

1 - Dissabte, 18 Novembre de 2023

18/11/2023

 Prova 1 Fem., 2000m Lliure Infantil Fons Indoor
 18/11/2023 Resultats

MMC Open	21:20.85	, Mireia Belmonte Garcia	Sevilla	11/1/2014
MMC 14	23:27.97	, Paula Juste Sanchez	Sabadell	21/1/2017

Classificació			ANY												Temps																																																																																																									
1.	ROSELL DIEZ, Ona		09	C.N. Tarraco											23:18.13	19,00																																																																																																								
	<i>Millor Marca Catalana</i>																																																																																																																							
	50m:	33.78	33.78	550m:	6:22.13	34.83	1050m:	12:08.40	34.40	1550m:	17:58.78	35.30	200m:	1:08.26	34.48	600m:	6:57.16	35.03	1100m:	12:43.32	34.92	1600m:	18:34.27	35.49	250m:	1:43.32	35.06	650m:	7:32.02	34.86	1150m:	13:17.71	34.39	1650m:	19:10.03	35.76	300m:	2:18.32	35.00	700m:	8:06.30	34.28	1200m:	13:52.17	34.46	1700m:	19:45.69	35.66	350m:	2:53.03	34.71	750m:	8:40.69	34.39	1250m:	14:26.93	34.76	1750m:	20:21.27	35.58	400m:	3:27.88	34.85	800m:	9:15.86	35.17	1300m:	15:02.22	35.29	1800m:	20:57.05	35.78	450m:	4:02.69	34.81	850m:	9:50.28	34.42	1350m:	15:37.25	35.03	1850m:	21:33.06	36.01	500m:	4:37.51	34.82	900m:	10:24.25	33.97	1400m:	16:12.52	35.27	1900m:	22:09.26	36.20	550m:	5:12.42	34.91	950m:	10:59.26	35.01	1450m:	16:48.45	35.93	1950m:	22:44.16	34.90	600m:	5:47.30	34.88	1000m:	11:34.00	34.74	1500m:	17:23.48	35.03	2000m:	23:18.13	33.97
2.	DEL RIO DECABO, Carlota		09	C.N. Granollers											23:25.04	16,00																																																																																																								
	50m:	34.19	34.19	550m:	6:22.76	34.93	1050m:	12:08.77	35.03	1550m:	18:01.73	35.91	200m:	1:09.10	34.91	600m:	6:57.31	34.55	1100m:	12:43.72	34.95	1600m:	18:37.82	36.09	250m:	1:44.08	34.98	650m:	7:32.11	34.80	1150m:	13:18.76	35.04	1650m:	19:13.86	36.04	300m:	2:19.28	35.20	700m:	8:06.93	34.82	1200m:	13:53.35	34.59	1700m:	19:50.00	36.14	350m:	2:54.39	35.11	750m:	8:41.21	34.28	1250m:	14:28.35	35.00	1750m:	20:26.59	36.59	400m:	3:28.57	34.18	800m:	9:15.88	34.67	1300m:	15:03.66	35.31	1800m:	21:02.91	36.32	450m:	4:02.75	34.18	850m:	9:50.14	34.26	1350m:	15:39.73	36.07	1850m:	21:39.39	36.48	500m:	4:37.69	34.94	900m:	10:24.89	34.75	1400m:	16:15.13	35.40	1900m:	22:14.30	34.91	550m:	5:12.67	34.98	950m:	10:59.20	34.31	1450m:	16:50.59	35.46	1950m:	22:49.72	35.42	600m:	5:47.83	35.16	1000m:	11:33.74	34.54	1500m:	17:25.82	35.23	2000m:	23:25.04	35.32
3.	GRESELY SALETA, Victoria		09	C.N. Mataró											24:24.64	14,00																																																																																																								
	50m:	34.55	34.55	550m:	6:38.16	36.95	1050m:	12:45.70	36.80	1550m:	18:54.35	36.75	200m:	1:10.19	35.64	600m:	7:14.73	36.57	1100m:	13:22.43	36.73	1600m:	19:31.55	37.20	250m:	1:46.17	35.98	650m:	7:51.05	36.32	1150m:	13:59.14	36.71	1650m:	20:08.66	37.11	300m:	2:22.04	35.87	700m:	8:27.60	36.55	1200m:	14:35.90	36.76	1700m:	20:45.49	36.83	350m:	2:58.40	36.36	750m:	9:04.32	36.72	1250m:	15:12.74	36.84	1750m:	21:22.28	36.79	400m:	3:34.95	36.55	800m:	9:40.97	36.65	1300m:	15:49.74	37.00	1800m:	21:59.26	36.98	450m:	4:11.26	36.31	850m:	10:17.88	36.91	1350m:	16:26.58	36.84	1850m:	22:36.14	36.88	500m:	4:48.03	36.77	900m:	10:54.86	36.98	1400m:	17:03.53	36.95	1900m:	23:13.23	37.09	550m:	5:24.38	36.35	950m:	11:31.85	36.99	1450m:	17:40.53	37.00	1950m:	23:50.10	36.87	600m:	6:01.21	36.83	1000m:	12:08.90	37.05	1500m:	18:17.60	37.07	2000m:	24:24.64	34.54
4.	PARDILLOS FERNANDEZ, Marta		09	C.N. Tarraco											24:29.81	13,00																																																																																																								
	50m:	33.76	33.76	550m:	6:38.77	36.67	1050m:	12:45.79	37.38	1550m:	18:56.38	37.19	200m:	1:09.22	35.46	600m:	7:15.53	36.76	1100m:	13:22.54	36.75	1600m:	19:33.30	36.92	250m:	1:45.50	36.28	650m:	7:52.39	36.86	1150m:	13:59.52	36.98	1650m:	20:10.82	37.52	300m:	2:22.28	36.78	700m:	8:28.71	36.32	1200m:	14:36.58	37.06	1700m:	20:48.21	37.39	350m:	2:58.74	36.46	750m:	9:04.94	36.23	1250m:	15:13.39	36.81	1750m:	21:25.36	37.15	400m:	3:35.36	36.62	800m:	9:41.74	36.80	1300m:	15:50.32	36.93	1800m:	22:02.62	37.26	450m:	4:12.18	36.82	850m:	10:18.35	36.61	1350m:	16:27.31	36.99	1850m:	22:40.01	37.39	500m:	4:48.91	36.73	900m:	10:55.22	36.87	1400m:	17:04.58	37.27	1900m:	23:16.86	36.85	550m:	5:25.35	36.44	950m:	11:31.92	36.70	1450m:	17:41.90	37.32	1950m:	23:53.66	36.80	600m:	6:02.10	36.75	1000m:	12:08.41	36.49	1500m:	18:19.19	37.29	2000m:	24:29.81	36.15

Prova 1, Fem., 2000m Lliure, Infantil Fons Indoor

Classificació	ANY		Temps	
5. CARMONA MASERGAS, Ivet	10	C.N. Banyoles	24:38.77	12,00
50m: 34.31 34.31	550m: 6:36.41 37.16	1050m: 12:48.20 37.20	1550m: 19:07.77 37.45	
100m: 1:09.49 35.18	600m: 7:13.56 37.15	1100m: 13:26.55 38.35	1600m: 19:44.62 36.85	
150m: 1:45.41 35.92	650m: 7:50.77 37.21	1150m: 14:03.36 36.81	1650m: 20:23.44 38.82	
200m: 2:21.20 35.79	700m: 8:27.03 36.26	1200m: 14:40.95 37.59	1700m: 20:58.84 35.40	
250m: 2:56.81 35.61	750m: 9:04.04 37.01	1250m: 15:18.73 37.78	1750m: 21:34.81 35.97	
300m: 3:33.24 36.43	800m: 9:41.65 37.61	1300m: 15:57.02 38.29	1800m: 22:13.21 38.40	
350m: 4:09.28 36.04	850m: 10:18.58 36.93	1350m: 16:34.80 37.78	1850m: 22:51.11 37.90	
400m: 4:45.75 36.47	900m: 10:56.44 37.86	1400m: 17:13.26 38.46	1900m: 23:28.64 37.53	
450m: 5:22.50 36.75	950m: 11:34.47 38.03	1450m: 17:51.87 38.61	1950m: 24:05.58 36.94	
500m: 5:59.25 36.75	1000m: 12:11.00 36.53	1500m: 18:30.32 38.45	2000m: 24:38.77 33.19	
6. DELGADO GARCIA, Marta	09	C.N. Mataró	24:46.22	11,00
50m: 34.43 34.43	550m: 6:37.92 36.58	1050m: 12:48.72 37.82	1550m: 19:10.69 38.10	
100m: 1:09.68 35.25	600m: 7:14.71 36.79	1100m: 13:26.74 38.02	1600m: 19:48.31 37.62	
150m: 1:45.73 36.05	650m: 7:51.41 36.70	1150m: 14:04.65 37.91	1650m: 20:25.89 37.58	
200m: 2:21.87 36.14	700m: 8:28.33 36.92	1200m: 14:43.24 38.59	1700m: 21:04.21 38.32	
250m: 2:58.13 36.26	750m: 9:04.96 36.63	1250m: 15:21.36 38.12	1750m: 21:41.66 37.45	
300m: 3:34.80 36.67	800m: 9:41.41 36.45	1300m: 16:00.19 38.83	1800m: 22:18.58 36.92	
350m: 4:11.14 36.34	850m: 10:18.83 37.42	1350m: 16:38.43 38.24	1850m: 22:55.97 37.39	
400m: 4:47.56 36.42	900m: 10:56.25 37.42	1400m: 17:16.63 38.20	1900m: 23:33.16 37.19	
450m: 5:24.40 36.84	950m: 11:33.45 37.20	1450m: 17:54.64 38.01	1950m: 24:10.21 37.05	
500m: 6:01.34 36.94	1000m: 12:11.90 37.45	1500m: 18:32.59 37.95	2000m: 24:46.22 36.01	
7. MOSQUERA SORIANO, Paula	10	C.N. Granollers	24:46.91	10,00
50m: 36.02 36.02	550m: 6:44.59 36.66	1050m: 12:52.86 36.93	1550m: 19:08.61 37.83	
100m: 1:12.20 36.18	600m: 7:21.39 36.80	1100m: 13:30.08 37.22	1600m: 19:46.27 37.66	
150m: 1:48.70 36.50	650m: 7:58.24 36.85	1150m: 14:07.59 37.51	1650m: 20:24.47 38.20	
200m: 2:25.60 36.90	700m: 8:35.12 36.88	1200m: 14:45.00 37.41	1700m: 21:02.65 38.18	
250m: 3:02.87 37.27	750m: 9:11.73 36.61	1250m: 15:22.25 37.25	1750m: 21:40.75 38.10	
300m: 3:40.14 37.27	800m: 9:48.05 36.32	1300m: 15:59.75 37.50	1800m: 22:19.33 38.58	
350m: 4:17.28 37.14	850m: 10:24.71 36.66	1350m: 16:37.38 37.63	1850m: 22:56.92 37.59	
400m: 4:54.68 37.40	900m: 11:01.70 36.99	1400m: 17:15.35 37.97	1900m: 23:34.65 37.73	
450m: 5:31.36 36.68	950m: 11:38.79 37.09	1450m: 17:52.99 37.64	1950m: 24:10.28 35.63	
500m: 6:07.93 36.57	1000m: 12:15.93 37.14	1500m: 18:30.78 37.79	2000m: 24:46.91 36.63	
8. PEREZ GARRIDO, Claudia	09	C.N. Mataró	25:03.98	9,00
50m: 34.54 34.54	550m: 6:40.12 37.13	1050m: 12:54.01 37.80	1550m: 19:18.11 38.67	
100m: 1:09.85 35.31	600m: 7:17.11 36.99	1100m: 13:32.28 38.27	1600m: 19:56.84 38.73	
150m: 1:45.76 35.91	650m: 7:54.24 37.13	1150m: 14:10.41 38.13	1650m: 20:35.71 38.87	
200m: 2:21.89 36.13	700m: 8:31.95 37.71	1200m: 14:48.65 38.24	1700m: 21:14.87 39.16	
250m: 2:58.14 36.25	750m: 9:09.22 37.27	1250m: 15:27.18 38.53	1750m: 21:53.85 38.98	
300m: 3:35.14 37.00	800m: 9:46.47 37.25	1300m: 16:06.02 38.84	1800m: 22:32.20 38.35	
350m: 4:12.08 36.94	850m: 10:23.60 37.13	1350m: 16:43.99 37.97	1850m: 23:10.51 38.31	
400m: 4:49.44 37.36	900m: 11:01.05 37.45	1400m: 17:22.23 38.24	1900m: 23:48.59 38.08	
450m: 5:26.05 36.61	950m: 11:38.45 37.40	1450m: 18:00.69 38.46	1950m: 24:26.94 38.35	
500m: 6:02.99 36.94	1000m: 12:16.21 37.76	1500m: 18:39.44 38.75	2000m: 25:03.98 37.04	
9. CODONY COSTA, Blanca	10	C.N. Olot	25:12.64	8,00
50m: 36.08 36.08	550m: 6:52.10 36.92	1050m: 13:08.08 37.85	1550m: 19:31.82 38.66	
100m: 1:12.97 36.89	600m: 7:29.20 37.10	1100m: 13:45.88 37.80	1600m: 20:10.19 38.37	
150m: 1:50.60 37.63	650m: 8:06.37 37.17	1150m: 14:24.27 38.39	1650m: 20:48.89 38.70	
200m: 2:28.13 37.53	700m: 8:43.67 37.30	1200m: 15:02.46 38.19	1700m: 21:27.47 38.58	
250m: 3:06.22 38.09	750m: 9:21.20 37.53	1250m: 15:40.67 38.21	1750m: 22:05.90 38.43	
300m: 3:44.54 38.32	800m: 9:58.81 37.61	1300m: 16:19.11 38.44	1800m: 22:44.72 38.82	
350m: 4:22.40 37.86	850m: 10:36.32 37.51	1350m: 16:57.63 38.52	1850m: 23:23.36 38.64	
400m: 5:00.16 37.76	900m: 11:13.99 37.67	1400m: 17:36.02 38.39	1900m: 24:00.30 36.94	
450m: 5:37.90 37.74	950m: 11:52.03 38.04	1450m: 18:14.61 38.59	1950m: 24:36.26 35.96	
500m: 6:15.18 37.28	1000m: 12:30.23 38.20	1500m: 18:53.16 38.55	2000m: 25:12.64 36.38	

Prova 1, Fem., 2000m Lliure, Infantil Fons Indoor

Classificació	ANY		Temps	
10. IWAN, Claudia	10	C.N. Navàs	25:16.32	7,00
50m: 35.01 35.01	550m: 6:44.18 37.61	1050m: 13:04.77 38.43	1550m: 19:32.63 39.00	
100m: 1:10.69 35.68	600m: 7:21.90 37.72	1100m: 13:43.53 38.76	1600m: 20:11.68 39.05	
150m: 1:46.52 35.83	650m: 8:00.00 38.10	1150m: 14:22.17 38.64	1650m: 20:51.01 39.33	
200m: 2:23.00 36.48	700m: 8:37.00 37.00	1200m: 15:01.07 38.90	1700m: 21:30.22 39.21	
250m: 2:59.65 36.65	750m: 9:15.05 38.05	1250m: 15:39.69 38.62	1750m: 22:09.43 39.21	
300m: 3:36.70 37.05	800m: 9:53.26 38.21	1300m: 16:18.61 38.92	1800m: 22:47.71 38.28	
350m: 4:13.68 36.98	850m: 10:31.45 38.19	1350m: 16:56.93 38.32	1850m: 23:25.76 38.05	
400m: 4:51.33 37.65	900m: 11:09.63 38.18	1400m: 17:35.88 38.95	1900m: 24:03.31 37.55	
450m: 5:28.83 37.50	950m: 11:47.73 38.10	1450m: 18:14.86 38.98	1950m: 24:40.40 37.09	
500m: 6:06.57 37.74	1000m: 12:26.34 38.61	1500m: 18:53.63 38.77	2000m: 25:16.32 35.92	
11. PADILLA GARCÍA, Martina	09	C.N. Granollers	25:17.35	6,00
50m: 35.74 35.74	550m: 6:46.30 36.68	1050m: 13:04.67 38.64	1550m: 19:28.20 38.31	
100m: 1:12.05 36.31	600m: 7:23.43 37.13	1100m: 13:43.57 38.90	1600m: 20:07.64 39.44	
150m: 1:49.11 37.06	650m: 8:00.28 36.85	1150m: 14:20.99 37.42	1650m: 20:46.96 39.32	
200m: 2:26.47 37.36	700m: 8:37.51 37.23	1200m: 14:59.06 38.07	1700m: 21:26.29 39.33	
250m: 3:03.49 37.02	750m: 9:15.36 37.85	1250m: 15:37.65 38.59	1750m: 22:05.90 39.61	
300m: 3:40.55 37.06	800m: 9:53.12 37.76	1300m: 16:15.64 37.99	1800m: 22:44.72 38.82	
350m: 4:17.39 36.84	850m: 10:31.14 38.02	1350m: 16:54.14 38.50	1850m: 23:24.23 39.51	
400m: 4:54.73 37.34	900m: 11:09.43 38.29	1400m: 17:32.41 38.27	1900m: 24:03.02 38.79	
450m: 5:32.17 37.44	950m: 11:47.50 38.07	1450m: 18:10.95 38.54	1950m: 24:41.58 38.56	
500m: 6:09.62 37.45	1000m: 12:26.03 38.53	1500m: 18:49.89 38.94	2000m: 25:17.35 35.77	
12. AOKI ASCANIO, Nora	10	C.N. Sabadell	25:26.98	5,00
50m: 36.96 36.96	550m: 6:55.61 38.25	1050m: 13:15.10 38.19	1550m: 19:40.73 38.41	
100m: 1:13.86 36.90	600m: 7:33.84 38.23	1100m: 13:53.40 38.30	1600m: 20:19.50 38.77	
150m: 1:51.73 37.87	650m: 8:11.79 37.95	1150m: 14:31.88 38.48	1650m: 20:58.67 39.17	
200m: 2:29.37 37.64	700m: 8:50.14 38.35	1200m: 15:10.44 38.56	1700m: 21:37.66 38.99	
250m: 3:07.43 38.06	750m: 9:27.98 37.84	1250m: 15:49.33 38.89	1750m: 22:16.71 39.05	
300m: 3:45.33 37.90	800m: 10:05.85 37.87	1300m: 16:27.66 38.33	1800m: 22:55.28 38.57	
350m: 4:23.54 38.21	850m: 10:43.42 37.57	1350m: 17:06.45 38.79	1850m: 23:34.24 38.96	
400m: 5:01.09 37.55	900m: 11:20.92 37.50	1400m: 17:44.88 38.43	1900m: 24:12.39 38.15	
450m: 5:39.42 38.33	950m: 11:58.54 37.62	1450m: 18:23.73 38.85	1950m: 24:49.91 37.52	
500m: 6:17.36 37.94	1000m: 12:36.91 38.37	1500m: 19:02.32 38.59	2000m: 25:26.98 37.07	
13. MATSUMURA PÉREZ, Elis Akemi	10	C.E. Mediterrani	25:39.24	4,00
50m: 36.20 36.20	550m: 6:58.05 38.58	1050m: 13:26.27 38.47	1550m: 19:57.09 38.75	
100m: 1:13.55 37.35	600m: 7:36.57 38.52	1100m: 14:04.96 38.69	1600m: 20:35.84 38.75	
150m: 1:51.25 37.70	650m: 8:15.40 38.83	1150m: 14:43.98 39.02	1650m: 21:14.96 39.12	
200m: 2:29.53 38.28	700m: 8:54.02 38.62	1200m: 15:22.69 38.71	1700m: 21:54.03 39.07	
250m: 3:07.62 38.09	750m: 9:33.06 39.04	1250m: 16:01.73 39.04	1750m: 22:32.57 38.54	
300m: 3:45.98 38.36	800m: 10:11.84 38.78	1300m: 16:41.05 39.32	1800m: 23:11.28 38.71	
350m: 4:24.16 38.18	850m: 10:51.12 39.28	1350m: 17:20.09 39.04	1850m: 23:49.53 38.25	
400m: 5:02.54 38.38	900m: 11:30.31 39.19	1400m: 17:59.34 39.25	1900m: 24:27.34 37.81	
450m: 5:41.06 38.52	950m: 12:09.16 38.85	1450m: 18:39.07 39.73	1950m: 25:04.71 37.37	
500m: 6:19.47 38.41	1000m: 12:47.80 38.64	1500m: 19:18.34 39.27	2000m: 25:39.24 34.53	
14. CORTÉS BANDA, Paula	10	C.N. Lleida	25:40.98	3,00
50m: 36.32 36.32	550m: 6:55.74 38.09	1050m: 13:19.85 39.14	1550m: 19:54.09 39.91	
100m: 1:13.57 37.25	600m: 7:34.01 38.27	1100m: 13:58.71 38.86	1600m: 20:33.50 39.41	
150m: 1:51.07 37.50	650m: 8:12.12 38.11	1150m: 14:37.78 39.07	1650m: 21:12.69 39.19	
200m: 2:28.96 37.89	700m: 8:50.43 38.31	1200m: 15:16.80 39.02	1700m: 21:51.63 38.94	
250m: 3:06.79 37.83	750m: 9:28.55 38.12	1250m: 15:56.08 39.28	1750m: 22:30.34 38.71	
300m: 3:45.01 38.22	800m: 10:06.71 38.16	1300m: 16:35.39 39.31	1800m: 23:09.65 39.31	
350m: 4:23.06 38.05	850m: 10:45.12 38.41	1350m: 17:14.85 39.46	1850m: 23:48.47 38.82	
400m: 5:01.08 38.02	900m: 11:23.43 38.31	1400m: 17:54.72 39.87	1900m: 24:26.89 38.42	
450m: 5:39.31 38.23	950m: 12:02.00 38.57	1450m: 18:34.16 39.44	1950m: 25:05.15 38.26	
500m: 6:17.65 38.34	1000m: 12:40.71 38.71	1500m: 19:14.18 40.02	2000m: 25:40.98 35.83	

Prova 1, Fem., 2000m Lliure, Infantil Fons Indoor

Classificació			ANY				Temps	
15.	DE MIGUEL GOMEZ, Ona		09	C.N. Sabadell		25:54.35		2,00
	50m: 35.59	35.59	550m: 6:57.56	37.77	1050m: 13:23.66	39.01	1550m: 19:58.71	40.08
	100m: 1:12.91	37.32	600m: 7:36.25	38.69	1100m: 14:02.74	39.08	1600m: 20:39.50	40.79
	150m: 1:51.14	38.23	650m: 8:14.85	38.60	1150m: 14:41.95	39.21	1650m: 21:19.01	39.51
	200m: 2:29.32	38.18	700m: 8:52.96	38.11	1200m: 15:21.96	40.01	1700m: 21:59.24	40.23
	250m: 3:07.49	38.17	750m: 9:32.03	39.07	1250m: 16:01.30	39.34	1750m: 22:39.77	40.53
	300m: 3:45.92	38.43	800m: 10:10.64	38.61	1300m: 16:40.80	39.50	1800m: 23:20.08	40.31
	350m: 4:24.77	38.85	850m: 10:47.35	36.71	1350m: 17:19.04	38.24	1850m: 23:59.39	39.31
	400m: 5:03.49	38.72	900m: 11:25.00	37.65	1400m: 17:58.21	39.17	1900m: 24:38.52	39.13
	450m: 5:41.78	38.29	950m: 12:04.73	39.73	1450m: 18:39.03	40.82	1950m: 25:18.08	39.56
	500m: 6:19.79	38.01	1000m: 12:44.65	39.92	1500m: 19:18.63	39.60	2000m: 25:54.35	36.27
16.	PRIEGO ROMERO, Noa		10	C.N. Tàrraga		26:02.69		1,00
	50m: 37.06	37.06	550m: 7:00.57	37.65	1050m: 13:33.60	39.98	1550m: 20:07.04	39.59
	100m: 1:14.32	37.26	600m: 7:39.96	39.39	1100m: 14:10.77	37.17	1600m: 20:47.40	40.36
	150m: 1:52.50	38.18	650m: 8:18.93	38.97	1150m: 14:49.27	38.50	1650m: 21:27.38	39.98
	200m: 2:31.23	38.73	700m: 8:58.15	39.22	1200m: 15:29.22	39.95	1700m: 22:07.03	39.65
	250m: 3:09.82	38.59	750m: 9:37.45	39.30	1250m: 16:08.46	39.24	1750m: 22:47.21	40.18
	300m: 3:48.07	38.25	800m: 10:16.13	38.68	1300m: 16:48.09	39.63	1800m: 23:27.27	40.06
	350m: 4:26.48	38.41	850m: 10:55.33	39.20	1350m: 17:27.45	39.36	1850m: 24:07.30	40.03
	400m: 5:05.35	38.87	900m: 11:34.80	39.47	1400m: 18:06.88	39.43	1900m: 24:46.71	39.41
	450m: 5:44.02	38.67	950m: 12:14.23	39.43	1450m: 18:46.87	39.99	1950m: 25:25.15	38.44
	500m: 6:22.92	38.90	1000m: 12:53.62	39.39	1500m: 19:27.45	40.58	2000m: 26:02.69	37.54

Prova 2
 18/11/2023

Masc., 2000m Lliure

 Infantil Fons Indoor
 Resultats

MMC Open	20:29.33	, Ferran Julià Tous	Granada	14/11/2020
MMC 14	21:53.25	, Ferran Julia Tous	Banyoles	30/11/2014

Classificació	ANY		Temps	
1. JUAREZ LIANAS, Siro	09	C.N. Sabadell	22:08.96	19,00
50m: 31.73 31.73	550m: 6:01.47 33.30	1050m: 11:36.14 33.03	1550m: 17:10.02 33.91	
100m: 1:03.72 31.99	600m: 6:35.06 33.59	1100m: 12:09.40 33.26	1600m: 17:43.16 33.14	
150m: 1:36.26 32.54	650m: 7:08.95 33.89	1150m: 12:42.12 32.72	1650m: 18:16.45 33.29	
200m: 2:08.85 32.59	700m: 7:42.22 33.27	1200m: 13:15.86 33.74	1700m: 18:50.39 33.94	
250m: 2:41.91 33.06	750m: 8:15.31 33.09	1250m: 13:49.54 33.68	1750m: 19:23.71 33.32	
300m: 3:14.74 32.83	800m: 8:48.74 33.43	1300m: 14:22.86 33.32	1800m: 19:57.63 33.92	
350m: 3:47.87 33.13	850m: 9:22.75 34.01	1350m: 14:56.19 33.33	1850m: 20:31.01 33.38	
400m: 4:21.20 33.33	900m: 9:56.49 33.74	1400m: 15:29.64 33.45	1900m: 21:04.89 33.88	
450m: 4:54.84 33.64	950m: 10:29.94 33.45	1450m: 16:02.72 33.08	1950m: 21:38.63 33.74	
500m: 5:28.17 33.33	1000m: 11:03.11 33.17	1500m: 16:36.11 33.39	2000m: 22:08.96 30.33	
2. CORDOBA MARTOS, Cristian	09	C.N. Sabadell	22:28.92	16,00
50m: 32.28 32.28	550m: 6:09.27 33.73	1050m: 11:47.78 33.92	1550m: 17:25.40 33.84	
100m: 1:05.38 33.10	600m: 6:43.20 33.93	1100m: 12:21.36 33.58	1600m: 17:59.28 33.88	
150m: 1:39.29 33.91	650m: 7:16.82 33.62	1150m: 12:55.00 33.64	1650m: 18:33.53 34.25	
200m: 2:13.49 34.20	700m: 7:50.61 33.79	1200m: 13:28.48 33.48	1700m: 19:07.77 34.24	
250m: 2:47.81 34.32	750m: 8:24.23 33.62	1250m: 14:02.11 33.63	1750m: 19:41.49 33.72	
300m: 3:21.62 33.81	800m: 8:58.13 33.90	1300m: 14:35.72 33.61	1800m: 20:15.53 34.04	
350m: 3:55.56 33.94	850m: 9:32.23 34.10	1350m: 15:09.74 34.02	1850m: 20:49.50 33.97	
400m: 4:29.22 33.66	900m: 10:06.22 33.99	1400m: 15:43.71 33.97	1900m: 21:23.95 34.45	
450m: 5:02.60 33.38	950m: 10:39.92 33.70	1450m: 16:17.65 33.94	1950m: 21:58.28 34.33	
500m: 5:35.54 32.94	1000m: 11:13.86 33.94	1500m: 16:51.56 33.91	2000m: 22:28.92 30.64	
3. VELA OBIOLS, Roc	10	C.N. Tarraco	22:53.52	14,00
50m: 31.75 31.75	550m: 6:13.21 34.37	1050m: 11:59.65 34.58	1550m: 17:47.59 34.59	
100m: 1:05.00 33.25	600m: 6:47.62 34.41	1100m: 12:34.64 34.99	1600m: 18:22.80 35.21	
150m: 1:38.84 33.84	650m: 7:22.28 34.66	1150m: 13:09.61 34.97	1650m: 18:57.48 34.68	
200m: 2:13.23 34.39	700m: 7:56.71 34.43	1200m: 13:43.91 34.30	1700m: 19:32.08 34.60	
250m: 2:47.57 34.34	750m: 8:31.07 34.36	1250m: 14:18.98 35.07	1750m: 20:05.53 33.45	
300m: 3:22.02 34.45	800m: 9:05.65 34.58	1300m: 14:53.89 34.91	1800m: 20:39.38 33.85	
350m: 3:56.36 34.34	850m: 9:40.90 35.25	1350m: 15:28.09 34.20	1850m: 21:13.55 34.17	
400m: 4:30.66 34.30	900m: 10:15.44 34.54	1400m: 16:02.81 34.72	1900m: 21:48.05 34.50	
450m: 5:05.10 34.44	950m: 10:50.34 34.90	1450m: 16:37.94 35.13	1950m: 22:22.67 34.62	
500m: 5:38.84 33.74	1000m: 11:25.07 34.73	1500m: 17:13.00 35.06	2000m: 22:53.52 30.85	
4. MATEO ARTACHO, Alan	09	GEIEG	22:53.62	13,00
50m: 32.82 32.82	550m: 6:12.60 34.06	1050m: 11:58.53 34.78	1550m: 17:46.40 35.10	
100m: 1:06.16 33.34	600m: 6:46.92 34.32	1100m: 12:33.37 34.84	1600m: 18:21.25 34.85	
150m: 1:40.48 34.32	650m: 7:21.30 34.38	1150m: 13:07.97 34.60	1650m: 18:55.90 34.65	
200m: 2:14.51 34.03	700m: 7:56.06 34.76	1200m: 13:42.60 34.63	1700m: 19:30.89 34.99	
250m: 2:48.52 34.01	750m: 8:30.01 33.95	1250m: 14:17.30 34.70	1750m: 20:05.15 34.26	
300m: 3:22.89 34.37	800m: 9:04.65 34.64	1300m: 14:52.40 35.10	1800m: 20:39.63 34.48	
350m: 3:56.68 33.79	850m: 9:39.19 34.54	1350m: 15:26.85 34.45	1850m: 21:14.53 34.90	
400m: 4:30.89 34.21	900m: 10:14.01 34.82	1400m: 16:01.53 34.68	1900m: 21:50.06 35.53	
450m: 5:04.94 34.05	950m: 10:48.75 34.74	1450m: 16:36.14 34.61	1950m: 22:23.75 33.69	
500m: 5:38.54 33.60	1000m: 11:23.75 35.00	1500m: 17:11.30 35.16	2000m: 22:53.62 29.87	
5. SAMBRUNO SAEZ, Fabio	09	C.N. Granollers	23:17.59	12,00
50m: 33.97 33.97	550m: 6:21.88 34.96	1050m: 12:10.99 34.95	1550m: 18:03.03 34.87	
100m: 1:08.38 34.41	600m: 6:57.12 35.24	1100m: 12:45.87 34.88	1600m: 18:38.21 35.18	
150m: 1:42.62 34.24	650m: 7:32.23 35.11	1150m: 13:21.03 35.16	1650m: 19:13.07 34.86	
200m: 2:17.25 34.63	700m: 8:07.08 34.85	1200m: 13:56.16 35.13	1700m: 19:48.02 34.95	
250m: 2:52.00 34.75	750m: 8:41.67 34.59	1250m: 14:31.52 35.36	1750m: 20:22.99 34.97	
300m: 3:27.06 35.06	800m: 9:16.49 34.82	1300m: 15:07.06 35.54	1800m: 20:58.52 35.53	
350m: 4:02.03 34.97	850m: 9:51.20 34.71	1350m: 15:42.39 35.33	1850m: 21:34.42 35.90	
400m: 4:36.84 34.81	900m: 10:26.12 34.92	1400m: 16:17.46 35.07	1900m: 22:10.06 35.64	
450m: 5:12.10 35.26	950m: 11:00.94 34.82	1450m: 16:52.75 35.29	1950m: 22:44.69 34.63	
500m: 5:46.92 34.82	1000m: 11:36.04 35.10	1500m: 17:28.16 35.41	2000m: 23:17.59 32.90	

Prova 2, Masc., 2000m Lliure, Infantil Fons Indoor

Classificació	ANY				Temps	
6.	CARDEÑAS BONJORN, Marti	09	C.N. Sabadell	23:39.86	11,00	
50m:	34.60	34.60	550m:	6:35.88	36.55	1050m: 12:33.44
100m:	1:10.16	35.56	600m:	7:11.74	35.86	1100m: 13:08.48
150m:	1:46.63	36.47	650m:	7:47.67	35.93	1150m: 13:43.71
200m:	2:22.68	36.05	700m:	8:23.55	35.88	1200m: 14:18.81
250m:	2:58.83	36.15	750m:	8:59.47	35.92	1250m: 14:54.18
300m:	3:34.75	35.92	800m:	9:35.59	36.12	1300m: 15:29.44
350m:	4:10.69	35.94	850m:	10:11.44	35.85	1350m: 16:05.04
400m:	4:46.97	36.28	900m:	10:46.78	35.34	1400m: 16:40.06
450m:	5:23.36	36.39	950m:	11:22.35	35.57	1450m: 17:15.43
500m:	5:59.33	35.97	1000m:	11:57.83	35.48	1500m: 17:50.62
						1550m: 18:25.25
						1600m: 19:00.37
						1650m: 19:35.72
						1700m: 20:11.11
						1750m: 20:46.33
						1800m: 21:21.92
						1850m: 21:57.00
						1900m: 22:32.56
						1950m: 23:08.04
						2000m: 23:39.86
7.	DIEZ ROSET, Jan	09	C.N. VIC-Etb	23:51.96	10,00	
50m:	34.30	34.30	550m:	6:35.00	35.93	1050m: 12:35.00
100m:	1:09.61	35.31	600m:	7:10.80	35.80	1100m: 13:11.06
150m:	1:45.66	36.05	650m:	7:46.81	36.01	1150m: 13:47.14
200m:	2:21.84	36.18	700m:	8:22.84	36.03	1200m: 14:22.91
250m:	2:58.22	36.38	750m:	8:58.62	35.78	1250m: 14:58.85
300m:	3:34.54	36.32	800m:	9:34.69	36.07	1300m: 15:34.50
350m:	4:10.81	36.27	850m:	10:10.98	36.29	1350m: 16:10.67
400m:	4:47.15	36.34	900m:	10:46.83	35.85	1400m: 16:46.48
450m:	5:23.26	36.11	950m:	11:22.96	36.13	1450m: 17:22.81
500m:	5:59.07	35.81	1000m:	11:59.27	36.31	1500m: 17:58.93
						1550m: 18:34.48
						1600m: 19:10.39
						1650m: 19:46.00
						1700m: 20:21.72
						1750m: 20:56.91
						1800m: 21:32.14
						1850m: 22:07.37
						1900m: 22:42.76
						1950m: 23:18.29
						2000m: 23:51.96
8.	HERRERO CASTELLANOS, Unai	09	C.N. Sabadell	23:55.51	9,00	
50m:	34.75	34.75	550m:	6:34.21	36.06	1050m: 12:33.37
100m:	1:10.25	35.50	600m:	7:10.41	36.20	1100m: 13:09.39
150m:	1:46.29	36.04	650m:	7:46.46	36.05	1150m: 13:45.31
200m:	2:22.16	35.87	700m:	8:22.52	36.06	1200m: 14:21.15
250m:	2:58.25	36.09	750m:	8:58.66	36.14	1250m: 14:56.76
300m:	3:34.18	35.93	800m:	9:34.84	36.18	1300m: 15:32.69
350m:	4:10.22	36.04	850m:	10:10.73	35.89	1350m: 16:08.75
400m:	4:45.90	35.68	900m:	10:46.43	35.70	1400m: 16:44.43
450m:	5:21.71	35.81	950m:	11:22.12	35.69	1450m: 17:20.26
500m:	5:58.15	36.44	1000m:	11:57.60	35.48	1500m: 17:56.43
						1550m: 18:32.35
						1600m: 19:08.80
						1650m: 19:45.09
						1700m: 20:21.26
						1750m: 20:57.43
						1800m: 21:33.29
						1850m: 22:09.48
						1900m: 22:45.42
						1950m: 23:21.35
						2000m: 23:55.51
9.	OLIVEIRA LARA, Aran	09	C.N. Sabadell	24:08.04	8,00	
50m:	36.60	36.60	550m:	6:41.22	35.37	1050m: 12:38.77
100m:	1:12.98	36.38	600m:	7:16.63	35.41	1100m: 13:15.02
150m:	1:49.66	36.68	650m:	7:52.84	36.21	1150m: 13:51.43
200m:	2:26.21	36.55	700m:	8:28.43	35.59	1200m: 14:27.37
250m:	3:03.06	36.85	750m:	9:03.89	35.46	1250m: 15:03.78
300m:	3:40.15	37.09	800m:	9:40.15	36.26	1300m: 15:40.16
350m:	4:17.29	37.14	850m:	10:15.65	35.50	1350m: 16:16.52
400m:	4:54.35	37.06	900m:	10:51.40	35.75	1400m: 16:52.93
450m:	5:30.33	35.98	950m:	11:26.93	35.53	1450m: 17:28.93
500m:	6:05.85	35.52	1000m:	12:02.63	35.70	1500m: 18:06.00
						1550m: 18:41.46
						1600m: 19:18.21
						1650m: 19:54.91
						1700m: 20:30.92
						1750m: 21:07.12
						1800m: 21:43.43
						1850m: 22:19.77
						1900m: 22:56.50
						1950m: 23:32.68
						2000m: 24:08.04
10.	MONTPEAT SOLÀ, Arnau	09	C.E.N. Balaguer	24:21.27	7,00	
50m:	34.23	34.23	550m:	6:31.47	35.73	1050m: 12:35.61
100m:	1:09.62	35.39	600m:	7:07.29	35.82	1100m: 13:12.62
150m:	1:45.31	35.69	650m:	7:43.63	36.34	1150m: 13:49.54
200m:	2:21.48	36.17	700m:	8:19.59	35.96	1200m: 14:26.97
250m:	2:57.45	35.97	750m:	8:55.93	36.34	1250m: 15:04.39
300m:	3:32.85	35.40	800m:	9:32.37	36.44	1300m: 15:41.91
350m:	4:08.10	35.25	850m:	10:08.68	36.31	1350m: 16:19.17
400m:	4:43.91	35.81	900m:	10:45.29	36.61	1400m: 16:56.59
450m:	5:19.62	35.71	950m:	11:22.42	37.13	1450m: 17:33.78
500m:	5:55.74	36.12	1000m:	11:59.09	36.67	1500m: 18:11.17
						1550m: 18:48.38
						1600m: 19:25.53
						1650m: 20:02.60
						1700m: 20:40.13
						1750m: 21:18.00
						1800m: 21:55.36
						1850m: 22:32.77
						1900m: 23:10.15
						1950m: 23:46.15
						2000m: 24:21.27

Prova 2, Masc., 2000m Lliure, Infantil Fons Indoor

Classificació	ANY		Temps											
11. GARCIA MARTIN, Mario	09		C.N. L'Hospitalet										24:22.86	6,00
50m:	34.69	34.69	550m:	6:44.38	36.80	1050m:	12:52.19	36.95	1550m:	18:41.46	19.60			
100m:	1:10.65	35.96	600m:	7:21.14	36.76	1100m:	13:28.73	36.54	1600m:	19:33.84	52.38			
150m:	1:47.18	36.53	650m:	7:58.04	36.90	1150m:	14:05.12	36.39	1650m:	20:09.79	35.95			
200m:	2:24.01	36.83	700m:	8:35.11	37.07	1200m:	14:41.81	36.69	1700m:	20:47.00	37.21			
250m:	3:01.39	37.38	750m:	9:12.04	36.93	1250m:	15:18.51	36.70	1750m:	21:24.11	37.11			
300m:	3:38.75	37.36	800m:	9:48.76	36.72	1300m:	15:55.13	36.62	1800m:	22:00.61	36.50			
350m:	4:16.14	37.39	850m:	10:25.58	36.82	1350m:	16:32.05	36.92	1850m:	22:37.48	36.87			
400m:	4:53.23	37.09	900m:	11:02.17	36.59	1400m:	17:08.91	36.86	1900m:	23:14.16	36.68			
450m:	5:30.48	37.25	950m:	11:38.75	36.58	1450m:	17:45.50	36.59	1950m:	23:50.06	35.90			
500m:	6:07.58	37.10	1000m:	12:15.24	36.49	1500m:	18:21.86	36.36	2000m:	24:22.86	32.80			
12. HUGUET PINO, Daniel	09		C.N. Premià										24:40.63	5,00
50m:	35.96	35.96	550m:	6:45.53	37.32	1050m:	13:04.95	37.74	1550m:	19:13.08	36.31			
100m:	1:12.10	36.14	600m:	7:23.26	37.73	1100m:	13:42.17	37.22	1600m:	19:49.84	36.76			
150m:	1:48.88	36.78	650m:	8:01.20	37.94	1150m:	14:19.08	36.91	1650m:	20:26.54	36.70			
200m:	2:25.56	36.68	700m:	8:39.24	38.04	1200m:	14:56.11	37.03	1700m:	21:03.29	36.75			
250m:	3:02.41	36.85	750m:	9:16.99	37.75	1250m:	15:32.85	36.74	1750m:	21:39.94	36.65			
300m:	3:39.30	36.89	800m:	9:54.66	37.67	1300m:	16:09.87	37.02	1800m:	22:16.15	36.21			
350m:	4:16.32	37.02	850m:	10:32.86	38.20	1350m:	16:46.77	36.90	1850m:	22:53.66	37.51			
400m:	4:53.76	37.44	900m:	11:11.04	38.18	1400m:	17:23.54	36.77	1900m:	23:30.07	36.41			
450m:	5:30.63	36.87	950m:	11:49.10	38.06	1450m:	18:00.22	36.68	1950m:	24:06.71	36.64			
500m:	6:08.21	37.58	1000m:	12:27.21	38.11	1500m:	18:36.77	36.55	2000m:	24:40.63	33.92			
13. VILARDEBÓ PLA, Jordi	10		C.E. Mediterrani										24:40.70	4,00
50m:	34.56	34.56	550m:	6:44.99	37.03	1050m:	12:58.32	37.53	1550m:	19:12.47	37.42			
100m:	1:10.40	35.84	600m:	7:22.33	37.34	1100m:	13:35.82	37.50	1600m:	19:50.17	37.70			
150m:	1:47.16	36.76	650m:	7:59.03	36.70	1150m:	14:13.09	37.27	1650m:	20:27.74	37.57			
200m:	2:24.21	37.05	700m:	8:36.10	37.07	1200m:	14:50.60	37.51	1700m:	21:05.19	37.45			
250m:	3:01.63	37.42	750m:	9:13.26	37.16	1250m:	15:27.37	36.77	1750m:	21:42.96	37.77			
300m:	3:38.98	37.35	800m:	9:50.78	37.52	1300m:	16:04.47	37.10	1800m:	22:20.11	37.15			
350m:	4:16.72	37.74	850m:	10:28.23	37.45	1350m:	16:41.55	37.08	1850m:	22:56.21	36.10			
400m:	4:53.95	37.23	900m:	11:05.67	37.44	1400m:	17:18.89	37.34	1900m:	23:32.51	36.30			
450m:	5:30.94	36.99	950m:	11:43.26	37.59	1450m:	17:56.77	37.88	1950m:	24:08.25	35.74			
500m:	6:07.96	37.02	1000m:	12:20.79	37.53	1500m:	18:35.05	38.28	2000m:	24:40.70	32.45			
14. MARTÍN MUÑOZ, Aitor	09		C.N. Badia										24:56.29	3,00
50m:	35.99	35.99	550m:	6:46.82	37.13	1050m:	13:04.34	37.85	1550m:	19:22.75	41.18			
100m:	1:12.34	36.35	600m:	7:24.44	37.62	1100m:	13:42.53	38.19	1600m:	20:00.58	37.83			
150m:	1:49.00	36.66	650m:	8:01.77	37.33	1150m:	14:20.51	37.98	1650m:	20:38.27	37.69			
200m:	2:26.02	37.02	700m:	8:39.26	37.49	1200m:	14:58.55	38.04	1700m:	21:15.71	37.44			
250m:	3:03.16	37.14	750m:	9:17.17	37.91	1250m:	15:36.14	37.59	1750m:	21:53.06	37.35			
300m:	3:40.44	37.28	800m:	9:55.09	37.92	1300m:	16:13.72	37.58	1800m:	22:30.31	37.25			
350m:	4:17.62	37.18	850m:	10:32.94	37.85	1350m:	16:51.32	37.60	1850m:	23:07.99	37.68			
400m:	4:55.15	37.53	900m:	11:10.90	37.96	1400m:	17:28.85	37.53	1900m:	23:45.51	37.52			
450m:	5:32.61	37.46	950m:	11:48.49	37.59	1450m:	18:06.99	38.14	1950m:	24:22.42	36.91			
500m:	6:09.69	37.08	1000m:	12:26.49	38.00	1500m:	18:41.57	34.58	2000m:	24:56.29	33.87			
15. CAMPRUBI CROSAS, Joan	09		Torelló C.A.N.										25:14.47	2,00
50m:	34.82	34.82	550m:	6:45.38	37.01	1050m:	12:56.98	37.97	1550m:	19:12.86	38.47			
100m:	1:10.97	36.15	600m:	7:22.56	37.18	1100m:	13:34.17	37.19	1600m:	19:51.25	38.39			
150m:	1:47.82	36.85	650m:	7:59.22	36.66	1150m:	14:11.06	36.89	1650m:	20:29.92	38.67			
200m:	2:24.93	37.11	700m:	8:36.40	37.18	1200m:	14:48.27	37.21	1700m:	21:09.33	39.41			
250m:	3:02.42	37.49	750m:	9:13.71	37.31	1250m:	15:25.25	36.98	1750m:	21:48.95	39.62			
300m:	3:39.63	37.21	800m:	9:50.71	37.00	1300m:	16:02.87	37.62	1800m:	22:29.04	40.09			
350m:	4:17.30	37.67	850m:	10:28.22	37.51	1350m:	16:40.75	37.88	1850m:	23:09.96	40.92			
400m:	4:54.14	36.84	900m:	11:05.05	36.83	1400m:	17:18.29	37.54	1900m:	23:51.61	41.65			
450m:	5:32.47	38.33	950m:	11:42.21	37.16	1450m:	17:56.58	38.29	1950m:	24:32.78	41.17			
500m:	6:08.37	35.90	1000m:	12:19.01	36.80	1500m:	18:34.39	37.81	2000m:	25:14.47	41.69			

Prova 2, Masc., 2000m Lliure, Infantil Fons Indoor

Classificació	ANY										Temps	
16.	NOSÀS HERNANDO, Martí										25:22.26	1,00
	50m:	35.36	35.36	550m:	6:50.48	38.15	1050m:	13:13.22	38.31	1550m:	19:01.08	19.50
	100m:	1:10.79	35.43	600m:	7:28.99	38.51	1100m:	13:51.54	38.32	1600m:	19:39.76	38.68
	150m:	1:48.20	37.41	650m:	8:06.82	37.83	1150m:	14:30.33	38.79	1650m:	20:18.92	39.16
	200m:	2:25.62	37.42	700m:	8:45.26	38.44	1200m:	15:09.36	39.03	1700m:	20:57.73	38.81
	250m:	3:02.79	37.17	750m:	9:23.49	38.23	1250m:	15:48.04	38.68	1750m:	21:36.37	38.64
	300m:	3:40.70	37.91	800m:	10:01.80	38.31	1300m:	16:26.33	38.29	1800m:	22:14.89	38.52
	350m:	4:18.20	37.50	850m:	10:40.50	38.70	1350m:	17:05.32	38.99	1850m:	22:53.79	38.90
	400m:	4:55.91	37.71	900m:	11:18.74	38.24	1400m:	17:43.95	38.63	1900m:	23:32.89	39.10
	450m:	5:34.28	38.37	950m:	11:56.88	38.14	1450m:	18:22.54	38.59	2000m:	25:22.26	1:49.37
	500m:	6:12.33	38.05	1000m:	12:34.91	38.03	1500m:	18:41.58	19.04			

Prova 3
 18/11/2023

Fem., 3000m Lliure

 Absolut, Júnior 2 i Júnior 1
 Resultats

MMC Open	31:58.86	, Mireia Belmonte Garcia	Sevilla	11/1/2014
MMC 17	33:11.46	, Claudia Dasca Romeu	Sabadell	22/1/2011
MMC 16	34:13.78	, Laura Rodriguez Cao	Banyoles	30/11/2014
MMC 15	35:19.63	, Lucia Gonzalez Nuez	SABADELL	3/12/2021

Classificació

ANY

Temps

Júnior 1 Fons Indoor

1. COLL MARTI, Júlia		07	C.N. Olot		34:53.37	19,00					
50m:	32.96	32.96	800m:	9:14.98	35.72	1550m:	18:00.44	35.19	2300m:	26:45.89	35.11
100m:	1:06.44	33.48	850m:	9:50.31	35.33	1600m:	18:35.61	35.17	2350m:	27:21.01	35.12
150m:	1:40.99	34.55	900m:	10:24.89	34.58	1650m:	19:10.84	35.23	2400m:	27:56.10	35.09
200m:	2:15.66	34.67	950m:	10:59.32	34.43	1700m:	19:45.37	34.53	2450m:	28:31.03	34.93
250m:	2:50.25	34.59	1000m:	11:34.28	34.96	1750m:	20:20.17	34.80	2500m:	29:06.85	35.82
300m:	3:25.01	34.76	1050m:	12:09.62	35.34	1800m:	20:55.34	35.17	2550m:	29:42.39	35.54
350m:	3:59.65	34.64	1100m:	12:44.83	35.21	1850m:	21:30.74	35.40	2600m:	30:17.99	35.60
400m:	4:34.23	34.58	1150m:	13:19.93	35.10	1900m:	22:05.28	34.54	2650m:	30:53.33	35.34
450m:	5:09.33	35.10	1200m:	13:55.22	35.29	1950m:	22:39.32	34.04	2700m:	31:28.00	34.67
500m:	5:44.57	35.24	1250m:	14:30.22	35.00	2000m:	23:14.43	35.11	2750m:	32:03.32	35.32
550m:	6:19.52	34.95	1300m:	15:05.24	35.02	2050m:	23:49.26	34.83	2800m:	32:38.47	35.15
600m:	6:54.56	35.04	1350m:	15:39.95	34.71	2100m:	24:24.64	35.38	2850m:	33:13.30	34.83
650m:	7:29.33	34.77	1400m:	16:15.38	35.43	2150m:	25:00.17	35.53	2900m:	33:47.24	33.94
700m:	8:04.28	34.95	1450m:	16:50.58	35.20	2200m:	25:35.41	35.24	2950m:	34:21.33	34.09
750m:	8:39.26	34.98	1500m:	17:25.25	34.67	2250m:	26:10.78	35.37	3000m:	34:53.37	32.04
2. LLORACH FUSTES, Martina		08	C.N. Igualada		35:31.41	16,00					
50m:	33.60	33.60	800m:	9:16.15	34.28	1550m:	18:06.87	35.73	2300m:	27:09.52	36.09
100m:	1:08.32	34.72	850m:	9:50.59	34.44	1600m:	18:43.29	36.42	2350m:	27:46.29	36.77
150m:	1:43.04	34.72	900m:	10:25.36	34.77	1650m:	19:19.41	36.12	2400m:	28:22.44	36.15
200m:	2:17.68	34.64	950m:	10:59.91	34.55	1700m:	19:55.76	36.35	2450m:	28:58.88	36.44
250m:	2:52.31	34.63	1000m:	11:34.98	35.07	1750m:	20:31.68	35.92	2500m:	29:35.73	36.85
300m:	3:27.30	34.99	1050m:	12:09.94	34.96	1800m:	21:07.91	36.23	2550m:	30:11.33	35.60
350m:	4:02.12	34.82	1100m:	12:45.00	35.06	1850m:	21:43.68	35.77	2600m:	30:47.05	35.72
400m:	4:37.10	34.98	1150m:	13:20.50	35.50	1900m:	22:20.87	37.19	2650m:	31:23.08	36.03
450m:	5:11.91	34.81	1200m:	13:56.05	35.55	1950m:	22:56.77	35.90	2700m:	31:59.10	36.02
500m:	5:46.75	34.84	1250m:	14:31.83	35.78	2000m:	23:33.09	36.32	2750m:	32:34.85	35.75
550m:	6:21.83	35.08	1300m:	15:07.98	36.15	2050m:	24:08.89	35.80	2800m:	33:10.71	35.86
600m:	6:56.87	35.04	1350m:	15:43.41	35.43	2100m:	24:45.29	36.40	2850m:	33:46.46	35.75
650m:	7:32.05	35.18	1400m:	16:19.14	35.73	2150m:	25:21.09	35.80	2900m:	34:22.04	35.58
700m:	8:07.17	35.12	1450m:	16:55.09	35.95	2200m:	25:56.89	35.80	2950m:	34:57.40	35.36
750m:	8:41.87	34.70	1500m:	17:31.14	36.05	2250m:	26:33.43	36.54	3000m:	35:31.41	34.01
3. OLIVEIRA LARA, Carolina		07	C.N. Sabadell		35:33.77	14,00					
50m:	33.28	33.28	800m:	9:25.27	35.35	1550m:	18:20.83	35.29	2300m:	27:20.01	35.62
100m:	1:07.94	34.66	850m:	10:00.56	35.29	1600m:	18:56.59	35.76	2350m:	27:56.12	36.11
150m:	1:43.34	35.40	900m:	10:36.30	35.74	1650m:	19:32.75	36.16	2400m:	28:31.85	35.73
200m:	2:19.11	35.77	950m:	11:12.06	35.76	1700m:	20:08.66	35.91	2450m:	29:07.55	35.70
250m:	2:54.60	35.49	1000m:	11:47.71	35.65	1750m:	20:44.58	35.92	2500m:	29:43.53	35.98
300m:	3:30.15	35.55	1050m:	12:23.08	35.37	1800m:	21:20.56	35.98	2550m:	30:19.24	35.71
350m:	4:05.92	35.77	1100m:	12:58.89	35.81	1850m:	21:56.88	36.32	2600m:	30:54.71	35.47
400m:	4:41.84	35.92	1150m:	13:34.99	36.10	1900m:	22:32.92	36.04	2650m:	31:30.20	35.49
450m:	5:17.32	35.48	1200m:	14:10.83	35.84	1950m:	23:09.45	36.53	2700m:	32:06.30	36.10
500m:	5:53.07	35.75	1250m:	14:46.69	35.86	2000m:	23:45.60	36.15	2750m:	32:41.71	35.41
550m:	6:28.52	35.45	1300m:	15:22.42	35.73	2050m:	24:21.46	35.86	2800m:	33:17.28	35.57
600m:	7:04.32	35.80	1350m:	15:58.26	35.84	2100m:	24:57.19	35.73	2850m:	33:51.69	34.41
650m:	7:39.39	35.07	1400m:	16:33.95	35.69	2150m:	25:32.98	35.79	2900m:	34:26.22	34.53
700m:	8:14.55	35.16	1450m:	17:09.84	35.89	2200m:	26:08.59	35.61	2950m:	35:00.47	34.25
750m:	8:49.92	35.37	1500m:	17:45.54	35.70	2250m:	26:44.39	35.80	3000m:	35:33.77	33.30

Prova 3, Fem., 3000m Lliure, Júnior 1 Fons Indoor

Classificació	ANY		Temps	
4. HUERTAS FERRE, Maria	07	C.N. Tarraco	36:00.53	13,00
50m: 33.29 33.29	800m: 9:24.31 36.04	1550m: 18:28.13 36.49	2300m: 27:37.12 36.31	
100m: 1:07.95 34.66	850m: 10:00.52 36.21	1600m: 19:04.65 36.52	2350m: 28:13.84 36.72	
150m: 1:43.22 35.27	900m: 10:36.02 35.50	1650m: 19:40.97 36.32	2400m: 28:49.99 36.15	
200m: 2:18.34 35.12	950m: 11:11.41 35.39	1700m: 20:17.37 36.40	2450m: 29:26.29 36.30	
250m: 2:53.69 35.35	1000m: 11:47.53 36.12	1750m: 20:54.14 36.77	2500m: 30:02.37 36.08	
300m: 3:28.97 35.28	1050m: 12:23.01 35.48	1800m: 21:30.55 36.41	2550m: 30:38.77 36.40	
350m: 4:03.19 34.22	1100m: 12:59.49 36.48	1850m: 22:07.55 37.00	2600m: 31:15.40 36.63	
400m: 4:38.20 35.01	1150m: 13:36.17 36.68	1900m: 22:44.27 36.72	2650m: 31:51.98 36.58	
450m: 5:13.72 35.52	1200m: 14:12.52 36.35	1950m: 23:21.32 37.05	2700m: 32:28.65 36.67	
500m: 5:49.60 35.88	1250m: 14:48.79 36.27	2000m: 23:57.82 36.50	2750m: 33:04.75 36.10	
550m: 6:25.17 35.57	1300m: 15:25.52 36.73	2050m: 24:34.41 36.59	2800m: 33:40.74 35.99	
600m: 7:00.77 35.60	1350m: 16:01.68 36.16	2100m: 25:11.11 36.70	2850m: 34:16.88 36.14	
650m: 7:37.00 36.23	1400m: 16:38.16 36.48	2150m: 25:47.75 36.64	2900m: 34:52.72 35.84	
700m: 8:12.40 35.40	1450m: 17:14.85 36.69	2200m: 26:24.37 36.62	2950m: 35:26.69 33.97	
750m: 8:48.27 35.87	1500m: 17:51.64 36.79	2250m: 27:00.81 36.44	3000m: 36:00.53 33.84	
5. SUÑÉ PALACIOS, Auria	08	C.N. Navàs	37:38.46	12,00
50m: 32.97 32.97	800m: 9:34.01 37.00	1550m: 19:02.26 38.01	2300m: 28:45.11 39.54	
100m: 1:08.19 35.22	850m: 10:11.31 37.30	1600m: 19:40.91 38.65	2350m: 29:24.41 39.30	
150m: 1:43.61 35.42	900m: 10:48.91 37.60	1650m: 20:19.17 38.26	2400m: 30:03.07 38.66	
200m: 2:18.91 35.30	950m: 11:26.55 37.64	1700m: 20:58.69 39.52	2450m: 30:41.84 38.77	
250m: 2:54.44 35.53	1000m: 12:04.27 37.72	1750m: 21:37.34 38.65	2500m: 31:20.61 38.77	
300m: 3:30.17 35.73	1050m: 12:41.67 37.40	1800m: 22:16.27 38.93	2550m: 31:59.20 38.59	
350m: 4:05.65 35.48	1100m: 13:19.32 37.65	1850m: 22:55.00 38.73	2600m: 32:37.63 38.43	
400m: 4:41.74 36.09	1150m: 13:56.76 37.44	1900m: 23:33.69 38.69	2650m: 33:16.43 38.80	
450m: 5:17.27 35.53	1200m: 14:34.64 37.88	1950m: 24:12.56 38.87	2700m: 33:54.36 37.93	
500m: 5:53.29 36.02	1250m: 15:12.38 37.74	2000m: 24:51.66 39.10	2750m: 34:32.25 37.89	
550m: 6:29.75 36.46	1300m: 15:50.90 38.52	2050m: 25:30.47 38.81	2800m: 35:09.81 37.56	
600m: 7:06.58 36.83	1350m: 16:28.96 38.06	2100m: 26:08.66 38.19	2850m: 35:47.57 37.76	
650m: 7:43.42 36.84	1400m: 17:07.37 38.41	2150m: 26:47.61 38.95	2900m: 36:24.61 37.04	
700m: 8:20.22 36.80	1450m: 17:45.82 38.45	2200m: 27:26.42 38.81	2950m: 37:02.40 37.79	
750m: 8:57.01 36.79	1500m: 18:24.25 38.43	2250m: 28:05.57 39.15	3000m: 37:38.46 36.06	
6. GIFREU MATILLÓ, Núria	08	C.N. Olot	37:40.47	11,00
50m: 34.68 34.68	800m: 9:54.20 37.41	1550m: 19:22.29 38.25	2300m: 28:55.63 38.01	
100m: 1:10.90 36.22	850m: 10:31.81 37.61	1600m: 20:00.33 38.04	2350m: 29:33.59 37.96	
150m: 1:47.69 36.79	900m: 11:09.57 37.76	1650m: 20:38.59 38.26	2400m: 30:11.42 37.83	
200m: 2:24.80 37.11	950m: 11:47.21 37.64	1700m: 21:16.86 38.27	2450m: 30:49.25 37.83	
250m: 3:01.93 37.13	1000m: 12:25.07 37.86	1750m: 21:55.10 38.24	2500m: 31:27.18 37.93	
300m: 3:38.95 37.02	1050m: 13:02.72 37.65	1800m: 22:33.29 38.19	2550m: 32:04.90 37.72	
350m: 4:16.31 37.36	1100m: 13:40.35 37.63	1850m: 23:11.88 38.59	2600m: 32:42.80 37.90	
400m: 4:53.53 37.22	1150m: 14:17.98 37.63	1900m: 23:50.08 38.20	2650m: 33:20.66 37.86	
450m: 5:30.68 37.15	1200m: 14:55.63 37.65	1950m: 24:27.98 37.90	2700m: 33:58.76 38.10	
500m: 6:08.01 37.33	1250m: 15:33.65 38.02	2000m: 25:06.31 38.33	2750m: 34:36.63 37.87	
550m: 6:45.51 37.50	1300m: 16:11.53 37.88	2050m: 25:44.30 37.99	2800m: 35:14.07 37.44	
600m: 7:23.28 37.77	1350m: 16:49.35 37.82	2100m: 26:22.71 38.41	2850m: 35:51.21 37.14	
650m: 8:01.12 37.84	1400m: 17:27.58 38.23	2150m: 27:00.61 37.90	2900m: 36:28.32 37.11	
700m: 8:38.90 37.78	1450m: 18:05.77 38.19	2200m: 27:39.31 38.70	2950m: 37:04.75 36.43	
750m: 9:16.79 37.89	1500m: 18:44.04 38.27	2250m: 28:17.62 38.31	3000m: 37:40.47 35.72	
7. BUSQUETS DOMÈNECH, Mar	07	C.N. Olot	37:52.43	10,00
50m: 34.97 34.97	750m: 9:16.81 37.81	1450m: 18:12.66 38.55	2150m: 27:03.86 37.31	
100m: 1:10.83 35.86	800m: 9:55.15 38.34	1500m: 18:51.48 38.82	2200m: 27:42.21 38.35	
150m: 1:47.61 36.78	850m: 10:32.98 37.83	1550m: 19:29.55 38.07	2250m: 28:20.35 38.14	
200m: 2:24.09 36.48	900m: 11:10.97 37.99	1600m: 20:06.16 36.61	2300m: 28:58.96 38.61	
250m: 3:01.27 37.18	950m: 11:48.92 37.95	1650m: 20:44.58 38.42	2350m: 29:37.87 38.91	
300m: 3:38.59 37.32	1000m: 12:26.93 38.01	1700m: 21:22.65 38.07	2400m: 30:16.52 38.65	
350m: 4:16.57 37.98	1050m: 13:05.54 38.61	1750m: 22:00.57 37.92	2450m: 30:55.60 39.08	
400m: 4:54.65 38.08	1100m: 13:43.76 38.22	1800m: 22:38.48 37.91	2500m: 31:34.49 38.89	
450m: 5:32.21 37.56	1150m: 14:22.56 38.80	1850m: 23:15.90 37.42	2550m: 32:13.88 39.39	
500m: 6:10.19 37.98	1200m: 15:00.91 38.35	1900m: 23:53.02 37.12	2600m: 32:52.42 38.54	
550m: 6:46.99 36.80	1250m: 15:39.24 38.33	1950m: 24:31.51 38.49	2650m: 33:30.62 38.20	
600m: 7:24.53 37.54	1300m: 16:17.43 38.19	2000m: 25:09.82 38.31	2700m: 34:08.32 37.70	
650m: 8:01.65 37.12	1350m: 16:55.37 37.94	2050m: 25:48.23 38.41	2750m: 34:46.68 38.36	
700m: 8:39.00 37.35	1400m: 17:34.11 38.74	2100m: 26:26.55 38.32	2800m: 35:24.66 37.98	

Piscina 25m / Cronometratge Semi-automàtic

Prova 3, Fem., 3000m Lliure, Júnior 1 Fons Indoor

Classificació	ANY				Temps						
	2850m: 36:02.15	37.49	2900m: 36:40.19	38.04	2950m: 37:16.55	36.36	3000m: 37:52.43	35.88			
8. BRAVO GARCIA, Daniela	08 C.N. Sabadell				38:00.84 9,00						
50m:	35.03	35.03	800m:	9:52.66	37.78	1550m:	19:24.22	38.80	2300m:	29:01.48	38.64
100m:	1:11.32	36.29	850m:	10:30.46	37.80	1600m:	20:02.77	38.55	2350m:	29:40.61	39.13
150m:	1:48.28	36.96	900m:	11:08.52	38.06	1650m:	20:41.64	38.87	2400m:	30:20.07	39.46
200m:	2:25.32	37.04	950m:	11:46.46	37.94	1700m:	21:20.45	38.81	2450m:	30:59.13	39.06
250m:	3:02.17	36.85	1000m:	12:24.06	37.60	1750m:	21:58.51	38.06	2500m:	31:38.87	39.74
300m:	3:39.27	37.10	1050m:	13:02.19	38.13	1800m:	22:36.75	38.24	2550m:	32:17.94	39.07
350m:	4:16.79	37.52	1100m:	13:40.08	37.89	1850m:	23:14.96	38.21	2600m:	32:56.84	38.90
400m:	4:54.23	37.44	1150m:	14:17.70	37.62	1900m:	23:53.46	38.50	2650m:	33:36.16	39.32
450m:	5:32.14	37.91	1200m:	14:55.15	37.45	1950m:	24:31.82	38.36	2700m:	34:14.65	38.49
500m:	6:09.85	37.71	1250m:	15:33.29	38.14	2000m:	25:10.92	39.10	2750m:	34:53.05	38.40
550m:	6:46.63	36.78	1300m:	16:11.76	38.47	2050m:	25:49.36	38.44	2800m:	35:31.69	38.64
600m:	7:23.74	37.11	1350m:	16:50.11	38.35	2100m:	26:26.97	37.61	2850m:	36:09.47	37.78
650m:	8:00.75	37.01	1400m:	17:28.25	38.14	2150m:	27:05.62	38.65	2900m:	36:46.88	37.41
700m:	8:37.73	36.98	1450m:	18:06.87	38.62	2200m:	27:44.47	38.85	2950m:	37:24.63	37.75
750m:	9:14.88	37.15	1500m:	18:45.42	38.55	2250m:	28:22.84	38.37	3000m:	38:00.84	36.21
9. VIDAL MERINO, Julia	07 C.N. Granollers				38:11.25 8,00						
50m:	35.27	35.27	800m:	9:59.35	37.78	1550m:	19:35.55	38.75	2300m:	29:13.30	38.18
100m:	1:11.64	36.37	850m:	10:36.61	37.26	1600m:	20:14.37	38.82	2350m:	29:52.27	38.97
150m:	1:48.23	36.59	900m:	11:14.31	37.70	1650m:	20:52.74	38.37	2400m:	30:30.55	38.28
200m:	2:25.42	37.19	950m:	11:52.72	38.41	1700m:	21:30.84	38.10	2450m:	31:09.22	38.67
250m:	3:03.05	37.63	1000m:	12:31.11	38.39	1750m:	22:10.03	39.19	2500m:	31:47.60	38.38
300m:	3:40.61	37.56	1050m:	13:09.80	38.69	1800m:	22:48.57	38.54	2550m:	32:26.92	39.32
350m:	4:18.47	37.86	1100m:	13:48.30	38.50	1850m:	23:27.26	38.69	2600m:	33:05.79	38.87
400m:	4:56.82	38.35	1150m:	14:26.88	38.58	1900m:	24:05.81	38.55	2650m:	33:44.20	38.41
450m:	5:34.73	37.91	1200m:	15:05.14	38.26	1950m:	24:44.03	38.22	2700m:	34:22.33	38.13
500m:	6:12.21	37.48	1250m:	15:43.51	38.37	2000m:	25:22.11	38.08	2750m:	35:00.47	38.14
550m:	6:50.20	37.99	1300m:	16:22.03	38.52	2050m:	26:01.32	39.21	2800m:	35:38.80	38.33
600m:	7:28.16	37.96	1350m:	17:00.60	38.57	2100m:	26:39.39	38.07	2850m:	36:17.44	38.64
650m:	8:06.01	37.85	1400m:	17:39.39	38.79	2150m:	27:17.94	38.55	2900m:	36:55.78	38.34
700m:	8:43.50	37.49	1450m:	18:18.09	38.70	2200m:	27:56.53	38.59	2950m:	37:33.57	37.79
750m:	9:21.57	38.07	1500m:	18:56.80	38.71	2250m:	28:35.12	38.59	3000m:	38:11.25	37.68
10. HERRERA CASTILLON, Alba	07 C.N. Premià				38:14.24 7,00						
50m:	35.32	35.32	800m:	10:01.39	37.98	1550m:	19:34.72	38.51	2300m:	29:12.64	39.03
100m:	1:12.01	36.69	850m:	10:39.37	37.98	1600m:	20:13.20	38.48	2350m:	29:50.84	38.20
150m:	1:49.20	37.19	900m:	11:17.35	37.98	1650m:	20:51.34	38.14	2400m:	30:29.51	38.67
200m:	2:26.81	37.61	950m:	11:55.28	37.93	1700m:	21:29.76	38.42	2450m:	31:08.26	38.75
250m:	3:04.61	37.80	1000m:	12:33.36	38.08	1750m:	22:08.65	38.89	2500m:	31:47.09	38.83
300m:	3:42.66	38.05	1050m:	13:11.32	37.96	1800m:	22:46.91	38.26	2550m:	32:26.22	39.13
350m:	4:20.39	37.73	1100m:	13:49.48	38.16	1850m:	23:25.39	38.48	2600m:	33:04.92	38.70
400m:	4:58.10	37.71	1150m:	14:27.54	38.06	1900m:	24:04.14	38.75	2650m:	33:44.03	39.11
450m:	5:35.85	37.75	1200m:	15:06.19	38.65	1950m:	24:42.82	38.68	2700m:	34:23.24	39.21
500m:	6:13.91	38.06	1250m:	15:44.48	38.29	2000m:	25:21.34	38.52	2750m:	35:02.29	39.05
550m:	6:51.84	37.93	1300m:	16:22.70	38.22	2050m:	25:59.69	38.35	2800m:	35:41.39	39.10
600m:	7:29.70	37.86	1350m:	17:01.14	38.44	2100m:	26:38.04	38.35	2850m:	36:19.98	38.59
650m:	8:07.57	37.87	1400m:	17:39.41	38.27	2150m:	27:16.48	38.44	2900m:	36:58.36	38.38
700m:	8:45.47	37.90	1450m:	18:17.76	38.35	2200m:	27:55.15	38.67	2950m:	37:36.70	38.34
750m:	9:23.41	37.94	1500m:	18:56.21	38.45	2250m:	28:33.61	38.46	3000m:	38:14.24	37.54
11. AMOR HERNANDEZ, Avril	08 C.E. Mediterrani				38:17.74 6,00						
50m:	34.09	34.09	650m:	8:05.36	38.22	1250m:	15:45.30	38.51	1850m:	23:31.92	40.27
100m:	1:10.49	36.40	700m:	8:43.42	38.06	1300m:	16:24.17	38.87	1900m:	24:10.04	38.12
150m:	1:47.46	36.97	750m:	9:21.82	38.40	1350m:	17:02.20	38.03	1950m:	24:48.94	38.90
200m:	2:24.97	37.51	800m:	10:00.46	38.64	1400m:	17:41.54	39.34	2000m:	25:28.47	39.53
250m:	3:02.52	37.55	850m:	10:37.99	37.53	1450m:	18:20.36	38.82	2050m:	26:07.62	39.15
300m:	3:40.55	38.03	900m:	11:16.77	38.78	1500m:	18:58.12	37.76	2100m:	26:46.54	38.92
350m:	4:18.93	38.38	950m:	11:54.51	37.74	1550m:	19:36.83	38.71	2150m:	27:25.83	39.29
400m:	4:56.05	37.12	1000m:	12:32.85	38.34	1600m:	20:15.96	39.13	2200m:	28:05.16	39.33
450m:	5:33.93	37.88	1050m:	13:11.27	38.42	1650m:	20:54.80	38.84	2250m:	28:43.99	38.83
500m:	6:11.68	37.75	1100m:	13:49.80	38.53	1700m:	21:34.06	39.26	2300m:	29:23.78	39.79
550m:	6:49.25	37.57	1150m:	14:28.81	39.01	1750m:	22:12.59	38.53	2350m:	30:02.77	38.99
600m:	7:27.14	37.89	1200m:	15:06.79	37.98	1800m:	22:51.65	39.06	2400m:	30:40.86	38.09

Piscina 25m / Cronometratge Semi-automàtic

Splash Meet Manager, 11.77934

Registered to Catalunya

21/11/2023 9:47 - Pàgina 11

Sponsor



Sponsor Institucional


 Generalitat
 de Catalunya


esportcat

Certificacions



Prova 3, Fem., 3000m Lliure, Júnior 1 Fons Indoor

Classificació	ANY				Temps						
2450m:	31:20.23	39.37	2600m:	33:15.97	37.48	2750m:	35:10.72	38.17	2900m:	37:04.74	37.53
2500m:	31:58.91	38.68	2650m:	33:54.30	38.33	2800m:	35:48.84	38.12	2950m:	37:42.48	37.74
2550m:	32:38.49	39.58	2700m:	34:32.55	38.25	2850m:	36:27.21	38.37	3000m:	38:17.74	35.26
12. MANGAS JIMENEZ, Claudia			08			C.N. Granollers			39:12.25		5,00
50m:	36.79	36.79	800m:	10:06.80	37.92	1550m:	19:47.13	39.12	2300m:	29:48.45	41.83
100m:	1:14.14	37.35	850m:	10:44.95	38.15	1600m:	20:26.31	39.18	2350m:	30:29.25	40.80
150m:	1:51.27	37.13	900m:	11:22.88	37.93	1650m:	21:05.29	38.98	2400m:	31:09.43	40.18
200m:	2:28.85	37.58	950m:	12:01.29	38.41	1700m:	21:45.25	39.96	2450m:	31:50.45	41.02
250m:	3:06.86	38.01	1000m:	12:39.74	38.45	1750m:	22:24.86	39.61	2500m:	32:31.79	41.34
300m:	3:45.00	38.14	1050m:	13:18.80	39.06	1800m:	23:04.73	39.87	2550m:	33:13.76	41.97
350m:	4:22.99	37.99	1100m:	13:57.80	39.00	1850m:	23:44.79	40.06	2600m:	33:53.25	39.49
400m:	5:01.58	38.59	1150m:	14:36.21	38.41	1900m:	24:24.48	39.69	2650m:	34:33.29	40.04
450m:	5:39.05	37.47	1200m:	15:14.97	38.76	1950m:	25:04.37	39.89	2700m:	35:13.38	40.09
500m:	6:17.36	38.31	1250m:	15:53.01	38.04	2000m:	25:44.29	39.92	2750m:	35:53.44	40.06
550m:	6:55.33	37.97	1300m:	16:31.77	38.76	2050m:	26:25.34	41.05	2800m:	36:33.84	40.40
600m:	7:33.58	38.25	1350m:	17:11.07	39.30	2100m:	27:05.24	39.90	2850m:	37:14.11	40.27
650m:	8:11.84	38.26	1400m:	17:50.51	39.44	2150m:	27:45.42	40.18	2900m:	37:54.48	40.37
700m:	8:49.94	38.10	1450m:	18:29.60	39.09	2200m:	28:25.50	40.08	2950m:	38:34.01	39.53
750m:	9:28.88	38.94	1500m:	19:08.01	38.41	2250m:	29:06.62	41.12	3000m:	39:12.25	38.24
13. BENITO CASTELLÓ, Mar			08			C.N. Lleida			39:16.72		4,00
50m:	35.99	35.99	800m:	10:07.01	38.40	1550m:	19:52.10	39.63	2300m:	29:51.96	40.08
100m:	1:13.01	37.02	850m:	10:45.80	38.79	1600m:	20:31.04	38.94	2350m:	30:32.18	40.22
150m:	1:50.65	37.64	900m:	11:24.72	38.92	1650m:	21:11.22	40.18	2400m:	31:12.67	40.49
200m:	2:28.31	37.66	950m:	12:03.66	38.94	1700m:	21:50.72	39.50	2450m:	31:53.50	40.83
250m:	3:06.50	38.19	1000m:	12:42.18	38.52	1750m:	22:31.07	40.35	2500m:	32:34.54	41.04
300m:	3:44.51	38.01	1050m:	13:20.53	38.35	1800m:	23:11.09	40.02	2550m:	33:15.25	40.71
350m:	4:22.95	38.44	1100m:	13:59.12	38.59	1850m:	23:51.06	39.97	2600m:	33:55.21	39.96
400m:	5:01.52	38.57	1150m:	14:37.59	38.47	1900m:	24:30.77	39.71	2650m:	34:35.24	40.03
450m:	5:40.39	38.87	1200m:	15:16.83	39.24	1950m:	25:10.38	39.61	2700m:	35:15.36	40.12
500m:	6:18.57	38.18	1250m:	15:55.80	38.97	2000m:	25:50.07	39.69	2750m:	35:55.68	40.32
550m:	6:56.61	38.04	1300m:	16:35.01	39.21	2050m:	26:30.28	40.21	2800m:	36:36.01	40.33
600m:	7:34.18	37.57	1350m:	17:14.29	39.28	2100m:	27:10.81	40.53	2850m:	37:16.43	40.42
650m:	8:12.26	38.08	1400m:	17:54.01	39.72	2150m:	27:50.91	40.10	2900m:	37:57.10	40.67
700m:	8:50.18	37.92	1450m:	18:33.47	39.46	2200m:	28:31.48	40.57	2950m:	38:37.12	40.02
750m:	9:28.61	38.43	1500m:	19:12.47	39.00	2250m:	29:11.88	40.40	3000m:	39:16.72	39.60
14. MARTIN SUSIN, Berta			08			C.N. L'Hospitalet			39:25.55		3,00
50m:	36.45	36.45	800m:	10:18.69	39.64	1550m:	20:13.28	39.55	2300m:	30:11.38	40.71
100m:	1:14.56	38.11	850m:	10:56.44	37.75	1600m:	20:52.97	39.69	2350m:	30:51.85	40.47
150m:	1:52.09	37.53	900m:	11:35.54	39.10	1650m:	21:32.65	39.68	2400m:	31:31.71	39.86
200m:	2:29.88	37.79	950m:	12:15.40	39.86	1700m:	22:13.08	40.43	2450m:	32:09.34	37.63
250m:	3:08.75	38.87	1000m:	12:55.82	40.42	1750m:	22:53.35	40.27	2500m:	32:48.78	39.44
300m:	3:47.51	38.76	1050m:	13:35.76	39.94	1800m:	23:33.89	40.54	2550m:	33:29.02	40.24
350m:	4:26.68	39.17	1100m:	14:15.09	39.33	1850m:	24:13.78	39.89	2600m:	34:09.49	40.47
400m:	5:04.08	37.40	1150m:	14:55.04	39.95	1900m:	24:53.47	39.69	2650m:	34:49.71	40.22
450m:	5:43.04	38.96	1200m:	15:35.53	40.49	1950m:	25:30.77	37.30	2700m:	35:30.07	40.36
500m:	6:22.36	39.32	1250m:	16:16.24	40.71	2000m:	26:10.41	39.64	2750m:	36:09.98	39.91
550m:	7:01.22	38.86	1300m:	16:56.56	40.32	2050m:	26:50.57	40.16	2800m:	36:48.39	38.41
600m:	7:40.33	39.11	1350m:	17:34.87	38.31	2100m:	27:30.22	39.65	2850m:	37:28.06	39.67
650m:	8:19.93	39.60	1400m:	18:13.11	38.24	2150m:	28:10.57	40.35	2900m:	38:07.25	39.19
700m:	8:59.65	39.72	1450m:	18:54.15	41.04	2200m:	28:50.70	40.13	2950m:	38:46.43	39.18
750m:	9:39.05	39.40	1500m:	19:33.73	39.58	2250m:	29:30.67	39.97	3000m:	39:25.55	39.12
15. PRUNES ARNAU, Jana			07			C.N. Mataró			39:30.73		2,00
50m:	35.94	35.94	550m:	6:59.42	38.67	1050m:	13:35.20	39.72	1550m:	20:14.20	39.78
100m:	1:12.71	36.77	600m:	7:38.46	39.04	1100m:	14:15.02	39.82	1600m:	20:54.01	39.81
150m:	1:50.61	37.90	650m:	8:17.75	39.29	1150m:	14:54.97	39.95	1650m:	21:33.74	39.73
200m:	2:28.55	37.94	700m:	8:57.31	39.56	1200m:	15:35.00	40.03	1700m:	22:13.45	39.71
250m:	3:06.96	38.41	750m:	9:36.73	39.42	1250m:	16:14.57	39.57	1750m:	22:53.58	40.13
300m:	3:45.47	38.51	800m:	10:16.79	40.06	1300m:	16:54.85	40.28	1800m:	23:33.60	40.02
350m:	4:23.99	38.52	850m:	10:56.57	39.78	1350m:	17:34.95	40.10	1850m:	24:13.66	40.06
400m:	5:03.02	39.03	900m:	11:36.07	39.50	1400m:	18:14.64	39.69	1900m:	24:53.56	39.90
450m:	5:41.99	38.97	950m:	12:15.69	39.62	1450m:	18:54.53	39.89	1950m:	25:34.08	40.52
500m:	6:20.75	38.76	1000m:	12:55.48	39.79	1500m:	19:34.42	39.89	2000m:	26:14.39	40.31

Prova 3, Fem., 3000m Lliure, Júnior 1 Fons Indoor

Classificació	ANY				Temps			
2050m: 26:54.21	39.82	2300m: 30:14.99	40.23	2550m: 33:36.60	40.39	2800m: 36:55.99	39.63	
2100m: 27:34.17	39.96	2350m: 30:55.26	40.27	2600m: 34:16.59	39.99	2850m: 37:35.20	39.21	
2150m: 28:14.22	40.05	2400m: 31:35.65	40.39	2650m: 34:56.67	40.08	2900m: 38:14.48	39.28	
2200m: 28:54.68	40.46	2450m: 32:16.17	40.52	2700m: 35:36.55	39.88	2950m: 38:53.40	38.92	
2250m: 29:34.76	40.08	2500m: 32:56.21	40.04	2750m: 36:16.36	39.81	3000m: 39:30.73	37.33	
16. BAUTISTA BAS, Paula		08	Torelló C.A.N.		39:54.76	1,00		
50m: 35.85	35.85	800m: 10:27.25	40.03	1550m: 20:32.65	40.21	2300m: 30:36.60	40.24	
100m: 1:14.19	38.34	850m: 11:08.12	40.87	1600m: 21:13.01	40.36	2350m: 31:17.18	40.58	
150m: 1:52.99	38.80	900m: 11:48.32	40.20	1650m: 21:53.14	40.13	2400m: 31:57.83	40.65	
200m: 2:31.76	38.77	950m: 12:28.48	40.16	1700m: 22:33.27	40.13	2450m: 32:38.49	40.66	
250m: 3:10.65	38.89	1000m: 13:08.49	40.01	1750m: 23:13.47	40.20	2500m: 33:19.23	40.74	
300m: 3:49.77	39.12	1050m: 13:48.55	40.06	1800m: 23:53.82	40.35	2550m: 33:58.91	39.68	
350m: 4:29.78	40.01	1100m: 14:29.17	40.62	1850m: 24:34.28	40.46	2600m: 34:38.97	40.06	
400m: 5:08.97	39.19	1150m: 15:09.49	40.32	1900m: 25:14.26	39.98	2650m: 35:18.87	39.90	
450m: 5:48.26	39.29	1200m: 15:49.78	40.29	1950m: 25:55.30	41.04	2700m: 35:58.81	39.94	
500m: 6:27.39	39.13	1250m: 16:30.46	40.68	2000m: 26:35.58	40.28	2750m: 36:38.34	39.53	
550m: 7:07.30	39.91	1300m: 17:10.77	40.31	2050m: 27:15.42	39.84	2800m: 37:17.77	39.43	
600m: 7:47.40	40.10	1350m: 17:51.04	40.27	2100m: 27:55.10	39.68	2850m: 37:56.72	38.95	
650m: 8:27.24	39.84	1400m: 18:31.44	40.40	2150m: 28:35.43	40.33	2900m: 38:36.28	39.56	
700m: 9:07.14	39.90	1450m: 19:11.87	40.43	2200m: 29:16.08	40.65	2950m: 39:15.42	39.14	
750m: 9:47.22	40.08	1500m: 19:52.44	40.57	2250m: 29:56.36	40.28	3000m: 39:54.76	39.34	

BX RUBIO ARROJO, Elsa 08 C.N. Figueres -

Júnior 2 Fons Indoor

1. ROCA FORTUNY, Marina	05	C.N. Barcelona	36:48.07	19,00			
50m: 34.59	34.59	800m: 9:37.28	35.96	1550m: 18:47.41	37.08	2300m: 28:07.53	37.59
100m: 1:10.12	35.53	850m: 10:13.28	36.00	1600m: 19:24.53	37.12	2350m: 28:45.14	37.61
150m: 1:46.37	36.25	900m: 10:49.57	36.29	1650m: 20:01.62	37.09	2400m: 29:22.86	37.72
200m: 2:22.71	36.34	950m: 11:26.18	36.61	1700m: 20:39.22	37.60	2450m: 30:00.91	38.05
250m: 2:58.68	35.97	1000m: 12:02.89	36.71	1750m: 21:16.51	37.29	2500m: 30:38.16	37.25
300m: 3:34.95	36.27	1050m: 12:39.28	36.39	1800m: 21:53.92	37.41	2550m: 31:16.03	37.87
350m: 4:10.99	36.04	1100m: 13:16.09	36.81	1850m: 22:31.07	37.15	2600m: 31:53.45	37.42
400m: 4:47.16	36.17	1150m: 13:52.74	36.65	1900m: 23:08.06	36.99	2650m: 32:30.81	37.36
450m: 5:23.36	36.20	1200m: 14:29.30	36.56	1950m: 23:45.42	37.36	2700m: 33:08.15	37.34
500m: 5:59.94	36.58	1250m: 15:06.10	36.80	2000m: 24:22.81	37.39	2750m: 33:45.48	37.33
550m: 6:36.35	36.41	1300m: 15:42.67	36.57	2050m: 25:00.47	37.66	2800m: 34:22.46	36.98
600m: 7:12.69	36.34	1350m: 16:19.54	36.87	2100m: 25:37.86	37.39	2850m: 34:59.31	36.85
650m: 7:48.97	36.28	1400m: 16:56.51	36.97	2150m: 26:15.12	37.26	2900m: 35:36.24	36.93
700m: 8:24.99	36.02	1450m: 17:33.42	36.91	2200m: 26:52.67	37.55	2950m: 36:12.72	36.48
750m: 9:01.32	36.33	1500m: 18:10.33	36.91	2250m: 27:29.94	37.27	3000m: 36:48.07	35.35
2. VARET CANO, Audrey	06	C.N. L'Hospitalet	37:36.93	16,00			
50m: 33.84	33.84	800m: 9:43.08	37.14	1550m: 19:08.95	38.31	2300m: 28:48.53	38.39
100m: 1:09.07	35.23	850m: 10:20.04	36.96	1600m: 19:47.48	38.53	2350m: 29:27.20	38.67
150m: 1:45.17	36.10	900m: 10:57.23	37.19	1650m: 20:26.07	38.59	2400m: 30:05.66	38.46
200m: 2:21.20	36.03	950m: 11:34.51	37.28	1700m: 21:05.00	38.93	2450m: 30:44.04	38.38
250m: 2:57.65	36.45	1000m: 12:11.59	37.08	1750m: 21:43.66	38.66	2500m: 31:22.40	38.36
300m: 3:34.44	36.79	1050m: 12:49.03	37.44	1800m: 22:21.92	38.26	2550m: 32:00.50	38.10
350m: 4:10.97	36.53	1100m: 13:26.63	37.60	1850m: 23:00.65	38.73	2600m: 32:38.74	38.24
400m: 4:47.62	36.65	1150m: 14:04.33	37.70	1900m: 23:39.66	39.01	2650m: 33:16.62	37.88
450m: 5:24.33	36.71	1200m: 14:41.97	37.64	1950m: 24:18.51	38.85	2700m: 33:54.42	37.80
500m: 6:01.20	36.87	1250m: 15:19.69	37.72	2000m: 24:57.10	38.59	2750m: 34:31.91	37.49
550m: 6:37.66	36.46	1300m: 15:57.79	38.10	2050m: 25:35.29	38.19	2800m: 35:09.33	37.42
600m: 7:14.59	36.93	1350m: 16:35.95	38.16	2100m: 26:14.17	38.88	2850m: 35:46.80	37.47
650m: 7:51.48	36.89	1400m: 17:13.91	37.96	2150m: 26:52.85	38.68	2900m: 36:24.32	37.52
700m: 8:28.63	37.15	1450m: 17:52.31	38.40	2200m: 27:31.49	38.64	2950m: 37:01.15	36.83
750m: 9:05.94	37.31	1500m: 18:30.64	38.33	2250m: 28:10.14	38.65	3000m: 37:36.93	35.78

Prova 3, Fem., 3000m Lliure, Júnior 2 Fons Indoor

Classificació	ANY		Temps								
3. RODRÍGUEZ SANTAULARIA, Jéssica	06	C.N. Barcelona	38:47.57	14,00							
50m:	35.78	35.78	800m:	9:58.83	38.13	1550m:	19:38.91	38.91	2300m:	29:32.10	40.15
100m:	1:11.70	35.92	850m:	10:37.21	38.38	1600m:	20:17.90	38.99	2350m:	30:11.92	39.82
150m:	1:48.37	36.67	900m:	11:15.57	38.36	1650m:	20:57.15	39.25	2400m:	30:51.60	39.68
200m:	2:25.34	36.97	950m:	11:53.92	38.35	1700m:	21:36.80	39.65	2450m:	31:31.74	40.14
250m:	3:02.06	36.72	1000m:	12:32.36	38.44	1750m:	22:16.05	39.25	2500m:	32:11.73	39.99
300m:	3:39.46	37.40	1050m:	13:10.62	38.26	1800m:	22:55.35	39.30	2550m:	32:51.42	39.69
350m:	4:16.78	37.32	1100m:	13:49.32	38.70	1850m:	23:34.93	39.58	2600m:	33:31.08	39.66
400m:	4:54.33	37.55	1150m:	14:28.19	38.87	1900m:	24:14.69	39.76	2650m:	34:11.32	40.24
450m:	5:32.25	37.92	1200m:	15:07.02	38.83	1950m:	24:54.38	39.69	2700m:	34:51.23	39.91
500m:	6:10.43	38.18	1250m:	15:45.46	38.44	2000m:	25:33.89	39.51	2750m:	35:30.96	39.73
550m:	6:48.33	37.90	1300m:	16:23.94	38.48	2050m:	26:13.43	39.54	2800m:	36:11.00	40.04
600m:	7:26.27	37.94	1350m:	17:02.57	38.63	2100m:	26:52.63	39.20	2850m:	36:50.47	39.47
650m:	8:04.45	38.18	1400m:	17:41.23	38.66	2150m:	27:31.97	39.34	2900m:	37:30.67	40.20
700m:	8:42.46	38.01	1450m:	18:20.54	39.31	2200m:	28:11.87	39.90	2950m:	38:09.84	39.17
750m:	9:20.70	38.24	1500m:	19:00.00	39.46	2250m:	28:51.95	40.08	3000m:	38:47.57	37.73
4. SOLA SOLERNOU, Ona	06	C.N. Igualada	39:26.10	13,00							
50m:	36.27	36.27	800m:	10:20.55	39.09	1550m:	20:10.89	39.78	2300m:	30:08.08	40.02
100m:	1:13.83	37.56	850m:	10:59.15	38.60	1600m:	20:50.66	39.77	2350m:	30:47.83	39.75
150m:	1:52.12	38.29	900m:	11:38.18	39.03	1650m:	21:30.49	39.83	2400m:	31:27.99	40.16
200m:	2:30.97	38.85	950m:	12:17.39	39.21	1700m:	22:10.13	39.64	2450m:	32:08.47	40.48
250m:	3:09.81	38.84	1000m:	12:56.35	38.96	1750m:	22:49.79	39.66	2500m:	32:48.60	40.13
300m:	3:49.27	39.46	1050m:	13:35.39	39.04	1800m:	23:29.70	39.91	2550m:	33:28.64	40.04
350m:	4:28.19	38.92	1100m:	14:14.72	39.33	1850m:	24:09.37	39.67	2600m:	34:08.70	40.06
400m:	5:07.65	39.46	1150m:	14:54.19	39.47	1900m:	24:48.92	39.55	2650m:	34:49.04	40.34
450m:	5:46.94	39.29	1200m:	15:33.61	39.42	1950m:	25:28.83	39.91	2700m:	35:29.33	40.29
500m:	6:26.28	39.34	1250m:	16:12.95	39.34	2000m:	26:08.91	40.08	2750m:	36:09.14	39.81
550m:	7:04.71	38.43	1300m:	16:52.64	39.69	2050m:	26:49.05	40.14	2800m:	36:48.21	39.07
600m:	7:44.07	39.36	1350m:	17:32.13	39.49	2100m:	27:28.56	39.51	2850m:	37:27.59	39.38
650m:	8:23.27	39.20	1400m:	18:11.50	39.37	2150m:	28:07.87	39.31	2900m:	38:07.10	39.51
700m:	9:02.29	39.02	1450m:	18:51.38	39.88	2200m:	28:47.77	39.90	2950m:	38:46.99	39.89
750m:	9:41.46	39.17	1500m:	19:31.11	39.73	2250m:	29:28.06	40.29	3000m:	39:26.10	39.11
5. MARZO LOREN, Aina	06	C.N. Atl Barceloneta	39:31.82	12,00							
50m:	36.03	36.03	800m:	10:18.53	38.97	1550m:	20:16.66	39.84	2300m:	30:15.70	40.46
100m:	1:14.18	38.15	850m:	10:57.98	39.45	1600m:	20:56.89	40.23	2350m:	30:55.33	39.63
150m:	1:52.78	38.60	900m:	11:37.43	39.45	1650m:	21:36.63	39.74	2400m:	31:35.04	39.71
200m:	2:31.69	38.91	950m:	12:17.40	39.97	1700m:	22:16.40	39.77	2450m:	32:15.04	40.00
250m:	3:10.50	38.81	1000m:	12:56.61	39.21	1750m:	22:56.73	40.33	2500m:	32:55.26	40.22
300m:	3:49.77	39.27	1050m:	13:35.97	39.36	1800m:	23:37.22	40.49	2550m:	33:34.91	39.65
350m:	4:29.02	39.25	1100m:	14:15.84	39.87	1850m:	24:17.48	40.26	2600m:	34:15.10	40.19
400m:	5:08.19	39.17	1150m:	14:55.46	39.62	1900m:	24:56.85	39.37	2650m:	34:55.63	40.53
450m:	5:47.33	39.14	1200m:	15:35.95	40.49	1950m:	25:36.63	39.78	2700m:	35:36.60	40.97
500m:	6:26.20	38.87	1250m:	16:15.53	39.58	2000m:	26:16.67	40.04	2750m:	36:16.60	40.00
550m:	7:04.53	38.33	1300m:	16:56.09	40.56	2050m:	26:56.17	39.50	2800m:	36:56.02	39.42
600m:	7:42.69	38.16	1350m:	17:35.94	39.85	2100m:	27:35.74	39.57	2850m:	37:35.46	39.44
650m:	8:21.79	39.10	1400m:	18:15.74	39.80	2150m:	28:15.59	39.85	2900m:	38:14.43	38.97
700m:	9:00.68	38.89	1450m:	18:56.43	40.69	2200m:	28:55.16	39.57	2950m:	38:54.65	40.22
750m:	9:39.56	38.88	1500m:	19:36.82	40.39	2250m:	29:35.24	40.08	3000m:	39:31.82	37.17
6. MONTERO MARTINEZ, Rebeca	06	C.N. L'Hospitalet	41:35.84	11,00							
50m:	38.14	38.14	750m:	10:13.88	41.58	1450m:	19:58.44	42.66	2150m:	29:44.84	41.92
100m:	1:18.29	40.15	800m:	10:55.60	41.72	1500m:	20:39.79	41.35	2200m:	30:27.02	42.18
150m:	1:59.60	41.31	850m:	11:37.82	42.22	1550m:	21:22.03	42.24	2250m:	31:09.61	42.59
200m:	2:40.56	40.96	900m:	12:19.34	41.52	1600m:	22:04.16	42.13	2300m:	31:51.55	41.94
250m:	3:21.56	41.00	950m:	13:01.26	41.92	1650m:	22:46.79	42.63	2350m:	32:33.97	42.42
300m:	4:02.93	41.37	1000m:	13:43.44	42.18	1700m:	23:28.39	41.60	2400m:	33:17.26	43.29
350m:	4:44.24	41.31	1050m:	14:25.14	41.70	1750m:	24:09.57	41.18	2450m:	33:59.40	42.14
400m:	5:25.52	41.28	1100m:	15:06.61	41.47	1800m:	24:51.14	41.57	2500m:	34:41.75	42.35
450m:	6:06.74	41.22	1150m:	15:49.09	42.48	1850m:	25:32.61	41.47	2550m:	35:23.84	42.09
500m:	6:47.80	41.06	1200m:	16:29.75	40.66	1900m:	26:14.43	41.82	2600m:	36:06.09	42.25
550m:	7:29.25	41.45	1250m:	17:10.73	40.98	1950m:	26:56.55	42.12	2650m:	36:46.63	40.54
600m:	8:10.30	41.05	1300m:	17:52.83	42.10	2000m:	27:38.26	41.71	2700m:	37:28.70	42.07
650m:	8:51.38	41.08	1350m:	18:34.15	41.32	2050m:	28:20.33	42.07	2750m:	38:09.99	41.29
700m:	9:32.30	40.92	1400m:	19:15.78	41.63	2100m:	29:02.92	42.59	2800m:	38:52.23	42.24

Piscina 25m / Cronometratge Semi-automàtic

Prova 3, Fem., 3000m Lliure, Júnior 2 Fons Indoor

Classificació	2850m: 39:33.28		41.05		2900m: 40:14.99		41.71		2950m: 40:56.42		41.43		3000m: 41:35.84		39.42	
DSQ	FERNANDEZ VALDIVIESO, Alba		06		C.N. Mataró											
	RT - RETIRAT															
BX	NET GOMEZ, Laia		06		C.N. L'Hospitalet											

Absolut Fons Indoor

1.	GIRALT PIDEMONT, Claudia		01		C.N. L'Hospitalet								35:12.60		19,00	
	50m:	33.19	33.19	800m:	9:12.59	35.34	1550m:	18:00.44	35.64	2300m:	26:54.37	35.28				
	100m:	1:06.85	33.66	850m:	9:47.40	34.81	1600m:	18:35.66	35.22	2350m:	27:29.47	35.10				
	150m:	1:41.01	34.16	900m:	10:22.42	35.02	1650m:	19:11.09	35.43	2400m:	28:04.78	35.31				
	200m:	2:14.66	33.65	950m:	10:57.37	34.95	1700m:	19:46.71	35.62	2450m:	28:40.13	35.35				
	250m:	2:48.76	34.10	1000m:	11:32.24	34.87	1750m:	20:22.47	35.76	2500m:	29:15.54	35.41				
	300m:	3:22.92	34.16	1050m:	12:07.28	35.04	1800m:	20:58.79	36.32	2550m:	29:51.71	36.17				
	350m:	3:57.30	34.38	1100m:	12:42.59	35.31	1850m:	21:34.32	35.53	2600m:	30:27.61	35.90				
	400m:	4:31.98	34.68	1150m:	13:17.87	35.28	1900m:	22:09.90	35.58	2650m:	31:04.31	36.70				
	450m:	5:06.84	34.86	1200m:	13:53.47	35.60	1950m:	22:45.69	35.79	2700m:	31:40.04	35.73				
	500m:	5:41.64	34.80	1250m:	14:28.99	35.52	2000m:	23:21.44	35.75	2750m:	32:15.32	35.28				
	550m:	6:16.63	34.99	1300m:	15:04.41	35.42	2050m:	23:57.03	35.59	2800m:	32:50.95	35.63				
	600m:	6:51.72	35.09	1350m:	15:39.32	34.91	2100m:	24:32.84	35.81	2850m:	33:26.21	35.26				
	650m:	7:27.14	35.42	1400m:	16:14.42	35.10	2150m:	25:07.87	35.03	2900m:	34:01.62	35.41				
	700m:	8:02.18	35.04	1450m:	16:49.20	34.78	2200m:	25:43.37	35.50	2950m:	34:37.55	35.93				
	750m:	8:37.25	35.07	1500m:	17:24.80	35.60	2250m:	26:19.09	35.72	3000m:	35:12.60	35.05				
2.	ORTIZ MARTINEZ, Ainhoa		03		C.N. L'Hospitalet								36:58.67		16,00	
	50m:	34.72	34.72	800m:	9:38.47	36.30	1550m:	18:56.72	37.87	2300m:	28:17.48	37.27				
	100m:	1:10.21	35.49	850m:	10:14.90	36.43	1600m:	19:34.58	37.86	2350m:	28:54.80	37.32				
	150m:	1:46.13	35.92	900m:	10:51.29	36.39	1650m:	20:12.72	38.14	2400m:	29:31.90	37.10				
	200m:	2:22.09	35.96	950m:	11:27.86	36.57	1700m:	20:50.30	37.58	2450m:	30:09.61	37.71				
	250m:	2:58.09	36.00	1000m:	12:04.79	36.93	1750m:	21:28.05	37.75	2500m:	30:47.38	37.77				
	300m:	3:34.10	36.01	1050m:	12:41.73	36.94	1800m:	22:05.78	37.73	2550m:	31:25.38	38.00				
	350m:	4:10.11	36.01	1100m:	13:18.98	37.25	1850m:	22:42.95	37.17	2600m:	32:03.27	37.89				
	400m:	4:46.50	36.39	1150m:	13:56.27	37.29	1900m:	23:20.48	37.53	2650m:	32:41.06	37.79				
	450m:	5:22.93	36.43	1200m:	14:33.96	37.69	1950m:	23:57.62	37.14	2700m:	33:18.91	37.85				
	500m:	5:59.61	36.68	1250m:	15:11.31	37.35	2000m:	24:34.65	37.03	2750m:	33:56.04	37.13				
	550m:	6:36.18	36.57	1300m:	15:48.70	37.39	2050m:	25:11.70	37.05	2800m:	34:32.67	36.63				
	600m:	7:12.58	36.40	1350m:	16:26.01	37.31	2100m:	25:49.07	37.37	2850m:	35:09.40	36.73				
	650m:	7:48.98	36.40	1400m:	17:03.38	37.37	2150m:	26:26.54	37.47	2900m:	35:46.07	36.67				
	700m:	8:25.92	36.94	1450m:	17:41.06	37.68	2200m:	27:03.01	36.47	2950m:	36:22.80	36.73				
	750m:	9:02.17	36.25	1500m:	18:18.85	37.79	2250m:	27:40.21	37.20	3000m:	36:58.67	35.87				
3.	MAESTRO LORENZO, Alba		02		C.N. L'Hospitalet								37:21.11		14,00	
	50m:	35.91	35.91	800m:	9:57.51	37.65	1550m:	19:14.74	37.52	2300m:	28:34.93	37.76				
	100m:	1:12.77	36.86	850m:	10:33.82	36.31	1600m:	19:51.86	37.12	2350m:	29:12.51	37.58				
	150m:	1:49.71	36.94	900m:	11:10.34	36.52	1650m:	20:29.07	37.21	2400m:	29:50.36	37.85				
	200m:	2:27.36	37.65	950m:	11:48.10	37.76	1700m:	21:06.44	37.37	2450m:	30:28.40	38.04				
	250m:	3:04.19	36.83	1000m:	12:25.54	37.44	1750m:	21:43.74	37.30	2500m:	31:05.84	37.44				
	300m:	3:41.97	37.78	1050m:	13:02.43	36.89	1800m:	22:20.94	37.20	2550m:	31:43.42	37.58				
	350m:	4:19.91	37.94	1100m:	13:39.85	37.42	1850m:	22:57.90	36.96	2600m:	32:21.00	37.58				
	400m:	4:57.54	37.63	1150m:	14:16.97	37.12	1900m:	23:35.24	37.34	2650m:	32:58.49	37.49				
	450m:	5:35.91	38.37	1200m:	14:54.58	37.61	1950m:	24:12.58	37.34	2700m:	33:35.93	37.44				
	500m:	6:13.22	37.31	1250m:	15:32.46	37.88	2000m:	24:50.03	37.45	2750m:	34:13.93	38.00				
	550m:	6:51.30	38.08	1300m:	16:09.45	36.99	2050m:	25:27.15	37.12	2800m:	34:52.40	38.47				
	600m:	7:28.88	37.58	1350m:	16:46.53	37.08	2100m:	26:04.93	37.78	2850m:	35:29.79	37.39				
	650m:	8:05.91	37.03	1400m:	17:23.34	36.81	2150m:	26:42.48	37.55	2900m:	36:07.56	37.77				
	700m:	8:42.82	36.91	1450m:	18:00.98	37.64	2200m:	27:19.43	36.95	2950m:	36:44.60	37.04				
	750m:	9:19.86	37.04	1500m:	18:37.22	36.24	2250m:	27:57.17	37.74	3000m:	37:21.11	36.51				

Prova 3, Fem., 3000m Lliure, Absolut Fons Indoor

Classificació	ANY										Temps			
4.	TORRUBIANO GONZALEZ, Aina										04	C.E.N. Balaguer	38:05.69	13,00
	50m:	35.93	35.93	800m:	9:55.95	38.04	1550m:	19:26.86	38.64	2300m:	29:04.70	38.93		
	100m:	1:12.18	36.25	850m:	10:33.75	37.80	1600m:	20:05.91	39.05	2350m:	29:43.27	38.57		
	150m:	1:48.77	36.59	900m:	11:12.05	38.30	1650m:	20:44.20	38.29	2400m:	30:22.29	39.02		
	200m:	2:25.38	36.61	950m:	11:49.77	37.72	1700m:	21:22.68	38.48	2450m:	31:01.53	39.24		
	250m:	3:02.30	36.92	1000m:	12:27.66	37.89	1750m:	22:00.82	38.14	2500m:	31:40.93	39.40		
	300m:	3:39.34	37.04	1050m:	13:05.38	37.72	1800m:	22:39.08	38.26	2550m:	32:20.61	39.68		
	350m:	4:16.73	37.39	1100m:	13:43.43	38.05	1850m:	23:16.98	37.90	2600m:	32:59.21	38.60		
	400m:	4:54.18	37.45	1150m:	14:21.64	38.21	1900m:	23:55.51	38.53	2650m:	33:38.17	38.96		
	450m:	5:31.82	37.64	1200m:	14:59.43	37.79	1950m:	24:34.03	38.52	2700m:	34:17.00	38.83		
	500m:	6:10.03	38.21	1250m:	15:37.23	37.80	2000m:	25:12.57	38.54	2750m:	34:55.79	38.79		
	550m:	6:47.46	37.43	1300m:	16:15.57	38.34	2050m:	25:51.51	38.94	2800m:	35:34.19	38.40		
	600m:	7:24.98	37.52	1350m:	16:53.68	38.11	2100m:	26:30.27	38.76	2850m:	36:12.71	38.52		
	650m:	8:02.53	37.55	1400m:	17:31.79	38.11	2150m:	27:08.84	38.57	2900m:	36:51.64	38.93		
	700m:	8:40.14	37.61	1450m:	18:10.01	38.22	2200m:	27:47.02	38.18	2950m:	37:29.62	37.98		
	750m:	9:17.91	37.77	1500m:	18:48.22	38.21	2250m:	28:25.77	38.75	3000m:	38:05.69	36.07		
5.	HUGUET SAN AGUSTIN, Nora										04	C.N. Atl Barceloneta	39:44.70	12,00
	50m:	35.76	35.76	800m:	10:21.63	39.60	1550m:	20:18.70	40.03	2300m:	30:21.03	40.96		
	100m:	1:13.73	37.97	850m:	11:01.75	40.12	1600m:	20:58.62	39.92	2350m:	31:01.59	40.56		
	150m:	1:52.12	38.39	900m:	11:41.13	39.38	1650m:	21:38.83	40.21	2400m:	31:42.22	40.63		
	200m:	2:30.72	38.60	950m:	12:21.26	40.13	1700m:	22:18.24	39.41	2450m:	32:22.79	40.57		
	250m:	3:09.66	38.94	1000m:	13:01.02	39.76	1750m:	22:57.53	39.29	2500m:	33:03.38	40.59		
	300m:	3:49.03	39.37	1050m:	13:40.76	39.74	1800m:	23:37.57	40.04	2550m:	33:43.46	40.08		
	350m:	4:28.09	39.06	1100m:	14:20.55	39.79	1850m:	24:17.78	40.21	2600m:	34:24.09	40.63		
	400m:	5:07.26	39.17	1150m:	15:00.34	39.79	1900m:	24:57.86	40.08	2650m:	35:04.51	40.42		
	450m:	5:46.71	39.45	1200m:	15:40.85	40.51	1950m:	25:37.87	40.01	2700m:	35:44.55	40.04		
	500m:	6:26.02	39.31	1250m:	16:20.81	39.96	2000m:	26:18.08	40.21	2750m:	36:24.55	40.00		
	550m:	7:04.88	38.86	1300m:	17:00.50	39.69	2050m:	26:58.42	40.34	2800m:	37:04.87	40.32		
	600m:	7:44.12	39.24	1350m:	17:39.83	39.33	2100m:	27:39.49	41.07	2850m:	37:44.68	39.81		
	650m:	8:23.38	39.26	1400m:	18:19.15	39.32	2150m:	28:19.62	40.13	2900m:	38:25.09	40.41		
	700m:	9:02.54	39.16	1450m:	18:58.83	39.68	2200m:	28:59.79	40.17	2950m:	39:04.81	39.72		
	750m:	9:42.03	39.49	1500m:	19:38.67	39.84	2250m:	29:40.07	40.28	3000m:	39:44.70	39.89		

Absolut, Júnior 2 i Júnior 1

1.	MARTINEZ DE SALINAS PEÑA, Clara										07	E.M. El Olivar	34:18.59	-
	50m:	32.54	32.54	800m:	8:57.77	34.37	1550m:	17:36.61	34.43	2300m:	26:16.51	34.73		
	100m:	1:05.89	33.35	850m:	9:31.99	34.22	1600m:	18:11.28	34.67	2350m:	26:51.27	34.76		
	150m:	1:39.12	33.23	900m:	10:06.39	34.40	1650m:	18:46.01	34.73	2400m:	27:26.38	35.11		
	200m:	2:12.18	33.06	950m:	10:40.85	34.46	1700m:	19:21.32	35.31	2450m:	28:01.26	34.88		
	250m:	2:45.33	33.15	1000m:	11:15.40	34.55	1750m:	19:56.31	34.99	2500m:	28:36.23	34.97		
	300m:	3:18.73	33.40	1050m:	11:49.91	34.51	1800m:	20:31.09	34.78	2550m:	29:10.72	34.49		
	350m:	3:52.27	33.54	1100m:	12:24.59	34.68	1850m:	21:05.83	34.74	2600m:	29:44.94	34.22		
	400m:	4:26.20	33.93	1150m:	12:59.25	34.66	1900m:	21:40.62	34.79	2650m:	30:19.55	34.61		
	450m:	4:59.80	33.60	1200m:	13:34.11	34.86	1950m:	22:15.51	34.89	2700m:	30:53.49	33.94		
	500m:	5:33.74	33.94	1250m:	14:09.00	34.89	2000m:	22:50.25	34.74	2750m:	31:27.84	34.35		
	550m:	6:07.45	33.71	1300m:	14:43.84	34.84	2050m:	23:24.71	34.46	2800m:	32:02.36	34.52		
	600m:	6:41.33	33.88	1350m:	15:18.33	34.49	2100m:	23:58.84	34.13	2850m:	32:36.84	34.48		
	650m:	7:15.30	33.97	1400m:	15:53.01	34.68	2150m:	24:32.98	34.14	2900m:	33:11.53	34.69		
	700m:	7:49.23	33.93	1450m:	16:27.96	34.95	2200m:	25:07.39	34.41	2950m:	33:45.88	34.35		
	750m:	8:23.40	34.17	1500m:	17:02.18	34.22	2250m:	25:41.78	34.39	3000m:	34:18.59	32.71		
2.	COLL MARTI, Júlia										07	C.N. Olot	34:53.37	19,00
	50m:	32.96	32.96	600m:	6:54.56	35.04	1150m:	13:19.93	35.10	1700m:	19:45.37	34.53		
	100m:	1:06.44	33.48	650m:	7:29.33	34.77	1200m:	13:55.22	35.29	1750m:	20:20.17	34.80		
	150m:	1:40.99	34.55	700m:	8:04.28	34.95	1250m:	14:30.22	35.00	1800m:	20:55.34	35.17		
	200m:	2:15.66	34.67	750m:	8:39.26	34.98	1300m:	15:05.24	35.02	1850m:	21:30.74	35.40		
	250m:	2:50.25	34.59	800m:	9:14.98	35.72	1350m:	15:39.95	34.71	1900m:	22:05.28	34.54		
	300m:	3:25.01	34.76	850m:	9:50.31	35.33	1400m:	16:15.38	35.43	1950m:	22:39.32	34.04		
	350m:	3:59.65	34.64	900m:	10:24.89	34.58	1450m:	16:50.58	35.20	2000m:	23:14.43	35.11		
	400m:	4:34.23	34.58	950m:	10:59.32	34.43	1500m:	17:25.25	34.67	2050m:	23:49.26	34.83		
	450m:	5:09.33	35.10	1000m:	11:34.28	34.96	1550m:	18:00.44	35.19	2100m:	24:24.64	35.38		
	500m:	5:44.57	35.24	1050m:	12:09.62	35.34	1600m:	18:35.61	35.17	2150m:	25:00.17	35.53		
	550m:	6:19.52	34.95	1100m:	12:44.83	35.21	1650m:	19:10.84	35.23	2200m:	25:35.41	35.24		

Piscina 25m / Cronometratge Semi-automàtic

Prova 3, Fem., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY				Temps						
2250m:	26:10.78	35.37	2450m:	28:31.03	34.93	2650m:	30:53.33	35.34	2850m:	33:13.30	34.83
2300m:	26:45.89	35.11	2500m:	29:06.85	35.82	2700m:	31:28.00	34.67	2900m:	33:47.24	33.94
2350m:	27:21.01	35.12	2550m:	29:42.39	35.54	2750m:	32:03.32	35.32	2950m:	34:21.33	34.09
2400m:	27:56.10	35.09	2600m:	30:17.99	35.60	2800m:	32:38.47	35.15	3000m:	34:53.37	32.04
3. GIRALT PIDEMONT, Claudia			01	C.N. L'Hospitalet					35:12.60	19,00	
50m:	33.19	33.19	800m:	9:12.59	35.34	1550m:	18:00.44	35.64	2300m:	26:54.37	35.28
100m:	1:06.85	33.66	850m:	9:47.40	34.81	1600m:	18:35.66	35.22	2350m:	27:29.47	35.10
150m:	1:41.01	34.16	900m:	10:22.42	35.02	1650m:	19:11.09	35.43	2400m:	28:04.78	35.31
200m:	2:14.66	33.65	950m:	10:57.37	34.95	1700m:	19:46.71	35.62	2450m:	28:40.13	35.35
250m:	2:48.76	34.10	1000m:	11:32.24	34.87	1750m:	20:22.47	35.76	2500m:	29:15.54	35.41
300m:	3:22.92	34.16	1050m:	12:07.28	35.04	1800m:	20:58.79	36.32	2550m:	29:51.71	36.17
350m:	3:57.30	34.38	1100m:	12:42.59	35.31	1850m:	21:34.32	35.53	2600m:	30:27.61	35.90
400m:	4:31.98	34.68	1150m:	13:17.87	35.28	1900m:	22:09.90	35.58	2650m:	31:04.31	36.70
450m:	5:06.84	34.86	1200m:	13:53.47	35.60	1950m:	22:45.69	35.79	2700m:	31:40.04	35.73
500m:	5:41.64	34.80	1250m:	14:28.99	35.52	2000m:	23:21.44	35.75	2750m:	32:15.32	35.28
550m:	6:16.63	34.99	1300m:	15:04.41	35.42	2050m:	23:57.03	35.59	2800m:	32:50.95	35.63
600m:	6:51.72	35.09	1350m:	15:39.32	34.91	2100m:	24:32.84	35.81	2850m:	33:26.21	35.26
650m:	7:27.14	35.42	1400m:	16:14.42	35.10	2150m:	25:07.87	35.03	2900m:	34:01.62	35.41
700m:	8:02.18	35.04	1450m:	16:49.20	34.78	2200m:	25:43.37	35.50	2950m:	34:37.55	35.93
750m:	8:37.25	35.07	1500m:	17:24.80	35.60	2250m:	26:19.09	35.72	3000m:	35:12.60	35.05
4. LLORACH FUSTES, Martina			08	C.N. Igualada					35:31.41	16,00	
50m:	33.60	33.60	800m:	9:16.15	34.28	1550m:	18:06.87	35.73	2300m:	27:09.52	36.09
100m:	1:08.32	34.72	850m:	9:50.59	34.44	1600m:	18:43.29	36.42	2350m:	27:46.29	36.77
150m:	1:43.04	34.72	900m:	10:25.36	34.77	1650m:	19:19.41	36.12	2400m:	28:22.44	36.15
200m:	2:17.68	34.64	950m:	10:59.91	34.55	1700m:	19:55.76	36.35	2450m:	28:58.88	36.44
250m:	2:52.31	34.63	1000m:	11:34.98	35.07	1750m:	20:31.68	35.92	2500m:	29:35.73	36.85
300m:	3:27.30	34.99	1050m:	12:09.94	34.96	1800m:	21:07.91	36.23	2550m:	30:11.33	35.60
350m:	4:02.12	34.82	1100m:	12:45.00	35.06	1850m:	21:43.68	35.77	2600m:	30:47.05	35.72
400m:	4:37.10	34.98	1150m:	13:20.50	35.50	1900m:	22:20.87	37.19	2650m:	31:23.08	36.03
450m:	5:11.91	34.81	1200m:	13:56.05	35.55	1950m:	22:56.77	35.90	2700m:	31:59.10	36.02
500m:	5:46.75	34.84	1250m:	14:31.83	35.78	2000m:	23:33.09	36.32	2750m:	32:34.85	35.75
550m:	6:21.83	35.08	1300m:	15:07.98	36.15	2050m:	24:08.89	35.80	2800m:	33:10.71	35.86
600m:	6:56.87	35.04	1350m:	15:43.41	35.43	2100m:	24:45.29	36.40	2850m:	33:46.46	35.75
650m:	7:32.05	35.18	1400m:	16:19.14	35.73	2150m:	25:21.09	35.80	2900m:	34:22.04	35.58
700m:	8:07.17	35.12	1450m:	16:55.09	35.95	2200m:	25:56.89	35.80	2950m:	34:57.40	35.36
750m:	8:41.87	34.70	1500m:	17:31.14	36.05	2250m:	26:33.43	36.54	3000m:	35:31.41	34.01
5. OLIVEIRA LARA, Carolina			07	C.N. Sabadell					35:33.77	14,00	
50m:	33.28	33.28	800m:	9:25.27	35.35	1550m:	18:20.83	35.29	2300m:	27:20.01	35.62
100m:	1:07.94	34.66	850m:	10:00.56	35.29	1600m:	18:56.59	35.76	2350m:	27:56.12	36.11
150m:	1:43.34	35.40	900m:	10:36.30	35.74	1650m:	19:32.75	36.16	2400m:	28:31.85	35.73
200m:	2:19.11	35.77	950m:	11:12.06	35.76	1700m:	20:08.66	35.91	2450m:	29:07.55	35.70
250m:	2:54.60	35.49	1000m:	11:47.71	35.65	1750m:	20:44.58	35.92	2500m:	29:43.53	35.98
300m:	3:30.15	35.55	1050m:	12:23.08	35.37	1800m:	21:20.56	35.98	2550m:	30:19.24	35.71
350m:	4:05.92	35.77	1100m:	12:58.89	35.81	1850m:	21:56.88	36.32	2600m:	30:54.71	35.47
400m:	4:41.84	35.92	1150m:	13:34.99	36.10	1900m:	22:32.92	36.04	2650m:	31:30.20	35.49
450m:	5:17.32	35.48	1200m:	14:10.83	35.84	1950m:	23:09.45	36.53	2700m:	32:06.30	36.10
500m:	5:53.07	35.75	1250m:	14:46.69	35.86	2000m:	23:45.60	36.15	2750m:	32:41.71	35.41
550m:	6:28.52	35.45	1300m:	15:22.42	35.73	2050m:	24:21.46	35.86	2800m:	33:17.28	35.57
600m:	7:04.32	35.80	1350m:	15:58.26	35.84	2100m:	24:57.19	35.73	2850m:	33:51.69	34.41
650m:	7:39.39	35.07	1400m:	16:33.95	35.69	2150m:	25:32.98	35.79	2900m:	34:26.22	34.53
700m:	8:14.55	35.16	1450m:	17:09.84	35.89	2200m:	26:08.59	35.61	2950m:	35:00.47	34.25
750m:	8:49.92	35.37	1500m:	17:45.54	35.70	2250m:	26:44.39	35.80	3000m:	35:33.77	33.30

Prova 3, Fem., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY		Temps			
6.	HUERTAS FERRE, Maria		07	C.N. Tarraco	36:00.53	13,00
	50m: 33.29	33.29	800m: 9:24.31	36.04	1550m: 18:28.13	36.49
	100m: 1:07.95	34.66	850m: 10:00.52	36.21	1600m: 19:04.65	36.52
	150m: 1:43.22	35.27	900m: 10:36.02	35.50	1650m: 19:40.97	36.32
	200m: 2:18.34	35.12	950m: 11:11.41	35.39	1700m: 20:17.37	36.40
	250m: 2:53.69	35.35	1000m: 11:47.53	36.12	1750m: 20:54.14	36.77
	300m: 3:28.97	35.28	1050m: 12:23.01	35.48	1800m: 21:30.55	36.41
	350m: 4:03.19	34.22	1100m: 12:59.49	36.48	1850m: 22:07.55	37.00
	400m: 4:38.20	35.01	1150m: 13:36.17	36.68	1900m: 22:44.27	36.72
	450m: 5:13.72	35.52	1200m: 14:12.52	36.35	1950m: 23:21.32	37.05
	500m: 5:49.60	35.88	1250m: 14:48.79	36.27	2000m: 23:57.82	36.50
	550m: 6:25.17	35.57	1300m: 15:25.52	36.73	2050m: 24:34.41	36.59
	600m: 7:00.77	35.60	1350m: 16:01.68	36.16	2100m: 25:11.11	36.70
	650m: 7:37.00	36.23	1400m: 16:38.16	36.48	2150m: 25:47.75	36.64
	700m: 8:12.40	35.40	1450m: 17:14.85	36.69	2200m: 26:24.37	36.62
	750m: 8:48.27	35.87	1500m: 17:51.64	36.79	2250m: 27:00.81	36.44
					2300m: 27:37.12	36.31
					2350m: 28:13.84	36.72
					2400m: 28:49.99	36.15
					2450m: 29:26.29	36.30
					2500m: 30:02.37	36.08
					2550m: 30:38.77	36.40
					2600m: 31:15.40	36.63
					2650m: 31:51.98	36.58
					2700m: 32:28.65	36.67
					2750m: 33:04.75	36.10
					2800m: 33:40.74	35.99
					2850m: 34:16.88	36.14
					2900m: 34:52.72	35.84
					2950m: 35:26.69	33.97
					3000m: 36:00.53	33.84
7.	ROCA FORTUNY, Marina		05	C.N. Barcelona	36:48.07	19,00
	50m: 34.59	34.59	800m: 9:37.28	35.96	1550m: 18:47.41	37.08
	100m: 1:10.12	35.53	850m: 10:13.28	36.00	1600m: 19:24.53	37.12
	150m: 1:46.37	36.25	900m: 10:49.57	36.29	1650m: 20:01.62	37.09
	200m: 2:22.71	36.34	950m: 11:26.18	36.61	1700m: 20:39.22	37.60
	250m: 2:58.68	35.97	1000m: 12:02.89	36.71	1750m: 21:16.51	37.29
	300m: 3:34.95	36.27	1050m: 12:39.28	36.39	1800m: 21:53.92	37.41
	350m: 4:10.99	36.04	1100m: 13:16.09	36.81	1850m: 22:31.07	37.15
	400m: 4:47.16	36.17	1150m: 13:52.74	36.65	1900m: 23:08.06	36.99
	450m: 5:23.36	36.20	1200m: 14:29.30	36.56	1950m: 23:45.42	37.36
	500m: 5:59.94	36.58	1250m: 15:06.10	36.80	2000m: 24:22.81	37.39
	550m: 6:36.35	36.41	1300m: 15:42.67	36.57	2050m: 25:00.47	37.66
	600m: 7:12.69	36.34	1350m: 16:19.54	36.87	2100m: 25:37.86	37.39
	650m: 7:48.97	36.28	1400m: 16:56.51	36.97	2150m: 26:15.12	37.26
	700m: 8:24.99	36.02	1450m: 17:33.42	36.91	2200m: 26:52.67	37.55
	750m: 9:01.32	36.33	1500m: 18:10.33	36.91	2250m: 27:29.94	37.27
					2300m: 28:07.53	37.59
					2350m: 28:45.14	37.61
					2400m: 29:22.86	37.72
					2450m: 30:00.91	38.05
					2500m: 30:38.16	37.25
					2550m: 31:16.03	37.87
					2600m: 31:53.45	37.42
					2650m: 32:30.81	37.36
					2700m: 33:08.15	37.34
					2750m: 33:45.48	37.33
					2800m: 34:22.46	36.98
					2850m: 34:59.31	36.85
					2900m: 35:36.24	36.93
					2950m: 36:12.72	36.48
					3000m: 36:48.07	35.35
8.	ORTIZ MARTINEZ, Ainhoa		03	C.N. L'Hospitalet	36:58.67	16,00
	50m: 34.72	34.72	800m: 9:38.47	36.30	1550m: 18:56.72	37.87
	100m: 1:10.21	35.49	850m: 10:14.90	36.43	1600m: 19:34.58	37.86
	150m: 1:46.13	35.92	900m: 10:51.29	36.39	1650m: 20:12.72	38.14
	200m: 2:22.09	35.96	950m: 11:27.86	36.57	1700m: 20:50.30	37.58
	250m: 2:58.09	36.00	1000m: 12:04.79	36.93	1750m: 21:28.05	37.75
	300m: 3:34.10	36.01	1050m: 12:41.73	36.94	1800m: 22:05.78	37.73
	350m: 4:10.11	36.01	1100m: 13:18.98	37.25	1850m: 22:42.95	37.17
	400m: 4:46.50	36.39	1150m: 13:56.27	37.29	1900m: 23:20.48	37.53
	450m: 5:22.93	36.43	1200m: 14:33.96	37.69	1950m: 23:57.62	37.14
	500m: 5:59.61	36.68	1250m: 15:11.31	37.35	2000m: 24:34.65	37.03
	550m: 6:36.18	36.57	1300m: 15:48.70	37.39	2050m: 25:11.70	37.05
	600m: 7:12.58	36.40	1350m: 16:26.01	37.31	2100m: 25:49.07	37.37
	650m: 7:48.98	36.40	1400m: 17:03.38	37.37	2150m: 26:26.54	37.47
	700m: 8:25.92	36.94	1450m: 17:41.06	37.68	2200m: 27:03.01	36.47
	750m: 9:02.17	36.25	1500m: 18:18.85	37.79	2250m: 27:40.21	37.20
					2300m: 28:17.48	37.27
					2350m: 28:54.80	37.32
					2400m: 29:31.90	37.10
					2450m: 30:09.61	37.71
					2500m: 30:47.38	37.77
					2550m: 31:25.38	38.00
					2600m: 32:03.27	37.89
					2650m: 32:41.06	37.79
					2700m: 33:18.91	37.85
					2750m: 33:56.04	37.13
					2800m: 34:32.67	36.63
					2850m: 35:09.40	36.73
					2900m: 35:46.07	36.67
					2950m: 36:22.80	36.73
					3000m: 36:58.67	35.87
9.	MAESTRO LORENZO, Alba		02	C.N. L'Hospitalet	37:21.11	14,00
	50m: 35.91	35.91	750m: 9:19.86	37.04	1450m: 18:00.98	37.64
	100m: 1:12.77	36.86	800m: 9:57.51	37.65	1500m: 18:37.22	36.24
	150m: 1:49.71	36.94	850m: 10:33.82	36.31	1550m: 19:14.74	37.52
	200m: 2:27.36	37.65	900m: 11:10.34	36.52	1600m: 19:51.86	37.12
	250m: 3:04.19	36.83	950m: 11:48.10	37.76	1650m: 20:29.07	37.21
	300m: 3:41.97	37.78	1000m: 12:25.54	37.44	1700m: 21:06.44	37.37
	350m: 4:19.91	37.94	1050m: 13:02.43	36.89	1750m: 21:43.74	37.30
	400m: 4:57.54	37.63	1100m: 13:39.85	37.42	1800m: 22:20.94	37.20
	450m: 5:35.91	38.37	1150m: 14:16.97	37.12	1850m: 22:57.90	36.96
	500m: 6:13.22	37.31	1200m: 14:54.58	37.61	1900m: 23:35.24	37.34
	550m: 6:51.30	38.08	1250m: 15:32.46	37.88	1950m: 24:12.58	37.34
	600m: 7:28.88	37.58	1300m: 16:09.45	36.99	2000m: 24:50.03	37.45
	650m: 8:05.91	37.03	1350m: 16:46.53	37.08	2050m: 25:27.15	37.12
	700m: 8:42.82	36.91	1400m: 17:23.34	36.81	2100m: 26:04.93	37.78
					2150m: 26:42.48	37.55
					2200m: 27:19.43	36.95
					2250m: 27:57.17	37.74
					2300m: 28:34.93	37.76
					2350m: 29:12.51	37.58
					2400m: 29:50.36	37.85
					2450m: 30:28.40	38.04
					2500m: 31:05.84	37.44
					2550m: 31:43.42	37.58
					2600m: 32:21.00	37.58
					2650m: 32:58.49	37.49
					2700m: 33:35.93	37.44
					2750m: 34:13.93	38.00
					2800m: 34:52.40	38.47

Piscina 25m / Cronometratge Semi-automàtic

Prova 3, Fem., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	2850m: 35:29.79		37.39		2900m: 36:07.56		37.77		2950m: 36:44.60		37.04		3000m: 37:21.11		36.51	
	ANY															
	Temps															
10. VARET CANO, Audrey			06		C.N. L'Hospitalet								37:36.93		16,00	
50m:	33.84	33.84	800m:	9:43.08	37.14	1550m:	19:08.95	38.31	2300m:	28:48.53	38.39					
100m:	1:09.07	35.23	850m:	10:20.04	36.96	1600m:	19:47.48	38.53	2350m:	29:27.20	38.67					
150m:	1:45.17	36.10	900m:	10:57.23	37.19	1650m:	20:26.07	38.59	2400m:	30:05.66	38.46					
200m:	2:21.20	36.03	950m:	11:34.51	37.28	1700m:	21:05.00	38.93	2450m:	30:44.04	38.38					
250m:	2:57.65	36.45	1000m:	12:11.59	37.08	1750m:	21:43.66	38.66	2500m:	31:22.40	38.36					
300m:	3:34.44	36.79	1050m:	12:49.03	37.44	1800m:	22:21.92	38.26	2550m:	32:00.50	38.10					
350m:	4:10.97	36.53	1100m:	13:26.63	37.60	1850m:	23:00.65	38.73	2600m:	32:38.74	38.24					
400m:	4:47.62	36.65	1150m:	14:04.33	37.70	1900m:	23:39.66	39.01	2650m:	33:16.62	37.88					
450m:	5:24.33	36.71	1200m:	14:41.97	37.64	1950m:	24:18.51	38.85	2700m:	33:54.42	37.80					
500m:	6:01.20	36.87	1250m:	15:19.69	37.72	2000m:	24:57.10	38.59	2750m:	34:31.91	37.49					
550m:	6:37.66	36.46	1300m:	15:57.79	38.10	2050m:	25:35.29	38.19	2800m:	35:09.33	37.42					
600m:	7:14.59	36.93	1350m:	16:35.95	38.16	2100m:	26:14.17	38.88	2850m:	35:46.80	37.47					
650m:	7:51.48	36.89	1400m:	17:13.91	37.96	2150m:	26:52.85	38.68	2900m:	36:24.32	37.52					
700m:	8:28.63	37.15	1450m:	17:52.31	38.40	2200m:	27:31.49	38.64	2950m:	37:01.15	36.83					
750m:	9:05.94	37.31	1500m:	18:30.64	38.33	2250m:	28:10.14	38.65	3000m:	37:36.93	35.78					
11. SUÑÉ PALACIOS, Auria			08		C.N. Navàs								37:38.46		12,00	
50m:	32.97	32.97	800m:	9:34.01	37.00	1550m:	19:02.26	38.01	2300m:	28:45.11	39.54					
100m:	1:08.19	35.22	850m:	10:11.31	37.30	1600m:	19:40.91	38.65	2350m:	29:24.41	39.30					
150m:	1:43.61	35.42	900m:	10:48.91	37.60	1650m:	20:19.17	38.26	2400m:	30:03.07	38.66					
200m:	2:18.91	35.30	950m:	11:26.55	37.64	1700m:	20:58.69	39.52	2450m:	30:41.84	38.77					
250m:	2:54.44	35.53	1000m:	12:04.27	37.72	1750m:	21:37.34	38.65	2500m:	31:20.61	38.77					
300m:	3:30.17	35.73	1050m:	12:41.67	37.40	1800m:	22:16.27	38.93	2550m:	31:59.20	38.59					
350m:	4:05.65	35.48	1100m:	13:19.32	37.65	1850m:	22:55.00	38.73	2600m:	32:37.63	38.43					
400m:	4:41.74	36.09	1150m:	13:56.76	37.44	1900m:	23:33.69	38.69	2650m:	33:16.43	38.80					
450m:	5:17.27	35.53	1200m:	14:34.64	37.88	1950m:	24:12.56	38.87	2700m:	33:54.36	37.93					
500m:	5:53.29	36.02	1250m:	15:12.38	37.74	2000m:	24:51.66	39.10	2750m:	34:32.25	37.89					
550m:	6:29.75	36.46	1300m:	15:50.90	38.52	2050m:	25:30.47	38.81	2800m:	35:09.81	37.56					
600m:	7:06.58	36.83	1350m:	16:28.96	38.06	2100m:	26:08.66	38.19	2850m:	35:47.57	37.76					
650m:	7:43.42	36.84	1400m:	17:07.37	38.41	2150m:	26:47.61	38.95	2900m:	36:24.61	37.04					
700m:	8:20.22	36.80	1450m:	17:45.82	38.45	2200m:	27:26.42	38.81	2950m:	37:02.40	37.79					
750m:	8:57.01	36.79	1500m:	18:24.25	38.43	2250m:	28:05.57	39.15	3000m:	37:38.46	36.06					
12. GIFREU MATILLÓ, Núria			08		C.N. Olot								37:40.47		11,00	
50m:	34.68	34.68	800m:	9:54.20	37.41	1550m:	19:22.29	38.25	2300m:	28:55.63	38.01					
100m:	1:10.90	36.22	850m:	10:31.81	37.61	1600m:	20:00.33	38.04	2350m:	29:33.59	37.96					
150m:	1:47.69	36.79	900m:	11:09.57	37.76	1650m:	20:38.59	38.26	2400m:	30:11.42	37.83					
200m:	2:24.80	37.11	950m:	11:47.21	37.64	1700m:	21:16.86	38.27	2450m:	30:49.25	37.83					
250m:	3:01.93	37.13	1000m:	12:25.07	37.86	1750m:	21:55.10	38.24	2500m:	31:27.18	37.93					
300m:	3:38.95	37.02	1050m:	13:02.72	37.65	1800m:	22:33.29	38.19	2550m:	32:04.90	37.72					
350m:	4:16.31	37.36	1100m:	13:40.35	37.63	1850m:	23:11.88	38.59	2600m:	32:42.80	37.90					
400m:	4:53.53	37.22	1150m:	14:17.98	37.63	1900m:	23:50.08	38.20	2650m:	33:20.66	37.86					
450m:	5:30.68	37.15	1200m:	14:55.63	37.65	1950m:	24:27.98	37.90	2700m:	33:58.76	38.10					
500m:	6:08.01	37.33	1250m:	15:33.65	38.02	2000m:	25:06.31	38.33	2750m:	34:36.63	37.87					
550m:	6:45.51	37.50	1300m:	16:11.53	37.88	2050m:	25:44.30	37.99	2800m:	35:14.07	37.44					
600m:	7:23.28	37.77	1350m:	16:49.35	37.82	2100m:	26:22.71	38.41	2850m:	35:51.21	37.14					
650m:	8:01.12	37.84	1400m:	17:27.58	38.23	2150m:	27:00.61	37.90	2900m:	36:28.32	37.11					
700m:	8:38.90	37.78	1450m:	18:05.77	38.19	2200m:	27:39.31	38.70	2950m:	37:04.75	36.43					
750m:	9:16.79	37.89	1500m:	18:44.04	38.27	2250m:	28:17.62	38.31	3000m:	37:40.47	35.72					
13. BUSQUETS DOMÈNECH, Mar			07		C.N. Olot								37:52.43		10,00	
50m:	34.97	34.97	650m:	8:01.65	37.12	1250m:	15:39.24	38.33	1850m:	23:15.90	37.42					
100m:	1:10.83	35.86	700m:	8:39.00	37.35	1300m:	16:17.43	38.19	1900m:	23:53.02	37.12					
150m:	1:47.61	36.78	750m:	9:16.81	37.81	1350m:	16:55.37	37.94	1950m:	24:31.51	38.49					
200m:	2:24.09	36.48	800m:	9:55.15	38.34	1400m:	17:34.11	38.74	2000m:	25:09.82	38.31					
250m:	3:01.27	37.18	850m:	10:32.98	37.83	1450m:	18:12.66	38.55	2050m:	25:48.23	38.41					
300m:	3:38.59	37.32	900m:	11:10.97	37.99	1500m:	18:51.48	38.82	2100m:	26:26.55	38.32					
350m:	4:16.57	37.98	950m:	11:48.92	37.95	1550m:	19:29.55	38.07	2150m:	27:03.86	37.31					
400m:	4:54.65	38.08	1000m:	12:26.93	38.01	1600m:	20:06.16	36.61	2200m:	27:42.21	38.35					
450m:	5:32.21	37.56	1050m:	13:05.54	38.61	1650m:	20:44.58	38.42	2250m:	28:20.35	38.14					
500m:	6:10.19	37.98	1100m:	13:43.76	38.22	1700m:	21:22.65	38.07	2300m:	28:58.96	38.61					
550m:	6:46.99	36.80	1150m:	14:22.56	38.80	1750m:	22:00.57	37.92	2350m:	29:37.87	38.91					
600m:	7:24.53	37.54	1200m:	15:00.91	38.35	1800m:	22:38.48	37.91	2400m:	30:16.52	38.65					

Prova 3, Fem., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY				Temps						
2450m:	30:55.60	39.08	2600m:	32:52.42	38.54	2750m:	34:46.68	38.36	2900m:	36:40.19	38.04
2500m:	31:34.49	38.89	2650m:	33:30.62	38.20	2800m:	35:24.66	37.98	2950m:	37:16.55	36.36
2550m:	32:13.88	39.39	2700m:	34:08.32	37.70	2850m:	36:02.15	37.49	3000m:	37:52.43	35.88
14. BRAVO GARCIA, Daniela			08			C.N. Sabadell			38:00.84	9,00	
50m:	35.03	35.03	800m:	9:52.66	37.78	1550m:	19:24.22	38.80	2300m:	29:01.48	38.64
100m:	1:11.32	36.29	850m:	10:30.46	37.80	1600m:	20:02.77	38.55	2350m:	29:40.61	39.13
150m:	1:48.28	36.96	900m:	11:08.52	38.06	1650m:	20:41.64	38.87	2400m:	30:20.07	39.46
200m:	2:25.32	37.04	950m:	11:46.46	37.94	1700m:	21:20.45	38.81	2450m:	30:59.13	39.06
250m:	3:02.17	36.85	1000m:	12:24.06	37.60	1750m:	21:58.51	38.06	2500m:	31:38.87	39.74
300m:	3:39.27	37.10	1050m:	13:02.19	38.13	1800m:	22:36.75	38.24	2550m:	32:17.94	39.07
350m:	4:16.79	37.52	1100m:	13:40.08	37.89	1850m:	23:14.96	38.21	2600m:	32:56.84	38.90
400m:	4:54.23	37.44	1150m:	14:17.70	37.62	1900m:	23:53.46	38.50	2650m:	33:36.16	39.32
450m:	5:32.14	37.91	1200m:	14:55.15	37.45	1950m:	24:31.82	38.36	2700m:	34:14.65	38.49
500m:	6:09.85	37.71	1250m:	15:33.29	38.14	2000m:	25:10.92	39.10	2750m:	34:53.05	38.40
550m:	6:46.63	36.78	1300m:	16:11.76	38.47	2050m:	25:49.36	38.44	2800m:	35:31.69	38.64
600m:	7:23.74	37.11	1350m:	16:50.11	38.35	2100m:	26:26.97	37.61	2850m:	36:09.47	37.78
650m:	8:00.75	37.01	1400m:	17:28.25	38.14	2150m:	27:05.62	38.65	2900m:	36:46.88	37.41
700m:	8:37.73	36.98	1450m:	18:06.87	38.62	2200m:	27:44.47	38.85	2950m:	37:24.63	37.75
750m:	9:14.88	37.15	1500m:	18:45.42	38.55	2250m:	28:22.84	38.37	3000m:	38:00.84	36.21
15. TORRUBIANO GONZALEZ, Aina			04			C.E.N. Balaguer			38:05.69	13,00	
50m:	35.93	35.93	800m:	9:55.95	38.04	1550m:	19:26.86	38.64	2300m:	29:04.70	38.93
100m:	1:12.18	36.25	850m:	10:33.75	37.80	1600m:	20:05.91	39.05	2350m:	29:43.27	38.57
150m:	1:48.77	36.59	900m:	11:12.05	38.30	1650m:	20:44.20	38.29	2400m:	30:22.29	39.02
200m:	2:25.38	36.61	950m:	11:49.77	37.72	1700m:	21:22.68	38.48	2450m:	31:01.53	39.24
250m:	3:02.30	36.92	1000m:	12:27.66	37.89	1750m:	22:00.82	38.14	2500m:	31:40.93	39.40
300m:	3:39.34	37.04	1050m:	13:05.38	37.72	1800m:	22:39.08	38.26	2550m:	32:20.61	39.68
350m:	4:16.73	37.39	1100m:	13:43.43	38.05	1850m:	23:16.98	37.90	2600m:	32:59.21	38.60
400m:	4:54.18	37.45	1150m:	14:21.64	38.21	1900m:	23:55.51	38.53	2650m:	33:38.17	38.96
450m:	5:31.82	37.64	1200m:	14:59.43	37.79	1950m:	24:34.03	38.52	2700m:	34:17.00	38.83
500m:	6:10.03	38.21	1250m:	15:37.23	37.80	2000m:	25:12.57	38.54	2750m:	34:55.79	38.79
550m:	6:47.46	37.43	1300m:	16:15.57	38.34	2050m:	25:51.51	38.94	2800m:	35:34.19	38.40
600m:	7:24.98	37.52	1350m:	16:53.68	38.11	2100m:	26:30.27	38.76	2850m:	36:12.71	38.52
650m:	8:02.53	37.55	1400m:	17:31.79	38.11	2150m:	27:08.84	38.57	2900m:	36:51.64	38.93
700m:	8:40.14	37.61	1450m:	18:10.01	38.22	2200m:	27:47.02	38.18	2950m:	37:29.62	37.98
750m:	9:17.91	37.77	1500m:	18:48.22	38.21	2250m:	28:25.77	38.75	3000m:	38:05.69	36.07
16. VIDAL MERINO, Julia			07			C.N. Granollers			38:11.25	8,00	
50m:	35.27	35.27	800m:	9:59.35	37.78	1550m:	19:35.55	38.75	2300m:	29:13.30	38.18
100m:	1:11.64	36.37	850m:	10:36.61	37.26	1600m:	20:14.37	38.82	2350m:	29:52.27	38.97
150m:	1:48.23	36.59	900m:	11:14.31	37.70	1650m:	20:52.74	38.37	2400m:	30:30.55	38.28
200m:	2:25.42	37.19	950m:	11:52.72	38.41	1700m:	21:30.84	38.10	2450m:	31:09.22	38.67
250m:	3:03.05	37.63	1000m:	12:31.11	38.39	1750m:	22:10.03	39.19	2500m:	31:47.60	38.38
300m:	3:40.61	37.56	1050m:	13:09.80	38.69	1800m:	22:48.57	38.54	2550m:	32:26.92	39.32
350m:	4:18.47	37.86	1100m:	13:48.30	38.50	1850m:	23:27.26	38.69	2600m:	33:05.79	38.87
400m:	4:56.82	38.35	1150m:	14:26.88	38.58	1900m:	24:05.81	38.55	2650m:	33:44.20	38.41
450m:	5:34.73	37.91	1200m:	15:05.14	38.26	1950m:	24:44.03	38.22	2700m:	34:22.33	38.13
500m:	6:12.21	37.48	1250m:	15:43.51	38.37	2000m:	25:22.11	38.08	2750m:	35:00.47	38.14
550m:	6:50.20	37.99	1300m:	16:22.03	38.52	2050m:	26:01.32	39.21	2800m:	35:38.80	38.33
600m:	7:28.16	37.96	1350m:	17:00.60	38.57	2100m:	26:39.39	38.07	2850m:	36:17.44	38.64
650m:	8:06.01	37.85	1400m:	17:39.39	38.79	2150m:	27:17.94	38.55	2900m:	36:55.78	38.34
700m:	8:43.50	37.49	1450m:	18:18.09	38.70	2200m:	27:56.53	38.59	2950m:	37:33.57	37.79
750m:	9:21.57	38.07	1500m:	18:56.80	38.71	2250m:	28:35.12	38.59	3000m:	38:11.25	37.68
17. HERRERA CASTILLON, Alba			07			C.N. Premià			38:14.24	7,00	
50m:	35.32	35.32	550m:	6:51.84	37.93	1050m:	13:11.32	37.96	1550m:	19:34.72	38.51
100m:	1:12.01	36.69	600m:	7:29.70	37.86	1100m:	13:49.48	38.16	1600m:	20:13.20	38.48
150m:	1:49.20	37.19	650m:	8:07.57	37.87	1150m:	14:27.54	38.06	1650m:	20:51.34	38.14
200m:	2:26.81	37.61	700m:	8:45.47	37.90	1200m:	15:06.19	38.65	1700m:	21:29.76	38.42
250m:	3:04.61	37.80	750m:	9:23.41	37.94	1250m:	15:44.48	38.29	1750m:	22:08.65	38.89
300m:	3:42.66	38.05	800m:	10:01.39	37.98	1300m:	16:22.70	38.22	1800m:	22:46.91	38.26
350m:	4:20.39	37.73	850m:	10:39.37	37.98	1350m:	17:01.14	38.44	1850m:	23:25.39	38.48
400m:	4:58.10	37.71	900m:	11:17.35	37.98	1400m:	17:39.41	38.27	1900m:	24:04.14	38.75
450m:	5:35.85	37.75	950m:	11:55.28	37.93	1450m:	18:17.76	38.35	1950m:	24:42.82	38.68
500m:	6:13.91	38.06	1000m:	12:33.36	38.08	1500m:	18:56.21	38.45	2000m:	25:21.34	38.52

Prova 3, Fem., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY				Temps						
2050m:	25:59.69	38.35	2300m:	29:12.64	39.03	2550m:	32:26.22	39.13	2800m:	35:41.39	39.10
2100m:	26:38.04	38.35	2350m:	29:50.84	38.20	2600m:	33:04.92	38.70	2850m:	36:19.98	38.59
2150m:	27:16.48	38.44	2400m:	30:29.51	38.67	2650m:	33:44.03	39.11	2900m:	36:58.36	38.38
2200m:	27:55.15	38.67	2450m:	31:08.26	38.75	2700m:	34:23.24	39.21	2950m:	37:36.70	38.34
2250m:	28:33.61	38.46	2500m:	31:47.09	38.83	2750m:	35:02.29	39.05	3000m:	38:14.24	37.54
18. AMOR HERNANDEZ, Avril			08			C.E. Mediterrani			38:17.74		6,00
50m:	34.09	34.09	800m:	10:00.46	38.64	1550m:	19:36.83	38.71	2300m:	29:23.78	39.79
100m:	1:10.49	36.40	850m:	10:37.99	37.53	1600m:	20:15.96	39.13	2350m:	30:02.77	38.99
150m:	1:47.46	36.97	900m:	11:16.77	38.78	1650m:	20:54.80	38.84	2400m:	30:40.86	38.09
200m:	2:24.97	37.51	950m:	11:54.51	37.74	1700m:	21:34.06	39.26	2450m:	31:20.23	39.37
250m:	3:02.52	37.55	1000m:	12:32.85	38.34	1750m:	22:12.59	38.53	2500m:	31:58.91	38.68
300m:	3:40.55	38.03	1050m:	13:11.27	38.42	1800m:	22:51.65	39.06	2550m:	32:38.49	39.58
350m:	4:18.93	38.38	1100m:	13:49.80	38.53	1850m:	23:31.92	40.27	2600m:	33:15.97	37.48
400m:	4:56.05	37.12	1150m:	14:28.81	39.01	1900m:	24:10.04	38.12	2650m:	33:54.30	38.33
450m:	5:33.93	37.88	1200m:	15:06.79	37.98	1950m:	24:48.94	38.90	2700m:	34:32.55	38.25
500m:	6:11.68	37.75	1250m:	15:45.30	38.51	2000m:	25:28.47	39.53	2750m:	35:10.72	38.17
550m:	6:49.25	37.57	1300m:	16:24.17	38.87	2050m:	26:07.62	39.15	2800m:	35:48.84	38.12
600m:	7:27.14	37.89	1350m:	17:02.20	38.03	2100m:	26:46.54	38.92	2850m:	36:27.21	38.37
650m:	8:05.36	38.22	1400m:	17:41.54	39.34	2150m:	27:25.83	39.29	2900m:	37:04.74	37.53
700m:	8:43.42	38.06	1450m:	18:20.36	38.82	2200m:	28:05.16	39.33	2950m:	37:42.48	37.74
750m:	9:21.82	38.40	1500m:	18:58.12	37.76	2250m:	28:43.99	38.83	3000m:	38:17.74	35.26
19. RODRÍGUEZ SANTAULARIA, Jéssica			06			C.N. Barcelona			38:47.57		14,00
50m:	35.78	35.78	800m:	9:58.83	38.13	1550m:	19:38.91	38.91	2300m:	29:32.10	40.15
100m:	1:11.70	35.92	850m:	10:37.21	38.38	1600m:	20:17.90	38.99	2350m:	30:11.92	39.82
150m:	1:48.37	36.67	900m:	11:15.57	38.36	1650m:	20:57.15	39.25	2400m:	30:51.60	39.68
200m:	2:25.34	36.97	950m:	11:53.92	38.35	1700m:	21:36.80	39.65	2450m:	31:31.74	40.14
250m:	3:02.06	36.72	1000m:	12:32.36	38.44	1750m:	22:16.05	39.25	2500m:	32:11.73	39.99
300m:	3:39.46	37.40	1050m:	13:10.62	38.26	1800m:	22:55.35	39.30	2550m:	32:51.42	39.69
350m:	4:16.78	37.32	1100m:	13:49.32	38.70	1850m:	23:34.93	39.58	2600m:	33:31.08	39.66
400m:	4:54.33	37.55	1150m:	14:28.19	38.87	1900m:	24:14.69	39.76	2650m:	34:11.32	40.24
450m:	5:32.25	37.92	1200m:	15:07.02	38.83	1950m:	24:54.38	39.69	2700m:	34:51.23	39.91
500m:	6:10.43	38.18	1250m:	15:45.46	38.44	2000m:	25:33.89	39.51	2750m:	35:30.96	39.73
550m:	6:48.33	37.90	1300m:	16:23.94	38.48	2050m:	26:13.43	39.54	2800m:	36:11.00	40.04
600m:	7:26.27	37.94	1350m:	17:02.57	38.63	2100m:	26:52.63	39.20	2850m:	36:50.47	39.47
650m:	8:04.45	38.18	1400m:	17:41.23	38.66	2150m:	27:31.97	39.34	2900m:	37:30.67	40.20
700m:	8:42.46	38.01	1450m:	18:20.54	39.31	2200m:	28:11.87	39.90	2950m:	38:09.84	39.17
750m:	9:20.70	38.24	1500m:	19:00.00	39.46	2250m:	28:51.95	40.08	3000m:	38:47.57	37.73
20. MANGAS JIMENEZ, Claudia			08			C.N. Granollers			39:12.25		5,00
50m:	36.79	36.79	800m:	10:06.80	37.92	1550m:	19:47.13	39.12	2300m:	29:48.45	41.83
100m:	1:14.14	37.35	850m:	10:44.95	38.15	1600m:	20:26.31	39.18	2350m:	30:29.25	40.80
150m:	1:51.27	37.13	900m:	11:22.88	37.93	1650m:	21:05.29	38.98	2400m:	31:09.43	40.18
200m:	2:28.85	37.58	950m:	12:01.29	38.41	1700m:	21:45.25	39.96	2450m:	31:50.45	41.02
250m:	3:06.86	38.01	1000m:	12:39.74	38.45	1750m:	22:24.86	39.61	2500m:	32:31.79	41.34
300m:	3:45.00	38.14	1050m:	13:18.80	39.06	1800m:	23:04.73	39.87	2550m:	33:13.76	41.97
350m:	4:22.99	37.99	1100m:	13:57.80	39.00	1850m:	23:44.79	40.06	2600m:	33:53.25	39.49
400m:	5:01.58	38.59	1150m:	14:36.21	38.41	1900m:	24:24.48	39.69	2650m:	34:33.29	40.04
450m:	5:39.05	37.47	1200m:	15:14.97	38.76	1950m:	25:04.37	39.89	2700m:	35:13.38	40.09
500m:	6:17.36	38.31	1250m:	15:53.01	38.04	2000m:	25:44.29	39.92	2750m:	35:53.44	40.06
550m:	6:55.33	37.97	1300m:	16:31.77	38.76	2050m:	26:25.34	41.05	2800m:	36:33.84	40.40
600m:	7:33.58	38.25	1350m:	17:11.07	39.30	2100m:	27:05.24	39.90	2850m:	37:14.11	40.27
650m:	8:11.84	38.26	1400m:	17:50.51	39.44	2150m:	27:45.42	40.18	2900m:	37:54.48	40.37
700m:	8:49.94	38.10	1450m:	18:29.60	39.09	2200m:	28:25.50	40.08	2950m:	38:34.01	39.53
750m:	9:28.88	38.94	1500m:	19:08.01	38.41	2250m:	29:06.62	41.12	3000m:	39:12.25	38.24

Prova 3, Fem., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY		Temps	
21. BENITO CASTELLÓ, Mar	08	C.N. Lleida	39:16.72	4,00
50m: 35.99 35.99	800m: 10:07.01	38.40 1550m: 19:52.10	39.63 2300m: 29:51.96	40.08
100m: 1:13.01 37.02	850m: 10:45.80	38.79 1600m: 20:31.04	38.94 2350m: 30:32.18	40.22
150m: 1:50.65 37.64	900m: 11:24.72	38.92 1650m: 21:11.22	40.18 2400m: 31:12.67	40.49
200m: 2:28.31 37.66	950m: 12:03.66	38.94 1700m: 21:50.72	39.50 2450m: 31:53.50	40.83
250m: 3:06.50 38.19	1000m: 12:42.18	38.52 1750m: 22:31.07	40.35 2500m: 32:34.54	41.04
300m: 3:44.51 38.01	1050m: 13:20.53	38.35 1800m: 23:11.09	40.02 2550m: 33:15.25	40.71
350m: 4:22.95 38.44	1100m: 13:59.12	38.59 1850m: 23:51.06	39.97 2600m: 33:55.21	39.96
400m: 5:01.52 38.57	1150m: 14:37.59	38.47 1900m: 24:30.77	39.71 2650m: 34:35.24	40.03
450m: 5:40.39 38.87	1200m: 15:16.83	39.24 1950m: 25:10.38	39.61 2700m: 35:15.36	40.12
500m: 6:18.57 38.18	1250m: 15:55.80	38.97 2000m: 25:50.07	39.69 2750m: 35:55.68	40.32
550m: 6:56.61 38.04	1300m: 16:35.01	39.21 2050m: 26:30.28	40.21 2800m: 36:36.01	40.33
600m: 7:34.18 37.57	1350m: 17:14.29	39.28 2100m: 27:10.81	40.53 2850m: 37:16.43	40.42
650m: 8:12.26 38.08	1400m: 17:54.01	39.72 2150m: 27:50.91	40.10 2900m: 37:57.10	40.67
700m: 8:50.18 37.92	1450m: 18:33.47	39.46 2200m: 28:31.48	40.57 2950m: 38:37.12	40.02
750m: 9:28.61 38.43	1500m: 19:12.47	39.00 2250m: 29:11.88	40.40 3000m: 39:16.72	39.60
22. MARTIN SUSIN, Berta	08	C.N. L'Hospitalet	39:25.55	3,00
50m: 36.45 36.45	800m: 10:18.69	39.64 1550m: 20:13.28	39.55 2300m: 30:11.38	40.71
100m: 1:14.56 38.11	850m: 10:56.44	37.75 1600m: 20:52.97	39.69 2350m: 30:51.85	40.47
150m: 1:52.09 37.53	900m: 11:35.54	39.10 1650m: 21:32.65	39.68 2400m: 31:31.71	39.86
200m: 2:29.88 37.79	950m: 12:15.40	39.86 1700m: 22:13.08	40.43 2450m: 32:09.34	37.63
250m: 3:08.75 38.87	1000m: 12:55.82	40.42 1750m: 22:53.35	40.27 2500m: 32:48.78	39.44
300m: 3:47.51 38.76	1050m: 13:35.76	39.94 1800m: 23:33.89	40.54 2550m: 33:29.02	40.24
350m: 4:26.68 39.17	1100m: 14:15.09	39.33 1850m: 24:13.78	39.89 2600m: 34:09.49	40.47
400m: 5:04.08 37.40	1150m: 14:55.04	39.95 1900m: 24:53.47	39.69 2650m: 34:49.71	40.22
450m: 5:43.04 38.96	1200m: 15:35.53	40.49 1950m: 25:30.77	37.30 2700m: 35:30.07	40.36
500m: 6:22.36 39.32	1250m: 16:16.24	40.71 2000m: 26:10.41	39.64 2750m: 36:09.98	39.91
550m: 7:01.22 38.86	1300m: 16:56.56	40.32 2050m: 26:50.57	40.16 2800m: 36:48.39	38.41
600m: 7:40.33 39.11	1350m: 17:34.87	38.31 2100m: 27:30.22	39.65 2850m: 37:28.06	39.67
650m: 8:19.93 39.60	1400m: 18:13.11	38.24 2150m: 28:10.57	40.35 2900m: 38:07.25	39.19
700m: 8:59.65 39.72	1450m: 18:54.15	41.04 2200m: 28:50.70	40.13 2950m: 38:46.43	39.18
750m: 9:39.05 39.40	1500m: 19:33.73	39.58 2250m: 29:30.67	39.97 3000m: 39:25.55	39.12
23. SOLA SOLERNOU, Ona	06	C.N. Igualada	39:26.10	13,00
50m: 36.27 36.27	800m: 10:20.55	39.09 1550m: 20:10.89	39.78 2300m: 30:08.08	40.02
100m: 1:13.83 37.56	850m: 10:59.15	38.60 1600m: 20:50.66	39.77 2350m: 30:47.83	39.75
150m: 1:52.12 38.29	900m: 11:38.18	39.03 1650m: 21:30.49	39.83 2400m: 31:27.99	40.16
200m: 2:30.97 38.85	950m: 12:17.39	39.21 1700m: 22:10.13	39.64 2450m: 32:08.47	40.48
250m: 3:09.81 38.84	1000m: 12:56.35	38.96 1750m: 22:49.79	39.66 2500m: 32:48.60	40.13
300m: 3:49.27 39.46	1050m: 13:35.39	39.04 1800m: 23:29.70	39.91 2550m: 33:28.64	40.04
350m: 4:28.19 38.92	1100m: 14:14.72	39.33 1850m: 24:09.37	39.67 2600m: 34:08.70	40.06
400m: 5:07.65 39.46	1150m: 14:54.19	39.47 1900m: 24:48.92	39.55 2650m: 34:49.04	40.34
450m: 5:46.94 39.29	1200m: 15:33.61	39.42 1950m: 25:28.83	39.91 2700m: 35:29.33	40.29
500m: 6:26.28 39.34	1250m: 16:12.95	39.34 2000m: 26:08.91	40.08 2750m: 36:09.14	39.81
550m: 7:04.71 38.43	1300m: 16:52.64	39.69 2050m: 26:49.05	40.14 2800m: 36:48.21	39.07
600m: 7:44.07 39.36	1350m: 17:32.13	39.49 2100m: 27:28.56	39.51 2850m: 37:27.59	39.38
650m: 8:23.27 39.20	1400m: 18:11.50	39.37 2150m: 28:07.87	39.31 2900m: 38:07.10	39.51
700m: 9:02.29 39.02	1450m: 18:51.38	39.88 2200m: 28:47.77	39.90 2950m: 38:46.99	39.89
750m: 9:41.46 39.17	1500m: 19:31.11	39.73 2250m: 29:28.06	40.29 3000m: 39:26.10	39.11
24. PRUNES ARNAU, Jana	07	C.N. Mataró	39:30.73	2,00
50m: 35.94 35.94	750m: 9:36.73	39.42 1450m: 18:54.53	39.89 2150m: 28:14.22	40.05
100m: 1:12.71 36.77	800m: 10:16.79	40.06 1500m: 19:34.42	39.89 2200m: 28:54.68	40.46
150m: 1:50.61 37.90	850m: 10:56.57	39.78 1550m: 20:14.20	39.78 2250m: 29:34.76	40.08
200m: 2:28.55 37.94	900m: 11:36.07	39.50 1600m: 20:54.01	39.81 2300m: 30:14.99	40.23
250m: 3:06.96 38.41	950m: 12:15.69	39.62 1650m: 21:33.74	39.73 2350m: 30:55.26	40.27
300m: 3:45.47 38.51	1000m: 12:55.48	39.79 1700m: 22:13.45	39.71 2400m: 31:35.65	40.39
350m: 4:23.99 38.52	1050m: 13:35.20	39.72 1750m: 22:53.58	40.13 2450m: 32:16.17	40.52
400m: 5:03.02 39.03	1100m: 14:15.02	39.82 1800m: 23:33.60	40.02 2500m: 32:56.21	40.04
450m: 5:41.99 38.97	1150m: 14:54.97	39.95 1850m: 24:13.66	40.06 2550m: 33:36.60	40.39
500m: 6:20.75 38.76	1200m: 15:35.00	40.03 1900m: 24:53.56	39.90 2600m: 34:16.59	39.99
550m: 6:59.42 38.67	1250m: 16:14.57	39.57 1950m: 25:34.08	40.52 2650m: 34:56.67	40.08
600m: 7:38.46 39.04	1300m: 16:54.85	40.28 2000m: 26:14.39	40.31 2700m: 35:36.55	39.88
650m: 8:17.75 39.29	1350m: 17:34.95	40.10 2050m: 26:54.21	39.82 2750m: 36:16.36	39.81
700m: 8:57.31 39.56	1400m: 18:14.64	39.69 2100m: 27:34.17	39.96 2800m: 36:55.99	39.63

Piscina 25m / Cronometratge Semi-automàtic

Prova 3, Fem., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY				Temps						
	2850m: 37:35.20	39.21	2900m: 38:14.48	39.28	2950m: 38:53.40	38.92	3000m: 39:30.73	37.33			
25. MARZO LOREN, Aina	06 C.N. Atl Barceloneta				39:31.82 12,00						
50m:	36.03	36.03	800m:	10:18.53	38.97	1550m:	20:16.66	39.84	2300m:	30:15.70	40.46
100m:	1:14.18	38.15	850m:	10:57.98	39.45	1600m:	20:56.89	40.23	2350m:	30:55.33	39.63
150m:	1:52.78	38.60	900m:	11:37.43	39.45	1650m:	21:36.63	39.74	2400m:	31:35.04	39.71
200m:	2:31.69	38.91	950m:	12:17.40	39.97	1700m:	22:16.40	39.77	2450m:	32:15.04	40.00
250m:	3:10.50	38.81	1000m:	12:56.61	39.21	1750m:	22:56.73	40.33	2500m:	32:55.26	40.22
300m:	3:49.77	39.27	1050m:	13:35.97	39.36	1800m:	23:37.22	40.49	2550m:	33:34.91	39.65
350m:	4:29.02	39.25	1100m:	14:15.84	39.87	1850m:	24:17.48	40.26	2600m:	34:15.10	40.19
400m:	5:08.19	39.17	1150m:	14:55.46	39.62	1900m:	24:56.85	39.37	2650m:	34:55.63	40.53
450m:	5:47.33	39.14	1200m:	15:35.95	40.49	1950m:	25:36.63	39.78	2700m:	35:36.60	40.97
500m:	6:26.20	38.87	1250m:	16:15.53	39.58	2000m:	26:16.67	40.04	2750m:	36:16.60	40.00
550m:	7:04.53	38.33	1300m:	16:56.09	40.56	2050m:	26:56.17	39.50	2800m:	36:56.02	39.42
600m:	7:42.69	38.16	1350m:	17:35.94	39.85	2100m:	27:35.74	39.57	2850m:	37:35.46	39.44
650m:	8:21.79	39.10	1400m:	18:15.74	39.80	2150m:	28:15.59	39.85	2900m:	38:14.43	38.97
700m:	9:00.68	38.89	1450m:	18:56.43	40.69	2200m:	28:55.16	39.57	2950m:	38:54.65	40.22
750m:	9:39.56	38.88	1500m:	19:36.82	40.39	2250m:	29:35.24	40.08	3000m:	39:31.82	37.17
26. HUGUET SAN AGUSTIN, Nora	04 C.N. Atl Barceloneta				39:44.70 12,00						
50m:	35.76	35.76	800m:	10:21.63	39.60	1550m:	20:18.70	40.03	2300m:	30:21.03	40.96
100m:	1:13.73	37.97	850m:	11:01.75	40.12	1600m:	20:58.62	39.92	2350m:	31:01.59	40.56
150m:	1:52.12	38.39	900m:	11:41.13	39.38	1650m:	21:38.83	40.21	2400m:	31:42.22	40.63
200m:	2:30.72	38.60	950m:	12:21.26	40.13	1700m:	22:18.24	39.41	2450m:	32:22.79	40.57
250m:	3:09.66	38.94	1000m:	13:01.02	39.76	1750m:	22:57.53	39.29	2500m:	33:03.38	40.59
300m:	3:49.03	39.37	1050m:	13:40.76	39.74	1800m:	23:37.57	40.04	2550m:	33:43.46	40.08
350m:	4:28.09	39.06	1100m:	14:20.55	39.79	1850m:	24:17.78	40.21	2600m:	34:24.09	40.63
400m:	5:07.26	39.17	1150m:	15:00.34	39.79	1900m:	24:57.86	40.08	2650m:	35:04.51	40.42
450m:	5:46.71	39.45	1200m:	15:40.85	40.51	1950m:	25:37.87	40.01	2700m:	35:44.55	40.04
500m:	6:26.02	39.31	1250m:	16:20.81	39.96	2000m:	26:18.08	40.21	2750m:	36:24.55	40.00
550m:	7:04.88	38.86	1300m:	17:00.50	39.69	2050m:	26:58.42	40.34	2800m:	37:04.87	40.32
600m:	7:44.12	39.24	1350m:	17:39.83	39.33	2100m:	27:39.49	41.07	2850m:	37:44.68	39.81
650m:	8:23.38	39.26	1400m:	18:19.15	39.32	2150m:	28:19.62	40.13	2900m:	38:25.09	40.41
700m:	9:02.54	39.16	1450m:	18:58.83	39.68	2200m:	28:59.79	40.17	2950m:	39:04.81	39.72
750m:	9:42.03	39.49	1500m:	19:38.67	39.84	2250m:	29:40.07	40.28	3000m:	39:44.70	39.89
27. BAUTISTA BAS, Paula	08 Torelló C.A.N.				39:54.76 1,00						
50m:	35.85	35.85	800m:	10:27.25	40.03	1550m:	20:32.65	40.21	2300m:	30:36.60	40.24
100m:	1:14.19	38.34	850m:	11:08.12	40.87	1600m:	21:13.01	40.36	2350m:	31:17.18	40.58
150m:	1:52.99	38.80	900m:	11:48.32	40.20	1650m:	21:53.14	40.13	2400m:	31:57.83	40.65
200m:	2:31.76	38.77	950m:	12:28.48	40.16	1700m:	22:33.27	40.13	2450m:	32:38.49	40.66
250m:	3:10.65	38.89	1000m:	13:08.49	40.01	1750m:	23:13.47	40.20	2500m:	33:19.23	40.74
300m:	3:49.77	39.12	1050m:	13:48.55	40.06	1800m:	23:53.82	40.35	2550m:	33:58.91	39.68
350m:	4:29.78	40.01	1100m:	14:29.17	40.62	1850m:	24:34.28	40.46	2600m:	34:38.97	40.06
400m:	5:08.97	39.19	1150m:	15:09.49	40.32	1900m:	25:14.26	39.98	2650m:	35:18.87	39.90
450m:	5:48.26	39.29	1200m:	15:49.78	40.29	1950m:	25:55.30	41.04	2700m:	35:58.81	39.94
500m:	6:27.39	39.13	1250m:	16:30.46	40.68	2000m:	26:35.58	40.28	2750m:	36:38.34	39.53
550m:	7:07.30	39.91	1300m:	17:10.77	40.31	2050m:	27:15.42	39.84	2800m:	37:17.77	39.43
600m:	7:47.40	40.10	1350m:	17:51.04	40.27	2100m:	27:55.10	39.68	2850m:	37:56.72	38.95
650m:	8:27.24	39.84	1400m:	18:31.44	40.40	2150m:	28:35.43	40.33	2900m:	38:36.28	39.56
700m:	9:07.14	39.90	1450m:	19:11.87	40.43	2200m:	29:16.08	40.65	2950m:	39:15.42	39.14
750m:	9:47.22	40.08	1500m:	19:52.44	40.57	2250m:	29:56.36	40.28	3000m:	39:54.76	39.34
28. MONTERO MARTINEZ, Rebeca	06 C.N. L'Hospitalet				41:35.84 11,00						
50m:	38.14	38.14	650m:	8:51.38	41.08	1250m:	17:10.73	40.98	1850m:	25:32.61	41.47
100m:	1:18.29	40.15	700m:	9:32.30	40.92	1300m:	17:52.83	42.10	1900m:	26:14.43	41.82
150m:	1:59.60	41.31	750m:	10:13.88	41.58	1350m:	18:34.15	41.32	1950m:	26:56.55	42.12
200m:	2:40.56	40.96	800m:	10:55.60	41.72	1400m:	19:15.78	41.63	2000m:	27:38.26	41.71
250m:	3:21.56	41.00	850m:	11:37.82	42.22	1450m:	19:58.44	42.66	2050m:	28:20.33	42.07
300m:	4:02.93	41.37	900m:	12:19.34	41.52	1500m:	20:39.79	41.35	2100m:	29:02.92	42.59
350m:	4:44.24	41.31	950m:	13:01.26	41.92	1550m:	21:22.03	42.24	2150m:	29:44.84	41.92
400m:	5:25.52	41.28	1000m:	13:43.44	42.18	1600m:	22:04.16	42.13	2200m:	30:27.02	42.18
450m:	6:06.74	41.22	1050m:	14:25.14	41.70	1650m:	22:46.79	42.63	2250m:	31:09.61	42.59
500m:	6:47.80	41.06	1100m:	15:06.61	41.47	1700m:	23:28.39	41.60	2300m:	31:51.55	41.94
550m:	7:29.25	41.45	1150m:	15:49.09	42.48	1750m:	24:09.57	41.18	2350m:	32:33.97	42.42
600m:	8:10.30	41.05	1200m:	16:29.75	40.66	1800m:	24:51.14	41.57	2400m:	33:17.26	43.29

Piscina 25m / Cronometratge Semi-automàtic

Prova 3, Fem., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY				Temps			
	2450m: 33:59.40	42.14	2600m: 36:06.09	42.25	2750m: 38:09.99	41.29	2900m: 40:14.99	41.71
	2500m: 34:41.75	42.35	2650m: 36:46.63	40.54	2800m: 38:52.23	42.24	2950m: 40:56.42	41.43
	2550m: 35:23.84	42.09	2700m: 37:28.70	42.07	2850m: 39:33.28	41.05	3000m: 41:35.84	39.42
DSQ	FERNANDEZ VALDIVIESO, Alba		06	C.N. Mataró		-		
	<i>RT - RETIRAT</i>							
BX	RUBIO ARROJO, Elsa		08	C.N. Figueres		-		
BX	NET GOMEZ, Laia		06	C.N. L'Hospitalet		-		

Prova 4
 18/11/2023

Masc., 3000m Lliure

 Absolut, Júnior 2 i Júnior 1
 Resultats

MMC Open	30:44.55	, Guillem Pujol Belmonte	00106	SABADELL	3/12/2021
MMC 18	31:39.66	ORTIZ MARTINEZ, Carlos	00076	BARCELONA	2/12/2022
MMC 17	31:38.16	, Marcos Gil Corbacho		Sabadell	21/1/2017
MMC 16	32:31.00	, Albert Escrits Mañosa		Banyoles	30/11/2014

Classificació

ANY

Temps

Júnior 1 Fons Indoor

 1. PARRA ESTRADÉ, Arnau 07 C.N. Atl Barceloneta **32:17.86** 19,00
Millor Marca Catalana

50m:	32.04	32.04	800m:	8:36.40	32.04	1550m:	16:38.86	32.19	2300m:	24:42.06	32.18
100m:	1:04.24	32.20	850m:	9:08.40	32.00	1600m:	17:11.03	32.17	2350m:	25:14.33	32.27
150m:	1:36.83	32.59	900m:	9:40.45	32.05	1650m:	17:43.30	32.27	2400m:	25:46.69	32.36
200m:	2:09.35	32.52	950m:	10:12.58	32.13	1700m:	18:15.48	32.18	2450m:	26:18.89	32.20
250m:	2:41.81	32.46	1000m:	10:45.06	32.48	1750m:	18:47.85	32.37	2500m:	26:51.82	32.93
300m:	3:14.01	32.20	1050m:	11:17.12	32.06	1800m:	19:20.17	32.32	2550m:	27:24.28	32.46
350m:	3:46.30	32.29	1100m:	11:49.36	32.24	1850m:	19:51.88	31.71	2600m:	27:56.95	32.67
400m:	4:18.79	32.49	1150m:	12:21.55	32.19	1900m:	20:24.19	32.31	2650m:	28:29.73	32.78
450m:	4:51.16	32.37	1200m:	12:53.58	32.03	1950m:	20:56.21	32.02	2700m:	29:02.26	32.53
500m:	5:23.45	32.29	1250m:	13:25.63	32.05	2000m:	21:28.39	32.18	2750m:	29:35.23	32.97
550m:	5:55.48	32.03	1300m:	13:57.88	32.25	2050m:	22:00.66	32.27	2800m:	30:08.04	32.81
600m:	6:27.57	32.09	1350m:	14:29.94	32.06	2100m:	22:32.97	32.31	2850m:	30:40.81	32.77
650m:	6:59.76	32.19	1400m:	15:02.16	32.22	2150m:	23:05.06	32.09	2900m:	31:13.91	33.10
700m:	7:32.07	32.31	1450m:	15:34.38	32.22	2200m:	23:37.50	32.44	2950m:	31:47.00	33.09
750m:	8:04.36	32.29	1500m:	16:06.67	32.29	2250m:	24:09.88	32.38	3000m:	32:17.86	30.86

 2. CARRASCO CADENS, Jordi 08 C.E. Inef Lleida **33:07.64** 16,00

50m:	32.60	32.60	800m:	8:56.50	33.27	1550m:	17:13.91	32.62	2300m:	25:31.03	33.18
100m:	1:06.60	34.00	850m:	9:29.18	32.68	1600m:	17:47.02	33.11	2350m:	26:03.98	32.95
150m:	1:40.41	33.81	900m:	10:02.57	33.39	1650m:	18:19.92	32.90	2400m:	26:37.25	33.27
200m:	2:14.72	34.31	950m:	10:36.08	33.51	1700m:	18:53.04	33.12	2450m:	27:10.36	33.11
250m:	2:48.27	33.55	1000m:	11:09.13	33.05	1750m:	19:26.17	33.13	2500m:	27:43.81	33.45
300m:	3:21.68	33.41	1050m:	11:42.24	33.11	1800m:	19:59.66	33.49	2550m:	28:16.44	32.63
350m:	3:55.13	33.45	1100m:	12:15.43	33.19	1850m:	20:32.81	33.15	2600m:	28:49.19	32.75
400m:	4:28.88	33.75	1150m:	12:48.62	33.19	1900m:	21:06.18	33.37	2650m:	29:22.26	33.07
450m:	5:02.47	33.59	1200m:	13:22.00	33.38	1950m:	21:39.14	32.96	2700m:	29:55.47	33.21
500m:	5:36.10	33.63	1250m:	13:54.88	32.88	2000m:	22:12.33	33.19	2750m:	30:28.61	33.14
550m:	6:09.88	33.78	1300m:	14:28.05	33.17	2050m:	22:45.13	32.80	2800m:	31:01.89	33.28
600m:	6:43.44	33.56	1350m:	15:01.44	33.39	2100m:	23:18.14	33.01	2850m:	31:34.65	32.76
650m:	7:16.65	33.21	1400m:	15:34.78	33.34	2150m:	23:51.36	33.22	2900m:	32:07.02	32.37
700m:	7:49.94	33.29	1450m:	16:08.12	33.34	2200m:	24:24.64	33.28	2950m:	32:39.09	32.07
750m:	8:23.23	33.29	1500m:	16:41.29	33.17	2250m:	24:57.85	33.21	3000m:	33:07.64	28.55

 3. RIERA CANELADA, Eloi 07 C.N. Banyoles **33:16.13** 14,00

50m:	32.23	32.23	800m:	8:48.12	33.15	1550m:	17:06.07	33.43	2300m:	25:28.61	33.73
100m:	1:04.97	32.74	850m:	9:21.12	33.00	1600m:	17:38.82	32.75	2350m:	26:02.18	33.57
150m:	1:38.43	33.46	900m:	9:54.16	33.04	1650m:	18:12.41	33.59	2400m:	26:36.16	33.98
200m:	2:11.46	33.03	950m:	10:27.36	33.20	1700m:	18:46.10	33.69	2450m:	27:09.85	33.69
250m:	2:44.50	33.04	1000m:	11:00.57	33.21	1750m:	19:19.62	33.52	2500m:	27:43.41	33.56
300m:	3:17.56	33.06	1050m:	11:33.62	33.05	1800m:	19:53.16	33.54	2550m:	28:17.11	33.70
350m:	3:50.61	33.05	1100m:	12:06.87	33.25	1850m:	20:26.41	33.25	2600m:	28:50.71	33.60
400m:	4:23.67	33.06	1150m:	12:39.92	33.05	1900m:	20:59.75	33.34	2650m:	29:24.21	33.50
450m:	4:56.73	33.06	1200m:	13:12.84	32.92	1950m:	21:33.31	33.56	2700m:	29:57.89	33.68
500m:	5:29.79	33.06	1250m:	13:46.01	33.17	2000m:	22:07.13	33.82	2750m:	30:31.03	33.14
550m:	6:02.88	33.09	1300m:	14:19.15	33.14	2050m:	22:40.70	33.57	2800m:	31:04.37	33.34
600m:	6:35.76	32.88	1350m:	14:52.32	33.17	2100m:	23:14.40	33.70	2850m:	31:37.62	33.25
650m:	7:08.88	33.12	1400m:	15:25.67	33.35	2150m:	23:47.92	33.52	2900m:	32:11.21	33.59
700m:	7:41.97	33.09	1450m:	15:59.19	33.52	2200m:	24:21.52	33.60	2950m:	32:44.00	32.79
750m:	8:14.97	33.00	1500m:	16:32.64	33.45	2250m:	24:54.88	33.36	3000m:	33:16.13	32.13

Prova 4, Masc., 3000m Lliure, Júnior 1 Fons Indoor

Classificació	ANY		Temps					
4.	ARROYO LOPEZ DEL CASTILLO, Izan 07		C.N. Sant Andreu		33:45.31	13,00		
	50m: 31.81	31.81	800m: 8:52.23	33.51	1550m: 17:21.80	34.52	2300m: 25:52.78	34.40
	100m: 1:04.76	32.95	850m: 9:26.00	33.77	1600m: 17:56.37	34.57	2350m: 26:26.72	33.94
	150m: 1:37.69	32.93	900m: 9:59.46	33.46	1650m: 18:30.09	33.72	2400m: 27:00.76	34.04
	200m: 2:10.80	33.11	950m: 10:33.14	33.68	1700m: 19:04.11	34.02	2450m: 27:34.95	34.19
	250m: 2:44.03	33.23	1000m: 11:06.99	33.85	1750m: 19:38.04	33.93	2500m: 28:09.02	34.07
	300m: 3:17.78	33.75	1050m: 11:41.09	34.10	1800m: 20:11.77	33.73	2550m: 28:43.06	34.04
	350m: 3:51.17	33.39	1100m: 12:15.03	33.94	1850m: 20:45.72	33.95	2600m: 29:16.91	33.85
	400m: 4:24.72	33.55	1150m: 12:48.91	33.88	1900m: 21:19.86	34.14	2650m: 29:51.09	34.18
	450m: 4:58.28	33.56	1200m: 13:22.64	33.73	1950m: 21:54.18	34.32	2700m: 30:25.00	33.91
	500m: 5:31.80	33.52	1250m: 13:56.45	33.81	2000m: 22:28.49	34.31	2750m: 30:58.71	33.71
	550m: 6:05.13	33.33	1300m: 14:30.27	33.82	2050m: 23:02.64	34.15	2800m: 31:32.29	33.58
	600m: 6:38.95	33.82	1350m: 15:04.52	34.25	2100m: 23:36.56	33.92	2850m: 32:05.94	33.65
	650m: 7:12.12	33.17	1400m: 15:38.54	34.02	2150m: 24:10.44	33.88	2900m: 32:39.51	33.57
	700m: 7:45.35	33.23	1450m: 16:13.09	34.55	2200m: 24:44.19	33.75	2950m: 33:12.93	33.42
	750m: 8:18.72	33.37	1500m: 16:47.28	34.19	2250m: 25:18.38	34.19	3000m: 33:45.31	32.38
5.	FARRÉ CORTADA, Joel		08		C.E.N. Balaguer		34:48.35	12,00
	50m: 33.12	33.12	800m: 9:17.06	35.15	1550m: 17:58.93	35.10	2300m: 26:42.17	34.44
	100m: 1:07.60	34.48	850m: 9:52.01	34.95	1600m: 18:33.68	34.75	2350m: 27:16.97	34.80
	150m: 1:42.54	34.94	900m: 10:27.01	35.00	1650m: 19:08.88	35.20	2400m: 27:52.20	35.23
	200m: 2:17.42	34.88	950m: 11:01.86	34.85	1700m: 19:43.75	34.87	2450m: 28:27.61	35.41
	250m: 2:52.23	34.81	1000m: 11:37.01	35.15	1750m: 20:18.84	35.09	2500m: 29:02.72	35.11
	300m: 3:26.72	34.49	1050m: 12:11.61	34.60	1800m: 20:53.69	34.85	2550m: 29:37.82	35.10
	350m: 4:01.46	34.74	1100m: 12:46.41	34.80	1850m: 21:28.44	34.75	2600m: 30:12.74	34.92
	400m: 4:36.69	35.23	1150m: 13:21.08	34.67	1900m: 22:03.30	34.86	2650m: 30:47.74	35.00
	450m: 5:11.89	35.20	1200m: 13:55.68	34.60	1950m: 22:38.05	34.75	2700m: 31:22.61	34.87
	500m: 5:46.86	34.97	1250m: 14:30.05	34.37	2000m: 23:12.93	34.88	2750m: 31:57.30	34.69
	550m: 6:21.93	35.07	1300m: 15:04.90	34.85	2050m: 23:47.93	35.00	2800m: 32:32.27	34.97
	600m: 6:56.81	34.88	1350m: 15:39.75	34.85	2100m: 24:22.69	34.76	2850m: 33:07.56	35.29
	650m: 7:31.74	34.93	1400m: 16:14.60	34.85	2150m: 24:57.85	35.16	2900m: 33:42.82	35.26
	700m: 8:06.72	34.98	1450m: 16:49.42	34.82	2200m: 25:32.72	34.87	2950m: 34:16.74	33.92
	750m: 8:41.91	35.19	1500m: 17:23.83	34.41	2250m: 26:07.73	35.01	3000m: 34:48.35	31.61
6.	NEVADO RUIZ, Hugo		08		C.N. Sabadell		34:50.83	11,00
	50m: 32.81	32.81	800m: 9:12.38	35.07	1550m: 17:56.92	35.03	2300m: 26:44.98	34.93
	100m: 1:06.95	34.14	850m: 9:47.33	34.95	1600m: 18:32.01	35.09	2350m: 27:20.09	35.11
	150m: 1:41.54	34.59	900m: 10:22.24	34.91	1650m: 19:07.02	35.01	2400m: 27:55.16	35.07
	200m: 2:15.75	34.21	950m: 10:57.19	34.95	1700m: 19:42.25	35.23	2450m: 28:30.15	34.99
	250m: 2:50.34	34.59	1000m: 11:31.91	34.72	1750m: 20:17.76	35.51	2500m: 29:05.56	35.41
	300m: 3:24.47	34.13	1050m: 12:06.93	35.02	1800m: 20:53.16	35.40	2550m: 29:40.63	35.07
	350m: 3:59.09	34.62	1100m: 12:41.91	34.98	1850m: 21:28.29	35.13	2600m: 30:16.11	35.48
	400m: 4:33.60	34.51	1150m: 13:17.22	35.31	1900m: 22:03.87	35.58	2650m: 30:51.47	35.36
	450m: 5:08.18	34.58	1200m: 13:52.02	34.80	1950m: 22:39.21	35.34	2700m: 31:26.37	34.90
	500m: 5:42.91	34.73	1250m: 14:26.90	34.88	2000m: 23:14.39	35.18	2750m: 32:01.62	35.25
	550m: 6:17.85	34.94	1300m: 15:02.03	35.13	2050m: 23:49.76	35.37	2800m: 32:36.79	35.17
	600m: 6:52.73	34.88	1350m: 15:36.90	34.87	2100m: 24:24.77	35.01	2850m: 33:11.81	35.02
	650m: 7:27.44	34.71	1400m: 16:11.80	34.90	2150m: 25:00.01	35.24	2900m: 33:46.89	35.08
	700m: 8:02.44	35.00	1450m: 16:46.59	34.79	2200m: 25:35.15	35.14	2950m: 34:19.21	32.32
	750m: 8:37.31	34.87	1500m: 17:21.89	35.30	2250m: 26:10.05	34.90	3000m: 34:50.83	31.62
7.	GÜELL PARRAMON, Oriol		07		C.N. Banyoles		34:50.86	10,00
	50m: 33.20	33.20	750m: 8:37.25	34.91	1450m: 16:46.44	34.80	2150m: 24:59.83	35.19
	100m: 1:07.04	33.84	800m: 9:12.24	34.99	1500m: 17:21.59	35.15	2200m: 25:34.93	35.10
	150m: 1:41.48	34.44	850m: 9:47.17	34.93	1550m: 17:56.91	35.32	2250m: 26:10.14	35.21
	200m: 2:15.78	34.30	900m: 10:22.01	34.84	1600m: 18:31.71	34.80	2300m: 26:45.00	34.86
	250m: 2:50.21	34.43	950m: 10:57.25	35.24	1650m: 19:06.96	35.25	2350m: 27:20.19	35.19
	300m: 3:24.55	34.34	1000m: 11:31.97	34.72	1700m: 19:42.25	35.29	2400m: 27:55.14	34.95
	350m: 3:59.11	34.56	1050m: 12:06.68	34.71	1750m: 20:17.75	35.50	2450m: 28:30.19	35.05
	400m: 4:33.80	34.69	1100m: 12:41.81	35.13	1800m: 20:53.14	35.39	2500m: 29:05.41	35.22
	450m: 5:08.16	34.36	1150m: 13:17.11	35.30	1850m: 21:28.28	35.14	2550m: 29:40.76	35.35
	500m: 5:42.93	34.77	1200m: 13:51.98	34.87	1900m: 22:03.79	35.51	2600m: 30:15.81	35.05
	550m: 6:17.93	35.00	1250m: 14:26.89	34.91	1950m: 22:39.08	35.29	2650m: 30:51.36	35.55
	600m: 6:52.61	34.68	1300m: 15:01.77	34.88	2000m: 23:14.25	35.17	2700m: 31:26.23	34.87
	650m: 7:27.47	34.86	1350m: 15:36.66	34.89	2050m: 23:49.73	35.48	2750m: 32:01.54	35.31
	700m: 8:02.34	34.87	1400m: 16:11.64	34.98	2100m: 24:24.64	34.91	2800m: 32:36.59	35.05

Piscina 25m / Cronometratge Semi-automàtic

Prova 4, Masc., 3000m Lliure, Júnior 1 Fons Indoor

Classificació	ANY		Tempes					
	2850m: 33:11.66	35.07	2900m: 33:47.07	35.41	2950m: 34:20.82	33.75	3000m: 34:50.86	30.04
8.	GASOL GUTIERREZ, Biel		08	C.N. Granollers		34:59.00		9,00
	50m: 32.39	32.39	800m: 9:05.92	34.60	1550m: 17:49.51	34.71	2300m: 26:42.40	35.66
	100m: 1:06.17	33.78	850m: 9:40.74	34.82	1600m: 18:24.67	35.16	2350m: 27:18.07	35.67
	150m: 1:40.20	34.03	900m: 10:15.23	34.49	1650m: 18:59.88	35.21	2400m: 27:53.94	35.87
	200m: 2:14.52	34.32	950m: 10:50.14	34.91	1700m: 19:35.45	35.57	2450m: 28:29.68	35.74
	250m: 2:48.93	34.41	1000m: 11:24.79	34.65	1750m: 20:11.15	35.70	2500m: 29:05.44	35.76
	300m: 3:23.15	34.22	1050m: 11:59.30	34.51	1800m: 20:46.63	35.48	2550m: 29:41.11	35.67
	350m: 3:57.13	33.98	1100m: 12:34.05	34.75	1850m: 21:22.28	35.65	2600m: 30:17.34	36.23
	400m: 4:31.23	34.10	1150m: 13:08.90	34.85	1900m: 21:58.29	36.01	2650m: 30:53.22	35.88
	450m: 5:05.82	34.59	1200m: 13:43.89	34.99	1950m: 22:33.87	35.58	2700m: 31:28.93	35.71
	500m: 5:40.08	34.26	1250m: 14:18.57	34.68	2000m: 23:09.06	35.19	2750m: 32:04.69	35.76
	550m: 6:14.23	34.15	1300m: 14:53.78	35.21	2050m: 23:44.21	35.15	2800m: 32:40.61	35.92
	600m: 6:48.27	34.04	1350m: 15:28.83	35.05	2100m: 24:19.64	35.43	2850m: 33:15.96	35.35
	650m: 7:22.62	34.35	1400m: 16:04.16	35.33	2150m: 24:55.10	35.46	2900m: 33:51.26	35.30
	700m: 7:56.89	34.27	1450m: 16:39.57	35.41	2200m: 25:30.89	35.79	2950m: 34:26.07	34.81
	750m: 8:31.32	34.43	1500m: 17:14.80	35.23	2250m: 26:06.74	35.85	3000m: 34:59.00	32.93
9.	DE LA CRUZ GARCIA, Didac		07	C.N. Sant Andreu		35:06.81		8,00
	50m: 33.04	33.04	800m: 9:10.92	34.92	1550m: 17:52.53	35.18	2300m: 26:45.46	35.47
	100m: 1:06.37	33.33	850m: 9:45.89	34.97	1600m: 18:27.78	35.25	2350m: 27:21.05	35.59
	150m: 1:40.48	34.11	900m: 10:20.65	34.76	1650m: 19:03.20	35.42	2400m: 27:57.00	35.95
	200m: 2:15.14	34.66	950m: 10:55.30	34.65	1700m: 19:39.78	36.58	2450m: 28:32.92	35.92
	250m: 2:49.80	34.66	1000m: 11:29.51	34.21	1750m: 20:14.83	35.05	2500m: 29:09.02	36.10
	300m: 3:24.02	34.22	1050m: 12:04.41	34.90	1800m: 20:50.76	35.93	2550m: 29:43.91	34.89
	350m: 3:58.77	34.75	1100m: 12:39.20	34.79	1850m: 21:26.34	35.58	2600m: 30:19.26	35.35
	400m: 4:33.53	34.76	1150m: 13:13.71	34.51	1900m: 22:01.47	35.13	2650m: 30:55.27	36.01
	450m: 5:07.90	34.37	1200m: 13:48.02	34.31	1950m: 22:37.38	35.91	2700m: 31:31.29	36.02
	500m: 5:42.27	34.37	1250m: 14:22.50	34.48	2000m: 23:12.66	35.28	2750m: 32:07.58	36.29
	550m: 6:17.20	34.93	1300m: 14:56.77	34.27	2050m: 23:48.16	35.50	2800m: 32:43.96	36.38
	600m: 6:51.80	34.60	1350m: 15:32.03	35.26	2100m: 24:23.03	34.87	2850m: 33:20.27	36.31
	650m: 7:26.67	34.87	1400m: 16:06.86	34.83	2150m: 24:58.89	35.86	2900m: 33:56.67	36.40
	700m: 8:01.06	34.39	1450m: 16:42.41	35.55	2200m: 25:34.16	35.27	2950m: 34:32.24	35.57
	750m: 8:36.00	34.94	1500m: 17:17.35	34.94	2250m: 26:09.99	35.83	3000m: 35:06.81	34.57
10.	ROURA CLEMENTE, Marc		07	GEiEG		35:15.21		7,00
	50m: 32.92	32.92	800m: 9:13.37	35.12	1550m: 18:01.88	35.93	2300m: 27:00.30	36.16
	100m: 1:07.58	34.66	850m: 9:48.08	34.71	1600m: 18:37.67	35.79	2350m: 27:35.88	35.58
	150m: 1:42.19	34.61	900m: 10:22.76	34.68	1650m: 19:13.60	35.93	2400m: 28:11.75	35.87
	200m: 2:16.93	34.74	950m: 10:58.00	35.24	1700m: 19:49.69	36.09	2450m: 28:47.47	35.72
	250m: 2:51.31	34.38	1000m: 11:32.98	34.98	1750m: 20:25.51	35.82	2500m: 29:23.82	36.35
	300m: 3:25.85	34.54	1050m: 12:07.97	34.99	1800m: 21:00.76	35.25	2550m: 29:59.55	35.73
	350m: 4:00.68	34.83	1100m: 12:43.15	35.18	1850m: 21:36.57	35.81	2600m: 30:34.89	35.34
	400m: 4:35.75	35.07	1150m: 13:18.31	35.16	1900m: 22:13.03	36.46	2650m: 31:10.12	35.23
	450m: 5:09.82	34.07	1200m: 13:53.81	35.50	1950m: 22:48.97	35.94	2700m: 31:45.71	35.59
	500m: 5:44.83	35.01	1250m: 14:28.77	34.96	2000m: 23:24.99	36.02	2750m: 32:21.48	35.77
	550m: 6:19.04	34.21	1300m: 15:04.40	35.63	2050m: 24:00.89	35.90	2800m: 32:56.81	35.33
	600m: 6:53.74	34.70	1350m: 15:39.75	35.35	2100m: 24:36.68	35.79	2850m: 33:32.23	35.42
	650m: 7:28.18	34.44	1400m: 16:15.19	35.44	2150m: 25:12.71	36.03	2900m: 34:07.08	34.85
	700m: 8:02.62	34.44	1450m: 16:50.61	35.42	2200m: 25:48.62	35.91	2950m: 34:41.89	34.81
	750m: 8:38.25	35.63	1500m: 17:25.95	35.34	2250m: 26:24.14	35.52	3000m: 35:15.21	33.32
11.	OLIVER SAGUÉ, Aniol		08	G.E.N. Roses		35:23.62		6,00
	50m: 32.46	32.46	650m: 7:28.90	35.34	1250m: 14:31.17	35.48	1850m: 21:42.37	36.27
	100m: 1:05.74	33.28	700m: 8:04.03	35.13	1300m: 15:06.82	35.65	1900m: 22:18.50	36.13
	150m: 1:39.83	34.09	750m: 8:39.07	35.04	1350m: 15:42.88	36.06	1950m: 22:54.82	36.32
	200m: 2:14.50	34.67	800m: 9:14.24	35.17	1400m: 16:17.85	34.97	2000m: 23:30.86	36.04
	250m: 2:49.10	34.60	850m: 9:49.05	34.81	1450m: 16:54.14	36.29	2050m: 24:06.60	35.74
	300m: 3:23.79	34.69	900m: 10:24.16	35.11	1500m: 17:30.31	36.17	2100m: 24:42.41	35.81
	350m: 3:58.66	34.87	950m: 10:59.29	35.13	1550m: 18:06.21	35.90	2150m: 25:18.79	36.38
	400m: 4:33.67	35.01	1000m: 11:34.42	35.13	1600m: 18:42.11	35.90	2200m: 25:54.93	36.14
	450m: 5:08.54	34.87	1050m: 12:09.65	35.23	1650m: 19:17.97	35.86	2250m: 26:30.85	35.92
	500m: 5:43.29	34.75	1100m: 12:44.96	35.31	1700m: 19:54.22	36.25	2300m: 27:06.97	36.12
	550m: 6:18.45	35.16	1150m: 13:20.49	35.53	1750m: 20:29.90	35.68	2350m: 27:42.94	35.97
	600m: 6:53.56	35.11	1200m: 13:55.69	35.20	1800m: 21:06.10	36.20	2400m: 28:18.93	35.99

Prova 4, Masc., 3000m Lliure, Júnior 1 Fons Indoor

Classificació	ANY				Temps						
2450m:	28:54.68	35.75	2600m:	30:42.57	35.85	2750m:	32:29.06	35.36	2900m:	34:15.27	35.09
2500m:	29:30.70	36.02	2650m:	31:18.08	35.51	2800m:	33:04.77	35.71	2950m:	34:50.45	35.18
2550m:	30:06.72	36.02	2700m:	31:53.70	35.62	2850m:	33:40.18	35.41	3000m:	35:23.62	33.17
12. GHIA ROIG, Ferran			08	C.N. Mataró					35:27.14	5,00	
50m:	34.42	34.42	800m:	9:23.77	35.05	1550m:	18:16.08	35.98	2300m:	27:12.89	35.49
100m:	1:09.41	34.99	850m:	9:58.60	34.83	1600m:	18:51.86	35.78	2350m:	27:48.25	35.36
150m:	1:45.05	35.64	900m:	10:34.12	35.52	1650m:	19:27.48	35.62	2400m:	28:23.62	35.37
200m:	2:20.28	35.23	950m:	11:09.54	35.42	1700m:	20:03.04	35.56	2450m:	28:59.27	35.65
250m:	2:55.36	35.08	1000m:	11:44.96	35.42	1750m:	20:38.65	35.61	2500m:	29:35.21	35.94
300m:	3:31.21	35.85	1050m:	12:20.72	35.76	1800m:	21:14.91	36.26	2550m:	30:10.76	35.55
350m:	4:06.57	35.36	1100m:	12:56.11	35.39	1850m:	21:50.77	35.86	2600m:	30:45.88	35.12
400m:	4:42.28	35.71	1150m:	13:31.38	35.27	1900m:	22:26.86	36.09	2650m:	31:21.15	35.27
450m:	5:17.74	35.46	1200m:	14:06.87	35.49	1950m:	23:02.79	35.93	2700m:	31:56.72	35.57
500m:	5:53.19	35.45	1250m:	14:42.01	35.14	2000m:	23:38.89	36.10	2750m:	32:31.73	35.01
550m:	6:28.50	35.31	1300m:	15:17.61	35.60	2050m:	24:14.66	35.77	2800m:	33:07.17	35.44
600m:	7:03.60	35.10	1350m:	15:53.05	35.44	2100m:	24:50.14	35.48	2850m:	33:42.78	35.61
650m:	7:38.87	35.27	1400m:	16:28.71	35.66	2150m:	25:25.46	35.32	2900m:	34:17.66	34.88
700m:	8:13.42	34.55	1450m:	17:04.27	35.56	2200m:	26:01.56	36.10	2950m:	34:53.33	35.67
750m:	8:48.72	35.30	1500m:	17:40.10	35.83	2250m:	26:37.40	35.84	3000m:	35:27.14	33.81
13. NAVARRO GALAN, Marc			07	C.N. Sant Andreu					35:41.58	4,00	
50m:	31.87	31.87	800m:	9:08.83	35.24	1550m:	18:11.38	36.68	2300m:	27:18.94	36.39
100m:	1:05.33	33.46	850m:	9:44.79	35.96	1600m:	18:48.11	36.73	2350m:	27:55.38	36.44
150m:	1:38.90	33.57	900m:	10:20.51	35.72	1650m:	19:24.62	36.51	2400m:	28:31.74	36.36
200m:	2:12.76	33.86	950m:	10:55.97	35.46	1700m:	20:01.28	36.66	2450m:	29:07.57	35.83
250m:	2:46.56	33.80	1000m:	11:31.88	35.91	1750m:	20:38.33	37.05	2500m:	29:43.94	36.37
300m:	3:20.62	34.06	1050m:	12:07.50	35.62	1800m:	21:15.07	36.74	2550m:	30:19.90	35.96
350m:	3:54.69	34.07	1100m:	12:43.84	36.34	1850m:	21:51.71	36.64	2600m:	30:55.88	35.98
400m:	4:28.64	33.95	1150m:	13:19.94	36.10	1900m:	22:28.08	36.37	2650m:	31:32.14	36.26
450m:	5:03.32	34.68	1200m:	13:56.31	36.37	1950m:	23:04.46	36.38	2700m:	32:08.75	36.61
500m:	5:37.53	34.21	1250m:	14:32.87	36.56	2000m:	23:41.38	36.92	2750m:	32:44.71	35.96
550m:	6:12.57	35.04	1300m:	15:09.22	36.35	2050m:	24:17.20	35.82	2800m:	33:21.43	36.72
600m:	6:47.89	35.32	1350m:	15:45.55	36.33	2100m:	24:53.24	36.04	2850m:	33:57.79	36.36
650m:	7:23.11	35.22	1400m:	16:22.19	36.64	2150m:	25:30.07	36.83	2900m:	34:33.17	35.38
700m:	7:58.25	35.14	1450m:	16:58.80	36.61	2200m:	26:06.55	36.48	2950m:	35:08.27	35.10
750m:	8:33.59	35.34	1500m:	17:34.70	35.90	2250m:	26:42.55	36.00	3000m:	35:41.58	33.31
14. RODRIGO LÓPEZ, Guillem			08	C.N. Mataró					35:47.05	3,00	
50m:	34.77	34.77	800m:	9:27.95	36.05	1550m:	18:28.49	35.41	2300m:	27:32.74	35.78
100m:	1:09.68	34.91	850m:	10:03.46	35.51	1600m:	19:05.10	36.61	2350m:	28:08.40	35.66
150m:	1:44.54	34.86	900m:	10:38.31	34.85	1650m:	19:41.01	35.91	2400m:	28:44.85	36.45
200m:	2:20.17	35.63	950m:	11:14.83	36.52	1700m:	20:16.61	35.60	2450m:	29:21.10	36.25
250m:	2:55.57	35.40	1000m:	11:50.94	36.11	1750m:	20:53.21	36.60	2500m:	29:57.20	36.10
300m:	3:31.29	35.72	1050m:	12:27.30	36.36	1800m:	21:29.98	36.77	2550m:	30:31.93	34.73
350m:	4:06.89	35.60	1100m:	13:03.73	36.43	1850m:	22:05.84	35.86	2600m:	31:07.23	35.30
400m:	4:42.39	35.50	1150m:	13:38.85	35.12	1900m:	22:42.55	36.71	2650m:	31:42.90	35.67
450m:	5:18.00	35.61	1200m:	14:14.83	35.98	1950m:	23:20.07	37.52	2700m:	32:18.73	35.83
500m:	5:53.75	35.75	1250m:	14:50.94	36.11	2000m:	23:56.18	36.11	2750m:	32:55.17	36.44
550m:	6:29.15	35.40	1300m:	15:26.84	35.90	2050m:	24:31.92	35.74	2800m:	33:30.90	35.73
600m:	7:04.56	35.41	1350m:	16:03.07	36.23	2100m:	25:08.33	36.41	2850m:	34:07.00	36.10
650m:	7:40.64	36.08	1400m:	16:40.09	37.02	2150m:	25:44.89	36.56	2900m:	34:42.94	35.94
700m:	8:15.94	35.30	1450m:	17:16.85	36.76	2200m:	26:21.06	36.17	2950m:	35:17.16	34.22
750m:	8:51.90	35.96	1500m:	17:53.08	36.23	2250m:	26:56.96	35.90	3000m:	35:47.05	29.89
15. HUGUET HOSPEDALES, David			07	C.N. Mataró					36:39.95	2,00	
50m:	35.17	35.17	550m:	6:36.01	35.80	1050m:	12:36.85	36.23	1550m:	18:44.39	36.15
100m:	1:10.81	35.64	600m:	7:11.97	35.96	1100m:	13:13.74	36.89	1600m:	19:21.28	36.89
150m:	1:47.11	36.30	650m:	7:47.56	35.59	1150m:	13:50.78	37.04	1650m:	19:57.64	36.36
200m:	2:23.45	36.34	700m:	8:23.62	36.06	1200m:	14:27.39	36.61	1700m:	20:34.26	36.62
250m:	2:58.88	35.43	750m:	8:59.86	36.24	1250m:	15:04.19	36.80	1750m:	21:11.05	36.79
300m:	3:34.89	36.01	800m:	9:35.77	35.91	1300m:	15:40.89	36.70	1800m:	21:48.30	37.25
350m:	4:11.16	36.27	850m:	10:11.68	35.91	1350m:	16:17.88	36.99	1850m:	22:24.89	36.59
400m:	4:47.31	36.15	900m:	10:47.88	36.20	1400m:	16:54.87	36.99	1900m:	23:01.20	36.31
450m:	5:23.86	36.55	950m:	11:24.18	36.30	1450m:	17:31.56	36.69	1950m:	23:37.81	36.61
500m:	6:00.21	36.35	1000m:	12:00.62	36.44	1500m:	18:08.24	36.68	2000m:	24:15.12	37.31

Prova 4, Masc., 3000m Lliure, Júnior 1 Fons Indoor

Classificació	ANY										Temps	
2050m:	24:51.78	36.66	2300m:	27:58.66	37.33	2550m:	31:05.84	36.99	2800m:	34:14.17	37.56	
2100m:	25:28.90	37.12	2350m:	28:36.11	37.45	2600m:	31:43.53	37.69	2850m:	34:51.78	37.61	
2150m:	26:05.95	37.05	2400m:	29:13.84	37.73	2650m:	32:20.96	37.43	2900m:	35:28.84	37.06	
2200m:	26:43.49	37.54	2450m:	29:51.26	37.42	2700m:	32:58.67	37.71	2950m:	36:04.76	35.92	
2250m:	27:21.33	37.84	2500m:	30:28.85	37.59	2750m:	33:36.61	37.94	3000m:	36:39.95	35.19	
16.	BERNADI ORTIGOSA, Xavier Aitzol 07 C.E. Mediterrani										37:02.42	1,00
50m:	35.34	35.34	800m:	9:39.57	36.56	1550m:	18:57.08	38.02	2300m:	28:17.99	37.45	
100m:	1:10.48	35.14	850m:	10:16.17	36.60	1600m:	19:34.44	37.36	2350m:	28:55.47	37.48	
150m:	1:45.04	34.56	900m:	10:53.12	36.95	1650m:	20:11.79	37.35	2400m:	29:33.27	37.80	
200m:	2:20.36	35.32	950m:	11:29.88	36.76	1700m:	20:49.27	37.48	2450m:	30:11.00	37.73	
250m:	2:56.56	36.20	1000m:	12:07.42	37.54	1750m:	21:26.96	37.69	2500m:	30:48.75	37.75	
300m:	3:33.24	36.68	1050m:	12:44.57	37.15	1800m:	22:04.79	37.83	2550m:	31:25.84	37.09	
350m:	4:10.12	36.88	1100m:	13:21.34	36.77	1850m:	22:42.60	37.81	2600m:	32:03.28	37.44	
400m:	4:46.79	36.67	1150m:	13:58.32	36.98	1900m:	23:19.88	37.28	2650m:	32:40.70	37.42	
450m:	5:23.57	36.78	1200m:	14:35.54	37.22	1950m:	23:57.22	37.34	2700m:	33:19.12	38.42	
500m:	5:59.98	36.41	1250m:	15:12.99	37.45	2000m:	24:34.23	37.01	2750m:	33:57.27	38.15	
550m:	6:36.52	36.54	1300m:	15:49.96	36.97	2050m:	25:11.27	37.04	2800m:	34:34.14	36.87	
600m:	7:13.15	36.63	1350m:	16:27.22	37.26	2100m:	25:48.24	36.97	2850m:	35:10.78	36.64	
650m:	7:49.86	36.71	1400m:	17:04.53	37.31	2150m:	26:25.31	37.07	2900m:	35:48.39	37.61	
700m:	8:26.58	36.72	1450m:	17:41.76	37.23	2200m:	27:02.89	37.58	2950m:	36:25.45	37.06	
750m:	9:03.01	36.43	1500m:	18:19.06	37.30	2250m:	27:40.54	37.65	3000m:	37:02.42	36.97	

Júnior 2 Fons Indoor

1.	NEVADO RUIZ, Pablo 06 C.N. Sabadell										32:02.43	19,00
50m:	31.82	31.82	800m:	8:36.49	32.03	1550m:	16:38.96	31.87	2300m:	24:41.88	32.27	
100m:	1:04.14	32.32	850m:	9:08.56	32.07	1600m:	17:10.96	32.00	2350m:	25:14.08	32.20	
150m:	1:36.61	32.47	900m:	9:40.76	32.20	1650m:	17:43.04	32.08	2400m:	25:46.36	32.28	
200m:	2:09.21	32.60	950m:	10:12.83	32.07	1700m:	18:15.33	32.29	2450m:	26:18.52	32.16	
250m:	2:41.56	32.35	1000m:	10:45.12	32.29	1750m:	18:47.66	32.33	2500m:	26:50.26	31.74	
300m:	3:13.98	32.42	1050m:	11:17.42	32.30	1800m:	19:19.87	32.21	2550m:	27:21.33	31.07	
350m:	3:46.40	32.42	1100m:	11:49.62	32.20	1850m:	19:51.87	32.00	2600m:	27:52.86	31.53	
400m:	4:18.77	32.37	1150m:	12:21.85	32.23	1900m:	20:23.74	31.87	2650m:	28:24.39	31.53	
450m:	4:51.01	32.24	1200m:	12:54.22	32.37	1950m:	20:56.03	32.29	2700m:	28:55.91	31.52	
500m:	5:23.47	32.46	1250m:	13:26.14	31.92	2000m:	21:28.19	32.16	2750m:	29:27.71	31.80	
550m:	5:55.32	31.85	1300m:	13:58.20	32.06	2050m:	22:00.38	32.19	2800m:	29:59.38	31.67	
600m:	6:27.79	32.47	1350m:	14:30.41	32.21	2100m:	22:32.78	32.40	2850m:	30:31.26	31.88	
650m:	6:59.93	32.14	1400m:	15:02.67	32.26	2150m:	23:05.11	32.33	2900m:	31:02.63	31.37	
700m:	7:31.90	31.97	1450m:	15:34.86	32.19	2200m:	23:37.34	32.23	2950m:	31:34.31	31.68	
750m:	8:04.46	32.56	1500m:	16:07.09	32.23	2250m:	24:09.61	32.27	3000m:	32:02.43	28.12	
2.	CASALS MAS, Èric 06 C.N. VIC-Etb										32:24.11	16,00
50m:	32.53	32.53	800m:	8:43.51	32.28	1550m:	16:49.12	32.35	2300m:	24:55.70	32.38	
100m:	1:05.39	32.86	850m:	9:15.98	32.47	1600m:	17:21.59	32.47	2350m:	25:28.36	32.66	
150m:	1:38.10	32.71	900m:	9:48.65	32.67	1650m:	17:54.12	32.53	2400m:	26:00.90	32.54	
200m:	2:11.15	33.05	950m:	10:21.05	32.40	1700m:	18:26.72	32.60	2450m:	26:33.47	32.57	
250m:	2:44.18	33.03	1000m:	10:53.44	32.39	1750m:	18:59.36	32.64	2500m:	27:05.94	32.47	
300m:	3:16.87	32.69	1050m:	11:25.94	32.50	1800m:	19:31.84	32.48	2550m:	27:38.37	32.43	
350m:	3:49.70	32.83	1100m:	11:58.62	32.68	1850m:	20:04.38	32.54	2600m:	28:10.66	32.29	
400m:	4:22.73	33.03	1150m:	12:30.80	32.18	1900m:	20:36.26	31.88	2650m:	28:42.94	32.28	
450m:	4:55.19	32.46	1200m:	13:03.31	32.51	1950m:	21:08.08	31.82	2700m:	29:14.73	31.79	
500m:	5:27.76	32.57	1250m:	13:35.78	32.47	2000m:	21:40.51	32.43	2750m:	29:46.42	31.69	
550m:	6:00.54	32.78	1300m:	14:07.90	32.12	2050m:	22:13.05	32.54	2800m:	30:18.64	32.22	
600m:	6:33.24	32.70	1350m:	14:39.94	32.04	2100m:	22:45.59	32.54	2850m:	30:50.72	32.08	
650m:	7:05.83	32.59	1400m:	15:11.97	32.03	2150m:	23:18.12	32.53	2900m:	31:22.93	32.21	
700m:	7:38.38	32.55	1450m:	15:44.45	32.48	2200m:	23:50.72	32.60	2950m:	31:54.44	31.51	
750m:	8:11.23	32.85	1500m:	16:16.77	32.32	2250m:	24:23.32	32.60	3000m:	32:24.11	29.67	

Prova 4, Masc., 3000m Lliure, Júnior 2 Fons Indoor

Classificació	ANY				Temps			
3.	JIMÉNEZ RÍSQUEZ, Alex		06	C.N. Sabadell		33:05.33	14,00	
	50m: 32.61	32.61	800m: 8:45.25	32.43	1550m: 17:00.73	33.10	2300m: 25:18.15	33.59
	100m: 1:05.90	33.29	850m: 9:18.10	32.85	1600m: 17:33.83	33.10	2350m: 25:51.99	33.84
	150m: 1:38.89	32.99	900m: 9:51.17	33.07	1650m: 18:07.01	33.18	2400m: 26:25.88	33.89
	200m: 2:11.94	33.05	950m: 10:24.14	32.97	1700m: 18:39.92	32.91	2450m: 26:59.18	33.30
	250m: 2:44.92	32.98	1000m: 10:57.12	32.98	1750m: 19:12.92	33.00	2500m: 27:32.62	33.44
	300m: 3:17.85	32.93	1050m: 11:29.95	32.83	1800m: 19:46.14	33.22	2550m: 28:05.99	33.37
	350m: 3:50.66	32.81	1100m: 12:03.11	33.16	1850m: 20:19.28	33.14	2600m: 28:39.34	33.35
	400m: 4:23.22	32.56	1150m: 12:36.14	33.03	1900m: 20:52.37	33.09	2650m: 29:12.80	33.46
	450m: 4:55.98	32.76	1200m: 13:09.22	33.08	1950m: 21:25.12	32.75	2700m: 29:46.13	33.33
	500m: 5:28.64	32.66	1250m: 13:42.10	32.88	2000m: 21:58.14	33.02	2750m: 30:19.55	33.42
	550m: 6:01.40	32.76	1300m: 14:15.44	33.34	2050m: 22:31.23	33.09	2800m: 30:53.21	33.66
	600m: 6:34.32	32.92	1350m: 14:48.59	33.15	2100m: 23:05.01	33.78	2850m: 31:26.57	33.36
	650m: 7:06.83	32.51	1400m: 15:21.65	33.06	2150m: 23:38.09	33.08	2900m: 31:59.51	32.94
	700m: 7:39.78	32.95	1450m: 15:54.51	32.86	2200m: 24:11.19	33.10	2950m: 32:32.55	33.04
	750m: 8:12.82	33.04	1500m: 16:27.63	33.12	2250m: 24:44.56	33.37	3000m: 33:05.33	32.78
4.	GALLEN SABATER, Albert		05	C.E. Mediterrani		33:16.04	13,00	
	50m: 31.85	31.85	800m: 8:45.99	33.24	1550m: 17:05.17	33.38	2300m: 25:28.23	33.54
	100m: 1:03.76	31.91	850m: 9:19.17	33.18	1600m: 17:38.99	33.82	2350m: 26:01.94	33.71
	150m: 1:36.43	32.67	900m: 9:52.13	32.96	1650m: 18:12.32	33.33	2400m: 26:35.39	33.45
	200m: 2:09.20	32.77	950m: 10:25.49	33.36	1700m: 18:45.60	33.28	2450m: 27:08.96	33.57
	250m: 2:42.27	33.07	1000m: 10:59.40	33.91	1750m: 19:18.77	33.17	2500m: 27:42.53	33.57
	300m: 3:15.36	33.09	1050m: 11:31.92	32.52	1800m: 19:52.73	33.96	2550m: 28:15.80	33.27
	350m: 3:48.04	32.68	1100m: 12:04.94	33.02	1850m: 20:25.80	33.07	2600m: 28:49.51	33.71
	400m: 4:21.12	33.08	1150m: 12:38.27	33.33	1900m: 20:59.51	33.71	2650m: 29:23.11	33.60
	450m: 4:54.37	33.25	1200m: 13:11.56	33.29	1950m: 21:33.36	33.85	2700m: 29:56.98	33.87
	500m: 5:27.49	33.12	1250m: 13:44.74	33.18	2000m: 22:07.13	33.77	2750m: 30:30.79	33.81
	550m: 6:00.45	32.96	1300m: 14:17.89	33.15	2050m: 22:40.41	33.28	2800m: 31:04.53	33.74
	600m: 6:33.71	33.26	1350m: 14:51.60	33.71	2100m: 23:13.95	33.54	2850m: 31:37.82	33.29
	650m: 7:06.51	32.80	1400m: 15:24.84	33.24	2150m: 23:47.51	33.56	2900m: 32:11.58	33.76
	700m: 7:39.48	32.97	1450m: 15:58.70	33.86	2200m: 24:21.14	33.63	2950m: 32:44.50	32.92
	750m: 8:12.75	33.27	1500m: 16:31.79	33.09	2250m: 24:54.69	33.55	3000m: 33:16.04	31.54
5.	MORILLO LOPEZ, Ferran		05	C.E. Mediterrani		33:39.99	12,00	
	50m: 31.60	31.60	800m: 8:50.02	33.57	1550m: 17:13.71	34.29	2300m: 25:42.85	34.37
	100m: 1:03.66	32.06	850m: 9:23.43	33.41	1600m: 17:47.49	33.78	2350m: 26:16.98	34.13
	150m: 1:36.17	32.51	900m: 9:57.19	33.76	1650m: 18:21.45	33.96	2400m: 26:51.56	34.58
	200m: 2:08.94	32.77	950m: 10:30.65	33.46	1700m: 18:55.38	33.93	2450m: 27:25.94	34.38
	250m: 2:41.68	32.74	1000m: 11:04.16	33.51	1750m: 19:28.92	33.54	2500m: 27:59.81	33.87
	300m: 3:15.04	33.36	1050m: 11:37.62	33.46	1800m: 20:02.77	33.85	2550m: 28:34.14	34.33
	350m: 3:48.79	33.75	1100m: 12:11.20	33.58	1850m: 20:37.04	34.27	2600m: 29:08.94	34.80
	400m: 4:22.06	33.27	1150m: 12:45.22	34.02	1900m: 21:11.11	34.07	2650m: 29:43.68	34.74
	450m: 4:55.22	33.16	1200m: 13:18.21	32.99	1950m: 21:44.88	33.77	2700m: 30:17.99	34.31
	500m: 5:29.01	33.79	1250m: 13:51.26	33.05	2000m: 22:18.36	33.48	2750m: 30:52.12	34.13
	550m: 6:02.52	33.51	1300m: 14:24.96	33.70	2050m: 22:52.12	33.76	2800m: 31:26.77	34.65
	600m: 6:35.59	33.07	1350m: 14:58.54	33.58	2100m: 23:26.39	34.27	2850m: 32:01.08	34.31
	650m: 7:09.38	33.79	1400m: 15:32.39	33.85	2150m: 24:00.40	34.01	2900m: 32:35.03	33.95
	700m: 7:42.79	33.41	1450m: 16:05.73	33.34	2200m: 24:34.42	34.02	2950m: 33:08.65	33.62
	750m: 8:16.45	33.66	1500m: 16:39.42	33.69	2250m: 25:08.48	34.06	3000m: 33:39.99	31.34
6.	REDONDO SORIA, Iker		06	C.N. Granollers		33:45.52	11,00	
	50m: 32.99	32.99	750m: 8:19.52	33.36	1450m: 16:08.49	33.46	2150m: 24:01.60	34.36
	100m: 1:05.88	32.89	800m: 8:53.01	33.49	1500m: 16:42.06	33.57	2200m: 24:35.83	34.23
	150m: 1:39.35	33.47	850m: 9:26.42	33.41	1550m: 17:15.62	33.56	2250m: 25:10.16	34.33
	200m: 2:12.79	33.44	900m: 9:59.88	33.46	1600m: 17:48.92	33.30	2300m: 25:44.60	34.44
	250m: 2:46.15	33.36	950m: 10:33.41	33.53	1650m: 18:22.08	33.16	2350m: 26:18.87	34.27
	300m: 3:19.44	33.29	1000m: 11:06.96	33.55	1700m: 18:55.64	33.56	2400m: 26:53.27	34.40
	350m: 3:52.80	33.36	1050m: 11:40.38	33.42	1750m: 19:29.12	33.48	2450m: 27:27.81	34.54
	400m: 4:26.05	33.25	1100m: 12:14.02	33.64	1800m: 20:02.89	33.77	2500m: 28:02.22	34.41
	450m: 4:59.46	33.41	1150m: 12:47.34	33.32	1850m: 20:36.77	33.88	2550m: 28:36.73	34.51
	500m: 5:32.90	33.44	1200m: 13:20.48	33.14	1900m: 21:10.74	33.97	2600m: 29:11.66	34.93
	550m: 6:06.27	33.37	1250m: 13:53.95	33.47	1950m: 21:44.99	34.25	2650m: 29:45.85	34.19
	600m: 6:39.57	33.30	1300m: 14:27.83	33.88	2000m: 22:18.96	33.97	2700m: 30:20.69	34.84
	650m: 7:12.90	33.33	1350m: 15:01.59	33.76	2050m: 22:53.03	34.07	2750m: 30:54.99	34.30
	700m: 7:46.16	33.26	1400m: 15:35.03	33.44	2100m: 23:27.24	34.21	2800m: 31:29.72	34.73

Piscina 25m / Cronometratge Semi-automàtic

Prova 4, Masc., 3000m Lliure, Júnior 2 Fons Indoor

Classificació	ANY				Temps			
	2850m: 32:04.52	34.80	2900m: 32:39.39	34.87	2950m: 33:14.62	35.23	3000m: 33:45.52	30.90
7.	RANEVA VILA, Roger		06	C.N. VIC-Etb			34:27.11	10,00
	50m: 34.86	34.86	800m: 9:12.45	34.30	1550m: 17:49.96	34.63	2300m: 26:26.43	34.65
	100m: 1:09.51	34.65	850m: 9:46.84	34.39	1600m: 18:24.52	34.56	2350m: 27:00.99	34.56
	150m: 1:43.99	34.48	900m: 10:21.24	34.40	1650m: 18:58.82	34.30	2400m: 27:35.42	34.43
	200m: 2:18.78	34.79	950m: 10:55.68	34.44	1700m: 19:33.02	34.20	2450m: 28:09.90	34.48
	250m: 2:53.54	34.76	1000m: 11:30.41	34.73	1750m: 20:07.13	34.11	2500m: 28:44.29	34.39
	300m: 3:28.11	34.57	1050m: 12:05.02	34.61	1800m: 20:41.48	34.35	2550m: 29:18.77	34.48
	350m: 4:02.67	34.56	1100m: 12:39.52	34.50	1850m: 21:15.77	34.29	2600m: 29:53.17	34.40
	400m: 4:37.02	34.35	1150m: 13:13.96	34.44	1900m: 21:50.11	34.34	2650m: 30:27.46	34.29
	450m: 5:11.54	34.52	1200m: 13:48.29	34.33	1950m: 22:24.67	34.56	2700m: 31:02.02	34.56
	500m: 5:45.94	34.40	1250m: 14:22.45	34.16	2000m: 22:59.51	34.84	2750m: 31:36.54	34.52
	550m: 6:20.37	34.43	1300m: 14:56.88	34.43	2050m: 23:33.87	34.36	2800m: 32:11.08	34.54
	600m: 6:55.09	34.72	1350m: 15:31.71	34.83	2100m: 24:08.39	34.52	2850m: 32:45.23	34.15
	650m: 7:29.46	34.37	1400m: 16:06.48	34.77	2150m: 24:42.84	34.45	2900m: 33:19.67	34.44
	700m: 8:03.78	34.32	1450m: 16:40.84	34.36	2200m: 25:17.21	34.37	2950m: 33:54.17	34.50
	750m: 8:38.15	34.37	1500m: 17:15.33	34.49	2250m: 25:51.78	34.57	3000m: 34:27.11	32.94
8.	TEIXIDÓ JOVÉ, Aleix		06	C.E. Inef Lleida			34:28.69	9,00
	50m: 32.22	32.22	800m: 8:56.98	33.41	1550m: 17:33.25	34.82	2300m: 26:19.93	35.27
	100m: 1:05.30	33.08	850m: 9:30.45	33.47	1600m: 18:07.97	34.72	2350m: 26:55.86	35.93
	150m: 1:39.24	33.94	900m: 10:04.19	33.74	1650m: 18:42.64	34.67	2400m: 27:31.48	35.62
	200m: 2:13.45	34.21	950m: 10:38.25	34.06	1700m: 19:17.19	34.55	2450m: 28:07.11	35.63
	250m: 2:47.31	33.86	1000m: 11:12.51	34.26	1750m: 19:51.92	34.73	2500m: 28:42.23	35.12
	300m: 3:21.41	34.10	1050m: 11:46.99	34.48	1800m: 20:26.84	34.92	2550m: 29:17.39	35.16
	350m: 3:54.79	33.38	1100m: 12:21.29	34.30	1850m: 21:02.08	35.24	2600m: 29:51.99	34.60
	400m: 4:28.23	33.44	1150m: 12:55.88	34.59	1900m: 21:37.48	35.40	2650m: 30:25.84	33.85
	450m: 5:02.08	33.85	1200m: 13:30.73	34.85	1950m: 22:13.15	35.67	2700m: 31:01.75	35.91
	500m: 5:35.35	33.27	1250m: 14:05.25	34.52	2000m: 22:48.11	34.96	2750m: 31:37.26	35.51
	550m: 6:09.25	33.90	1300m: 14:40.03	34.78	2050m: 23:23.95	35.84	2800m: 32:12.74	35.48
	600m: 6:42.80	33.55	1350m: 15:14.67	34.64	2100m: 23:58.94	34.99	2850m: 32:48.03	35.29
	650m: 7:16.15	33.35	1400m: 15:49.39	34.72	2150m: 24:34.50	35.56	2900m: 33:21.96	33.93
	700m: 7:49.76	33.61	1450m: 16:23.35	33.96	2200m: 25:08.85	34.35	2950m: 33:55.61	33.65
	750m: 8:23.57	33.81	1500m: 16:58.43	35.08	2250m: 25:44.66	35.81	3000m: 34:28.69	33.08
9.	ARJO DELGADO, Sergi		06	C.N. Lleida			34:54.86	8,00
	50m: 32.43	32.43	800m: 9:05.86	34.79	1550m: 17:53.53	35.49	2300m: 26:43.71	35.25
	100m: 1:05.63	33.20	850m: 9:40.40	34.54	1600m: 18:29.39	35.86	2350m: 27:19.11	35.40
	150m: 1:39.61	33.98	900m: 10:15.30	34.90	1650m: 19:04.63	35.24	2400m: 27:54.19	35.08
	200m: 2:13.72	34.11	950m: 10:50.41	35.11	1700m: 19:40.10	35.47	2450m: 28:28.74	34.55
	250m: 2:48.26	34.54	1000m: 11:25.31	34.90	1750m: 20:15.80	35.70	2500m: 29:03.66	34.92
	300m: 3:22.44	34.18	1050m: 12:00.41	35.10	1800m: 20:50.88	35.08	2550m: 29:38.94	35.28
	350m: 3:56.72	34.28	1100m: 12:35.79	35.38	1850m: 21:26.41	35.53	2600m: 30:14.38	35.44
	400m: 4:30.97	34.25	1150m: 13:10.86	35.07	1900m: 22:01.78	35.37	2650m: 30:49.68	35.30
	450m: 5:05.19	34.22	1200m: 13:46.17	35.31	1950m: 22:37.24	35.46	2700m: 31:25.66	35.98
	500m: 5:39.17	33.98	1250m: 14:21.44	35.27	2000m: 23:12.44	35.20	2750m: 32:01.66	36.00
	550m: 6:13.39	34.22	1300m: 14:56.43	34.99	2050m: 23:47.37	34.93	2800m: 32:37.33	35.67
	600m: 6:47.74	34.35	1350m: 15:31.85	35.42	2100m: 24:22.56	35.19	2850m: 33:12.30	34.97
	650m: 7:22.21	34.47	1400m: 16:07.26	35.41	2150m: 24:57.74	35.18	2900m: 33:47.18	34.88
	700m: 7:56.46	34.25	1450m: 16:42.64	35.38	2200m: 25:33.25	35.51	2950m: 34:21.49	34.31
	750m: 8:31.07	34.61	1500m: 17:18.04	35.40	2250m: 26:08.46	35.21	3000m: 34:54.86	33.37
10.	ARRUGA MORENO, Alvaro		06	C.N. Igualada			35:11.49	7,00
	50m: 31.42	31.42	650m: 7:23.08	34.56	1250m: 14:21.97	35.10	1850m: 21:25.42	35.45
	100m: 1:04.51	33.09	700m: 7:57.66	34.58	1300m: 14:56.82	34.85	1900m: 22:00.91	35.49
	150m: 1:38.40	33.89	750m: 8:32.40	34.74	1350m: 15:31.72	34.90	1950m: 22:36.51	35.60
	200m: 2:12.29	33.89	800m: 9:07.36	34.96	1400m: 16:06.82	35.10	2000m: 23:12.20	35.69
	250m: 2:46.58	34.29	850m: 9:42.28	34.92	1450m: 16:41.97	35.15	2050m: 23:47.92	35.72
	300m: 3:20.89	34.31	900m: 10:17.06	34.78	1500m: 17:17.19	35.22	2100m: 24:23.65	35.73
	350m: 3:55.39	34.50	950m: 10:52.07	35.01	1550m: 17:52.63	35.44	2150m: 24:59.35	35.70
	400m: 4:30.15	34.76	1000m: 11:27.15	35.08	1600m: 18:27.89	35.26	2200m: 25:35.24	35.89
	450m: 5:04.77	34.62	1050m: 12:02.19	35.04	1650m: 19:03.38	35.49	2250m: 26:11.01	35.77
	500m: 5:39.35	34.58	1100m: 12:37.26	35.07	1700m: 19:39.06	35.68	2300m: 26:47.08	36.07
	550m: 6:14.03	34.68	1150m: 13:11.87	34.61	1750m: 20:14.48	35.42	2350m: 27:23.30	36.22
	600m: 6:48.52	34.49	1200m: 13:46.87	35.00	1800m: 20:49.97	35.49	2400m: 27:59.29	35.99

Prova 4, Masc., 3000m Lliure, Júnior 2 Fons Indoor

Classificació	ANY				Temps						
2450m:	28:35.65	36.36	2600m:	30:23.53	35.99	2750m:	32:11.50	35.81	2900m:	34:00.22	36.31
2500m:	29:11.71	36.06	2650m:	30:59.25	35.72	2800m:	32:47.83	36.33	2950m:	34:36.21	35.99
2550m:	29:47.54	35.83	2700m:	31:35.69	36.44	2850m:	33:23.91	36.08	3000m:	35:11.49	35.28
11. JARDI YANES, Jan			05	A.E.N. Júpiter Sant Martí					35:14.52		6,00
50m:	33.10	33.10	800m:	9:16.56	35.05	1550m:	18:10.23	36.21	2300m:	27:03.44	35.23
100m:	1:06.74	33.64	850m:	9:51.64	35.08	1600m:	18:46.20	35.97	2350m:	27:39.15	35.71
150m:	1:40.94	34.20	900m:	10:27.05	35.41	1650m:	19:21.80	35.60	2400m:	28:14.43	35.28
200m:	2:15.57	34.63	950m:	11:02.72	35.67	1700m:	19:57.13	35.33	2450m:	28:50.10	35.67
250m:	2:50.45	34.88	1000m:	11:38.11	35.39	1750m:	20:32.72	35.59	2500m:	29:25.33	35.23
300m:	3:26.10	35.65	1050m:	12:13.43	35.32	1800m:	21:08.13	35.41	2550m:	30:01.05	35.72
350m:	4:00.56	34.46	1100m:	12:49.17	35.74	1850m:	21:43.73	35.60	2600m:	30:36.43	35.38
400m:	4:35.78	35.22	1150m:	13:24.77	35.60	1900m:	22:19.20	35.47	2650m:	31:12.44	36.01
450m:	5:11.13	35.35	1200m:	14:00.15	35.38	1950m:	22:54.76	35.56	2700m:	31:47.20	34.76
500m:	5:46.31	35.18	1250m:	14:35.27	35.12	2000m:	23:30.56	35.80	2750m:	32:22.57	35.37
550m:	6:21.29	34.98	1300m:	15:10.80	35.53	2050m:	24:05.50	34.94	2800m:	32:57.69	35.12
600m:	6:56.09	34.80	1350m:	15:46.93	36.13	2100m:	24:41.10	35.60	2850m:	33:32.93	35.24
650m:	7:31.31	35.22	1400m:	16:22.48	35.55	2150m:	25:17.16	36.06	2900m:	34:07.96	35.03
700m:	8:06.09	34.78	1450m:	16:58.64	36.16	2200m:	25:53.24	36.08	2950m:	34:42.74	34.78
750m:	8:41.51	35.42	1500m:	17:34.02	35.38	2250m:	26:28.21	34.97	3000m:	35:14.52	31.78
12. LUQUE SERRANO, Adria			05	GEIEG					35:38.95		5,00
50m:	33.65	33.65	800m:	9:18.06	34.81	1550m:	18:14.83	35.58	2300m:	27:13.05	35.83
100m:	1:07.64	33.99	850m:	9:53.06	35.00	1600m:	18:50.79	35.96	2350m:	27:48.79	35.74
150m:	1:42.51	34.87	900m:	10:28.10	35.04	1650m:	19:26.95	36.16	2400m:	28:24.65	35.86
200m:	2:17.57	35.06	950m:	11:03.29	35.19	1700m:	20:02.63	35.68	2450m:	29:00.66	36.01
250m:	2:52.77	35.20	1000m:	11:38.76	35.47	1750m:	20:38.57	35.94	2500m:	29:36.68	36.02
300m:	3:27.58	34.81	1050m:	12:14.49	35.73	1800m:	21:14.09	35.52	2550m:	30:12.93	36.25
350m:	4:02.38	34.80	1100m:	12:50.61	36.12	1850m:	21:50.12	36.03	2600m:	30:49.21	36.28
400m:	4:37.22	34.84	1150m:	13:26.79	36.18	1900m:	22:25.84	35.72	2650m:	31:25.81	36.60
450m:	5:12.16	34.94	1200m:	14:03.20	36.41	1950m:	23:01.71	35.87	2700m:	32:02.80	36.99
500m:	5:47.03	34.87	1250m:	14:39.47	36.27	2000m:	23:37.55	35.84	2750m:	32:39.27	36.47
550m:	6:22.46	35.43	1300m:	15:15.61	36.14	2050m:	24:13.66	36.11	2800m:	33:15.68	36.41
600m:	6:57.74	35.28	1350m:	15:51.48	35.87	2100m:	24:49.67	36.01	2850m:	33:51.98	36.30
650m:	7:32.95	35.21	1400m:	16:27.51	36.03	2150m:	25:25.47	35.80	2900m:	34:28.30	36.32
700m:	8:08.13	35.18	1450m:	17:03.28	35.77	2200m:	26:01.41	35.94	2950m:	35:04.29	35.99
750m:	8:43.25	35.12	1500m:	17:39.25	35.97	2250m:	26:37.22	35.81	3000m:	35:38.95	34.66
13. TOSQUELLA VILARDOSA, Eudald			06	C.N. Cervera					36:00.47		4,00
50m:	34.03	34.03	800m:	9:29.31	36.42	1550m:	18:36.24	36.61	2300m:	27:46.19	37.00
100m:	1:08.43	34.40	850m:	10:05.29	35.98	1600m:	19:13.10	36.86	2350m:	28:22.77	36.58
150m:	1:43.54	35.11	900m:	10:41.79	36.50	1650m:	19:49.64	36.54	2400m:	28:59.85	37.08
200m:	2:18.97	35.43	950m:	11:18.43	36.64	1700m:	20:26.25	36.61	2450m:	29:35.15	35.30
250m:	2:54.29	35.32	1000m:	11:55.08	36.65	1750m:	21:02.78	36.53	2500m:	30:09.26	34.11
300m:	3:29.85	35.56	1050m:	12:31.41	36.33	1800m:	21:38.80	36.02	2550m:	30:44.66	35.40
350m:	4:04.84	34.99	1100m:	13:08.05	36.64	1850m:	22:15.30	36.50	2600m:	31:20.54	35.88
400m:	4:40.68	35.84	1150m:	13:43.96	35.91	1900m:	22:52.29	36.99	2650m:	31:55.28	34.74
450m:	5:16.20	35.52	1200m:	14:20.23	36.27	1950m:	23:29.26	36.97	2700m:	32:30.64	35.36
500m:	5:51.80	35.60	1250m:	14:57.00	36.77	2000m:	24:05.88	36.62	2750m:	33:06.64	36.00
550m:	6:27.71	35.91	1300m:	15:33.54	36.54	2050m:	24:42.52	36.64	2800m:	33:42.83	36.19
600m:	7:03.92	36.21	1350m:	16:10.11	36.57	2100m:	25:18.99	36.47	2850m:	34:19.11	36.28
650m:	7:40.25	36.33	1400m:	16:46.73	36.62	2150m:	25:55.61	36.62	2900m:	34:54.85	35.74
700m:	8:16.56	36.31	1450m:	17:23.38	36.65	2200m:	26:32.28	36.67	2950m:	35:30.59	35.74
750m:	8:52.89	36.33	1500m:	17:59.63	36.25	2250m:	27:09.19	36.91	3000m:	36:00.47	29.88
14. MARTIN SANCHEZ, Dylan			06	C.N. Tarraco					36:13.48		3,00
50m:	33.85	33.85	550m:	6:27.75	35.91	1050m:	12:31.18	36.81	1550m:	18:36.40	36.74
100m:	1:08.24	34.39	600m:	7:03.74	35.99	1100m:	13:08.04	36.86	1600m:	19:12.90	36.50
150m:	1:43.43	35.19	650m:	7:40.12	36.38	1150m:	13:44.22	36.18	1650m:	19:49.53	36.63
200m:	2:18.53	35.10	700m:	8:16.26	36.14	1200m:	14:20.28	36.06	1700m:	20:26.27	36.74
250m:	2:53.91	35.38	750m:	8:52.65	36.39	1250m:	14:57.07	36.79	1750m:	21:02.93	36.66
300m:	3:29.34	35.43	800m:	9:28.82	36.17	1300m:	15:33.61	36.54	1800m:	21:39.13	36.20
350m:	4:04.82	35.48	850m:	10:05.34	36.52	1350m:	16:09.96	36.35	1850m:	22:15.51	36.38
400m:	4:40.23	35.41	900m:	10:41.48	36.14	1400m:	16:46.60	36.64	1900m:	22:52.09	36.58
450m:	5:16.15	35.92	950m:	11:18.14	36.66	1450m:	17:23.03	36.43	1950m:	23:29.36	37.27
500m:	5:51.84	35.69	1000m:	11:54.37	36.23	1500m:	17:59.66	36.63	2000m:	24:05.99	36.63

Prova 4, Masc., 3000m Lliure, Júnior 2 Fons Indoor

Classificació	ANY										Temps			
	2050m: 24:42.59	36.60	2300m: 27:46.41	37.15	2550m: 30:48.42	36.47	2800m: 33:52.26	36.94						
	2100m: 25:19.18	36.59	2350m: 28:23.08	36.67	2600m: 31:24.83	36.41	2850m: 34:28.27	36.01						
	2150m: 25:55.68	36.50	2400m: 29:00.06	36.98	2650m: 32:01.87	37.04	2900m: 35:03.47	35.20						
	2200m: 26:32.61	36.93	2450m: 29:36.09	36.03	2700m: 32:38.43	36.56	2950m: 35:39.21	35.74						
	2250m: 27:09.26	36.65	2500m: 30:11.95	35.86	2750m: 33:15.32	36.89	3000m: 36:13.48	34.27						
15.	VELAR IBAÑEZ, Arnau										06	C.E.N. Cabrera De Mar	36:15.80	2,00
	50m: 33.41	33.41	800m: 9:29.34	36.23	1550m: 18:36.18	36.74	2300m: 27:46.31	36.91						
	100m: 1:06.59	33.18	850m: 10:05.37	36.03	1600m: 19:12.97	36.79	2350m: 28:22.98	36.67						
	150m: 1:41.16	34.57	900m: 10:41.82	36.45	1650m: 19:49.68	36.71	2400m: 28:59.78	36.80						
	200m: 2:16.05	34.89	950m: 11:18.50	36.68	1700m: 20:26.18	36.50	2450m: 29:35.66	35.88						
	250m: 2:51.30	35.25	1000m: 11:55.16	36.66	1750m: 21:02.78	36.60	2500m: 30:11.86	36.20						
	300m: 3:26.99	35.69	1050m: 12:31.66	36.50	1800m: 21:39.09	36.31	2550m: 30:48.31	36.45						
	350m: 4:02.82	35.83	1100m: 13:08.20	36.54	1850m: 22:15.45	36.36	2600m: 31:24.86	36.55						
	400m: 4:38.93	36.11	1150m: 13:44.09	35.89	1900m: 22:52.33	36.88	2650m: 32:01.27	36.41						
	450m: 5:14.82	35.89	1200m: 14:20.45	36.36	1950m: 23:28.97	36.64	2700m: 32:38.01	36.74						
	500m: 5:51.06	36.24	1250m: 14:57.09	36.64	2000m: 24:05.96	36.99	2750m: 33:14.89	36.88						
	550m: 6:27.61	36.55	1300m: 15:33.53	36.44	2050m: 24:42.65	36.69	2800m: 33:51.70	36.81						
	600m: 7:03.89	36.28	1350m: 16:10.12	36.59	2100m: 25:19.20	36.55	2850m: 34:28.26	36.56						
	650m: 7:40.42	36.53	1400m: 16:46.75	36.63	2150m: 25:55.88	36.68	2900m: 35:04.47	36.21						
	700m: 8:16.79	36.37	1450m: 17:23.22	36.47	2200m: 26:32.43	36.55	2950m: 35:40.68	36.21						
	750m: 8:53.11	36.32	1500m: 17:59.44	36.22	2250m: 27:09.40	36.97	3000m: 36:15.80	35.12						
16.	ALVAREZ GARCIA, Joel										06	C.N. Premià	36:25.89	1,00
	50m: 34.02	34.02	800m: 9:24.39	35.76	1550m: 18:29.30	36.36	2300m: 27:40.25	37.31						
	100m: 1:08.53	34.51	850m: 10:00.26	35.87	1600m: 19:06.19	36.89	2350m: 28:17.88	37.63						
	150m: 1:43.73	35.20	900m: 10:35.94	35.68	1650m: 19:42.44	36.25	2400m: 28:55.51	37.63						
	200m: 2:19.04	35.31	950m: 11:11.47	35.53	1700m: 20:17.83	35.39	2450m: 29:33.20	37.69						
	250m: 2:54.34	35.30	1000m: 11:47.52	36.05	1750m: 20:53.90	36.07	2500m: 30:11.04	37.84						
	300m: 3:29.95	35.61	1050m: 12:22.84	35.32	1800m: 21:29.56	35.66	2550m: 30:48.51	37.47						
	350m: 4:05.39	35.44	1100m: 12:58.98	36.14	1850m: 22:06.43	36.87	2600m: 31:26.16	37.65						
	400m: 4:41.15	35.76	1150m: 13:35.95	36.97	1900m: 22:42.91	36.48	2650m: 32:02.96	36.80						
	450m: 5:16.51	35.36	1200m: 14:12.37	36.42	1950m: 23:20.16	37.25	2700m: 32:40.61	37.65						
	500m: 5:51.78	35.27	1250m: 14:48.70	36.33	2000m: 23:57.22	37.06	2750m: 33:18.90	38.29						
	550m: 6:27.36	35.58	1300m: 15:25.95	37.25	2050m: 24:34.33	37.11	2800m: 33:57.41	38.51						
	600m: 7:02.81	35.45	1350m: 16:02.75	36.80	2100m: 25:11.24	36.91	2850m: 34:34.98	37.57						
	650m: 7:38.23	35.42	1400m: 16:39.41	36.66	2150m: 25:48.32	37.08	2900m: 35:11.73	36.75						
	700m: 8:13.44	35.21	1450m: 17:16.28	36.87	2200m: 26:25.52	37.20	2950m: 35:48.68	36.95						
	750m: 8:48.63	35.19	1500m: 17:52.94	36.66	2250m: 27:02.94	37.42	3000m: 36:25.89	37.21						
DNS	LARGERON, Pierre										05	Madrid N.C.	-	
Absolut Fons Indoor														
1.	CABEZUELO AREVALO, Albert										04	C.N. Granollers	33:19.88	19,00
	50m: 31.62	31.62	800m: 8:36.54	32.24	1550m: 16:54.71	33.91	2300m: 25:25.41	33.90						
	100m: 1:04.31	32.69	850m: 9:08.48	31.94	1600m: 17:28.77	34.06	2350m: 25:59.64	34.23						
	150m: 1:36.75	32.44	900m: 9:40.68	32.20	1650m: 18:02.83	34.06	2400m: 26:33.89	34.25						
	200m: 2:09.37	32.62	950m: 10:13.04	32.36	1700m: 18:36.94	34.11	2450m: 27:07.98	34.09						
	250m: 2:41.64	32.27	1000m: 10:45.45	32.41	1750m: 19:10.85	33.91	2500m: 27:41.53	33.55						
	300m: 3:13.71	32.07	1050m: 11:17.68	32.23	1800m: 19:44.38	33.53	2550m: 28:15.22	33.69						
	350m: 3:46.05	32.34	1100m: 11:50.30	32.62	1850m: 20:18.62	34.24	2600m: 28:49.71	34.49						
	400m: 4:18.39	32.34	1150m: 12:23.06	32.76	1900m: 20:53.84	35.22	2650m: 29:23.98	34.27						
	450m: 4:50.73	32.34	1200m: 12:56.19	33.13	1950m: 21:28.60	34.76	2700m: 29:58.24	34.26						
	500m: 5:22.89	32.16	1250m: 13:29.56	33.37	2000m: 22:02.42	33.82	2750m: 30:32.79	34.55						
	550m: 5:55.30	32.41	1300m: 14:03.25	33.69	2050m: 22:34.22	31.80	2800m: 31:06.57	33.78						
	600m: 6:27.58	32.28	1350m: 14:37.50	34.25	2100m: 23:08.92	34.70	2850m: 31:40.00	33.43						
	650m: 6:59.51	31.93	1400m: 15:12.08	34.58	2150m: 23:43.46	34.54	2900m: 32:13.56	33.56						
	700m: 7:31.77	32.26	1450m: 15:46.60	34.52	2200m: 24:17.32	33.86	2950m: 32:46.92	33.36						
	750m: 8:04.30	32.53	1500m: 16:20.80	34.20	2250m: 24:51.51	34.19	3000m: 33:19.88	32.96						

Prova 4, Masc., 3000m Lliure, Absolut Fons Indoor

Classificació	ANY		Temps				
2. VENDRELL GARCIA, Jose	03	C.N. Lleida	33:30.59	16,00			
50m: 31.75	31.75	800m: 8:44.51	33.21	1550m: 17:01.39	33.47	2300m: 25:29.13	33.94
100m: 1:03.60	31.85	850m: 9:17.59	33.08	1600m: 17:34.93	33.54	2350m: 26:03.28	34.15
150m: 1:36.02	32.42	900m: 9:51.18	33.59	1650m: 18:08.18	33.25	2400m: 26:37.63	34.35
200m: 2:08.40	32.38	950m: 10:24.57	33.39	1700m: 18:41.92	33.74	2450m: 27:12.04	34.41
250m: 2:40.71	32.31	1000m: 10:57.60	33.03	1750m: 19:15.46	33.54	2500m: 27:46.85	34.81
300m: 3:13.29	32.58	1050m: 11:30.62	33.02	1800m: 19:49.23	33.77	2550m: 28:21.54	34.69
350m: 3:46.13	32.84	1100m: 12:03.78	33.16	1850m: 20:23.24	34.01	2600m: 28:55.85	34.31
400m: 4:19.05	32.92	1150m: 12:36.70	32.92	1900m: 20:57.04	33.80	2650m: 29:30.00	34.15
450m: 4:52.07	33.02	1200m: 13:09.62	32.92	1950m: 21:30.76	33.72	2700m: 30:04.27	34.27
500m: 5:24.62	32.55	1250m: 13:42.42	32.80	2000m: 22:05.25	34.49	2750m: 30:39.27	35.00
550m: 5:57.69	33.07	1300m: 14:15.24	32.82	2050m: 22:38.94	33.69	2800m: 31:14.83	35.56
600m: 6:31.04	33.35	1350m: 14:48.39	33.15	2100m: 23:12.77	33.83	2850m: 31:49.54	34.71
650m: 7:04.12	33.08	1400m: 15:21.33	32.94	2150m: 23:46.79	34.02	2900m: 32:23.84	34.30
700m: 7:38.26	34.14	1450m: 15:54.38	33.05	2200m: 24:21.12	34.33	2950m: 32:57.98	34.14
750m: 8:11.30	33.04	1500m: 16:27.92	33.54	2250m: 24:55.19	34.07	3000m: 33:30.59	32.61
3. POU FERNANDEZ, Marc	01	C.N. Mataró	33:37.59	14,00			
50m: 32.21	32.21	800m: 8:55.19	32.85	1550m: 17:15.43	33.54	2300m: 25:42.68	34.06
100m: 1:05.56	33.35	850m: 9:28.29	33.10	1600m: 17:49.22	33.79	2350m: 26:16.82	34.14
150m: 1:39.11	33.55	900m: 10:01.81	33.52	1650m: 18:22.83	33.61	2400m: 26:50.89	34.07
200m: 2:12.86	33.75	950m: 10:35.02	33.21	1700m: 18:56.28	33.45	2450m: 27:24.74	33.85
250m: 2:46.69	33.83	1000m: 11:08.29	33.27	1750m: 19:29.69	33.41	2500m: 27:58.19	33.45
300m: 3:20.46	33.77	1050m: 11:41.41	33.12	1800m: 20:03.48	33.79	2550m: 28:31.66	33.47
350m: 3:54.26	33.80	1100m: 12:14.64	33.23	1850m: 20:37.25	33.77	2600m: 29:05.36	33.70
400m: 4:28.23	33.97	1150m: 12:47.70	33.06	1900m: 21:10.59	33.34	2650m: 29:39.28	33.92
450m: 5:01.99	33.76	1200m: 13:20.60	32.90	1950m: 21:44.14	33.55	2700m: 30:12.90	33.62
500m: 5:35.73	33.74	1250m: 13:53.84	33.24	2000m: 22:18.03	33.89	2750m: 30:46.47	33.57
550m: 6:09.36	33.63	1300m: 14:27.30	33.46	2050m: 22:52.34	34.31	2800m: 31:21.08	34.61
600m: 6:42.63	33.27	1350m: 15:00.87	33.57	2100m: 23:26.60	34.26	2850m: 31:55.90	34.82
650m: 7:15.88	33.25	1400m: 15:34.66	33.79	2150m: 24:00.59	33.99	2900m: 32:30.70	34.80
700m: 7:48.98	33.10	1450m: 16:08.28	33.62	2200m: 24:34.41	33.82	2950m: 33:04.83	34.13
750m: 8:22.34	33.36	1500m: 16:41.89	33.61	2250m: 25:08.62	34.21	3000m: 33:37.59	32.76
4. ELIES VAZQUEZ, Pau	03	C.N. Atl Barceloneta	33:44.59	13,00			
50m: 32.48	32.48	800m: 8:55.34	32.91	1550m: 17:15.73	33.65	2300m: 25:42.81	34.09
100m: 1:05.83	33.35	850m: 9:28.38	33.04	1600m: 17:49.47	33.74	2350m: 26:17.02	34.21
150m: 1:39.56	33.73	900m: 10:01.65	33.27	1650m: 18:23.37	33.90	2400m: 26:51.52	34.50
200m: 2:13.26	33.70	950m: 10:34.80	33.15	1700m: 18:57.09	33.72	2450m: 27:25.77	34.25
250m: 2:47.16	33.90	1000m: 11:08.45	33.65	1750m: 19:30.46	33.37	2500m: 27:59.73	33.96
300m: 3:20.92	33.76	1050m: 11:41.63	33.18	1800m: 20:04.19	33.73	2550m: 28:34.00	34.27
350m: 3:54.48	33.56	1100m: 12:14.78	33.15	1850m: 20:38.15	33.96	2600m: 29:08.32	34.32
400m: 4:28.17	33.69	1150m: 12:48.14	33.36	1900m: 21:12.02	33.87	2650m: 29:43.06	34.74
450m: 5:01.91	33.74	1200m: 13:20.93	32.79	1950m: 21:45.77	33.75	2700m: 30:18.48	35.42
500m: 5:35.64	33.73	1250m: 13:54.10	33.17	2000m: 22:19.42	33.65	2750m: 30:53.55	35.07
550m: 6:09.33	33.69	1300m: 14:27.60	33.50	2050m: 22:52.73	33.31	2800m: 31:28.59	35.04
600m: 6:42.61	33.28	1350m: 15:01.13	33.53	2100m: 23:26.75	34.02	2850m: 32:03.78	35.19
650m: 7:16.10	33.49	1400m: 15:34.78	33.65	2150m: 24:00.63	33.88	2900m: 32:38.99	35.21
700m: 7:49.22	33.12	1450m: 16:08.77	33.99	2200m: 24:34.63	34.00	2950m: 33:11.66	32.67
750m: 8:22.43	33.21	1500m: 16:42.08	33.31	2250m: 25:08.72	34.09	3000m: 33:44.59	32.93
5. SANCHEZ GONZALEZ, Marcos	04	C.N. Sabadell	33:50.67	12,00			
50m: 32.29	32.29	750m: 8:19.99	33.65	1450m: 16:11.82	34.08	2150m: 24:11.44	34.59
100m: 1:05.06	32.77	800m: 8:53.45	33.46	1500m: 16:45.66	33.84	2200m: 24:45.97	34.53
150m: 1:38.15	33.09	850m: 9:27.00	33.55	1550m: 17:19.40	33.74	2250m: 25:20.31	34.34
200m: 2:11.40	33.25	900m: 10:00.66	33.66	1600m: 17:53.49	34.09	2300m: 25:54.62	34.31
250m: 2:44.67	33.27	950m: 10:34.19	33.53	1650m: 18:27.31	33.82	2350m: 26:29.00	34.38
300m: 3:17.99	33.32	1000m: 11:07.84	33.65	1700m: 19:01.47	34.16	2400m: 27:03.24	34.24
350m: 3:51.34	33.35	1050m: 11:41.80	33.96	1750m: 19:35.92	34.45	2450m: 27:37.63	34.39
400m: 4:24.68	33.34	1100m: 12:15.67	33.87	1800m: 20:10.02	34.10	2500m: 28:12.06	34.43
450m: 4:57.76	33.08	1150m: 12:49.48	33.81	1850m: 20:44.59	34.57	2550m: 28:47.00	34.94
500m: 5:31.62	33.86	1200m: 13:22.97	33.49	1900m: 21:19.14	34.55	2600m: 29:21.19	34.19
550m: 6:05.24	33.62	1250m: 13:56.47	33.50	1950m: 21:53.52	34.38	2650m: 29:55.51	34.32
600m: 6:39.02	33.78	1300m: 14:30.26	33.79	2000m: 22:27.76	34.24	2700m: 30:29.58	34.07
650m: 7:12.74	33.72	1350m: 15:04.13	33.87	2050m: 23:02.32	34.56	2750m: 31:03.37	33.79
700m: 7:46.34	33.60	1400m: 15:37.74	33.61	2100m: 23:36.85	34.53	2800m: 31:37.28	33.91

Piscina 25m / Cronometratge Semi-automàtic

Prova 4, Masc., 3000m Lliure, Absolut Fons Indoor

Classificació	ANY				Temps						
	2850m: 32:11.36	34.08	2900m: 32:44.76	33.40	2950m: 33:18.07	33.31	3000m: 33:50.67	32.60			
6. IBAÑEZ PINA, Nil	03	C.N. Atl Barceloneta		34:00.01	11,00						
50m:	32.58	32.58	800m:	8:52.16	32.82	1550m:	17:24.42	34.51	2300m:	26:03.66	34.36
100m:	1:05.81	33.23	850m:	9:25.35	33.19	1600m:	17:58.98	34.56	2350m:	26:37.52	33.86
150m:	1:39.20	33.39	900m:	9:58.85	33.50	1650m:	18:33.44	34.46	2400m:	27:10.78	33.26
200m:	2:12.84	33.64	950m:	10:32.87	34.02	1700m:	19:07.46	34.02	2450m:	27:44.55	33.77
250m:	2:46.73	33.89	1000m:	11:07.38	34.51	1750m:	19:42.47	35.01	2500m:	28:19.07	34.52
300m:	3:20.60	33.87	1050m:	11:41.52	34.14	1800m:	20:17.32	34.85	2550m:	28:53.11	34.04
350m:	3:54.14	33.54	1100m:	12:15.65	34.13	1850m:	20:51.88	34.56	2600m:	29:27.49	34.38
400m:	4:28.03	33.89	1150m:	12:49.77	34.12	1900m:	21:26.64	34.76	2650m:	30:01.95	34.46
450m:	5:00.95	32.92	1200m:	13:23.49	33.72	1950m:	22:01.26	34.62	2700m:	30:36.20	34.25
500m:	5:34.31	33.36	1250m:	13:57.35	33.86	2000m:	22:36.23	34.97	2750m:	31:10.57	34.37
550m:	6:07.83	33.52	1300m:	14:31.31	33.96	2050m:	23:10.90	34.67	2800m:	31:45.53	34.96
600m:	6:40.75	32.92	1350m:	15:05.42	34.11	2100m:	23:45.88	34.98	2850m:	32:19.74	34.21
650m:	7:13.53	32.78	1400m:	15:40.31	34.89	2150m:	24:20.27	34.39	2900m:	32:53.69	33.95
700m:	7:46.44	32.91	1450m:	16:14.88	34.57	2200m:	24:54.80	34.53	2950m:	33:27.24	33.55
750m:	8:19.34	32.90	1500m:	16:49.91	35.03	2250m:	25:29.30	34.50	3000m:	34:00.01	32.77
7. BLANES FRIGOLA, Aleix	04	C.N. Vilafranca		34:12.97	10,00						
50m:	32.14	32.14	800m:	8:57.21	34.14	1550m:	17:32.36	34.55	2300m:	26:12.04	34.55
100m:	1:04.99	32.85	850m:	9:30.93	33.72	1600m:	18:06.76	34.40	2350m:	26:46.95	34.91
150m:	1:38.32	33.33	900m:	10:04.90	33.97	1650m:	18:41.04	34.28	2400m:	27:21.99	35.04
200m:	2:11.75	33.43	950m:	10:38.71	33.81	1700m:	19:15.21	34.17	2450m:	27:56.50	34.51
250m:	2:45.24	33.49	1000m:	11:12.86	34.15	1750m:	19:49.83	34.62	2500m:	28:31.30	34.80
300m:	3:18.57	33.33	1050m:	11:47.12	34.26	1800m:	20:24.68	34.85	2550m:	29:06.08	34.78
350m:	3:52.00	33.43	1100m:	12:21.56	34.44	1850m:	20:59.17	34.49	2600m:	29:40.90	34.82
400m:	4:25.92	33.92	1150m:	12:55.91	34.35	1900m:	21:34.15	34.98	2650m:	30:15.07	34.17
450m:	5:00.10	34.18	1200m:	13:30.38	34.47	1950m:	22:08.92	34.77	2700m:	30:49.90	34.83
500m:	5:33.87	33.77	1250m:	14:04.59	34.21	2000m:	22:43.53	34.61	2750m:	31:24.61	34.71
550m:	6:07.82	33.95	1300m:	14:39.32	34.73	2050m:	23:18.18	34.65	2800m:	31:59.29	34.68
600m:	6:41.54	33.72	1350m:	15:14.17	34.85	2100m:	23:52.79	34.61	2850m:	32:33.48	34.19
650m:	7:15.32	33.78	1400m:	15:48.72	34.55	2150m:	24:27.31	34.52	2900m:	33:07.58	34.10
700m:	7:49.25	33.93	1450m:	16:23.30	34.58	2200m:	25:02.21	34.90	2950m:	33:40.83	33.25
750m:	8:23.07	33.82	1500m:	16:57.81	34.51	2250m:	25:37.49	35.28	3000m:	34:12.97	32.14
8. ROURA CLEMENTE, Gerard	01	GEIEG		34:26.88	9,00						
50m:	33.00	33.00	800m:	9:02.52	34.47	1550m:	17:44.69	34.76	2300m:	26:26.47	34.62
100m:	1:06.24	33.24	850m:	9:37.25	34.73	1600m:	18:19.55	34.86	2350m:	27:01.22	34.75
150m:	1:40.10	33.86	900m:	10:12.11	34.86	1650m:	18:54.57	35.02	2400m:	27:35.42	34.20
200m:	2:14.22	34.12	950m:	10:46.79	34.68	1700m:	19:29.35	34.78	2450m:	28:09.51	34.09
250m:	2:48.25	34.03	1000m:	11:21.74	34.95	1750m:	20:03.84	34.49	2500m:	28:44.17	34.66
300m:	3:22.09	33.84	1050m:	11:56.23	34.49	1800m:	20:38.32	34.48	2550m:	29:19.31	35.14
350m:	3:55.87	33.78	1100m:	12:31.05	34.82	1850m:	21:12.91	34.59	2600m:	29:54.14	34.83
400m:	4:29.70	33.83	1150m:	13:05.62	34.57	1900m:	21:47.63	34.72	2650m:	30:28.87	34.73
450m:	5:03.43	33.73	1200m:	13:40.51	34.89	1950m:	22:22.57	34.94	2700m:	31:03.74	34.87
500m:	5:37.26	33.83	1250m:	14:15.15	34.64	2000m:	22:57.36	34.79	2750m:	31:38.83	35.09
550m:	6:10.73	33.47	1300m:	14:50.11	34.96	2050m:	23:32.38	35.02	2800m:	32:13.78	34.95
600m:	6:44.78	34.05	1350m:	15:24.98	34.87	2100m:	24:07.37	34.99	2850m:	32:48.28	34.50
650m:	7:19.12	34.34	1400m:	15:59.69	34.71	2150m:	24:42.08	34.71	2900m:	33:22.60	34.32
700m:	7:53.64	34.52	1450m:	16:34.85	35.16	2200m:	25:17.00	34.92	2950m:	33:55.42	32.82
750m:	8:28.05	34.41	1500m:	17:09.93	35.08	2250m:	25:51.85	34.85	3000m:	34:26.88	31.46
9. MATAS VELASCO, Guillermo	96	C.N. Mataró		34:58.75	8,00						
50m:	34.67	34.67	650m:	7:32.73	34.70	1250m:	14:32.30	34.91	1850m:	21:33.18	34.96
100m:	1:09.27	34.60	700m:	8:07.61	34.88	1300m:	15:07.57	35.27	1900m:	22:08.45	35.27
150m:	1:43.57	34.30	750m:	8:42.51	34.90	1350m:	15:42.69	35.12	1950m:	22:43.65	35.20
200m:	2:18.58	35.01	800m:	9:17.35	34.84	1400m:	16:17.62	34.93	2000m:	23:18.75	35.10
250m:	2:53.96	35.38	850m:	9:52.17	34.82	1450m:	16:52.93	35.31	2050m:	23:53.80	35.05
300m:	3:28.74	34.78	900m:	10:27.15	34.98	1500m:	17:27.89	34.96	2100m:	24:28.78	34.98
350m:	4:03.84	35.10	950m:	11:02.38	35.23	1550m:	18:02.71	34.82	2150m:	25:04.06	35.28
400m:	4:38.91	35.07	1000m:	11:37.52	35.14	1600m:	18:37.72	35.01	2200m:	25:39.42	35.36
450m:	5:13.83	34.92	1050m:	12:12.29	34.77	1650m:	19:13.01	35.29	2250m:	26:14.37	34.95
500m:	5:48.72	34.89	1100m:	12:47.31	35.02	1700m:	19:47.96	34.95	2300m:	26:49.64	35.27
550m:	6:23.34	34.62	1150m:	13:22.44	35.13	1750m:	20:23.03	35.07	2350m:	27:24.93	35.29
600m:	6:58.03	34.69	1200m:	13:57.39	34.95	1800m:	20:58.22	35.19	2400m:	28:00.41	35.48

Piscina 25m / Cronometratge Semi-automàtic

Splash Meet Manager, 11.77934

Registered to Cataluña

21/11/2023 9:47 - Pàgina 35

Sponsor



Sponsor Institucional


 Generalitat
 de Catalunya


esportcat

Certificacions



Prova 4, Masc., 3000m Lliure, Absolut Fons Indoor

Classificació	ANY				Temps						
2450m:	28:35.36	34.95	2600m:	30:20.42	35.03	2750m:	32:05.67	34.95	2900m:	33:50.76	34.94
2500m:	29:10.38	35.02	2650m:	30:55.52	35.10	2800m:	32:40.91	35.24	2950m:	34:25.50	34.74
2550m:	29:45.39	35.01	2700m:	31:30.72	35.20	2850m:	33:15.82	34.91	3000m:	34:58.75	33.25
10.	LAGOS PAU, Aitor				95	C.N. L'Hospitalet		35:37.78	7,00		
50m:	33.24	33.24	800m:	9:17.34	35.11	1550m:	18:10.25	35.68	2300m:	27:13.79	36.58
100m:	1:07.37	34.13	850m:	9:52.62	35.28	1600m:	18:46.12	35.87	2350m:	27:50.43	36.64
150m:	1:41.96	34.59	900m:	10:27.98	35.36	1650m:	19:21.89	35.77	2400m:	28:27.22	36.79
200m:	2:17.12	35.16	950m:	11:03.01	35.03	1700m:	19:57.77	35.88	2450m:	29:03.74	36.52
250m:	2:52.05	34.93	1000m:	11:38.30	35.29	1750m:	20:33.68	35.91	2500m:	29:39.95	36.21
300m:	3:26.73	34.68	1050m:	12:13.94	35.64	1800m:	21:09.52	35.84	2550m:	30:15.85	35.90
350m:	4:01.81	35.08	1100m:	12:49.53	35.59	1850m:	21:45.74	36.22	2600m:	30:52.12	36.27
400m:	4:36.75	34.94	1150m:	13:24.99	35.46	1900m:	22:22.18	36.44	2650m:	31:28.44	36.32
450m:	5:11.90	35.15	1200m:	14:00.75	35.76	1950m:	22:58.52	36.34	2700m:	32:04.79	36.35
500m:	5:47.07	35.17	1250m:	14:36.54	35.79	2000m:	23:34.72	36.20	2750m:	32:40.73	35.94
550m:	6:22.32	35.25	1300m:	15:12.16	35.62	2050m:	24:11.06	36.34	2800m:	33:16.62	35.89
600m:	6:57.35	35.03	1350m:	15:47.79	35.63	2100m:	24:47.29	36.23	2850m:	33:52.20	35.58
650m:	7:32.62	35.27	1400m:	16:23.33	35.54	2150m:	25:24.15	36.86	2900m:	34:27.97	35.77
700m:	8:07.49	34.87	1450m:	16:58.77	35.44	2200m:	26:00.51	36.36	2950m:	35:03.88	35.91
750m:	8:42.23	34.74	1500m:	17:34.57	35.80	2250m:	26:37.21	36.70	3000m:	35:37.78	33.90
11.	SANCHEZ HURTADO, Alex				00	C.N. L'Hospitalet		35:39.02	6,00		
50m:	32.64	32.64	800m:	9:09.14	35.04	1550m:	18:06.54	36.06	2300m:	27:11.97	36.73
100m:	1:06.20	33.56	850m:	9:44.37	35.23	1600m:	18:42.76	36.22	2350m:	27:49.04	37.07
150m:	1:40.20	34.00	900m:	10:19.56	35.19	1650m:	19:19.52	36.76	2400m:	28:25.57	36.53
200m:	2:14.47	34.27	950m:	10:55.47	35.91	1700m:	19:55.67	36.15	2450m:	29:02.05	36.48
250m:	2:48.84	34.37	1000m:	11:30.91	35.44	1750m:	20:32.12	36.45	2500m:	29:38.70	36.65
300m:	3:23.24	34.40	1050m:	12:06.59	35.68	1800m:	21:08.80	36.68	2550m:	30:14.73	36.03
350m:	3:57.83	34.59	1100m:	12:42.24	35.65	1850m:	21:44.96	36.16	2600m:	30:51.04	36.31
400m:	4:32.08	34.25	1150m:	13:17.37	35.13	1900m:	22:20.67	35.71	2650m:	31:28.19	37.15
450m:	5:06.66	34.58	1200m:	13:52.80	35.43	1950m:	22:56.98	36.31	2700m:	32:05.27	37.08
500m:	5:40.88	34.22	1250m:	14:28.82	36.02	2000m:	23:32.75	35.77	2750m:	32:41.06	35.79
550m:	6:15.63	34.75	1300m:	15:04.67	35.85	2050m:	24:09.11	36.36	2800m:	33:17.17	36.11
600m:	6:49.73	34.10	1350m:	15:40.76	36.09	2100m:	24:45.14	36.03	2850m:	33:53.57	36.40
650m:	7:24.33	34.60	1400m:	16:17.23	36.47	2150m:	25:21.29	36.15	2900m:	34:29.57	36.00
700m:	7:58.83	34.50	1450m:	16:53.86	36.63	2200m:	25:58.16	36.87	2950m:	35:05.23	35.66
750m:	8:34.10	35.27	1500m:	17:30.48	36.62	2250m:	26:35.24	37.08	3000m:	35:39.02	33.79
12.	MASCHIO GASTELAARS, Dante				95	C.N. Atl Barceloneta		35:46.09	5,00		
50m:	33.74	33.74	800m:	9:26.04	35.61	1550m:	18:22.21	35.95	2300m:	27:24.31	36.28
100m:	1:08.02	34.28	850m:	10:01.62	35.58	1600m:	18:58.13	35.92	2350m:	28:00.50	36.19
150m:	1:43.20	35.18	900m:	10:37.22	35.60	1650m:	19:34.16	36.03	2400m:	28:36.52	36.02
200m:	2:18.53	35.33	950m:	11:12.78	35.56	1700m:	20:10.22	36.06	2450m:	29:12.79	36.27
250m:	2:54.06	35.53	1000m:	11:48.53	35.75	1750m:	20:46.25	36.03	2500m:	29:48.77	35.98
300m:	3:29.64	35.58	1050m:	12:24.15	35.62	1800m:	21:22.66	36.41	2550m:	30:24.78	36.01
350m:	4:05.29	35.65	1100m:	12:59.94	35.79	1850m:	21:58.87	36.21	2600m:	31:01.14	36.36
400m:	4:40.89	35.60	1150m:	13:35.82	35.88	1900m:	22:34.99	36.12	2650m:	31:36.75	35.61
450m:	5:16.60	35.71	1200m:	14:11.64	35.82	1950m:	23:11.44	36.45	2700m:	32:12.87	36.12
500m:	5:52.22	35.62	1250m:	14:47.30	35.66	2000m:	23:47.99	36.55	2750m:	32:48.54	35.67
550m:	6:27.96	35.74	1300m:	15:22.96	35.66	2050m:	24:23.98	35.99	2800m:	33:23.99	35.45
600m:	7:03.52	35.56	1350m:	15:58.88	35.92	2100m:	24:59.99	36.01	2850m:	33:59.31	35.32
650m:	7:39.17	35.65	1400m:	16:34.66	35.78	2150m:	25:35.97	35.98	2900m:	34:35.05	35.74
700m:	8:14.99	35.82	1450m:	17:10.46	35.80	2200m:	26:11.88	35.91	2950m:	35:10.34	35.29
750m:	8:50.43	35.44	1500m:	17:46.26	35.80	2250m:	26:48.03	36.15	3000m:	35:46.09	35.75
DNS	CHAVES GUARDIA, David				98	C.N. Mataró					

Prova 4, Masc., 3000m Lliure

Absolut, Júnior 2 i Júnior 1

1. NEVADO RUIZ, Pablo		06	C.N. Sabadell		32:02.43	19,00					
50m:	31.82	31.82	800m:	8:36.49	32.03	1550m:	16:38.96	31.87	2300m:	24:41.88	32.27
100m:	1:04.14	32.32	850m:	9:08.56	32.07	1600m:	17:10.96	32.00	2350m:	25:14.08	32.20
150m:	1:36.61	32.47	900m:	9:40.76	32.20	1650m:	17:43.04	32.08	2400m:	25:46.36	32.28
200m:	2:09.21	32.60	950m:	10:12.83	32.07	1700m:	18:15.33	32.29	2450m:	26:18.52	32.16
250m:	2:41.56	32.35	1000m:	10:45.12	32.29	1750m:	18:47.66	32.33	2500m:	26:50.26	31.74
300m:	3:13.98	32.42	1050m:	11:17.42	32.30	1800m:	19:19.87	32.21	2550m:	27:21.33	31.07
350m:	3:46.40	32.42	1100m:	11:49.62	32.20	1850m:	19:51.87	32.00	2600m:	27:52.86	31.53
400m:	4:18.77	32.37	1150m:	12:21.85	32.23	1900m:	20:23.74	31.87	2650m:	28:24.39	31.53
450m:	4:51.01	32.24	1200m:	12:54.22	32.37	1950m:	20:56.03	32.29	2700m:	28:55.91	31.52
500m:	5:23.47	32.46	1250m:	13:26.14	31.92	2000m:	21:28.19	32.16	2750m:	29:27.71	31.80
550m:	5:55.32	31.85	1300m:	13:58.20	32.06	2050m:	22:00.38	32.19	2800m:	29:59.38	31.67
600m:	6:27.79	32.47	1350m:	14:30.41	32.21	2100m:	22:32.78	32.40	2850m:	30:31.26	31.88
650m:	6:59.93	32.14	1400m:	15:02.67	32.26	2150m:	23:05.11	32.33	2900m:	31:02.63	31.37
700m:	7:31.90	31.97	1450m:	15:34.86	32.19	2200m:	23:37.34	32.23	2950m:	31:34.31	31.68
750m:	8:04.46	32.56	1500m:	16:07.09	32.23	2250m:	24:09.61	32.27	3000m:	32:02.43	28.12
2. PARRA ESTRADÉ, Arnau		07	C.N. Atl Barceloneta		32:17.86	19,00					
<i>Millor Marca Catalana</i>											
50m:	32.04	32.04	800m:	8:36.40	32.04	1550m:	16:38.86	32.19	2300m:	24:42.06	32.18
100m:	1:04.24	32.20	850m:	9:08.40	32.00	1600m:	17:11.03	32.17	2350m:	25:14.33	32.27
150m:	1:36.83	32.59	900m:	9:40.45	32.05	1650m:	17:43.30	32.27	2400m:	25:46.69	32.36
200m:	2:09.35	32.52	950m:	10:12.58	32.13	1700m:	18:15.48	32.18	2450m:	26:18.89	32.20
250m:	2:41.81	32.46	1000m:	10:45.06	32.48	1750m:	18:47.85	32.37	2500m:	26:51.82	32.93
300m:	3:14.01	32.20	1050m:	11:17.12	32.06	1800m:	19:20.17	32.32	2550m:	27:24.28	32.46
350m:	3:46.30	32.29	1100m:	11:49.36	32.24	1850m:	19:51.88	31.71	2600m:	27:56.95	32.67
400m:	4:18.79	32.49	1150m:	12:21.55	32.19	1900m:	20:24.19	32.31	2650m:	28:29.73	32.78
450m:	4:51.16	32.37	1200m:	12:53.58	32.03	1950m:	20:56.21	32.02	2700m:	29:02.26	32.53
500m:	5:23.45	32.29	1250m:	13:25.63	32.05	2000m:	21:28.39	32.18	2750m:	29:35.23	32.97
550m:	5:55.48	32.03	1300m:	13:57.88	32.25	2050m:	22:00.66	32.27	2800m:	30:08.04	32.81
600m:	6:27.57	32.09	1350m:	14:29.94	32.06	2100m:	22:32.97	32.31	2850m:	30:40.81	32.77
650m:	6:59.76	32.19	1400m:	15:02.16	32.22	2150m:	23:05.06	32.09	2900m:	31:13.91	33.10
700m:	7:32.07	32.31	1450m:	15:34.38	32.22	2200m:	23:37.50	32.44	2950m:	31:47.00	33.09
750m:	8:04.36	32.29	1500m:	16:06.67	32.29	2250m:	24:09.88	32.38	3000m:	32:17.86	30.86
3. CASALS MAS, Èric		06	C.N. VIC-Etb		32:24.11	16,00					
50m:	32.53	32.53	800m:	8:43.51	32.28	1550m:	16:49.12	32.35	2300m:	24:55.70	32.38
100m:	1:05.39	32.86	850m:	9:15.98	32.47	1600m:	17:21.59	32.47	2350m:	25:28.36	32.66
150m:	1:38.10	32.71	900m:	9:48.65	32.67	1650m:	17:54.12	32.53	2400m:	26:00.90	32.54
200m:	2:11.15	33.05	950m:	10:21.05	32.40	1700m:	18:26.72	32.60	2450m:	26:33.47	32.57
250m:	2:44.18	33.03	1000m:	10:53.44	32.39	1750m:	18:59.36	32.64	2500m:	27:05.94	32.47
300m:	3:16.87	32.69	1050m:	11:25.94	32.50	1800m:	19:31.84	32.48	2550m:	27:38.37	32.43
350m:	3:49.70	32.83	1100m:	11:58.62	32.68	1850m:	20:04.38	32.54	2600m:	28:10.66	32.29
400m:	4:22.73	33.03	1150m:	12:30.80	32.18	1900m:	20:36.26	31.88	2650m:	28:42.94	32.28
450m:	4:55.19	32.46	1200m:	13:03.31	32.51	1950m:	21:08.08	31.82	2700m:	29:14.73	31.79
500m:	5:27.76	32.57	1250m:	13:35.78	32.47	2000m:	21:40.51	32.43	2750m:	29:46.42	31.69
550m:	6:00.54	32.78	1300m:	14:07.90	32.12	2050m:	22:13.05	32.54	2800m:	30:18.64	32.22
600m:	6:33.24	32.70	1350m:	14:39.94	32.04	2100m:	22:45.59	32.54	2850m:	30:50.72	32.08
650m:	7:05.83	32.59	1400m:	15:11.97	32.03	2150m:	23:18.12	32.53	2900m:	31:22.93	32.21
700m:	7:38.38	32.55	1450m:	15:44.45	32.48	2200m:	23:50.72	32.60	2950m:	31:54.44	31.51
750m:	8:11.23	32.85	1500m:	16:16.77	32.32	2250m:	24:23.32	32.60	3000m:	32:24.11	29.67
4. JIMÉNEZ RÍSQUEZ, Alex		06	C.N. Sabadell		33:05.33	14,00					
50m:	32.61	32.61	650m:	7:06.83	32.51	1250m:	13:42.10	32.88	1850m:	20:19.28	33.14
100m:	1:05.90	33.29	700m:	7:39.78	32.95	1300m:	14:15.44	33.34	1900m:	20:52.37	33.09
150m:	1:38.89	32.99	750m:	8:12.82	33.04	1350m:	14:48.59	33.15	1950m:	21:25.12	32.75
200m:	2:11.94	33.05	800m:	8:45.25	32.43	1400m:	15:21.65	33.06	2000m:	21:58.14	33.02
250m:	2:44.92	32.98	850m:	9:18.10	32.85	1450m:	15:54.51	32.86	2050m:	22:31.23	33.09
300m:	3:17.85	32.93	900m:	9:51.17	33.07	1500m:	16:27.63	33.12	2100m:	23:05.01	33.78
350m:	3:50.66	32.81	950m:	10:24.14	32.97	1550m:	17:00.73	33.10	2150m:	23:38.09	33.08
400m:	4:23.22	32.56	1000m:	10:57.12	32.98	1600m:	17:33.83	33.10	2200m:	24:11.19	33.10
450m:	4:55.98	32.76	1050m:	11:29.95	32.83	1650m:	18:07.01	33.18	2250m:	24:44.56	33.37
500m:	5:28.64	32.66	1100m:	12:03.11	33.16	1700m:	18:39.92	32.91	2300m:	25:18.15	33.59
550m:	6:01.40	32.76	1150m:	12:36.14	33.03	1750m:	19:12.92	33.00	2350m:	25:51.99	33.84
600m:	6:34.32	32.92	1200m:	13:09.22	33.08	1800m:	19:46.14	33.22	2400m:	26:25.88	33.89

Piscina 25m / Cronometratge Semi-automàtic

Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY				Temps						
2450m:	26:59.18	33.30	2600m:	28:39.34	33.35	2750m:	30:19.55	33.42	2900m:	31:59.51	32.94
2500m:	27:32.62	33.44	2650m:	29:12.80	33.46	2800m:	30:53.21	33.66	2950m:	32:32.55	33.04
2550m:	28:05.99	33.37	2700m:	29:46.13	33.33	2850m:	31:26.57	33.36	3000m:	33:05.33	32.78
5.	CARRASCO CADENS, Jordi				08	C.E. Inef Lleida		33:07.64	16,00		
50m:	32.60	32.60	800m:	8:56.50	33.27	1550m:	17:13.91	32.62	2300m:	25:31.03	33.18
100m:	1:06.60	34.00	850m:	9:29.18	32.68	1600m:	17:47.02	33.11	2350m:	26:03.98	32.95
150m:	1:40.41	33.81	900m:	10:02.57	33.39	1650m:	18:19.92	32.90	2400m:	26:37.25	33.27
200m:	2:14.72	34.31	950m:	10:36.08	33.51	1700m:	18:53.04	33.12	2450m:	27:10.36	33.11
250m:	2:48.27	33.55	1000m:	11:09.13	33.05	1750m:	19:26.17	33.13	2500m:	27:43.81	33.45
300m:	3:21.68	33.41	1050m:	11:42.24	33.11	1800m:	19:59.66	33.49	2550m:	28:16.44	32.63
350m:	3:55.13	33.45	1100m:	12:15.43	33.19	1850m:	20:32.81	33.15	2600m:	28:49.19	32.75
400m:	4:28.88	33.75	1150m:	12:48.62	33.19	1900m:	21:06.18	33.37	2650m:	29:22.26	33.07
450m:	5:02.47	33.59	1200m:	13:22.00	33.38	1950m:	21:39.14	32.96	2700m:	29:55.47	33.21
500m:	5:36.10	33.63	1250m:	13:54.88	32.88	2000m:	22:12.33	33.19	2750m:	30:28.61	33.14
550m:	6:09.88	33.78	1300m:	14:28.05	33.17	2050m:	22:45.13	32.80	2800m:	31:01.89	33.28
600m:	6:43.44	33.56	1350m:	15:01.44	33.39	2100m:	23:18.14	33.01	2850m:	31:34.65	32.76
650m:	7:16.65	33.21	1400m:	15:34.78	33.34	2150m:	23:51.36	33.22	2900m:	32:07.02	32.37
700m:	7:49.94	33.29	1450m:	16:08.12	33.34	2200m:	24:24.64	33.28	2950m:	32:39.09	32.07
750m:	8:23.23	33.29	1500m:	16:41.29	33.17	2250m:	24:57.85	33.21	3000m:	33:07.64	28.55
6.	GALLEN SABATER, Albert				05	C.E. Mediterrani		33:16.04	13,00		
50m:	31.85	31.85	800m:	8:45.99	33.24	1550m:	17:05.17	33.38	2300m:	25:28.23	33.54
100m:	1:03.76	31.91	850m:	9:19.17	33.18	1600m:	17:38.99	33.82	2350m:	26:01.94	33.71
150m:	1:36.43	32.67	900m:	9:52.13	32.96	1650m:	18:12.32	33.33	2400m:	26:35.39	33.45
200m:	2:09.20	32.77	950m:	10:25.49	33.36	1700m:	18:45.60	33.28	2450m:	27:08.96	33.57
250m:	2:42.27	33.07	1000m:	10:59.40	33.91	1750m:	19:18.77	33.17	2500m:	27:42.53	33.57
300m:	3:15.36	33.09	1050m:	11:31.92	32.52	1800m:	19:52.73	33.96	2550m:	28:15.80	33.27
350m:	3:48.04	32.68	1100m:	12:04.94	33.02	1850m:	20:25.80	33.07	2600m:	28:49.51	33.71
400m:	4:21.12	33.08	1150m:	12:38.27	33.33	1900m:	20:59.51	33.71	2650m:	29:23.11	33.60
450m:	4:54.37	33.25	1200m:	13:11.56	33.29	1950m:	21:33.36	33.85	2700m:	29:56.98	33.87
500m:	5:27.49	33.12	1250m:	13:44.74	33.18	2000m:	22:07.13	33.77	2750m:	30:30.79	33.81
550m:	6:00.45	32.96	1300m:	14:17.89	33.15	2050m:	22:40.41	33.28	2800m:	31:04.53	33.74
600m:	6:33.71	33.26	1350m:	14:51.60	33.71	2100m:	23:13.95	33.54	2850m:	31:37.82	33.29
650m:	7:06.51	32.80	1400m:	15:24.84	33.24	2150m:	23:47.51	33.56	2900m:	32:11.58	33.76
700m:	7:39.48	32.97	1450m:	15:58.70	33.86	2200m:	24:21.14	33.63	2950m:	32:44.50	32.92
750m:	8:12.75	33.27	1500m:	16:31.79	33.09	2250m:	24:54.69	33.55	3000m:	33:16.04	31.54
7.	RIERA CANELADA, Eloi				07	C.N. Banyoles		33:16.13	14,00		
50m:	32.23	32.23	800m:	8:48.12	33.15	1550m:	17:06.07	33.43	2300m:	25:28.61	33.73
100m:	1:04.97	32.74	850m:	9:21.12	33.00	1600m:	17:38.82	32.75	2350m:	26:02.18	33.57
150m:	1:38.43	33.46	900m:	9:54.16	33.04	1650m:	18:12.41	33.59	2400m:	26:36.16	33.98
200m:	2:11.46	33.03	950m:	10:27.36	33.20	1700m:	18:46.10	33.69	2450m:	27:09.85	33.69
250m:	2:44.50	33.04	1000m:	11:00.57	33.21	1750m:	19:19.62	33.52	2500m:	27:43.41	33.56
300m:	3:17.56	33.06	1050m:	11:33.62	33.05	1800m:	19:53.16	33.54	2550m:	28:17.11	33.70
350m:	3:50.61	33.05	1100m:	12:06.87	33.25	1850m:	20:26.41	33.25	2600m:	28:50.71	33.60
400m:	4:23.67	33.06	1150m:	12:39.92	33.05	1900m:	20:59.75	33.34	2650m:	29:24.21	33.50
450m:	4:56.73	33.06	1200m:	13:12.84	32.92	1950m:	21:33.31	33.56	2700m:	29:57.89	33.68
500m:	5:29.79	33.06	1250m:	13:46.01	33.17	2000m:	22:07.13	33.82	2750m:	30:31.03	33.14
550m:	6:02.88	33.09	1300m:	14:19.15	33.14	2050m:	22:40.70	33.57	2800m:	31:04.37	33.34
600m:	6:35.76	32.88	1350m:	14:52.32	33.17	2100m:	23:14.40	33.70	2850m:	31:37.62	33.25
650m:	7:08.88	33.12	1400m:	15:25.67	33.35	2150m:	23:47.92	33.52	2900m:	32:11.21	33.59
700m:	7:41.97	33.09	1450m:	15:59.19	33.52	2200m:	24:21.52	33.60	2950m:	32:44.00	32.79
750m:	8:14.97	33.00	1500m:	16:32.64	33.45	2250m:	24:54.88	33.36	3000m:	33:16.13	32.13
8.	CABEZUELO AREVALO, Albert				04	C.N. Granollers		33:19.88	19,00		
50m:	31.62	31.62	550m:	5:55.30	32.41	1050m:	11:17.68	32.23	1550m:	16:54.71	33.91
100m:	1:04.31	32.69	600m:	6:27.58	32.28	1100m:	11:50.30	32.62	1600m:	17:28.77	34.06
150m:	1:36.75	32.44	650m:	6:59.51	31.93	1150m:	12:23.06	32.76	1650m:	18:02.83	34.06
200m:	2:09.37	32.62	700m:	7:31.77	32.26	1200m:	12:56.19	33.13	1700m:	18:36.94	34.11
250m:	2:41.64	32.27	750m:	8:04.30	32.53	1250m:	13:29.56	33.37	1750m:	19:10.85	33.91
300m:	3:13.71	32.07	800m:	8:36.54	32.24	1300m:	14:03.25	33.69	1800m:	19:44.38	33.53
350m:	3:46.05	32.34	850m:	9:08.48	31.94	1350m:	14:37.50	34.25	1850m:	20:18.62	34.24
400m:	4:18.39	32.34	900m:	9:40.68	32.20	1400m:	15:12.08	34.58	1900m:	20:53.84	35.22
450m:	4:50.73	32.34	950m:	10:13.04	32.36	1450m:	15:46.60	34.52	1950m:	21:28.60	34.76
500m:	5:22.89	32.16	1000m:	10:45.45	32.41	1500m:	16:20.80	34.20	2000m:	22:02.42	33.82

Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY				Temps						
2050m:	22:34.22	31.80	2300m:	25:25.41	33.90	2550m:	28:15.22	33.69	2800m:	31:06.57	33.78
2100m:	23:08.92	34.70	2350m:	25:59.64	34.23	2600m:	28:49.71	34.49	2850m:	31:40.00	33.43
2150m:	23:43.46	34.54	2400m:	26:33.89	34.25	2650m:	29:23.98	34.27	2900m:	32:13.56	33.56
2200m:	24:17.32	33.86	2450m:	27:07.98	34.09	2700m:	29:58.24	34.26	2950m:	32:46.92	33.36
2250m:	24:51.51	34.19	2500m:	27:41.53	33.55	2750m:	30:32.79	34.55	3000m:	33:19.88	32.96
9. VENDRELL GARCIA, Jose			03	C.N. Lleida					33:30.59	16,00	
50m:	31.75	31.75	800m:	8:44.51	33.21	1550m:	17:01.39	33.47	2300m:	25:29.13	33.94
100m:	1:03.60	31.85	850m:	9:17.59	33.08	1600m:	17:34.93	33.54	2350m:	26:03.28	34.15
150m:	1:36.02	32.42	900m:	9:51.18	33.59	1650m:	18:08.18	33.25	2400m:	26:37.63	34.35
200m:	2:08.40	32.38	950m:	10:24.57	33.39	1700m:	18:41.92	33.74	2450m:	27:12.04	34.41
250m:	2:40.71	32.31	1000m:	10:57.60	33.03	1750m:	19:15.46	33.54	2500m:	27:46.85	34.81
300m:	3:13.29	32.58	1050m:	11:30.62	33.02	1800m:	19:49.23	33.77	2550m:	28:21.54	34.69
350m:	3:46.13	32.84	1100m:	12:03.78	33.16	1850m:	20:23.24	34.01	2600m:	28:55.85	34.31
400m:	4:19.05	32.92	1150m:	12:36.70	32.92	1900m:	20:57.04	33.80	2650m:	29:30.00	34.15
450m:	4:52.07	33.02	1200m:	13:09.62	32.92	1950m:	21:30.76	33.72	2700m:	30:04.27	34.27
500m:	5:24.62	32.55	1250m:	13:42.42	32.80	2000m:	22:05.25	34.49	2750m:	30:39.27	35.00
550m:	5:57.69	33.07	1300m:	14:15.24	32.82	2050m:	22:38.94	33.69	2800m:	31:14.83	35.56
600m:	6:31.04	33.35	1350m:	14:48.39	33.15	2100m:	23:12.77	33.83	2850m:	31:49.54	34.71
650m:	7:04.12	33.08	1400m:	15:21.33	32.94	2150m:	23:46.79	34.02	2900m:	32:23.84	34.30
700m:	7:38.26	34.14	1450m:	15:54.38	33.05	2200m:	24:21.12	34.33	2950m:	32:57.98	34.14
750m:	8:11.30	33.04	1500m:	16:27.92	33.54	2250m:	24:55.19	34.07	3000m:	33:30.59	32.61
10. POU FERNANDEZ, Marc			01	C.N. Mataró					33:37.59	14,00	
50m:	32.21	32.21	800m:	8:55.19	32.85	1550m:	17:15.43	33.54	2300m:	25:42.68	34.06
100m:	1:05.56	33.35	850m:	9:28.29	33.10	1600m:	17:49.22	33.79	2350m:	26:16.82	34.14
150m:	1:39.11	33.55	900m:	10:01.81	33.52	1650m:	18:22.83	33.61	2400m:	26:50.89	34.07
200m:	2:12.86	33.75	950m:	10:35.02	33.21	1700m:	18:56.28	33.45	2450m:	27:24.74	33.85
250m:	2:46.69	33.83	1000m:	11:08.29	33.27	1750m:	19:29.69	33.41	2500m:	27:58.19	33.45
300m:	3:20.46	33.77	1050m:	11:41.41	33.12	1800m:	20:03.48	33.79	2550m:	28:31.66	33.47
350m:	3:54.26	33.80	1100m:	12:14.64	33.23	1850m:	20:37.25	33.77	2600m:	29:05.36	33.70
400m:	4:28.23	33.97	1150m:	12:47.70	33.06	1900m:	21:10.59	33.34	2650m:	29:39.28	33.92
450m:	5:01.99	33.76	1200m:	13:20.60	32.90	1950m:	21:44.14	33.55	2700m:	30:12.90	33.62
500m:	5:35.73	33.74	1250m:	13:53.84	33.24	2000m:	22:18.03	33.89	2750m:	30:46.47	33.57
550m:	6:09.36	33.63	1300m:	14:27.30	33.46	2050m:	22:52.34	34.31	2800m:	31:21.08	34.61
600m:	6:42.63	33.27	1350m:	15:00.87	33.57	2100m:	23:26.60	34.26	2850m:	31:55.90	34.82
650m:	7:15.88	33.25	1400m:	15:34.66	33.79	2150m:	24:00.59	33.99	2900m:	32:30.70	34.80
700m:	7:48.98	33.10	1450m:	16:08.28	33.62	2200m:	24:34.41	33.82	2950m:	33:04.83	34.13
750m:	8:22.34	33.36	1500m:	16:41.89	33.61	2250m:	25:08.62	34.21	3000m:	33:37.59	32.76
11. MORILLO LOPEZ, Ferran			05	C.E. Mediterrani					33:39.99	12,00	
50m:	31.60	31.60	800m:	8:50.02	33.57	1550m:	17:13.71	34.29	2300m:	25:42.85	34.37
100m:	1:03.66	32.06	850m:	9:23.43	33.41	1600m:	17:47.49	33.78	2350m:	26:16.98	34.13
150m:	1:36.17	32.51	900m:	9:57.19	33.76	1650m:	18:21.45	33.96	2400m:	26:51.56	34.58
200m:	2:08.94	32.77	950m:	10:30.65	33.46	1700m:	18:55.38	33.93	2450m:	27:25.94	34.38
250m:	2:41.68	32.74	1000m:	11:04.16	33.51	1750m:	19:28.92	33.54	2500m:	27:59.81	33.87
300m:	3:15.04	33.36	1050m:	11:37.62	33.46	1800m:	20:02.77	33.85	2550m:	28:34.14	34.33
350m:	3:48.79	33.75	1100m:	12:11.20	33.58	1850m:	20:37.04	34.27	2600m:	29:08.94	34.80
400m:	4:22.06	33.27	1150m:	12:45.22	34.02	1900m:	21:11.11	34.07	2650m:	29:43.68	34.74
450m:	4:55.22	33.16	1200m:	13:18.21	32.99	1950m:	21:44.88	33.77	2700m:	30:17.99	34.31
500m:	5:29.01	33.79	1250m:	13:51.26	33.05	2000m:	22:18.36	33.48	2750m:	30:52.12	34.13
550m:	6:02.52	33.51	1300m:	14:24.96	33.70	2050m:	22:52.12	33.76	2800m:	31:26.77	34.65
600m:	6:35.59	33.07	1350m:	14:58.54	33.58	2100m:	23:26.39	34.27	2850m:	32:01.08	34.31
650m:	7:09.38	33.79	1400m:	15:32.39	33.85	2150m:	24:00.40	34.01	2900m:	32:35.03	33.95
700m:	7:42.79	33.41	1450m:	16:05.73	33.34	2200m:	24:34.42	34.02	2950m:	33:08.65	33.62
750m:	8:16.45	33.66	1500m:	16:39.42	33.69	2250m:	25:08.48	34.06	3000m:	33:39.99	31.34

Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY		Temps	
12. ELIES VAZQUEZ, Pau	03	C.N. Atl Barceloneta	33:44.59	13,00
50m: 32.48 32.48	800m: 8:55.34 32.91	1550m: 17:15.73 33.65	2300m: 25:42.81 34.09	
100m: 1:05.83 33.35	850m: 9:28.38 33.04	1600m: 17:49.47 33.74	2350m: 26:17.02 34.21	
150m: 1:39.56 33.73	900m: 10:01.65 33.27	1650m: 18:23.37 33.90	2400m: 26:51.52 34.50	
200m: 2:13.26 33.70	950m: 10:34.80 33.15	1700m: 18:57.09 33.72	2450m: 27:25.77 34.25	
250m: 2:47.16 33.90	1000m: 11:08.45 33.65	1750m: 19:30.46 33.37	2500m: 27:59.73 33.96	
300m: 3:20.92 33.76	1050m: 11:41.63 33.18	1800m: 20:04.19 33.73	2550m: 28:34.00 34.27	
350m: 3:54.48 33.56	1100m: 12:14.78 33.15	1850m: 20:38.15 33.96	2600m: 29:08.32 34.32	
400m: 4:28.17 33.69	1150m: 12:48.14 33.36	1900m: 21:12.02 33.87	2650m: 29:43.06 34.74	
450m: 5:01.91 33.74	1200m: 13:20.93 32.79	1950m: 21:45.77 33.75	2700m: 30:18.48 35.42	
500m: 5:35.64 33.73	1250m: 13:54.10 33.17	2000m: 22:19.42 33.65	2750m: 30:53.55 35.07	
550m: 6:09.33 33.69	1300m: 14:27.60 33.50	2050m: 22:52.73 33.31	2800m: 31:28.59 35.04	
600m: 6:42.61 33.28	1350m: 15:01.13 33.53	2100m: 23:26.75 34.02	2850m: 32:03.78 35.19	
650m: 7:16.10 33.49	1400m: 15:34.78 33.65	2150m: 24:00.63 33.88	2900m: 32:38.99 35.21	
700m: 7:49.22 33.12	1450m: 16:08.77 33.99	2200m: 24:34.63 34.00	2950m: 33:11.66 32.67	
750m: 8:22.43 33.21	1500m: 16:42.08 33.31	2250m: 25:08.72 34.09	3000m: 33:44.59 32.93	
13. ARROYO LOPEZ DEL CASTILLO, Izan 07	C.N. Sant Andreu	33:45.31	13,00	
50m: 31.81 31.81	800m: 8:52.23 33.51	1550m: 17:21.80 34.52	2300m: 25:52.78 34.40	
100m: 1:04.76 32.95	850m: 9:26.00 33.77	1600m: 17:56.37 34.57	2350m: 26:26.72 33.94	
150m: 1:37.69 32.93	900m: 9:59.46 33.46	1650m: 18:30.09 33.72	2400m: 27:00.76 34.04	
200m: 2:10.80 33.11	950m: 10:33.14 33.68	1700m: 19:04.11 34.02	2450m: 27:34.95 34.19	
250m: 2:44.03 33.23	1000m: 11:06.99 33.85	1750m: 19:38.04 33.93	2500m: 28:09.02 34.07	
300m: 3:17.78 33.75	1050m: 11:41.09 34.10	1800m: 20:11.77 33.73	2550m: 28:43.06 34.04	
350m: 3:51.17 33.39	1100m: 12:15.03 33.94	1850m: 20:45.72 33.95	2600m: 29:16.91 33.85	
400m: 4:24.72 33.55	1150m: 12:48.91 33.88	1900m: 21:19.86 34.14	2650m: 29:51.09 34.18	
450m: 4:58.28 33.56	1200m: 13:22.64 33.73	1950m: 21:54.18 34.32	2700m: 30:25.00 33.91	
500m: 5:31.80 33.52	1250m: 13:56.45 33.81	2000m: 22:28.49 34.31	2750m: 30:58.71 33.71	
550m: 6:05.13 33.33	1300m: 14:30.27 33.82	2050m: 23:02.64 34.15	2800m: 31:32.29 33.58	
600m: 6:38.95 33.82	1350m: 15:04.52 34.25	2100m: 23:36.56 33.92	2850m: 32:05.94 33.65	
650m: 7:12.12 33.17	1400m: 15:38.54 34.02	2150m: 24:10.44 33.88	2900m: 32:39.51 33.57	
700m: 7:45.35 33.23	1450m: 16:13.09 34.55	2200m: 24:44.19 33.75	2950m: 33:12.93 33.42	
750m: 8:18.72 33.37	1500m: 16:47.28 34.19	2250m: 25:18.38 34.19	3000m: 33:45.31 32.38	
14. REDONDO SORIA, Iker	06	C.N. Granollers	33:45.52	11,00
50m: 32.99 32.99	800m: 8:53.01 33.49	1550m: 17:15.62 33.56	2300m: 25:44.60 34.44	
100m: 1:05.88 32.89	850m: 9:26.42 33.41	1600m: 17:48.92 33.30	2350m: 26:18.87 34.27	
150m: 1:39.35 33.47	900m: 9:59.88 33.46	1650m: 18:22.08 33.16	2400m: 26:53.27 34.40	
200m: 2:12.79 33.44	950m: 10:33.41 33.53	1700m: 18:55.64 33.56	2450m: 27:27.81 34.54	
250m: 2:46.15 33.36	1000m: 11:06.96 33.55	1750m: 19:29.12 33.48	2500m: 28:02.22 34.41	
300m: 3:19.44 33.29	1050m: 11:40.38 33.42	1800m: 20:02.89 33.77	2550m: 28:36.73 34.51	
350m: 3:52.80 33.36	1100m: 12:14.02 33.64	1850m: 20:36.77 33.88	2600m: 29:11.66 34.93	
400m: 4:26.05 33.25	1150m: 12:47.34 33.32	1900m: 21:10.74 33.97	2650m: 29:45.85 34.19	
450m: 4:59.46 33.41	1200m: 13:20.48 33.14	1950m: 21:44.99 34.25	2700m: 30:20.69 34.84	
500m: 5:32.90 33.44	1250m: 13:53.95 33.47	2000m: 22:18.96 33.97	2750m: 30:54.99 34.30	
550m: 6:06.27 33.37	1300m: 14:27.83 33.88	2050m: 22:53.03 34.07	2800m: 31:29.72 34.73	
600m: 6:39.57 33.30	1350m: 15:01.59 33.76	2100m: 23:27.24 34.21	2850m: 32:04.52 34.80	
650m: 7:12.90 33.33	1400m: 15:35.03 33.44	2150m: 24:01.60 34.36	2900m: 32:39.39 34.87	
700m: 7:46.16 33.26	1450m: 16:08.49 33.46	2200m: 24:35.83 34.23	2950m: 33:14.62 35.23	
750m: 8:19.52 33.36	1500m: 16:42.06 33.57	2250m: 25:10.16 34.33	3000m: 33:45.52 30.90	
15. SANCHEZ GONZALEZ, Marcos	04	C.N. Sabadell	33:50.67	12,00
50m: 32.29 32.29	750m: 8:19.99 33.65	1450m: 16:11.82 34.08	2150m: 24:11.44 34.59	
100m: 1:05.06 32.77	800m: 8:53.45 33.46	1500m: 16:45.66 33.84	2200m: 24:45.97 34.53	
150m: 1:38.15 33.09	850m: 9:27.00 33.55	1550m: 17:19.40 33.74	2250m: 25:20.31 34.34	
200m: 2:11.40 33.25	900m: 10:00.66 33.66	1600m: 17:53.49 34.09	2300m: 25:54.62 34.31	
250m: 2:44.67 33.27	950m: 10:34.19 33.53	1650m: 18:27.31 33.82	2350m: 26:29.00 34.38	
300m: 3:17.99 33.32	1000m: 11:07.84 33.65	1700m: 19:01.47 34.16	2400m: 27:03.24 34.24	
350m: 3:51.34 33.35	1050m: 11:41.80 33.96	1750m: 19:35.92 34.45	2450m: 27:37.63 34.39	
400m: 4:24.68 33.34	1100m: 12:15.67 33.87	1800m: 20:10.02 34.10	2500m: 28:12.06 34.43	
450m: 4:57.76 33.08	1150m: 12:49.48 33.81	1850m: 20:44.59 34.57	2550m: 28:47.00 34.94	
500m: 5:31.62 33.86	1200m: 13:22.97 33.49	1900m: 21:19.14 34.55	2600m: 29:21.19 34.19	
550m: 6:05.24 33.62	1250m: 13:56.47 33.50	1950m: 21:53.52 34.38	2650m: 29:55.51 34.32	
600m: 6:39.02 33.78	1300m: 14:30.26 33.79	2000m: 22:27.76 34.24	2700m: 30:29.58 34.07	
650m: 7:12.74 33.72	1350m: 15:04.13 33.87	2050m: 23:02.32 34.56	2750m: 31:03.37 33.79	
700m: 7:46.34 33.60	1400m: 15:37.74 33.61	2100m: 23:36.85 34.53	2800m: 31:37.28 33.91	

Piscina 25m / Cronometratge Semi-automàtic

Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY				Temps						
	2850m: 32:11.36	34.08	2900m: 32:44.76	33.40	2950m: 33:18.07	33.31	3000m: 33:50.67	32.60			
16. IBAÑEZ PINA, Nil	03 C.N. Atl Barceloneta				34:00.01 11,00						
50m:	32.58	32.58	800m:	8:52.16	32.82	1550m:	17:24.42	34.51	2300m:	26:03.66	34.36
100m:	1:05.81	33.23	850m:	9:25.35	33.19	1600m:	17:58.98	34.56	2350m:	26:37.52	33.86
150m:	1:39.20	33.39	900m:	9:58.85	33.50	1650m:	18:33.44	34.46	2400m:	27:10.78	33.26
200m:	2:12.84	33.64	950m:	10:32.87	34.02	1700m:	19:07.46	34.02	2450m:	27:44.55	33.77
250m:	2:46.73	33.89	1000m:	11:07.38	34.51	1750m:	19:42.47	35.01	2500m:	28:19.07	34.52
300m:	3:20.60	33.87	1050m:	11:41.52	34.14	1800m:	20:17.32	34.85	2550m:	28:53.11	34.04
350m:	3:54.14	33.54	1100m:	12:15.65	34.13	1850m:	20:51.88	34.56	2600m:	29:27.49	34.38
400m:	4:28.03	33.89	1150m:	12:49.77	34.12	1900m:	21:26.64	34.76	2650m:	30:01.95	34.46
450m:	5:00.95	32.92	1200m:	13:23.49	33.72	1950m:	22:01.26	34.62	2700m:	30:36.20	34.25
500m:	5:34.31	33.36	1250m:	13:57.35	33.86	2000m:	22:36.23	34.97	2750m:	31:10.57	34.37
550m:	6:07.83	33.52	1300m:	14:31.31	33.96	2050m:	23:10.90	34.67	2800m:	31:45.53	34.96
600m:	6:40.75	32.92	1350m:	15:05.42	34.11	2100m:	23:45.88	34.98	2850m:	32:19.74	34.21
650m:	7:13.53	32.78	1400m:	15:40.31	34.89	2150m:	24:20.27	34.39	2900m:	32:53.69	33.95
700m:	7:46.44	32.91	1450m:	16:14.88	34.57	2200m:	24:54.80	34.53	2950m:	33:27.24	33.55
750m:	8:19.34	32.90	1500m:	16:49.91	35.03	2250m:	25:29.30	34.50	3000m:	34:00.01	32.77
17. BLANES FRIGOLA, Aleix	04 C.N. Vilafranca				34:12.97 10,00						
50m:	32.14	32.14	800m:	8:57.21	34.14	1550m:	17:32.36	34.55	2300m:	26:12.04	34.55
100m:	1:04.99	32.85	850m:	9:30.93	33.72	1600m:	18:06.76	34.40	2350m:	26:46.95	34.91
150m:	1:38.32	33.33	900m:	10:04.90	33.97	1650m:	18:41.04	34.28	2400m:	27:21.99	35.04
200m:	2:11.75	33.43	950m:	10:38.71	33.81	1700m:	19:15.21	34.17	2450m:	27:56.50	34.51
250m:	2:45.24	33.49	1000m:	11:12.86	34.15	1750m:	19:49.83	34.62	2500m:	28:31.30	34.80
300m:	3:18.57	33.33	1050m:	11:47.12	34.26	1800m:	20:24.68	34.85	2550m:	29:06.08	34.78
350m:	3:52.00	33.43	1100m:	12:21.56	34.44	1850m:	20:59.17	34.49	2600m:	29:40.90	34.82
400m:	4:25.92	33.92	1150m:	12:55.91	34.35	1900m:	21:34.15	34.98	2650m:	30:15.07	34.17
450m:	5:00.10	34.18	1200m:	13:30.38	34.47	1950m:	22:08.92	34.77	2700m:	30:49.90	34.83
500m:	5:33.87	33.77	1250m:	14:04.59	34.21	2000m:	22:43.53	34.61	2750m:	31:24.61	34.71
550m:	6:07.82	33.95	1300m:	14:39.32	34.73	2050m:	23:18.18	34.65	2800m:	31:59.29	34.68
600m:	6:41.54	33.72	1350m:	15:14.17	34.85	2100m:	23:52.79	34.61	2850m:	32:33.48	34.19
650m:	7:15.32	33.78	1400m:	15:48.72	34.55	2150m:	24:27.31	34.52	2900m:	33:07.58	34.10
700m:	7:49.25	33.93	1450m:	16:23.30	34.58	2200m:	25:02.21	34.90	2950m:	33:40.83	33.25
750m:	8:23.07	33.82	1500m:	16:57.81	34.51	2250m:	25:37.49	35.28	3000m:	34:12.97	32.14
18. ROURA CLEMENTE, Gerard	01 GEIEG				34:26.88 9,00						
50m:	33.00	33.00	800m:	9:02.52	34.47	1550m:	17:44.69	34.76	2300m:	26:26.47	34.62
100m:	1:06.24	33.24	850m:	9:37.25	34.73	1600m:	18:19.55	34.86	2350m:	27:01.22	34.75
150m:	1:40.10	33.86	900m:	10:12.11	34.86	1650m:	18:54.57	35.02	2400m:	27:35.42	34.20
200m:	2:14.22	34.12	950m:	10:46.79	34.68	1700m:	19:29.35	34.78	2450m:	28:09.51	34.09
250m:	2:48.25	34.03	1000m:	11:21.74	34.95	1750m:	20:03.84	34.49	2500m:	28:44.17	34.66
300m:	3:22.09	33.84	1050m:	11:56.23	34.49	1800m:	20:38.32	34.48	2550m:	29:19.31	35.14
350m:	3:55.87	33.78	1100m:	12:31.05	34.82	1850m:	21:12.91	34.59	2600m:	29:54.14	34.83
400m:	4:29.70	33.83	1150m:	13:05.62	34.57	1900m:	21:47.63	34.72	2650m:	30:28.87	34.73
450m:	5:03.43	33.73	1200m:	13:40.51	34.89	1950m:	22:22.57	34.94	2700m:	31:03.74	34.87
500m:	5:37.26	33.83	1250m:	14:15.15	34.64	2000m:	22:57.36	34.79	2750m:	31:38.83	35.09
550m:	6:10.73	33.47	1300m:	14:50.11	34.96	2050m:	23:32.38	35.02	2800m:	32:13.78	34.95
600m:	6:44.78	34.05	1350m:	15:24.98	34.87	2100m:	24:07.37	34.99	2850m:	32:48.28	34.50
650m:	7:19.12	34.34	1400m:	15:59.69	34.71	2150m:	24:42.08	34.71	2900m:	33:22.60	34.32
700m:	7:53.64	34.52	1450m:	16:34.85	35.16	2200m:	25:17.00	34.92	2950m:	33:55.42	32.82
750m:	8:28.05	34.41	1500m:	17:09.93	35.08	2250m:	25:51.85	34.85	3000m:	34:26.88	31.46
19. RANEA VILA, Roger	06 C.N. VIC-Etb				34:27.11 10,00						
50m:	34.86	34.86	650m:	7:29.46	34.37	1250m:	14:22.45	34.16	1850m:	21:15.77	34.29
100m:	1:09.51	34.65	700m:	8:03.78	34.32	1300m:	14:56.88	34.43	1900m:	21:50.11	34.34
150m:	1:43.99	34.48	750m:	8:38.15	34.37	1350m:	15:31.71	34.83	1950m:	22:24.67	34.56
200m:	2:18.78	34.79	800m:	9:12.45	34.30	1400m:	16:06.48	34.77	2000m:	22:59.51	34.84
250m:	2:53.54	34.76	850m:	9:46.84	34.39	1450m:	16:40.84	34.36	2050m:	23:33.87	34.36
300m:	3:28.11	34.57	900m:	10:21.24	34.40	1500m:	17:15.33	34.49	2100m:	24:08.39	34.52
350m:	4:02.67	34.56	950m:	10:55.68	34.44	1550m:	17:49.96	34.63	2150m:	24:42.84	34.45
400m:	4:37.02	34.35	1000m:	11:30.41	34.73	1600m:	18:24.52	34.56	2200m:	25:17.21	34.37
450m:	5:11.54	34.52	1050m:	12:05.02	34.61	1650m:	18:58.82	34.30	2250m:	25:51.78	34.57
500m:	5:45.94	34.40	1100m:	12:39.52	34.50	1700m:	19:33.02	34.20	2300m:	26:26.43	34.65
550m:	6:20.37	34.43	1150m:	13:13.96	34.44	1750m:	20:07.13	34.11	2350m:	27:00.99	34.56
600m:	6:55.09	34.72	1200m:	13:48.29	34.33	1800m:	20:41.48	34.35	2400m:	27:35.42	34.43

Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY				Temps						
2450m:	28:09.90	34.48	2600m:	29:53.17	34.40	2750m:	31:36.54	34.52	2900m:	33:19.67	34.44
2500m:	28:44.29	34.39	2650m:	30:27.46	34.29	2800m:	32:11.08	34.54	2950m:	33:54.17	34.50
2550m:	29:18.77	34.48	2700m:	31:02.02	34.56	2850m:	32:45.23	34.15	3000m:	34:27.11	32.94
20. TEIXIDÓ JOVÉ, Aleix			06			C.E. Inef Lleida			34:28.69	9,00	
50m:	32.22	32.22	800m:	8:56.98	33.41	1550m:	17:33.25	34.82	2300m:	26:19.93	35.27
100m:	1:05.30	33.08	850m:	9:30.45	33.47	1600m:	18:07.97	34.72	2350m:	26:55.86	35.93
150m:	1:39.24	33.94	900m:	10:04.19	33.74	1650m:	18:42.64	34.67	2400m:	27:31.48	35.62
200m:	2:13.45	34.21	950m:	10:38.25	34.06	1700m:	19:17.19	34.55	2450m:	28:07.11	35.63
250m:	2:47.31	33.86	1000m:	11:12.51	34.26	1750m:	19:51.92	34.73	2500m:	28:42.23	35.12
300m:	3:21.41	34.10	1050m:	11:46.99	34.48	1800m:	20:26.84	34.92	2550m:	29:17.39	35.16
350m:	3:54.79	33.38	1100m:	12:21.29	34.30	1850m:	21:02.08	35.24	2600m:	29:51.99	34.60
400m:	4:28.23	33.44	1150m:	12:55.88	34.59	1900m:	21:37.48	35.40	2650m:	30:25.84	33.85
450m:	5:02.08	33.85	1200m:	13:30.73	34.85	1950m:	22:13.15	35.67	2700m:	31:01.75	35.91
500m:	5:35.35	33.27	1250m:	14:05.25	34.52	2000m:	22:48.11	34.96	2750m:	31:37.26	35.51
550m:	6:09.25	33.90	1300m:	14:40.03	34.78	2050m:	23:23.95	35.84	2800m:	32:12.74	35.48
600m:	6:42.80	33.55	1350m:	15:14.67	34.64	2100m:	23:58.94	34.99	2850m:	32:48.03	35.29
650m:	7:16.15	33.35	1400m:	15:49.39	34.72	2150m:	24:34.50	35.56	2900m:	33:21.96	33.93
700m:	7:49.76	33.61	1450m:	16:23.35	33.96	2200m:	25:08.85	34.35	2950m:	33:55.61	33.65
750m:	8:23.57	33.81	1500m:	16:58.43	35.08	2250m:	25:44.66	35.81	3000m:	34:28.69	33.08
21. FARRÉ CORTADA, Joel			08			C.E.N. Balaguer			34:48.35	12,00	
50m:	33.12	33.12	800m:	9:17.06	35.15	1550m:	17:58.93	35.10	2300m:	26:42.17	34.44
100m:	1:07.60	34.48	850m:	9:52.01	34.95	1600m:	18:33.68	34.75	2350m:	27:16.97	34.80
150m:	1:42.54	34.94	900m:	10:27.01	35.00	1650m:	19:08.88	35.20	2400m:	27:52.20	35.23
200m:	2:17.42	34.88	950m:	11:01.86	34.85	1700m:	19:43.75	34.87	2450m:	28:27.61	35.41
250m:	2:52.23	34.81	1000m:	11:37.01	35.15	1750m:	20:18.84	35.09	2500m:	29:02.72	35.11
300m:	3:26.72	34.49	1050m:	12:11.61	34.60	1800m:	20:53.69	34.85	2550m:	29:37.82	35.10
350m:	4:01.46	34.74	1100m:	12:46.41	34.80	1850m:	21:28.44	34.75	2600m:	30:12.74	34.92
400m:	4:36.69	35.23	1150m:	13:21.08	34.67	1900m:	22:03.30	34.86	2650m:	30:47.74	35.00
450m:	5:11.89	35.20	1200m:	13:55.68	34.60	1950m:	22:38.05	34.75	2700m:	31:22.61	34.87
500m:	5:46.86	34.97	1250m:	14:30.05	34.37	2000m:	23:12.93	34.88	2750m:	31:57.30	34.69
550m:	6:21.93	35.07	1300m:	15:04.90	34.85	2050m:	23:47.93	35.00	2800m:	32:32.27	34.97
600m:	6:56.81	34.88	1350m:	15:39.75	34.85	2100m:	24:22.69	34.76	2850m:	33:07.56	35.29
650m:	7:31.74	34.93	1400m:	16:14.60	34.85	2150m:	24:57.85	35.16	2900m:	33:42.82	35.26
700m:	8:06.72	34.98	1450m:	16:49.42	34.82	2200m:	25:32.72	34.87	2950m:	34:16.74	33.92
750m:	8:41.91	35.19	1500m:	17:23.83	34.41	2250m:	26:07.73	35.01	3000m:	34:48.35	31.61
22. NEVADO RUIZ, Hugo			08			C.N. Sabadell			34:50.83	11,00	
50m:	32.81	32.81	800m:	9:12.38	35.07	1550m:	17:56.92	35.03	2300m:	26:44.98	34.93
100m:	1:06.95	34.14	850m:	9:47.33	34.95	1600m:	18:32.01	35.09	2350m:	27:20.09	35.11
150m:	1:41.54	34.59	900m:	10:22.24	34.91	1650m:	19:07.02	35.01	2400m:	27:55.16	35.07
200m:	2:15.75	34.21	950m:	10:57.19	34.95	1700m:	19:42.25	35.23	2450m:	28:30.15	34.99
250m:	2:50.34	34.59	1000m:	11:31.91	34.72	1750m:	20:17.76	35.51	2500m:	29:05.56	35.41
300m:	3:24.47	34.13	1050m:	12:06.93	35.02	1800m:	20:53.16	35.40	2550m:	29:40.63	35.07
350m:	3:59.09	34.62	1100m:	12:41.91	34.98	1850m:	21:28.29	35.13	2600m:	30:16.11	35.48
400m:	4:33.60	34.51	1150m:	13:17.22	35.31	1900m:	22:03.87	35.58	2650m:	30:51.47	35.36
450m:	5:08.18	34.58	1200m:	13:52.02	34.80	1950m:	22:39.21	35.34	2700m:	31:26.37	34.90
500m:	5:42.91	34.73	1250m:	14:26.90	34.88	2000m:	23:14.39	35.18	2750m:	32:01.62	35.25
550m:	6:17.85	34.94	1300m:	15:02.03	35.13	2050m:	23:49.76	35.37	2800m:	32:36.79	35.17
600m:	6:52.73	34.88	1350m:	15:36.90	34.87	2100m:	24:24.77	35.01	2850m:	33:11.81	35.02
650m:	7:27.44	34.71	1400m:	16:11.80	34.90	2150m:	25:00.01	35.24	2900m:	33:46.89	35.08
700m:	8:02.44	35.00	1450m:	16:46.59	34.79	2200m:	25:35.15	35.14	2950m:	34:19.21	32.32
750m:	8:37.31	34.87	1500m:	17:21.89	35.30	2250m:	26:10.05	34.90	3000m:	34:50.83	31.62
23. GÜELL PARRAMON, Oriol			07			C.N. Banyoles			34:50.86	10,00	
50m:	33.20	33.20	550m:	6:17.93	35.00	1050m:	12:06.68	34.71	1550m:	17:56.91	35.32
100m:	1:07.04	33.84	600m:	6:52.61	34.68	1100m:	12:41.81	35.13	1600m:	18:31.71	34.80
150m:	1:41.48	34.44	650m:	7:27.47	34.86	1150m:	13:17.11	35.30	1650m:	19:06.96	35.25
200m:	2:15.78	34.30	700m:	8:02.34	34.87	1200m:	13:51.98	34.87	1700m:	19:42.25	35.29
250m:	2:50.21	34.43	750m:	8:37.25	34.91	1250m:	14:26.89	34.91	1750m:	20:17.75	35.50
300m:	3:24.55	34.34	800m:	9:12.24	34.99	1300m:	15:01.77	34.88	1800m:	20:53.14	35.39
350m:	3:59.11	34.56	850m:	9:47.17	34.93	1350m:	15:36.66	34.89	1850m:	21:28.28	35.14
400m:	4:33.80	34.69	900m:	10:22.01	34.84	1400m:	16:11.64	34.98	1900m:	22:03.79	35.51
450m:	5:08.16	34.36	950m:	10:57.25	35.24	1450m:	16:46.44	34.80	1950m:	22:39.08	35.29
500m:	5:42.93	34.77	1000m:	11:31.97	34.72	1500m:	17:21.59	35.15	2000m:	23:14.25	35.17

Piscina 25m / Cronometratge Semi-automàtic

Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY				Temps						
2050m:	23:49.73	35.48	2300m:	26:45.00	34.86	2550m:	29:40.76	35.35	2800m:	32:36.59	35.05
2100m:	24:24.64	34.91	2350m:	27:20.19	35.19	2600m:	30:15.81	35.05	2850m:	33:11.66	35.07
2150m:	24:59.83	35.19	2400m:	27:55.14	34.95	2650m:	30:51.36	35.55	2900m:	33:47.07	35.41
2200m:	25:34.93	35.10	2450m:	28:30.19	35.05	2700m:	31:26.23	34.87	2950m:	34:20.82	33.75
2250m:	26:10.14	35.21	2500m:	29:05.41	35.22	2750m:	32:01.54	35.31	3000m:	34:50.86	30.04
24. ARJO DELGADO, Sergi			06	C.N. Lleida					34:54.86	8,00	
50m:	32.43	32.43	800m:	9:05.86	34.79	1550m:	17:53.53	35.49	2300m:	26:43.71	35.25
100m:	1:05.63	33.20	850m:	9:40.40	34.54	1600m:	18:29.39	35.86	2350m:	27:19.11	35.40
150m:	1:39.61	33.98	900m:	10:15.30	34.90	1650m:	19:04.63	35.24	2400m:	27:54.19	35.08
200m:	2:13.72	34.11	950m:	10:50.41	35.11	1700m:	19:40.10	35.47	2450m:	28:28.74	34.55
250m:	2:48.26	34.54	1000m:	11:25.31	34.90	1750m:	20:15.80	35.70	2500m:	29:03.66	34.92
300m:	3:22.44	34.18	1050m:	12:00.41	35.10	1800m:	20:50.88	35.08	2550m:	29:38.94	35.28
350m:	3:56.72	34.28	1100m:	12:35.79	35.38	1850m:	21:26.41	35.53	2600m:	30:14.38	35.44
400m:	4:30.97	34.25	1150m:	13:10.86	35.07	1900m:	22:01.78	35.37	2650m:	30:49.68	35.30
450m:	5:05.19	34.22	1200m:	13:46.17	35.31	1950m:	22:37.24	35.46	2700m:	31:25.66	35.98
500m:	5:39.17	33.98	1250m:	14:21.44	35.27	2000m:	23:12.44	35.20	2750m:	32:01.66	36.00
550m:	6:13.39	34.22	1300m:	14:56.43	34.99	2050m:	23:47.37	34.93	2800m:	32:37.33	35.67
600m:	6:47.74	34.35	1350m:	15:31.85	35.42	2100m:	24:22.56	35.19	2850m:	33:12.30	34.97
650m:	7:22.21	34.47	1400m:	16:07.26	35.41	2150m:	24:57.74	35.18	2900m:	33:47.18	34.88
700m:	7:56.46	34.25	1450m:	16:42.64	35.38	2200m:	25:33.25	35.51	2950m:	34:21.49	34.31
750m:	8:31.07	34.61	1500m:	17:18.04	35.40	2250m:	26:08.46	35.21	3000m:	34:54.86	33.37
25. MATAS VELASCO, Guillermo			96	C.N. Mataró					34:58.75	8,00	
50m:	34.67	34.67	800m:	9:17.35	34.84	1550m:	18:02.71	34.82	2300m:	26:49.64	35.27
100m:	1:09.27	34.60	850m:	9:52.17	34.82	1600m:	18:37.72	35.01	2350m:	27:24.93	35.29
150m:	1:43.57	34.30	900m:	10:27.15	34.98	1650m:	19:13.01	35.29	2400m:	28:00.41	35.48
200m:	2:18.58	35.01	950m:	11:02.38	35.23	1700m:	19:47.96	34.95	2450m:	28:35.36	34.95
250m:	2:53.96	35.38	1000m:	11:37.52	35.14	1750m:	20:23.03	35.07	2500m:	29:10.38	35.02
300m:	3:28.74	34.78	1050m:	12:12.29	34.77	1800m:	20:58.22	35.19	2550m:	29:45.39	35.01
350m:	4:03.84	35.10	1100m:	12:47.31	35.02	1850m:	21:33.18	34.96	2600m:	30:20.42	35.03
400m:	4:38.91	35.07	1150m:	13:22.44	35.13	1900m:	22:08.45	35.27	2650m:	30:55.52	35.10
450m:	5:13.83	34.92	1200m:	13:57.39	34.95	1950m:	22:43.65	35.20	2700m:	31:30.72	35.20
500m:	5:48.72	34.89	1250m:	14:32.30	34.91	2000m:	23:18.75	35.10	2750m:	32:05.67	34.95
550m:	6:23.34	34.62	1300m:	15:07.57	35.27	2050m:	23:53.80	35.05	2800m:	32:40.91	35.24
600m:	6:58.03	34.69	1350m:	15:42.69	35.12	2100m:	24:28.78	34.98	2850m:	33:15.82	34.91
650m:	7:32.73	34.70	1400m:	16:17.62	34.93	2150m:	25:04.06	35.28	2900m:	33:50.76	34.94
700m:	8:07.61	34.88	1450m:	16:52.93	35.31	2200m:	25:39.42	35.36	2950m:	34:25.50	34.74
750m:	8:42.51	34.90	1500m:	17:27.89	34.96	2250m:	26:14.37	34.95	3000m:	34:58.75	33.25
26. GASOL GUTIERREZ, Biel			08	C.N. Granollers					34:59.00	9,00	
50m:	32.39	32.39	800m:	9:05.92	34.60	1550m:	17:49.51	34.71	2300m:	26:42.40	35.66
100m:	1:06.17	33.78	850m:	9:40.74	34.82	1600m:	18:24.67	35.16	2350m:	27:18.07	35.67
150m:	1:40.20	34.03	900m:	10:15.23	34.49	1650m:	18:59.88	35.21	2400m:	27:53.94	35.87
200m:	2:14.52	34.32	950m:	10:50.14	34.91	1700m:	19:35.45	35.57	2450m:	28:29.68	35.74
250m:	2:48.93	34.41	1000m:	11:24.79	34.65	1750m:	20:11.15	35.70	2500m:	29:05.44	35.76
300m:	3:23.15	34.22	1050m:	11:59.30	34.51	1800m:	20:46.63	35.48	2550m:	29:41.11	35.67
350m:	3:57.13	33.98	1100m:	12:34.05	34.75	1850m:	21:22.28	35.65	2600m:	30:17.34	36.23
400m:	4:31.23	34.10	1150m:	13:08.90	34.85	1900m:	21:58.29	36.01	2650m:	30:53.22	35.88
450m:	5:05.82	34.59	1200m:	13:43.89	34.99	1950m:	22:33.87	35.58	2700m:	31:28.93	35.71
500m:	5:40.08	34.26	1250m:	14:18.57	34.68	2000m:	23:09.06	35.19	2750m:	32:04.69	35.76
550m:	6:14.23	34.15	1300m:	14:53.78	35.21	2050m:	23:44.21	35.15	2800m:	32:40.61	35.92
600m:	6:48.27	34.04	1350m:	15:28.83	35.05	2100m:	24:19.64	35.43	2850m:	33:15.96	35.35
650m:	7:22.62	34.35	1400m:	16:04.16	35.33	2150m:	24:55.10	35.46	2900m:	33:51.26	35.30
700m:	7:56.89	34.27	1450m:	16:39.57	35.41	2200m:	25:30.89	35.79	2950m:	34:26.07	34.81
750m:	8:31.32	34.43	1500m:	17:14.80	35.23	2250m:	26:06.74	35.85	3000m:	34:59.00	32.93

Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY		Temps				
27. DE LA CRUZ GARCIA, Didac	07	C.N. Sant Andreu	35:06.81	8,00			
50m: 33.04	33.04	800m: 9:10.92	34.92	1550m: 17:52.53	35.18	2300m: 26:45.46	35.47
100m: 1:06.37	33.33	850m: 9:45.89	34.97	1600m: 18:27.78	35.25	2350m: 27:21.05	35.59
150m: 1:40.48	34.11	900m: 10:20.65	34.76	1650m: 19:03.20	35.42	2400m: 27:57.00	35.95
200m: 2:15.14	34.66	950m: 10:55.30	34.65	1700m: 19:39.78	36.58	2450m: 28:32.92	35.92
250m: 2:49.80	34.66	1000m: 11:29.51	34.21	1750m: 20:14.83	35.05	2500m: 29:09.02	36.10
300m: 3:24.02	34.22	1050m: 12:04.41	34.90	1800m: 20:50.76	35.93	2550m: 29:43.91	34.89
350m: 3:58.77	34.75	1100m: 12:39.20	34.79	1850m: 21:26.34	35.58	2600m: 30:19.26	35.35
400m: 4:33.53	34.76	1150m: 13:13.71	34.51	1900m: 22:01.47	35.13	2650m: 30:55.27	36.01
450m: 5:07.90	34.37	1200m: 13:48.02	34.31	1950m: 22:37.38	35.91	2700m: 31:31.29	36.02
500m: 5:42.27	34.37	1250m: 14:22.50	34.48	2000m: 23:12.66	35.28	2750m: 32:07.58	36.29
550m: 6:17.20	34.93	1300m: 14:56.77	34.27	2050m: 23:48.16	35.50	2800m: 32:43.96	36.38
600m: 6:51.80	34.60	1350m: 15:32.03	35.26	2100m: 24:23.03	34.87	2850m: 33:20.27	36.31
650m: 7:26.67	34.87	1400m: 16:06.86	34.83	2150m: 24:58.89	35.86	2900m: 33:56.67	36.40
700m: 8:01.06	34.39	1450m: 16:42.41	35.55	2200m: 25:34.16	35.27	2950m: 34:32.24	35.57
750m: 8:36.00	34.94	1500m: 17:17.35	34.94	2250m: 26:09.99	35.83	3000m: 35:06.81	34.57
28. ARRUGA MORENO, Alvaro	06	C.N. Igualada	35:11.49	7,00			
50m: 31.42	31.42	800m: 9:07.36	34.96	1550m: 17:52.63	35.44	2300m: 26:47.08	36.07
100m: 1:04.51	33.09	850m: 9:42.28	34.92	1600m: 18:27.89	35.26	2350m: 27:23.30	36.22
150m: 1:38.40	33.89	900m: 10:17.06	34.78	1650m: 19:03.38	35.49	2400m: 27:59.29	35.99
200m: 2:12.29	33.89	950m: 10:52.07	35.01	1700m: 19:39.06	35.68	2450m: 28:35.65	36.36
250m: 2:46.58	34.29	1000m: 11:27.15	35.08	1750m: 20:14.48	35.42	2500m: 29:11.71	36.06
300m: 3:20.89	34.31	1050m: 12:02.19	35.04	1800m: 20:49.97	35.49	2550m: 29:47.54	35.83
350m: 3:55.39	34.50	1100m: 12:37.26	35.07	1850m: 21:25.42	35.45	2600m: 30:23.53	35.99
400m: 4:30.15	34.76	1150m: 13:11.87	34.61	1900m: 22:00.91	35.49	2650m: 30:59.25	35.72
450m: 5:04.77	34.62	1200m: 13:46.87	35.00	1950m: 22:36.51	35.60	2700m: 31:35.69	36.44
500m: 5:39.35	34.58	1250m: 14:21.97	35.10	2000m: 23:12.20	35.69	2750m: 32:11.50	35.81
550m: 6:14.03	34.68	1300m: 14:56.82	34.85	2050m: 23:47.92	35.72	2800m: 32:47.83	36.33
600m: 6:48.52	34.49	1350m: 15:31.72	34.90	2100m: 24:23.65	35.73	2850m: 33:23.91	36.08
650m: 7:23.08	34.56	1400m: 16:06.82	35.10	2150m: 24:59.35	35.70	2900m: 34:00.22	36.31
700m: 7:57.66	34.58	1450m: 16:41.97	35.15	2200m: 25:35.24	35.89	2950m: 34:36.21	35.99
750m: 8:32.40	34.74	1500m: 17:17.19	35.22	2250m: 26:11.01	35.77	3000m: 35:11.49	35.28
29. JARDI YANES, Jan	05	A.E.N. Júpiter Sant Martí	35:14.52	6,00			
50m: 33.10	33.10	800m: 9:16.56	35.05	1550m: 18:10.23	36.21	2300m: 27:03.44	35.23
100m: 1:06.74	33.64	850m: 9:51.64	35.08	1600m: 18:46.20	35.97	2350m: 27:39.15	35.71
150m: 1:40.94	34.20	900m: 10:27.05	35.41	1650m: 19:21.80	35.60	2400m: 28:14.43	35.28
200m: 2:15.57	34.63	950m: 11:02.72	35.67	1700m: 19:57.13	35.33	2450m: 28:50.10	35.67
250m: 2:50.45	34.88	1000m: 11:38.11	35.39	1750m: 20:32.72	35.59	2500m: 29:25.33	35.23
300m: 3:26.10	35.65	1050m: 12:13.43	35.32	1800m: 21:08.13	35.41	2550m: 30:01.05	35.72
350m: 4:00.56	34.46	1100m: 12:49.17	35.74	1850m: 21:43.73	35.60	2600m: 30:36.43	35.38
400m: 4:35.78	35.22	1150m: 13:24.77	35.60	1900m: 22:19.20	35.47	2650m: 31:12.44	36.01
450m: 5:11.13	35.35	1200m: 14:00.15	35.38	1950m: 22:54.76	35.56	2700m: 31:47.20	34.76
500m: 5:46.31	35.18	1250m: 14:35.27	35.12	2000m: 23:30.56	35.80	2750m: 32:22.57	35.37
550m: 6:21.29	34.98	1300m: 15:10.80	35.53	2050m: 24:05.50	34.94	2800m: 32:57.69	35.12
600m: 6:56.09	34.80	1350m: 15:46.93	36.13	2100m: 24:41.10	35.60	2850m: 33:32.93	35.24
650m: 7:31.31	35.22	1400m: 16:22.48	35.55	2150m: 25:17.16	36.06	2900m: 34:07.96	35.03
700m: 8:06.09	34.78	1450m: 16:58.64	36.16	2200m: 25:53.24	36.08	2950m: 34:42.74	34.78
750m: 8:41.51	35.42	1500m: 17:34.02	35.38	2250m: 26:28.21	34.97	3000m: 35:14.52	31.78
30. ROURA CLEMENTE, Marc	07	GEiEG	35:15.21	7,00			
50m: 32.92	32.92	750m: 8:38.25	35.63	1450m: 16:50.61	35.42	2150m: 25:12.71	36.03
100m: 1:07.58	34.66	800m: 9:13.37	35.12	1500m: 17:25.95	35.34	2200m: 25:48.62	35.91
150m: 1:42.19	34.61	850m: 9:48.08	34.71	1550m: 18:01.88	35.93	2250m: 26:24.14	35.52
200m: 2:16.93	34.74	900m: 10:22.76	34.68	1600m: 18:37.67	35.79	2300m: 27:00.30	36.16
250m: 2:51.31	34.38	950m: 10:58.00	35.24	1650m: 19:13.60	35.93	2350m: 27:35.88	35.58
300m: 3:25.85	34.54	1000m: 11:32.98	34.98	1700m: 19:49.69	36.09	2400m: 28:11.75	35.87
350m: 4:00.68	34.83	1050m: 12:07.97	34.99	1750m: 20:25.51	35.82	2450m: 28:47.47	35.72
400m: 4:35.75	35.07	1100m: 12:43.15	35.18	1800m: 21:00.76	35.25	2500m: 29:23.82	36.35
450m: 5:09.82	34.07	1150m: 13:18.31	35.16	1850m: 21:36.57	35.81	2550m: 29:59.55	35.73
500m: 5:44.83	35.01	1200m: 13:53.81	35.50	1900m: 22:13.03	36.46	2600m: 30:34.89	35.34
550m: 6:19.04	34.21	1250m: 14:28.77	34.96	1950m: 22:48.97	35.94	2650m: 31:10.12	35.23
600m: 6:53.74	34.70	1300m: 15:04.40	35.63	2000m: 23:24.99	36.02	2700m: 31:45.71	35.59
650m: 7:28.18	34.44	1350m: 15:39.75	35.35	2050m: 24:00.89	35.90	2750m: 32:21.48	35.77
700m: 8:02.62	34.44	1400m: 16:15.19	35.44	2100m: 24:36.68	35.79	2800m: 32:56.81	35.33

Piscina 25m / Cronometratge Semi-automàtic

Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	2850m:		2900m:		2950m:		3000m:		Temp		
	33:32.23	35.42	34:07.08	34.85	34:41.89	34.81	35:15.21	33.32			
31. OLIVER SAGUÉ, Aniol			08		G.E.N. Roses				35:23.62	6,00	
50m:	32.46	32.46	800m:	9:14.24	35.17	1550m:	18:06.21	35.90	2300m:	27:06.97	36.12
100m:	1:05.74	33.28	850m:	9:49.05	34.81	1600m:	18:42.11	35.90	2350m:	27:42.94	35.97
150m:	1:39.83	34.09	900m:	10:24.16	35.11	1650m:	19:17.97	35.86	2400m:	28:18.93	35.99
200m:	2:14.50	34.67	950m:	10:59.29	35.13	1700m:	19:54.22	36.25	2450m:	28:54.68	35.75
250m:	2:49.10	34.60	1000m:	11:34.42	35.13	1750m:	20:29.90	35.68	2500m:	29:30.70	36.02
300m:	3:23.79	34.69	1050m:	12:09.65	35.23	1800m:	21:06.10	36.20	2550m:	30:06.72	36.02
350m:	3:58.66	34.87	1100m:	12:44.96	35.31	1850m:	21:42.37	36.27	2600m:	30:42.57	35.85
400m:	4:33.67	35.01	1150m:	13:20.49	35.53	1900m:	22:18.50	36.13	2650m:	31:18.08	35.51
450m:	5:08.54	34.87	1200m:	13:55.69	35.20	1950m:	22:54.82	36.32	2700m:	31:53.70	35.62
500m:	5:43.29	34.75	1250m:	14:31.17	35.48	2000m:	23:30.86	36.04	2750m:	32:29.06	35.36
550m:	6:18.45	35.16	1300m:	15:06.82	35.65	2050m:	24:06.60	35.74	2800m:	33:04.77	35.71
600m:	6:53.56	35.11	1350m:	15:42.88	36.06	2100m:	24:42.41	35.81	2850m:	33:40.18	35.41
650m:	7:28.90	35.34	1400m:	16:17.85	34.97	2150m:	25:18.79	36.38	2900m:	34:15.27	35.09
700m:	8:04.03	35.13	1450m:	16:54.14	36.29	2200m:	25:54.93	36.14	2950m:	34:50.45	35.18
750m:	8:39.07	35.04	1500m:	17:30.31	36.17	2250m:	26:30.85	35.92	3000m:	35:23.62	33.17
32. GHIA ROIG, Ferran			08		C.N. Mataró				35:27.14	5,00	
50m:	34.42	34.42	800m:	9:23.77	35.05	1550m:	18:16.08	35.98	2300m:	27:12.89	35.49
100m:	1:09.41	34.99	850m:	9:58.60	34.83	1600m:	18:51.86	35.78	2350m:	27:48.25	35.36
150m:	1:45.05	35.64	900m:	10:34.12	35.52	1650m:	19:27.48	35.62	2400m:	28:23.62	35.37
200m:	2:20.28	35.23	950m:	11:09.54	35.42	1700m:	20:03.04	35.56	2450m:	28:59.27	35.65
250m:	2:55.36	35.08	1000m:	11:44.96	35.42	1750m:	20:38.65	35.61	2500m:	29:35.21	35.94
300m:	3:31.21	35.85	1050m:	12:20.72	35.76	1800m:	21:14.91	36.26	2550m:	30:10.76	35.55
350m:	4:06.57	35.36	1100m:	12:56.11	35.39	1850m:	21:50.77	35.86	2600m:	30:45.88	35.12
400m:	4:42.28	35.71	1150m:	13:31.38	35.27	1900m:	22:26.86	36.09	2650m:	31:21.15	35.27
450m:	5:17.74	35.46	1200m:	14:06.87	35.49	1950m:	23:02.79	35.93	2700m:	31:56.72	35.57
500m:	5:53.19	35.45	1250m:	14:42.01	35.14	2000m:	23:38.89	36.10	2750m:	32:31.73	35.01
550m:	6:28.50	35.31	1300m:	15:17.61	35.60	2050m:	24:14.66	35.77	2800m:	33:07.17	35.44
600m:	7:03.60	35.10	1350m:	15:53.05	35.44	2100m:	24:50.14	35.48	2850m:	33:42.78	35.61
650m:	7:38.87	35.27	1400m:	16:28.71	35.66	2150m:	25:25.46	35.32	2900m:	34:17.66	34.88
700m:	8:13.42	34.55	1450m:	17:04.27	35.56	2200m:	26:01.56	36.10	2950m:	34:53.33	35.67
750m:	8:48.72	35.30	1500m:	17:40.10	35.83	2250m:	26:37.40	35.84	3000m:	35:27.14	33.81
33. LAGOS PAU, Aitor			95		C.N. L'Hospitalet				35:37.78	7,00	
50m:	33.24	33.24	800m:	9:17.34	35.11	1550m:	18:10.25	35.68	2300m:	27:13.79	36.58
100m:	1:07.37	34.13	850m:	9:52.62	35.28	1600m:	18:46.12	35.87	2350m:	27:50.43	36.64
150m:	1:41.96	34.59	900m:	10:27.98	35.36	1650m:	19:21.89	35.77	2400m:	28:27.22	36.79
200m:	2:17.12	35.16	950m:	11:03.01	35.03	1700m:	19:57.77	35.88	2450m:	29:03.74	36.52
250m:	2:52.05	34.93	1000m:	11:38.30	35.29	1750m:	20:33.68	35.91	2500m:	29:39.95	36.21
300m:	3:26.73	34.68	1050m:	12:13.94	35.64	1800m:	21:09.52	35.84	2550m:	30:15.85	35.90
350m:	4:01.81	35.08	1100m:	12:49.53	35.59	1850m:	21:45.74	36.22	2600m:	30:52.12	36.27
400m:	4:36.75	34.94	1150m:	13:24.99	35.46	1900m:	22:22.18	36.44	2650m:	31:28.44	36.32
450m:	5:11.90	35.15	1200m:	14:00.75	35.76	1950m:	22:58.52	36.34	2700m:	32:04.79	36.35
500m:	5:47.07	35.17	1250m:	14:36.54	35.79	2000m:	23:34.72	36.20	2750m:	32:40.73	35.94
550m:	6:22.32	35.25	1300m:	15:12.16	35.62	2050m:	24:11.06	36.34	2800m:	33:16.62	35.89
600m:	6:57.35	35.03	1350m:	15:47.79	35.63	2100m:	24:47.29	36.23	2850m:	33:52.20	35.58
650m:	7:32.62	35.27	1400m:	16:23.33	35.54	2150m:	25:24.15	36.86	2900m:	34:27.97	35.77
700m:	8:07.49	34.87	1450m:	16:58.77	35.44	2200m:	26:00.51	36.36	2950m:	35:03.88	35.91
750m:	8:42.23	34.74	1500m:	17:34.57	35.80	2250m:	26:37.21	36.70	3000m:	35:37.78	33.90
34. LUQUE SERRANO, Adria			05		GEIEG				35:38.95	5,00	
50m:	33.65	33.65	650m:	7:32.95	35.21	1250m:	14:39.47	36.27	1850m:	21:50.12	36.03
100m:	1:07.64	33.99	700m:	8:08.13	35.18	1300m:	15:15.61	36.14	1900m:	22:25.84	35.72
150m:	1:42.51	34.87	750m:	8:43.25	35.12	1350m:	15:51.48	35.87	1950m:	23:01.71	35.87
200m:	2:17.57	35.06	800m:	9:18.06	34.81	1400m:	16:27.51	36.03	2000m:	23:37.55	35.84
250m:	2:52.77	35.20	850m:	9:53.06	35.00	1450m:	17:03.28	35.77	2050m:	24:13.66	36.11
300m:	3:27.58	34.81	900m:	10:28.10	35.04	1500m:	17:39.25	35.97	2100m:	24:49.67	36.01
350m:	4:02.38	34.80	950m:	11:03.29	35.19	1550m:	18:14.83	35.58	2150m:	25:25.47	35.80
400m:	4:37.22	34.84	1000m:	11:38.76	35.47	1600m:	18:50.79	35.96	2200m:	26:01.41	35.94
450m:	5:12.16	34.94	1050m:	12:14.49	35.73	1650m:	19:26.95	36.16	2250m:	26:37.22	35.81
500m:	5:47.03	34.87	1100m:	12:50.61	36.12	1700m:	20:02.63	35.68	2300m:	27:13.05	35.83
550m:	6:22.46	35.43	1150m:	13:26.79	36.18	1750m:	20:38.57	35.94	2350m:	27:48.79	35.74
600m:	6:57.74	35.28	1200m:	14:03.20	36.41	1800m:	21:14.09	35.52	2400m:	28:24.65	35.86

Piscina 25m / Cronometratge Semi-automàtic

Splash Meet Manager, 11.77934

Registered to Catalunya

21/11/2023 9:47 - Pàgina 45

Sponsor



Sponsor Institucional


 Generalitat
 de Catalunya


esportcat

Certificacions



Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY				Temps						
	2450m: 29:00.66	36.01	2600m: 30:49.21	36.28	2750m: 32:39.27	36.47	2900m: 34:28.30	36.32			
	2500m: 29:36.68	36.02	2650m: 31:25.81	36.60	2800m: 33:15.68	36.41	2950m: 35:04.29	35.99			
	2550m: 30:12.93	36.25	2700m: 32:02.80	36.99	2850m: 33:51.98	36.30	3000m: 35:38.95	34.66			
35. SANCHEZ HURTADO, Alex	00	C.N. L'Hospitalet	35:39.02	6,00							
50m:	32.64	32.64	800m:	9:09.14	35.04	1550m:	18:06.54	36.06	2300m:	27:11.97	36.73
100m:	1:06.20	33.56	850m:	9:44.37	35.23	1600m:	18:42.76	36.22	2350m:	27:49.04	37.07
150m:	1:40.20	34.00	900m:	10:19.56	35.19	1650m:	19:19.52	36.76	2400m:	28:25.57	36.53
200m:	2:14.47	34.27	950m:	10:55.47	35.91	1700m:	19:55.67	36.15	2450m:	29:02.05	36.48
250m:	2:48.84	34.37	1000m:	11:30.91	35.44	1750m:	20:32.12	36.45	2500m:	29:38.70	36.65
300m:	3:23.24	34.40	1050m:	12:06.59	35.68	1800m:	21:08.80	36.68	2550m:	30:14.73	36.03
350m:	3:57.83	34.59	1100m:	12:42.24	35.65	1850m:	21:44.96	36.16	2600m:	30:51.04	36.31
400m:	4:32.08	34.25	1150m:	13:17.37	35.13	1900m:	22:20.67	35.71	2650m:	31:28.19	37.15
450m:	5:06.66	34.58	1200m:	13:52.80	35.43	1950m:	22:56.98	36.31	2700m:	32:05.27	37.08
500m:	5:40.88	34.22	1250m:	14:28.82	36.02	2000m:	23:32.75	35.77	2750m:	32:41.06	35.79
550m:	6:15.63	34.75	1300m:	15:04.67	35.85	2050m:	24:09.11	36.36	2800m:	33:17.17	36.11
600m:	6:49.73	34.10	1350m:	15:40.76	36.09	2100m:	24:45.14	36.03	2850m:	33:53.57	36.40
650m:	7:24.33	34.60	1400m:	16:17.23	36.47	2150m:	25:21.29	36.15	2900m:	34:29.57	36.00
700m:	7:58.83	34.50	1450m:	16:53.86	36.63	2200m:	25:58.16	36.87	2950m:	35:05.23	35.66
750m:	8:34.10	35.27	1500m:	17:30.48	36.62	2250m:	26:35.24	37.08	3000m:	35:39.02	33.79
36. NAVARRO GALAN, Marc	07	C.N. Sant Andreu	35:41.58	4,00							
50m:	31.87	31.87	800m:	9:08.83	35.24	1550m:	18:11.38	36.68	2300m:	27:18.94	36.39
100m:	1:05.33	33.46	850m:	9:44.79	35.96	1600m:	18:48.11	36.73	2350m:	27:55.38	36.44
150m:	1:38.90	33.57	900m:	10:20.51	35.72	1650m:	19:24.62	36.51	2400m:	28:31.74	36.36
200m:	2:12.76	33.86	950m:	10:55.97	35.46	1700m:	20:01.28	36.66	2450m:	29:07.57	35.83
250m:	2:46.56	33.80	1000m:	11:31.88	35.91	1750m:	20:38.33	37.05	2500m:	29:43.94	36.37
300m:	3:20.62	34.06	1050m:	12:07.50	35.62	1800m:	21:15.07	36.74	2550m:	30:19.90	35.96
350m:	3:54.69	34.07	1100m:	12:43.84	36.34	1850m:	21:51.71	36.64	2600m:	30:55.88	35.98
400m:	4:28.64	33.95	1150m:	13:19.94	36.10	1900m:	22:28.08	36.37	2650m:	31:32.14	36.26
450m:	5:03.32	34.68	1200m:	13:56.31	36.37	1950m:	23:04.46	36.38	2700m:	32:08.75	36.61
500m:	5:37.53	34.21	1250m:	14:32.87	36.56	2000m:	23:41.38	36.92	2750m:	32:44.71	35.96
550m:	6:12.57	35.04	1300m:	15:09.22	36.35	2050m:	24:17.20	35.82	2800m:	33:21.43	36.72
600m:	6:47.89	35.32	1350m:	15:45.55	36.33	2100m:	24:53.24	36.04	2850m:	33:57.79	36.36
650m:	7:23.11	35.22	1400m:	16:22.19	36.64	2150m:	25:30.07	36.83	2900m:	34:33.17	35.38
700m:	7:58.25	35.14	1450m:	16:58.80	36.61	2200m:	26:06.55	36.48	2950m:	35:08.27	35.10
750m:	8:33.59	35.34	1500m:	17:34.70	35.90	2250m:	26:42.55	36.00	3000m:	35:41.58	33.31
37. MASCHIO GASTELAARS, Dante	95	C.N. Atl Barceloneta	35:46.09	5,00							
50m:	33.74	33.74	800m:	9:26.04	35.61	1550m:	18:22.21	35.95	2300m:	27:24.31	36.28
100m:	1:08.02	34.28	850m:	10:01.62	35.58	1600m:	18:58.13	35.92	2350m:	28:00.50	36.19
150m:	1:43.20	35.18	900m:	10:37.22	35.60	1650m:	19:34.16	36.03	2400m:	28:36.52	36.02
200m:	2:18.53	35.33	950m:	11:12.78	35.56	1700m:	20:10.22	36.06	2450m:	29:12.79	36.27
250m:	2:54.06	35.53	1000m:	11:48.53	35.75	1750m:	20:46.25	36.03	2500m:	29:48.77	35.98
300m:	3:29.64	35.58	1050m:	12:24.15	35.62	1800m:	21:22.66	36.41	2550m:	30:24.78	36.01
350m:	4:05.29	35.65	1100m:	12:59.94	35.79	1850m:	21:58.87	36.21	2600m:	31:01.14	36.36
400m:	4:40.89	35.60	1150m:	13:35.82	35.88	1900m:	22:34.99	36.12	2650m:	31:36.75	35.61
450m:	5:16.60	35.71	1200m:	14:11.64	35.82	1950m:	23:11.44	36.45	2700m:	32:12.87	36.12
500m:	5:52.22	35.62	1250m:	14:47.30	35.66	2000m:	23:47.99	36.55	2750m:	32:48.54	35.67
550m:	6:27.96	35.74	1300m:	15:22.96	35.66	2050m:	24:23.98	35.99	2800m:	33:23.99	35.45
600m:	7:03.52	35.56	1350m:	15:58.88	35.92	2100m:	24:59.99	36.01	2850m:	33:59.31	35.32
650m:	7:39.17	35.65	1400m:	16:34.66	35.78	2150m:	25:35.97	35.98	2900m:	34:35.05	35.74
700m:	8:14.99	35.82	1450m:	17:10.46	35.80	2200m:	26:11.88	35.91	2950m:	35:10.34	35.29
750m:	8:50.43	35.44	1500m:	17:46.26	35.80	2250m:	26:48.03	36.15	3000m:	35:46.09	35.75
38. RODRIGO LÓPEZ, Guillem	08	C.N. Mataró	35:47.05	3,00							
50m:	34.77	34.77	550m:	6:29.15	35.40	1050m:	12:27.30	36.36	1550m:	18:28.49	35.41
100m:	1:09.68	34.91	600m:	7:04.56	35.41	1100m:	13:03.73	36.43	1600m:	19:05.10	36.61
150m:	1:44.54	34.86	650m:	7:40.64	36.08	1150m:	13:38.85	35.12	1650m:	19:41.01	35.91
200m:	2:20.17	35.63	700m:	8:15.94	35.30	1200m:	14:14.83	35.98	1700m:	20:16.61	35.60
250m:	2:55.57	35.40	750m:	8:51.90	35.96	1250m:	14:50.94	36.11	1750m:	20:53.21	36.60
300m:	3:31.29	35.72	800m:	9:27.95	36.05	1300m:	15:26.84	35.90	1800m:	21:29.98	36.77
350m:	4:06.89	35.60	850m:	10:03.46	35.51	1350m:	16:03.07	36.23	1850m:	22:05.84	35.86
400m:	4:42.39	35.50	900m:	10:38.31	34.85	1400m:	16:40.09	37.02	1900m:	22:42.55	36.71
450m:	5:18.00	35.61	950m:	11:14.83	36.52	1450m:	17:16.85	36.76	1950m:	23:20.07	37.52
500m:	5:53.75	35.75	1000m:	11:50.94	36.11	1500m:	17:53.08	36.23	2000m:	23:56.18	36.11

Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY								Temps	
	2050m: 24:31.92	35.74	2300m: 27:32.74	35.78	2550m: 30:31.93	34.73	2800m: 33:30.90	35.73		
	2100m: 25:08.33	36.41	2350m: 28:08.40	35.66	2600m: 31:07.23	35.30	2850m: 34:07.00	36.10		
	2150m: 25:44.89	36.56	2400m: 28:44.85	36.45	2650m: 31:42.90	35.67	2900m: 34:42.94	35.94		
	2200m: 26:21.06	36.17	2450m: 29:21.10	36.25	2700m: 32:18.73	35.83	2950m: 35:17.16	34.22		
	2250m: 26:56.96	35.90	2500m: 29:57.20	36.10	2750m: 32:55.17	36.44	3000m: 35:47.05	29.89		
39.	TOSQUELLA VILARDOSA, Eudald 06 C.N. Cervera								36:00.47	4,00
	50m: 34.03	34.03	800m: 9:29.31	36.42	1550m: 18:36.24	36.61	2300m: 27:46.19	37.00		
	100m: 1:08.43	34.40	850m: 10:05.29	35.98	1600m: 19:13.10	36.86	2350m: 28:22.77	36.58		
	150m: 1:43.54	35.11	900m: 10:41.79	36.50	1650m: 19:49.64	36.54	2400m: 28:59.85	37.08		
	200m: 2:18.97	35.43	950m: 11:18.43	36.64	1700m: 20:26.25	36.61	2450m: 29:35.15	35.30		
	250m: 2:54.29	35.32	1000m: 11:55.08	36.65	1750m: 21:02.78	36.53	2500m: 30:09.26	34.11		
	300m: 3:29.85	35.56	1050m: 12:31.41	36.33	1800m: 21:38.80	36.02	2550m: 30:44.66	35.40		
	350m: 4:04.84	34.99	1100m: 13:08.05	36.64	1850m: 22:15.30	36.50	2600m: 31:20.54	35.88		
	400m: 4:40.68	35.84	1150m: 13:43.96	35.91	1900m: 22:52.29	36.99	2650m: 31:55.28	34.74		
	450m: 5:16.20	35.52	1200m: 14:20.23	36.27	1950m: 23:29.26	36.97	2700m: 32:30.64	35.36		
	500m: 5:51.80	35.60	1250m: 14:57.00	36.77	2000m: 24:05.88	36.62	2750m: 33:06.64	36.00		
	550m: 6:27.71	35.91	1300m: 15:33.54	36.54	2050m: 24:42.52	36.64	2800m: 33:42.83	36.19		
	600m: 7:03.92	36.21	1350m: 16:10.11	36.57	2100m: 25:18.99	36.47	2850m: 34:19.11	36.28		
	650m: 7:40.25	36.33	1400m: 16:46.73	36.62	2150m: 25:55.61	36.62	2900m: 34:54.85	35.74		
	700m: 8:16.56	36.31	1450m: 17:23.38	36.65	2200m: 26:32.28	36.67	2950m: 35:30.59	35.74		
	750m: 8:52.89	36.33	1500m: 17:59.63	36.25	2250m: 27:09.19	36.91	3000m: 36:00.47	29.88		
40.	MARTIN SANCHEZ, Dylan 06 C.N. Tarraco								36:13.48	3,00
	50m: 33.85	33.85	800m: 9:28.82	36.17	1550m: 18:36.40	36.74	2300m: 27:46.41	37.15		
	100m: 1:08.24	34.39	850m: 10:05.34	36.52	1600m: 19:12.90	36.50	2350m: 28:23.08	36.67		
	150m: 1:43.43	35.19	900m: 10:41.48	36.14	1650m: 19:49.53	36.63	2400m: 29:00.06	36.98		
	200m: 2:18.53	35.10	950m: 11:18.14	36.66	1700m: 20:26.27	36.74	2450m: 29:36.09	36.03		
	250m: 2:53.91	35.38	1000m: 11:54.37	36.23	1750m: 21:02.93	36.66	2500m: 30:11.95	35.86		
	300m: 3:29.34	35.43	1050m: 12:31.18	36.81	1800m: 21:39.13	36.20	2550m: 30:48.42	36.47		
	350m: 4:04.82	35.48	1100m: 13:08.04	36.86	1850m: 22:15.51	36.38	2600m: 31:24.83	36.41		
	400m: 4:40.23	35.41	1150m: 13:44.22	36.18	1900m: 22:52.09	36.58	2650m: 32:01.87	37.04		
	450m: 5:16.15	35.92	1200m: 14:20.28	36.06	1950m: 23:29.36	37.27	2700m: 32:38.43	36.56		
	500m: 5:51.84	35.69	1250m: 14:57.07	36.79	2000m: 24:05.99	36.63	2750m: 33:15.32	36.89		
	550m: 6:27.75	35.91	1300m: 15:33.61	36.54	2050m: 24:42.59	36.60	2800m: 33:52.26	36.94		
	600m: 7:03.74	35.99	1350m: 16:09.96	36.35	2100m: 25:19.18	36.59	2850m: 34:28.27	36.01		
	650m: 7:40.12	36.38	1400m: 16:46.60	36.64	2150m: 25:55.68	36.50	2900m: 35:03.47	35.20		
	700m: 8:16.26	36.14	1450m: 17:23.03	36.43	2200m: 26:32.61	36.93	2950m: 35:39.21	35.74		
	750m: 8:52.65	36.39	1500m: 17:59.66	36.63	2250m: 27:09.26	36.65	3000m: 36:13.48	34.27		
41.	VELAR IBAÑEZ, Arnau 06 C.E.N. Cabrera De Mar								36:15.80	2,00
	50m: 33.41	33.41	800m: 9:29.34	36.23	1550m: 18:36.18	36.74	2300m: 27:46.31	36.91		
	100m: 1:06.59	33.18	850m: 10:05.37	36.03	1600m: 19:12.97	36.79	2350m: 28:22.98	36.67		
	150m: 1:41.16	34.57	900m: 10:41.82	36.45	1650m: 19:49.68	36.71	2400m: 28:59.78	36.80		
	200m: 2:16.05	34.89	950m: 11:18.50	36.68	1700m: 20:26.18	36.50	2450m: 29:35.66	35.88		
	250m: 2:51.30	35.25	1000m: 11:55.16	36.66	1750m: 21:02.78	36.60	2500m: 30:11.86	36.20		
	300m: 3:26.99	35.69	1050m: 12:31.66	36.50	1800m: 21:39.09	36.31	2550m: 30:48.31	36.45		
	350m: 4:02.82	35.83	1100m: 13:08.20	36.54	1850m: 22:15.45	36.36	2600m: 31:24.86	36.55		
	400m: 4:38.93	36.11	1150m: 13:44.09	35.89	1900m: 22:52.33	36.88	2650m: 32:01.27	36.41		
	450m: 5:14.82	35.89	1200m: 14:20.45	36.36	1950m: 23:28.97	36.64	2700m: 32:38.01	36.74		
	500m: 5:51.06	36.24	1250m: 14:57.09	36.64	2000m: 24:05.96	36.99	2750m: 33:14.89	36.88		
	550m: 6:27.61	36.55	1300m: 15:33.53	36.44	2050m: 24:42.65	36.69	2800m: 33:51.70	36.81		
	600m: 7:03.89	36.28	1350m: 16:10.12	36.59	2100m: 25:19.20	36.55	2850m: 34:28.26	36.56		
	650m: 7:40.42	36.53	1400m: 16:46.75	36.63	2150m: 25:55.88	36.68	2900m: 35:04.47	36.21		
	700m: 8:16.79	36.37	1450m: 17:23.22	36.47	2200m: 26:32.43	36.55	2950m: 35:40.68	36.21		
	750m: 8:53.11	36.32	1500m: 17:59.44	36.22	2250m: 27:09.40	36.97	3000m: 36:15.80	35.12		

Prova 4, Masc., 3000m Lliure, Absolut, Júnior 2 i Júnior 1

Classificació	ANY		Temps									
42.	ALVAREZ GARCIA, Joel		06	C.N. Premià						36:25.89		1,00
	50m:	34.02	34.02	800m:	9:24.39	35.76	1550m:	18:29.30	36.36	2300m:	27:40.25	37.31
	100m:	1:08.53	34.51	850m:	10:00.26	35.87	1600m:	19:06.19	36.89	2350m:	28:17.88	37.63
	150m:	1:43.73	35.20	900m:	10:35.94	35.68	1650m:	19:42.44	36.25	2400m:	28:55.51	37.63
	200m:	2:19.04	35.31	950m:	11:11.47	35.53	1700m:	20:17.83	35.39	2450m:	29:33.20	37.69
	250m:	2:54.34	35.30	1000m:	11:47.52	36.05	1750m:	20:53.90	36.07	2500m:	30:11.04	37.84
	300m:	3:29.95	35.61	1050m:	12:22.84	35.32	1800m:	21:29.56	35.66	2550m:	30:48.51	37.47
	350m:	4:05.39	35.44	1100m:	12:58.98	36.14	1850m:	22:06.43	36.87	2600m:	31:26.16	37.65
	400m:	4:41.15	35.76	1150m:	13:35.95	36.97	1900m:	22:42.91	36.48	2650m:	32:02.96	36.80
	450m:	5:16.51	35.36	1200m:	14:12.37	36.42	1950m:	23:20.16	37.25	2700m:	32:40.61	37.65
	500m:	5:51.78	35.27	1250m:	14:48.70	36.33	2000m:	23:57.22	37.06	2750m:	33:18.90	38.29
	550m:	6:27.36	35.58	1300m:	15:25.95	37.25	2050m:	24:34.33	37.11	2800m:	33:57.41	38.51
	600m:	7:02.81	35.45	1350m:	16:02.75	36.80	2100m:	25:11.24	36.91	2850m:	34:34.98	37.57
	650m:	7:38.23	35.42	1400m:	16:39.41	36.66	2150m:	25:48.32	37.08	2900m:	35:11.73	36.75
	700m:	8:13.44	35.21	1450m:	17:16.28	36.87	2200m:	26:25.52	37.20	2950m:	35:48.68	36.95
	750m:	8:48.63	35.19	1500m:	17:52.94	36.66	2250m:	27:02.94	37.42	3000m:	36:25.89	37.21
43.	HUGUET HOSPEDALES, David		07	C.N. Mataró						36:39.95		2,00
	50m:	35.17	35.17	800m:	9:35.77	35.91	1550m:	18:44.39	36.15	2300m:	27:58.66	37.33
	100m:	1:10.81	35.64	850m:	10:11.68	35.91	1600m:	19:21.28	36.89	2350m:	28:36.11	37.45
	150m:	1:47.11	36.30	900m:	10:47.88	36.20	1650m:	19:57.64	36.36	2400m:	29:13.84	37.73
	200m:	2:23.45	36.34	950m:	11:24.18	36.30	1700m:	20:34.26	36.62	2450m:	29:51.26	37.42
	250m:	2:58.88	35.43	1000m:	12:00.62	36.44	1750m:	21:11.05	36.79	2500m:	30:28.85	37.59
	300m:	3:34.89	36.01	1050m:	12:36.85	36.23	1800m:	21:48.30	37.25	2550m:	31:05.84	36.99
	350m:	4:11.16	36.27	1100m:	13:13.74	36.89	1850m:	22:24.89	36.59	2600m:	31:43.53	37.69
	400m:	4:47.31	36.15	1150m:	13:50.78	37.04	1900m:	23:01.20	36.31	2650m:	32:20.96	37.43
	450m:	5:23.86	36.55	1200m:	14:27.39	36.61	1950m:	23:37.81	36.61	2700m:	32:58.67	37.71
	500m:	6:00.21	36.35	1250m:	15:04.19	36.80	2000m:	24:15.12	37.31	2750m:	33:36.61	37.94
	550m:	6:36.01	35.80	1300m:	15:40.89	36.70	2050m:	24:51.78	36.66	2800m:	34:14.17	37.56
	600m:	7:11.97	35.96	1350m:	16:17.88	36.99	2100m:	25:28.90	37.12	2850m:	34:51.78	37.61
	650m:	7:47.56	35.59	1400m:	16:54.87	36.99	2150m:	26:05.95	37.05	2900m:	35:28.84	37.06
	700m:	8:23.62	36.06	1450m:	17:31.56	36.69	2200m:	26:43.49	37.54	2950m:	36:04.76	35.92
	750m:	8:59.86	36.24	1500m:	18:08.24	36.68	2250m:	27:21.33	37.84	3000m:	36:39.95	35.19
44.	BERNADI ORTIGOSA, Xavier Aitzol		07	C.E. Mediterrani						37:02.42		1,00
	50m:	35.34	35.34	800m:	9:39.57	36.56	1550m:	18:57.08	38.02	2300m:	28:17.99	37.45
	100m:	1:10.48	35.14	850m:	10:16.17	36.60	1600m:	19:34.44	37.36	2350m:	28:55.47	37.48
	150m:	1:45.04	34.56	900m:	10:53.12	36.95	1650m:	20:11.79	37.35	2400m:	29:33.27	37.80
	200m:	2:20.36	35.32	950m:	11:29.88	36.76	1700m:	20:49.27	37.48	2450m:	30:11.00	37.73
	250m:	2:56.56	36.20	1000m:	12:07.42	37.54	1750m:	21:26.96	37.69	2500m:	30:48.75	37.75
	300m:	3:33.24	36.68	1050m:	12:44.57	37.15	1800m:	22:04.79	37.83	2550m:	31:25.84	37.09
	350m:	4:10.12	36.88	1100m:	13:21.34	36.77	1850m:	22:42.60	37.81	2600m:	32:03.28	37.44
	400m:	4:46.79	36.67	1150m:	13:58.32	36.98	1900m:	23:19.88	37.28	2650m:	32:40.70	37.42
	450m:	5:23.57	36.78	1200m:	14:35.54	37.22	1950m:	23:57.22	37.34	2700m:	33:19.12	38.42
	500m:	5:59.98	36.41	1250m:	15:12.99	37.45	2000m:	24:34.23	37.01	2750m:	33:57.27	38.15
	550m:	6:36.52	36.54	1300m:	15:49.96	36.97	2050m:	25:11.27	37.04	2800m:	34:34.14	36.87
	600m:	7:13.15	36.63	1350m:	16:27.22	37.26	2100m:	25:48.24	36.97	2850m:	35:10.78	36.64
	650m:	7:49.86	36.71	1400m:	17:04.53	37.31	2150m:	26:25.31	37.07	2900m:	35:48.39	37.61
	700m:	8:26.58	36.72	1450m:	17:41.76	37.23	2200m:	27:02.89	37.58	2950m:	36:25.45	37.06
	750m:	9:03.01	36.43	1500m:	18:19.06	37.30	2250m:	27:40.54	37.65	3000m:	37:02.42	36.97
DNS	CHAVES GUARDIA, David		98	C.N. Mataró								-
DNS	LARGERON, Pierre		05	Madrid N.C.								-