

Prova 23
 9/6/2024 - 10:16

Fem., 400m Estils

 2004 i majors
 Resultats

CR 5:15.47 DANCKWARDT-LILLIESTROM, Fanny 00051 SABADELL-CNS 16/7/2016

LLoc	Nom i cognoms	Any	Club	Temps	Punts IND	Punts CLUB
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Class Punts T. Catalana Màster

1.	PAGES SEGURA, Silvia	66	C.N. Terrassa	6:22.16	600	600,00
	50m: 41.03 41.03	150m: 2:22.34 51.72	250m: 4:01.87 49.56	350m: 5:38.57 44.75		
	100m: 1:30.62 49.59	200m: 3:12.31 49.97	300m: 4:53.82 51.95	400m: 6:22.16 43.59		
2.	LEIVA HERRADOR, Amalia	01	C.N. Cornellà	6:08.19	556	556,00
	50m: 39.58 39.58	150m: 2:11.92 48.04	250m: 3:50.90 51.70	350m: 5:26.73 43.69		
	100m: 1:23.88 44.30	200m: 2:59.20 47.28	300m: 4:43.04 52.14	400m: 6:08.19 41.46		
3.	FERNANDEZ DIAZ, Andrea	97	C.N. Aquamàsters	6:30.37	466	466,00
	50m: 45.59 45.59	150m: 2:26.80 48.23	250m: 4:11.99 56.44	350m: 5:50.02 40.78		
	100m: 1:38.57 52.98	200m: 3:15.55 48.75	300m: 5:09.24 57.25	400m: 6:30.37 40.35		
4.	CANTÓN PRIETO, Ruth	98	C.N. Santa Perpètua	7:14.49	338	338,00
	50m: 42.20 42.20	150m: 2:32.53 58.59	250m: 4:30.11 58.71	350m: 6:22.47 52.62		
	100m: 1:33.94 51.74	200m: 3:31.40 58.87	300m: 5:29.85 59.74	400m: 7:14.49 52.02		
5.	GIRON SIERRA, Emma	78	C.N. Santa Perpètua	7:42.89	311	311,00
	50m: 50.26 50.26	150m: 2:52.10 1:02.63	250m: 4:54.85 1:03.10	350m: 6:51.24 54.40		
	100m: 1:49.47 59.21	200m: 3:51.75 59.65	300m: 5:56.84 1:01.99	400m: 7:42.89 51.65		
6.	CASTILLO MIQUEL, Roser	51	C.N. Palamós	10:01.74	306	306,00
	50m: 1:02.83 1:02.83	150m: 3:41.23 1:20.54	250m: 6:26.35 1:22.42	350m: 8:57.94 1:06.84		
	100m: 2:20.69 1:17.86	200m: 5:03.93 1:22.70	300m: 7:51.10 1:24.75	400m: 10:01.74 1:03.80		

BX VILA FORTUNY, Marta 72 GEiEG -

20+

1.	LEIVA HERRADOR, Amalia	01	C.N. Cornellà	6:08.19	556	556,00
	50m: 39.58 39.58	150m: 2:11.92 48.04	250m: 3:50.90 51.70	350m: 5:26.73 43.69		
	100m: 1:23.88 44.30	200m: 2:59.20 47.28	300m: 4:43.04 52.14	400m: 6:08.19 41.46		

25+

1.	FERNANDEZ DIAZ, Andrea	97	C.N. Aquamàsters	6:30.37	466	466,00
	50m: 45.59 45.59	150m: 2:26.80 48.23	250m: 4:11.99 56.44	350m: 5:50.02 40.78		
	100m: 1:38.57 52.98	200m: 3:15.55 48.75	300m: 5:09.24 57.25	400m: 6:30.37 40.35		
2.	CANTÓN PRIETO, Ruth	98	C.N. Santa Perpètua	7:14.49	338	338,00
	50m: 42.20 42.20	150m: 2:32.53 58.59	250m: 4:30.11 58.71	350m: 6:22.47 52.62		
	100m: 1:33.94 51.74	200m: 3:31.40 58.87	300m: 5:29.85 59.74	400m: 7:14.49 52.02		

45+

1.	GIRON SIERRA, Emma	78	C.N. Santa Perpètua	7:42.89	311	311,00
	50m: 50.26 50.26	150m: 2:52.10 1:02.63	250m: 4:54.85 1:03.10	350m: 6:51.24 54.40		
	100m: 1:49.47 59.21	200m: 3:51.75 59.65	300m: 5:56.84 1:01.99	400m: 7:42.89 51.65		

50+

BX VILA FORTUNY, Marta 72 GEiEG -

Piscina 50mts i cronometratge automàtic

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9/6/2024 10:28 - Pàgina 1

Sponsor principal

Sponsors institucionals

Acreditacions





Prova 23, Fem., 400m Estils

55+

1. PAGES SEGURA, Silvia	66	C.N. Terrassa	6:22.16	600	600,00
50m: 41.03 41.03	150m: 2:22.34 51.72	250m: 4:01.87 49.56	350m: 5:38.57 44.75		
100m: 1:30.62 49.59	200m: 3:12.31 49.97	300m: 4:53.82 51.95	400m: 6:22.16 43.59		

70+

1. CASTILLO MIQUEL, Roser	51	C.N. Palamós	10:01.74	306	306,00
50m: 1:02.83 1:02.83	150m: 3:41.23 1:20.54	250m: 6:26.35 1:22.42	350m: 8:57.94 1:06.84		
100m: 2:20.69 1:17.86	200m: 5:03.93 1:22.70	300m: 7:51.10 1:24.75	400m: 10:01.74 1:03.80		

Piscina 50mts i cronometratge automàtic

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9/6/2024 10:28 - Pàgina 2

Sponsor principal

Sponsors institucionals

Acreditacions

