

Prova 26
21/1/2024 - 10:08

Masc., 400m Estils

2004 i majors
Resultats

CR	4:42.51	DIAZ MERCADO, Zigor	ESP	SABADELL	8/1/2022
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Punts: FINA Master 2024

Classificació ANY Temps Punts CAT

25+

1.	MORALES HURTADO, Adrian	95	U.E. D'Horta	5:17.05	517
	50m: 31.98 31.98 150m: 1:51.08 42.11 250m: 3:17.34 45.87 350m: 4:41.61 37.99				
	100m: 1:08.97 36.99 200m: 2:31.47 40.39 300m: 4:03.62 46.28 400m: 5:17.05 35.44				

30+

1.	GARRIDO GARCIA, Ivan	91	Marnaton	6:22.58	299
	50m: 39.37 39.37 150m: 2:12.40 48.52 250m: 3:56.83 55.39 350m: 5:40.16 46.25				
	100m: 1:23.88 44.51 200m: 3:01.44 49.04 300m: 4:53.91 57.08 400m: 6:22.58 42.42				
2.	GONZALEZ VILA, Cunibert	90	C.N. Sabadell	6:24.43	295
	50m: 40.60 40.60 150m: 2:20.71 52.24 250m: 4:04.40 53.34 350m: 5:45.65 45.52				
	100m: 1:28.47 47.87 200m: 3:11.06 50.35 300m: 5:00.13 55.73 400m: 6:24.43 38.78				

35+

1.	GALLARDO FLORES, Carlos	88	C.N. Swimfaster Salt	4:55.26	681
	50m: 31.95 31.95 150m: 1:46.20 37.86 250m: 3:06.37 42.29 350m: 4:22.42 34.13				
	100m: 1:08.34 36.39 200m: 2:24.08 37.88 300m: 3:48.29 41.92 400m: 4:55.26 32.84				
2.	CABANILLAS QUINTANILLA, Rafael	87	Marnaton	4:56.41	673
	50m: 32.14 32.14 150m: 1:49.50 40.84 250m: 3:09.92 41.92 350m: 4:25.33 33.41				
	100m: 1:08.66 36.52 200m: 2:28.00 38.50 300m: 3:51.92 42.00 400m: 4:56.41 31.08				
3.	CARO VAN DER POEL, Miguel	89	C.N. Tarraco	5:09.80	589
	50m: 32.34 32.34 150m: 1:48.37 38.78 250m: 3:12.60 45.73 350m: 4:35.53 36.32				
	100m: 1:09.59 37.25 200m: 2:26.87 38.50 300m: 3:59.21 46.61 400m: 5:09.80 34.27				

40+

1.	ROSELL POBLET, Josep M ^a	83	C.N. Tarraco	5:20.41	602
	50m: 32.36 32.36 150m: 1:52.88 42.95 250m: 3:19.46 45.43 350m: 4:44.10 38.62				
	100m: 1:09.93 37.57 200m: 2:34.03 41.15 300m: 4:05.48 46.02 400m: 5:20.41 36.31				

50+

1.	LOPEZ SANCHEZ, Ruben	72	C.N. Sabadell	5:32.27	532
	50m: 34.46 34.46 150m: 1:56.72 43.36 250m: 3:29.27 49.29 350m: 4:55.58 37.52				
	100m: 1:13.36 38.90 200m: 2:39.98 43.26 300m: 4:18.06 48.79 400m: 5:32.27 36.69				
2.	LACUNZA CAMARA, Etor	74	GEiEG	6:03.20	407
	50m: 36.36 36.36 150m: 2:06.17 48.52 250m: 3:45.15 51.86 350m: 5:21.70 43.72				
	100m: 1:17.65 41.29 200m: 2:53.29 47.12 300m: 4:37.98 52.83 400m: 6:03.20 41.50				
3.	MOJICA PEREZ, Juan Carlos	72	C.N. Catalunya	6:24.49	343
	50m: 42.09 42.09 150m: 2:22.86 51.55 250m: 4:08.66 54.52 350m: 5:45.96 42.93				
	100m: 1:31.31 49.22 200m: 3:14.14 51.28 300m: 5:03.03 54.37 400m: 6:24.49 38.53				
4.	SANTAÑES MOLINA, Jordi	74	Fed Andorrana	7:24.61	222
	50m: 49.67 49.67 150m: 2:41.47 54.67 250m: 4:35.39 1:01.14 350m: 6:31.85 55.53				
	100m: 1:46.80 57.13 200m: 3:34.25 52.78 300m: 5:36.32 1:00.93 400m: 7:24.61 52.76				

Piscina 25mts i cronometratge automàtic

21/1/2024 10:27 - Pàgina 1

Sponsor principal

Sponsors institucionals

Acreditacions



Prova 26, Masc., 400m Estils

55+

1.	ADELL LLOSAS, Joan Carles	68	Cambrils C.N.	5:48.82	573
	50m: 35.71 35.71	150m: 2:04.35 46.84	250m: 3:42.28 52.20	350m: 5:12.26 37.82	
	100m: 1:17.51 41.80	200m: 2:50.08 45.73	300m: 4:34.44 52.16	400m: 5:48.82 36.56	
2.	RIBON CALABIA, Enrique	68	C.N. Aquamàsters	6:47.10	360
	50m: 49.67 49.67	150m: 2:36.06 53.53	250m: 4:22.03 53.48	350m: 6:02.59 46.54	
	100m: 1:42.53 52.86	200m: 3:28.55 52.49	300m: 5:16.05 54.02	400m: 6:47.10 44.51	
3.	JOFRE RUIZ, Ramon	67	C.N. Lleida	6:58.78	331
	50m: 47.42 47.42	150m: 2:38.13 55.56	250m: 4:30.09 57.24	350m: 6:13.86 47.08	
	100m: 1:42.57 55.15	200m: 3:32.85 54.72	300m: 5:26.78 56.69	400m: 6:58.78 44.92	

60+

1.	GARRIDO CASADO, Antonio	62	Club Nagi	8:41.74	198
	50m: 1:02.44 1:02.44	150m: 3:25.36 1:07.67	250m: 5:48.54 1:14.52	350m: 7:52.86 51.71	
	100m: 2:17.69 1:15.25	200m: 4:34.02 1:08.66	300m: 7:01.15 1:12.61	400m: 8:41.74 48.88	

85+

1.	HENDRIK DE BRUIJN, Frederik	38	C.N. Aquamàsters	8:42.68	765
	<i>Rècord Espanya</i>				
	50m: 1:12.63 1:12.63	150m: 3:44.82 1:04.56	250m: 5:54.88 1:07.80	350m: 7:53.22 51.70	
	100m: 2:40.26 1:27.63	200m: 4:47.08 1:02.26	300m: 7:01.52 1:06.64	400m: 8:42.68 49.46	