

Prova 26  
 28/10/2023

Fem., 400m Lliure

 Copa Catalana Femení  
 Resultats

| Classificació                   | ANY                 |                     | Temps               |       |
|---------------------------------|---------------------|---------------------|---------------------|-------|
| 1. Yegres Cottin Maria Victoria | 05                  | C.N. Barcelona      | <b>4:08.06</b>      | 16,00 |
| 25m: 13.94 13.94                | 125m: 1:16.01 15.65 | 225m: 2:18.75 15.71 | 325m: 3:22.05 15.81 |       |
| 50m: 29.28 15.34                | 150m: 1:31.71 15.70 | 250m: 2:34.59 15.84 | 350m: 3:38.00 15.95 |       |
| 75m: 44.74 15.46                | 175m: 1:47.39 15.68 | 275m: 2:50.33 15.74 | 375m: 3:53.42 15.42 |       |
| 100m: 1:00.36 15.62             | 200m: 2:03.04 15.65 | 300m: 3:06.24 15.91 | 400m: 4:08.06 14.64 |       |
| 2. Campabadal Amezcua Ainhoa    | 03                  | C.N. Sant Andreu    | <b>4:14.94</b>      | 18,00 |
| <i>1r Parcial 200L + 3</i>      |                     |                     |                     |       |
| 25m: 13.77 13.77                | 125m: 1:15.99 15.53 | 225m: 2:19.17 16.22 | 325m: 3:24.35 15.40 |       |
| 50m: 29.41 15.64                | 150m: 1:31.95 15.96 | 250m: 2:35.71 16.54 | 350m: 3:42.19 17.84 |       |
| 75m: 44.72 15.31                | 175m: 1:47.45 15.50 | 275m: 2:52.31 16.60 | 375m: 3:58.14 15.95 |       |
| 100m: 1:00.46 15.74             | 200m: 2:02.95 15.50 | 300m: 3:08.95 16.64 | 400m: 4:14.94 16.80 |       |
| 3. Ibañez Hernandez Nerea       | 99                  | C.N. Sabadell       | <b>4:18.22</b>      | 13,50 |
| 25m: 14.24 14.24                | 125m: 1:18.77 16.28 | 225m: 2:24.97 16.47 | 325m: 3:29.92 15.87 |       |
| 50m: 30.25 16.01                | 150m: 1:35.49 16.72 | 250m: 2:41.49 16.52 | 350m: 3:46.39 16.47 |       |
| 75m: 46.22 15.97                | 175m: 1:49.69 14.20 | 275m: 2:57.65 16.16 | 375m: 4:02.28 15.89 |       |
| 100m: 1:02.49 16.27             | 200m: 2:08.50 18.81 | 300m: 3:14.05 16.40 | 400m: 4:18.22 15.94 |       |
| Torrejon Gascon Xenia           | 06                  | C.N. Sant Andreu    | <b>4:18.22</b>      | 13,50 |
| 25m: 14.43 14.43                | 125m: 1:19.33 16.36 | 225m: 2:24.60 16.23 | 325m: 3:30.26 16.35 |       |
| 50m: 30.63 16.20                | 150m: 1:35.76 16.43 | 250m: 2:40.83 16.23 | 350m: 3:46.90 16.64 |       |
| 75m: 46.70 16.07                | 175m: 1:52.01 16.25 | 275m: 2:57.32 16.49 | 375m: 4:03.15 16.25 |       |
| 100m: 1:02.97 16.27             | 200m: 2:08.37 16.36 | 300m: 3:13.91 16.59 | 400m: 4:18.22 15.07 |       |
| 5. Giralt Pidemont Claudia      | 01                  | C.N. L'Hospitalet   | <b>4:21.14</b>      | 12,00 |
| 25m: 14.55 14.55                | 125m: 1:19.77 16.39 | 225m: 2:25.86 16.53 | 325m: 3:31.93 16.68 |       |
| 50m: 30.71 16.16                | 150m: 1:36.37 16.60 | 250m: 2:42.31 16.45 | 350m: 3:48.50 16.57 |       |
| 75m: 46.90 16.19                | 175m: 1:52.77 16.40 | 275m: 2:58.78 16.47 | 375m: 4:05.08 16.58 |       |
| 100m: 1:03.38 16.48             | 200m: 2:09.33 16.56 | 300m: 3:15.25 16.47 | 400m: 4:21.14 16.06 |       |
| 6. Oliveira Lara Carolina       | 07                  | C.N. Sabadell       | <b>4:22.91</b>      | 11,00 |
| 25m: 14.38 14.38                | 125m: 1:20.22 16.42 | 225m: 2:26.41 16.47 | 325m: 3:33.44 16.59 |       |
| 50m: 30.72 16.34                | 150m: 1:36.74 16.52 | 250m: 2:43.20 16.79 | 350m: 3:50.28 16.84 |       |
| 75m: 47.11 16.39                | 175m: 1:53.24 16.50 | 275m: 2:59.87 16.67 | 375m: 4:06.73 16.45 |       |
| 100m: 1:03.80 16.69             | 200m: 2:09.94 16.70 | 300m: 3:16.85 16.98 | 400m: 4:22.91 16.18 |       |
| 7. Espinosa Alvarez Aroa        | 08                  | C.N. Terrassa       | <b>4:32.48</b>      | 10,00 |
| 25m: 14.54 14.54                | 125m: 1:21.52 16.84 | 225m: 2:29.77 17.04 | 325m: 3:39.37 17.18 |       |
| 50m: 30.99 16.45                | 150m: 1:38.55 17.03 | 250m: 2:47.20 17.43 | 350m: 3:57.66 18.29 |       |
| 75m: 47.58 16.59                | 175m: 1:55.38 16.83 | 275m: 3:04.28 17.08 | 375m: 4:15.10 17.44 |       |
| 100m: 1:04.68 17.10             | 200m: 2:12.73 17.35 | 300m: 3:22.19 17.91 | 400m: 4:32.48 17.38 |       |
| 8. Varet Cano Audrey            | 06                  | C.N. L'Hospitalet   | <b>4:33.97</b>      | 9,00  |
| 25m: 14.33 14.33                | 125m: 1:22.46 17.37 | 225m: 2:32.54 17.49 | 325m: 3:42.84 17.35 |       |
| 50m: 31.00 16.67                | 150m: 1:39.94 17.48 | 250m: 2:50.32 17.78 | 350m: 4:00.55 17.71 |       |
| 75m: 47.90 16.90                | 175m: 1:57.47 17.53 | 275m: 3:07.52 17.20 | 375m: 4:17.76 17.21 |       |
| 100m: 1:05.09 17.19             | 200m: 2:15.05 17.58 | 300m: 3:25.49 17.97 | 400m: 4:33.97 16.21 |       |
| 9. Morillo Lopez Esther         | 01                  | C.N. Terrassa       | <b>4:34.34</b>      | 8,00  |
| 25m: 14.77 14.77                | 125m: 1:20.99 16.84 | 225m: 2:30.07 17.43 | 325m: 3:41.47 18.56 |       |
| 50m: 31.02 16.25                | 150m: 1:37.91 16.92 | 250m: 2:47.67 17.60 | 350m: 3:59.44 17.97 |       |
| 75m: 47.48 16.46                | 175m: 1:54.97 17.06 | 275m: 3:01.76 14.09 | 375m: 4:13.78 14.34 |       |
| 100m: 1:04.15 16.67             | 200m: 2:12.64 17.67 | 300m: 3:22.91 21.15 | 400m: 4:34.34 20.56 |       |
| 10. Delgado Garcíandia Marta    | 09                  | C.N. Mataró         | <b>4:35.47</b>      | 7,00  |
| 25m: 15.06 15.06                | 125m: 1:24.72 17.59 | 225m: 2:35.59 17.35 | 325m: 3:44.72 17.02 |       |
| 50m: 31.86 16.80                | 150m: 1:42.70 17.98 | 250m: 2:52.89 17.30 | 350m: 4:01.98 17.26 |       |
| 75m: 49.35 17.49                | 175m: 2:00.51 17.81 | 275m: 3:10.07 17.18 | 375m: 4:19.06 17.08 |       |
| 100m: 1:07.13 17.78             | 200m: 2:18.24 17.73 | 300m: 3:27.70 17.63 | 400m: 4:35.47 16.41 |       |
| 11. Arrebola Serra Aina         | 05                  | C.E. Mediterrani    | <b>4:38.71</b>      | 6,00  |
| 25m: 14.29 14.29                | 125m: 1:22.49 17.07 | 225m: 2:33.25 17.60 | 325m: 3:45.20 17.65 |       |
| 50m: 31.03 16.74                | 150m: 1:39.99 17.50 | 250m: 2:51.27 18.02 | 350m: 4:03.00 17.80 |       |
| 75m: 47.74 16.71                | 175m: 1:57.46 17.47 | 275m: 3:09.00 17.73 | 375m: 4:20.66 17.66 |       |
| 100m: 1:05.42 17.68             | 200m: 2:15.65 18.19 | 300m: 3:27.55 18.55 | 400m: 4:38.71 18.05 |       |

## Prova 26, Fem., 400m Lliure, Copa Catalana Femení

| Classificació | ANY                          |         |       |       |         |       | Temps     |                         |       |       |                |             |
|---------------|------------------------------|---------|-------|-------|---------|-------|-----------|-------------------------|-------|-------|----------------|-------------|
| <b>12.</b>    | <b>Amor Hernandez Avril</b>  |         |       |       |         |       | <b>08</b> | <b>C.E. Mediterrani</b> |       |       | <b>4:39.47</b> | <b>5,00</b> |
|               | 25m:                         | 14.81   | 14.81 | 125m: | 1:23.99 | 17.67 | 225m:     | 2:35.00                 | 17.36 | 325m: | 3:47.25        | 18.19       |
|               | 50m:                         | 31.42   | 16.61 | 150m: | 1:41.86 | 17.87 | 250m:     | 2:53.16                 | 18.16 | 350m: | 4:05.19        | 17.94       |
|               | 75m:                         | 48.58   | 17.16 | 175m: | 1:59.70 | 17.84 | 275m:     | 3:10.83                 | 17.67 | 375m: | 4:23.01        | 17.82       |
|               | 100m:                        | 1:06.32 | 17.74 | 200m: | 2:17.64 | 17.94 | 300m:     | 3:29.06                 | 18.23 | 400m: | 4:39.47        | 16.46       |
| <b>13.</b>    | <b>Prunes Arnau Jana</b>     |         |       |       |         |       | <b>07</b> | <b>C.N. Mataró</b>      |       |       | <b>4:43.14</b> | <b>4,00</b> |
|               | 25m:                         | 15.33   | 15.33 | 125m: | 1:24.73 | 17.31 | 225m:     | 2:36.50                 | 17.90 | 325m: | 3:49.35        | 18.34       |
|               | 50m:                         | 32.33   | 17.00 | 150m: | 1:42.84 | 18.11 | 250m:     | 2:54.60                 | 18.10 | 350m: | 4:07.43        | 18.08       |
|               | 75m:                         | 49.74   | 17.41 | 175m: | 2:00.83 | 17.99 | 275m:     | 3:12.77                 | 18.17 | 375m: | 4:25.70        | 18.27       |
|               | 100m:                        | 1:07.42 | 17.68 | 200m: | 2:18.60 | 17.77 | 300m:     | 3:31.01                 | 18.24 | 400m: | 4:43.14        | 17.44       |
| <b>14.</b>    | <b>Maymí Casanova Flàvia</b> |         |       |       |         |       | <b>08</b> | <b>C.N. Barcelona</b>   |       |       | <b>4:45.35</b> | <b>3,00</b> |
|               | 25m:                         | 14.46   | 14.46 | 125m: | 1:23.02 | 17.60 | 225m:     | 2:36.06                 | 18.26 | 325m: | 3:49.78        | 18.30       |
|               | 50m:                         | 31.39   | 16.93 | 150m: | 1:41.30 | 18.28 | 250m:     | 2:54.25                 | 18.19 | 350m: | 4:08.94        | 19.16       |
|               | 75m:                         | 48.03   | 16.64 | 175m: | 1:59.35 | 18.05 | 275m:     | 3:12.73                 | 18.48 | 375m: | 4:27.47        | 18.53       |
|               | 100m:                        | 1:05.42 | 17.39 | 200m: | 2:17.80 | 18.45 | 300m:     | 3:31.48                 | 18.75 | 400m: | 4:45.35        | 17.88       |
| <b>15.</b>    | <b>Benito Castelló Mar</b>   |         |       |       |         |       | <b>08</b> | <b>C.N. Lleida</b>      |       |       | <b>4:50.52</b> | <b>2,00</b> |
|               | 25m:                         | 15.52   | 15.52 | 125m: | 1:26.29 | 18.43 | 225m:     | 2:41.36                 | 19.24 | 325m: | 3:55.73        | 18.42       |
|               | 50m:                         | 32.33   | 16.81 | 150m: | 1:44.84 | 18.55 | 250m:     | 3:00.10                 | 18.74 | 350m: | 4:14.63        | 18.90       |
|               | 75m:                         | 50.02   | 17.69 | 175m: | 2:03.37 | 18.53 | 275m:     | 3:18.82                 | 18.72 | 375m: | 4:33.13        | 18.50       |
|               | 100m:                        | 1:07.86 | 17.84 | 200m: | 2:22.12 | 18.75 | 300m:     | 3:37.31                 | 18.49 | 400m: | 4:50.52        | 17.39       |
| <b>16.</b>    | <b>Cortés Banda Paula</b>    |         |       |       |         |       | <b>10</b> | <b>C.N. Lleida</b>      |       |       | <b>4:50.92</b> | <b>1,00</b> |
|               | 25m:                         | 15.85   | 15.85 | 125m: | 1:27.06 | 18.20 | 225m:     | 2:40.86                 | 18.53 | 325m: | 3:56.02        | 18.87       |
|               | 50m:                         | 32.80   | 16.95 | 150m: | 1:45.44 | 18.38 | 250m:     | 2:59.53                 | 18.67 | 350m: | 4:14.80        | 18.78       |
|               | 75m:                         | 49.00   | 16.20 | 175m: | 2:03.74 | 18.30 | 275m:     | 3:18.17                 | 18.64 | 375m: | 4:33.07        | 18.27       |
|               | 100m:                        | 1:08.86 | 19.86 | 200m: | 2:22.33 | 18.59 | 300m:     | 3:37.15                 | 18.98 | 400m: | 4:50.92        | 17.85       |