

Prova 26
19/1/2025 - 10:26

Fem., 400m Estils

2005 i majors
Resultats

CR 5:06.66 GARCIA SANCHEZ, Mireia ESP Manresa 17/4/2021

Punts: AQUA Master 2024

Classificació ANY Temps Punts CAT

40+

1. GARCÍA SÁNCHEZ, Mireia 81 C.E. Mediterrani **5:14.71** 873
Récord Nacional Màsters

50m: 31.48 31.48 150m: 1:49.86 41.95 250m: 3:15.75 44.81 350m: 4:38.12 37.82
100m: 1:07.91 36.43 200m: 2:30.94 41.08 300m: 4:00.30 44.55 400m: 5:14.71 36.59

2. HAM-MAN ABELLA, Anna 84 C.E.N. Cabrera De Mar **5:22.84** 809

50m: 34.24 34.24 150m: 1:55.67 42.42 250m: 3:21.52 44.95 350m: 4:45.80 38.82
100m: 1:13.25 39.01 200m: 2:36.57 40.90 300m: 4:06.98 45.46 400m: 5:22.84 37.04

50+

1. VILA FORTUNY, Marta 72 C.E.N. Cabrera De Mar **6:24.01** 530

50m: 44.09 44.09 150m: 2:22.20 48.34 250m: 4:03.54 54.14 350m: 5:41.42 43.46
100m: 1:33.86 49.77 200m: 3:09.40 47.20 300m: 4:57.96 54.42 400m: 6:24.01 42.59