

Prova 40

Fem., 400m Lliure

Open

06/07/2025 - 18:52

Resultats

Rècord de Catalunya	4:03.84	BELMONTE GARCIA, MIREIA	PALMA DE MALLORCA	13/04/2014
Circuit Català de Trofeus	4:06.94	BALMY, CORALIE	SABADELL	22/03/2014
Millor Marca Catalana 18	4:12.80	CLÀUDIA, DASCA	MÀLAGA	29/03/2012
Millor Marca Catalana 17	4:12.40	JUSTE SANCHEZ, Paula	CASTELLO	05/12/2020
Millor Marca Catalana 16	4:10.72	JUSTE SANCHEZ, Psuls	BUDAPEST	23/08/2019

Punts: AQUA 2025

Classificació	ANY										TempEquips Ciutat Mataró				
1.	YEGRES COTTIN, Maria Victoria	05	C.N. Barcelona	<b>4:16.27</b>	774	35,00									
	50m: 28.83 28.83	150m: 1:33.04	32.49	250m: 2:38.45	33.02	350m: 3:44.55	33.06	100m: 1:00.55	31.72	200m: 2:05.43	32.39	300m: 3:11.49	33.04	400m: 4:16.27	31.72
2.	CARMONA VILLAPLANA, Marta	05	C.N. Barcelona	<b>4:23.97</b>	708	32,00									
	50m: 31.22 31.22	150m: 1:38.18	33.91	250m: 2:45.11	33.12	350m: 3:51.87	33.36	100m: 1:04.27	33.05	200m: 2:11.99	33.81	300m: 3:18.51	33.40	400m: 4:23.97	32.10
3.	DEL RIO DECABO, Carlota	09	C.N. Granollers	<b>4:24.98</b>	700	30,00									
	50m: 31.38 31.38	150m: 1:38.25	33.97	250m: 2:45.69	33.70	350m: 3:52.73	33.57	100m: 1:04.28	32.90	200m: 2:11.99	33.74	300m: 3:19.16	33.47	400m: 4:24.98	32.25
4.	GENDARIMI, Alessandra Liviana	08	C.N. Barcelona	<b>4:28.67</b>	672	29,00									
	50m: 30.36 30.36	150m: 1:37.16	34.02	250m: 2:46.08	34.48	350m: 3:55.11	34.46	100m: 1:03.14	32.78	200m: 2:11.60	34.44	300m: 3:20.65	34.57	400m: 4:28.67	33.56
5.	LLORACH FUSTES, Martina	08	C.N. Igualada	<b>4:30.57</b>	658	28,00									
	50m: 31.55 31.55	150m: 1:38.64	33.50	250m: 2:46.98	34.28	350m: 3:56.61	35.12	100m: 1:05.14	33.59	200m: 2:12.70	34.06	300m: 3:21.49	34.51	400m: 4:30.57	33.96
6.	GRESELY SALETA, Victoria	09	C.N. Mataró	<b>4:36.22</b>	618	27,00									
	50m: 31.25 31.25	150m: 1:40.63	35.18	250m: 2:51.91	35.68	350m: 4:02.54	34.84	100m: 1:05.45	34.20	200m: 2:16.23	35.60	300m: 3:27.70	35.79	400m: 4:36.22	33.68
7.	DE MIGUEL GOMEZ, Ona	09	C.N. Sabadell	<b>4:36.27</b>	618	26,00									
	50m: 31.74 31.74	150m: 1:41.48	35.71	250m: 2:52.20	35.27	350m: 4:02.72	35.05	100m: 1:05.77	34.03	200m: 2:16.93	35.45	300m: 3:27.67	35.47	400m: 4:36.27	33.55
8.	COLL MARTI, Julia	07	C.N. Olot	<b>4:38.21</b>	605	25,00									
	50m: 31.60 31.60	150m: 1:42.21	35.72	250m: 2:53.05	35.42	350m: 4:03.26	35.48	100m: 1:06.49	34.89	200m: 2:17.63	35.42	300m: 3:27.78	34.73	400m: 4:38.21	34.95
9.	VARET CANO, Audrey	06	C.N. Granollers	<b>4:38.87</b>	601	24,00									
	50m: 32.43 32.43	150m: 1:42.82	35.53	250m: 2:53.84	35.45	350m: 4:04.40	35.07	100m: 1:07.29	34.86	200m: 2:18.39	35.57	300m: 3:29.33	35.49	400m: 4:38.87	34.47
10.	RODRIGUEZ BOSCH, Laura	08	C.N. Banyoles	<b>4:38.98</b>	600	23,00									
	50m: 31.83 31.83	150m: 1:41.18	35.06	250m: 2:51.90	35.45	350m: 4:03.66	35.89	100m: 1:06.12	34.29	200m: 2:16.45	35.27	300m: 3:27.77	35.87	400m: 4:38.98	35.32
11.	ROCA FORTUNY, Marina	05	C.N. Barcelona	<b>4:42.11</b>	580	-									
	50m: 31.55 31.55	150m: 1:41.51	34.96	250m: 2:53.09	35.68	350m: 4:05.53	36.28	100m: 1:06.55	35.00	200m: 2:17.41	35.90	300m: 3:29.25	36.16	400m: 4:42.11	36.58
12.	GIFREU MATILLO, Nuria	08	C.N. Olot	<b>4:42.40</b>	579	22,00									
	50m: 31.75 31.75	150m: 1:42.90	36.05	250m: 2:55.48	36.17	350m: 4:07.73	35.92	100m: 1:06.85	35.10	200m: 2:19.31	36.41	300m: 3:31.81	36.33	400m: 4:42.40	34.67
13.	RODRIGUEZ SANTAULARIA, Laura	02	C.N. Barcelona	<b>4:42.42</b>	578	-									
	50m: 32.27 32.27	150m: 1:43.99	35.95	250m: 2:55.77	35.63	350m: 4:07.76	35.68	100m: 1:08.04	35.77	200m: 2:20.14	36.15	300m: 3:32.08	36.31	400m: 4:42.42	34.66
14.	CRESPO CAMBON, Maria	08	C.N. Sant Andreu	<b>4:44.24</b>	567	21,00									
	50m: 31.98 31.98	150m: 1:43.12	36.17	250m: 2:55.75	36.42	350m: 4:08.87	36.72	100m: 1:06.95	34.97	200m: 2:19.33	36.21	300m: 3:32.15	36.40	400m: 4:44.24	35.37
15.	PEREZ CASANOVA, Joana	09	C.N. Amposta	<b>4:46.76</b>	553	20,00									
	100m: 1:08.37 1:08.37	200m: 2:21.64	1:13.27	300m: 3:35.63	1:13.99	400m: 4:46.76	1:11.13								
16.	EZPELETA BOFILL, Paula	04	C.E. Mediterrani	<b>4:46.88</b>	552	19,00									
	50m: 32.28 32.28	150m: 1:43.83	36.07	250m: 2:56.35	36.06	350m: 4:10.20	37.27	100m: 1:07.76	35.48	200m: 2:20.29	36.46	300m: 3:32.93	36.58	400m: 4:46.88	36.68

## Prova 40, Fem., 400m Lliure, Open

Classificació	ANY								TempEquips Ciutat Mataró	
17.	COLOM ESCOTS, Carlotta		06	C.N. Barcelona				<b>4:47.50</b>	548	-
	50m:	31.78 31.78	150m:	1:41.71	35.62	250m:	2:54.55	36.89	350m:	4:10.67 38.33
	100m:	1:06.09 34.31	200m:	2:17.66	35.95	300m:	3:32.34	37.79	400m:	4:47.50 36.83
18.	AMOR HERNANDEZ, Avril		08	C.E. Mediterrani				<b>4:48.34</b>	543	18,00
	50m:	31.76 31.76	150m:	1:42.30	36.40	250m:	2:57.30	37.74	350m:	4:12.19 37.49
	100m:	1:05.90 34.14	200m:	2:19.56	37.26	300m:	3:34.70	37.40	400m:	4:48.34 36.15
19.	BUSQUETS DOMENECH, Mar		07	C.N. Olot				<b>4:48.67</b>	542	17,00
	50m:	33.27 33.27	150m:	1:45.92	36.75	250m:	3:00.25	36.97	350m:	4:12.83 36.26
	100m:	1:09.17 35.90	200m:	2:23.28	37.36	300m:	3:36.57	36.32	400m:	4:48.67 35.84
20.	SUÑÉ PALACIOS, Auria		08	C.N. Manresa				<b>4:49.85</b>	535	16,00
	50m:	32.18 32.18	150m:	1:43.59	36.42	250m:	2:57.26	37.15	350m:	4:13.17 38.20
	100m:	1:07.17 34.99	200m:	2:20.11	36.52	300m:	3:34.97	37.71	400m:	4:49.85 36.68
21.	BENITO CASTELLO, Mar		08	C.N. Lleida				<b>4:50.58</b>	531	15,00
	50m:	32.46 32.46	150m:	1:44.69	37.12	250m:	3:00.14	38.11	350m:	4:15.58 37.48
	100m:	1:07.57 35.11	200m:	2:22.03	37.34	300m:	3:38.10	37.96	400m:	4:50.58 35.00
22.	JIMENEZ MORILLO, Julia		08	C.N. Sant Feliu				<b>4:50.78</b>	530	14,00
	50m:	33.58 33.58	150m:	1:46.51	37.34	250m:	3:01.62	37.50	350m:	4:15.43 36.43
	100m:	1:09.17 35.59	200m:	2:24.12	37.61	300m:	3:39.00	37.38	400m:	4:50.78 35.35
23.	BENNETT, Nela Emily		09	C.N. VIC-Etb				<b>4:50.94</b>	529	13,00
	50m:	31.75 31.75	150m:	1:43.71	36.91	250m:	2:59.05	37.75	350m:	4:14.82 37.54
	100m:	1:06.80 35.05	200m:	2:21.30	37.59	300m:	3:37.28	38.23	400m:	4:50.94 36.12
24.	PEREZ GARRIDO, Claudia		09	C.N. Mataro				<b>4:53.54</b>	515	12,00
	50m:	32.45 32.45	150m:	1:44.38	36.62	250m:	2:59.58	37.63	350m:	4:16.01 38.07
	100m:	1:07.76 35.31	200m:	2:21.95	37.57	300m:	3:37.94	38.36	400m:	4:53.54 37.53
25.	GONZALEZ PRAT, Carla		09	C.N. Tarrega				<b>4:55.66</b>	504	11,00
	50m:	32.45 32.45	150m:	1:46.00	37.40	250m:	3:03.04	38.24	350m:	4:19.99 38.32
	100m:	1:08.60 36.15	200m:	2:24.80	38.80	300m:	3:41.67	38.63	400m:	4:55.66 35.67
26.	PADILLA GARCIA, Martina		09	C.N. Granollers				<b>4:55.81</b>	503	10,00
	50m:	32.59 32.59	150m:	1:45.33	37.14	250m:	3:01.92	38.56	350m:	4:18.64 38.32
	100m:	1:08.19 35.60	200m:	2:23.36	38.03	300m:	3:40.32	38.40	400m:	4:55.81 37.17
27.	MIRALLES BONADA, Ona		09	C.N. Sabadell				<b>4:56.28</b>	501	9,00
	50m:	33.71 33.71	150m:	1:48.01	37.33	250m:	3:03.74	37.88	350m:	4:19.46 37.75
	100m:	1:10.68 36.97	200m:	2:25.86	37.85	300m:	3:41.71	37.97	400m:	4:56.28 36.82
28.	TODOROVA DIMITROVA, Martina		08	C.E.N.Balaguer				<b>4:59.85</b>	483	8,00
	50m:	33.18 33.18	150m:	1:47.78	37.84	250m:	3:05.26	38.72	350m:	4:22.54 38.51
	100m:	1:09.94 36.76	200m:	2:26.54	38.76	300m:	3:44.03	38.77	400m:	4:59.85 37.31
29.	CARMONA MASERGAS, Paula		08	C.N. Banyoles				<b>5:02.10</b>	472	7,00
	50m:	32.80 32.80	150m:	1:46.95	37.86	250m:	3:03.99	38.67	350m:	4:23.49 40.10
	100m:	1:09.09 36.29	200m:	2:25.32	38.37	300m:	3:43.39	39.40	400m:	5:02.10 38.61
BX	GIRALT PIDEMONT, Claudia		01	C.N. L´ Hospitalet						-
BX	GRAU LOPEZ DE LA OSA, Paula		04	C.N. L´ Hospitalet						-