



Prova 13
08/12/2023

Fem., 400m Lliure

Open
Resultats Final

| | | | | |
|-------------------------------|---------|-----------------------|----------------|------------|
| Millor Marca Catalana 17 anys | 4:12.40 | , PAULA JUSTE SANCHEZ | Castellon | 05/12/2020 |
| Millor Marca Catalana 16 anys | 4:10.72 | , PAULA JUSTE SANCHEZ | BUDAPEST (HUN) | 23/08/2019 |
| Millor Marca Catalana 15 anys | 4:16.04 | , DASCA ROMEU CLAUDIA | MALAGA | 05/04/2009 |
| Millor Marca Catalana 14 anys | 4:17.57 | , JUSTE SANCHEZ PAULA | TERRASSA | 03/08/2017 |
| Millor Marca Catalana 13 anys | 4:22.93 | , DASCA ROMEU CLAUDIA | GIJON | 22/12/2007 |

Classificació

ANY

Temps

Final A

| | | | | | | | | | | | |
|--------------------------------|---------|----------------------|----------------|---------|-------|-------|---------|-------|-------|---------|-------|
| 1. MUÑOZ ARMENGOU, Julia | 07 | C.N. Atl Barceloneta | 4:22.25 | | | | | | | | |
| 50m: | 29.97 | 29.97 | 150m: | 1:36.24 | 33.35 | 250m: | 2:43.06 | 33.49 | 350m: | 3:49.97 | 33.31 |
| 100m: | 1:02.89 | 32.92 | 200m: | 2:09.57 | 33.33 | 300m: | 3:16.66 | 33.60 | 400m: | 4:22.25 | 32.28 |
| 2. TORREJON GASCON, Xenia | 06 | C.N. Sant Andreu | 4:24.41 | | | | | | | | |
| 50m: | 30.21 | 30.21 | 150m: | 1:36.55 | 33.38 | 250m: | 2:43.27 | 33.51 | 350m: | 3:51.10 | 33.82 |
| 100m: | 1:03.17 | 32.96 | 200m: | 2:09.76 | 33.21 | 300m: | 3:17.28 | 34.01 | 400m: | 4:24.41 | 33.31 |
| 3. OLIVEIRA LARA, Carolina | 07 | C.N. Sabadell | 4:25.29 | | | | | | | | |
| 50m: | 30.46 | 30.46 | 150m: | 1:37.89 | 33.66 | 250m: | 2:45.11 | 33.23 | 350m: | 3:51.87 | 33.09 |
| 100m: | 1:04.23 | 33.77 | 200m: | 2:11.88 | 33.99 | 300m: | 3:18.78 | 33.67 | 400m: | 4:25.29 | 33.42 |
| 4. FERNANDEZ GONZALEZ, Aina | 06 | C.N. Banyoles | 4:25.34 | | | | | | | | |
| 50m: | 31.19 | 31.19 | 150m: | 1:38.39 | 33.84 | 250m: | 2:45.75 | 33.33 | 350m: | 3:54.34 | 34.68 |
| 100m: | 1:04.55 | 33.36 | 200m: | 2:12.42 | 34.03 | 300m: | 3:19.66 | 33.91 | 400m: | 4:25.34 | 31.00 |
| 5. ROSELL DIEZ, Ona | 09 | C.N. Tarraco | 4:27.33 | | | | | | | | |
| 50m: | 30.47 | 30.47 | 150m: | 1:37.09 | 33.15 | 250m: | 2:44.97 | 33.73 | 350m: | 3:53.76 | 34.56 |
| 100m: | 1:03.94 | 33.47 | 200m: | 2:11.24 | 34.15 | 300m: | 3:19.20 | 34.23 | 400m: | 4:27.33 | 33.57 |
| 6. COLL MARTI, Júlia | 07 | C.N. Olot | 4:28.28 | | | | | | | | |
| 50m: | 30.53 | 30.53 | 150m: | 1:37.32 | 33.61 | 250m: | 2:45.71 | 34.16 | 350m: | 3:54.50 | 34.34 |
| 100m: | 1:03.71 | 33.18 | 200m: | 2:11.55 | 34.23 | 300m: | 3:20.16 | 34.45 | 400m: | 4:28.28 | 33.78 |
| 7. LLORACH FUSTES, Martina | 08 | C.N. Igualada | 4:30.57 | | | | | | | | |
| 50m: | 31.24 | 31.24 | 150m: | 1:39.27 | 34.37 | 250m: | 2:48.68 | 34.73 | 350m: | 3:57.71 | 34.33 |
| 100m: | 1:04.90 | 33.66 | 200m: | 2:13.95 | 34.68 | 300m: | 3:23.38 | 34.70 | 400m: | 4:30.57 | 32.86 |
| 8. DEL RIO DECABO, Carlota | 09 | C.N. Granollers | 4:30.93 | | | | | | | | |
| 50m: | 31.66 | 31.66 | 150m: | 1:39.57 | 34.10 | 250m: | 2:48.36 | 34.01 | 350m: | 3:57.24 | 34.40 |
| 100m: | 1:05.47 | 33.81 | 200m: | 2:14.35 | 34.78 | 300m: | 3:22.84 | 34.48 | 400m: | 4:30.93 | 33.69 |
| 9. BRAVO GARCIA, Daniela | 08 | C.N. Sabadell | 4:32.37 | | | | | | | | |
| 50m: | 31.05 | 31.05 | 150m: | 1:40.01 | 34.45 | 250m: | 2:49.21 | 34.20 | 350m: | 3:59.12 | 34.64 |
| 100m: | 1:05.56 | 34.51 | 200m: | 2:15.01 | 35.00 | 300m: | 3:24.48 | 35.27 | 400m: | 4:32.37 | 33.25 |
| 10. GUERRERO RODRIGUEZ, Gisela | 06 | C.N. Terrassa | 4:39.72 | | | | | | | | |
| 50m: | 31.00 | 31.00 | 150m: | 1:39.60 | 35.07 | 250m: | 2:50.34 | 35.54 | 350m: | 4:03.27 | 36.96 |
| 100m: | 1:04.53 | 33.53 | 200m: | 2:14.80 | 35.20 | 300m: | 3:26.31 | 35.97 | 400m: | 4:39.72 | 36.45 |

Final B

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|-----------------------------|---------|-------------------|----------------|---------|-------|-------|---------|-------|-------|---------|-------|
| 11. VARET CANO, Audrey | 06 | C.N. L'Hospitalet | 4:36.16 | | | | | | | | |
| 50m: | 30.70 | 30.70 | 150m: | 1:40.72 | 34.72 | 250m: | 2:51.05 | 34.88 | 350m: | 4:01.72 | 35.37 |
| 100m: | 1:06.00 | 35.30 | 200m: | 2:16.17 | 35.45 | 300m: | 3:26.35 | 35.30 | 400m: | 4:36.16 | 34.44 |
| 12. HUERTAS FERRE, Maria | 07 | C.N. Tarraco | 4:38.59 | | | | | | | | |
| 50m: | 31.77 | 31.77 | 150m: | 1:42.31 | 35.62 | 250m: | 2:53.70 | 35.33 | 350m: | 4:04.60 | 34.70 |
| 100m: | 1:06.69 | 34.92 | 200m: | 2:18.37 | 36.06 | 300m: | 3:29.90 | 36.20 | 400m: | 4:38.59 | 33.99 |
| 13. VILLAR MARINA, Ona | 07 | C.N. Sant Andreu | 4:40.35 | | | | | | | | |
| 50m: | 31.69 | 31.69 | 150m: | 1:42.36 | 35.60 | 250m: | 2:53.60 | 35.60 | 350m: | 4:05.28 | 35.31 |
| 100m: | 1:06.76 | 35.07 | 200m: | 2:18.00 | 35.64 | 300m: | 3:29.97 | 36.37 | 400m: | 4:40.35 | 35.07 |
| 14. VIDAL MERINO, Julia | 07 | C.N. Granollers | 4:45.47 | | | | | | | | |
| 50m: | 32.16 | 32.16 | 150m: | 1:43.42 | 36.20 | 250m: | 2:55.95 | 36.09 | 350m: | 4:09.11 | 36.38 |
| 100m: | 1:07.22 | 35.06 | 200m: | 2:19.86 | 36.44 | 300m: | 3:32.73 | 36.78 | 400m: | 4:45.47 | 36.36 |
| 15. SOLANELLAS PARERA, Ivet | 07 | C.N. Terrassa | 4:46.22 | | | | | | | | |
| 50m: | 32.40 | 32.40 | 150m: | 1:43.75 | 36.16 | 250m: | 2:57.73 | 36.80 | 350m: | 4:11.87 | 36.93 |
| 100m: | 1:07.59 | 35.19 | 200m: | 2:20.93 | 37.18 | 300m: | 3:34.94 | 37.21 | 400m: | 4:46.22 | 34.35 |

Sponsor principal

Sponsors institucionals

Acreditacions





Prova 13, Fem., 400m Lliure, Final, Open

| Classificació | ANY | | Temps | | | | | | | | | |
|----------------------------|-------|------------------|----------------|-------|---------|-------|-------|---------|-------|-------|---------|-------|
| 16. BUSQUETS DOMÈNECH, Mar | 07 | C.N. Olot | 4:46.45 | | | | | | | | | |
| | 50m: | 32.23 | 32.23 | 150m: | 1:44.14 | 36.60 | 250m: | 2:58.04 | 36.99 | 350m: | 4:11.52 | 36.94 |
| | 100m: | 1:07.54 | 35.31 | 200m: | 2:21.05 | 36.91 | 300m: | 3:34.58 | 36.54 | 400m: | 4:46.45 | 34.93 |
| 17. VALLS PLAZA, Ariadna | 06 | C.N. Sant Andreu | 4:46.50 | | | | | | | | | |
| | 50m: | 32.49 | 32.49 | 150m: | 1:43.94 | 36.27 | 250m: | 2:57.10 | 36.56 | 350m: | 4:10.92 | 36.87 |
| | 100m: | 1:07.67 | 35.18 | 200m: | 2:20.54 | 36.60 | 300m: | 3:34.05 | 36.95 | 400m: | 4:46.50 | 35.58 |
| 18. ORTI FERNANDEZ, Ona | 07 | C.N. Tarraco | 4:47.11 | | | | | | | | | |
| | 50m: | 32.54 | 32.54 | 150m: | 1:43.89 | 36.19 | 250m: | 2:57.48 | 37.12 | 350m: | 4:11.99 | 37.49 |
| | 100m: | 1:07.70 | 35.16 | 200m: | 2:20.36 | 36.47 | 300m: | 3:34.50 | 37.02 | 400m: | 4:47.11 | 35.12 |
| 19. FERNANDEZ ROSELLO, Noa | 06 | C.N. Sabadell | 4:47.24 | | | | | | | | | |
| | 50m: | 32.82 | 32.82 | 150m: | 1:44.49 | 36.11 | 250m: | 2:57.88 | 36.85 | 350m: | 4:11.83 | 37.07 |
| | 100m: | 1:08.38 | 35.56 | 200m: | 2:21.03 | 36.54 | 300m: | 3:34.76 | 36.88 | 400m: | 4:47.24 | 35.41 |
| 20. RIUS PELLEJÀ, Agnès | 06 | C.N. Tarraco | 4:51.66 | | | | | | | | | |
| | 50m: | 33.03 | 33.03 | 150m: | 1:44.97 | 36.57 | 250m: | 3:00.02 | 37.29 | 350m: | 4:14.68 | 37.31 |
| | 100m: | 1:08.40 | 35.37 | 200m: | 2:22.73 | 37.76 | 300m: | 3:37.37 | 37.35 | 400m: | 4:51.66 | 36.98 |

Final C

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|----------------------------|-------|-------------------|----------------|-------|---------|-------|-------|---------|-------|-------|---------|-------|
| 21. MARTIN SUSIN, Berta | 08 | C.N. L'Hospitalet | 4:35.18 | | | | | | | | | |
| | 50m: | 31.77 | 31.77 | 150m: | 1:40.55 | 34.66 | 250m: | 2:50.50 | 35.15 | 350m: | 4:01.24 | 35.17 |
| | 100m: | 1:05.89 | 34.12 | 200m: | 2:15.35 | 34.80 | 300m: | 3:26.07 | 35.57 | 400m: | 4:35.18 | 33.94 |
| 22. PLANA NAVIO, Paula | 08 | C.N. Banyoles | 4:35.68 | | | | | | | | | |
| | 50m: | 31.71 | 31.71 | 150m: | 1:39.96 | 34.24 | 250m: | 2:49.37 | 35.07 | 350m: | 4:00.83 | 35.55 |
| | 100m: | 1:05.72 | 34.01 | 200m: | 2:14.30 | 34.34 | 300m: | 3:25.28 | 35.91 | 400m: | 4:35.68 | 34.85 |
| 23. SUÑÉ PALACIOS, Auria | 08 | C.N. Navàs | 4:39.16 | | | | | | | | | |
| | 50m: | 31.57 | 31.57 | 150m: | 1:41.46 | 35.20 | 250m: | 2:53.27 | 35.85 | 350m: | 4:05.04 | 35.41 |
| | 100m: | 1:06.26 | 34.69 | 200m: | 2:17.42 | 35.96 | 300m: | 3:29.63 | 36.36 | 400m: | 4:39.16 | 34.12 |
| 24. ESPINOSA ALVAREZ, Aroa | 08 | C.N. Terrassa | 4:39.24 | | | | | | | | | |
| | 50m: | 31.55 | 31.55 | 150m: | 1:41.03 | 34.86 | 250m: | 2:52.86 | 35.95 | 350m: | 4:05.72 | 36.08 |
| | 100m: | 1:06.17 | 34.62 | 200m: | 2:16.91 | 35.88 | 300m: | 3:29.64 | 36.78 | 400m: | 4:39.24 | 33.52 |
| 25. RODRIGUEZ BOSCH, Laura | 08 | C.N. Banyoles | 4:39.53 | | | | | | | | | |
| | 50m: | 32.02 | 32.02 | 150m: | 1:42.06 | 35.46 | 250m: | 2:54.09 | 36.25 | 350m: | 4:05.43 | 35.44 |
| | 100m: | 1:06.60 | 34.58 | 200m: | 2:17.84 | 35.78 | 300m: | 3:29.99 | 35.90 | 400m: | 4:39.53 | 34.10 |
| 26. GIFREU MATILLÓ, Núria | 08 | C.N. Olot | 4:45.98 | | | | | | | | | |
| | 50m: | 31.30 | 31.30 | 150m: | 1:42.26 | 35.84 | 250m: | 2:55.66 | 37.07 | 350m: | 4:09.98 | 37.07 |
| | 100m: | 1:06.42 | 35.12 | 200m: | 2:18.59 | 36.33 | 300m: | 3:32.91 | 37.25 | 400m: | 4:45.98 | 36.00 |
| 27. BENITO CASTELLÓ, Mar | 08 | C.N. Lleida | 4:47.15 | | | | | | | | | |
| | 50m: | 32.35 | 32.35 | 150m: | 1:43.73 | 36.55 | 250m: | 2:57.77 | 36.93 | 350m: | 4:11.83 | 36.60 |
| | 100m: | 1:07.18 | 34.83 | 200m: | 2:20.84 | 37.11 | 300m: | 3:35.23 | 37.46 | 400m: | 4:47.15 | 35.32 |
| 28. AMOR HERNANDEZ, Avril | 08 | C.E. Mediterrani | 4:49.48 | | | | | | | | | |
| | 50m: | 31.75 | 31.75 | 150m: | 1:43.78 | 36.23 | 250m: | 2:57.87 | 37.08 | 350m: | 4:12.62 | 37.41 |
| | 100m: | 1:07.55 | 35.80 | 200m: | 2:20.79 | 37.01 | 300m: | 3:35.21 | 37.34 | 400m: | 4:49.48 | 36.86 |

Final D

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|---------------------------|-------|---------------|----------------|-------|---------|-------|-------|---------|-------|-------|---------|-------|
| 31. IWAN, Claudia | 10 | C.N. Navàs | 4:35.87 | | | | | | | | | |
| | 50m: | 31.73 | 31.73 | 150m: | 1:40.77 | 34.77 | 250m: | 2:50.97 | 35.62 | 350m: | 4:01.67 | 35.34 |
| | 100m: | 1:06.00 | 34.27 | 200m: | 2:15.35 | 34.58 | 300m: | 3:26.33 | 35.36 | 400m: | 4:35.87 | 34.20 |
| 32. DELGADO GARCIA, Marta | 09 | C.N. Mataró | 4:38.55 | | | | | | | | | |
| | 50m: | 32.11 | 32.11 | 150m: | 1:41.97 | 34.87 | 250m: | 2:52.93 | 35.18 | 350m: | 4:03.97 | 35.24 |
| | 100m: | 1:07.10 | 34.99 | 200m: | 2:17.75 | 35.78 | 300m: | 3:28.73 | 35.80 | 400m: | 4:38.55 | 34.58 |
| 33. CODONY COSTA, Blanca | 10 | C.N. Olot | 4:40.93 | | | | | | | | | |
| | 50m: | 30.88 | 30.88 | 150m: | 1:41.46 | 35.22 | 250m: | 2:53.17 | 35.78 | 350m: | 4:05.85 | 36.11 |
| | 100m: | 1:06.24 | 35.36 | 200m: | 2:17.39 | 35.93 | 300m: | 3:29.74 | 36.57 | 400m: | 4:40.93 | 35.08 |
| 34. DE MIGUEL GOMEZ, Ona | 09 | C.N. Sabadell | 4:41.02 | | | | | | | | | |
| | 50m: | 30.99 | 30.99 | 150m: | 1:42.00 | 35.99 | 250m: | 2:54.09 | 36.03 | 350m: | 4:06.46 | 36.23 |
| | 100m: | 1:06.01 | 35.02 | 200m: | 2:18.06 | 36.06 | 300m: | 3:30.23 | 36.14 | 400m: | 4:41.02 | 34.56 |



Prova 13, Fem., 400m Lliure, Final, Open

| Classificació | ANY | | | | | | Temps | | | | |
|-------------------------------|---------|-----------------|-------|---------|-------|-------|----------------|-------|-------|---------|-------|
| 35. GRESELY SALETA, Victoria | 09 | C.N. Mataró | | | | | 4:42.43 | | | | |
| 50m: | 32.24 | 32.24 | 150m: | 1:42.77 | 35.40 | 250m: | 2:54.46 | 35.91 | 350m: | 4:07.07 | 36.17 |
| 100m: | 1:07.37 | 35.13 | 200m: | 2:18.55 | 35.78 | 300m: | 3:30.90 | 36.44 | 400m: | 4:42.43 | 35.36 |
| 36. CARMONA MASERGAS, Ivet | 10 | C.N. Banyoles | | | | | 4:44.55 | | | | |
| 50m: | 32.07 | 32.07 | 150m: | 1:43.69 | 36.25 | 250m: | 2:56.56 | 36.43 | 350m: | 4:10.04 | 36.30 |
| 100m: | 1:07.44 | 35.37 | 200m: | 2:20.13 | 36.44 | 300m: | 3:33.74 | 37.18 | 400m: | 4:44.55 | 34.51 |
| 37. PEREZ GARRIDO, Claudia | 09 | C.N. Mataró | | | | | 4:45.11 | | | | |
| 50m: | 31.79 | 31.79 | 150m: | 1:43.66 | 36.28 | 250m: | 2:57.07 | 36.92 | 350m: | 4:10.23 | 36.38 |
| 100m: | 1:07.38 | 35.59 | 200m: | 2:20.15 | 36.49 | 300m: | 3:33.85 | 36.78 | 400m: | 4:45.11 | 34.88 |
| 38. MOSQUERA SORIANO, Paula | 10 | C.N. Granollers | | | | | 4:45.46 | | | | |
| 50m: | 32.63 | 32.63 | 150m: | 1:43.82 | 35.62 | 250m: | 2:56.94 | 37.04 | 350m: | 4:10.55 | 36.61 |
| 100m: | 1:08.20 | 35.57 | 200m: | 2:19.90 | 36.08 | 300m: | 3:33.94 | 37.00 | 400m: | 4:45.46 | 34.91 |
| 39. TERRAZA GONZALEZ, Ona | 09 | C.N. Sabadell | | | | | 4:47.12 | | | | |
| 50m: | 32.09 | 32.09 | 150m: | 1:43.89 | 36.44 | 250m: | 2:57.53 | 37.16 | 350m: | 4:11.56 | 36.89 |
| 100m: | 1:07.45 | 35.36 | 200m: | 2:20.37 | 36.48 | 300m: | 3:34.67 | 37.14 | 400m: | 4:47.12 | 35.56 |
| 40. DOS SANTOS CATALAN, Chloe | 09 | C.N. Sabadell | | | | | 4:49.58 | | | | |
| 50m: | 31.20 | 31.20 | 150m: | 1:42.94 | 36.49 | 250m: | 2:56.67 | 36.54 | 350m: | 4:11.34 | 36.65 |
| 100m: | 1:06.45 | 35.25 | 200m: | 2:20.13 | 37.19 | 300m: | 3:34.69 | 38.02 | 400m: | 4:49.58 | 38.24 |