

Event 4 Men, 400m Freestyle 2004 and older  
 8/6/2024 - 10:20 Results

CR 4:08.53 CABANILLAS QUINTANILLA, RAFA 00069 BARCELONA-CNSA 30/5/2015

LLoc Nom i cognoms Any Club Time Punts IND Punts CLUB

**Class Punts T. Catalana Màster**

1.	PIJUAN ORO, Lluís	72	C.E.N. Balaguer	<b>4:34.42</b>	811	811,00
	50m: 30.64 30.64	150m: 1:38.73 34.20	250m: 2:48.59 34.66	350m: 3:59.27 35.15		
	100m: 1:04.53 33.89	200m: 2:13.93 35.20	300m: 3:24.12 35.53	400m: 4:34.42 35.15		
2.	RODRIGUEZ RAMOS, Cristian	86	C.N. Swimfaster Salt	<b>4:27.41</b>	777	777,00
	50m: 30.00 30.00	150m: 1:36.26 33.07	250m: 2:44.98 34.48	350m: 3:53.85 34.60		
	100m: 1:03.19 33.19	200m: 2:10.50 34.24	300m: 3:19.25 34.27	400m: 4:27.41 33.56		
3.	CABELLO VILLALONGA, Manuel	72	C.N. L'Hospitalet	<b>4:41.80</b>	749	749,00
	50m: 31.33 31.33	150m: 1:41.84 35.55	250m: 2:53.80 35.86	350m: 4:06.61 36.64		
	100m: 1:06.29 34.96	200m: 2:17.94 36.10	300m: 3:29.97 36.17	400m: 4:41.80 35.19		
4.	ADELL LLOSAS, Joan Carles	68	Cambrils C.N.	<b>5:03.08</b>	649	649,00
	50m: 33.86 33.86	150m: 1:49.88 38.28	250m: 3:07.98 38.71	350m: 4:25.52 38.13		
	100m: 1:11.60 37.74	200m: 2:29.27 39.39	300m: 3:47.39 39.41	400m: 5:03.08 37.56		
5.	MORENO SANDIN, Jonatan	91	C.N. Cornellà	<b>4:35.78</b>	643	643,00
	50m: 30.52 30.52	150m: 1:39.08 34.56	250m: 2:49.65 35.31	350m: 4:01.56 35.95		
	100m: 1:04.52 34.00	200m: 2:14.34 35.26	300m: 3:25.61 35.96	400m: 4:35.78 34.22		
6.	HERRERA MARTINEZ, Francisco Jose	82	C.D. Jerez Natacion Master	<b>4:48.58</b>	625	-
	50m: 31.73 31.73	150m: 1:42.21 35.73	250m: 2:55.59 36.61	350m: 4:10.62 37.60		
	100m: 1:06.48 34.75	200m: 2:18.98 36.77	300m: 3:33.02 37.43	400m: 4:48.58 37.96		
7.	SAVESCU, George	75	C.D. Jerez Natacion Master	<b>4:55.78</b>	611	-
	50m: 33.19 33.19	150m: 1:48.33 37.47	250m: 3:03.94 37.58	350m: 4:20.18 37.83		
	100m: 1:10.86 37.67	200m: 2:26.36 38.03	300m: 3:42.35 38.41	400m: 4:55.78 35.60		
8.	PENA PULIDO, Antonio	68	U.E. D'Horta	<b>5:11.56</b>	598	598,00
	50m: 33.61 33.61	150m: 1:49.48 38.57	250m: 3:10.35 40.78	350m: 4:31.77 40.54		
	100m: 1:10.91 37.30	200m: 2:29.57 40.09	300m: 3:51.23 40.88	400m: 5:11.56 39.79		
9.	PEREZ MERINO, Alex	93	GEiEG	<b>4:43.21</b>	594	594,00
	50m: 30.39 30.39	150m: 1:39.58 34.75	250m: 2:51.83 36.07	350m: 4:06.37 37.17		
	100m: 1:04.83 34.44	200m: 2:15.76 36.18	300m: 3:29.20 37.37	400m: 4:43.21 36.84		
10.	ORTEGA FERRE, Diego	76	CV Platja Llarga Tarragona	<b>4:59.48</b>	589	589,00
	50m: 34.31 34.31	150m: 1:50.37 38.30	250m: 3:06.73 37.96	350m: 4:23.20 37.90		
	100m: 1:12.07 37.76	200m: 2:28.77 38.40	300m: 3:45.30 38.57	400m: 4:59.48 36.28		
11.	BOVE SOLANES, Albert	78	C.N. Tarraco	<b>5:00.02</b>	586	586,00
	50m: 33.94 33.94	150m: 1:49.09 37.71	250m: 3:05.30 37.95	350m: 4:22.93 38.88		
	100m: 1:11.38 37.44	200m: 2:27.35 38.26	300m: 3:44.05 38.75	400m: 5:00.02 37.09		
12.	GOMEZ VELEZ, Rafael	62	C.N. Salou	<b>5:23.52</b>	582	582,00
	50m: 35.82 35.82	150m: 1:57.38 41.47	250m: 3:19.64 40.89	350m: 4:42.28 41.55		
	100m: 1:15.91 40.09	200m: 2:38.75 41.37	300m: 4:00.73 41.09	400m: 5:23.52 41.24		
13.	CASTELLO AUQUE, Antoni	58	C.N. Reus Ploms	<b>5:32.67</b>	581	581,00
	50m: 38.83 38.83	150m: 2:02.87 42.19	250m: 3:27.51 42.10	350m: 4:51.53 41.81		
	100m: 1:20.68 41.85	200m: 2:45.41 42.54	300m: 4:09.72 42.21	400m: 5:32.67 41.14		
14.	JIMENEZ FRANCO, Adrian	03	C.N. Reus Ploms	<b>4:49.31</b>	577	577,00
	50m: 30.62 30.62	150m: 1:41.82 36.65	250m: 2:56.14 37.52	350m: 4:12.15 38.04		
	100m: 1:05.17 34.55	200m: 2:18.62 36.80	300m: 3:34.11 37.97	400m: 4:49.31 37.16		

Piscina 50mts i cronometratge automàtic

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8/6/2024 10:56 - Page 1

Sponsor principal

Sponsors institucionals

Acreditacions



Event 4, Men, 400m Freestyle, Class Punts T. Catalana Màster

LLoc	Nom i cognoms	Any	Club	Time	Punts IND	Punts CLUB
14.	PONS RODRIGUEZ, Joan	77	C.N. Granollers	<b>5:01.41</b>	577	577,00
	50m: 34.17 34.17	150m: 1:50.58 38.37	250m: 3:07.42 38.66	350m: 4:24.18 38.72		
	100m: 1:12.21 38.04	200m: 2:28.76 38.18	300m: 3:45.46 38.04	400m: 5:01.41 37.23		
16.	BOAZ ALEXANDER, Nur	83	C.N. Atl Barceloneta	<b>4:56.59</b>	575	575,00
	50m: 32.82 32.82	150m: 1:47.46 37.35	250m: 3:02.89 37.63	350m: 4:18.75 37.87		
	100m: 1:10.11 37.29	200m: 2:25.26 37.80	300m: 3:40.88 37.99	400m: 4:56.59 37.84		
17.	MATEU ADZERIAS, Oriol	70	C.N. Sabadell	<b>5:08.80</b>	569	569,00
	50m: 35.02 35.02	150m: 1:51.46 38.47	250m: 3:08.59 38.14	350m: 4:27.69 39.88		
	100m: 1:12.99 37.97	200m: 2:30.45 38.99	300m: 3:47.81 39.22	400m: 5:08.80 41.11		
18.	SABRI AYATS, Omar	97	C.E.N. Cabrera De Mar	<b>4:52.13</b>	561	561,00
	50m: 33.26 33.26	150m: 1:45.93 37.13	250m: 3:01.48 37.62	350m: 4:16.75 37.13		
	100m: 1:08.80 35.54	200m: 2:23.86 37.93	300m: 3:39.62 38.14	400m: 4:52.13 35.38		
19.	AUNON LLORENS, Juan Manuel	96	C.D. Jerez Natacion Master	<b>4:55.27</b>	543	-
	50m: 31.28 31.28	150m: 1:43.15 36.60	250m: 2:59.16 38.25	350m: 4:16.03 38.04		
	100m: 1:06.55 35.27	200m: 2:20.91 37.76	300m: 3:37.99 38.83	400m: 4:55.27 39.24		
20.	FRANCO GARCIA, Raul	83	C.N. Santa Perpetua	<b>5:03.14</b>	539	539,00
	50m: 33.75 33.75	150m: 1:50.52 38.98	250m: 3:08.15 38.50	350m: 4:25.96 38.70		
	100m: 1:11.54 37.79	200m: 2:29.65 39.13	300m: 3:47.26 39.11	400m: 5:03.14 37.18		
21.	ARRIBAS PUVILL, Albert	65	C.E. Mediterrani	<b>5:22.96</b>	536	536,00
	50m: 37.03 37.03	150m: 1:58.49 41.36	250m: 3:20.72 41.32	350m: 4:43.22 41.36		
	100m: 1:17.13 40.10	200m: 2:39.40 40.91	300m: 4:01.86 41.14	400m: 5:22.96 39.74		
22.	AYALA MAESTRE, Alejandro	97	C.D. Jerez Natacion Master	<b>4:58.06</b>	528	-
	50m: 32.62 32.62	150m: 1:45.76 37.92	250m: 3:02.22 38.56	350m: 4:20.10 39.20		
	100m: 1:07.84 35.22	200m: 2:23.66 37.90	300m: 3:40.90 38.68	400m: 4:58.06 37.96		
23.	MUNOZ SANCHEZ, Pedro	71	C.N. Granollers	<b>5:17.85</b>	522	522,00
	50m: 38.21 38.21	150m: 1:59.70 41.01	250m: 3:21.92 40.68	350m: 4:40.34 39.07		
	100m: 1:18.69 40.48	200m: 2:41.24 41.54	300m: 4:01.27 39.35	400m: 5:17.85 37.51		
24.	CAPDEVILA MIRA, Javier	69	C.N. Sant Adria	<b>5:28.12</b>	511	511,00
	50m: 37.20 37.20	150m: 1:58.38 41.17	250m: 3:22.15 41.29	350m: 4:46.82 42.30		
	100m: 1:17.21 40.01	200m: 2:40.86 42.48	300m: 4:04.52 42.37	400m: 5:28.12 41.30		
25.	MUNTADA MARTORELL, Conrad	96	C.N. Terrassa	<b>5:01.60</b>	509	509,00
	50m: 33.32 33.32	150m: 1:46.74 37.00	250m: 3:03.42 38.10	350m: 4:22.32 39.50		
	100m: 1:09.74 36.42	200m: 2:25.32 38.58	300m: 3:42.82 39.40	400m: 5:01.60 39.28		
26.	MORALES HURTADO, Adrian	95	U.E. D'Horta	<b>5:02.39</b>	505	505,00
	50m: 31.56 31.56	150m: 1:45.65 38.05	250m: 3:03.31 39.06	350m: 4:23.43 40.40		
	100m: 1:07.60 36.04	200m: 2:24.25 38.60	300m: 3:43.03 39.72	400m: 5:02.39 38.96		
27.	MEIER MENDEZ, Brian Damian	95	Cambrils C.N.	<b>5:07.46</b>	481	481,00
	50m: 33.71 33.71	150m: 1:49.01 38.45	250m: 3:07.99 39.31	350m: 4:28.75 40.41		
	100m: 1:10.56 36.85	200m: 2:28.68 39.67	300m: 3:48.34 40.35	400m: 5:07.46 38.71		
28.	TORRES GARCIA, Jorge	79	C.N. Tarraco	<b>5:24.77</b>	462	462,00
	50m: 35.30 35.30	150m: 1:54.49 40.09	250m: 3:17.11 41.78	350m: 4:42.71 43.08		
	100m: 1:14.40 39.10	200m: 2:35.33 40.84	300m: 3:59.63 42.52	400m: 5:24.77 42.06		
29.	LOPEZ SULLER, Eduard	92	C.N. Tarraco	<b>5:15.00</b>	431	431,00
	50m: 34.73 34.73	150m: 1:53.28 40.00	250m: 3:14.41 40.60	350m: 4:36.36 40.67		
	100m: 1:13.28 38.55	200m: 2:33.81 40.53	300m: 3:55.69 41.28	400m: 5:15.00 38.64		
30.	FARRE GANDUXE, Josep	46	C.N. Sant Andreu	<b>7:03.62</b>	422	422,00
	50m: 48.38 48.38	150m: 2:36.12 54.07	250m: 4:22.93 53.27	350m: 6:10.92 53.77		
	100m: 1:42.05 53.67	200m: 3:29.66 53.54	300m: 5:17.15 54.22	400m: 7:03.62 52.70		

Piscina 50mts i cronometratge automàtic

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Event 4, Men, 400m Freestyle, Class Punts T. Catalana Màster

LLoc	Nom i cognoms	Any	Club	Time	Punts IND	Punts CLUB
31.	CALVO GONZALEZ, Francesc Josep	73	C.N. Onades	<b>5:49.37</b>	393	393,00
	50m: 37.90 37.90	150m: 2:05.51 44.55	250m: 3:35.91 45.01	350m: 5:05.97 44.46		
	100m: 1:20.96 43.06	200m: 2:50.90 45.39	300m: 4:21.51 45.60	400m: 5:49.37 43.40		
32.	ANGLES OLIVE, Josep	63	Cambrils C.N.	<b>6:11.92</b>	383	383,00
	50m: 40.15 40.15	150m: 2:13.19 47.77	250m: 3:50.97 48.75	350m: 5:26.81 46.80		
	100m: 1:25.42 45.27	200m: 3:02.22 49.03	300m: 4:40.01 49.04	400m: 6:11.92 45.11		
33.	BAIGES GIRALT, Joan	64	Cambrils C.N.	<b>6:13.30</b>	379	-
	50m: 38.39 38.39	150m: 2:10.48 47.66	250m: 3:47.12 48.38	350m: 5:25.18 49.19		
	100m: 1:22.82 44.43	200m: 2:58.74 48.26	300m: 4:35.99 48.87	400m: 6:13.30 48.12		
34.	GONZALEZ VILA, Cunibert	90	C.N. Sabadell	<b>5:30.04</b>	375	375,00
	50m: 37.06 37.06	150m: 2:00.03 42.26	250m: 3:23.98 42.03	350m: 4:50.46 42.36		
	100m: 1:17.77 40.71	200m: 2:41.95 41.92	300m: 4:08.10 44.12	400m: 5:30.04 39.58		
35.	GARRIDO HERNANDEZ, Wenceslao	60	C.N. Swimfaster Salt	<b>6:15.05</b>	373	373,00
	50m: 41.92 41.92	150m: 2:16.01 47.89	250m: 3:52.63 47.69	350m: 5:28.62 47.29		
	100m: 1:28.12 46.20	200m: 3:04.94 48.93	300m: 4:41.33 48.70	400m: 6:15.05 46.43		
36.	GOMEZ MUDARRA, Francisco Alonso	88	C.N. Santa Perpetua	<b>5:48.38</b>	351	351,00
	50m: 35.90 35.90	150m: 1:59.91 43.75	250m: 3:32.74 47.12	350m: 5:05.57 45.73		
	100m: 1:16.16 40.26	200m: 2:45.62 45.71	300m: 4:19.84 47.10	400m: 5:48.38 42.81		
37.	SANELLI HERRERA, Andres	90	C.E. Panteres Grogues	<b>5:41.71</b>	338	338,00
	50m: 36.46 36.46	150m: 1:59.51 42.34	250m: 3:28.65 44.63	350m: 4:58.31 43.98		
	100m: 1:17.17 40.71	200m: 2:44.02 44.51	300m: 4:14.33 45.68	400m: 5:41.71 43.40		
38.	AGUILERA RIO, Pedro	87	C.N. Cerdanyola	<b>5:57.18</b>	326	326,00
	50m: 37.24 37.24	150m: 2:06.18 46.34	250m: 3:40.33 47.58	350m: 5:14.25 46.26		
	100m: 1:19.84 42.60	200m: 2:52.75 46.57	300m: 4:27.99 47.66	400m: 5:57.18 42.93		
39.	LUPIANEZ RIBAS, Enrique	74	C.N. Terrassa	<b>6:30.04</b>	282	282,00
	50m: 41.26 41.26	150m: 2:17.45 49.00	250m: 3:58.95 50.89	350m: 5:40.64 50.23		
	100m: 1:28.45 47.19	200m: 3:08.06 50.61	300m: 4:50.41 51.46	400m: 6:30.04 49.40		
WDR	LLOBERAS VALLS, Joaquim	76	C.N. Terrassa			-
20+						
1.	JIMENEZ FRANCO, Adrian	03	C.N. Reus Ploms	<b>4:49.31</b>	577	577,00
	50m: 30.62 30.62	150m: 1:41.82 36.65	250m: 2:56.14 37.52	350m: 4:12.15 38.04		
	100m: 1:05.17 34.55	200m: 2:18.62 36.80	300m: 3:34.11 37.97	400m: 4:49.31 37.16		
25+						
1.	SABRI AYATS, Omar	97	C.E.N. Cabrera De Mar	<b>4:52.13</b>	561	561,00
	50m: 33.26 33.26	150m: 1:45.93 37.13	250m: 3:01.48 37.62	350m: 4:16.75 37.13		
	100m: 1:08.80 35.54	200m: 2:23.86 37.93	300m: 3:39.62 38.14	400m: 4:52.13 35.38		
2.	AUNON LLORENS, Juan Manuel	96	C.D. Jerez Natacion Master	<b>4:55.27</b>	543	-
	50m: 31.28 31.28	150m: 1:43.15 36.60	250m: 2:59.16 38.25	350m: 4:16.03 38.04		
	100m: 1:06.55 35.27	200m: 2:20.91 37.76	300m: 3:37.99 38.83	400m: 4:55.27 39.24		
3.	AYALA MAESTRE, Alejandro	97	C.D. Jerez Natacion Master	<b>4:58.06</b>	528	-
	50m: 32.62 32.62	150m: 1:45.76 37.92	250m: 3:02.22 38.56	350m: 4:20.10 39.20		
	100m: 1:07.84 35.22	200m: 2:23.66 37.90	300m: 3:40.90 38.68	400m: 4:58.06 37.96		
4.	MUNTADA MARTORELL, Conrad	96	C.N. Terrassa	<b>5:01.60</b>	509	509,00
	50m: 33.32 33.32	150m: 1:46.74 37.00	250m: 3:03.42 38.10	350m: 4:22.32 39.50		
	100m: 1:09.74 36.42	200m: 2:25.32 38.58	300m: 3:42.82 39.40	400m: 5:01.60 39.28		

Piscina 50mts i cronometratge automàtic

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**Event 4, Men, 400m Freestyle, 25+**

LLoc	Nom i cognoms	Any	Club	Time	Punts IND	Punts CLUB
5.	MORALES HURTADO, Adrian	95	U.E. D'Horta	<b>5:02.39</b>	505	505,00
	50m: 31.56 31.56	150m: 1:45.65 38.05	250m: 3:03.31 39.06	350m: 4:23.43 40.40		
	100m: 1:07.60 36.04	200m: 2:24.25 38.60	300m: 3:43.03 39.72	400m: 5:02.39 38.96		
6.	MEIER MENDEZ, Brian Damian	95	Cambrils C.N.	<b>5:07.46</b>	481	481,00
	50m: 33.71 33.71	150m: 1:49.01 38.45	250m: 3:07.99 39.31	350m: 4:28.75 40.41		
	100m: 1:10.56 36.85	200m: 2:28.68 39.67	300m: 3:48.34 40.35	400m: 5:07.46 38.71		
<b>30+</b>						
1.	MORENO SANDIN, Jonatan	91	C.N. Cornellà	<b>4:35.78</b>	643	643,00
	50m: 30.52 30.52	150m: 1:39.08 34.56	250m: 2:49.65 35.31	350m: 4:01.56 35.95		
	100m: 1:04.52 34.00	200m: 2:14.34 35.26	300m: 3:25.61 35.96	400m: 4:35.78 34.22		
2.	PEREZ MERINO, Alex	93	GEIEG	<b>4:43.21</b>	594	594,00
	50m: 30.39 30.39	150m: 1:39.58 34.75	250m: 2:51.83 36.07	350m: 4:06.37 37.17		
	100m: 1:04.83 34.44	200m: 2:15.76 36.18	300m: 3:29.20 37.37	400m: 4:43.21 36.84		
3.	LOPEZ SULLER, Eduard	92	C.N. Tarraco	<b>5:15.00</b>	431	431,00
	50m: 34.73 34.73	150m: 1:53.28 40.00	250m: 3:14.41 40.60	350m: 4:36.36 40.67		
	100m: 1:13.28 38.55	200m: 2:33.81 40.53	300m: 3:55.69 41.28	400m: 5:15.00 38.64		
4.	GONZALEZ VILA, Cunibert	90	C.N. Sabadell	<b>5:30.04</b>	375	375,00
	50m: 37.06 37.06	150m: 2:00.03 42.26	250m: 3:23.98 42.03	350m: 4:50.46 42.36		
	100m: 1:17.77 40.71	200m: 2:41.95 41.92	300m: 4:08.10 44.12	400m: 5:30.04 39.58		
5.	SANELLI HERRERA, Andres	90	C.E. Panteres Grogues	<b>5:41.71</b>	338	338,00
	50m: 36.46 36.46	150m: 1:59.51 42.34	250m: 3:28.65 44.63	350m: 4:58.31 43.98		
	100m: 1:17.17 40.71	200m: 2:44.02 44.51	300m: 4:14.33 45.68	400m: 5:41.71 43.40		
<b>35+</b>						
1.	RODRIGUEZ RAMOS, Cristian	86	C.N. Swimfaster Salt	<b>4:27.41</b>	777	777,00
	50m: 30.00 30.00	150m: 1:36.26 33.07	250m: 2:44.98 34.48	350m: 3:53.85 34.60		
	100m: 1:03.19 33.19	200m: 2:10.50 34.24	300m: 3:19.25 34.27	400m: 4:27.41 33.56		
2.	GOMEZ MUDARRA, Francisco Alonso	88	C.N. Santa Perpetua	<b>5:48.38</b>	351	351,00
	50m: 35.90 35.90	150m: 1:59.91 43.75	250m: 3:32.74 47.12	350m: 5:05.57 45.73		
	100m: 1:16.16 40.26	200m: 2:45.62 45.71	300m: 4:19.84 47.10	400m: 5:48.38 42.81		
3.	AGUILERA RIO, Pedro	87	C.N. Cerdanyola	<b>5:57.18</b>	326	326,00
	50m: 37.24 37.24	150m: 2:06.18 46.34	250m: 3:40.33 47.58	350m: 5:14.25 46.26		
	100m: 1:19.84 42.60	200m: 2:52.75 46.57	300m: 4:27.99 47.66	400m: 5:57.18 42.93		
<b>40+</b>						
1.	HERRERA MARTINEZ, Francisco Jose	82	C.D. Jerez Natacion Master	<b>4:48.58</b>	625	-
	50m: 31.73 31.73	150m: 1:42.21 35.73	250m: 2:55.59 36.61	350m: 4:10.62 37.60		
	100m: 1:06.48 34.75	200m: 2:18.98 36.77	300m: 3:33.02 37.43	400m: 4:48.58 37.96		
2.	BOAZ ALEXANDER, Nur	83	C.N. Atl Barceloneta	<b>4:56.59</b>	575	575,00
	50m: 32.82 32.82	150m: 1:47.46 37.35	250m: 3:02.89 37.63	350m: 4:18.75 37.87		
	100m: 1:10.11 37.29	200m: 2:25.26 37.80	300m: 3:40.88 37.99	400m: 4:56.59 37.84		
3.	FRANCO GARCIA, Raul	83	C.N. Santa Perpetua	<b>5:03.14</b>	539	539,00
	50m: 33.75 33.75	150m: 1:50.52 38.98	250m: 3:08.15 38.50	350m: 4:25.96 38.70		
	100m: 1:11.54 37.79	200m: 2:29.65 39.13	300m: 3:47.26 39.11	400m: 5:03.14 37.18		

Piscina 50mts i cronometratge automàtic

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8/6/2024 10:56 - Page 4

Sponsor principal

Sponsors institucionals

Acreditacions



**Event 4, Men, 400m Freestyle**
**45+**

1.	SAVESCU, George	75	C.D. Jerez Natacion Master	<b>4:55.78</b>	611	-
	50m: 33.19 33.19	150m: 1:48.33 37.47	250m: 3:03.94 37.58	350m: 4:20.18 37.83		
	100m: 1:10.86 37.67	200m: 2:26.36 38.03	300m: 3:42.35 38.41	400m: 4:55.78 35.60		
2.	ORTEGA FERRE, Diego	76	CV Platja Llarga Tarragona	<b>4:59.48</b>	589	589,00
	50m: 34.31 34.31	150m: 1:50.37 38.30	250m: 3:06.73 37.96	350m: 4:23.20 37.90		
	100m: 1:12.07 37.76	200m: 2:28.77 38.40	300m: 3:45.30 38.57	400m: 4:59.48 36.28		
3.	BOVE SOLANES, Albert	78	C.N. Tarraco	<b>5:00.02</b>	586	586,00
	50m: 33.94 33.94	150m: 1:49.09 37.71	250m: 3:05.30 37.95	350m: 4:22.93 38.88		
	100m: 1:11.38 37.44	200m: 2:27.35 38.26	300m: 3:44.05 38.75	400m: 5:00.02 37.09		
4.	PONS RODRIGUEZ, Joan	77	C.N. Granollers	<b>5:01.41</b>	577	577,00
	50m: 34.17 34.17	150m: 1:50.58 38.37	250m: 3:07.42 38.66	350m: 4:24.18 38.72		
	100m: 1:12.21 38.04	200m: 2:28.76 38.18	300m: 3:45.46 38.04	400m: 5:01.41 37.23		
5.	TORRES GARCIA, Jorge	79	C.N. Tarraco	<b>5:24.77</b>	462	462,00
	50m: 35.30 35.30	150m: 1:54.49 40.09	250m: 3:17.11 41.78	350m: 4:42.71 43.08		
	100m: 1:14.40 39.10	200m: 2:35.33 40.84	300m: 3:59.63 42.52	400m: 5:24.77 42.06		

WDR LLOBERAS VALLS, Joaquim

76 C.N. Terrassa

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**50+**

1.	PIJUAN ORO, Lluís	72	C.E.N. Balaguer	<b>4:34.42</b>	811	811,00
	50m: 30.64 30.64	150m: 1:38.73 34.20	250m: 2:48.59 34.66	350m: 3:59.27 35.15		
	100m: 1:04.53 33.89	200m: 2:13.93 35.20	300m: 3:24.12 35.53	400m: 4:34.42 35.15		
2.	CABELLO VILLALONGA, Manuel	72	C.N. L'Hospitalet	<b>4:41.80</b>	749	749,00
	50m: 31.33 31.33	150m: 1:41.84 35.55	250m: 2:53.80 35.86	350m: 4:06.61 36.64		
	100m: 1:06.29 34.96	200m: 2:17.94 36.10	300m: 3:29.97 36.17	400m: 4:41.80 35.19		
3.	MATEU ADZERIAS, Oriol	70	C.N. Sabadell	<b>5:08.80</b>	569	569,00
	50m: 35.02 35.02	150m: 1:51.46 38.47	250m: 3:08.59 38.14	350m: 4:27.69 39.88		
	100m: 1:12.99 37.97	200m: 2:30.45 38.99	300m: 3:47.81 39.22	400m: 5:08.80 41.11		
4.	MUNOZ SANCHEZ, Pedro	71	C.N. Granollers	<b>5:17.85</b>	522	522,00
	50m: 38.21 38.21	150m: 1:59.70 41.01	250m: 3:21.92 40.68	350m: 4:40.34 39.07		
	100m: 1:18.69 40.48	200m: 2:41.24 41.54	300m: 4:01.27 39.35	400m: 5:17.85 37.51		
5.	CALVO GONZALEZ, Francesc Josep	73	C.N. Onades	<b>5:49.37</b>	393	393,00
	50m: 37.90 37.90	150m: 2:05.51 44.55	250m: 3:35.91 45.01	350m: 5:05.97 44.46		
	100m: 1:20.96 43.06	200m: 2:50.90 45.39	300m: 4:21.51 45.60	400m: 5:49.37 43.40		
6.	LUPIANEZ RIBAS, Enrique	74	C.N. Terrassa	<b>6:30.04</b>	282	282,00
	50m: 41.26 41.26	150m: 2:17.45 49.00	250m: 3:58.95 50.89	350m: 5:40.64 50.23		
	100m: 1:28.45 47.19	200m: 3:08.06 50.61	300m: 4:50.41 51.46	400m: 6:30.04 49.40		

**55+**

1.	ADELL LLOSAS, Joan Carles	68	Cambrils C.N.	<b>5:03.08</b>	649	649,00
	50m: 33.86 33.86	150m: 1:49.88 38.28	250m: 3:07.98 38.71	350m: 4:25.52 38.13		
	100m: 1:11.60 37.74	200m: 2:29.27 39.39	300m: 3:47.39 39.41	400m: 5:03.08 37.56		
2.	PENA PULIDO, Antonio	68	U.E. D'Horta	<b>5:11.56</b>	598	598,00
	50m: 33.61 33.61	150m: 1:49.48 38.57	250m: 3:10.35 40.78	350m: 4:31.77 40.54		
	100m: 1:10.91 37.30	200m: 2:29.57 40.09	300m: 3:51.23 40.88	400m: 5:11.56 39.79		
3.	ARRIBAS PUVILL, Albert	65	C.E. Mediterrani	<b>5:22.96</b>	536	536,00
	50m: 37.03 37.03	150m: 1:58.49 41.36	250m: 3:20.72 41.32	350m: 4:43.22 41.36		
	100m: 1:17.13 40.10	200m: 2:39.40 40.91	300m: 4:01.86 41.14	400m: 5:22.96 39.74		

Piscina 50mts i cronometratge automàtic

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**Event 4, Men, 400m Freestyle, 55+**

LLoc	Nom i cognoms	Any	Club	Time	Punts IND	Punts CLUB
4.	<b>CAPDEVILA MIRA, Javier</b>	69	C.N. Sant Adria	<b>5:28.12</b>	511	511,00
	50m: 37.20 37.20	150m: 1:58.38 41.17	250m: 3:22.15 41.29	350m: 4:46.82 42.30		
	100m: 1:17.21 40.01	200m: 2:40.86 42.48	300m: 4:04.52 42.37	400m: 5:28.12 41.30		
<b>60+</b>						
1.	<b>GOMEZ VELEZ, Rafael</b>	62	C.N. Salou	<b>5:23.52</b>	582	582,00
	50m: 35.82 35.82	150m: 1:57.38 41.47	250m: 3:19.64 40.89	350m: 4:42.28 41.55		
	100m: 1:15.91 40.09	200m: 2:38.75 41.37	300m: 4:00.73 41.09	400m: 5:23.52 41.24		
2.	<b>ANGLES OLIVE, Josep</b>	63	Cambrils C.N.	<b>6:11.92</b>	383	383,00
	50m: 40.15 40.15	150m: 2:13.19 47.77	250m: 3:50.97 48.75	350m: 5:26.81 46.80		
	100m: 1:25.42 45.27	200m: 3:02.22 49.03	300m: 4:40.01 49.04	400m: 6:11.92 45.11		
3.	<b>BAIGES GIRALT, Joan</b>	64	Cambrils C.N.	<b>6:13.30</b>	379	-
	50m: 38.39 38.39	150m: 2:10.48 47.66	250m: 3:47.12 48.38	350m: 5:25.18 49.19		
	100m: 1:22.82 44.43	200m: 2:58.74 48.26	300m: 4:35.99 48.87	400m: 6:13.30 48.12		
4.	<b>GARRIDO HERNANDEZ, Wenceslao</b>	60	C.N. Swimfaster Salt	<b>6:15.05</b>	373	373,00
	50m: 41.92 41.92	150m: 2:16.01 47.89	250m: 3:52.63 47.69	350m: 5:28.62 47.29		
	100m: 1:28.12 46.20	200m: 3:04.94 48.93	300m: 4:41.33 48.70	400m: 6:15.05 46.43		
<b>65+</b>						
1.	<b>CASTELLO AUQUE, Antoni</b>	58	C.N. Reus Ploms	<b>5:32.67</b>	581	581,00
	50m: 38.83 38.83	150m: 2:02.87 42.19	250m: 3:27.51 42.10	350m: 4:51.53 41.81		
	100m: 1:20.68 41.85	200m: 2:45.41 42.54	300m: 4:09.72 42.21	400m: 5:32.67 41.14		
<b>75+</b>						
1.	<b>FARRE GANDUXE, Josep</b>	46	C.N. Sant Andreu	<b>7:03.62</b>	422	422,00
	50m: 48.38 48.38	150m: 2:36.12 54.07	250m: 4:22.93 53.27	350m: 6:10.92 53.77		
	100m: 1:42.05 53.67	200m: 3:29.66 53.54	300m: 5:17.15 54.22	400m: 7:03.62 52.70		

Piscina 50mts i cronometratge automàtic