

Prova 30

Fem., 400m Estils

Júnior femení

05/07/2025 - 12:27

Resultats

Rècord de Catalunya	4:31.21	BELMONTE GARCIA, MIREIA	BARCELONA	04/08/2013
Circuit Català de Trofeus	4:37.36	BELMONTE GARCIA, MIREIA	SABADELL	04/03/2012
Millor Marca Catalana 18	4:37.91	MIREIA, BELMONTE	PEQUÍN (CHN)	09/08/2008
Millor Marca Catalana 17	4:40.15	ZAMORANO SANZ, AFRICA	SINGAPUR	25/08/2015
Millor Marca Catalana 16	4:41.79	PAULA JUSTE, SANCHEZ	BUDAPEST (HUN)	20/08/2019

Classificació	ANY				Temps											
1. DEL RIO DECABO, Carlota	09	C.N. Granollers	5:08.11	35,00	50m:	32.80	32.80	150m:	1:49.22	40.68	250m:	3:12.79	45.02	350m:	4:35.13	35.45
					100m:	1:08.54	35.74	200m:	2:27.77	38.55	300m:	3:59.68	46.89	400m:	5:08.11	32.98
2. ESPINOSA ALVAREZ, Aroa	08	C.N. Terrassa	5:16.04	33,00	50m:	32.44	32.44	150m:	1:50.43	40.61	250m:	3:16.42	46.99	350m:	4:41.08	37.72
					100m:	1:09.82	37.38	200m:	2:29.43	39.00	300m:	4:03.36	46.94	400m:	5:16.04	34.96
3. RUBIO ARROJO, Elsa	08	C.N. Figueres	5:19.36	31,00	50m:	33.48	33.48	150m:	1:53.25	40.82	250m:	3:21.04	48.47	350m:	4:43.72	35.97
					100m:	1:12.43	38.95	200m:	2:32.57	39.32	300m:	4:07.75	46.71	400m:	5:19.36	35.64
4. COLL MARTI, Julia	07	C.N. Olot	5:20.64	29,00	50m:	34.33	34.33	150m:	1:56.68	42.46	250m:	3:23.12	45.31	350m:	4:45.54	36.49
					100m:	1:14.22	39.89	200m:	2:37.81	41.13	300m:	4:09.05	45.93	400m:	5:20.64	35.10
5. MARTIN SUSIN, Berta	08	C.E. Mediterrani	5:23.83	28,00	50m:	32.53	32.53	150m:	1:52.26	41.59	250m:	3:21.54	48.95	350m:	4:46.80	37.43
					100m:	1:10.67	38.14	200m:	2:32.59	40.33	300m:	4:09.37	47.83	400m:	5:23.83	37.03
6. PERAIRE HERRERA, Aina	09	C.N. Sabadell	5:27.35	27,00	50m:	33.75	33.75	150m:	1:56.84	43.94	250m:	3:23.27	45.86	350m:	4:48.59	39.12
					100m:	1:12.90	39.15	200m:	2:37.41	40.57	300m:	4:09.47	46.20	400m:	5:27.35	38.76
7. PEREZ GARRIDO, Claudia	09	C.N. Mataro	5:27.85	26,00	50m:	33.25	33.25	150m:	1:54.75	43.17	250m:	3:24.48	47.71	350m:	4:51.75	37.90
					100m:	1:11.58	38.33	200m:	2:36.77	42.02	300m:	4:13.85	49.37	400m:	5:27.85	36.10
8. ORTI FERNANDEZ, Ona	07	C.N. Tarraco	5:30.04	25,00	50m:	33.76	33.76	150m:	1:56.72	42.74	250m:	3:25.65	46.95	350m:	4:52.69	39.39
					100m:	1:13.98	40.22	200m:	2:38.70	41.98	300m:	4:13.30	47.65	400m:	5:30.04	37.35
9. MANGAS JIMENEZ, Claudia	08	C.N. Granollers	5:31.36	24,00	50m:	34.42	34.42	150m:	1:56.84	43.62	250m:	3:25.31	45.99	350m:	4:51.11	39.51
					100m:	1:13.22	38.80	200m:	2:39.32	42.48	300m:	4:11.60	46.29	400m:	5:31.36	40.25
10. MARTINEZ VALLS, Clara	09	C.N. Tarrega	5:34.77	23,00	50m:	35.28	35.28	150m:	1:59.43	42.66	250m:	3:30.22	49.70	350m:	4:58.74	38.94
					100m:	1:16.77	41.49	200m:	2:40.52	41.09	300m:	4:19.80	49.58	400m:	5:34.77	36.03
11. GIFREU MATILLO, Nuria	08	C.N. Olot	5:39.52	22,00	50m:	35.63	35.63	150m:	2:04.42	45.35	250m:	3:37.13	48.92	350m:	5:04.18	36.95
					100m:	1:19.07	43.44	200m:	2:48.21	43.79	300m:	4:27.23	50.10	400m:	5:39.52	35.34
12. BUSQUETS RUIZ, Martina	08	G.E. I E.G.	5:41.87	21,00	50m:	35.50	35.50	150m:	2:02.75	44.75	250m:	3:32.73	48.47	350m:	5:02.66	40.54
					100m:	1:18.00	42.50	200m:	2:44.26	41.51	300m:	4:22.12	49.39	400m:	5:41.87	39.21
13. BENITO CASTELLO, Mar	08	C.N. Lleida	5:42.75	20,00	50m:	33.44	33.44	150m:	2:03.07	48.15	250m:	3:40.68	51.96	350m:	5:08.69	35.92
					100m:	1:14.92	41.48	200m:	2:48.72	45.65	300m:	4:32.77	52.09	400m:	5:42.75	34.06
14. NARANJO VIUDEZ, Paula	07	C.N. Reus Ploms	5:43.45	19,00	50m:	32.72	32.72	150m:	1:56.31	44.21	250m:	3:31.40	50.73	350m:	5:04.97	40.32
					100m:	1:12.10	39.38	200m:	2:40.67	44.36	300m:	4:24.65	53.25	400m:	5:43.45	38.48
15. MORRI ZAFRA, Mia	09	C.N. Athletic-Barceloneta	5:44.09	18,00	50m:	34.83	34.83	150m:	2:03.03	46.49	250m:	3:34.16	46.36	350m:	5:03.55	42.22
					100m:	1:16.54	41.71	200m:	2:47.80	44.77	300m:	4:21.33	47.17	400m:	5:44.09	40.54
16. GARCIA-CONDE LLOBET, Alexia	09	C.N. Mataro	5:47.32	17,00	50m:	37.70	37.70	150m:	2:09.19	47.47	250m:	3:42.79	48.28	350m:	5:10.19	38.85
					100m:	1:21.72	44.02	200m:	2:54.51	45.32	300m:	4:31.34	48.55	400m:	5:47.32	37.13

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Classificació	ANY								Temps		
17. MIGUENS SOLIZ, Astrid Carolina	09	C.N. Vallirana						5:47.35	16,00		
50m:	35.09	35.09	150m:	2:06.61	48.04	250m:	3:40.16	47.89	350m:	5:09.83	39.46
100m:	1:18.57	43.48	200m:	2:52.27	45.66	300m:	4:30.37	50.21	400m:	5:47.35	37.52
18. TORREJON GASCON, Laia	09	C.N. Caldes						5:52.84	15,00		
50m:	38.11	38.11	150m:	2:09.51	47.95	250m:	3:41.80	48.14	350m:	5:13.82	42.96
100m:	1:21.56	43.45	200m:	2:53.66	44.15	300m:	4:30.86	49.06	400m:	5:52.84	39.02
19. INGLADA BALASCH, Blau	09	C.N. Mollerusa						5:53.32	14,00		
50m:	37.24	37.24	150m:	2:09.29	46.97	250m:	3:43.31	49.22	350m:	5:15.27	42.20
100m:	1:22.32	45.08	200m:	2:54.09	44.80	300m:	4:33.07	49.76	400m:	5:53.32	38.05
BX DIAZ ESCORIZA, Julia	09	C.N. Tortosa									-