

Prova 29  
 05/07/2025 - 18:59

Masc., 400m Lliure

 Open  
 Resultats

Rècord de Catalunya	3:50.46	FERRAN JULIA, TOUS		Palma de Mallorca	22/06/2024
Circuit Català de Trofeus	3:51.86	DURAN NAVIA, Miguel	ESP	BARCELONA	15/02/2020
Millor Marca Catalana 18	3:53.43	VIVAS EGEA, MARC		CADIZ	28/02/2015
Millor Marca Catalana 17	3:54.42	GIL CORBACHO, MARCOS		NETAYA (ISR)	28/06/2017
Millor Marca Catalana 16	3:55.80	GIL CORBACHO, MARCOS		GZIRA (MLT)	25/06/2016

Punts: AQUA 2025

Classificació	ANY				TempEquips Ciutat Mataró								
1. JULIA TOUS, Ferran	00	C.N. Sabadell	<b>3:57.96</b>	790	35,00	50m: 27.60	27.60	150m: 1:27.36	30.05	250m: 2:28.92	30.80	350m: 3:28.90	28.83
			100m: 57.31	29.71	200m: 1:58.12	30.76	300m: 3:00.07	31.15	400m: 3:57.96	29.06			
2. PUJOL BELMONTE, Guillem	97	C.N. Mataró	<b>3:58.97</b>	781	32,00	50m: 27.85	27.85	150m: 1:28.34	30.33	250m: 2:29.66	30.72	350m: 3:29.97	29.91
			100m: 58.01	30.16	200m: 1:58.94	30.60	300m: 3:00.06	30.40	400m: 3:58.97	29.00			
3. NEVADO RUIZ, Pablo	06	C.N. Sabadell	<b>3:59.00</b>	780	30,00	50m: 27.76	27.76	150m: 1:27.93	30.42	250m: 2:29.33	30.65	350m: 3:30.30	30.02
			100m: 57.51	29.75	200m: 1:58.68	30.75	300m: 3:00.28	30.95	400m: 3:59.00	28.70			
4. PUEBLA MARTINEZ, Alejandro	02	C.N. Barcelona	<b>4:00.51</b>	766	29,00	50m: 27.99	27.99	150m: 1:28.59	30.43	250m: 2:29.78	30.64	350m: 3:31.27	30.54
			100m: 58.16	30.17	200m: 1:59.14	30.55	300m: 3:00.73	30.95	400m: 4:00.51	29.24			
5. BRICENO GONZALEZ, Raul Alberto	04	Venezuela	<b>4:02.19</b>	750	28,00	50m: 27.55	27.55	150m: 1:27.80	30.39	250m: 2:29.37	30.66	350m: 3:31.27	30.96
			100m: 57.41	29.86	200m: 1:58.71	30.91	300m: 3:00.31	30.94	400m: 4:02.19	30.92			
6. SANTIAGO BETANCOR, Raul	97	C.N. Granollers	<b>4:03.10</b>	741	27,00	50m: 29.09	29.09	150m: 1:30.77	31.10	250m: 2:32.66	30.76	350m: 3:33.79	30.59
			100m: 59.67	30.58	200m: 2:01.90	31.13	300m: 3:03.20	30.54	400m: 4:03.10	29.31			
7. ALBAYRAK, Ali Ihsan	08	Turkiye	<b>4:03.49</b>	738	26,00	50m: 27.90	27.90	150m: 1:28.80	30.60	250m: 2:30.97	31.29	350m: 3:32.91	30.90
			100m: 58.20	30.30	200m: 1:59.68	30.88	300m: 3:02.01	31.04	400m: 4:03.49	30.58			
8. JIMENEZ RISQUEZ, Alex	06	C.N. Sabadell	<b>4:04.24</b>	731	25,00	50m: 28.15	28.15	150m: 1:28.97	30.46	250m: 2:30.39	30.75	350m: 3:33.00	31.59
			100m: 58.51	30.36	200m: 1:59.64	30.67	300m: 3:01.41	31.02	400m: 4:04.24	31.24			
9. MORILLO LOPEZ, Ferran	05	C.E. Mediterrani	<b>4:04.69</b>	727	24,00	50m: 27.05	27.05	150m: 1:26.95	30.33	250m: 2:29.47	31.65	350m: 3:33.58	32.19
			100m: 56.62	29.57	200m: 1:57.82	30.87	300m: 3:01.39	31.92	400m: 4:04.69	31.11			
10. GUELL PARRAMON, Oriol	07	C.N. Banyoles	<b>4:06.08</b>	715	23,00	50m: 28.93	28.93	150m: 1:31.31	31.13	250m: 2:33.69	30.78	350m: 3:35.94	30.65
			100m: 1:00.18	31.25	200m: 2:02.91	31.60	300m: 3:05.29	31.60	400m: 4:06.08	30.14			
11. MATEO ARTACHO, Alan	09	G.E. I E.G.	<b>4:06.17</b>	714	22,00	50m: 28.53	28.53	150m: 1:30.68	31.58	250m: 2:33.36	31.38	350m: 3:36.11	30.78
			100m: 59.10	30.57	200m: 2:01.98	31.30	300m: 3:05.33	31.97	400m: 4:06.17	30.06			
12. SANCHEZ GONZALEZ, Marcos	04	C.N. Sabadell	<b>4:06.38</b>	712	-	50m: 27.75	27.75	150m: 1:28.70	30.69	250m: 2:31.43	31.51	350m: 3:35.25	31.93
			100m: 58.01	30.26	200m: 1:59.92	31.22	300m: 3:03.32	31.89	400m: 4:06.38	31.13			
13. CARRASCO CADENS, Jordi	08	C.E. Inef De Lleida	<b>4:06.93</b>	707	21,00	50m: 27.86	27.86	150m: 1:29.77	31.17	250m: 2:33.18	31.33	350m: 3:37.45	32.08
			100m: 58.60	30.74	200m: 2:01.85	32.08	300m: 3:05.37	32.19	400m: 4:06.93	29.48			
14. ESCRITS MAÑOSA, Lluís	01	C.N. Granollers	<b>4:07.17</b>	705	20,00	50m: 28.75	28.75	150m: 1:30.52	31.12	250m: 2:33.50	31.70	350m: 3:36.89	31.94
			100m: 59.40	30.65	200m: 2:01.80	31.28	300m: 3:04.95	31.45	400m: 4:07.17	30.28			
15. GASOL GUTIERREZ, Biel	08	C.N. Granollers	<b>4:08.44</b>	695	19,00	50m: 28.57	28.57	150m: 1:30.80	31.68	250m: 2:34.79	32.07	350m: 3:38.27	31.56
			100m: 59.12	30.55	200m: 2:02.72	31.92	300m: 3:06.71	31.92	400m: 4:08.44	30.17			
16. VILASECA MARTIN, Jan	07	C.N. Terrassa	<b>4:10.01</b>	682	18,00	50m: 27.77	27.77	150m: 1:30.08	31.20	250m: 2:33.78	31.98	350m: 3:38.91	32.36
			100m: 58.88	31.11	200m: 2:01.80	31.72	300m: 3:06.55	32.77	400m: 4:10.01	31.10			

## Prova 29, Masc., 400m Lliure, Open

Classificació	ANY										TempEquips Ciutat Mataró	
17.	PALAZON GALINDO, Grau		09	G.E. I E.G.						<b>4:10.51</b>	677	17,00
	50m:	28.75 28.75	150m:	1:31.76	32.18	250m:	2:36.23	32.41	350m:	3:40.27	31.72	
	100m:	59.58 30.83	200m:	2:03.82	32.06	300m:	3:08.55	32.32	400m:	4:10.51	30.24	
18.	RIERA CANELADA, Eloi		07	C.N. Banyoles						<b>4:10.60</b>	677	16,00
	50m:	28.10 28.10	150m:	1:30.66	31.90	250m:	2:35.19	32.10	350m:	3:39.57	32.22	
	100m:	58.76 30.66	200m:	2:03.09	32.43	300m:	3:07.35	32.16	400m:	4:10.60	31.03	
19.	NEVADO RUIZ, Hugo		08	C.N. Sabadell						<b>4:10.74</b>	676	-
	50m:	28.24 28.24	150m:	1:31.55	32.11	250m:	2:35.97	32.09	350m:	3:40.77	32.68	
	100m:	59.44 31.20	200m:	2:03.88	32.33	300m:	3:08.09	32.12	400m:	4:10.74	29.97	
20.	JUAREZ LIANAS, Siro		09	C.N. Sabadell						<b>4:10.79</b>	675	-
	50m:	28.88 28.88	150m:	1:31.99	31.64	250m:	2:35.60	31.58	350m:	3:40.04	32.09	
	100m:	1:00.35 31.47	200m:	2:04.02	32.03	300m:	3:07.95	32.35	400m:	4:10.79	30.75	
21.	VILLA RODRIGUEZ, Pau		04	C.N. Sant Andreu						<b>4:11.29</b>	671	15,00
	50m:	28.40 28.40	150m:	1:30.38	31.03	250m:	2:34.40	32.20	350m:	3:39.50	32.60	
	100m:	59.35 30.95	200m:	2:02.20	31.82	300m:	3:06.90	32.50	400m:	4:11.29	31.79	
22.	PLANAS VILAGRAN, Blai		07	C.N. Banyoles						<b>4:12.18</b>	664	14,00
	50m:	28.83 28.83	150m:	1:31.95	32.19	250m:	2:36.83	32.72	350m:	3:41.72	32.44	
	100m:	59.76 30.93	200m:	2:04.11	32.16	300m:	3:09.28	32.45	400m:	4:12.18	30.46	
23.	CORDOBA MARTOS, Cristian		09	C.N. Sabadell						<b>4:13.20</b>	656	-
	50m:	28.28 28.28	150m:	1:32.13	32.40	250m:	2:36.89	31.74	350m:	3:42.40	32.83	
	100m:	59.73 31.45	200m:	2:05.15	33.02	300m:	3:09.57	32.68	400m:	4:13.20	30.80	
24.	ROURA CLEMENTE, Marc		07	G.E. I E.G.						<b>4:13.49</b>	654	13,00
	50m:	29.41 29.41	150m:	1:33.00	32.12	250m:	2:38.25	32.58	350m:	3:42.87	32.29	
	100m:	1:00.88 31.47	200m:	2:05.67	32.67	300m:	3:10.58	32.33	400m:	4:13.49	30.62	
25.	OLIVER SAGUE, Aniol		08	C.N. Figueres						<b>4:15.03</b>	642	12,00
	50m:	29.37 29.37	150m:	1:33.34	32.55	250m:	2:38.79	32.88	350m:	3:44.68	32.69	
	100m:	1:00.79 31.42	200m:	2:05.91	32.57	300m:	3:11.99	33.20	400m:	4:15.03	30.35	
26.	MORENO HERNANDEZ, Aritz		07	Fed. Andorrana						<b>4:15.28</b>	640	11,00
	50m:	29.45 29.45	150m:	1:33.86	32.28	250m:	2:39.81	33.06	350m:	3:44.44	32.06	
	100m:	1:01.58 32.13	200m:	2:06.75	32.89	300m:	3:12.38	32.57	400m:	4:15.28	30.84	
27.	CORONA EDO, Xavi		09	C.N. Sabadell						<b>4:15.60</b>	638	-
	50m:	28.78 28.78	150m:	1:33.64	32.67	250m:	2:39.35	32.52	350m:	3:44.26	32.21	
	100m:	1:00.97 32.19	200m:	2:06.83	33.19	300m:	3:12.05	32.70	400m:	4:15.60	31.34	
28.	SEGARRA MONTERO, Arnau		07	Fed. Andorrana						<b>4:15.83</b>	636	10,00
	50m:	29.58 29.58	150m:	1:34.25	32.60	250m:	2:38.66	32.00	350m:	3:43.85	32.46	
	100m:	1:01.65 32.07	200m:	2:06.66	32.41	300m:	3:11.39	32.73	400m:	4:15.83	31.98	
29.	FERRI BLANC, Oriol		05	C.N. Barcelona						<b>4:16.03</b>	635	9,00
	50m:	28.51 28.51	150m:	1:31.67	32.09	250m:	2:36.96	32.62	350m:	3:43.50	32.94	
	100m:	59.58 31.07	200m:	2:04.34	32.67	300m:	3:10.56	33.60	400m:	4:16.03	32.53	
30.	FERNANDEZ SIMO, Eric		05	C.N. Granollers						<b>4:16.25</b>	633	-
	50m:	29.49 29.49	150m:	1:33.75	32.63	250m:	2:39.98	32.65	350m:	3:45.14	32.03	
	100m:	1:01.12 31.63	200m:	2:07.33	33.58	300m:	3:13.11	33.13	400m:	4:16.25	31.11	
31.	HERNANDEZ DOMINGUEZ, Alexander		09	C.N. Terrassa						<b>4:16.44</b>	632	8,00
	50m:	28.62 28.62	150m:	1:32.40	32.50	250m:	2:37.64	32.43	350m:	3:43.99	33.28	
	100m:	59.90 31.28	200m:	2:05.21	32.81	300m:	3:10.71	33.07	400m:	4:16.44	32.45	
32.	YAHYIOUI JAGUININE, Othman		08	C.N. Reus Ploms						<b>4:16.73</b>	629	7,00
	50m:	29.06 29.06	150m:	1:33.43	32.23	250m:	2:39.08	32.92	350m:	3:44.80	32.83	
	100m:	1:01.20 32.14	200m:	2:06.16	32.73	300m:	3:11.97	32.89	400m:	4:16.73	31.93	
33.	RIERA GARCIA, Pablo		04	C.E.N. Cabrera De Mar						<b>4:16.98</b>	628	6,00
	50m:	29.03 29.03	150m:	1:33.05	32.32	250m:	2:38.66	32.80	350m:	3:44.65	32.47	
	100m:	1:00.73 31.70	200m:	2:05.86	32.81	300m:	3:12.18	33.52	400m:	4:16.98	32.33	
34.	CHAVES GUARDIA, David		98	C.N. Mataro						<b>4:17.76</b>	622	5,00
	50m:	29.09 29.09	150m:	1:33.33	32.44	250m:	2:39.95	33.27	350m:	3:46.84	32.93	
	100m:	1:00.89 31.80	200m:	2:06.68	33.35	300m:	3:13.91	33.96	400m:	4:17.76	30.92	

## Prova 29, Masc., 400m Lliure, Open

Classificació	ANY										TempEquips Ciutat Mataró										
35.	REDONDO SORIA, Iker	06	C.N. Granollers	<b>4:18.36</b>	618	-	50m:	30.56	30.56	150m:	1:35.23	32.08	250m:	2:40.01	32.40	350m:	3:46.36	32.78	400m:	4:18.36	32.00
							100m:	1:03.15	32.59	200m:	2:07.61	32.38	300m:	3:13.58	33.57						
36.	ROURA CLEMENTE, Gerard	01	G.E. I E.G.	<b>4:18.42</b>	617	-	50m:	29.59	29.59	150m:	1:35.62	33.26	250m:	2:41.45	32.68	350m:	3:47.33	32.72	400m:	4:18.42	31.09
							100m:	1:02.36	32.77	200m:	2:08.77	33.15	300m:	3:14.61	33.16						
37.	ARNAU LINARES, Joel	09	C.N. Terrassa	<b>4:18.43</b>	617	4,00	50m:	28.99	28.99	150m:	1:34.61	33.23	250m:	2:41.07	33.10	350m:	3:46.93	32.71	400m:	4:18.43	31.50
							100m:	1:01.38	32.39	200m:	2:07.97	33.36	300m:	3:14.22	33.15						
38.	RODRIGO LOPEZ, Guillem	08	C.N. Mataro	<b>4:18.62</b>	616	3,00	50m:	29.10	29.10	150m:	1:33.65	32.65	250m:	2:39.81	32.97	350m:	3:46.25	33.40	400m:	4:18.62	32.37
							100m:	1:01.00	31.90	200m:	2:06.84	33.19	300m:	3:12.85	33.04						
39.	ALI, Karim	06	Shooting	<b>4:18.79</b>	614	2,00	50m:	28.80	28.80	150m:	1:32.87	32.77	250m:	2:39.62	33.71	350m:	3:46.82	33.60	400m:	4:18.79	31.97
							100m:	1:00.10	31.30	200m:	2:05.91	33.04	300m:	3:13.22	33.60						
40.	VENDRELL GARCIA, Jose	03	C.N. Lleida	<b>4:18.82</b>	614	1,00	50m:	28.96	28.96	150m:	1:33.24	32.47	250m:	2:38.94	32.94	350m:	3:46.61	34.07	400m:	4:18.82	32.21
							100m:	1:00.77	31.81	200m:	2:06.00	32.76	300m:	3:12.54	33.60						
41.	GALLEN SABATER, Albert	05	C.E. Mediterrani	<b>4:18.99</b>	613	-	50m:	28.72	28.72	150m:	1:32.46	32.37	250m:	2:38.23	33.32	350m:	3:45.71	34.15	400m:	4:18.99	33.28
							100m:	1:00.09	31.37	200m:	2:04.91	32.45	300m:	3:11.56	33.33						
42.	DE LA MORA AVENI, Marc	09	C.N. VIC-Etb	<b>4:19.02</b>	613	-	50m:	29.12	29.12	150m:	1:34.69	32.99	250m:	2:40.70	32.25	350m:	3:46.62	32.86	400m:	4:19.02	32.40
							100m:	1:01.70	32.58	200m:	2:08.45	33.76	300m:	3:13.76	33.06						
43.	DE LA CRUZ GARCIA, Didac	07	C.N. Sant Andreu	<b>4:19.29</b>	611	-	50m:	28.76	28.76	150m:	1:34.49	33.22	250m:	2:41.65	33.67	350m:	3:48.11	32.85	400m:	4:19.29	31.18
							100m:	1:01.27	32.51	200m:	2:07.98	33.49	300m:	3:15.26	33.61						
44.	FARRE CORTADA, Joel	08	C.E.N.Balaguer	<b>4:19.40</b>	610	-	50m:	28.80	28.80	150m:	1:32.54	32.16	250m:	2:38.56	33.11	350m:	3:46.72	33.94	400m:	4:19.40	32.68
							100m:	1:00.38	31.58	200m:	2:05.45	32.91	300m:	3:12.78	34.22						
45.	ANGELONE LOPEZ, Fausto	07	C.N. Sabadell	<b>4:20.07</b>	605	-	50m:	29.11	29.11	150m:	1:34.07	32.99	250m:	2:40.31	33.37	350m:	3:47.16	33.56	400m:	4:20.07	32.91
							100m:	1:01.08	31.97	200m:	2:06.94	32.87	300m:	3:13.60	33.29						
46.	CARDEÑAS BONJORN, Marti	09	C.N. Sabadell	<b>4:20.83</b>	600	-	50m:	29.09	29.09	150m:	1:35.29	33.65	250m:	2:41.93	33.30	350m:	3:48.86	33.54	400m:	4:20.83	31.97
							100m:	1:01.64	32.55	200m:	2:08.63	33.34	300m:	3:15.32	33.39						
47.	TAMER, Ahmed	07	Shooting	<b>4:21.02</b>	599	-	50m:	29.90	29.90	150m:	1:34.81	32.79	250m:	2:41.79	33.78	350m:	3:48.87	33.48	400m:	4:21.02	32.15
							100m:	1:02.02	32.12	200m:	2:08.01	33.20	300m:	3:15.39	33.60						
48.	RODOREDA CONGOST, Pau	07	C.N. Banyoles	<b>4:22.71</b>	587	-	50m:	29.22	29.22	150m:	1:35.49	33.66	250m:	2:43.04	33.20	350m:	3:51.07	34.36	400m:	4:22.71	31.64
							100m:	1:01.83	32.61	200m:	2:09.84	34.35	300m:	3:16.71	33.67						
49.	GARETA CASAS, Pol	98	C.N. Athletic-Barceloneta	<b>4:23.39</b>	583	-	50m:	29.42	29.42	150m:	1:34.17	33.11	250m:	2:40.53	33.39	350m:	3:49.59	35.05	400m:	4:23.39	33.80
							100m:	1:01.06	31.64	200m:	2:07.14	32.97	300m:	3:14.54	34.01						
50.	CARDONA CODINA, Marc	07	C.N. Centelles	<b>4:23.98</b>	579	-	50m:	30.11	30.11	150m:	1:36.73	33.75	250m:	2:44.61	34.07	350m:	3:51.54	33.41	400m:	4:23.98	32.44
							100m:	1:02.98	32.87	200m:	2:10.54	33.81	300m:	3:18.13	33.52						
51.	OLIVEIRA LARA, Aran	09	C.N. Sabadell	<b>4:24.38</b>	576	-	50m:	29.92	29.92	150m:	1:36.59	33.43	250m:	2:43.83	33.66	350m:	3:51.25	33.42	400m:	4:24.38	33.13
							100m:	1:03.16	33.24	200m:	2:10.17	33.58	300m:	3:17.83	34.00						
52.	MARTINEZ QUINTERO, Cesar Alfonso	05	C.N. Barcelona	<b>4:25.33</b>	570	-	50m:	29.42	29.42	150m:	1:34.73	32.95	250m:	2:41.37	33.37	350m:	3:50.40	34.71	400m:	4:25.33	34.93
							100m:	1:01.78	32.36	200m:	2:08.00	33.27	300m:	3:15.69	34.32						

## Prova 29, Masc., 400m Lliure, Open

Classificació	ANY		TempEquips Ciutat Mataró										
53. GHIA ROIG, Ferran	08	C.N. Mataro	<b>4:26.58</b>	562	-	50m: 30.38	30.38	150m: 1:37.64	34.15	250m: 2:45.85	34.08	350m: 3:53.61	33.47
			100m: 1:03.49	33.11	200m: 2:11.77	34.13	300m: 3:20.14	34.29	400m: 4:26.58	32.97			
54. SAMBRUNO SAEZ, Fabio	09	C.N. Granollers	<b>4:26.92</b>	560	-	50m: 30.36	30.36	150m: 1:36.17	33.18	250m: 2:43.82	33.93	350m: 3:52.36	34.39
			100m: 1:02.99	32.63	200m: 2:09.89	33.72	300m: 3:17.97	34.15	400m: 4:26.92	34.56			
55. SANCHEZ MARCHAN, Joan	09	C.N. L' Hospitalet	<b>4:27.20</b>	558	-	50m: 30.86	30.86	150m: 1:38.61	33.92	250m: 2:46.50	33.96	350m: 3:55.02	34.09
			100m: 1:04.69	33.83	200m: 2:12.54	33.93	300m: 3:20.93	34.43	400m: 4:27.20	32.18			
56. NELLIS, Leo	10	3MUC Natation	<b>4:27.31</b>	558	-	50m: 29.82	29.82	150m: 1:36.31	33.70	250m: 2:44.84	34.08	350m: 3:54.74	34.93
			100m: 1:02.61	32.79	200m: 2:10.76	34.45	300m: 3:19.81	34.97	400m: 4:27.31	32.57			
57. LOPEZ ALCALA, Marti	07	C.N. Cornellà	<b>4:27.34</b>	557	-	50m: 29.42	29.42	150m: 1:35.92	33.69	250m: 2:44.79	34.44	350m: 3:53.46	34.13
			100m: 1:02.23	32.81	200m: 2:10.35	34.43	300m: 3:19.33	34.54	400m: 4:27.34	33.88			
58. CRUZ ALCANTARA, Gael	09	C.N. L' Hospitalet	<b>4:27.38</b>	557	-	50m: 29.76	29.76	150m: 1:37.34	33.83	250m: 2:45.91	34.10	350m: 3:54.73	34.71
			100m: 1:03.51	33.75	200m: 2:11.81	34.47	300m: 3:20.02	34.11	400m: 4:27.38	32.65			
59. MATEOS TICAS, Mario	08	C.N. Mataro	<b>4:27.73</b>	555	-	50m: 30.45	30.45	150m: 1:40.34	35.11	250m: 2:49.44	34.15	350m: 3:57.50	33.27
			100m: 1:05.23	34.78	200m: 2:15.29	34.95	300m: 3:24.23	34.79	400m: 4:27.73	30.23			
60. SERRA RIBAS, Biel	07	C.N. Banyoles	<b>4:28.21</b>	552	-	50m: 29.51	29.51	150m: 1:36.40	33.68	250m: 2:45.06	34.59	350m: 3:54.89	34.80
			100m: 1:02.72	33.21	200m: 2:10.47	34.07	300m: 3:20.09	35.03	400m: 4:28.21	33.32			
61. HERRERO CASTELLANOS, Unai	09	C.N. Sabadell	<b>4:28.71</b>	549	-	50m: 30.18	30.18	150m: 1:37.32	34.27	250m: 2:46.32	35.15	350m: 3:55.33	35.05
			100m: 1:03.05	32.87	200m: 2:11.17	33.85	300m: 3:20.28	33.96	400m: 4:28.71	33.38			
62. HUGUET PINO, Daniel	09	C.N. Premià	<b>4:29.57</b>	544	-	50m: 28.93	28.93	150m: 1:35.07	33.72	250m: 2:45.24	35.12	350m: 3:56.51	34.40
			100m: 1:01.35	32.42	200m: 2:10.12	35.05	300m: 3:22.11	36.87	400m: 4:29.57	33.06			
63. GARCIA MARTIN, Mario	09	C.N. L' Hospitalet	<b>4:29.80</b>	542	-	50m: 29.73	29.73	200m: 2:11.38	34.77	300m: 3:21.86	35.51	400m: 4:29.80	33.27
			150m: 1:36.61	1:06.88	250m: 2:46.35	34.97	350m: 3:56.53	34.67					
64. MUÑOYERRO GUEVARA, Joan	09	C.E.N. Cabrera De Mar	<b>4:29.90</b>	542	-	50m: 30.01	30.01	150m: 1:36.92	33.88	250m: 2:46.28	34.87	350m: 3:56.38	34.91
			100m: 1:03.04	33.03	200m: 2:11.41	34.49	300m: 3:21.47	35.19	400m: 4:29.90	33.52			
65. RANEA VILA, Roger	06	C.N. VIC-Etb	<b>4:29.92</b>	541	-	50m: 30.75	30.75	150m: 1:38.36	34.18	250m: 2:46.50	33.34	350m: 3:55.70	35.17
			100m: 1:04.18	33.43	200m: 2:13.16	34.80	300m: 3:20.53	34.03	400m: 4:29.92	34.22			
66. BASANTA MORALES, Gael	09	C.N. Sant Feliu	<b>4:30.04</b>	541	-	50m: 31.19	31.19	150m: 1:40.22	35.08	250m: 2:49.81	34.44	350m: 3:58.34	33.53
			100m: 1:05.14	33.95	200m: 2:15.37	35.15	300m: 3:24.81	35.00	400m: 4:30.04	31.70			
67. TEIXIDO JOVE, Damia	08	C.E. Inef De Lleida	<b>4:30.36</b>	539	-	50m: 29.72	29.72	150m: 1:37.54	34.70	250m: 2:48.99	35.61	350m: 3:59.18	34.62
			100m: 1:02.84	33.12	200m: 2:13.38	35.84	300m: 3:24.56	35.57	400m: 4:30.36	31.18			
68. MARTIN MUÑOZ, Aitor	09	C.N. Badia	<b>4:30.47</b>	538	-	50m: 30.81	30.81	150m: 1:38.98	34.61	250m: 2:48.82	34.86	350m: 3:58.08	34.51
			100m: 1:04.37	33.56	200m: 2:13.96	34.98	300m: 3:23.57	34.75	400m: 4:30.47	32.39			
69. BICOK ALIMPIC, Ivo	06	C.N. Athletic-Barceloneta	<b>4:31.05</b>	535	-	50m: 29.98	29.98	150m: 1:37.46	34.09	250m: 2:47.46	35.20	350m: 3:57.76	35.06
			100m: 1:03.37	33.39	200m: 2:12.26	34.80	300m: 3:22.70	35.24	400m: 4:31.05	33.29			
70. TAPIAS MARTINEZ, Alejandro	10	C.N. Cerdanyola	<b>4:31.29</b>	533	-	50m: 29.39	29.39	150m: 1:36.55	34.41	250m: 2:46.76	35.18	350m: 3:57.75	35.62
			100m: 1:02.14	32.75	200m: 2:11.58	35.03	300m: 3:22.13	35.37	400m: 4:31.29	33.54			

## Prova 29, Masc., 400m Lliure, Open

Classificació	ANY								TempEquips Ciutat Mataró	
71.	SALLENT ARRANZ, Eric		03	C.N. Athletic-Barceloneta				<b>4:31.30</b>	533	-
	50m:	30.25 30.25	150m:	1:37.80 34.28	250m:	2:46.70 34.49	350m:	3:56.29 34.97		
	100m:	1:03.52 33.27	200m:	2:12.21 34.41	300m:	3:21.32 34.62	400m:	4:31.30 35.01		
72.	SANCHEZ HURTADO, Eric		08	C.N. L' Hospitalet				<b>4:32.17</b>	528	-
	50m:	31.38 31.38	150m:	1:39.90 34.20	250m:	2:48.75 34.01	350m:	3:57.86 34.44		
	100m:	1:05.70 34.32	200m:	2:14.74 34.84	300m:	3:23.42 34.67	400m:	4:32.17 34.31		
73.	ARRUGA MORENO, Alvaro		06	C.N. Igualada				<b>4:33.10</b>	523	-
	50m:	29.88 29.88	150m:	1:36.95 34.43	250m:	2:47.54 36.10	350m:	3:59.00 35.91		
	100m:	1:02.52 32.64	200m:	2:11.44 34.49	300m:	3:23.09 35.55	400m:	4:33.10 34.10		
74.	MONTIA GARCIA, Roger		08	C.N. VIC-Etb				<b>4:34.40</b>	515	-
	50m:	28.25 28.25	150m:	1:35.71 34.99	250m:	2:46.17 35.87	350m:	3:58.22 35.69		
	100m:	1:00.72 32.47	200m:	2:10.30 34.59	300m:	3:22.53 36.36	400m:	4:34.40 36.18		
75.	CHIVA REGALADO, Jaume		08	C.N. Athletic-Barceloneta				<b>4:35.22</b>	511	-
	50m:	29.81 29.81	150m:	1:36.81 33.90	250m:	2:46.67 35.29	350m:	3:58.85 36.12		
	100m:	1:02.91 33.10	200m:	2:11.38 34.57	300m:	3:22.73 36.06	400m:	4:35.22 36.37		
76.	ARCE MARIN, Manuel		09	C.N. Athletic-Barceloneta				<b>4:35.34</b>	510	-
	50m:	31.89 31.89	150m:	1:40.83 34.25	250m:	2:51.21 35.00	350m:	4:01.45 35.00		
	100m:	1:06.58 34.69	200m:	2:16.21 35.38	300m:	3:26.45 35.24	400m:	4:35.34 33.89		
77.	REIXACH AYATS, Isaac		09	C.N. Banyoles				<b>4:35.63</b>	508	-
	50m:	31.28 31.28	150m:	1:40.49 35.11	250m:	2:50.80 34.68	350m:	4:02.39 36.17		
	100m:	1:05.38 34.10	200m:	2:16.12 35.63	300m:	3:26.22 35.42	400m:	4:35.63 33.24		
	GIL CERDAN, Gonzalo		09	C.N. Mataro				<b>4:35.63</b>	508	-
	50m:	30.96 30.96	150m:	1:40.56 35.48	250m:	2:50.06 33.88	350m:	4:01.23 35.72		
	100m:	1:05.08 34.12	200m:	2:16.18 35.62	300m:	3:25.51 35.45	400m:	4:35.63 34.40		
79.	TRIBULIETX SANCHEZ, Pol		08	C.N. Premia				<b>4:36.24</b>	505	-
	50m:	31.12 31.12	150m:	1:40.63 35.16	250m:	2:51.09 35.37	350m:	4:02.58 35.90		
	100m:	1:05.47 34.35	200m:	2:15.72 35.09	300m:	3:26.68 35.59	400m:	4:36.24 33.66		
80.	YUZEN, Ali		09	C.N. Sabadell				<b>4:36.89</b>	502	-
	50m:	31.29 31.29	150m:	1:40.22 34.82	250m:	2:51.09 35.80	350m:	4:02.75 35.96		
	100m:	1:05.40 34.11	200m:	2:15.29 35.07	300m:	3:26.79 35.70	400m:	4:36.89 34.14		
81.	LANA GOMEZ, Marc		05	C.N. Sant Feliu				<b>4:42.01</b>	475	-
	50m:	30.87 30.87	150m:	1:38.97 34.51	250m:	2:50.90 36.13	350m:	4:05.00 37.16		
	100m:	1:04.46 33.59	200m:	2:14.77 35.80	300m:	3:27.84 36.94	400m:	4:42.01 37.01		
82.	BARCELO RUIZ, Ian		08	C.N. Viladecans				<b>4:49.62</b>	438	-
	50m:	31.87 31.87	150m:	1:43.42 36.42	250m:	2:58.03 37.12	350m:	4:14.10 38.31		
	100m:	1:07.00 35.13	200m:	2:20.91 37.49	300m:	3:35.79 37.76	400m:	4:49.62 35.52		
83.	KARIM JERRAR, Wadie		09	C.N. Tarraco				<b>4:50.34</b>	435	-
	50m:	30.56 30.56	150m:	1:41.71 36.59	250m:	2:56.39 37.28	350m:	4:12.40 37.72		
	100m:	1:05.12 34.56	200m:	2:19.11 37.40	300m:	3:34.68 38.29	400m:	4:50.34 37.94		
BX	MUÑOZ OLIVERA, Leo		08	C.N. Sant Boi						-
BX	IBAÑEZ PINA, Nil		03	C.N. Athletic-Barceloneta						-
BX	CASALS MAS, Eric		06	C.N. VIC-Etb						-