

Event 24  
9/6/2024 - 10:27

Men, 400m Medley

2004 and older  
Results

CR 4:50.22 DIAZ MERCADO, Zigor ESP BARCELONA - GEM 13/6/2021

LLoc	Nom i cognoms	Any	Club	Time	Punts IND	Punts CLUB
<b>Class Punts T. Catalana Màster</b>						
1.	GALLARDO FLORES, Carlos	88	C.N. Swimfaster Salt	<b>5:09.06</b>	717	717,00
	50m: 31.84 31.84	150m: 1:49.18 40.00	250m: 3:12.49 42.86	350m: 4:34.06 36.72		
	100m: 1:09.18 37.34	200m: 2:29.63 40.45	300m: 3:57.34 44.85	400m: 5:09.06 35.00		
2.	GUTIERREZ MARTINEZ, Javier	90	C.N. VIC-Etb	<b>5:09.88</b>	596	596,00
	50m: 31.76 31.76	150m: 1:50.58 41.39	250m: 3:12.57 41.14	350m: 4:33.65 38.44		
	100m: 1:09.19 37.43	200m: 2:31.43 40.85	300m: 3:55.21 42.64	400m: 5:09.88 36.23		
3.	GRAU DE LA MANO, Marc	01	Cee Sant Gervasi	<b>5:23.07</b>	584	584,00
	50m: 32.15 32.15	150m: 1:52.77 43.00	250m: 3:19.66 45.29	350m: 4:45.66 38.68		
	100m: 1:09.77 37.62	200m: 2:34.37 41.60	300m: 4:06.98 47.32	400m: 5:23.07 37.41		
4.	GUIRAL CUGAT, Ramon	69	C.N. Aquamasters	<b>6:05.56</b>	539	539,00
	50m: 36.57 36.57	150m: 2:08.51 47.06	250m: 3:50.10 56.00	350m: 5:26.51 39.16		
	100m: 1:21.45 44.88	200m: 2:54.10 45.59	300m: 4:47.35 57.25	400m: 6:05.56 39.05		
5.	COLORADO SANCHEZ, Raul	92	C.D. Halegatos	<b>5:32.87</b>	481	-
	50m: 33.21 33.21	150m: 1:55.60 43.59	250m: 3:25.88 46.91	350m: 4:54.32 39.78		
	100m: 1:12.01 38.80	200m: 2:38.97 43.37	300m: 4:14.54 48.66	400m: 5:32.87 38.55		
6.	GABARRO ROSELL, Lluís	74	C.N. Aquamasters	<b>6:07.87</b>	467	467,00
	50m: 36.84 36.84	150m: 2:13.86 50.91	250m: 3:53.96 50.55	350m: 5:28.72 42.55		
	100m: 1:22.95 46.11	200m: 3:03.41 49.55	300m: 4:46.17 52.21	400m: 6:07.87 39.15		
7.	TORRENTE LLAMAS, Victor	88	C.N. Santa Perpetua	<b>5:57.18</b>	464	464,00
	50m: 39.04 39.04	150m: 2:13.33 50.34	250m: 3:49.37 49.71	350m: 5:19.34 39.81		
	100m: 1:22.99 43.95	200m: 2:59.66 46.33	300m: 4:39.53 50.16	400m: 5:57.18 37.84		
8.	GONZALEZ LAMPURDANES, Ismael	78	C.N. Tarraco	<b>6:07.94</b>	459	459,00
	50m: 38.69 38.69	150m: 2:14.23 49.57	250m: 3:52.53 49.99	350m: 5:26.99 43.18		
	100m: 1:24.66 45.97	200m: 3:02.54 48.31	300m: 4:43.81 51.28	400m: 6:07.94 40.95		
9.	MORALES HURTADO, Adrian	95	U.E. D'Horta	<b>5:50.81</b>	456	456,00
	50m: 34.91 34.91	150m: 2:03.56 48.15	250m: 3:39.71 51.00	350m: 5:11.51 41.26		
	100m: 1:15.41 40.50	200m: 2:48.71 45.15	300m: 4:30.25 50.54	400m: 5:50.81 39.30		
10.	LACUNZA CAMARA, Etor	74	GEiEG	<b>6:13.73</b>	446	446,00
	50m: 36.85 36.85	150m: 2:11.84 51.24	250m: 3:57.15 54.97	350m: 5:31.86 42.60		
	100m: 1:20.60 43.75	200m: 3:02.18 50.34	300m: 4:49.26 52.11	400m: 6:13.73 41.87		
11.	PROUS GRAU, Fernando	50	C.N. Reus Ploms	<b>7:50.50</b>	433	433,00
	50m: 49.05 49.05	150m: 2:48.99 1:02.62	250m: 4:56.39 1:06.52	350m: 6:57.17 53.17		
	100m: 1:46.37 57.32	200m: 3:49.87 1:00.88	300m: 6:04.00 1:07.61	400m: 7:50.50 53.33		
12.	DE LA VEGA GIMENEZ, Rafael	69	C.D. Jerez Natacion Master	<b>6:50.44</b>	381	-
	50m: 40.42 40.42	150m: 2:25.74 55.46	250m: 4:19.64 59.51	350m: 6:06.49 46.66		
	100m: 1:30.28 49.86	200m: 3:20.13 54.39	300m: 5:19.83 1:00.19	400m: 6:50.44 43.95		
13.	LOPEZ DELGADO, Sergio	93	C.N. Cornellà	<b>6:36.95</b>	283	283,00
	50m: 38.95 38.95	150m: 2:20.06 54.42	250m: 4:09.13 55.59	350m: 5:50.71 45.33		
	100m: 1:25.64 46.69	200m: 3:13.54 53.48	300m: 5:05.38 56.25	400m: 6:36.95 46.24		
14.	SANTANES MOLINA, Jordi	74	Fed Andorrana	<b>7:43.60</b>	233	233,00
	50m: 51.87 51.87	150m: 2:45.27 57.64	250m: 4:46.39 1:04.22	350m: 6:47.92 58.10		
	100m: 1:47.63 55.76	200m: 3:42.17 56.90	300m: 5:49.82 1:03.43	400m: 7:43.60 55.68		

Piscina 50mts i cronometratge automàtic

S

**Event 24, Men, 400m Medley, Class Punts T. Catalana Màster**

LLoc	Nom i cognoms	Any	Club	Time	Punts IND	Punts CLUB
15.	GARRIDO CASADO, Antonio	62	Club Nagi	<b>8:31.71</b>	218	218,00
	50m: 1:00.99 1:00.99	150m: 3:22.27 1:07.67	250m: 5:40.84 1:09.58	350m: 7:44.51 50.25		
	100m: 2:14.60 1:13.61	200m: 4:31.26 1:08.99	300m: 6:54.26 1:13.42	400m: 8:31.71 47.20		
DSQ	RIBON CALABIA, Enrique <i>DNI - DESQ ESTIL IRREGULAR</i>	68	C.N. Aquamasters			-
DSQ	MANZANO LOPEZ, Jose Luis <i>DVI - DESQ VIRATGE IRREGULAR</i>	76	Club Nagi			-
<b>20+</b>						
1.	GRAU DE LA MANO, Marc	01	Cee Sant Gervasi	<b>5:23.07</b>	584	584,00
	50m: 32.15 32.15	150m: 1:52.77 43.00	250m: 3:19.66 45.29	350m: 4:45.66 38.68		
	100m: 1:09.77 37.62	200m: 2:34.37 41.60	300m: 4:06.98 47.32	400m: 5:23.07 37.41		
<b>25+</b>						
1.	MORALES HURTADO, Adrian	95	U.E. D'Horta	<b>5:50.81</b>	456	456,00
	50m: 34.91 34.91	150m: 2:03.56 48.15	250m: 3:39.71 51.00	350m: 5:11.51 41.26		
	100m: 1:15.41 40.50	200m: 2:48.71 45.15	300m: 4:30.25 50.54	400m: 5:50.81 39.30		
<b>30+</b>						
1.	GUTIERREZ MARTINEZ, Javier	90	C.N. VIC-Etb	<b>5:09.88</b>	596	596,00
	50m: 31.76 31.76	150m: 1:50.58 41.39	250m: 3:12.57 41.14	350m: 4:33.65 38.44		
	100m: 1:09.19 37.43	200m: 2:31.43 40.85	300m: 3:55.21 42.64	400m: 5:09.88 36.23		
2.	COLORADO SANCHEZ, Raul	92	C.D. Halegatos	<b>5:32.87</b>	481	-
	50m: 33.21 33.21	150m: 1:55.60 43.59	250m: 3:25.88 46.91	350m: 4:54.32 39.78		
	100m: 1:12.01 38.80	200m: 2:38.97 43.37	300m: 4:14.54 48.66	400m: 5:32.87 38.55		
3.	LOPEZ DELGADO, Sergio	93	C.N. Cornellà	<b>6:36.95</b>	283	283,00
	50m: 38.95 38.95	150m: 2:20.06 54.42	250m: 4:09.13 55.59	350m: 5:50.71 45.33		
	100m: 1:25.64 46.69	200m: 3:13.54 53.48	300m: 5:05.38 56.25	400m: 6:36.95 46.24		
<b>35+</b>						
1.	GALLARDO FLORES, Carlos	88	C.N. Swimfaster Salt	<b>5:09.06</b>	717	717,00
	50m: 31.84 31.84	150m: 1:49.18 40.00	250m: 3:12.49 42.86	350m: 4:34.06 36.72		
	100m: 1:09.18 37.34	200m: 2:29.63 40.45	300m: 3:57.34 44.85	400m: 5:09.06 35.00		
2.	TORRENTE LLAMAS, Victor	88	C.N. Santa Perpetua	<b>5:57.18</b>	464	464,00
	50m: 39.04 39.04	150m: 2:13.33 50.34	250m: 3:49.37 49.71	350m: 5:19.34 39.81		
	100m: 1:22.99 43.95	200m: 2:59.66 46.33	300m: 4:39.53 50.16	400m: 5:57.18 37.84		
<b>45+</b>						
1.	GONZALEZ LAMPURDANES, Ismael	78	C.N. Tarraco	<b>6:07.94</b>	459	459,00
	50m: 38.69 38.69	150m: 2:14.23 49.57	250m: 3:52.53 49.99	350m: 5:26.99 43.18		
	100m: 1:24.66 45.97	200m: 3:02.54 48.31	300m: 4:43.81 51.28	400m: 6:07.94 40.95		
DSQ	MANZANO LOPEZ, Jose Luis <i>DVI - DESQ VIRATGE IRREGULAR</i>	76	Club Nagi			-

Piscina 50mts i cronometratge automàtic

S

9/6/2024 10:44 - Page 2

Sponsor principal

Sponsors institucionals

Acreditacions




**Event 24, Men, 400m Medley**
**50+**

1.	GABARRO ROSELL, Lluís	74	C.N. Aquamasters	<b>6:07.87</b>	467	467,00
	50m: 36.84 36.84	150m: 2:13.86 50.91	250m: 3:53.96 50.55	350m: 5:28.72 42.55		
	100m: 1:22.95 46.11	200m: 3:03.41 49.55	300m: 4:46.17 52.21	400m: 6:07.87 39.15		
2.	LACUNZA CAMARA, Etor	74	GEiEG	<b>6:13.73</b>	446	446,00
	50m: 36.85 36.85	150m: 2:11.84 51.24	250m: 3:57.15 54.97	350m: 5:31.86 42.60		
	100m: 1:20.60 43.75	200m: 3:02.18 50.34	300m: 4:49.26 52.11	400m: 6:13.73 41.87		
3.	SANTANES MOLINA, Jordi	74	Fed Andorrana	<b>7:43.60</b>	233	233,00
	50m: 51.87 51.87	150m: 2:45.27 57.64	250m: 4:46.39 1:04.22	350m: 6:47.92 58.10		
	100m: 1:47.63 55.76	200m: 3:42.17 56.90	300m: 5:49.82 1:03.43	400m: 7:43.60 55.68		

**55+**

1.	GUIRAL CUGAT, Ramon	69	C.N. Aquamasters	<b>6:05.56</b>	539	539,00
	50m: 36.57 36.57	150m: 2:08.51 47.06	250m: 3:50.10 56.00	350m: 5:26.51 39.16		
	100m: 1:21.45 44.88	200m: 2:54.10 45.59	300m: 4:47.35 57.25	400m: 6:05.56 39.05		
2.	DE LA VEGA GIMENEZ, Rafael	69	C.D. Jerez Natacion Master	<b>6:50.44</b>	381	-
	50m: 40.42 40.42	150m: 2:25.74 55.46	250m: 4:19.64 59.51	350m: 6:06.49 46.66		
	100m: 1:30.28 49.86	200m: 3:20.13 54.39	300m: 5:19.83 1:00.19	400m: 6:50.44 43.95		

DSQ RIBON CALABIA, Enrique

68 C.N. Aquamasters

-

*DNI - DESQ ESTIL IRREGULAR*
**60+**

1.	GARRIDO CASADO, Antonio	62	Club Nagi	<b>8:31.71</b>	218	218,00
	50m: 1:00.99 1:00.99	150m: 3:22.27 1:07.67	250m: 5:40.84 1:09.58	350m: 7:44.51 50.25		
	100m: 2:14.60 1:13.61	200m: 4:31.26 1:08.99	300m: 6:54.26 1:13.42	400m: 8:31.71 47.20		

**70+**

1.	PROUS GRAU, Fernando	50	C.N. Reus Ploms	<b>7:50.50</b>	433	433,00
	50m: 49.05 49.05	150m: 2:48.99 1:02.62	250m: 4:56.39 1:06.52	350m: 6:57.17 53.17		
	100m: 1:46.37 57.32	200m: 3:49.87 1:00.88	300m: 6:04.00 1:07.61	400m: 7:50.50 53.33		

Piscina 50mts i cronometratge automàtic

S

9/6/2024 10:44 - Page 3

Sponsor principal

Sponsors institucionals

Acreditacions

