

Prova 430
 29/10/2023

 Masc., 400m Estils
 3a Divisió

 Copa Catalana Masculí
 Resultats

MMC 18	4:12.28	PUIG GARRICH ALBERT	CHARTRES (FRA)	23/11/2012
MMC 17	4:10.71	CASANOVAS SKOUBO JOAN	SABADELL	13/12/2014
MMC 16	4:18.64	CABELLO FORNS ALAN	VALENCIA	18/12/2004
MMC 15	4:20.85	CASANOVAS SKOUBO JOAN	PALMA DE MALLORCA	1/12/2012
MMC 14	4:33.87	CASANOVAS SKOUBO JOAN	MADRID	10/12/2011
MMC 13	4:48.53	Vela Obiols Roc	00064 BARCELONA	29/10/2023

Classificació

ANY

Temps 2a Divisió 3a Divisió

1.	Cabezuelo Arevalo Albert	04	C.N. Granollers	4:30.00	-	18,00		
	<i>MParcial Esq + 1 MParcial Ll + 1 </i>							
	50m: 28.32	28.32	150m: 1:35.28	35.04	250m: 2:49.10	39.01	350m: 3:59.70	31.03
	100m: 1:00.24	31.92	200m: 2:10.09	34.81	300m: 3:28.67	39.57	400m: 4:30.00	30.30
2.	Teixidó Jové Aleix	06	C.E. Inef Lleida	4:36.16	-	17,00		
	<i>MParcial Pp + 1 MParcial Br + 1 </i>							
	50m: 28.01	28.01	150m: 1:36.80	36.98	250m: 2:52.11	38.86	350m: 4:04.52	33.29
	100m: 59.82	31.81	200m: 2:13.25	36.45	300m: 3:31.23	39.12	400m: 4:36.16	31.64
3.	Carrasco Cadens Jordi	08	C.E. Inef Lleida	4:36.75	-	14,00		
	50m: 28.60	28.60	150m: 1:37.87	35.83	250m: 2:51.99	38.99	350m: 4:05.18	33.41
	100m: 1:02.04	33.44	200m: 2:13.00	35.13	300m: 3:31.77	39.78	400m: 4:36.75	31.57
4.	Matsuyama Pastor Akira	95	C.N. Premià	4:39.81	-	13,00		
	50m: 30.01	30.01	150m: 1:40.90	36.77	250m: 2:55.04	38.60	350m: 4:07.82	33.35
	100m: 1:04.13	34.12	200m: 2:16.44	35.54	300m: 3:34.47	39.43	400m: 4:39.81	31.99
5.	Blanes Frigola Aleix	04	C.N. Vilafranca	4:44.05	-	12,00		
	50m: 29.05	29.05	150m: 1:40.14	38.02	250m: 2:58.19	41.55	350m: 4:11.94	32.38
	100m: 1:02.12	33.07	200m: 2:16.64	36.50	300m: 3:39.56	41.37	400m: 4:44.05	32.11
6.	Gasol Gutierrez Biel	08	C.N. Granollers	4:53.10	-	11,00		
	50m: 30.68	30.68	150m: 1:46.17	39.85	250m: 3:05.26	40.73	350m: 4:21.62	34.23
	100m: 1:06.32	35.64	200m: 2:24.53	38.36	300m: 3:47.39	42.13	400m: 4:53.10	31.48
7.	Andres Perez Pau	03	C.N. Viladecans	4:53.83	-	10,00		
	50m: 30.62	30.62	150m: 1:45.43	38.88	250m: 3:04.08	40.84	350m: 4:19.30	34.41
	100m: 1:06.55	35.93	200m: 2:23.24	37.81	300m: 3:44.89	40.81	400m: 4:53.83	34.53
8.	Coll Garcia Guillem	06	C.N. Cornellà	4:56.63	-	9,00		
	50m: 30.16	30.16	150m: 1:45.00	38.58	250m: 3:04.55	42.12	350m: 4:22.56	35.74
	100m: 1:06.42	36.26	200m: 2:22.43	37.43	300m: 3:46.82	42.27	400m: 4:56.63	34.07
9.	Nuñez Granell Nil	08	C.N. Premià	5:04.66	-	8,00		
	50m: 32.74	32.74	150m: 1:49.06	38.04	250m: 3:09.59	44.18	350m: 4:30.41	36.54
	100m: 1:11.02	38.28	200m: 2:25.41	36.35	300m: 3:53.87	44.28	400m: 5:04.66	34.25
10.	Zaragoza Carballido Marc	00	C.N. Cornellà	5:06.31	-	7,00		
	50m: 29.09	29.09	150m: 1:41.06	38.18	250m: 3:04.50	46.15	350m: 4:29.20	38.95
	100m: 1:02.88	33.79	200m: 2:18.35	37.29	300m: 3:50.25	45.75	400m: 5:06.31	37.11
11.	Mladenov Tsvetanov Alexander	08	C.N. Vilafranca	5:06.89	-	6,00		
	50m: 30.09	30.09	150m: 1:45.18	40.13	250m: 3:09.64	45.82	350m: 4:33.20	36.07
	100m: 1:05.05	34.96	200m: 2:23.82	38.64	300m: 3:57.13	47.49	400m: 5:06.89	33.69
12.	Carballar Garcia Unai	07	C.N. Viladecans	5:13.95	-	5,00		
	50m: 29.85	29.85	150m: 1:48.00	42.81	250m: 3:14.81	45.96	350m: 4:37.55	36.52
	100m: 1:05.19	35.34	200m: 2:28.85	40.85	300m: 4:01.03	46.22	400m: 5:13.95	36.40
13.	Cantero Ortega Alejandro	07	A.N. Gramenet	5:31.80	-	4,00		
	50m: 33.58	33.58	150m: 1:56.88	43.93	250m: 3:29.20	49.95	350m: 4:56.28	37.40
	100m: 1:12.95	39.37	200m: 2:39.25	42.37	300m: 4:18.88	49.68	400m: 5:31.80	35.52
14.	Nieto Aguilar Sergio	03	A.N. Gramenet	5:34.28	-	3,00		
	50m: 30.87	30.87	150m: 1:51.54	43.70	250m: 3:23.92	48.31	350m: 4:54.57	40.73
	100m: 1:07.84	36.97	200m: 2:35.61	44.07	300m: 4:13.84	49.92	400m: 5:34.28	39.71
15.	Clotet Sanjuan Jordi	09	C.N. Manresa	5:47.63	-	2,00		
	50m: 36.89	36.89	150m: 2:05.52	43.78	250m: 3:40.00	51.42	350m: 5:10.86	38.57
	100m: 1:21.74	44.85	200m: 2:48.58	43.06	300m: 4:32.29	52.29	400m: 5:47.63	36.77

Sponsor principal

Prova 430, Masc., 400m Estils, Copa Catalana Masculí

Classificació		ANY					Temps	2a Divisió	3a Divisió			
16.	Fabregas Vallejos Gerard	09	C.N. Manresa				5:56.17	-	1,00			
	50m:	36.12	36.12	150m:	2:06.10	44.75	250m:	3:27.60	37.17	350m:	5:17.12	40.01
	100m:	1:21.35	45.23	200m:	2:50.43	44.33	300m:	4:37.11	1:09.51	400m:	5:56.17	39.05