94 2050m: 25:48.23	38.41 2750m: 34:46.68	38.36
700m: 8:39.00 37.35	1400m: 17:34.11	38.74 2100m: 26:26.55	38.32 2800m: 35:24.66	37.98

Piscina 25m / Cronometratge Semi-automàtic

Prova 3, Fem., 3000m Lliure, Júnior 1 Fons Indoor

Classificació	ANY				Temps						
	2850m: 36:02.15	37.49	2900m: 36:40.19	38.04	2950m: 37:16.55	36.36	3000m: 37:52.43	35.88			
8. BRAVO GARCIA, Daniela	08 C.N. Sabadell				38:00.84 9,00						
50m:	35.03	35.03	800m:	9:52.66	37.78	1550m:	19:24.22	38.80	2300m:	29:01.48	38.64
100m:	1:11.32	36.29	850m:	10:30.46	37.80	1600m:	20:02.77	38.55	2350m:	29:40.61	39.13
150m:	1:48.28	36.96	900m:	11:08.52	38.06	1650m:	20:41.64	38.87	2400m:	30:20.07	39.46
200m:	2:25.32	37.04	950m:	11:46.46	37.94	1700m:	21:20.45	38.81	2450m:	30:59.13	39.06
250m:	3:02.17	36.85	1000m:	12:24.06	37.60	1750m:	21:58.51	38.06	2500m:	31:38.87	39.74
300m:	3:39.27	37.10	1050m:	13:02.19	38.13	1800m:	22:36.75	38.24	2550m:	32:17.94	39.07
350m:	4:16.79	37.52	1100m:	13:40.08	37.89	1850m:	23:14.96	38.21	2600m:	32:56.84	38.90
400m:	4:54.23	37.44	1150m:	14:17.70	37.62	1900m:	23:53.46	38.50	2650m:	33:36.16	39.32
450m:	5:32.14	37.91	1200m:	14:55.15	37.45	1950m:	24:31.82	38.36	2700m:	34:14.65	38.49
500m:	6:09.85	37.71	1250m:	15:33.29	38.14	2000m:	25:10.92	39.10	2750m:	34:53.05	38.40
550m:	6:46.63	36.78	1300m:	16:11.76	38.47	2050m:	25:49.36	38.44	2800m:	35:31.69	38.64
600m:	7:23.74	37.11	1350m:	16:50.11	38.35	2100m:	26:26.97	37.61	2850m:	36:09.47	37.78
650m:	8:00.75	37.01	1400m:	17:28.25	38.14	2150m:	27:05.62	38.65	2900m:	36:46.88	37.41
700m:	8:37.73	36.98	1450m:	18:06.87	38.62	2200m:	27:44.47	38.85	2950m:	37:24.63	37.75
750m:	9:14.88	37.15	1500m:	18:45.42	38.55	2250m:	28:22.84	38.37	3000m:	38:00.84	36.21
9. VIDAL MERINO, Julia	07 C.N. Granollers				38:11.25 8,00						
50m:	35.27	35.27	800m:	9:59.35	37.78	1550m:	19:35.55	38.75	2300m:	29:13.30	38.18
100m:	1:11.64	36.37	850m:	10:36.61	37.26	1600m:	20:14.37	38.82	2350m:	29:52.27	38.97
150m:	1:48.23	36.59	900m:	11:14.31	37.70	1650m:	20:52.74	38.37	2400m:	30:30.55	38.28
200m:	2:25.42	37.19	950m:	11:52.72	38.41	1700m:	21:30.84	38.10	2450m:	31:09.22	38.67
250m:	3:03.05	37.63	1000m:	12:31.11	38.39	1750m:	22:10.03	39.19	2500m:	31:47.60	38.38
300m:	3:40.61	37.56	1050m:	13:09.80	38.69	1800m:	22:48.57	38.54	2550m:	32:26.92	39.32
350m:	4:18.47	37.86	1100m:	13:48.30	38.50	1850m:	23:27.26	38.69	2600m:	33:05.79	38.87
400m:	4:56.82	38.35	1150m:	14:26.88	38.58	1900m:	24:05.81	38.55	2650m:	33:44.20	38.41
450m:	5:34.73	37.91	1200m:	15:05.14	38.26	1950m:	24:44.03	38.22	2700m:	34:22.33	38.13
500m:	6:12.21	37.48	1250m:	15:43.51	38.37	2000m:	25:22.11	38.08	2750m:	35:00.47	38.14
550m:	6:50.20	37.99	1300m:	16:22.03	38.52	2050m:	26:01.32	39.21	2800m:	35:38.80	38.33
600m:	7:28.16	37.96	1350m:	17:00.60	38.57	2100m:	26:39.39	38.07	2850m:	36:17.44	38.64
650m:	8:06.01	37.85	1400m:	17:39.39	38.79	2150m:	27:17.94	38.55	2900m:	36:55.78	38.34
700m:	8:43.50	37.49	1450m:	18:18.09	38.70	2200m:	27:56.53	38.59	2950m:	37:33.57	37.79
750m:	9:21.57	38.07	1500m:	18:56.80	38.71	2250m:	28:35.12	38.59	3000m:	38:11.25	37.68
10. HERRERA CASTILLON, Alba	07 C.N. Premià				38:14.24 7,00						
50m:	35.32	35.32	800m:	10:01.39	37.98	1550m:	19:34.72	38.51	2300m:	29:12.64	39.03
100m:	1:12.01	36.69	850m:	10:39.37	37.98	1600m:	20:13.20	38.48	2350m:	29:50.84	38.20
150m:	1:49.20	37.19	900m:	11:17.35	37.98	1650m:	20:51.34	38.14	2400m:	30:29.51	38.67
200m:	2:26.81	37.61	950m:	11:55.28	37.93	1700m:	21:29.76	38.42	2450m:	31:08.26	38.75
250m:	3:04.61	37.80	1000m:	12:33.36	38.08	1750m:	22:08.65	38.89	2500m:	31:47.09	38.83
300m:	3:42.66	38.05	1050m:	13:11.32	37.96	1800m:	22:46.91	38.26	2550m:	32:26.22	39.13
350m:	4:20.39	37.73	1100m:	13:49.48	38.16	1850m:	23:25.39	38.48	2600m:	33:04.92	38.70
400m:	4:58.10	37.71	1150m:	14:27.54	38.06	1900m:	24:04.14	38.75	2650m:	33:44.03	39.11
450m:	5:35.85	37.75	1200m:	15:06.19	38.65	1950m:	24:42.82	38.68	2700m:	34:23.24	39.21
500m:	6:13.91	38.06	1250m:	15:44.48	38.29	2000m:	25:21.34	38.52	2750m:	35:02.29	39.05
550m:	6:51.84	37.93	1300m:	16:22.70	38.22	2050m:	25:59.69	38.35	2800m:	35:41.39	39.10
600m:	7:29.70	37.86	1350m:	17:01.14	38.44	2100m:	26:38.04	38.35	2850m:	36:19.98	38.59
650m:	8:07.57	37.87	1400m:	17:39.41	38.27	2150m:	27:16.48	38.44	2900m:	36:58.36	38.38
700m:	8:45.47	37.90	1450m:	18:17.76	38.35	2200m:	27:55.15	38.67	2950m:	37:36.70	38.34
750m:	9:23.41	37.94	1500m:	18:56.21	38.45	2250m:	28:33.61	38.46	3000m:	38:14.24	37.54
11. AMOR HERNANDEZ, Avril	08 C.E. Mediterrani				38:17.74 6,00						
50m:	34.09	34.09	650m:	8:05.36	38.22	1250m:	15:45.30	38.51	1850m:	23:31.92	40.27
100m:	1:10.49	36.40	700m:	8:43.42	38.06	1300m:	16:24.17	38.87	1900m:	24:10.04	38.12
150m:	1:47.46	36.97	750m:	9:21.82	38.40	1350m:	17:02.20	38.03	1950m:	24:48.94	38.90
200m:	2:24.97	37.51	800m:	10:00.46	38.64	1400m:	17:41.54	39.34	2000m:	25:28.47	39.53
250m:	3:02.52	37.55	850m:	10:37.99	37.53	1450m:	18:20.36	38.82	2050m:	26:07.62	39.15
300m:	3:40.55	38.03	900m:	11:16.77	38.78	1500m:	18:58.12	37.76	2100m:	26:46.54	38.92
350m:	4:18.93	38.38	950m:	11:54.51	37.74	1550m:	19:36.83	38.71	2150m:	27:25.83	39.29
400m:	4:56.05	37.12	1000m:	12:32.85	38.34	1600m:	20:15.96	39.13	2200m:	28:05.16	39.33
450m:	5:33.93	37.88	1050m:	13:11.27	38.42	1650m:	20:54.80	38.84	2250m:	28:43.99	38.83
500m:	6:11.68	37.75	1100m:	13:49.80	38.53	1700m:	21:34.06	39.26	2300m:	29:23.78	39.79
550m:	6:49.25	37.57	1150m:	14:28.81	39.01	1750m:	22:12.59	38.53	2350m:	30:02.77	38.99
600m:	7:27.14	37.89	1200m:	15:06.79	37.98	1800m:	22:51.65	39.06	2400m:	30:40.86	38.09

Piscina 25m / Cronometratge Semi-automàtic

Splash Meet Manager, 11.77934

Registered to Catalunya

18/11/2023 14:18 - Pàgina 3

Sponsor



Sponsor Institucional


 Generalitat
 de Catalunya


esportcat

Certificacions



Prova 3, Fem., 3000m Lliure, Júnior 1 Fons Indoor

Classificació	ANY		Temps								
2450m:	31:20.23	39.37	2600m:	33:15.97	37.48	2750m:	35:10.72	38.17	2900m:	37:04.74	37.53
2500m:	31:58.91	38.68	2650m:	33:54.30	38.33	2800m:	35:48.84	38.12	2950m:	37:42.48	37.74
2550m:	32:38.49	39.58	2700m:	34:32.55	38.25	2850m:	36:27.21	38.37	3000m:	38:17.74	35.26
12. MANGAS JIMENEZ, Claudia	08	C.N. Granollers	39:12.25	5,00							
50m:	36.79	36.79	800m:	10:06.80	37.92	1550m:	19:47.13	39.12	2300m:	29:48.45	41.83
100m:	1:14.14	37.35	850m:	10:44.95	38.15	1600m:	20:26.31	39.18	2350m:	30:29.25	40.80
150m:	1:51.27	37.13	900m:	11:22.88	37.93	1650m:	21:05.29	38.98	2400m:	31:09.43	40.18
200m:	2:28.85	37.58	950m:	12:01.29	38.41	1700m:	21:45.25	39.96	2450m:	31:50.45	41.02
250m:	3:06.86	38.01	1000m:	12:39.74	38.45	1750m:	22:24.86	39.61	2500m:	32:31.79	41.34
300m:	3:45.00	38.14	1050m:	13:18.80	39.06	1800m:	23:04.73	39.87	2550m:	33:13.76	41.97
350m:	4:22.99	37.99	1100m:	13:57.80	39.00	1850m:	23:44.79	40.06	2600m:	33:53.25	39.49
400m:	5:01.58	38.59	1150m:	14:36.21	38.41	1900m:	24:24.48	39.69	2650m:	34:33.29	40.04
450m:	5:39.05	37.47	1200m:	15:14.97	38.76	1950m:	25:04.37	39.89	2700m:	35:13.38	40.09
500m:	6:17.36	38.31	1250m:	15:53.01	38.04	2000m:	25:44.29	39.92	2750m:	35:53.44	40.06
550m:	6:55.33	37.97	1300m:	16:31.77	38.76	2050m:	26:25.34	41.05	2800m:	36:33.84	40.40
600m:	7:33.58	38.25	1350m:	17:11.07	39.30	2100m:	27:05.24	39.90	2850m:	37:14.11	40.27
650m:	8:11.84	38.26	1400m:	17:50.51	39.44	2150m:	27:45.42	40.18	2900m:	37:54.48	40.37
700m:	8:49.94	38.10	1450m:	18:29.60	39.09	2200m:	28:25.50	40.08	2950m:	38:34.01	39.53
750m:	9:28.88	38.94	1500m:	19:08.01	38.41	2250m:	29:06.62	41.12	3000m:	39:12.25	38.24
13. BENITO CASTELLÓ, Mar	08	C.N. Lleida	39:16.72	4,00							
50m:	35.99	35.99	800m:	10:07.01	38.40	1550m:	19:52.10	39.63	2300m:	29:51.96	40.08
100m:	1:13.01	37.02	850m:	10:45.80	38.79	1600m:	20:31.04	38.94	2350m:	30:32.18	40.22
150m:	1:50.65	37.64	900m:	11:24.72	38.92	1650m:	21:11.22	40.18	2400m:	31:12.67	40.49
200m:	2:28.31	37.66	950m:	12:03.66	38.94	1700m:	21:50.72	39.50	2450m:	31:53.50	40.83
250m:	3:06.50	38.19	1000m:	12:42.18	38.52	1750m:	22:31.07	40.35	2500m:	32:34.54	41.04
300m:	3:44.51	38.01	1050m:	13:20.53	38.35	1800m:	23:11.09	40.02	2550m:	33:15.25	40.71
350m:	4:22.95	38.44	1100m:	13:59.12	38.59	1850m:	23:51.06	39.97	2600m:	33:55.21	39.96
400m:	5:01.52	38.57	1150m:	14:37.59	38.47	1900m:	24:30.77	39.71	2650m:	34:35.24	40.03
450m:	5:40.39	38.87	1200m:	15:16.83	39.24	1950m:	25:10.38	39.61	2700m:	35:15.36	40.12
500m:	6:18.57	38.18	1250m:	15:55.80	38.97	2000m:	25:50.07	39.69	2750m:	35:55.68	40.32
550m:	6:56.61	38.04	1300m:	16:35.01	39.21	2050m:	26:30.28	40.21	2800m:	36:36.01	40.33
600m:	7:34.18	37.57	1350m:	17:14.29	39.28	2100m:	27:10.81	40.53	2850m:	37:16.43	40.42
650m:	8:12.26	38.08	1400m:	17:54.01	39.72	2150m:	27:50.91	40.10	2900m:	37:57.10	40.67
700m:	8:50.18	37.92	1450m:	18:33.47	39.46	2200m:	28:31.48	40.57	2950m:	38:37.12	40.02
750m:	9:28.61	38.43	1500m:	19:12.47	39.00	2250m:	29:11.88	40.40	3000m:	39:16.72	39.60
14. MARTIN SUSIN, Berta	08	C.N. L'Hospitalet	39:25.55	3,00							
50m:	36.45	36.45	800m:	10:18.69	39.64	1550m:	20:13.28	39.55	2300m:	30:11.38	40.71
100m:	1:14.56	38.11	850m:	10:56.44	37.75	1600m:	20:52.97	39.69	2350m:	30:51.85	40.47
150m:	1:52.09	37.53	900m:	11:35.54	39.10	1650m:	21:32.65	39.68	2400m:	31:31.71	39.86
200m:	2:29.88	37.79	950m:	12:15.40	39.86	1700m:	22:13.08	40.43	2450m:	32:09.34	37.63
250m:	3:08.75	38.87	1000m:	12:55.82	40.42	1750m:	22:53.35	40.27	2500m:	32:48.78	39.44
300m:	3:47.51	38.76	1050m:	13:35.76	39.94	1800m:	23:33.89	40.54	2550m:	33:29.02	40.24
350m:	4:26.68	39.17	1100m:	14:15.09	39.33	1850m:	24:13.78	39.89	2600m:	34:09.49	40.47
400m:	5:04.08	37.40	1150m:	14:55.04	39.95	1900m:	24:53.47	39.69	2650m:	34:49.71	40.22
450m:	5:43.04	38.96	1200m:	15:35.53	40.49	1950m:	25:30.77	37.30	2700m:	35:30.07	40.36
500m:	6:22.36	39.32	1250m:	16:16.24	40.71	2000m:	26:10.41	39.64	2750m:	36:09.98	39.91
550m:	7:01.22	38.86	1300m:	16:56.56	40.32	2050m:	26:50.57	40.16	2800m:	36:48.39	38.41
600m:	7:40.33	39.11	1350m:	17:34.87	38.31	2100m:	27:30.22	39.65	2850m:	37:28.06	39.67
650m:	8:19.93	39.60	1400m:	18:13.11	38.24	2150m:	28:10.57	40.35	2900m:	38:07.25	39.19
700m:	8:59.65	39.72	1450m:	18:54.15	41.04	2200m:	28:50.70	40.13	2950m:	38:46.43	39.18
750m:	9:39.05	39.40	1500m:	19:33.73	39.58	2250m:	29:30.67	39.97	3000m:	39:25.55	39.12
15. PRUNES ARNAU, Jana	07	C.N. Mataró	39:30.73	2,00							
50m:	35.94	35.94	550m:	6:59.42	38.67	1050m:	13:35.20	39.72	1550m:	20:14.20	39.78
100m:	1:12.71	36.77	600m:	7:38.46	39.04	1100m:	14:15.02	39.82	1600m:	20:54.01	39.81
150m:	1:50.61	37.90	650m:	8:17.75	39.29	1150m:	14:54.97	39.95	1650m:	21:33.74	39.73
200m:	2:28.55	37.94	700m:	8:57.31	39.56	1200m:	15:35.00	40.03	1700m:	22:13.45	39.71
250m:	3:06.96	38.41	750m:	9:36.73	39.42	1250m:	16:14.57	39.57	1750m:	22:53.58	40.13
300m:	3:45.47	38.51	800m:	10:16.79	40.06	1300m:	16:54.85	40.28	1800m:	23:33.60	40.02
350m:	4:23.99	38.52	850m:	10:56.57	39.78	1350m:	17:34.95	40.10	1850m:	24:13.66	40.06
400m:	5:03.02	39.03	900m:	11:36.07	39.50	1400m:	18:14.64	39.69	1900m:	24:53.56	39.90
450m:	5:41.99	38.97	950m:	12:15.69	39.62	1450m:	18:54.53	39.89	1950m:	25:34.08	40.52
500m:	6:20.75	38.76	1000m:	12:55.48	39.79	1500m:	19:34.42	39.89	2000m:	26:14.39	40.31

Prova 3, Fem., 3000m Lliure, Júnior 1 Fons Indoor

Classificació	ANY				Temps			
2050m: 26:54.21	39.82	2300m: 30:14.99	40.23	2550m: 33:36.60	40.39	2800m: 36:55.99	39.63	
2100m: 27:34.17	39.96	2350m: 30:55.26	40.27	2600m: 34:16.59	39.99	2850m: 37:35.20	39.21	
2150m: 28:14.22	40.05	2400m: 31:35.65	40.39	2650m: 34:56.67	40.08	2900m: 38:14.48	39.28	
2200m: 28:54.68	40.46	2450m: 32:16.17	40.52	2700m: 35:36.55	39.88	2950m: 38:53.40	38.92	
2250m: 29:34.76	40.08	2500m: 32:56.21	40.04	2750m: 36:16.36	39.81	3000m: 39:30.73	37.33	
16. BAUTISTA BAS, Paula		08	Torelló C.A.N.		39:54.76	1,00		
50m: 35.85	35.85	800m: 10:27.25	40.03	1550m: 20:32.65	40.21	2300m: 30:36.60	40.24	
100m: 1:14.19	38.34	850m: 11:08.12	40.87	1600m: 21:13.01	40.36	2350m: 31:17.18	40.58	
150m: 1:52.99	38.80	900m: 11:48.32	40.20	1650m: 21:53.14	40.13	2400m: 31:57.83	40.65	
200m: 2:31.76	38.77	950m: 12:28.48	40.16	1700m: 22:33.27	40.13	2450m: 32:38.49	40.66	
250m: 3:10.65	38.89	1000m: 13:08.49	40.01	1750m: 23:13.47	40.20	2500m: 33:19.23	40.74	
300m: 3:49.77	39.12	1050m: 13:48.55	40.06	1800m: 23:53.82	40.35	2550m: 33:58.91	39.68	
350m: 4:29.78	40.01	1100m: 14:29.17	40.62	1850m: 24:34.28	40.46	2600m: 34:38.97	40.06	
400m: 5:08.97	39.19	1150m: 15:09.49	40.32	1900m: 25:14.26	39.98	2650m: 35:18.87	39.90	
450m: 5:48.26	39.29	1200m: 15:49.78	40.29	1950m: 25:55.30	41.04	2700m: 35:58.81	39.94	
500m: 6:27.39	39.13	1250m: 16:30.46	40.68	2000m: 26:35.58	40.28	2750m: 36:38.34	39.53	
550m: 7:07.30	39.91	1300m: 17:10.77	40.31	2050m: 27:15.42	39.84	2800m: 37:17.77	39.43	
600m: 7:47.40	40.10	1350m: 17:51.04	40.27	2100m: 27:55.10	39.68	2850m: 37:56.72	38.95	
650m: 8:27.24	39.84	1400m: 18:31.44	40.40	2150m: 28:35.43	40.33	2900m: 38:36.28	39.56	
700m: 9:07.14	39.90	1450m: 19:11.87	40.43	2200m: 29:16.08	40.65	2950m: 39:15.42	39.14	
750m: 9:47.22	40.08	1500m: 19:52.44	40.57	2250m: 29:56.36	40.28	3000m: 39:54.76	39.34	

BX RUBIO ARROJO, Elsa 08 C.N. Figueres -

Júnior 2 Fons Indoor

1. ROCA FORTUNY, Marina	05	C.N. Barcelona	36:48.07	19,00			
50m: 34.59	34.59	800m: 9:37.28	35.96	1550m: 18:47.41	37.08	2300m: 28:07.53	37.59
100m: 1:10.12	35.53	850m: 10:13.28	36.00	1600m: 19:24.53	37.12	2350m: 28:45.14	37.61
150m: 1:46.37	36.25	900m: 10:49.57	36.29	1650m: 20:01.62	37.09	2400m: 29:22.86	37.72
200m: 2:22.71	36.34	950m: 11:26.18	36.61	1700m: 20:39.22	37.60	2450m: 30:00.91	38.05
250m: 2:58.68	35.97	1000m: 12:02.89	36.71	1750m: 21:16.51	37.29	2500m: 30:38.16	37.25
300m: 3:34.95	36.27	1050m: 12:39.28	36.39	1800m: 21:53.92	37.41	2550m: 31:16.03	37.87
350m: 4:10.99	36.04	1100m: 13:16.09	36.81	1850m: 22:31.07	37.15	2600m: 31:53.45	37.42
400m: 4:47.16	36.17	1150m: 13:52.74	36.65	1900m: 23:08.06	36.99	2650m: 32:30.81	37.36
450m: 5:23.36	36.20	1200m: 14:29.30	36.56	1950m: 23:45.42	37.36	2700m: 33:08.15	37.34
500m: 5:59.94	36.58	1250m: 15:06.10	36.80	2000m: 24:22.81	37.39	2750m: 33:45.48	37.33
550m: 6:36.35	36.41	1300m: 15:42.67	36.57	2050m: 25:00.47	37.66	2800m: 34:22.46	36.98
600m: 7:12.69	36.34	1350m: 16:19.54	36.87	2100m: 25:37.86	37.39	2850m: 34:59.31	36.85
650m: 7:48.97	36.28	1400m: 16:56.51	36.97	2150m: 26:15.12	37.26	2900m: 35:36.24	36.93
700m: 8:24.99	36.02	1450m: 17:33.42	36.91	2200m: 26:52.67	37.55	2950m: 36:12.72	36.48
750m: 9:01.32	36.33	1500m: 18:10.33	36.91	2250m: 27:29.94	37.27	3000m: 36:48.07	35.35
2. VARET CANO, Audrey	06	C.N. L'Hospitalet	37:36.93	16,00			
50m: 33.84	33.84	800m: 9:43.08	37.14	1550m: 19:08.95	38.31	2300m: 28:48.53	38.39
100m: 1:09.07	35.23	850m: 10:20.04	36.96	1600m: 19:47.48	38.53	2350m: 29:27.20	38.67
150m: 1:45.17	36.10	900m: 10:57.23	37.19	1650m: 20:26.07	38.59	2400m: 30:05.66	38.46
200m: 2:21.20	36.03	950m: 11:34.51	37.28	1700m: 21:05.00	38.93	2450m: 30:44.04	38.38
250m: 2:57.65	36.45	1000m: 12:11.59	37.08	1750m: 21:43.66	38.66	2500m: 31:22.40	38.36
300m: 3:34.44	36.79	1050m: 12:49.03	37.44	1800m: 22:21.92	38.26	2550m: 32:00.50	38.10
350m: 4:10.97	36.53	1100m: 13:26.63	37.60	1850m: 23:00.65	38.73	2600m: 32:38.74	38.24
400m: 4:47.62	36.65	1150m: 14:04.33	37.70	1900m: 23:39.66	39.01	2650m: 33:16.62	37.88
450m: 5:24.33	36.71	1200m: 14:41.97	37.64	1950m: 24:18.51	38.85	2700m: 33:54.42	37.80
500m: 6:01.20	36.87	1250m: 15:19.69	37.72	2000m: 24:57.10	38.59	2750m: 34:31.91	37.49
550m: 6:37.66	36.46	1300m: 15:57.79	38.10	2050m: 25:35.29	38.19	2800m: 35:09.33	37.42
600m: 7:14.59	36.93	1350m: 16:35.95	38.16	2100m: 26:14.17	38.88	2850m: 35:46.80	37.47
650m: 7:51.48	36.89	1400m: 17:13.91	37.96	2150m: 26:52.85	38.68	2900m: 36:24.32	37.52
700m: 8:28.63	37.15	1450m: 17:52.31	38.40	2200m: 27:31.49	38.64	2950m: 37:01.15	36.83
750m: 9:05.94	37.31	1500m: 18:30.64	38.33	2250m: 28:10.14	38.65	3000m: 37:36.93	35.78

Prova 3, Fem., 3000m Lliure, Júnior 2 Fons Indoor

Classificació	ANY		Temps								
3. RODRÍGUEZ SANTAULARIA, Jéssica	06	C.N. Barcelona	38:47.57	14,00							
50m:	35.78	35.78	800m:	9:58.83	38.13	1550m:	19:38.91	38.91	2300m:	29:32.10	40.15
100m:	1:11.70	35.92	850m:	10:37.21	38.38	1600m:	20:17.90	38.99	2350m:	30:11.92	39.82
150m:	1:48.37	36.67	900m:	11:15.57	38.36	1650m:	20:57.15	39.25	2400m:	30:51.60	39.68
200m:	2:25.34	36.97	950m:	11:53.92	38.35	1700m:	21:36.80	39.65	2450m:	31:31.74	40.14
250m:	3:02.06	36.72	1000m:	12:32.36	38.44	1750m:	22:16.05	39.25	2500m:	32:11.73	39.99
300m:	3:39.46	37.40	1050m:	13:10.62	38.26	1800m:	22:55.35	39.30	2550m:	32:51.42	39.69
350m:	4:16.78	37.32	1100m:	13:49.32	38.70	1850m:	23:34.93	39.58	2600m:	33:31.08	39.66
400m:	4:54.33	37.55	1150m:	14:28.19	38.87	1900m:	24:14.69	39.76	2650m:	34:11.32	40.24
450m:	5:32.25	37.92	1200m:	15:07.02	38.83	1950m:	24:54.38	39.69	2700m:	34:51.23	39.91
500m:	6:10.43	38.18	1250m:	15:45.46	38.44	2000m:	25:33.89	39.51	2750m:	35:30.96	39.73
550m:	6:48.33	37.90	1300m:	16:23.94	38.48	2050m:	26:13.43	39.54	2800m:	36:11.00	40.04
600m:	7:26.27	37.94	1350m:	17:02.57	38.63	2100m:	26:52.63	39.20	2850m:	36:50.47	39.47
650m:	8:04.45	38.18	1400m:	17:41.23	38.66	2150m:	27:31.97	39.34	2900m:	37:30.67	40.20
700m:	8:42.46	38.01	1450m:	18:20.54	39.31	2200m:	28:11.87	39.90	2950m:	38:09.84	39.17
750m:	9:20.70	38.24	1500m:	19:00.00	39.46	2250m:	28:51.95	40.08	3000m:	38:47.57	37.73
4. SOLA SOLERNOU, Ona	06	C.N. Igualada	39:26.10	13,00							
50m:	36.27	36.27	800m:	10:20.55	39.09	1550m:	20:10.89	39.78	2300m:	30:08.08	40.02
100m:	1:13.83	37.56	850m:	10:59.15	38.60	1600m:	20:50.66	39.77	2350m:	30:47.83	39.75
150m:	1:52.12	38.29	900m:	11:38.18	39.03	1650m:	21:30.49	39.83	2400m:	31:27.99	40.16
200m:	2:30.97	38.85	950m:	12:17.39	39.21	1700m:	22:10.13	39.64	2450m:	32:08.47	40.48
250m:	3:09.81	38.84	1000m:	12:56.35	38.96	1750m:	22:49.79	39.66	2500m:	32:48.60	40.13
300m:	3:49.27	39.46	1050m:	13:35.39	39.04	1800m:	23:29.70	39.91	2550m:	33:28.64	40.04
350m:	4:28.19	38.92	1100m:	14:14.72	39.33	1850m:	24:09.37	39.67	2600m:	34:08.70	40.06
400m:	5:07.65	39.46	1150m:	14:54.19	39.47	1900m:	24:48.92	39.55	2650m:	34:49.04	40.34
450m:	5:46.94	39.29	1200m:	15:33.61	39.42	1950m:	25:28.83	39.91	2700m:	35:29.33	40.29
500m:	6:26.28	39.34	1250m:	16:12.95	39.34	2000m:	26:08.91	40.08	2750m:	36:09.14	39.81
550m:	7:04.71	38.43	1300m:	16:52.64	39.69	2050m:	26:49.05	40.14	2800m:	36:48.21	39.07
600m:	7:44.07	39.36	1350m:	17:32.13	39.49	2100m:	27:28.56	39.51	2850m:	37:27.59	39.38
650m:	8:23.27	39.20	1400m:	18:11.50	39.37	2150m:	28:07.87	39.31	2900m:	38:07.10	39.51
700m:	9:02.29	39.02	1450m:	18:51.38	39.88	2200m:	28:47.77	39.90	2950m:	38:46.99	39.89
750m:	9:41.46	39.17	1500m:	19:31.11	39.73	2250m:	29:28.06	40.29	3000m:	39:26.10	39.11
5. MARZO LOREN, Aina	06	C.N. Atl Barceloneta	39:31.82	12,00							
50m:	36.03	36.03	800m:	10:18.53	38.97	1550m:	20:16.66	39.84	2300m:	30:15.70	40.46
100m:	1:14.18	38.15	850m:	10:57.98	39.45	1600m:	20:56.89	40.23	2350m:	30:55.33	39.63
150m:	1:52.78	38.60	900m:	11:37.43	39.45	1650m:	21:36.63	39.74	2400m:	31:35.04	39.71
200m:	2:31.69	38.91	950m:	12:17.40	39.97	1700m:	22:16.40	39.77	2450m:	32:15.04	40.00
250m:	3:10.50	38.81	1000m:	12:56.61	39.21	1750m:	22:56.73	40.33	2500m:	32:55.26	40.22
300m:	3:49.77	39.27	1050m:	13:35.97	39.36	1800m:	23:37.22	40.49	2550m:	33:34.91	39.65
350m:	4:29.02	39.25	1100m:	14:15.84	39.87	1850m:	24:17.48	40.26	2600m:	34:15.10	40.19
400m:	5:08.19	39.17	1150m:	14:55.46	39.62	1900m:	24:56.85	39.37	2650m:	34:55.63	40.53
450m:	5:47.33	39.14	1200m:	15:35.95	40.49	1950m:	25:36.63	39.78	2700m:	35:36.60	40.97
500m:	6:26.20	38.87	1250m:	16:15.53	39.58	2000m:	26:16.67	40.04	2750m:	36:16.60	40.00
550m:	7:04.53	38.33	1300m:	16:56.09	40.56	2050m:	26:56.17	39.50	2800m:	36:56.02	39.42
600m:	7:42.69	38.16	1350m:	17:35.94	39.85	2100m:	27:35.74	39.57	2850m:	37:35.46	39.44
650m:	8:21.79	39.10	1400m:	18:15.74	39.80	2150m:	28:15.59	39.85	2900m:	38:14.43	38.97
700m:	9:00.68	38.89	1450m:	18:56.43	40.69	2200m:	28:55.16	39.57	2950m:	38:54.65	40.22
750m:	9:39.56	38.88	1500m:	19:36.82	40.39	2250m:	29:35.24	40.08	3000m:	39:31.82	37.17
6. MONTERO MARTINEZ, Rebeca	06	C.N. L'Hospitalet	41:35.84	11,00							
50m:	38.14	38.14	750m:	10:13.88	41.58	1450m:	19:58.44	42.66	2150m:	29:44.84	41.92
100m:	1:18.29	40.15	800m:	10:55.60	41.72	1500m:	20:39.79	41.35	2200m:	30:27.02	42.18
150m:	1:59.60	41.31	850m:	11:37.82	42.22	1550m:	21:22.03	42.24	2250m:	31:09.61	42.59
200m:	2:40.56	40.96	900m:	12:19.34	41.52	1600m:	22:04.16	42.13	2300m:	31:51.55	41.94
250m:	3:21.56	41.00	950m:	13:01.26	41.92	1650m:	22:46.79	42.63	2350m:	32:33.97	42.42
300m:	4:02.93	41.37	1000m:	13:43.44	42.18	1700m:	23:28.39	41.60	2400m:	33:17.26	43.29
350m:	4:44.24	41.31	1050m:	14:25.14	41.70	1750m:	24:09.57	41.18	2450m:	33:59.40	42.14
400m:	5:25.52	41.28	1100m:	15:06.61	41.47	1800m:	24:51.14	41.57	2500m:	34:41.75	42.35
450m:	6:06.74	41.22	1150m:	15:49.09	42.48	1850m:	25:32.61	41.47	2550m:	35:23.84	42.09
500m:	6:47.80	41.06	1200m:	16:29.75	40.66	1900m:	26:14.43	41.82	2600m:	36:06.09	42.25
550m:	7:29.25	41.45	1250m:	17:10.73	40.98	1950m:	26:56.55	42.12	2650m:	36:46.63	40.54
600m:	8:10.30	41.05	1300m:	17:52.83	42.10	2000m:	27:38.26	41.71	2700m:	37:28.70	42.07
650m:	8:51.38	41.08	1350m:	18:34.15	41.32	2050m:	28:20.33	42.07	2750m:	38:09.99	41.29
700m:	9:32.30	40.92	1400m:	19:15.78	41.63	2100m:	29:02.92	42.59	2800m:	38:52.23	42.24

Piscina 25m / Cronometratge Semi-automàtic

Prova 3, Fem., 3000m Lliure, Júnior 2 Fons Indoor

Classificació	2850m: 39:33.28		41.05		2900m: 40:14.99		41.71		2950m: 40:56.42		41.43		3000m: 41:35.84		39.42	
DSQ	FERNANDEZ VALDIVIESO, Alba		06		C.N. Mataró											
	RT - RETIRAT															
BX	NET GOMEZ, Laia		06		C.N. L'Hospitalet											

Absolut Fons Indoor

1.	GIRALT PIDEMONT, Claudia		01		C.N. L'Hospitalet								35:12.60		19,00	
	50m:	33.19	33.19	800m:	9:12.59	35.34	1550m:	18:00.44	35.64	2300m:	26:54.37	35.28				
	100m:	1:06.85	33.66	850m:	9:47.40	34.81	1600m:	18:35.66	35.22	2350m:	27:29.47	35.10				
	150m:	1:41.01	34.16	900m:	10:22.42	35.02	1650m:	19:11.09	35.43	2400m:	28:04.78	35.31				
	200m:	2:14.66	33.65	950m:	10:57.37	34.95	1700m:	19:46.71	35.62	2450m:	28:40.13	35.35				
	250m:	2:48.76	34.10	1000m:	11:32.24	34.87	1750m:	20:22.47	35.76	2500m:	29:15.54	35.41				
	300m:	3:22.92	34.16	1050m:	12:07.28	35.04	1800m:	20:58.79	36.32	2550m:	29:51.71	36.17				
	350m:	3:57.30	34.38	1100m:	12:42.59	35.31	1850m:	21:34.32	35.53	2600m:	30:27.61	35.90				
	400m:	4:31.98	34.68	1150m:	13:17.87	35.28	1900m:	22:09.90	35.58	2650m:	31:04.31	36.70				
	450m:	5:06.84	34.86	1200m:	13:53.47	35.60	1950m:	22:45.69	35.79	2700m:	31:40.04	35.73				
	500m:	5:41.64	34.80	1250m:	14:28.99	35.52	2000m:	23:21.44	35.75	2750m:	32:15.32	35.28				
	550m:	6:16.63	34.99	1300m:	15:04.41	35.42	2050m:	23:57.03	35.59	2800m:	32:50.95	35.63				
	600m:	6:51.72	35.09	1350m:	15:39.32	34.91	2100m:	24:32.84	35.81	2850m:	33:26.21	35.26				
	650m:	7:27.14	35.42	1400m:	16:14.42	35.10	2150m:	25:07.87	35.03	2900m:	34:01.62	35.41				
	700m:	8:02.18	35.04	1450m:	16:49.20	34.78	2200m:	25:43.37	35.50	2950m:	34:37.55	35.93				
	750m:	8:37.25	35.07	1500m:	17:24.80	35.60	2250m:	26:19.09	35.72	3000m:	35:12.60	35.05				
2.	ORTIZ MARTINEZ, Ainhoa		03		C.N. L'Hospitalet								36:58.67		16,00	
	50m:	34.72	34.72	800m:	9:38.47	36.30	1550m:	18:56.72	37.87	2300m:	28:17.48	37.27				
	100m:	1:10.21	35.49	850m:	10:14.90	36.43	1600m:	19:34.58	37.86	2350m:	28:54.80	37.32				
	150m:	1:46.13	35.92	900m:	10:51.29	36.39	1650m:	20:12.72	38.14	2400m:	29:31.90	37.10				
	200m:	2:22.09	35.96	950m:	11:27.86	36.57	1700m:	20:50.30	37.58	2450m:	30:09.61	37.71				
	250m:	2:58.09	36.00	1000m:	12:04.79	36.93	1750m:	21:28.05	37.75	2500m:	30:47.38	37.77				
	300m:	3:34.10	36.01	1050m:	12:41.73	36.94	1800m:	22:05.78	37.73	2550m:	31:25.38	38.00				
	350m:	4:10.11	36.01	1100m:	13:18.98	37.25	1850m:	22:42.95	37.17	2600m:	32:03.27	37.89				
	400m:	4:46.50	36.39	1150m:	13:56.27	37.29	1900m:	23:20.48	37.53	2650m:	32:41.06	37.79				
	450m:	5:22.93	36.43	1200m:	14:33.96	37.69	1950m:	23:57.62	37.14	2700m:	33:18.91	37.85				
	500m:	5:59.61	36.68	1250m:	15:11.31	37.35	2000m:	24:34.65	37.03	2750m:	33:56.04	37.13				
	550m:	6:36.18	36.57	1300m:	15:48.70	37.39	2050m:	25:11.70	37.05	2800m:	34:32.67	36.63				
	600m:	7:12.58	36.40	1350m:	16:26.01	37.31	2100m:	25:49.07	37.37	2850m:	35:09.40	36.73				
	650m:	7:48.98	36.40	1400m:	17:03.38	37.37	2150m:	26:26.54	37.47	2900m:	35:46.07	36.67				
	700m:	8:25.92	36.94	1450m:	17:41.06	37.68	2200m:	27:03.01	36.47	2950m:	36:22.80	36.73				
	750m:	9:02.17	36.25	1500m:	18:18.85	37.79	2250m:	27:40.21	37.20	3000m:	36:58.67	35.87				
3.	MAESTRO LORENZO, Alba		02		C.N. L'Hospitalet								37:21.11		14,00	
	50m:	35.91	35.91	800m:	9:57.51	37.65	1550m:	19:14.74	37.52	2300m:	28:34.93	37.76				
	100m:	1:12.77	36.86	850m:	10:33.82	36.31	1600m:	19:51.86	37.12	2350m:	29:12.51	37.58				
	150m:	1:49.71	36.94	900m:	11:10.34	36.52	1650m:	20:29.07	37.21	2400m:	29:50.36	37.85				
	200m:	2:27.36	37.65	950m:	11:48.10	37.76	1700m:	21:06.44	37.37	2450m:	30:28.40	38.04				
	250m:	3:04.19	36.83	1000m:	12:25.54	37.44	1750m:	21:43.74	37.30	2500m:	31:05.84	37.44				
	300m:	3:41.97	37.78	1050m:	13:02.43	36.89	1800m:	22:20.94	37.20	2550m:	31:43.42	37.58				
	350m:	4:19.91	37.94	1100m:	13:39.85	37.42	1850m:	22:57.90	36.96	2600m:	32:21.00	37.58				
	400m:	4:57.54	37.63	1150m:	14:16.97	37.12	1900m:	23:35.24	37.34	2650m:	32:58.49	37.49				
	450m:	5:35.91	38.37	1200m:	14:54.58	37.61	1950m:	24:12.58	37.34	2700m:	33:35.93	37.44				
	500m:	6:13.22	37.31	1250m:	15:32.46	37.88	2000m:	24:50.03	37.45	2750m:	34:13.93	38.00				
	550m:	6:51.30	38.08	1300m:	16:09.45	36.99	2050m:	25:27.15	37.12	2800m:	34:52.40	38.47				
	600m:	7:28.88	37.58	1350m:	16:46.53	37.08	2100m:	26:04.93	37.78	2850m:	35:29.79	37.39				
	650m:	8:05.91	37.03	1400m:	17:23.34	36.81	2150m:	26:42.48	37.55	2900m:	36:07.56	37.77				
	700m:	8:42.82	36.91	1450m:	18:00.98	37.64	2200m:	27:19.43	36.95	2950m:	36:44.60	37.04				
	750m:	9:19.86	37.04	1500m:	18:37.22	36.24	2250m:	27:57.17	37.74	3000m:	37:21.11	36.51				

Prova 3, Fem., 3000m Lliure, Absolut Fons Indoor

Classificació	ANY										Temps					
4.	TORRUBIANO GONZALEZ, Aina										04	C.E.N. Balaguer	38:05.69	13,00		
	50m: 35.93	35.93	800m: 9:55.95	38.04	1550m: 19:26.86	38.64	2300m: 29:04.70	38.93	100m: 1:12.18	36.25	850m: 10:33.75	37.80	1600m: 20:05.91	39.05	2350m: 29:43.27	38.57
	150m: 1:48.77	36.59	900m: 11:12.05	38.30	1650m: 20:44.20	38.29	2400m: 30:22.29	39.02	200m: 2:25.38	36.61	950m: 11:49.77	37.72	1700m: 21:22.68	38.48	2450m: 31:01.53	39.24
	250m: 3:02.30	36.92	1000m: 12:27.66	37.89	1750m: 22:00.82	38.14	2500m: 31:40.93	39.40	300m: 3:39.34	37.04	1050m: 13:05.38	37.72	1800m: 22:39.08	38.26	2550m: 32:20.61	39.68
	350m: 4:16.73	37.39	1100m: 13:43.43	38.05	1850m: 23:16.98	37.90	2600m: 32:59.21	38.60	400m: 4:54.18	37.45	1150m: 14:21.64	38.21	1900m: 23:55.51	38.53	2650m: 33:38.17	38.96
	450m: 5:31.82	37.64	1200m: 14:59.43	37.79	1950m: 24:34.03	38.52	2700m: 34:17.00	38.83	500m: 6:10.03	38.21	1250m: 15:37.23	37.80	2000m: 25:12.57	38.54	2750m: 34:55.79	38.79
	550m: 6:47.46	37.43	1300m: 16:15.57	38.34	2050m: 25:51.51	38.94	2800m: 35:34.19	38.40	600m: 7:24.98	37.52	1350m: 16:53.68	38.11	2100m: 26:30.27	38.76	2850m: 36:12.71	38.52
	650m: 8:02.53	37.55	1400m: 17:31.79	38.11	2150m: 27:08.84	38.57	2900m: 36:51.64	38.93	700m: 8:40.14	37.61	1450m: 18:10.01	38.22	2200m: 27:47.02	38.18	2950m: 37:29.62	37.98
	750m: 9:17.91	37.77	1500m: 18:48.22	38.21	2250m: 28:25.77	38.75	3000m: 38:05.69	36.07								
5.	HUGUET SAN AGUSTIN, Nora										04	C.N. Atl Barceloneta	39:44.70	12,00		
	50m: 35.76	35.76	800m: 10:21.63	39.60	1550m: 20:18.70	40.03	2300m: 30:21.03	40.96	100m: 1:13.73	37.97	850m: 11:01.75	40.12	1600m: 20:58.62	39.92	2350m: 31:01.59	40.56
	150m: 1:52.12	38.39	900m: 11:41.13	39.38	1650m: 21:38.83	40.21	2400m: 31:42.22	40.63	200m: 2:30.72	38.60	950m: 12:21.26	40.13	1700m: 22:18.24	39.41	2450m: 32:22.79	40.57
	250m: 3:09.66	38.94	1000m: 13:01.02	39.76	1750m: 22:57.53	39.29	2500m: 33:03.38	40.59	300m: 3:49.03	39.37	1050m: 13:40.76	39.74	1800m: 23:37.57	40.04	2550m: 33:43.46	40.08
	350m: 4:28.09	39.06	1100m: 14:20.55	39.79	1850m: 24:17.78	40.21	2600m: 34:24.09	40.63	400m: 5:07.26	39.17	1150m: 15:00.34	39.79	1900m: 24:57.86	40.08	2650m: 35:04.51	40.42
	450m: 5:46.71	39.45	1200m: 15:40.85	40.51	1950m: 25:37.87	40.01	2700m: 35:44.55	40.04	500m: 6:26.02	39.31	1250m: 16:20.81	39.96	2000m: 26:18.08	40.21	2750m: 36:24.55	40.00
	550m: 7:04.88	38.86	1300m: 17:00.50	39.69	2050m: 26:58.42	40.34	2800m: 37:04.87	40.32	600m: 7:44.12	39.24	1350m: 17:39.83	39.33	2100m: 27:39.49	41.07	2850m: 37:44.68	39.81
	650m: 8:23.38	39.26	1400m: 18:19.15	39.32	2150m: 28:19.62	40.13	2900m: 38:25.09	40.41	700m: 9:02.54	39.16	1450m: 18:58.83	39.68	2200m: 28:59.79	40.17	2950m: 39:04.81	39.72
	750m: 9:42.03	39.49	1500m: 19:38.67	39.84	2250m: 29:40.07	40.28	3000m: 39:44.70	39.89								

Absolut, Júnior 2 i Júnior 1

1.	MARTINEZ DE SALINAS PEÑA, Clara										07	E.M. El Olivar	34:18.59	-		
	50m: 32.54	32.54	800m: 8:57.77	34.37	1550m: 17:36.61	34.43	2300m: 26:16.51	34.73	100m: 1:05.89	33.35	850m: 9:31.99	34.22	1600m: 18:11.28	34.67	2350m: 26:51.27	34.76
	150m: 1:39.12	33.23	900m: 10:06.39	34.40	1650m: 18:46.01	34.73	2400m: 27:26.38	35.11	200m: 2:12.18	33.06	950m: 10:40.85	34.46	1700m: 19:21.32	35.31	2450m: 28:01.26	34.88
	250m: 2:45.33	33.15	1000m: 11:15.40	34.55	1750m: 19:56.31	34.99	2500m: 28:36.23	34.97	300m: 3:18.73	33.40	1050m: 11:49.91	34.51	1800m: 20:31.09	34.78	2550m: 29:10.72	34.49
	350m: 3:52.27	33.54	1100m: 12:24.59	34.68	1850m: 21:05.83	34.74	2600m: 29:44.94	34.22	400m: 4:26.20	33.93	1150m: 12:59.25	34.66	1900m: 21:40.62	34.79	2650m: 30:19.55	34.61
	450m: 4:59.80	33.60	1200m: 13:34.11	34.86	1950m: 22:15.51	34.89	2700m: 30:53.49	33.94	500m: 5:33.74	33.94	1250m: 14:09.00	34.89	2000m: 22:50.25	34.74	2750m: 31:27.84	34.35
	550m: 6:07.45	33.71	1300m: 14:43.84	34.84	2050m: 23:24.71	34.46	2800m: 32:02.36	34.52	600m: 6:41.33	33.88	1350m: 15:18.33	34.49	2100m: 23:58.84	34.13	2850m: 32:36.84	34.48
	650m: 7:15.30	33.97	1400m: 15:53.01	34.68	2150m: 24:32.98	34.14	2900m: 33:11.53	34.69	700m: 7:49.23	33.93	1450m: 16:27.96	34.95	2200m: 25:07.39	34.41	2950m: 33:45.88	34.35
	750m: 8:23.40	34.17	1500m: 17:02.18	34.22	2250m: 25:41.78	34.39	3000m: 34:18.59	32.71								
2.	COLL MARTI, Júlia										07	C.N. Olot	34:53.37	19,00		
	50m: 32.96	32.96	600m: 6:54.56	35.04	1150m: 13:19.93	35.10	1700m: 19:45.37	34.53	100m: 1:06.44	33.48	650m: 7:29.33	34.77	1200m: 13:55.22	35.29	1750m: 20:20.17	34.80
	150m: 1:40.99	34.55	700m: 8:04.28	34.95	1250m: 14:30.22	35.00	1800m: 20:55.34	35.17	200m: 2:15.66	34.67	750m: 8:39.26	34.98	1300m: 15:05.24	35.02	1850m: 21:30.74	35.40
	250m: 2:50.25	34.59	800m: 9:14.98	35.72	1350m: 15:39.95	34.71	1900m: 22:05.28	34.54	300m: 3:25.01	34.76	850m: 9:50.31	35.33	1400m: 16:15.38	35.43	1950m: 22:39.32	34.04
	350m: 3:59.65	34.64	900m: 10:24.89	34.58	1450m: 16:50.58	35.20	2000m: 23:14.43	35.11	400m: 4:34.23	34.58	950m: 10:59.32	34.43	1500m: 17:25.25	34.67	2050m: 23:49.26	34.83
	450m: 5:09.33	35.10	1000m: 11:34.28	34.96	1550m: 18:00.44	35.19	2100m: 24:24.64	35.38	500m: 5:44.57	35.24	1050m: 12:09.62	35.34	1600m: 18:35.61	35.17	2150m: 25:00.17	35.53
	550m: 6:19.52	34.95	1100m: 12:44.83	35.21	1650m: 19:10.84	35.23	2200m: 25:35.41	35.24								

Piscina 25m / Cronometratge Semi-automàtic

Prova 3, Fem., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY				Temps						
2250m:	26:10.78	35.37	2450m:	28:31.03	34.93	2650m:	30:53.33	35.34	2850m:	33:13.30	34.83
2300m:	26:45.89	35.11	2500m:	29:06.85	35.82	2700m:	31:28.00	34.67	2900m:	33:47.24	33.94
2350m:	27:21.01	35.12	2550m:	29:42.39	35.54	2750m:	32:03.32	35.32	2950m:	34:21.33	34.09
2400m:	27:56.10	35.09	2600m:	30:17.99	35.60	2800m:	32:38.47	35.15	3000m:	34:53.37	32.04
3. GIRALT PIDEMONT, Claudia			01	C.N. L'Hospitalet					35:12.60	19,00	
50m:	33.19	33.19	800m:	9:12.59	35.34	1550m:	18:00.44	35.64	2300m:	26:54.37	35.28
100m:	1:06.85	33.66	850m:	9:47.40	34.81	1600m:	18:35.66	35.22	2350m:	27:29.47	35.10
150m:	1:41.01	34.16	900m:	10:22.42	35.02	1650m:	19:11.09	35.43	2400m:	28:04.78	35.31
200m:	2:14.66	33.65	950m:	10:57.37	34.95	1700m:	19:46.71	35.62	2450m:	28:40.13	35.35
250m:	2:48.76	34.10	1000m:	11:32.24	34.87	1750m:	20:22.47	35.76	2500m:	29:15.54	35.41
300m:	3:22.92	34.16	1050m:	12:07.28	35.04	1800m:	20:58.79	36.32	2550m:	29:51.71	36.17
350m:	3:57.30	34.38	1100m:	12:42.59	35.31	1850m:	21:34.32	35.53	2600m:	30:27.61	35.90
400m:	4:31.98	34.68	1150m:	13:17.87	35.28	1900m:	22:09.90	35.58	2650m:	31:04.31	36.70
450m:	5:06.84	34.86	1200m:	13:53.47	35.60	1950m:	22:45.69	35.79	2700m:	31:40.04	35.73
500m:	5:41.64	34.80	1250m:	14:28.99	35.52	2000m:	23:21.44	35.75	2750m:	32:15.32	35.28
550m:	6:16.63	34.99	1300m:	15:04.41	35.42	2050m:	23:57.03	35.59	2800m:	32:50.95	35.63
600m:	6:51.72	35.09	1350m:	15:39.32	34.91	2100m:	24:32.84	35.81	2850m:	33:26.21	35.26
650m:	7:27.14	35.42	1400m:	16:14.42	35.10	2150m:	25:07.87	35.03	2900m:	34:01.62	35.41
700m:	8:02.18	35.04	1450m:	16:49.20	34.78	2200m:	25:43.37	35.50	2950m:	34:37.55	35.93
750m:	8:37.25	35.07	1500m:	17:24.80	35.60	2250m:	26:19.09	35.72	3000m:	35:12.60	35.05
4. LLORACH FUSTES, Martina			08	C.N. Igualada					35:31.41	16,00	
50m:	33.60	33.60	800m:	9:16.15	34.28	1550m:	18:06.87	35.73	2300m:	27:09.52	36.09
100m:	1:08.32	34.72	850m:	9:50.59	34.44	1600m:	18:43.29	36.42	2350m:	27:46.29	36.77
150m:	1:43.04	34.72	900m:	10:25.36	34.77	1650m:	19:19.41	36.12	2400m:	28:22.44	36.15
200m:	2:17.68	34.64	950m:	10:59.91	34.55	1700m:	19:55.76	36.35	2450m:	28:58.88	36.44
250m:	2:52.31	34.63	1000m:	11:34.98	35.07	1750m:	20:31.68	35.92	2500m:	29:35.73	36.85
300m:	3:27.30	34.99	1050m:	12:09.94	34.96	1800m:	21:07.91	36.23	2550m:	30:11.33	35.60
350m:	4:02.12	34.82	1100m:	12:45.00	35.06	1850m:	21:43.68	35.77	2600m:	30:47.05	35.72
400m:	4:37.10	34.98	1150m:	13:20.50	35.50	1900m:	22:20.87	37.19	2650m:	31:23.08	36.03
450m:	5:11.91	34.81	1200m:	13:56.05	35.55	1950m:	22:56.77	35.90	2700m:	31:59.10	36.02
500m:	5:46.75	34.84	1250m:	14:31.83	35.78	2000m:	23:33.09	36.32	2750m:	32:34.85	35.75
550m:	6:21.83	35.08	1300m:	15:07.98	36.15	2050m:	24:08.89	35.80	2800m:	33:10.71	35.86
600m:	6:56.87	35.04	1350m:	15:43.41	35.43	2100m:	24:45.29	36.40	2850m:	33:46.46	35.75
650m:	7:32.05	35.18	1400m:	16:19.14	35.73	2150m:	25:21.09	35.80	2900m:	34:22.04	35.58
700m:	8:07.17	35.12	1450m:	16:55.09	35.95	2200m:	25:56.89	35.80	2950m:	34:57.40	35.36
750m:	8:41.87	34.70	1500m:	17:31.14	36.05	2250m:	26:33.43	36.54	3000m:	35:31.41	34.01
5. OLIVEIRA LARA, Carolina			07	C.N. Sabadell					35:33.77	14,00	
50m:	33.28	33.28	800m:	9:25.27	35.35	1550m:	18:20.83	35.29	2300m:	27:20.01	35.62
100m:	1:07.94	34.66	850m:	10:00.56	35.29	1600m:	18:56.59	35.76	2350m:	27:56.12	36.11
150m:	1:43.34	35.40	900m:	10:36.30	35.74	1650m:	19:32.75	36.16	2400m:	28:31.85	35.73
200m:	2:19.11	35.77	950m:	11:12.06	35.76	1700m:	20:08.66	35.91	2450m:	29:07.55	35.70
250m:	2:54.60	35.49	1000m:	11:47.71	35.65	1750m:	20:44.58	35.92	2500m:	29:43.53	35.98
300m:	3:30.15	35.55	1050m:	12:23.08	35.37	1800m:	21:20.56	35.98	2550m:	30:19.24	35.71
350m:	4:05.92	35.77	1100m:	12:58.89	35.81	1850m:	21:56.88	36.32	2600m:	30:54.71	35.47
400m:	4:41.84	35.92	1150m:	13:34.99	36.10	1900m:	22:32.92	36.04	2650m:	31:30.20	35.49
450m:	5:17.32	35.48	1200m:	14:10.83	35.84	1950m:	23:09.45	36.53	2700m:	32:06.30	36.10
500m:	5:53.07	35.75	1250m:	14:46.69	35.86	2000m:	23:45.60	36.15	2750m:	32:41.71	35.41
550m:	6:28.52	35.45	1300m:	15:22.42	35.73	2050m:	24:21.46	35.86	2800m:	33:17.28	35.57
600m:	7:04.32	35.80	1350m:	15:58.26	35.84	2100m:	24:57.19	35.73	2850m:	33:51.69	34.41
650m:	7:39.39	35.07	1400m:	16:33.95	35.69	2150m:	25:32.98	35.79	2900m:	34:26.22	34.53
700m:	8:14.55	35.16	1450m:	17:09.84	35.89	2200m:	26:08.59	35.61	2950m:	35:00.47	34.25
750m:	8:49.92	35.37	1500m:	17:45.54	35.70	2250m:	26:44.39	35.80	3000m:	35:33.77	33.30

Prova 3, Fem., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY		Temps		
6.	HUERTAS FERRE, Maria	07	C.N. Tarraco	36:00.53	13,00
	50m: 33.29 33.29	800m: 9:24.31	36.04 1550m: 18:28.13	36.49 2300m: 27:37.12	36.31
	100m: 1:07.95 34.66	850m: 10:00.52	36.21 1600m: 19:04.65	36.52 2350m: 28:13.84	36.72
	150m: 1:43.22 35.27	900m: 10:36.02	35.50 1650m: 19:40.97	36.32 2400m: 28:49.99	36.15
	200m: 2:18.34 35.12	950m: 11:11.41	35.39 1700m: 20:17.37	36.40 2450m: 29:26.29	36.30
	250m: 2:53.69 35.35	1000m: 11:47.53	36.12 1750m: 20:54.14	36.77 2500m: 30:02.37	36.08
	300m: 3:28.97 35.28	1050m: 12:23.01	35.48 1800m: 21:30.55	36.41 2550m: 30:38.77	36.40
	350m: 4:03.19 34.22	1100m: 12:59.49	36.48 1850m: 22:07.55	37.00 2600m: 31:15.40	36.63
	400m: 4:38.20 35.01	1150m: 13:36.17	36.68 1900m: 22:44.27	36.72 2650m: 31:51.98	36.58
	450m: 5:13.72 35.52	1200m: 14:12.52	36.35 1950m: 23:21.32	37.05 2700m: 32:28.65	36.67
	500m: 5:49.60 35.88	1250m: 14:48.79	36.27 2000m: 23:57.82	36.50 2750m: 33:04.75	36.10
	550m: 6:25.17 35.57	1300m: 15:25.52	36.73 2050m: 24:34.41	36.59 2800m: 33:40.74	35.99
	600m: 7:00.77 35.60	1350m: 16:01.68	36.16 2100m: 25:11.11	36.70 2850m: 34:16.88	36.14
	650m: 7:37.00 36.23	1400m: 16:38.16	36.48 2150m: 25:47.75	36.64 2900m: 34:52.72	35.84
	700m: 8:12.40 35.40	1450m: 17:14.85	36.69 2200m: 26:24.37	36.62 2950m: 35:26.69	33.97
	750m: 8:48.27 35.87	1500m: 17:51.64	36.79 2250m: 27:00.81	36.44 3000m: 36:00.53	33.84
7.	ROCA FORTUNY, Marina	05	C.N. Barcelona	36:48.07	19,00
	50m: 34.59 34.59	800m: 9:37.28	35.96 1550m: 18:47.41	37.08 2300m: 28:07.53	37.59
	100m: 1:10.12 35.53	850m: 10:13.28	36.00 1600m: 19:24.53	37.12 2350m: 28:45.14	37.61
	150m: 1:46.37 36.25	900m: 10:49.57	36.29 1650m: 20:01.62	37.09 2400m: 29:22.86	37.72
	200m: 2:22.71 36.34	950m: 11:26.18	36.61 1700m: 20:39.22	37.60 2450m: 30:00.91	38.05
	250m: 2:58.68 35.97	1000m: 12:02.89	36.71 1750m: 21:16.51	37.29 2500m: 30:38.16	37.25
	300m: 3:34.95 36.27	1050m: 12:39.28	36.39 1800m: 21:53.92	37.41 2550m: 31:16.03	37.87
	350m: 4:10.99 36.04	1100m: 13:16.09	36.81 1850m: 22:31.07	37.15 2600m: 31:53.45	37.42
	400m: 4:47.16 36.17	1150m: 13:52.74	36.65 1900m: 23:08.06	36.99 2650m: 32:30.81	37.36
	450m: 5:23.36 36.20	1200m: 14:29.30	36.56 1950m: 23:45.42	37.36 2700m: 33:08.15	37.34
	500m: 5:59.94 36.58	1250m: 15:06.10	36.80 2000m: 24:22.81	37.39 2750m: 33:45.48	37.33
	550m: 6:36.35 36.41	1300m: 15:42.67	36.57 2050m: 25:00.47	37.66 2800m: 34:22.46	36.98
	600m: 7:12.69 36.34	1350m: 16:19.54	36.87 2100m: 25:37.86	37.39 2850m: 34:59.31	36.85
	650m: 7:48.97 36.28	1400m: 16:56.51	36.97 2150m: 26:15.12	37.26 2900m: 35:36.24	36.93
	700m: 8:24.99 36.02	1450m: 17:33.42	36.91 2200m: 26:52.67	37.55 2950m: 36:12.72	36.48
	750m: 9:01.32 36.33	1500m: 18:10.33	36.91 2250m: 27:29.94	37.27 3000m: 36:48.07	35.35
8.	ORTIZ MARTINEZ, Ainhoa	03	C.N. L'Hospitalet	36:58.67	16,00
	50m: 34.72 34.72	800m: 9:38.47	36.30 1550m: 18:56.72	37.87 2300m: 28:17.48	37.27
	100m: 1:10.21 35.49	850m: 10:14.90	36.43 1600m: 19:34.58	37.86 2350m: 28:54.80	37.32
	150m: 1:46.13 35.92	900m: 10:51.29	36.39 1650m: 20:12.72	38.14 2400m: 29:31.90	37.10
	200m: 2:22.09 35.96	950m: 11:27.86	36.57 1700m: 20:50.30	37.58 2450m: 30:09.61	37.71
	250m: 2:58.09 36.00	1000m: 12:04.79	36.93 1750m: 21:28.05	37.75 2500m: 30:47.38	37.77
	300m: 3:34.10 36.01	1050m: 12:41.73	36.94 1800m: 22:05.78	37.73 2550m: 31:25.38	38.00
	350m: 4:10.11 36.01	1100m: 13:18.98	37.25 1850m: 22:42.95	37.17 2600m: 32:03.27	37.89
	400m: 4:46.50 36.39	1150m: 13:56.27	37.29 1900m: 23:20.48	37.53 2650m: 32:41.06	37.79
	450m: 5:22.93 36.43	1200m: 14:33.96	37.69 1950m: 23:57.62	37.14 2700m: 33:18.91	37.85
	500m: 5:59.61 36.68	1250m: 15:11.31	37.35 2000m: 24:34.65	37.03 2750m: 33:56.04	37.13
	550m: 6:36.18 36.57	1300m: 15:48.70	37.39 2050m: 25:11.70	37.05 2800m: 34:32.67	36.63
	600m: 7:12.58 36.40	1350m: 16:26.01	37.31 2100m: 25:49.07	37.37 2850m: 35:09.40	36.73
	650m: 7:48.98 36.40	1400m: 17:03.38	37.37 2150m: 26:26.54	37.47 2900m: 35:46.07	36.67
	700m: 8:25.92 36.94	1450m: 17:41.06	37.68 2200m: 27:03.01	36.47 2950m: 36:22.80	36.73
	750m: 9:02.17 36.25	1500m: 18:18.85	37.79 2250m: 27:40.21	37.20 3000m: 36:58.67	35.87
9.	MAESTRO LORENZO, Alba	02	C.N. L'Hospitalet	37:21.11	14,00
	50m: 35.91 35.91	750m: 9:19.86	37.04 1450m: 18:00.98	37.64 2150m: 26:42.48	37.55
	100m: 1:12.77 36.86	800m: 9:57.51	37.65 1500m: 18:37.22	36.24 2200m: 27:19.43	36.95
	150m: 1:49.71 36.94	850m: 10:33.82	36.31 1550m: 19:14.74	37.52 2250m: 27:57.17	37.74
	200m: 2:27.36 37.65	900m: 11:10.34	36.52 1600m: 19:51.86	37.12 2300m: 28:34.93	37.76
	250m: 3:04.19 36.83	950m: 11:48.10	37.76 1650m: 20:29.07	37.21 2350m: 29:12.51	37.58
	300m: 3:41.97 37.78	1000m: 12:25.54	37.44 1700m: 21:06.44	37.37 2400m: 29:50.36	37.85
	350m: 4:19.91 37.94	1050m: 13:02.43	36.89 1750m: 21:43.74	37.30 2450m: 30:28.40	38.04
	400m: 4:57.54 37.63	1100m: 13:39.85	37.42 1800m: 22:20.94	37.20 2500m: 31:05.84	37.44
	450m: 5:35.91 38.37	1150m: 14:16.97	37.12 1850m: 22:57.90	36.96 2550m: 31:43.42	37.58
	500m: 6:13.22 37.31	1200m: 14:54.58	37.61 1900m: 23:35.24	37.34 2600m: 32:21.00	37.58
	550m: 6:51.30 38.08	1250m: 15:32.46	37.88 1950m: 24:12.58	37.34 2650m: 32:58.49	37.49
	600m: 7:28.88 37.58	1300m: 16:09.45	36.99 2000m: 24:50.03	37.45 2700m: 33:35.93	37.44
	650m: 8:05.91 37.03	1350m: 16:46.53	37.08 2050m: 25:27.15	37.12 2750m: 34:13.93	38.00
	700m: 8:42.82 36.91	1400m: 17:23.34	36.81 2100m: 26:04.93	37.78 2800m: 34:52.40	38.47

Piscina 25m / Cronometratge Semi-automàtic

Prova 3, Fem., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY		Temps					
	2850m: 35:29.79	37.39	2900m: 36:07.56	37.77	2950m: 36:44.60	37.04	3000m: 37:21.11	36.51
10.	VARET CANO, Audrey		06	C.N. L'Hospitalet		37:36.93		16,00
	50m: 33.84	33.84	800m: 9:43.08	37.14	1550m: 19:08.95	38.31	2300m: 28:48.53	38.39
	100m: 1:09.07	35.23	850m: 10:20.04	36.96	1600m: 19:47.48	38.53	2350m: 29:27.20	38.67
	150m: 1:45.17	36.10	900m: 10:57.23	37.19	1650m: 20:26.07	38.59	2400m: 30:05.66	38.46
	200m: 2:21.20	36.03	950m: 11:34.51	37.28	1700m: 21:05.00	38.93	2450m: 30:44.04	38.38
	250m: 2:57.65	36.45	1000m: 12:11.59	37.08	1750m: 21:43.66	38.66	2500m: 31:22.40	38.36
	300m: 3:34.44	36.79	1050m: 12:49.03	37.44	1800m: 22:21.92	38.26	2550m: 32:00.50	38.10
	350m: 4:10.97	36.53	1100m: 13:26.63	37.60	1850m: 23:00.65	38.73	2600m: 32:38.74	38.24
	400m: 4:47.62	36.65	1150m: 14:04.33	37.70	1900m: 23:39.66	39.01	2650m: 33:16.62	37.88
	450m: 5:24.33	36.71	1200m: 14:41.97	37.64	1950m: 24:18.51	38.85	2700m: 33:54.42	37.80
	500m: 6:01.20	36.87	1250m: 15:19.69	37.72	2000m: 24:57.10	38.59	2750m: 34:31.91	37.49
	550m: 6:37.66	36.46	1300m: 15:57.79	38.10	2050m: 25:35.29	38.19	2800m: 35:09.33	37.42
	600m: 7:14.59	36.93	1350m: 16:35.95	38.16	2100m: 26:14.17	38.88	2850m: 35:46.80	37.47
	650m: 7:51.48	36.89	1400m: 17:13.91	37.96	2150m: 26:52.85	38.68	2900m: 36:24.32	37.52
	700m: 8:28.63	37.15	1450m: 17:52.31	38.40	2200m: 27:31.49	38.64	2950m: 37:01.15	36.83
	750m: 9:05.94	37.31	1500m: 18:30.64	38.33	2250m: 28:10.14	38.65	3000m: 37:36.93	35.78
11.	SUÑÉ PALACIOS, Auria		08	C.N. Navàs		37:38.46		12,00
	50m: 32.97	32.97	800m: 9:34.01	37.00	1550m: 19:02.26	38.01	2300m: 28:45.11	39.54
	100m: 1:08.19	35.22	850m: 10:11.31	37.30	1600m: 19:40.91	38.65	2350m: 29:24.41	39.30
	150m: 1:43.61	35.42	900m: 10:48.91	37.60	1650m: 20:19.17	38.26	2400m: 30:03.07	38.66
	200m: 2:18.91	35.30	950m: 11:26.55	37.64	1700m: 20:58.69	39.52	2450m: 30:41.84	38.77
	250m: 2:54.44	35.53	1000m: 12:04.27	37.72	1750m: 21:37.34	38.65	2500m: 31:20.61	38.77
	300m: 3:30.17	35.73	1050m: 12:41.67	37.40	1800m: 22:16.27	38.93	2550m: 31:59.20	38.59
	350m: 4:05.65	35.48	1100m: 13:19.32	37.65	1850m: 22:55.00	38.73	2600m: 32:37.63	38.43
	400m: 4:41.74	36.09	1150m: 13:56.76	37.44	1900m: 23:33.69	38.69	2650m: 33:16.43	38.80
	450m: 5:17.27	35.53	1200m: 14:34.64	37.88	1950m: 24:12.56	38.87	2700m: 33:54.36	37.93
	500m: 5:53.29	36.02	1250m: 15:12.38	37.74	2000m: 24:51.66	39.10	2750m: 34:32.25	37.89
	550m: 6:29.75	36.46	1300m: 15:50.90	38.52	2050m: 25:30.47	38.81	2800m: 35:09.81	37.56
	600m: 7:06.58	36.83	1350m: 16:28.96	38.06	2100m: 26:08.66	38.19	2850m: 35:47.57	37.76
	650m: 7:43.42	36.84	1400m: 17:07.37	38.41	2150m: 26:47.61	38.95	2900m: 36:24.61	37.04
	700m: 8:20.22	36.80	1450m: 17:45.82	38.45	2200m: 27:26.42	38.81	2950m: 37:02.40	37.79
	750m: 8:57.01	36.79	1500m: 18:24.25	38.43	2250m: 28:05.57	39.15	3000m: 37:38.46	36.06
12.	GIFREU MATILLÓ, Núria		08	C.N. Olot		37:40.47		11,00
	50m: 34.68	34.68	800m: 9:54.20	37.41	1550m: 19:22.29	38.25	2300m: 28:55.63	38.01
	100m: 1:10.90	36.22	850m: 10:31.81	37.61	1600m: 20:00.33	38.04	2350m: 29:33.59	37.96
	150m: 1:47.69	36.79	900m: 11:09.57	37.76	1650m: 20:38.59	38.26	2400m: 30:11.42	37.83
	200m: 2:24.80	37.11	950m: 11:47.21	37.64	1700m: 21:16.86	38.27	2450m: 30:49.25	37.83
	250m: 3:01.93	37.13	1000m: 12:25.07	37.86	1750m: 21:55.10	38.24	2500m: 31:27.18	37.93
	300m: 3:38.95	37.02	1050m: 13:02.72	37.65	1800m: 22:33.29	38.19	2550m: 32:04.90	37.72
	350m: 4:16.31	37.36	1100m: 13:40.35	37.63	1850m: 23:11.88	38.59	2600m: 32:42.80	37.90
	400m: 4:53.53	37.22	1150m: 14:17.98	37.63	1900m: 23:50.08	38.20	2650m: 33:20.66	37.86
	450m: 5:30.68	37.15	1200m: 14:55.63	37.65	1950m: 24:27.98	37.90	2700m: 33:58.76	38.10
	500m: 6:08.01	37.33	1250m: 15:33.65	38.02	2000m: 25:06.31	38.33	2750m: 34:36.63	37.87
	550m: 6:45.51	37.50	1300m: 16:11.53	37.88	2050m: 25:44.30	37.99	2800m: 35:14.07	37.44
	600m: 7:23.28	37.77	1350m: 16:49.35	37.82	2100m: 26:22.71	38.41	2850m: 35:51.21	37.14
	650m: 8:01.12	37.84	1400m: 17:27.58	38.23	2150m: 27:00.61	37.90	2900m: 36:28.32	37.11
	700m: 8:38.90	37.78	1450m: 18:05.77	38.19	2200m: 27:39.31	38.70	2950m: 37:04.75	36.43
	750m: 9:16.79	37.89	1500m: 18:44.04	38.27	2250m: 28:17.62	38.31	3000m: 37:40.47	35.72
13.	BUSQUETS DOMÈNECH, Mar		07	C.N. Olot		37:52.43		10,00
	50m: 34.97	34.97	650m: 8:01.65	37.12	1250m: 15:39.24	38.33	1850m: 23:15.90	37.42
	100m: 1:10.83	35.86	700m: 8:39.00	37.35	1300m: 16:17.43	38.19	1900m: 23:53.02	37.12
	150m: 1:47.61	36.78	750m: 9:16.81	37.81	1350m: 16:55.37	37.94	1950m: 24:31.51	38.49
	200m: 2:24.09	36.48	800m: 9:55.15	38.34	1400m: 17:34.11	38.74	2000m: 25:09.82	38.31
	250m: 3:01.27	37.18	850m: 10:32.98	37.83	1450m: 18:12.66	38.55	2050m: 25:48.23	38.41
	300m: 3:38.59	37.32	900m: 11:10.97	37.99	1500m: 18:51.48	38.82	2100m: 26:26.55	38.32
	350m: 4:16.57	37.98	950m: 11:48.92	37.95	1550m: 19:29.55	38.07	2150m: 27:03.86	37.31
	400m: 4:54.65	38.08	1000m: 12:26.93	38.01	1600m: 20:06.16	36.61	2200m: 27:42.21	38.35
	450m: 5:32.21	37.56	1050m: 13:05.54	38.61	1650m: 20:44.58	38.42	2250m: 28:20.35	38.14
	500m: 6:10.19	37.98	1100m: 13:43.76	38.22	1700m: 21:22.65	38.07	2300m: 28:58.96	38.61
	550m: 6:46.99	36.80	1150m: 14:22.56	38.80	1750m: 22:00.57	37.92	2350m: 29:37.87	38.91
	600m: 7:24.53	37.54	1200m: 15:00.91	38.35	1800m: 22:38.48	37.91	2400m: 30:16.52	38.65

Prova 3, Fem., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY				Temps						
2450m:	30:55.60	39.08	2600m:	32:52.42	38.54	2750m:	34:46.68	38.36	2900m:	36:40.19	38.04
2500m:	31:34.49	38.89	2650m:	33:30.62	38.20	2800m:	35:24.66	37.98	2950m:	37:16.55	36.36
2550m:	32:13.88	39.39	2700m:	34:08.32	37.70	2850m:	36:02.15	37.49	3000m:	37:52.43	35.88
14. BRAVO GARCIA, Daniela			08			C.N. Sabadell			38:00.84	9,00	
50m:	35.03	35.03	800m:	9:52.66	37.78	1550m:	19:24.22	38.80	2300m:	29:01.48	38.64
100m:	1:11.32	36.29	850m:	10:30.46	37.80	1600m:	20:02.77	38.55	2350m:	29:40.61	39.13
150m:	1:48.28	36.96	900m:	11:08.52	38.06	1650m:	20:41.64	38.87	2400m:	30:20.07	39.46
200m:	2:25.32	37.04	950m:	11:46.46	37.94	1700m:	21:20.45	38.81	2450m:	30:59.13	39.06
250m:	3:02.17	36.85	1000m:	12:24.06	37.60	1750m:	21:58.51	38.06	2500m:	31:38.87	39.74
300m:	3:39.27	37.10	1050m:	13:02.19	38.13	1800m:	22:36.75	38.24	2550m:	32:17.94	39.07
350m:	4:16.79	37.52	1100m:	13:40.08	37.89	1850m:	23:14.96	38.21	2600m:	32:56.84	38.90
400m:	4:54.23	37.44	1150m:	14:17.70	37.62	1900m:	23:53.46	38.50	2650m:	33:36.16	39.32
450m:	5:32.14	37.91	1200m:	14:55.15	37.45	1950m:	24:31.82	38.36	2700m:	34:14.65	38.49
500m:	6:09.85	37.71	1250m:	15:33.29	38.14	2000m:	25:10.92	39.10	2750m:	34:53.05	38.40
550m:	6:46.63	36.78	1300m:	16:11.76	38.47	2050m:	25:49.36	38.44	2800m:	35:31.69	38.64
600m:	7:23.74	37.11	1350m:	16:50.11	38.35	2100m:	26:26.97	37.61	2850m:	36:09.47	37.78
650m:	8:00.75	37.01	1400m:	17:28.25	38.14	2150m:	27:05.62	38.65	2900m:	36:46.88	37.41
700m:	8:37.73	36.98	1450m:	18:06.87	38.62	2200m:	27:44.47	38.85	2950m:	37:24.63	37.75
750m:	9:14.88	37.15	1500m:	18:45.42	38.55	2250m:	28:22.84	38.37	3000m:	38:00.84	36.21
15. TORRUBIANO GONZALEZ, Aina			04			C.E.N. Balaguer			38:05.69	13,00	
50m:	35.93	35.93	800m:	9:55.95	38.04	1550m:	19:26.86	38.64	2300m:	29:04.70	38.93
100m:	1:12.18	36.25	850m:	10:33.75	37.80	1600m:	20:05.91	39.05	2350m:	29:43.27	38.57
150m:	1:48.77	36.59	900m:	11:12.05	38.30	1650m:	20:44.20	38.29	2400m:	30:22.29	39.02
200m:	2:25.38	36.61	950m:	11:49.77	37.72	1700m:	21:22.68	38.48	2450m:	31:01.53	39.24
250m:	3:02.30	36.92	1000m:	12:27.66	37.89	1750m:	22:00.82	38.14	2500m:	31:40.93	39.40
300m:	3:39.34	37.04	1050m:	13:05.38	37.72	1800m:	22:39.08	38.26	2550m:	32:20.61	39.68
350m:	4:16.73	37.39	1100m:	13:43.43	38.05	1850m:	23:16.98	37.90	2600m:	32:59.21	38.60
400m:	4:54.18	37.45	1150m:	14:21.64	38.21	1900m:	23:55.51	38.53	2650m:	33:38.17	38.96
450m:	5:31.82	37.64	1200m:	14:59.43	37.79	1950m:	24:34.03	38.52	2700m:	34:17.00	38.83
500m:	6:10.03	38.21	1250m:	15:37.23	37.80	2000m:	25:12.57	38.54	2750m:	34:55.79	38.79
550m:	6:47.46	37.43	1300m:	16:15.57	38.34	2050m:	25:51.51	38.94	2800m:	35:34.19	38.40
600m:	7:24.98	37.52	1350m:	16:53.68	38.11	2100m:	26:30.27	38.76	2850m:	36:12.71	38.52
650m:	8:02.53	37.55	1400m:	17:31.79	38.11	2150m:	27:08.84	38.57	2900m:	36:51.64	38.93
700m:	8:40.14	37.61	1450m:	18:10.01	38.22	2200m:	27:47.02	38.18	2950m:	37:29.62	37.98
750m:	9:17.91	37.77	1500m:	18:48.22	38.21	2250m:	28:25.77	38.75	3000m:	38:05.69	36.07
16. VIDAL MERINO, Julia			07			C.N. Granollers			38:11.25	8,00	
50m:	35.27	35.27	800m:	9:59.35	37.78	1550m:	19:35.55	38.75	2300m:	29:13.30	38.18
100m:	1:11.64	36.37	850m:	10:36.61	37.26	1600m:	20:14.37	38.82	2350m:	29:52.27	38.97
150m:	1:48.23	36.59	900m:	11:14.31	37.70	1650m:	20:52.74	38.37	2400m:	30:30.55	38.28
200m:	2:25.42	37.19	950m:	11:52.72	38.41	1700m:	21:30.84	38.10	2450m:	31:09.22	38.67
250m:	3:03.05	37.63	1000m:	12:31.11	38.39	1750m:	22:10.03	39.19	2500m:	31:47.60	38.38
300m:	3:40.61	37.56	1050m:	13:09.80	38.69	1800m:	22:48.57	38.54	2550m:	32:26.92	39.32
350m:	4:18.47	37.86	1100m:	13:48.30	38.50	1850m:	23:27.26	38.69	2600m:	33:05.79	38.87
400m:	4:56.82	38.35	1150m:	14:26.88	38.58	1900m:	24:05.81	38.55	2650m:	33:44.20	38.41
450m:	5:34.73	37.91	1200m:	15:05.14	38.26	1950m:	24:44.03	38.22	2700m:	34:22.33	38.13
500m:	6:12.21	37.48	1250m:	15:43.51	38.37	2000m:	25:22.11	38.08	2750m:	35:00.47	38.14
550m:	6:50.20	37.99	1300m:	16:22.03	38.52	2050m:	26:01.32	39.21	2800m:	35:38.80	38.33
600m:	7:28.16	37.96	1350m:	17:00.60	38.57	2100m:	26:39.39	38.07	2850m:	36:17.44	38.64
650m:	8:06.01	37.85	1400m:	17:39.39	38.79	2150m:	27:17.94	38.55	2900m:	36:55.78	38.34
700m:	8:43.50	37.49	1450m:	18:18.09	38.70	2200m:	27:56.53	38.59	2950m:	37:33.57	37.79
750m:	9:21.57	38.07	1500m:	18:56.80	38.71	2250m:	28:35.12	38.59	3000m:	38:11.25	37.68
17. HERRERA CASTILLON, Alba			07			C.N. Premià			38:14.24	7,00	
50m:	35.32	35.32	550m:	6:51.84	37.93	1050m:	13:11.32	37.96	1550m:	19:34.72	38.51
100m:	1:12.01	36.69	600m:	7:29.70	37.86	1100m:	13:49.48	38.16	1600m:	20:13.20	38.48
150m:	1:49.20	37.19	650m:	8:07.57	37.87	1150m:	14:27.54	38.06	1650m:	20:51.34	38.14
200m:	2:26.81	37.61	700m:	8:45.47	37.90	1200m:	15:06.19	38.65	1700m:	21:29.76	38.42
250m:	3:04.61	37.80	750m:	9:23.41	37.94	1250m:	15:44.48	38.29	1750m:	22:08.65	38.89
300m:	3:42.66	38.05	800m:	10:01.39	37.98	1300m:	16:22.70	38.22	1800m:	22:46.91	38.26
350m:	4:20.39	37.73	850m:	10:39.37	37.98	1350m:	17:01.14	38.44	1850m:	23:25.39	38.48
400m:	4:58.10	37.71	900m:	11:17.35	37.98	1400m:	17:39.41	38.27	1900m:	24:04.14	38.75
450m:	5:35.85	37.75	950m:	11:55.28	37.93	1450m:	18:17.76	38.35	1950m:	24:42.82	38.68
500m:	6:13.91	38.06	1000m:	12:33.36	38.08	1500m:	18:56.21	38.45	2000m:	25:21.34	38.52

Prova 3, Fem., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY				Temps						
2050m:	25:59.69	38.35	2300m:	29:12.64	39.03	2550m:	32:26.22	39.13	2800m:	35:41.39	39.10
2100m:	26:38.04	38.35	2350m:	29:50.84	38.20	2600m:	33:04.92	38.70	2850m:	36:19.98	38.59
2150m:	27:16.48	38.44	2400m:	30:29.51	38.67	2650m:	33:44.03	39.11	2900m:	36:58.36	38.38
2200m:	27:55.15	38.67	2450m:	31:08.26	38.75	2700m:	34:23.24	39.21	2950m:	37:36.70	38.34
2250m:	28:33.61	38.46	2500m:	31:47.09	38.83	2750m:	35:02.29	39.05	3000m:	38:14.24	37.54
18. AMOR HERNANDEZ, Avril			08			C.E. Mediterrani			38:17.74	6,00	
50m:	34.09	34.09	800m:	10:00.46	38.64	1550m:	19:36.83	38.71	2300m:	29:23.78	39.79
100m:	1:10.49	36.40	850m:	10:37.99	37.53	1600m:	20:15.96	39.13	2350m:	30:02.77	38.99
150m:	1:47.46	36.97	900m:	11:16.77	38.78	1650m:	20:54.80	38.84	2400m:	30:40.86	38.09
200m:	2:24.97	37.51	950m:	11:54.51	37.74	1700m:	21:34.06	39.26	2450m:	31:20.23	39.37
250m:	3:02.52	37.55	1000m:	12:32.85	38.34	1750m:	22:12.59	38.53	2500m:	31:58.91	38.68
300m:	3:40.55	38.03	1050m:	13:11.27	38.42	1800m:	22:51.65	39.06	2550m:	32:38.49	39.58
350m:	4:18.93	38.38	1100m:	13:49.80	38.53	1850m:	23:31.92	40.27	2600m:	33:15.97	37.48
400m:	4:56.05	37.12	1150m:	14:28.81	39.01	1900m:	24:10.04	38.12	2650m:	33:54.30	38.33
450m:	5:33.93	37.88	1200m:	15:06.79	37.98	1950m:	24:48.94	38.90	2700m:	34:32.55	38.25
500m:	6:11.68	37.75	1250m:	15:45.30	38.51	2000m:	25:28.47	39.53	2750m:	35:10.72	38.17
550m:	6:49.25	37.57	1300m:	16:24.17	38.87	2050m:	26:07.62	39.15	2800m:	35:48.84	38.12
600m:	7:27.14	37.89	1350m:	17:02.20	38.03	2100m:	26:46.54	38.92	2850m:	36:27.21	38.37
650m:	8:05.36	38.22	1400m:	17:41.54	39.34	2150m:	27:25.83	39.29	2900m:	37:04.74	37.53
700m:	8:43.42	38.06	1450m:	18:20.36	38.82	2200m:	28:05.16	39.33	2950m:	37:42.48	37.74
750m:	9:21.82	38.40	1500m:	18:58.12	37.76	2250m:	28:43.99	38.83	3000m:	38:17.74	35.26
19. RODRÍGUEZ SANTAULARIA, Jéssica			06			C.N. Barcelona			38:47.57	14,00	
50m:	35.78	35.78	800m:	9:58.83	38.13	1550m:	19:38.91	38.91	2300m:	29:32.10	40.15
100m:	1:11.70	35.92	850m:	10:37.21	38.38	1600m:	20:17.90	38.99	2350m:	30:11.92	39.82
150m:	1:48.37	36.67	900m:	11:15.57	38.36	1650m:	20:57.15	39.25	2400m:	30:51.60	39.68
200m:	2:25.34	36.97	950m:	11:53.92	38.35	1700m:	21:36.80	39.65	2450m:	31:31.74	40.14
250m:	3:02.06	36.72	1000m:	12:32.36	38.44	1750m:	22:16.05	39.25	2500m:	32:11.73	39.99
300m:	3:39.46	37.40	1050m:	13:10.62	38.26	1800m:	22:55.35	39.30	2550m:	32:51.42	39.69
350m:	4:16.78	37.32	1100m:	13:49.32	38.70	1850m:	23:34.93	39.58	2600m:	33:31.08	39.66
400m:	4:54.33	37.55	1150m:	14:28.19	38.87	1900m:	24:14.69	39.76	2650m:	34:11.32	40.24
450m:	5:32.25	37.92	1200m:	15:07.02	38.83	1950m:	24:54.38	39.69	2700m:	34:51.23	39.91
500m:	6:10.43	38.18	1250m:	15:45.46	38.44	2000m:	25:33.89	39.51	2750m:	35:30.96	39.73
550m:	6:48.33	37.90	1300m:	16:23.94	38.48	2050m:	26:13.43	39.54	2800m:	36:11.00	40.04
600m:	7:26.27	37.94	1350m:	17:02.57	38.63	2100m:	26:52.63	39.20	2850m:	36:50.47	39.47
650m:	8:04.45	38.18	1400m:	17:41.23	38.66	2150m:	27:31.97	39.34	2900m:	37:30.67	40.20
700m:	8:42.46	38.01	1450m:	18:20.54	39.31	2200m:	28:11.87	39.90	2950m:	38:09.84	39.17
750m:	9:20.70	38.24	1500m:	19:00.00	39.46	2250m:	28:51.95	40.08	3000m:	38:47.57	37.73
20. MANGAS JIMENEZ, Claudia			08			C.N. Granollers			39:12.25	5,00	
50m:	36.79	36.79	800m:	10:06.80	37.92	1550m:	19:47.13	39.12	2300m:	29:48.45	41.83
100m:	1:14.14	37.35	850m:	10:44.95	38.15	1600m:	20:26.31	39.18	2350m:	30:29.25	40.80
150m:	1:51.27	37.13	900m:	11:22.88	37.93	1650m:	21:05.29	38.98	2400m:	31:09.43	40.18
200m:	2:28.85	37.58	950m:	12:01.29	38.41	1700m:	21:45.25	39.96	2450m:	31:50.45	41.02
250m:	3:06.86	38.01	1000m:	12:39.74	38.45	1750m:	22:24.86	39.61	2500m:	32:31.79	41.34
300m:	3:45.00	38.14	1050m:	13:18.80	39.06	1800m:	23:04.73	39.87	2550m:	33:13.76	41.97
350m:	4:22.99	37.99	1100m:	13:57.80	39.00	1850m:	23:44.79	40.06	2600m:	33:53.25	39.49
400m:	5:01.58	38.59	1150m:	14:36.21	38.41	1900m:	24:24.48	39.69	2650m:	34:33.29	40.04
450m:	5:39.05	37.47	1200m:	15:14.97	38.76	1950m:	25:04.37	39.89	2700m:	35:13.38	40.09
500m:	6:17.36	38.31	1250m:	15:53.01	38.04	2000m:	25:44.29	39.92	2750m:	35:53.44	40.06
550m:	6:55.33	37.97	1300m:	16:31.77	38.76	2050m:	26:25.34	41.05	2800m:	36:33.84	40.40
600m:	7:33.58	38.25	1350m:	17:11.07	39.30	2100m:	27:05.24	39.90	2850m:	37:14.11	40.27
650m:	8:11.84	38.26	1400m:	17:50.51	39.44	2150m:	27:45.42	40.18	2900m:	37:54.48	40.37
700m:	8:49.94	38.10	1450m:	18:29.60	39.09	2200m:	28:25.50	40.08	2950m:	38:34.01	39.53
750m:	9:28.88	38.94	1500m:	19:08.01	38.41	2250m:	29:06.62	41.12	3000m:	39:12.25	38.24

Prova 3, Fem., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY		Temps								
21. BENITO CASTELLÓ, Mar	08	C.N. Lleida	39:16.72 4,00								
50m:	35.99	35.99	800m:	10:07.01	38.40	1550m:	19:52.10	39.63	2300m:	29:51.96	40.08
100m:	1:13.01	37.02	850m:	10:45.80	38.79	1600m:	20:31.04	38.94	2350m:	30:32.18	40.22
150m:	1:50.65	37.64	900m:	11:24.72	38.92	1650m:	21:11.22	40.18	2400m:	31:12.67	40.49
200m:	2:28.31	37.66	950m:	12:03.66	38.94	1700m:	21:50.72	39.50	2450m:	31:53.50	40.83
250m:	3:06.50	38.19	1000m:	12:42.18	38.52	1750m:	22:31.07	40.35	2500m:	32:34.54	41.04
300m:	3:44.51	38.01	1050m:	13:20.53	38.35	1800m:	23:11.09	40.02	2550m:	33:15.25	40.71
350m:	4:22.95	38.44	1100m:	13:59.12	38.59	1850m:	23:51.06	39.97	2600m:	33:55.21	39.96
400m:	5:01.52	38.57	1150m:	14:37.59	38.47	1900m:	24:30.77	39.71	2650m:	34:35.24	40.03
450m:	5:40.39	38.87	1200m:	15:16.83	39.24	1950m:	25:10.38	39.61	2700m:	35:15.36	40.12
500m:	6:18.57	38.18	1250m:	15:55.80	38.97	2000m:	25:50.07	39.69	2750m:	35:55.68	40.32
550m:	6:56.61	38.04	1300m:	16:35.01	39.21	2050m:	26:30.28	40.21	2800m:	36:36.01	40.33
600m:	7:34.18	37.57	1350m:	17:14.29	39.28	2100m:	27:10.81	40.53	2850m:	37:16.43	40.42
650m:	8:12.26	38.08	1400m:	17:54.01	39.72	2150m:	27:50.91	40.10	2900m:	37:57.10	40.67
700m:	8:50.18	37.92	1450m:	18:33.47	39.46	2200m:	28:31.48	40.57	2950m:	38:37.12	40.02
750m:	9:28.61	38.43	1500m:	19:12.47	39.00	2250m:	29:11.88	40.40	3000m:	39:16.72	39.60
22. MARTIN SUSIN, Berta	08	C.N. L'Hospitalet	39:25.55 3,00								
50m:	36.45	36.45	800m:	10:18.69	39.64	1550m:	20:13.28	39.55	2300m:	30:11.38	40.71
100m:	1:14.56	38.11	850m:	10:56.44	37.75	1600m:	20:52.97	39.69	2350m:	30:51.85	40.47
150m:	1:52.09	37.53	900m:	11:35.54	39.10	1650m:	21:32.65	39.68	2400m:	31:31.71	39.86
200m:	2:29.88	37.79	950m:	12:15.40	39.86	1700m:	22:13.08	40.43	2450m:	32:09.34	37.63
250m:	3:08.75	38.87	1000m:	12:55.82	40.42	1750m:	22:53.35	40.27	2500m:	32:48.78	39.44
300m:	3:47.51	38.76	1050m:	13:35.76	39.94	1800m:	23:33.89	40.54	2550m:	33:29.02	40.24
350m:	4:26.68	39.17	1100m:	14:15.09	39.33	1850m:	24:13.78	39.89	2600m:	34:09.49	40.47
400m:	5:04.08	37.40	1150m:	14:55.04	39.95	1900m:	24:53.47	39.69	2650m:	34:49.71	40.22
450m:	5:43.04	38.96	1200m:	15:35.53	40.49	1950m:	25:30.77	37.30	2700m:	35:30.07	40.36
500m:	6:22.36	39.32	1250m:	16:16.24	40.71	2000m:	26:10.41	39.64	2750m:	36:09.98	39.91
550m:	7:01.22	38.86	1300m:	16:56.56	40.32	2050m:	26:50.57	40.16	2800m:	36:48.39	38.41
600m:	7:40.33	39.11	1350m:	17:34.87	38.31	2100m:	27:30.22	39.65	2850m:	37:28.06	39.67
650m:	8:19.93	39.60	1400m:	18:13.11	38.24	2150m:	28:10.57	40.35	2900m:	38:07.25	39.19
700m:	8:59.65	39.72	1450m:	18:54.15	41.04	2200m:	28:50.70	40.13	2950m:	38:46.43	39.18
750m:	9:39.05	39.40	1500m:	19:33.73	39.58	2250m:	29:30.67	39.97	3000m:	39:25.55	39.12
23. SOLA SOLERNOU, Ona	06	C.N. Igualada	39:26.10 13,00								
50m:	36.27	36.27	800m:	10:20.55	39.09	1550m:	20:10.89	39.78	2300m:	30:08.08	40.02
100m:	1:13.83	37.56	850m:	10:59.15	38.60	1600m:	20:50.66	39.77	2350m:	30:47.83	39.75
150m:	1:52.12	38.29	900m:	11:38.18	39.03	1650m:	21:30.49	39.83	2400m:	31:27.99	40.16
200m:	2:30.97	38.85	950m:	12:17.39	39.21	1700m:	22:10.13	39.64	2450m:	32:08.47	40.48
250m:	3:09.81	38.84	1000m:	12:56.35	38.96	1750m:	22:49.79	39.66	2500m:	32:48.60	40.13
300m:	3:49.27	39.46	1050m:	13:35.39	39.04	1800m:	23:29.70	39.91	2550m:	33:28.64	40.04
350m:	4:28.19	38.92	1100m:	14:14.72	39.33	1850m:	24:09.37	39.67	2600m:	34:08.70	40.06
400m:	5:07.65	39.46	1150m:	14:54.19	39.47	1900m:	24:48.92	39.55	2650m:	34:49.04	40.34
450m:	5:46.94	39.29	1200m:	15:33.61	39.42	1950m:	25:28.83	39.91	2700m:	35:29.33	40.29
500m:	6:26.28	39.34	1250m:	16:12.95	39.34	2000m:	26:08.91	40.08	2750m:	36:09.14	39.81
550m:	7:04.71	38.43	1300m:	16:52.64	39.69	2050m:	26:49.05	40.14	2800m:	36:48.21	39.07
600m:	7:44.07	39.36	1350m:	17:32.13	39.49	2100m:	27:28.56	39.51	2850m:	37:27.59	39.38
650m:	8:23.27	39.20	1400m:	18:11.50	39.37	2150m:	28:07.87	39.31	2900m:	38:07.10	39.51
700m:	9:02.29	39.02	1450m:	18:51.38	39.88	2200m:	28:47.77	39.90	2950m:	38:46.99	39.89
750m:	9:41.46	39.17	1500m:	19:31.11	39.73	2250m:	29:28.06	40.29	3000m:	39:26.10	39.11
24. PRUNES ARNAU, Jana	07	C.N. Mataró	39:30.73 2,00								
50m:	35.94	35.94	750m:	9:36.73	39.42	1450m:	18:54.53	39.89	2150m:	28:14.22	40.05
100m:	1:12.71	36.77	800m:	10:16.79	40.06	1500m:	19:34.42	39.89	2200m:	28:54.68	40.46
150m:	1:50.61	37.90	850m:	10:56.57	39.78	1550m:	20:14.20	39.78	2250m:	29:34.76	40.08
200m:	2:28.55	37.94	900m:	11:36.07	39.50	1600m:	20:54.01	39.81	2300m:	30:14.99	40.23
250m:	3:06.96	38.41	950m:	12:15.69	39.62	1650m:	21:33.74	39.73	2350m:	30:55.26	40.27
300m:	3:45.47	38.51	1000m:	12:55.48	39.79	1700m:	22:13.45	39.71	2400m:	31:35.65	40.39
350m:	4:23.99	38.52	1050m:	13:35.20	39.72	1750m:	22:53.58	40.13	2450m:	32:16.17	40.52
400m:	5:03.02	39.03	1100m:	14:15.02	39.82	1800m:	23:33.60	40.02	2500m:	32:56.21	40.04
450m:	5:41.99	38.97	1150m:	14:54.97	39.95	1850m:	24:13.66	40.06	2550m:	33:36.60	40.39
500m:	6:20.75	38.76	1200m:	15:35.00	40.03	1900m:	24:53.56	39.90	2600m:	34:16.59	39.99
550m:	6:59.42	38.67	1250m:	16:14.57	39.57	1950m:	25:34.08	40.52	2650m:	34:56.67	40.08
600m:	7:38.46	39.04	1300m:	16:54.85	40.28	2000m:	26:14.39	40.31	2700m:	35:36.55	39.88
650m:	8:17.75	39.29	1350m:	17:34.95	40.10	2050m:	26:54.21	39.82	2750m:	36:16.36	39.81
700m:	8:57.31	39.56	1400m:	18:14.64	39.69	2100m:	27:34.17	39.96	2800m:	36:55.99	39.63

Piscina 25m / Cronometratge Semi-automàtic

Prova 3, Fem., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY				Temps						
	2850m: 37:35.20	39.21	2900m: 38:14.48	39.28	2950m: 38:53.40	38.92	3000m: 39:30.73	37.33			
25. MARZO LOREN, Aina	06 C.N. Atl Barceloneta				39:31.82 12,00						
50m:	36.03	36.03	800m:	10:18.53	38.97	1550m:	20:16.66	39.84	2300m:	30:15.70	40.46
100m:	1:14.18	38.15	850m:	10:57.98	39.45	1600m:	20:56.89	40.23	2350m:	30:55.33	39.63
150m:	1:52.78	38.60	900m:	11:37.43	39.45	1650m:	21:36.63	39.74	2400m:	31:35.04	39.71
200m:	2:31.69	38.91	950m:	12:17.40	39.97	1700m:	22:16.40	39.77	2450m:	32:15.04	40.00
250m:	3:10.50	38.81	1000m:	12:56.61	39.21	1750m:	22:56.73	40.33	2500m:	32:55.26	40.22
300m:	3:49.77	39.27	1050m:	13:35.97	39.36	1800m:	23:37.22	40.49	2550m:	33:34.91	39.65
350m:	4:29.02	39.25	1100m:	14:15.84	39.87	1850m:	24:17.48	40.26	2600m:	34:15.10	40.19
400m:	5:08.19	39.17	1150m:	14:55.46	39.62	1900m:	24:56.85	39.37	2650m:	34:55.63	40.53
450m:	5:47.33	39.14	1200m:	15:35.95	40.49	1950m:	25:36.63	39.78	2700m:	35:36.60	40.97
500m:	6:26.20	38.87	1250m:	16:15.53	39.58	2000m:	26:16.67	40.04	2750m:	36:16.60	40.00
550m:	7:04.53	38.33	1300m:	16:56.09	40.56	2050m:	26:56.17	39.50	2800m:	36:56.02	39.42
600m:	7:42.69	38.16	1350m:	17:35.94	39.85	2100m:	27:35.74	39.57	2850m:	37:35.46	39.44
650m:	8:21.79	39.10	1400m:	18:15.74	39.80	2150m:	28:15.59	39.85	2900m:	38:14.43	38.97
700m:	9:00.68	38.89	1450m:	18:56.43	40.69	2200m:	28:55.16	39.57	2950m:	38:54.65	40.22
750m:	9:39.56	38.88	1500m:	19:36.82	40.39	2250m:	29:35.24	40.08	3000m:	39:31.82	37.17
26. HUGUET SAN AGUSTIN, Nora	04 C.N. Atl Barceloneta				39:44.70 12,00						
50m:	35.76	35.76	800m:	10:21.63	39.60	1550m:	20:18.70	40.03	2300m:	30:21.03	40.96
100m:	1:13.73	37.97	850m:	11:01.75	40.12	1600m:	20:58.62	39.92	2350m:	31:01.59	40.56
150m:	1:52.12	38.39	900m:	11:41.13	39.38	1650m:	21:38.83	40.21	2400m:	31:42.22	40.63
200m:	2:30.72	38.60	950m:	12:21.26	40.13	1700m:	22:18.24	39.41	2450m:	32:22.79	40.57
250m:	3:09.66	38.94	1000m:	13:01.02	39.76	1750m:	22:57.53	39.29	2500m:	33:03.38	40.59
300m:	3:49.03	39.37	1050m:	13:40.76	39.74	1800m:	23:37.57	40.04	2550m:	33:43.46	40.08
350m:	4:28.09	39.06	1100m:	14:20.55	39.79	1850m:	24:17.78	40.21	2600m:	34:24.09	40.63
400m:	5:07.26	39.17	1150m:	15:00.34	39.79	1900m:	24:57.86	40.08	2650m:	35:04.51	40.42
450m:	5:46.71	39.45	1200m:	15:40.85	40.51	1950m:	25:37.87	40.01	2700m:	35:44.55	40.04
500m:	6:26.02	39.31	1250m:	16:20.81	39.96	2000m:	26:18.08	40.21	2750m:	36:24.55	40.00
550m:	7:04.88	38.86	1300m:	17:00.50	39.69	2050m:	26:58.42	40.34	2800m:	37:04.87	40.32
600m:	7:44.12	39.24	1350m:	17:39.83	39.33	2100m:	27:39.49	41.07	2850m:	37:44.68	39.81
650m:	8:23.38	39.26	1400m:	18:19.15	39.32	2150m:	28:19.62	40.13	2900m:	38:25.09	40.41
700m:	9:02.54	39.16	1450m:	18:58.83	39.68	2200m:	28:59.79	40.17	2950m:	39:04.81	39.72
750m:	9:42.03	39.49	1500m:	19:38.67	39.84	2250m:	29:40.07	40.28	3000m:	39:44.70	39.89
27. BAUTISTA BAS, Paula	08 Torelló C.A.N.				39:54.76 1,00						
50m:	35.85	35.85	800m:	10:27.25	40.03	1550m:	20:32.65	40.21	2300m:	30:36.60	40.24
100m:	1:14.19	38.34	850m:	11:08.12	40.87	1600m:	21:13.01	40.36	2350m:	31:17.18	40.58
150m:	1:52.99	38.80	900m:	11:48.32	40.20	1650m:	21:53.14	40.13	2400m:	31:57.83	40.65
200m:	2:31.76	38.77	950m:	12:28.48	40.16	1700m:	22:33.27	40.13	2450m:	32:38.49	40.66
250m:	3:10.65	38.89	1000m:	13:08.49	40.01	1750m:	23:13.47	40.20	2500m:	33:19.23	40.74
300m:	3:49.77	39.12	1050m:	13:48.55	40.06	1800m:	23:53.82	40.35	2550m:	33:58.91	39.68
350m:	4:29.78	40.01	1100m:	14:29.17	40.62	1850m:	24:34.28	40.46	2600m:	34:38.97	40.06
400m:	5:08.97	39.19	1150m:	15:09.49	40.32	1900m:	25:14.26	39.98	2650m:	35:18.87	39.90
450m:	5:48.26	39.29	1200m:	15:49.78	40.29	1950m:	25:55.30	41.04	2700m:	35:58.81	39.94
500m:	6:27.39	39.13	1250m:	16:30.46	40.68	2000m:	26:35.58	40.28	2750m:	36:38.34	39.53
550m:	7:07.30	39.91	1300m:	17:10.77	40.31	2050m:	27:15.42	39.84	2800m:	37:17.77	39.43
600m:	7:47.40	40.10	1350m:	17:51.04	40.27	2100m:	27:55.10	39.68	2850m:	37:56.72	38.95
650m:	8:27.24	39.84	1400m:	18:31.44	40.40	2150m:	28:35.43	40.33	2900m:	38:36.28	39.56
700m:	9:07.14	39.90	1450m:	19:11.87	40.43	2200m:	29:16.08	40.65	2950m:	39:15.42	39.14
750m:	9:47.22	40.08	1500m:	19:52.44	40.57	2250m:	29:56.36	40.28	3000m:	39:54.76	39.34
28. MONTERO MARTINEZ, Rebeca	06 C.N. L'Hospitalet				41:35.84 11,00						
50m:	38.14	38.14	650m:	8:51.38	41.08	1250m:	17:10.73	40.98	1850m:	25:32.61	41.47
100m:	1:18.29	40.15	700m:	9:32.30	40.92	1300m:	17:52.83	42.10	1900m:	26:14.43	41.82
150m:	1:59.60	41.31	750m:	10:13.88	41.58	1350m:	18:34.15	41.32	1950m:	26:56.55	42.12
200m:	2:40.56	40.96	800m:	10:55.60	41.72	1400m:	19:15.78	41.63	2000m:	27:38.26	41.71
250m:	3:21.56	41.00	850m:	11:37.82	42.22	1450m:	19:58.44	42.66	2050m:	28:20.33	42.07
300m:	4:02.93	41.37	900m:	12:19.34	41.52	1500m:	20:39.79	41.35	2100m:	29:02.92	42.59
350m:	4:44.24	41.31	950m:	13:01.26	41.92	1550m:	21:22.03	42.24	2150m:	29:44.84	41.92
400m:	5:25.52	41.28	1000m:	13:43.44	42.18	1600m:	22:04.16	42.13	2200m:	30:27.02	42.18
450m:	6:06.74	41.22	1050m:	14:25.14	41.70	1650m:	22:46.79	42.63	2250m:	31:09.61	42.59
500m:	6:47.80	41.06	1100m:	15:06.61	41.47	1700m:	23:28.39	41.60	2300m:	31:51.55	41.94
550m:	7:29.25	41.45	1150m:	15:49.09	42.48	1750m:	24:09.57	41.18	2350m:	32:33.97	42.42
600m:	8:10.30	41.05	1200m:	16:29.75	40.66	1800m:	24:51.14	41.57	2400m:	33:17.26	43.29

Prova 3, Fem., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY				Temps			
2450m: 33:59.40	42.14	2600m: 36:06.09	42.25	2750m: 38:09.99	41.29	2900m: 40:14.99	41.71	
2500m: 34:41.75	42.35	2650m: 36:46.63	40.54	2800m: 38:52.23	42.24	2950m: 40:56.42	41.43	
2550m: 35:23.84	42.09	2700m: 37:28.70	42.07	2850m: 39:33.28	41.05	3000m: 41:35.84	39.42	
DSQ FERNANDEZ VALDIVIESO, Alba	06	C.N. Mataró						-
<i>RT - RETIRAT</i>								
BX RUBIO ARROJO, Elsa	08	C.N. Figueres						-
BX NET GOMEZ, Laia	06	C.N. L'Hospitalet						-