

Prova 25
21/1/2024 - 9:59

Fem., 400m Estils

2004 i majors
Resultats

CR	5:06.66	GARCIA SANCHEZ, Mireia	ESP	Manresa	17/4/2021
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Punts: FINA Master 2024

Classificació ANY Temps Punts CAT

20+

1. LEIVA HERRADOR, Amalia	01 C.N. Cornellà	5:51.69	532
50m: 37.24 37.24 150m: 2:05.68 46.06 250m: 3:38.76 48.65 350m: 5:11.82 42.69			
100m: 1:19.62 42.38 200m: 2:50.11 44.43 300m: 4:29.13 50.37 400m: 5:51.69 39.87			
2. ZARAGOZA CARBALLIDO, Paula	01 C.N. Cornellà	6:28.99	393
50m: 41.63 41.63 150m: 2:21.76 49.35 250m: 4:02.16 51.74 350m: 5:43.15 46.62			
100m: 1:32.41 50.78 200m: 3:10.42 48.66 300m: 4:56.53 54.37 400m: 6:28.99 45.84			

25+

1. CANTÓN PRIETO, Ruth	98 C.N. Santa Perpètua	6:43.67	351
50m: 42.68 42.68 150m: 2:24.82 53.44 250m: 4:11.78 54.27 350m: 5:56.74 48.78			
100m: 1:31.38 48.70 200m: 3:17.51 52.69 300m: 5:07.96 56.18 400m: 6:43.67 46.93			

40+

BX GARCIA FLORIT, Sandra 82 C.N. Aquamàsters

50+

1. VILA FORTUNY, Marta	72 GEIEG	6:03.53	625
50m: 39.02 39.02 150m: 2:11.17 46.62 250m: 3:46.43 51.18 350m: 5:21.76 43.22			
100m: 1:24.55 45.53 200m: 2:55.25 44.08 300m: 4:38.54 52.11 400m: 6:03.53 41.77			

55+

1. PORT CASAMITJANA, Adriana	67 C.N. Sabadell	6:49.68	457
50m: 45.63 45.63 150m: 2:35.49 55.14 250m: 4:21.49 53.97 350m: 6:04.23 47.31			
100m: 1:40.35 54.72 200m: 3:27.52 52.03 300m: 5:16.92 55.43 400m: 6:49.68 45.45			
2. ALVAREZ PINO, Olga	69 C.N. Terrassa	7:26.38	353
50m: 49.19 49.19 150m: 2:44.63 56.34 250m: 4:41.69 1:03.10 350m: 6:37.26 51.12			
100m: 1:48.29 59.10 200m: 3:38.59 53.96 300m: 5:46.14 1:04.45 400m: 7:26.38 49.12			